H. Res. 970

In the House of Representatives, U. S.,

January 13, 2010.

- Whereas Mark Ingram was raised in Flint, Michigan;
- Whereas Mark Ingram attended Grand Blanc Community High School and Flint Southwestern Academy, where he distinguished himself as a running back and cornerback;
- Whereas Mark Ingram was a 4-year starter in high school, and rushed for 4,926 yards and 58 touchdowns in his final 2 seasons;
- Whereas, during his high school football career, Mark Ingram was honored with the Saginaw Valley MVP Award, named Area Player of the Year, and was an All-State selection;
- Whereas, in 2009, Mark Ingram led the University of Alabama to the Southeastern Conference (SEC) Championship and rushed 113 yards and scored 3 touchdowns in the championship game;
- Whereas, in 2009, Mark Ingram broke the University of Alabama single-season rushing record with 1,542 yards, was named the SEC offensive player of the year, scored 18 total touchdowns, and finished the season with 322 receiving yards;
- Whereas, in 2009, Mark Ingram was named an All SEC First Team Selection, a Walter Camp 1st team All-Amer-

ican, and an American Football Coaches Association All-American;

- Whereas Mark Ingram is the first Heisman Trophy winner from the University of Alabama;
- Whereas Mark Ingram is only the third sophomore in history to win the Heisman Trophy;
- Whereas Mark Ingram has made the Dean's List at the University of Alabama;
- Whereas Mark Ingram's Heisman win brings tremendous pride to his hometown of Flint, Michigan;
- Whereas, December 12, 2009, has been declared Mark Ingram Day in the City of Flint;
- Whereas the sport of football is an important national pastime that helps foster teamwork, leadership skills, sportsmanship, and camaraderie; and
- Whereas football can help build self-esteem and promote exercise and a more active and healthy lifestyle: Now, therefore, be it

Resolved, That the House of Representatives congratulates Flint native and running back Mark Ingram on winning the 2009 Heisman Trophy and honors both his athletic and academic achievements.

Attest:

Clerk.