

111TH CONGRESS  
1ST SESSION

# H. RES. 95

Supporting the goals and ideals of “National Girls and Women in Sports Day”.

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## IN THE HOUSE OF REPRESENTATIVES

JANUARY 27, 2009

Mr. SIRES (for himself, Mr. TOWNS, Ms. HIRONO, Mr. MCGOVERN, Ms. KILPATRICK of Michigan, Mr. BACA, Ms. WASSERMAN SCHULTZ, Mr. PASTOR of Arizona, Mr. PASCARELL, Mr. SHULER, Mr. ELLSWORTH, Mr. ELLISON, Ms. HERSETH SANDLIN, Mr. CARDOZA, Ms. DAHLKEMPER, Mr. DOGGETT, Mr. BRADY of Pennsylvania, Mr. HIGGINS, Mr. ALTMIRE, Mr. CLAY, Mr. CLEAVER, Mr. HARE, Ms. VELÁZQUEZ, Mr. COSTA, Mr. ANDREWS, Mr. CARSON of Indiana, Mr. SESTAK, Mr. FARR, Mrs. CAPPS, Mr. MCKEON, Mr. HALL of New York, Mr. GENE GREEN of Texas, Mr. SALAZAR, Mr. HOLT, Mr. GONZALEZ, Mr. RODRIGUEZ, Mr. ARCURI, Mr. PATRICK J. MURPHY of Pennsylvania, Ms. BALDWIN, Mr. TEAGUE, Mr. WELCH, Mr. BRALEY of Iowa, Mr. REYES, Mr. RYAN of Ohio, Mr. ORTIZ, Mr. GRIJALVA, Mr. WILSON of Ohio, Mr. HINOJOSA, Mrs. NAPOLITANO, Mr. YARMUTH, Mr. DAVIS of Tennessee, and Mr. KENNEDY) submitted the following resolution; which was referred to the Committee on Oversight and Government Reform

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## RESOLUTION

Supporting the goals and ideals of “National Girls and Women in Sports Day”.

Whereas since 1987, the National Girls and Women in Sports Coalition has declared February 4 as “National Girls and Women in Sports Day”;

Whereas the House of Representatives has recognized the importance of girls and women in sports through title IX,

which governs the overall equity of treatment and opportunity in athletics so that women have equal opportunities to participate in athletics;

Whereas the number of girls playing high school sports has increased from just under 300,000 during the 1971 to 1972 school year to nearly 3,000,000 during the 2005 to 2006 school year;

Whereas the number of women playing college sports grew from fewer than 32,000 in 1972 to nearly 171,000 from 2005 to 2006;

Whereas, despite great advancement, high school girls still receive 1,300,000 fewer participation opportunities than do boys, and the money spent on girls' sports is still far less than that spent on boys' sports;

Whereas high school girls who play sports are more likely to get better grades in school and are more likely to graduate than girls who do not play sports;

Whereas as little as 4 hours of exercise a week may reduce a girl's risk of breast cancer, osteoporosis, and obesity;

Whereas girls and women who play sports have a more positive body image, higher levels of confidence and self-esteem, and experience higher states of psychological well-being than girls and women who do not play sports;

Whereas the celebration of "National Girls and Women in Sports Day" would increase awareness of the importance sports play in the lives of girls and women in the United States; and

Whereas February 4, 2009, has been designated as "National Girls and Women in Sports Day" by the National Girls and Women in Sports Coalition: Now, therefore, be it

1       *Resolved*, That the House of Representatives—

2               (1) supports the goals and ideals of “National  
3       Girls and Women in Sports Day”, an event spon-  
4       sored by the National Girls and Women in Sports  
5       Coalition to honor the achievements of and encour-  
6       age participation of girls and women in sports; and

7               (2) encourages the people of the United States  
8       to observe “National Girls and Women in Sports  
9       Day” with appropriate ceremonies and activities that  
10       promote awareness of the positive influence of sports  
11       participation in the lives and health of girls and  
12       women, and the continuing struggle for equality and  
13       access for women in sports.

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