

111TH CONGRESS  
2D SESSION

# H. R. 5022

To authorize the Secretary of Education to make grants to 10 institutions of higher education for the expansion of master's degree in physical education programs that emphasize technology and innovative teaching practices.

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## IN THE HOUSE OF REPRESENTATIVES

APRIL 14, 2010

Mr. BRALEY of Iowa introduced the following bill; which was referred to the Committee on Education and Labor

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## A BILL

To authorize the Secretary of Education to make grants to 10 institutions of higher education for the expansion of master's degree in physical education programs that emphasize technology and innovative teaching practices.

1       *Be it enacted by the Senate and House of Representa-*  
2       *tives of the United States of America in Congress assembled,*

### 3   **SECTION 1. SHORT TITLE.**

4       This Act may be cited as the “Fitness for Life Act”.

### 5   **SEC. 2. TECHNOLOGY IN PHYSICAL EDUCATION GRANT** 6       **PROGRAM.**

7       (a) **ESTABLISHMENT.**—The Secretary of Education  
8   is authorized to make grants on a competitive basis to 10

1 institutions of higher education for the expansion of mas-  
2 ter's degree in physical education programs that empha-  
3 size the incorporation of technology and innovative teach-  
4 ing practices into the teaching of physical education.

5 (b) ELIGIBILITY.—The Secretary may only award a  
6 grant under this section to an institution of higher edu-  
7 cation that—

8 (1) prior to applying for such grant, has estab-  
9 lished a master's degree in physical education pro-  
10 gram; and

11 (2) submits an application at such time, in such  
12 form, and accompanied by such information and as-  
13 surances as the Secretary may require, including—

14 (A) a detailed description of the institution  
15 of higher education's master's degree in phys-  
16 ical education program;

17 (B) a detailed description of at least 1  
18 local educational agency with which the institu-  
19 tion of higher education will partner as required  
20 by subsection (c)(1)(D) and why the institution  
21 of higher education chose such local educational  
22 agency as a partner; and

23 (C) a plan for using grant funds in accord-  
24 ance with subsection (c).

25 (c) USE OF FUNDS.—

1           (1) REQUIRED ACTIVITIES.—An institution of  
2           higher education that receives a grant under this  
3           section shall use the grant funds to carry out the  
4           following activities:

5                   (A) Instructing its master’s degree can-  
6                   didates on incorporation of technology and in-  
7                   novative teaching practices into the teaching of  
8                   physical education and on ways of encouraging  
9                   children to be more physically active outside the  
10                  classroom.

11                  (B) Developing a curriculum for its mas-  
12                  ter’s degree in physical education program that  
13                  links practice and theory.

14                  (C) Offering programs that extend the  
15                  master’s degree in physical education program  
16                  into the community of the local educational  
17                  agency with which the institution of higher edu-  
18                  cation is partnering, as required by subpara-  
19                  graph (D), such as programs that make avail-  
20                  able facilities for use by both master’s degree  
21                  candidates and community members and phys-  
22                  ical education classes in which both master’s  
23                  degree candidates and community members  
24                  may participate.

1           (D) Partnering with a local educational  
2           agency to increase the availability and quality  
3           of physical education instruction in schools  
4           served by the local educational agency and to  
5           provide master's degree candidates with oppor-  
6           tunities for obtaining student-teaching experi-  
7           ence.

8           (E) Providing a majority of the instruction  
9           required for graduation from the master's de-  
10          gree in physical education program at schools  
11          served by the local educational agency with  
12          which the institution of higher education is  
13          partnering, as required by subparagraph (D).

14          (F) Requiring each master's degree can-  
15          didate to serve as a full-time student teacher in  
16          schools served by the local educational agency  
17          with which the institution of higher education is  
18          partnering, as required by subparagraph (D).

19          (G) Actively promoting the master's degree  
20          in physical education program to prospective  
21          students, including by creating additional incen-  
22          tives to recruit prospective students into the  
23          program, if the institution of higher education  
24          considers such incentives necessary.

1 (H) Such additional activities as the Sec-  
2 retary may require.

3 (2) PERMITTED ACTIVITIES.—An institution of  
4 higher education that receives a grant under this  
5 section may use any grant funds remaining after  
6 carrying out the activities required by paragraph (1)  
7 for any purpose related to the incorporation of tech-  
8 nology and innovative teaching practices into its  
9 master’s degree in physical education program, in-  
10 cluding—

11 (A) purchasing equipment and technology  
12 designed to increase or enhance physical activ-  
13 ity participation or fitness levels, including  
14 heart rate monitors, pocket PCs, and fitness as-  
15 sessment systems;

16 (B) providing stipends for master’s degree  
17 candidates; and

18 (C) covering the administrative costs in-  
19 curred by the institution of higher education in  
20 connection with activities required or permitted  
21 by this subsection and the reporting require-  
22 ment of subsection (f)(1).

23 (d) CONSULTANT INSTITUTION OF HIGHER EDU-  
24 CATION.—

1           (1) IN GENERAL.—Before making grants under  
2           this section, the Secretary shall choose 1 institution  
3           of higher education to serve as a consultant to the  
4           Secretary in developing the grant program, including  
5           establishing additional eligibility and application cri-  
6           teria under subsection (b)(2) and additional required  
7           activities under subsection (c)(1)(H).

8           (2) ELIGIBILITY.—The Secretary may only  
9           choose as a consultant under paragraph (1) an insti-  
10          tution of higher education that, not later than 5  
11          years prior to the beginning of such relationship and  
12          throughout such relationship—

13                 (A) offers a master’s degree in physical  
14                 education program that emphasizes the incorpo-  
15                 ration of technology into the teaching of phys-  
16                 ical education; and

17                 (B) partners with a local educational agen-  
18                 cy that serves schools in which the institution  
19                 of higher education’s master’s degree can-  
20                 didates serve as student teachers.

21          (3) REIMBURSEMENT OF COSTS.—The Sec-  
22          retary shall reimburse the institution of higher edu-  
23          cation the Secretary chooses under paragraph (1)  
24          for the costs it incurs in serving as a consultant to  
25          the Secretary.

1 (e) DURATION AND RENEWAL OF GRANT.—

2 (1) DURATION.—A grant under this section  
3 shall be awarded over 4 fiscal years.

4 (2) RENEWAL.—An institution of higher edu-  
5 cation is eligible to apply for renewal of a grant  
6 under this section if it continues to meet the eligi-  
7 bility requirements of subsection (b).

8 (f) REPORTING REQUIREMENTS.—

9 (1) REPORT FROM INSTITUTION OF HIGHER  
10 EDUCATION TO SECRETARY.—Not later than 60  
11 days after the conclusion of each fiscal year in which  
12 it receives grant funds under this section, an institu-  
13 tion of higher education shall submit to the Sec-  
14 retary a report that includes a detailed explanation  
15 and analysis of—

16 (A) how the institution of higher education  
17 has used grant funds;

18 (B) the impact of the grant on the ability  
19 of the institution of higher education to train  
20 master's degree candidates to incorporate tech-  
21 nology and innovative teaching practices into  
22 the teaching of physical education; and

23 (C) the impact that the institution of high-  
24 er education's partnership has had on the local

1 educational agency with which it is partnering,  
2 as required by subsection (c)(1)(D).

3 (2) REPORT FROM SECRETARY TO CONGRESS.—

4 Not later than 120 days after the conclusion of each  
5 fiscal year in which the Secretary awards grant  
6 funds under this section, the Secretary shall submit  
7 to the Committee on Education and Labor of the  
8 House of Representatives and the Committee on  
9 Health, Education, Labor, and Pensions of the Sen-  
10 ate a report that includes a summary of—

11 (A) how institutions of higher education  
12 receiving grants under this section have used  
13 grant funds in such fiscal year;

14 (B) the impact of the grant program on  
15 the ability of institutions of higher education to  
16 train master's degree candidates to incorporate  
17 technology and innovative teaching practices  
18 into the teaching of physical education; and

19 (C) the impact of the grant program on  
20 the local educational agencies with which insti-  
21 tutions of higher education are partnering, as  
22 required by subsection (c)(1)(D).

23 (g) DEFINITIONS.—In this section, the following defi-  
24 nitions apply:



1           (1) FITNESS ASSESSMENT SYSTEM.—The term  
2           “fitness assessment system” means a method or de-  
3           vice that enables a physical education teacher to  
4           monitor a student’s fitness progress, including a  
5           pocket PC and a heart rate monitor.

6           (2) INNOVATIVE TEACHING PRACTICE.—The  
7           term “innovative teaching practice” means a teach-  
8           ing practice that gives teachers an opportunity to ex-  
9           plore new ideas and methods for teaching physical  
10          education to students. Such a practice—

11                 (A) shall include the use of technology in  
12                 the physical education curriculum; and

13                 (B) may include any other practice that  
14                 has been proven to increase students’ interest  
15                 in physical education or to make students  
16                 healthier and more physically fit.

17          (3) INSTITUTION OF HIGHER EDUCATION.—The  
18          term “institution of higher education” has the  
19          meaning given such term in section 102 of the High-  
20          er Education Act of 1965 (20 U.S.C. 1002), except  
21          that such term does not include an institution de-  
22          scribed in subsection (a)(1)(C) of such section.

23          (4) LOCAL EDUCATIONAL AGENCY.—The term  
24          “local educational agency” has the meaning given  
25          such term in section 9101(26) of the Elementary

1 and Secondary Education Act of 1965 (20 U.S.C.  
2 7801(26)).

3 (5) MASTER’S DEGREE CANDIDATE.—The term  
4 “master’s degree candidate” means a student in a  
5 master’s degree in physical education program.

6 (6) MASTER’S DEGREE IN PHYSICAL EDU-  
7 CATION PROGRAM.—The term “master’s degree in  
8 physical education program” means a graduate pro-  
9 gram of study leading to the award of the degree of  
10 master of arts in physical education or master of  
11 science in physical education.

12 (7) POCKET PC.—The term “pocket PC” means  
13 a fitness assessment system, including software and  
14 handheld computers, that enables a physical edu-  
15 cation teacher to remotely collect data about each  
16 student’s fitness as students participate in class ac-  
17 tivities and to generate individual fitness report  
18 cards for each student based on such data.

19 (h) AUTHORIZATION OF APPROPRIATIONS.—There  
20 are authorized to be appropriated to carry out this section  
21 \$3,500,000 for each of the fiscal years 2011 through  
22 2015, of which not more than 5 percent shall be available  
23 each year for the costs of administering the grant program  
24 established under this section.

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