## Calendar No. 214

110TH CONGRESS 1ST SESSION

# S. RES. 225

Designating the month of August 2007 as "National Medicine Abuse Awareness Month".

#### IN THE SENATE OF THE UNITED STATES

JUNE 7, 2007

Mr. BIDEN (for himself and Mr. GRASSLEY) submitted the following resolution; which was referred to the Committee on the Judiciary

JUNE 21, 2007 Reported by Mr. LEAHY, without amendment

### **RESOLUTION**

Designating the month of August 2007 as "National Medicine Abuse Awareness Month".

- Whereas over-the-counter and prescription medicines are extremely safe, effective, and potentially lifesaving when used properly, but the abuse and recreational use of these medicines can be extremely dangerous and produce serious side effects;
- Whereas 6,400,000 individuals who are age 12 or older reported using prescription medicines non-medically in a recently sampled month, and abuse of prescription medications such as pain relievers, tranquilizers, stimulants, and

sedatives is second only to marijuana, the number 1 illegal drug of abuse in the United States;

- Whereas, recent studies indicate that 1 in 10 youth ages 12 through 17, or 2,400,000 children, has intentionally abused cough medicine to get high from its dextromethorphan ingredient, and 1 in 5 young adults (4,500,000) has used prescription medicines non-medically;
- Whereas, according to research from the Partnership for a Drug-Free America, more than  $\frac{1}{3}$  of teens mistakenly believe that taking prescription drugs, even if not prescribed by a doctor, is much safer than using street drugs;
- Whereas teens' and parents' lack of understanding of the potential harms of these powerful medicines makes it more critical than ever to raise public awareness about the dangers of their misuse;
- Whereas, when prescription drugs are misused, they are most often obtained through friends and relatives, but are also obtained through rogue Internet pharmacies;
- Whereas parents should be aware that the Internet gives teens access to websites that promote medicine misuse;
- Whereas National Medicine Abuse Awareness Month promotes the message that over-the-counter and prescription medicines are to be taken only as labeled or prescribed, and when used recreationally or in large doses can have serious and life-threatening consequences;
- Whereas National Medicine Abuse Awareness Month will encourage parents to educate themselves about this problem and talk to their teens about all types of substance abuse;

- Whereas observance of National Medicine Abuse Awareness Month should be encouraged at the national, State, and local levels to increase awareness of the rising misuse of medicines;
- Whereas some groups, such as the Consumer Healthcare Products Association and the Community Anti-Drug Coalition of America, have taken important proactive steps like creating educational toolkits, such as "A Dose of Prevention: Stopping Cough Medicine Abuse Before it Starts", which includes guides to educate parents, teachers, law enforcement officials, doctors and healthcare professionals, and retailers about the potential harms of cough and cold medicines and over-the-counter drug abuse;
- Whereas the nonprofit Partnership for a Drug-Free America and its community alliance and affiliate partners have undertaken a nationwide prevention campaign utilizing research-based educational advertisements, public relations and news media, and the Internet to inform parents about the negative teen behavior of intentional abuse of medicines so that parents are empowered to effectively communicate the facts of this dangerous trend with their teens and to take necessary steps to safeguard prescription and over-the-counter medicines in their homes; and
- Whereas educating the public on the dangers of medicine abuse and promoting prevention is a critical component of what must be a multi-pronged effort to curb this disturbing rise in over-the-counter and cough medicine misuse: Now, therefore, be it
  - 1 *Resolved*, That the Senate—

(1) designates the month of August 2007 as
"National Medicine Abuse Awareness Month"; and
(2) urges communities to carry out appropriate
programs and activities to educate parents and
youth of the potential dangers associated with medi cine abuse.

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