110TH CONGRESS 2D SESSION

S. 3584

To comprehensively prevent, treat, and decrease overweight and obesity in our Nation's populations.

IN THE SENATE OF THE UNITED STATES

September 25 (legislative day, September 17), 2008 Mr. Bingaman introduced the following bill; which was read twice and referred to the Committee on Health, Education, Labor, and Pensions

A BILL

To comprehensively prevent, treat, and decrease overweight and obesity in our Nation's populations.

- 1 Be it enacted by the Senate and House of Representa-
- 2 tives of the United States of America in Congress assembled,
- 3 SECTION 1. SHORT TITLE.
- 4 This Act may be cited as the "Obesity Prevention,
- 5 Treatment, and Research Act of 2008".
- 6 SEC. 2. FINDINGS.
- 7 Congress finds the following:
- 8 (1) In 2001, the United States Surgeon Gen-
- 9 eral released the Call to Action to Prevent and De-

- 1 crease Overweight and Obesity to bring attention to 2 the public health problems related to obesity.
 - (2) Since the Surgeon General's call to action, the problems of obesity and overweight have become epidemic, occurring in all ages, ethnicities and races, and individuals in every State.
 - (3) The United States now has the highest prevalence of obesity among the developed nations, according to 2006 data by the Organisation for Economic Co-operation and Development. The prevalence of obesity in the United States (34 percent) is more than twice the average for other developed nations (13 percent). The closest nation in prevalence of obesity is the United Kingdom (24 percent) which is over 25 percent less than the United States.
 - (4) The National Health and Nutrition Examination Survey in 2006 estimated that 32 percent of children and adolescents aged 2 to 19 and an alarming 66 percent of adults are overweight or obese.
 - (5) More than 30 percent of young people in grades 9 through 12 do not regularly engage in vigorous intensity physical activity, while almost 40 percent of adults are sedentary and 70 percent report getting less than 20 minutes of regular physical activity per day.

- (6) The Institute of Medicine, in their 2005 publication "Preventing Childhood Obesity: Health in the Balance", reported that over the last 3 decades, the rate of childhood obesity has tripled for children aged 6 to 11 years, and doubled for chil-dren aged 2 to 5 years old and in adolescents aged 19 years old. In 2004, approximately 9,000,000 children over 6 years of age were obese. Only 2 percent of children eat a healthy diet con-sistent with Federal nutrition guidelines.
 - (7) For children born in 2000, it is estimated the lifetime risk of being diagnosed with type 2 diabetes is 40 percent for females and 30 percent for males.
 - (8) Overweight and obesity disproportionately affect minority populations and women. According to the 2006 Behavioral Risk Factor Surveillance System of the Centers for the Disease Control and Prevention, 61 percent of adults in the United States are overweight or obese.
 - (9) The Centers for the Disease Control and Prevention estimates the annual expenditures related to overweight and obesity in the United States to be \$117,000,000,000 in 2001 and rising rapidly.

- (10) The Centers for the Disease Control and Prevention estimates that the increase in the number of overweight and obese Americans between 1987 and 2001 resulted in a 27 percent increase in per capita health costs, and that as many as 112,000 deaths per year are associated with obesity.
 - (11) Being overweight or obese increases the risk of chronic diseases including diabetes, heart disease, stroke, certain cancers, arthritis, and other health problems.
 - (12) According to the National Institute of Diabetes and Digestive and Kidney Diseases, individuals who are obese have a 50 to 100 percent increased risk of premature death.
 - (13) Healthy People 2010 goals identify overweight and obesity as 1 of the Nation's leading health problems and include objectives for increasing the proportion of adults who are at a healthy weight, reducing the proportion of adults who are obese, and reducing the proportion of children and adolescents who are overweight or obese.
 - (14) Another Healthy People 2010 goal is to eliminate health disparities among different segments of the population. Obesity is a health problem

- that disproportionally impacts medically underserved
 populations.
 - (15) Food and beverage advertisers are estimated to spend \$10,000,000 to \$12,000,000,000 per year to target children and youth.
 - (16) The United States spends less than 2 percent of its annual health expenditures on prevention.
 - (17) Employer health promotion investments net a return of \$3 for every \$1 invested.
 - (18) High-energy dense and low-nutrient dense foods represent 30 percent of American's total calorie intake. Fast food company menus are twice the energy density of recommended healthful diets.
 - (19) Research suggests that individuals eat too much high-energy dense foods without feeling full because the brain's pathways that regulate hunger and influence normal food intake are not triggered by these foods.
 - (20) Packaging, product placement, and highenergy dense food content manipulation contribute to the overweight and obesity epidemic in the United States.
 - (21) Such marketing and content manipulation techniques have been used by other industries to encourage consumption at the expense of health. To

1	help individuals make healthy choices, education and
2	information must be available with clear, consistent,
3	and accurate labeling.
4	TITLE I—OBESITY TREATMENT,
5	PREVENTION, AND REDUCTION
6	SEC. 101. UNITED STATES COUNCIL ON OVERWEIGHT-OBE-
7	SITY PREVENTION.
8	Part P of title III of the Public Health Service Act
9	(42 U.S.C. 280g et seq.) is amended by adding at the end
10	the following:
11	"SEC. 399R. UNITED STATES COUNCIL ON OVERWEIGHT-
12	OBESITY PREVENTION.
13	"(a) Establishment.—The Secretary shall convene
14	a United States Council on Overweight-Obesity Prevention
15	(referred to in this section as 'USCO-OP').
16	"(b) Membership.—
17	"(1) IN GENERAL.—USCO-OP shall be com-
18	posed of 20 members, which shall consist of—
19	"(A) the Secretary;
20	"(B) the Secretary (or his or her designee)
21	of—
22	"(i) the Department of Agriculture;
23	"(ii) the Department of Education;
24	"(iii) the Department of Housing and
25	Urban Development;

1	"(iv) the Department of the Interior
2	"(v) the Federal Trade Commission;
3	"(vi) the Department of Transpor-
4	tation; and
5	"(vii) any other Federal agency that
6	the Secretary of Health and Human Serv-
7	ices determines appropriate;
8	"(C) the Chairman (or his or her designee)
9	of the Federal Communications Commission;
10	"(D) the Director (or his or her designee)
11	of the Centers for Disease Control and Preven-
12	tion, the National Institutes of Health, and the
13	Agency for Healthcare Research and Quality;
14	"(E) the Administrator of the Centers for
15	Medicare and Medicaid Services (or his or her
16	designee);
17	"(F) the Commissioner of Food and Drugs
18	(or his or her designee); and
19	"(G) a minimum of 5 representatives, ap-
20	pointed by the Secretary, of expert organiza-
21	tions such as public health associations, key
22	healthcare provider groups, planning and devel-
23	opment organizations, education associations,
24	advocacy groups, relevant industries, State and

1	local leadership, and other entities as deter-
2	mined appropriate by the Secretary.
3	"(2) Appointments.—The Secretary shall ac-
4	cept nominations for representation on USCO-OP
5	through public comment before the initial appoint-
6	ment of members of USCO-OP under paragraph
7	(1)(G), and on a regular basis for open positions
8	thereafter, but not less than every 2 years.
9	"(3) Chairperson.—The chairperson of
10	USCO-OP shall be—
11	"(A) an individual appointed by the Presi-
12	dent; and
13	"(B) until the date that an individual is
14	appointed under subparagraph (A), the Sec-
15	retary.
16	"(e) Meetings.—
17	"(1) IN GENERAL.—USCO–OP shall meet—
18	"(A) not later than 180 days after the date
19	of enactment of the Obesity Prevention, Treat-
20	ment, and Research Act of 2008; and
21	"(B) at the call of the chairperson there-
22	after, but in no case less often than 2 times per
23	year.
24	"(2) Meetings of federal agencies.—The
25	representatives of the Federal agencies on USCO-

1 OP shall meet on a regular basis, as determined by 2 the Secretary, to develop strategies to coordinate 3 budgets and discuss other issues that are not other-4 wise permitted to be discussed in a public forum. 5 The purpose of such meetings shall be to allow more 6 rapid interagency strategic planning and interven-7 tion implementation to address the overweight and 8 obesity epidemic. "(d) DUTIES OF USCO-OP.—USCO-OP shall— 9 10 "(1) develop strategies to comprehensively pre-11 vent, treat, and reduce overweight and obesity; 12 "(2) coordinate interagency cooperation and ac-13 tion related to the prevention, treatment, and reduc-14 tion of overweight and obesity in the United States; 15 "(3) identify best practices in communities to 16 address overweight and obesity; "(4) work with appropriate entities to evaluate 17 18 the effectiveness of obesity and overweight interven-19 tions; 20 "(5) update the National Institutes of Health 21 1998 'Clinical Guidelines on the Identification, Eval-22 uation, and Treatment of Overweight and Obesity in

Adults: The Evidence Report' and include sections

on childhood obesity in such updated report;

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"(6) conduct ongoing surveillance and monitoring using tools such as the National Health and Nutrition Examination Survey and the Behavioral Risk Factor Surveillance System and assure adequate and consistent funding to support data collection and analysis to inform policy;

- "(7) make recommendations to coordinate budgets, grant and pilot programs, policies, and programs across Federal agencies to cohesively address overweight and obesity, including with respect to the grant programs carried out under sections 306(n), 399S, and 1904(a)(1)(H);
- "(8) make recommendations to update and improve the daily physical activity requirements for students under the Elementary and Secondary Education Act of 1965 (20 U.S.C. 6301 et seq.) and include recommendations about physical activities that families can do together, and involving parents in these activities;
- "(9) make recommendations about coverage for obesity-related services and for an early and periodic screening, diagnostic, and treatment services program under the State Children's Health Insurance Program established under title XXI of the Social Security Act; and

1	"(10) provide guidelines for childhood obesity
2	health care related treatment under the early and
3	periodic screening, diagnostic, and treatment serv-
4	ices program under the Medicaid program estab-
5	lished under title XIX of the Social Security Act and
6	otherwise described in section 2103(c)(5) of such
7	Act.
8	"(e) Report.—Not later than 18 months after the
9	date of enactment of the Obesity Prevention, Treatment,
10	and Research Act of 2008, and on an annual basis there-
11	after, USCO-OP shall submit to the President and to the
12	relevant committees of Congress, a report that—
13	"(1) summarizes the activities and efforts of
14	USCO-OP under this section to coordinate inter-
15	agency prevention, treatment, and reduction of obe-
16	sity and overweight, including a detailed strategic
17	plan with recommendations for each Federal agency;
18	"(2) evaluates the effectiveness of these coordi-
19	nated interventions and conducts interim assess-
20	ments and reporting of health outcomes, achieve-
21	ment of milestones, and implementation of strategic
22	plan goals starting with the second report, and year-
23	ly thereafter; and

1	"(3) makes recommendations for the following
2	year's strategic plan based on data and findings
3	from the previous year.
4	"(f) Technical Assistance.—The Department of
5	Health and Human Services may provide technical assist-
6	ance to USCO-OP to carry out the activities under this
7	section.
8	"(g) Permanence of Committee.—Section 14 of
9	the Federal Advisory Committee Act (5 U.S.C. App.) shall
10	not apply to USCO-OP.".
11	SEC. 102. GRANTS AND DEMONSTRATION PROGRAMS TO
12	PROMOTE POSITIVE HEALTH BEHAVIORS IN
13	POPULATIONS DISPROPORTIONATELY AF-
14	FECTED BY OBESITY AND OVERWEIGHT.
15	Part P of title III of the Public Health Service Act
16	(42 U.S.C. 280g et seq.), as amended by section 101, is
17	amended by adding at the end the following:
18	"SEC. 399S. GRANTS AND DEMONSTRATION PROGRAMS TO
19	PROMOTE POSITIVE HEALTH BEHAVIORS IN
20	POPULATIONS DISPROPORTIONATELY AF-
21	FECTED BY OBESITY AND OVERWEIGHT.
22	"(a) Eligible Entity.—For purposes of this sec-
23	tion, the term 'eligible entity' means—
24	"(1) a city, county, Indian tribe, tribal organi-
25	zation, territory, or State;

1	"(2) a local, tribal, or State educational agency;
2	"(3) a Federal medical facility, including a fed-
3	erally qualified health center (as defined in section
4	1861(aa)(4) of the Social Security Act), an Indian
5	Health Service hospital or clinic, any health facility
6	or program operated by or pursuant to a contractor
7	grant from the Indian Health Service, an Indian
8	Health Service entity, an urban Indian center, an
9	Indian tribal clinic, a health care for the homeless
10	center, a rural health center, migrant health center,
11	and any other Federal medical facility;
12	"(4) any entity meeting the criteria for medical
13	home under section 204 of the Tax Relief and
14	Health Care Act of 2006 (Public Law 109–432);
15	"(5) a nonprofit organization (such as an aca-
16	demic health center or community health center);
17	"(6) a health department;
18	"(7) any licensed or certified health provider;
19	"(8) an accredited university or college;
20	"(9) a community-based organization;
21	"(10) a local city planning agency; and
22	"(11) any other entity determined appropriate
23	by the Secretary.
24	"(b) Application.—An eligible entity that desires a
25	grant under this section shall submit an application at

1	such time, in such manner, and containing such informa-
2	tion as the Secretary may require, including a plan for
3	the use of funds that may be awarded and an evaluation
4	of any training that will be provided under such grant.
5	"(c) Grant Demonstration and Pilot Pro-
6	GRAM.—
7	"(1) In General.—The Secretary, acting
8	through the Director of the Centers for Disease
9	Control and Prevention, and in consultation with the
10	United States Council on Overweight-Obesity Pre-
11	vention under section 399R, shall establish and
12	evaluate a grant demonstration and pilot program
13	for entities to—
14	"(A) prevent, treat, or otherwise reduce
15	overweight and obesity;
16	"(B) increase the number of children and
17	adults who safely walk or bike to school or
18	work;
19	"(C) increase the availability and afford-
20	ability of fresh fruits and vegetables in the com-
21	munity;
22	"(D) expand safe and accessible walking
23	paths and recreational facilities to encourage
24	physical activity, and other interventions to cre-
25	ate healthy communities;

1	"(E) create advertising, social marketing,
2	and public health campaigns promoting
3	healthier food choices, increased physical activ-
4	ity, and healthier lifestyles targeted to individ-
5	uals and to families;
6	"(F) promote increased rates and duration
7	of breastfeeding; and
8	"(G) increase worksite and employer pro-
9	motion of and involvement in community initia-
10	tives that prevent, treat, or otherwise reduce
11	overweight and obesity.
12	"(2) Special priority will
13	be given to grant proposals that target communities
14	or populations disproportionately affected by over-
15	weight or obesity, including Native Americans, other
16	minorities, and women.
17	"(d) Grants To Promote Positive Health Be-
18	HAVIORS IN POPULATIONS DISPROPORTIONATELY AF-
19	FECTED BY OBESITY AND OVERWEIGHT.—
20	"(1) In General.—The Secretary, acting
21	through the Director of the Centers for Disease
22	Control and Prevention, may award grants to eligi-
23	ble entities to promote health behaviors for women
24	and children in target populations, especially racial

1	and ethnic minority populations in medically under-
2	served communities.
3	"(2) Use of funds.—An award under this
4	section shall be used to carry out any of the fol-
5	lowing:
6	"(A) To educate, promote, prevent, treat
7	and determine best practices in overweight and
8	obese populations.
9	"(B) To address behavioral risk factors in-
10	cluding sedentary lifestyle, poor nutrition, being
11	overweight or obese, and use of tobacco, alcohol
12	or other substances that increase the risk of
13	morbidity and mortality. Special priority will be
14	given to grant applications that—
15	"(i) propose interventions that ad-
16	dress embedded levels of influence on be-
17	havior, including the individual, family,
18	peers, community and society; and
19	"(ii) utilize techniques that promote
20	community involvement in the design and
21	implementation of interventions including
22	community diagnosis and community-based
23	participatory research.
24	"(C) To develop and implement interven-
25	tions to promote a balance of energy consump-

1	tion and expenditure, to attain healthier weight,
2	prevent obesity, and reduce morbidity and mor-
3	tality associated with overweight and obesity.
4	"(D)(i) To train primary care physicians
5	and other licensed or certified health profes-
6	sionals on how to identify, treat, and prevent
7	obesity or eating disorders and aid individuals
8	who are overweight, obese, or who suffer from
9	eating disorders.
10	"(ii) To use evidence-based findings or rec-
11	ommendations that pertain to the prevention
12	and treatment of obesity, being overweight, and
13	eating disorders to conduct educational con-
14	ferences, including Internet-based courses and
15	teleconferences, on—
16	"(I) how to treat or prevent obesity,
17	being overweight, and eating disorders;
18	"(II) the link between obesity, being
19	overweight, eating disorders and related se-
20	rious and chronic medical conditions;
21	"(III) how to discuss varied strategies
22	with patients from at-risk and diverse pop-
23	ulations to promote positive behavior
24	change and healthy lifestyles to avoid obe-

1	sity, being overweight, and eating dis-
2	orders;
3	"(IV) how to identify overweight,
4	obese, individuals with eating disorders,
5	and those who are at risk for obesity and
6	being overweight or suffer from eating dis-
7	orders and, therefore, at risk for related
8	serious and chronic medical conditions; and
9	"(V) how to conduct a comprehensive
10	assessment of individual and familial
11	health risk factors and evaluate the effec-
12	tiveness of the training provided by such
13	entity in increasing knowledge and chang-
14	ing attitudes and behaviors of trainees.
15	"(iii) In awarding a grant to carry out an
16	activity under this subparagraph, preference
17	shall be given to an entity described in sub-
18	section $(a)(4)$.
19	"(e) Reporting to Congress.—Not later than 3
20	years after the date of enactment of this section, the Di-
21	rector of the Centers for Disease Control and Prevention
22	shall submit to the Secretary and Congress a report con-
23	cerning the result of the activities conducted through the
24	grants awarded under this section.

1	"(f) Authorization of Appropriations.—There
2	are authorized to be appropriated to carry out this section,
3	\$50,000,000 for fiscal year 2009, and such sums as may
4	be necessary for each of fiscal years 2010 through 2012.".
5	SEC. 103. NATIONAL CENTER FOR HEALTH STATISTICS.
6	Section 306 of the Public Health Service Act (42
7	U.S.C. 242k) is amended—
8	(1) in subsection (m)(4)(B), by striking "sub-
9	section (n)" each place it appears and inserting
10	"subsection (o)";
11	(2) by redesignating subsection (n) as sub-
12	section (o); and
13	(3) by inserting after subsection (m) the fol-
14	lowing:
15	"(n)(1) The Secretary, acting through the Center,
16	may provide for the—
17	"(A) collection of data for determining the fit-
18	ness levels and energy expenditure of adults, chil-
19	dren, and youth; and
20	"(B) analysis of data collected as part of the
21	National Health and Nutrition Examination Survey
22	and other data sources.
23	"(2) In carrying out paragraph (1), the Secretary,
24	acting through the Center, may make grants to States,
25	public entities, and nonprofit entities.

- 1 "(3) The Secretary, acting through the Center, may
- 2 provide technical assistance, standards, and methodologies
- 3 to grantees supported by this subsection in order to maxi-
- 4 mize the data quality and comparability with other stud-
- 5 ies.".

6 SEC. 104. HEALTH DISPARITIES REPORT.

- 7 Not later than 18 months after the date of enactment
- 8 of this Act, and annually thereafter, the Director of the
- 9 Agency for Healthcare Research and Quality shall review
- 10 all research that results from the activities carried out
- 11 under this Act (and the amendments made by this Act)
- 12 and determine if particular information may be important
- 13 to the report on health disparities required by section
- 14 903(c)(3) of the Public Health Service Act (42 U.S.C.
- 15 299a-1(c)(3)).

16 SEC. 105. PREVENTIVE HEALTH SERVICES BLOCK GRANT.

- 17 Section 1904(a)(1) of the Public Health Service Act
- 18 (42 U.S.C. 300w-3(a)(1)) is amended by adding at the
- 19 end the following:
- 20 "(H) Activities and community education pro-
- 21 grams designed to address and prevent overweight,
- obesity, and eating disorders through effective pro-
- grams to promote healthy eating, and exercise habits
- and behaviors.".

1	SEC. 106. REPORT ON OBESITY AND EATING DISORDERS
2	RESEARCH.
3	(a) In General.—Not later than 1 year after the
4	date of enactment of this Act, the Secretary of Health and
5	Human Services shall submit to the Committee on Health,
6	Education, Labor, and Pensions of the Senate and the
7	Committee on Energy and Commerce of the House of
8	Representatives a report on research conducted on causes
9	and health implications (including mental health implica-
10	tions) of being overweight, obesity, and eating disorders.
11	(b) CONTENT.—The report described in subsection
12	(a) shall contain—
13	(1) descriptions on the status of relevant, cur-
14	rent, ongoing research being conducted in the De-
15	partment of Health and Human Services including
16	research at the National Institutes of Health, the
17	Centers for Disease Control and Prevention, the
18	Agency for Healthcare Research and Quality, the
19	Health Resources and Services Administration, and
20	other offices and agencies;
21	(2) information about what these studies have
22	shown regarding the causes, prevention, and treat-
23	ment of, being overweight, obesity, and eating dis-
24	orders; and
25	(3) recommendations on further research that
26	is needed, including research among diverse popu-

- lations, the plan of the Department of Health and
- 2 Human Services for conducting such research, and
- 3 how current knowledge can be disseminated.

4 TITLE II—FOOD AND BEVERAGE

5 LABELING FOR HEALTHY

6 **CHOICES**

- 7 SEC. 201. FOOD AND BEVERAGE LABELING FOR HEALTHY
- 8 CHOICES.
- 9 (a) USCO-OP.—In this section, the term "USCO-
- 10 OP" means the United States Council on Overweight-Obe-
- 11 sity Prevention under section 399R of the Public Health
- 12 Service Act (as added by section 101).
- 13 (b) Reform of Food and Beverage Labeling.—
- 14 The Secretary of Health and Human Services and the Sec-
- 15 retary of Agriculture, in consultation with the USCO-OP,
- 16 shall, through regulation or other appropriate action, up-
- 17 date and reform Federal oversight of food and beverage
- 18 labeling. Such reform shall include improving the trans-
- 19 parency of such labeling with regard to nutritional and
- 20 caloric value of food and beverages.

III—HEALTHY **CHOICES** TITLE 1 FOOD AND BEVERAGE PRO-2 **GRAMS** 3 4 SEC. 301. FRESH FRUIT AND VEGETABLE PROGRAM. 5 Section 19(i) of the Richard B. Russell National 6 School Lunch Act (42 U.S.C. 1769a(i)) is amended— 7 (1) by redesignating paragraphs (3) through 8 (7) as paragraphs (4) through (8); and 9 (2) by inserting after paragraph (2) the fol-10 lowing: 11 "(3) Additional mandatory funding.— 12 "(A) IN GENERAL.—Out of any funds in 13 the Treasury not otherwise appropriated, the 14 Secretary of the Treasury shall transfer to the 15 Secretary of Agriculture to carry out and ex-16 pand the program under this section, to remain available until expended— 17 "(i) on October 1, 2008, \$80,000,000; 18 19 "(ii) on July 1, 2009, \$130,000,000; "(iii) on July 1, 2010, \$202,000,000; 20 "(iv) on July 1, 2011, \$300,000,000; 21 22 and 23 "(v) on July 1, 2012, and on each 24 July 1 thereafter, the amount made avail-

1	able for the previous fiscal year, as ad-
2	justed under subparagraph (B).
3	"(B) Adjustment.—On July 1, 2012,
4	and on each July 1 thereafter the amount made
5	available under subparagraph (A)(v) shall be
6	calculated by adjusting the amount made avail-
7	able for the previous fiscal year to reflect
8	changes in the Consumer Price Index of the
9	Bureau of Labor Statistics for fresh fruits and
10	vegetables, with the adjustment—
11	"(i) rounded down to the nearest dol-
12	lar increment; and
13	"(ii) based on the unrounded amounts
14	for the preceding 12-month period.
15	"(C) Allocation.—Funds made available
16	under this paragraph shall be allocated among
17	the States and the District of Columbia in the
18	same manner as funds made available under
19	paragraph (1).".

1	TITLE IV—AMENDMENTS TO THE
2	SOCIAL SECURITY ACT
3	SEC. 401. COVERAGE OF EVIDENCE-BASED PREVENTIVE
4	SERVICES UNDER MEDICARE, MEDICAID, AND
5	SCHIP.
6	(a) Medicare.—Section 1861(ddd) of the Social Se-
7	curity Act, as added by section 101 of the Medicare Im-
8	provements for Patients and Providers Act of 2008, is
9	amended—
10	(1) in paragraph (2), by striking "paragraph
11	(1)" and inserting "paragraphs (1) and (3)"; and
12	(2) by adding at the end the following new
13	paragraph:
14	"(3) The term 'additional preventive services'
15	includes any evidence-based preventive services
16	which the Secretary has determined are reasonable
17	and necessary, including, as so determined, smoking
18	cessation and prevention services, diet and exercise
19	counseling, and healthy weight and obesity coun-
20	seling.".
21	(b) STATE OPTION TO PROVIDE MEDICAL ASSIST-
22	ANCE FOR EVIDENCE-BASED PREVENTIVE SERVICES.—
23	(1) In General.—Section 1905 of the Social
24	Security Act (42 U.S.C. 1396d) is amended—

(A) in subsection (a)—

1	(i) in paragraph (27), by striking
2	"and" at the end;
3	(ii) by redesignating paragraph (28)
4	as paragraph (29); and
5	(iii) by inserting after paragraph (27)
6	the following:
7	"(28) evidence-based preventive services de-
8	scribed in subsection (y); and"; and
9	(B) by adding at the end the following:
10	"(y)(1) For purposes of subsection (a)(28), evidence-
11	based preventive services described in this subsection are
12	any preventive services which the Secretary has deter-
13	mined are reasonable and necessary through the process
14	for making national coverage determinations (as defined
15	in section $1869(f)(1)(B)$) under title XVIII, including, as
16	so determined, smoking cessation and prevention services,
17	diet and exercise counseling, and healthy weight and obe-
18	sity counseling.".
19	(2) Conforming Amendment.—Section
20	1902(a)(10)(C)(iv) of such Act is amended by in-
21	serting "and (28)" after "(24)".
22	(c) STATE OPTION TO PROVIDE CHILD HEALTH AS-
23	SISTANCE FOR EVIDENCE-BASED PREVENTIVE SERV-
24	ICES.—Section 2110(a) of the Social Security Act (42
25	U.S.C. 1397ii(a)) is amended—

1	(1) by redesignating paragraph (28) as para-
2	graph (29); and
3	(2) by inserting after paragraph (27) the fol-
4	lowing:
5	"(28) Evidence-based preventive services de-
6	scribed in section 1905(y).".
7	SEC. 402. COVERAGE OF MEDICAL NUTRITION COUNSELING
8	UNDER MEDICARE, MEDICAID, AND SCHIP.
9	(a) Medicare Coverage of Medical Nutrition
10	THERAPY SERVICES FOR PEOPLE WITH PRE-DIABE-
11	TES.—Section 1861(s)(2)(V) of the Social Security Act
12	(42 U.S.C. $1395x(s)(2)(V)$) is amended by inserting after
13	"beneficiary with diabetes" the following ", pre-diabetes
14	or its risk factors (including hypertension, dyslipidemia,
15	obesity, or overweight),".
16	(b) STATE OPTION TO PROVIDE MEDICAL ASSIST-
17	ANCE FOR MEDICAL THERAPY SERVICES.—
18	(1) In general.—Section 1905(a) of the So-
19	cial Security Act (42 U.S.C. 1396d), as amended by
20	section 401(b), is amended—
21	(A) in paragraph (28), by striking "and"
22	at the end;
23	(B) by redesignating paragraph (29) as
24	paragraph (30); and

1	(C) by inserting after paragraph (28) the
2	following:
3	"(29) medical nutrition therapy services (as de-
4	fined in section $1861(vv)(1)$) for individuals with
5	pre-diabetes or obesity, or who are overweight (as
6	defined by the Secretary); and".
7	(2) Conforming Amendment.—Section
8	1902(a)(10)(C)(iv) of such Act, as amended by sec-
9	tion 401(b)(2), is amended by striking "and (28)"
10	and inserting ", (28) and (29)".
11	(e) STATE OPTION TO PROVIDE CHILD HEALTH AS-
12	SISTANCE FOR MEDICAL NUTRITION THERAPY SERV-
13	ICES.—Section 2110(a) of the Social Security Act (42
14	U.S.C. 1397jj(a)), as amended by section 401(c), is
15	amended—
16	(1) by redesignating paragraph (29) as para-
17	graph (30); and
18	(2) by inserting after paragraph (28) the fol-
19	lowing:
20	"(29) Medical nutrition therapy services (as de-
21	fined in section $1861(vv)(1)$) for individuals with
22	pre-diabetes or obesity, or who are overweight (as
23	defined by the Secretary).".

1	SEC. 403. AUTHORIZING EXPANSION OF MEDICARE COV-
2	ERAGE OF MEDICAL NUTRITION THERAPY
3	SERVICES.
4	(a) Authorizing Expanded Eligible Popu-
5	LATION.—Section 1861(s)(2)(V) of the Social Security
6	Act (42 U.S.C. 1395x(s)(2)(V)), as amended by section
7	402, is amended—
8	(1) by redesignating clauses (i) through (iii) as
9	subclauses (I) through (III), respectively, and in-
10	denting each such clause an additional 2 ems;
11	(2) by striking "in the case of a beneficiary
12	with diabetes, pre-diabetes or its risk factors (includ-
13	ing hypertension, dyslipidemia, obesity, overweight),
14	or a renal disease who—" and inserting "in the case
15	of a beneficiary—
16	"(i) with diabetes, pre-diabetes or its risk
17	factors (including hypertension, dyslipidemia,
18	obesity, overweight), or a renal disease
19	who—";
20	(3) by adding "or" at the end of subclause (III)
21	of clause (i), as so redesignated; and
22	(4) by adding at the end the following new
23	clause:
24	"(ii) who is not described in clause (i) but
25	who has another disease, condition, or disorder
26	for which the Secretary has made a national

- 1 coverage determination (as defined in section 2 1869(f)(1)(B)) for the coverage of such serv-3 ices;". 4 (b) Coverage of Services Furnished by Physi-5 CIANS.—Section 1861(vv)(1) of the Social Security Act (42 U.S.C. 1395x(vv)(1)) is amended by inserting "or 6 which are furnished by a physician" before the period at 8 the end. 9 (c) National Coverage Determination Proc-10 ESS.—In making a national coverage determination described in section 1861(s)(2)(V)(ii) of the Social Security Act, as added by subsection (a)(4), the Secretary of 12 Health and Human Services, acting through the Administrator of the Centers for Medicare & Medicaid Services, 14 15 shall—
- 16 (1) consult with dietetic and nutrition profes-17 sional organizations in determining appropriate pro-18 tocols for coverage of medical nutrition therapy serv-19 ices for individuals with different diseases, condi-20 tions, and disorders; and
 - (2) consider the degree to which medical nutrition therapy interventions prevent or help prevent the onset or progression of more serious diseases, conditions, or disorders.

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1	SEC. 404. CLARIFICATION OF EPSDT INCLUSION OF PRE-
2	VENTION, SCREENING, AND TREATMENT
3	SERVICES FOR OBESITY AND OVERWEIGHT;
4	SCHIP COVERAGE.
5	(a) In General.—Section 1905(r)(5) of the Social
6	Security Act (42 U.S.C. 1396d(r)(5)) is amended by in-
7	serting ", including weight and BMI measurement and
8	monitoring, as well as appropriate treatment services (in-
9	cluding but not limited to) medical nutrition therapy serv-
10	ices (as defined in section 1861(vv)(1)), physical therapy
11	or exercise training, and behavioral health counseling,
12	based on recommendations of the United States Council
13	on Overweight-Obesity Prevention under section 399R of
14	the Public Health Service Act and such other expert rec-
15	ommendations and studies as determined by the Sec-
16	retary" before the period.
17	(b) SCHIP.—
18	(1) Required Coverage.—Section 2103 (42
19	U.S.C. 1397cc) is amended—
20	(A) in subsection (a), in the matter before
21	paragraph (1), by striking "subsection (c)(5)"
22	and inserting "paragraphs (5) and (7) of sub-
23	section (e)"; and
24	(B) in subsection (c)—
25	(i) by redesignating paragraph (5) as
26	paragraph (7); and

1	(ii) by inserting after paragraph (4),
2	the following:
3	"(5) Prevention, screening, and treat-
4	MENT SERVICES FOR OBESITY AND OVERWEIGHT.—
5	The child health assistance provided to a targeted
6	low-income child shall include coverage of weight
7	and BMI measurement and monitoring, as well as
8	appropriate treatment services (including but not

appropriate treatment services (including but not limited to) medical nutrition therapy services (as defined in section 1861(vv)(1)), physical therapy or exercise training, and behavioral health counseling,

based on recommendations of the United States
 Council on Overweight-Obesity Prevention under

section 399R of the Public Health Service Act and

such other expert recommendations and studies as determined by the Secretary.".

17 (2) CONFORMING AMENDMENT.—Section 18 2102(a)(7)(B) (42 U.S.C. 1397bb(c)(2)) is amended 19 by inserting "and services described in section 20 2103(c)(5)" after "emergency services".

1	SEC. 405. INCLUSION OF PREVENTIVE SERVICES IN QUAL-
2	ITY MATERNAL AND CHILD HEALTH SERV-
3	ICES.
4	Section 501(b) of the Social Security Act (42 U.S.C.
5	701(b)) is amended by adding at the end the following
6	new paragraph:
7	"(5) The term 'quality maternal and child
8	health services' includes the following:
9	"(A) Evidence-based preventive services
10	described in section 1905(y).
11	"(B) Medical nutrition counseling for indi-
12	viduals with pre-diabetes or obesity, or who are
13	overweight (as defined by the Secretary).
14	"(C) Weight and BMI measurement and
15	monitoring, as well as appropriate treatment
16	services (including but not limited to) medical
17	nutrition therapy services (as defined in section
18	1861(vv)(1)), physical therapy or exercise train-
19	ing, and behavioral health counseling, based on
20	recommendations of the United States Council
21	on Overweight-Obesity Prevention under section
22	399R of the Public Health Service Act and
23	such other expert recommendations and studies
24	as determined by the Secretary.".

SEC. 406. EFFECTIVE DATE.

- 2 (a) In General.—Except as provided in subsection
- 3 (b), the amendments made by this title take effect on Oc-
- 4 tober 1, 2009.
- 5 (b) Extension of Effective Date for State
- 6 Law Amendment.—In the case of a State plan under
- 7 title XIX or XXI of the Social Security Act (42 U.S.C.
- 8 1396 et seq., 1397aa et seq.) which the Secretary of
- 9 Health and Human Services determines requires State
- 10 legislation in order for the plan to meet the additional re-
- 11 quirements imposed by the amendments made by this sec-
- 12 tion, the State plan shall not be regarded as failing to
- 13 comply with the requirements of such title solely on the
- 14 basis of its failure to meet these additional requirements
- 15 before the first day of the first calendar quarter beginning
- 16 after the close of the first regular session of the State leg-
- 17 islature that begins after the date of enactment of this
- 18 Act. For purposes of the previous sentence, in the case
- 19 of a State that has a 2-year legislative session, each year
- 20 of the session is considered to be a separate regular ses-
- 21 sion of the State legislature.

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