

110TH CONGRESS
2D SESSION

H. CON. RES. 404

Supporting the goals and ideals of Complaint Free Wednesday.

IN THE HOUSE OF REPRESENTATIVES

JULY 31, 2008

Mr. GRAVES submitted the following concurrent resolution; which was referred
to the Committee on Oversight and Government Reform

CONCURRENT RESOLUTION

Supporting the goals and ideals of Complaint Free
Wednesday.

Whereas the average person complains approximately 15 to
30 times per day, resulting in approximately
4,570,350,000 complaints per day in the United States;

Whereas people complain in order to negatively get attention
from others, avoid taking action, pre-excuse poor per-
formance, brag, or exercise control over others;

Whereas complaining damages a person's health, relation-
ships, and ability to solve underlying problems;

Whereas violence usually begins with complaining by express-
ing grief, pain, or discontent;

Whereas it is not complaining if a person acts proactively to
resolve an issue;

Whereas “A Complaint Free World” is an organization that encourages people to wear purple bracelets as a symbolic reminder to change a person’s complaining nature;

Whereas “A Complaint Free World” has delivered approximately 5,439,532 purple bracelets to people throughout the world;

Whereas “A Complaint Free World” hopes to inspire 1 percent of the world’s population to have a positive attitude;

Whereas supporters of this movement have worked with thousands of schools in the United States through the Complaint Free program and have achieved amazing results in creating positive attitudes; and

Whereas Complaint Free Wednesday will be observed on the day before Thanksgiving, providing each person in the United States a day free from complaining in order to prepare for a day of gratitude: Now, therefore, be it

1 *Resolved by the House of Representatives (the Senate*
2 *concurring), That Congress—*

3 (1) supports the goals and ideals of Complaint
4 Free Wednesday;

5 (2) encourages each person in the United
6 States to remember that having a positive life begins
7 with having a positive attitude; and

8 (3) recognizes and reaffirms the meaning of
9 Thanksgiving by asking each person in the United
10 States to use Complaint Free Wednesday to refrain

- 1 from complaining and prepare for a day of grati-
- 2 tude.

