

109TH CONGRESS  
1ST SESSION

# S. RES. 257

Recognizing the spirit of Jacob Mock Doub and many young people who have contributed to encouraging youth to be physically active and fit, and expressing support for “National Take a Kid Mountain Biking Day”.

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IN THE SENATE OF THE UNITED STATES

SEPTEMBER 28, 2005

Mr. BURR (for himself and Mr. SALAZAR) submitted the following resolution;  
which was considered and agreed to

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## RESOLUTION

Recognizing the spirit of Jacob Mock Doub and many young people who have contributed to encouraging youth to be physically active and fit, and expressing support for “National Take a Kid Mountain Biking Day”.

Whereas according to the Centers for Disease Control and Prevention, obesity rates have nearly tripled in adolescents in the United States since 1980;

Whereas overweight adolescents have a 70 percent chance of becoming overweight or obese adults;

Whereas research conducted by the National Institutes of Health indicates that, while genetics do play a role in childhood obesity, the large increase in childhood obesity

rates over the past few decades can be traced to over-eating and lack of sufficient exercise;

Whereas the Surgeon General and the President's Council on Physical Fitness and Sports recommend regular physical activity, including bicycling, for the prevention of overweight and obesity;

Whereas Jacob Mock "Jack" Doub, born July 11, 1985, was actively involved in encouraging others, especially children, to ride bicycles and was an active youth who was introduced to mountain biking at the age of 11 near Grandfather Mountain, North Carolina, and quickly became a talented cyclist;

Whereas Jack Doub died unexpectedly from complications related to a bicycling injury on October 21, 2002;

Whereas Jack Doub's family and friends have joined, in association with the International Mountain Bicycling Association, to honor Jack Doub's spirit and love of bicycling by establishing the Jack Doub Memorial Fund to promote and encourage children of all ages to learn to ride and lead a physically active lifestyle;

Whereas the International Mountain Bicycling Association's worldwide network, which is based in Boulder, Colorado, includes 32,000 individual members, more than 450 bicycle clubs, 140 corporate partners, and 240 bicycle retailer members, who coordinate more than 1,000,000 volunteer trail work hours each year and have built more than 5,000 miles of new trails;

Whereas the International Mountain Bicycling Association has encouraged low-impact riding and volunteer trail work participation since 1988; and

Whereas “National Take a Kid Mountain Biking Day” was established in honor of Jack Doub in 2004 by the International Mountain Bicycling Association, and is celebrated on the first Saturday in October of each year: Now, therefore, be it

1       *Resolved*, That the Senate—

2               (1) recognizes—

3                       (A) the health risks associated with child-  
4                       hood obesity;

5                       (B) the spirit of Jacob Mock “Jack” Doub  
6                       and so many others who have been actively pro-  
7                       moting physical activity to combat childhood  
8                       obesity; and

9                       (C) Jack Doub’s contribution to encour-  
10                      aging youth of all ages to be physically active  
11                      and fit, especially through bicycling;

12               (2) supports the goals and ideals of “National  
13       Take a Kid Mountain Biking Day”, which was es-  
14       tablished in honor of Jack Doub in 2004 by the  
15       International Mountain Bicycling Association, and is  
16       celebrated on the first Saturday in October of each  
17       year; and

18               (3) encourages parents, schools, civic organiza-  
19       tions, and students to support the International  
20       Mountain Bicycling Association’s “National Take a

- 1 Kid Mountain Biking Day” to promote increased
- 2 physical activity among youth in the United States.

