109TH CONGRESS 1ST SESSION H. CON. RES. 200

Expressing the sense of Congress that secondary schools should consider starting school after 9:00 in the morning.

IN THE HOUSE OF REPRESENTATIVES

JUNE 30, 2005

Ms. ZOE LOFGREN of California submitted the following concurrent resolution; which was referred to the Committee on Education and the Workforce

CONCURRENT RESOLUTION

Expressing the sense of Congress that secondary schools should consider starting school after 9:00 in the morning.

- Whereas scientific studies indicate that adolescents experience hormonal changes that keep them awake at night;
- Whereas most secondary schools begin classes at 7:30 or earlier in the morning;
- Whereas most teen crime occurs between 3:00 and 6:00 in the afternoon and a later start would result in a later school day; and
- Whereas many adolescents do not get enough sleep to realize their full academic potential: Now, therefore, be it
 - 1 Resolved by the House of Representatives (the Senate
 - 2 concurring), That it is the sense of Congress that sec-

ondary schools should begin classes after 9:00 in the
morning.