#### 108TH CONGRESS 2D SESSION

# H. R. 4154

To amend the Public Health Service Act and Employee Retirement Income Security Act of 1974 to require that group and individual health insurance coverage and group health plans provide coverage for qualified individuals for bone mass measurement (bone density testing) to prevent fractures associated with osteoporosis.

### IN THE HOUSE OF REPRESENTATIVES

APRIL 2, 2004

Mrs. Maloney (for herself and Ms. Hart) introduced the following bill; which was referred to the Committee on Energy and Commerce, and in addition to the Committee on Education and the Workforce, for a period to be subsequently determined by the Speaker, in each case for consideration of such provisions as fall within the jurisdiction of the committee concerned

# A BILL

To amend the Public Health Service Act and Employee Retirement Income Security Act of 1974 to require that group and individual health insurance coverage and group health plans provide coverage for qualified individuals for bone mass measurement (bone density testing) to prevent fractures associated with osteoporosis.

- 1 Be it enacted by the Senate and House of Representa-
- 2 tives of the United States of America in Congress assembled,

# 1 SECTION 1. SHORT TITLE; FINDINGS.

2	(a) Short Title.—This Act may be cited as the
3	"Osteoporosis Early Detection and Prevention Act of
4	2004".
5	(b) FINDINGS.—Congress makes the following find-
6	ings:
7	(1) Nature of osteoporosis.—
8	(A) Osteoporosis is a disease characterized
9	by low bone mass and structural deterioration
10	of bone tissue leading to bone fragility and in-
11	creased susceptibility to fractures of the hip,
12	spine, and wrist.
13	(B) Osteoporosis has no symptoms and
14	typically remains undiagnosed until a fracture
15	occurs.
16	(C) Once a fracture occurs, the condition
17	has usually advanced to the stage where the
18	likelihood is high that another fracture will
19	occur.
20	(D) There is no cure for osteoporosis, but
21	drug therapy has been shown to reduce new hip
22	and spine fractures by 50 percent and other
23	treatments, such as nutrition therapy, have also
24	proven effective.
25	(2) Incidence of osteoporosis.—
26	Osteoporosis is a common condition:

1	(A) Of the 44 million Americans who have
2	(or are at risk for) osteoporosis, 80 percent are
3	women.
4	(B) Annually there are 1.5 million bone
5	fractures attributable to osteoporosis.
6	(C) Half of all women, and one-fourth of
7	all men, age 50 or older will have a bone frac-
8	ture due to osteoporosis.
9	(3) Impact of osteoporosis.—The cost of
10	treating osteoporosis is significant:
11	(A) The annual cost of osteoporosis in the
12	United States was \$17 billion in 2001.
13	(B) The average cost in the United States
14	of repairing a hip fracture due to osteoporosis
15	is \$37,000, while the average cost of an
16	osteoporosis screening test ranges from \$59 to
17	\$300.
18	(C) Fractures due to osteoporosis fre-
19	quently result in disability and institutionaliza-
20	tion of individuals.
21	(D) Because osteoporosis is a progressive
22	condition causing fractures primarily in aging
23	individuals, preventing fractures particularly in
24	post menopausal women before they become eli-
25	gible for medicare, has a significant potential of

1	reducing osteoporosis-related costs under the
2	medicare program.
3	(4) Use of Bone mass measurement.—
4	(A) Bone mass measurement is a non-
5	invasive, painless, and reliable way to diagnose
6	osteoporosis before costly fractures occur.
7	(B) Low bone mass is as predictive of fu-
8	ture fractures as is high cholesterol or high
9	blood pressure of heart disease or stroke.
10	(C) Bone mass measurement is the only
11	reliable method of detecting osteoporosis at an
12	early stage.
13	(D) Under section 4106 of the Balanced
14	Budget Act of 1997, medicare provides cov-
15	erage, effective July 1, 1998, for bone mass
16	measurement for qualified individuals who are
17	at risk of developing osteoporosis.
18	SEC. 2. REQUIRING COVERAGE OF BONE MASS MEASURE-
19	MENT UNDER HEALTH PLANS.
20	(a) Group Health Plans.—
21	(1) Public Health Service act Amend-
22	MENTS.—(A) Subpart 2 of part A of title XXVII of
23	the Public Health Service Act is amended by adding
24	at the end the following new section:

## "SEC. 2707. STANDARDS RELATING TO BENEFITS FOR BONE MASS MEASUREMENT. "(a) Requirements for Coverage of Bone Mass MEASUREMENT.—A group health plan, and a health in-surance issuer offering group health insurance coverage, shall include (consistent with this section) coverage for bone mass measurement for beneficiaries and participants who are qualified individuals. "(b) Definitions Relating to Coverage.—In this section: "(1) Bone mass measurement.—The term

'bone mass measurement' means a radiologic or radioisotopic procedure or other procedure approved by the Food and Drug Administration performed on an individual for the purpose of identifying bone mass or detecting bone loss or determining bone quality, and includes a physician's interpretation of the results of the procedure. Nothing in this paragraph shall be construed as requiring a bone mass measurement to be conducted in a particular type of facility or to prevent such a measurement from being conducted through the use of mobile facilities that are otherwise qualified.

"(2) QUALIFIED INDIVIDUAL.—The term 'qualified individual' means an individual who—

1	"(A) is at clinical risk for osteoporosis, in-
2	cluding an estrogen-deficient woman;
3	"(B) has vertebral abnormalities;
4	"(C) is receiving chemotherapy or long-
5	term gluococorticoid (steroid) therapy;
6	"(D) has primary hyperparathyroidism,
7	hyperthyroidism, or excess thyroid replacement;
8	or
9	"(E) is being monitored to assess the re-
10	sponse to or efficacy of approved osteoporosis
11	drug therapy.
12	"(c) Limitation on Frequency Required.—Tak-
13	ing into account the standards established under section
14	1861(rr)(3) of the Social Security Act, the Secretary shall
15	establish standards regarding the frequency with which a
16	qualified individual shall be eligible to be provided benefits
17	for bone mass measurement under this section. The Sec-
18	retary may vary such standards based on the clinical and
19	risk-related characteristics of qualified individuals.
20	"(d) Restrictions on Cost-Sharing.—
21	"(1) In general.—Subject to paragraph (2),
22	nothing in this section shall be construed as pre-
23	venting a group health plan or issuer from imposing
24	deductibles, coinsurance, or other cost-sharing in re-
25	lation to bone mass measurement under the plan (or

- health insurance coverage offered in connection witha plan).
- "(2) LIMITATION.—Deductibles, coinsurance, and other cost-sharing or other limitations for bone mass measurement may not be imposed under paragraph (1) to the extent they exceed the deductibles, coinsurance, and limitations that are applied to similar services under the group health plan or health insurance coverage.
- 10 "(e) Prohibitions.—A group health plan, and a
  11 health insurance issuer offering group health insurance
  12 coverage in connection with a group health plan, may
  13 not—
  - "(1) deny to an individual eligibility, or continued eligibility, to enroll or to renew coverage under the terms of the plan, solely for the purpose of avoiding the requirements of this section;
  - "(2) provide incentives (monetary or otherwise) to individuals to encourage such individuals not to be provided bone mass measurements to which they are entitled under this section or to providers to induce such providers not to provide such measurements to qualified individuals;

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- 1 "(3) prohibit a provider from discussing with a 2 patient osteoporosis preventive techniques or medical 3 treatment options relating to this section; or
- "(4) penalize or otherwise reduce or limit the reimbursement of a provider because such provider provided bone mass measurements to a qualified individual in accordance with this section.
- 8 "(f) RULE OF CONSTRUCTION.—Nothing in this sec-9 tion shall be construed to require an individual who is a 0 participant or beneficiary to undergo bone mass measure-
- 11 ment.
- 12 "(g) Notice.—A group health plan under this part
- 13 shall comply with the notice requirement under section
- 14 714(g) of the Employee Retirement Income Security Act
- 15 of 1974 with respect to the requirements of this section
- 16 as if such section applied to such plan.
- 17 "(h) Level and Type of Reimbursements.—
- 18 Nothing in this section shall be construed to prevent a
- 19 group health plan or a health insurance issuer offering
- 20 group health insurance coverage from negotiating the level
- 21 and type of reimbursement with a provider for care pro-
- 22 vided in accordance with this section.
- 23 "(i) Preemption.—
- 24 "(1) In general.—The provisions of this sec-
- 25 tion do not preempt State law relating to health in-

- surance coverage to the extent such State law provides greater benefits with respect to osteoporosis
- detection or prevention.
- 4 "(2) CONSTRUCTION.—Section 2723(a)(1) shall 5 not be construed as superseding a State law de-6 scribed in paragraph (1).".
- 7 (B) Section 2723(c) of such Act (42 U.S.C. 300gg-23(c)) is amended by striking "section 2704" and inserting "sections 2704 and 2707".
- 10 (2) ERISA AMENDMENTS.—(A) Subpart B of 11 part 7 of subtitle B of title I of the Employee Re-12 tirement Income Security Act of 1974 is amended by 13 adding at the end the following new section:

### 14 "SEC. 714. STANDARDS RELATING TO BENEFITS FOR BONE

- 15 MASS MEASUREMENT.
- 16 "(a) Requirements for Coverage of Bone Mass
- 17 Measurement.—A group health plan, and a health in-
- 18 surance issuer offering group health insurance coverage,
- 19 shall include (consistent with this section) coverage for
- 20 bone mass measurement for beneficiaries and participants
- 21 who are qualified individuals.
- 22 "(b) Definitions Relating to Coverage.—In
- 23 this section:
- 24 "(1) Bone mass measurement.—The term
- 25 'bone mass measurement' means a radiologic or

1	radioisotopic procedure or other procedure approved
2	by the Food and Drug Administration performed or
3	an individual for the purpose of identifying bone
4	mass or detecting bone loss or determining bone
5	quality, and includes a physician's interpretation of
6	the results of the procedure. Nothing in this para-
7	graph shall be construed as requiring a bone mass
8	measurement to be conducted in a particular type of
9	facility or to prevent such a measurement from
10	being conducted through the use of mobile facilities
11	that are otherwise qualified.
12	"(2) QUALIFIED INDIVIDUAL.—The term 'quali-
13	fied individual' means an individual who—
14	"(A) is at clinical risk for osteoporosis, in-
15	cluding an estrogen-deficient woman;
16	"(B) has vertebral abnormalities;
17	"(C) is receiving chemotherapy or long-
18	term gluococorticoid (steroid) therapy;
19	"(D) has primary hyperparathyroidism
20	hyperthyroidism, or excess thyroid replacement
21	or
22	"(E) is being monitored to assess the re-
23	sponse to or efficacy of approved osteoporosis
24	drug therapy.

- 1 "(c) Limitation on Frequency Required.—The
- 2 standards established under section 2707(c) of the Public
- 3 Health Service Act shall apply to benefits provided under
- 4 this section in the same manner as they apply to benefits
- 5 provided under section 2707 of such Act.
- 6 "(d) Restrictions on Cost-Sharing.—
- 7 "(1) In General.—Subject to paragraph (2),
- 8 nothing in this section shall be construed as pre-
- 9 venting a group health plan or issuer from imposing
- deductibles, coinsurance, or other cost-sharing in re-
- lation to bone mass measurement under the plan (or
- health insurance coverage offered in connection with
- a plan).
- 14 "(2) Limitation.—Deductibles, coinsurance,
- and other cost-sharing or other limitations for bone
- mass measurement may not be imposed under para-
- graph (1) to the extent they exceed the deductibles,
- coinsurance, and limitations that are applied to simi-
- lar services under the group health plan or health
- insurance coverage.
- 21 "(e) Prohibitions.—A group health plan, and a
- 22 health insurance issuer offering group health insurance
- 23 coverage in connection with a group health plan, may
- 24 not—

- "(1) deny to an individual eligibility, or continued eligibility, to enroll or to renew coverage under the terms of the plan, solely for the purpose of avoiding the requirements of this section;
- 5 "(2) provide incentives (monetary or otherwise)
  6 to individuals to encourage such individuals not to
  7 be provided bone mass measurements to which they
  8 are entitled under this section or to providers to in9 duce such providers not to provide such measure10 ments to qualified individuals;
  - "(3) prohibit a provider from discussing with a patient osteoporosis preventive techniques or medical treatment options relating to this section; or
  - "(4) penalize or otherwise reduce or limit the reimbursement of a provider because such provider provided bone mass measurements to a qualified individual in accordance with this section.
- "(f) Rule of Construction.—Nothing in this sec-19 tion shall be construed to require an individual who is a 20 participant or beneficiary to undergo bone mass measure-21 ment.
- "(g) Notice Under Group Health Plan.—The imposition of the requirements of this section shall be treated as a material modification in the terms of the plan described in section 102(a)(1), for purposes of assuring

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- 1 notice of such requirements under the plan; except that
- 2 the summary description required to be provided under the
- 3 last sentence of section 104(b)(1) with respect to such
- 4 modification shall be provided by not later than 60 days
- 5 after the first day of the first plan year in which such
- 6 requirements apply.
- 7 "(h) Preemption.—
- 8 "(1) In general.—The provisions of this sec-
- 9 tion do not preempt State law relating to health in-
- surance coverage to the extent such State law pro-
- vides greater benefits with respect to osteoporosis
- detection or prevention.
- 13 "(2) Construction.—Section 731(a)(1) shall
- 14 not be construed as superseding a State law de-
- scribed in paragraph (1).".
- 16 (B) Section 731(c) of such Act (29 U.S.C.
- 17 1191(c)) is amended by striking "section 711" and
- inserting "sections 711 and 714".
- 19 (C) Section 732(a) of such Act (29 U.S.C.
- 20 1191a(a)) is amended by striking "section 711" and
- 21 inserting "sections 711 and 714".
- (D) The table of contents in section 1 of such
- Act is amended by inserting after the item relating
- to section 712 the following new item:

<sup>&</sup>quot;714. Standards relating to benefits for bone mass measurement.".

1	(b) Individual Health Insurance.—(1) Part B
2	of title XXVII of the Public Health Service Act is amend-
3	ed by inserting after section 2752 the following new sec-
4	tion:
5	"SEC. 2753. STANDARDS RELATING TO BENEFITS FOR BONE
6	MASS MEASUREMENT.
7	"(a) In General.—The provisions of section 2707
8	(other than subsection (g)) shall apply to health insurance
9	coverage offered by a health insurance issuer in the indi-
10	vidual market in the same manner as it applies to health
11	insurance coverage offered by a health insurance issuer
12	in connection with a group health plan in the small or
13	large group market.
14	"(b) Notice.—A health insurance issuer under this
15	part shall comply with the notice requirement under sec-
16	tion 714(g) of the Employee Retirement Income Security
17	Act of 1974 with respect to the requirements referred to
18	in subsection (a) as if such section applied to such issuer
19	and such issuer were a group health plan.
20	"(c) Preemption.—
21	"(1) In general.—The provisions of this sec-
22	tion do not preempt State law relating to health in-
23	surance coverage to the extent such State law pro-
24	vides greater benefits with respect to osteoporosis
25	detection or prevention.

- 1 "(2) Construction.—Section 2762(a) shall
- 2 not be construed as superseding a State law de-
- 3 scribed in paragraph (1).".
- 4 (2) Section 2762(b)(2) of such Act (42 U.S.C.
- 5 300gg-62(b)(2)) is amended by striking "section 2751"
- 6 and inserting "sections 2751 and 2753".
- 7 (c) Effective Dates.—(1) The amendments made
- 8 by subsection (a) shall apply with respect to group health
- 9 plans for plan years beginning on or after January 1,
- 10 2005.
- 11 (2) The amendments made by subsection (b) shall
- 12 apply with respect to health insurance coverage offered,
- 13 sold, issued, renewed, in effect, or operated in the indi-
- 14 vidual market on or after such date.

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