

108TH CONGRESS  
1ST SESSION

# H. CON. RES. 76

Recognizing the health risks associated with childhood obesity and encouraging parents to promote healthy weight and increased physical activity to their children.

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IN THE HOUSE OF REPRESENTATIVES

FEBRUARY 27, 2003

Mr. TIBERI submitted the following concurrent resolution; which was referred to the Committee on Energy and Commerce

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## CONCURRENT RESOLUTION

Recognizing the health risks associated with childhood obesity and encouraging parents to promote healthy weight and increased physical activity to their children.

Whereas, according to the American Dietetic Association, obesity rates have tripled in school-age children and adolescents since 1970 and continue to rise;

Whereas obese children and adolescents have shown an alarming increase in the incidence of type 2 diabetes, also known as adult-onset diabetes;

Whereas one of the most severe problems for obese children is sleep apnea, which can lead to problems with learning and memory;

Whereas many obese children have high cholesterol and blood pressure levels, which are risk factors for heart disease;

Whereas obese children have a high incidence of orthopedic problems, liver disease, and asthma;

Whereas overweight adolescents have a 70 percent chance of becoming overweight or obese adults;

Whereas hospital costs for diseases related to childhood obesity increased from \$35 million in 1979 to \$127 million in 1999; and

Whereas research conducted by the National Institutes of Health indicates that while genetics do play a role in childhood obesity, the large increase in rates over the past few decades can be traced to overeating and lack of sufficient exercise: Now, therefore, be it

1       *Resolved by the House of Representatives (the Senate*  
2 *concurring), That—*

3           (1) Congress recognizes the health risks associ-  
4           ated with childhood obesity;

5           (2) it is the sense of Congress that the percep-  
6           tion of childhood obesity should be changed from  
7           simply an appearance problem, to a disease that can  
8           be prevented, treated, and successfully managed;  
9           and

10          (3) Congress encourages parents to promote  
11          healthy weight and increased physical activity to  
12          their children.

