

108TH CONGRESS  
1ST SESSION

# **H. CON. RES. 52**

Expressing the sense of Congress that all major sports organizations should ban the use of ephedra and dietary supplements containing ephedrine.

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## **IN THE HOUSE OF REPRESENTATIVES**

FEBRUARY 25, 2003

Ms. HOOLEY of Oregon (for herself and Mr. HAYWORTH) submitted the following concurrent resolution; which was referred to the Committee on Energy and Commerce

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## **CONCURRENT RESOLUTION**

Expressing the sense of Congress that all major sports organizations should ban the use of ephedra and dietary supplements containing ephedrine.

Whereas, over the last decade, the use of ephedra and dietary supplements containing ephedrine have gained increased acceptance as a weight-loss supplement and as a workout enhancer;

Whereas ephedrine increases heart rate and blood pressure, which can result in a potentially dangerous—and even deadly—combination for an athlete engaged in high-intensity workouts;

Whereas, in 2000, the New England Journal of Medicine published a study implicating ephedra usage in 54 deaths and approximately 1,000 serious illnesses;

Whereas a number of recent deaths of collegiate and professional athletes have been linked to ephedrine use; and

Whereas ephedrine has been banned by the National Football League, the National Collegiate Athletic Association, the International Federation Football Associations (FIFA), and the International Olympic Committee: Now, therefore, be it

- 1        *Resolved by the House of Representatives (the Senate*
- 2 *concurring), That it is the sense of Congress that all major*
- 3 *sports organizations should ban the use of ephedra and*
- 4 *dietary supplements containing ephedrine.*

