#### 107TH CONGRESS 2D SESSION

# S. 2204

To amend the Public Health Service Act to improve treatment for the mental health and substance abuse needs of women with histories of trauma, including domestic and sexual violence.

## IN THE SENATE OF THE UNITED STATES

APRIL 18, 2002

Mr. EDWARDS (for himself and Mrs. Murray) introduced the following bill; which was read twice and referred to the Committee on Health, Education, Labor, and Pensions

# A BILL

To amend the Public Health Service Act to improve treatment for the mental health and substance abuse needs of women with histories of trauma, including domestic and sexual violence.

- 1 Be it enacted by the Senate and House of Representa-
- 2 tives of the United States of America in Congress assembled,
- 3 SECTION 1. SHORT TITLE.
- 4 This Act may be cited as the "Women in Trauma
- 5 Act of 2002".
- 6 SEC. 2. FINDINGS.
- 7 Congress finds as follows:

- (1) Researchers have concluded that women may experience significant adverse mental health consequences relating to trauma exposure, often the result of sexual or domestic violence.
  - (2) The majority of women suffering from both substance abuse and mental health problems have been victims of rape, incest, or physical or emotional abuse and hundreds of thousands of these same women are also severely beaten by their husbands or a significant male intimate. Surveys have indicated that approximately 1,500,000 children are physically abused each year and 700,000 are victims of sexual abuse.
  - (3) Women with serious mental illnesses are over-represented in samples that experienced trauma, including physical, sexual, and emotional abuse. Between 50 and 70 percent of women hospitalized for psychiatric disorders have a history of trauma.
  - (4) Even for people whose mental health problems are caused by other factors, a history of early physical or sexual abuse leads to the earlier onset of their illness, a more severe course of illness, and a greater likelihood of suicide and other poor outcomes.

- 1 (5) Trauma exposure is generally prevalent in 2 people who suffer from mental health and substance 3 abuse problems, and can worsen the course and 4 overall impact of these illnesses.
  - (6) In a recent study, 97 percent of homeless women with mental illness were found to have experienced severe physical or sexual abuse and 87 percent experienced this abuse both as children and as adults.
  - (7) Of women in prisons and jails, 80 to 100 percent have been victims of physical and sexual abuse.
  - (8) The prevalence of violence- and trauma-related problems among women with mental health and substance abuse problems is not adequately addressed by most treatment practices.
  - (9) There is an urgent need to provide services that directly address the issue of trauma for women suffering from mental health and substance abuse problems.
  - (10) To improve mental health and substance abuse services for women, further research to expand the development and implementation of trauma-sensitive services is needed as well as additional services to improve access to comprehensive thera-

1	peutic interventions and to the support needed to
2	overcome barriers to recovery.
3	SEC. 3. GRANTS TO IMPROVE TREATMENT FOR WOMEN
4	WITH HISTORIES OF TRAUMA.
5	Subpart 3 of part B of title V of the Public Health
6	Service Act (42 U.S.C. 290bb–31 et seq.) is amended by
7	adding at the end the following:
8	"SEC. 520K. GRANTS TO IMPROVE TREATMENT FOR WOMEN
9	WITH HISTORIES OF TRAUMA.
10	"(a) Research Grants.—
11	"(1) Grants authorized.—
12	"(A) IN GENERAL.—The Secretary, acting
13	through the Director of the National Institute
14	of Mental Health and in consultation with the
15	Administrator of the Substance Abuse and
16	Mental Health Services Administration, shall
17	award grants, contracts, or cooperative agree-
18	ments to public and nonprofit private entities,
19	as well as Indian tribes and tribal organiza-
20	tions, for the purpose of building the evidence
21	base for new treatment interventions that si-
22	multaneously address trauma, substance abuse,
23	and psychiatric disorders, including depression
24	and anxiety disorders (including post-traumatic
25	stress disorder, psychotic and dissociative dis-

orders) and the integration of existing interventions for the treatment of trauma, substance abuse, and psychiatric disorders, including depression and anxiety disorders (including post-traumatic stress disorder, psychotic and dissociative disorders).

- "(B) Geographical distribution.—The Secretary shall ensure that grants, contracts, or cooperative agreements awarded pursuant to this paragraph are distributed equitably among regions of the country and among urban and rural areas.
- "(C) Duration of Awards.—Grants, contracts, or cooperative agreements awarded pursuant to this paragraph may not exceed 5 years. Such grants, contracts, or agreements may be renewed.

### "(2) Application.—

- "(A) IN GENERAL.—Each entity desiring a grant under this subsection shall submit an application to the Secretary at such time, in such manner, and accompanied by such information as the Secretary may reasonably require.
- "(B) CONTENTS.—Each application submitted pursuant to subparagraph (A) shall—

1	"(i) describe the activities for which
2	assistance under this subsection is sought;
3	and
4	"(ii) demonstrate that the testing of
5	treatment interventions will be carried out
6	through community-based treatment pro-
7	grams.
8	"(3) Authorization of appropriations.—
9	There is authorized to be appropriated to carry out
10	this subsection, \$50,000,000 for fiscal year 2003,
11	and such sums as may be necessary for each fiscal
12	year thereafter.
13	"(b) Treatment Grants.—
14	"(1) Grants authorized.—
15	"(A) IN GENERAL.—The Secretary, acting
16	through the Administrator of the Substance
17	
	Abuse and Mental Health Services Administra-
18	Abuse and Mental Health Services Administra- tion, shall make grants to public and nonprofit
18 19	
	tion, shall make grants to public and nonprofit
19	tion, shall make grants to public and nonprofit private entities, including Indian tribes and
19 20	tion, shall make grants to public and nonprofit private entities, including Indian tribes and tribal organizations, for the purpose of pro-
19 20 21	tion, shall make grants to public and nonprofit private entities, including Indian tribes and tribal organizations, for the purpose of pro- viding comprehensive community-based mental

1	"(B) Grantmaking considerations.—
2	The Secretary shall ensure that—
3	"(i) grants awarded pursuant to this
4	paragraph are distributed equitably among
5	the regions of the country and among
6	urban and rural areas; and
7	"(ii) preference is given to applicants
8	with strong ties to minority communities
9	and those that offer services that are cul-
10	turally and linguistically appropriate.
11	"(C) Duration.—The Secretary shall
12	award grants under this paragraph for a period
13	not to exceed 5 years. Such grants may be re-
14	newed.
15	"(2) Technical assistance.—The Secretary,
16	acting through the Administrator of the Substance
17	Abuse and Mental Health Services Administration,
18	shall provide technical assistance to entities awarded
19	grants pursuant to paragraph (1) with respect to the
20	implementation of programs described in paragraph
21	(3).
22	"(3) Use of funds.—An entity awarded a
23	grant pursuant to paragraph (1) shall—

1	"(A) establish and operate 1 or more mul-
2	tidisciplinary integrated systems of community-
3	based care—
4	"(i) to include medical, social, and be-
5	havioral services for the simultaneous and
6	coordinated treatment of trauma, sub-
7	stance abuse, and psychiatric disorders, in-
8	cluding depression and anxiety disorders
9	(including post-traumatic stress disorder,
10	psychotic, and dissociative disorders);
11	"(ii) that specifically addresses the
12	impact of trauma on the lives of women re-
13	ceiving services through the grant; and
14	"(iii) that may include services for
15	children of women who are survivors of
16	trauma;
17	"(B) establish avenues for the involvement
18	of women who access the services described in
19	subparagraph (A), in all phases of service deliv-
20	ery and design including in the development of
21	individualized treatment plans;
22	"(C) offer specialized and structured treat-
23	ment components addressing trauma that are
24	culture- and gender-specific;

"(D) implement collaboration among public and private nonprofit entities likely to serve women with histories of trauma including rape and domestic violence programs, hospital emer-gency rooms, appropriate branches of the crimi-nal justice system, low-income housing authori-ties, substance abuse and mental health service providers, consolidated health centers, battered women's shelters, and churches and other com-munity-based organizations;

> "(E) undertake aggressive outreach efforts to encourage women from minority communities, in particular, to participate; and

> "(F) offer educational materials or training, through subparagraph (D) or other avenues, to agencies and community-based organizations that serve women with histories of trauma to increase awareness of the devastating impact of chronic exposures to traumatic experiences on women's mental health and of the need to address this impact in the context of mental health and substance abuse treatment.

"(4) Access to child care.—An entity awarded a grant pursuant to paragraph (1) may use grant funds to provide child care, either directly or

1	through an off site, licensed child care provider, to
2	women offered services under such grant to facilitate
3	participation and address a primary barrier to care.
4	"(5) Application.—
5	"(A) IN GENERAL.—Each entity desiring a
6	grant under this subsection shall submit an ap-
7	plication to the Secretary at such time, in such
8	manner, and accompanied by such information
9	as the Secretary may reasonably require.
10	"(B) Contents.—Each application sub-
11	mitted pursuant to subparagraph (A) shall—
12	"(i) describe the activities for which
13	assistance under this subsection is sought;
14	and
15	"(ii) describe a plan for the rigorous
16	evaluation of such activities, including both
17	process and outcome evaluation, and the
18	submission of the evaluation at the end of
19	the project period.
20	"(6) Authorization of appropriations.—
21	There is authorized to be appropriated to carry out
22	this subsection, \$100,000,000 for fiscal year 2003,
23	and such sums as may be necessary for each fiscal
24	year thereafter.".