

## **H. Res. 438**

### ***In the House of Representatives, U.S.,***

*June 11, 2002.*

Whereas the Surgeon General of the Public Health Service has identified obesity as a major health problem;

Whereas 61 percent of adults in the United States are considered overweight or obese, as indicated by a body mass index (the most reliable measure) of 25 or greater;

Whereas 300,000 deaths each year in the United States are associated with being overweight or obese;

Whereas the economic cost of obesity in the United States was about \$177 billion in 2000;

Whereas being overweight or obese puts people at a greater risk of heart disease, certain types of cancer, type 2 diabetes, stroke, arthritis, breathing problems, and depression;

Whereas men who are overweight are 50 percent more likely to have erectile dysfunction and men who are obese are 200 percent more likely to have erectile dysfunction;

Whereas fewer than a third of American adults engage in the recommended level of physical activity, which is 30 minutes, 3 to 4 times a week; and

Whereas the number of overweight and obese children has nearly tripled in the past two decades: Now, therefore, be it

1       *Resolved*, That the House of Representatives—

2           (1) recognizes that being overweight or obese is  
3       a major health concern in the United States;

4           (2) commends and supports the work of all or-  
5       ganizations that are taking steps to combat this  
6       health problem;

7           (3) urges all governmental, State, and private  
8       organizations to do everything in their power to pro-  
9       mote a healthy lifestyle; and

10          (4) pledges to take proactive steps to intensify  
11       its efforts to combat this health problem.

Attest:

*Clerk.*