105TH CONGRESS 1ST SESSION

H. R. 556

To amend the Public Health Service Act to establish a program of providing information and education to the public on the prevention and treatment of eating disorders.

IN THE HOUSE OF REPRESENTATIVES

February 4, 1997

Ms. Slaughter introduced the following bill; which was referred to the Committee on Commerce

A BILL

To amend the Public Health Service Act to establish a program of providing information and education to the public on the prevention and treatment of eating disorders.

- 1 Be it enacted by the Senate and House of Representa-
- 2 tives of the United States of America in Congress assembled,
- 3 SECTION 1. SHORT TITLE.
- 4 This Act may be cited as the "Eating Disorders In-
- 5 formation and Education Act of 1997".
- 6 SEC. 2. FINDINGS.
- 7 The Congress finds the following:
- 8 (1) Eating disorders include anorexia nervosa,
- 9 bulimia nervosa, and binge eating disorder, as well

- 1 as eating disorders not otherwise defined or yet iden-2 tified.
 - (2) Eating disorders primarily affect women and girls, to the point that dieting and body dissatisfaction is considered normative behavior even among those considered average or underweight.
 - (3) Many girls begin dieting at a young age and in large numbers, as revealed in one study where 80 percent of girls reported they had already been on a diet to lose weight before age 13.
 - (4) Dieting at an early age can interfere with normal physiological development and can lead to serious eating disorders, which can result in cardiac impairments, depression, substance abuse, osteoporosis, infertility, amneorrhea, anemia, and other medical conditions.
 - (5) Eating disorders can lead to death, with the National Institute of Mental Health reporting that 1 in 10 people with anorexia nervosa die of starvation, cardiac arrest, or other medical complications.
 - (6) There are effective treatments for some eating disorders, although medical authorities are uncertain to what extent these disorders are caused by physiological factors, by psychosocial factors, or by both.

SEC. 3. PUBLIC INFORMATION AND EDUCATION ON EATING

- 2 **DISORDERS.**
- 3 Subpart 3 of part B of title V of the Public Health
- 4 Service Act (42 U.S.C. 290bb-31 et seq.) is amended by
- 5 adding at the end the following section:
- 6 "EATING DISORDERS
- 7 "Sec. 520C. (a) Information and Education.—
- 8 The Secretary, acting through the Director of the Center
- 9 for Mental Health Services, shall carry out a program to
- 10 provide information and education to the public on the
- 11 prevention and treatment of eating disorders.
- 12 "(b) Toll-Free Telephone Communications.—
- 13 In carrying out subsection (a), the Secretary shall provide
- 14 for the operation of toll-free telephone communications to
- 15 provide information to the public on eating disorders, in-
- 16 cluding referrals for services for the prevention and treat-
- 17 ment of such disorders. Such communications shall be
- 18 available on a 24-hour, 7-day basis.
- 19 "(c) Authorization of Appropriations.—For the
- 20 purpose of carrying out this section, there are authorized
- 21 to be appropriated \$2,000,000 for fiscal year 1998, and
- 22 such sums as may be necessary for each of the fiscal years
- 23 1999 and 2000.".

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