## 105TH CONGRESS 1ST SESSION

## H. CON. RES. 48

Recognizing the 25th anniversary of the establishment of the first nutrition program for the elderly under the Older Americans Act of 1965.

## IN THE HOUSE OF REPRESENTATIVES

March 13, 1997

Mr. GOODLING (for himself, Mr. RIGGS, Mr. MARTINEZ, and Mr. KILDEE) submitted the following concurrent resolution; which was referred to the Committee on Education and the Workforce

## **CONCURRENT RESOLUTION**

Recognizing the 25th anniversary of the establishment of the first nutrition program for the elderly under the Older Americans Act of 1965.

Whereas older individuals who receive proper nutrition tend to live longer, healthier lives;

Whereas older individuals who receive meals through the nutrition programs carried out under the Older Americans Act of 1965 have better nutrition than older individuals who do not participate in these programs;

Whereas through these programs 123,000,000 meals were served to approximately 2,500,000 older individuals in congregate settings, and 119,000,000 meals were served to approximately 989,000 homebound older persons, in 1995;

- Whereas older individuals who participate in congregate nutrition programs carried out under this Act benefit not only from meals, but also from social interaction with their peers which has a positive influence on their mental health;
- Whereas every dollar provided for nutrition services under the Older Americans Act of 1965 is supplemented by \$1.70 from State, local, tribal, and other Federal funds;
- Whereas home-delivered meals provided under the Act are an important part of every community's home and community based long-term care program to assist older individuals to remain independent in their own homes;
- Whereas these home-delivered meals represent a lifeline to many vulnerable older individuals who are not able to shop and prepare meals for themselves;
- Whereas the nutrition programs carried out under the Act successfully target those older individuals in greatest need and most vulnerable in the community; and
- Whereas these nutrition programs have assisted millions of older individuals beginning with the enactment of Public Law 92–258 which established the first Federal nutrition program for older individuals, and continuing throughout the 25-year history of these programs: Now, therefore, be it
  - 1 Resolved by the House of Representatives (the Senate
  - 2 concurring), That the Congress—
  - 3 (1) celebrates the 25th anniversary of the first
  - 4 amendment to the Older Americans Act of 1965 to
  - 5 establish a nutrition program for older individuals,
  - 6 and

1 (2) recognizes that nutrition programs carried 2 out under the Older Americans Act of 1965 continu-3 ously have made an invaluable contribution to the 4 well-being of older individuals.

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