

the chance to find a sport or physical activity they love, boost their energy and confidence, and reach their fullest potential.

NOW, THEREFORE, I, BARACK OBAMA, President of the United States of America, by virtue of the authority vested in me by the Constitution and the laws of the United States, do hereby proclaim May 2014 as National Physical Fitness and Sports Month. I call upon the people of the United States to make daily physical activity, sports participation, and good nutrition a priority in their lives.

IN WITNESS WHEREOF, I have hereunto set my hand this thirtieth day of April, in the year of our Lord two thousand fourteen, and of the Independence of the United States of America the two hundred and thirty-eighth.

BARACK OBAMA

Proclamation 9114 of April 30, 2014

Older Americans Month, 2014

By the President of the United States of America

A Proclamation

Older Americans have fortified our country and shaped our world. They have made groundbreaking discoveries, pioneered new industries, led our Nation's businesses, and advanced our unending journey toward a more perfect Union. They have raised strong families and strengthened communities. And with unwavering courage and patriotism, many rose in defense of the land we love. This month, we celebrate the remarkable contributions and sacrifices of our elders, and we offer our renewed gratitude and support.

With decades of experience and unyielding enthusiasm, seniors continue to lift up our neighborhoods, offer perspective on pressing challenges, and serve as role models to our next generation—proving Americans never stop making a difference or giving back. I encourage older Americans to learn about service opportunities in their area by visiting www.SeniorCorps.gov.

My Administration stands with older Americans as they make their mark, which is why we are fighting to protect Social Security and Medicare. Through the Affordable Care Act, we lowered prescription drug costs, prohibited insurers from denying coverage to people with pre-existing conditions, and enabled seniors to receive recommended preventive health care at no out-of-pocket cost.

As vital members of our communities, seniors deserve the resources and information to stay healthy and safe. This year's Older Americans Month theme, "Safe Today, Healthy Tomorrow," raises awareness about injury prevention. To take control of their safety, seniors can talk to their health care provider about the best physical activities for them, make sure their homes have ample lighting, and install handrails wherever they are helpful—particularly near stairs and in bathrooms.

During Older Americans Month, we pay tribute to our parents, grandparents, friends, neighbors, and every senior near to our hearts. We strive to build a bright future on the strong foundation they have laid.

NOW, THEREFORE, I, BARACK OBAMA, President of the United States of America, by virtue of the authority vested in me by the Constitution and the laws of the United States, do hereby proclaim May 2014 as Older Americans Month. I call upon all Americans of all ages to acknowledge the contributions of older Americans during this month and throughout the year.

IN WITNESS WHEREOF, I have hereunto set my hand this thirtieth day of April, in the year of our Lord two thousand fourteen, and of the Independence of the United States of America the two hundred and thirty-eighth.

BARACK OBAMA

Proclamation 9115 of April 30, 2014

Law Day, U.S.A., 2014

By the President of the United States of America

A Proclamation

More than two centuries ago, patriots battled to release America from the grip of tyranny. As these brave citizens defended their right to shape their own destiny, our Founders created a government of, by, and for the people—rooted in the belief that just power derives from the consent of the governed. It is a system that can only function through the rule of law.

This Law Day pays special tribute to the right to vote, the cornerstone of democracy. Many Americans won the franchise after generations of struggle, while others gave their lives so their children and grandchildren might one day enjoy what should have been their birthright. Thanks to women who picketed the White House and activists who marched on the National Mall, our laws finally recognized a truth that had always been self-evident—that every citizen should have a voice in our democracy. Over the centuries, we have made legal changes that eliminated formal voting restrictions based on wealth, race, and sex and that extended the right to vote to younger adults. Today, our laws continue to protect this fundamental right, laws like the Voting Rights Act, the National Voter Registration Act, the Help America Vote Act, and the Uniformed and Overseas Citizens Absentee Voting Act.

Despite this hard-fought progress, barriers to voting still exist, and the right to vote faces a new wave of threats. In some States, women may be turned away from the polls because they are registered under their maiden name; in others, seniors who have been voting for decades may suddenly be told they cannot vote because they do not have a particular form of identification. As we reflect on the trials and triumphs of generations past, we must rededicate ourselves to preserving those victories in our time. Earlier this year, a bipartisan commission I appointed recommended a series of common-sense reforms to protect the right to vote, curb the potential for fraud, and ensure no one has to wait more than a half hour to cast a ballot. States and local election officials should implement these recommendations. In addition, the Congress should demonstrate its commitment to our fundamental right by updating the Voting Rights Act.