

phia, as "German-American Day" and has authorized and requested the President to issue a proclamation in observance of that day.

NOW, THEREFORE, I, RONALD REAGAN, President of the United States of America, do hereby proclaim Tuesday, October 6, 1987, as German-American Day. I urge all Americans to learn more about the contributions of German immigrants to the life and culture of the United States and to observe this day with appropriate ceremonies and activities.

IN WITNESS WHEREOF, I have hereunto set my hand this 2nd day of Oct., in the year of our Lord nineteen hundred and eighty-seven, and of the Independence of the United States of America the two hundred and twelfth.

RONALD REAGAN

*Editorial note:* For the President's remarks of Oct. 2, 1987, on signing Proclamation 5719, see the *Weekly Compilation of Presidential Documents* (vol. 23, p. 1118).

#### Proclamation 5720 of October 5, 1987

### Polish American Heritage Month, 1987

*By the President of the United States of America  
A Proclamation*

During October the people of the United States recognize and rejoice in the many accomplishments of generations of Polish Americans. From the founding of our Republic to the present day, Poles have enriched, strengthened, and defended our Nation. Millions of Polish Americans have attained great success in the arts, sciences, scholarship, and every other field of endeavor, but perhaps their most special gifts to America have been the faith and love of liberty Poles have cherished through the centuries.

That Polish love of liberty manifested itself in the hard, early days of the American Revolution when Polish freedom fighters such as Kosciuszko and Pulaski stood with us for independence. They knew the profound truth that freedom's cause is universal, that in struggling for our freedom they were working for Poland's freedom and for all mankind's. They knew that once America had fired "the shot heard 'round the world" no tyrant could ever again rest easy.

Today, as always, Americans stand in solidarity with the continuing Polish struggle for political, religious, and economic liberty. By advocating these precious freedoms so eloquently and forthrightly, His Holiness John Paul II and Lech Walesa have come to symbolize hope, justice, and human dignity to all Americans and to countless millions around the world. Their idealism, self-sacrifice, and devotion inspire us as we express our thanks to Polish Americans and our pride in our country's Polish heritage.

The Congress, by Senate Joint Resolution 135, has designated the month of October 1987 as "Polish American Heritage Month" and authorized and requested the President to issue a proclamation in observance of this event.

NOW, THEREFORE I, RONALD REAGAN, President of the United States of America, do hereby proclaim October 1987 as Polish American Heritage Month. I urge all Americans to join their fellow citizens of Polish descent in observance of this month.

IN WITNESS WHEREOF, I have hereunto set my hand this fifth day of October, in the year of our Lord nineteen hundred and eighty-seven, and of the Independence of the United States of America the two hundred and twelfth.

RONALD REAGAN

**Proclamation 5721 of October 5, 1987**

**Benign Essential Blepharospasm Awareness Week, 1987**

*By the President of the United States of America  
A Proclamation*

A little-known but debilitating neuromuscular disease produces functional blindness in thousands of Americans. The disorder, benign essential blepharospasm, causes involuntary and usually uncontrollable spasms of the muscles around the eyes that force the eyelids shut. As the disease progresses, the spasms become almost continuous.

Approximately 30,000 Americans suffer from benign essential blepharospasm. Most of them first experience symptoms in their fifth or sixth decade, although younger people are also affected. In the early stages of the disease, when the patient experiences an occasional extra wink or blink, there is only a slight impact on the quality of life. But when the spasms are more frequent, the patient cannot perform simple tasks such as reading or cooking, and ordinary activities such as driving a car become dangerous.

Treatment with drugs or surgery can temporarily relieve the symptoms of benign essential blepharospasm, but as yet there is no cure. Scientists are attempting to find improved treatments and to learn more about the causes of this condition. Three biomedical research agencies—the National Institute of Neurological and Communicative Disorders and Stroke, the National Eye Institute, and the National Institute of Mental Health—lead the Federal research attack. Support for research is also provided by the Benign Essential Blepharospasm Research Foundation, Inc., a voluntary agency known for its efforts to assist patients and their families.

To increase public awareness of benign essential blepharospasm, the Congress, by House Joint Resolution 224, has designated the week of October 18 through October 24, 1987, as "Benign Essential Blepharospasm Awareness Week" and authorized and requested the President to issue a proclamation in observance of that week.

NOW, THEREFORE, I, RONALD REAGAN, President of the United States of America, do hereby proclaim the week beginning October 18, 1987, as Benign Essential Blepharospasm Awareness Week, and I call upon the people of the United States to observe that week with appropriate ceremonies and activities.