

Thirdly, start exercising. If you're an adult—and that means 30 minutes of activity a day, 5 days a week; or if you're a kid, 60 minutes. That's—it's not that hard to do if you prioritize and discipline yourself. You've got 6 weeks of activity to meet the challenge; in other words, this ends on May the 15th.

Fourth, you keep track of your activities. In other words, there's the—on the web site there's an activity log that will help make it easier to track whether or not you're accumulating enough points to get an award.

And that's the fifth step. Individuals who meet their fitness goals can receive certificates and medals. Schools that meet their goals will be honored. And when you register, be sure to include the State you're from, because all of us here—up here on the stage will be watching to see which State has the highest percentage of partici-

pants. And of course, there will be proper recognition for the State that does the best. I suspect Texas will do very well. [*Laughter*] I certainly hope so.

I want to thank the members of the President's Physical—Council on Physical Fitness and Sports for leading the effort. I really appreciate your care about the country. I want to thank you for thinking innovatively about how to, you know, encourage our fellow citizens to become active. I wish my citizens the fellow best as they sign up for this exciting new challenge. Have good exercise, have fun, and remember, you'll have a healthy tomorrow when you do so. God bless.

NOTE: The President spoke at 1:09 p.m. in the East Garden at the White House. In his remarks, he referred to Eli Manning, quarterback, National Football League's New York Giants.

Remarks Following Discussions With Prime Minister Hubert Ingraham of the Bahamas, Prime Minister David Thompson of Barbados, and Prime Minister Dean Barrow of Belize

March 20, 2008

President Bush. Secretary Rice and I have had the pleasure of welcoming three of our neighbors—neighborhood's strong leaders: Prime Ministers of the Bahamas, Barbados, and Belize.

And we had a discussion like you would expect neighbors to have: How do we work together for our mutual benefit? We talked about trade and tourism. We talked about how to make sure that our security needs are met without interrupting the ability for our people to travel as freely as possible, and for the ability of people to be able to make a good living as a result of tourism.

We talked about the region. I assured the leaders that the neighborhood is important to the United States of America. We oftentimes are talked about in dealing with

the Middle East or dealing on the continent of Africa. But it was important for these leaders to know that we believe that a good, strong, healthy, vibrant neighborhood is in the interests of the United States. And so we had a good, friendly, important discussion, and I can't thank the leaders enough for coming. I appreciate very much for you being here—two of whom have just recently won elections—good, fair, clean elections.

And I reminded them that there's no stronger advocate for democracy than my administration. And I admire the fact that you agreed to run, had the courage of your convictions, and took your message to the people. And then, of course, there's the old senior man here who's been around

quite a while. [*Laughter*] You've seen a lot come and go. And so, Mr. Prime Minister, why don't you say a few remarks, if you don't mind.

Prime Minister Ingraham. Thank you, Mr. President. We've had a wonderful discussion this morning. We're very pleased and grateful that the U.S. President invited us to come. We have discussed with him a number of issues of relevance and concern to ourselves, including the desire on our part to have the Caribbean Basin Initiative act extended. We learned it expires in September of this year. We talked about tourism, the impact that the current in-

crease in the price of oil is having on travel. We talked about security and democracy.

And my two colleagues, who are recent Prime Ministers, David Thompson of Barbados and Dean Barrow of Belize, were able to engage in a full, frank discussion. As for myself, this is my fourth time to have been so fortunate to have come to this place. Thank you, Mr. President.

President Bush. Yes, sir. Thank you all very much.

NOTE: The President spoke at 2:29 p.m. in the Cabinet Room at the White House.

Message on the Observance of Easter 2008 March 21, 2008

"I am the resurrection and the life. He who believes in me will live, even though he dies."

JOHN 11:25

Laura and I send greetings to all those celebrating the joyful holiday of Easter.

The Resurrection of Jesus Christ reminds people around the world of the presence of a faithful God who offers a love more powerful than death. Easter commemorates our Savior's triumph over sin, and we take joy in spending this special time with family and friends and reflecting on the many blessings that fill our lives. During this season of renewal, let us come together and

give thanks to the Almighty who made us in His image and redeemed us in His love.

On this glorious day, we remember our brave men and women in uniform who are separated from their families by great distances. We pray for their safety and strength, and we honor those who gave their lives to advance peace and secure liberty across the globe.

Happy Easter. May God bless you, and may God bless our great Nation.

GEORGE W. BUSH

NOTE: The Office of the Press Secretary also released a Spanish language version of this message. An original was not available for verification of the content of this message.

The President's Radio Address March 22, 2008

Good morning. This weekend families across America are coming together to celebrate Easter. This is the most important

holiday in the Christian faith. And during this special and holy time each year, millions of Americans pause to remember a