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## *Introduction*

*Knowledge is of two kinds. We know a subject ourselves, or we know where we can find the information.*

~Samuel Johnson~

The *Resource Directory for Older People* is designed to help people find the information they need. A cooperative effort of the National Institute on Aging (NIA) and the Administration on Aging (AoA), the directory is intended to serve a wide audience including health and legal professionals, social service providers, librarians, and researchers, as well as older people and their families. The directory contains organizational names, addresses, phone numbers, and fax numbers, as well as email and website addresses.

The directory lists Federal agencies, AoA-supported resource centers, professional societies, private groups, and volunteer programs. Some deal mainly with older people and their families while others serve professionals who work with older adults and still others target people of all ages. Inclusion in the directory does not imply an endorsement by NIA or AoA.

The directory is arranged alphabetically by organization name, and there is a general subject index. Every effort was made to publish a brief but accurate overview about each listed organization. Readers should contact each organization directly if they want more detailed information.

We welcome comments, suggestions, and additions for future editions. Updates, as well as information on any national group serving older people that is not included in this edition, should be sent to:

Editor, *Resource Directory for Older People*  
National Institute on Aging  
Office of Communications and Public Liaison  
Building 31, Room 5C27  
31 Center Drive, MSC 2292  
Bethesda, MD 20892-2292  
(301) 496-1752

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- 48 National Kidney and Urological Diseases Information Clearinghouse (NKUDIC)
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- 49 National Legal Support for Elderly People with Mental Disabilities Project
- 49 National Library of Medicine (NLM)
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- 49 National Long-Term Care Ombudsman Resource Center (NLTCORC)
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- 50 National Mental Health Association (NMHA)
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- 51 National Organization for Rare Disorders (NORD)
- 51 National Organization for Victim Assistance (NOVA)
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- 53 National Resource Center on Native American Aging (NRCNAA)
- 53 National Resource Center on Supportive Housing & Home Modifications
- 54 National Rural Health Association (NRHA)
- 54 National Self-Help Clearinghouse (NSHC)
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**Administration on Aging (AoA)  
Department of Health and Human Services  
(DHHS)  
330 Independence Avenue, SW  
Washington, DC 20201**

**Phone:** 202-619-0724  
202-619-7501  
1-800-677-1116 (toll-free)  
(Eldercare Locator)  
**Fax:** 202-401-7620  
**Website:** <http://www.aoa.gov>

Working in close partnership with its sister agencies in the DHHS, the AoA is the Federal agency dedicated to policy development, planning and the delivery of supportive home-and community-based services to older persons and their caregivers. The AoA works through the national aging network of State and Area Agencies on Aging, Tribal and Native organizations, and thousands of service providers, adult care centers, caregivers, and volunteers.

**Agency for Healthcare Research  
& Quality (AHRQ)  
Publications Clearinghouse  
PO Box 8547  
Silver Spring, MD 20907-8547**

**Phone:** 1-800-358-9295 (toll-free)  
**Website:** <http://www.ahrq.gov>

AHRQ, part of the Federal Government, provides an information clearinghouse service that distributes *Evidence-Based Summaries and Reports*, *Clinical Practice Guidelines*, and other medical statistics and information. Call to order copies of guidelines on topics such as cardiac rehabilitation, treatment of pressure sores, or other publications on elder and long-term health care, health insurance, and minority health data. Visit the website to download *Clinical Practice Guidelines* on topics such as urinary incontinence, screening for Alzheimer's disease, and post-stroke rehabilitation.

**AIDS Clinical Trials Information  
Service (ACTIS)  
PO Box 6421  
Rockville, MD 20849-6421**

**Phone:** 1-800-TRIALS-A (874-2572) (toll-free)  
(English, Spanish, Portuguese)  
301-519-0459  
**TTY:** 1-888-480-3739 (toll-free)  
**Fax:** 301-519-6616  
**Email:** [actis@actis.org](mailto:actis@actis.org)  
**Website:** [www.actis.org](http://www.actis.org)

ACTIS, funded by the Federal Government, is a central resource providing current information on Federally and privately sponsored clinical trials for HIV/AIDS patients. Free, confidential information is available in English, Spanish, or Portuguese.

**Alliance for Aging Research  
2021 K Street, NW, Suite 305  
Washington, DC 20006**

**Phone:** 202-293-2856  
**Fax:** 202-785-8574  
**Website:** <http://www.agingresearch.org>

The Alliance is a national, citizen advocacy organization offering free publications including *Investing in Older Women's Health*, *Meeting the Medical Needs of the Senior Boom*, *Delaying the Diseases of Aging* and other aging-related subjects such as menopause, how to age with ease, and health care options under Medicare. The Alliance supports the health and independence of older people through public and private funding of medical research and geriatric education.

**Alzheimer's Association**  
919 North Michigan Avenue, Suite 1100  
Chicago, IL 60611

**Phone:** 1-800-272-3900 (toll-free)  
312-335-8700  
**TTY:** 312-335-8882  
**Fax:** 312-335-1110  
**Email:** [info@alz.org](mailto:info@alz.org)  
**Website:** <http://www.alz.org>

The Association is a nonprofit organization offering information and support services to people with Alzheimer's disease (AD) and their families. Contact the 24-hour, toll-free telephone line to link with local chapters and community resources. The Association funds research to find a cure for AD and provides information on caregiving. A free catalog of educational publications is available in English and Spanish.

**Alzheimer's Disease Education  
and Referral (ADEAR) Center**  
PO Box 8250  
Silver Spring, MD 20907-8250

**Phone:** 1-800-438-4380 (toll-free)  
(English, Spanish)  
301-495-3311  
**Fax:** 301-495-3334  
**Email:** [adear@alzheimers.org](mailto:adear@alzheimers.org)  
**Website:** <http://www.alzheimers.org>

The ADEAR Center, funded by the National Institute on Aging, distributes information about Alzheimer's disease (AD) to health professionals, patients and their families, and the public. Contact the Center for information about the symptoms, diagnosis, and treatment of AD; recent research; and referrals to State and other national services. The ADEAR website has searchable publications and databases, including the AD Clinical Trials Database of studies accepting volunteers.

**American Academy of Dermatology (AAD)**  
930 North Meacham Road  
Schaumburg, IL 60173-4965

**Phone:** 1-888-462-3376 (toll-free)  
(automated ordering system)  
847-330-0230  
**Fax:** 847-330-0050  
**Website:** <http://www.aad.org>

AAD, an association of doctors specializing in dermatology, provides pamphlets and general information about skin cancers, contact allergies (like poison ivy), shingles (herpes zoster), and other skin conditions. Audio-cassettes, news releases, and public service announcements on dermatology topics also are available. Contact AAD for referrals to certified dermatologists.

**American Academy of Family  
Physicians (AAFP)**  
11400 Tomahawk Creek Parkway  
Leawood, KS 66211-2672

**Phone:** 1-800-274-2237 (toll-free)  
913-906-6000  
**Fax:** 913-906-6094  
**Email:** [fp@aafp.org](mailto:fp@aafp.org)  
**Website:** <http://familydoctor.org>  
(information for the public)

AAFP, a national association of doctors in family practice, offers education and information on health care and disease prevention. Contact the AAFP for referrals to certified doctors. Publications on topics such as sensible eating, preventive health services and family practice, and a health care guide are available free from AAFP-certified doctors or for a fee from AAFP. The website offers free fact sheets on specific diseases, questions and answers about common health issues, self-care flow charts, and databases on drugs and drug reactions.

**American Academy of Neurology (AAN)**  
**1080 Montreal Avenue**  
**St. Paul, MN 55116**

**Phone:** 651-695-1940  
**Fax:** 651-695-2791  
**Website:** <http://www.aan.com>

The Academy is an association of doctors specializing in disorders of the brain and central nervous system. Contact AAN for information about neurology. Visit the Academy's website for referrals to accredited neurologists. Publications include the AAN's *Patient Information Guide* on neurological disorders and treatment.

**American Academy of Ophthalmology (AAO)**  
**PO Box 7424**  
**San Francisco, CA 94120-7424**

**Phone:** 1-800-222-3937 (toll-free)  
415-561-8500  
**Fax:** 415-561-8567  
**Website:** <http://www.eyenet.org>

AAO is an association of doctors specializing in eye diseases. The Academy's Eye Care America helpline provides information and publications and connects eligible older people with ophthalmologists who provide free eye care in their community. US citizens qualify for free care at age 65 if they have no health insurance and have not seen an eye doctor for at least 3 years.

**American Academy of Orthopaedic Surgeons (AAOS)**  
**6300 North River Road**  
**Rosemont, IL 60018-4262**

**Phone:** 847-823-7186  
**Fax:** 847-823-8125  
**Website:** <http://www.aaos.org>

AAOS is a nonprofit organization of doctors specializing in bones, joints, muscles, ligaments,

and tendons. Contact AAOS for information on orthopaedic medicine including arthritis, osteoporosis, artificial joints, and prevention of hip fractures. Publications on orthopaedic medicine, many specifically for older people, are available.

**American Academy of Otolaryngology–Head and Neck Surgery, Inc. (AAO)**  
**1 Prince Street**  
**Alexandria, VA 22314**

**Phone:** 703-836-4444  
**TTY:** 703-519-1585  
**Fax:** 703-683-5100  
**Email:** [webmaster@entnet.org](mailto:webmaster@entnet.org)  
**Website:** <http://www.entnet.org>

The Academy is an organization of doctors specializing in ear, nose, and throat problems and diseases of the head and neck. Contact AAO for referrals to specialists and publications on topics such as cosmetic facial surgery, head and neck tumors, treatments for certain types of hearing loss, and balance disorders.

**American Academy of Physical Medicine and Rehabilitation (AAPMR)**  
**One IBM Plaza, Suite 2500**  
**Chicago, IL 60611-3604**

**Phone:** 312-464-9700  
**Fax:** 312-464-0227  
**Email:** [info@aapmr.org](mailto:info@aapmr.org)  
**Website:** <http://www.aapmr.org>

The Academy is a professional organization of physicians who treat people with disabilities. Contact AAPMR for referrals to physiatrists or for information and publications about rehabilitation medicine.

**American Association for Geriatric Psychiatry (AAGP)**  
7910 Woodmont Avenue, Suite 1050  
Bethesda, MD 20814-3004

**Phone:** 301-654-7850  
**Fax:** 301-654-4137  
**Email:** [main@aagponline.org](mailto:main@aagponline.org)  
**Website:** <http://www.aagponline.org>

The Association works to improve the mental health and well-being of older people. Contact AAGP for information on geriatric psychiatry and to receive referrals to specialists. Available publications include *Growing Older*, *Growing Wiser: Coping with Expectations, Challenges and Changes in Later Years*, and brochures on topics such as Alzheimer's disease, depression, and the role of the geriatric psychiatrist. Some consumer publications are free.

**American Association for Marriage and Family Therapy (AAMFT)**  
1133 15th Street, NW, Suite 300  
Washington, DC 20005

**Phone:** 202-452-0109  
**Fax:** 202-223-2329  
**Email:** [memberservices@aamft.org](mailto:memberservices@aamft.org)  
**Website:** <http://www.aamft.org>

AAMFT is a professional association of qualified marriage and family therapists. The Association provides referrals to marriage and family therapists and offers publications on topics including divorce, depression, and sexual problems.

**American Association of Cardiovascular and Pulmonary Rehabilitation (AACVPR)**  
7600 Terrace Avenue, Suite 203  
Middleton, WI 53562-3174

**Phone:** 608-831-6989  
**Fax:** 608-831-5122  
**Email:** [aacvpr@tmahq.com](mailto:aacvpr@tmahq.com)  
**Website:** <http://www.aacvpr.org>

AACVPR is an organization of certified heart, lung, and blood specialists that provides information on diagnosis, treatment, and disease prevention. Information and publications are available on consumer guidelines for cardiac rehabilitation and purchasing fitness equipment. Visit the website for a free brochure.

**American Association of Critical-Care Nurses (AACN)**  
101 Columbia  
Aliso Viejo, CA 92656-4109

**Phone:** 1-800-899-AACN (899-2226) (toll-free)  
949-362-2050  
**Fax:** 949-362-2020  
**Email:** [info@aacn.org](mailto:info@aacn.org)  
**Website:** <http://www.aacn.org>

AACN is a nonprofit professional association dedicated to meeting the needs of its members who care for acutely and critically ill patients and their families. The Association provides practice and educational resources as well as professional support for its members. Contact AACN for publications and audiovisual materials on critical care.

**American Association of Homes and Services for the Aging (AAHSA)**  
2519 Connecticut Avenue, NW  
Washington, DC 20008-1520

**Phone:** 202-783-2242  
**Fax:** 202-783-2255  
**Email:** [inform@aahsa.org](mailto:inform@aahsa.org)  
**Website:** <http://www.aahsa.org>

AAHSA is a national, nonprofit organization providing older people with services and information on housing, health care, and community involvement. Visit the AAHSA website for information for seniors and caregivers.

**American Association of Retired Persons (AARP)**  
601 E Street, NW  
Washington, DC 20049

**Phone:** 1-800-424-3410 (toll-free)  
202-434-2277  
**Fax:** 202-434-6973  
**Website:** <http://www.aarp.org>

AARP is a nonprofit organization that advocates for older Americans' health, rights, and life choices. Local chapters provide information and services on crime prevention, consumer protection, and income tax preparation. Members can join group health, auto, life, and home insurance programs, investment plans, or a discount mail-order pharmacy service. The AgeLine database, available on CD-ROM, contains extensive resources on issues of concern to older people. Publications are available on housing, health, exercise, retirement planning, money management, leisure, and travel.

**American Bar Association  
Commission on the Legal Problems  
of the Elderly**  
740 15th Street, NW  
Washington, DC 20005-1022

**Phone:** 202-662-8690  
**Fax:** 202-662-8698  
**Email:** [abaelderly@abanet.org](mailto:abaelderly@abanet.org)  
**Website:** <http://www.abanet.org/elderly>

The Commission examines and responds to law-related needs of older people. It makes referrals and maintains a listing of legal aid offices where older people can get free or low-cost legal assistance. The Commission's website lists available publications and videos.

**American Brain Tumor Association (ABTA)**  
2720 River Road, Suite 146  
Des Plaines, IL 60018

**Phone:** 1-800-886-2282 (toll-free) (Patient Line)  
847-827-9910  
**Fax:** 847-827-9918  
**Email:** [info@abta.org](mailto:info@abta.org)  
**Website:** <http://www.abta.org>

ABTA is a nonprofit organization, offering free social work consultations, a nationwide database of established support groups, mentorship for people who want to start a support group, a resource listing of specialist physicians, and referrals to organizations providing services for brain tumor patients. Publications on brain tumors, treatment, and coping with disease are available.

**American Cancer Society (ACS)**  
1599 Clifton Road, NE  
Atlanta, GA 30329

**Phone:** 1-800-ACS-2345 (227-2345) (toll-free)  
404-320-3333  
**Fax:** 404-329-5787  
**Website:** <http://www.cancer.org>

ACS is a national, community-based volunteer health organization, providing information on cancer and its prevention. The Society sponsors a variety of programs such as Man to Man (education and support for men with prostate cancer) and workshops such as Taking Charge of Money Matters which addresses financial concerns arising from cancer treatment. Local ACS offices sponsor services for cancer patients and their families, including self-help groups, transportation programs, and limited financial aid. Contact the ACS for free publications. Spanish language resources are available.

**American Chiropractic Association (ACA)**  
1701 Clarendon Boulevard  
Arlington, VA 22209

**Phone:** 1-800-986-4636 (toll-free)  
703-276-8800  
**Fax:** 703-243-2593  
**Email:** [memberinfo@amerchiro.org](mailto:memberinfo@amerchiro.org)  
**Website:** <http://www.amerchiro.org>

ACA is a professional organization of chiropractors. It offers educational programs on spinal problems, posture, physical fitness, and occupational safety. Contact the ACA to buy publications and materials on spinal health and safety. Visit the website to find a chiropractor.

**American College of Obstetricians  
and Gynecologists (ACOG)**  
409 12th Street, SW  
PO Box 96920  
Washington, DC 20090-6920

**Phone:** 202-863-2518  
(resource center)  
**Website:** <http://www.acog.org>

ACOG is a professional society of doctors specializing in women's health care. Contact ACOG for referrals. For free pamphlets on osteoporosis, menopause, and hormone replacement therapy send a self-addressed, stamped envelope.

**American College of Physicians–American  
Society of Internal Medicine (ACP-ASIM)**  
190 North Independence Mall West  
Philadelphia, PA 19106-1572

**Phone:** 1-800-523-1546 (toll-free)  
215-351-2400  
**Fax:** 215-351-2829  
**Email:** [interpub@mail.acponline.org](mailto:interpub@mail.acponline.org)  
**Website:** <http://www.acponline.org>

ACP-ASIM is the nation's largest medical specialty society. Members of ACP-ASIM specialize in a variety of areas such as internal medicine, cardiology, infectious diseases, rheumatology, gastroenterology, and oncology. Contact the ACP-ASIM for referrals. ACP-ASIM produces *Healthscope*, a film series on public health.

**American College of Sports Medicine (ACSM)  
PO Box 1440  
Indianapolis, IN 46206**

**Phone:** 317-637-9200  
**Fax:** 317-634-7817  
**Website:** <http://www.acsm.org>

ACSM is a scientific and medical association of health professionals interested in exercise. It offers training and certification. ACSM's Active Aging Partnership focuses on education, research, and improving practice for those committed to working with older adults. For free information on exercise for older people, send a self-addressed, stamped envelope.

**American College of Surgeons (ACS)  
633 North St. Clair Street  
Chicago, IL 60611-3211**

**Phone:** 312-202-5000  
**Fax:** 312-202-5001  
**Website:** <http://www.facs.org>

ACS is a national organization offering educational materials and information about qualified surgeons and surgical treatments for many illnesses and injuries. Contact ACS to locate board-certified surgeons. Public education materials are available on frequently performed types of surgery.

**American Council of the Blind (ACB)  
1155 15th Street, NW, Suite 1004  
Washington, DC 20005**

**Phone:** 1-800-424-8666 (toll-free)  
202-467-5081  
**Fax:** 202-467-5085  
**Email:** [info@acb.org](mailto:info@acb.org)  
**Website:** <http://www.acb.org>

ACB is a national organization that advocates for blind and visually impaired people. It provides

educational programs, health care services, information about Social Security benefits for visually impaired people, vocational training, and other health and social services. Toll-free information, referrals, and free educational materials are available.

**American Counseling Association (ACA)  
5999 Stevenson Avenue  
Alexandria, VA 22304**

**Phone:** 1-800-347-6647 ext. 222 (toll-free)  
703-823-9800  
**Fax:** 703-823-0252  
**Website:** <http://www.counseling.org>

ACA offers information to older people on adult psychological development and aging. A catalog of publications and videos is available.

**American Dental Association (ADA)  
211 East Chicago Avenue  
Chicago, IL 60611**

**Phone:** 312-440-2593  
312-440-2500  
**Fax:** 312-440-2800  
**Website:** <http://www.ada.org>

ADA is a professional organization that conducts dental research and evaluates findings from dental science for the public. State and local ADA chapters provide referrals to dentists. Publications are available on subjects such as tooth decay, dentures, smoking, diet, and mouth care. Online publications cover topics such as gum disease, finding a dentist, and resolving disputes over treatment.

**American Diabetes Association (ADA)**  
1701 North Beauregard Street  
Arlington, VA 22311

**Phone:** 1-800-DIABETES (342-2383) (toll-free)  
703-549-1500  
**Website:** <http://www.diabetes.org>

ADA provides information and educational materials on preventing, treating, and living with diabetes. The Association has specific outreach programs for minority communities including the Diabetes Assistance and Resources Program, providing information in English and Spanish to the Hispanic community, the African American Program, and Awakening the Spirit, which disseminates diabetes messages to the Native American community. Local ADA chapters offer support and referrals to community agencies and services.

**American Dietetic Association (ADA)**  
216 West Jackson Boulevard  
Chicago, IL 60606-6995

**Phone:** 1-800-366-1655 (toll-free)  
(Consumer Nutrition Hotline)  
312-899-0040  
**Fax:** 312-899-4899  
**Website:** <http://www.eatright.org>

ADA is a professional society of registered dietitians and other dietetic professionals who provide nutrition information, education, counseling, and care. One of ADA's professional practice groups focuses on the special needs of older people and offers nutrition counseling and indirect assistance through State and local meal programs. Call ADA to locate a registered dietitian.

**American Federation for Aging  
Research (AFAR)**  
1414 Sixth Avenue, 18th Floor  
New York, NY 10019

**Phone:** 212-752-2327  
**Fax:** 212-832-2298  
**Email:** [amfedaging@aol.com](mailto:amfedaging@aol.com)  
**Website:** [www.afar.org](http://www.afar.org)  
[www.infoaging.org](http://www.infoaging.org)

AFAR is a nonprofit organization dedicated to supporting basic aging research. AFAR funds a wide variety of cutting-edge research on the aging process and age-related diseases. Visit the website for a list of free publications.

**American Foundation for the Blind (AFB)**  
11 Penn Plaza, Suite 300  
New York, NY 10001

**Phone:** 1-800-AFB-LINE (232-5463) (toll-free)  
**TTY:** 212-502-7662  
**Fax:** 212-502-7777  
**Email:** [afbinfo@afb.net](mailto:afbinfo@afb.net)  
**Website:** <http://www.afb.org>

A national, nonprofit organization, AFB provides services and support for people who are blind or visually impaired. AFB's Technology Information Bank supports the Talking Books program and provides information and mentoring on technology assistance for people who are blind. Books, pamphlets, videos, and periodicals about blindness are available.

**American Foundation for Urologic Diseases (AFUD)**  
1128 North Charles Street  
Baltimore, MD 21201

**Phone:** 410-468-1800  
**Fax:** 410-468-1808  
**Email:** admin@afud.org  
**Website:** <http://www.afud.org>  
<http://www.prostatehealth.com>

The Foundation works toward the prevention and cure of urologic disease in part by keeping patients, family members, and friends informed about these disorders, treatment options, and recent research findings. AFUD operates six national health education councils that distribute patient education materials on a variety of urologic topics. A specific website addresses prostate health. Online publications are free; publications are available by mail for a fee.

**American Geriatrics Society (AGS)**  
350 Fifth Avenue  
New York, NY 10118

**Phone:** 212-308-1414  
**Fax:** 212-832-8646  
**Email:** info.amger@americangeriatrics.org  
**Website:** <http://www.americangeriatrics.org>

AGS is a nonprofit organization of physicians and health care professionals supporting the study of geriatrics. Contact AGS for information on geriatrics, long-term care, acute and chronic illnesses, rehabilitation, and nursing home care. Publications include the *AGS Complete Guide to Aging and Health* and the *AGS Medical Reference Guide*.

**American Health Assistance Foundation (AHAF)**  
15825 Shady Grove Road, Suite 140  
Rockville, MD 20850

**Phone:** 1-800-437-AHAF (437-2423)  
(toll-free)  
301-948-3244  
**Fax:** 301-258-9454  
**Website:** <http://www.ahaf.org>

AHAF provides information and supports research on age-related illnesses. The Foundation supports three research programs: Alzheimer's Disease (AD) Research (along with the Alzheimer's Family Relief Program) offers emergency grants of up to \$500 to AD patients in need and their caregivers, National Glaucoma Research, and the National Heart Foundation. Contact AHAF for free publications on AD, glaucoma, heart disease, and stroke.

**American Health Care Association (AHCA)**  
1201 L Street, NW  
Washington, DC 20005

**Phone:** 202-842-4444  
**Fax:** 202-842-3860  
**Website:** <http://www.ahca.org>

AHCA is an organization representing the interests of nursing homes, assisted living centers, and subacute care facilities. Publications are available about nursing homes, guardianship, assisted living, financing, and long-term care services.

**American Health Foundation (AHF)**  
1 Dana Road  
Valhalla, NY 10595

**Phone:** 914-592-2600  
**Fax:** 914-592-6317  
**Website:** <http://www.ahf.org>

AHF is a nonprofit organization conducting research on cancer; preventive medicine; and the effects of lifestyle, environment, and nutrition on health. Contact AHF for information and publications on healthy living, heart disease, cancer, and high cholesterol.

**American Heart Association (AHA)**  
7272 Greenville Avenue  
Dallas, TX 75231

**Phone:** 1-800-AHA-USA1 (242-8721) (toll-free)  
1-888-4-STROKE (478-7653) (toll-free)  
**Fax:** 214-706-2139  
**Website:** <http://www.americanheart.org>

AHA is a nonprofit organization funding research and providing information on the diagnosis, treatment, and prevention of heart diseases and stroke. Contact AHA for its cookbooks, guide to heart attack treatment, and guide to fitness.

**American Horticultural Therapy Association (AHTA)**  
National Office  
909 York Street  
Denver, CO 80206

**Phone:** 720-865-3616  
**Fax:** 720-865-3728  
**Email:** [ahta@ahta.org](mailto:ahta@ahta.org)  
**Website:** <http://www.ahta.org>

AHTA is a nonprofit, membership organization that promotes and advances horticultural therapy

as a therapeutic intervention and rehabilitation option. The Association provides information related to the principles and practices of horticultural therapy.

**American Hospital Association (AHA)**  
One North Franklin  
Chicago, IL 60606

**Phone:** 312-422-3000  
**Fax:** 312-422-4796  
**Website:** <http://www.aha.org>

AHA is a national nonprofit association representing all types of hospitals and health care networks, as well as patients and families. AHA provides education for health care leaders and information on health care issues and trends.

**American Lung Association (ALA)**  
1740 Broadway  
New York, NY 10019-4374

**Phone:** 1-800-LUNG-USA (586-4872) (toll-free)  
212-315-8700  
**Fax:** 212-265-5642  
**Email:** [info@lungusa.org](mailto:info@lungusa.org)  
**Website:** <http://www.lungusa.org>

ALA is dedicated to the prevention, cure, and control of lung diseases such as asthma, emphysema, tuberculosis, and lung cancer. The Association offers community service, public health education, advocacy, and research.

**American Medical Association (AMA)**  
515 North State Street  
Chicago, IL 60610

**Phone:** 1-800-621-8335 (toll-free)  
312-464-5000  
**Fax:** 312-464-5600  
**Website:** <http://www.ama-assn.org>

AMA is an organization of licensed doctors that distributes scientific information on health and sets standards on medical law and practice. Local AMA associations can provide referrals to qualified doctors. AMA publishes the *Journal of the American Medical Association*, other subscription medical journals, and books for sale, including an encyclopedia of medicine.

**American Medical Directors Association (AMDA)**  
10480 Little Patuxent Parkway, Suite 760  
Columbia, MD 21044

**Phone:** 1-800-876-2632  
410-740-9743  
**Fax:** 410-740-4572  
**Email:** [webmaster@amda.com](mailto:webmaster@amda.com)  
**Website:** <http://www.amda.com>

AMDA is a national professional association representing doctors who care for older people in a variety of long-term care settings, including nursing facilities, hospice, home care, continuing care retirement communities, and assisted living. The Association provides education, advocacy, information, and professional development for long-term care professionals. AMDA has information on health care policy, regulations, and clinical practice guidelines.

**American Menopause Foundation (AMF)**  
350 Fifth Avenue, Suite 2822  
New York, NY 10118

**Phone:** 212-714-2398  
**Fax:** 212-714-1252  
**Email:** [menopause@earthlink.org](mailto:menopause@earthlink.org)  
**Website:** <http://www.americanmenopause.org>

The Foundation is a nonprofit health organization providing support and assistance on all issues concerning menopause. AMF has information on scientific research and coordinates a network of volunteer support groups for women.

**American Music Therapy Association (AMTA)**  
8455 Colesville Road, Suite 1000  
Silver Spring, MD 20910

**Phone:** 301-589-3300  
**Fax:** 301-589-5175  
**Email:** [info@musictherapy.org](mailto:info@musictherapy.org)  
**Website:** <http://www.musictherapy.org>

AMTA is a nonprofit organization that advocates, promotes, and provides resources and information on the uses and benefits of music therapy. Contact AMTA for referrals as well as for publications and audiovisual materials.

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## Did You Know?

*MEDLINEplus is a goldmine of up-to-date, quality health care information from the world's largest medical library, the National Library of Medicine. The service provides extensive information about specific diseases and conditions. Visit the website at <http://www.nlm.nih.gov/medlineplus/>*

**American Nurses Association (ANA)**  
600 Maryland Avenue, SW, Suite 100W  
Washington, DC 20024-2571

**Phone:** 1-800-274-4262 (toll-free)  
202-554-4444  
**Fax:** 202-651-7001  
**Email:** via Website  
**Website:** <http://www.nursingworld.org>

ANA, a national association of registered nurses, serves as an advocate for nursing practitioners as well as sponsors research and continuing education. Contact the Association for *Facts About Nursing* and other publications. ANA sets standards for the practice of gerontological nursing.

**American Occupational Therapy Association, Inc. (AOTA)**  
4720 Montgomery Lane  
PO Box 31220  
Bethesda, MD 20824-1220

**Phone:** 1-800-729-2682 (toll-free)  
(Association members)  
301-652-2682  
**TTY:** 1-800-377-8555 (toll-free)  
**Fax:** 301-652-7711  
**Website:** <http://www.aota.org>

AOTA offers information on the role of occupational therapy in promoting functional independence, preventing disability, and maintaining health. Contact AOTA for referrals to local practitioners and therapy programs. The Association publishes two periodicals, *OT Practice* and the *American Journal of Occupational Therapy*, as well as many books for educators.

**American Optometric Association (AOA)**  
243 North Lindbergh Boulevard  
St. Louis, MO 63141

**Phone:** 1-800-365-2219 (toll-free)  
314-991-4100  
**Fax:** 314-991-4101  
**Website:** <http://www.aoanet.org>

AOA, a national organization of optometrists, evaluates ophthalmic products and sponsors continuing education programs. It offers VISION USA, a free eye-care program for uninsured or low-income older people and their families. Contact AOA for referrals to certified optometrists and for publications such as *Driving Tips for Older Adults*, *Contact Lenses After 40*, and fact sheets on floaters, macular degeneration, and glaucoma.

**American Osteopathic Association**  
142 East Ontario Street  
Chicago, IL 60611

**Phone:** 1-800-621-1773 (toll-free)  
**Fax:** 312-202-8200  
**Email:** [info@aoa-net.org](mailto:info@aoa-net.org)  
**Website:** <http://www.aoa-net.org>

The American Osteopathic Association represents osteopathic physicians (D.O.'s, doctors of osteopathic medicine), promotes public health, encourages scientific research, and is the accrediting agency for all osteopathic medical schools and health care facilities.

**American Parkinson's Disease Association  
(APDA)**

**1250 Hylan Boulevard, Suite 4B  
Staten Island, NY 10305**

**Phone:** 1-800-223-2732 (toll-free)  
**Fax:** 718-981-4399  
**Email:** [info@apdaparkinson.org](mailto:info@apdaparkinson.org)  
**Website:** <http://www.apdaparkinson.org>

A nonprofit organization, APDA funds research to find a cure for Parkinson's disease. APDA's toll-free line refers callers to local chapters for information on community services, specialists, and treatments. Publications and educational materials are available on Parkinson's disease, speech therapy, exercise, diet, and aids for daily living.

**American Pharmaceutical Association (APhA)  
2215 Constitution Avenue, NW  
Washington, DC 20037-2985**

**Phone:** 1-800-237-2742 (toll-free)  
202-628-4410  
**Fax:** 202-783-2351  
**Email:** [webmaster@mail.aphanet.org](mailto:webmaster@mail.aphanet.org)  
**Website:** <http://www.aphanet.org>  
<http://www.pharmacyandyou.org>  
(consumer information site)

APhA is the national society of licensed pharmacists providing public health information and referrals to resources on medicine and public policy. Available publications include *Managing Medicines As You Grow Older*, *National Medical Awareness Test*, and *Self-Medication Awareness Test*.

**American Physical Therapy Association  
(APTA)**

**1111 North Fairfax Street  
Alexandria, VA 22314**

**Phone:** 1-800-999-2782, ext. 3395 (toll-free)  
703-684-2782  
**Fax:** 703-706-8578  
**Website:** <http://www.apta.org>

APTA is an organization of physical therapists providing referrals to APTA geriatric-certified therapists and information on debilitating ailments like arthritis, stroke, scoliosis, and sudden onset of illness. APTA's Section on Geriatrics offers publications on topics such as osteoporosis; incontinence; neck pain; carpal tunnel syndrome; hip, knee, or shoulder care; and what physical therapists can offer older adults.

**American Podiatric Medical  
Association (APMA)  
9312 Old Georgetown Road  
Bethesda, MD 20814**

**Phone:** 1-800-FOOT-CARE (366-8227)  
(toll-free)  
301-571-9200  
**Fax:** 301-530-2752  
**Email:** [askapma@apma.org](mailto:askapma@apma.org)  
**Website:** <http://www.apma.org>

APMA is an association of podiatrists providing services and information on foot problems and foot health. Contact APMA for information on local chapters and referrals to certified podiatrists. Publications on proper foot care and effects of arthritis and diabetes on feet are available.

**American Psychiatric Association (APA)**  
1400 K Street, NW  
Washington, DC 20005

**Phone:** 202-682-6000  
**Fax:** 202-682-6850  
**Email:** [apa@psych.org](mailto:apa@psych.org)  
**Website:** <http://www.psych.org>

APA is an association of psychiatrists, physicians specializing in diagnosing and treating people with mental and emotional disorders. Its Council on Aging establishes standards for psychiatric care of older people. Contact the APA for information on elder care issues, including medication use by older people, treatment of Alzheimer's disease, and nursing homes. Contact APA for referrals to local psychiatrists.

**American Psychological Association (APA)**  
750 First Street, NE  
Washington, DC 20002-4242

**Phone:** 1-800-374-2721 (toll-free)  
202-336-5500  
**Email:** [webmaster@apa.org](mailto:webmaster@apa.org)  
**Website:** <http://www.apa.org>

APA is a professional society of psychologists that provides assistance and information on mental, emotional, and behavioral disorders. Contact the APA for a list of State chapters, information on the psychosocial aspects of aging, and referrals to APA- member psychologists. The APA's section on older people produces publications on topics such as dementia and dementia research. Publications include a quarterly subscription magazine, *Psychology and Aging*

**American Red Cross**  
430 17th Street, NW  
Washington, DC 20006

**Phone:** 1-800-HELP-NOW (435-7669) (toll-free)  
(donations only)  
202-639-3269  
**Fax:** 202-639-3520  
**Email:** [info@usa.redcross.org](mailto:info@usa.redcross.org)  
**Website:** <http://www.redcross.org>

The Red Cross offers health information programs, health services, blood donation services, disaster relief, and emergency services to the public and the Armed Forces. Local chapters provide programs for older people, including retirement planning, crime prevention instruction, safety courses, health screening clinics, and home nurse care instruction. Publications about programs, information, and services are available.

**American Society on Aging (ASA)**  
833 Market Street, Suite 511  
San Francisco, CA 94103

**Phone:** 1-800-537-9728 (toll-free)  
415-974-9600  
**Fax:** 415-974-0300  
**Email:** [info@asaging.org](mailto:info@asaging.org)  
**Website:** <http://www.asaging.org>

ASA is a nonprofit organization providing information about medical and social practice, research, and policy pertinent to the health of older people. Membership and subscriptions to *Generations*, a quarterly journal, and *Aging Today*, the Society's bimonthly news magazine, are available to the public. A catalog of books for sale and other educational materials is available on the website.

**American Speech-Language-Hearing Association (ASHA)**  
10801 Rockville Pike  
Rockville, MD 20852

**Phone:** 1-800-498-2071 (toll-free)  
(ASHA Action Center)  
1-800-638-8255 (toll-free)  
**TTY:** 1-800-638-8255 (toll-free)  
301-897-0157  
**Fax:** 877-541-5035  
**Email:** actioncenter@asha.org  
**Website:** <http://www.asha.org>

ASHA represents the interests of medical specialists in speech, language, and hearing science and advocates for people with communication-related disorders. Contact ASHA's toll-free telephone line for information on speech-language legislation, communication disorders, or referrals to specialists. ASHA produces publications and fact sheets on topics such as communication disorders and hearing aids.

**American Stroke Association (ASA)**  
c/o American Heart Association  
7272 Greenville Avenue  
Dallas, TX 75231

**Phone:** 1-888-4STROKE (478-7653)  
(toll-free)  
**Fax:** 214-706-5231  
**Email:** strokeassociation@heart.org  
**Website:** <http://www.strokeassociation.org>

ASA, a division of the American Heart Association, provides the Stroke Family Warmline, a toll-free information and referral service offering lists of certified doctors who are stroke specialists and volunteer stroke survivors or family members. Callers receive support and can request free information. ASA publishes *Stroke Connection*, a priced subscription magazine for survivors and families.

**American Tinnitus Association (ATA)**  
PO Box 5  
Portland, OR 97207

**Phone:** 1-800-634-8978 (toll-free)  
503-248-9985  
**Fax:** 503-248-0024  
**Email:** tinnitus@ata.org  
**Website:** <http://www.ata.org>

ATA is a volunteer organization supporting research and providing information on tinnitus, a constant buzzing or ringing in the ears or head. ATA sponsors self-help groups nationwide each offering information, assistance, and referrals to community services and tinnitus specialists.

**Arthritis Foundation (AF)**  
National Office  
1330 West Peachtree Street  
Atlanta, GA 30309

**Phone:** 1-800-283-7800 (toll-free)  
404-965-7537  
**Fax:** 404-872-0457  
**Email:** help@arthritis.org  
**Website:** <http://www.arthritis.org>

AF is a nonprofit, volunteer organization focusing on research and information to cure, prevent, or better treat arthritis and related diseases. Contact AF for information on arthritis, related diseases (such as lupus erythematosus and rheumatism), and referrals to local chapters, specialists, or support groups. Publications and videos are available on topics such as self-help and exercise therapy.

**Assisted Living Federation of America (ALFA)**  
11200 Waples Mill Road, Suite 150  
Fairfax, VA 22030

**Phone:** 703-691-8100  
**Fax:** 703-691-8106  
**Website:** <http://www.alfa.org>

ALFA represents for-profit and nonprofit providers of assisted living, continuing care retirement communities, independent living, and other forms of housing and services. The Federation works to advance the assisted living industry and enhance the quality of life for consumers.

**Association for Gerontology in Higher Education (AGHE)**  
1030 15th Street, NW, Suite 240  
Washington, DC 20005-1503

**Phone:** 202-289-9806  
**Fax:** 202-289-9824  
**Email:** [aghetemp@aghe.org](mailto:aghetemp@aghe.org)  
**Website:** [www.aghe.org](http://www.aghe.org)

AGHE's members are organizations and institutions of higher education. Through conferences, publications, technical assistance, research studies, and consultation with policymakers, AGHE, an educational unit of the Gerontological Society of America, seeks to advance gerontology as a field of study at institutions of higher education.

**Better Hearing Institute**  
5021-B Backlick Road  
Annandale, VA 22003

**Phone:** 1-800-EAR-WELL (327-9355) (toll-free)  
(Hearing Helpline)  
703-684-3391  
**Fax:** 703-684-6048  
**Email:** [mail@betterhearing.org](mailto:mail@betterhearing.org)  
**Website:** <http://www.betterhearing.org>

The Institute is a nonprofit, educational organization providing information on medical, surgical, and rehabilitation options for improving hearing loss and on hearing aids. Contact the Institute's Hearing Helpline for facts on hearing loss and a list of publications.

**Better Vision Institute (BVI)**  
1655 North Fort Myer Drive  
Arlington, VA 22209

**Phone:** 1-800-424-8422 (toll-free)  
703-243-1508  
**Fax:** 703-243-1537  
**Website:** <http://www.visionsite.org>

BVI provides news and information on vision health and care. Contact the Institute for facts on the detection, treatment, and prevention of eye diseases. Publications include fact sheets on cataracts, nutrition, care of eyeglasses, diabetes, and vision care.

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## Did You Know?

*CHID (Combined Health Information Database), is a cooperative effort among several Federal Government agencies. Use it to find consumer information and educational resources on a wide variety of health-related topics. Check out CHID online at <http://www.chid.nih.gov/>.*

**Beverly Foundation**  
44 South Mentor Avenue  
Pasadena, CA 91106

**Phone:** 626-792-2292  
**Fax:** 626-792-6117  
**Email:** bf3@ix.netcom.com  
**Website:** <http://www.beverlyfoundation.org>

The Foundation focuses on mobility and transportation for older people within the community, service delivery within home and institutional settings, and overall life enrichment. It engages in research and education projects and provides information for professionals and caregivers.

**B'nai B'rith**  
1640 Rhode Island Avenue, NW  
Washington, DC 20036

**Phone:** 1-800-500-6533 (toll-free)  
202-857-6600  
**Fax:** 202-857-1099  
**Email:** seniors@bnaibrith.org  
**Website:** <http://www.bnaibrith.org>

B'nai B'rith is the world's oldest and largest Jewish service organization, providing community service, education, and advocacy. Its Center for Senior Housing and Services sponsors housing and travel for senior citizens. A list of publications is available.

**Brookdale Center on Aging (BCOA)**  
of Hunter College  
1114 Avenue of the Americas  
40th Floor  
New York, NY 10036

**Phone:** 646-366-1000  
**Fax:** 212-481-5069  
**Email:** info@brookdale.org  
**Website:** <http://www.brookdale.org>

BCOA sponsors a variety of programs including the Institute on Law and Rights of Older Adults which fights for grandparent rights. Other programs focus on elder care services, guardianship, caregiving, Medicare, intergenerational activities, and Alzheimer's disease. Contact BCOA about publications (some available in Spanish) including *Senior Rights Reporter*, *Benefits Checklist for Seniors*, *Help for Seniors*, and *Help for Grandparent Caregivers*, which are for sale.

**Captioned Media Program (CMP)**  
**National Association of the Deaf (NAD)**  
1447 East Main Street  
Spartanburg, SC 29307

**Phone:** 1-800-237-6213 (toll-free)  
**TTY:** 1-800-237-6819 (toll-free)  
**Fax:** 1-800-538-5636  
**Email:** info@cfv.org  
**Website:** <http://www.cfv.org>

CMP is a free video lending program funded by the Department of Education and administered by NAD. CMP provides open-captioned videos (i.e., they display English text with any TV/VCR). Videos are available for deaf or hard of hearing Americans, their parents, families, teachers, counselors, interpreters, or others. CMP has a wide variety of videos ranging from travel to classic movies; from sign language to hobbies.

**Catholic Charities USA (CCUSA)**  
1731 King Street, Suite 200  
Alexandria, VA 22314

**Phone:** 703-549-1390  
**Fax:** 703-549-1656  
**Website:** <http://www.catholiccharitiesusa.org>

CCUSA is a network of organizations offering nationwide services to older people, including counseling, homemaker and caregiver services, emergency assistance, group homes, and institutional care. CCUSA advocates for older people's Social Security benefits, employment opportunities, and housing. Publications describe Catholic Charities' programs for older people.

**Catholic Golden Age (CGA)**  
National Headquarters  
PO Box 249  
Olyphant, PA 18447

**Phone:** 1-800-836-5699 (toll-free)  
**Fax:** 570-586-7721  
**Email:** [info@catholicgoldenage.org](mailto:info@catholicgoldenage.org)  
**Website:** <http://www.catholicgoldenage.org>

CGA sponsors charitable work and helps older people meet their social, physical, economic, intellectual, and spiritual needs. Contact CGA for various group insurance plans, discounts on eyeglasses, prescription drugs, and travel. Local CGA chapters provide activities for members, including disease prevention and health promotion programs.

**Census Bureau**  
Special Populations Branch  
FB3 Room 2384  
Washington, DC 20233

**Phone:** 301-457-2378  
**Fax:** 301-457-6634  
**Website:** <http://www.census.gov>

The Census Bureau, part of the Federal Government, collects and provides timely, relevant, and quality data about the people and economy of the US. Contact the Census Bureau for age-related data and statistics about older populations in the US.

**The Center for Social Gerontology (TCSG)**  
2307 Shelby Avenue  
Ann Arbor, MI 48103

**Phone:** 734-665-1126  
**Fax:** 734-665-2071  
**Email:** [tcs@tcs.org](mailto:tcs@tcs.org)  
**Website:** <http://www.tcs.org>

TCSG is a nonprofit research, training, and social policy organization. Particular attention is focused on law and aging, tobacco use and older people, guardianship service providers, and adult guardianship. Contact the Center for information on publications, videos, training, and technical assistance.

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## Did You Know?

*The Department of Energy's website has facts about Internet hoaxes. Visit the website for the latest information on hoaxes—how to recognize them and what to do about them. Go to <http://hoaxbusters.ciac.org/>.*

**Center for the Advancement of State  
Community Services Programs (CASCSP)  
National Association of State Units  
on Aging (NASUA)  
1225 I Street, NW, Suite 725  
Washington, DC 20005**

**Phone:** 202-898-2578  
**Fax:** 202-898-2583  
**Email:** [info@nasua.org](mailto:info@nasua.org)  
**Website:** <http://www.nasua.org>

The Center, part of NASUA, provides information and support for community-based care for older people. The Center also helps State and Area Agencies on Aging design, develop, and manage these care systems and develop State policies. A list of publications and materials on long-term and community-based care is available.

**Center for the Study of Aging/International  
Association of Physical Activity, Aging  
and Sports (IAPAAS)  
706 Madison Avenue  
Albany, NY 12208-3604**

**Phone:** 518-465-6927  
**Fax:** 518-462-1339  
**Email:** [iapaas@acl.com](mailto:iapaas@acl.com)

The Center is a free-standing, nonprofit organization promoting research, education, and training in the field of aging. IAPAAS is the Center's membership division. It organizes programs on health, fitness, prevention, and aging. Contact the Center for a list of publications and information about the quarterly newsletter, *Lifelong Health and Fitness*.

**Centers for Disease Control  
and Prevention (CDC)  
1600 Clifton Road  
Atlanta, GA 30333**

**Phone:** 1-800-311-3435 (toll-free)  
404-639-3311  
**TTY:** 1-800-255-0135 (toll-free)  
**Fax:** 404-639-7392  
**Email:** [netinfo@cdc.gov](mailto:netinfo@cdc.gov)  
**Website:** <http://www.cdc.gov>

The CDC, part of the Federal Government, is the lead agency for protecting the health and safety of people at home or abroad. The CDC produces fact sheets that help people make informed decisions about their health and health care. Contact the CDC for public information, health statistics, funding opportunities, and prevention guidelines. Spanish language resources are available.

**Children of Aging Parents (CAPS)  
1609 Woodbourne Road, Suite 302A  
Levittown, PA 19057**

**Phone:** 1-800-227-7294 (toll-free)  
215-945-6900  
**Fax:** 215-945-8720  
**Website:** <http://www.caps4caregivers.org>

CAPS is a nonprofit organization that provides support services to caregivers of older people. It serves as a clearinghouse for information on elder care resources and issues, including Instant Aging workshops to help communities understand the needs of older people. Send a self-addressed, stamped envelope to receive publications on aging or information about support groups.

**Clearinghouse on Abuse and Neglect  
of the Elderly (CANE)**

**University of Delaware  
College of Human Services,  
Education and Public Policy  
Department of Consumer Studies  
Newark, DE 19716**

**Phone:** 302-831-3525  
**Fax:** 302-831-6081  
**Website:** [http://www.elderabusecenter.org/  
clearing/index.html](http://www.elderabusecenter.org/clearing/index.html)

CANE, funded by the Administration on Aging, is a database of elder abuse materials and resources operated by the University of Delaware's National Center on Elder Abuse (NCEA). CANE staff will conduct customized information searches and provide resources and referrals to elder abuse support groups. *NCEA Exchange*, CANE's newsletter, is available free.

**Community Transportation Association  
of America (CTAA)**

**1341 G Street, NW, 10th Floor  
Washington, DC 20005**

**Phone:** 202-628-1480  
**Fax:** 202-737-9197  
**Website:** <http://www.ctaa.org>

CTAA is a national association committed to removing barriers to isolation and improving mobility for all people. It offers educational programs and advocates making community transportation available, affordable, and accessible. CTAA provides information on transportation in medical emergencies and van conversions.

**Continuing Care Accreditation  
Commission (CCAC)**

**2519 Connecticut Avenue, NW  
Washington, DC 20008-1520**

**Phone:** 202-508-9459  
**Fax:** 202-220-0022  
**Email:** [afinnega@ccaonline.org](mailto:afinnega@ccaonline.org)  
**Website:** <http://www.ccaonline.org>

CCAC helps consumers identify quality retirement options. CCAC also accredits aging services that meet or exceed industry-generated standards of excellence in three areas: governance and administration; financial resources and disclosure; and resident life, health, and wellness.

**Corporation for National Service (CNS)**

**1201 New York Avenue, NW  
Washington, DC 20525**

**Phone:** 1-800-424-8867 (toll-free)  
202-606-5000  
**TTY:** 1-800-833-3722 (toll-free)  
**Fax:** 202-565-2794  
**Email:** [acinfo@infosystec.com](mailto:acinfo@infosystec.com)  
**Website:** <http://www.nationalservice.org>

CNS oversees volunteer community enhancement programs including: the National Senior Services Corps (a network of Federally-supported programs helping older people get involved in community service); the Foster Grandparent Program (encouraging older people to work with children with special needs); and the Senior Companion Program (volunteers assisting older people with special needs in hospitals, social service agencies, or home health care agencies). Contact CNS for pamphlets, brochures, fact sheets, and program handbooks.

**Council of Better Business Bureaus (CBBB)**  
4200 Wilson Boulevard, Suite 800  
Arlington, VA 22203

**Phone:** 703-276-0100  
**Fax:** 703-525-8277  
**Website:** <http://www.bbb.org>

CBBB is a national organization promoting ethical practices between business and the public. Local BBBs can offer consumers help resolving complaints against companies. Publications include the *Tips On* series and booklets with advice on how to make wise buying decisions on a broad range of products and services.

**The Dana Alliance for Brain Initiatives**  
745 Fifth Avenue, Suite 700  
New York, NY 10151

**Phone:** 212-223-4040  
**Fax:** 212-593-7623  
**Email:** [dabiinfo@danany.dana.org](mailto:dabiinfo@danany.dana.org)  
**Website:** <http://www.dana.org>

The Dana Alliance promotes public education about brain research. The Alliance links the public, press, and policymakers with experts and resources in the field of neuroscience. It also hosts conferences on the brain and brain diseases. Contact the Dana Alliance for publications on brain research and diagnosis and treatment of brain disorders.

**Delta Society**  
289 Perimeter Road East  
Renton, WA 98055-1329

**Phone:** 425-226-7357  
**Fax:** 425-235-1076  
**Email:** [info@deltasociety.org](mailto:info@deltasociety.org)  
**Website:** <http://www.deltasociety.org>

The Delta Society is a national, nonprofit organization whose mission is improving human health through service and therapy animals. Its program Pet Partners brings volunteers and their pets to nursing homes, hospitals, and schools. The Society website has information and resources about the human-animal-health connection.

**Department of Justice (DOJ)**  
950 Pennsylvania Avenue, NW  
Washington, DC 20530-0001

**Phone:** 202-514-2000  
**TTY:** 202-514-0716  
**Email:** [ASKDOJ@usdoj.gov](mailto:ASKDOJ@usdoj.gov)  
**Website:** <http://www.usdoj.gov/>

DOJ, part of the Federal Government, works to protect older Americans in a variety of ways, including the Nursing Home Initiative and elder justice efforts to prosecute institutions whose wrongdoing results in harm or death for residents. DOJ prosecutes health care and consumer fraud and enforces civil rights addressing discrimination against older people. Publications and statistics on victimization of older people are available.

**Department of Labor (DOL)**  
**Office of Public Affairs**  
**Room S1032**  
**200 Constitution Avenue, NW**  
**Washington, DC 20210**

**Phone:** 202-693-4650  
**Fax:** 202-693-4674  
**Website:** <http://www.dol.gov>

DOL, part of the Federal Government, protects workers' rights. Contact DOL for information and assistance on pensions, employment, wages, discrimination, and occupational safety. The Senior Community Service Employment Program helps low-income older people through part-time employment and job training. The website includes links to information for employers, employees, and job seekers.

**Department of Transportation (DOT)**  
**National Highway Traffic Safety**  
**Administration (NHTSA) Information**  
**400 Seventh Street, SW**  
**Washington, DC 20590**

**Phone:** 1-888-327-4236 (toll-free)  
202-366-0123  
**TTY:** 1-800-424-9153 (toll-free)  
202-366-7800  
**Website:** <http://www.nhtsa.dot.gov/>

The NHTSA is responsible for reducing deaths, injuries, and economic losses resulting from car accidents. It sets standards, investigates safety defects, and conducts research on driver behavior. Contact NHTSA for information on older drivers.

**Department of Veterans Affairs (VA)**  
**Office of Public Affairs**  
**810 Vermont Avenue, NW**  
**Washington, DC 20420**

**Phone:** 1-800-827-1000 (toll-free)  
**TTY:** 1-800-829-4833 (toll-free)  
**Website:** <http://www.va.gov>

The VA, part of the Federal Government, provides benefits for eligible veterans and their families in outpatient clinics, medical centers, and nursing homes across the US. Contact the VA for information and publications on service locations and benefits, including comprehensive medical and dental care, other insurance benefits, vocational rehabilitation compensation, and pension.

**DES Action**  
**610 16th Street, Suite 301**  
**Oakland, CA 94612**

**Phone:** 1-800-DES-9288 (337-9288) (toll-free)  
510-465-4011  
**Fax:** 510-465-4815  
**Email:** [desaction@earthlink.net](mailto:desaction@earthlink.net)  
**Website:** <http://www.desaction.org>

DES Action is a nonprofit organization providing information about the risks of exposure to diethylstilbestrol (DES), a hormone prescribed for pregnant women from the 1940s through 1971 that caused health problems in mothers and their children. Contact DES Action for referrals to specialists familiar with medical complications resulting from DES use. Free publications on the risks of DES are available.

**Disabled American Veterans (DAV)  
807 Maine Avenue, SW  
Washington, DC 20024**

**Phone:** 202-554-3501  
**TTY:** 202-863-4414  
**Fax:** 202-554-3581  
**Website:** <http://www.dav.org>

DAV is a nonprofit organization representing disabled veterans and providing volunteer services and programs. DAV offers veterans job search training and help seeking their disability compensation and pension benefits. A list of free publications is available.

**Elder Craftsmen (EC)  
610 Lexington Avenue  
New York, NY 10022**

**Phone:** 212-319-8128  
**Fax:** 212-319-8141  
**Email:** [eldercraftsmen@mindspring.com](mailto:eldercraftsmen@mindspring.com)  
**Website:** <http://www.eldercraftsmen.org>

EC offers programs and services that promote the skills and creativity of older people. Training programs are available for many crafts. Intergenerational programs, community service programs, and artist-in-residence are also offered.

**Eldercare Initiative in Consumer Law (EICL)  
National Consumer Law Center, Inc. (NCLC)  
18 Tremont Street, Suite 400  
Boston, MA 02108**

**Phone:** 617-523-8010  
**Fax:** 617-523-7398  
**Email:** [aoa@nclc.org](mailto:aoa@nclc.org)  
**Website:** <http://www.consumerlaw.org>

The Initiative provides assistance on legal issues of older people. The EICL conducts regional and

national workshops focusing on aging issues, including threats to loss of shelter and financial exploitation. Contact the Initiative for publications and references.

**Eldercare Locator**

**Phone:** 1-800-677-1116 (toll-free)  
**Fax:** 202-296-8134  
**Website:** <http://www.eldercare.gov>

The Eldercare Locator is a nationwide, directory assistance service helping older people and their caregivers locate local support and resources for older Americans. It is funded by the Administration on Aging.

**Elderhostel  
11 Avenue de Lafayette  
Boston, MA 02111-1746**

**Phone:** 1-877-426-8056 (toll-free)  
617-426-7788  
**TTY:** 1-877-426-2167 (toll-free)  
**Fax:** 1-877-426-2166 (toll-free)  
**Email:** [registration@elderhostel.org](mailto:registration@elderhostel.org)  
**Website:** <http://www.elderhostel.org>

Elderhostel is a nonprofit organization providing educational travel programs to people over age 55. Their catalog, published 10 times a year, lists thousands of national and international programs.

**Elderweb**  
1305 Chadwick Drive  
Normal, IL 61761

**Phone:** 309-451-3319  
**Fax:** 866-422-8995  
**Email:** ksb@elderweb.com  
**Website:** <http://www.elderweb.com>

Elderweb is a research website for older people, professionals, and families seeking information on elder care and long-term care. Visit Elderweb for news and information on legal, financial, medical, and housing issues for older people and links to other websites.

**Environmental Protection Agency (EPA)  
Public Information Center (PIC)**  
401 M Street, SW  
Washington, DC 20460

**Phone:** 1-800-490-9198 (toll-free)  
(publications)  
202-260-5922  
**Fax:** 202-260-5153  
**Email:** [library-hq@epamail.epa.gov](mailto:library-hq@epamail.epa.gov)  
**Website:** <http://www.epa.gov>

EPA, part of the Federal Government, is responsible for controlling environmental pollution. The PIC provides non-technical information about environmental issues such as clean air, clean water, pesticides, radon, and pollution. EPA's website has links to other health and environment-related websites. The toll-free number offers printed and audiovisual information on environmental issues.

**Epilepsy Foundation**  
4351 Garden City Drive  
Landover, MD 20785

**Phone:** 1-800-332-1000 (toll-free)  
1-800-332-4050 (toll-free)  
(National Epilepsy Library)  
301-459-3700  
**Fax:** 301-577-2684  
**Email:** [postmaster@epilepsyfoundation.org](mailto:postmaster@epilepsyfoundation.org)  
**Website:** <http://www.epilepsyfoundation.org>

The Foundation is a national volunteer health organization supporting research, education, advocacy, and services for people with seizure disorders. Contact the Foundation for a list of local chapters, referrals to local specialists, support groups, travel assistance, respite care, and employment assistance. Videos and a catalog of publications are available.

**Equal Employment Opportunity  
Commission (EEOC)**  
1801 L Street, NW  
Washington, DC 20507

**Phone:** 1-800-669-3362 (toll-free)  
(publications)  
202-663-4900 (headquarters)  
**TTY:** 1-800-800-3302 (toll-free)  
(publications)  
202-663-4494 (headquarters)  
**Website:** <http://www.eeoc.gov>

The EEOC, part of the Federal Government, promotes equal opportunity in employment. It enforces the Age Discrimination in Employment Act (ADEA), conducts investigations, makes determinations, and effects reconciliations in age discrimination actions. Contact EEOC for information and referrals.

**Federal Consumer Information Center (FCIC)**  
**PO Box 100**  
**Pueblo, CO 81009**

**Phone:** 1-888-878-3256 (toll-free)  
1-800-688-9889 (toll-free)  
(National Contact Center)  
**TTY:** 1-800-326-2996 (toll-free)  
1-800-326-2996 (toll-free)  
(National Contact Center)  
**Fax:** 719-948-9724  
**Website:** <http://www.pueblo.gsa.gov/>

FCIC, part of the Federal Government, distributes a wide range of consumer-oriented publications from many Federal agencies. The Consumer Information Catalog lists more than 200 publications on topics ranging from health and housing to money management and nutrition. The National Contact Center answers questions and provides referral information on Federal programs, benefits, and services.

**Federal Trade Commission (FTC)**  
**600 Pennsylvania Avenue, NW**  
**Washington, DC 20580**

**Phone:** 1-877-FTC-HELP (382-4357) (toll-free)  
202-326-2222  
(General Information Locator)  
**TTY:** 202-326-2502  
**Email:** [webmaster@ftc.gov](mailto:webmaster@ftc.gov)  
**Website:** <http://www.ftc.gov>

FTC, part of the Federal Government, regulates trade and protects consumers from unfair and deceptive business practices. Its consumer protection programs include truth in advertising, packaging and labeling of products, product reliability, direct mail advertising, and nursing home business practices. Publications are available on refinancing a home, collecting a debt, buying a used car, and finding out credit history.

**Food and Drug Administration (FDA)**  
**HFE88**  
**5600 Fishers Lane**  
**Rockville, MD 20857**

**Phone:** 1-888-INFO-FDA (463-6332)  
(toll-free)  
1-888-723-3366 (toll-free)  
(Food Information Line)  
1-800-822-7967 (toll-free) (Vaccine  
Adverse Event Reporting System)  
1-800-838-7715 (toll-free)  
(Mammography Information Service)  
**Website:** <http://www.fda.gov>

FDA, part of the Federal Government, regulates the safety and effectiveness of food products, additives, drugs, medical devices, and cosmetics. Contact FDA for information on safe drug use and side effects, vitamins, and laws regulating medicines and foods. FDA has information on topics including cancer, health fraud, nutrition, buying medicines online, and food safety.

**Food and Nutrition Information**  
**Center (FNIC)**  
**Department of Agriculture**  
**Agricultural Research Service/National**  
**Agriculture Library**  
**10301 Baltimore Avenue, Room 304**  
**Beltsville, MD 20705-2351**

**Phone:** 301-504-5719  
**TTY:** 301-504-6856  
**Fax:** 301-504-6409  
**Email:** [fnic@nal.usda.gov](mailto:fnic@nal.usda.gov)  
**Website:** <http://www.nal.usda.gov/fnic>

FNIC, part of the Federal Government, provides information, publications, and audiovisual materials on nutrition. Resource guides on nutrition and older people, heart disease, diabetes, vegetarianism, food safety, and food labeling are available.

**Foundation for Biomedical Research (FBR)**  
818 Connecticut Avenue, NW, Suite 200  
Washington, DC 20006

**Phone:** 202-457-0654  
**Fax:** 202-457-0659  
**Email:** info@fbresearch.org  
**Website:** <http://www.fbresearch.org>

FBR is a national organization advocating the ethical use of animals in scientific and medical research. Contact the Foundation for information and publications on how animal research helps scientists understand human health and aging.

**John Douglas French Alzheimer's Foundation**  
11620 Wilshire Boulevard, Suite 270  
Los Angeles, CA 90025

**Phone:** 1-800-477-2243 (toll-free)  
310-445-4650  
**Fax:** 310-479-0516  
**Website:** <http://www.jdfaf.org>

The Foundation funds scientific research into the causes and cure for Alzheimer's disease. Contact the Foundation for the free publication *Caring for a Person with Memory Loss and Confusion*.

**Generations Online**  
108 Ralston House  
3615 Chestnut Street  
Philadelphia, PA 19104

**Phone:** 215-222-6400  
**Fax:** 215-222-6401  
**Website:** <http://www.generationsonline.com>

Generations Online is a nonprofit website offering resources for older people unfamiliar with computers or the Internet. Generations Online provides self-training software for senior centers, libraries, retirement homes, and other

locations for a one-time fee. The program is free for seniors. Its feature, Memories, links older people with school children for cultural, experiential, and personal exchanges on aging.

**Generations Together (GT)**  
University Center for Social and  
Urban Research  
University of Pittsburgh  
121 University Place, Suite 300  
Pittsburgh, PA 15260-5907

**Phone:** 412-648-7150  
**Fax:** 412-648-7446  
**Email:** sharris@pitt.edu  
**Website:** <http://www.pitt.edu/~gti/>

GT promotes mutually beneficial interaction between young and old through community outreach, education, research, and dissemination of knowledge. GT develops, supports, and studies intergenerational programs and related issues and sponsors the annual International Intergenerational Training Institute, which furthers collaboration between generations in workshops and resource development. Contact GT for a catalog of publications.

**Gerontological Society of America (GSA)**  
1030 15th Street, NW, Suite 250  
Washington, DC 20005-1503

**Phone:** 202-842-1275  
**Fax:** 202-842-1150  
**Email:** [geron@geron.org](mailto:geron@geron.org)  
**Website:** <http://www.geron.org>

GSA is a professional organization providing information, advocacy, and support for research into the study of aging. GSA has a database of information on biological and social aspects of aging, links to aging information resources, and referrals to researchers and specialists in gerontology. GSA distributes publications on a variety of aging-related topics.

**Glaucoma Research Foundation (GRF)**  
200 Pine Street, Suite 200  
San Francisco, CA 94104

**Phone:** 1-800-826-6693 (toll-free)  
415-986-3162  
**Fax:** 415-986-3763  
**Email:** info@glaucoma.org  
**Website:** <http://www.glaucoma.org>

GRF is a national, nonprofit organization providing information and advocacy for people with glaucoma. Contact GRF for information on the causes, diagnosis, treatment, and prevention of glaucoma, referrals to specialists, and coping strategies for patients. Publications include the quarterly newsletter, *Gleams*, and a glaucoma patient guide.

**Gray Panthers (GP)**  
733 15th Street, NW, Suite 437  
Washington, DC 20005

**Phone:** 1-800-280-5362 (toll-free)  
202-737-6637  
**Fax:** 202-737-1160  
**Email:** info@graypanthers.org  
**Website:** <http://www.graypanthers.org>

Gray Panthers is a national advocacy organization of activists concentrating on social and economic issues. Local chapters organize intergenerational groups to address issues including universal health care, Medicare, preserving Social Security, affordable housing, and discrimination. Contact the national office for referrals to chapters, information on issues, links to resources for older people, and a list of publications.

**Experience Works [Green Thumb, Inc. (GT)]**  
2000 North 14th Street, Suite 800  
Arlington, VA 22201

**Phone:** 703-522-7272  
**Fax:** 703-522-0141  
**Website:** <http://www.experienceworks.org/>

GT is a national, nonprofit organization helping older, low-income workers train for and find work, particularly in rural areas. GT's Senior Community Service Employment Program, funded by the Department of Labor, provides training, work experience, educational opportunities, and placement in community service jobs. The Geezer.com website has information to help seniors supplement their income, launch new businesses, and market their handcrafted goods. Contact GT for a fact sheet and list of publications.

**Health Care Financing Administration\*  
(HCFA)**  
7500 Security Boulevard  
Baltimore, MD 21244

**Phone:** 1-800-MEDICARE (633-4227) (toll-free)  
(Medicare hotline)  
410-786-3000  
**Fax:** 202-690-7675  
**Website:** <http://www.hcfa.gov>  
<http://www.medicare.gov>  
(Medicare information)

HCFA, part of the Federal Government, administers health insurance through Medicare and Medicaid. HCFA regulates hospitals, nursing homes, and home health agencies. Contact HCFA for *The Medicare Handbook* and other publications on related topics.

\* Recent name change:  
The Centers for Medicare and  
Medicaid Services

**Health Insurance Association  
of America (HIAA)**  
1201 F Street, NW, 5th Floor  
Washington, DC 20004

**Phone:** 202-824-1600  
202-824-1849  
(publications information)  
**Fax:** 202-824-1722  
**Website:** <http://www.hiaa.org>

HIAA is a trade association representing the interests of the privately-insured health care system. Contact HIAA for insurance information on health, long-term care, dental, disability, and supplemental coverage. HIAA also provides information and publications on health care issues, including continuation of group health benefits, major medical, and Medicare supplements.

**Hill-Burton Free Medical Care Program  
Health Resources and Services  
Administration (HRSA)**  
Department of Health and Human Services  
Division of Facilities Compliance  
and Recovery  
5600 Fishers Lane, Room 10C-16  
Rockville, MD 20857

**Phone:** 1-800-638-0742 (toll-free)  
1-800-492-0359 (toll-free)  
(Maryland residents)  
301-443-5656  
**Fax:** 301-443-0619  
**Email:** [webmaster@hrsa.gov](mailto:webmaster@hrsa.gov)  
**Website:** <http://www.hrsa.gov/osp/dfcr>

Hospitals and other health care facilities receive Federal funds for construction or modernization under the Hill-Burton program. In return, these facilities provide a specific amount of free or below cost health care services to eligible people. Contact the program for a list of participating facilities as well as information on eligibility.

**HIV/AIDS Treatment Information  
Service (ATIS)**  
PO Box 6303  
Rockville, MD 20849-6303

**Phone:** 1-800-HIV-0440 (448-0440) (toll-free)  
(English, Spanish, Portuguese)  
301-519-0459  
**TTY:** 1-888-480-3739 (toll-free)  
**Fax:** 301-519-6616  
**Email:** [atis@hivatis.org](mailto:atis@hivatis.org)  
**Website:** <http://www.hivatis.org>

ATIS, sponsored by the Federal Government, provides current treatment information on HIV and AIDS as well as answering HIV/AIDS-related questions. Referrals to national, State, and local organizations are provided. All information is free and confidential.

**Huntington's Disease Society  
of America (HDSA)**  
158 West 29th Street, 7th Floor  
New York, NY 10001-5300

**Phone:** 1-800-345-HDSA (4372) (toll-free)  
212-242-1968, Ext.10  
**Fax:** 212-239-3430  
**Email:** [hdsainfo@hdsa.org](mailto:hdsainfo@hdsa.org)  
**Website:** <http://www.hdsa.org>

The Society is a nonprofit organization providing information, services, and advocacy for people with Huntington's disease (HD) and their families. Contact HDSA for research information on causes, diagnosis, and treatment of HD as well as referrals to testing centers, specialists, self-help groups, and social services. Publications and audiovisual materials on HD are available.

**Hysterectomy Educational Resources and Services Foundation (HERS)**  
422 Bryn Mawr Avenue  
Bala Cynwyd, PA 19004

**Phone:** 610-667-7757  
**Fax:** 610-667-8096  
**Email:** HERSFdn@aol.com  
**Website:** <http://www.hersfoundation.com>

HERS Foundation is a nonprofit organization providing information on hysterectomy (surgical removal of the uterus) and oophorectomy (removal of the ovaries). Contact HERS for telephone counseling and support services. A lending library contains medical literature on topics such as fibroids, hyperplasia, and ovarian conditions. A list of publications is available.

**Indian Health Service (IHS)**  
Parklawn Bldg., Room 6-35  
5600 Fishers Lane  
Rockville, MD 20857

**Phone:** 301-443-3593  
**Fax:** 301-443-0507  
**Website:** <http://www.ihs.gov>

The IHS, part of the Federal Government, operates a comprehensive health service program for American Indians and Alaska Natives. Services include hospital and community-based medical care, rehabilitation, and disease prevention. The IHS strives for maximum tribal involvement in all aspects of its services.

**International Hearing Society (IHS)**  
16880 Middlebelt Road, Suite 4  
Livonia, MI 48154

**Phone:** 1-800-521-5247 (toll-free)  
(Hearing Aid Helpline)  
734-522-7200  
(outside the US and Canada)  
**Fax:** 734-522-0200  
**Website:** <http://www.hearingihs.org>

IHS is a professional organization providing assistance to consumers in locating a hearing aid specialist, support, and repair services. The Hearing Aid Helpline offers information and publications on how hearing works, types of hearing loss, and design and use of hearing instruments.

**International Essential Tremor Foundation (ITF)**  
P.O. Box 14005  
Lenexa, KS 66285-4005

**Phone:** 913-341-3880; 888-387-3667 (toll-free)  
**Fax:** 913-341-1296  
**Email:** [staff@essentialtremor.org](mailto:staff@essentialtremor.org)  
**Website:** <http://www.essentialtremor.org>

ITF is an international, nonprofit organization providing support, information on medication use and surgical treatment, research, and other resources for people diagnosed with essential tremor. Contact ITF for referrals to medical specialists, a list of support groups by State, and information on more than 20 tremor disorders. Members may write or call for background literature and answers to specific questions.

**Japanese American Citizens League (JACL)  
National Headquarters  
1765 Sutter Street  
San Francisco, CA 94115**

**Phone:** 415-921-5225  
**Fax:** 415-931-4671  
**Email:** [jacl@jacl.org](mailto:jacl@jacl.org)  
**Website:** <http://www.jacl.org>

JACL is a nonprofit educational organization fighting discrimination against Japanese Americans and their families by providing information, education, and advocacy. Contact JACL for assistance to retired people and information on programs on equal rights, racial violence, immigration, and fair employment. *Pacific Citizen*, a weekly newspaper, and other publications are available.

**Kansas Geriatric Education Center (KS-GEC)  
Center on Aging  
University of Kansas Medical Center  
3901 Rainbow Boulevard  
Kansas City, KS 66160-7177**

**Phone:** 913-588-1636  
**Fax:** 913-588-3179  
**Email:** [hcallowa@kumc.edu](mailto:hcallowa@kumc.edu)  
**Website:** <http://coa.kumc.edu/ gec>

KS-GEC provides information and support for developing community-based, long-term care for rural older people. The Center works closely with State and Area Agencies on Aging. Contact the Center for a list of publications.

**Legal Counsel for the Elderly (LCE)  
American Association of Retired  
Persons (AARP)  
601 E Street, NW  
Washington, DC 20049**

**Phone:** 202-434-2120  
**TTY:** 202-434-6562  
**Fax:** 202-434-6464  
**Website:** <http://www.aarp.org>

LCE, part of AARP, works to expand the availability of legal services to older people and to enhance the quality of those services. The National Volunteer Lawyers Project matches legal cases affecting large numbers of older people with volunteer law firms. The Senior Lawyers Project tests ways retired lawyers can provide free legal services to older people in need. The National Elderlaw Studies Program provides individual home study courses as well as a paralegal certificate from the Department of Agriculture Graduate School. Publications are available.

**Legal Services for the Elderly (LSE)  
130 West 42nd Street, 17th Floor  
New York, NY 10036**

**Phone:** 212-391-0120  
**Fax:** 212-719-1939  
**Email:** [hn4923@handsnet.org](mailto:hn4923@handsnet.org)

LSE is an advisory center for lawyers specializing in legal problems of older people. While LSE does not provide direct services to clients, staff lawyers offer advice and write memoranda and briefs to lawyers who serve older clients on issues including Medicaid, Medicare, Social Security, disability, voluntary and involuntary commitment, age discrimination, pensions, rent-increase exemptions for older people, and nursing home care. A list of publications is available.

**Leukemia and Lymphoma Society, Inc. (LLS)**  
1311 Mamaroneck Avenue  
White Plains, NY 10605

**Phone:** 1-800-955-4572 (toll-free)  
914-949-5213  
**Fax:** 914-949-6691  
**Email:** [infocenter@leukemia-lymphoma.org](mailto:infocenter@leukemia-lymphoma.org)  
**Website:** <http://www.leukemia.org>

LLS provides information, advocacy, and assistance for patients with leukemia and related cancers such as lymphoma, multiple myeloma, and Hodgkin's disease. Contact LLS for information, referrals to specialists and local chapters offering financial assistance to patients with leukemia, and support groups. Publications on leukemia and related cancers are available.

**Lighthouse National Center for Vision and Aging (LNCVA)**  
111 East 59th Street  
New York, NY 10022

**Phone:** 1-800-829-0500 (toll-free)  
212-821-9495  
**TTY:** 212-821-9713  
**Fax:** 212-821-9705  
**Email:** [info@lighthouse.org](mailto:info@lighthouse.org)  
**Website:** <http://www.lighthouse.org>

LNCVA provides advocacy, support, information, and resources on vision impairment and blindness. Contact the Lighthouse for referrals to specialists and resources on visual disabilities, vision rehabilitation, links to related services, as well as information on eye diseases such as macular degeneration, glaucoma, cataracts, and diabetic retinopathy. Publications and audiovisual materials are available on topics including vision disorders, treatment options, and rehabilitation strategies.

**Lupus Foundation of America (LFA)**  
1300 Piccard Drive, Suite 200  
Rockville, MD 20850-4303

**Phone:** 1-800-558-0121 (toll-free)  
(information line)  
301-670-9292  
**Fax:** 301-670-9486  
**Email:** [lupusinfo@lupus.org](mailto:lupusinfo@lupus.org)  
**Website:** <http://www.lupus.org>

LFA is a nonprofit organization supporting research and distributing information about diagnosis and treatment of lupus erythematosus, a chronic autoimmune disease. Contact the LFA for referrals to specialists, information about treatment and research, a listing of local chapters and support groups, other resource organizations, and a list of publications.

**Meals On Wheels Association of America (MOWAA)**  
1414 Prince Street, Suite 302  
Alexandria, VA 22314

**Phone:** 703-548-5558  
**Fax:** 703-548-8024  
**Website:** <http://www.mowaa.org>

MOWAA is a national, nonprofit organization providing training and grants to programs that provide food to older people, and those who are frail, disabled, at-risk, or homebound.

**MedicAlert Foundation**  
**2323 Colorado Avenue**  
**Turlock, CA 95382**

**Phone:** 1-800-432-5378 (toll-free)  
209-668-3333  
**Fax:** 209-669-2495  
**Website:** <http://www.medicalert.org>

MedicAlert is a nonprofit, membership organization providing identification and medical information in emergencies. Contact MedicAlert for information about its membership services and costs.

**Medicare Rights Center (MRC)**  
**1460 Broadway, 11th Floor**  
**New York, NY 10036**

**Phone:** 212-869-3850  
**Fax:** 212-869-3532  
**Email:** [info@medicarerights.org](mailto:info@medicarerights.org)  
**Website:** <http://www.medicarerights.org>

MRC is a national, nonprofit service helping older adults and people with disabilities get good, affordable health care. Available educational materials include a train-the-trainer manual, booklets on Medicare basics, and Medicare home health.

**National Academy of Elder Law Attorneys,  
Inc. (NAELA)**  
**1604 North Country Club Road**  
**Tucson, AZ 85716**

**Phone:** 520-881-4005  
**Fax:** 520-325-7925  
**Website:** <http://www.naela.org>

NAELA is a nonprofit association assisting lawyers, bar associations, and others who work with older people and their families. Contact

NAELA for information on lawyers specializing in issues pertinent to older people, resources to legal information, assistance, and education. A list of publications is available.

**National Alliance for Hispanic Health**  
**1501 16th Street, NW**  
**Washington, DC 20036**

**Phone:** 202-387-5000  
**Email:** [alliance@hispanichealth.org](mailto:alliance@hispanichealth.org)  
**Website:** <http://www.hispanichealth.org/>

The Alliance is a network of health and human service providers fostering the health, well-being, and prosperity of Hispanics. Network members provide consumer information, help formulate culturally competent standards of care, support research into specific health concerns facing Hispanics, and promote appropriate use of technology. Spanish language resources are available.

**National Alliance for the Mentally Ill (NAMI)**  
**Colonial Place Three**  
**2107 Wilson Boulevard, Suite 300**  
**Arlington, VA 22201**

**Phone:** 1-800-950-NAMI (950-6264) (toll-free)  
NAMI HelpLine  
703-524-7600  
**TTY:** 703-516-7227  
**Fax:** 703-524-9094  
**Website:** <http://www.nami.org>

NAMI offers support groups, education, advocacy, and research to help people with mental illness. The Alliance seeks to educate all people about severe and persistent mental illnesses to eliminate stigma and promote access to services. Search the website for lists of local affiliates and state organizations.

**National Arthritis and Musculoskeletal  
and Skin Diseases Information  
Clearinghouse**

**National Institute of Arthritis and  
Musculoskeletal and Skin Diseases (NIAMS)  
National Institutes of Health (NIH)  
1 AMS Circle  
Bethesda, MD 20892-3675**

**Phone:** 1-877-22-NIAMS (226-4267) (toll-free)  
301-495-4484  
**TTY:** 301-565-2966  
**Fax:** 301-881-2731 (faxback service)  
**Email:** NIAMSInfo@mail.nih.gov  
**Website:** <http://www.nih.gov/niams>

NIAMS Information Clearinghouse is funded by NIAMS, part of the NIH. The Clearinghouse provides information and resources on all forms of arthritis, musculoskeletal diseases such as fibromyalgia, as well as skin diseases. Contact the Clearinghouse for information on research and referrals to research programs and community resources. Publications are available on the causes, treatments, and prevention of arthritis, lupus, musculoskeletal disorders, and diseases of bones, joints, and skin.

**National Asian Pacific Center  
on Aging (NAPCA)**

**1511 3rd Avenue, Suite 914  
Seattle, WA 98101-1626**

**Phone:** 206-624-1221  
**Fax:** 206-624-1023  
**Email:** [info@napca.org](mailto:info@napca.org)  
**Website:** <http://www.napca.org>

NAPCA is a nonprofit agency dedicated to serving aging Asian and Pacific Islanders. It offers employment programs, multilingual community forums and health care education. The Center works with elders, policy makers, program administrators, and community leaders. Publications include a newsletter and translated health care materials.

**National Association for Continence (NAFC)  
PO Box 8310  
Spartanburg, SC 29305-8310**

**Phone:** 1-800-252-3337 (toll-free)  
(ordering line)  
**Fax:** 864-579-7902  
**Email:** [memberservices@nafc.org](mailto:memberservices@nafc.org)  
**Website:** <http://www.nafc.org>

NAFC, formerly Help for Incontinent People, is a nonprofit organization providing advocacy, education, and support to people with incontinence and their families. Contact NAFC for referrals to specialists, resources, and information about the causes, prevention, diagnosis, treatments, and management alternatives for incontinence. Publications are available.

**National Association for Health  
& Fitness (NAHF)  
201 South Capitol Avenue, Suite 560  
Indianapolis, IN 46225**

**Phone:** 317-237-5630  
**Fax:** 317-237-5632  
**Website:** <http://www.physicalfitness.org>

NAHF is a nonprofit organization promoting physical fitness, sports, and healthy lifestyles. The Association supports State Governor's Councils on Physical Fitness and Sports. NAHF supports employee health and fitness programs including Let's Get Physical, an interactive educational program based on the Surgeon General's 1996 report recommending moderate physical activity most days of the week.

**National Association for Hispanic Elderly  
(Asociación Nacional Por Personas Mayores)**  
234 East Colorado Boulevard, Suite 300  
Pasadena, CA 91101

**Phone:** 626-564-1988  
**Fax:** 626-564-2659

The Association is a national, private, nonprofit organization providing a variety of services for older Hispanic people. Resources include a national Hispanic research center, research and consultation for organizations seeking to reach older Spanish-speaking people, and dissemination of written and audiovisual materials in English and Spanish. The Association administers Project AYUDA, a program providing employment counseling and placement services.

**National Association for Home Care (NAHC)**  
228 7th Street, SE  
Washington, DC 20003

**Phone:** 202-547-7424  
**Fax:** 202-547-3540  
**Email:** [webmaster@nahc.org](mailto:webmaster@nahc.org)  
**Website:** <http://www.nahc.org>

NAHC promotes hospice and home care, sets standards of care, and conducts research on aging, health, and health care policy. Association publications include *How to Choose a Home Care Provider* and other free consumer guides on home and hospice care.

**National Association for Human  
Development (NAHD)**  
1424 16th Street, NW, Suite 102  
Washington, DC 20036

**Phone:** 202-328-2191  
**Fax:** 202-265-6682  
**Email:** [nahdcasa@worldnet.att.net](mailto:nahdcasa@worldnet.att.net)

NAHD is a nonprofit organization providing information and materials for national, State, and local groups helping people maintain their physical, mental, and social well-being. Contact NAHD program specialists for slides, videos, booklets, posters, and training manuals on health and physical fitness. Program materials focusing on older people include topics such as wellness, physical fitness, preventive medicine, self-care, and retirement planning.

**National Association for Practical Nurse  
Education and Services (NAPNES)**  
8607 2nd Avenue, Suite 404 A  
Silver Spring, MD 20910

**Phone:** 301-588-2491  
**Fax:** 301-588-2839  
**Email:** [napnes@bellatlantic.net](mailto:napnes@bellatlantic.net)

NAPNES is a professional organization of licensed practical nurses, other nurses, physicians, nursing home administrators, and the general public specializing in direct long-term care of older people. NAPNES offers long-term care certification to practical/vocational nurses. Contact NAPNES for information on practical nursing and referrals to member nurses and resource organizations.

**National Association of Activity Professionals (NAAP)**

**PO Box 5530  
Sevierville, TN 37864**

**Phone:** 865-429-0717  
**Fax:** 865-453-9914  
**Email:** THENAAP@aol.com  
**Website:** <http://www.thenaap.com>

NAAP is a professional organization providing activity education, advocacy, industry standards, and programming for long-term-care facilities, retirement living communities, and adult day care centers. Contact NAAP for referrals to specialists and information on therapeutic and restorative activities, regulation and policy updates, and program models. Publications are available.

**National Association of Area Agencies on Aging (N4A)**

**927 15th Street, NW, 6th Floor  
Washington, DC 20005**

**Phone:** 1-800-677-1116 (toll-free)  
(Eldercare Locator)  
202-296-8130  
**Fax:** 202-296-8134  
**Website:** <http://www.n4a.org>

N4A is the umbrella organization for the AoA-funded Area Agencies on Aging. It also represents the interests of Title VI Native American aging programs. The Association administers the AoA-sponsored Eldercare Locator, a toll-free number linking older adults and their family members with local aging resources. N4A publishes the *National Directory for Eldercare Information and Referral*.

**National Association of Community Health Centers (NACHC)**

**1330 New Hampshire Avenue, NW, Suite 122  
Washington, DC 20036**

**Phone:** 202-659-8008  
**Fax:** 202-659-8519  
**Email:** dhawkins@nachc.com  
**Website:** <http://www.nachc.com>

NACHC is a national association representing community health centers nationwide. Contact NACHC for referrals to local health centers and information on the Association's programs as well as health care regulation and policy updates.

**National Association of Nutrition and Aging Service Programs (NANASP)**

**1101 Vermont Avenue, NW, Suite 1001  
Washington, DC 20005**

**Phone:** 202-682-6899  
**Fax:** 202-682-3984  
**Website:** <http://www.nanasp.org>

NANASP, a membership organization, supports a broad range of nutrition and related services for community-dwelling older people by training nutrition providers and advocating for older people. Publications include a *Legislative Action Manual* and *The Washington Bulletin*.

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## Did You Know?

*The website [FirstGov.gov](http://www.FirstGov.gov) (located at <http://www.FirstGov.gov>) is designed to provide you with easy, one step access to all online Federal Government resources. You can use it to browse a wealth of information—everything from researching resources at the Library of Congress to tracking a NASA mission.*

**National Association of Professional Geriatric Care Managers (NAPGCM)**  
1604 North Country Club Road  
Tucson, AZ 85716-3102

**Phone:** 520-881-8008  
**Fax:** 520-325-7925  
**Email:** [info@caremanager.org](mailto:info@caremanager.org)  
**Website:** <http://www.caremanager.org>

NAPGCM is a nonprofit organization representing the interests of elder care practitioners and advocating for older peoples' independence, autonomy, and quality of health care. Contact NAPGCM for resources, referrals to local Association chapters, and information on counseling and treatment programs. Publications and referrals to professional care managers are available through the website.

**National Association of Social Workers (NASW)**  
750 First Street, NE, Suite 700  
Washington, DC 20002-4241

**Phone:** 1-800-638-8799 (toll-free)  
202-408-8600  
**Fax:** 202-336-8310  
**Email:** [info@naswdc.org](mailto:info@naswdc.org)  
**Website:** <http://www.naswdc.org>

NASW is a membership organization promoting, advocating, developing, and protecting social workers and the practice of social work. Contact NASW for referrals to counseling resources and specialists, information about social work, and information on aging issues and health care.

**National Association of State Units on Aging (NASUA)**  
1201 15 Street, NW, Suite 350  
Washington, DC 20005

**Phone:** 202-898-2578  
**Fax:** 202-898-2583  
**Email:** [info@nasua.org](mailto:info@nasua.org)  
**Website:** <http://www.nasua.org>

NASUA is a public-interest organization providing information, assistance, and advocacy on behalf of older people. Contact NASUA for information on rights of older people, health care and social services regulations, and referrals to lawyers specializing in elder law and aging issues. Publications are available on topics such as the Older Americans Act, long-term care, older worker issues, elder abuse, and nutrition programs. The Association cooperates in administering the Eldercare Locator, AoA's toll-free information service.

**National Association of the Deaf (NAD)**  
814 Thayer Avenue  
Silver Spring, MD 20910-4500

**Phone:** 301-587-1788  
**TTY:** 301-587-1789  
**Fax:** 301-587-1791  
**Email:** [NADinfo@nad.org](mailto:NADinfo@nad.org)  
**Website:** <http://www.nad.org>

NAD is a private, nonprofit organization representing the interests and rights of people who are deaf or hearing impaired. It advocates for greater access to education, employment, health care, and social services. Contact NAD for information on legal assistance, public policy on deafness and disabilities, and referrals to products that assist deaf and hearing impaired people. Publications are available.

**National Association on HIV  
Over Fifty (NAHOF)  
Southwest Boulevard Family  
Health Care Services, Inc.  
340 Southwest Boulevard  
Kansas City, KS 66103**

**Phone:** 816-421-5263  
**Fax:** 913-722-2542  
**Email:** janepfowler@mindspring.com  
**Website:** <http://www.hivoverfifty.org>

NAHOF is a membership organization promoting the availability of a full range of educational, prevention, service, and health care programs for people over age 50 affected by HIV. NAHOF provides a forum to exchange information and share concerns about HIV and older adults.

**National Bar Association (NBA)  
1225 11th Street, NW  
Washington, DC 20001**

**Phone:** 202-842-3900  
**Fax:** 202-289-6170  
**Website:** <http://www.nationalbar.org>

NBA uses its national membership, statewide minority bar programs, minority law students, minority bar group alliances, and private attorneys, to form links with community groups providing legal assistance to low-income, minority older people. Publications include *Saving The Home* and *Defending Against Fraud and Scams*, a resource book on second mortgages.

**National Cancer Institute (NCI)  
National Institutes of Health (NIH)  
Public Inquiries Office  
Building 31, Room 10A03  
31 Center Drive MSC 2580  
Bethesda, MD 20892-2580**

**Phone:** 1-800-4-CANCER (422-6237) (toll-free)  
(Cancer Information Service-CIS)  
**TTY:** 1-800-332-8615 (toll-free)  
301-435-3848  
**Email:** [webmaster@cancer.gov](mailto:webmaster@cancer.gov)  
**Website:** <http://www.nci.nih.gov>

NCI, part of NIH, is the lead agency for cancer research and statistics, treatments, clinical trials, patient education, and public information on all types of cancer, risk factors, and prevention. NCI's toll-free CIS provides immediate, science-based answers to the public's specific questions about cancer. The CIS provides referrals to cancer specialists and other related resources, including where to find survivor groups. Many free publications are available.

**National Caucus and Center on  
Black Aged, Inc. (NCBA)  
1424 K Street, NW, Suite 500  
Washington, DC 20005**

**Phone:** 202-637-8400  
**Fax:** 202-347-0895  
**Email:** [ncba@aol.com](mailto:ncba@aol.com)  
**Website:** <http://www.ncba-blackaged.org>

NCBA is a national, nonprofit organization providing health and social service information, advocacy, and assistance to African Americans and low-income older people. Contact NCBA for information on its local chapters and programs including senior employment and training, housing, health promotion, and advocacy. Publications include a support-service reference guide, job placement guides, and a *Profile of Black Elderly*.

**National Center for Complementary and Alternative Medicine (NCCAM) Clearinghouse  
National Institutes of Health (NIH)  
PO Box 8218  
Silver Spring, MD 20907-8218**

**Phone:** 1-888-644-6226 (toll-free)  
301-231-7357  
**TTY:** 1-888-644-6226 (toll-free)  
**Fax:** 1-888-644-6226 (toll-free)  
(Fax-on-demand)  
301-495-4957  
**Email:** [nccam-info@nccam.nih.gov](mailto:nccam-info@nccam.nih.gov)  
**Website:** <http://www.nccam.nih.gov>

The Clearinghouse, funded by NCCAM, provides information on alternative medical therapies not commonly used or previously accepted in conventional Western medicine. Contact the Clearinghouse for information on holistic healing traditions, including acupuncture, herbs, homeopathy, therapeutic massage, and traditional oriental medicine. NCCAM does not recommend specific therapies. Publications are available by fax-on-demand and on the website.

**National Center for Health Statistics (NCHS)  
Centers for Disease Control and Prevention (CDC)  
6525 Belcrest Road  
Hyattsville, MD 20782-2003**

**Phone:** 301-458-4636  
**Website:** <http://www.cdc.gov/nchs/>

NCHS, part of the Federal Government, is the agency that monitors and compiles information on the Nation's health. NCHS statistical programs on aging collect information on the health of older people, their lifestyles, exposure to unhealthy influences, diagnosis and age of onset for illnesses or disabilities, and patterns of health care service use. Contact NCHS for reports on trends in health and aging.

**National Center on Elder Abuse (NCEA)  
1225 I Street, NW, Suite 725  
Washington, DC 20005**

**Phone:** 202-898-2586  
**Fax:** 202-898-2583  
**Email:** [NCEA@nasua.org](mailto:NCEA@nasua.org)  
**Website:** <http://www.elderabusecenter.org>

NCEA is operated jointly by the National Association of State Units on Aging, the National Committee for the Prevention of Elder Abuse, and the University of Delaware to disseminate information about abuse and neglect of older people. NCEA operates the Clearinghouse on Abuse and Neglect of the Elderly and can provide referrals to agencies and specialists. Publications are available on prevention of abuse, neglect, and State regulations.

**National Center on Minority Health and Health Disparities (NCMH)  
National Institutes of Health (NIH)  
6707 Democracy Boulevard  
MSC 5465  
Bethesda, MD 20892-5465**

**Phone:** 301-402-1366  
**Fax:** 301-496-4035

NCMH, part of NIH, conducts and supports research, training, dissemination of information, and other programs with respect to minority health conditions and other populations with health disparities.

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## Did You Know?

*You can search a database of clinical trials on Alzheimer's disease and dementia as well as learn how to participate in clinical trials by searching <http://www.alzheimers.org/trials/>.*

**National Center on Poverty Law, Inc. (NCPL)**  
205 West Monroe Street  
Chicago, IL 60606

**Phone:** 312-263-3830  
**Fax:** 312-263-3846  
**Website:** <http://www.povertylaw.org>

NCPL is a professional organization advocating for low-income people and providing assistance, resources, and information on poverty law. Contact NCPL for referrals to poverty law specialists, program information on welfare, work force, housing, and community development. Publications are available on topics such as grandparents' visitation, access to home health care for older people, protecting older homeowners from refinancing scams, and the needs of multigenerational low-income families.

**National Citizen's Coalition for Nursing Home Reform (NCCNHR)**  
1424 16th Street, NW, Suite 202  
Washington, DC 20036-2211

**Phone:** 202-332-2275  
**Fax:** 202-332-2949  
**Email:** [nccnhr@nccnhr.org](mailto:nccnhr@nccnhr.org)  
**Website:** <http://www.nccnhr.org>

NCCNHR provides information on nursing home reform, promotes quality standards, and works to empower residents. Contact NCCNHR for information on community-based, consumer/citizen action, and long-term care ombudsmen groups. Publications on nursing homes and long-term care are available.

**National Coalition for Adult Immunization (NCAI)**  
4733 Bethesda Avenue, Suite 750  
Bethesda, MD 20814

**Phone:** 301-656-0003  
**Fax:** 301-907-0878  
**Email:** [ncai@nfid.org](mailto:ncai@nfid.org)  
**Website:** <http://www.nfid.org/ncai>

NCAI is a network of organizations formed to achieve better health through immunizations and support for science-based recommendations. NCAI helps coordinate National Adult Immunization Awareness Week, an annual observance in the fall. Check the website for a chart outlining the NCAI-recommended adult immunization schedule. Spanish language resources are available.

**National Committee to Preserve Social Security and Medicare (NCPSSM)**  
10 G Street, NE, Suite 600  
Washington, DC 20004-4215

**Phone:** 1-800-966-1935 (toll-free)  
202-216-0420  
**Fax:** 202-216-0451  
**Website:** <http://www.ncpssm.org>

NCPSSM, an advocacy and education membership organization, works to protect and enhance Federal programs vital to seniors' health and economic well-being. Contact NCPSSM for details on membership as well as information on seniors' rights, Medicare, Social Security, long-term care, and disability issues. Free informational brochures are available.

**National Consumer's League (NCL)**  
**1701 K Street, NW, Suite 1200**  
**Washington, DC 20006**

**Phone:** 1-800-876-7060 (toll-free) (National Fraud Information Center-NFIC)  
202-835-3323  
**Fax:** 202-835-0747  
**Email:** [info@nclnet.org](mailto:info@nclnet.org)  
**Website:** <http://www.natlconsumersleague.org>  
(National Consumer's League)  
<http://www.fraud.org>  
(National Fraud Information Center)

NCL is a private, nonprofit advocacy group representing consumers on marketplace and workplace issues, providing government, businesses, and other organizations with consumer's perspectives on social issues. Contact the NCL for information on topics such as privacy, consumer credit, food safety, and drug safety. NFIC supports victims of telemarketing and Internet fraud, and informs law enforcement of fraud cases. Publications are available.

**National Council Against Health Fraud (NCAHF)**  
**PO Box 1276**  
**Loma Linda, CA 92354**

**Phone:** 201-723-2955  
(consumer health information)  
**Website:** <http://www.ncahf.org>

NCAHF is a nonprofit agency that provides a website listing reliable sources of health information on the Internet. Contact the Council for information on health fraud, misinformation, and quackery, or to report fraud and investigate health claims by companies or organizations. NCAHF provides information on legitimate

health groups, sponsors discussion groups that evaluate new health organizations, and suggests alternative medical techniques. A free weekly email newsletter is available online.

**National Council of La Raza (NCLR)**  
**1111 19th Street, NW, Suite 1000**  
**Washington, DC 20036**

**Phone:** 202-785-1670  
**Fax:** 202-776-1794  
**Website:** <http://www.nclr.org>

NCLR is a private, nonprofit organization established to reduce poverty and discrimination, and improve opportunities for Hispanics. NCLR health programs develop culturally-relevant, bilingual health education and promotional materials. The Hispanic Health Project works to lower the incidence of a variety of preventable conditions.

**National Council on Aging, Inc. (NCOA)**  
**409 3rd Street, SW, Suite 200**  
**Washington, DC 20024**

**Phone:** 202-479-1200  
**Fax:** 202-479-0735  
**Email:** [info@ncoa.org](mailto:info@ncoa.org)  
**Website:** <http://www.ncoa.org>

NCOA is a private, nonprofit organization providing information, training, technical assistance, advocacy, and leadership in all aspects of aging services and issues. Contact NCOA for information on training programs and in-home services for older people. NCOA publications are available on topics such as lifelong learning, senior center services, adult day care, long-term care, financial issues, senior housing, rural issues, inter-generational programs, and volunteers in aging.

**National Council on Alcoholism and Drug Dependence (NCADD)**  
20 Exchange Place, Suite 2902  
New York, NY 10005

**Phone:** 1-800-NCA-CALL (622-2255) (toll-free)  
212-269-7797  
**Fax:** 212-269-7510  
**Email:** national@ncadd.org  
**Website:** <http://www.ncadd.org>

NCADD is a nonprofit organization providing advocacy, assistance, and information on alcoholism and drug addiction. Contact NCADD for information on causes, diagnosis, and treatments; referrals to specialists; lists of community resource centers; and NCADD-affiliated organizations nationwide. Fact sheets, brochures, and videotapes also are available.

**National Council on Patient Information and Education (NCPIE)**  
4915 Saint Elmo Avenue, Suite 505  
Bethesda, MD 20814-6053

**Phone:** 301-656-8565  
**Fax:** 301-656-4464  
**Email:** ncpie@erols.com  
**Website:** <http://www.talkaboutrx.org>

NCPIE is a nonprofit coalition providing advocacy, information, and services to educate and empower consumers to make sound decisions about use of prescription and over-the-counter medicines. Contact NCPIE to discuss drug safety or facts about specific drugs. NCPIE's website and publications provide information on medications, side effects, and manufacturers' recalls.

**National Diabetes Information Clearinghouse (NDIC)**  
National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK)  
National Institutes of Health (NIH)  
1 Information Way  
Bethesda, MD 20892-3560

**Phone:** 1-800-860-8747 (toll-free)  
301-654-3327  
**Fax:** 301-907-8906  
**Email:** ndic@info.niddk.nih.gov  
**Website:** <http://www.niddk.nih.gov>

NDIC, funded by NIDDK, part of NIH, provides referrals to diabetes specialists and organizations, and searches from its database of patient and professional education materials. Call for publications on such topics as alternative therapies, controlling diabetes, complications of diabetes, and diabetes in Asian, Hispanic, and other ethnic groups. Spanish-language resources are available.

**National Digestive Diseases Information Clearinghouse (NDDIC)**  
National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK)  
National Institutes of Health (NIH)  
2 Information Way  
Bethesda, MD 20892-3570

**Phone:** 1-800-891-5389 (toll-free)  
301-654-3810  
**Fax:** 301-907-8906  
**Email:** nddic@info.niddk.nih.gov  
**Website:** <http://www.niddk.nih.gov>

NDDIC, funded by NIDDK, part of NIH, provides referrals to digestive diseases organizations and support groups, as well as searches from its database of patient and professional education materials. Fact sheets are available on gastroesophageal reflux disease, hemorrhoids, constipation, ulcers, and irritable bowel syndrome.

**National Eye Health Education Program (NEHEP)**  
**National Eye Institute (NEI)**  
**National Institutes of Health (NIH)**  
**2020 Vision Place**  
**Bethesda, MD 20892-3655**

**Phone:** 301-496-5248  
**Fax:** 301-402-1065  
**Email:** 2020@nei.nih.gov  
**Website:** <http://www.nei.nih.gov>

NEHEP, funded by the NEI, part of NIH, is a partnership of professional, civic, and voluntary organizations and Federal agencies. NEHEP provides referrals to vision professionals and other health resources. The Program offers free materials to educate the public about how to protect eye health and prevent vision loss and distributes information on such topics as preventing diabetic eye disease, glaucoma, and low vision.

**National Family Caregivers Association (NFCA)**  
**10400 Connecticut Avenue, #500**  
**Kensington, MD 20895-3944**

**Phone:** 1-800-896-3650 (toll-free)  
**Fax:** 301-942-2302  
**Email:** [info@nfcacares.org](mailto:info@nfcacares.org)  
**Website:** <http://www.nfcacares.org>

NFCA is a grass roots organization providing advocacy, support, and information for family members who care for chronically ill, older, or disabled relatives. There is no charge for family members to be on the mailing list and to receive the newsletter, *Take Care!* Contact NFCA for help finding resources.

**National Gerontological Nursing Association (NGNA)**  
**7794 Grow Drive**  
**Pensacola, FL 32514**

**Phone:** 1-800-723-0560 (toll-free)  
**Fax:** 850-484-8762  
**Email:** [ngna@puetzamc.com](mailto:ngna@puetzamc.com)  
**Website:** <http://www.ngna.org>

NGNA, an organization of nurses specializing in care of older adults, informs the public on health issues affecting older people, supports education for nurses and other health care practitioners, and provides a forum to discuss topics such as nutrition in long-term care facilities and elder law for nurses. NGNA offers information on gerontological nursing and conducts nursing research related to older people.

**National Health Information Center (NHIC)**  
**Office of Disease Prevention and Health Promotion (ODPHP)**  
**Department of Health and Human Services**  
**PO Box 1133**  
**Washington, DC 20013-1133**

**Phone:** 1-800-336-4797 (toll-free)  
301-565-4167  
**Fax:** 301-984-4256  
**Faxback:** 301-468-1204  
**Email:** [nhicinfo@health.org](mailto:nhicinfo@health.org)  
**Website:** <http://www.health.gov/NHIC>

NHIC, a service of the Federal Government, links consumers and health professionals with resources and information. The Center provides health information, contacts for Federally-supported health information centers, lists of national health observances, and toll-free numbers sponsored by the Federal Government.

**National Heart, Lung, and Blood Institute  
(NHLBI) Information Center**  
PO Box 30105  
Bethesda, MD 20824-0105

**Phone:** 1-800-575-WELL (9355) (toll-free)  
(recorded information)  
301-592-8573  
**Fax:** 301-592-8563  
**Email:** NHLBIinfo@rover.nhlbi.nih.gov  
**Website:** <http://www.nhlbi.nih.gov>

The Information Center, funded by NHLBI, part of NIH, provides referrals to resource organizations and information on elevated cholesterol, high blood pressure, heart disease, exercise, risk of and recovery from stroke, chronic cough, asthma, cystic fibrosis, and sleep disorders. Publications include two newsletters, *HeartMemo* and *AsthmaMemo*.

**National Hispanic Council on Aging (NHCoA)**  
2713 Ontario Road, NW  
Washington, DC 20009

**Phone:** 202-265-1288  
**Fax:** 202-745-2522  
**Email:** nhcoa@worldnet.att.net  
**Website:** <http://www.nhcoa.org>

NHCoA is a national organization providing advocacy, education, and information for older Hispanic people. Contact the Council for facts and resources on health, employment, housing, strengthening families, and building communities, as well as referrals to local Council chapters. Publications in English and Spanish are available.

**National Hospice and Palliative Care  
Organization (NHPCO)**  
1700 Diagonal Road, Suite 300  
Alexandria, VA 22314

**Phone:** 1-800-658-8898 (toll-free)  
(Hospice Helpline and Locator)  
703-837-1500  
**Email:** [info@nhpco.org](mailto:info@nhpco.org)  
**Website:** <http://www.nhpco.org>

NHPCO is a nonprofit, membership organization working to enhance the quality of life for individuals who are terminally ill and advocating for people in the final stage of life. Contact NHPCO for information, resources, and referrals to local hospice services. Publications, fact sheets, and website resources are available on topics including how to find and evaluate hospice services.

**National Hospice Foundation (NHF)**  
1700 Diagonal Road, Suite 300  
Alexandria, VA 22314

**Phone:** 1-800-338-8619 (toll-free)  
703-516-4928  
**Fax:** 703-525-5762  
**Email:** [info@nhpco.org](mailto:info@nhpco.org)  
**Website:** <http://www.hospiceinfo.org>

NHF, a nonprofit, charitable organization affiliated with the National Hospice and Palliative Care Organization, provides support and information about hospice care options. NHF publications include *Hospice Care: A Consumer's Guide to Selecting a Hospice Program*, *Communicating Your End-of-Life Wishes*, and *Hospice Care and the Medicare Hospice Benefit*.

**National Human Genome Research Institute (NHGRI)**  
**National Institutes of Health (NIH)**  
**Office of Policy and Public Affairs**  
**Building 31; Room 4B09**  
**Bethesda, MD 20892**

**Phone:** 301-402-0911  
**Website:** <http://www.nhgri.nih.gov/>

NHGRI, part of NIH, coordinates the Human Genome Project, an international research effort to characterize the genomes of human and selected model organisms through complete mapping and sequencing of their DNA.

**National Indian Council on Aging (NICOA)**  
**10501 Montgomery Boulevard, NE, Suite 210**  
**Albuquerque, NM 87111-3846**

**Phone:** 505-292-2001  
**Fax:** 505-292-1922  
**Email:** [dave@nicoa.org](mailto:dave@nicoa.org)  
**Website:** <http://www.nicoa.org>

NICOA provides services, advocacy, and information on aging issues for older American Indian and Alaska Native people. Contact NICOA for information about its resources and support groups serving the national Indian community, and NICOA's clearinghouse for issues affecting older Indian people. Publications are available, including the newsletter *Elder Voices*.

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## Did You Know?

*Your local library is always a good place to start looking for information. Before you go, make a list of the topics you are interested in – that will help the librarian direct you to the most helpful resources.*

**National Information and Referral Support Center (NIRSC)**  
**1225 I Street, NW, Suite 725**  
**Washington, DC 20005-3914**

**Phone:** 202-898-2578  
**Fax:** 202-898-2583  
**Email:** [staff@nasua.org](mailto:staff@nasua.org)  
**Website:** <http://www.nasua.org>

NIRSC provides technical assistance, consultation, and training to State and Area Agencies on Aging and to local information and referral providers funded under the Older Americans Act. Contact the Center for referrals, resources, and information on how to locate services for older people. A list of Center publications is available.

**National Institute of Allergy and Infectious Diseases (NIAID)**  
**National Institutes of Health (NIH)**  
**Bethesda, MD 20892-2520**

**Phone:** 301-496-5717  
**Fax:** 301-402-0120  
**Email:** [niaidoc@nih.gov](mailto:niaidoc@nih.gov)  
**Website:** <http://www.niaid.nih.gov>

NIAID, part of NIH, conducts and supports research on the prevention, diagnosis, and treatment of HIV/AIDS and other infectious and allergic diseases. Contact NIAID for information on allergies, as well as viral and bacterial illnesses. The Institute provides referrals to specialists, support groups, and other resources; publications and fact sheets are available, some in Spanish.

**National Institute of Child Health and Human Development (NICHD)  
Information Clearinghouse  
PO Box 3006  
Rockville, MD 20847**

**Phone:** 1-800-370-2943  
**Fax:** 301-984-1473  
**Email:** NICHDClearinghouse@mail.nih.gov  
**Website:** <http://www.nichd.nih.gov/>

The Clearinghouse, funded by NICHD, part of NIH, is a resource for publications and health issues related to NICHD research. The Institute conducts and supports research on neurobiologic, developmental, and behavioral processes that determine and maintain the health of children, adults, families, and populations. Spanish language resources are available.

**National Institute of Dental and Craniofacial Research (NIDCR)  
National Institutes of Health (NIH)  
Bethesda, MD 20892-2290**

**Phone:** 301-496-4261  
301-402-7364 (National Oral Health Information Clearinghouse-NOHIC)  
**TTY:** 301-656-7581  
**Fax:** 301-469-9988  
**Email:** nidcrinfo@mail.nih.gov  
nohic@nidcr.nih.gov  
**Website:** <http://www.nidcr.nih.gov/>  
<http://www.nohic.nidcr.nih.gov/>

NIDCR, part of NIH, conducts and supports research on the causes, treatment, and prevention of diseases of the teeth, gums, and facial bones. Contact NOHIC for facts about oral health in people with disabling conditions and referrals to specialists and related resources. Contact NIDCR for information on available publications, audiovisual materials, and fact sheets.

**National Institute of Environmental Health Sciences (NIEHS)  
National Institutes of Health (NIH)  
PO Box 12233  
Research Triangle Park, NC 27709**

**Phone:** 919-541-3345  
**Website:** <http://www.niehs.nih.gov>

NIEHS, part of NIH, conducts and supports research on potential environmental contributors to human illnesses and dysfunction, including asthma, Alzheimer's, bronchitis, cancer, lead poisoning, Parkinson's, and other chronic diseases. NIEHS also studies variable human susceptibilities to these environmental factors. The National Toxicology Program, headquartered at NIEHS, tests natural and man-made chemicals for safety.

**National Institute of General Medical Sciences (NIGMS)  
National Institutes of Health (NIH)  
Office of Communications and Public Liaison  
Bethesda, MD 20892-6200**

**Phone:** 301-496-7301  
**Fax:** 301-402-0224  
**Email:** [pub\\_info@nigms.nih.gov](mailto:pub_info@nigms.nih.gov)  
**Website:** <http://www.nigms.nih.gov>

NIGMS, part of NIH, conducts and supports research in medical fields such as genetics, cellular and molecular biology, and pharmacology. Publications include *Medicines for You* (also available in Spanish), and *Inside the Cell*.

**National Institute of Mental Health (NIMH)  
National Institutes of Health (NIH)  
Bethesda, MD 20892-9663**

**Phone:** 1-800-421-4211 (toll-free)  
301-443-4513  
**TTY:** 301-443-8431  
**Fax:** 301-443-4279  
**Email:** [nimhinfo@nih.gov](mailto:nimhinfo@nih.gov)  
**Website:** <http://www.nimh.nih.gov>

NIMH, part of NIH, is the lead agency conducting and supporting mental health research including mental disorders of aging. Contact NIMH for information on mental health and aging, Alzheimer's disease, anxiety disorders, depression, and suicide.

**National Institute of Neurological  
Disorders and Stroke (NINDS)  
National Institutes of Health (NIH)  
Office of Communications and Public Liaison  
Bethesda, MD 20892-2540**

**Phone:** 1-800-352-9424 (toll-free)  
(information service)  
301-496-5751  
**Fax:** 301-402-2186  
**Website:** <http://www.ninds.nih.org>

NINDS, part of NIH, conducts and supports research on stroke and neurological disorders. NINDS provides information on its research targets, including stroke, head and spinal injuries, tumors of the central nervous system, epilepsy, multiple sclerosis, Huntington's disease, Parkinson's disease, and Alzheimer's disease. A directory of voluntary health agencies is available.

**National Institute of Nursing  
Research (NINR)  
Office of Science Policy and Public Liaison  
National Institutes of Health (NIH)  
31 Center Drive  
Building 31, Room 5B10  
Bethesda, MD 20892-2178**

**Phone:** 301-496-0207  
**Fax:** 301-480-8845  
**Website:** <http://www.nih.gov/ninr>

NINR, part of NIH, supports and conducts basic and clinical research to establish a scientific basis for the care of individuals across the life span. Studies addressed by nurse researchers include the management of chronic diseases, health disparities, improving palliative end-of-life care, and telehealth technology.

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## Did You Know?

*Not all consumer health information on the web is of equal quality. To decide if a website is accurate and reliable, you might ask:*

- *Is the original source for the information clear? Is there a review date?*
- *Is the medical information reviewed by an advisory board? Are their names and affiliations clearly noted?*
- *Is your confidentiality assured? If you have to register, do you know how your personal information will be used?*
- *Does it sound too good to be true? Scientific studies rarely use words like "breakthrough", "secret ingredient" or "miracle cure."*
- *Is the information promotional? Are advertisements separated from content?*

**National Institute on Aging (NIA)  
National Institutes of Health (NIH)  
Office of Communications and Public Liaison  
Bethesda, MD 20892-2292**

**Phone:** 1-800-222-2225 (toll-free)  
(NIA Information Center-NIAIC)  
1-800-438-4380 (toll-free)  
(Alzheimer's Disease Education and  
Referral Center--ADEAR)  
301-496-1752

**TTY:** 1-800-222-4225 (toll-free) (NIAIC)

**Fax:** 301-589-3014 (NIAIC)  
301-495-3334 (ADEAR)

**Email:** niainfo@jbs1.com (NIAIC)  
adear@alzheimers.org (ADEAR)

**Website:** <http://www.nih.gov/nia>  
<http://www.alzheimers.org>

NIA, part of NIH, conducts and supports biomedical, social, and behavioral research on aging processes, diseases, and the special problems and needs of older people. NIA develops and disseminates publications on topics such as the biology of aging, exercise, doctor/patient communication, and menopause. The Institute produces the *Age Pages* – a series of fact sheets for consumers on a wide range of subjects including nutrition, medications, forgetfulness, sleep, driving, and long-term care. Information, publications, referrals, resource lists, and database searches on Alzheimer's disease are available through the Institute-funded ADEAR Center.

**National Institute on Alcohol Abuse  
and Alcoholism (NIAAA)  
National Institutes of Health (NIH)  
Bethesda, MD 20892-7003**

**Phone:** 301-443-3860

**Fax:** 301-443-6077

**Email:** [niaaaweb-r@exchange.nih.gov](mailto:niaaaweb-r@exchange.nih.gov)

**Website:** <http://www.niaaa.nih.gov>

NIAAA, part of NIH, conducts and supports research on alcoholism and alcohol abuse. Contact the NIAAA for information on genetic and behavioral aspects of alcoholism, physiologic effects of alcohol abuse, and diagnosis, treatment, and prevention of alcohol-related problems.

**National Institute on Deafness and Other  
Communication Disorders (NIDCD)  
National Institutes of Health (NIH)  
Office of Communication and Public Liaison  
Bethesda, MD 20892-2320**

**Phone:** 1-800-241-1044 (toll-free) (NIDCD  
Information Clearinghouse)  
301-496-7243

**TTY:** 1-800-241-1055 (toll-free) (NIDCD  
Information Clearinghouse)  
301-402-0252

**Fax:** 301-402-0018

**Email:** [nidcd@nidcd.nih.gov](mailto:nidcd@nidcd.nih.gov)

**Website:** <http://www.nidcd.nih.gov>

NIDCD, part of NIH, conducts and supports research on normal mechanisms as well as diseases and disorders of hearing, balance, smell, taste, voice, speech, and language. NIDCD develops and disseminates health information to the public based on scientific discovery.

**National Institute on Drug Abuse (NIDA)  
National Institutes of Health (NIH)  
Public Information and Liaison Branch  
Bethesda, MD 20892-9561**

**Phone:** 1-800-729-6686 (toll-free)  
(National Clearinghouse for Alcohol  
and Drug Information–NCADI)  
301-443-1124  
**TTY:** 1-800-487-4889 (toll-free)  
**Fax:** 1-888-644-6432 (toll-free)  
(NIDA Infobox)  
1-888-889-6432 (toll-free)  
(TTY NIDA Infobox)  
301-443-7397  
**Email:** [info@nida.nih.gov](mailto:info@nida.nih.gov)  
**Website:** <http://www.nida.nih.gov>

NIDA, part of NIH, conducts and supports research on the physiology of specific drug addictions, effects of abused substances, and current and potential treatments. Contact NIDA for scientific information, and patient and public education materials on drug abuse, its causes, consequences, prevention, and treatment. Spanish language resources are available.

**National Interfaith Coalition on Aging (NICA)  
National Council on Aging (NCOA)  
409 3rd Street, SW, Suite 200  
Washington, DC 20024**

**Phone:** 1-800-424-9046 (toll-free)  
202-479-1200  
**Fax:** 202-479-0735  
**Website:** <http://www.ncoa.org>

The Coalition, a constituent unit of NCOA, consists of individuals and organizations of various faiths concerned with issues of religion, spirituality, and aging. NICA provides networking opportunities and educational programs.

**National Kidney and Urological Diseases  
Information Clearinghouse (NKUDIC)  
National Institute of Diabetes and Digestive  
and Kidney Diseases (NIDDK)  
3 Information Way  
Bethesda, MD 20892-3580**

**Phone:** 1-800-891-5390 (toll-free)  
301-654-4415  
**Fax:** 301-907-8906  
**Email:** [nkudic@info.niddk.nih.gov](mailto:nkudic@info.niddk.nih.gov)  
**Website:** <http://www.niddk.nih.gov>

NKUDIC, funded by NIDDK, provides referrals to specialists, resource organizations, and support groups. Publications and information on subjects such as kidney stones, prostate gland problems, urinary incontinence, and urinary tract infections are available.

**National Kidney Foundation (NKF)  
30 East 33rd Street  
New York, NY 10016**

**Phone:** 1-800-622-9010 (toll-free)  
212-889-2210  
**Fax:** 212-779-0068  
**Website:** <http://www.kidney.org>

NKF is a nonprofit organization providing information on the diagnosis, treatment, and prevention of kidney and urinary tract diseases. The Foundation supports research and organ donation programs. Contact the NKF for a list of local chapters that provide services, including blood and drug banks, screening programs, transportation assistance, publications, and referrals to specialists.

**National Legal Support for Elderly People  
with Mental Disabilities Project**  
**Judge David L. Bazelon Center  
for Mental Health Law**  
1101 15th Street, NW, Suite 1212  
Washington, DC 20005-5002

**Phone:** 202-467-5730  
**TTY:** 202-467-4232  
**Fax:** 202-223-0409  
**Email:** hn1660@handsnet.org  
**Website:** <http://www.bazelon.org>

The Project focuses on legal issues of older people, training legal aid lawyers, organizing workshops, and providing information on legal issues facing older people with mental disabilities. Contact the Project for publications on disability rights for older people.

**National Library of Medicine (NLM)  
National Institutes of Health (NIH)**  
Bethesda, MD 20894

**Phone:** 1-888-FIND-NLM (346-3656) (toll-free)  
301-496-6308  
**Fax:** 301-496-4450  
**Email:** [custserv@nlm.nih.gov](mailto:custserv@nlm.nih.gov)  
**Website:** <http://www.nlm.nih.gov>  
(MEDLINE)  
<http://www.nlm.nih.gov/medlineplus>  
(MEDLINEplus)  
[www.clinicaltrials.gov](http://www.clinicaltrials.gov)  
(Clinical Trials database)

NLM, part of NIH, is the world's largest medical library. The collection can be consulted in the reading room or requested on interlibrary loan. NLM offers nationwide access through a National Network of Libraries of Medicine. The database, MEDLINE, is available via the worldwide web.

**National Library Service for the Blind and  
Physically Handicapped (NLSBPH)**  
**Library of Congress**  
**Reference Section**  
1291 Taylor Street, NW  
Washington, DC 20542

**Phone:** 1-800-424-8567 (toll-free)  
202-707-5100  
**Fax:** 202-707-0712  
**Email:** [nls@loc.gov](mailto:nls@loc.gov)  
**Website:** <http://www.lcweb.loc.gov/nls/>

NLSBPH, funded by the Library of Congress, is a network of regional and local libraries that provide free library services to blind and physically disabled people. Contact NLSBPH about programs such as postage-free delivery and return-mailing of audio-books and books and magazines in Braille. Specially designed Talking Books and cassette players also are lent to the public free. NLSBPH provides information on blindness and physical disabilities.

**National Long-Term Care Ombudsman  
Resource Center (NLTCORC)**  
**National Citizens' Coalition for Nursing  
Home Reform (NCCNHR)**  
1424 16th Street, NW, Suite 202  
Washington, DC 20036

**Phone:** 202-332-2275  
**Fax:** 202-332-2949  
**Email:** [ombudcenter@nccnhr.org](mailto:ombudcenter@nccnhr.org)

NLTCORC is operated by the NCCNHR in collaboration with the National Association of State Units on Aging. The Center supports groups under Federal mandate to identify and resolve residents' problems at long-term care facilities. Contact the Center for information and publications on nursing home reform and adult care.

**National Long-Term Care Resource  
Center (NLTCRC)**

**Division of Health Services,  
Research and Policy**

**University of Minnesota School  
of Public Health**

**Mayo Mailcode 197, Room D527  
420 Delaware Street, SE  
Minneapolis, MN 55455**

**Phone:** 612-624-5171  
**Fax:** 612-624-5434  
**Website:** <http://www.hsr.umn.edu>

The Center assists State and Area Agencies on Aging and other community-based service agencies to monitor, develop, and refine community long-term care systems through legal reform. NLTCRC provides information on long-term health care, rehabilitation and acute care reform, ethics, and quality of life issues in nursing homes. A list of publications is available.

**National Medical Association (NMA)**

**1012 10th Street, NW  
Washington, DC 2001**

**Phone:** 1-888-662-7497 (toll-free)  
(Automated Physician Referral)  
202-347-1895  
**Fax:** 202-842-3293  
**Email:** [rwilliams@nmanet.org](mailto:rwilliams@nmanet.org)  
**Website:** <http://www.nmanet.org>

NMA promotes the interests of doctors and patients of African descent. NMA offers a physician referral service and the brochure *Looking for Dr. Right: Guide to Choosing a Physician Using 1-888-NMAPHYSicians*.

**National Mental Health Association (NMHA)  
2001 N. Beauregard Street, 12th Floor  
Alexandria, VA 22311**

**Phone:** 1-800-969-NMHA (6642) (toll-free)  
(National Mental Health Information  
Center)  
703-684-7722  
**Fax:** 703-684-5968  
**Email:** [infoctr@nmha.org](mailto:infoctr@nmha.org)  
**Website:** <http://www.nmha.org>

The NMHA Information Center provides referrals to mental health specialists, as well as publications such as *Coping with Growing Older*, *Answers to Your Questions About Clinical Depression*.

**National Multiple Sclerosis Society (NMSS)**

**733 3rd Avenue, 6th Floor  
New York, NY 10017-3288**

**Phone:** 1-800-FIGHT-MS (344-4867) (toll-free)  
212-986-3240  
**Fax:** 212-986-7981  
**Email:** [nat@nmss.org](mailto:nat@nmss.org)  
**Website:** <http://www.nmss.org>

The Society is a nonprofit organization providing support and information on the diagnosis and treatment of multiple sclerosis (MS). Contact NMSS for referrals to specialists and local chapter offices. A list of free publications and films on MS is available from local chapters.

**National Organization for  
Rare Disorders (NORD)  
PO Box 8923  
New Fairfield, CT 06812-8923**

**Phone:** 1-800-999-6673 (toll-free)  
203-746-6518  
**TTY:** 203-746-6927  
**Fax:** 203-746-6481  
**Email:** orphan@rarediseases.org  
**Website:** <http://www.rarediseases.org>

NORD is a federation of voluntary health organizations and individuals, dedicated to helping people with rare diseases and assisting the organizations that serve them. NORD is committed to the identification, treatment, and cure of rare disorders through education, advocacy, research, and service.

**National Organization for Victim  
Assistance (NOVA)  
1757 Park Road, NW  
Washington, DC 20010**

**Phone:** 202-232-6682  
(includes crisis hotline service)  
**Fax:** 202-462-2255  
**Email:** nova@try-nova.org  
**Website:** <http://www.try-nova.org>

NOVA is a nonprofit organization dedicated to improving services to survivors of violent crimes or disasters. NOVA offers a toll-free, 24-hour crisis counseling hotline that refers victims to support services throughout the country. NOVA provides a list of publications on subjects, including older crime victims, victim assistance, and victim rights.

**National Osteoporosis Foundation (NOF)  
1232 22nd Street, NW  
Washington, DC 20037-1292**

**Phone:** 202-223-2226  
**Fax:** 202-223-2237  
**Website:** <http://www.nof.org>

NOF is a nonprofit, voluntary health organization dedicated to promoting lifelong bone health to reduce the widespread prevalence of osteoporosis and related fractures. NOF works to find a cure for osteoporosis through research, education, and advocacy. The Foundation provides general information on osteoporosis; its quarterly newsletter and booklets are available through membership.

**National Policy and Resource Center on  
Nutrition and Aging  
Department of Dietetics and Nutrition  
Florida International University (FIU)  
University Park, OE200  
Miami, FL 33199**

**Phone:** 305-348-1517  
**Fax:** 305-348-1518  
**Email:** nutreldr@fiu.edu  
**Website:** <http://www.fiu.edu/~nutreldr>

The FIU Center, funded primarily by the Administration on Aging, works to reduce malnutrition and promotes good nutritional practices among older adults nationwide. The Center provides information dissemination, training and technical assistance, and policy analysis.

**National Policy and Resource Center on Women and Aging (NPRCWA)  
Heller Graduate School  
Brandeis University, Mail Stop 035  
PO Box 9110  
Waltham, MA 02254-9110**

**Phone:** 1-800-929-1995 (toll-free)  
781-736-3866  
**Fax:** 781-736-3865  
**Email:** natwomctr@binah.cc.brandeis.edu  
**Website:** <http://www.brandeis.edu/heller/national>

NPRCWA focuses on older women's issues and provides policy analysis, research, and assistance to the network of Administration on Aging-funded State and Area Agencies on Aging. The Center provides information and publications on women's health, caregiving, income security, and housing as well as prevention of crime and violence toward older women.

**National Prevention Information Network (NPIN)  
Centers for Disease Control and Prevention (CDC)  
Public Health Service  
PO Box 6003  
Rockville, MD 20849-6003**

**Phone:** 1-800-458-5231 (toll-free)  
301-562-1098  
**TTY:** 1-800-243-7012 (toll-free)  
**Fax:** 1-888-282-7681 (toll-free)  
301-562-1050  
**Email:** [info@cdcnpin.org](mailto:info@cdcnpin.org)  
**Website:** <http://www.cdcnpin.org>

NPIN, sponsored by the CDC, is a national reference, referral, and distribution service for information on HIV/AIDS, other sexually transmitted diseases, and tuberculosis.

**National Psoriasis Foundation (NPF)  
6600 SW 92nd Avenue, Suite 300  
Portland, OR 97223-7195**

**Phone:** 1-800-723-9166 (toll-free)  
503-244-7404  
**Fax:** 503-245-0626  
**Email:** [getinfo@npfusa.org](mailto:getinfo@npfusa.org)  
**Website:** <http://www.psoriasis.org>

NPF is a nonprofit organization providing free information on psoriasis and psoriatic arthritis research and treatment. NPF provides directories of specialists and products, opportunities to volunteer for research projects, links to support groups, and educational newsletters and booklets.

**National Rehabilitation Information Center (NARIC)  
1010 Wayne Avenue, Suite 800  
Silver Spring, MD 20910-5633**

**Phone:** 1-800-346-2742 (toll-free)  
301-562-2400  
**Fax:** 301-562-2401  
**Email:** [naricinfo@kra.com](mailto:naricinfo@kra.com)  
**Website:** <http://www.naric.com>

NARIC, funded by the Department of Education, provides information on rehabilitation of people with physical or mental disabilities. Contact NARIC for database searches on all types of physical and mental disabilities, as well as referrals to local and national facilities and organizations. All of NARIC's database information is available online, free.

**National Resource and Information Center (NRIC)  
Women's Bureau (WB)  
Department of Labor  
200 Constitution Avenue, NW, Room S-3111  
Washington, DC 20210**

**Phone:** 1-800-827-5335 (toll-free)  
1-800-347-3741 (toll-free)  
**TTY:** 1-800-326-2577 (toll-free)

NRIC, funded by the WB, provides information on issues of concern to working women, their families, and employers. Contact NRIC for facts on programs such as the Fair Pay Clearinghouse, which provides updates on efforts to identify and eliminate sexism, ageism, racism, and other forms of workplace discrimination. Single copies of publications, such as *Work and Elder Care* and *Hiring Someone to Work in Your Home*, are available free.

**National Resource Center: Diversity and Long-Term Care (NRCDLTC)  
The Heller School Schneider Institute for Health Policy  
Brandeis University  
PO Box 9110  
Waltham, MA 02454-9110**

**Phone:** 1-800-456-9966 (toll-free)  
781-736-3930  
**Fax:** 781-736-3965  
**Website:** <http://www.sihp.brandeis.edu>

NRCDLTC, a partnership between Brandeis University and San Diego State University, provides information on methods, resources, systems, and services for caring for older people. The Center provides referrals to health policy resources and information on issues of diversity in aging, including disabilities, race, ethnicity, gender, generations, and chronic diseases. A list of publications is available on request.

**National Resource Center on Native American Aging (NRCNAA)  
PO Box 9037  
Grand Forks, ND 58202-9037**

**Phone:** 1-800-896-7628 (toll-free)  
701-777-3437  
**Fax:** 701-777-2389  
**Website:** <http://www.und.edu/dept/nrcnaa>

The Resource Center, funded by the Administration on Aging, provides support, advocacy, and information for older Native Americans, including American Indians, Alaska Natives, and Native Hawaiians. Contact the Center for legal information and references, geriatric leadership training, cultural awareness, and a variety of publications.

**National Resource Center on Supportive Housing & Home Modifications  
USC Andrus Gerontology Center  
3715 McClintock Avenue  
Los Angeles, CA 90089-0191**

**Phone:** 213-740-1364  
**Fax:** 213-740-7069  
**Website:** <http://www.homemods.org>

The Center is funded in association with The Archstone Foundation and The California Endowment. Contact the Center for information on government-assisted housing, assisted living policies, home modifications for older people, training and education courses, and technical assistance. Publications and fact sheets are available.

**National Rural Health Association (NRHA)**  
One West Armour Boulevard, Suite 203  
Kansas City, MO 64111

**Phone:** 816-756-3140  
**Fax:** 816-756-3144  
**Website:** <http://www.nrharural.org>

NRHA is a nonprofit, professional organization targeting the health care problems unique to rural areas and serving as a liaison between rural health care providers and older people. Contact NRHA for information on health care delivery to rural providers and for its quarterly *Journal of Rural Health*.

**National Self-Help Clearinghouse (NSHC)**  
365 Fifth Avenue, Suite 3300  
New York, NY 10016-4309

**Phone:** 212-817-1822  
**Fax:** 212-817-2990  
**Email:** [info@selfhelpweb.org](mailto:info@selfhelpweb.org)  
**Website:** <http://www.selfhelpweb.org>

NSHC collects and distributes information about support and self-help groups nationwide. Contact NSHC for publications or referrals to self-help groups, helping networks, and support systems.

**National Senior Citizens Education and Research Center (NSCERC)**  
8403 Colesville Road, Suite 1200  
Silver Spring, MD 20910

**Phone:** 301-578-8900  
**Fax:** 301-578-8947  
**Website:** <http://www.nscerc.org>

NSCERC is a nonprofit organization providing employment opportunities, conducting research programs and workshops, and publishing its research findings.

**National Senior Citizens Law Center (NSCLC)**  
1101 14th Street, NW, Suite 400  
Washington, DC 20005

**Phone:** 202-289-6976  
**Fax:** 202-289-7224  
**Email:** [nsclc@nsclc.org](mailto:nsclc@nsclc.org)  
**Website:** <http://www.nsclc.org>

NSCLC offers assistance to Legal Aid Offices and private lawyers working on behalf of low-income older and disabled people. The Center does not accept individual clients but acts as a clearinghouse of information on legal problems such as age discrimination, Social Security, pension plans, Medicaid, Medicare, nursing homes, and protective services.

**National Senior Games Association (NSGA)**  
P.O. Box 82059  
Baton Rouge, LA 70884-2059

**Phone:** 225-766-6800  
**Fax:** 225-766-9115  
**Website:** <http://www.nationalseniorgames.org>

NSGA is a nonprofit organization promoting healthy lifestyles for older people through education, fitness, and sports. Its website announces Association events and activities and offers videotapes of group activities.

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## Did You Know?

*Lots of health information on the web is available from websites that have paid advertising and/or shopping options. One way to make sure you aren't being sold "a bill of goods" is to check whether the editorial content of a website is separated from advertisements or shopping zones.*

**National Sleep Foundation (NSF)**  
1522 K Street, NW, Suite 500  
Washington, DC 20005

**Phone:** 202-347-3471  
**Fax:** 202-347-3472  
**Email:** [nsf@sleepfoundation.org](mailto:nsf@sleepfoundation.org)  
**Website:** <http://www.sleepfoundation.org>

NSF is a nonprofit organization providing services and information about sleep disorders. Contact the Foundation for a list of accredited sleep centers and local specialists. A variety of NSF publications on sleep, sleep disorders, and related topics are available.

**National STD and AIDS Hotlines**  
**Centers for Disease Control and**  
**Prevention (CDC)**  
**Public Health Service**  
1600 Clifton Road  
Atlanta, GA 30333

**Phone:** 1-800-342-AIDS (2437) (toll-free)  
(English)  
1-800-227-8922 (toll-free) (English)  
1-800-344-SIDA (7432) (toll-free)  
(Spanish)  
**TTY:** 1-880-243-7889 (toll-free)  
**Email:** [hivnet@ashastd.org](mailto:hivnet@ashastd.org)  
**Website:** <http://www.ashastd.org>

The Hotlines offer information, referrals, and free publications about prevention, risks, and treatment of sexually transmitted diseases.

**National Stroke Association (NSA)**  
9707 East Easter Lane  
Englewood, CO 80112-3747

**Phone:** 1-800-STROKES (787-6537) (toll-free)  
303-754-0930  
**Fax:** 303-649-1328  
**Website:** <http://www.stroke.org>

The Association provides information about stroke prevention, acute treatment, recovery, and rehabilitation to the public. NSA offers referrals to support groups, care centers, and local resources for stroke survivors, caregivers, and family members.

**National Urban League**  
120 Wall Street, 8th Floor  
New York, NY 10005

**Phone:** 212-558-5300  
**Fax:** 212-344-5332  
**Website:** <http://www.nul.org>

The Urban League is a nonprofit, community service organization helping older African Americans through advocacy and service programs which include health awareness, nutrition, housing, and intergenerational activities. Contact the League for information about its Seniors in Community Service Program, which provides training and part-time employment to low-income, older people. The Health Promotion Project helps local groups plan and carry out disease prevention activities in communities nationwide. Newsletters and bulletins are available.

**National Women's Health Information Center (NWHIC)**

**Phone:** 1-800-994-WOMAN (96626) (toll-free)  
**TTY:** 1-888-220-5446 (toll-free)  
**Email:** 4woman@soza.com  
**Website:** <http://www.4woman.gov>

NWHIC, part of the Federal Government, is an information referral center for women. Spanish language resources are available.

**National Women's Health Network (NWHN)  
514 10th Street, NW, Suite 400  
Washington, DC 20004**

**Phone:** 202-347-1140  
**Fax:** 202-347-1168  
**Website:** <http://www.womenshealthnetwork.org>

NWHN works to ensure that women have access to quality, affordable health care and lobbies for increased governmental support for women's health care. Contact NWHN for publications on women's health issues.

**Native Elder Health Care Resource Center (NEHCRC)  
University of Colorado Health Sciences Center  
Campus Box A011-13  
4455 East 12 Avenue  
Denver, CO 80220**

**Phone:** 303-315-9228  
**Fax:** 303-315-9579  
**Email:** dawn.wright@uchsc.edu  
**Website:** <http://www.uchsc.edu/ai/nehcrc>

NEHCRC promotes the health of older Native people, including Alaska Natives and Native Hawaiians by increasing cultural competence

among health care professionals. The Center focuses on four target areas: determining health status, improving medical standards, increasing access to care, and mobilizing community resources. Contact NEHCRC for information on its programs and publications.

**NIH Osteoporosis and Related Bone Diseases National Resource Center (NIH-ORBD-NRC)**

**1232 22nd Street, NW  
Washington, DC 20037-1292**

**Phone:** 1-800-624-BONE (2663) (toll-free)  
202-223-0344  
**TTY:** 202-466-4315  
**Fax:** 202-293-2356  
**Email:** orbdnrc@nof.org  
**Website:** <http://www.osteoporosis.gov>

The Resource Center provides patients, health professionals, and the public with resources and information on osteoporosis, Paget's disease of the bone, osteogenesis imperfecta, and other metabolic bone diseases. The Center is supported by the National Institute of Arthritis and Musculoskeletal and Skin Diseases and six other Institutes and Offices.

**North American Menopause Society (NAMS)  
PO Box 94527  
Cleveland, OH 44101**

**Phone:** 440-442-7550  
**Fax:** 440-442-2660  
**Email:** [info@menopause.org](mailto:info@menopause.org)  
**Website:** <http://www.menopause.org>

NAMS is a nonprofit multidisciplinary organization promoting women's health during midlife and beyond through an understanding of menopause. The Society supports research and serves as a resource for women and health care professionals. Spanish language resources are available.

**Office on Smoking and Health (OSH)  
Centers for Disease Control and Prevention  
Mail Stop K-50  
4770 Buford Highway, NE  
Atlanta, GA 30341-3741**

**Phone:** 1-800-CDC-1311 (232-1311) (toll-free)  
770-488-5705  
**Fax:** 770-488-5939  
**Email:** [tobaccoinfo@cdc.gov](mailto:tobaccoinfo@cdc.gov)  
**Website:** <http://www.cdc.gov/tobacco>

OSH, part of the Federal Government, develops and distributes the annual *Surgeon General's Report on Smoking and Health*. Contact OSH for information on tobacco and for details about the smoking and health database which is available on CD-ROM. Print publications on smoking also are available.

**Older Women's League (OWL)  
666 11th Street, NW, Suite 700  
Washington, DC 20001**

**Phone:** 1-800-TAKE-OWL (825-3695) (toll-free)  
1-800-863-1539 (toll-free)  
(PowerLine)  
202-783-6686  
202-783-6689  
(PowerLine)  
**Fax:** 202-638-2356  
**Email:** [owlinfo@owl-national.org](mailto:owlinfo@owl-national.org)  
**Website:** <http://www.owl-national.org>

OWL is a national organization advocating for the special concerns of older women. OWL helped develop the Campaign for Women's Health and the Women's Pension Policy Consortium. Contact OWL's 24-hour PowerLine for information about legal and political activity related to health care, access to housing, economic security, individual rights, and violence against women and older people. OWL newsletters are available.

**Opticians Association of America (OAA)  
7023 Little River Turnpike  
Annandale, VA 22003**

**Phone:** 703-916-8856  
**Fax:** 703-916-7966  
**Email:** [oaa@oaa.org](mailto:oaa@oaa.org)  
**Website:** <http://www.oaa.org>

OAA represents the optometric industry and provides information on eye health and industry regulation. OAA sets industry standards for prescription eyeglasses, contact lenses, and low-vision aids and can give referrals to qualified opticians. Contact the OAA for publications on optometry news and information.

**Organization of Chinese Americans (OCA)  
1001 Connecticut Avenue, NW, Suite 601  
Washington, DC 20036**

**Phone:** 202-223-5500  
**Fax:** 202-296-0540  
**Email:** [oc@ocanatl.org](mailto:oc@ocanatl.org)  
**Website:** <http://www.ocanatl.org>

OCA advocates for the rights of Chinese Americans. Contact OCA for referrals to legal specialists and legislative information on age discrimination, education, and employment opportunities for Chinese Americans, as well as access to health care and Social Security. OCA also publishes a national directory of Asian and Pacific American organizations.

**Paget Foundation for Paget's Disease of Bone and Related Disorders (PF)**

**120 Wall Street, Suite 1602  
New York, NY 10005-4001**

**Phone:** 212-509-5335  
**Fax:** 212-509-8492  
**Email:** [PagetFdn@aol.com](mailto:PagetFdn@aol.com)  
**Website:** <http://www.paget.org>

PF provides information and programs for consumers and medical professionals about Paget's disease of bone and other bone disorders including primary hyperparathyroidism, fibrous dysplasia, osteoporosis, breast cancer metastatic to bone, and prostate cancer metastatic to bone.

**Parkinson's Disease Foundation (PDF)**

**833 West Washington Boulevard  
Chicago, IL 60607**

**Phone:** 1-800-457-6676 (toll-free)  
312-733-1893  
**Fax:** 312-664-2344

PDF is a nonprofit organization providing research funding, information, and support services to people with Parkinson's disease. Contact the Foundation for referrals. Publications are available.

**Partnership for Caring, Inc. (PFC)**

**America's Voices for the Dying  
1620 Eye Street, NW, Suite 202  
Washington, DC 20006**

**Phone:** 1-800-989-9455 (toll-free)  
**Fax:** 202-296-8352  
**Website:** <http://www.partnershipforcaring.org>

PFC is a national, nonprofit organization providing advocacy, resources, and information on the reform and enhancement of care for the

dying. Contact the Partnership for referrals to resources and support groups, legal assistance, and information on end-of-life issues.

**Pension and Welfare Benefits**

**Administration (PWBA)  
Department of Labor  
200 Constitution Avenue, NW, Room N5625  
Washington, DC 20210**

**Phone:** 202-219-8776  
(Technical Assistance and Inquiries)  
1-800-998-7542 (publications)  
**Fax:** 202-219-8141  
**Website:** [www.dol.gov/dol/pwba](http://www.dol.gov/dol/pwba)

PWBA, part of the Federal Government, protects the integrity of private pension, health, and other employee benefits plans. The Administration assists workers in obtaining inappropriately denied benefits. Contact PWBA for assistance with technical questions and publications on topics such as pension and health care benefits, 401(k) and cash balance plans, planning for retirement, simplified employee pensions, and retiree health benefits.

**Pension Rights Center (PRC)**

**1140 19th Street, NW, Suite 602  
Washington, DC 20036**

**Phone:** 202-296-3776  
**Fax:** 202-833-2472  
**Email:** [pnsnrigh@aol.com](mailto:pnsnrigh@aol.com)

PRC's Legal Outreach Program advocates for the pension rights of workers, retirees, and their families. Contact the PRC for referrals to pension attorneys or for publications on pension law, divorce, Federal retirement plans, self-help guides on pension problems, or pension plan handbooks. Spanish language resources are available.

**President's Council on Physical Fitness  
and Sports (PCPFS)**  
Hubert H. Humphrey Building, Room 738-H  
200 Independence Avenue, SW  
Washington, DC 20201

**Phone:** 202-690-9000  
**Fax:** 202-690-5211  
**Website:** <http://www.fitness.gov>

PCPFS is an advisory body to the President and Secretary of the Department of Health and Human Services. The Council promotes opportunities in physical activity, fitness, and sports for all Americans. Contact PCPFS for information on physical activity/fitness, nutrition, health, and Council programs. Publications on physical education and health are available on the website.

**Prevent Blindness America (PBA)**  
500 East Remington Road  
Schaumburg, IL 60173

**Phone:** 1-800-331-2020 (toll-free)  
847-843-2020  
**Fax:** 847-843-8458  
**Email:** [info@preventblindness.org](mailto:info@preventblindness.org)  
**Website:** <http://www.preventblindness.org>

PBA sponsors community services and public education about eye care, safety, and the diagnosis, treatment, and prevention of eye diseases. Local chapters offer community services, including vision screenings and self-help groups for those with glaucoma. Contact PBA for information and a list of publications.

**Project Aliento**  
National Association for Hispanic Elderly  
(Asociación Nacional Pro Personas Mayores)  
1452 West Temple Street, Suite 100  
Los Angeles, CA 90026

**Phone:** 213-487-1922  
**Fax:** 213-202-5905

Project Aliento works to make the Administration on Aging-funded network of State and Area Agencies on Aging accessible to older Hispanic people and their families. Contact Project Aliento for information, publications, and videos about community care and in-home support issues, as well as links to the formal aging network. Publications are available in English and Spanish.

**Pulmonary Fibrosis Foundation (PFF)**  
1075 Santa Fe Drive  
Denver, Colorado 80204

**Phone:** 720-932-7850  
**Fax:** 303-825-5078  
**Email:** [breathe@pulmonaryfibrosis.org](mailto:breathe@pulmonaryfibrosis.org)  
**Website:** <http://www.pulmonaryfibrosis.org>

PFF is a private, nonprofit organization providing assistance, resources, and information on pulmonary fibrosis and its related illnesses. Contact PFF for information on the diagnosis and treatment of PF and idiopathic pulmonary fibrosis, as well as referrals to specialists, resources, and support groups. Publications are available.

**Restless Legs Syndrome Foundation**  
819 Second Street, SW  
Rochester, MN 55902

**Phone:** 507-287-6465  
**Fax:** 507-287-6312  
**Email:** RLSFoundation@rls.org  
**Website:** <http://www.rls.org/foundation>

The Foundation is a nonprofit agency that provides information about restless legs syndrome. It develops support groups and seeks to find better treatments and a definitive cure.

**Robert Wood Johnson Foundation (RWJF)**  
Route 1 College Road  
Princeton, NJ 08543

**Phone:** 609-452-8701  
**Fax:** 609-987-8845  
**Email:** [mail@rwjf.org](mailto:mail@rwjf.org)  
**Website:** <http://www.rwjf.org>

The RWJ Foundation is a private, philanthropic organization that supports basic health services and pursues improved services for people with chronic illnesses, prevention of substance abuse, and control of health care costs. Publications about the Foundation's programs on health care issues are available.

**Self Help for Hard of Hearing  
People, Inc. (SHHH)**  
7910 Woodmont Avenue, Suite 1200  
Bethesda, MD 20814

**Phone:** 301-657-2248  
**Fax:** 301-913-9413  
**Email:** [national@shhh.org](mailto:national@shhh.org)  
**Website:** <http://www.shhh.org>

SHHH provides information and services for people who are hard of hearing, including

assistance on education, legal issues, and self-help. Local SHHH chapters can provide information on community references and referrals to specialists. Contact SHHH for information on coping with hearing problems, hearing aids, and educational workshops for older people with hearing loss. A list of publications and materials is available.

**Senior Job Bank**  
PO Box 30064  
Savannah, GA 31410

**Email:** [info@seniorjobbank.org](mailto:info@seniorjobbank.org)  
**Website:** <http://www.seniorjobbank.org>

Senior Job Bank is an online resource that provides free job information and resources for members. Contact the Job Bank to find listings for occasional, part-time, flexible, temporary, or full-time jobs for older people.

**SeniorNet (SN)**  
121 Second Street, 7th Floor  
San Francisco, CA 94105

**Phone:** 1-800-747-6848 (toll-free)  
415-495-4990  
**Fax:** 415-495-3999  
**Email:** [press@seniornet.org](mailto:press@seniornet.org)  
**Website:** <http://www.seniornet.org>

SeniorNet is a nonprofit, educational organization that provides information and services to help older people become computer literate. Locally funded SN teaching sites offer introductory computer classes on various topics, providing older people with discounts on computer hardware, software, and publications. Members can access SN from any online computer and order publications on buying and using computers.

**Simon Foundation for Continence**  
**PO Box 835**  
**Wilmette, IL 60091**

**Phone:** 1-800-237-4666 (toll-free)  
847-864-3913  
**Fax:** 847-864-9758  
**Website:** <http://www.simonfoundation.org>

The Simon Foundation is a nonprofit, educational organization providing information on urinary and bowel incontinence. It offers support to people with incontinence and publications on its diagnosis and treatment. A guide booklet and videotapes are available.

**The Skin Cancer Foundation**  
**245 Fifth Avenue**  
**New York, NY 10016**

**Phone:** 1-800-SKIN-490 (754-6490) (toll-free)  
212-725-5176  
**Fax:** 212-725-5751  
**Website:** <http://www.skincancer.org>

The Skin Cancer Foundation is a nonprofit organization providing information on the detection and treatment of skin cancer. The Foundation's brochures, newsletters, posters, and a new membership program give medical information and practical guidance on skin cancer. Send a self-addressed, stamped envelope for a list of publications.

**Social Security Administration (SSA)**  
**Office of Public Inquiries**  
**6401 Security Boulevard**  
**Baltimore, MD 21235**

**Phone:** 1-800-772-1213 (toll-free)  
**Fax:** 410-965-0695  
**Website:** <http://www.ssa.gov>

SSA, part of the Federal Government, is the agency responsible for Social Security retirement programs, survivor benefits, disability insurance, and Supplemental Security Income. Contact SSA for information and assistance with Social Security benefits as well as eligibility and disability issues. A directory is available listing the SSA offices in each state. Spanish language resources are available.

**Society for Neuroscience**  
**11 Dupont Circle, NW, Suite 500**  
**Washington, DC 20036**

**Phone:** 202-462-6688  
**Fax:** 202-462-1547  
**Email:** [info@sfn.org](mailto:info@sfn.org)  
**Website:** <http://www.sfn.org>

The Society is an organization of scientists and physicians interested in the brain, spinal cord, and peripheral nervous system. Members seek to advance an understanding of the nervous system by encouraging research, promoting education in the neurosciences, and informing the public about the results of research. Contact the Society for the fact sheet series called *Brain Briefings*, short newsletters explaining how basic neuroscience research leads to clinical applications.

**SPRY Foundation**  
10 G Street, NE, Suite 600  
Washington, DC 20002

**Phone:** 202-216-0401  
**Fax:** 202-216-0779  
**Email:** [info@spry.org](mailto:info@spry.org)  
**Website:** <http://www.spry.org>

SPRY—Setting Priorities for Retirement Years—is a nonprofit foundation that develops research and education programs to help older adults plan for a healthy and financially secure future. The website links consumers to national resources.

**Substance Abuse and Mental Health Services Administration (SAMSHA)**  
Department of Health and Human Services  
5600 Fishers Lane  
Rockville, MD 20857

**Phone:** 1-800-729-6686 (toll-free)  
(National Clearinghouse for Alcohol and Drug Information-NCADI)  
**TTY:** 1-800-487-4889 (toll-free)  
**Fax:** 301-468-7394  
**Email:** [info@samhsa.gov](mailto:info@samhsa.gov)  
**Website:** <http://www.samhsa.gov>

SAMHSA, part of the Federal Government, is responsible for improving the quality and availability of prevention, treatment, and rehabilitation services in order to reduce the illness, death, disability, and cost resulting from substance abuse and mental illness. Spanish language resources are available from NCADI.

**United Seniors Health Council (USHC)**  
409 3rd Street, NW, Suite 200  
Washington, DC 20024

**Phone:** 1-800-637-2604 (toll-free)  
(orders only)  
202-479-6973  
**Fax:** 202-479-6660  
**Email:** [info@unitedseniorshealth.org](mailto:info@unitedseniorshealth.org)  
**Website:** [www.unitedseniorshealth.org](http://www.unitedseniorshealth.org)  
[www.eldergames.org](http://www.eldergames.org)

USHC is a nonprofit organization dedicated to helping older consumers, caregivers, and professionals. The Council produces publications on topics such as financial planning, managed care, and long-term care insurance. The Council pioneered a Health Insurance Counseling Program, which helps consumers understand their many insurance options. Its Eldergames program is a comprehensive series of materials designed to stimulate the imagination and memories of older people.

**United Way of America**  
701 North Fairfax Street  
Alexandria, VA 22314-2045

**Phone:** 1-800-892-2757 (toll-free)  
703-836-7100  
**Fax:** 703-683-7813  
**Website:** <http://www.unitedway.org>

United Way is a philanthropic organization providing support for community programs. Contact the United Way to find local chapters linking people with resources such as dental and health services for low-income people or to volunteer for service programs in the community.

**Vestibular Disorders Association (VEDA)**  
PO Box 4467  
Portland, OR 97208-4467

**Phone:** 1-800-837-8428 (toll-free)  
503-229-7705  
**Fax:** 503-229-8064  
**Email:** veda@vestibular.org  
**Website:** <http://www.vestibular.org>

VEDA is a nonprofit organization providing information and support for people with disorders such as Meniere's disease, BPPV, and labyrinthitis. The Association provides lists of clinics and vestibular specialists and offers information on disorders of the inner ear and management and diagnosis of dizzy spells. Publications are available on recent advances, rehabilitation, and support therapy.

**Visiting Nurse Associations of America (VNAA)**  
11 Beacon Street, Suite 910  
Boston, MA 02108

**Phone:** 1-888-866-8773 (toll-free)  
617-523-4042  
**Fax:** 617-227-4843  
**Email:** vnaa@vnaa.org  
**Website:** <http://www.vnaa.org>

VNAA is an association of nonprofit, community-based home health care providers. Visiting nurses offer quality in-home medical care including physical, speech, and occupational therapy; social services; and nutritional counseling. Local agencies operate adult day-care centers, wellness clinics, hospices, and meals-on-wheels programs. A fact sheet and caregiver's handbook are available.

**Volunteers of America**  
1660 Duke Street  
Alexandria, VA 22314

**Phone:** 1-800-899-0089 (toll-free)  
703-341-5000  
**Fax:** 703-341-7000  
**Website:** <http://www.VolunteersofAmerica.org>

Volunteers of America is a national, nonprofit, spiritually-based organization providing local human service programs and opportunities for individual community involvement. Specific programs include housing, assisted living, meals-on-wheels, transportation, and health care services.

**Well Spouse Foundation (WSF)**  
30 East 40th Street  
New York, NY 10016

**Phone:** 1-800-838-0879 (toll-free)  
212-685-8815  
**Fax:** 212-685-8676  
**Email:** wellspouse@aol.com  
**Website:** <http://www.wellspouse.org>

WSF is a nonprofit association of spousal caregivers. It offers support to the wives, husbands, and partners of chronically ill or disabled people. The Foundation has lists of support groups nationwide and sponsors recreational respite opportunities.

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## Did You Know?

*There is no single correct way to search for information on the Internet. The only meaningful measure of success is if you get the results you desire. It's a good idea to try to use multiple search services to increase the likelihood of your results being complete.*

**Young Men's Christian Association (YMCA)**  
**101 North Wacker Drive, 14th Floor**  
**Chicago, IL 60606**

**Phone:** 1-800-USA-YMCA (872-9622) (toll-free)  
312-977-0031  
**Fax:** 312-977-9063  
**Website:** <http://www.ymca.net>

YMCA is a membership organization providing physical fitness and health programs. Local YMCAs nationwide design Active Older Adult programs to meet the needs of older members, provide volunteer opportunities for senior citizens, and offer intergenerational programs.

**Young Women's Christian Association (YWCA)**  
**350 Fifth Avenue, Suite 301**  
**New York, NY 10118**

**Phone:** 212-273-7800  
**Fax:** 212-465-2281  
**Website:** <http://www.ywca.org>

YWCA is a membership organization providing health, fitness, and community services for women. Educational workshops, recreational activities, and counseling services are available. ENCORE programs for women after breast cancer surgery combine group discussion with exercise to promote recovery. Informational brochures are available.

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***Appendix A:  
State Agencies on Aging***



## ***Appendix A: State Agencies on Aging***

### **ALABAMA**

Alabama Department of Senior Services  
RSA Plaza, Suite 470  
770 Washington Avenue  
Montgomery, AL 36130 - 1851  
(334) 242-5743  
FAX: (334) 242 5594  
<http://www.adss.state.al.us/>

### **ALASKA**

Alaska Commission on Aging  
Division of Senior Services  
Department of Administration  
PO Box 110209  
Juneau, AK 99811-0209  
(907) 465-3250  
FAX: (907) 465-4716  
<http://www.adss.state.al.us/>

### **AMERICAN SAMOA**

Territorial Administration on Aging  
Government of American Samoa  
Pago Pago, American Samoa 96799  
011-684-633-2207  
FAX: 011-864-633-2533 or 633-7723

### **ARIZONA**

Aging and Adult Administration  
Department of Economic Security  
1789 West Jefferson Street - #950A  
Phoenix, AZ 85007  
(602) 542-4446  
FAX: (602) 542-6575  
<http://www.de.state.az.us/links/aaa/page1.html>

### **ARKANSAS**

Division Aging and Adult Services  
Arkansas Department of Human Services  
PO Box 1437, Slot 1412  
1417 Donaghey Plaza  
South Little Rock, AR 72203 - 1437  
(501) 682-2441  
FAX: (501) 682-8155  
<http://www.state.ar.us/dhs/aging/>

### **CALIFORNIA**

California Department of Aging  
1600 K Street  
Sacramento, CA 95814  
(916) 322-5290  
FAX: (916) 324-1903  
<http://www.aging.state.ca.us/>

### **COLORADO**

Aging and Adult Services  
Colorado Department of Human Services  
1575 Sherman Street, Ground Floor  
Denver, CO 80203  
(303) 866-2800  
FAX: (303) 866-2696  
<http://www.cdhs.state.co.us/oss/aas/index1.html>

### **CONNECTICUT**

Division of Elderly Services  
25 Sigourney Street, 10th Floor  
Hartford, CT 06106-5033  
(860) 424-5298  
FAX: (860) 424-4966  
<http://www.dss.state.ct.us/>

## **DELAWARE**

Delaware Division of Services for Aging and  
Adults with Physical Disabilities  
Department of Health and Social Services  
1901 North DuPont Highway  
New Castle, DE 19720  
(302) 577-4791  
FAX: (302) 577-4793  
<http://www.dsaapd.com/index.htm>

## **DISTRICT OF COLUMBIA**

District of Columbia Office on Aging  
One Judiciary Square - 9th Floor  
441 Fourth Street, NW  
Washington, DC 20001  
(202) 724-5622  
FAX: (202) 724-4979  
<http://www.ci.washington.dc.us/aging/aghome.htm>

## **FLORIDA**

Department of Elder Affairs  
Building B - Suite 152  
4040 Esplanade Way  
Tallahassee, FL 32399-7000  
(850) 414-2000  
FAX: (850) 414-2004  
<http://www.elderaffairs.state.fl.us/>

## **GEORGIA**

Division of Aging Services  
Department of Human Resources  
2 Peachtree Street NE, 36th Floor  
Atlanta, GA 30303 - 3176  
(404) 657-5258  
FAX: (404) 657-5285  
[http://www.state.ga.us/Departments  
/DHR/aging.html](http://www.state.ga.us/Departments/DHR/aging.html)

## **GUAM**

Division of Senior Citizens  
Department of Public Health & Social Services  
PO Box 2816  
Agana, Guam 96910  
011-671-475-0263  
FAX: 671-477-2930

## **HAWAII**

Hawaii Executive Office on Aging  
250 South Hotel Street, Suite 109  
Honolulu, HI 96813 - 2831  
(808) 586-0100  
FAX (808) 586-0185  
<http://www.hawaii.gov/health/ea/>

## **IDAHO**

Idaho Commission on Aging  
PO Box 83720  
Boise, ID 83720-0007  
(208) 334-3833  
FAX: (208) 334-3033  
<http://www.idahoaging.com/>

## **ILLINOIS**

Illinois Department on Aging  
421 East Capitol Avenue, Suite 100  
Springfield, IL 62701-1789  
(217) 785-2870  
Chicago Office: (312) 814-2916  
FAX: (217) 785-4477  
<http://www.state.il.us/aging/>

## **INDIANA**

Bureau of Aging and In-Home Services  
Division of Disability, Aging and Rehabilitative  
Services  
Family and Social Services Administration  
402 W. Washington Street, #W454  
PO Box 7083  
Indianapolis, IN 46207-7083  
(317) 232-7020  
FAX: (317) 232-7867  
<http://www.state.in.us/fssa/elderly/index.html>

## **IOWA**

Iowa Department of Elder Affairs  
Clemens Building, 3rd Floor  
200 Tenth Street  
Des Moines, IA 50309-3609  
(515) 242-3333  
FAX: (515) 242-3300  
<http://www.state.ia.us/elderaffairs/>

## **KANSAS**

Department on Aging  
New England Building  
503 S. Kansas Avenue  
Topeka, KS 66603-3404  
(785) 296-4986  
FAX: 785-296-0256  
<http://www.k4s.org/kdoa>

## **KENTUCKY**

Office of Aging Services  
Cabinet for Families and Children  
Commonwealth of Kentucky  
275 East Main Street  
Frankfort, KY 40621  
(502) 564-6930  
FAX: (502) 564-4595  
<http://chs.state.ky.us/aging/>

## **LOUISIANA**

Governor's Office of Elderly Affairs  
PO Box 80374  
Baton Rouge, LA 70898 - 0374  
(225) 342-7100  
FAX: (225) 342-7133  
<http://www.gov.state.la.us/departments/elderly.htm>

## **MAINE**

Bureau of Elder and Adult Services  
Department of Human Services  
35 Anthony Avenue  
State House - Station #11  
Augusta, ME 04333  
(207) 624-5335  
FAX: 624-5361  
<http://www.state.me.us/dhs/beas>

## **MARYLAND**

Maryland Department of Aging  
State Office Building, Room 1007  
301 West Preston Street  
Baltimore, MD 21201-2374  
(410) 767-1100  
FAX: (410) 333-7943  
<http://www.mdoa.state.md.us/>

## **MASSACHUSETTS**

Massachusetts Executive Office of Elder Affairs  
One Ashburton Place, 5th Floor  
Boston, MA 02108  
(617) 727-7750  
FAX: (617) 727-9368  
<http://www.state.ma.us/elder/>

## **MICHIGAN**

Michigan Office of Services to the Aging  
611 W. Ottawa, N. Ottawa Tower, 3rd Floor  
PO Box 30676  
Lansing, MI 48909  
(517) 373-8230  
FAX: (517) 373-4092  
<http://www.mdch.state.mi.us/mass/masshome.html>

## **MINNESOTA**

Minnesota Board on Aging  
444 Lafayette Road  
St. Paul, MN 55155-3843  
(651) 296-2770  
TTY: (800) 627-3529  
FAX: (651) 297-7855  
<http://www.mnaging.org/>

## **MISSISSIPPI**

Division of Aging and Adult Services  
750 N. State Street  
Jackson, MS 39202  
(601) 359-4925  
FAX: (601) 359-4370  
<http://www.mdhs.state.ms.us/aas.html>

## **MISSOURI**

Division on Aging  
Department of Social Services  
PO Box 1337  
615 Howerton Court  
Jefferson City, MO 65102-1337  
(573) 751-3082  
FAX: (573) 751-8687  
<http://www.dss.state.mo.us/da/da.htm>

## **MONTANA**

Senior and Long Term Care Division  
Department of Public Health & Human Services  
PO Box 4210  
111 Sanders, Room 211  
Helena, MT 59620  
(406) 444-4077  
FAX: (406) 444-7743  
<http://www.dphhs.state.mt.us/sltc>

## **NEBRASKA**

Division on Aging  
Department of Health and Human Services  
PO Box 95044  
1343 M Street  
Lincoln, NE 68509-5044  
(402) 471-2307  
FAX: (402) 471-4619  
<http://www.hhs.state.ne.us/ags/agsindex.htm>

## **NEVADA**

Nevada Division for Aging Services  
Department of Human Resources  
State Mail Room Complex  
3416 Goni Road, Building D-132  
Carson City, NV 89706  
(775) 687-4210  
FAX: (775) 687-4264  
<http://www.state.nv.us/hr/aging/>

## **NEW HAMPSHIRE**

Division of Elderly and Adult Services  
State Office Park South  
129 Pleasant Street, Brown Building #1  
Concord, NH 03301  
(603) 271-4680  
FAX: (603) 271-4643  
<http://www.dhhs.state.nh.us/>

## **NEW JERSEY**

New Jersey Division of Senior Affairs  
Department of Health and Senior Services  
PO Box 807  
Trenton, New Jersey 08625-0807  
(609) 943-3436  
1-800-792-8820  
FAX: (609) 588-3317  
<http://www.state.nj.us/health/senior/sraffair.htm>

## **NEW MEXICO**

State Agency on Aging  
La Villa Rivera Building  
228 East Palace Avenue Ground Floor  
Santa Fe, NM 87501  
(505) 827-7640  
FAX: (505) 827-7649  
<http://www.nmaging.state.nm.us/>

## **NEW YORK**

New York State Office for the Aging  
2 Empire State Plaza  
Albany, NY 12223-1251  
1-800-342-9871  
(518) 474-5731  
FAX: (518) 474-0608  
<http://aging.state.ny.us/nysofa/>

## **NORTH CAROLINA**

Division of Aging  
Department of Health and Human Services  
2101 Mail Service Center  
Raleigh, NC 27699-2101  
(919) 733-3983  
FAX: (919) 733-0443  
<http://www.state.nc.us/DHR/DOA/home.htm>

## **NORTH DAKOTA**

Aging Services Division  
Department of Human Services  
600 South 2nd Street, Suite 1C  
Bismarck, ND 58504  
(701) 328-8910  
1-800-451-8693  
TDD (701) 328-8968  
FAX: (701) 328-8989  
<http://lnotes.state.nd.us/dhs/dhsweb.nsf/ServicePages/AgingServices>

## **NORTH MARIANA ISLANDS**

CNMI Office on Aging  
PO Box 2178  
Commonwealth of the Northern Mariana Islands  
Saipan, MP 96950  
(670) 233-1320/1321  
FAX: (670) 233-1327/0369

## **OHIO**

Ohio Department of Aging  
50 West Broad Street - 9th Floor  
Columbus, OH 43215-5928  
(614) 466-5500  
FAX: (614) 466-5741  
<http://www.state.oh.us/age/>

## **OKLAHOMA**

Aging Services Division  
Department of Human Services  
PO Box 25352  
312 NE 28th Street  
Oklahoma City, OK 73125  
(405) 521-2281  
FAX: (405) 521-2086  
<http://www.okdhs.org/aging>

## **OREGON**

Senior and Disabled Services Division  
500 Summer Street, NE, 3rd Floor  
Salem, OR 97301-1073  
(503) 945-5811  
FAX: (503) 373-7823  
<http://www.sdsd.hr.state.or.us/>

## **PENNSYLVANIA**

Pennsylvania Department of Aging  
Commonwealth of Pennsylvania  
Forum Place  
555 Walnut Street, 5th floor  
Harrisburg, PA 17101-1919  
(717) 783-1550  
FAX: (717) 772-3382  
<http://www.aging.state.pa.us/>

## **PUERTO RICO**

Governor's Office of Elderly Affairs  
Commonwealth of Puerto Rico  
Call Box 50063  
Old San Juan Station, PR 00902  
(787) 721-5710  
(787) 721-4560  
(787) 721-6121  
FAX: (787) 721-6510

## **RHODE ISLAND**

Department of Elderly Affairs  
160 Pine Street  
Providence, RI 02903-3708  
(401) 222-2858  
FAX: (401) 222-2130  
[http://www.state.ri.us/manual/data/queries/  
stdepartment\\_.idc?id=23](http://www.state.ri.us/manual/data/queries/stdepartment_.idc?id=23)

## **SOUTH CAROLINA**

Office of Senior and Long Term Care Services  
Department of Health and Human Services  
PO Box 8206  
Columbia, SC 29202-8206  
(803) 898-2501  
FAX: (803) 898-4515  
<http://www.dhhs.state.sc.us/>

## **SOUTH DAKOTA**

Office of Adult Services and Aging  
Richard F. Kneip Building  
700 Governors Drive  
Pierre, SD 57501-2291  
(605) 773-3656  
FAX: (605) 773-6834  
<http://www.state.sd.us/social/ASA/index.htm>

## **TENNESSEE**

Commission on Aging  
Andrew Jackson Building, 9th floor  
500 Deaderick Street  
Nashville, Tennessee 37243-0860  
(615) 741-2056  
FAX: (615) 741-3309  
<http://www.state.tn.us/comaging/>

## **TEXAS**

Texas Department on Aging  
4900 North Lamar, 4th Floor  
Austin, TX 78751 - 2316  
(512) 424-6840  
FAX: (512) 424-6890  
<http://www.texas.gov/agency/340.html>

## **UTAH**

Division of Aging & Adult Services  
Box 45500  
120 North 200 West  
Salt Lake City, UT 84145-0500  
(801) 538-3910  
FAX: (801) 538-4395  
<http://www.hsdaas.state.ut.us/SrvAge.htm>

## **VERMONT**

Vermont Department of Aging and Disabilities  
Waterbury Complex  
103 South Main Street  
Waterbury, VT 05671 - 2301  
(802) 241-2400  
FAX: (802) 241-2325  
<http://www.dad.state.vt.us/>

## **VIRGINIA**

Virginia Department for the Aging  
1600 Forest Avenue, Suite 102  
Richmond, VA 23229  
(804) 662-9333  
FAX: (804) 662-9354  
<http://www.aging.state.va.us/>

## **VIRGIN ISLANDS**

Virgin Islands Department of Human Services  
Knud Hansen Complex, Building A  
1303 Hospital Ground  
Charlotte Amalie, VI 00802  
(340) 774-0930  
FAX: (340) 774-3466

## **WASHINGTON**

Aging and Adult Services Administration  
Department of Social & Health Services  
PO Box 45050  
Olympia, WA 98504-5050  
(360) 725-2310  
In-state only: 1-800-422-3263  
FAX: (360) 438-8633  
<http://www.aasa.dshs.wa.gov/>

## **WEST VIRGINIA**

West Virginia Bureau of Senior Services  
Holly Grove - Building 10  
1900 Kanawha Boulevard East  
Charleston, WV 25305  
(304) 558-3317  
FAX: (304) 558-5699  
<http://www.state.wv.us/seniorservices/>

## **WISCONSIN**

Bureau of Aging and Long Term Care Resources  
Department of Health and Family Services  
1 West Wilson Street, Room 450  
Madison, WI 53707-7850  
(608) 266-2536  
FAX: (608) 267-3203  
<http://www.dhfs.state.wi.us/Aging/>

## **WYOMING**

Division on Aging  
Wyoming Department of Health  
6101 Yellowstone Road, Suite 259B  
Cheyenne, WY 82002-0710  
(307) 777-7986  
FAX: (307) 777-5340  
<http://wdhfs.state.wy.us/aging/index.html>

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***Appendix B:  
State Long-Term Care  
Ombudsman Programs***

## ***Appendix B: State Long-Term Care Ombudsman Programs***

### **ALABAMA**

State Long-Term Care Ombudsman  
Commission on Aging  
RSA Plaza, Suite 470  
770 Washington Avenue  
Montgomery, AL 36130  
(334) 242-5743  
FAX: (334) 242-3862

### **ALASKA**

State Long-Term Care Ombudsman  
Older Alaskans Commission  
3601 C Street, Suite 260  
Anchorage, AK 99503-5209  
(907) 334-4480  
FAX: (907) 334-4486

### **ARKANSAS**

State Long-Term Care Ombudsman  
Arkansas Division of Aging & Adult Services  
PO Box 1437, Slot 1412  
Little Rock, AR 72201-1437  
(501) 682-2441  
FAX: (501) 682-8155

### **ARIZONA**

State Long-Term Care Ombudsman  
Aging and Adult Administration  
Department of Economic Security  
1789 West Jefferson - 950A  
Phoenix, AZ 85007  
(602) 542-4446  
FAX: (602) 542-6575

### **CALIFORNIA**

State Long-Term Care Ombudsman  
Department of Aging  
1600 K Street  
Sacramento, CA 95814  
(916) 324-3968  
FAX: (916) 323-7299

### **COLORADO**

State Long-Term Ombudsman  
The Legal Center  
455 Sherman Street, Suite 130  
Denver, CO 80203  
(303) 722-0300 ext. 217  
FAX: (303) 722-0720

### **CONNECTICUT**

State Long-Term Care Ombudsman  
Department on Aging  
25 Sigourney Street - 10th Floor  
Hartford, CT 06106-5033  
(860) 424-5200 ext. 5221  
FAX: (860) 424-4966

### **DELAWARE**

State Long-Term Care Ombudsman  
Delaware Services for Aging and Adults  
1901 North Dupont Highway  
Main Administration Building Annex  
New Castle, DE 19702  
(302) 577-4791  
FAX: (302) 577-4793

## **DISTRICT OF COLUMBIA**

Long-Term Care Ombudsman  
AARP - Legal Counsel for the Elderly  
601 E Street, NW, 4th Floor, Building A  
Washington, DC 20049  
(202) 434-2140  
FAX: (202) 434-6595

## **FLORIDA**

Florida State Long-Term Care Ombudsman Council  
Holland Building, Rm. 270  
600 South Calhoun Street  
Tallahassee, FL 32301  
1-888-831-0404  
FAX: (850) 488-5657

## **GEORGIA**

State Long-Term Care Ombudsman  
Division of Aging Services  
2 Peachtree Street NW, 36th Floor  
Suite 36-385  
Atlanta, GA 30303-3176  
(888) 454-5826  
FAX: (404) 463-8384

## **HAWAII**

State Long-Term Care Ombudsman  
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FAX: (808) 586-0185

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Commission on Aging  
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## **ILLINOIS**

State Long-Term Care Ombudsman  
Illinois Department on Aging  
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## **INDIANA**

State Long-Term Care Ombudsman  
Division of Aging & Rehabilitation Services  
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Indianapolis, IN 46207-7083  
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## **IOWA**

State Long-Term Care Ombudsman  
Iowa Department of Elder Affairs  
Clemens Building  
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Des Moines, IA 50309-3609  
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**KANSAS**

Office of the State Long-Term Care Ombudsman  
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FAX: (785) 296-3916

**KENTUCKY**

State Long-Term Care Ombudsman  
Division of Family/Children Services  
275 E Main St - 5th Fl W  
Frankfort, KY 40621  
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FAX: (502)-564-4595

**LOUISIANA**

State Long-Term Care Ombudsman  
Governor's Office of Elderly Affairs  
412 N. 4th Street - 3rd Floor  
PO Box 80374  
Baton Rouge, LA 70802  
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FAX: (225) 342-7144

**MAINE**

Maine State Long-Term Care  
Ombudsman Program  
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Augusta, ME 04332  
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**MARYLAND**

State Long-Term Care Ombudsman  
Office on Aging  
State Office Building, Room 1007  
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Baltimore, MD 21201  
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FAX: (410) 333-7943

**MASSACHUSETTS**

State Long-Term Care Ombudsman  
Executive Office of Elder Affairs  
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Boston, MA 02108-1518  
(617) 727-7750  
FAX: (617) 727-9368

**MICHIGAN**

State Long-Term Care Ombudsman  
Citizens for Better Care  
4750 Woodward Avenue, Suite 410  
Detroit, MI 48201-1308  
(313) 832-6387  
FAX: (313) 832-7407

**MINNESOTA**

Office of Ombudsman for Older Minnesotans  
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St. Paul, MN 55101  
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FAX: (651) 297-5654

**MISSISSIPPI**

State Long-Term Care Ombudsman  
Division of Aging & Adult Services  
750 North State Street  
Jackson, MS 39202  
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FAX: (601) 359-4970

**MISSOURI**

State Long-Term Care Ombudsman  
Division on Aging  
Department of Social Services  
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Jefferson City, MO 65102-1337  
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**MONTANA**

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Office on Aging  
Department of Health and Human Services  
Senior & Long-Term Care Division  
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Helena, MT 59604-4210  
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**NEBRASKA**

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Department on Aging  
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301 Centennial Mall-South  
Lincoln, NE 68509-5044  
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**NEVADA**

State Long-Term Care Ombudsman  
Nevada Division for Aging Services  
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Reno, NV 89502  
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**NEW HAMPSHIRE**

State Long-Term Care Ombudsman  
Division of Elderly & Adult Services  
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Concord, NH 03301-3857  
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FAX: (603) 271-4771

**NEW JERSEY**

State Long-Term Care Ombudsman for  
Institutionalized Elderly  
PO Box 807  
Trenton, NJ 08625-0807  
(609) 943-4026  
FAX: (609) 588-3365

**NEW MEXICO**

State Long-Term Care Ombudsman  
State Agency on Aging  
1410 San Pedro Ne  
Albuquerque, NM 87110  
(505) 255-0971  
FAX: (505) 255-5602

**NEW YORK**

State Long-Term Care Ombudsman  
Office for the Aging  
2 Empire State Plaza  
Agency Building #2  
Albany, NY 12223-0001  
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FAX: (518) 474-7761

**NORTH CAROLINA**

State Long-Term Care Ombudsman  
Division of Aging  
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Raleigh, NC 27626-0531  
(919) 733-8395  
FAX: (919) 715-0868

**NORTH DAKOTA**

State Long-Term Care Ombudsman  
Aging Services Division, DHHS  
600 South 2nd Street, Suite 1C  
Bismarck, ND 58504  
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FAX: (701) 328-8989

**OHIO**

State Long-Term Care Ombudsman  
Department of Aging  
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Columbus, OH 43215-5928  
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**OKLAHOMA**

State Long-Term Care Ombudsman  
Aging Services Division, DHS  
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Oklahoma City, OK 73105  
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**OREGON**

Office of the Long Term Care Ombudsman  
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Salem, OR 97305 - 1251  
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**PENNSYLVANIA**

State Long-Term Care Ombudsman  
Department of Aging  
555 Walnut Street, 5th Floor  
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Harrisburg, PA 17101  
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FAX: (717) 783-3382

**PUERTO RICO**

State Long-Term Care Ombudsman  
Governor's Office for Elder Affairs  
Call Box 50063, Old San Juan Station  
San Juan, Puerto Rico 00902  
(787) 725-1515  
FAX: (787) 721-6510

**RHODE ISLAND**

State Long-Term Care Ombudsman  
Alliance for Better Long-Term Care  
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Warwick, RI 02888  
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**SOUTH CAROLINA**

State Long-Term Care Ombudsman  
Division on Aging  
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**SOUTH DAKOTA**

State Long-Term Care Ombudsman  
Office of Adult Services & Aging  
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Pierre, SD 57501-2291  
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**TENNESSEE**

State Long-Term Care Ombudsman  
Commission on Aging  
Andrew Jackson Building, 9th Floor  
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Nashville, TN 37243-0860  
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**TEXAS**

State Long-Term Care Ombudsman  
Department on Aging  
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Austin, TX 78751-2316  
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**UTAH**

State Long-Term Care Ombudsman  
Division of Aging and Adult Services  
Department Of Social Services  
120 North 200 West, Room 401  
Salt Lake City, Utah 84103  
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FAX: (801) 538-4395

**VERMONT**

State Long-Term Care Ombudsman  
Vermont Legal Aid, Inc.  
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Burlington, VT 05402  
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FAX: (802) 863-STET (7838)

**VIRGINIA**

State Long-Term Care Ombudsman  
Virginia Association of Area Agencies on Aging  
530 East Main Street, Suite 428  
Richmond, Virginia 23219  
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**WASHINGTON**

State Long-Term Care Ombudsman  
South King County Multi-Services Center  
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Federal Way, WA 98093  
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**WEST VIRGINIA**

State Long-Term Care Ombudsman  
Commission on Aging  
1900 Kanawha Boulevard East  
Charleston, WV 25309  
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**WISCONSIN**

State Long-Term Care Ombudsman  
Board on Aging and Long-Term Care  
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Madison, WI 53703-2118  
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FAX: (608) 261-6570

**WYOMING**

State Long-Term Care Ombudsman  
Wyoming Senior Citizens, Inc.  
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Wheatland, WY 82201  
(307) 322-5553  
FAX: (307) 322-3283

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| Green Thumb, Inc. (GT) . . . . .   | 27 |
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| National Caucus and Center on Black Aged, Inc. (NCBA) . . . . .                                | 37 |
| National Council on Aging, Inc. (NCOA) . . . . .   | 40 |
| National Resource and Information Center (NRIC) . . . . .                                      | 53 |
| National Senior Citizens Education and Research Center (NSCERC) . . . . .                      | 54 |
| National Urban League . . . . .  | 55 |

## **Environment**

|   |    |
|---|----|
| Environmental Protection Agency (EPA) . . . . .                       | 24 |
| National Institute of Environmental Health Sciences (NIEHS) . . . . . | 45 |

## **Epilepsy**

|   |    |
|---|----|
| Epilepsy Foundation . . . . .   | 24 |
| National Institute of Neurological Disorders and Stroke (NINDS) . . . . . | 46 |

## **Exercise**

|  |    |
|--|----|
| American College of Sports Medicine (ACSM) . . . . .   | 7  |
| American Heart Association (AHA) . . . . .   | 10 |
| Arthritis Foundation (AF) . . . . .  | 15 |
| Center for the Study of Aging/International Association of Physical Activity, Aging<br>and Sports (IAPAAS) . . . . . | 19 |
| Centers for Disease Control and Prevention . . . . .   | 19 |
| National Association for Health & Fitness (NAHF) . . . . .   | 33 |
| National Association for Human Development (NAHD) . . . . .  | 34 |
| President's Council on Physical Fitness and Sports (PCPFS) . . . . .   | 59 |
| Robert Wood Johnson Foundation . . . . .   | 60 |
| Young Men's Christian Association (YMCA) . . . . .   | 64 |
| Young Women's Christian Association (YWCA) . . . . .   | 64 |

## Eyes

|  |    |
|--|----|
| American Academy of Ophthalmology (AAO)                                    | 3  |
| American Council of the Blind (ACB)  | 7  |
| American Federation for the Blind (AFB)                                    | 8  |
| American Health Assistance Foundation (AHAF)                               | 9  |
| American Optometric Association (AOA)                                      | 12 |
| Better Vision Institute (BVI)  | 16 |
| Glaucoma Research Foundation (GRF)   | 27 |
| Lighthouse National Center for Vision and Aging (LNCVA)                    | 31 |
| National Eye Health Education Program (NEHEP)                              | 42 |
| National Library Service for the Blind and Physically Handicapped (NLSBPH) | 49 |
| Opticians Association of America (OAA)                                     | 57 |
| Prevent Blindness America (PBA)  | 59 |

## ***F***

### **Financial Information & Assistance**

|  |    |
|--|----|
| American Academy of Ophthalmology (AAO)                              | 3  |
| American Bar Association   | 5  |
| American Cancer Society (ACS)  | 6  |
| American Health Assistance Foundation (AHAF)                         | 9  |
| American Optometric Association (AOA)                                | 12 |
| American Red Cross   | 14 |
| Catholic Golden Age (CGA)  | 18 |
| Department of Veterans Affairs (VA)                                  | 22 |
| Disabled American Veterans (DAV)                                     | 23 |
| Health Care Financing Administration (HCFA)                          | 27 |
| Hill-Burton Free Medical Care Program                                | 28 |
| Leukemia and Lymphoma Society, Inc. (LLS)                            | 31 |
| Meals on Wheels Association of America (MOWAA)                       | 31 |
| Medicare Rights Center (MRC)   | 32 |
| National Committee to Preserve Social Security and Medicare (NCPSSM) | 39 |
| Pension and Welfare Benefits Administration (PWBA)                   | 58 |
| Social Security Administration (SSA)                                 | 61 |
| United Seniors Health Council (USHC)                                 | 62 |
| United Way of America  | 62 |

### **Foot Care**

|   |    |
|---|----|
| American Podiatric Medical Association (APMA) | 13 |
|---|----|

## **Fraud**

|   |    |
|---|----|
| Council of Better Business Bureaus (CBBB) . . . . .     | 21 |
| Department of Justice (DOJ) . . . . .                   | 21 |
| Federal Trade Commission (FTC) . . . . .                | 25 |
| Food and Drug Administration (FDA) . . . . .            | 25 |
| National Bar Association (NBA) . . . . .                | 37 |
| National Consumer's League (NCL) . . . . .              | 40 |
| National Council Against Health Fraud (NCAHF) . . . . . | 40 |

## **G**

### **Geriatrics**

|   |    |
|---|----|
| American Association for Geriatric Psychiatry (AAGP) . . . . .                  | 4  |
| American Geriatrics Society (AGS) . . . . .                                     | 9  |
| National Association of Professional Geriatric Care Managers (NAPGCM) . . . . . | 36 |

### **Gerontology**

|  |    |
|--|----|
| Association for Gerontology in Higher Education (AGHE) . . . . . | 16 |
| Gerontological Society of America (GSA) . . . . .                | 26 |
| National Gerontological Nursing Association (NGNA) . . . . .     | 42 |

### **Guardianship**

|  |    |
|--|----|
| American Health Care Association (AHCA) . . . . .            | 9  |
| Brookdale Center on Aging (BCOA) of Hunter College . . . . . | 17 |
| The Center for Social Gerontology (TCSG) . . . . .           | 18 |

## **H**

### **Health Care Policy**

|   |    |
|---|----|
| Administration on Aging (AoA) . . . . .   | 1  |
| Alliance for Aging Research . . . . .   | 1  |
| American College of Physicians-American Society of Internal Medicine (ACP-ASIM) . . . . . | 6  |
| American Hospital Association (AHA) . . . . .   | 10 |
| American Medical Association (AMA) . . . . .  | 11 |
| American Medical Directors Association (AMDA) . . . . .                                   | 11 |
| American Osteopathic Association . . . . .  | 12 |
| American Pharmaceutical Association (APhA) . . . . .                                      | 13 |
| American Society on Aging (ASA) . . . . .   | 14 |
| Center for Advancement of State Community Services Program (CASCSP) . . . . .             | 19 |
| National Association for Home Care (NAHC) . . . . .                                       | 34 |
| National Association of Community Health Centers (NACHC) . . . . .                        | 35 |
| National Association of State Units on Aging (NASUA) . . . . .                            | 36 |
| National Committee to Preserve Social Security and Medicare (NCPSSM) . . . . .            | 39 |

|  |    |
|--|----|
| National Osteoporosis Foundation (NOF) . . . . .                             | 51 |
| National Women’s Health Network (NWHN) . . . . .                             | 56 |
| Robert Wood Johnson Foundation (RWJF) . . . . .                              | 60 |
| Substance Abuse and Mental Health Services Administration (SAMHSA) . . . . . | 62 |

## Health Research

|   |    |
|---|----|
| Agency for Healthcare Research & Quality (AHRQ) . . . . .   | 1  |
| American Dental Association (ADA) . . . . .   | 7  |
| American Foundation for Urologic Diseases (AFUD) . . . . .  | 9  |
| American Health Foundation (AHF) . . . . .  | 10 |
| American Heart Association (AHA) . . . . .  | 10 |
| American Medical Association (AMA) . . . . .  | 11 |
| American Nurses Association (ANA) . . . . .   | 12 |
| American Parkinson’s Disease Association (APDA) . . . . .   | 13 |
| American Tinnitus Association (ATA) . . . . .   | 15 |
| Arthritis Foundation (AF) . . . . .   | 15 |
| Centers for Disease Control and Prevention (CDC) . . . . .  | 19 |
| Department of Transportation (DOT) . . . . .  | 22 |
| Epilepsy Foundation . . . . .   | 24 |
| Food and Drug Administration (FDA) . . . . .  | 25 |
| Foundation for Biomedical Research (FBR) . . . . .  | 26 |
| National Arthritis and Musculoskeletal and Skin Diseases Information Clearinghouse . . . . .            | 33 |
| National Cancer Institute (NCI) . . . . .   | 37 |
| National Center for Complementary and Alternative Medicine (NCCAM) Clearinghouse . . . . .              | 38 |
| National Diabetes Information Clearinghouse (NDIC) . . . . .  | 41 |
| National Digestive Diseases Information Clearinghouse (NDDIC) . . . . .                                 | 41 |
| National Eye Health Education Program (NEHEP) . . . . .   | 42 |
| National Gerontological Nursing Association (NGNA) . . . . .  | 42 |
| National Heart, Lung, and Blood Institute (NHLBI) Information Center . . . . .                          | 43 |
| National Human Genome Research Institute (NHGRI) . . . . .  | 44 |
| National Institute of Allergy and Infectious Diseases (NIAID) . . . . .                                 | 44 |
| National Institute of Child Health and Human Development (NICHD)<br>Information Clearinghouse . . . . . | 45 |
| National Institute of Dental and Craniofacial Research (NIDCR) . . . . .                                | 45 |
| National Institute of General Medical Sciences (NIGMS) . . . . .  | 45 |
| National Institute of Mental Health (NIMH) . . . . .  | 46 |
| National Institute of Neurological Disorders and Stroke (NINDS) . . . . .                               | 46 |
| National Institute of Nursing Research (NINR) . . . . .   | 46 |
| National Institute on Aging (NIA) . . . . .   | 47 |
| National Institute on Alcohol Abuse and Alcoholism (NIAAA) . . . . .                                    | 47 |
| National Institute on Deafness and Other Communication Disorders (NIDCD) . . . . .                      | 47 |
| National Institute on Drug Abuse (NIDA) . . . . .   | 48 |
| National Kidney and Urological Diseases Information Clearinghouse (NKUDIC) . . . . .                    | 48 |
| National Kidney Foundation (NKF) . . . . .  | 48 |

|   |    |
|---|----|
| National Library of Medicine (NLM) . . . . .              | 49 |
| National Organization for Rare Disorders (NORD) . . . . . | 51 |
| National Osteoporosis Foundation (NOF) . . . . .          | 51 |

**Hearing Loss**

|  |    |
|--|----|
| American Academy of Otolaryngology-Head and Neck Surgery, Inc. (AAO) . . . . .     | 3  |
| American Speech-Language-Hearing Association (ASHA) . . . . .                      | 15 |
| Better Hearing Institute . . . . .   | 16 |
| Captioned Media Program (CMP) . . . . .  | 17 |
| International Hearing Society (IHS) . . . . .                                      | 29 |
| National Association of the Deaf (NAD) . . . . .                                   | 36 |
| National Institute on Deafness and Other Communication Disorders (NIDCD) . . . . . | 47 |
| Self Help for Hard of Hearing People, Inc. (SHHH) . . . . .                        | 60 |

**Heart Diseases**

|  |    |
|--|----|
| American Association of Cardiovascular and Pulmonary Rehabilitation (AACVPR) . . . . . | 4  |
| American Health Assistance Foundation (AHAF) . . . . .                                 | 9  |
| American Health Foundation (AHF) . . . . .   | 10 |
| American Heart Association (AHA) . . . . .   | 10 |
| American Lung Association (ALA) . . . . .  | 10 |
| National Heart, Lung, and Blood Institute (NHLBI) Information Center . . . . .         | 43 |

**Hispanic Health**

|  |    |
|--|----|
| National Alliance for Hispanic Health . . . . .  | 32 |
| National Association for Hispanic Elderly (Asociación Nacional Por Personas Mayores) . . . . . | 34 |
| National Council of La Raza (NCLR) . . . . .   | 40 |
| National Hispanic Council on Aging (NHCoA) . . . . .   | 43 |
| Project Aliento . . . . .  | 59 |

**Home Health Care**

|  |    |
|--|----|
| American Medical Directors Association (AMDA) . . . . .                            | 11 |
| National Association for Home Care (NAHC) . . . . .                                | 34 |
| National Association for Practical Nurse Education and Services (NAPNES) . . . . . | 34 |
| National Association of Area Agencies on Aging (N4A) . . . . .                     | 35 |
| National Resource and Information Center (NRIC) . . . . .                          | 53 |
| Vestibular Disorders Association (VEDA) . . . . .                                  | 63 |
| Visiting Nurse Associations of America (VNAA) . . . . .                            | 63 |

**Horticultural Therapy**

|   |    |
|---|----|
| American Horticultural Therapy Association (AHTA) . . . . . | 10 |
|---|----|

## **Hospice**

|   |    |
|---|----|
| American Medical Directors Association (AMDA) .....             | 11 |
| National Association for Home Care (NAHC) .....                 | 34 |
| National Hospice and Palliative Care Organization (NHPCO) ..... | 43 |
| National Hospice Foundation (NHF) .....                         | 43 |
| Partnership for Caring, Inc. (PFC) .....                        | 58 |
| Visiting Nurse Associations of America (VNAA) .....             | 63 |

## **Hospitals**

|   |    |
|---|----|
| American Hospital Association (AHA) .....         | 10 |
| Department of Veterans Affairs (VA) .....         | 22 |
| Health Care Financing Administration (HCFA) ..... | 27 |
| Hill-Burton Free Medical Care Program .....       | 28 |

## **Housing**

|   |    |
|---|----|
| American Association of Homes and Services for the Aging (AAHSA) .....    | 5  |
| American Health Care Association (AHCA) .....                             | 9  |
| American Medical Directors Association (AMDA) .....                       | 11 |
| Assisted Living Foundation of America (ALFA) .....                        | 16 |
| B'nai B'rith .....  | 17 |
| Continuing Care Accreditation Commission (CCAC) .....                     | 20 |
| Elderweb .....  | 24 |
| National Council on Aging, Inc. (NCOA) .....                              | 40 |
| National Long-Term Care Ombudsmen Resource Center (NLTCRC) .....          | 49 |
| National Long-Term Care Resource Center (NLTCRC) .....                    | 50 |
| National Resource Center on Supportive Housing & Home Modifications ..... | 53 |

## **Huntington's Disease**

|   |    |
|---|----|
| Huntington's Disease Society of America (HDSA) .....                  | 28 |
| National Institute of Neurological Disorders and Stroke (NINDS) ..... | 46 |

## **Hysterectomy**

|   |    |
|---|----|
| American College of Obstetricians and Gynecologists (ACOG) .....        | 6  |
| Hysterectomy Educational Resources and Services Foundation (HERS) ..... | 29 |

## **I**

### **Immunizations**

|   |    |
|---|----|
| National Coalition for Adult Immunization (NCAI) .....              | 39 |
| National Institute of Allergy and Infectious Diseases (NIAID) ..... | 44 |

## **Incontinence**

|  |    |
|--|----|
| National Association for Continence (NAFC) .....                                 | 33 |
| National Kidney and Urological Diseases Information Clearinghouse (NKUDIC) ..... | 48 |
| Simon Foundation for Continence .....  | 61 |

## **Infectious Diseases**

|   |    |
|---|----|
| Centers for Disease Control and Prevention .....                    | 19 |
| National Coalition for Adult Immunization .....                     | 39 |
| National Institute of Allergy and Infectious Diseases (NIAID) ..... | 44 |

## **Insurance**

|   |    |
|---|----|
| Agency for Healthcare Research & Quality (AHRQ) ..... | 1  |
| American Association of Retired Persons (AARP) .....  | 5  |
| Health Care Financing Administration (HCFA) .....     | 27 |
| Health Insurance Association of America (HIAA) .....  | 28 |
| Medicare Rights Center (MRC) .....                    | 32 |
| Social Security Administration (SSA) .....            | 61 |
| United Seniors Health Council (USHC) .....            | 62 |

## **Intergenerational Programs**

|  |    |
|--|----|
| Corporation for National Service (CNS) .....     | 20 |
| Elder Craftsmen (EC) .....                       | 23 |
| Generations Online .....                         | 26 |
| Generations Together (GT) .....                  | 26 |
| Gray Panthers (GP) .....                         | 27 |
| National Council on Aging, Inc. (NCOA) .....     | 40 |
| National Urban League .....                      | 55 |
| Young Men's Christian Association (YMCA) .....   | 64 |
| Young Women's Christian Association (YWCA) ..... | 64 |

## **J**

### **Japanese American Health**

|  |    |
|--|----|
| Japanese American Citizens League (JACL) ..... | 30 |
|--|----|

### **Joint & Bone Diseases**

|  |    |
|--|----|
| American Academy of Orthopaedic Surgeons (AAOS) .....                                    | 3  |
| National Arthritis and Musculoskeletal and Skin Diseases Information Clearinghouse ..... | 33 |
| National Osteoporosis Foundation (NOF) .....   | 51 |
| NIH Osteoporosis and Related Bone Diseases National Resource Center (NIH-ORBD-NRC) ..    | 56 |
| Paget Foundation for Paget's Disease of Bone and Related Disorders (PF) .....            | 58 |

## **K**

### **Kidney Diseases**

|  |    |
|--|----|
| American Foundation for Urologic Diseases (AFUD) .....                           | 9  |
| National Kidney and Urological Diseases Information Clearinghouse (NKUDIC) ..... | 48 |
| National Kidney Foundation .....   | 48 |

## **L**

### **Legal Issues**

|  |    |
|--|----|
| American Bar Association .....   | 5  |
| Brookdale Center on Aging (BCOA) of Hunter College .....                         | 17 |
| The Center for Social Gerontology (TCSG) .....                                   | 18 |
| Eldercare Initiative in Consumer Law (EICL) .....                                | 23 |
| Equal Employment Opportunity Commission (EEOC) .....                             | 24 |
| Legal Counsel for the Elderly (LCE) .....  | 30 |
| Legal Services for the Elderly (LSE) .....                                       | 30 |
| National Academy of Elder Law Attorneys, Inc. (NAELA) .....                      | 32 |
| National Association of State Units on Aging (NASUA) .....                       | 36 |
| National Bar Association (NBA) .....   | 37 |
| National Center on Poverty Law, Inc. (NCPL) .....                                | 39 |
| National Legal Support for Elderly People with Mental Disabilities Project ..... | 49 |
| National Long-Term Care Resource Center (NLTCRC) .....                           | 50 |
| National Senior Citizens Law Center (NSCLC) .....                                | 54 |
| Pension Rights Center (PRC) .....  | 58 |

### **Leisure Activities**

|  |    |
|--|----|
| American Association of Retired Persons (AARP) .....             | 5  |
| Catholic Golden Age (CGA) .....                                  | 18 |
| Elder Craftsmen (EC) .....                                       | 23 |
| Elderhostel .....  | 23 |
| National Association of Area Agencies on Aging (N4A) .....       | 35 |
| National Senior Games Association (NSGA) .....                   | 54 |
| President's Council on Physical Fitness and Sports (PCPFS) ..... | 59 |
| Young Men's Christian Association (YMCA) .....                   | 64 |
| Young Women's Christian Association (YWCA) .....                 | 64 |

### **Leukemia**

|   |    |
|---|----|
| Leukemia and Lymphoma Society, Inc. (LLS) ..... | 31 |
| National Cancer Institute (NCI) .....           | 37 |

## Long-Term Care

|  |    |
|--|----|
| American Association of Homes and Services for the Aging (AAHSA)         | 5  |
| American Geriatrics Society (AGS)  | 9  |
| American Health Care Association (AHCA)                                  | 9  |
| American Medical Directors Association (AMDA)                            | 11 |
| Assisted Living Foundation of America (ALFA)                             | 16 |
| Beverly Foundation   | 17 |
| Center for Advancement of State Community Services Program (CASCSP)      | 19 |
| Elderweb   | 24 |
| Health Insurance Association of America (HIAA)                           | 28 |
| Kansas Geriatric Education Center (KS-GEC)                               | 30 |
| National Association for Practical Nurse Education and Services (NAPNES) | 34 |
| National Association of Activity Professionals (NAAP)                    | 35 |
| National Association of State Units on Aging (NASUA)                     | 36 |
| National Citizen's Coalition for Nursing Home Reform (NCCNHR)            | 39 |
| National Committee to Preserve Social Security and Medicare (NCPSSM)     | 39 |
| National Council on Aging, Inc. (NCOA)                                   | 40 |
| National Long-Term Care Ombudsmen Resource Center (NLTCORC)              | 49 |
| National Long-Term Care Resource Center (NLTCRC)                         | 50 |
| National Resource Center: Diversity and Long-Term Care (NRCDLTC)         | 53 |

## Low Vision

|  |    |
|--|----|
| American Academy of Ophthalmology (AAO)                                    | 3  |
| American Council of the Blind (ACB)  | 7  |
| American Foundation for the Blind (AFB)                                    | 8  |
| American Optometric Association (AOA)                                      | 12 |
| Better Vision Institute (BVI)  | 16 |
| Glaucoma Research Foundation (GRF)   | 27 |
| Lighthouse National Center for Vision and Aging (LNCVA)                    | 31 |
| National Eye Health Education Program (NEHEP)                              | 42 |
| National Library Service for the Blind and Physically Handicapped (NLSBPH) | 49 |
| Opticians Association of America (OAA)                                     | 57 |
| Prevent Blindness America (PBA)  | 59 |

## Lung Diseases

|  |    |
|--|----|
| American Association of Cardiovascular and Pulmonary Rehabilitation (AACVPR) | 4  |
| American Lung Association (ALA)  | 10 |
| National Heart, Lung, and Blood Institute (NHLBI) Information Center         | 43 |
| Pulmonary Fibrosis Foundation (PFF)  | 59 |

## Lupus

|  |    |
|--|----|
| Arthritis Foundation (AF)  | 15 |
| Lupus Foundation of America (LFA)  | 31 |
| National Arthritis and Musculoskeletal and Skin Diseases Information Clearinghouse | 33 |

## **M**

### **Medicaid**

|   |    |
|---|----|
| Health Care Financing Administration (HCFA) . . . . . | 27 |
|---|----|

### **Medicare**

|  |    |
|--|----|
| Health Care Financing Administration (HCFA) . . . . .                          | 27 |
| Medicare Rights Center (MRC) . . . . .   | 32 |
| National Committee to Preserve Social Security and Medicare (NCPSSM) . . . . . | 39 |

### **Medical Care**

|   |    |
|---|----|
| American Academy of Dermatology . . . . .   | 2  |
| American Academy of Family Physicians (AAFP) . . . . .                                    | 2  |
| American Academy of Neurology (AAN) . . . . .   | 3  |
| American Academy of Ophthalmology (AAO) . . . . .   | 3  |
| American Academy of Orthopaedic Surgeons (AAOS) . . . . .                                 | 3  |
| American Academy of Otolaryngology-Head and Neck Surgery, Inc. (AAO) . . . . .            | 3  |
| American Academy of Physical Medicine and Rehabilitation (AAPMR) . . . . .                | 3  |
| American Association of Critical-Care Nurses (AACN) . . . . .                             | 4  |
| American Chiropractic Association (ACA) . . . . .   | 6  |
| American College of Obstetricians and Gynecologists (ACOG) . . . . .                      | 6  |
| American College of Physicians-American Society of Internal Medicine (ACP-ASIM) . . . . . | 6  |
| American College of Surgeons (ACS) . . . . .  | 7  |
| American Dental Association (ADA) . . . . .   | 7  |
| American Geriatrics Society (AGS) . . . . .   | 9  |
| American Medical Association (AMA) . . . . .  | 11 |
| American Nurses Association (ANA) . . . . .   | 12 |
| American Osteopathic Association . . . . .  | 12 |
| American Podiatric Medical Association (APMA) . . . . .                                   | 13 |
| Department of Veterans Affairs (VA) . . . . .   | 22 |
| Hill-Burton Free Medical Care Program . . . . .   | 28 |
| National Medical Association (NMA) . . . . .  | 50 |

### **Medicines**

|   |    |
|---|----|
| American Academy of Family Physicians (AAFP) . . . . .                  | 2  |
| American Association of Retired Persons (AARP) . . . . .                | 5  |
| American Pharmaceutical Association (APhA) . . . . .                    | 13 |
| Food and Drug Administration (FDA) . . . . .                            | 25 |
| National Council on Patient Information and Education (NCPIE) . . . . . | 41 |

## Men's Health

|  |    |
|--|----|
| American Cancer Society (ACS) . . . . .                    | 6  |
| American Foundation for Urologic Diseases (AFUD) . . . . . | 9  |
| Young Men's Christian Association (YMCA) . . . . .         | 64 |

## Menopause

|  |    |
|--|----|
| American College of Obstetricians and Gynecologists (ACOG) . . . . .           | 6  |
| American Menopause Foundation (AMF) . . . . .                                  | 11 |
| National Heart, Lung, and Blood Institute (NHLBI) Information Center . . . . . | 43 |
| National Osteoporosis Foundation (NOF) . . . . .                               | 51 |
| North American Menopause Society (NAMS) . . . . .                              | 56 |

## Mental Health

|  |    |
|--|----|
| American Association for Geriatric Psychiatry (AAGP) . . . . .               | 4  |
| American Association for Marriage and Family Therapy . . . . .               | 4  |
| American Counseling Association (ACA) . . . . .                              | 7  |
| American Psychiatric Association (APA) . . . . .                             | 14 |
| American Psychological Association (APA) . . . . .                           | 14 |
| National Alliance for the Mentally Ill (NAMI) . . . . .                      | 32 |
| National Association for Human Development (NAHD) . . . . .                  | 34 |
| National Association of Social Workers (NASW) . . . . .                      | 36 |
| National Institute of Mental Health (NIMH) . . . . .                         | 46 |
| National Mental Health Association (NMHA) . . . . .                          | 50 |
| Substance Abuse and Mental Health Services Administration (SAMHSA) . . . . . | 62 |

## Minority Health

|  |    |
|--|----|
| Administration on Aging (AoA) . . . . .  | 1  |
| Indian Health Service (IHS) . . . . .  | 29 |
| Japanese American Citizens League (JACL) . . . . .   | 30 |
| National Alliance for Hispanic Health . . . . .  | 32 |
| National Asian Pacific Center on Aging (NAPCA) . . . . .                                       | 33 |
| National Association for Hispanic Elderly (Asociación Nacional Por Personas Mayores) . . . . . | 34 |
| National Caucus and Center on Black Aged, Inc. (NCBA) . . . . .                                | 37 |
| National Council of La Raza (NCLR) . . . . .   | 40 |
| National Hispanic Council on Aging (NHCoA) . . . . .   | 43 |
| National Indian Council on Aging (NICOA) . . . . .   | 44 |
| National Medical Association (NMA) . . . . .   | 50 |
| National Resource Center: Diversity and Long-Term Care (NRCDLTC) . . . . .                     | 53 |
| National Resource Center on Native American Aging (NRCNAA) . . . . .                           | 53 |
| National Urban League . . . . .  | 55 |
| Native Elder Health Care Resource Center (NEHRC) . . . . .                                     | 56 |
| Organization of Chinese Americans (OCA) . . . . .  | 57 |
| Project Aliento . . . . .  | 59 |

## **Mouth Care**

|  |    |
|--|----|
| American Dental Association (ADA) . . . . .                              | 7  |
| National Institute of Dental and Craniofacial Research (NIDCR) . . . . . | 45 |

## **Multiple Sclerosis**

|   |    |
|---|----|
| National Institute of Neurological Disorders and Stroke (NINDS) . . . . . | 46 |
| National Multiple Sclerosis Society (NMSS) . . . . .                      | 50 |

## **Music Therapy**

|   |    |
|---|----|
| American Music Therapy Association (AMTA) . . . . . | 11 |
|---|----|

## **N**

### **Native American Health**

|  |    |
|--|----|
| Indian Health Service (IHS) . . . . .                                | 29 |
| National Association of Area Agencies on Aging (N4A) . . . . .       | 35 |
| National Indian Council on Aging (NICOA) . . . . .                   | 44 |
| National Resource Center on Native American Aging (NRCNAA) . . . . . | 53 |
| Native Elder Health Care Resource Center (NEHRC) . . . . .           | 56 |

### **Native Hawaiian Health**

|  |    |
|--|----|
| National Resource Center on Native American Aging (NRCNAA) . . . . . | 53 |
| Native Elder Health Care Resource Center (NEHCRC) . . . . .          | 56 |

### **Nurses**

|  |    |
|--|----|
| American Association of Critical-Care Nurses (AACN) . . . . .                      | 4  |
| American Nurses Association (ANA) . . . . .  | 12 |
| National Association for Practical Nurse Education and Services (NAPNES) . . . . . | 34 |
| National Gerontological Nursing Association (NGNA) . . . . .                       | 42 |
| National Institute of Nursing Research (NINR) . . . . .                            | 46 |
| Visiting Nurse Associations of America (VNAA) . . . . .                            | 63 |

### **Nursing Homes**

|  |    |
|--|----|
| American Association of Homes and Services for the Aging (AAHSA) . . . . . | 5  |
| American Geriatrics Society (AGS) . . . . .                                | 9  |
| American Health Care Association (AHCA) . . . . .                          | 9  |
| American Medical Directors Association (AMDA) . . . . .                    | 11 |
| Health Care Financing Administration (HCFA) . . . . .                      | 27 |
| National Citizen's Coalition for Nursing Home Reform (NCCNHR) . . . . .    | 39 |
| National Long-Term Care Ombudsmen Resource Center (NLTCORC) . . . . .      | 49 |
| National Long-Term Care Resource Center (NLTCRC) . . . . .                 | 50 |

## **Nutrition**

|   |    |
|---|----|
| American Dietetic Association (ADA) . . . . .                                   | 8  |
| American Heart Association (AHA) . . . . .                                      | 10 |
| Food and Drug Administration (FDA) . . . . .                                    | 25 |
| Food and Nutrition Information Center (FNIC) . . . . .                          | 25 |
| Meals on Wheels Association of America (MOWAA) . . . . .                        | 31 |
| National Association of Area Agencies on Aging (N4A) . . . . .                  | 35 |
| National Association of Nutrition and Aging Service Programs (NANASP) . . . . . | 35 |
| National Association of State Units on Aging (NASUA) . . . . .                  | 36 |
| National Policy and Resource Center on Nutrition and Aging . . . . .            | 51 |

## **Q**

### **Occupational Therapy**

|  |    |
|--|----|
| American Occupational Therapy Association, Inc. (AOTA) . . . . . | 12 |
| Visiting Nurse Associations of America (VNAA) . . . . .          | 63 |

### **Osteopathy**

|  |    |
|--|----|
| American Osteopathic Association . . . . . | 12 |
|--|----|

### **Osteoporosis**

|  |    |
|--|----|
| American Academy of Orthopaedic Surgeons (AAOS) . . . . .                                    | 3  |
| American College of Obstetricians and Gynecologists (ACOG) . . . . .                         | 6  |
| National Arthritis and Musculoskeletal and Skin Diseases Information Clearinghouse . . . . . | 33 |
| National Osteoporosis Foundation (NOF) . . . . .   | 51 |
| NIH Osteoporosis and Related Bone Diseases National Resource Center (NIH-ORBD-NRC) . . . . . | 56 |

## **P**

### **Paget's Disease**

|  |    |
|--|----|
| National Arthritis and Musculoskeletal and Skin Diseases Information Clearinghouse . . . . . | 33 |
| NIH Osteoporosis and Related Bone Diseases National Resource Center (NIH-ORBD-NRC) . . . . . | 56 |
| Paget Foundation for Paget's Disease of Bone and Related Disorders (PF) . . . . .            | 58 |

### **Parkinson's Disease**

|   |    |
|---|----|
| American Parkinson's Disease Association (APDA) . . . . .                 | 13 |
| National Institute of Neurological Disorders and Stroke (NINDS) . . . . . | 46 |
| Parkinson's Disease Foundation (PDF) . . . . .                            | 58 |

**Pensions**

|  |    |
|--|----|
| Department of Labor (DOL) .....                          | 22 |
| Department of Veterans Affairs (VA) .....                | 22 |
| Disabled American Veterans (DAV) .....                   | 23 |
| Older Women's League (OWL) .....                         | 57 |
| Pension and Welfare Benefits Administration (PWBA) ..... | 58 |
| Pension Rights Center (PRC) .....                        | 58 |
| Social Security Administration (SSA) .....               | 61 |

**Pet Therapy**

|                     |    |
|---------------------|----|
| Delta Society ..... | 21 |
|---------------------|----|

**Physical Fitness**

|  |    |
|--|----|
| American College of Sports Medicine (ACSM) .....   | 7  |
| American Heart Association (AHA) .....   | 10 |
| Arthritis Foundation (AF) .....  | 15 |
| Center for the Study of Aging/International Association of Physical Activity, Aging<br>and Sports (IAPAAS) ..... | 19 |
| Centers for Disease Control and Prevention .....   | 19 |
| National Association for Health & Fitness (NAHF) .....   | 33 |
| National Association for Human Development (NAHD) .....  | 34 |
| President's Council on Physical Fitness and Sports (PCPFS) .....   | 59 |
| Robert Wood Johnson Foundation .....   | 60 |
| Young Men's Christian Association (YMCA) .....   | 64 |
| Young Women's Christian Association (YWCA) .....   | 64 |

**Physical Therapy**

|   |    |
|---|----|
| American Physical Therapy Association (APTA) .....  | 13 |
| Visiting Nurse Associations of America (VNAA) ..... | 63 |

**Prostate Diseases**

|  |    |
|--|----|
| American Foundation for Urologic Diseases (AFUD) .....                         | 9  |
| National Kidney and Urologic Diseases Information Clearinghouse (NKUDIC) ..... | 48 |

**Psychiatry**

|  |    |
|--|----|
| American Association for Geriatric Psychiatry (AAGP) ..... | 4  |
| American Psychiatric Association (APA) .....               | 14 |

**R****Rehabilitation**

|  |   |
|--|---|
| American Academy of Physical Medicine and Rehabilitation (AAPMR) .....             | 3 |
| American Association of Cardiovascular and Pulmonary Rehabilitation (AACVPR) ..... | 4 |

|   |    |
|---|----|
| American Council of the Blind (ACB) . . . . .   | 7  |
| American Horticultural Therapy Association (AHTA) . . . . .   | 10 |
| American Music Therapy Association (AMTA) . . . . .   | 11 |
| American Occupational Therapy Association, Inc. (AOTA) . . . . .  | 12 |
| American Physical Therapy Association (APTA) . . . . .  | 13 |
| Better Hearing Institute . . . . .  | 16 |
| Delta Society . . . . .   | 21 |
| Department of Veterans Affairs (VA) . . . . .   | 22 |
| Lighthouse National Center for Vision and Aging (LNCVA) . . . . .                                       | 31 |
| National Association of Activity Professionals (NAAP) . . . . .   | 35 |
| National Institute of Child Health and Human Development (NICHD)<br>Information Clearinghouse . . . . . | 45 |
| National Rehabilitation Information Center (NARIC) . . . . .  | 52 |
| National Stroke Association (NSA) . . . . .   | 55 |

**Respite Care**

|  |    |
|--|----|
| Brookdale Center on Aging (BCOA) of Hunter College . . . . . | 17 |
| Well Spouse Foundation (WSF) . . . . .                       | 63 |

**Restless Legs**

|   |    |
|---|----|
| Restless Legs Syndrome Foundation . . . . . | 60 |
|---|----|

**Retirement Planning**

|  |    |
|--|----|
| American Association of Retired Persons (AARP) . . . . .     | 5  |
| Continuing Care Accreditation Commission (CCAC) . . . . .    | 20 |
| National Association for Human Development (NAHD) . . . . .  | 34 |
| Pension and Welfare Benefits Administration (PWBA) . . . . . | 58 |
| SPRY Foundation . . . . .                                    | 62 |
| United Seniors Health Council (USHC) . . . . .               | 62 |

**Rural Health**

|  |    |
|--|----|
| Green Thumb, Inc. (GT) . . . . .                                     | 27 |
| Kansas Geriatric Education Center (KS-GEC) . . . . .                 | 30 |
| National Council on Aging, Inc. (NCOA) . . . . .                     | 40 |
| National Resource Center on Native American Aging (NRCNAA) . . . . . | 53 |
| National Rural Health Association (NRHA) . . . . .                   | 54 |

**S**

**Safety**

|   |    |
|---|----|
| American Red Cross . . . . .                    | 14 |
| Department of Labor (DOL) . . . . .             | 22 |
| Department of Transportation (DOT) . . . . .    | 22 |
| Environmental Protection Agency (EPA) . . . . . | 24 |

|   |    |
|---|----|
| Food and Drug Administration (FDA) . . . . .                            | 25 |
| Food and Nutrition Information Center (FNIC) . . . . .                  | 25 |
| National Consumer's League . . . . .                                    | 40 |
| National Council on Patient Information and Education (NCPIE) . . . . . | 41 |

**Skin Diseases**

|  |    |
|--|----|
| American Academy of Dermatology . . . . .  | 2  |
| American Cancer Society (ACS) . . . . .  | 6  |
| National Arthritis and Musculoskeletal and Skin Diseases Information Clearinghouse . . . . . | 33 |
| National Cancer Institute (NCI) . . . . .  | 37 |
| National Psoriasis Foundation (NPF) . . . . .  | 52 |
| The Skin Cancer Foundation . . . . .   | 61 |

**Sleep Disorders**

|  |    |
|--|----|
| National Heart, Lung, and Blood Institute (NHLBI) Information Center . . . . . | 43 |
| National Sleep Foundation (NSF) . . . . .                                      | 55 |

**Social Security**

|  |    |
|--|----|
| National Committee to Preserve Social Security and Medicare (NCPSSM) . . . . . | 39 |
| Social Security Administration (SSA) . . . . .                                 | 61 |

**Spanish Language Resources**

|   |    |
|---|----|
| AIDS Clinical Trials Information Service (ACTIS) . . . . .  | 1  |
| Alzheimer's Association . . . . .   | 2  |
| American Cancer Society (ACS) . . . . .   | 6  |
| American Diabetes Association (ADA) . . . . .   | 8  |
| Brookdale Center on Aging (BCOA) of Hunter College . . . . .  | 17 |
| Centers for Disease Control and Prevention (CDC) . . . . .  | 19 |
| HIV/AIDS Treatment Information Service (ATIS) . . . . .   | 28 |
| National Alliance for Hispanic Health . . . . .   | 32 |
| National Asian Pacific Center on Aging (NAPCA) . . . . .  | 33 |
| National Association for Hispanic Elderly (Asociación Nacional Por Personas Mayores) . . . . .          | 34 |
| National Coalition for Adult Immunization (NCAI) . . . . .  | 39 |
| National Council of La Raza (NCLR) . . . . .  | 40 |
| National Diabetes Information Clearinghouse (NDIC) . . . . .  | 41 |
| National Hispanic Council on Aging (NHCoA) . . . . .  | 43 |
| National Institute of Allergy and Infectious Diseases (NIAID) . . . . .                                 | 44 |
| National Institute of Child Health and Human Development (NICHD)<br>Information Clearinghouse . . . . . | 45 |
| National Institute of General Medical Sciences (NIGMS) . . . . .  | 45 |
| National Institute on Aging (NIA) . . . . .   | 47 |
| National Institute on Drug Abuse (NIDA) . . . . .   | 48 |
| National Women's Health Information Center (NWHI) . . . . .   | 56 |
| North American Menopause Society (NAMS) . . . . .   | 56 |

|  |    |
|--|----|
| Pension Rights Center (PRC) . . . . .  | 58 |
| Project Aliento . . . . .  | 59 |
| Social Security Administration (SSA) . . . . .                               | 61 |
| Substance Abuse and Mental Health Services Administration (SAMHSA) . . . . . | 62 |

**Speech Therapy**

|   |    |
|---|----|
| American Speech-Language-Hearing Association (ASHA) . . . . . | 15 |
| Visiting Nurse Associations of America (VNAA) . . . . .       | 63 |

**Statistics**

|  |    |
|--|----|
| Administration on Aging (AoA) . . . . .                    | 1  |
| Agency for Healthcare Research & Quality (AHRQ) . . . . .  | 1  |
| Census Bureau . . . . .                                    | 18 |
| Centers for Disease Control and Prevention (CDC) . . . . . | 19 |
| Department of Justice (DOJ) . . . . .                      | 21 |
| Department of Labor (DOL) . . . . .                        | 22 |
| Health Care Financing Administration (HCFA) . . . . .      | 27 |
| National Center for Health Statistics (NCHS) . . . . .     | 38 |
| Social Security Administration (SSA) . . . . .             | 61 |

**Stroke**

|  |    |
|--|----|
| American Academy of Neurology (AAN) . . . . .                                  | 3  |
| American Health Assistance Foundation (AHAF) . . . . .                         | 9  |
| American Heart Association (AHA) . . . . .                                     | 10 |
| American Stroke Association (ASA) . . . . .                                    | 15 |
| National Heart, Lung, and Blood Institute (NHLBI) Information Center . . . . . | 43 |
| National Institute of Neurological Disorders and Stroke (NINDS) . . . . .      | 46 |
| National Stroke Association (NSA) . . . . .                                    | 55 |

**Support Groups**

|   |    |
|---|----|
| Alzheimer’s Association . . . . .   | 2  |
| American Brain Tumor Association (ABTA) . . . . .                           | 5  |
| American Cancer Society (ACS) . . . . .                                     | 6  |
| American Diabetes Association (ADA) . . . . .                               | 8  |
| American Menopause Foundation (AMF) . . . . .                               | 11 |
| American Parkinson’s Disease Association (APDA) . . . . .                   | 13 |
| American Stroke Association (ASA) . . . . .                                 | 15 |
| American Tinnitus Association (ATA) . . . . .                               | 15 |
| Arthritis Foundation (AF) . . . . .   | 15 |
| Children of Aging Parents (CAPS) . . . . .                                  | 19 |
| Epilepsy Foundation . . . . .   | 24 |
| Gray Panthers (GP) . . . . .  | 27 |
| Huntington’s Disease Society of America (HDSA) . . . . .                    | 28 |
| Hysterectomy Educational Resources and Services Foundation (HERS) . . . . . | 29 |

|  |    |
|--|----|
| International Tremor Foundation (ITF) . . . . .              | 29 |
| Japanese American Citizens League (JACL) . . . . .           | 30 |
| Leukemia and Lymphoma Society, Inc. (LLS) . . . . .          | 31 |
| Lupus Foundation of America (LFA) . . . . .                  | 31 |
| National Alliance for the Mentally Ill (NAMI) . . . . .      | 32 |
| National Association for Continence (NAFC) . . . . .         | 33 |
| National Association on HIV Over Fifty (NAHOF) . . . . .     | 37 |
| National Family Caregivers Association (NFCA) . . . . .      | 42 |
| National Hispanic Council on Aging (NHCoA) . . . . .         | 43 |
| National Hospice Foundation (NHF) . . . . .                  | 43 |
| National Interfaith Coalition on Aging (NICA) . . . . .      | 48 |
| National Kidney Foundation . . . . .                         | 48 |
| National Multiple Sclerosis Society (NMSS) . . . . .         | 50 |
| National Organization for Rare Disorders (NORD) . . . . .    | 51 |
| National Organization for Victim Assistance (NOVA) . . . . . | 51 |
| National Psoriasis Foundation (NPF) . . . . .                | 52 |
| National Self-Help Clearinghouse (NSHC) . . . . .            | 54 |
| National Stroke Association (NSA) . . . . .                  | 55 |
| Parkinson's Disease Foundation (PDF) . . . . .               | 58 |
| Partnership for Caring, Inc. (PFC) . . . . .                 | 58 |
| Prevent Blindness America (PBA) . . . . .                    | 59 |
| Restless Legs Syndrome Foundation . . . . .                  | 60 |
| Self Help for Hard of Hearing People, Inc. (SHHH) . . . . .  | 60 |
| Simon Foundation for Continence . . . . .                    | 61 |
| Well Spouse Foundation (WSF) . . . . .                       | 63 |
| Young Women's Christian Association (YWCA) . . . . .         | 64 |

**Surgery**

|   |    |
|---|----|
| American College of Surgeons (ACS) . . . . .  | 7  |
| American Hospital Association (AHA) . . . . . | 10 |

***T***

**Therapy**

|  |    |
|--|----|
| American Association for Geriatric Psychiatry (AAGP) . . . . . | 4  |
| American Association for Marriage and Family Therapy . . . . . | 4  |
| American Counseling Association (ACA) . . . . .                | 7  |
| American Horticultural Therapy Association (AHTA) . . . . .    | 10 |
| American Music Therapy Association (AMTA) . . . . .            | 11 |
| American Psychiatric Association (APA) . . . . .               | 14 |
| American Psychological Association (APA) . . . . .             | 14 |
| Delta Society . . . . .  | 21 |
| National Mental Health Association (NMHA) . . . . .            | 50 |

## **Transportation**

|  |    |
|--|----|
| American Cancer Society (ACS) .....                          | 6  |
| Beverly Foundation .....                                     | 17 |
| Community Transportation Association of America (CTAA) ..... | 20 |
| Department of Transportation (DOT) .....                     | 22 |
| National Association of Area Agencies on Aging (N4A) .....   | 35 |

## **Travel**

|  |    |
|--|----|
| American Association of Retired Persons (AARP) ..... | 5  |
| B'nai B'rith .....                                   | 17 |
| Catholic Golden Age (CGA) .....                      | 18 |
| Elderhostel .....                                    | 23 |

## **Tremor**

|   |    |
|---|----|
| International Tremor Foundation (ITF) ..... | 29 |
|---|----|

## **U**

### **Urologic Diseases**

|  |    |
|--|----|
| American Foundation for Urologic Diseases (AFUD) .....                           | 9  |
| National Kidney and Urological Diseases Information Clearinghouse (NKUDIC) ..... | 48 |

## **V**

### **Veterans Health**

|   |    |
|---|----|
| Department of Veterans Affairs (VA) ..... | 22 |
| Disabled American Veterans (DAV) .....    | 23 |

### **Volunteers**

|  |    |
|--|----|
| Corporation for National Service (CNS) .....   | 20 |
| Delta Society .....                            | 21 |
| Legal Counsel for the Elderly (LCE) .....      | 30 |
| National Council on Aging, Inc. (NCOA) .....   | 40 |
| United Way of America .....                    | 62 |
| Volunteers of America .....                    | 63 |
| Young Men's Christian Association (YMCA) ..... | 64 |

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## **W**

### **Women's Health**

|   |    |
|---|----|
| American College of Obstetricians and Gynecologists (ACOG) .....        | 6  |
| American Menopause Foundation (AMF) .....                               | 11 |
| DES Action .....  | 22 |
| Hysterectomy Educational Resources and Services Foundation (HERS) ..... | 29 |
| National Osteoporosis Foundation (NOF) .....                            | 51 |
| National Resource and Information Center (NRIC) .....                   | 53 |
| National Women's Health Information Center (NWHI) .....                 | 56 |
| National Women's Health Network (NWHN) .....                            | 56 |
| North American Menopause Society (NAMS) .....                           | 56 |
| Older Women's League (OWL) .....  | 57 |
| Young Women's Christian Association (YWCA) .....                        | 64 |

