

Cable service ends

Page 2: The current contract with Cable Onda will expire Saturday. However, a plan has been worked out to ensure that cable television will continue till Sept. 30. The new service will be free. See Page 2 and find out the procedures on how to receive this free cable television service.

Future of *Tropic Times*

Beginning next week, the *Tropic Times* newspaper will be published by a contractor in Panama City. The newspaper, which will either be eight or 12 pages in length, will continue to be published weekly till Nov. 23. The *Tropic Times* will continue to publish classified ads and notices, and it will be distributed Friday mornings.

Skills Development Ctr.

The Howard AFB Skills Development Center is now open in Building 707. The center offers awards, plaques and much more. Hours of operation are: 11 a.m. – 3 p.m. Mondays and 10 a.m.–4 p.m. Tuesdays-Fridays. The center is closed Saturdays, Sundays and holidays. For more information call 284-6107.

Tropic Times

Vol. XII No. 30

Fort Clayton and Howard Air Force Base, Republic of Panama
Serving the Joint Community

Friday, July 30, 1999

USARSO departs Panama

Historic Departure Ceremony held at Fort Clayton's Soldier's Field.

story by Charles S. McElroy
Tropic Times Staff

FORT CLAYTON PANAMA — Fort Clayton's Soldier's Field was the scene of today's historic U.S. Army South Departure Ceremony, bringing 96 years of U.S. Army service that included defending the Panama Canal and aiding the democratization of Latin America and the Caribbean Basin to an end in Panama.

In accordance with the 1977 Panama Canal Treaty, U.S. Army South has been directed to relocate on permanent change of station order #5-32 from Fort Clayton, Panama, to its new duty station in Fort Buchanan, Puerto Rico, effective Saturday.

Many distinguished guests, to include military and political dignitaries, were present at the departure ceremony.

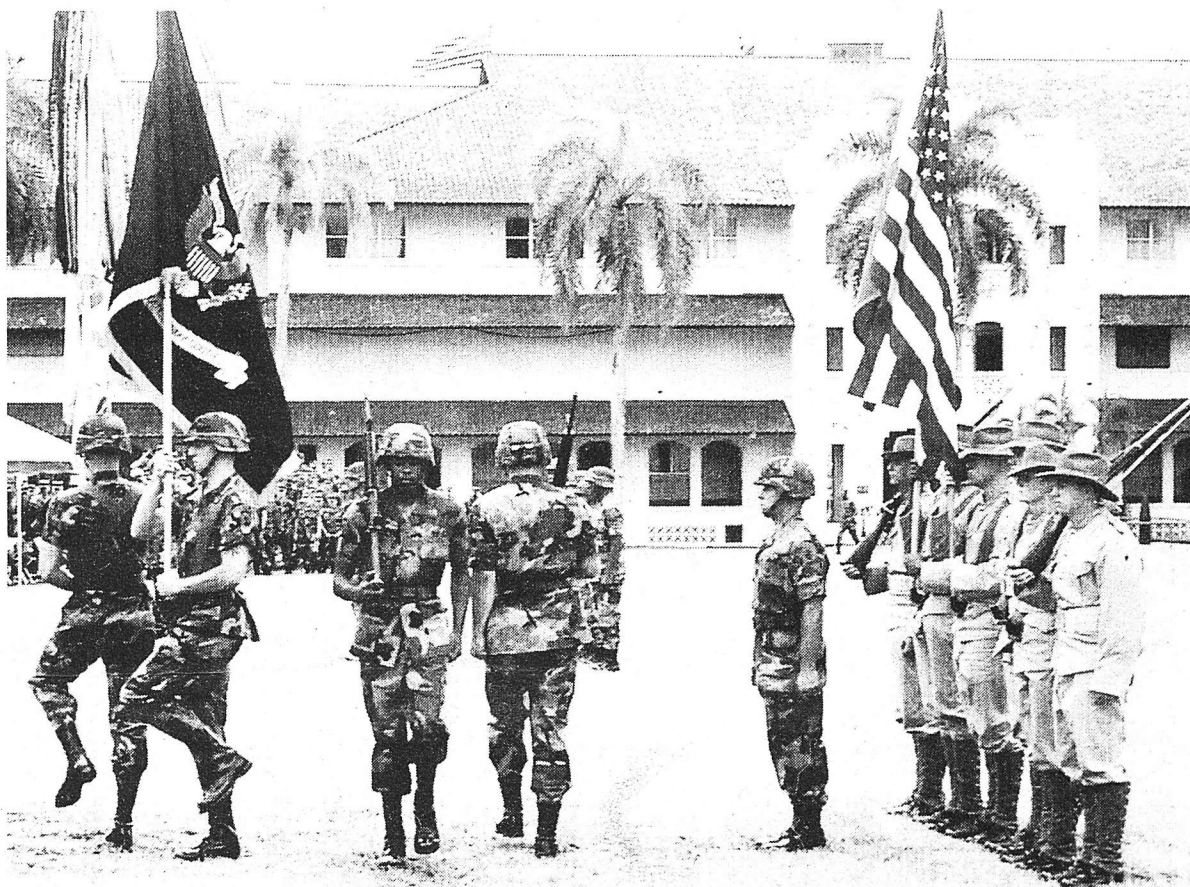
There were also many thousands more who could be there in spirit only — those who toiled to construct the Panama Canal, those whose service to defend it throughout two world wars and a decades long Cold War; those who are thankful for the stability brought to Latin America and the Caribbean Basin over the last 50 years.

They too were present at this solemn occasion.

CINC, CG address crowd

"The United States has had a long and distinguished military presence in Panama since the first U.S. Army troops arrived in Panama in 1911 to oversee the construction of the Panama Canal and defend it," said Marine Gen. Charles E. Wilhelm, commander in chief, U.S. Southern Command.

In his address, Gen. Wilhelm went on to say, "Since the establishment of the U.S. Southern Command in 1963, USARSO has played a pivotal role in the successful accomplishments of our theater-wide missions and



Spc. Kenneth K. Rockett (*Tropic Times*)

U.S. Army South soldiers prepare to carry the USARSO and U.S. Army colors off Fort Clayton's Soldier's Field Friday during the USARSO Departure Ceremony. The colors were retired and will be unfurled in Fort Buchanan, Puerto Rico, USARSO's new home, in early August.

you have provided critically important security to the Panama Canal. You have undertaken humanitarian and peacekeeping efforts in Latin America. You have provided aid and comfort to needy refugees searching only for freedom, and when it came time to defend and uphold democracy, you performed flawlessly."

Gen. Wilhelm also expressed profound gratitude to the people of Panama for their support, hospitality and friendship.

"We are grateful for the long-standing personal friendships and professional relationships that your presence here have engendered," Wilhelm said.

Speaking on behalf of USARSO, Maj. Gen. Philip R. Kensinger Jr., U.S. Army South commanding general, said that the task ahead is a difficult one mainly because of the emotions surrounding the departure of USARSO from Panama.

However, he said that in the act of departing, USARSO could hold its head up high knowing that Panama and the region are better for USARSO's presence.

"Panama is many things," said Maj. Gen. Kensinger, "but mostly it is a pathway, a nexus connecting the world. It is a place where the U.S. Army has spent nearly 100 years, first defending the

Panama Canal and then bringing peace and stability to the region."

Kensinger went on to make the important point that despite a tumultuous half century, every nation in the region with the exception of Cuba is now led by a democratically elected, civilian government.

Maj. Gen. Kensinger went on to say that USARSO, working closely with the U.S. Southern Command and the armed forces of Argentina, Brazil and Chile, helped mediate the Peru-Ecuador border dispute by mobilizing an observer mission and establishing a cease fire and facilitating a long term solution.

"Trouble is not limited to the man-made variety," Maj. Gen. Kensinger said. "In 1998, Hurricanes Mitch and Georges swept through the Caribbean and Central America leaving thousands dead and injured, millions homeless and roads, bridges and agricultural land decimated."

Maj. Gen. Kensinger noted that the U.S. Southern Command, heavily supported by USARSO, moved immediately to provide relief and assistance.

Fort Buchanan is new home

USARSO will move to Fort Buchanan, Puerto Rico, Saturday. USARSO will continue to be the U.S. Southern Command's Army component in the region.

"Our forward presence will ensure that Latin America and the Caribbean will continue to receive the military attention that their size, location and economic and cultural links to the U.S. warrant," Maj. Gen. Kensinger

Continued on Pages 10-11.



Spc. Kenneth K. Rockett (*Tropic Times*)

Marine Gen. Charles E. Wilhelm, U.S. Southern Command commander in chief (right), Col. Bernardo C. Negrete, U.S. Army South chief of staff (center), and Maj. Gen. Philip R. Kensinger Jr., U.S. Army South commanding general inspect the troops during the USARSO Departure Ceremony held today on Fort Clayton's Soldier's Field.

Cable Onda service ends

FORT CLAYTON — Cable TV as we know it will end Saturday. The current contract with the cable provider, Cable Onda, will expire on that date. However, a plan has been worked out to ensure that you will be able to continue to enjoy television in Panama until Sept. 30.

There are some things you will be required to do in order to receive this extended service. You must turn in your current cable box to Cable Onda by today. Then bring a copy of your turn-in documents to the Community Office on Fort Clayton or the 24 CS/SCM on Howard AFB.

By doing this you will be able to sign for an activated cable box and enjoy available service without the monthly cable bill. The new boxes are currently available.

The channels available will be re-

duced. However, you will receive channels 8, 14, 15, 16, CNN, TBS, TNT, ESPN and MTV.

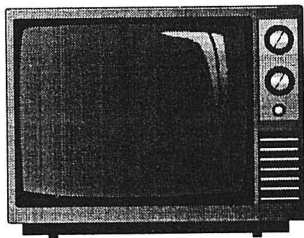
This service is free and will continue until Sept. 30.

At that time, all cable boxes must be returned and the only available station will be Channel 8.

Remember, to receive free cable you must clear through Cable Onda and sign for an activated box from the Community Office, Building 127, Fort Clayton or 24 CS/

SCM, Building 714 on Howard AFB. There are a limited number of boxes and the service is for installation residents only.

If you have questions pertaining to this new service please contact Sgt. 1st Class Kewley at 288-5913 or Capt. Brooks at 284-3211.



Tropic Breeze Club closes

HOWARD AFB — The Tropic Breeze Club closes Saturday. At that time, all check cashing of personal and payroll checks services will cease.

Individuals may pay for merchandise in services facilities with their personal checks, but the transaction will be limited to the amount of purchase only.

Memberships within the Air Force Club Program will not be terminated.

Dues will be suspended Sunday through your arrival at your next duty station.

We encourage remaining club members not to resign their memberships, to continue making payments on their card balances, and finally, to transfer their club membership upon arrival at their next installation.

Effective Sunday, the existing Top 3/Officer's Lounge will become a Base Lounge, open to all ranks, 18 and older.

With the Tropic Breeze Club closure, the following Non-appropriated Fund Sales are scheduled:

◆Monday-Aug. 6: Sealed bid sale for all commercial kitchen equipment and high-valued items such as big screen TVs.

ID card holders are allowed to view the equipment between 7 a.m. – 4 p.m. on these dates. Deadline for bid submittals is Aug. 6 at 2 p.m.

◆Aug. 14: NAF Sale for all remaining Tropic Breeze NAF equipment 8 a.m. – 12 p.m. at the Tropic Breeze Club, Building 710.

For more information, contact Mitchell Hebert, chief of Business Support Flight, at 284-3856.



Your one-stop source of
information in Panama

Fort Clayton, Howard Air Force Base, Republic of
Panama
Serving the Joint community

**The Tropic Times is
on the World Wide
Web!**

That's right. All you have to do is
write (www.tropictimes.com) and
you're there. Find the top stories
affecting the U.S. Armed Forces in
Panama. Look for updates often.



Sgt. Paul Bouchard (Tropic Times)

Wisconsin native marries local girl

U.S. Army South Deputy Public Affairs Officer Capt. Larry D. Winchel married Geneva M. Molina Saturday at the Fort Clayton Chapel, marking the last wedding at the chapel. Capt. Winchel and his wife have two children, Joshua, 5, (center) and Nicole, one month, (right). They are joined by family and friends who attended the wedding. Religious services will now be held at the Corozal Chapel in East Corozal. For more information on religious services, call 288-6201 or 285-4095.

Tropic Times

This authorized unofficial command information publication is for U.S. armed forces overseas. The *Tropic Times* is published in conjunction with the Armed Forces Information Program of the Department of Defense, under the supervision of the Director of Public Affairs, U.S. Southern Command. Contents of the *Tropic Times* do not necessarily represent the official views of the U.S. government, the Department of Defense or the U.S. Southern Command.

Tropic Times, Unit 7145, APO AA 34004.

Building 405, Field Printing Plant, Corozal One West

Phone: 285-6612/4666 or FAX 285-6613.

E-Mail: pbouchard@usarso-lan1.army.mil

USARSO LAN address: pbouchard@sopa@usarso

Tropic Times on the World Wide Web at: www.tropictimes.com

E-Mail: pbouchard@usarso-lan1.army.mil

Commander in Chief Gen. Charles E. Wilhelm
Director, U.S. Southern Command Public Affairs Col. Vicente C. Ogilvie
U.S. Southern Command Public Affairs Office (305) 437-1200
Editor Sgt. Paul Bouchard
Assistant Editor Sgt. Tywana Gordon
Writer/Editor Spc. Kenneth K. Rockett
Writer/Editor Griselda Sterling
Writer/Editor Carmela Lowe Goben

Writer/Editor Charles Scott McElroy
Office Automation Clerk Tina Summerton
Office Clerk Disenia Ortega
U.S. Army South Commanding General Maj. Gen. Philip R. Kensinger Jr.
U.S. Army South Public Affairs Office 288-3143
Public Affairs Officer Lt. Col. Byron D. Conover
Deputy Public Affairs Officer Capt. Larry D. Winchel
Command Information Gaby Capriles
Journalist Spc. Deborah L. Long
24th Wing Commander Col. Roger Corbin
24th Wing Public Affairs Office 284-5459
Chief of Public Affairs Capt. Joseph Della Vedova
NCOIC Tech. Sgt. Miconna J. Boaldin
Editor Staff Sgt. John B. Dendy IV
Director, Joint Interagency Task Force South Col. Barry J. Chisholm
Joint Interagency Task Force South Public Affairs Office 284-7502

Military looks to Hispanics to fill out its thinning ranks

(This article recently appeared in The Miami Herald.)

Uncle Sam wants you, *amigo*.

Deeply downsized yet facing growing demands, the U.S. military is battling "a shortage in the ranks," Army Secretary Louis Caldera recently said.

The Army alone may need 20,000 to 50,000 more soldiers in the coming years, Caldera said, and it is particularly seeking soldiers of Hispanic descent. They constitute seven percent of the overall Army and just 3.5 percent of officers.

Caldera, who met with news executives and members of the editorial board of The Herald, echoed concerns voiced with increasing volume in the Pentagon in recent years: More than 10 years of declining defense budgets have strained resources for a military force whose mission has expanded well beyond the battlefield.

Recruitment, he said, is the top short-term challenge.

"Even at the small-size military we have now, we're having trouble filling the force," Caldera said.

Just 10 years ago the Army had 770,000 personnel. Today, with Cold War tensions eased, the number is down nearly 40 percent to 480,000. At the same time, he said, the military is being asked to play more roles around the globe — from tracking drug traffickers in South America, to helping keep the peace in Haiti and Bosnia, to humanitarian efforts like helping victims of Hurricane Mitch in Central America.

Currently, the Army is about 7,500 soldiers short of recruit-

ment goals, largely because the social and economic landscape has changed profoundly, he said. The job market is booming, some 65 percent of high school graduates now go on to college, and family traditions of military service have faded.

Caldera proposes several programs to make the Army more attractive. One would target college students struggling to juggle jobs and education. The other would aim at high school dropouts who score high on intelligence and motivation tests and don't have troubled backgrounds.

That would particularly help reach Hispanics, who are more often forced out of school to help families make ends meet, he said.

Caldera — a West Point and Harvard Law School graduate and former California lawmaker born to immigrant Mexican parents in El Paso, Texas — said Hispanics are underrepresented in all military branches. With the Hispanic population booming in the United States, he said, it is critical to add more soldiers and officers.

The Army, he said, already plans to double its advertising budget in Spanish-language media and will tailor its overall campaign for a broader appeal. Recruitment programs also will target several states with large Hispanic populations.

But small numbers don't mean Hispanics haven't been successful in the Army, he said. They tend to express higher interest in service and to have higher retention rates than other groups, he said. "They make great soldiers, if they'll come into the military."

Clayton Finance Office receives more Seguro Social Refunds

FORT CLAYTON— Below is a new list of individuals who have refund checks ready to pick up at the Finance Office, Building 519, Disbursing Cage. Individuals must sign for the checks themselves, and amounts cannot be given over the telephone. For any other questions, contact the Disbursing Section at 288-6707/7812:

ADONICAN, RAFAEL A
ALVARADO, LEONEL
ALVAREZ, FRANCISCO
ALVENDAS, JOSE C
ALVEO, LUIS A
ARROCHA, LISSETTE S
ASYN, PHILLIP
AVILA, LUCAS
BARNETT, RHONA E
BARRERA, ROBERTO
BURKE, EDWIN L.
BUSTAMANTE, CELIO
CABRERA, MIGUEL A
CASTILLO, PEDRO
CEDENO, EDWIN
CENTELLA, JUAN P
CHONG, ALVARO E
CRUZ, CARLOS J.
CUBILLA, CANDELARIO
CUEVAS, AVILA JULIO J
DE LA CRUZ, RODOLFO
DE LA CRUZ, RUTH DE
DE LEON ANNABELLE
DELGADO, CATALINO
DOMINGUEZ, G EVILIO A
DONADIO, FRANCISCO
DURANGO, FABIAN
ECHEVERRIA, SAMUEL
EDWARDS, SAMUEL A.
ELIAS, GLADYS E.
ELLIOTT, CARLOTA
ESCOBAR, FARES S
ESPINO, EUSTORGIO
ESPINOSA, A JACINTO
FAGE BOUCHE, ANDREW D
FERNANDEZ, AUSTREBERTO
FLORES, ROY
FOSTER, OSVALDO A
FRANCIS, ELIGIO A.
GARAGATE, CECILIO A.
GARCIA, LUIS E.
GOMEZ, KATHYA L DE
GOMEZ, SIMON
GONZALES, CLARA I
GONZALEZ GILBERTO E
GOYTIA, ABDIEL
GRENALD, REGINALDO
GUERRA, FERNANDO
GUERRERO, EULOGIO
HAYNES, ADA C
HERRAR, NICANOR B.
HILL, MARIO A
HUNT, LEONARDO E
IBANEZ, CARMEN
JALIL, SARA DE
JAMES, ELVIRA V
JARVIS, ELEIDA
JOHN, JORGE
JOHNSON, JANELL K
JOSEPH, HECTOR
LAPADULA, DOMINGO
LEGAL, TINA M
LETELIER, BLANCA
LINDO, ARTURO S.
LOKEE, ALEXIS
LOPEZ, L DELFINO
LOZADA, JOSE
LUNA, LEONIDAS
MADRID, WENCESLAO
MALCA, BETTY E
MALDONADO, SALOMON E
MANFREDO, GLORIA E.
MARISCAL, DOMINGO
MATHIAS, CYNTHIA OLIVIA
MCFARLANE, ENRIQUE
MCKAY, BEYRA

MCLEAN, NORMA
MEDINA, B OSCAR
MEJIA, ROLANDO O.
MENDEZ, JOSE ROGELIO
MOLINAR, ARCADIO
MONCRIEFFE, ANTONIETA
MORALES, JESSICA M
MORALES, MARLENE
MORALES, ADELINA
MORENO, EUDIS E
MUNOZ, CARLOS
MUNOZ, FELIZ
NARANJO, CLARITZA B
NUÑEZ, IRVING N
NUNEZ, AGUSTIN
OCANAH, ELIGIO R.
ORTEGA, GERARDO
ORTEGA, VALENTIN
OSORIO, ELIODORO
PALACIOS, EDUARDO
PALAU, CARLOS
PALAZON MARCELA
PERALTA, ELOY
PEREN, CARLOS
PEREZ, EUGENIO
PINNOCK, ENRIQUE
POZO, DANIEL S.
QUINTERO, SECUNDINO
RESTREPO, CESAR
REYES, AFRODISIO
REYES, SAMUEL E.
RICHARDS EMILIO
RIGBY, OTILIO
RIOS, JOSE MANUEL
RIVERA, JOSE I.
RODRIGUEZ, EDUARDO
RODRIGUEZ, ALONSO
RODRIGUEZ, ERICK
RODRIGUEZ, MARGA A. DE
ROGNONI, PAULINA
ROMERO, JOSE
ROSE, JULIAN
SALAZAR, RODRIGO A
SALGADO, JORGE
SANCHEZ, ABDIEL A
SMALL, YASMIN VELASCO
SMITH, REMECIO
SOLANILLA, CHRISTIAN E
SOLIS, DALYS E
SOLIS, P FERNANDO
SOLIS, P RUBEN D
SOLIS, CRISTOBAL
SOLIS, RUBEN
SUGASTE, OSCAR E
SUIRA, S GERARDO
TOPPIN, HUMBERTO A
UMANZOR, CARLOS M.
URRIOLA, DALVIS H
VALMON, JUANA MILLER D
VALMON, JUANA MILLER
VARGAS, SANTIAGO
WALKER, GUILLERMO L
WILKIE, EGBERT
WILLIAMS, NESTOR
WILSON, EVELYN MARIA
WRIGHT, ALINA DE

Job Announcement American Red Cross Vacancy Posting

FORT CLAYTON — After Hours Worker: The American Red Cross is seeking a qualified individual to join its staff at Fort Clayton, Panama as an After-Hours Worker.

Duties include: Provide social services to members of the military and their families; verification of emergency leave information for military commanders; financial assistance and confidential counseling. Worker will be on call nights, weekends and holidays.

Requirements: Office administration, command of the English language, typing, word processing and problem solving skills, patience, compassion and flexibility. Knowledge of Red Cross social service, skills in personal interaction and knowledge of military regulations preferred. Must be available for

three days and two nights of training.

Overseas Posting only: Station requirements:

Must hold a valid military privileges ID card, be a U.S. citizen, reside within 20 minutes of Fort Clayton and have access to telephone and transportation.

Wages: \$5.50 per hour, with a guarantee of a minimum of 10 hours per week

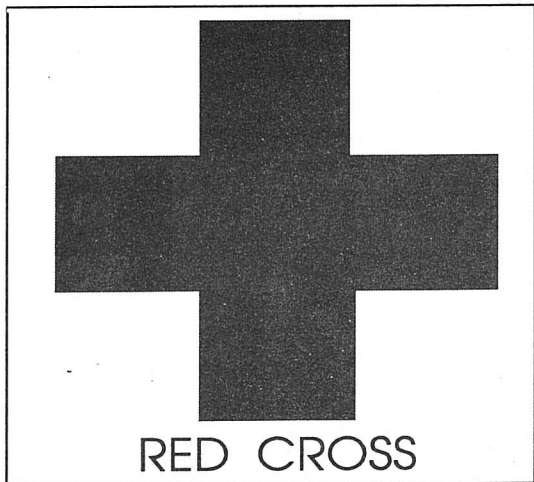
when scheduled.

Qualified persons may submit a resume at Building 519, Room 344 or mail resume to:

Office of the Station Manager
American Red Cross
Unit 7125

APO AA 34004-5000

Closing date: Thursday, 1999
No telephone calls, please.



Important Howard CPO Information

by Joan Whigham
Civilian Personnel Office

HOWARD — Currently employed military spouses — permanent, term or temporary — who will be departing Howard Air Force Base on permanent change of station orders, are encouraged to contact the Howard Civilian Personnel Office for an exit appointment at their earliest convenience.

In addition to the required SF-52s — Request for Personnel Action — for Leave Without Pay and if necessary, resignation — we have developed a package of information for your use in applying for employment at your next-duty station.

Departing employees should be prepared to provide a copy of a current application, SF-171— Application for Federal Employment; OF-612 — Optional Application for Federal Employment for federal employment or resume, that must be included with your paperwork.

We receive calls from employees on or just prior to their last day of employment, seeking assistance with the Howard clearance procedures for their new duty station. Situations of this nature often prevent this office from providing the in-depth counseling required to prepare employees to seek employment in the future.

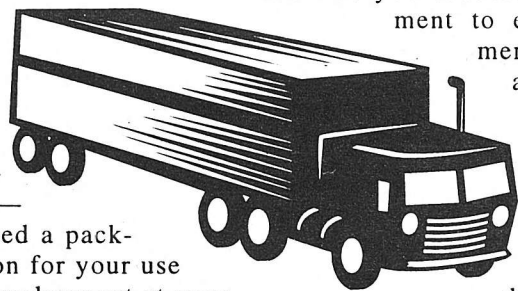
To provide timely and accurate service to all our customers, we do ask that you schedule an appointment to ensure a staff member is available to assist you.

Our office hours are 7:15 a.m. - 4:15 p.m. Monday - Friday. For more

information, call 284-5851.

Additionally, we can also provide employment advice to any individual who is interested in seeking federal employment in the future.

Employment handouts and an internet reference guide are available at the Civilian Personnel Office in Building 707.



Howard AFB Furniture Sale

HOWARD — Howard AFB offers excess property sales now that the base has sufficient household furnishings to serve people departing Panama on permanent-change-of-station status.

People are now authorized to purchase 1) loaner furniture in their residence; or 2) the appliances in their Military Family Housing or their Unaccompanied Personnel Housing residence.

If people need additional loaner furniture they may call 284-5040 or visit the Furnishings Management Office warehouse at Building 255, from 9 a.m. - noon Tuesday - Thursday. For safety purposes, children will not be allowed to enter the warehouse.

Subject to availability, the excess furniture will be delivered, and as people outprocess their quarters they may purchase it. As a reminder, all purchases are for personal use only and not for resale.

People should buy before this Sunday. After that date all money transfers will go through Davis-Monthan Air Force Base, Ariz.

Unaccompanied personnel need to advise the

Transportation Management Office that they are shipping household goods versus unaccompanied baggage, and that the weight of their shipment is no more than 10 percent of their household goods allowance to avoid shipping costs.

For more information, call Mary Joe Fraguero at 284-5040.



Practice good personal hygiene during flu season

by Staff Sgt. T. Forrest Kays
24th Public Health Flight

HOWARD — Flu season is rampant in Panama, and local airmen are at risk, 24th Medical Group authorities report.

In North America, influenza has one season when the majority of cases occur — December to April.

There are two flu seasons in Panama—May through June and October through November. Panama is suffering from an unusually high number of flu cases during the transition between flu seasons.

The Panama Ministry of Health has reported 30,000 cases of the flu and 12 related deaths this year.

Flu is caused by viruses that infect the respiratory tract. Compared with most viral respiratory infections — such as the common cold — flu infection often causes a more severe illness.

Typically, the flu occurs with fever — usually 100-to-103-degrees in adults and often even higher in children — and respiratory symptoms such as cough, sore throat, runny or stuffy nose, as well as headache, muscle aches and extreme fatigue.

Although nausea, vomiting and diarrhea can sometimes accompany flu infection — especially in children — gastrointestinal symptoms are rarely prominent.

Most people who get the flu re-

cover completely in one to two weeks, but some people develop serious and potentially life-threatening medical complications, such as pneumonia.

Flu-related complications can occur at any age. However, the elderly and people with chronic health problems are much more likely to develop serious complications after a flu infection than are younger or healthier people.

The Department of Defense receives and distributes flu vaccines for the North American season, usually in October.

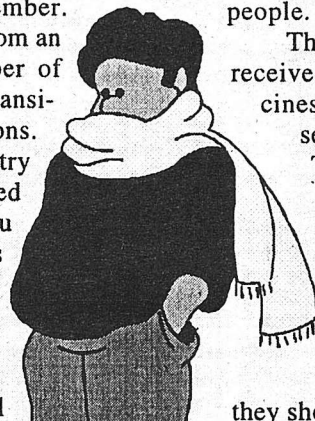
There are no vaccines to protect area airmen and their families from the current strain of viruses circulating in the local community.

If a person does experience flu symptoms, they should report to the Howard Air Force Base Clinic for evaluation from a medical provider.

A throat swab test can be taken, and if a person does have the flu virus, the information collected from the person's strain may be included in the following year's vaccine.

To protect themselves now, people should practice good personal hygiene and healthy behavior such as regular exercise and proper diet. That will help them steer clear of the current infection.

For more information contact the Howard Public Health Flight at 284-5415.



Hazardous material turn-in

by Staff Sgt. Roosevelt Shavers, Jr.
Bioenvironmental Engineering

HOWARD — Hazardous material items that remain unopened at Howard Air Force Base must first be considered for turn-in to the 24th Supply Squadron Pick-up and Delivery Section.

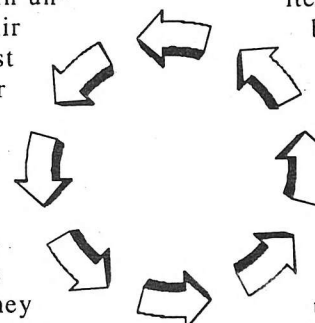
Every expeditionary force requires these materials — they range from paints to film — from the day they arrive to the day they depart.

Few airmen are qualified to determine what happens to these materials — the options are disposal or redeployment for reuse at other

bases. One collection point at Howard is in Building 255. The staff's decision to accept these items is done case-by-case because they have limited storage space. Call 284-4345 for details.

Items for consideration need to be serviceable, unopened and labeled with a stock number. Partially used products should be turned in to the 24th Environmental Flight for reuse or disposal.

For details on disposing of hazardous waste, call the 24th Bioenvironmental Engineering Flight at 284-4701 or Environmental at 284-5165.



Puerto Rico Mailing Addresses

The official mailing addresses for U.S. Army South (USARSO) at Fort Buchanan has been established. It is as follows:

COMMANDER, U.S. ARMY SOUTH
ATTN: OFFICE SYMBOL (IDENTIFIER OR NAME OF OFFICE) PO
BOX 34000

FORT BUCHANAN PR 00934-3400
For faster processing by postal machines, do not use any type of punctuation in the last two lines of the address. Please notice there is no unit

number. The address may not be longer than four lines. Office symbols will remain the same in Puerto Rico as they are here in Panama.

For personal mail, general delivery service will be available for a period not to exceed 90 days for those military and civilian personnel who will be on Permanent Change of Station to Fort Buchanan, Puerto Rico. The General Delivery address is as follows:

NAME
GENERAL DELIVERY

FORT BUCHANAN
FORT BUCHANAN PR 00934
To receive the general delivery service, fax a copy of your PCS orders to the Puerto Rico Directorate of Information Management (DOIM) Office at DSN 740-3349; Tel: 273-3349; or mail to DOIM, SOFB-IM, PO BOX 34000, Fort Buchanan PR 00934-3400.
For more information, call the USARSO Official Mail Manager at 288-3406.

Howard Taxi
228-6204 or 284-4787
Clayton Taxi



232-4046
Corozal Taxi
232-6023
232-6024



Kudos Corner

Thanks upon departing Panama

Dear Editor:

I remember the day I arrived in Panama and the feeling of confusion that soon followed. Not knowing the language, the customs and the style of driving, I thought to myself, what have I gotten myself into? I went back to the states four times in that year, each time vowing not to return.

After a long, hard talk with myself I realized that something valuable is to be gained from every difficult situation and that I could and would make it. I did come back, bought a Spanish/English dictionary and enrolled in a Spanish class, learned my way around and all the various hand and facial gestures, as well as the lingo, and bought a big car with good insurance. All of this was 20 years ago.

I cannot believe the time has passed so quickly and I had hoped this would never end. As I depart this beautiful country and this wonderful USARSO community I want to take this opportunity to say thank you to all those that have touched my life in one way or the other. It would take this entire newspaper if I listed each name, but I do want to mention just a few. A special thanks to the pleasant folks, that so often go unnoticed, at the Commissary, PX, and Gas Station. You are wonderful. The ever helpful people at Carson Wagonlit Travel and the Community Bank. I'll miss our chats.

To the commanders, soldiers, civilian, family members, DODD's personnel, and the ADAPCP staff, thank you for the support and cooperation.

So many of my good friends have left already but a few still remain such as Frances, Sheila, Marilyn, Yvette, Don and Rene Carter and the weekend gang, and my just-like-family-friends Adella and Pete. Having the opportunity to experience Panama has been a real gift and a true blessing, one that I will never forget. I wish you the best and I will truly miss you.

Rowena Conley



Appreciation from the Printing Services Center

Dear Editor,

I would like to take this opportunity to express my sincere appreciation to the Directorate of Engineering and Housing electricians, air-conditioner technicians, plumbers, locksmith Gudiño and others, for their outstanding support to the Printing Center over the years.

My appreciation is also extended to the Directorate of Logistics, especially Mr. Cruz, Mr. Inniss, Mr. Silcott, Mr. Anderson and Mr. Reyes.

The fast service, quality maintenance and positive attitude of these employees helped us out of countless jams and enabled us to keep operating smoothly no matter what difficulties arose.

My heartfelt thanks for jobs well done that made my job a lot easier!

Ricardo A. Ara
Production Supervisor
Printing Services Center

Etiquette and the Common Cold

story by Carmela Lowe Gubern

Tropic Times Staff

Because of the flu epidemic currently taking place in Panama, we find it appropriate to share some rules of etiquette on the handling of the common cold or influenza.

◆ If you have a cold, avoid kissing others, even on the cheek.

◆ Under no circumstances should a person infected with a cold visit a sick (hospitalized) person.

◆ A person with a cold should stay clearly away from babies. Babies are highly susceptible to catching colds, as are older persons.

◆ Clearing the throat, accompanied by spitting into a tissue, belongs strictly out of sight and hearing.

◆ Good sense demands the covering of one's nose and mouth when coughing and sneezing to avoid spreading the infection.

◆ No formal apology is necessary for a sneeze, beyond a murmured "sorry." "God bless you" once, if at all, to a sneezer is enough. (The custom of saying "God bless you" to someone who sneezes, stems from the superstition of primitive people that some part of the soul escapes momentarily with a sneeze, giving an evil spirit a chance to enter unless the way is "magically" blocked by such words).

◆ An adequate supply of tissues is far better and more hygienic than repeated use of a damp, rumpled handkerchief.

◆ The prospective guest who comes down with a heavy cold just before a party should call the hostess and cancel out rather than risk infecting other guests. No matter how much inconvenience or disappointment the cancellation may cause, there should only be one

correct response from the hostess: "I'm so sorry, I hope you will feel better soon."

◆ A person with a cold should postpone an appointment with the dentist, the beauty shop operator, the doctor or anyone else with whom he or she would come in close personal contact.

◆ Employees and students suffering from a cold should be authorized to stay at home in an effort to avoid spreading the infection in the workplace and the classroom respectively.

◆ When you learn of a friend or co-worker who is ill, it is a nice gesture to check on him/her with a telephone call, but do avoid visiting

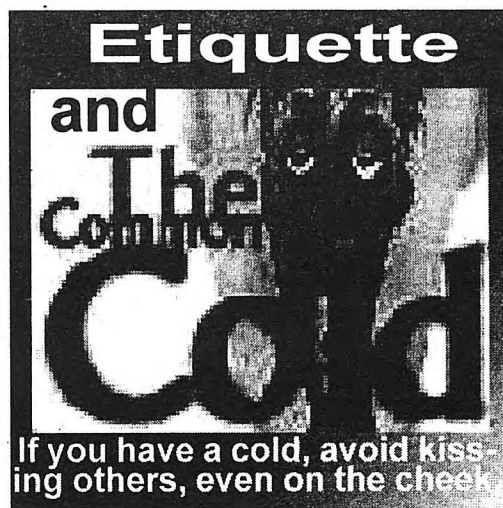
or coming in close personal contact with infected people. You can also cheer up the patient by sending a little gift, an amusing or attractive get-well card, a floral arrangement, or offer to run a helpful errand. That kind of support is good manners.

Because prevention is the key to control the further spreading of the flu epidemic, the Panama Ministry of Health has issued the following recommendations:

Infected persons should make a conscious effort not to infect others and should take

necessary measures to cover nose and mouth when sneezing. They should not share drinking glasses, eating utensils, nor items of personal use (such as towels). Avoid unnecessary crowds and people who are known to be infected with the flu virus.

In addition to these guidelines, washing of hands regularly is encouraged, and it is important that we habitually clean and disinfect shared items such as telephones. The use of a face mask is also one of the most effective ways of preventing infections from the contagious flu virus.



Organization fosters U.S.-Panama relations

by Charlotte Pierce

American Society President

PANAMA — The American Society of Panama is the social, cultural and philanthropic organization of the U.S. community in Panama. We now have over 350 members from: the U.S. Embassy, U.S. businesses, Panama Canal Commission, Department of Defense Schools, U.S. military retirees, DoD civilians and non-U.S. citizens. The U.S. Ambassador, the Honorable Simon Ferro, is our honorary president.

The Society is a nonprofit organization dedicated to:

- ◆ Promoting an alliance among different U.S. citizen groups and individuals in the Republic of Panama.

- ◆ Fostering good relations with our host country by doing charitable works in the name of the United States community.

- ◆ Providing assistance to U.S. groups or individuals, and to supplement the resources of the United States diplomatic mission in Panama in times of emergency.

- ◆ Providing a forum for discussing issues of concern to the United States community.

The society was founded in 1931 with the original name of the "American Colony Club" by a group of U.S. businessmen residing in Panama who felt the need to form an organization for American expatriates in the Republic of Panama. At the time there were other organizations in the Panama Canal Zone open principally to resident of that American enclave such as the Elks or the American Legion. There was little or nothing for those who lived on the economy in Panama City and Colon.

The first constitution, which also changed the name to the American Society of Panama, limited the membership to males residing in the Republic of Panama. It excluded from membership anyone who was an employee of the U.S. government including the "Panama Railroad" except those employed by the U.S. Legation to Panama, since the head of the U.S. Legation, Roy Tasco Davis (then known as "Minister" instead of Ambassador) was a founding member and the first honorary president.

The founding president of the society was Theodore McGinness, owner and president of the Balboa Brewing and Refrigeration Company. A colorful character who wore white suits and smoked a stogie, McGinness was known as the "Duke of Balboa." In its earlier years, the society held stag parties and an annual "Fourth of July Roundup" held at a hacienda near Panama City. It also served as the informal American Chamber of Commerce

holding meetings on commercial and economic subjects until it promoted and founded the American Chamber of Commerce (AMCHAM) in 1980.

In 1973, the constitution was amended to allow female members, and in 1978 it was amended again to open membership to all U.S. citizens residing in Panama and the Canal Zone regardless of place of employment. As a result of these, the current membership is composed of approximately 25 percent Panama Canal Commission or active duty U.S. military personnel and 75 percent U.S. citizens and other nationalities.

Since the Constitution was amended again in 1996 to open membership to all, a significant number of prominent Panamanians, Canadians and citizens of other countries have joined the society.

Current social activities include an annual Christmas Charity Ball at the U.S. Embassy Residence and an annual "4th of July Picnic" also at the Embassy residence but held in January or February to avoid the July rains. Other monthly social activities which vary from year to year have included: Octoberfests; Murder Mystery Nights, wine-tasting parties, or special guest speakers such as Vice Minister of Commerce Laura Flores or First Vice President Elect Arturo Vallarino. Every four years there is a party celebrating the U.S. elections held on the evening of the Election Day to view the results of the presidential, senatorial, and house races and highlight the U.S. democratic process.

In addition to founding the AMCHAM, the American Society also provided the leadership and the initial funding which led to the establishment of the International School of Panama in 1983. The school now has over 600 students of 40 nationalities and a new multimillion-dollar campus adjacent to the Panama Golf Club.

Philanthropic activities of the Society include supporting the *Escuela de Los Estados Unidos de America*, a Panamanian public elementary school, *Casa Esperanza*, Lions Club, and *Hogar Niño del Divino*.

In summary, the American Society of Panama has evolved from what was an insular, patriotic, men-only society in 1931 into a broad-based social and community organization in 1999. The American Society continues to work at strengthening the already good relationships between Panama and the United States and individual citizens of the two countries.

For more information on the American Society of Panama, call Charlotte Pierce at 260-8619.

Two USARSO employees receive awards



photos by Charlie McElroy (Tropic Times)

Maj. Gen. Philip R. Kensinger Jr., U.S. Army South commanding general, presented civilian service awards to (left) Loyda E. Sanchez and Lucia U. Acevedo in a ceremony Tuesday in the Simon Bolivar Conference Room in Building 95 at Fort Clayton. Sanchez, who served the U.S. Army for more than 30 years as a language specialist and administrative assistant in the Office of the Staff Judge Advocate, received the Superior Civilian Service Award. Acevedo, who served as the USARSO alcohol and drug control officer for 28 years, received the Meritorious Civilian Service Award. Congratulations to both for receiving these prestigious awards.

Statue of Liberty Band plays in Colon

Story by Charlie McElroy
Tropic Times Staff

COLON—The U.S. Army Statue of Liberty Band helped celebrate the 102nd Anniversary of the Colon Fire Department Sunday in the city of Colon on the Atlantic side of the isthmus. The drum and bugle corp of six units of the Colon Firemens Corps, representing the entire Province of Colon, and a large number of officials were present at the celebration.

CW2 Stephan C. Joseph, bandleader, 219th U.S. Army Band out of Flushing, N.Y., said that the members of the well-known U.S. Army Statue of Liberty Band were enjoying themselves in Panama. The band flew in from Flushing, N.Y., to play at a number of Panamanian civic benefits at the behest of U.S. Army South.

The band has played for a local orphanage and other civic organizations that serve the Panamanian community.

"Our visit to Panama and its wonderful people has been a rewarding experience for all of us," said Joseph, who went on to say that one of the most memorable experiences has been the friendliness of the Panamanian people and the gracious welcome they have extended.

Col. Charles Perret Jr., commandant of the Colon Fire Corp, said that the presence of the Statue of Liberty Band at the 102nd Anniversary of the Colon Fire Department was a welcomed sign of goodwill.

Perret said that members of his Panamanian band traveled to New York City last year to play at Medgar Evers College and participate in a Panamanian Independence Day Parade on Franklin Avenue. Perret said that residents from Colon were very honored to have the Statue of Liberty Band play in Colon.

Perret awarded the Colon Fire Corp a bronze fire



photos by Capt. Thadeus Porras

The U.S. Army Statue of Liberty Band, the 219th U.S. Army Band, flew in recently from Flushing, N.Y., to play in many Panamanian civic benefits like the Colon Firemens Parade on Sunday.

cross medal for distinguished service to Joseph. Perret himself was earlier awarded a medal for 40 years of perfect service attendance by Ing. Kaiser Basan, Panama's second vice president elect.

There are 522 firefighters in the Colon Fire Corp, 312 of whom are volunteers. All have been specially trained

in fighting fires. The U.S. Army Statue of Liberty Band has played at the Statue of Liberty on Ellis Island, the U.S.S. Entrepid Museum and at numerous Columbus Day and St. Patrick Day parades. The U.S. Army Statue of Liberty Band also played at today's USARSO transfer ceremony.



CW2 Stephan C. Joseph receives the bronze fire cross from Col. Charles Perret, commandant of the Colon Firemens Corps, during the Sunday celebration.



The U.S. Army Statue of Liberty Band playing at the 102nd Anniversary of the Colon Firemens Corps in Colon. Band members played for a crowd of spectators, members of the six units of the Colon Firemens Corps and for a number of distinguished guests.

TSB Makes Financial Contribution to School

story by Griselda Sterling

Tropic Times Staff

COROZAL — As we approach the U.S. military base closures in compliance with the coming Panama Canal Treaty deadline of Dec. 31, the Deputy Chief of Staff Resource Management Committee Members, brought to an end a 20-years relationship with the Sajalices Elementary School, located 40 minutes from Panama City.

The DCSRM - Sajalices Elementary School relationship is part of the Christmas Sponsorship Program which made a lasting legacy with projects like: fixing the roof of the school, constructing bathrooms, painting the school, providing fans and chairs for the classrooms and installation of iron doors.

This has been a tremendous accomplishment for DCSRM, and during this time they organized Christmas parties for students, teachers and parents at Sajalices Elementary School. They also received the Commanding General's Recognition for Excellence and the Panama Canal Meritorious Silver Medal for their outstanding commitment and social work with the local Panamanian community.

Col. Edward D. Schumann, Theater Support Brigade commander, presented a check for \$500 to Laura Robles, Sajalices Elementary School director, on July 12. This significant donation will be used in the construction of the school basketball and volleyball court.

Robles expressed her sincere gratitude on behalf of the Sajalices Elementary School and community for the unconditional support that USARSO has provided to the school and the community for many years.



Kindergarten students from Sajalices Elementary School greeted Col. Edward Schumann, TSB commander, with a hearted reception during a recent visit to the school.



photos by Janette S. Martinez (DCSRM)



(Above left to right) are the names of the Deputy Chief of Staff Resource Management Committee Members: Don Hance, Sajalices Elementary School director, Maria Villalaz, Victoria Malca, Col. Edward D. Schumann, Janette S. Martinez, Elsa Rosado, Cynthia Gianareas, Maria Ilalaty, Mickey Charris and kindergarten teachers. (Left) Col. Edward D. Schumann, TSB commander, presented a check for \$500 to Laura Robles, Sajalices Elementary School director on July 12. The donation will be used in the construction of the school basketball and volleyball court.

News briefs

Claim your medical records now

All personnel assigned to Howard Air Force Base must pick up their dental records by Aug. 6. All active-duty Army personnel assigned to Fort Clayton must pick up their dental records at the Theater Support Brigade in Building 127 on Fort Clayton. The dental records for family members of all active-duty Army assigned to Fort Clayton must be picked up at the Howard Dental Clinic. For more information, contact the clinic at 284-3009.

Anyone redeploying from now until closure needs to stop by either Building 192 at Howard AFB or Building 519 at Fort Clayton to get their medical records. Active-duty members or spouses may pick up their own records and those of their children. However, a sponsor may not pick up the records of their spouse unless it contains a signed consent form. A family member may not pick up the record of their sponsor. The easiest way to avoid this problem is for the active-duty member, family member and sponsor to pick up the records at the same time. Bring one copy of the permanent change of station orders for tracking purposes. If records are not picked up by Aug. 19, they will be retired. For more information, contact Patient Administration at 284-5758.

The radiology departments at Howard and Fort Clayton request that all films be picked up no later than Sunday. After that date all films will be sent to St. Louis, Mo., for staging. For more information, call 284-6351.

Dry cleaning closures

Effective Sunday the Laundry and Dry Cleaning Pick Up Point at Building 203 and 520 on Fort Clayton will longer be in operation. Unclaimed items beyond this date will be sent to the Fort Clayton Pick Up Point, Coinner Street, Building 135. The location at Building 132 will support the same services.

Howard closures

The Howard Dive Shop and New Car Sales will close for good Saturday. To accommodate remaining Howard patrons' needs, the Corozal New Car Sales and Dive Shop will remain operational throughout the drawdown.

Baskin Robbins closure

The Howard and Corozal Baskin Robbins will close for good Saturday. For more information, call 285-5420/288-4474.

Fire Department phone numbers

The new telephone numbers for the Howard AFB Fire Department are 284-7380/7381. The emergency number remains the same, 119.

New SACA bus schedule

Based on a survey conducted by the SACA management, a decision to cut back service to the Howard AFB - Panama City line was recently made.

Management advises that the schedule is subject to change without notice. Monday - Friday departures to Howard from the SACA Terminal in Panama City will be as follows: 4:30, 5:20, 5:40, 6, 6:20, 6:45, 7:30, 8:30, 9:30, 10:30 and 11:30 a.m.; 12:30, 1:30, 2:30, 3, 3:30, 4, 4:30, 5:30, 7 and 9 p.m. Saturday and Sunday departures to Howard from the SACA Terminal in Panama City will be as follows: 6, 6:45, 7:30, 9, 10:30 a.m. and noon; 1, 1:30, 3, 4:30, 6 and 7 p.m.

Self-Help Store items available

The Self-Help Store on Howard is closed. However, it is still possible to get air filters for air conditioning units and light bulbs for your home at the east end of Building 2 in the Customer Service Office.

If anyone has self-help work to do, they need to submit an AF Form 332 at the CE Customer Service desk.

Housing Office procedures

The 24th Civil Engineer Squadron's Housing Office operating hours are 7:30 a.m. - 1 p.m., Mondays - Fridays for walk-in customers and 1 - 4:30 p.m. by appointment only.

Announcements

Howard official mail delivery ends

The Howard AFB Base Information Transfer System stops all official mail delivery on Aug. 27. The BITS Office will relocate to Building 711 on Aug. 30, and all organizations will be required to pick up their mail from this location until base closure is complete. Questions can be directed to the BITS Office at 284-3010.

Howard Video Rental relocates

The Army and Air Force Exchange Service will be relocating the Howard MCSS/Video Rental Store from Building 709 to the Howard Shoppette, Building 700 on Monday and Tuesday. The facility will be closed during this time so be prepared to make any purchases before Monday in the current location or after Wednesday in the new location.

Tropic Breeze Club Closure Party

The Tropic Breeze Club will sponsor a closure party beginning at 4:30 p.m., today. The club will close for good Sunday.

Travel advances for local nationals

All local national civilian employees without a government charge card or electronic funds transfer going to a U.S. bank, note the following: If you are going TDY and require an advance, you must bring a copy of your orders into the USARSO Finance Office at least 10 business days prior to traveling. The Finance Office no longer has the ability to process TDY advances/settlements on site, and must now send advance requests to CONUS for checks to be cut and FEDEXed back to Panama. If orders for local nationals are not brought into the Finance Office at least 10 business days prior to traveling, it is likely they will not receive their advance before they leave.

Fort Clayton Housing Office hours

The Fort Clayton Housing Office operating hours beginning Tuesday are 7 a.m. - 4:30 p.m., Mondays - Fridays. Office hours on Saturdays will be discontinued. Based on the number of remaining personnel that will require housing assistance, office hours will revert to the normal operating hours of 7 a.m. - 3:30 p.m., Monday - Friday on July 19.

Building 714 telephone services

The 56th Signal Battalion Telephone Customer Service Center has relocated to the first floor of Building 714 at Howard AFB. For more information, call 284-9095. The 24th Communications Squadron Telephone Liaison Office has relocated to the first floor of Building 714. For more information, call 284-9211.

BITS operating hours

The 24th Squadron Base Information Transfer System operating hours are 6:45 a.m. - 3:45 p.m., Monday -

Friday. For more information, call 284-3010/3205.

New Urgent Care Clinic hours

The Primary and Urgent Care Clinics are now combined on the ground floor of Howard of Building 192 and will begin new hours on Sunday. Routine, follow-up and same-day appointments are encouraged but walk-ins will be seen between 7 a.m. - 4 p.m. Monday - Friday. Walk-ins will only be seen week-day evenings from 4 p.m. - 10 p.m. and Saturday and Sunday from 8 a.m. - 4 p.m. After hours emergency care is available at our downtown partnership hospitals. If you have a true emergency please call 284-HELP or 281-HELP for an ambulance. Do not come to the Howard Clinic after hours as this will only delay your care. For appointments please call the central appointment desk at 284-3832/3834. For questions, please call the clinic at 284-3014.

Orthopedic services

The military orthopedic inpatient and surgical services are terminated. Orthopedic services still available through a CHAMPUS Partnership Provider. For more information, call 284-6977.

DRMO in Panama

People who want to buy items directly from DRMO in Panama should go online at www.drms.com. For more information, contact Mitchell Hodges at 285-5071 or mhodges@panama.drms.dla.mil.

New Army installation access IDs

Effective midnight Saturday, all locally issued documents allowing access to U.S. Army installations and areas of coordination are no longer valid for access. The only exceptions are DoD and DA documents issued locally, such as military and dependent ID cards. Those individuals and organizations with a legitimate requirement for access after Saturday need to apply for and procure new access passes prior to Sunday. The new installation passes are available now and can be used for access beginning today. Procedures to obtain the new passes have not changed with one exception. Individual passes for domestic help will require approval for the commandant prior to issuance. For more information, call Sgt. 1st Class Kewley at 288-5913.

Yellow Fever schedule

The Yellow Fever schedule for vaccinations at the Fort Clayton Immunization Clinic has changed. Due to the forthcoming closure of medical services at Building 519, the vaccine will only be available at Fort Clayton on today. The Immunization Clinic at Howard AFB will continue to provide Yellow Fever vaccines on the first Wednesday of each month until their closure on Aug. 31. For more information, please call Senior Airmen Zinser at 284-6157.

Tocumen shuttle schedule

Due to commercial airline schedule changes, the Tocumen shuttle will only pickup passengers at Building 708 on Howard Air Force Base. Also, Fort Clayton has added a shuttle bus leaving the Fort Clayton Valent Rec. Center and the Guest House for those PCSing. To make reservations call 288-4202/4206; 7:30 a.m. - 5 p.m. or stop by Building 518 on Fort Clayton. Reservations must be made 3 days in advance.

Outbound flights Arrive Building 708	Depart Howard	Arrive Tocumen	Depart Tocumen
4 a.m. 5:05 a.m. 6:30 a.m. 10:30 a.m.	4:10 a.m. 5:15 a.m. 6:40 a.m. 10:40 a.m.	5 a.m. 6 a.m. 8 a.m. noon	5:10 a.m. 6:10 a.m. 8:10 a.m. 1:15 p.m.
Inbound flights Depart Howard	Arrive Tocumen	Depart Tocumen	Arrive Building 708
5 p.m. 7:45 p.m.	6:30 p.m. 9 p.m.	8 p.m. 10:15 p.m. 6:30 a.m. 10:30 a.m.	9:15 p.m. 11:30 p.m.
Depart Clayton Valent Rec Center	Arrive Fort Clayton Guest House	Depart Fort Clayton Guest House	Arrive Tocumen
3:30 a.m. 5:15 a.m. 9:45 a.m.	3:45 a.m. 5:30 a.m. 10 a.m.	4 a.m. 5:45 a.m. 10:15 a.m.	5 a.m. 7 a.m. noon

More briefs and announcements

Fort Clayton Clinic closes

After years of providing health care to the Fort Clayton community, the Health Clinic at Building 519 on Fort Clayton is closing its doors.

In accordance with the United States pullout from Panama, the Health Clinic will close today, and patients are urged to plan accordingly. Medical services will transfer to Howard Air Force Base.

All medical records and X-rays are available for immediate pickup at Building 192 on Howard 7 a.m. - 4 p.m., Monday - Friday. Questions concerning medical records at Fort Clayton should be directed to Staff Sgt. Desi Jauregui at 288-5758.

Beginning Monday, an active-duty only Troop Medical Clinic will be available at East Corozal in Building 6. The sick call hours of operation will be 7 - 8 a.m. and 1 - 2 p.m., Monday - Friday. The Troop Clinic will provide limited Sick Call services to the active-duty population on the East Bank.

Emergency ambulance response services on Fort Clayton and Corozal will continue to be provided by Alerta Ambulance Service. If one has a medical emergency requiring an ambulance, the access number to call remains 284-HELP or 284-4357. For more information, please call 284-6977.

Vet Clinic reminder

The Corozal Veterinary Treatment Facility will close permanently Aug. 31. Veterinary Services are still available for health certificates, vaccinations and Sick Call at the Corozal Veterinary Treatment Facility until then. If you have a pet that will be staying in Panama beyond Aug. 31, please arrange to pick up your pet's medical records. After Aug. 31, the only service available for pets will be health certificates.

It is important to ensure that your pet's vaccinations have been updated and that you have purchased the required tick control medication prior to this time in order to comply with health certificate requirements. Any medical records that are not picked up will be destroyed. For more information, call 285-5866/5867.

SSSC customers

The last day for shopping at the Self Service Supply Center will be Aug. 13. All customer accounts will be closed on this date. The SSSC Store at Corozal will be closed for the last inventory Aug. 16 and 17. For more information, call 285-5414.

Upcoming closures

Farfan Pizza Hut is now closed. The Corozal Flower Shop will close today and the Optical Shop will close operations Aug. 7. AAFES apologizes for any inconvenience due to the short notice.

Space-A

An exception to policy for space-available travel in Panama has gone into effect. Dependents of military members assigned to Panama in unaccompanied status can make one round-trip flight to visit their family members through Sept. 30 in a Category V status. This change in policy will not affect PCS entitlements for dependents of unaccompanied military members. Dependents wishing to use this privilege must present proper documentation at the airport. All space-available flights are scheduled through the Passenger Service Office on Howard, but the flights are in and out of Tocumen Airport in Panama City. For details call 284-3551.

Line badge turn-in

The roughly 40 people at Howard Air Force Base who have not turned in the Restricted Area Badge they were issued need to immediately contact their respective security manager and obtain an Air Force Form 2586. Once obtained, report to the 24th Security Forces Squadron Pass and ID Section with the Form 2586 and the badge. These are accountable items and failure to turn in the badge will delay final outprocessing. Call 284-5748 or 284-4061 for details.

Howard quarterly awards

The Team Howard Quarterly Awards Ceremony

is today at 3 p.m. at the Howard Theater. Call 284-4140 for details.

Howard employee passes

On Aug. 1, SC Forms 99 — the government employees, gardeners, maids, and contractors passes that are red, yellow, blue or green — will no longer be valid for entry to Howard AFB. Employees working on the installation after this date must renew their passes before July 31. All employees must report to their personnel office or sponsor to have their status verified and then report to the Pass and ID Office at Building 710 to be issued the new ID card. For details call 284-5748 or 284-4061.

Mountain View Chapel schedule

The Mountain View Chapel now has the following Sunday schedule: Protestant Service—9 a.m.; Catholic Mass—11 a.m.; Gospel Service—12:30 p.m.; and Single/Unaccompanied Fellowship—5 p.m. For details call 284-3948.

New Howard CPO hours

To prepare for closure, the Howard Civilian Personnel Office closes weekdays at 3:15 p.m.

Delivery service stops

The Howard AFB Base Information Transfer System stops all official mail delivery on Aug. 27. The BITS Office will relocate to Building 711 on Aug. 30. Organizations will be required to pick-up their mail from this location until the base closes. Call the BITS Office at 284-3010 for details.

Howard History Office numbers

The Howard History Office phone number has changed to 284-3504.

Army Shuttle Bus changes

The Transisthmian Shuttle Bus (Atlantic to Pacific and return) is terminated. The following bus stops are eliminated from the Pacific local schedule: Cocoli, Marine Barracks, Rodman, Camp Rousseau and Building 228 Howard PAX Terminal. The Pacific local shuttle bus will start at the Howard AFB Main Gate. For more information call 285-5682/5957/5301/6241.

Army Promotion Board

A selection board will convene Monday to consider lieutenant colonels for promotion to colonel. Officers eligible for consideration have the following Active Duty Dates of Rank: Above-the-Zone July 1, 1994, and earlier; Promotion Zone July 2, 1994 to May 1, 1995; Below-the-Zone May 2, 1995 to Aug. 1, 1996. For more information call 288-4656/4321.

No surface mail after Aug. 31

Effective Aug. 31, the service mail service to the Panama APOs will be terminated. The containerized mail that normally takes about two to four weeks to get to Panama will stop.

Two postal codes in Panama

Postage-free intertheater Military Postal Service is only available to and from the 34001 (Howard) and 34004 (Clayton) codes. All other locations require postage. For details call Staff Sgt. Mark Stagraay or Manuel Gonzalez at 284-7219 or 284-7220.

Forms required to leave country

All members and their families who depart from Tocumen International Airport are required to have SOUTHCOM Form 4, Certificate of Exemption from the Passenger Service Fee. Also, if there are any changes to the original port call date, SOUTHCOM Form 5, Travel Authorization, is required. After receiving orders, everyone should report to their orderly room with a copy of orders in hand to be issued the needed forms.

EFMP Program

The following personnel must be screened prior to PCS: family members PCSing from OCONUS to OCONUS, family members PCSing from U.S. to

overseas, and family members already enrolled in EFMP. Note: family members PCSing to CONUS do not need to be screened. For more information call 288-6365 Monday, Wednesday, Friday and 288-6695 Tuesday and Thursday. Questions and concerns can be addressed to Sgt. 1st Class Agueda at 288-6268.

Security badges

Remember to carry your USARSO security badge with you at PCS time. The procedures for access to restricted areas, in effect in Building 95 at Fort Clayton, will be used in Building 390 on Howard. This applies only to personnel relocating to Puerto Rico that possess a permanent photo USARSO security badge. If you received your permanent USARSO security badge from the USARSO Badge Office and are not relocating to Puerto Rico, turn in your badge at out-processing time. For more information call Ms. White at 288-3512/3513.

Humanitarian Service Medal

The Humanitarian Service Medal will be awarded for those personnel assigned to the Ecuador El Nino Disaster Relief Effort. The award has been approved for those service members who provided humanitarian assistance and were assigned to the operation from May 9-24, 1998. For more information call 1st Lt. Gillespie or Mrs. Wilson-Carrasco at 288-6655/4155.

MPF relocates

The Howard Military Personnel Flight has relocated to Building 707, just above the Howard Community Center. The new MPF numbers are Out-bound Assignments: 284-4347/5010; Reports, Decorations and everything else: 284-3865. The fax number is 284-6552. Walk-in hours will remain the same: Monday, Tuesday and Friday from 1 to 3:30 p.m. and Wednesdays from 1 to 3 p.m. Appointment times are 7:15 a.m. to 1 p.m. For more information call 284-3241.

Pass and ID News

Effective Aug. 16, the ID Card Section, Ground Floor, Building 519, will begin to process and issue manually typed active duty and dependent ID Cards. All electronic issuance of ID Cards and enrollment into the DEERS for military personnel and their dependents will be processed by mail to Fort Buchanan, Puerto Rico. We encourage you to visit the ID Card Section to review your ID Cards if they are about to expire or will expire by Dec. 31. For Air Force and Navy personnel, your ID cards will be renewed by your service component. For more information call 288-5636.

Excess baggage

Official temporary duty or permanent-change-of-station travelers may be authorized to travel with excess baggage. The authorization is for items to accomplish a mission immediately on arrival. The orders approving official has this authorization. For more information call 284-3069.

Howard Education Office

The Howard Education Office is now located in Building 707, Family Support Center. For more information call 284-3153/5650/4347/3865/5860. The fax number is 284-6552.

Community Banks

All remaining Community Banks in Panama will be closing Aug. 27. If you are a Community Bank account holder, you should move your banking relationship to another financial institution. All Community Bank checking and savings accounts still open as of Aug. 27 will be closed, and a cashier's check for the ending balance will be mailed to the address on record by Sept. 1. A limited service facility, to be located at AAFES on Corozal, will remain open until Dec. 15. An ATM will also be located at the AAFES location. The limited service facility will not maintain any Community Bank personal accounts. All checks drawn on your account will be returned "account closed" if they are received for processing after Aug. 27. For more information call Demetrio Martinez at 285-4005.

USARSO bids fa

Continued from Page 1.
said in his remarks.

In his final remarks, Gen. Wilhelm went on to say that USARSO's presence in Puerto Rico will mark a new beginning.

"Your determination, professionalism and call to duty will remain as robust as ever," he said. "On behalf of the U.S. Southern Command, I salute your tireless efforts and

superb accomplishments and look forward to being a part of your many future successes."

By noon, Dec. 31, 1999, all facilities and properties formally managed by the United States will revert to the Republic of Panama in accordance with the 1977 Panama Canal Treaty.

An era of history will then end, but a new millennium full of promise and progress will begin.



Bagpiper plays at ceremony

The bagpiper who accompanied the U.S. Army and USARSO colors on Soldier's Field was pipe master James V. Noone from the American Legion Post of Amityville, N.Y., the home of the oldest American Legion pipe band in America.

Noone, a U.S. Navy veteran from South Weymouth, Mass., served in the Naval Air Development Unit from 1956 to 1962. Noone said that it was a great honor to participate in the USARSO departure ceremony that represented a piece of history coming to a close.

"I really feel like I am representing the entire American Legion by being here. I consider it to be an honor to be here and I'm very happy to be able to represent so many by my presence."

photo by Sgt. Paul Bouchard (Tropic Times)



A reception at Fort Clayton's Valent Recreation Center R. Kensinger Jr., USARSO commanding general (left) (right) greeted guests giving thank-you's and farewells

The End of an Era: USARSO At-a-Glance

- 1903 Hay-Bunau – Varilla Treaty
- 1904 Colonel William C. Gorgas, Chief Sanitary Officer
- 1907 Colonel George W. Goethals, Chief Engineer
- 1911 10th Infantry Regiment arrives in Panama
- 1914 Colonel George W. Goethals, First Governor of Panama
- 1917 Panama Canal Department established as a geographical command
- 1941 Caribbean Defense Command established as a theater command
- 1947 United States Caribbean Command becomes a unified command; U.S. Army Caribbean becomes an Army component
- 1963 United States Southern Command and Army Component becomes United States Army Forces Southern Command
- 1974 U.S. Army Forces Southern Command relieved as MACOM; 193rd Infantry Brigade (Canal Zone) assumes Army component functions
- 1977 Redesignated 193rd Infantry Brigade (Panama)
- 1986 U.S. Army South established as a MACOM
- 1999 U.S. Army South cases colors



"USARSO has had a profound and po America and the Caribbean, and you U.S. Southern Command, I salute you and look forward to being a part of y

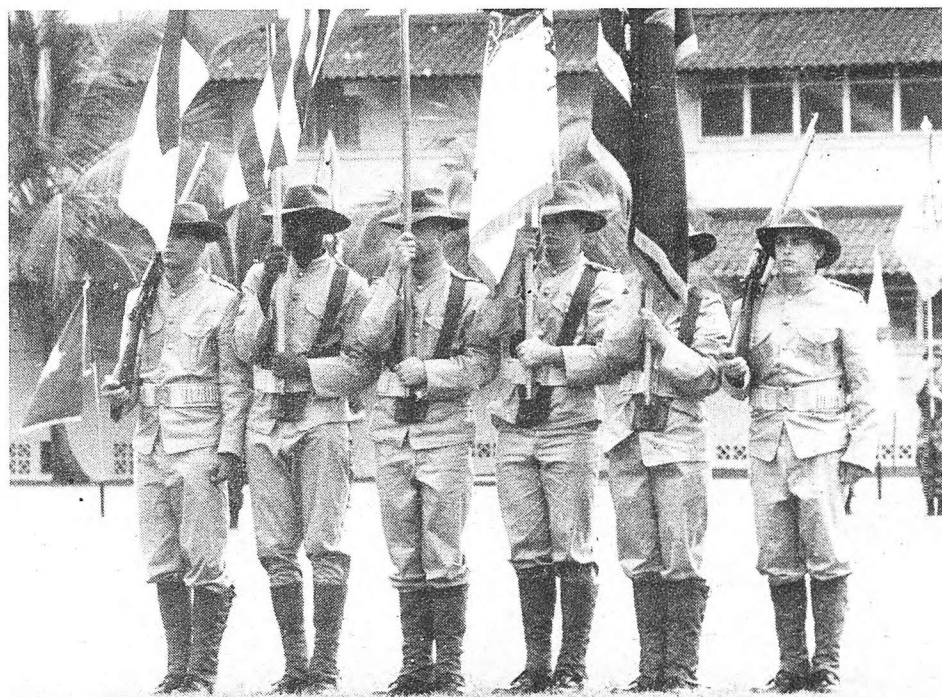
... that is what this ceremony and my tually doing here — saying good-bye t high with the knowledge that Panama ence.

ewell to Panama



Spc. Kenneth K. Rockett (Tropic Times)

llowed the U.S. Army South Departure Ceremony. Maj. Gen. Philip Mrs. Greta Kensinger and Command Sgt. Maj. Robert P. Keehu



Sgt. Paul Bouchard (Tropic Times)

Historical uniforms

The Ceremonial Color Guard for the USARSO Departure Ceremony was a reminder of the long history of the U.S. Army presence in Panama dating back to 1903, the year the first U.S. military troops arrived in Panama. The ceremonial color guard that bore the U.S. Army colors and the USARSO colors carried m-1898 30-40 Krag Jorgansen rifles, which were the last three unassigned rifles in the U.S. Army inventory of this type and model. The distinctive uniforms were hand made.



Sgt. Paul Bouchard (Tropic Times)

itive impact on the people and nations of South should be justifiably proud. ... On behalf of the tireless efforts and superb accomplishments ur many future successes."

Marine Gen. Charles E. Wilhelm
in his address during the Departure Ceremony.

ords today are really about, what we are ac- Panama — and, in doing so, holding our heads and the region have been better for our pres-

Maj. Gen. Philip R. Kensinger Jr.
in his address during the Departure Ceremony.





Tropictivities

July 30, 1999

Fort Clayton and Howard Air Force Base, Republic of Panama
Serving the Joint Community

Page 12

Enjoy a wonderful nature experience in the highlands of Chiriquí

story and photos
by Carmela Lowe Gobern
Tropic Times Staff

CHIRIQUI – If you are seeking a nature experience away from the “hustle and bustle” of city life, try a seven-hour drive or a one-hour plane ride to the highlands of Chiriquí. Bambito, Cerro Punta, and Volcan are some of these interior towns that offer you an extraordinary sense of nature.

The first difference you will note is the cool climate of the surrounding areas, usually in the low 70s or high 60s. Another striking observation is the abundant flora and fauna characteristic of that area. The cool climate allows for an abundant procreation of flowering plants and this is visible even in the most humble of dwelling places. Planting, fertilizing, irrigation and cultivation are predominant on the mountainous terrain, and some of the visible crops include onions, lettuce, celery, beets, cabbage, potatoes, apples, strawberries, and coffee.

In addition to these differences, one cannot help but notice the European-style architecture of the housing structures.

Once in the highlands of Chiriquí, there are hotels and resorts offering that desirable special comfort. There are individual and group tours that can be coordinated in accordance with one's schedule. Some of the recreational activities available at the Bambito Hotel Resort are a heated swimming pool, sauna, horseback riding, bicycle rental, basketball and volleyball courts, ping-pong table, lighted tennis courts, ecological miniature golf, and a marked jogging path.

Some of the ecological tours covering the highland areas of Chiriquí are:

- ◆ Climbing the *Volcán Barú*, at an elevation of 11,300 ft., the highest point of the Republic and from which both the Pacific and Atlantic oceans can be observed simultaneously.

- ◆ A walk through the Fernandez Farm to view the famous colorful Quetzal birds.

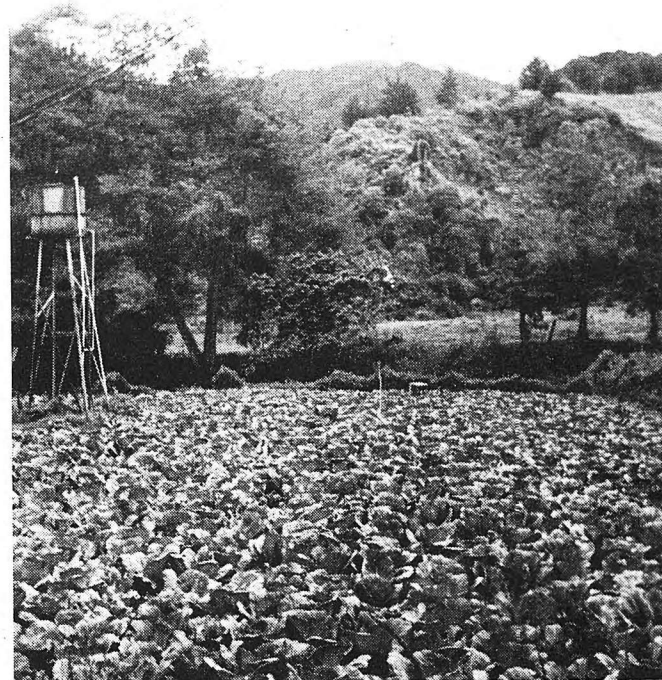
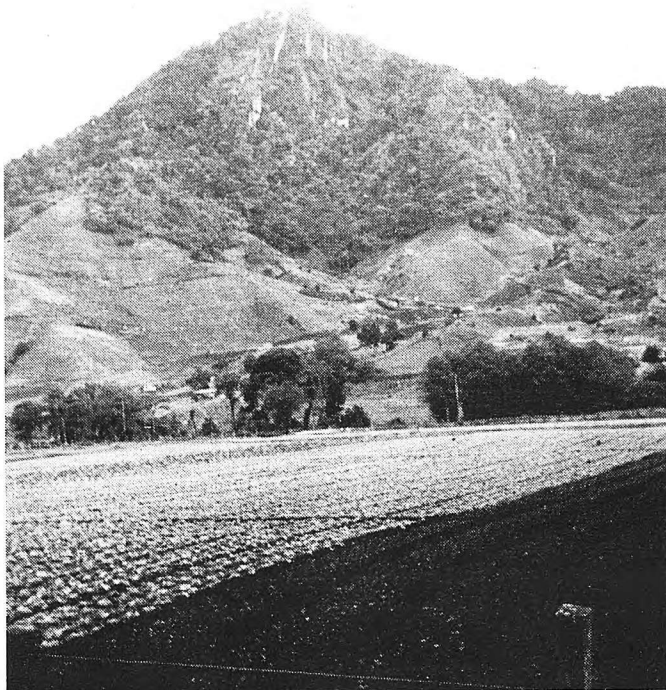
- ◆ A tour of *Cerro Punta* (Pointed Hill) Town, with its agricultural producing area, flower nurseries, vegetable farms, racehorse farms and organic vegetable experimentation areas, is really awesome.

- ◆ A tour of *Volcán*, with its prehistoric and ecological points of interest should be a must on your list of things to do. On the way to the Volcan there is a special point along the highway called *El Imán* (The Magnet), where an impression is created that there is no gravity. As a result, if you should stop your vehicle and put it in neutral, it will automatically roll backwards – a unique experience.

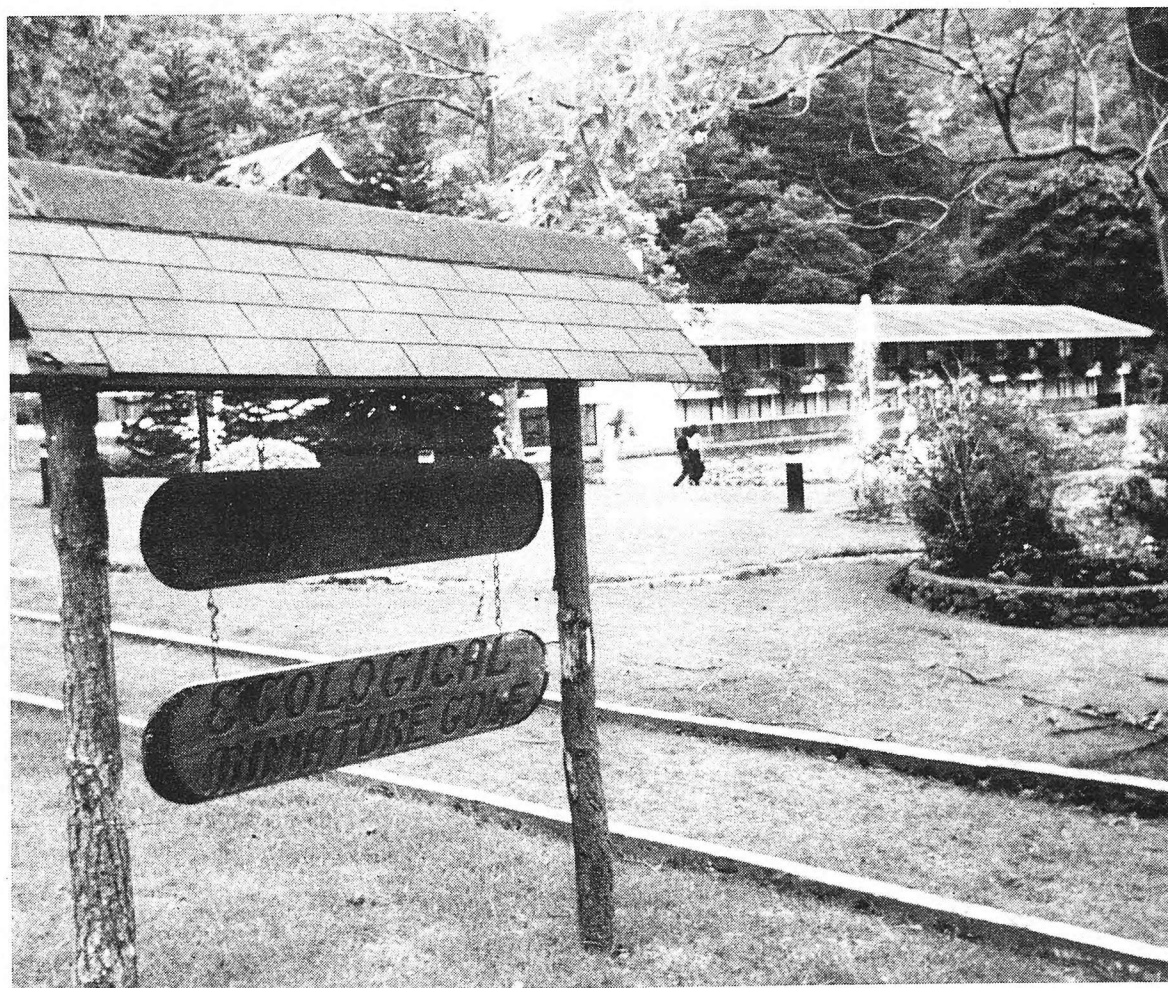
- ◆ A *Macho Monte* Canyon Tour offers the majesty and beauty of its tropical flora, fauna and crystalline waters. There are thermal pools or hot springs that offer benefits with therapeutic effects. The sport of rappelling, descending on a rope from an elevated bridge canopy to the waters of the Macho de Monte River, is a popular attraction at this site.

- ◆ Birdwatching of 80 different species in their natural habitat is available at the Friendship International Park. Other interesting tours include water tubing on the Chiriquí River and a visit to the orchid garden at Dracula Farm and the Laguna aquatic ecosystem.

A visit to this area of the province of Chiriquí offers limitless activities contributing to a wonderful nature experience!



Planting, fertilizing, irrigation and cultivation are predominant on the mountainous terrain of the highlands of Chiriquí, and some of the crops include onions, lettuce, celery, beets, cabbage, potatoes, coffee and apples.



(Left) Recreational activities at hotel resorts include miniature golf. (Bottom) The cool climate of the highlands of Chiriquí allows for an abundant procreation of flowering plants, widely visible even in the most humble of dwelling places. A visit to Bambito, Cerro Punta and Volcan offers tours and recreational activities contributing to a wonderful nature experience.





Special news

Howard AFB

Howard Sports and Fitness Center:

The Center is sponsoring a 4 on 4 Volleyball Tournament, today - Sunday. For more information, call 284-3451.

3 on 3 Basketball Tournament Aug. 21. Sign up deadline is at noon and coaches meeting is at 3 p.m. Aug. 18.

5k Fun Run 6:30 a.m. Aug. 7. For more information, call the Fitness Center at 284-3451.

Skill Development Graphics: The SDG has moved to the Howard Community Center Building 707. Operation hours are: 11 a.m. - 3 p.m. Mondays, 10 a.m. - 4 p.m. Tuesdays - Fridays. Closed Saturdays, Sunday and holidays.

Tropic Breeze Club closure: Effective Aug. 1 the existing Top 3/Officer's will become a Base Lounge, open to all ranks.

Sealed Bid Sale: Aug. 3 - 6 for all commercial kitchen equipment and high-valued items such as big screen TV. You can view the equipment between 7 a.m. - 4 p.m. Deadline for bid submittals is 2 p.m. Aug.

NAF Sale: For all remaining Tropic Breeze NAF equipment 8 a.m. - noon Aug. 14 at the Tropic Breeze Club, Building 710.



Air Force

◆ **Outdoor Recreation: 284-6107**
Tours depart from Howard Theater.

Parara Puru Indian village tour 8 a.m. - 4 p.m. Saturday and Aug. 8, \$22. Take a cayuco ride along the Chagres River to visit the unique Parara Puru Indian community and experience their social lifestyle and witness their primitive customs dating back 500 years. Bring a sack lunch and don't forget the camera.

Jungle canopy tour 7 a.m. - 4 p.m. Saturday, \$55/\$40. Get a unique view of the jungle's canopy on this exciting tour. You will traverse from cable to cable through the jungle tops, just like the monkeys do. This adventure features a canopy tour of El Chorro Macho in El Valle.

Peacock Bass Fishing trip 5 a.m. - 2 p.m. Sunday, \$25. Join us for a super day of Peacock Bass Fishing near Arenosa Village on Gatun Lake. Bring your own fishing gear, lunch and refreshments. We provide transportation, boat with guide, bait, ice and coolers for fish. Fish cleaning is available at the resort.

Portobelo and Langosta Beach tour 7 a.m. - 4 p.m. Aug. 1, \$14. The historic site of Portobelo is located on the Atlantic coast in a large and beautiful bay which once had the capacity for as many as 100 Spanish galleons. The city was once surrounded by fortifications formed by the Castles of San Felipe, San Fernando, Santiago of the Glory, and San Jeronimo. These castles were de-

molished by the English pirates Henry Morgan and Venon in 1688 and 1740, and were rebuilt in 1760. Portobelo was once a very important part of the defense and commercial system for the Spanish Empire in America. Presently, all that remains standing is the parish church of San Felipe, built in 1814.

Seafood dining at Siete Mares Restaurant 6 - 10 p.m. Aug. 6, \$7/person.

Ecological Canal tour 9:30 a.m. - 5 p.m. Aug. 6, \$60. Don't miss this unique tour of the Las Americas Interoceanic National Park. Includes a boat ride along the Panama Canal and Gatun Lake, a tour guide, barbecue meal, drinks and a visit to a Chocoe Indian village.

Santa Clara Beach trip 8 a.m. - 4 p.m. Aug. 7, \$14/person.

El Valle horseback riding trip 7 a.m. - 4 p.m. Aug. 7, \$24. Ride a horse and explore the countryside in El Valle, the beautiful mountain valley located in the interior of Panama. El Valle's lush vegetation, colorful flowers, waterfalls, ancient Indian petroglyphs and cooler temperatures make it one of Panama's popular tourist attractions.

El Valle shopping and sight-seeing 7 a.m. - 4 p.m. Aug. 8, \$14. Travel by bus to the beautiful mountains of El Valle, a sleepy village in an extinct volcano basin. Enjoy shopping in the native market and purchase handicrafts such as soapstone carvings, bateas, baskets, native fruits, vegetables and beautiful tropical plants and flowers.

Army

◆ **Outdoor Recreation Center: 288-7355/6453**

Reservations for outings are underway at Building 178, Fort Clayton.

◆ **Valent Recreation Center: 288-6500**

Make early reservations for tours: **Visit historic Panama City** founded in 1506 and destroyed and sacked by pirate Henry Morgan. Tour the *Casco Viejo* founded in 1676 and reminiscent of its Spanish and French heritage. Stop at **San Jose Church** to see their **Golden Altar**, the National Theater, **Las Bovedas** enjoy live music Fridays and Saturdays and the French restaurant 7 p.m. Mondays - Fridays, and the new **Canal Museum**.

Isla Grande 6:30 a.m. Saturday. Stop at **Portobelo** to see the Black Christ.

El Valle 6:30 a.m. Sunday. Enjoy shopping in the native market which is only open on Sundays. You'll be able to purchase handicrafts such as soapstone carvings, bateas, and pottery. *El Valle's* lush vegetation, colorful flowers and waterfalls make it one of the most popular tourist attractions in Panama. Enjoy lunch at **Hotel Campestre**.

Shopping tour 9 a.m. - 4 p.m. Thursday. Visit Central Avenue, **El Dorado** and **Los Pueblos** shopping malls, the most popular shopping area in town.

Carlson Wagonlit offers the lowest military air fares, hotel, car rental discounts and more, call 288-7077.

Club news

Clayton

◆ **Cafe 519: 288-6007**

Breakfast 6 - 11 a.m. Mondays - Fridays. **Lunch** 11 a.m. - 2 p.m. with hot specials, a salad bar and sandwiches. Enjoy a **special buffet** Thursdays.

◆ **Clayton Community Club: 288-4716.**

The Club is now featuring a la carte dining 5 - 9 p.m. Tuesdays - Saturdays.

Sunday brunch 10:30 a.m. - 1:30 p.m. The best deal in town, best value and best entertainment. Enjoy the hot and cold entrees, salads, breakfast items, pastries and desserts. Great food and background music.

Lunch 11:30 a.m. - 1 p.m. Mondays - Fridays. Treat yourself to a nice break.

Discover Café 1999 5 - 9 p.m. Sundays - Saturdays. Menu includes popular treats of the former **Loop** such as: buffalo wings, taco salad, burgers and a casual atmosphere, coupled with varied appetizers and main courses. The Cafe will provide a great dining alternative.

The Corral is open 7 p.m. - 2 a.m. Wednesdays, Fridays and Saturdays. Join in for great country sounds.

◆ **La Mola Café: 288-4202**

Breakfast 6:30 - 9:30 a.m. Mondays - Fridays, 7 - 11 a.m. Saturdays - Sundays; **lunch** 11 a.m. - 1:30 p.m. Mondays - Fridays, 11 a.m. - 1 p.m. Saturdays - Sundays; **dinner** 5 - 8 p.m. daily.

Howard

◆ **Cafe Seven-O-Seven-Building 707: 284-5848**

Enjoy freshly made sandwiches, fruit shakes and crossants. Specialty

bagels and pastries. Call for details.

Open 6 a.m. - 7 p.m. Mondays - Fridays. Noon - 5 p.m. Saturdays and Sundays. Try our deli sandwiches and pastries.

Club Corner

*Woodstock 11 p.m.
Saturday and 9 p.m.
today at the Tropic
Breeze Club Ball-
room.*

*The Jammer's 9 p.m.
through the month of
July at the Casual
Cove. Come and enjoy
our social hour prices,
snacks and munchies.*

*Live Jazz 9 p.m.
through the month of
July at the Top 3
Enlisted/Officers's
Lounge with Danny
Clovis and his Latin
Jazz.*

*For more information,
call the club at
284-4189*



Folkloric Dance Company

The National Folkloric Dance Company of Panama directed by Jose A. Sosa Roner, will begin practices for the spectacular 85th anniversary of the Panama Canal Aug. 13 - 15 in the areas surrounding the Administration Building in front of the Goethal's memorial monument. The event will be held under the direction of the famous artistic producer Bruce Quinn and with music by the director Dino Nugent. Event includes the presentation of national and international artist.

Special events

Richard Ormrod,

◆ **National Theater**

The National Association of Concert is hosting the presentation of the international pianist Richard Ormrod 8 p.m. Tuesday at the National Theater. Ormrod has performed in places like France, Germany, Austria, Italy and Israel. You can purchase your tickets at Argosy and Allegro or call the Association at 214-7236.

New Additions

Congratulations to ...

Keith and Rina Megginson on the birth of their baby girl, **Keina Anne Megginson**. Keina was born July 8 at Paitilla Hospital and weighed 9 lbs.9 ozs. and was 21.8 inches long.

Zachary and Cira Wheat on the birth of their baby girl, **Daphne Lee Wheat**. Daphne was born July 20 at Paitilla Hospital and weighed 6 lbs.11 ozs. and was 19.6 inches long.



Location	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
Howard AFB 284-3583	6:30 pm: <i>Wild Wild West*</i> 8:30 pm: <i>Election</i>	4 pm: <i>The Mummy</i> 6:30 pm: <i>Trippin</i> 8:30 pm: <i>Ravenous</i>	4 pm: <i>Edtv</i> 6:30 pm: <i>Wild Wild West*</i> 8:30 pm: <i>Election</i>	7 pm: <i>Trippin</i>	7 pm: <i>Wild Wild West*</i>	7 pm: <i>Ravenous</i>	7 pm: <i>Wild Wild West*</i>
Fort Clayton 288-7279	6:30 pm: <i>Trippin</i> 8:30 pm: <i>Ravenous</i>	4 pm: <i>Edtv</i> 6:30 pm: <i>Wild Wild West*</i> 8:30 pm: <i>Election</i>	4 pm: <i>The Mummy</i> 6:30 pm: <i>Trippin</i> 8:30 pm: <i>Ravenous</i>	7 pm: <i>Wild Wild West*</i>	7 pm: <i>Election</i>	7 pm: <i>Wild Wild West*</i>	7 pm: <i>Trippin</i>

Theater News

All movies are subject to change depending on arrival in country
Tickets are available in five price categories: \$3.50, \$3, \$1.75, \$1.50 and \$1. *First run movies \$3.50 **Special Price
AAFES Home Page: www.panama.phoenix.net/~aafespan.default.html

Movie Guide Rating

R Restricted. Under 17 requires accompanying parent or adult guardian.
PG-13 Parental guidance suggested for children under 13.
PG Parental guidance suggested.
G Suitable for general audience.

Now showing

Election
Reading.
Writing.
Revenge.

**MATTHEW BRODERICK
REESE WITHERSPOON**

www.electionmovie.com

Showing tonight at the Howard Theater.

Edtv

Matthew McConaughey, Jenna Elfman

Matthew McConaughey stars as a beer-can dangling, video store clerk who happens to be an adult. His affable charm and good looks land him a job on an experimental television show where he's the 24-hour star. Woody Harrelson plays his obnoxious brother, whose perky girlfriend, Jenna Elfman, begins to think she's picked the wrong brother. PG-13, 2 hrs, 3 min.

Election

Matthew Broderick, Reese Witherspoon

Matthew Broderick grows up into a high school counselor determined to thwart the political campaign of stu-

dent Reese Witherspoon. She's the only candidate running for student council president. That's until the former "Ferris Bueller" decides to convince another popular kid to give it a shot. Based on the satirical novel by Tom Perrotta. R, 1 hr, 44 min.

Ravenous

Guy Pearce, Robert Carlyle

Guy Pearce plays an army captain in the 1840s who is relocated to a remote region of the western Sierra. After Pearce encounters eccentric Robert Carlyle and uncovers the source of four soldiers' fateful horror, he sets out to protect his own flesh from a pack of ravenous cannibals. R, 1 hr, 41 min.

The Mummy

Brendan Fraser, Rachel Weisz

Brendan Fraser, Rachel Weisz and John Hannah star as treasure-seeking explorers in 1925. During a dig at an ancient Egyptian site, they accidentally awaken a mummified warrior. A 3,000 year-old legacy is unleashed as the three find themselves at the center of a supernatural terror. PG-13, 2 hrs, 5 min.

Trippin

Maia Campbell, Donald Adeosun Faison

Some hard lessons and the arrival of true love are part of a young man's final months of high school. R, 1 hr, 32 min.

Wild Wild West

Will Smith, Kevin Kline

Will Smith and Kevin Kline are government agents assigned to thwart a presidential assassination. Kenneth Branagh and Salma Hayek also star for director Barry Sonnenfeld. No Rating, 1 hr, 50 min.

Coming Soon
August 6

Howard AFB

6:30 pm: *South Park**

(R) George Clooney,
Minnie Driver

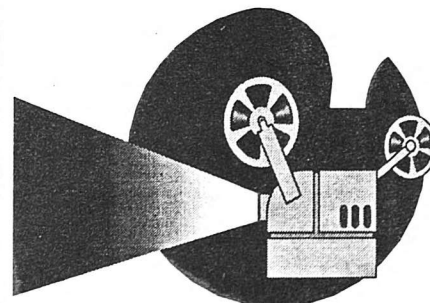
8:30 pm: *The General's Daughter*

(R) John Travolta,
Madeline Stowe

Fort Clayton

8:30 pm: *A Murder of Crows* (R) Cuba

Gooding Jr., Tom
Berenger





Early morning & daytime TV programming

Key: + Program time change due to live programming event; * Mature theme; ** Series starts; ***Series ends; **** Program moved to new day and/or time

Channels 8 & 10

Friday, July 30	Saturday, July 31	Sunday, August 1	Monday, August 2	Tuesday, August 3	Wednesday, August 4	Thursday, August 5
6:00 Today Show 8:00 Headline News 8:30 Showbiz Today 9:00 Sesame Street 10:00 Shining Time Station 10:30 Kiana's Flex Appeal 11:00 The Oprah Winfrey Show 12:00 Headline News 12:30 Wheel Of Fortune 1:00 Port Charles 1:25 Guiding Light 2:15 General Hospital 3:00 Sylvester & Tweety Mysteries 3:30 Jack Hanna's Animal Adventures 4:00 Sesame Street 5:00 Jeopardy! 5:30 Nightly News See Prime Time table 12:35 ESPNews 1:00 Terminator 2: Judgement Day (TV-PG) 3:00 Have Rocket, Will Travel (TV-PG) 5:00 Headline News 5:30 ESPNews	6:00 Headline News 6:30 Classic Cartoon 7:00 Sesame Street Specials 7:30 Puzzle Place 8:00 Classic Cartoon Marathon 9:00 Rugrats 9:30 New Ghostwriter Mysteries 10:00 Hometime 10:30 California's Gold 11:00 Headline News 11:30 Navy/Marine Corps News 12:00 Soul Train 1:00 Friends 1:30 Mad About You 2:00 Beverly Hills, 90210 3:00 Party of Five 4:00 Dirty Harry (TV-PG) See Prime Time table 12:00 Pensacola: Wings of Gold 1:00 My Boyfriends Back (TV-PG) 2:45 Back To The Future 3 (TV-PG) 5:00 Headline News 5:30 Hour of Power	6:00 Breakthrough 6:30 Taking Authority '98 7:00 Reflections 7:30 Day of Discovery 8:00 Sunday Today 9:00 Air Force TV News 9:30 Reading Rainbow 10:00 Promised Land 11:00 NASCAR Craftsman Trucks: (Live) Penzoil/VIP Discount Auto 200 1:00 Headline News 1:30 ESPNews 2:00 PGA Golf: (Live) Greater Hartford Open (Final Round) 5:00 Horse Racing: (Live) To the Breeders Cup- Eddie Read Handicap See Prime Time table 12:30 America's Black Forum 1:00 Friday Night 2:00 Videolink 3:00 Speed (TV-G) Headline News 5:30 News at Sunrise	6:00 Today Show 8:00 Headline News 8:30 Showbiz Today 9:00 Sesame Street 10:00 Big Bag 10:30 Kiana's Flex Appeal 11:00 The Oprah Winfrey Show 12:00 Headline News 12:30 Wheel Of Fortune 1:00 Port Charles 1:25 Guiding Light 2:15 General Hospital 3:00 Sesame Street 4:00 Journey Of Allen Strange 4:30 Kenan & Kel 5:00 Jeopardy! 5:30 Nightly News See Prime Time table 12:35 ESPNews 1:05 Parenthood (TV-PG) 3:00 Choices Of Heart: The Margaret Sanger Story (TV-PG) Headline News 5:30 News at Sunrise	6:00 Today Show 8:00 Headline News 8:30 Showbiz Today 9:00 Sesame Street 10:00 Teletubbies 10:30 Co-Ed Training 11:00 The Oprah Winfrey Show 12:00 Headline News 12:30 Wheel Of Fortune 1:00 Port Charles 1:25 Guiding Light 2:15 General Hospital 3:00 Space Goofs** 3:30 SquiggleVision 4:00 Nick News 4:30 Scholastic Sports America 5:00 Jeopardy! 5:30 Nightly News See Prime Time table 12:35 ESPNews 1:05 City Slickers 2: The Legend Of Curly's Gold (TV-PG) 3:00 It Could Happen To You (TV-PG) Headline News 5:30 News at Sunrise	6:00 Today Show 8:00 Headline News 8:30 Showbiz Today 9:00 Sesame Street 10:00 Shining Time Station 10:30 Bodyshaping 11:00 The Oprah Winfrey Show 12:00 Headline News 12:30 Wheel Of Fortune 1:00 Port Charles 1:25 Guiding Light 2:15 General Hospital 3:00 Sesame Street 4:00 Hang Time 4:30 Legends of the Hidden Temple 5:00 Jeopardy! 5:30 Nightly News See Prime Time table 12:35 ESPNews 1:05 Smile (TV-14) 3:00 Deliverance (TV-PG) 5:00 Headline News 5:30 News at Sunrise	6:00 Today Show 8:00 Headline News 8:30 Showbiz Today 9:00 Sesame Street 10:00 Teletubbies 10:30 Co-Ed Training 11:00 The Oprah Winfrey Show 12:00 Headline News 12:30 Wheel Of Fortune 1:00 Port Charles 1:25 Guiding Light 2:15 General Hospital 3:00 Animaniacs 3:30 Pokeman 4:00 Sesame Street 5:00 Jeopardy! 5:30 Nightly News See Prime Time table 12:35 ESPNews 1:05 Citizen X (TV-PG) 3:00 Scorpio (TV-PG) 5:00 Headline News 5:30 News at Sunrise

Cable 14 & 63

Friday, July 30	Saturday, July 31	Sunday, August 1	Monday, August 2	Tuesday, August 3	Wednesday, August 4	Thursday, August 5
6:00 Today Show 8:00 Headline News 8:30 Showbiz Today 9:00 Sesame Street 10:00 Shining Time Station 10:30 Kiana's Flex Appeal 11:00 The Oprah Winfrey Show 12:00 Headline News 12:30 Wheel Of Fortune 1:00 Port Charles 1:25 Guiding Light 2:15 General Hospital 3:00 Sylvester & Tweety Mysteries 3:30 Jack Hanna's Animal Adventures 4:00 Xena: Warrior Princess 5:00 Jeopardy! 5:30 Nightly News See Prime Time table 12:35 ESPNews 1:00 Terminator 2: Judgement Day (TV-PG) 3:00 Have Rocket, Will Travel (TV-PG) 5:00 Headline News 5:30 ESPNews	6:00 Headline News 6:30 Classic Cartoon 7:00 Sesame Street Specials 7:30 Puzzle Place 8:00 Disney's Pepper Ann*** 8:30 Disney's Hercules 9:00 Rugrats 9:30 New Ghostwriter Mysteries 10:00 Hometime 10:30 California's Gold 11:00 Headline News 11:30 Navy/Marine Corps News 12:00 Soul Train 1:00 Xena: Warrior Princess 2:00 WWF Superstars 3:00 Major League Baseball: Orioles at Mariners See Prime Time table 12:00 Pensacola: Wings of Gold 1:00 My Boyfriends Back (TV-PG) 2:45 Back To The Future 3 (TV-PG) 5:00 Headline News 5:30 Hour of Power	6:00 Breakthrough 6:30 Taking Authority '98 7:00 Reflections 7:30 Day of Discovery 8:00 Sunday Today 9:00 Air Force TV News 9:30 Reading Rainbow 10:00 Promised Land 11:00 NASCAR Craftsman Trucks: (Live) Penzoil/VIP Discount Auto 200 1:00 Headline News 1:30 ESPNews 2:00 PGA Golf: (Live) Greater Hartford Open (Final Round) 5:00 Horse Racing: (Live) To the Breeders Cup- Eddie Read Handicap See Prime Time table 12:30 America's Black Forum 1:00 Friday Night 2:00 Videolink 3:00 Speed (TV-G) Headline News 5:30 News at Sunrise	6:00 Today Show 8:00 Headline News 8:30 Showbiz Today 9:00 Sesame Street 10:00 Big Bag 10:30 Kiana's Flex Appeal 11:00 The Oprah Winfrey Show 12:00 Headline News 12:30 Wheel Of Fortune 1:00 Port Charles 1:25 Guiding Light 2:15 General Hospital 3:00 All Dogs Go To Heaven 3:30 Superman 4:00 Journey Of Allen Strange 4:30 Kenan & Kel 5:00 Jeopardy! 5:30 Nightly News See Prime Time table 12:35 ESPNews 1:05 Parenthood (TV-PG) 3:00 Choices Of Heart: The Margaret Sanger Story (TV-PG) Headline News 5:30 News at Sunrise	6:00 Today Show 8:00 Headline News 8:30 Showbiz Today 9:00 Sesame Street 10:00 Teletubbies 10:30 Co-Ed Training 11:00 The Oprah Winfrey Show 12:00 Headline News 12:30 Wheel Of Fortune 1:00 Port Charles 1:25 Guiding Light 2:15 General Hospital 3:00 Space Goofs** 3:30 SquiggleVision 4:00 Nick News 4:30 Scholastic Sports America 5:00 Jeopardy! 5:30 Nightly News See Prime Time table 12:35 ESPNews 1:05 City Slickers 2: The Legend Of Curly's Gold (TV-PG) 3:00 It Could Happen To You (TV-PG) Headline News 5:30 News at Sunrise	6:00 Today Show 8:00 Headline News 8:30 Showbiz Today 9:00 Sesame Street 10:00 Shining Time Station 10:30 Bodyshaping 11:00 The Oprah Winfrey Show 12:00 Headline News 12:30 Wheel Of Fortune 1:00 Port Charles 1:25 Guiding Light 2:15 General Hospital 3:00 Disney's The Little Mermaid 3:30 Gargoyles 4:00 Hang Time 4:30 Legends of the Hidden Temple 5:00 Jeopardy! 5:30 Nightly News See Prime Time table 12:35 ESPNews 1:05 Citizen X (TV-PG) 3:00 Scorpio (TV-PG) 5:00 Headline News 5:30 News at Sunrise	6:00 Today Show 8:00 Headline News 8:30 Showbiz Today 9:00 Sesame Street 10:00 Teletubbies 10:30 Co-Ed Training 11:00 The Oprah Winfrey Show 12:00 Headline News 12:30 Wheel Of Fortune 1:00 Port Charles 1:25 Guiding Light 2:15 General Hospital 3:00 Animaniacs 3:30 Pokeman 4:00 Hercules: Legendary Journeys 5:00 Jeopardy! 5:30 Nightly News See Prime Time table 12:35 ESPNews 1:05 Citizen X (TV-PG) 3:00 Scorpio (TV-PG) 5:00 Headline News 5:30 News at Sunrise

Cable 15 & 64

Friday, July 30	Saturday, July 31	Sunday, August 1	Monday, August 2	Tuesday, August 3	Wednesday, August 4	Thursday, August 5
6:00 CBS 48-Hours 7:00 ABC Nightline in Primetime 8:00 Headline News 8:30 Morning Business Report 9:00 ABC Good Morning America 11:00 Headline News 11:30 Burden Of Proof 12:00 CNN Today 2:00 Major League Baseball: Mets at Cubs 5:00 Headline News 5:30 NBC Nightly News See Prime Time table 12:00 Headline News 12:30 ESPNews 1:00 ABC Nightline 1:30 Headline News 2:00 Major League Baseball: (T) Phillies at Braves 5:00 Sportscenter	6:00 Dateline NBC Fri 7:00 ABC 20/20 Fri 8:00 CNN Saturday Morning 9:00 CNN Showbiz - Network 9:30 Style with Elsa Klensch 10:00 CNN Saturday 10:30 Page One w/Nick Charles 11:00 Motorworld 11:30 RPM 2Night 12:00 Major League Baseball: (Live) Yankees at Red Sox 3:00 WNBA Basketball: (Live) Mercury at Comets 5:00 Headline News 5:30 Navy/Marine Corps News See Prime Time table 12:00 Headline News 12:30 ESPNews 1:00 Washington Week In Review 1:30 Wall Street Journal Report 2:00 Major League Baseball: Rockies at Cardinals 5:00 Sportscenter	6:00 Motor Week 6:30 Sports Truck Connection 7:00 Sunday Morning 8:00 CBS Sunday Morning 9:00 CBS Face the Nation 10:00 CNN International 10:30 CNN Style w/Elsa Klensch 11:00 MLS Soccer: Rapids at Burn 1:00 Major League Baseball: (Live) Mets at Cubs 4:00 Women's Pro Billiards: 1999 WPBA Classic Tour Finals 5:00 Headline News 5:30 Air Force TV News See Prime Time table 12:00 George Michael Sports Machine 12:30 Headline News 1:00 ABC This Week 2:00 NHRA Drag Racing: (T) Prolong Lubricants NorthWest Nationals Seattle, WA (1st Rnd) 4:00 NHRA Drag Racing: (T) Prolong Lubricants NorthWest Nationals Seattle, WA (Final Round) 5:00 Sportscenter	6:00 Dateline NBC 7:00 Navy/Marine Corps News 7:30 Air Force Television News 8:00 Headline News 8:30 Morning Business Report 9:00 ABC Good Morning America 11:00 ABC Good Morning America 1:00 AMA Motocross: (T) Triathlon (T) 2:00 ABC 20/20 - Sunday 3:00 Headline News 3:30 Burden Of Proof 4:00 Inside Politics 5:00 Headline News 5:30 NBC Nightly News See Prime Time table 12:00 Headline News 12:30 ESPNews 1:00 ABC Nightline 1:30 Headline News 2:00 Boxing (T) 4:30 RPM 2 Night 5:00 Sportscenter	6:00 Dateline NBC Monday 7:00 48 Hours 8:00 Headline News 8:30 Morning Business Report 9:00 ABC Good Morning America 11:00 WNBA Basketball: (T) Mercury at Lynx 1:00 NASCAR Craftsman Trucks: (T) Penzoil/VIP Discount Auto 200 3:00 Headline News 3:30 Burden Of Proof 4:00 Inside Politics 5:00 Headline News 5:30 NBC Nightly News See Prime Time table 12:00 Headline News 12:30 ESPNews 1:00 ABC Nightline 1:30 Headline News 2:00 Major League Baseball: Braves at Pirates (T) 5:00 Sportscenter	6:00 Dateline NBC Tuesday 7:00 CBS 60 Minutes II 8:00 Headline News 8:30 Morning Business Report 9:00 ABC Good Morning America 11:00 USAC Sprint Car Racing: (T) 1:00 ESPN2's Thunder 2:00 Ultimate 9-Ball Challenge 4:00 48 Hours 5:00 CNN Headline News 5:30 Burden Of Proof 6:00 Inside Politics 6:30 Headline News 7:00 NBC Nightly News See Prime Time table 12:00 Headline News 12:30 ESPNews 1:00 ABC Nightline 1:30 Headline News 2:00 Major League Baseball: Teams To Be Announced 5:00 Sportscenter	6:00 Dateline NBC Wed 7:00 ABC 20/20 Wed 8:00 Headline News 8:30 Morning Business Report 9:00 ABC Good Morning America 11:00 Headline News 11:30 Burden Of Proof 12:00 CNN Today 2:00 Major League Baseball: Mets at Cubs 4:00 Inside Politics 5:00 Headline News 5:30 NBC Nightly News See Prime Time table 12:00 Headline News 12:30 ESPNews 1:00 ABC Nightline 1:30 Headline News 2:00 PGA Golf: The Buick Open (1st Round) 4:30 North American Fisherman 5:00 Sportscenter

Cable 16 & 65

Friday, July 30	Saturday, July 31	Sunday, August 1	Monday, August 2	Tuesday, August 3	Wednesday, August 4	Thursday, August 5
7:00 Homicide: Life on Streets 8:00 Bustin Loose (TV-PG) 10:00 Rocko's Modern Life 10:30 Aaahh! Real Monsters 11:00 Simpsons 11:30 Home Improvement 12:00 Star Trek: Deep Space 9 1:00 Nat'l Geographic Explorer 3:00 Homicide: Life on Streets 4:00 Bustin Loose (TV-PG) See Prime Time table 12:00 Dirty Harry (TV-PG) 2:00 The View 3:00 Better Homes & Gardens 3:30 New Attitudes 4:00 Can't Hurry Love 4:30 Ellen 5:00 Friends 5:30 Mad About You	6:00 Beverly Hills, 90210 7:00 Party of Five 8:00 Dirty Harry (TV-PG) 10:00 The View 11:00 Better Homes & Gardens 11:30 New Attitudes 12:00 Can't Hurry Love 1:00 Ellen 1:30 Friends 1:30 Mad About You 2:00 Beverly Hills, 90210 3:00 Party of Five 4:00 Dirty Harry (TV-PG) See Prime Time table 12:00 Ultimate Betrayal (TV-PG) 2:00 Just Kids 2:30 Lifestyle Magazine 3:00 700 Club 3:30 Real Videos 4:00 7th Heaven 5:00 Road To Avonlea	6:00 Dr.Quinn Medicine Woman 7:00 Touched By An Angel 8:00 Ultimate Betrayal (TV-PG) 10:00 Just Kids 10:30 Lifestyle Magazine 11:00 700 Club 11:30 Real Videos 12:00 7th Heaven 1:00 Road To Avonlea 2:00 Dr.Quinn Medicine Woman 3:00 Touched By An Angel 4:00 Ultimate Betrayal (TV-PG) See Prime Time table 12:00 Hope & Glory (TV-PG) 2:00 Rocko's Modern Life 2:30 Aaahh! Real Monsters 3:00 Simpsons 3:30 Home Improvement 4:00 Star Trek: Deep Space 9 5:00 From Earth To The Moon	6:00 New Detective 7:00 ER 8:00 Hope & Glory (TV-PG) 10:00 Rocko's Modern Life 10:30 Aaahh! Real Monsters 11:00 Simpsons 11:30 Home Improvement 12:00 Star Trek: Deep Space 9 1:00 Science Times 2:00 New Detective 3:00 ER 4:00 Hope & Glory (TV-PG) See Prime Time table 12:00 Midnight Madness (TV-PG) 2:00 Rocko's Modern Life 2:30 Aaahh! Real Monsters 3:00 Simpsons 3:30 Home Improvement 4:00 Star Trek: Deep Space 9 5:00 From Earth To The Moon	6:00 Intimate Portraits: Jill Eikenberry 7:00 Law & Order 8:00 Midnight Madness (TV-PG) 10:00 Rocko's Modern Life 10:30 Aaahh! Real Monsters 11:00 Simpsons 11:30 Home Improvement 12:00 Star Trek: Deep Space 9 1:00 From Earth To The Moon 2:00 Intimate Portraits: Jill Eikenberry 3:00 Law & Order 4:00 Midnight Madness (TV-PG) See Prime Time table 12:00 Rider On The Rain (TV-PG) 2:00 Rocko's Modern Life 2:30 Aaahh! Real Monsters 3:00 Simpsons 3:30 Home Improvement 4:00 Star Trek: Deep Space 9 5:00 CNN: The Cold War	6:00 Great Planes Again 7:00 Melrose Place 8:00 Rider On The Rain (TV-PG) 10:00 Rocko's Modern Life 10:30 Aaahh! Real Monsters 11:00 Simpsons 11:30 Home Improvement 12:00 Star Trek: Deep Space 9 1:00 CNN: The Cold War 2:00 Great Planes Again 3:00 Melrose Place 4:00 Rider On The Rain (TV-PG) See Prime Time table 12:00 He Said, She Said (TV-PG) 2:00 Rocko's Modern Life 2:30 Aaahh! Real Monsters 3:00 Simpsons 3:30 Home Improvement 4:00 Star Trek: Deep Space 9 5:00 The Last Sailors**	6:00 Eyes On The Prize 7:00 X-Files 8:00 He Said, She Said (TV-PG) 10:00 Rocko's Modern Life 10:30 Aaahh! Real Monsters 11:00 Simpsons 11:30 Home Improvement 12:00 Star Trek: Deep Space 9 1:00 The Last Sailors** 2:00 Eyes On The Prize 3:00 X-Files 4:00 He Said, She Said (TV-PG) See Prime Time table 12:00 Used People (TV-PG) 2:00 Rocko's Modern Life 2:30 Aaahh! Real Monsters 3:00 Simpsons 3:30 Home Improvement 4:00 Star Trek: Deep Space 9 5:00 National Geographic Explorer



Key: + Program time change due to live programming event; * Mature theme; ** Series starts; ***Series ends; **** Program moved to new day and/or time, (AIP) Already in progress

PRIMETIME		6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
Fri. July 30	8 & 10	Headline News	Showbiz Today	Simpsons	The Hughley's	Star Trek: Voyager		X Files		Headline News	:35 Tonight Show w/ Jay Leno	:35 Late Show w/ David Letterman	
	14 & 63	Headline News	Showbiz Today	Simpsons	The Hughley's	Star Trek: Voyager		X Files		Headline News	:35 Tonight Show w/ Jay Leno	:35 Late Show w/ David Letterman	
	15 & 64	ABC World News Tonight	CBS Evening News	Boxing: U.S. Challenge		Friday Night Fights				ESPNNews	Headline News	Nightly Business Report	
	16 & 65	The View		Better Homes & Gardens	New Attitudes	Can't Hurry Love	Ellen	Friends	Mad About You	Beverly Hills 90210		Party of Five	
Sat. July 31	8 & 10	Headline News	Air Force TV News	Beverly Hills 90210		CBS/Time: People of the Century Artist & Entertainers		20/20 - Friday		Headline News	Saturday Night Live		
	14 & 63	Headline News	Air Force TV News	Beverly Hills 90210		CBS/Time: People of the Century Artist & Entertainers		20/20 - Friday		Headline News	Saturday Night Live		
	15 & 64	Cont. Navy/Marine Corps News				NASCAR: Road to the Brickyard	MLS Soccer: (T) Galaxy at Fire		PGA Golf: (T) Canon Greater Hartford Open (3rd Round)		1999 Special Olympics		McLaughlin Group
	16 & 65	Just Kids	Lifestyle Magazine	700 Club	Real Videos	7th Heaven		Road To Avonlea		Dr. Quinn Medicine Woman		Touched By An Angel	
Sun. August 1	8 & 10	Headline News	CNN/SI	Simpsons	Home Improvement	Star Trek: Deep Space 9		Science Times		Headline News	Discover Magazine		Austin City Limits Deane Carter
	14 & 63	Headline News	CNN/SI	Kids Say/Darndest Things		Primetime Movie: The Brady Bunch Movie				Headline News	Discover Magazine		Austin City Limits Deane Carter
	15 & 64	Unlimited Hydroplanes		Major League Baseball: Yankees at Red Sox						Sports Tonight	Sports Sunday	CNN Perspectives	
	16 & 65	Rocko's Modern Life	Aaahh! Real Monsters	Simpsons	Home Improvement	Star Trek: Deep Space 9		Science Times		New Detectives		ER	
Mon. August 2	8 & 10	Navy/Marine Corps News	Showbiz Today	60 Minutes		Star Trek: Deep Space 9		From Earth To The Moon		Headline News	:35 Tonight Show w/ Jay Leno	:35 Late Show w/ David Letterman	
	14 & 63	Navy/Marine Corps News	Showbiz Today	60 Minutes		Sports Night	The King of Queens	The Practice		Headline News	:35 Tonight Show w/ Jay Leno	:35 Late Show w/ David Letterman	
	15 & 64	ABC World News Tonight	CBS Evening News	CNN & Time		Larry King Live		Major League Baseball: Giants at Diamondbacks					
	16 & 65	Rocko's Modern Life	Aaahh! Real Monsters	Simpsons	Home Improvement	Star Trek: Deep Space 9		From Earth To The Moon		Intimate Portraits: Jill Eikenberry		Law & Order	
Tues. August 3	8 & 10	Headline News	Showbiz Today	Who's Line Is It Anyway	Home Improvement	Star Trek: Deep Space 9		CNN: The Cold War		Headline News	:35 Tonight Show w/ Jay Leno	:35 Late Show w/ David Letterman	
	14 & 63	Headline News	Showbiz Today	Who's Line Is It Anyway	Waterworld (TV-PG)					Headline News	:35 Tonight Show w/ Jay Leno	:35 Late Show w/ David Letterman	
	15 & 64	Major League Baseball: White Sox at Tigers						ABC World News Tonight	CBS Evening News	PBS Newshour		Headline News	Nightly Business Report
	16 & 65	Rocko's Modern Life	Aaahh! Real Monsters	Simpsons	Home Improvement	Star Trek: Deep Space 9		CNN: The Cold War		Great Planes Again		Melrose Place	
Wed. August 4	8 & 10	Headline News	Showbiz Today	Simpsons	Home Improvement	Star Trek: Deep Space 9		Ally McBeal		Headline News	:35 Tonight Show w/ Jay Leno	:35 Late Show w/ David Letterman	
	14 & 63	Headline News	Showbiz Today	Sabrina, The Teenage Witch	Boy Meets World	Dawson's Creek		Ally McBeal		Headline News	:35 Tonight Show w/ Jay Leno	:35 Late Show w/ David Letterman	
	15 & 64	ABC World News Tonight	Major League Baseball: Teams To Be Announced						Major League Baseball: Teams To Be Announced				
	16 & 65	Rocko's Modern Life	Aaahh! Real Monsters	Simpsons	Home Improvement	Star Trek: Deep Space 9		The Last Sailors**		Eyes On The Prize		X Files	
Thur. August 5	8 & 10	Headline News	Showbiz Today	Friends	Jesse	Frasier	:35 Will & Grace	NYPD Blue			:35 Tonight Show w/ Jay Leno	:35 Late Show w/ David Letterman	
	14 & 63	Headline News	Showbiz Today	Friends	Jesse	Frasier	:35 Will & Grace	NYPD Blue			:35 Tonight Show w/ Jay Leno	:35 Late Show w/ David Letterman	
	15 & 64	ABC World News Tonight	CBS Evening News	ESPNNews	NASCAR Craftsman Truck Series: (T) IRP 200				Moneyline		Headline News	Nightly Business Report	
	16 & 65	Rocko's Modern Life	Aaahh! Real Monsters	Simpsons	Home Improvement	Star Trek: Deep Space 9		National Geographic Explorer				Homicide: Life on Streets	

SCN Prime Time Movies & Specials

SCN Prime Time Movies & Specials

The Brady Bunch Movie. The famous 1970s TV family are transplanted into the 1990s. Stars: Shelley Long, Gary Cole, Michael McKean, Jean Smart. (Comedy, 1995, TV-PG) 8 p.m. Sunday.

Waterworld. After the melting of an Arctic icecap due to damage to the earth by humans, the world becomes engulfed by water. Stars: Kevin Costner, Dennis Hopper, Jeanne Tripplehorn, Tina Majorino. (Action, 1995, TV-PG) 7:30 p.m. Tuesday.

SCN's VCR Alert — Recommended for videotaping

Terminator 2: Judgement Day. Arnold always keeps his word and in "The Terminator" he did say "Ahh'll be back!" This time out, a kinder, gentler killer cyborg from the future returns to present day Los Angeles to protect the soon-to-be-savior of humanity, John Connor, and his mother from destruction by an unstoppable T-1000 Liquid Metal Terminator. Stars: Arnold Schwarzenegger, Edward Furlong, Linda Hamilton, Robert Patrick. (Action, 1991, TV-PG) 1:05 a.m. Saturday.

SCN Weekend Sports

Major League Baseball:			
noon	Saturday	Yankees at Red Sox	Cable 15
3 p.m.	Saturday	Orioles at Mariners	Cable 14
1 p.m.	Sunday	Mets at Cubs	Cable 15
7 p.m.	Sunday	Yankees at Red Sox	Cable 15
PGA Golf:			
8:30 p.m.	Saturday	Canon Greater Hartford Open (3rd Round)	Cable 15
2 p.m.	Sunday	Canon Greater Hartford Open (Final Round)	Cable 14
MLS Soccer:			
8:30 p.m.	Saturday	Galaxy at Fire	Cable 15
11 a.m.	Sunday	Rapids at Burn	Cable 15
WNBA Basketball:			
3 p.m.	Saturday	Mercury at Comets	Cable 15
NASCAR Craftsman Trucks Series:			
11 a.m.	Sunday	Penzoil/VIP Discount Auto 200 (LIVE)	Cable 14



Duty-free merchandise

FORT CLAYTON (Contraband Control Office) - As a reminder, in accordance with the Panama Canal Treaty and U.S. Southern Command regulations, duty-free merchandise, whether new or used, cannot be given, transferred or generally sold to non-privilege holders. Violations to these dispositions may subject violators to prosecution under both military and Panamanian laws. It is sometimes permissible to sell an item, but only if Panamanian taxes are paid. Before such a sale, it is strongly recommended that the seller contact the Contraband Control Section for advice at 288-5814.

Access to installations is allowed for ID card holders & pass holders only. All guests must be signed on by ID card holders.

El acceso a las instalaciones militares solamente le está permitido a las personas con tarjetas de identidad personal del Gobierno de los EEUU y el personal con pases de acceso a las instalaciones. Todos los invitados deben ser firmados a la entrada de las instalaciones por una persona con tarjeta de identidad personal de los EEUU.

Animals

Cat, free, 272-2217
Dalmatian pup, 2 mos \$150, 285-3009
Horse w/tack, grt for student & young rider \$350, 232-7156
Lg Koi & Gold fish, 232-7156
Pekipoo, 3 mos, nice w/kids \$90/neg, 232-8943

Available

Car inspection or registration, home delivery, 222-2602
Cert Eng/Span translation for all docs, 222-2602
Computer consulting, installation, upgrades, backups & troubleshooting, 221-4281
Computer consulting, repairs, CD back-ups and web designing, 233-2387
Home video back-ups, VHS to VHS, 233-2387
Maid, biling, domestic help, honest, reliable, gd hearted woman, 260-4478
Maid, biling, live-out, honest, dependable, gd w/kids, 262-3923
Maid, cleaning or ironing, baby-sitting, wkdays & wkends, honest, gd ref, 295-3075
Maid, honest, housekeeper, reliable, gd w/kids, ref, 224-5765
Maid, live-in/out, Mon-Fri, clean, dependable, ref, 250-1597
Maid, live-in/out, wkdays, dependable, gd w/kids, 228-2836
Maid, Mon-Wed-Fri, hard working, reliable, grt w/kids, 224-4378
Maid, wkdays, wkends, baby-sitting, honest, gd ref, 233-1652
Never shave again! Body sugaring: the natural method of hair removal, 284-3729

Panamanian income tax return & reimbursement services, 264-3781
Pick up to move misc items all posts, 261-6699
Power window door lock repair, 222-4972
Typing services, including SF-171 w/laser impression, 230-1298
Upholstery curtains & interior decoration, 261-6699

Boats & campers

10' West Marine inflatable \$100, 276-6250
17' Aguasport, 115 HP Evinrude, pwr trim, trim tabs, fish finder, bimini top \$4700, 232-7132
17' Square Stern 2 Aker fiber glass canoe, 4 HP, new trailer \$1000, 239-3064
18' alum bass boat, 40 HP, console, trailer & many access, exc cond \$3500/obo, 226-8139
19' Graco open fish dive boat, 6 HP, new trailer w/unit for kicker \$2600, 239-3064
23' Bengo fish & dive boat, 65 HP, fish finder, 50 gal tank, center console \$8000, 267-8921
79 38' Bertram sport fisherman w/twin V-53 Detroit dsl eng, fully overhauled, grt shape \$75,000, 232-5759

Cars

81 Mercedes Benz, 4 cyl, gd cond \$1200/obo, 239-3064 after 6 pm
81 Plymouth Reliant, light blue, 4 cyl, 2.6 eng \$1800, 230-2384 after 7 pm
83 Malibu sta/wgn \$1000, 225-1375
86 Pontiac Firebird, V-6, AT, AC, PS, CD player, t-tops, gd cond \$3000, 280-3850

86 Toyota Tercel, 4 dr, gd cond \$2500, 284-6674
86 Toyota, 4 dr, 5 spd, AC, hatch back, dty pd \$2600, 259-9809
88 Honda Accord \$2500, 288-7737
89 Dodge Grand Caravan LE \$3000, 220-2442
90 Ford Festiva, gd cond \$1950/obo, 239-3064 after 6 pm
90 Nissan Sentra, 4 dr, AT, AC, dty pd \$3000, 272-2969
91 Buick Regal, AC, new tires, batt, exc cond \$2900/obo, 264-8244
91 Diesel Suburban, dual AC, towing package, loaded \$12,000, 272-6829
91 Hyundai Excell, 4 dr, 5 spd, AC, new batt, tires, brakes, runs grt, dty pd \$2600, 214-9210
91 Mustang 5.0, AT, AC, LM \$2000/obo, 263-3789
92 Mitsubishi Eclipse, AT, AC, all pwr, loaded, exc cond \$4700, 267-8921
93 Buick Skylark, AC, PS, PB, PL, PW, am/fm cass \$4500, 223-9396
93 Dodge Caravan SE, red, AT, PW, PS, PB, am/fm cass, gd cond, dty pd \$8000/obo, 253-5617
93 Geo Metro, 2 dr, 3 cyl, 5 spd, AC, dty pd \$3500/obo, 259-9809
93 Mazda 626 sta/wgn, wht, 4 dr, manual transmission, exc cond \$7100/neg, 223-8353 Gladys
95 Toyota Camry LE, exc cond \$13,000, 220-2442
96 Toyota Corolla, AT, dty pd \$6500, 272-6829
96 VW Golf GL, red, manual transmission \$9200/neg, 230-2384

97 Chevy Cavalier, PB, PS, radio, tinted windows, exc cond, dty pd \$7000, 226-8139
97 Toyota Celica GT, wht, 5 spd, all pwr, sunroof, 6 disc CD changer, exc cond, \$19,000, 284-6388
98 Chevy Cavalier Gold, AC, LM, gd cond, dty pd \$9000, 221-6681
98 Nissan 240 SX SE, AC, PS, PB, PL, loaded \$17,500, 285-9293
BMW 318is, 5 spd, AC, PW, PL, PS, sunroof, alloy rims, tinted windows, am/fm cass, Kenwood stereo \$15,000, 284-5372

Computers

166 Pentium, 80 MB Ram, 33.6 modem, 3.0 Gig HD, 15" mon, 16X CD-ROM, spkrs, sound & video card, Win 95 \$500, 280-3850
Epson LQ 1070 Dot Matrix printer wide carriage \$175, 269-6728
IBM computer mon \$200, 232-7294

Electronics

19" Sony TV \$185, 272-2656
25" TV \$200, 232-7294
27" RCA color stereo TV, swivel cab \$300, 225-1375
Bass guitar wash burn XB 200, 4 string, wine red \$350/neg, 224-5933
Elec typewriter word processor, new \$100, 288-7958
Fender 100w bass head w/Peavey bass cab \$350, 272-5083
Head worn audio technique VHF wireless microphone system, new \$295/neg, 268-4732
JBL spkrs, 40w \$100, 272-6829
TV's, 232-7054

Household

1 bkcase, 2 computer desk, 2 entertainment center, 250-0298
1 patio w/exotic plants, 260-4478
14.6' Whirlpool upright frzr, no frost \$195, 232-5960
15' GE refrig \$250, 13' GE frzr \$250, 272-6210
16' Westinghouse refrig \$275, 272-6239

16' Whirlpool frzr \$400, washer \$250, 220-2442
18' GE refrig, exc cond \$400/neg, 235-0122
18' Whirlpool refrig, almond, like new \$550/obo, 272-2227
23.7' GE refrig, dbl dr. \$500/obo, 36" Magic Chef gas range \$300/obo, 226-3566
AC 12,000 BTU \$195, 272-2217
AC 18,000 BTU \$240 & 10,000 BTU \$175, 272-6239
AC, 18,000 BTU \$250, 272-6210
AC, carpets, 232-7294
Assorted drapes, 96 x 84 \$75/pr, 232-5960
Bkcase w/drawers \$40, bkcase, yellow \$30, desk \$95, dbl bed \$175, 272-7400
Carpet, 16 x 10, brn w/pad \$35, 272-2656
Carpet, wall to wall, blue \$50, 272-2656
Chinese screen \$200, coffee & 2 end tbl \$175, 272-6929
Circle sofa \$500, 272-6051
Complete BR set, k/sz bed, 9 drawer dresser, high boy dresser, 2 night stands & 2 matching lamps \$1200, 284-5372
Computer desk \$200, 276-6778
Computer desk, gd cond \$80, 231-6873
Custom wall unit desk, 8' x 7' \$300, 272-6929
Desk w/mirror & chair \$100, 272-6829
DR buffet, blk w/draws & glass shelf \$175, 272-2343
DR set for 8, oriental carved rosewood \$4500, 228-4061
DR tbl w/6 chairs \$200, 250-0298
DR, coffee & pwr tbl, chests, chandeliers, 232-7054
Dryer \$50, 3 AC units \$250/for all, 272-5083
Entertainment center, broyhill cherry wood \$500, 276-6778
F/sz box spring & matt w/new rails \$250, 226-3566
F/tank for gas BBQ grill, 272-6829
GE gas stove \$300, 220-2442
Girl's chest, 3 drawers, mirror, in wash w/painted stencil \$595, 215-0313

Girl's desk, 230-2384
Gun cab \$125, gun rack \$30, vacuum cleaner \$30, 236-6483
Household goods, 288-4675
Juice extractor \$20, 288-7958
K/teak head board w/attached end tbl \$300, 272-6929
Lg thick glass end tbl \$85, 272-2343
LR sofa & chair set, soft leather, gray, exc cond \$375, 272-2343
Q/sz bed \$175, sleeper sofa \$85, bkshelves \$20/ea, 272-6096
Q/sz matt & box spring \$200, computer desk \$90, rocking chair \$50, 232-7294
Q/sz teak platform bed w/2 night stands, matching triple dresser \$1000, 225-1375
Recliner chair \$100, rug, 9 x 12, light blue \$40, curtains w/rods, pink \$60, 272-2314
Rug, 9' x 12', beige w/pad \$45, 232-7218
Sofa lvseat \$375, 220-2442
Solid wood changing tbl dresser w/matching shelf \$130, 288-6192
Tbl & sideboard, 272-2262
Tbl cocktail & 2 end tbl oak, like new \$125, 266-6165
Teak china cab \$500, bunk beds \$200, bed w/3 drawers \$250, 272-6829
Teak roll top desk \$800, teak chest \$400, 272-6929
Twin bed, f/bed \$40, kitchen tbl \$45, 288-7737
Vanity w/skirt & mirror \$250, 215-0313
Wood bar \$500, 269-6728

Miscellaneous

21" lawnmower \$115/obo, 272-6845
4 alum rim \$80, tire \$45, jeep parts, 236-6483
50mm lens w/filters & macro lens set to fit Nikon \$75, 272-5083
6' metal locker \$10, 288-7958
89 Chrysler Le Baron for parts \$500, 228-4061
ARC welder \$160, ramp \$25, 236-6483



Classified Ads

Baby bassinet w/lace floor length skirt, liner & hood, exc cond \$50, 226-8139

Batt charger for household batt, 288-7958

Blender \$8, lg cooler \$10, 288-7958

Books "From Barbados to Panama" \$5/ea, 272-2262

Books, FSU composition & Shakespeare classes, Literature for composition Mid Summer Nights Dream Hamlet, Henry IV \$30/for all, 272-6829

Butane gas tank \$25, cooler \$30, 236-6483

Camera Nikon L35 AF \$90, 272-6051

Christmas tree \$45, 272-6051

Copper plates from Chile \$10, 272-7400

Digital camera \$600, 232-7294

Dog house, new \$50, 223-8353

Key cutting mach \$800, key blanks \$300, 288-6192

Little tike items & more, 288-7737

Little tykes play set w/ slide, 250-0298

Noritake dinnerware for SIX \$75, 272-6051

Plants, 232-7218

Plants, 272-6096

Potted plants, lg, med & sm, more than 75 \$75/for all, 232-7156

Rear windshield for 96 Terrel, 222-4972

Roofing for patio & carport \$400, 262-1029

Sentry safe, 165 lb \$250, 272-2379

Soda or beer vending mach \$350/obo, 272-5083

Stainless steel sink w/ stand, 6 x 3 x 1, grt cond \$100/obo, 226-8139

Motorcycles

85 Kawai 454 LTD, gd cond, dty pd \$1500, 260-7113

95 Yamaha, 90 cc, red, like new, exc cond \$1000/obo, 277-4338

Patio sales

Ancon 621

Balboa 2312

Balboa 2422, 5:30 - 8:30 am

Balboa 763 C, 7 - 10 am

Cardenas 7217 A, 7 - 11 am

Clayton 1043 A

Clayton 642 C, 6 - 10 am

Clayton 835 B, 7 - 10 am

Curundu 2126, 7 am - noon

Diablo 5407

El Dorado, Park View II, Apt 7 B, 7 am - noon

Howard 654 A

Los Rios 6363 B

Los Rios 6408, 7 - 10 am

Los Rios 6408, 7 - 10 am

Sporting goods

Adidas soccer shoes, new \$40, 232-8943

Aerobic rider \$125, 276-6778

Aerobics instructor equip, various items, 268-4732

Bikes \$25/ea, 272-6829

Body sculpture exer mach & Helmet bike, 223-8353 Gladys

Jogging stroller \$100, 272-6860

Skurfer for ski boat w/ tow rope \$50, 276-6250

Water skis, 272-6829

Trucks & Vans

66 Ford pickup, 6 cyl, completely rebuilt, camper shell, gd cond, dty pd \$3200/obo, 239-3064

81 Dodge pickup, 6 cyl, completely rebuilt, new paint, gd cond, dty pd \$4000/obo, 239-3064

81 Tow Truck Disassembled \$3500, 228-3896

84 Ford Bronco II, 4 x 4, blue & wht, 2 dr, AT \$2000, 284-4339

87 Chevrolet Suburban, 4 x 4, 350 eng, all extras \$1500, 232-5759

87 Isuzu pickup, long bed, dsl, dty pd \$3800, 259-9809

88 Ford Bronco XLT \$3500, 315-0801

88 Mitsubishi pickup, AT, AC, bed liner, dty pd \$3800/obo, 259-9809

89 Chevy S-10 Blazer, 4 x 4, sport package, loaded, gd cond \$4500, 267-8921

89 Dodge Ram 250 conv van, loaded \$9000/obo, 288-4244

90 Jeep Wagoneer, CD changer, loaded, exc cond \$6500, 260-7113

90 Jeep Wrangler \$6250, 228-4061

90 Mitsubishi Montero, 4 x 4, 4 dr, AT, am/fm cass, exc cond \$8600, 231-6873

90 Ply Voyager, AT, AC, dty pd \$3500, 250-0298

91 Jeep Wrangler, needs work \$3500, 228-4061

91 Mitsubishi Montero, 4 x 4 trade for Honda Accord or other car of similar value, 293-6392

91 Nissan Terrano, 4 x 4, dty pd \$8500, 272-5943

93 Chevy Blazer, 4 x 4, V-6, AC, PS, PB, CD, all extras, exc cond \$9500, 261-1861

94 Jeep Cherokee, AC, PS, PB, am/fm cass \$9800/obo, 288-4244

95 Nissan Pathfinder, AT, AC \$12,500, 260-1651

96 Ford Ranger Splash, V-6, super cab, exc cond, dty pd \$11,900, 279-1246

96 Grand Cherokee Laredo, f/extras, dty pd \$20,000, 269-6728

99 Toyota Hi-Lux, AC, PS, PB, PW, loaded \$18,000, 285-9293

Mitsubishi Montero, 4 x 4, 2 dr, dsl, AC, exc cond \$4800, 268-2694

Mitsubishi Montero, 4 x 4, 2 dr, dsl, AC, exc cond, dty pd \$4800, 268-2694

Wanted

Gd family for maid, 11 yrs exp, Eng & Span spking, exc worker, grt w/kids, 233-2704



Tropic Times Ad Form

Note: Advertising in the *Tropic Times* is offered on a space available basis to military members, civilian DoD employees, and employees of other government agencies. Ads will be accepted only for NON-COMMERCIAL services or goods offered by the advertiser or an immediate family member. Suspected abuse of the ad services will result in non-publication of the ad(s) in question. For more information, call 285-4666/6612.

◆ **Deadline for submitting ads is 9 a.m. Monday. If Monday is a holiday, the deadline is 1 p.m. the Friday before.**

◆ **Read instructions below, then completely fill out the ad form. Incomplete ads will not be published.**

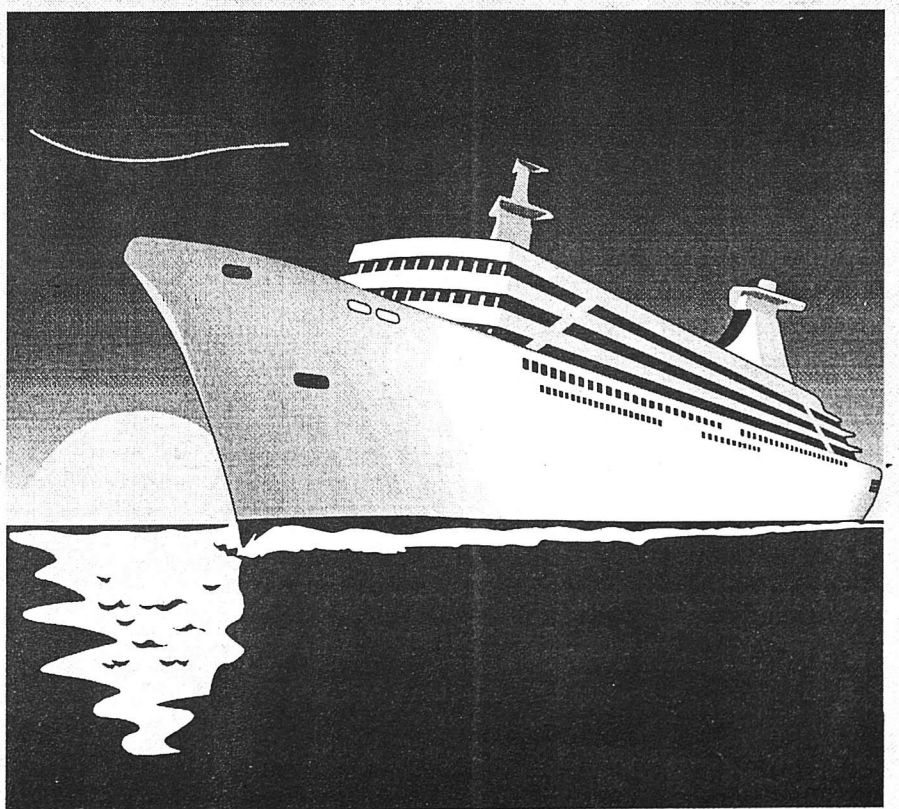
- ☐ Animals
- ☐ Available
- ☐ Boats & campers
- ☐ Cars
- ☐ Computers
- ☐ Electronics
- ☐ Found
- ☐ Household
- ☐ Lost
- ☐ Miscellaneous
- ☐ Motorcycles
- ☐ Patio sales
- ☐ Date _____
- ☐ Sporting Goods
- ☐ Trucks & Vans
- ☐ Wanted

Price _____ HomePhone _____

- ◆ Check one category per ad form
- ◆ Two ads per person each week. Include home and duty phone.
- ◆ 15-word limit (the staff may edit to conserve space).
- ◆ Ads must be re-submitted each week.
- ◆ We will **NOT** take ads by phone or fax (Atlantic residents may fax ads).
- ◆ Ads offering exotic animals, weapons or real estate will Not be run.
- ◆ Ads offering, foods, hair care or translation will Not be run without a copy of licenses to operate on post/base.
- ◆ Mail ads to: *Tropic Times*, Unit 7145, APO AA 34004 or deposit them in the drop box at the Clayton Post Office.
- ◆ Information below is not included in the ad, but is required for publication.

Sponsor's Name _____ Rank/Grade _____
Organization _____ DutyPhone _____

Coming up soon is a full Panama Canal transit hosted by the Terruño Association and Postal Profesionales. Buses depart 3:30 p.m. Aug. 14 from Balboa Pier 18. Ship will transit from Cristobal and return to Balboa Pier 18. Cost is \$60/person and includes: food, beer, soda and more. Join us and live the end of an era 1904 - 1999. For tickets, call Ernesto Anderson at 284-4004/230-1376, Staff Sgt. Francisco Hernandez at 288-4802, Manuel Gonzalez at 284-7220, Vicente Anderson at 272-2961, Laarina Mulling at 232-4738, Beverly Prescod at 445-4816 and Marvin Murdock at 232-4387.





Sports

Page 19

Fort Clayton and Howard Air Force Base, Republic of Panama
Serving the Joint Community

July 30, 1999

Sports shorts

Air Force

Free aerobics classes are held at 5:45 a.m. and 9 a.m. Mondays, Wednesdays and Fridays. Also at 4:45 p.m. Mondays - Fridays. For more information, call the HFSC.

For more information on Air Force sports, call the Howard Fitness Sports Center at 284-3451.

Army

The Clayton Bowling Center features free open bowling. Center hours are 11 a.m.-6 p.m. Mondays-Fridays, from noon until 8 p.m. on Saturdays, and from 3-7 p.m. on Sundays and holidays.

Hours are subject to change as needed for parties, leagues or special events.

Aerobic classes are available at the Fort Kobbe Elementary School Gym. The cost is \$1 per person.

Classes are 5:45 - 6:45 p.m. Tuesdays and Thursdays, and 9 - 10 a.m. on Saturdays.

For more information, call 284-3399.

For more information on Army sports call DCA Sports at 288-5610/3866 or the Reeder Gym at 288-4713/7861.

Horoko Golf Course

The Horoko Golf Course has new telephone numbers: Pro Shop - 282-3323/3346; Restaurant - 282-3295; Maintenance - 282-3880.

Upcoming runs

The Isthmus Road Runners are sponsoring an 8K run at 7 a.m. on Sunday at Las Cumbres.

The Panamanian Armed Forces Running Association will sponsor 2, 3 and 5-mile runs at 7 a.m. on Aug. 14 at the Fort Clayton Pedestrian Gate.

The IRR will sponsor a 15K Run starting at 7 a.m. on Aug. 22 at the Panama Canal College.

They will also sponsor a 21K Run at 6:30 a.m. on Sept. 12 at Summit Gardens.

The PAFRA will sponsor 2, 3 and 5-mile runs starting at 7 a.m. at the Fort Clayton Pedestrian Gate on Sept. 18.

For more information on upcoming runs, call Allen Jones at 261-8791.



Horoko Golf Course under new management

(This article is courtesy of the 24th Wing Public Affairs Office).

The Horoko Golf Course will come under new management starting today.

The Government of Panama—through its InterOceanic Authority Region—recently awarded the commercial concessionaire contract for operating the complex to Horoko Golf and Resort S.A.

Golf fees for U.S. service members and defense personnel assigned to Panama will remain the same as fees established under Air Force management through November.

The U.S. military and defense golfers remaining in Panama after November are encouraged to identify themselves at the Horoko Pro Shop as soon as possible. A prompt query will ensure the military rates are honored, and it will give the new management an opportunity to enroll those customers into their national and international marketing plans.

New fees for Panama Canal Commission and non-U.S. members will be posted in the Horoko Pro Shop.

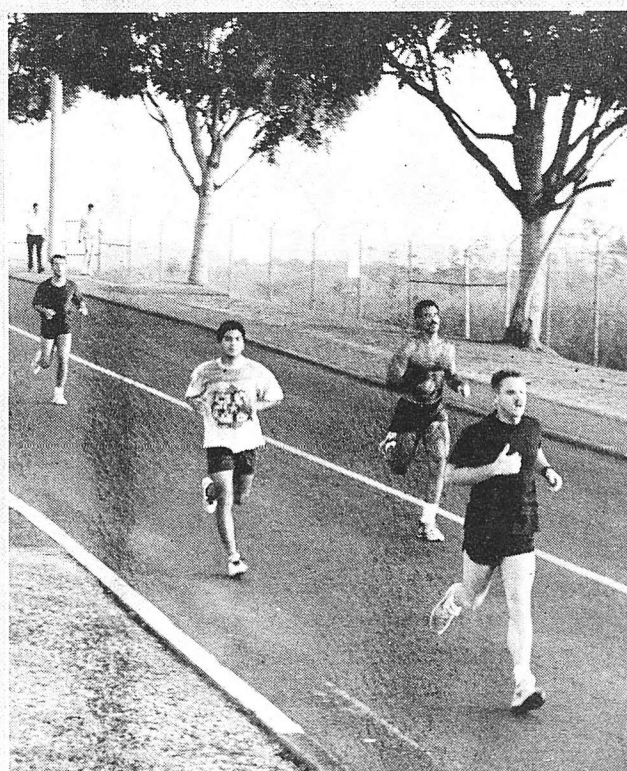
For additional information, contact Adrienne Chial at (507) 282-3323 or 282-3346.

The course at Horoko will open to the public every day from 6:45 a.m. until dark. The Horoko Restaurant, formerly known as Mulligan's on the Green, will operate Monday through Friday from 11 a.m. to 2:30 p.m.; and weekends from 6:30 a.m. to 2:30 p.m. The course's bar and snack food operations will run until 7 p.m. daily.

For additional information on the restaurant operation, contact Candy Lou at (507) 282-3295.



(file photo)



(file photo)



(file photo)

Many upcoming runs

The Isthmus Road Runners are sponsoring an 8K run at 7 a.m. on Sunday at Las Cumbres. The Panamanian Armed Forces Running Association will sponsor 2, 3 and 5-mile runs at 7 a.m. on Aug. 14 at the Fort Clayton Pedestrian Gate. The IRR will sponsor a 15K Run starting at 7 a.m. on Aug. 22 at the Panama Canal College. They will also sponsor a 21K Run at 6:30 a.m. on Sept. 12 at Summit Gardens. The PAFRA will sponsor 2, 3 and 5-mile runs starting at 7 a.m. at the Fort Clayton Pedestrian Gate on Sept. 18. For more information on these upcoming runs, call Allen Jones at 261-8791.

LMOs help manage former range lands

Story and photos by Charlie McElroy
Tropic Times Staff

COROZAL-Two Land Management Offices were recently established at former military ranges located on the Atlantic and the Pacific sides of the Canal area.

The offices were built and equipped by the Deputy Chief of Staff, Office of Engineering, U.S. Army South. According to Lewis Parker, environmental coordinator, DCSENG, USARSO, the offices are there to assist with the management of range land previously used for military exercises.

Parker said that the establishment of the offices further ensures that requirements stated in the 1977 Panama Canal Treaty are met.

The Land Management Offices are located at Pina Range and at the juncture of Empire and Balboa West ranges, areas of remote, dense forest.

This forested area replenishes the watershed of the Panama Canal and preserves the natural environment for numerous endangered species and imperiled plant life, says Parker.

For years, all three ranges were used for training exercises by U.S. military forces and Panamanian military forces during combined military-to-military training programs, says Lt. Col. Byron Conover, public affairs officer, USARSO.

Parker said the purpose of the Land Management Offices is to provide the government of Panama with equipment to safely maintain the range land. Each location is outfitted with an air-conditioned building on a fenced expanse of land, two four-wheel drive vehicles, an ATV, computer terminals, radio equipment, power generators, and other equipment that will allow Panamanian maintenance personnel a 24-hour-a-day workstation. Panamanian personnel will manage the range lands and patrol them to guard against squatters and trespassers, says Parker.

U.S. Army South has taken a keen interest in aiding public awareness about the range lands. Col. Robert C. Scharling, USARSO Deputy Chief of Staff for Civil Military



Equipment was recently unloaded and carried into the Land Management Office at the Balboa West and Empire Ranges.

tary Operations recently presented material and equipment to Dr. Dora W. de Da Costa, national director for the Promotion of Health, a department within the Panama Ministry of Health. The equipment and materials included television sets, VCRs, posters and flyers that will be used in aiding public awareness of range land in Panama. The equipment and materials were presented during a ceremony on the 19th of July at Gorgas

Hospital.

The U.S. has a long history in helping to preserve the natural habitat in all areas of Panama that were managed by the U.S. military. The Smithsonian Tropical Research Institute, the Association for the Conservation of Nature and the Legacy Resource Management Program all contribute to a legacy of U.S. involvement in natural habitat preservation.

(Top left) A kodiak 4x4 ATV was part of the equipment given to the Balboa West and Empire Range Land Management Office. The ATV will be used to help patrol these former range lands.

(Bottom left) The Land Management Offices are equipped with computer hardware, radios and other equipment needed for successfully managing the former ranges. The Land Management Offices are located at Pina Range and at the juncture of Empire and Balboa West ranges, areas of remote, dense forest.

(Bottom right) The Land Management Offices, like this one at the Balboa West and Empire Ranges, is modernly equipped to help manage the former military range lands. U.S. Army South and the United States Government have a long history in helping to preserve the natural habitat in all areas of Panama that were managed by the U.S. military. The Smithsonian Tropical Research Institute, the Association for the Conservation of Nature and the Legacy Resource Management Program all contribute to a legacy of U.S. involvement in natural habitat preservation.

