

Newspaper distro

The *Tropic Times* newspaper is no longer being distributed to individual homes in the various housing areas because our contractor has terminated their business. Patrons can pick up the *Tropic Times* at various sites to include the shoppettes, the PX, the Commissary, Burger King and Popeye's.

A home for pets

Page 7: Pet abandonment is a serious issue. Here's a recommended solution - *Asociacion Amigos de los Animales*, a non-profit organization in Panama City.



56th relocates

Page 12: The 56th Signal Battalion held its relocation ceremony in Corozal Monday. The ceremony marked the last of USARSO's battalions to inactivate or relocate outside of Panama.



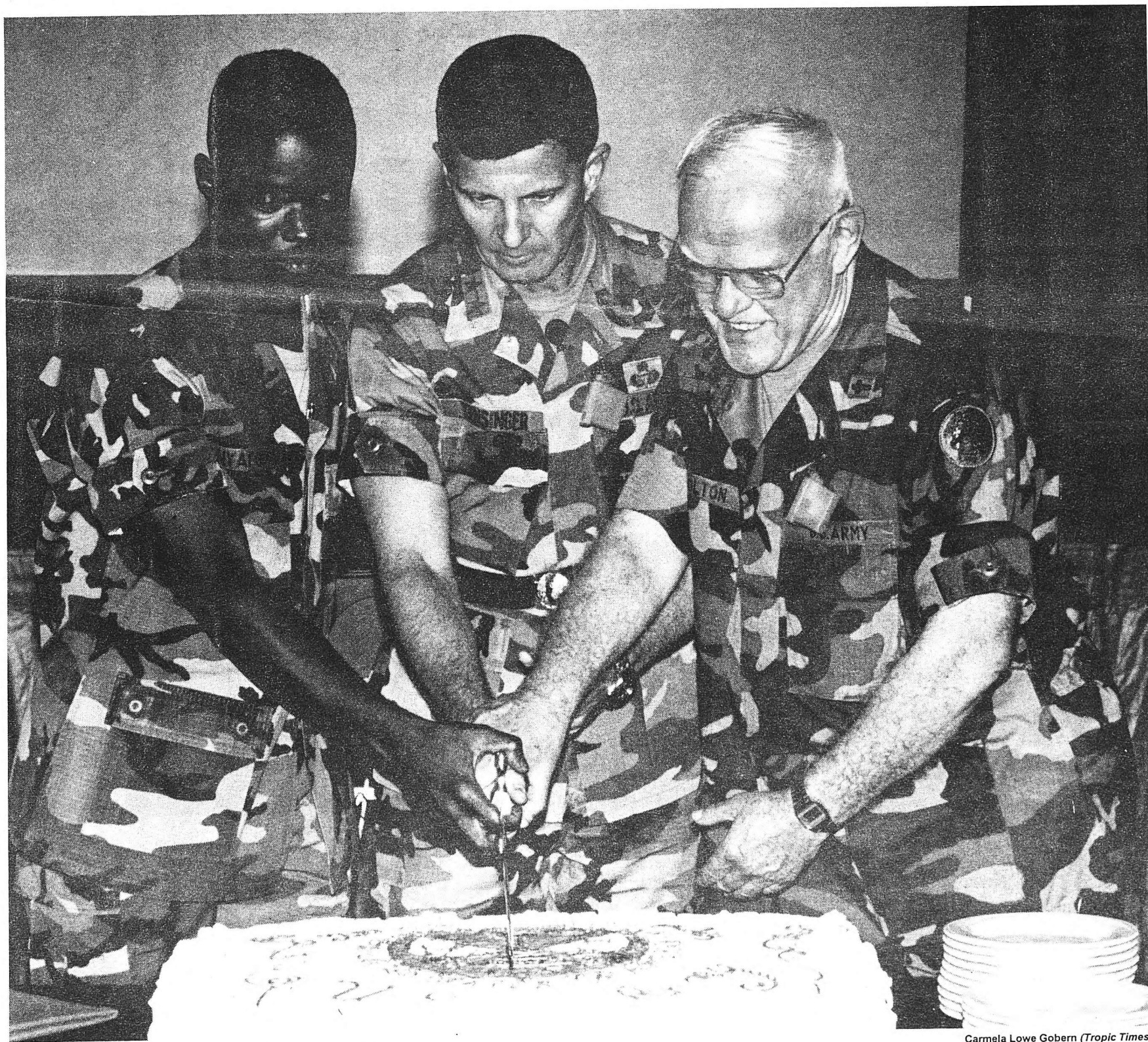
Tropic Times

Vol. XII No. 24

Fort Clayton and Howard Air Force Base, Republic of Panama
Serving the Joint Community

Friday, June 18, 1999

Happy Birthday U.S. Army



Carmela Lowe Gubern (Tropic Times)

Ceremonial cutting of the cake

Maj. Gen. Philip R. Kensinger Jr., U.S. Army South commanding general (center), gets help from the youngest and oldest USARSO soldiers, Pfc. Benjamin Anyaegbunam and Lt. Col. (chaplain) Paul J. Bolton, in the ceremonial cutting of the Army birthday cake. During the Army Birthday Reception held Friday at Fort Clayton's Valent Recreation Center. The ceremony commemorated the Army's 224th birthday. During the reception, Maj. Gen. Kensinger spoke about the history of the campaign streamers in an informative report of the history of the U.S. Army, from its beginnings in 1775 to the present. His presentation concluded with a video of the Army's outstanding work worldwide. The Army Birthday Reception also included the Posting of the Colors and a patriotic presentation on the Stars and Stripes by Command Sgt. Maj. John Humphries, the Theater Support Brigade command sergeant major. The elegant reception, held in the *Isla Grande* Room of the Valent Recreation Center, included beautiful floral arrangements, and red-white-and-blue decorations which contributed to making this celebration a most memorable one. For more on the Army Birthday Reception, see Page 4.

DCA holds final awards ceremony

story and photo by
Charles S. McElroy
Tropic Times Staff

FORT CLAYTON — The Directorate of Community Activities held its final awards ceremony on Wednesday in recognition of outstanding performance by various organizations. The ceremony also marked the closure of DCA activities in Panama following decades of service to soldiers and families of U.S. Army South.

More than 350 civilian and Army personnel were on hand to participate in the ceremony held at the Valent Recreation Center.

The Directorate of Community Activities has contributed to the readiness of U.S. military forces in Panama by providing a variety of social, wellness, recreational, educational, and family-related services and activities.

Among the many activities coordinated and performed by DCA were community support programs, comprehensive education and library programs, child and youth care programs, and a wide variety of sports and recreation opportunities.

DCA has undoubtedly touched the lives of armed services personnel and civilians stationed at Fort Kobbe, Fort

Clayton, Fort Sherman, and Soto Cano, Honduras.

The DCA motto, "Doing the best for the best," most accurately describes the kind of driving force that helped lead the DCA staff to so many successful achievements.

Some key DCA accomplishments include first place in the 1996, 1997, and 1998 Army Communities of Excellence Awards and a 1998 Presidential Quality Award Finalist.

On the day of the ceremony, special awards for meritorious service were given to members of each division of DCA. Several persons present at the ceremony became honorary members of DCA:

Col. and Richard B. Thomas, Theater Support Brigade commander, and his wife, Linda, received the special recognition award from McDonald Kemp, director of community activities.

CW4 Mary E. H. Wood, Commander of the 79th Army Band, presented the 245th Support Battalion commander's Coin of Excellence for DCA support. Wood was representing Lt. Col. Randall E. Tindell, 245th Support Battalion commander.

Kemp provided closing remarks that paid tribute to the team effort of all those present at the closure ceremony. "There



Col. Richard B. Thomas, TSB commander, and his wife, Linda, received a special recognition award from McDonald Kemp, DCA director.

will never be another DCA," Kemp said. "You are an incredible team. It will not be the same at my next assignment without you." Kemp went on to say, "We have achieved much in our service to the community — things great and small. I'd like to say, however, that most of our success has been a direct result of the attention you have given to detail and the smaller, tasks, and that has been the key

to our success. Each and every one of you contributed to the success of DCA, and you have made a difference in the quality of life of many people."

As the military drawdown continues, DCA will continue to serve the community right up until all military personnel have left Panama. For information about DCA community activities, please call the DCA Hotline at 288-5455.



Sgt. Paul Bouchard (Tropic Times)

'Thanks to the community'

On behalf of the Theater Support Brigade, both Col. Richard B. Thomas, TSB commander, and Command Sgt. Maj. John Humphries, TSB command sergeant major, wish to thank the entire U.S. Army South community for USARSO's untiring support and dedication, especially during this military drawdown. The above photo was recently taken at Fort Clayton's Community Club during the farewell dinner held in honor of Col. Thomas. Command Sgt. Maj. Humphries was the emcee for the farewell dinner.



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Tropic Times

This authorized unofficial command information publication is for U.S. armed forces overseas. The *Tropic Times* is published in conjunction with the Armed Forces Information Program of the Department of Defense, under the supervision of the Director of Public Affairs, U.S. Southern Command. Contents of the *Tropic Times* do not necessarily represent the official views of the U.S. government, the Department of Defense or the U.S. Southern Command.

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Attention USARSO TDY travelers

FORT CLAYTON (Finance and Accounting Office) — Effective June 18, the Fort Clayton Finance and Accounting Office will no longer process travel advances; accrual, supplemental or settlement vouchers on site.

Travelers are reminded to submit a copy of a cancelled check or a deposit ticket with their first voucher to ensure their electronic funds transfer gets deposited to the proper account.

◆ Active duty military, Active Guard Reserve and civilian employees

The DFAS Operating Location Orlando (OPLOC-OR) will assume responsibility for all advances, accrual, supplemental, and settlement vouchers for active duty military and civilian personnel.

The address for submitting vouchers is:

DFAS-OR/FPT
P.O. Box 934600
2500 Leahy Avenue
Orlando, Fla. 32893-4600
1-800-950-9784
Email: DFAS-ORVPCS@DFAS.MIL
Fax: (407) 646-4801/4167,
DSN 791-4801/4167



◆ Reservists

Reservists will submit all accrual/supplemental/settlement vouchers to DFAS-Indianapolis, Directorate for Network Operations, regardless of who funded the TDY:

Directorate for Network Operations
Travel Pay Division, Dept. 3700
8899 E. 56th Street
Indianapolis, Ind. 46249-3700
1-888-DFAS-DNO
Fax: (317) 510-XXXX, DSN 699-XXXX

Extensions: 4124, 4143, 4351, 6213

◆ National Guard

All National Guard accrual/supplemental/settlement vouchers will be processed through the soldier's local USPFO.

Active duty, Reservists, and civilians have the option of sending their vouchers straight to the appropriate location themselves or bringing the vouchers into the USARSO Finance and Accounting Office to be sent via transmittal letter to the appropriate location.

National Guard will be responsible for mailing their vouchers to their local USPFO.

New operating hours for AFFES Facilities

COROZAL (Army and Air Force Exchange Service) — In an effort to more efficiently meet changing customer needs and provide continued quality of life services to the community during the final stages of the drawdown, AAFES Panama facilities have initiated the following changes effective immediately.



Curundu Shoppette	Sunday - Thursday	6 a.m. - 9 p.m.
Clayton Car Care	Monday - Friday	7 a.m. - 6 p.m. (all services)
	Saturday	9 a.m. - 5 p.m. (tire repair/oil change/batteries)
	Sunday	Closed (over the counter battery sales only)
Clayton Car Care Shoppette	Sunday - Thursday	7 a.m. - 10 p.m.
	Friday - Saturday	7 a.m. - 11 p.m.
Clayton Burger King	Sunday	8 a.m. - 7 p.m.
	Monday - Saturday	6:30 a.m. - 8 p.m.
Clayton Popeyes	Daily	10 a.m. - 10 p.m. (lunch/dinner)
Corozal Video Rental	Sunday - Thursday	11 a.m. - 8 p.m.
	Friday - Saturday	9 a.m. - 8 p.m.
Corozal La Casa	Sunday	Closed
	Monday - Friday	11 a.m. - 4 p.m.
	Saturday	11 a.m. - 5 p.m.
Corozal Anthony's Pizza	Sunday	12 - 6 p.m.
	Monday - Saturday	11 a.m. - 7 p.m.
Corozal Buger King	Sunday	10 a.m. - 5 p.m.
	Monday - Friday	7:30 a.m. - 6 p.m.
	Saturday	8 a.m. - 6 p.m.
Commissary Frank's Franks	Closed	
519 Shoppette	Will close and terminate service July 2.	

LEA: Protecting the Force

FORT CLAYTON (Law Enforcement Activity) — Force Protection is defined as a security program designed to protect soldiers, civilian employees, family members, facilities, and equipment in all locations and situations.

This is accomplished through planned and integrated application of physical security, operations security, personal protective services and other security programs.

All the components of Force Protection can have a major impact on the command anti-terrorism/anti-crime readiness posture. However we will focus on Operation Security in this article.

OPSEC has always been an integral part of military doctrine, but the challenge is to apply the time-tested principles to combat crime and terrorism. Effective OPSEC measures minimize the "signature" of Department of Defense activities, avoid set patterns and employ deception when patterns cannot be altered.

From the MP's perspective, criminal and terrorist activity is discouraged by varying patrol routes, staffing guard posts and towers at irregular intervals and conducting vehicles and pedestrian inspections and identification checks on a set, but unpredictable pattern.

While such activity during peak traffic periods can be inconvenient and frustrating to authorized personnel, everyone must be cognizant that it is during these periods that DoD facilities are most vulnerable.

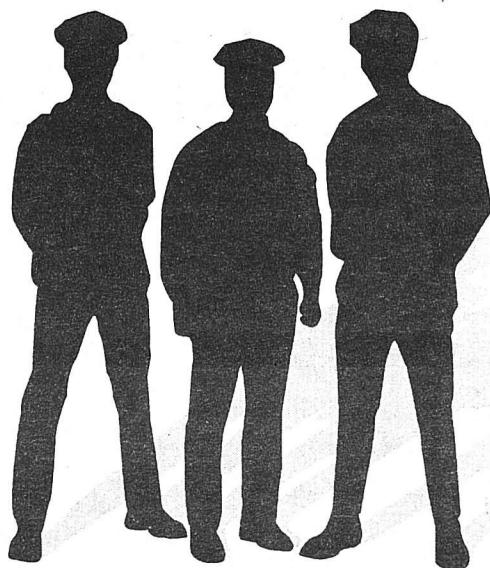
MPs will conduct three Force Protection Exercises on our Army defense sites.

◆ The first one will be on Fort Clayton on June 19 starting at 5 a.m.

◆ The second exercise will be on June 26 starting at 5 a.m. and will involve Corozal East and West, the Transportation Motor Pool and the Directorate of Engineering and Housing Complexes.

◆ The third exercise, which will occur on July 10 at 5 a.m., will involve all of the facilities mentioned above.

The majority of events will occur at the entrance and exit points to all facilities. As we continue the drawdown in Panama, the MPs, along with our host nation counterparts, the Panamanian National Police, will take measures to ensure the security of U.S. installations and personnel.



MOMEF plays vital role in border dispute

MIAMI (U.S. Southern Command) — As Americans now debate whether the North Atlantic Treaty Organization action over Kosovo was a political or military success, most will probably overlook one of the most important national security success stories in our own hemisphere.

The border conflict between Ecuador and Peru, which is the longest unsettled border dispute in Latin America, came to a peaceful end Thursday in a ceremony at the small border town of Patuca, Ecuador. The border conflict between these two countries has resulted in five wars since 1829.

Thursday's event in Ecuador celebrated the achievements made by the Military Observer Mission Ecuador-Peru that has played a vital role in the peace process between Ecuador and Peru.

Dignitaries representing the six countries who participated in this suc-

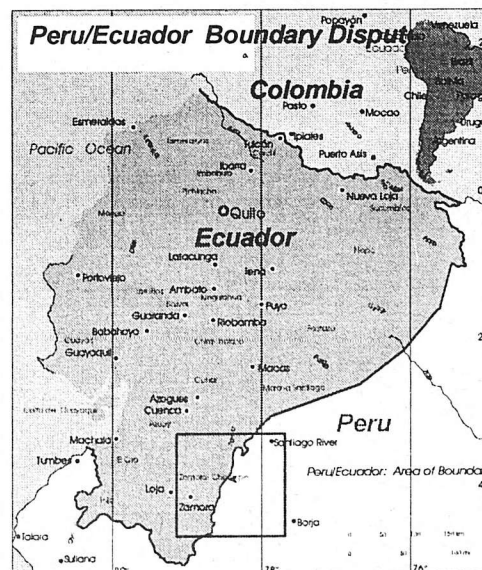
cessful observer mission traveled to Patuca Thursday for the ceremony.

In addition to Peru and Ecuador, the United States, Argentina, Brazil, and Chile provided military forces along the border.

Each nation contributed a military element to control and monitor the disputed border area. The U.S. Southern Command in Miami has provided operational control over the U.S. military forces, which were formed into Joint Task Force-Safe Border.

As of today, the U.S. has approximately 20 military personnel involved in MOMEF. At one time, the United States had up to 100 military personnel supporting MOMEF.

Although the United States had the initial lead in the observer mission, that lead was gradually turned over to Brazil in 1997.



224th Army Birthday Reception

Patriotic, Ceremonial, Historic, Elegant and Memorable

story and photos
by Carmela Lowe Gubern
Tropic Times Staff

FORT CLAYTON — The *Isla Grande* Room of the Valent Recreation Center was the venue of the 224th Army Birthday Reception on Friday. The flag-draped hall with red, white and blue decor was evidence of the colorful ambience.

Immediately following the Posting of the Colors, Master of Ceremonies Command Sgt. Maj. John Humphries, the Theater Support Brigade command sergeant major, initiated the ceremony with a patriotic presentation on the *Stars and Stripes*.

As the last Army birthday celebration in Panama, it was undoubtedly a historic occasion.

Maj. Gen. Philip R Kensinger, Jr., USARSO commander, gave the history of the campaign streamers in an informative report of the history of the U.S. Army, from its initiation in 1775 to the present. His presentation concluded with a video of the Army's outstanding work worldwide.

The highlight of the evening was the ceremonial cutting of the birthday cake by Kensinger, accompanied by the oldest and the youngest USARSO soldiers. These were TSB Chaplain Lt. Col. Paul J. Bolton and Pfc. Benjamin Anyaegbunam.

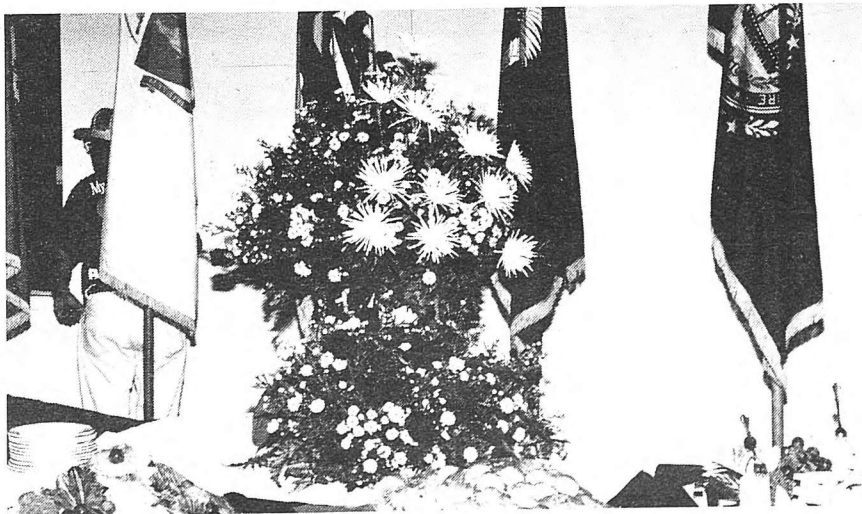
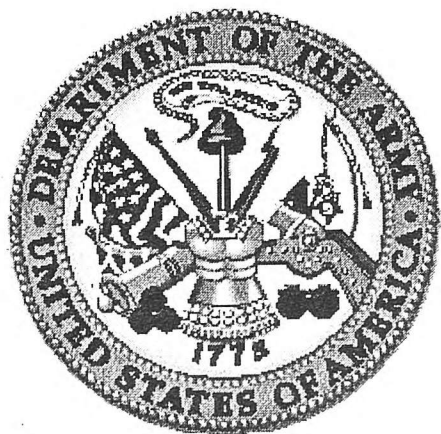
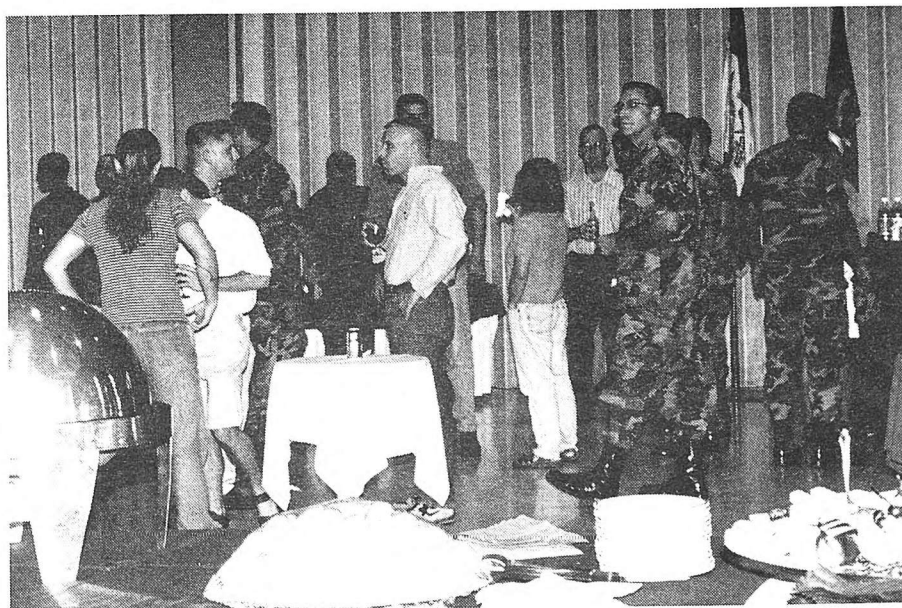
The elegant occasion with a full attendance, floral arrangements, red-white-and-blue decorations, speeches, buffet-style food and drinks contributed to making this celebration a most memorable one.



Maj. Gen. Philip R. Kensinger, Jr., USARSO commander, and his wife, Greta, observe the Posting of the Colors at the Army Birthday Reception.



(Left) Master of Ceremonies Command Sgt. Maj. John Humphries offered a patriotic presentation on the Stars and Stripes. (Right) The Posting of the Colors was followed by the history of the Campaign Streamers Ceremony.



(Above photos) Soldiers enjoyed the buffet-style food and drinks which were provided at the 224th Army Birthday Reception. The celebration was colorful, patriotic, historic, ceremonial, elegant and memorable. (Photo left) The flag-draped hall with red, white and blue decor, and floral arrangements added a special touch to the occasion.

Happy Father's Day on June 20th

Original Father's Day celebrated 89 years ago

story by Carmela Lowe Gobern
Tropic Times Staff

Sunday is Father's Day. This celebration originated in the United States, and although there are many conflicting accounts as to who really initiated Father's Day, Mrs. John B. Dodd (Sonora Louise Smart Dodd) of Spokane, Wash., is accredited with originating the idea.

As a child, Sonora Louise Smart faced the tragic loss of her mother at an early age. Her mother had died in childbirth leaving her father, William J. Smart, with the responsibility of bringing up six children, five boys and one girl, single-handedly. Mr. Smart, a devoted and dedicated father, reared his children successfully.

When Sonora became Mrs. John B. Dodd and she herself became a mother, she appreciated more keenly the courage it took for her father to face the loss of his wife and carry out his responsibilities effectively. Mrs. Dodd's recognition and appreciation for her father's constant devotion to his family sparked her desire for all fathers to be honored on a special day. In 1909 she discussed the idea with the minister of her church. He was enthusiastic about it and assisted her in getting the project started.

She was subsequently able to put the idea to the Spokane Ministerial Association and the Spokane Ministers Alliance, who agreed with her suggestion to select one Sunday in June (the month of her father's birthday) to show appreciation to fathers.

With the city's YMCA also joining in the sponsorship, the first Father's Day was celebrated in Spokane on June 19, 1910. The first observance was centered on a special church service, and on that date

ministers called the attention of their congregation to the appreciation fathers deserved. After this initial observance in Spokane, newspapers carried the story and soon other communities made plans for similar services and celebrations.

The celebration of Father's Day grew into a nationwide event and eventually other countries also celebrated the day. The idea was publicly supported by President Calvin Coolidge in 1924, but not presidentially proclaimed until 1966 when President Lyndon Johnson signed the proclamation declaring the third Sunday of June as Father's Day.

Here in Panama, the distinction for the person who instituted Father's Day on the Isthmus goes to the late Ignacio de Jesus (Nacho) Valdes, a renowned Panamanian journalist, writer, poet and radio commentator, whose newspaper and radio campaigns resulted in the first Father's Day observance in Panama on June 16, 1946.

Sunday marks the 53rd consecutive celebration here on the Isthmus. Nacho, who died June 30, 1959, was inspired for his idea of a Father's Day in Panama out of his love for his own father, Ignacio de Loyola Valdes.

Today, Nacho's son, Guillermo Rodolfo Valdes, is also a renowned Panamanian journalist, writer, poet and radio commentator, having walked in his father's footsteps.

Father's Day continues to be celebrated in many countries throughout the world, although not necessarily on the third Sunday in June.

Roses are recognized as the Father's Day flower: red to be worn for a living father and white if the father has died.

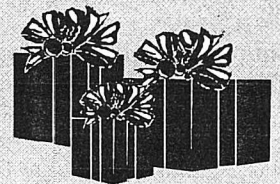
The late Ignacio de Jesús (Nacho) Valdés, father of renowned Panamanian journalist and radio commentator Guillermo Rodolfo Valdés, is credited with instituting the first Father's Day observance in Panama on June 16, 1946.

"Special" gift ideas for Dad's Day

If you haven't yet purchased that special gift for Father's Day, here is a list of a few carefully-selected items to simplify your shopping:

- Airline ticket
- Magazine subscription
- Online computer classes
- Tickets for events
- Audio books
- Countdown clock
- Barbecue set
- Car tires
- Briefcase
- Fax machine
- Sunglasses
- Certificate with history of surname
- Manicure-pedicure-massage
- Framed family portrait
- Desk accessory with business card holder
- Website hosting
- Nutrition supplements
- Treadmill
- Hotel reservation
- Smoke detector
- Wheelchair
- Flashlight AM/FM Radio
- Bathing suit
- Computer hardware
- Computer software
- Studio photograph
- "Dad" ring
- Telephone caller ID equipment
- Cellular telephone
- Car mats
- Sporting goods
- TV band clock radio
- Space pen
- Rechargeable shaver

compiled by Carmela Lowe Gobern
Tropic Times Staff



Father's Day Poems

My Father

When I was:

Four years old: My daddy can do anything.
Five years old: My daddy knows a whole lot.
Six years old: My dad is smarter than your dad.
Eight years old: My dad doesn't know exactly everything.
Ten years old: In the olden days, when my dad grew up, things were sure different.
Twelve years old: Oh, well, naturally, Dad doesn't know anything about that. He is too old to remember his childhood.
Fourteen years old: Don't pay any attention to my dad. He is so old-fashioned.
Twenty-one years old: Him? My Lord, he's hopelessly out



of date.
Twenty-five years old: Dad knows about it, but then he should, because he has been around so long.
Thirty years old: Maybe we should ask Dad what he thinks. After all, he's had a lot of experience.
Thirty-five years old: I'm not doing a single thing until I talk to Dad.
Forty years old: I wonder how Dad would have handled it. He was so wise.
Fifty years old: I'd give anything if Dad were here now so I could talk this over with him. Too bad I didn't appreciate how smart he was. I could have learned a lot from him.

My Hero

by Debbie Hinton Young
As I ponder the love that I saw in his eyes,
A Godly love, given without compromise....
I recall many times that he stood by my side,
And prodded me on with great vigor and pride.

His voice ever confident, firm and yet fair,
Always speaking with patience, tenderness and care.
The power and might of his hands was so sure,
I knew there was nothing we couldn't endure.
It's true, a few others provided insight,
Yet, he laid the foundation that kept me upright.
He's the grandest of men to have lived on this earth,
Although he's not royal by stature or birth.
He's a man of great dignity, honor and strength.
His merits are noble, and of admirable length.
He's far greater than all other men that I know,
He's my Dad, he's my mentor, my friend and hero.

Lessons My Father Taught Me

by Monique Wright-Hanna
I watched you today, as you watched
your grandchildren, my children-
and wondered

how you endured the pain, fear, joy and elation
that transforms us into parents.
I remembered the patience, the laughter, the tears.
Do I have the strength to endure it all?
It is with great anticipation that I take these baby steps as guardian, guide and parent, filled with a fear of flying and failing - hoping that I might find as you have, the child within myself, the magic of youth.
To encourage the spirit and to nurture the imagination as well as the soul.
I will move slowly, delicately, yet boldly-armed with the wisdom of your life, your love, with full awareness of my shortcomings, yet pride in my strength, thankful that it was you that brought me to this place, this time, this love.
I watched you today as you watched your grandchildren.



We shall never be forgotten

Corozal American Cemetery, full of pride, honor and history

story and photos by
Sgt. Tywanna Gordon

Tropic Times Assistant Editor
COROZAL (Corozal American Cemetery) — The lives of thousands of American military and civilian personnel who served in Panama will never be forgotten as they rest in the Corozal American Cemetery.

While walking through the cemetery, one can actually get a picture of people who lived, worked and served in the U.S. military in Panama.

Though they may not be found in history books, their names will live on at the Corozal American Cemetery.

The cemetery is operated by the American Battle Monuments Commission, an independent agency of the Executive Branch of the U.S. Government, explained Dannie Cooper, CAC superintendent.

"It is one of 24 American Battle Monument sites throughout the world. The Corozal American Cemetery is very unique compared to the other sites. Others were established because of a specific battle. This cemetery is made up of veterans, civilians and family members who all lived and served in Panama," Cooper said.

"It spans a lot of history from the Civil War, when (Gen.) Grant crossed the isthmus, to Just Cause."

Just like other ABMC cemeteries across the world, the CAC will soon offer services to the public, Cooper said. They will include fee-free passports for members of the immediate family traveling overseas specifically to visit a grave or memorial site, floral decoration of grave and memorial sites, and many others.

Cooper, with 17 years of military service in Panama explained, "This is one of the best jobs in the world," he added. "It is indeed an honor to take care of the graves of people who have served our country. It is my responsibility to make sure the cemetery looks its best."

Family members, dignitaries, civilians, veterans and all who served diligently in Panama, you will never be forgotten.

(Editor's note: The following information is provided by Dannie Cooper, superintendent of the Corozal American Cemetery. The accounts of these people are found on the inscriptions of their tombstones.)

The first account of an American buried in Panama goes back to 1790. Charlesman died aboard a ship. Little if nothing is known about this man - not even his first name.

He was originally buried on Flamingo Island, then moved to Ancon Hill and now resides at CAC as the first known American to be buried in Panama.

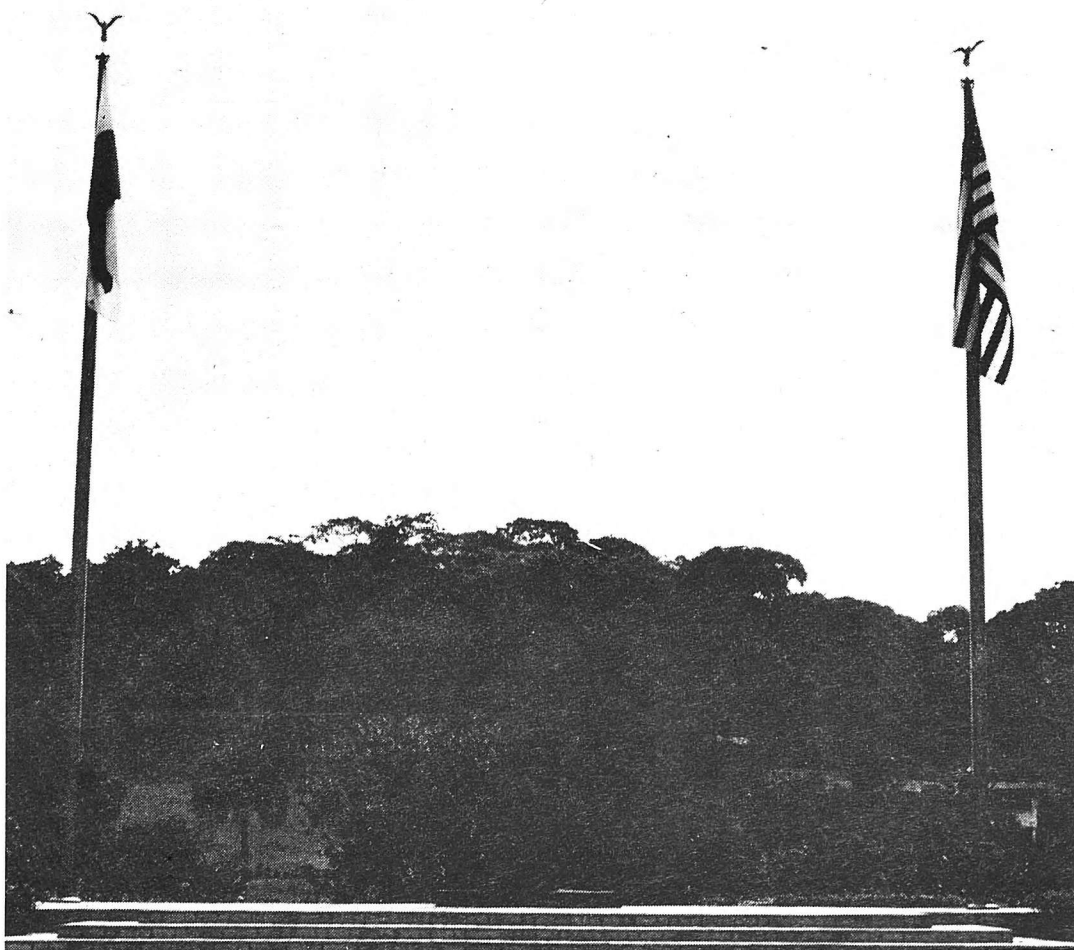
U. S. Marine Corps Pvt. Thomas Collins is one of seven Americans at the cemetery who fought in the Civil War. He died on the U.S. Ship St. Mary, Panama Bay March 11, 1863. He was 29 years old and born in England.

Mining engineer John Paull's tombstone reads "died of fever in a canoe on his way to Colon from Fort Bowen mines September 7, 1856 at 27 years old."

Also located on the grounds are veterans of wars to include the Spanish-American War, World War I, World War II, Korean War, Vietnam War, Lebanon, Just Cause and 15 "Unknown" marked tombstones.



(Above) While walking through the cemetery, one can see tombstones which date back to the 1800's. The earliest American, Charlesman, was buried in 1790 on Flamingo Island. (Right) This plaque can be seen at the entrance of the memorial at the CAC. It honors veterans of foreign wars.



"THIS MEMORIAL HAS BEEN ERECTED BY THE UNITED STATES OF AMERICA IN HUMBLE TRIBUTE TO ALL INTERRED HERE WHO SERVED IN ITS ARMED FORCES OR CONTRIBUTED TO THE CONSTRUCTION, OPERATION AND SECURITY OF THE PANAMA CANAL."

American Battle Monuments Commission in Panama

The original Corozal Cemetery was established in 1904 by the Isthmian Canal Commission to supplement burial space at the Ancon Cemetery in Quarry Heights. When the Ancon Cemetery was disestablished in 1915, the remains there were disinterred, cremated and either given to the next-of-kin or interred in the cemetery at Corozal.

Initially, the Corozal Cemetery consisted of approximately 58 acres. Effective October 1, 1979, in accordance with a reservation to the Panama Canal Treaty, an agreement between the United States and the Republic of Panama authorized retention by the United States of 17 acres of the Corozal Cemetery where U.S. citizens and their dependents were interred. The present Corozal American Cemetery and Memorial is operated and maintained by the American Battle Monuments Commission, a small independent agency of the Executive Branch of the United States government.

Today, the Corozal American Cemetery contains nearly 5,150 graves, some of which date back to the year 1790. A few of the burials are believed to be from Gen. (then Col.) Ulysses S. Grant's infantry regiment, which crossed the Isthmus in 1850. Among those interred in the cemetery are seven who served with the U.S. Navy during the Civil War and one who served with the Confederacy. The cemetery also contains military and Department of Defense civilian war dead from the Spanish American War, World War I and II, Korean War, Vietnam, Lebanon, and Just Cause.

In 1984, ABMC constructed a memorial at the Corozal American Cemetery honoring those interred. It consists of a paved plaza with twelve 12-foot rectangular rose granite obelisk, flanked by two flagpoles from which fly the American and Panamanian flags.

The Corozal American Cemetery plans to remain in Panama after 1999.

For more information, contact the CAC at 285-5050.



Catalina Hernandez, caretaker of the AAA Animal Shelter, is seen feeding some of the dogs.

Carmela Lowe Gubern (Tropic Times)



Courtesy

Esperanza Mena Quintero is the director of the pet shelter.



An alternative to pet abandonment

story by Carmela Lowe Gubern

Tropic Times Staff

PANAMA CITY – Getting ready to PCS and unable to take your pets with you? Here's a recommended solution: "Asociación Amigos de los Animales" (AAA), a nonprofit organization in Panama City, that is instrumental in the rescue and care of dogs, cats and other stray and abandoned animals.

The Association of Friends of Animals, under the direction of engineers Frank and Olga Gaitán, offers the following services:

- ◆ Adoption – for persons seeking to adopt pets or offering pets for adoption.
- ◆ Lodging – a home for stray/abandoned pets.
- ◆ Temporary facilities – for vacationers who are seeking temporary lodging for their pets.
- ◆ Veterinary services – for animals needing medical care (including spay and neuter).
- ◆ Animal rescue – pick up of endangered species, abandoned, ill and pets run over by motor vehicles.
- ◆ Filing of formal official complaints – for persons caught in pet abuse and cruelty to animals.
- ◆ Vaccination – vaccine control for pets.

The association also offers seminars to groups to encourage and educate the communities on the respect and humane treatment to be given to animals.

The director of the AAA shelter is Esperanza Mena Quintero. All animals that are accepted into

their shelter, located in the "Juan Díaz" townsite, receive excellent care by several employees, including veterinarian Dr. Enrique Vieberach. Amerito and Catalina Hernandez are 24-hour caretakers at the shelter, and they care for over 500 dogs and cats on a daily basis.

The shelter is run on a budget received from community donations and also from fund-raising activities, such as concerts, programs and raffles. The Gaitáns got involved in this project approximately nine years ago out of the goodness of their hearts and their genuine love for animals. Although several requests have been made, to date there is no funding received from the Government of Panama to subsidize this humane project.

To request an interview for acceptance of your pets at the animal shelter, you may contact Frank or Olga Gaitán at 269-4010 or fax 263-5300.

Their administrative offices are located on 50th Street, at the Auto Aire Aguila locale and their hours are Monday - Friday 8:30 a.m. - noon and 1:30 p.m. - 5 p.m.; Saturday 8:30 a.m. to 1 p.m.

The shelter in "Juan Díaz" is open daily for visitors in the afternoons only from 1:30 p.m. to 4:30 p.m.

Donations to the *Asociación Amigos de los Animales* are encouraged to assist in the care of the numerous animals at the shelter, as well as constructing a small clinic at the facility.

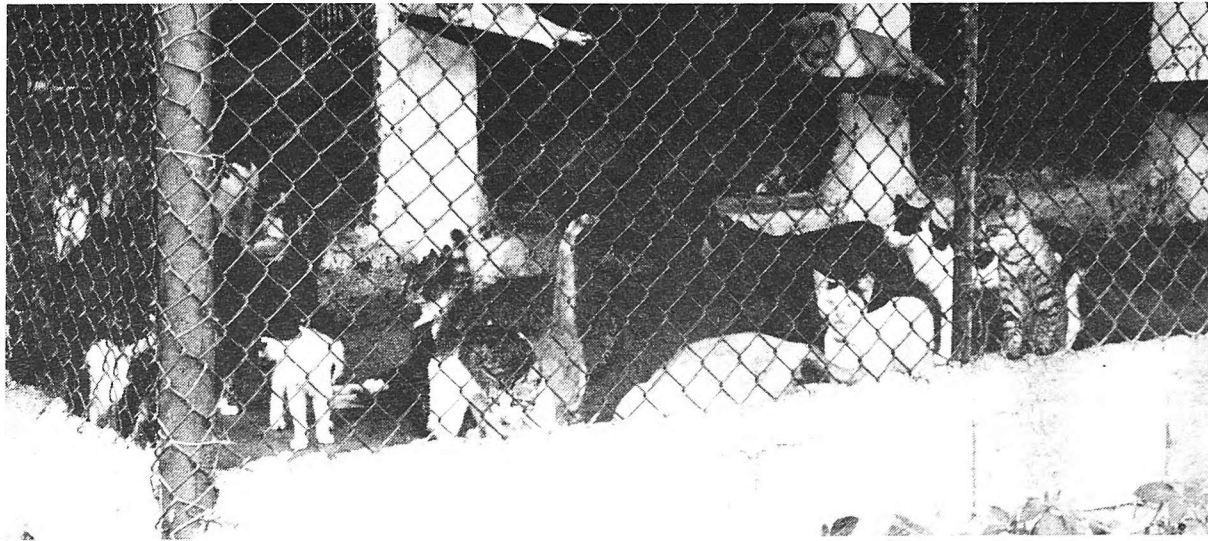


Courtesy

Dr. Enrique Vieberach, veterinarian at the animal shelter, performs surgery on one of the abandoned pets.



Courtesy



Griselda Sterling (Tropic Times)

(Left) Olga Cabrera de Gaitán, president of the Association of Friends of Animals, feeds a miniature monkey known as the "Monito Titi." Gaitán and her husband Frank have been involved in the care and protection of animals since 1990. (Above) A few of the 300 cats housed by the AAA Animal Shelter located in the Juan Díaz townsite.

Coming up...

Upcoming ceremonies

The 24th Transportation Squadron will be holding its Inactivation Ceremony 8:30 a.m. today at the Transportation Compound. Subsequently, the squadron will be minimally manned for the remainder of the day due to social functions. The 24th Civil Engineer Squadron Change of Command Ceremony will be at 8 a.m. June 29 at the Civil Engineer Compound. The 24th Mission Support Squadron Change of Command Ceremony will be at 9 a.m. July 1 at the Tropic Breeze Club. The 24th Medical Support Squadron Change of Command Ceremony will be at 3 p.m. July 14 at the Tropic Breeze Club.

Dial direct to JTF-BRAVO

Effective immediately, the telephone dialing scheme to JTF-BRAVO at Soto Cano AB from Panama changes. The current telephone direct dialing from Panama 280-xxxx ceases and DSN telephone access via CONUS commences. Users must have CONUS DSN access. Dial '8' access to reach the existing JTF-B DSN numbers in use. The prefix is 312-449-xxxx. All existing extension numbers remain unchanged. For more information, call 285-6912.

Fire Department phone numbers

The new telephone numbers for the Howard AFB Fire Department are 284-7380/7381. The emergency number remains the same, 119.

SFS commander relocates

The 24th SFS Commander's Office is now located in Building 723. The orderly room will also be moving to that location. The new number is 284-3415/3419.

CPO new office hours

In order to prepare for closure, the Howard AFB Civilian Personnel Office will close at 3:15 p.m. Monday - Friday, effective Monday.

Army shuttle bus changes

The Transishmian Shuttle Bus (Atlantic to Pacific and return) is terminated. The following bus stops are eliminated from the Pacific local schedule: Cocoli, Marine Barracks, Rodman, Camp Rousseau and Building 228 Howard PAX Terminal. The Pacific local shuttle bus will start at the Howard Air Force Base Main Gate. For more information, call 285-5682/5957/5301/6241.

Federal Employees' Open Season

For the first time since 1993, the Federal Employees' Group Life Insurance Program is having an unrestricted open enrollment period through June 30. No action is necessary on your part if you want to keep your present life insurance coverage. If you are eligible and wish to enroll or if you want to change your coverage, you must submit a completed FEGLI 99 Open Enrollment Period Election Form—RI 76-27 to 24th MSS/DPCL by June 30. If you have not received your open season information pamphlet, please call 284-5545.

Job for a chief master sergeant

The AFPC Chiefs' Group, in conjunction with HQ Air Combat Command, is seeking volunteers for the Command Chief Master Sergeant position at 93rd Air Control Wing, Robins AFB Ga., reporting no later than July 2. See AFPC message DTG 031500Z May 99 for more information or contact the Chief's Group at DSN 665-2744 for additional information.

Outdoor Rec NAF sale

The Outdoor Recreation Center is holding a NAF sale 9 a.m. - 1 p.m. July 10, Aug. 7 and Sept. 18 in the parking lot of Building 714 at Howard. Items will be sold on a first-come, first-serve basis. For more information, call Outdoor Recreation at 284-6107.

Bowling Center NAF sale

The Howard Bowling Center will close July 1 and they will be holding a NAF sale 8 a.m. - noon, July 10 at the Bowling Center. Open to privileged ID Card holders only. For more information, call Mr. Satchell at 284-4190.

Official mail delivery service ends

The 24th Communications Squadron, Base Information Transfer System, will stop all delivery service of official mail Aug. 27. The BITS Office will relocate to Building 711 on Aug. 30. All organizations will be required to pickup their mail from Building 711 until base closure is complete. For more information, call the BITS Office at 284-3010.

Tocumen shuttle schedule

Due to commercial airline schedule changes, the Tocumen shuttle will only pickup passengers at Building 708 on Howard Air Force Base. Passengers should call Vehicle Dispatch at 284-5058/59 to RSVP to ensure space availability. Also, Fort Clayton has added a shuttle bus leaving the Fort Clayton Valent Rec. Center and the Guest House for those PCSing. To make reservations call 288-4202/4206; 7:30 a.m. - 5 p.m. or stop by Building 518 on Fort Clayton. Reservations must be made 3 days in advance.

Outbound flights Arrive Building 708	Depart Howard	Arrive Tocumen	Depart Tocumen
4 a.m. 5:05 a.m. 6:30 a.m. 10:30 a.m.	4:10 a.m. 5:15 a.m. 6:40 a.m. 10:40 a.m.	5 a.m. 6 a.m. 8 a.m. noon	5:10 a.m. 6:10 a.m. 8:10 a.m. 1:15 p.m.
Inbound flights Depart Howard	Arrive Tocumen	Depart Tocumen	Arrive Building 708
5 p.m. 7:45 p.m.	6:30 p.m. 9 p.m.	8 p.m. 10:15 p.m. 6:30 a.m. 10:30 a.m.	9:15 p.m. 11:30 p.m.
Depart Clayton Valent Rec Center	Arrive Fort Clayton Guest House	Depart Fort Clayton Guest House	Arrive Tocumen
3:30 a.m. 5:15 a.m. 9:45 a.m.	3:45 a.m. 5:30 a.m. 10 a.m.	4 a.m. 5:45 a.m. 10:15 a.m.	5 a.m. 7 a.m. noon

Announcements

Housing Office hours extended

The Fort Clayton Housing Office will be open 7 a.m. - 5:30 p.m. Monday - Friday and 8 a.m. - noon Saturdays. Scheduled pre-final and final housing inspections and assignments to set-aside housing will be conducted until 2 p.m. on Saturdays. This schedule will stay in effect until further notice.

Yard sale signs still available

Yard sale signs are still available for use by MFH occupants even though the Self-Help Store is closed. Signs will be available from 1 - 4 p.m. on Fridays from the B4 Housing Maintenance Office. For more information call 284-3517 or 284-4467.

Mil. Sealift Deactivation

The Military Sealift Command will be holding a Deactivation Ceremony 10 a.m. June 29 at the Bohio Rancho Grande at Jarman Field, Fort Clayton. Uniform is Summer White for USN, Class B for other services and casual for civilians. For more information, call Lt. Maher at 285-6489.

New Housing Office procedures

The 24th Civil Engineer Squadron's Housing Office will operate in Building 2, at the south end of the CES main building behind the Howard Commissary. All walk-in customers will be handled at the existing industrial customer service area in Building 2. In addition, the Housing Office operating hours will be 7:30 a.m. - 1 p.m. Mondays to Fridays for walk-in customers, and 1 - 4:30 p.m. by appointment only. To make an appointment, call 284-3301.

Army promotion board

A selection board will convene on July 26 to consider lieutenant colonels for promotion to colonel. Officers eligible for consideration have the following Active Duty dates of Rank: Above-the-zone July 1, 1994 and earlier; Promotion zone July 2, 1994 - May 1, 1995; Below-the-zone May 2, 1995 - Aug. 1, 1996. For more information, call 288-4656/4321.

No more surface mail after Aug. 31

Effective Aug. 31, the surface mail service to the Panama APOs will be terminated. The containerized mail that normally takes about two to four weeks to get to Panama will stop. This form of mail brings items in at a cheap rate that is identical to the SAM rate; it's normally called Parcel Post or fourth class mail. Airmen have traditionally processed two containers of this mail per week. Each container brings roughly 300 pieces of mail at about 9,000 pounds apiece. The average transit time is two to four weeks.

Two postal-free codes in Panama

Postage-free intertheater Military Postal Service is only available to and from the 34001 (Howard) and 34004 (Clayton) codes. These are the last Air Post Office codes left in Panama. All other locations require postage. For more information, call Staff Sgt. Mark Stagray or Manuel Gonzalez at 284-7219 or 284-7220.

Forms required to leave country

All members and their families who depart from Tocumen International Airport are required to have SOUTHCOM Form 4, Certificate of Exemption from the Passenger Service Fee. In addition, if there are any changes to the original port call date, SOUTHCOM Form 5, Travel Authorization, is required. After receiving orders, everyone should report to their orderly room with a copy of orders in hand to be issued the needed forms. For more information, call unit orderly rooms.

EFMP Program

AR 608-75, chapter 2, para 2-1, b, 1, the following personnel must be screened prior to PCS: family members PCSing from OCONUS to OCONUS, family members PCSing from U.S. to overseas, and family members already enrolled in EFMP. NOTE: Family members PCSing to CONUS do not need to be screened. For more information, call 288-6365 Monday, Wednesday, Friday and 288-6695 Tuesday and Thursday. A list of no shows will be given to Lt. Col. Wilhelm and Command Sgt. Maj. Humphries. Questions and concerns can be addressed to Sgt. 1st Class Agueda at 288-6268.

DOIM needs your help

The DOIM Mail and Distribution Center customers are reminded that only unit mail clerks are authorized to post and pick up official mail from the MDC. Personal mail is not authorized with one exception — relocating personnel are allowed to mail out change of address cards available from the Post Office by presenting a copy of their Official Travel Orders. Do not mail office equipment, furniture, supplies, noncurrent working files, computers and other IT equipment. Also, due to a manpower shortage and space limitation, unit mail clerks must make an appointment when mailing more than five parcels. For more information, call the Mail and Distribution Center at 288-3428.

Security badges

Remember to carry your USARSO security badge with you at PCS time. The procedures for access to restricted areas, in effect in Building 95, Fort Clayton, will be used in Building 390, Fort Buchanan. This applies only to personnel relocating to Puerto Rico that possess a permanent photo USARSO security badge. If you received your permanent USARSO security badge from the USARSO Badge Office and are not relocating to Puerto Rico, turn in your badge at out-processing time. For more information, call Ms. White at 288-3512/3513.

Panama Veterans

An email discussion list has been started for all Panama Veterans. This list is for anyone military or civilian who has been a part of the U.S. Forces in Panama. To subscribe, simply go to <http://www.onelist.com/subscribe/PanamaVets>.

Humanitarian Service Medal

The Humanitarian Service Medal will be awarded for those personnel assigned to the Ecuador El Niño Disaster Relief Effort. The award has been approved for those service members who provided humanitarian assistance and were assigned to the operation from May 9 - 24, 1998. For more information, call 1st Lt. Gillespie or Mrs. Wilson-Carrasco at 288-6655/4155.

Tropic Breeze Club relocates

On Aug. 1, the Tropic Breeze Club will close and relocate to Building 707 (Cafe 707 and Top 3 Lounge). All club membership dues will be discontinued on this date and the existing Top 3/Officer's Lounge will become a base lounge, open to all ID Card Holders ages 18 and older.

Kobbe pickup point closes

The U.S. Army Laundry and Dry Cleaning service pickup point at Building 801 Fort Kobbe will close July 1. Any unclaimed items beyond this date will be sent to Building 876 Curundu.



More Briefs ...

Puerto Rico

Anyone shipping household goods to Puerto Rico and who has already processed their shipment needs to go to Room 214, 2nd Floor of the Transportation Office, and see your shipment counselor to sign a limited power of attorney. This limited POA will be used to clear your household goods through Puerto Rico Customs. Failure to sign this limited POA may result in the delay of processing your household goods shipment, or the shipment of another person if the shipment is in the same container. For more information, call Mr. Myke at 288-6465/6759.

Pass and ID news

Effective Aug. 16, the ID Card Section, Ground Floor, Building 519, will begin to process and issue manually typed active duty and dependent ID Cards. All electronic issuance of ID Cards and enrollment into the DEERS for military and their dependents will be processed by mail to Fort Buchanan, Puerto Rico. We encourage you to visit the ID Card Section and to review your ID Cards if they are about to expire or will expire by Dec. 31. For Air Force and Navy personnel, your ID cards will be renewed by your service component. Contact your servicing personnel center for details. For more information, call 288-5636.

Pets in TLF

If you have pets and wish to stay in on-base Temporary Lodging Facilities prior to your departure from Howard, housing has a plan for such circumstances. Four TLF's in the Farfan area have been designated for your convenience. You still have the option to go to off base quarters, but if you wish to stay close to base, visit the Housing Office or call 284-6411.

Unusual PCS plans

The current wing-wide policy requires review of plans for any unusual PCS plans for airmen, such as driving, motorcycling or boating back to the United States from Panama. This includes review of the itinerary, route, equipment and contact plans to ensure that these movements are properly planned and the risks properly assessed. Squadron commanders will approve each trip and the travelers' progress will be tracked through the Howard Command Post who will do the required Military Group notifications for people as they proceed. For more information, contact unit supervisors.

Excess baggage

Official temporary duty or permanent-change-of-station travelers may be authorized to travel with excess baggage. The authorization is for items to accomplish a mission immediately on arrival. The orders approving official — not the TMO — grants the authorization. For more information, call 284-3069.

Education records

All education records located at the Howard Education Office have been sent to outbound assignments for distribution to all active-duty members at their final outprocessing briefings. The Howard Education Office is now located in Building 707, Family Support Center, for limited service. For more information, call 284-3153/5650/4347/3865/5860 and the FAX number is 284-6552.

DRMO in Panama

People who want to buy items directly from DRMO in Panama should go online to www.drms.dla.mil/catalog/official/29-9413.htm. For more information, contact Mitchell Hodges at 285-4132, mhodes@panama.drms.dla.mil.

Howard PCS Housing Services

You can make reservations in advance for a furnished housing unit with appliances for up to 45 days from your departure date. Another alternative is staying in your quarters using loaner furniture for up to 45 days from departure date. However, this alternative does not include appliances. Temporary Living Allowance will not be used as long as loaner furniture or set-aside housing units are available. The exception is that up to five days from departure date, you may draw TLA to move to Temporary Lodging Facilities on base when available or an approved hotel downtown to accommodate hold baggage shipment. For more information, call 284-3301.

Self-Help Store items still available

The Self-Help Store is closed. However, it is still possible to get air filters for air conditioning units and light bulbs for your home at the east end of Building 2 in the Customer Service Office. If anyone has self-help work to do, they need to submit an AF Form 332 at the CE Customer Service desk.

Hospital Briefs

Army dental records

The Dental Clinic at Fort Clayton will close June 30. Patients need to pick up their dental records prior to this date. Active-duty members' records not picked up prior to this date will be sent to the HQ Commandant's Office for pickup prior to PCSing. Retirees and family members' records not picked up will be retained at Howard Dental Clinic until Aug. 31. Any records of family members or retirees remaining after Aug. 31 will be sent to the military medical records repository. Contact the dental clinics at Fort Clayton, 288-7551, or Howard, 284-3009.

Sick Call hours for Clayton Clinic

The 24th Medical Group Primary Care Clinic at Building 519 on Fort Clayton continues with the redeployment. Due to both the decreasing number of active duty members in Panama as well as a decreasing number of clinic personnel, it has become necessary to eliminate the "Early Bird" 6-9 a.m. Sick Call. The new Sick Call hours will be 7-9 a.m. beginning on Monday. The Primary Care Clinic scheduled appointment hours will remain unchanged with availability from 9 a.m. - noon and 1 - 4 p.m. As previously advertised, the Primary Care Clinic on Fort Clayton has a closure date of July 30. Please plan accordingly for your medical needs, to include picking up your medical records. After July 30, medical care will continue to be available at the 24th Medical Group on Howard AFB. If you have questions concerning your healthcare, please contact TRICARE at 288-4152/4991 or 284-6877.

Fort Clayton Clinic drawing down

The services at the Fort Clayton Clinic are rapidly coming to a close. Effective July 1, these patient care clinics will stop providing care: Pediatrics, OB/GYN, Optometry, Mental Health, Early Development/Intervention Services and Public Health. However, the 24th Medical Group at Howard AFB continues to provide a wide range of quality healthcare services. All beneficiaries should consult their provider before closure to eliminate any disruption in their healthcare. All questions should be directed to the TRICARE offices at Howard, 284-6977, or Fort Clayton, 288-4152.

Howard Physical Examinations

The Howard Physical Examinations and Standards Element will be discontinuing periodic flying medical examination services on June 30. If your birth month falls between now and your final redeployment dates, please contact the PESE as soon as possible to accomplish the necessary flying examination. For further information, please contact Master Sgt. Leonel Justo at 284-6343 or 284-6155.

Separating and retiring airmen

The Howard Physical Exams and Standards Element will be discontinuing military medical examination services on June 30. If you plan to separate or retire at the end of this assignment, please get with the appropriate Personnel Office to obtain the necessary examination authorization requests. For further information, please contact Master Sgt. Leonel Justo at 284-6343 or 284-6155.

Howard Reduces Services

The Howard AFB Physical Examinations and Standards Element will continue to provide full services until June 30, then reducing to administrative services until July 31. For more information, please call 284-6343 or 284-6155.

Clayton Physical Exams Closure

The Fort Clayton Physical Examinations and Standards Element has ceased all operations. The Physical Examinations and Standards Element at Howard will continue to provide examination services until June 30 and other administrative support services until July 31. For more information, please call Master Sgt. Leonel Justo at 284-6343 or 284-6155.

No more pap smears after June 30

Effective June 30, the 24th Medical Group will no longer perform routine pap smears. Persons requiring a routine pap smear can call the appointment desk at 284-3832 to schedule an appointment before June 30.

Optometry closure coming up

Routine optometry examinations will continue in Building 186 at Howard AFB through July 1. Military eyewear already ordered will continue to be dispensed until July 9. Emergency care by referral as well as flight medicine support for active duty troops will continue to be offered through the end of August.

Orthopedic services

Orthopedic services are still available through the CHAMPUS Partnership Provider at the Howard AFB Clinic until July 22. For more information, call your Primary Care Manager.

Physical Therapy reduces services

The 24th Medical Group Physical Therapy Clinic has reduced its services by 50 percent and will close July 1. In preparation for this reduction in services, clinic personnel are working closely with all providers in an effort to ensure the transition is as painless as possible for all customers.

Pickup films

The 24th Medical Group Radiology Departments at Howard and Fort Clayton requests that all films be picked up no later than Aug. 1. After Aug. 1, the films will be sent to St. Louis, MO for staging. For more information, call Capt. Haycocks at 284-6351.

Important notice for Community Bank Customers

As previously announced, all remaining Community Banks in Panama will be closing Aug. 27. The closing is a result of the Panama Canal Treaty which mandates that all U.S. troops leave Panama by the end of 1999.

Effective immediately, if you are a Community Bank account holder, you should move your banking relationship to another financial institution to ensure you do not experience any interruption in direct deposit, allotment or other electronic drafts.

All Community Bank checking and savings accounts still open as of Aug. 27 will be closed, and a cashier's check for the ending balance will be mailed to the address on record by Sept. 1.

A limited service facility, to be located at AAFES on Corozal, will remain open until Dec. 15 to accommodate check cashing for authorized customers. An ATM will also be located at the AAFES location. The limited service facility will not maintain any Community Bank personal accounts.

A final reminder: all checks drawn on your account will be returned "account closed" if they are received for processing after Aug. 27. Therefore, it is imperative that the action be taken now to move your account.

Your Community Bank manager will assist you in any way to facilitate a smooth transfer. If you have any questions, please call Demetrio Martinez at 285-4005.



Sports

Page 10

Fort Clayton and Howard Air Force Base, Republic of Panama
Serving the Joint Community

June 18, 1999

Sports shorts

Air Force

The Howard Fitness Center is sponsoring a **5K Fun Run Saturday** at 6:30 a.m. T-shirts for the first 100 finishers.

The **Howard Bowling Center**, which is scheduled to close July 30, is offering a **Redeployment Special** which is three free games per customer during operating hours. For more information, call 284-3451.

The **Howard Bowling Center** is hosting a **NAF Sale** July 10 from 8 a.m. to noon. Open to ID Card holders only. For more information call 284-1490.

Free aerobics classes are held at 5:45 a.m. and 9 a.m. Mondays, Wednesdays and Fridays. Also at 4:45 p.m. Mondays – Fridays. For more information, call the HFSC.

For more information on **Air Force sports**, call the Howard Fitness Sports Center at 284-3451.

Army

The **Clayton Bowling Center** features free open bowling. Center hours are Mon.-Fri. from 11 a.m.-6 p.m., Sat. from noon until 8 p.m., Sundays and holidays from 3-7 p.m. Hours are subject to change as needed for parties, leagues or special events.

Is your child having a birthday and you're wondering what to do? Why not have a **Kiddie birthday party** at the Bowling Center. A special package is available. For more information, call 288-5460.

Aerobic classes are available at the Fort Kobbe Elementary School Gym. The cost is \$1 per person. Classes are 5:45 – 6:45 p.m. Tuesdays and Thursdays, and 9 – 10 a.m. on Saturdays. For more information, call 284-3399.

Step aerobics instruction is available at Reeder Fitness Center. For more information, call 288-5201.

For more information on **Army sports** call DCA Sports at 288-5610/3866 or the Reeder Gym at 288-4713/7861.

Upcoming runs

Sportline America and the Isthmus Road Runners are sponsoring a **Nike 6K Run** at 6:30 a.m. Sunday at Plaza Nueva York. The Isthmus Road Runners and the Panama Olympic Committee are sponsoring the following runs: an **8K run** at 7 a.m. June 27 at El Dorado near KFC, and a **10K run** at 7 a.m. at the Panama Canal College on July 11.

The Panama Armed Forces Running Association is sponsoring **2, 3 and 5-mile runs** 7 a.m. July 17 at the Fort Clayton Pedestrian Gate.

For more information on upcoming runs, call Allen Jones at 288-3310.

Valent Rec hosts ping pong tournament

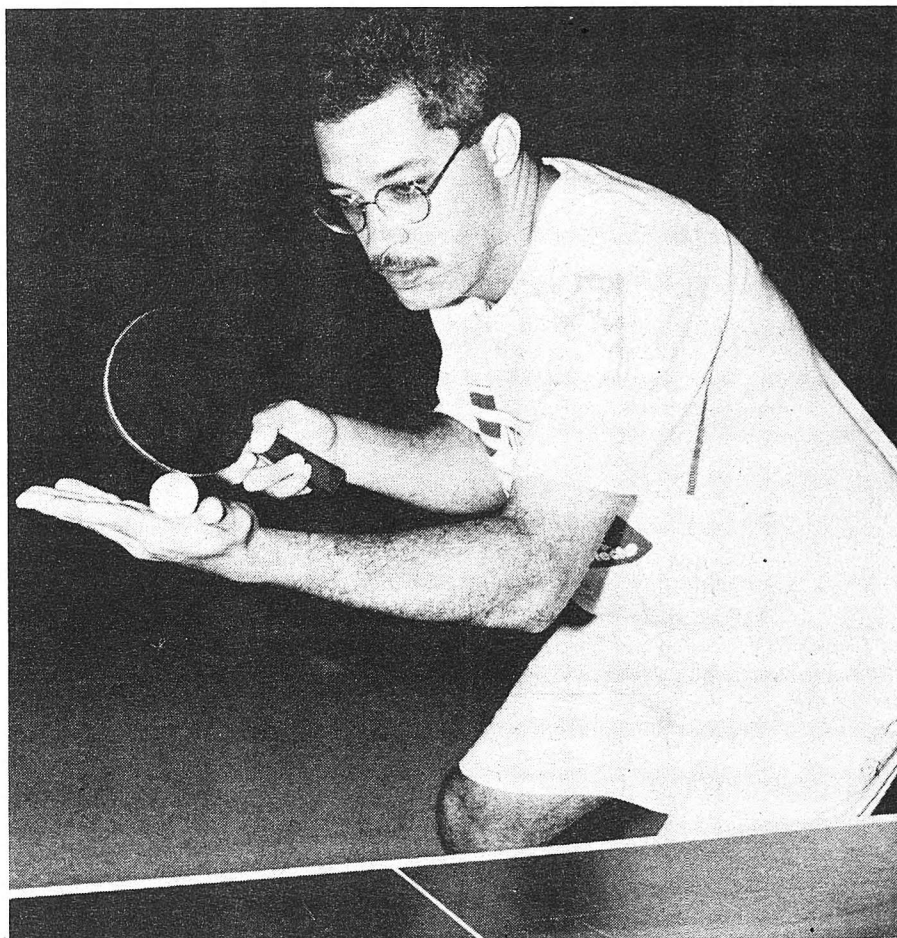
story and photos by
Sgt. Paul Bouchard
Tropic Times Editor

FORT CLAYTON – Abdiel A. Gutierrez defeated Tony Reina 21-17, 21-16 to win the June 12 double-elimination ping pong tournament hosted by Fort Clayton's Valent Recreation Center.

Gutierrez credits his victory to "just trying to return his (Reina's) serve." He added that "when I had a chance to attack, I attacked."

Reina applauded Gutierrez's style of play. "When he attacked, he was very difficult to beat." He said his concentration wasn't always 100 percent, but that Gutierrez was the better player for the championship match.

Trophies were awarded to the top-three finalists in the tournament. And another ping pong tournament is slated for late July.



Abdiel A. Gutierrez won the June 12 open ping pong tournament hosted by Fort Clayton's Valent Recreation Center.



Tony Reina (left) finished in second place, while Abdiel A. Gutierrez won the championship trophy. Trophies were awarded to the top three participants in the tournament. James Pierre was the third-place finisher.

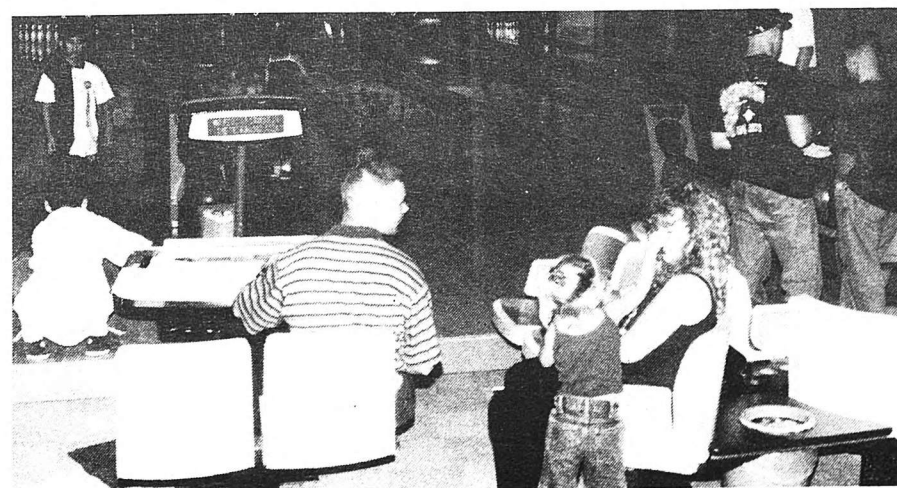


Gutierrez (serving) defeated Reina 21-17, 21-16 to win the championship.

Fort Clayton offers free bowling, swimming

Fort Clayton's Williford Pool and the Bowling Center now offer free swimming and bowling. The swimming pool, which is scheduled to close Sept. 30, is open seven days a week from 9 a.m. to 6 p.m. except Tuesdays and Thursdays – the Tuesday and Thursday hours are from 11 a.m. to 8 p.m.

The Bowling Center, which is scheduled to close June 30, has the following hours of operation: weekdays from 11 a.m. to 6 p.m., Saturday from noon until 8 p.m., and Sundays and holidays from 3 to 7 p.m. Keep in mind, the Bowling Center hours are subject to change as needed for parties, leagues or special events. For more information, call the Bowling Center at 288-5466 or Williford Pool at 288-6660.



National Guard units hold inactivation ceremonies

story and photos
by Sgt. 1st Class Eric Wedeking
National Guard Bureau-Public Affairs

FORT CLAYTON — Allaying some people's fears that more than 15-years of successful National Guard deployments had totally ceased, the commander for U.S. Army South in Panama said citizen-soldiers would continue to be tapped for their expertise in Latin America and the Caribbean even though the U.S. military is pulling out of Panama.

These words of encouragement came during a June 4th inactivation ceremony at Fort Clayton, Panama, for two of the Army National Guard's two premier units — the Exercise Support Command and the Theater Equipment and Maintenance Site.

"As I look out over this proud collection of citizen-soldiers, I realize that we will be seeing each other many times — I repeat: many times again," said Maj. Gen. Philip R. Kensinger, U.S. Army South commander. "The contributions you and thousands of National Guardsmen like you in this command have made in this part of the world is unprecedented. The contributions that you will continue to make will help us shape and preserve a hemisphere of peace, stability and prosperity."

Because of the continuing U.S. military base closures in compliance with the coming Panama Canal Treaty deadline on Dec. 31, 1999, and the eventual turnover of U.S. Control of the Panama Canal to the government of Panama, forward-deployed Air and Army National Guard units stationed in Panama have been casing their colors while the U.S. military relocates U.S. Army South headquarters to Fort Buchanan, Puerto Rico.

Although Kensinger acknowledged during the somber deactivation ceremonies he was saddened to see the National Guard and U.S. military leaving Panama, he noted that citizen-soldiers should proudly hold their heads high because the ceremony climaxed more than 15 years of National Guard involvement in the Western Hemisphere.

Kensinger reflected back on the National Guard's efforts throughout Latin America and the Caribbean, to include deploying tens of thousands of National Guard troops to the area to build roads, schools, medical clinics, freshwater wells, and providing medical treatment for hundreds of thousands of people.

Besides the engineering and medical efforts, Kensinger was also thankful for

the National Guard's military police, infantry training and exchanges, logistical, supply and maintenance, public affairs, military intelligence, signal, finance, and ordnance disposal support.

"As your unit prepares to inactivate and you prepare yourselves to depart, I want you to pause for a moment and realize the immensity of what you have accomplished here," Kensinger said. "It is here at this critical point, your units and the U.S. National Guard soldiers have achieved their finest hour."

Some may consider the Total Force policy a cliché now, but Kensinger insists that the National Guard will continue to be tapped more and more for the "tough jobs" because of the "success story" they wrote in Latin America and the Caribbean.

To prove his point, Kensinger noted that only seven countries in the Western Hemisphere were even democratically elected governments when then-Maj. Kensinger first witnessed Guard deployments in 1983 to Latin America. However, more than 15 years later and with the Guard leaving Panama, he noted a radically positive change in the region. Now only one country still is not a practicing democracy — Cuba.

"I ask myself how can I begin to repay you for all that you have done in these foreign lands. I'm not sure I know how," the general said. "The change to democracy in the region I think has all been done by your efforts."

Despite the glowing words of encouragement, some National Guard citizen-soldiers, many who participated in years of various military and humanitarian exercises over the years while serving in the tropics, still could not help experiencing feelings of sadness.

That melancholy was especially compounded when some returning citizen-soldiers, who previously served in Panama, witnessed some of Fort Clayton's virtually deserted family quarters, the abandoned Theater Equipment and Maintenance Site motor pool at Fort Kobbe and the lifeless flight line at Howard Air Force Base.

"It is sad that we are having to leave. Panama is such a beautiful country. I have friends here in Panama and with the military, so with everyone splitting up and leaving I will miss them," said Puerto Rico Army National Guard Spc. Lana Luciano of Mayagüez, P.R., and a logistics specialist at Exercise Support Command. "It's very sad to have to look

back and remember all of the hard work the National Guard has done here, but we have to try to be positive and look at all of this as just another step."

Other citizen-soldiers — like North Carolina Army National Guard Capt. Gary Robinson, Exercise Support Command protocol officer — said he and others were still in a state of disbelief that almost a century of U.S. military involvement on the isthmian nation was actually coming to an end.

"It still hasn't hit," added Robinson, who is a native of Fort Wayne, Ind. "It probably won't hit until we're standing on the ground in Puerto Rico."

Others view the departure of the National Guard from Panama as one more positive paragraph that has been written in a thick book documenting hundreds of years of National Guard history.

"The National Guard citizen-soldiers have always done a good job, and thanks for a job well done," Col. Angel M. Rivera, Exercise Support Command commander said following the casing of the colors. "I think this is the end of a chapter and the start of a new one."

Looking toward the future, military officials at National Guard Bureau in Arlington, Va., said planning new exercises in the expansive Southern Command theater will shift back to individual states, where planning officers will have to assume more responsibility in the planning process rather than relying so heavily on forward-deployed units.

To make sure leaders and troops get the word about the changes, National Guard Bureau's Deputy Director and Brig. Gen. Michael J. Squier, and Col. Clyde A. Vaughn, former Exercise Support Command commander and presently chief of National Guard Bureau's Operations Division, attended the deactivation in Panama.



Maj. Gen. Philip R. Kensinger (left), U.S. Army South commanding general, looks off in thought while Col. Angel M. Rivera, Exercise Support Command commander, makes a point during a discussion following the inactivation of the National Guard unit at Fort Clayton, Panama.

With National Guard states knowing they will now have to be more reliant on their own leaders and noncommissioned officers to make future exercises a success, Guard officials believe the National Guard will still continue to professionally represent the United States' oldest military institution — not only in the Western Hemisphere, but around the world.

Still others said the high-standards and zeal with which National Guard troops displayed in the tropics over the years will also see them continuing to serve in their role as goodwill ambassadors.

"I thought we offered something unique. We completed all of our assigned missions successfully and we met all of our deadlines," added Lt. Col. Donald E. Potter, Teams commander, who following completing his tenure as a commander in Panama, will be returning to National Guard Bureau.

"Sometimes I wonder how we did it, but we met all of our missions," Potter said.



(Left) National Guard citizen-soldiers performing Color Guard Duty stand at attention with the flags of the United States of America, Panama, and the unit colors for Exercise Support Command headquartered at Fort Clayton, Panama, and the Theater Equipment and Maintenance Site headquartered at Fort Kobbe, Panama, during a brief inactivation ceremony held recently at Fort Clayton. (Above) As a flag bearer (left) waits, Command Sgt. Maj. Royal J. Moulton (second from left) cases the colors of the inactivating Exercise Support Command headquartered at Fort Clayton, Panama, while Col. Angel M. Rivera (second from right), unit commander, rolls up the National Guard unit's flag and Maj. Gen. Philip R. Kensinger, U.S. Army South commanding general, stands at attention during the brief ceremony.

56th Signal Battalion relocates to Puerto Rico

story and photos by Charlie McElroy
Tropic Times Staff

COROZAL— "Debit Verbum Transire" sounded loudly as the 56th Signal Battalion held its Relocation Ceremony in Corozal on Monday. The battalion will continue to serve under the command of U.S. Army South from its new post at Fort Buchanan, Puerto Rico.

The ceremony, with over 200 people present, marked the last of U.S. Army South's battalions to inactivate or relocate outside of Panama.

"While we experience a great loss in moving the 56th from Panama," said Col. Richard B. Thomas, commander of the Theater Support Brigade, "we feel a great sense of pride in the legacy you take with you to a new era in Puerto Rico." Elements of the 56th will remain in Panama to close out communications support.

"The 56th Signal Battalion has proven itself repeatedly in both peace and war," said Thomas. "The comprehensive, timely, and responsive communications support provided by the battalion has been crucial to the success of USARSO and SOUTHCOM operations."

Thomas emphasized that whenever and wherever U.S. Army South conducted operations, the 56th Signal Battalion ensured that well-trained, well-equipped, and well-led soldiers and civilians were on the scene in support.

Since 1927, the 56th Signal Battalion has been a dynamic participant in many strategic and tactical operations. On D-Day, the battalion participated in the initial amphibious assault landings on Omaha Beach and thereafter supported combat operations in Northern France, the Rhineland, Ardennes-Alsace, and Central Europe for which it received battle streamers and the Meritorious Unit Commendation for notable World War II service.

In more recent history, the 56th Signal Battalion provided support to U.S. Southern Command during Operation

Just Cause which helped restore democracy in Panama and earned the battalion "Panama" battle streamers.

While still based in Panama, the battalion provided superb strategic and sustaining base communications in support of Operations Safe Haven and Safe Passage for thousands of Cuban migrants from Castro's dictatorship.

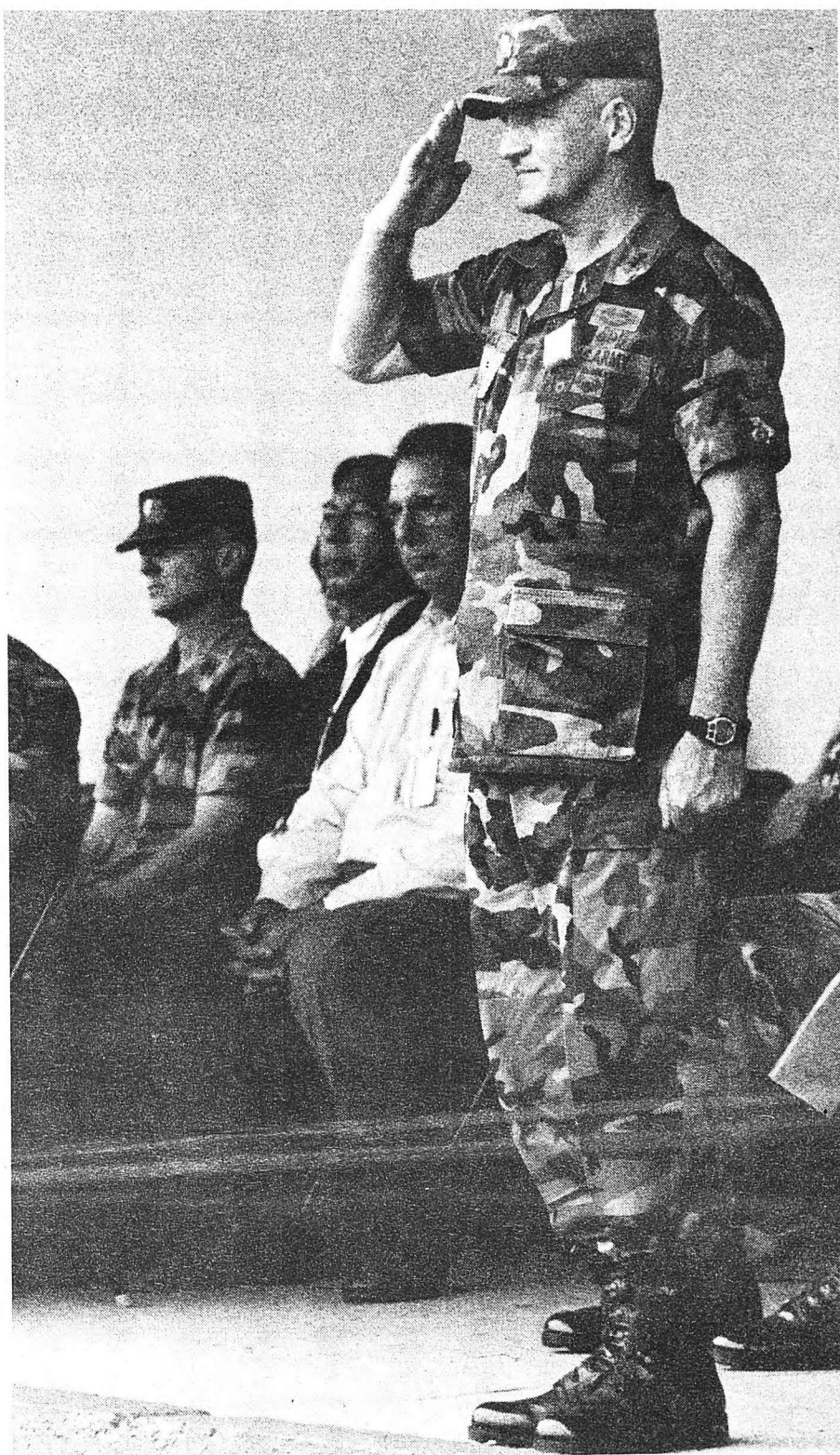
In the past two years, the 56th Signal Battalion has deployed soldiers and civilians throughout much of Central and South America and the Caribbean in support of command exercises and humanitarian relief. The battalion supported medical readiness exercises, peacekeeping exercises, distinguished visitor programs, overseas command conferences, and real world disaster relief operations in the wake of hurricanes Mitch and Georges.

"The 56th Signal Battalion is like no other signal organization in the world," said Lt. Col. Frederick J. Maxwell, battalion commander. "Its diverse organizational structure and mission make it unique. It is also the busiest signal unit in the Army and one of the best."

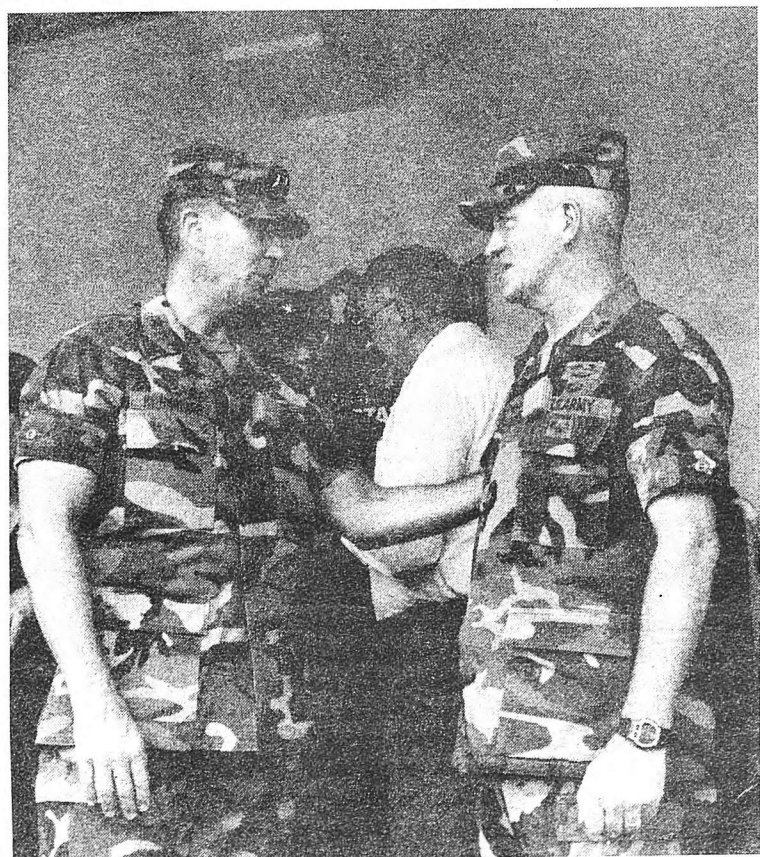
Maxwell went on to say that the ceremonial casing of the battalion colors marked the departure of the battalion from Panama, but that a rich legacy will remain — a legacy of people.

Speaking of Maxwell's fine performance of duty as commander of the 56th Signal Battalion, Thomas said, "Colonel Maxwell has been a superb mentor of soldiers, noncommissioned officers, officers and civilians. He is a caring and compassionate leader whose highest priority has always been to take care of his people so they can take care of their mission."

Thomas went on to say that he was honored to have served with the members of the 56th Signal Battalion. He thanked each of them for their selfless sacrifice and professionalism while serving here in Panama, and expressed confidence in their ability to continue serving the Army's proud traditions at their new duty station in Puerto Rico.



(Above) Lt. Col. Frederick J. Maxwell, 56th Signal Battalion commander, salutes the ceremonial casing of the battalion colors as the remaining members of the battalion prepare to depart for Puerto Rico. (Below Left) Maj. Gen. Philip R. Kensinger Jr., USARSO commander, congratulates Col. Maxwell for a job well done. (Below Right) Members of the 56th Signal Battalion Color Guard perform the flag casing during the ceremony held at Corozal.



Youth Program

The Howard Youth Center is offering a Free Summer Program for kids right up until July 30. Lots of fun and educational activities are scheduled for children ages 5 to 12. Children must be registered in order to participate in the program. For more information, call the Youth Center at 284-4700.

Foster Care

The Family Advocacy Program welcomes participants interested in becoming Certified Foster Care Parents. The program provides training that enables you to gain rewarding experiences. Applicants must reside on a military installation. For more information, call Nelida Holnes at 288-6643.

Relocation Center

The Relocation Assistance Center offers a variety of services. For those PCSing, there are computers with Internet access and a well stocked lending closet to help you with all your basic household needs. For more information stop by Building 200, Fort Clayton, or call 288-9234/9235.



Tropictivities

June 18, 1999

Fort Clayton and Howard Air Force Base, Republic of Panama
Serving the Joint Community

Page B1

SMITHSONIAN'S MARINE EXHIBITION CENTER ON ISLA NAOS

story and photos by Charles S. McElroy
Tropic Times Staff

AMADOR – "DON'T PUT YOUR FINGER IN THAT!" is a phrase you won't hear at the Marine Exhibition Center on Naos Island. The mission of the center is to teach young and old about the mysteries of the sea, and a hands on experience is the best way to do it. Ever had a star fish "walk" across your hand?

The Marine Exhibition Center, located on Amador Causeway, is a must visit if you want to have a relaxing day while getting to know Panama's rich diversity of coastal and near shore sea life. The center is operated by the Smithsonian Tropical Research Institute and receives more than 40,000 visitors annually.

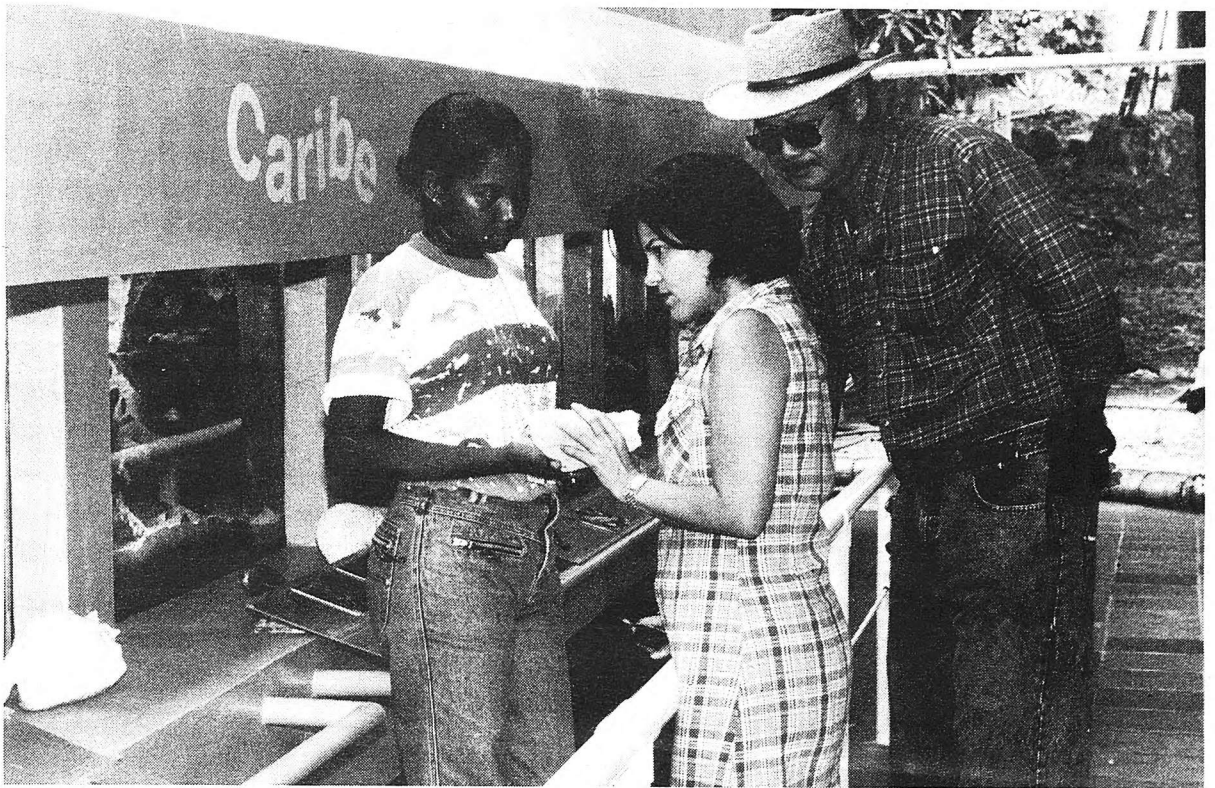
There are guided attractions or you can do it on your own. You will also find the tranquil and serene location a perfect site for a picnic as you gaze in one direction across the bay at the skyline of Panama City or in another direction at the ships waiting to enter the Pacific entrance to the Panama Canal.

There are live exhibits from the Caribbean and the Pacific Ocean with "touch tanks" holding live marine organisms. Don't be frightened. These creatures are the ones of awe and wonder – sea stars, shellfish, sea urchins and larger crustaceans. There is the occasional rarity that will make you shudder, but all the exhibits promise to tell you more than you knew about the amazing world of the sea.

There is an overlook high enough to allow you to look out across the bay and into the horizon of the Pacific Ocean, as well as closer-by seabirds and invertebrates – for example, spineless limpets and snails.

There's a lovely nature trail where you may be able to view two or more different species of iguanas and sloths. If you've never seen a sloth, it's a mesmerizing ballet in slow motion and something you won't easily forget. The center's guides always seem to know where the sloths are, so just ask them.

Isla Naos, the site of the Marine Exhibition Center, has a history – it was the location of one of Panama's first deep-water ports, a base for the defense of the Canal, a Boy Scouts camp, and a home for fishermen. Today, the bunkers that used to house huge 80 millimeter



mobile cannons used for defending the Canal have been turned into classrooms for student visits and a projection room for showing movies.

You can reach the center by driving two miles out Amador Causeway to the first of three islands called Isla Naos. The Marine Exhibition Center is clearly marked with signs, and the entrance is located just past the Smithsonian Tropical Research Institute which is a hub for research of marine and coastal environments. The drive is worth it – it's possibly one of the most beautiful causeways in the world.

The center is open to the public from Tuesday through Friday from 1 to 5 p.m. and on Saturdays and Sundays from 10 a.m. to 5 p.m. There is a small donation required – \$1 for adults and 50 cents for children under 12. For more information call 227-6022.

(Above) Visitors get a hands-on education about the many marine exhibits on display. (Below Left) The "Relationship Between the Man and the Sea" pavilion also overlooks the Pacific Ocean. (Below) Serene nature trails and picnic areas are a wonderland of nature.



Trips and tours

Air Force

◆ **Outdoor Recreation: 284-6107**
Tours depart from Howard Theater.
Old Panama and Miraflores Locks tour 9 a.m. - 4 p.m. Saturday, \$10/person. Enjoy lunch at a typical Panamanian restaurant. Bring money for lunch and purchases. Don't forget your cameras.

Peacock bass fishing trip 5 a.m. - 2 p.m. Sunday, \$25. Join us for a super day of fishing near Arenosa Village on Gatun Lake. Bring your own fishing gear, lunch and refreshments. We provide transportation, boat with guide, bait, ice and coolers for fish. Fish cleaning is available.

Santa Clara Beach tour 8 a.m. - 4 p.m. Sunday, \$14/person. Spend the afternoon on one of Panama's finest beaches. You can swim, sunbathe, play volleyball, enjoy a picnic in one of the bohios, and even rent horses to ride on the beach.

Visit Gatun Locks 8 a.m. - 5 p.m. June 25, \$14/person. Our air conditioned bus will take you to the historic "Gold Coast," the Atlantic side of the Isthmus of Panama. Once there, we'll visit Fort Sherman, home of the U.S. Military Jungle Operations Training School, the Army's Zoo-home of an 18foot anaconda, ocelots, monkeys

and the historic Fort San Lorenzo. Cross the Gatun Locks Bridge and have lunch at your own expense at the Tarpon Club restaurant. We'll also visit the Spillway and Dam, and you'll get to watch the Gatun Locks in operation. Don't forget your camera.

Crocodile photo safari 8 - 11 p.m. June 26, \$40. Spend the evening watching crocodiles on this evening adventure. Trained guides will capture the crocodile, giving everyone the chance to take pictures. Don't forget insect repellent, your camera, flash light and rain gear.

Isla Grande snorkeling trip 7 a.m. - 4 p.m. June 26, \$22/person. Isla Grande is known as the Diamond of the Atlantic, located 75 miles from Panama City and 29 miles from the city of Colon. It has abundant vegetation and a beautiful white sand beach with a variety of colorful fish that can be seen in the surrounding coral reefs.

Parara Puru Indian village tour 8 a.m. - 4 p.m. June 26, \$22. Take a cayuco ride along the Chagres River to visit the unique Parara Puru Indian community and experience their social lifestyle and witness their primitive customs dating back 500 years. Bring a sack lunch and don't forget the camera.

El Valle horseback riding trip 7 a.m. - 4 p.m. Saturday - May 30, \$24. Ride a

horse and explore the countryside in El Valle, the beautiful mountain valley located in the interior of Panama. El Valle's lush vegetation, colorful flowers, waterfalls, ancient Indian petroglyphs and cooler temperatures make it one of Panama's popular tourist attractions.

Army

◆ **Outdoor Recreation Center: 288-7355/6453**

Reservations for outings are under way at Building 178, Fort Clayton.

Canoe the Chagres - Pacific Saturday, \$20 includes transportation, equipment and guide.

Snorkel/dive Isla Grande June 26.

Visit El Valle Sunday and June 27: Nestled in the green mountain of the province of Coclé is *El Valle de Antón*, a resort town which has become an important jewel in Panama's ecotourism treasure chest.

The Mamoni overnight trip is available. Includes a two-hour drive into Chepo and a three-hour horseback ride. Enjoy typical food, rustic sleeping accommodations and activities. Not meant for the mild at heart. For more information, call the center.

◆ **Valent Recreation Center: 288-6500**

Make early reservations for tours:

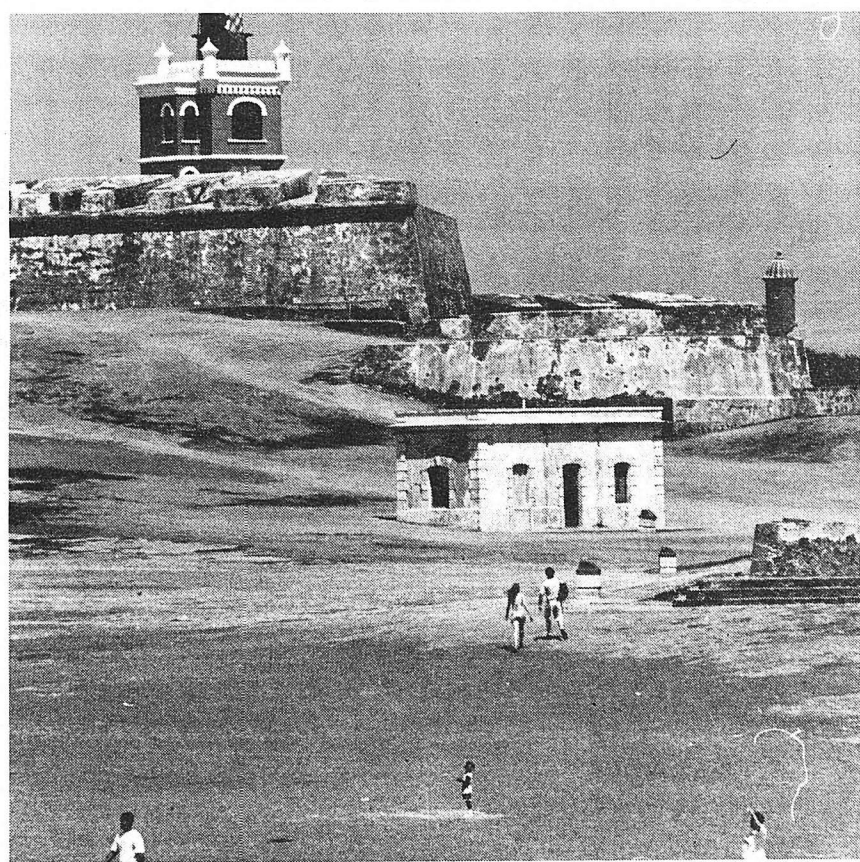
Visit historic Panama City founded in 1506 and destroyed and sacked by pirate Henry Morgan. Tour the *Casco Viejo* founded in 1676 and reminiscent of its Spanish and French heritage. Stop at *San Jose Church* to see their **Golden Altar**, the National Theater, *Las Bovedas* enjoy live music Fridays and Saturdays and the French restaurant 7 p.m. Mondays - Fridays, and the new **Canal Museum**.

Isla Grande 6:30 a.m. Saturday. Stop at *Portobelo* to see the Black Christ.

El Valle 6:30 a.m. Sunday. Enjoy shopping in the native market which is only open on Sundays. You'll be able to purchase handicrafts such as soapstone carvings, bateas, and pottery. *El Valle's* lush vegetation, colorful flowers and waterfalls make it one of the most popular tourist attractions in Panama. Enjoy lunch at *Hotel Campestre*.

Shopping tour 9 a.m. - 4 p.m. Thursday. Visit Central Avenue, *El Dorado* and *Los Pueblos* shopping malls, the most popular shopping area in town.

Carlson Wagonlit offers the lowest military air fares, hotel, car rental discounts and more. For more information, call 288-7077.



Spec. Brian Murphy (U.S. Army)

El Morro

People enjoy beautiful days by flying kites and visiting El Morro Castle, Puerto Rico.

Rec Center news

Air Force

◆ **Howard Community Center: 284-6161**

The center is located on the Ground Floor of Building 707. New hours: 7:30 a.m. - 7 p.m. Mondays - Fridays, noon - 6 p.m. Saturdays, closed Sundays and holidays and noon - 6 p.m. down days.

the **Frame Shop** will be closed on July 10.

Graphics Shop relocation. The Graphics Shop will move to Building 707 on July 16.

◆ **Howard Skills Development Center: 284-6361**

The **Balloon Shop** is located in the Skills Development Center, Building 711. Check our **daily specials** and make someone smile. The Skills Development Center now has the **Balloon Shop** and **Pack-N-Wrap** with gifts, balloons and wrappings for shipping for all occasions.

◆ **Outdoor Adventures: 284-6107**

Rent Howard bohios and pools for private parties or squadron functions. If you wish to serve alcohol, you must submit a **letter of request**

to the 24th Support Group deputy commander at least four working days before the event.

◆ **Howard AFB Sports and Recreation Rental Center: 284-6107/3539**

Check out the wide variety of **equipment for rent**, camping, fishing and boating, home entertainment, home improvement, outdoor, picnic and party, sports and cooking equipment for a minimal fee daily, weekend and weekly rental. PCSing? If so, get \$5 off weekly and monthly rentals on TVs, VCRs and TV/VCR combos. Must be accompanied by orders. Rent a mountain bike for a month or week and receive a free water bottle.

Army

◆ **Valent Recreation Center: 288-6500**

Private tours for 10 - 15 people can be arranged. Advance reservations and payment required for any tours listed or other local tours. The center also provides music rooms, movies on weekends, slot machine, pool tables, ping pong tables and rental service.

Arts and crafts

Air Force

◆ **Howard Skills Development Center: 284-6361**

New hours of operation 10 a.m. - 4 p.m. Tuesdays - Saturdays.

The center accepts **commercial credit cards**.

Registration and payment are required before attending classes. Classes will be cancelled 24 hours prior if minimum participation is not met.

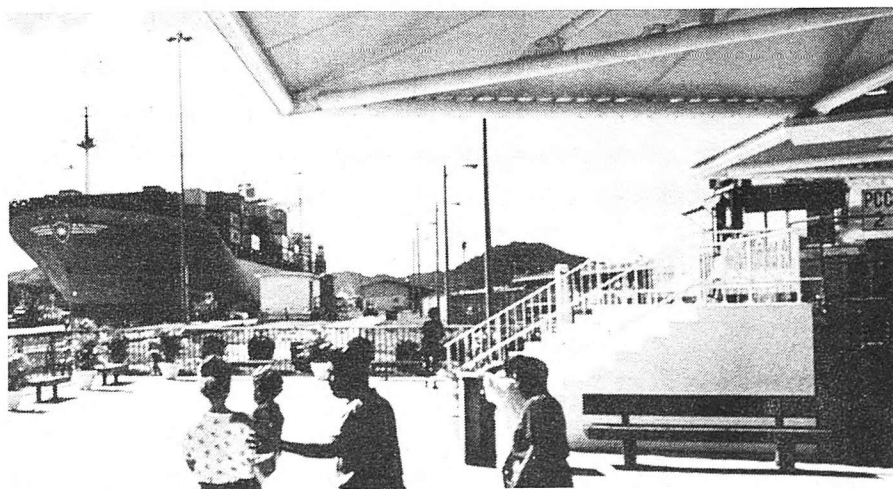
Frame Shop will close on July 10.

Army

◆ **Fort Clayton Arts and Crafts Center: 288-5957/7360**

Center is scheduled for closure **June 30**. Patrons are requested to clear their wood and multicraft projects.

Drawing and acrylic painting 2 - 4 p.m. Sundays and 7 - 9 p.m. Wednesdays. **Watercolor and oil painting techniques** 7 - 9 p.m. Thursday. Painting supplies are not included in the fee. Register in advance.



(Courtesy)

Miraflores Visitors Center

The Visitors Center in Miraflores Locks is one of the Panama Canal's principal tourists attraction.



CLASS OF '65
PARAISO HIGH
SCHOOL IS HOSTING
A FATHER'S DAY
LUNCHEON HONOR-
ING THE REV. CANON
DENNIS N. JOSIAH 3
P.M. SUNDAY AT
PALACIO DORADO,
LOCATED ACROSS
FROM McDONALDS
IN THE EL DORADO
AREA. COST IS \$20
PER PERSON. FOR
MORE INFORMATION
OR TICKETS, CALL
276-6205, 442-
0708 OR 221-8449.



Griselda Sterling (Tropic Times)

Visit El Valle

Enjoy shopping in the native market which is only open on Sundays. You'll be able to purchase handicrafts such as soapstone carvings, bateas, and pottery. Call 284-6107 or 288-7355 and set up your trip or tour now.

Special events

Cronica de Fin de Siglo

◆ Bernheim Gallery

The Bernheim Gallery is hosting the presentation of the French artist Didier Lalanne Estrabaut with the exposition End of Century Chronic. The exposition is 7 p.m. through the month of June. Come and enjoy this beautiful exposition that the gallery is putting on for you. For more information, call 223-0012/0006, or e-mail us at bernheim@sinfo.net.

'99 Installation Dinner

◆ Marriott Panama Hotel

The American Society of Panama is hosting their '99 Installation Dinner 7 p.m. Wednesday at the Marriott Hotel. Guest speaker is second vice-president-elect Dominador Kayser Bazan. Tickets are \$25 for members and \$35 for nonmembers. For more information or tickets, call David Hunt at 285-9836, Fred Denton at 223-2215, or Pamela Oakes at 270-0864.

NAF Sale

◆ Bowling Center

The 24th Services Squadron is hosting a NAF Sale 8 a.m. - noon July 10 at the Howard Air Force Base Bowling Center. We are selling the entire house; everything is going. Bring lots of money, family and friends, and enjoy this special sale that the squadron is putting on for you. Sale open to ID card holders only. For more information, call 284-4190.

Shops and classes

Air Force

◆ Howard Community Center: 284-6161

Beginner, intermediate and advanced English and Spanish classes. Call the center for more information.

◆ Howard Pool: 284-3569

Hours of operation: 10 a.m. - 6 p.m. Tuesday - Sunday and holidays. Closed Monday.

Water Aerobics 8:30 - 9:30 a.m. Tuesdays and Thursdays, \$2/class, call for more information.

◆ Howard Auto Skills Center: 284-3370

The Auto shop will close July 1.

Hours: 11 a.m. - 7 p.m. Tuesdays - Thursdays, 11 a.m. - 6 p.m. Fridays, 9 a.m. - 5 p.m. Saturdays, 11 a.m. - 5 p.m. Sundays and closed Mondays and holidays.

Vehicle resale lot: Planning to sell your car? Contact Auto Skills at Howard.

Services: Towing 11 a.m. - 7 p.m. Tuesdays - Thursdays, 11 a.m. - 6 p.m. Fridays, 9 a.m. - 5 p.m. Saturdays (as long as a qualified driver is on duty). If a tow extends beyond 5:30 p.m., there is an additional hourly charge. Air conditioning repair, brakes, oil changes, tune-ups, front-end alignment and welding available.

Vehicle inspection services 11 a.m. - 7 p.m. Tuesdays - Thursdays, 11 a.m. - 6 p.m. Fridays, 9 a.m. - 5 p.m. Saturdays, 11 a.m. - 5 p.m. Sundays self help and closed Mondays. Cost is \$10.25. Have your vehicle inspected at the cen-

ter in Building 722. Vehicles cannot be left for inspections. For more information, call the center at 284-3370.

Army

◆ Fort Clayton Boat & Scuba Shop: 288-7355/6453

The Aquacenter, Building 178, is now closed on Sundays.

Motorboat operator course offered 8 a.m. - noon monthly. Fee is \$10 for Jon boat certification, \$20 for Boston Whaler/ocean certification. Advance reservations required. Effective June 1, there will be no fees for the Motorboat operations' course.

Gatun Lake fishing charters available, \$30/person, minimum of three people, includes Jon boat w/ 30hp, boat, guide, cooler, fishing tackle, bait and safety equipment.

Open-water dive classes on Mondays. Minimum of six people required. Includes pool sessions, theory sessions and open-water dives. Register in advance.

The Scuba Shop has equipment for rent, advanced instruction and services to include repairing spear guns, regulators and gauges.

◆ Auto Craft Center:

The center is located in Buildings 178-A, B, C and Building 135, Fort Clayton will close operation June 30.

The shop features work-area bays, electric lifts, instructions and classes.

Electric engine analysis 4 - 9 p.m. Mondays.

Air-conditioning maintenance 2 p.m. Mondays, Thursdays and Fridays. Noon - 5 p.m. Saturdays, 10



a.m. - 5 p.m. Sundays.

Wheel alignment 3 - 9 p.m. Mondays, Thursdays and Fridays.

Brake repair class 1 - 9:30 p.m. Fridays.

◆ Valent Recreation Center: 288-6500

New hours of operation: 9 a.m. - 9 p.m. Mondays - Fridays, noon - 9 p.m. Saturdays, Sundays and holidays. Register for ongoing classes.

Spanish headstart class, eight week course, meets twice a week. Intermediate Spanish classes available. Fee includes manual. For more information, call the center.

Piano classes Mondays - Thursdays, half-hour sessions.

Basic English classes 10 a.m. - 12:10 p.m. Tuesdays and Thursdays. Intermediate English Mondays and Wednesdays.

Employment

The Directorate of Civilian Personnel is accepting applications on a continuous basis for the following announcements. All interested applicants need to re-submit an updated SF-171 every six months. Registers established from these announcements will be used to fill temporary positions.

VB# 51-OC General Clerical, NM-4 (Used to fill most clerical positions). *

VB# 52-OC Sales Store Checker, NM-3 (Intermittent wk sch). *

* Until further notice, the written test for all temporary appointments to clerical positions at grades NM-2, 3, and 4 is waived.

VB# 55-OC Secretary (Typing/Office Automation), NM-5, specialized experience required.

IMPORTANT NOTE: THE JOB INFORMATION CENTER WILL CLOSE PERMANENTLY JUNE 30, 1999 (4:15 P.M.)

VB# Vacancies, Title And Location Open: 06-18-99 Close: 06-29-99

277-99-SS INFORMATION SYSTEMS MGT. SPEC. NM-301-13. 9th Signal Command, 56th Bn. Command Group, Deputy Commander. Treaty Implementation Planning Officer. Corozal, Panama. Spec. Exp.: 1 year equiv. to NM-12. TIG: 1 year at NM-12. Note: Competitive Temp. Promotion. 11-29-99. Limited to current permanent employees. Bilingual (English/Spanish) Security Clearance required.

278-99-SS MANAGEMENT ANALYST, NM-343-09. 9th ASC. 56th Signal Bn. Resource Management Office, Manpower Branch. Corozal, Panama. Spec. Exp.: 1 year equiv. to NM-07. TIG: NM-07. NOTE: Competitive Temporary Promotion. NTE: 11-29-99.

279-99-SS TELEPHONE OPERATOR. NM-382-05. 9th ASC. 56th Sig. Bn. 94th Sig. Co. TSB. Fort Clayton, Panama. Spec. Exp.: 1 year equiv to NM-04. NOTE: Temporary NTE: 09-01-99. Security Clearance required. Shift Work.

280-99-SS ELECTRONICS TECHNICIAN, NM-856-11. 9th ASC. 56th Sig. Bn. 94th Sig Co., SATCOM. Corozal, Panama. Spec. Exp.: 1 year equiv. to NM-09. TIG: 1 year at NM-09. NOTE: Competitive Temporary Promotion NTE: 10-31-99. Limited to current Permanent and Term employees. Security Clearance required. Driver's License required.

American Red Cross

The American Red Cross is seeking a qualified individual to join its staff at Fort Clayton, Panama as an after-hours worker. **Duties include:** provide social services to members of the military and their families, verification of emergency leave information for military commanders, financial assistance and confidential counseling. Worker will be on call nights, weekend and holidays. **Requirements:** must hold a valid military privileges ID card, be US citizen, reside within 20 minutes of Fort Clayton and have access to telephone and transportation. **Wages:** \$5.50 per hour, with a guarantee of a minimum of 10 hours per week when scheduled. Qualified persons may submit a resume at Building 519, Room 344 or mail resume to Office of the Station Manager, American Red Cross, Unit 7125, APO AA 34004.

State Side University Job Opening

State Side University needs teachers and professors for liberal arts, graduate and under graduate program. The university is projecting to set up a branch in Panama. Those interested in applying should mail their resume to Suite 447, APDO 0832-2745, World Trade Center.

Club news

Clayton

◆ **Cafe 519: 288-6007**

Breakfast 6 - 11 a.m. Mondays - Fridays. **Lunch** 11 a.m. - 2 p.m. with hot specials, a salad bar and sandwiches. Enjoy a special buffet Thursdays.

◆ **Clayton Community Club: 288-4716.**

The Club is now featuring a la carte dining 5 - 9 p.m. Tuesdays - Saturdays.

Sunday brunch 10:30 a.m. - 1:30 p.m. The best deal in town, best value and best entertainment. Enjoy the hot and cold entrees, salads, breakfast items, pastries and desserts. Great food and background music.

Lunch 11:30 a.m. - 1 p.m. Mondays - Fridays. Treat yourself to a nice break.

Discover Café 1999 5 - 9 p.m. Sundays - Saturdays. Menu includes popular treats of the former **Loop** such as: buffalo wings, taco salad, burgers and a casual atmosphere, coupled with varied appetizers and main courses. The Cafe will provide a great dining alternative.

The Corral is open 7 p.m. - 2 a.m. Wednesdays, Fridays and Saturdays. Join in for great country sounds.

◆ **La Mola Café: 288-4202**

Breakfast 6:30 - 9:30 a.m. Mondays - Fridays, 7 - 11 a.m. Saturdays - Sundays; **lunch** 11 a.m. - 1:30 p.m. Mondays - Fridays, 11 a.m. - 1 p.m. Saturdays - Sundays; **dinner** 5 - 8 p.m. daily.

Howard

◆ **Tropic Breeze Club-Building 710: 284-4189**

Cashiers hours: 10 a.m. - 9 p.m. Saturdays - Wednesdays, 9 a.m. - 9 p.m. Thursdays, 9 a.m. - noon Fridays.

Closed for lunch 1:15 - 2 p.m. daily.

"A la Carte" Sunday breakfast 9 a.m. - noon. Eggs-to-order, pancakes, bacon, sausage, omelets, fresh breads, croissants and more.

A la Carte breakfast 6 - 9 a.m. Mondays - Fridays.

International lunch buffet 11 a.m. - 1:30 p.m. \$4.95. **Fridays:** Southern buffet. **Mondays:** All American. **Tuesdays:** Italian. **Wednesdays:** Mexican. **Thursdays:** Oriental.

All ranks a la carte dining. 5:30 - 9 p.m. Wednesdays - Saturdays. A great menu with appetizers, salads, soups and entrees to please everyone.

Breezeway open 11 a.m. - 10 p.m. Mondays - Wednesdays and Thursdays, 11 a.m. - 11 p.m. Tuesdays and Fridays, 11 a.m. - 11:30 p.m. Saturdays and Sundays, noon - 11 p.m.

Sundays. For more information, call the Club. **Steak out** 2:30 - 8 p.m. Sundays.

◆ **Tropic Breeze Club Ballroom**

Open for special functions only. R & B 8 p.m. - midnight Fridays.

◆ **Tropic Breeze Club Casual Cove: 284-4189.**

Open 11 a.m. - midnight Mondays, Wednesdays and Thursdays, and 11 a.m. - 1:30 a.m. Fridays.

Members only Social Hour 5:30 p.m. Fridays.

Pool tournaments 6:30 p.m. Fridays.

Alternative Rock and Tecno 4 - 8 p.m.

Variety music 8 p.m. - midnight Saturdays.

Free juke box 11 a.m. - 2 a.m. Monday.

Karaoke plus Late Night Disco 11 a.m. - midnight Monday and more **Karaoke** until 2 a.m. Tuesday.

Service Members Appreciation Day and draft beer special all day Wednesday.

Pool tournament 7 p.m. Wednesday.

Social hour with snack 6 - 8 p.m. Wednesday.

Country and Western night 8 - 11 p.m. Thursdays.

Members night and club card drawing 8:30 p.m. Thursdays. **Social hour** reduced prices 4:30 - 7:30 p.m.

All nighters/live entertainment 9 p.m. Saturday and June 26. Open to enlisted members and their guests.

◆ **Top 3/Officer's Lounge: 284-4189**

Open 4 - 9 p.m. Mondays - Thursdays.

Super social hour 5:30 - 6:30

p.m. Wednesdays, Thursdays and Fridays.

Blue Note 7 p.m. Saturday and June 26.

All ranks welcome.

Boss and buddy night social hour 5:30 p.m. Mondays.

◆ **Mulligan's on the Green at Horoko: 283-3295**

Breakfast menu 6 - 10 a.m. Sundays - Saturdays. Open for lunch and dinner.

Weekly lunch and dinner 10 a.m. - 8:30 p.m. Mondays - Thursdays, 10 a.m. - 9:30 p.m. Fridays, 6 - 9:30 p.m. Saturdays and 6 a.m. - 8:30 p.m. Sundays and holidays.

Mongolian barbecue 5:30 - 8:30 p.m. Mondays, \$8.95 for the first 8-ounce and \$4.95 for the vegetarian version.

◆ **Cafe Seven-O-Seven-Building 707: 284-5848**

Enjoy freshly made sandwiches, fruit shakes and crossants. Specialty bagels and pastries.

Open 6 a.m. - 7 p.m. Mondays - Fridays. Noon - 5 p.m. Saturdays and Sundays. Try our deli sandwiches and pastries.



FATHER'S DAY BRUNCH

THE HOWARD TROPIC BREEZE CLUB IS OFFERING A FATHER'S DAY BRUNCH 10:30 A.M. - 1:30 P.M. SUNDAY. COST IS \$7.95 FOR ADULTS AND \$3.95 FOR CHILDREN AGES 5 - 12. COME JOIN US AND ENJOY, WITH YOUR FATHER AND FAMILY, THIS DELICIOUS BRUNCH THAT WE HAVE PREPARED JUST FOR YOU. FOR MORE INFORMATION, CALL 284-4189.



Location	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
Howard AFB 284-3583	6:30 pm: <i>The King and I</i> 8:30 pm: <i>The Love Letter</i> *	4:30 pm: <i>Forces of Nature</i> ** 6:30 pm: <i>Edtv</i> 9 pm: <i>A Murder of Crows</i> *	4:30 pm: <i>The King and I</i> 6:30 pm: <i>Baby Geniuses</i> 8:30 pm: <i>Office Space</i>	7 pm: <i>The Love Letter</i>	7 pm: <i>A Murder of Crows</i> *	7 pm: <i>The Mummy</i> *	7 pm: <i>Edtv</i>
Fort Clayton 288-7279	6:30 pm: <i>Edtv</i> 9 pm: <i>A Murder of Crows</i> *	4:30 pm: <i>The King and I</i> 6:30 pm: <i>The Mummy</i> *	4:30 pm: <i>Forces of Nature</i> ** 6:30 pm: <i>Edtv</i> 9 pm: <i>Life</i>	7 pm: <i>A Murder of Crows</i> *	7 pm: <i>The Love Letter</i>	7 pm: <i>Office Space</i>	7 pm: <i>The Love Letter</i>

Theater News

Movie Guide Rating

All movies are subject to change depending on arrival in country

Tickets are available in five price categories: \$3.50, \$3, \$1.75, \$1.50 and \$1. *First run movies \$3.50 **Special Price
AAFES Home Page: www.panama.phoenix.net/~aafespan.default.html

R Restricted. Under 17 requires accompanying parent or adult guardian.
PG-13 Parental guidance suggested for children under 13.
PG Parental guidance suggested.
G Suitable for general audience.

Now showing



Showing tonight at the Howard Theater.

A Murder Of Crows

Cuba Gooding Jr., Tom Berenger

After getting disbarred by the courts of Louisiana, Russell Lawson decides to publish a mystery novel under his own name which was actually written by another man. When it comes to light that the crimes depicted in the book are real unsolved murders, he becomes the prime suspect. R, 1 hrs, 42 min.

Baby Geniuse

Kathleen Turner, Christopher Lloyd

Kathleen Turner and Christopher Lloyd star as two evil doctors working for the world's leading manufacturer in baby products. Turner and Lloyd are secretly working on cracking the lucrative secret of "baby talk." Problems arise when the baby geniuses unite to overthrow the doctors and their laboratory. PG, 1 hr, 34 min.

Edtv

Matthew McConaughey, Jenna Elfman

Matthew McConaughey stars as a beer-can dangling, video store clerk who happens to be an adult. His affable charm and good looks land him a job on an experimental television show where he's the 24-hour star. Woody Harrelson plays his obnoxious brother, whose perky girlfriend, Jenna Elfman, begins to think she's picked the wrong brother. PG-13, 2 hrs, 3 min.

Forces of Nature

Sandra Bullock, Ben Affleck

Ben has two days to get from New York to Savannah for his wedding. How hard can that be in this age of planes, trains and automobiles? Various circumstances hinder his trip to Savannah. Ben has to wonder if somebody up there is trying to tell him something. R, 1 hr, 49 min.

Life

Eddie Murphy, Martin Lawrence

Eddie Murphy and Martin Lawrence are two-bit criminals wrongly accused of murder by a very white sheriff. From the gravesite of the two aged buddies, the movie flashes back over the 50 years they spent in prison, the important times and events they missed, along with a never-ending supply of prison pranks. R, 2 hr, 15 min.

Office Space

Jennifer Aniston, Ron Livingston

Mike Judge, the creator of "Beavis and Butthead," directs Ron Livingston as an over-worked programmer on the verge of a mid-life crisis. His personal life offers no relief until an encounter with lovely waitress Jennifer Aniston. Motivated to do something different, he convinces his fellow cubicle mates to rebel against evil corporate boss Gary Cole. R, 1 hr, 28 min.

The King and I

Animated

Miranda Richardson lends her voice to this animated adaptation of the Rodgers and Hammerstein Broadway musical. A British teacher and her son travel to the exotic land of Siam. Miranda Richardson is the voice of Anna, sent to tutor the children of the King, played by Martin Vidnovic. PG-13, 1 hr, 28 min.

The Love Letter

Kate Capshaw, Tom Selleck

In the sleepy New England town of Loblolly By The Sea, a letter has arrived that is going to wake things up. It is a love letter-ardent, sensual ... and unsigned. Everybody who reads it wonders who it's for and who it's from. Determined to find the letter's author, Helen MacFarquhar begins a quest that will open her life to a new chapter involving two decidedly different men. George, an old friend from her past, and Johnny, a young man very much in her present. Will one of them decide her future? R, 1 hrs, 28 min.

The Mummy

Brendan Fraser, Rachel Weisz

Brendan Fraser, Rachel Weisz and John Hannah star as treasure-seeking explorers in 1925. During a dig at an ancient Egyptian site, they accidentally awaken a mummified warrior. A 3,000 year-old legacy is unleashed as the three find themselves at the center of a supernatural terror. PG-13, 2 hrs, 4 min.



Howard AFB

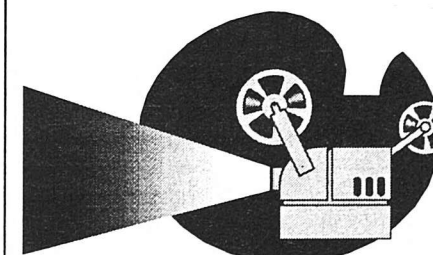
6:30 pm: *Baby Geniuses* (PG) Kathleen Turner, Christopher Lloyd

8:30 pm: *The Matrix* (R) Keanu Reeves, Laurence Fishburne

Fort Clayton

6:30 pm: *Entrapment* (PG-13) Sean Connery, Catherine Zeta-Jones

8:30 pm: *Mod Squad* (R) Claire Danes, Omar Epps



Early morning & daytime TV programming

Key: * Program time change due to live programming event; * Mature theme; ** Series starts; *** Series ends; **** Program moved to new day and/or time

Cable 8 & 10

Friday, June 18	Saturday, June 19	Sunday, June 20	Monday, June 21	Tuesday, June 22	Wednesday, June 23	Thursday, June 24
6:00 Today Show	6:00 Headline News	6:00 The Coral Ridge Hour	6:00 Today Show	6:00 Today Show	6:00 Today Show	6:00 Today Show
8:00 Headline News	6:30 Classic Cartoon	6:30 Outreach of Love	8:00 Headline News	8:00 Headline News	8:00 Headline News	8:00 Headline News
8:30 Showbiz Today	7:00 Sesame Street Specials	7:00 The Field Afar	8:30 Showbiz Today	8:30 Showbiz Today	8:30 Showbiz Today	8:30 Showbiz Today
9:00 Sesame Street	7:30 Puzzle Place	7:30 Day of Discovery	9:00 Sesame Street	9:00 Sesame Street	9:00 Sesame Street	9:00 Sesame Street
10:00 Barney & Friends	8:00 Classic Cartoon	8:00 Sunday Today	10:00 Big Bag	10:00 Blues Clues	10:00 Barney & Friends	10:00 Blues Clues
10:30 Kiana's Flex Appeal	9:00 Aaahh! Real Monsters	9:00 Air Force TV News	10:30 Kiana's Flex Appeal	10:30 Co-Ed Training	10:30 Bodyshaping	10:30 Co-Ed Training
11:00 The Oprah Winfrey Show	9:30 Are You Afraid of the Dark?	9:30 Adventures From The Book Of Virtues	11:00 The Oprah Winfrey Show	11:00 The Oprah Winfrey Show	11:00 The Oprah Winfrey Show	11:00 The Oprah Winfrey Show
12:00 Headline News	10:00 Hometown	10:00 Promised Land	12:00 Headline News	12:00 Headline News	12:00 Headline News	12:00 Headline News
12:30 Wheel Of Fortune	10:30 California's Gold	11:00 Headline News	12:30 Wheel Of Fortune	12:30 Wheel Of Fortune	12:30 Wheel Of Fortune	12:30 Wheel Of Fortune
1:00 Port Charles	11:00 Headline News	11:30 Air Force Television	1:00 Port Charles	1:00 Port Charles	1:00 Port Charles	1:00 Port Charles
1:25 Guiding Light	11:30 Navy/Marine Corps News	12:00 NASCAR Winston Cup	1:25 Guiding Light	1:25 Guiding Light	1:25 Guiding Light	1:25 Guiding Light
2:15 General Hospital	12:00 NCAA Baseball: College World Series Championship Game	4:00 NFL Europe: Pocono 500	2:15 General Hospital	2:15 General Hospital	2:15 General Hospital	2:15 General Hospital
3:00 Sylvester & Tweety Mysteries	3:00 PGA Golf: U.S. Open Championship (3rd round)	4:30 In The Mix	3:00 Sesame Street	3:00 Blues Clues	3:00 Sesame Street	3:00 Animaniacs
3:30 Jack Hanna's Animal Adventures	See Prime Time table	See Prime Time table	4:00 California Dreams	3:30 Newton's Apple	4:00 Hang Time	3:30 Sesame Street
4:00 Sesame Street	See Prime Time table	See Prime Time table	5:00 Jeopardy!	4:00 Nick News	4:30 Legends of the Hidden Temple	4:30 Blues Clues
5:00 Jeopardy!	See Prime Time table	See Prime Time table	5:30 Nightly News	4:30 Scholastic Sports America	5:00 Jeopardy!	5:00 Jeopardy!
5:30 Nightly News	See Prime Time table	See Prime Time table	See Prime Time table	5:30 Nightly News	5:30 Nightly News	5:30 Nightly News
See Prime Time table	See Prime Time table	See Prime Time table	See Prime Time table	See Prime Time table	See Prime Time table	See Prime Time table
12:35 ESPNews	12:00 Pensacola: Wings of Gold	12:30 America's Black Forum	12:35 ESPNews	12:35 ESPNews	12:35 ESPNews	12:35 ESPNews
1:00 Fletch (TV-PG)	1:00 Flaming Star (TV-PG)	1:00 Friday Night	1:05 83 Hours til Dawn (TV-PG)	1:05 Us (TV-PG)	1:05 Stand By Me (TV-PG)	1:05 To Kill A Mockingbird (TV-PG)
3:00 Suspect (TV-PG)	3:00 Raging Bull (TV-PG)	2:00 Videolink	3:00 Mask (TV-PG)	3:00 Wall Street (TV-PG)	3:00 Dog Day Afternoon (TV-PG)	3:00 Birdy (TV-PG)
5:00 Headline News	5:00 Headline News	3:00 8 Seconds (TV-PG)	5:00 Headline News	5:00 Headline News	5:00 Headline News	5:00 Headline News
5:30 ESPNews	5:30 Hour of Power	5:30 News at Sunrise	5:30 News at Sunrise	5:30 News at Sunrise	5:30 News at Sunrise	5:30 News at Sunrise

Cable 14 & 63

Friday, June 18	Saturday, June 19	Sunday, June 20	Monday, June 21	Tuesday, June 22	Wednesday, June 23	Thursday, June 24
6:00 Today Show	6:00 Headline News	6:00 The Coral Ridge Hour	6:00 Today Show	6:00 Today Show	6:00 Today Show	6:00 Today Show
8:00 Headline News	6:30 Classic Cartoon	6:30 Outreach of Love	8:00 Headline News	8:00 Headline News	8:00 Headline News	8:00 Headline News
8:30 Showbiz Today	7:00 Sesame Street Specials	7:00 The Field Afar	8:30 Showbiz Today	8:30 Showbiz Today	8:30 Showbiz Today	8:30 Showbiz Today
9:00 Sesame Street	7:30 Puzzle Place	7:30 Day of Discovery	9:00 Sesame Street	9:00 Sesame Street	9:00 Sesame Street	9:00 Sesame Street
10:00 Barney & Friends	8:00 Disney's Pepper Ann	8:00 Sunday Today	10:00 Big Bag	10:00 Blues Clues	10:00 Barney & Friends	10:00 Blues Clues
10:30 Kiana's Flex Appeal	8:30 Disney's Recess	9:00 Air Force TV News	10:30 Kiana's Flex Appeal	10:30 Co-Ed Training	10:30 Bodyshaping	10:30 Co-Ed Training
11:00 The Oprah Winfrey Show	9:00 Aaahh! Real Monsters	9:30 Adventures From The Book Of Virtues	11:00 The Oprah Winfrey Show	11:00 The Oprah Winfrey Show	11:00 The Oprah Winfrey Show	11:00 The Oprah Winfrey Show
12:00 Headline News	9:30 Are You Afraid of the Dark?	10:00 Promised Land	12:00 Headline News	12:00 Headline News	12:00 Headline News	12:00 Headline News
12:30 Wheel Of Fortune	10:00 Hometown	11:00 Headline News	12:30 Wheel Of Fortune	12:30 Wheel Of Fortune	12:30 Wheel Of Fortune	12:30 Wheel Of Fortune
1:00 Port Charles	10:30 California's Gold	11:30 Air Force Television	1:00 Port Charles	1:00 Port Charles	1:00 Port Charles	1:00 Port Charles
1:25 Guiding Light	11:00 Headline News	12:00 NASCAR Winston Cup	1:25 Guiding Light	1:25 Guiding Light	1:25 Guiding Light	1:25 Guiding Light
2:15 General Hospital	11:30 Navy/Marine Corps News	12:00 Hercules: The Legendary Journey's	2:15 General Hospital	2:15 General Hospital	2:15 General Hospital	2:15 General Hospital
3:00 Sylvester & Tweety Mysteries	12:00 WWF Superstars	4:00 Major League Baseball: Rangers at Red Sox	3:00 Mighty Ducks	3:00 Goof Troop	3:00 Gargoyles	3:00 Animaniacs
3:30 Jack Hanna's Animal Adventures	2:00 Women's World Cup Soccer	See Prime Time table	3:30 Superman	3:30 Newton's Apple	3:30 Hang Time	3:30 Waynehead
4:00 Xena: Warrior Princess	4:00 U.S. vs Denmark	See Prime Time table	4:00 California Dreams	4:30 Scholastic Sports America	4:30 Legends of the Hidden Temple	4:00 Hercules: Legendary Journeys
5:00 Jeopardy!	4:00 Major League Baseball: Mets at Cardinals	See Prime Time table	4:30 In The Mix	5:00 Jeopardy!	5:00 Jeopardy!	5:00 Jeopardy!
5:30 Nightly News	See Prime Time table	See Prime Time table	5:30 Nightly News	5:30 Nightly News	5:30 Nightly News	5:30 Nightly News
See Prime Time table	See Prime Time table	See Prime Time table	See Prime Time table	See Prime Time table	See Prime Time table	See Prime Time table
12:35 ESPNews	12:00 Pensacola: Wings of Gold	12:30 America's Black Forum	12:35 ESPNews	12:35 ESPNews	12:35 ESPNews	12:35 ESPNews
1:00 Fletch (TV-PG)	1:00 Flaming Star (TV-PG)	1:00 Friday Night	1:05 83 Hours til Dawn (TV-PG)	1:05 Us (TV-PG)	1:05 Stand By Me (TV-PG)	1:05 To Kill A Mockingbird (TV-PG)
3:00 Suspect (TV-PG)	3:00 Raging Bull (TV-PG)	2:00 Videolink	3:00 Mask (TV-PG)	3:00 Wall Street (TV-PG)	3:00 Dog Day Afternoon (TV-PG)	3:00 Birdy (TV-PG)
5:00 Headline News	5:00 Headline News	3:00 8 Seconds (TV-PG)	5:00 Headline News	5:00 Headline News	5:00 Headline News	5:00 Headline News
5:30 ESPNews	5:30 Hour of Power	5:30 News at Sunrise	5:30 News at Sunrise	5:30 News at Sunrise	5:30 News at Sunrise	5:30 News at Sunrise

Cable 15 & 64

Friday, June 18	Saturday, June 19	Sunday, June 20	Monday, June 21	Tuesday, June 22	Wednesday, June 23	Thursday, June 24
6:00 CBS 48-Hours	6:00 Dateline NBC Fri	6:00 Motor Week	6:00 NBC News Special: Drug Bust: The Longest War	6:00 Dateline NBC Monday	6:00 Dateline NBC Tuesday	6:00 Dateline NBC Wed
7:00 ABC News "Vanished"	7:00 ABC 20/20 Fri	6:30 This Week In Motor Sports	7:00 Navy/Marine Corps News	7:00 ABC 20/20 Monday	7:00 CNN Early Edition	7:00 ABC 20/20 Wed
8:00 Headline News	8:00 CNN Saturday Morning	7:00 Sunday Morning	8:00 Headline News	8:00 Headline News	8:00 Headline News	8:00 Headline News
8:30 Morning Business Report	9:00 Showbiz	8:00 CBS Sunday Morning	8:30 Morning Business Report	8:30 Morning Business Report	8:30 Morning Business Report	8:30 Morning Business Report
9:00 French Open Tennis: PGA Golf: U.S. Open Championship (2nd round)	9:30 Style with Elsa Klensch	9:30 CBS Face the Nation	9:00 Air Force Television	9:00 ABC Good Morning America	9:00 ABC Good Morning America	9:00 Good Morning America
10:00 U.S. Open Championship (2nd round)	10:00 CNN Saturday	10:00 CNN International	10:00 Headline News	11:00 Boxing: (T)	11:00 Major League Baseball: (T)	11:00 PCRA Rodeo
2:00 MSNBC	10:30 Page One w/Nick Charles	10:30 Style w/Elsa Klensch	11:00 NHRA Drag Racing: Pontiac Nationals	1:30 RPM 2Night	2:00 MSNBC	12:00 Heavyweight Boxing: Michael Grant vs Lou Savarese
3:00 Headline News	11:00 RPM 2Night	11:00 Wimbledon Preview	12:00 CART Auto Racing: Budweiser 200	2:00 MSNBC	3:00 Headline News	2:00 CBS News 60-MIN II
3:30 Military Briefings	12:00 NCAA Baseball: College World Series Championship Game	12:00 PGA Golf: U.S. Open Championship (final round)	12:00 NBC 20/20	3:30 Military Briefings (T)	3:30 Military Briefings (T)	3:00 Headline News
4:00 MSNBC	3:00 PGA Golf: U.S. Open Championship (3rd round)	See Prime Time table	12:30 Headline News	4:00 MSNBC	4:00 MSNBC	3:30 Military Briefings (T)
5:00 Headline News	See Prime Time table	12:30 Headline News	1:00 ABC This Week	5:30 NBC Nightly News	5:00 Headline News	5:00 Headline News
5:30 NBC Nightly News	12:00 Headline News	1:00 ABC This Week	1:00 PBA Bowling: (T)	See Prime Time table	See Prime Time table	See Prime Time table
See Prime Time table	12:30 ESPNews	2:00 Tucson Open	2:00 NBC Nightly News	12:00 Headline News	12:30 ESPNews	12:00 Headline News
12:00 Headline News	1:00 Washington Week In Review	3:00 NCAA Track & Field: (T)	See Prime Time table	12:30 ESPNews	1:00 ABC Nightline	12:30 ESPNews
12:30 ESPNews	1:30 Wall Street Journal Report	4:00 Outdoor Championships	12:00 Headline News	1:30 Headline News	2:00 Major League Baseball: (T)	1:00 ABC Nightline
1:00 ABC Nightline	2:00 NASCAR Craftsman Truck Series: (T)	5:00 Sportscenter	12:30 ESPNews	2:00 USAC Auto Racing: (T)	4:30 ESPNews	1:30 Headline News
1:30 Headline News	4:30 IROC Auto Racing: (T)		1:30 Headline News	4:00 X-Games: X-Games	5:00 Sportscenter	2:00 Major League Baseball: (T)
2:00 Friday Night Fights (T)	5:00 Sportscenter		2:00 Major League Baseball: (T)	5:00 Sportscenter		5:00 Sportscenter
5:00 Sportscenter			5:00 Sportscenter			

Cable 16 & 65

Friday, June 18	Saturday, June 19	Sunday, June 20	Monday, June 21	Tuesday, June 22	Wednesday, June 23	Thursday, June 24
7:00 Homicide: Life on/ Streets	6:00 Beverly Hills, 90210	6:00 Dr.Quinn Medicine Woman	6:00 New Detective	6:00 Biography: General George Patton	6:00 Vietnam: The 10,000-Day War	6:00 Eyes On The Prize
8:00 Harriet The Spy (TV-PG)	7:00 Party of Five	7:00 Touched By An Angel	7:00 ER	6:30 Biography: General Dwight D. Eisenhower	7:00 Melrose Place	7:00 X-Files
10:00 Rocko's Modern Life	8:00 Paper Mask (TV-PG)	8:00 Mrs. Doubtfire (TV-PG)	8:00 Miracle on I-880 (TV-PG)	7:00 Law & Order	8:00 Cagney & Lacey: True Convictions (TV-PG)	8:00 Mark Twain & Me (TV-PG)
10:30 Ren & Stimpy	10:00 The View	10:00 Worship for Kids	10:00 Rocko's Modern Life	8:00 Doc Hollywood (TV-PG)	10:00 Rocko's Modern Life	10:00 Ren & Stimpy
11:00 Simpsons	11:30 Home Matters	10:30 On Main Street	10:30 Ren & Stimpy	10:00 Rocko's Modern Life	10:30 Ren & Stimpy	11:00 Simpsons
11:30 Home Improvement	12:00 Can't Hurry Love	11:00 700 Club	11:00 Simpsons	10:30 Ren & Stimpy	11:00 Simpsons	11:30 Home Improvement
12:00 Star Trek: Deep Space 9	12:30 Ellen	11:30 Real Videos	11:30 Home Improvement	11:00 Star Trek: Deep Space 9	11:30 Home Improvement	12:00 Star Trek: Deep Space 9
1:00 Nat'l Geographic Explorer	1:00 National Geographic Explorer	12:00 7th Heaven	12:00 Star Trek: Deep Space 9	12:00 Star Trek: Deep Space 9	12:00 Star Trek: Deep Space 9	12:00 Star Trek: Deep Space 9
3:00 Homicide: Life on/ Streets	1:30 Mad About You	1:00 Road To Avonlea	1:00 Power Of Dreams	1:30 Home Improvement	1:00 CNN: The Cold War	1:00 Understanding
4:00 Harriet The Spy (TV-PG)	2:00 Beverly Hills, 90210	2:00 Dr.Quinn Medicine Woman	2:00 New Detective	1:30 Star Trek: Deep Space 9	2:00 Vietnam: The 10,000-Day War	2:00 Eyes On The Prize
See Prime Time table	3:00 Party of Five	3:00 Touched By An Angel	3:00 ER	2:00 Intimate Portrait Series: Audrey Hepburn	3:00 Melrose Place	3:00 X-Files
12:00 Paper Mask (TV-PG)	4:00 Paper Mask (TV-PG)	4:00 Mrs. Doubtfire (TV-PG)	4:00 Miracle on I-880 (TV-PG)	2:30 Biography: General George Patton	4:00 Cagney & Lacey: True Convictions (TV-PG)	4:00 Mark Twain & Me (TV-PG)
2:00 The View	See Prime Time table	See Prime Time table	See Prime Time table	See Prime Time table	See Prime Time table	See Prime Time table
3:00 Better Homes & Gardens	12:00 Mrs. Doubtfire (TV-PG)	12:00 Miracle on I-880 (TV-PG)	12:00 Doc Hollywood (TV-PG)	2:30 Biography: General Dwight D. Eisenhower	12:00 Mark Twain & Me (TV-PG)	12:00 Deadly Family Secrets (TV-PG)
3:30 Home Matters	2:30 On Main Street	2:00 Rocko's Modern Life	2:00 Rocko's Modern Life	3:00 Law & Order	2:00 Rocko's Modern Life	2:00 Rocko's Modern Life
4:00 Can't Hurry Love	3:00 700 Club	2:30 Ren & Stimpy	2:30 Ren & Stimpy	4:00 Doc Hollywood (TV-PG)	2:30 Ren & Stimpy	2:30 Ren & Stimpy
4:30 Ellen	3:30 Real Videos	3:00 Simpsons	3:00 Simpsons	See Prime Time table	3:00 Home Improvement	3:00 Home Improvement
5:00 Murphy Brown	4:00 7th Heaven	3:30 Home Improvement	3:30 Home Improvement	12:00 Cagney & Lacey: True Convictions (TV-PG)	3:30 Star Trek: Deep Space 9	4:00 Star Trek: Deep Space 9
5:30 Mad About You	5:00 Road To Avonlea	4:00 Star Trek: Deep Space 9	4:00 Intimate Portrait Series: Audrey Hepburn	2:00 Rocko's Modern Life	5:00 Understanding	5:00 Biography: General "Hap" Arnold



SCN TV

Tropic Times
June 18, 1999 **B7**

Key: + Program time change due to live programming event; * Mature theme; ** Series starts; ***Series ends; **** Program moved to new day and/or time, (AIP) Already in progress

PRIME TIME		6 PM		6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
Fri. June 18	8 & 10	Headline News :23 SCN News	Showbiz Today	Simpsons	The Hughleys	Star Trek: Voyager			X Files		PBS Newshour		Tonight Show w/ Jay Leno (joined in progress)	:35 Late Show w/ David Letterman
	14 & 63	Headline News :23 SCN News	Showbiz Today	Simpsons	The Hughleys	NBA Basketball playoffs: Knicks at Spurs, Game 2						:35 Tonight Show w/ Jay Leno	:35 Late Show w/ David Letterman	
	15 & 64	Major League Baseball: Royals at Blue Jays							ABC World News Tonight	CBS Evening News	PBS Newshour		Headline News	Nightly Business Report
	16 & 65	The View			Better Homes & Gardens	Home Matters	Grace Under Fire	Ellen	Murphy Brown	Mad About You	Beverly Hills 90210		Party of Five	
Sat. June 19	8 & 10	Headline News	Navy/ Marine Corps News	Beverly Hills 90210		Melrose Place		ABC 20/20		Headline News	Saturday Night Live Kelsey Grammer/Sheryl Crow			
	14 & 63	Cont. Major League Baseball: Mets at Cardinals			Beverly Hills 90210		Melrose Place		ABC 20/20		Headline News	Saturday Night Live Ray Romano/The Corrs		
	15 & 64	Headline News	Navy/ Marine Corps News	Major League Baseball: Phillies at Dodgers						Sports Tonight		Headline News	McLaughlin Group	
	16 & 65	Worship for Kids	On Main Street	700 Club	Real Videos	7th Heaven		Road to Avonlea		Dr. Quinn Medicine Woman		Touched By An Angel		
Sun. June 20	8 & 10	Cont. NFL Europe	CNN/SI	Simpsons	Candid Camera	Father of the Bride II (TV-PG)				Headline News	Nova		Austin City Limits Mexican Roots Music Celebration	
	14 & 63	Cont. Major League Baseball: Rangers at Red Sox	CNN/SI	Kids Say the Darndest Things	Candid Camera	Father of the Bride II (TV-PG)				Headline News	Nova		Austin City Limits Mexican Roots Music Celebration	
	15 & 64	Headline News	Air Force TV News	Major League Baseball: Marines at Indians						Sports Tonight	This Week In NBA Basketball	CNN Perspectives		
	16 & 65	Rocko's Modern Life	Ren & Stimpy	Simpsons	Home Improvement	Star Trek: Deep Space 9		Power Of Dreams		New Detective		ER		
Mon. June 21	8 & 10	Headline News :23 SCN News	Showbiz Today	60 Minutes		NBC News Special: Drug Bust: The Longest War		Intimate Portrait Series: Audrey Hepburn		PBS Newshour		Tonight Show w/ Jay Leno		
	14 & 63	Headline News :23 SCN News	Showbiz Today	60 Minutes		NBA Basketball Playoffs: Spurs at Knicks, Game 3						Tonight Show w/ Jay Leno		
	15 & 64	ABC World News Tonight	CBS Evening News	NFL Europe: Scottish Claymores at Amsterdam Admirals						PBS Newshour		Headline News	Nightly Business Report	
	16 & 65	Rocko's Modern Life	Ren & Stimpy	Simpsons	Home Improvement	Star Trek: Deep Space 9		Intimate Portrait Series: Audrey Hepburn		Biography: General George Patton	Biography: General Dwight D. Eisenhower	Law & Order		
Tues. June 22	8 & 10	Headline News :23 SCN News	Showbiz Today	Whose Line is it Anyway	The Pelican Brief (TV-PG)					Headline News	SCN News :35 Tonight Show w/ Jay Leno		:35 Late Show w/ David Letterman	
	14 & 63	Headline News :23 SCN News	Showbiz Today	Whose Line is it Anyway	The Pelican Brief (TV-PG)					Headline News	SCN News : 35 Tonight Show w/ Jay Leno		:35 Late Show w/ David Letterman	
	15 & 64	ABC World News Tonight	CBS Evening News	WNBA Basketball: L.A. Sparks at Houston Comets				X-Games: X-Games Trials Best Of Boards		PBS Newshour		Headline News	Nightly Business Report	
	16 & 65	Rocko's Modern Life	Ren & Stimpy	Simpsons	Home Improvement	Star Trek: Deep Space 9		CNN: The Cold War		Vietnam: The 10,000-Day War		Melrose Place		
Wed. June 23	8 & 10	Headline News :23 SCN News	Showbiz Today	Moesha	Boy Meets World	Star Trek: Deep Space 9		Ally McBeal		ABC World News Tonight	:35 Tonight Show w/ Jay Leno		:35 Late Show w/ David Letterman	
	14 & 63	Headline News :23 SCN News	Showbiz Today	Moesha	Boy Meets World	NBA Basketball: NBA Finals, Spurs at Knicks, Game 1						:35 Tonight Show w/ Jay Leno		:35 Late Show w/ David Letterman
	15 & 64	ABC World News Tonight	Major League Baseball: Teams to be Announced							Major League Baseball: Teams to be Announced				
	16 & 65	Rocko's Modern Life	Ren & Stimpy	Simpsons	Home Improvement	Star Trek: Deep Space 9		Understanding		Eyes On The Prize		X Files		
Thur. June 24	8 & 10	Headline News :23 SCN News	Showbiz Today	Friends	Jesse	Frasier	:35 Mad About You	ER		Headline News	SCN News :35 Tonight Show w/ Jay Leno		:35 Late Show w/ David Letterman	
	14 & 63	Headline News :23 SCN News	Showbiz Today	Friends	Jesse	Frasier	:35 Mad About You	ER		Headline News	SCN News :35 Tonight Show w/ Jay Leno		:35 Late Show w/ David Letterman	
	15 & 64	ABC World News Tonight	CBS Evening News	NHL Awards	PGA Golf: Buick Classic (1st Round)					PBS Newshour		Headline News	Nightly Business Report	
	16 & 65	Rocko's Modern Life	Ren & Stimpy	Simpsons	Home Improvement	Star Trek: Deep Space 9		Biography: General "Hap" Arnold				Homicide: Life on Streets		

SCN Prime Time Movies & Specials

SCN Prime Time Movies & Specials

SCN FATHER'S DAY MOVIE: FATHER OF THE BRIDE II. Upon learning that his recently-married daughter is going to have a baby, George Banks embarks on a crusade to rekindle his youth. After a night of passion with his wife, however, he finds he's going to be a father as well as a grandfather. Stars: Steve Martin, Diane Keaton, Martin Short, Kimberly Williams (Comedy, 1995 TV-PG) at 8:00 p.m. Sunday.

THE PELICAN BRIEF. Tulane law student Darby Shaw writes a speculative brief on the murders of two Supreme Court justices that results in more murder and sends her running for her life. Stars: Julia Roberts, Denzel Washington, John Heard, Tony Goldwyn (Thriller, 1993, TV-PG) at 8:00 p.m. Wednesday.

SCN's VCR Alert — Recommended for videotaping

RAGING BULL. A docu-drama about the troubled life of Jake LaMotta, a tough New York City kid who fought his way to the world middleweight boxing championship in 1948. He then proceeded to lose almost everything he had. Stars: Robert DeNiro, Cathy Moriarty, Joe Pesci, Frank Vincent (Sports, 1980, TV-14) at 2:40 a.m. Sunday. a.m. Tuesday.

SCN Weekend Sports

NBA Basketball Playoffs:

8 p.m. Tonight Knicks at Spurs, Game 2 Cable 14

NASCAR Auto Racing:

11:30 a.m. Sunday Pocono 500 (LIVE) Cable 14

Major League Baseball:

7 p.m. Tonight Royals at Blue Jays Cable 15

4 p.m. Saturday Mets at Cardinals Cable 14

7 p.m. Saturday Phillies at Dodgers Cable 15

4 p.m. Sunday Rangers at Red Sox Cable 14

NCAA Baseball: College World series

11:30 p.m. Saturday Championship Game Cable 15

PGA Golf:

3 p.m. Saturday U.S. Open (3rd Round) Cable 15

11:30 a.m. Sunday U.S. Open (Final Round) Cable 15

Women's World Cup Soccer:

2 p.m. Saturday USA vs Denmark Cable 14



Classified Ads

Duty-free merchandise

FORT CLAYTON (Contraband Control Office) – As a reminder, in accordance with the Panama Canal Treaty and U.S. Southern Command regulations, duty-free merchandise, whether new or used, cannot be given, transferred or generally sold to non-privilege holders. Violations to these dispositions may subject violators to prosecution under both military and Panamanian laws. It is sometimes permissible to sell an item, but only if Panamanian taxes are paid. Before such a sale, it is strongly recommended that the seller contact the Contraband Control Section for advice at 288-5814.

Access to installations is allowed for ID card holders & pass holders only. All guests must be signed on by ID card holders.

El acceso a las instalaciones militares solamente le está permitido a las personas con tarjetas de identidad personal del Gobierno de los EEUU y el personal con pases de acceso a las instalaciones. Todos los invitados deben ser firmados a la entrada de las instalaciones por una persona con tarjeta de identidad personal de los EEUU.

Animals

Bunny rabbit, wht, 4 mos, friendly w/people & other animals w/food & access, free, 284-6507

Cat, 3 yrs, fixed, all shots w/access \$25/obo, 284-6482

Cat, gray & wht striped, male, 2 yrs, neutered, free, 288-7774

Mixed breed, fem, 2 yrs, fixed, all shots w/kennel, free, 288-7689

Mixed breed, fem, spayed, gd guard dog, free, 272-5895

Pembroke Corgies pup, all shots & paper, grt w/ kids \$600/obo, 226-3881

Pit Bull pup, male, 2½ mos w/shots & certification, 230-0663

Rotweiler, 1 male, 1 fem \$150/ea, 288-4139

Available

Baby-sitter, anytime, wkdays, wknight & wkends, 288-7627 Sandra

Baby-sitting, wkdays or wkends, cleaning, honest, ref, 295-3075

Cakes, giant cinnamon rolls, banana bread & doughnuts, 284-3798 Erica

Car inspection or registration, home delivery, 222-2602

Cert Eng/Spain translation for all docs, 222-2602

Computer consulting, installation, upgrades, back-ups & troubleshooting, 221-4281

Computer consulting, repairs, CD back-ups and web designing, 233-2387

Home video back-ups, VHS to VHS, 233-2387

Maid, biling, live-out, housekeeper, honest, reliable, gd w/kids, ref, 224-5765

Maid, Eng spking, hard work, dependable, 288-7777 Sylvia

Maid, Eng spking, live-out, grt w/kids, 284-3474 Norma

Maid, Eng spking, live-out, Mon - Fri, gd w/kids, dependable, 262-3683 Sylvia

Maid, housekeeper w/exc ref, 272-2028

Maid, Span spking, hard worker, honest, gd w/kids & pets, experience w/entertaining, 288-5089

Never shave again! Body sugaring the natural method of hair removal, 284-3729

Pick up to move misc items all post, 261-6699

Power window door lock repair, 222-4972

Upholstery curtain & interior decoration, 261-6699

Boats & campers

17' Aguasport, 115 HP Evinrude, center console, trim tabs, fish finder, bikini top, extras \$5000/obo, 232-7132

17' fiberglass boat, 75 HP O/B motor w/trailer \$3500, 232-7285

18' alum Bass John boat w/40 HP & trolling motor, many extras, exc cond \$4500/obo, 226-8139

2 wheel car tow trailer \$350, 228-4061

79 38' Bertram Sport Fisherman, twin detroit dsl, all elec \$95,000/obo, 614-0804

8 HP boat motor, new \$800/neg, 284-6127

82 22' Sport Craft Fisherman, cream, 235 HP Johnson O/B, trailer \$6000, 260-7194

9' inflatable boat w/5 HP Nissan O/B \$1500, 225-1375

Cayuco \$40, 276-6250

Johnson tru-hub exhaust propeller for 35 HP \$15, 272-6553

Trailer hitch \$50, 272-2947

Volvo trailer hitch \$125, 272-2620

Cars

73 Super Beetle, new paint, tires \$500, 260-7194 after 6 pm

74 Dodge Dart, new paint, eng rebuilt \$1700, 221-7649

80 Ford Mustang, 6 cyl, gd shape \$1800/obo, 288-4060

81 Mazda RX-7, wht, new tires & batt, runs grt \$1000/obo, 284-3396

81 Plymouth Reliant, 4 cyl, light blue, gd cond \$1800, 230-2384 after 7 pm

83 Chevy Citation, new batt & brakes, runs gd \$900, 288-6461

85 Mazda, 4 dr, runs grt \$1200, 284-6884

85 Nissan Sunny, AC, stereo, gd cond, dty pd \$1600/obo, 251-3412

85 Toyota Supra, sporty, PL, PW, sunroof, runs gd \$2500, 263-5022

86 Mitsubishi Tredia, 4 dr, 5 spd, AC, dty pd \$2500, 272-1189

87 Mercury Lynx, 4 spd, AC, JVC stereo cass \$1300/obo, 288-4330

87 Nissan Sentra, 2 dr, runs well, grt cond \$1750, 288-5495

87 Pontiac Grand Am, Sedan, AC \$2600, 232-6240

87 Toyota Cressida, 4 dr, 4 cyl, loaded, runs grt \$2700/obo, 280-3978

88 Chrysler Reliant sta/wgn, AT, PS, AC \$500, 218-1205

89 Chrysler Le Baron, conv \$1650, 228-4061

89 Pontiac 6000 \$2000, 288-4939 after 6 pm

90 Eagle Talon, AT, AC, PS, PW, am/fm cass, grt car \$3000, 288-7874

90 Hyundai Excell, 2 dr, AT, AC, all extras, dty pd \$3200/obo, 259-9809

90 Nissan Maxima, V-6, AT, LM, new tires, am/fm cass, dty pd \$5800, 218-1158

90 Pontiac 6000 LE, 4 dr, PW, PD, exc cond \$3500, 263-5022

90 Saab 900, 2 dr, 5 spd, AC \$3000, 284-5402

91 Ford Escort, 5 spd, new batt, tires & brakes, reliable, exc cond \$3000, 288-7958

91 Geo Storm, AC, hatchback, runs grt, gd cond \$3000/obo, 284-5571

91 Honda Integra, 4 dr, sunroof, f/extras, back spoiler \$6800, 226-7450

91 Mustang 5.0, AT, LM \$3250, 263-3789

91 Pontiac Grand Prix, V-6, blk w/gray int, AC, PL, gd cond \$3900/obo, 264-1664

92 Mazda 323LY, 4 dr, 5 spd, AC, sunroof \$2100/obo, 284-3284

92 Toyota Corona, 4 dr, AT, AC, PW, alarm, Kenwood stereo, dty pd \$4900, 260-8252

92 Volvo 940 GLE, AT, AC, new tires, am/fm cass \$12,000, 236-0832

93 Geo Metro, 5 spd, 3 cyl, AC, runs gd, dty pd \$3500, 259-9809

93 Lexus GS300, V-6, LM, loaded \$30,000, 288-6130 after 6 pm

93 Plymouth Sundance, AT, AC, new tires, runs grt \$2500/obo, 280-6152 between 5 - 9 pm

94 Mercedes Benz C280, 4 dr Sedan, exc cond \$23,000, 272-2080

94 Subaru Legacy Sedan, 5 spd, AC, grt cond \$7200, 223-2153

94 Toyota Corolla, AT, dty pd \$7000, 272-2833

95 BMW 318i, LM, sunroof, loaded, exc cond \$15,000, 226-7450

95 BMW M3, grt cond, dty pd \$22,000/obo, 272-6636

95 Buick Century, AC, PB, PS, need minor work, runs grt, dty pd \$6500, 254-0974

95 Ford Taurus, V-6, AT, AC, PW, PL, am/fm cass, loaded, exc cond, dty pd \$9000/obo, 260-9345

96 Dodge Intrepid ES, AT, LM, sunroof, loaded \$17,400, 260-7328

96 Honda Civic, 5 spd, AC, PW, CD, dty pd \$12,200, 260-7069

96 Oldsmobile Cutlass, AC, PW, PS, dty pd \$6200, 268-2973

98 Nissan 240SX, AC, PS, PL, PB, CD, sunroof, loaded, 285-9293

99 Ford Taurus, AT, AC \$7500, 263-2390

Computers

486 computer, 15" mon, keyboard, CD-ROM, spkrs, MS Office \$475, 280-3978

Epson LQ 1070 printer \$180, 269-6728

Epson LX810 printer, short carriage \$20, 220-1808

Epson printer color \$45, 260-0356

Gateway 486 w/Win 3.1, Hewlett Packard desk jet 500 printer & modem \$300, 260-8252

Hand scanner text \$20, 284-6127

Mac notebook 520 w/14" mon, keyboard, mouse, internal modem, cables & more \$600, 280-3356 lv msg

Panasonic KX-P2624 printer dot-matrix \$50/obo, 220-1808

Pentium 120 computer, 32 MB Ram, 4.3 GB HD, CD-ROM, modem, 14" mon \$500, 224-5754

Pentium 166 computer, 32 MB Ram, 5.3 GB HD, CD-ROM, modem, 15" mon w/ Epson printer \$600, 263-5022

Printer \$200, fax mach \$150, 232-7294

Electronics

19" TV color, no remote control \$100, 213-0396

19" Zenith TV \$150, 272-5895

32" Sony TV, like new, 284-6824

Apelco VXL501 Hand-Held marine radio \$125, 225-1375

Digital camera \$600, 232-7294

GE TV \$250, cable system \$300, 232-7294

JBL L100 loud spkrs, Pioneer CD player, Yamaha amp, Kenwood timer \$600, 214-8243

Pioneer cass recorder player \$75, Pioneer amp & tuner \$200, 285-3639

Polk audio RT-3 spkrs \$150/pair, 226-5135

RCA surround system for TV, video, fm, 12w, 5 spkrs, remote \$250, 236-6093

TV, 284-4596

Household

1 office chair, gray \$18, office arm chair \$20, 223-2072 after 7 pm

13' GE refrig \$225, 16' GE frzr \$325, 272-6239

18' GE refrig, no frost \$250, 277-7585

2 floral sofa \$550, 288-5376

22' GE refrig, side by side w/ice maker \$500/obo, 272-2403

23.7' Whirlpool refrig, side by side \$975, Maytag washer & dryer \$550, 260-0356

23.7' Whirlpool refrig, side by side, exc cond \$750, 259-8570

25' Kenmore refrig, side by side \$750, 272-2833

27' roper refrig w/ice maker & dispenser \$850, 25' GE upright frzr \$250, 272-2028

28' commercial frzr \$325, GE refrig, no frost \$250, 272-6210

60" cabinet wood \$50, 272-5642

AC 10,000 & 13,000 BTU, 272-2028

AC 10,000 BTU \$300, 2 Papasan chairs \$250/both, wood furniture for TV \$40, 213-0396

AC 10,000 BTU Goldstar, 232-6504

AC 10,000 BTU, dehumidifier, vac broom, floor fan, 284-6824

AC 10,000, 272-6210

AC 14,000 BTU Feeders, 223-2153

AC 14,000 BTU Hitachi, 220 volt \$175, 272-2833

AC 18,000 Westinghouse \$250, 272-6239

AC 6000 BTU Whirlpool \$150, 272-2947

AC 7900 BTU \$100, 315-0806

Antique lvseat \$200, 272-2620

BR set w/bunk bed, dresser, desk \$1200, LR set, 3 pc w/sofa bed \$900, 229-0762

BR set, 2 bureaus, 2 end tbl \$775, dbl bed matt & bed springs \$150, 272-5162

Cab w/formica top, drawers \$50, wooden wall cab w/shelves \$50, 6' metal cab \$50, 272-2028

Carpet, 9 x 12, blue \$40, 224-6689

Carpets, 10 x 15, brige \$50, 9 x 12, rose \$30, 288-4580

Carpets, 12 x 15, sea grn \$100, 10 x 12, brn \$75, 260-8252

Carpets, Q/sz pillow-top matt, daybed frame, craft tbl, 284-5571

Ceiling fans \$8/ea, 276-6250

Ceiling fans, reclining chair, refrig, 263-2390

Closet cab, blk \$200, 284-6127

Computer desk \$100, rocking chair \$50, 232-7294

Computer desk \$80, wooden bakers rack \$30, DR tbl \$500, 284-5173

Computer tbl \$125, lawn mower \$175, 272-2947

Couch \$200, 260-9902

Crib, conforter, bumper, blankets, lamp, curtains, diaper & holder, 288-5704

Crystal chandelier, ceiling fans, 272-5036

Daybed trundle, entertainment center, 272-5036

Dbl bed w/triple dresser & chest of drawers \$450, 225-1375

Dehumidifiers \$75, peg-board & shelving units \$30, desk chair \$40, 272-1194

DR set w/8 chairs & china cab, 272-5320

DR set, 10" tbl saw, 293-6392

DR set, Q/sz matt, entertainment center & more, 293-6392

DR tbl w/4 swivel chairs \$250, tile kitchen tbl w/7 chairs \$150, coffee tbl \$100, 272-2028

DR tbl w/5 chairs, 232-6504

DR tbl, 2 leaves, 2 benches \$195, sofa, cream, lvseat \$250, maple rocker \$100, 232-5996

Fan chairs \$25/ea, lamp \$10, wicker furniture, couch, 2 chairs, tbl & cushions \$75, 272-5471

Furniture, rugs, grill, 284-6722

Gas stove \$75, 229-5500

GE washer \$50, GE dryer \$75, 229-5500

Girl BR set, ivory bed, dresser, chest, desk, 272-2403

Girl BR set \$300, boys captain's trundle bed \$150, wood desk w/mirror \$100, 272-6829

High chair \$30, changing tbl \$30, 284-5173



Classified Ads

Tropic Times
June 18, 1999

B9

K/sz bed, 288-6293
K/sz matt \$35, 272-6553
Kenmore lg micro oven \$150, 224-6689
Kitchen cab, wood marino, 5 pc \$475, 272-1189
LR furniture, figurine cab, tbl, new comforters, 272-2072
LR set \$500, 220-2442
LR set & tbl, new \$550, 272-2765
LR, 2 pc, couch, lvseat \$550, DR w/6 chairs, mahogany, cherry \$700, 223-2072 after 7 pm
Lvseat, couch, blk & gold \$700, ceiling fans \$25, 272-2028
Matching couch & lvseat, dark grn & red \$600, 288-6902
Magic Chef gas stove \$300, GE washer, lg capacity, heavy dty \$300, 226-3566
Magic Chef micro oven & cab \$200, 262-1251
Mahogany DR tbl w/8 chairs & 3 extensions \$800, 272-2860
Microoven, f/sz sharp \$90, 260-0356
Oriental carved teak roll top desk, 272-5320
Oriental DR set w/8 chairs \$4500, 228-4061
Padded bar w/4 stools \$200, 262-1251
Pair mauve lamps w/ shades \$45, 272-2860
Q/sz bed, dresser w/mirror, light, DR tbl w/6 chairs, china mahogany, 272-2765
Refrig, 2 dr, washer, 293-6392
Refrig, frzr, 272-2072
Refrig, washer, 293-6392
Roll top desk \$500, china cab & buffet \$350, 272-2947
Roper washer, lg capacity \$275, 272-2028
Rug, 12' x 15', tan \$50, 315-0806
Rug, 9x12 & 12x15, 284-6482
Rug, 9x12, light blue \$40, recliner chair \$125, draperies \$75, 272-2314
Rug, sm, blue \$14, micro \$30, 223-2072 after 7 pm
Rugs & more, 284-4596
Rugs, 9 x 12, blue & light grn \$50/ea, 9x6, navy blue & dark grn \$30/ea, 272-2028
Rugs, blue & mint grn, 272-5036
Semicircular sofa \$450, sofa tbl \$70, sofa recliner \$450/neg, 225-1375
Sofa, lvseat \$300, hutch \$500, powerwasher \$250, 272-5895
Sofa, lvseat \$475, 223-2153
Tbl w/4 chairs, wht pedestal \$150, 260-8252
Teal roll top desk w/marble inlay \$400, teak china cab \$600, 272-6829
Various AC, Friedrich, Panasonic, LG, General \$225/ea, 272-5880

Vertical & Bali blinds, 272-2028
Washer & dryer \$500, gas stove \$225, 220-2442
Whirlpool dishwasher \$75, 272-2833
Whirlpool refrig & frzr w/ ice maker \$1200, Whirlpool dishwasher \$50, 260-9902
Whirlpool refrig, almond, gd cond \$450/obo, 268-2854
Whirlpool upright frzr \$300, GE refrig, dbl dr \$600, 226-3566
Whirlpool upright frzr, no frost \$150, 272-6553
Window AC 5000 BTU, micro, 284-6482
Window AC, 284-5571
Wood bar \$500, 269-6728

Miscellaneous

150' fence, 5' high w/2 gates \$100, 272-5320
2 carport roofs, 27' x 25' \$250/ea, 272-5880
2 concrete park benches \$25/ea, 272-6553
2 Lada Samara for parts \$1500/ea, 228-4061
4 13" steel rims for Toyota Corolla, like new \$50, 272-2314
400 big block Chrysler eng \$500, 272-5320
5' Avocado tree \$35, 284-6127
AC compressor, tools, 293-6392
AF Mess dress, 41R \$60, 236-5910
Alum BBQ grill on wheels \$40, convection oven \$25, 272-6553
Baby bassinet \$40, 284-3474
Baby items toys, 272-2765
Bissell deep cleaning mach, like new \$105, 232-6957
Car seat \$15, 223-2072 after 7 pm
Ceramic molds, 272-2072
Child car seat, sea foam, blue \$40, 288-6902
Clothes, 288-6293
Craftsman tools, drill press \$350, band saw \$350, bench grinder \$125, 268-2973
Exmas tree, tools, 293-6392
Extra lg dog kennel \$35/neg, 264-8050
Filled gas tank for BBQ grill \$20, sears 4 HP, 20 gal tank, portable air compressor \$300, 272-2028
GE elec range \$350, 260-9902
Heavy dty VS-3 velbon tripod \$30, 272-2028
Laser disc movies \$7/ea, 226-5135
Little tikes toys, 284-5173
Md animal carrier \$10, 272-6829
Men wedding ring, 14k \$75, 288-3065
Piano console \$1200, 288-5335

Plants, 284-6722
Playard, stroller, 288-5704
Potted plants, wht bench \$50, 272-2028
Rear shock absorbers for Bronco II \$10/ea, 272-1194
Rigid conduit pipe elec, 1/2" & more \$2.50/ea, 272-6553
Sm gas grill, 284-5571
Sterling silver flatware services for 8 \$2500, 272-2860
Stroller, baby exerciser, 284-4596
Tropicalized Kawai piano \$1300, 288-7789
Window for 83 - 94 Topaz Taurus, 222-4972
Window for 95 - 99 Blazer S-10 Sonoma, 222-4972

Motorcycles

85 Honda XR100 \$850, 268-2973
93 Harley Davidson, springer, LM & more \$20,000/obo, 285-3639
96 Yamaha Axis Scooter, like new \$1000, 288-5894

Patio sales

Ancon 214 B, 7 am - noon
Balboa 0822
Balboa 796 X, 7:30 am
Cardenas 7234 A
Clayton 16 B, 7 - 11 am
Clayton 817 B, 6 - 11 am
Clayton 929 C
Curundu 2067
Curundu 2154, 7 am - noon
Diablo 5775 B
Diablo 5781 A
Diablo, Qtrs 5084
El Dorado, Pacific Hills, Tower 300, Apt 6 B, 7 - 11 am
Howard 1546 D, 7 am - noon

Howard 1550 E, 7 am - noon
Howard 597, 6:30 - 10 am
Lomas del Golf 151, Cordova St, 8 am - 1 pm
Los Rios 6330, 7 - 11 am
Los Rios 6363 B
Los Robles 614, 7 - 11 am
Veracruz 32 A

Sporting goods

26" ladies bike \$80, 272-2947
ABS exerciser, 284-6824
Aguashot II underwater camera housing for disposal cameras w/strobe & macro kit \$100, 272-5642
Anchors, boating, fishing equip, 232-7028
Basketball board, new, 272-2072
Bike, 288-6293
Bike, golf set, 232-6504
BMI home exer mach w/ 150 lbs weights \$300, 268-2973
Iron horse exer mach \$150, 272-2620
Men professional mountain bike, like new \$800, 236-5910
Mono fish line, 15/25 lb bulk spools \$5/ea, 272-6553
Multi station home gym system \$250/obo, 272-2860
Nordic track pro, ski exer \$300, 236-7623
Pro-Form exer bike \$100, 268-2973
Rali girl bike, md sz \$98, 288-7789
Scuba buoyancy compensator w/pony battle attach for 13' tank & adapt twin tanks \$300, 236-6302
Scuba dive alternate air source for BCD by Scuba Pro "AIR2" \$150, 236-6302

Scuba dive computer by Oceanic "Prodigy" in console w/pressure gage & compass \$400, 236-6302
Scuba dive computer by Sea Quest, wrist module \$380, 236-6302
Scuba regulator by Scuba Pro, MK-20UL/D-400, ultra light \$500, 236-6302
Scuba tank \$40, vest type 3C \$30, 272-1194
Seatec buoyancy compensator, lg, new \$250, 272-2860
Surf board water ski \$60, 276-6250
Slalomski \$35, surfer \$30, hydro slide \$30, 232-7028
Stairmaster \$50, treadmill \$50, 272-5471
Trampoline \$125, 272-2028
Trampoline \$200, 272-5895
Vitamaster ski mach \$100, 272-5320

Trucks & Vans

86 Jeep Cherokee, runs grt \$3850/obo, 284-6722
87 Dodge Caravan, AC, PD, PW, am/fm cass, dty pd \$4000/obo, 237-1142
87 Jeep Wagoneer, 4 x 4 \$3000, 284-4287
87 Jimmy GMC S-15, 4x4, LM \$4000/obo, 236-2623
87 Mitsubishi Montero, 4 x 4, 5 dr, AC, PW, dsl, exc cond \$6200/obo, 272-5036
88 Mitsubishi Montero, 4 x 4, 5 spd, dsl, dty pd \$5500, 232-6957
89 Ford Bronco II, 4x4, AT, AC \$3800, 315-0801
89 Ford Bronco II, dty pd \$3500/obo, 284-4802 between 7 am - 3:30 pm
90 Busito van, 12 pass \$4000, 272-2028
90 Jeep Cherokee LTD \$6500, 228-4061
90 Kia Besta van, 12 pass \$4000, 272-2028

91 Jeep Cherokee, dty pd \$5500/obo, 259-8816
92 Toyota Land Cruiser, 2 dr, AC, dty pd \$10,500, 443-5393
93 Chevy 620 van, AC, TV, VCR, CD \$15,500, 230-3442
93 Econoline conv van, AC, TV, VCR, cass, fold down bed \$14,000/obo, 288-4060
93 Pathfinder SE, V-6, 4 x 4, 4 dr, LM, CD, leather, exc cond \$11,500, 260-7916
94 Isuzu Rodeo, dty pd \$10,500/neg, 264-8050
94 Pathfinder, all extras, gd cond \$8500, 226-8209
95 Buick Century, all extras, loaded, dty pd \$6500, 226-8209
95 Nissan Terrano, 4 x 4, 4 dr, AC, hitch, exc cond \$11,500, 226-6174
96 Ford Explorer, AC, AB, PW, PL, loaded \$19,500/obo, 288-6293
96 Grand Cherokee Laredo, loaded, dty pd \$20,000, 269-6728
96 Toyota Hi-Lux, AC \$17,000, 232-7028
99 Toyota Hi-Lux, loaded, 285-9293

Wanted

Collector seeks patches from Howard AFB units, will trade NASA, NATD & GAF patches, 264-2771
Donations needed, tents desks, plants chalk boards, 223-2072 Sister Mafi
Family for maid, biling, honest, reliable, gd w/kids, f/p time 288-5506
Guard dog, fem & lg fenced, 232-7119 after 5 pm
Roomates, fem, single or shared rooms, exc place, near bus stop, 260-5058 Kilda



Tropic Times Ad Form

Note: Advertising in the *Tropic Times* is offered on a space available basis to military members, civilian DoD employees, and employees of other government agencies. Ads will be accepted only for NON-COMMERCIAL services or goods offered by the advertiser or an immediate family member. Suspected abuse of the ad services will result in non-publication of the ad(s) in question. For more information, call 285-4666/6612.

- ◆ **Deadline for submitting ads is 9 a.m. Monday. If Monday is a holiday, the deadline is 1 p.m. the Friday before.**
- ◆ **Read instructions below, then completely fill out the ad form. Incomplete ads will not be published.**

- ☐ Animals
☐ Available
☐ Boats & campers
☐ Cars
☐ Computers
☐ Electronics
☐ Found
☐ Household
☐ Lost
☐ Miscellaneous
☐ Motorcycles
☐ Patio sales
☐ Sporting Goods
☐ Trucks & Vans
☐ Wanted

Price _____ HomePhone _____

- ◆ Check one category per ad form
- ◆ Two ads per person each week. Include home and duty phone.
- ◆ 15-word limit (the staff may edit to conserve space).
- ◆ Ads must be re-submitted each week.
- ◆ We will NOT take ads by phone or fax (Atlantic residents may fax ads).
- ◆ Ads offering exotic animals, weapons or real estate will Not be run.
- ◆ Ads offering, foods, hair care or translation will Not be run without a copy of licenses to operate on post/base.
- ◆ Mail ads to: *Tropic Times*, Unit 7145, APO AA 34004 or deposit them in the drop box at the Clayton Post Office.
- ◆ Information below is not included in the ad, but is required for publication.

Sponsor's Name _____ Rank/Grade _____
Organization _____ DutyPhone _____



Nmon Ford-Livene to perform at Ancon Museum of Contemporary Art

*This article is courtesy of
Neil Funkhouser Artists Management*

ANCON — One of today's most promising young artists, baritone Nmon Ford-Livene has performed throughout the United States and Europe in operas, concerts and theaters, most recently with the San Jose Symphony in Carl Orff's *Carmina Burana*.

Having begun his musical training in piano at age 3, he has since appeared with the Cabillo Music Festival under the direction of Marin Alsop, Opera Memphis (*High Priest, Samson et Dalila*), Opera San Jose. Upcoming engagements include *Iago* (*Otello*) and Escamillo (*Carmen*) and Amonasro (*Aida*) for Syracuse Opera; *Falke in Die Fledermaus* for Lyric Opera of Kansas City; recitals for the Central Oregon Symphony and the Lagerstrom Concert Series at CalTech; concerts with the New West Symphony; the title role in *Don Giovanni* for Opera San Jose; and Belcore (*L'elisir d'amore*) with San Francisco Opera.

A featured performer and program host on National Public Radio, Ford-Livene has soloed in concert at Tchaikovsky Hall (Moscow), the American Cathedral of Paris, the Festivales Internacional de Musica de Nàjera (Spain), Ambassador Auditorium, the Carmel Music Society and the Rockport Chamber Music Festival. Other solo appearances have been with the Los Angeles Chamber Orchestra, the MidAtlantic Symphony Orchestra, the Los Angeles Baroque Orchestra, and the San Jose Symphony. He has sung with conductors Stuart Robertson, Peter Mark, Franz Votaw and William Vendice.

Ford-Livene recently won an Encouragement Grant from the George London Foundation Awards

and was a finalist in the Loren L. Zachary Foundation Competition for Young Opera Singers, as well as a Regional Finalist in the Metropolitan Opera Auditions and a Semifinalist in the Tenth International Tchaikovsky Competition. He has received honors from the Young Musicians Foundation, the National Association of Teachers of Singing and the IRA Aldredge Acting Competition in Los Angeles.

Ford-Livene earned his master of music and bachelor of music degrees from the University of Southern California in vocal arts and opera, where he was named Outstanding Vocal Arts Graduate for both degrees.

Ford-Livene will be performing at 8 p.m. July 8 at the Ancon Museum of Contemporary Art (*Museo de Arte Contemporáneo*). Costs are \$10 and \$15 and will benefit St. Francis of Assisi Episcopal Church in Cerro Viento, Panama.

For more information and tickets, call 239-9709/231-3613 or 262-2051/2052.



courtesy

One of today's most promising young artists, baritone Nmon Ford-Livene will be performing at 8 p.m. July 8 at the Ancon Museum of Contemporary Art (*Museo de Arte Contemporáneo*). Costs are \$10 and \$15 and will benefit the St. Francis of Assisi Episcopal Church in Cerro Viento, Panama.

Community briefs

School records

Parents who have not picked up their school records at Curundu Elementary, Curundu Middle and Howard Elementary schools must write to the address below to obtain records. All records may be requested from the following address:

**Fort Benning Schools
DODEA Records Center
201 Custer Road,
Building 2670
Fort Benning, Ga. 31905.**

CCAF degree

The Education Office is scheduled to close July 31. To all those in line for senior master sergeant, if you are completing or near completing your CCAF degree, stop by the Education Office, as soon as possible to have your records updated to reflect your current CCAF standing. For more information, call Lisa Poland at 284-3263/4863/3264.

Youth Program

The Howard Youth Center is offering a Free Summer Program until July 30. Your child must be registered in order to participate in the program. For more information, call the Youth Center at 284-4700.

Teen Center relocates

The West Bank Teen Center has relocated to the Howard Youth Center, Building 696. For more information call 284-4700.

New hours

The Fort Clayton Child Development Center in Building 39 is now open at 6 a.m.

Family Support hours

The Family Support Center has new hours of operation. They are now open 8 to 11:30 a.m. and 12:30 to 4 p.m., Monday - Friday. For more information call the center at 284-5010.

Volunteer register

Volunteers and volunteer coordinators should ensure that all volunteer hours are registered with the Howard Family Support Center's Volunteer Program. Also, any volunteers who are PCSing in the near future should come by the FSC to pick up a letter stating their volunteer hours. For more information, call Lizca Fearon at 284-5650.

Pet supplies

Since the Corozal Veterinary Treatment Facility approaches closure on Aug. 31, the VTF is reminding pet owners to stock up on routinely used medications to last through their PCS move. Also, the VTF is requesting that if your pet is no longer in Panama or has been adopted by another family, call 285-5866/5867 to help update their records.

Mailing packages

The Fort Clayton Post Office has implemented an appointment system for individuals who need to mail five parcels or more. Due to an increase in moves, we suggest that people call the number listed below and arrange an appointment between 9 - 9:20 a.m. and the staff will assist those individuals before opening for regular customer service. In return, this will decrease the lines and waiting time for other customers. All forms and documentation need to be ready prior to the appointment date. For more information, call 288-5522/4802.

Pre-marriage

The last pre-marriage briefing was held on April 23. Service members desiring to marry should visit the AG Passport and Visa Branch at Building 519, Ground Floor, Fort Clayton, or call 288-4503/5207.

Free child care

Air Force staff sergeants and below can receive up to 20 free hours of childcare when they are within

90 days of PCS departure from Howard Air Force Base. The Child Development Center will provide services. Members should bring orders to the Family Support Center to receive a certificate.

Parent support

The New Parent Support Program is located at ACS Building 155 on Fort Clayton. Available are monthly classes and support group meetings. For more information, call Nelida Holnes at 288-4921/5307.

Clayton Library

The Clayton Library on the World Wide Web list hours, resources and services. The address is: <http://www.army.mil/usarso/libr/claytonml/>.

Foster Care

The Family Advocacy Program welcomes participants interested in becoming Certified Foster Care Parents. The program provides training that enables you to gain rewarding experiences. Applicants must reside on a military installation. For more information, call Nelida Holnes at 288-6643.

Relocation Center

The Relocation Assistance Center offers a variety of services. For those PCSing, there are computers with Internet access and a well-stocked lending closet to help you with all your basic household needs. For more information, stop by Building 200, Fort Clayton, or call 288-9234/9235.

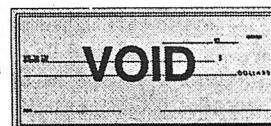
Vehicle registration

Personnel moving to Puerto Rico can register their vehicle at the LEA Vehicle Registration in Building 519, 2nd Floor, Room 246, 8 a.m. - noon and 1 - 4 p.m. Monday - Friday. You will need the vehicle title, proof of insurance and orders for Puerto Rico. Those who have already shipped their vehicle to Puerto Rico can also obtain their decals at this office. For more information, call 288-4916/4919.

AFFES news

AAFES new check cashing policy

The AAFES Main Stores has implemented a new check validation process that verifies authorized customers upon check presentation. This applies to all personnel cashing checks and/or making merchandise purchases in the Main Store.



The new AAFES Corporate Customer Database is a collection of authorized sponsor and family member data received from the military DEERS and personnel systems of AAFES, NEXCOM and MCX. All customers not appearing on the AAFES Corporate Customer Database must fill out a copy of the CCD Useform located at the Main Store Cashiers Cage.

All active duty, retirees and their family members should already be on the DEERS System and no action on their part is necessary. However, DOD civilians are not included in this database and they will be required to fill out the necessary useform if they wish to present a check for purchase or for cash. After the useform is turned into the Exchange, the system should be updated within 24 - 72 hours.

AAFES store hours

The Main Exchange will now be open from 10 a.m. - 7 p.m. Monday - Saturday and 10 a.m. - 6 p.m. Sundays. For more information, contact Mr. Tosh, store manager, at 285-4121.

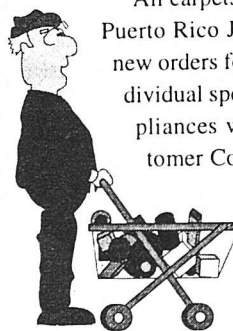
Howard Exchange facilities change hours

Effective July 9 the following facilities hours will change.

Howard Shoppette	Daily	6 a.m. - 11 p.m.
Burger King	Monday - Saturday	6:30 a.m. - 8 p.m.
Burger King	Sunday	8 a.m. - 8 p.m.
Antony's Pizza	Daily	11 a.m. - 8 p.m.
Baskin Robbins	Tuesday - Sunday	11 a.m. - 6 p.m.
Baskin Robbins	Monday	Closed

Merchandise relocation

All carpets and mattresses on-hand will be transferred to Puerto Rico June 28. Due to container load minimums, no new orders for sofas, chairs and loveseats can be placed. Individual special orders for a limited selection of major appliances will be accepted until July 31 using the Customer Convenience Request program. The normal lead time for receiving major appliances is 4 - 5 weeks. For those relocating to another military installation, all the same items are available either at the Exchange Furniture Store or by special order.





Children and stress

What is Stress?

Anything that causes a change in your body can be called stress. These changes usually come from different feelings we have, like:

- ◆ Happy
- ◆ Sad
- ◆ Scared
- ◆ Mad

Some signs of stress are:

- ◆ Nervousness
- ◆ Fast heartbeat
- ◆ Nail biting
- ◆ Headaches
- ◆ Stomach ache
- ◆ Sweating
- ◆ Worrying
- ◆ Bad dreams
- ◆ Fighting
- ◆ Crying



What is a sign of stress in your life?

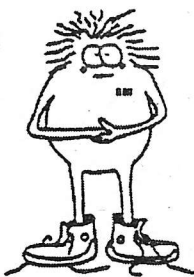
Stress can be pleasant or unpleasant.

Stressors: Things that cause stress are called stressors, like:

- ◆ Divorce or separation of parents
- ◆ Loss of a good friend
- ◆ Going to a new school
- ◆ Illness/Death
- ◆ Taking a test
- ◆ Moving to a new town

Can you name a stressor in your life?

Some tips on handling stress:



- ◆ Take a deep breath
- ◆ Talk with someone
- ◆ Tense and relax your body
- ◆ Think positive
- ◆ Don't dwell on your weaknesses
- ◆ Feel proud of your accomplishments
- ◆ Do exercises and get proper rest
- ◆ Massage your head/use pressure points

- ◆ Picture what you want to happen
- ◆ Do some fun things
- ◆ Prepare for tests early
- ◆ Count to ten or punch a pillow
- ◆ Eat fresh fruit and vegetables
- ◆ Do something for others
- ◆ Find time to cool out
- ◆ Forgive yourself and others

For more information, contact the Wholistic Stress Control Institute, Inc. at:

Wholistic Stress Control Institute, Inc. (WSCCI)
2545 Benjamin E. Mays Drive, S.W.
Atlanta, Georgia 30311-0481
or email atholistic@mindspring.com.

Maxed out? Stretched to the limit?

story by Maj. Wilma P. Webster,
USAF, MC

Physician, Health & Wellness Center

The \$100 bill was gone. I must have placed it too carelessly in my wallet; or else a very tricky thief took it.

All I know is that it was irrevocably gone. "Spilt milk," I could almost hear my grandmother saying from her grave. Leo, my boyfriend, however, was very upset. "How can you go about life normally if you've just lost all that money? Why are you so happy? What's wrong with you?" Leo needed something to help him let go, and it wasn't even his money! I suspect he either ended up eating too much or getting drunk.

When people resort to those things to chill out, it's called 'maladaptive' because even though the stress appears to ease at first, in the long run, more problems are created and the original one hasn't been solved yet.

The same goes for those who take their frustrations out on their wives, children and co-workers.

Remember the face of the mother in Georgia whose 15-year-old son had just shot a number of classmates?

She was so upset; she looked like she was about to fall apart.

Some people suffer so much from prolonged, unrelieved stress that they develop accidental injury, insomnia, migraines and serious illnesses such as alcoholism, depression, cancer and even heart disease.

Look at the past few presidents over the course of their terms. Some appeared to age dramatically and others didn't. In the words of one lady I talked to, problems just seem to roll off some people's backs. The difference is most likely due to one's ability to use relaxation techniques and other stress relievers.

Stress relievers are things that you enjoy doing, that relax you and help you forget your problems. Massaging your scalp in the shower every morning can do wonders. So can a foot massage after work in the evening. Work these into your routine for greater relaxation.

For many, the best relief is from strenuous aerobic exercise: running, walking, swimming or aerobics. Others prefer fishing, dancing, singing, listening to music, chatting with friends, playing video games, working on crossword puzzles, reading books, writing letters or taking trips. All these can help you relax and deal better with the problems you have to face.

One of the key solutions is to remind yourself to take regular, slow, deep breaths when you're feeling stressed.

Another technique is to lie down comfortably while you picture yourself in a peaceful forest near a babbling brook, or another

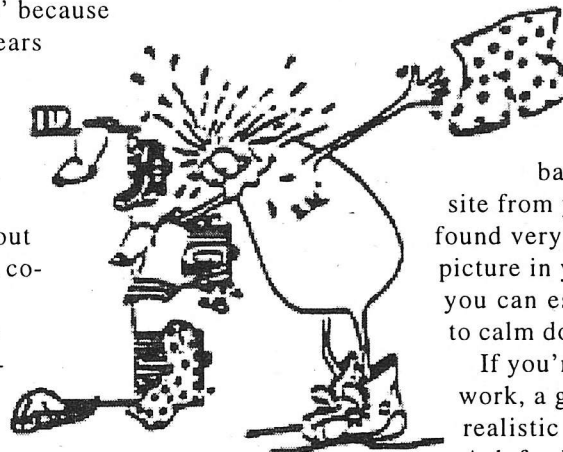
site from your memory that you found very relaxing. Keep that picture in your memory as a place you can escape to when you need to calm down.

If you're overwhelmed with work, a good idea is to be more realistic about what you can do.

Ask for help when you need it, or hire someone to help you get things out of the way. Become more organized. Unneeded junk gets in your way, slows you down and clutters up your life.

Living a simple life without useless complications can help you get rid of the overwhelmed feeling. Give or throw away things you no longer need, and enjoy the added benefit of helping others out. Above all, keep a good sense of humor, and be able to laugh at your own self. Try to read a joke or funny story often.

Plan ahead to control your stress and don't let it ruin your day.



Solutions for Stressors with children

- ◆ Talk with children about their feelings and concerns.
- ◆ Allow a child to have his/her feelings and listen to the child.
- ◆ Let the child know that you are afraid or nervous sometimes too.
- ◆ Don't overschedule the child.
- ◆ Be honest with the child about what is going on.
- ◆ Help prepare the child for changes.
- ◆ Provide the child with a bit of extra security before potentially stressful situations.
- ◆ Teach the child relaxation exercises to use when he feels tense.
- ◆ Set aside a special time for you and your child.
- ◆ Create a sense of belonging and companionship.

- ◆ Set clear and consistent limits for the child's behavior.
- ◆ Love, hug and be direct with the child.
- ◆ Help children use their imagination to think positively.
- ◆ Help children to use their anger positively.
- ◆ Praise children for their accomplishments and efforts. Help them develop a sense of self-worth.
- ◆ Make sure children eat a nutritious meal, get plenty of exercise, and have a good night's sleep.
- ◆ Examine your own coping skills.
- ◆ When a child displays symptoms of stress, evaluate his/her outlets for expression.
- ◆ When persistent disturbing behavior continues, consult a physician.

Puerto Rico Mailing Addresses

The official mailing addresses for U.S. Army South (USARSO) at Fort Buchanan has been established. It is as follows:

COMMANDER, U.S. ARMY SOUTH
ATTN: OFFICE SYMBOL (IDENTIFIER OR
NAME OF OFFICE)
PO BOX 34000
FORT BUCHANAN PR 00934-3400

For faster processing by postal machines, do not use any type of punctuation in the last two lines of the address. Please notice there is no unit number. The address may not be longer than four lines. Office symbols will remain the same in Puerto Rico as they are here in Panama.

For personal mail, general delivery service will be available for a period not to exceed 90 days for

those military and civilian personnel who will be on Permanent Change of Station to Fort Buchanan, Puerto Rico. The General Delivery address is as follows:

NAME
GENERAL DELIVERY
FORT BUCHANAN
FORT BUCHANAN PR 00934

To receive the general delivery service, fax a copy of your PCS orders to the Puerto Rico Directorate of Information Management (DOIM) Office at DSN 740-3349; Tel: 273-3349; or mail to DOIM, SOFB-IM, PO BOX 34000, Fort Buchanan PR 00934-3400.

For more information, call the USARSO Official Mail Manager at 288-3406.

Howard Taxi

228-6204 or 284-4787

Clayton Taxi

232-4046

Corozal Taxi

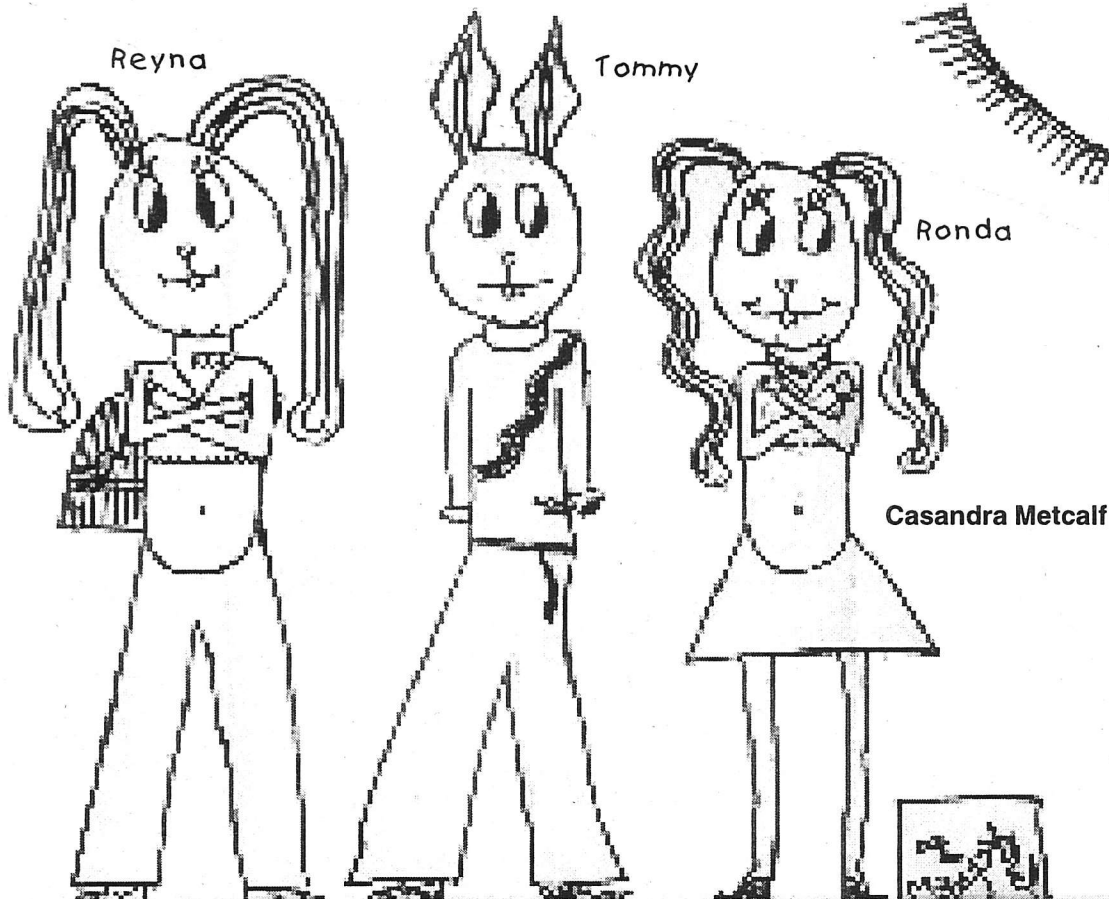
232-6023

232-6024



Kids' Art

sent in from Youth Scene readers
Send your drawings, poems and stories to: Tropic Times, Unit 7145, APO AA 34004



AAFES Weekly Challenge



Find at least six differences in details between panels.

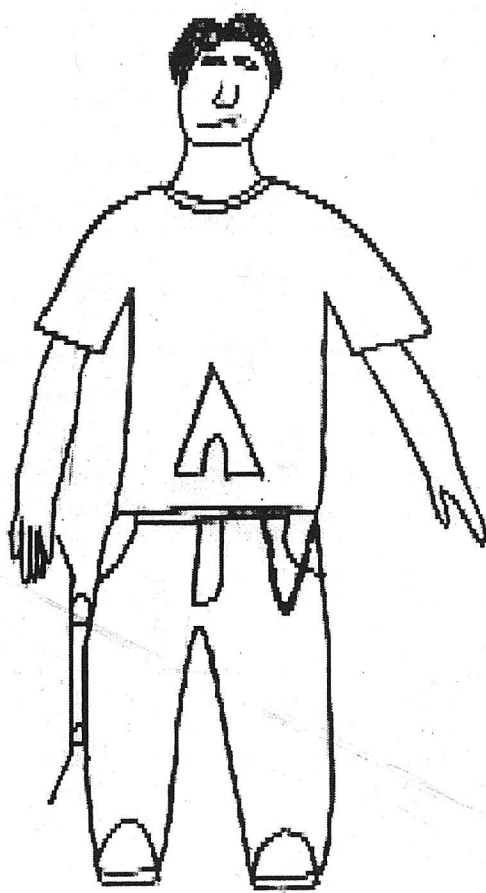


Send your answers through MPS to Tropic Times Unit 7145 APO AA 34004 or drop it in our box at the Fort Clayton Post Office. Be sure to write your full name and age (14-years-old and under, please) somewhere on the entry.

We'll need your entry by the Wednesday after the paper comes out, and the winner's name will be in the following week's paper. The correct response, or the response drawn from more than one correct response, will win a pair of free movie passes from the Army and Air Force Exchange Service.

The winner will need to call Donna Kelso at 285-5776 then visit Building 654 Corozal to receive the movie passes.

Last Week's Winner: Catherine Hotsko, 12



Xavier Dominguez, 12



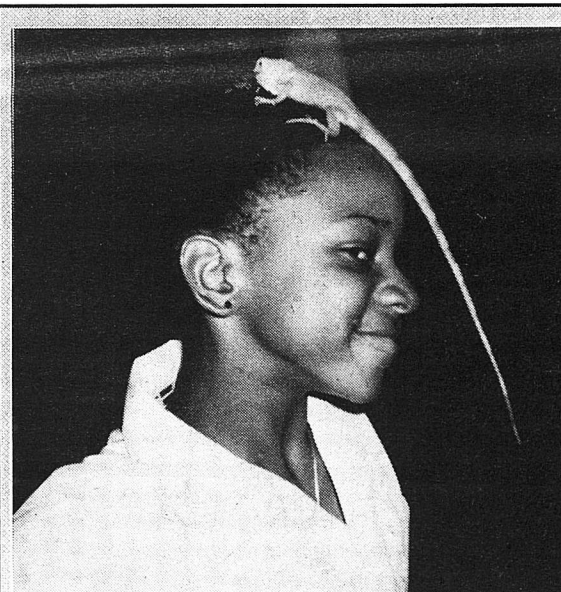
Luis G. Capriles, 7



Emmanuel Piñeiro, 9



Asheley Buck, 8



Pet of the week

This is Kendra Butcher, a 5th grade student at Howard Elementary School. Kendra posed and danced with the class's pet iguana.

Kids: If you'd like to see a picture of yourself and your pet in the Tropic Times, send it through MPS to Tropic Times, Unit 7145, APO AA 34004 or drop it in our box at the Fort Clayton Post Office. Be sure to include your name, as well as your pet's name. (You can also send us a little information about your pet.) Write your name and address on the back of the photo so we can send it back to you.

We want your stuff

Just because school's out doesn't mean you should stop sending photos, writings and drawings, right? Let us print your stories, poems, drawings or funny photos on the Youth Scene Page.

Send them through MPS to: Tropic Times, Unit 7145, APO AA 34004 or drop them in our box at the Fort Clayton Post Office by 9 a.m. Monday.

Make sure you put a return address on your photos and artwork so we can return them. If you have any questions, call Griselda Sterling at 285-4666/6612.

