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'My Place' off limits

FORT CLAYTON (USARSO PAO) - The club "My Place" in Panama City has been added to the list of establishments off limits to military members and their families, officials said.

Off limits areas and establishments are identified to help maintain discipline and an appropriate level of health, morale and safety for U.S. military stationed or visiting here, officials said. These restrictions help prevent military members from being exposed to crime or becoming victims of criminal activity.

All U.S. military are prohibited from entering these areas or establishments by regulation and are subject to disciplinary action for violation of the off limits policy, officials said.

For more information about off limits areas or establishments, call 287-3402.

Shooting clarified

FORT CLAYTON (USARSO PAO) - In the July 29 issue of *Tropic Times*, it was reported that a U.S. soldier from the 193rd Infantry Brigade (Light) had been shot in the leg by a Panamanian window washer on Tumba Muerto. The soldier was treated and released from Gorgas Army Community Hospital.

Further investigation has revealed that the Panamanian, contrary to initial information, was not the person who caused the injury.

The incident is still under investigation.

Helping out in emergencies

Red Cross director visits Panama

FORT CLAYTON (USARSO PAO) - Kay Walton, the director of Service Armed Forces Operations of the American Red Cross visited the Red Cross offices on U.S. military installations this week.

During an interview with the local media, she explained the reason for her visit.

"My purpose is to visit the Red Cross paid staff and volunteers here...to get a better feel for the kind of programs and services we are offering to the members of the military and their families in Panama and to meet with the senior commands to find out about the drawdown plans, so we can ensure that Red Cross services are here throughout the time the military remains in Panama."

Walton also talked about the Red Cross mission in Panama and how the drawdown will affect it.

"It's very important that we remain constant in our services," she said.

Walton said the primary services of the Red Cross are the delivery of emergency communications to members of the military and their families involving death or serious illness of a family member, verification of an emergency in order to assist the military command in emergency leave decisions related to the servicemembers, and financial



Walton

assistance to allow them return home if they have to, on emergency leave.

Walton said the mission of the Red Cross affects the quality of life for people stationed in Panama.

"I think quality of life is certainly an issue that is important to any major command and I know that it is here. I believe that the services be provided helping ensure that service members' morale is high and that they feel confident they can have effective communications with members of their family when they're in an area

separated like this physically and when there is not as adequate, sometimes, communications as we get back home... plus, the morale is better for service members and families who feel more comfortable — that assists them to hopefully focus on the mission."

After reviewing the Red Cross services in Panama, and the reactions from servicemembers and their commanders, Walton is pleased with the performance of the offices here.

"Everything that I am hearing is that the Red Cross services are highly valued and they're being provided very well and there's a very strong desire that we remain here as long as we have military and their families stationed here. It's been very positive."

Army forms new council for labor-management issues

by Staff Sgt. Jane Usero
USARSO Public Affairs Office

COROZAL - The U.S. Army Panama Labor - Management Partnership Council, a new approach to problem solving and addressing issues between management and unions representing the civilian work force in U.S. Army South, is now up and running, officials said.

Through this new council, labor and management meet and discuss issues and make recommendations to decision makers so the mission can be met in the most efficient and effective manner possible, said Samuel McGuinness, Labor Relations officer.

"We want to promote the partnership concept, improve communication skills, team spirit and understanding between labor and management," he said. "The council will use an interest-based decision making process which involves all participants."

"Communication is the essential ingredient in the partnership," McGuinness said. "Communication must be comprehensive, all inclusive and free-flowing."

The council, which includes 10 management representatives and 10 labor representatives, meets once each month to discuss the needs, problems and issues concerning both. Through this forum, the groups work together to find solutions and common ground that benefits and represents both labor and management, McGuinness said.

"The council includes people from U.S. Army activities, the Panama Department of

Defense Employee's Coalition and the District Number Four, Marine Engineers' Beneficial Association," he said. "By working together on issues, we can provide information to the commander to help him make informed decisions that are agreeable to all concerned."

With all parties being involved from the very beginning, the solutions agreed upon through the council will ensure maintaining a high quality of life for the civilian work force while continuing to meet the mission, McGuinness said.

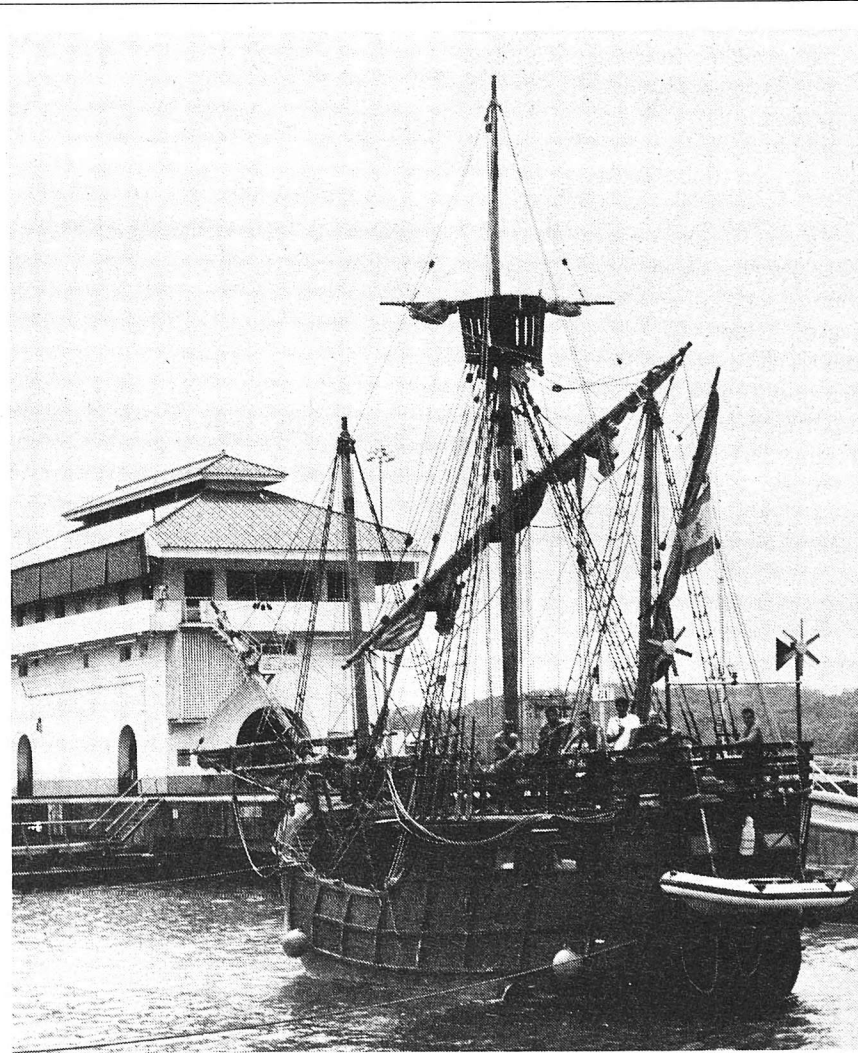
"This will be especially important as the work force gets smaller," he said. "We are all going to zero, that's a fact. But now, the unions can see from the ground up how the workforce reduction works."

Also, through the council, both management and labor representatives are getting the same information at the same time, McGuinness said. In this way, time and effort is saved and everyone concerned knows from the start what's going on.

In addition to the council, organizations within USARSO can set up Functional Partnership Teams with both union and management representatives that can make decisions and do what is needed to accomplish the mission, he said.

"Problems should be solved at the lowest level possible," McGuinness said. Through these teams, many issues and problems may be solved at the organizational level.

"The bottom line is that we are one committee with one goal," he said. "We will accomplish the mission as a team."



Tropic Times file photo

Happy anniversary

The *La Gallega* passes through the Pedro Miguel Locks. This vessel is one of more than 700,000 that have passed through the Panama Canal since its first official transit in 1914. The Panama Canal celebrates its 80th anniversary Monday. See story and photo on Page 11.

Training

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Air Force marksmen compete for coveted bronze badge during pistol match.

Feature

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The 1994 Soldiers Show wows audience with high energy song and dance routines.

and more

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Tropic Times late? Call 269-3220

People who live in quarters on a Pacific area military installation and have not received a *Tropic Times* by 8 a.m. Friday should call 269-3220.

Payment drop boxes for Miami Herald available

Drop boxes for *Miami Herald* subscription payments have been placed in the post offices on Quarry Heights, Albrook, Howard and Fort Clayton.

Adoption orientation briefing slated

Social Work Services at Gorgas Army Community Hospital will hold an adoption orientation briefing 1:30-3:30 p.m. Aug. 24 in the Gorgas headquarters conference room, first floor. For more information, call Patricia Thomas at 282-5139/5404.

Mentors for Youth 2000 needed at local schools

The Howard Family Support Center is launching Youth 2000, a mentoring program designed to assist and motivate 6th- to 12th-grade students in local Department of Defense Dependents Schools. The FSC is actively seeking officers, noncommissioned officers and civilians who would like to become positive, inspirational role models to students.

Mentors must commit a minimum of one hour per week to the Youth 2000 program. Mentors may help with assignments, explain their work processes or just talk and listen to the students. Locally, school begins Aug. 25 and Youth 2000 officials would like to have as many mentors as possible available to interact with eager young students. To volunteer, or for more information, call 284-5650.

Needy children ask for early Christmas blessing

The Panama Chief Master Sergeant's Group is sponsoring a clothing and toy drive on behalf of the Kuna Indian orphans. The Chiefs and some of the Kuna children will be in front of the Howard Post Office from 10 a.m. to 2 p.m. Aug. 20 accepting donations.

The chiefs will clean and repair all gifts (as needed) and give them as presents from Santa Claus during the Kuna Children's Christmas Party at the Howard Enlisted Club in December.

Jam '94 celebration seeks booth vendors

Booth rentals for vendors or for organizations are available at the Rodman NS Labor Day celebration Jam '94. Jam '94 will take place 9 a.m.-11 p.m. Sept. 3. Cost is \$50 for a 10' x 10' space. Call 283-4334 or 283-4314 for information. Sign-up at Building 65 from 8:30 a.m.-4 p.m.

AMC flight schedule

Puerto Rico has been removed from the Environmental Morale Leave Program. For more information, call 284-5758.

Saturday	
5:40am	C130 Howard AFB Savannah, GA (A)
1:55pm	C5A Howard AFB Charleston AFB, SC
Sunday	
7am	B727 Howard AFB Atlanta IAP, GA
	Charleston IAP, SC (C)
Monday	
5:40am	C130 Howard AFB Tegucigalpa, Honduras(CC)
	Soto Cano AB, Honduras (CC)

Howard AFB	
3:45pm	B727 Howard AFB (C,O)
	Soto Cano AB, Honduras (CC)
Tuesday	
5:40am	C141 Howard AFB Lima, Peru (CC)
	Santiago, Chile (O)
	La Paz, Bolivia
8:40am	B727 Howard AFB Atlanta IAP, GA (C)
	Charleston IAP, SC
Wednesday	
6:10am	C130 Howard AFB Bogota, Colombia
	Howard AFB
Thursday	
7:45am	C5A Howard AFB Soto Cano AB, Honduras (CC)

Charleston AFB, SC (O)	
Friday	
5:55 am	C130 Howard AFB San Salvador, El Salvador (V,CC)
	Soto Cano AB, Honduras (CC)
10:40am	C141 Howard AFB Charleston AFB, SC

A- Active duty only
US- U.S. passport
O-Overnight
C-Commercial Contract
V-Visa
M-Medevac
CC-Country Clearance

FSC offers transition seminar to members

The Howard Family Support Center is offering a transition seminar 9 a.m.-3 p.m. Aug. 31-Sept. 2 at the FSC.

The three-day training program helps separating military members and their families make the transition from the military to a civilian career. For more information or to register, call 284-5650. For more personalized, individual assistance, members may make an appointment by calling 284-3865/4347.

DoDDS urges immediate registration for children

All newly arriving personnel are encouraged to enroll their school age family members immediately. Take immunization records, letter of sponsorship or permanent change of station orders and identification cards to the school.

Kindergarten children who will be 5 years old by Oct. 31 will need a birth certificate or passport in addition to the above documents.

Panama Canal College opens fall registration

Registration for Panama Canal college is set for 9 a.m.-1 p.m. and 2:30-5 p.m. Aug. 22-24. Registration will be in the auditorium. For information, call 252-3304.

First aid, safety course offered to community

A community first aid and safety course will be held 6-10 p.m. Tuesday-Thursday. Learn adult, infant, child CPR, first aid and safety. For information, call Abbe Lester at 287-5509.

Materials ordered for Air Force colleges are in

Officials at the Howard Education Office advise military members enrolled in the Air Command and Staff College or the Air War College that previously-ordered course materials have arrived. Seminar students may stop by the education office and pick up their materials as soon as possible.

For more information, call 284-3263.

Bank will open Monday for military payday

The Merchants National Bank will be open Monday for military payday and closed Aug. 20.

Spot bid sale for used automobiles slated

A spot bid sale on used U.S. government cars, trucks and buses will be held 9 a.m. Wednesday at Building 308, Corozal. Inspection time will be 9 a.m.-3 p.m. Tuesday at the same location. For information, call 285-5417.

Fort Clayton shoppette announces new hours

The Fort Clayton shoppette, Building 95 has new hours of operation effective Aug. 21. The shoppette will be open, 9 a.m.-7 p.m. Monday-Friday, 10 a.m.-5 p.m. Saturday and closed Sunday. For information, call 287-5694.

PACE now opening 6 days for better service

The PACE Improvement Center, Building 340, Corozal will be open six days a week. The center is open Monday-Friday 9 a.m.-6 p.m. and Saturdays 9 a.m.-1 p.m. For information, call 285-6213.

IPMA seeks outstanding employees for awards

The federal section of the International Personnel Management Association is accepting nominations for its All-Star Team, Linda Trunzo awards.

Nominees must be federal employees in the personnel administration field or in other occupation, such as health care, if the person is assigned to a personnel function.

Nominees must be submitted to the Directorate of Civilian Personnel by Wednesday. For information, call 285-5611.

Pre-separation briefing smooths transition

A pre-separation briefing will be held 1 p.m. Aug. 26 at the Replacement Detachment classroom, Building 520, Fort Clayton. The briefing is designed to help all soldiers, within 120 days from separation, transition smoothly to civilian life. For information, call 287-4753/4155.

Mini-Immersion Spanish class begins Monday

The next Mini-Immersion Spanish class will be held 8:30 a.m.-4 p.m. Monday-Aug. 26. The classes are held Monday-Friday in Building 128, Fort Clayton. Soldiers can earn four promotions points

upon completion of the course. For information, call 287-5412/3960.

Last chance to register for FSU fall semester

Florida State University, Panama Canal Branch will hold late registration Monday and Tuesday at Albrook and Fort Davis. For information, call 285-6922.

Japanese destroyers open to visitors

The four ships of the Japanese Training Squadron, destroyers *JDS Nagatsuki*, *JDS Takatsuki*, *JDS Mochizuki* and *JDS Shirayuki*, will be open for visitors 1-4 p.m. Saturday and Sunday. They are berthed at Pier 2, Rodman NS.

Panamanian meal celebrates anniversary

Celebrate the anniversary of the Panama Canal with a traditional meal at the Trade Winds Dining Facility, Building 712, Howard AFB 11 a.m.-1 p.m. Thursday. All military and Department of Defense privilege card holders may attend.

Thrift Savings Plan announces funds returns

The Federal Retirement Thrift Investment Board has announced the latest returns for the three funds in the Thrift Savings Plan as follows:

Fund	June	Last 12 months
C (Stock)	-2.47%	+1.40%
F (Bond)	-.24%	+1.39%
G (Gov't Securities)	+.59%	+6.24%

The next open season will be Nov. 15, 1994-Jan. 31, 1995. Employees are reminded that they may make up to four TSP interfund transfers each year.

For information, to get interfund transfer request forms or to submit an open season election form, call the Benefits Branch at 285-5941/5745.

USARSO recognizes departing soldiers

The Deputy Commander, U.S. Army South Hasta Luego Reception will be held 2:45 p.m. Thursday at the Fort Clayton Noncommissioned Officers Club. The reception is in honor of soldiers leaving the command in August and September. Family members may attend. For information, call 287-5073.

PACE Center offers training opportunity

The self-help training class *Electrical* will be held 9-11 a.m. Tuesday at the PACE Improvement Center, Directorate of Engineering and Housing complex, Building 340, Corozal.

For reservations or more information, call 285-6213.

Weekend weather

Factoid: In a belt along the equator (between 35 N and 35 S), there are 3,200 thunderstorms each night, some of which can be heard 18 miles away.

Weather questions can be sent to 24th Weather Squadron ATTN: Weather Wise, Howard AFB, Panama.

Pacific		Atlantic	
Saturday		Saturday	
Temperature	Tides	Temperature	Tides
High: 90	7:50 a.m. at 16.4 feet	High: 88	6:02 p.m. at 1.2 feet
Low: 72	1:38 p.m. at .7 feet	Low: 70	10:49 a.m. at 0.1 feet
Sunday		Sunday	
High: 89	8:42 a.m. at 15.6 feet	High: 87	6:48 p.m. at 1.3 feet
Low: 72	2:32 a.m. at 1.6 feet	Low: 70	11:31 p.m. at 0.1 feet

Forecast: Mostly cloudy skies, with afternoon thunderstorms and showers.



A competitor takes aim during the elementary level excellence in competition pistol match held July 29.

U.S. Air Force photos by Staff Sgt. Rian Clawson

12 shooters earn bronze at pistol competition

by Staff Sgt. Rian Clawson
24th Wing Public Affairs

HOWARD AFB - More than 140 Air Force men and women signed up to compete in the 24th Security Police Squadron's Elementary Level Excellence in Competition Pistol Match held July 29 and 30 at the firing range here. Of these, 127 members actually competed for the chance to win and wear the bronze badge that was given as a prize, and 12 of those shot well enough to earn the prestigious bit of metal.

"Actually, we could have given away one more medal if somebody else had qualified," said Tech. Sgt. Don Bridge, the chief of combat arms training and maintenance. Bridge has more than 11 years of experience with the Excellence in Competition program, both as a competitor and as an official, and he said this turnout was "excellent."

To qualify for the medal, shooters had to shoot 30 rounds from a 9mm handgun at a standard, scoreable target set up 25 yards away. They needed a minimum score of 270, and had to be in the top 10 percent of all shooters.

"Every person who showed up to shoot at the competition got the chance to do so, even those on standby," Bridge said. "A few people showed up in civilian clothes, and we had to turn them away, but they were all given the opportunity to return later in proper military uniform." Under most circumstances, the CATM chief explained, Air Force regulations require all military members shooting at official Air Force ranges to be in uniform.

"We had some very good shooters competing out there," said CATM member, Staff Sgt. Carmelo Vizcarrondo. Since shooting is a regular part of security

police training, "Vic" said he was not really surprised when seven of the 12 medal winners were from the 24th SPS. "The captain from the 310th really surprised me though — he got the third highest score, and he's a pilot."

Actually, Vic said, he was impressed at the overall performance of all the competitors, since he really hadn't expected more than six or seven medals to be awarded.

There were only 10 women competing in the pistol match and, although none actually won a medal, several came close. Sgt. Jacqueline White, of the 24th SPS, scored a 251, the top score for women. The average score for all competitors was 195.4 — ranging from a low of 27 to a high of 280.

"Every person who showed up to shoot at the competition got the chance to do so, even those on standby. A few people showed up in civilian clothes, and we had to turn them away, but they were all given the opportunity to return later in proper military uniform."

Tech. Sgt. Don Bridge

chief of combat arms training and maintenance

"The competition was tough, but it was a lot of fun too," White said. "It was really close, and going into the last round I still had a good chance to get the medal." She needed to score a 92 with her last 10 bullets to score a 270 total, but said she "got very tense," and just couldn't pull it off.

"It was a learning experience," she added. "The key is concentration, but you also have to relax. If I can figure out how to do both of

those things at the same time, I'll make it next year."

"I believe we had a very good showing this time around, and we do plan to make this competition an annual event," Bridge said. "When I got to Panama I found the Excellence in Competition program had never been here and I decided I'd like to try and get it started. With this kind of response, I'm glad I did."

The competitor's general enthusiasm seems to indicate — they're glad too.

The top shooters at the competition and their respective scores are shown below:

1. Senior Airman Allan-Rey Blancaflor, 24th Security Police Squadron, 280



Tech Sgt. Steve Burke, 24th Communications Squadron, sets up his target. Burke missed the bronze badge by one point and still had one round in his weapon.

2. Senior Airman Ashley B. McDowell, 24th SPS, 279
3. Capt. Andrew B. Fontaine, 310 Airlift Squadron, 277
4. Staff Sgt. Scott E. Noble, 24th SPS, 276
5. Master Sgt. William L. Clouston, 24th Civil Engineering Squadron, 276
6. Staff Sgt. Gary L. Miles, Jr., 24th SPS, 276
7. Staff Sgt. Artie F. Pearson, 24th SPS, 274
8. Senior Master Sgt. Richard W. Hackney, 24th SPS, 270
9. Capt. Kevin D. Brown, 310 AS, 270
10. Tech. Sgt. Robert M. Farnsworth, 24th Communications Squadron, 270
11. Master Sgt. James M. Denny, Det. 2, 270
12. Senior Airman Stephen L. Martin, 24th Security Police, 270

1994 Soldiers Show

Talented troops dazzle audience

by Staff Sgt. Jane Usero
USARSO Public Affairs Office

FORT CLAYTON - The 1994 Soldiers Show opened with a high energy routine of song and dance that told a little about each of the entertainers — and the energy never stopped for the next hour and a half.

Though the tempo slowed a few times for ballads, the mood didn't last long as the performers jumped into the next routine.

There was music for all tastes. Rock, country, pop, gospel, oldies and even older oldies kept the audience rocking to the beat.

From the sizzling modern dance routine to the toe-tapping, foot-stomping country music segment, the show had the audience jamming. If there had been room in the theater, most in the audience would have been out of their seats two-stepping with the performers.

The program also had a light-hearted side sprinkled in with a fun-filled Reggae routine where performers hit the stage with dreadlocks to their waists.

The fun continued later in the show with a comedy routine about Army dining facilities to the tune of "Be Our Guest." With pots and pans, wooden spoons and wire whisks, the performers brought laughter from the audience during this light-hearted look at dining facilities and a new recruit.

The talent of the performers was endless from start to finish, but it truly shined through when the women sang in harmony without instrumental accompaniment. Not to be outdone, the men belted out their own harmony to the finger-snapping delight of the audience.

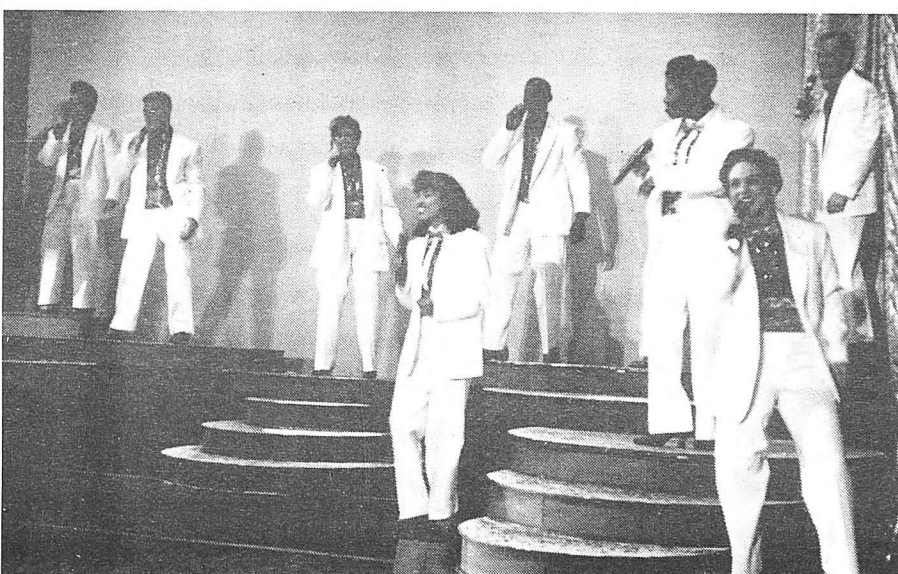
Though the audience was involved from the beginning, the Motown medley nearly brought them to their feet. With songs from the 1960s, such as "My Girl," "Heat Wave," and "Ain't No Mountain High Enough," it seemed the entire audience was clapping and moving to the tunes.

Going even further into the past, the performers paid tribute to World War II



Spc. Kathryn Kent, Cpl. Yolandria Dixon and Sgt. 1st Class Linda Sanborn perform 1940's music.

U.S. Army photos by Staff Sgt. Jane Usero



Soldiers Show performers start the show with a high-energy opening number.

entertainment by singing and dancing to the tunes popular during the 1940s.

In dress blues and sharing the stage with Old Glory and fireworks, the troupe ended the show by bringing out the patriotic side in all of us when they sang "America the Beautiful."

Though the talent of these performers was nothing short of perfection, the pure enjoyment would not have been the same without the technicians behind the scenes.

Behind each song or dance, the light-

ing, special effects, costumes and choreography was also exceptional.

From the laser light displays throughout the program, to the set design, to the stage smoke, to the many varied costumes, the talent behind the scenes equalled that on stage.

As performers and technicians, those involved with the 1994 Soldiers Show could hold their own on any professional stage. And from the standing ovation they received at the end of the show, it seems



Capt. Carla Cain and Sgt. Michael Garcia sing a duet during the country medley of the 1994 Soldiers Show.

the audience fully agreed.

Maj. Gen. George Crocker, U.S. Army South commander, said it perfectly when he thanked the soldiers for their performance at the end of the program.

"You reached out and touched our hearts," he said. "This is the secret weapon of our country — the energy, talent and enthusiasm of our young people."

Atlantic soldiers' garrison mission important for combat

FORT DAVIS (USARSO PAO Atlantic) - Although they are not the first on the front lines in combat, the soldiers of Company D, U.S. Army Garrison have a mission that may be just as important to the success of any combat situation.

Company D has two basic missions: garrison support and noncombatant evacuation operations, but the missions are not as simple as they sound, said 1st Lt. Charles H. May, Company D commander.

Its evacuation mission involves evacuating noncombatants, such as family members and civilian employees, from the Atlantic community if the area becomes unsafe, May said.

"We would process all noncombatants and transfer them from this arena to a safe arena — out of the country if necessary," he said.

While that mission is a reactionary one, garrison support is an every day mission that keeps post operations running smoothly, May said.

In the Atlantic community, Company D soldiers run or

have a hand in running: the Directorate of Engineering and Housing, Finance and Accounting Office, Adjutant General's Office, Staff Judge Advocate's Office, Transportation Motor Pool, Commissary, Atlantic chapels, Range Control and Central Issue Facility.

In one way or another, these facilities reach every member of the community, May said.

"We're here to ensure that the needs of the soldiers and their families are met," he said. "The family members are equally as important as the soldiers."

Additionally, garrison support can have a direct affect on soldier readiness, May said.

"We make sure that when a soldier is out doing a tactical mission, he doesn't have to worry about pay problems or his family," he said.

"The soldiers of Company D accomplish this mission," May said.

"The officers and (noncommissioned officers) who run these sections all run very good operations," he said. "The personnel under them do an outstanding job as well."

They all work well together and accomplish their goals."

The Company D soldiers also support community events like the recent Directorate of Community Activities Fair and the Independence Day activities, he said.

The unit's family support group, named best of the year in the Atlantic community, lends a hand with the community events as well, May added.

"No one person makes everything work," he said. "The family support group has supported the unit and the soldiers and has received support from them in return."

Whether conducting its garrison support operations or assisting with community activities, the soldiers' efforts don't go unnoticed, May said. "We don't have a behind-the-scenes mission," he said. "Imagine closing the Finance and Accounting Office or DEH for just one week. The affect on the community would be tremendous."

"I think the community knows what we do, and I think they're glad we're here doing it."



U.S. Navy photo by Petty Officer 3rd Class Sean Hughes

New commander

Naval Security Group Activity, Galeta Island's new commander, Cmdr. Sharon A. Peyronel speaks to her sailors during the July 22 change of command ceremony. Cmdr. Melvyn K. McDonald passed command on to Peyronel here July 22.

Haiti invasion

U.S. troops prepare for possible military move

WASHINGTON (AP) - The Marines say they're ready to go in. The Navy's ships are poised off shore. The Army's special commandoes have drilled thousands of troops in assault maneuvers.

All summer long, the U.S. military has been rehearsing in anticipation of an order to invade Haiti.

Haiti Army commander Raoul Cedras says an invasion is inevitable and his country must be prepared. Asked over the weekend about Cedras' comments, White House chief of staff Leon Panetta said, "I'd recommend he not test us."

But the American military has been doing plenty of testing of its own capabilities.

Pentagon spokesman Dennis Boxx said of the U.S. maneuvers in anticipation of a possible order from President Clinton:

"We obviously have contingency plans in place should he order the use of force and therefore, we exercise and train in a variety of ways and locations, to be ready should we be called upon."

The intense and highly visible preparations go on despite defense intelligence reports that describe the Haitian military as hardly capable of organized resistance.

The Haitian army has only a handful of lightly armed vehicles, no warplanes to speak of, and World War II-vintage rifles.

Some military planners say the country could be invaded, the government over-

thrown and the capital of Port-au-Prince secured in a matter of hours. There are fears, however, that Haitian military elements would wage guerilla warfare, striking at U.S. troops and then disappearing into the countryside, and that the U.S. occupation of Haiti could drag on into months and even years.

In mid-May, some 44,000 troops took part in an annual exercise along the East Coast dubbed "Agile Provider," in which Marines Corps and Army forces stormed the shores of North Carolina and Puerto Rico.

Pentagon officials said maneuvers using fighter jets and amphibious landing craft had been planned for more than a year using a Middle Eastern scenario. But the possible Haiti connection was also clear.

Then came the news that the amphibious assault ship *USS Wasp* would conduct "refresher training" in the Caribbean for a few weeks with 650 Marines on board.

And, a few weeks later, headlines pointed to a drill by a battalion of Army Rangers that seized an airfield in Florida in a mock version of an attack on the Port-au-Prince airport.

In all, thousands of troops participated directly or as support units in rehearsals in late May that took place in several states in the Southeast — part of the military's preparations for a potential strike against Haiti's military government.

CHAMPUS continuation will replace U.S. VIP

WASHINGTON (AFIS) - The Continued Health Care Benefit Program will become separating servicemembers' optional temporary health insurance plan starting Oct. 1.

The plan replaces Mutual of Omaha's U.S. VIP and provides medical care through standard CHAMPUS, using CHAMPUS provider networks. Enrollees will pay the entire premium, which will be equal to a comparable plan for former federal employees under the Federal Employees Health Benefit Program. Officials expect the premium to be \$450 for self-only coverage and \$900 for a family. There are no adjustments for age or size of family.

The Continued Health Care Benefit Program will be open to an expanded population. Eligible to enroll are members of the armed forces discharged or released from active duty and their family members, unremarried former spouses and unmarried children under age 21 if not in school or 23 if in school.

Former members can buy coverage for up to 18 months. Unremarried former spouses will be able to buy coverage for 36 months. The program is open to all unremarried former spouses regardless of the length of the marriage to a servicemember. Emancipated children can be covered up to 36 months as well. The program covers pre-existing conditions for all enrollees.

No U.S. VIP policy will be sold after Sept. 30, 1994. Policies sold before then will remain in effect their full length. Beneficiaries enrolled in U.S. VIP have the option of converting their policies; people eligible will have 60 days from the loss of their entitlement to military health care to elect coverage in the new program.

Coverage under the program is in 90-day increments. Initially, interested beneficiaries will submit an application and a check for the first 90-day premium to a third-party administrator. The administrator will verify eligibility, update the Defense Enrollment and Eligibility Reporting System and notify applicants in writing of their acceptance. Beneficiaries will seek care and have bills processed in the same way as do standard CHAMPUS beneficiaries. They should bring their acceptance letters when they seek care as proof of enrollment.

Members of the uniformed services who leave the service before the new program begins have a 60-day enrollment period. They must lose transitional health benefits after Aug. 2, to enroll during this 60-day window. DoD is selecting a contractor to collect premiums, verify eligibility and perform other administrative tasks. The process is scheduled to be complete by late August.

Clinton administration discusses next 5 years of military pay raises

WASHINGTON (AP) - The Clinton administration is embroiled in a debate over whether the government should invest nearly \$30 billion in military pay raises over the next five years.

On one side is Defense Secretary William Perry, who not only wants the raise for purposes of morale and military readiness but insists that the extra cost should not come out of other portions of the Pentagon budget.

Arrayed against Perry are White House staffers and budget officials who view the proposal as a raid on President Clinton's cherished domestic priorities.

Accepting Perry's proposal threatens Clinton's agenda of deficit reduction but offers the president an opportunity to shore up his reputation with the military. Rejecting the pay raise eases a major budget headache for Clinton but could lead to a widening pay gap between the military and the private sector. An already difficult recruiting situation, aggravated by reports of soldiers on food stamps, could worsen.

"It is the single biggest-dollar issue we're going to face," said an administration official familiar with the debate.

Under Perry's plan, military and civilian Defense Department employees would get a raise pegged to the increase in the cost of living in each of the next five years. The proposal comes after two years in which Clinton proposed no raise or a raise below the cost-of-living increase, only to see Congress approve the full pay increases for the military.

"This is the dilemma," said the official, who spoke on condition of anonymity. "Since Congress is putting the raise in anyway, instead of getting a black eye from the military he ought to just put the pay raise in."

But unless Clinton slashes other Pentagon programs or finds a pot of money in some domestic program, the military pay raise could make it difficult for him to submit a budget below previously established spending caps.

Among White House national security advisers and budget planners, the debate is intensifying as planning proceeds on the administration's fiscal 1996 budget proposal to be submitted next January. One budget planner said Clinton could decide the question for fis-

cal 1996 as early as this week. But as yet, according to one White House official, "the current budget policy on the pay raise has not changed."

Perry argues his case on military grounds. Pay, he says, relates directly to the military's readiness for battle in terms of the quality of recruits, the duration of enlistments and morale. The Pentagon was embarrassed by recent reports of troops relying on food stamps to feed their families and estimates that as many as 16,000 enlistees may be using the stamps to supplement their food budgets.

"My best judgment today is that the morale and spirit and readiness of our fighting forces are very good," Perry said. "I am now immersed in preparation of our 1996 budget and that is front and center" in those deliberations.

Perry said in an interview that he has not yet raised the issue with Clinton. But he noted that when Congress made it clear it wanted full cost-of-living raises for the military last year, Clinton allowed him to add \$11.4 billion to the defense budget over the next five years to pay for those higher levels.

Cabinet officers of other agencies grouched that Clinton was giving the Pentagon special treatment while they had to cut their budgets.

White House Chief of Staff Leon Panetta, Clinton's former budget director, has been skeptical of past Pentagon pay increase proposals and is among those questioning Perry's long-term plan, according to administration officials.

A typical Army sergeant at the E-5 pay scale makes \$16,800 per year. The 2.6 percent cost-of-living raise for fiscal 1995 expected to win final congressional approval would add \$436 to the sergeant's salary. For a typical colonel with 24 years of service, the current \$66,432 salary would go up by \$1,727.

These modest sums grow huge, however, when applied to some 1.5 million uniformed military and compounded annually over five years, as Perry's proposal would do. And the raise would also cover the roughly 900,000 civilians on the Department of Defense payroll. The civilians also get extra "locality pay," which supplements income in expensive areas such as New York and Washington.

Resident finds 'Self Help' shelves bare

Dear Editor:

I am writing this letter because I can't stand it anymore. I have just finished reading a recent issue of the *Tropic Times*, and it contains another in a series of articles about the crunch in family housing funds, and the increased emphasis on "do it yourself" maintenance. I truly believe that there is an extreme shortage of funds to perform repairs/improvements to family housing, and as a homeowner in the states, I fully understand the savings of doing home repairs/maintenance. The part I have a hard time with is how poor the self help program really is here. I have never lived in government quarters before, and I don't know what other installations do or don't have, but the self help program here needs help.

I have been to the PACE Self Help store on numerous occasions, and I have always found the staff to be helpful and courteous. The problem is, that the shelves are quite bare. Let me cite several examples.

A pipe under the sink was rusted through and broke. I removed the pipe and took it to self help. The response I received was, "The plumbing shop has to do those repairs." Result: an emergency work order on a Saturday afternoon that I know wasn't cheap.

The kitchen faucet would not operate correctly; I knew it would not last much longer. I again went to the self help store, but no faucets were available. Result: the faucet broke on a Sunday morning, and another emergency work order was called in. Again, I know it was not cheap.

My yard is infested with ants. Not just a little bit; there are 10 to 15 mounds, all of which are 10 to 12 inches tall. My wife called housing, and they recommended Self Help. I went to the self help store, and guess what? No ant killer. We went back to housing, and they sent someone out to spray the ants.

I could name several things that I could do myself if I had access to the needed supplies. I think the program is a great idea. I am sure that there are a lot of us who can fix many of the of the little things in our quarters if we just had access to the supplies we need. One last thing, the classes given at the PACE center are probably very good

Letter

for people who want to learn about home repair, but you can't fix much without the tools and parts to do the job.

I believe it is important to take advantage of the talents of the people living in government quarters who can make their own repairs. This saves money that can be used elsewhere in the family housing budget. In order to capitalize on this, a viable means of providing the necessary items has to exist.

Family Housing Resident

Dear Family Housing Resident:

Thank you for taking the time to write about your concerns regarding the PACE Improvement Center. The Directorate of Engineering and Housing sincerely appreciates and admires your firm commitment to self help measures.

Because this is your first experience in living in government quarters, you might find it interesting to know that most stateside and European Command installations offer "over-the counter" service, have a very limited inventory, and require mandatory self-help training before residents can be registered to use their self help facilities.

The PACE Improvement Center in Panama is one of the largest, most well-stocked stores in the world with hundreds of self help items. Residents are free to wander around the store and choose the merchandise directly from the shelves. Additionally, although we strongly recommend self help training, the classes we offer are strictly the customer's prerogative.

Several CONUS Installations have requested assistance in reshaping their self help programs and facilities to meet our world class standards of quality.

Your concern about the PACE Improvement Center not having all the supplies needed to perform home repairs by residents is a valid one. Despite the severe Family Housing Budget crunch, it has never been the intent of the DEH to place the burden of major household repairs

on the residents.

Under the self help program, we furnish items required to maintain and repair the permanent fixtures in your home. If a permanent fixture is damaged, DEH professional tradesmen will continue going to your home to perform the repair.

It is extremely difficult for the PACE Improvement Center to carry all the items needed because of the many different styles of quarters which were built during different timeframes, some dating back to the early 1900s. Many of the fixtures in the older homes are either obsolete or no longer manufactured. In the case of faucets, it is more cost effective to send a professional to perform the repair versus having all types of faucets available at the store in sufficient quantities.

In addition, sometimes the supply system experiences delays at shipment or at production. To overcome this situation, we purchase the supplies on the local economy. Unfortunately, the local sources are sometimes not as reliable as U.S. hardware stores or do not carry sufficient quantities of the items we need. At the time (when the letter was written), our local source for the ant killer had exhausted his supply, and we were unable to stock in sufficient quantities. However, we have plenty available now.

The store does offer a "Tool-for-Loan" program that includes tools not normally found in the regular handyman's tool box and we are constantly reordering. Unfortunately, many customers borrow the tools and do not return them on a timely basis. However, we have taken measures to increase the number and variety of tools.

We apologize for any inconveniences we may have inadvertently caused, and urge everybody to send their ideas and suggestions so we can continue to improve our service. If there is a part or a tool considered a self help requirement that you need, we will be glad to get it for you. I'm available at the store, Monday thru Saturday, and my phone numbers are 285-6213 and 285-4636.

Ganesan Deva

Manager, PACE Improvement Center

Woman's anger over hairstyle spurs arrest

Bad hair day

A disgruntled customer was charged after an incident at the Fort Clayton beauty salon last week.

The woman was apparently dissatisfied with a hair styling that she received, and voiced her objection in a profane manner. While leaving, she told the manager she wanted to assault the employee. The military police were summoned, and the woman was arrested and charged with provoking speeches and gestures, communicating a threat and disorderly conduct.

If unsatisfied with on-post services, report it to store management. If results are still not seen, call Robert Peart, Army and Air Force Exchange Service business manager, at 286-3102/3906.

ID card scam discovered

A person was arrested by the Contraband Control section for trying to give duty-free merchandise to a non-privileged card holder. During the investigation, it was found that the person's ID card had

been altered and was not entitled to have it at all. The original card owner never reported his ID card lost or stolen. If the alteration had not been found in a timely manner, the original owner could have been charged.

If an ID card is missing, report it to the MPs at 287-4401 or 289-5133.

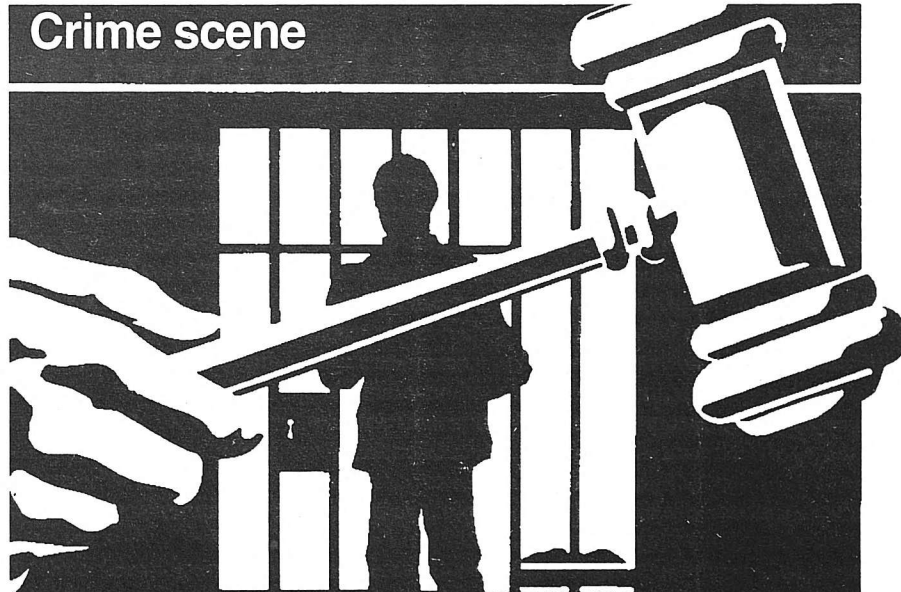
High wire act

Unknown persons removed approximately 40 rolls of concertina wire off the fence at Arajjan Tank Farm. Naval Security Forces searched the surrounding jungle and recovered all the missing rolls.

Pain in the neck

A person was stabbed during an argument behind quarters on Rodman NS. The victim was rushed to Gorgas Army Community Hospital and treated for a stab wound to the neck. He was reported as being in stable condition. The suspect was charged with aggravated assault and placed under military apprehension.

Crime scene



Caught red-handed

During an attempt to retrieve a candy bar, the display glass on an Army and Air Force Exchange Service vending machine was broken. The person was treated at Gorgas Hospital, charged with wrongful destruction of government property, and released to his command.

Housing area crimes Pacific

Fort Clayton 300 area - one larceny of se-

cured private property

Curundu - two larcenies of secured private property

Rodman NS- three cases of wrongful destruction of personal property

Fort Amador- one larceny of personal property

Atlantic

Fort Sherman - two larcenies of secured private property

Fort Espinar - four larcenies of secured private property

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Getting up there

Being in the 30-something crowd can be traumatic

by Staff Sgt. Jane Usero
USARSO Public Affairs Office

I recently celebrated my 30-shmphm birthday and came to the realization that I am no longer "as young as I feel." To tell you the truth, I don't "feel" all that young anyway.

Every single one of us has or will reach this point in our lives when this realization hits. Some take it with a grain of salt — others take it like the sinking of the Titanic. One thing is for sure, however. If it hasn't hit yet — it will.

It's that point when men may notice their hair beginning to migrate. What used to be on the top of your head has moved to your back and shoulders. To top it off — so to speak — the trip has taken its toll and the migrated hair has turned gray by the time it gets there.

It's that point when, in general conversation, some-

one says, "She has more wrinkles than you, Sergeant Usero." You run to the mirror and, to your horror, those nasty little lines have crept up on you. They weren't there yesterday!

It's then when you are talking to friends about something from your teenage years and most of them look at you as if they're on their way through a museum.

It's that point when people you consider adults can't remember John, Paul, George and Ringo's group or why it's so important to find out if Elvis is really dead.

It's that point when you wear a new outfit or a new hairstyle and someone tells you that you look like you are from the 60s or 70s — and you don't care.

It's that point when your child wants to know if you ever saw a dinosaur or if you fought in the Civil War. It's also when they laugh at your "record player" and your collection of eight-track tapes.

It's that point when you think you are being "cool"

by using the "in" language — just to find out that it isn't "cool," "fad" or "far out" anymore, it's "bad." Or is it?

It's that point when you hear yourself saying those words you heard from your parents. "How can you listen to that stuff?" And promptly go listen to your Joan Baez, Jim Croce and Jimi Hendrix eight-tracks.

It's that point when your birthday comes around and you tell people you were born in 19-something and you feel the urge to alert the fire department when it's time to light the candles on your cake.

It's that point when, being the physically fit person you are, instead of using a stop watch to time your run, you use a calendar.

It's also the point in your life when you find yourself rambling on and on and beating a dead horse, so to speak. So, I will leave that poor horse alone and go bother one of the few people older than me — the old geezer across the hall.

The bad apple — dealing with difficult people

by Capt. Edward J. Daes
Tropic Times contributor

If you have experienced the frustration of dealing with a stubborn, negative, opinionated, argumentative, arrogant, emotional, or unproductive co-worker, boss or subordinate, you're not alone. These are individuals who communication experts label as "difficult people." Difficult people are the kind who, can affect the entire team in the work place, thus affecting productivity, and ultimately mission accomplishment.

Yet interestingly enough, communication experts have found that the difficult person is not necessarily the threat to team unity and mission accomplishment. Rather it is the team's reaction to the behavior which sparks morale problems and leads to severe communication problems. In simple terms, instead of

saying — the person is difficult, say — the behavior is difficult. When we say that a person is difficult, we are really talking about a difference in style.

Many people will define their behavior as caused by others. "She made me do this," or "he's so negative that he is dragging down the organization." Not so. Each and every one of us have the power to act and control almost all situations in the way we respond. We even inadvertently control others' behaviors by branding them as being always negative (a dirt bag), then the behavior we expect is always negative and we unconsciously trigger and encourage this behavior, even if that individual is not really what we perceive.

Rather than encouraging positive behavior, once a person is labeled a dirt bag, we treat him or her in such a way that they continue negative and unproductive behavior. Simply stated, we reap

what we sow and get what we expect. It is a vicious circle, which may be broken by changing the way we react to such behavior.

Team effectiveness models show that only 10 percent of problems in the work place rest with personality clashes, while over 40 percent of problems are goal oriented. First impressions are very powerful — we form our perception of someone new in 10 seconds. The challenge is to know that you never know everything there is to know about a person.

Only when individuals in the team begin to focus on the positive aspects of the difficult behavior does it change the teams view of that person, and the person's view of his or herself. Every office must have a negative person, a bad apple, a devil's advocate, in order to keep the team honest. Negative can be positive.



Direct Quotes

What makes you feel old?



"Now I'm buying baby things. My mom told me my hair's thinning."

Staff Sgt. Julio O'Valle
Company A, 310th Military
Intelligence Battalion



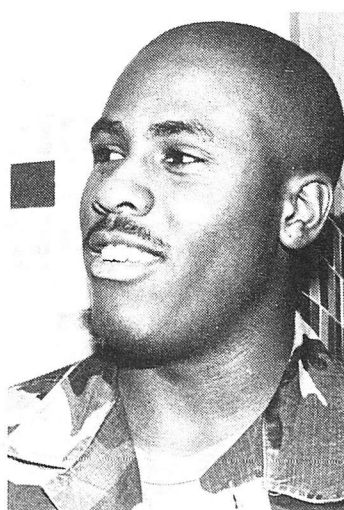
"When I start seeing my students teach my classes — they grow up and have children."

William Monlonis
Department of Defense
Dependents Schools



"When people tell you you're gaining weight and your hair's falling out."

Airman 1st Class
Jose Mazid
640th Air Mobility Support
Squadron



"Sitting at home all day."

Airman 1st Class
Jarvis Mister
640th Air Mobility Support
Squadron



"Being in college."

Pfc. Yvonne Redd
343rd Public Affairs
Detachment

The opinions expressed on this page are those of the commentary writers and Direct Quotes respondents only. They do not reflect the views of U.S. Southern Command, the Department of Defense or the U.S. government. Readers may submit commentaries — or responses to commentaries — to the *Tropic Times*. The staff reserves the right to edit for brevity, clarity and appropriateness. All submissions must be signed, but names will be withheld upon request.

Mobilization Exercise '94

Joint venture puts diving resources, communication abilities to the test

RODMAN NS - The concept of conducting a joint venture takes countless hours of site preparation, telephone calls, follow ups, contacts and more. A recent task of mobilizing 16 Navy Reserve Detachments meant more research, more contacts and most importantly, constant communication with Army, Navy, Air Force, Panama Canal Commission officials and the Smithsonian Institute.

This unusual joint venture started with a research project by Naval Sea Systems Command in June 1993. It planned to contact all commanders in chief and determine if Navy Diving and Salvage resources were adequately identified in each of their operational plans. The Southern Command was identified as a strong potential for performing a realistic exercise in mobilizing reserve diving resources.

In October 1993, Lt. Cmdr. Neil Bundo, commanding officer of Mobile Diving and Salvage Unit One, Det. 319 from Long Beach, Calif., visited SOUTHCOM to make a preliminary assessment of the opportunities for diving projects with the U.S. Navy, Panama Canal Commission and the Smithsonian Tropical Research Facility. By Feb. 1994, during a week-long planning conference, Bundo was introduced to Cmdr. Jerry Rovner, commanding officer of Mobile Diving and Salvage Unit 2 Det 304, Philadelphia, and Mobilization Exercise 1994 was born.

Both units arrived here in late July, shipping with them a full suite of diving systems including the new MK3 Surface Supplied Diving Systems and SCUBA. This was the first joint exercise performed by Reserve units from the Atlantic Fleet and the Pacific Fleet, and the first time an operation like this had been conducted outside the continental United States.

The group then divided into four operational groups and began diving operations July 26 at Rodman NS, Fort Davis, and Barro Colorado Island.

While at Rodman, the divers completed and contributed to more than 21 operations, including patching piers, inspecting fuel lines and hull inspections. At Davis, divers completed nine operations, including emergency propeller repairs. At Barro Colorado, they assisted the Smithsonian in the salvage of a 40 foot steel hull boat weighing about 10 tons. Divers also assisted the PCC by using the remote operating vehicle to inspect the locks at the Miraflores Spillway and the Gatun and Madden Dams. All projects were completed within the reserve unit's two week schedule.

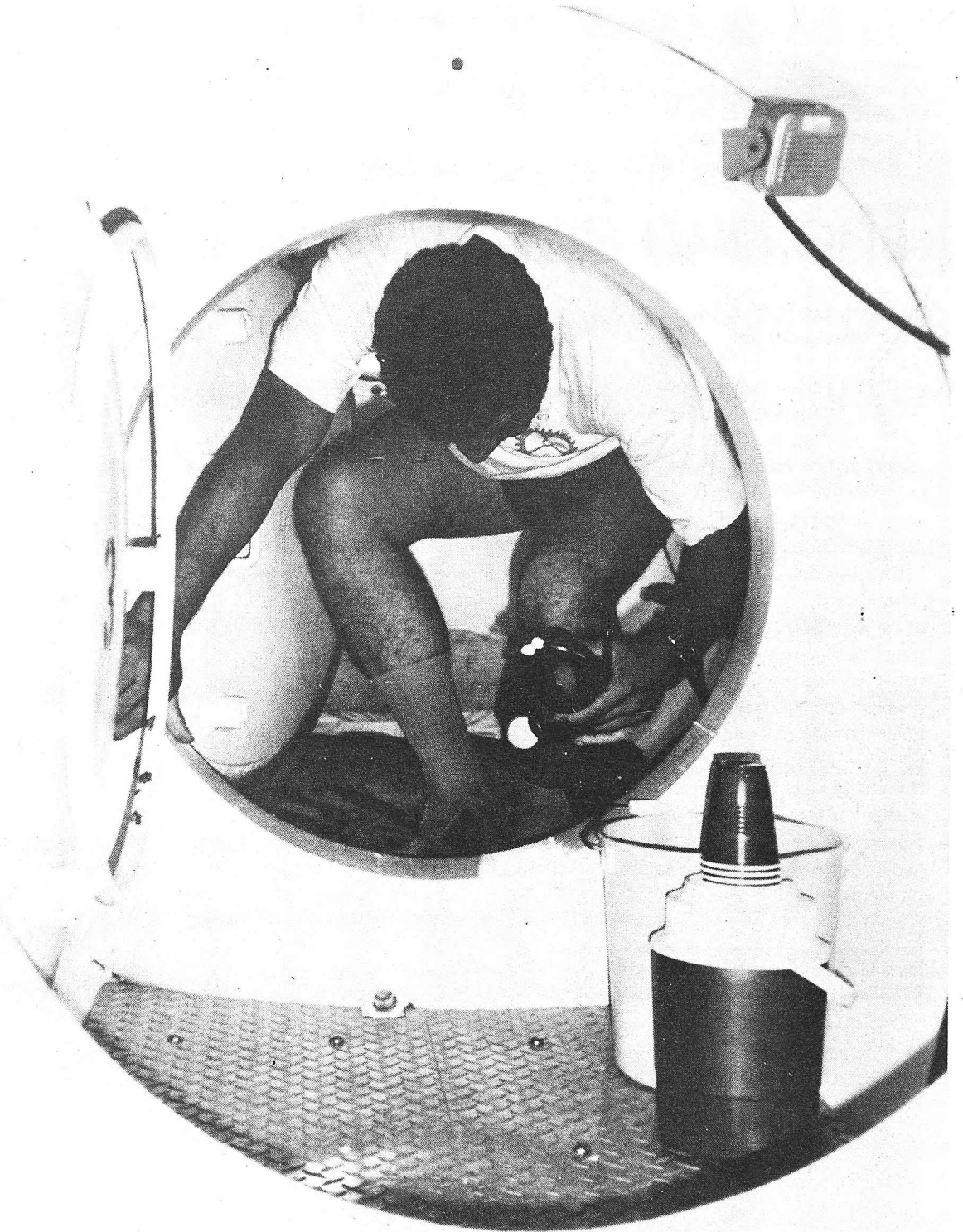
Bundo and Rovner agreed that Panama afforded their units the opportunity to perform a fully mobilized "Mission Ready" exercise.

"It gave us a challenge," Rovner said, "With the heat, humidity and insects, we wondered at times if we would be able to keep with the hectic schedule, but we did."

Bundo was quick to comment on the untiring efforts of the 79 divers who gave more than 100 percent during the exercise.

"Most of these guys are police officers, doctors and business men, but first they are divers and great ones at that. They know their jobs well and proved it by meeting deadlines, schedule changes, coping with high temperatures and humidity. It is a trip we will never forget," he said.

Both Bundo and Rovner hope to join forces on another mission soon. For a west coast/east coast first endeavor, "It was great" they both said. "We'd do it again in a heart beat."



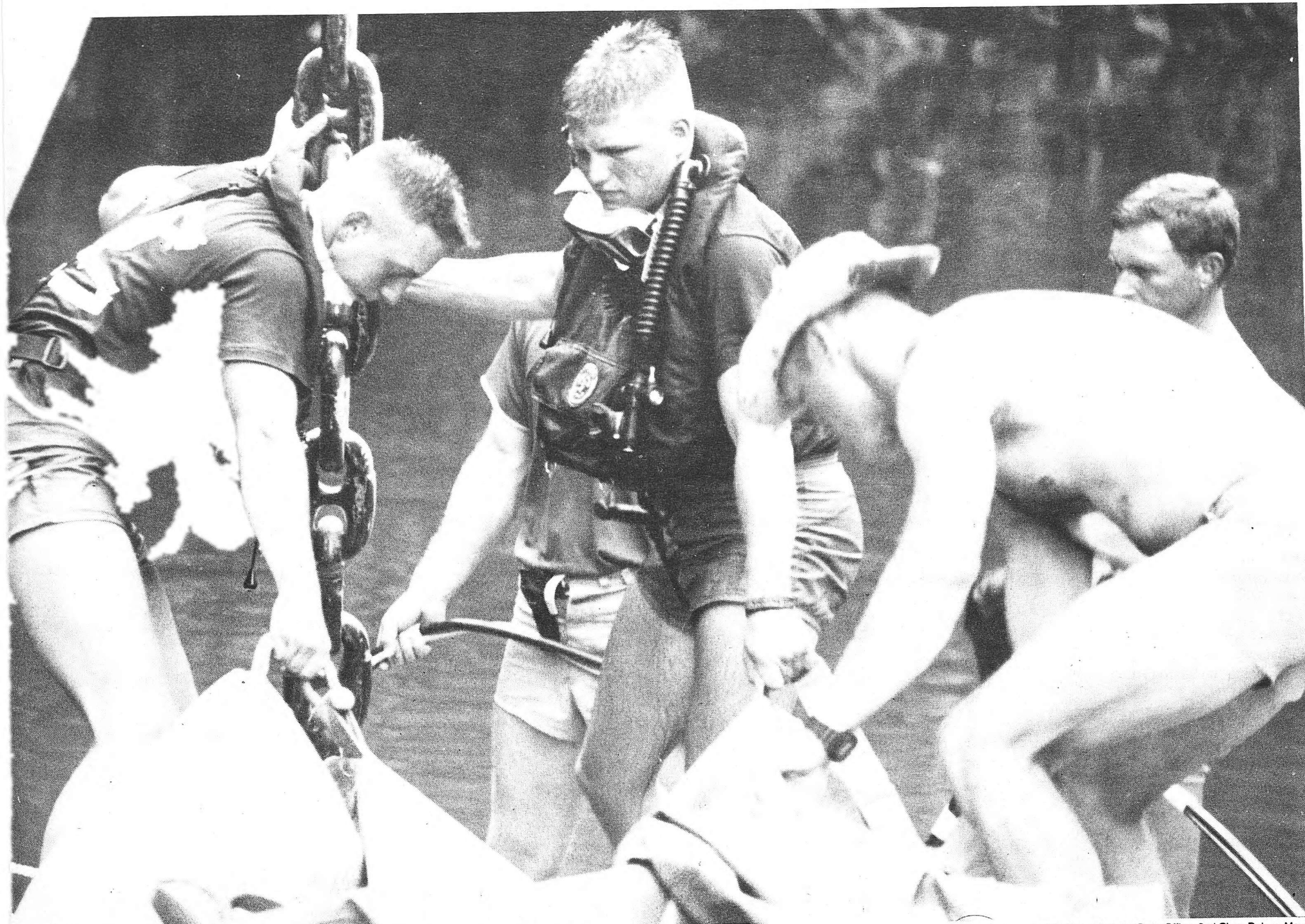
Courtesy photo
Divers got an inside view of the decompression chamber at the Panama Canal Salvage Facility.



Courtesy photo
Divers don gear before repairing a Landing Craft Mechanized propeller at Fort Sherman.

Marines

Machini
Calif., d



U.S. Navy photo by Petty Officer 2nd Class Delano Mays

and sailors get the ballast ready to place under the submerged vessel.



U.S. Navy photo by Petty Officer 2nd Class Delano Mays

st Mate 3rd Class Nelson Molina, Mobile Diving and Salvage Unit One, Det. 319 from Long Beach, es a communications check on a diver mask.

story by Diane Gonzalez
USNAVSTAPANCANAL PAO



Courtesy photo

Chief Warrant Officer 3 Richard Pompizzi prepares to hit the water.

Military police endure 11 hours of competition

by Sgt. Rick Emert
USARSO Public Affairs Office - Atlantic

FORT DAVIS - For soldiers in the 549th Military Police Company, appearing before the soldier and noncommissioned officer of the month boards means up to 11 hours of competition.

By the time the candidates reported to the president of the board, they were roughly 45 minutes from the end of an entire day of proving themselves as soldiers.

During the latest competition, the day began with a 6 a.m. Army Physical Fitness Test that gave the competitors their first round of points. Each soldier's APFT score was divided by three with a maximum 100 points available for the event, according to Sgt. 1st Class Rickey P. Donkel, 3rd Platoon sergeant.

Next, the soldiers demonstrated their abilities in Common Task Testing. They earned two points for each correctly performed task, and could score up to 24 points for the event.

The final event was possibly the most dreaded — facing the board. The soldiers

could earn a maximum of 100 points for the board — 50 for appearance and 50 for knowledge.

The demanding board and strict judging seem to have paid off with 20 of the last 28 549th soldiers winning the 92nd Military Police Battalion soldier and NCO boards, according to 1st Sgt. Roy K. Lintz, 549th MP Company.

The first two events are graded by the book. During the oral board, anything — or any question — goes. That's what worried Sgt. Harold G. Hill, who was the first to appear before the July 28 board.

"The oral board is the most challenging part of the day," Hill said. "You have no way of knowing what they're going to ask, you just have to be able to think fast and try to remember everything off the top of your head."

The members of the board take advantage of the freedom they have in developing their questions.

"It gives us, and the soldiers competing, a plus," Donkel said. "We try to shoot for our board to be a lot harder so they'll be better prepared for the higher boards."



U.S. Army photo

Sgt. Harold G. Hill reports to the president of the board. Hill won the 549th Military Police Company Noncommissioned Officer of the Month competition.

Although the unit has a 70 percent success rate at the battalion level boards, Lintz is more concerned about how his soldiers do on their promotion boards.

"Our primary objective is not to win the battalion board," Lintz said. "The objective is to prepare the soldiers and NCOs to do well for the promotion board. It will

help them get as many of the 200 points as possible.

"I think our boards bring out the total soldier," he added. "Anyone can recite answers they learned from a book, but having to perform the CTT tasks and take an APFT brings out the total leader and future leader."

New commander

The 24th Supply Squadron has a new commander, Maj. Kevin D. Illsley. The major accepted leadership of the supply squadron from the former commander, Maj. Michael A. Giroux, in a July 19 ceremony held in front of the 24th Supply Squadron warehouse.

Military awards

Army Commendation Medal - Sgt. 1st Class Rogelio McLean, Spc. Ronald Edwards, Sgt. John Looney and Spc. Brett Martin, all of U.S. Army Medical Activity-Panama.

Army Achievement Medal - Sgt. 1st Class Patricia Allen, Spc. Alan Burgos, Sgt. Jose Rojas and Spc. Donald Barnhill all of U.S. Army Medical Activity-Panama.

Civilian awards

Certificate of Appreciation - Ruben Orillac of U.S. Army Medical Activity-Panama.

Superior Civilian Award - Jeannette Bishop, Amalia Rivera and Grace Shadeck all of U.S. Army Medical Activity-Panama.

Achievement Medal - Mary Hunter of U.S. Army Medical Activity-Panama.

Years of Service - 25 years: Ruben Orillac, Urith Ashby and Marva Pringle all of U.S. Army Medical Activity-Panama. 20 years: Jose Sterling, Andrew Watson and Patricia Thomas all of U.S. Army Medical Activity-Panama. 15 years: Sibyl Calabria, Nancy Cuthbert and Abdiel Goytia all of U.S. Army Medical Activity-Panama. 10 years: Carlos Cruz of U.S. Army Medical Activity-Panama. 5 years: Aurora Antadillas, Francisco Donadio and Tammie Williams all of U.S. Army Medical Activity-Panama.

On-The-Spot Award - Miriam Clarke of U.S. Army Medical Activity-Panama.

Promotion - Rex Rasberry and Susan Richards both U.S. Army Medical Activity-Panama.

Retirement - Ruben Orillac of U.S. Army Medical Activity-Panama.

Graduation

Primary Leadership Development Class - Distinguished Honor Graduate: Spc. Timothy Spitzer of Company B, Military Intelligence. Honor Graduate: Spc. Andrew Plumbtree of U.S. Army Medical Activity-Panama. Commandant's List: Spc. Peter Fenton of Company A, 310th Military Intelligence Battalion; Spc. Chris Soneson of Headquarters Company, U.S. Army South; Spc. Regina Jenkins of 549th Military Police Company; Spc. Whitney Grayroyer of Headquarters Company, 310th Military Intelligence Battalion; Spc. Daniel King of 214th Medical Detachment; Spc. Ruben Brown of 549th Military Police Company; Spc. Robert Ramsey of Company B, Military Intelligence Battalion (LI); Spc. Richard Sugg of Headquarters Company, 1st Battalion (Airborne), 508th Infantry; Spc. Paul Good of Company D, Military Intelligence (LI); Spc. Fernando Romo of Company A, 193rd Support Battalion. Leadership Award: Spc. Brian Sapp of 536th Engineer Battalion; Spc. Ramon Manabul of Company B, 5th Battalion, 87th Infantry (Light); Spc. Peter Fenton of Company A, 310th Military Intelligence Battalion; Spc. Richard Sugg of Headquarters Company, 1st Battalion (Airborne), 508th Infantry. Army Physical Fitness Test winner: Spc. David Rhoden of Com-



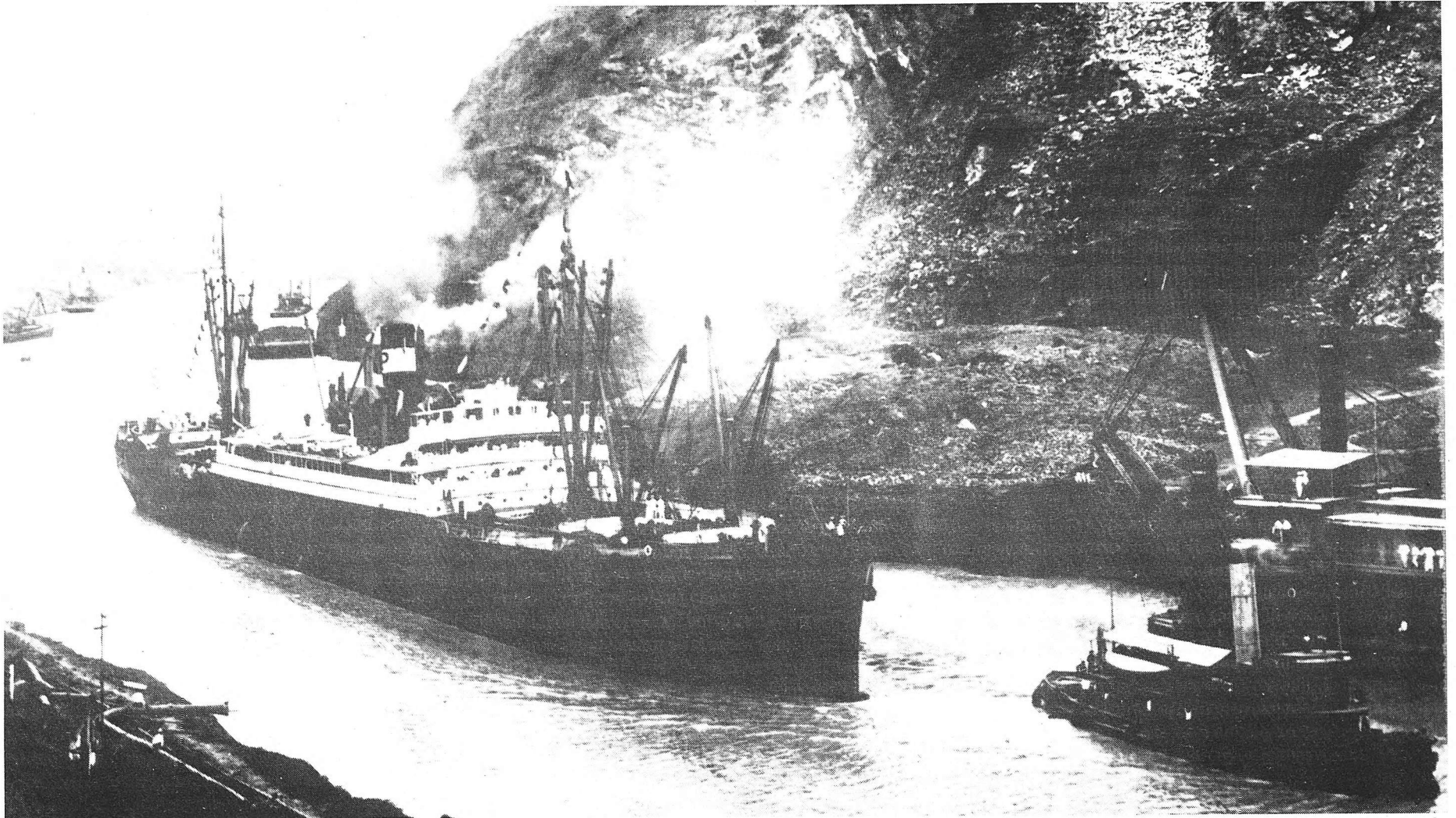
U.S. Army photo

Legal excellence

Maj. Gen. G.A. Crocker, (second from right) U.S. Army South commander, presents awards to legal assistance attorneys Capt. Joseph Keeler (second from left) John Lavorato (right) and T. Michael Guiffre of the Staff Judge Advocate Office July 14. Crocker presented the Army Chief of Staff Award for Excellence in Legal Assistance and the American Bar Association Public Service Award for Law Day 1993.

pany C, 5th Battalion, 87th Infantry (Light). Commandant's Inspection Winner: Spc. Linda Staples. Spc. Jacelyn Hahn of Headquarters Company, Law Enforcement Activity. Spc. Paul Good of Company D, Military Intelligence (LI). Spc. Andrea Marshall of 92nd Personnel Services Company. Spc. Jeffrey Garza of U.S. Army Medical Activity-Panama. Spc. Fernando Romo of Company A, 193rd Support Battalion. Spc. Robert Myrick of 1097th Transportation Company (CB). Spc. David Russell of 536th Engineer Battalion. Spc. Brian Sapp of 536th Engineer Battalion. Cpl. Richard Lichtwardt of Headquarters Company, 5th Battalion, 87th Infantry (Light). Spc. Pascal Blake of Company B, 5th Battalion, 87th Infantry (Light). Cpl. Michael Griffin of Company C, 5th Battalion, 87th Infantry (Light). Spc. Gerald Gilsdorf of 195th Air Traffic Control Platoon. Spc. Andre Singleton of Headquarters Company, 4th Battalion, 228th Aviation. Spc. Michael Aldridge of Company B, 193rd Support Battalion. Spc. Whitney Grayroyer of Headquarters Company, 310th Military Intelligence Battalion. Spc. Carlos Herazo of 3rd Special Operations Support Command (Airborne). Cpl. Mark Dean of Headquarters Company, Jungle Operation Training Battalion. Spc. Robert Ramsey of Company B, Military Intelligence Battalion (LI). Spc. Daniel King of 214th Medical Detachment. Spc. James Hogan of Headquarters Company, 154th Signal Battalion. Spc. Ramon Manabul of Company B, 5th Battalion, 87th Infantry (Light). Spc. Linda Staples of Company E, 228th Aviation. Spc. Marion Wade of Headquarters Company, 5th Battalion, 87th Infantry (Light). Spc. Ronald Weimer of U.S. Army Dental Activity-Panama. Spc. Reco Calhoun of Southern Command Network. Spc. David Rhoden of Company C, 5th Battalion, 87th Infantry (Light). Spc. David Robles of Headquarters Company, 1st Battalion (Airborne), 508th Infantry. Spc. Gerardo Ramos of Company D, U.S. Army Garrison-Atlantic. Spc. La Keshia

Payton of Headquarters Company, U.S. Army South. Spc. Michael Brewer of Military Police Company. Spc. Timothy Spitzer of Company B, Military Intelligence. Spc. Peter Fenton of Company A, 310th Military Intelligence Battalion. Spc. Rubin Brown of 549th Military Police Company. Spc. Andrew Plumbtree of U.S. Army Medical Activity-Panama. Spc. Michelle McDaniel of 1097th Transportation Company (CB). Spc. Thomas Irvin of 565th Ordnance Detachment. Spc. Misti Ledford of 3rd Military Police Company, Criminal Investigations Division. Spc. Steven Jenkins of Company B, 536th Engineer Battalion. Cpl. David Brown of Headquarters Company, 5th Battalion, 87th Infantry (Light). Spc. Byron McNeil of Company B, 5th Battalion, 87th Infantry (Light). Spc. David Edmond of Company A, 5th Battalion, 87th Infantry (Light). Spc. Arthur Lewis of Headquarters Company, 1st Battalion (Airborne), 508th Infantry. Spc. Luis Ramos of Headquarters Company, 228th Aviation. Spc. Antonio Hagan of Headquarters Detachment, 470th Military Intelligence Brigade. Spc. Anthony Grambruno of 408th Military Intelligence Company. Spc. Regina Jenkins of 549th Military Police Company. Spc. Jimmy Scott of 617th Special Operations Aviation Detachment. Spc. Patrick Fernholz of Company C, Military Intelligence Battalion. Spc. Linda Diaz of Headquarters Company, U.S. Army Garrison. Spc. Sergio Vazquez of Company A, 193rd Support Battalion. Spc. David Moore of Headquarters Company, 154th Signal Battalion. Spc. Mark McEndree of Company B, 536th Engineer Battalion. Spc. Antonio Cason of Company B, 536th Engineer Battalion. Spc. Richard Sugg of Headquarters Company, 1st Battalion (Airborne), 508th Infantry. Spc. Edward Orena of Company C, 5th Battalion, 87th Infantry (Light). Spc. Daniel Kemp of Company D, Military Intelligence Battalion. Spc. Kenneth Hall, Jr. of 79th Army Band. Spc. Chris Soneson of Headquarters Company, U.S. Army South.



The S.S. Ancon passes through the Gaillard Cut on Aug. 15, 1914, the first official transit of the Panama Canal.

Courtesy photo from Panama Canal Commission

Panama Canal

Monday marks 80 years of service to the world

As early as 8000 B.C., the Isthmus of Panama was used as a transit route by prehistoric man migrating through Central America to settle in South America. It wasn't until 1502, on his fourth voyage of exploration, that Christopher Columbus, sailing under the Spanish flag, arrived on the Isthmus.

Spain began settlement of the Isthmus in 1510, and in 1534, Spanish King Charles V ordered the first survey for a proposed canal across the 50-mile-wide isthmus. A canal was beyond their capabilities, but the Spanish did pave mule trails with cobblestones to carry tons of gold moving back to Spain from the conquest of Peru. Vestiges of the Las Cruces trail can still be seen today.

In 1850, U.S. interests began construction of the Panama Railroad, just in time to make a fortune carrying goldseekers on their way to California. They came to the isthmus by boat, crossed the isthmus, and continued on by boat.

In 1880, Ferdinand de Lesseps, fresh from his triumph building the Suez Canal, sold stock to millions of Frenchmen to finance the building of a canal in Panama.

But the considerable skill of the French engineers was not enough to overcome the climate, disease or geography they found on the isthmus or make up for the mismanagement in France that brought the enterprise to financial ruin before the end of the century.

In 1903, following Panama's declaration of independence from Colombia, Panama and the United States entered into a treaty which allowed the United States to construct an interoceanic ship canal across the isthmus. The following year the United States purchased the rights and equipment of the French "Canal Interoceanique" for \$40 million and took over the construction.

It took 10 years, the labor of more than 75,000 men and women, and almost \$400 million to complete the job. The builders of the canal faced unprecedented problems: tropical disease; the unusual geology of the Isthmus that made land slides a constant hazard; the

enormous size of the locks and volume of the excavation needed; and the need to establish whole new communities, to import every last nail, and to organize work on a scale never before seen.

Most of the names of the men and women who worked on the canal are forgotten today, but their legacy lives on. Of those most well remembered, Col. William Gorgas, and his medical team are credited with eradicating yellow fever and bringing malaria under control. One of the first chief engineers, John F. Stevens, and other railroad men set up the towns and the supply system and organized the all-important train system to haul dirt out of Gaillard Cut, and Col. George Goethals and his staff deserve the credit for the final engineering designs and for pushing through the construction of the locks and Gatun Dam and excavation of the cut.

The canal opened to traffic Aug. 15, 1914; since that time, there have been more than 700,000 transits through the waterway. An aggressive program of maintenance has kept the canal in top operating

condition, and although the basic design remains as good as ever, the channel has been straightened, widened and deepened, and improvements over the years have speeded operations and cut overhaul time at the locks. Over the past 10 years, approximately

\$100 million per year has been spent in streamlining and improving canal facilities and operations.

Since 1979, the canal has operated under the terms of a treaty between the United States and the Republic of Panama signed in 1977, providing for the disestablishment of the Canal Zone, the growing participation of Panamanians at all levels of the canal organization, and the turnover of the operation of the canal to Panama on Dec. 31, 1999.

Under the treaty, the canal is operated by a United States government agency, the Panama Canal Commis-

sion. The commission is headed by an administrator and a deputy administrator and will operate through 1999 under the supervision of a board of directors comprised of five United States citizens and four Panamanian citizens. As provided in the treaty, the post of administrator was held until Dec. 31, 1989, by a United States citizen, and the post of deputy administrator by a Panamanian citizen. After that period, the situation reversed, and for the remaining ten years of the treaty the administrator post is held by a Panamanian and a United States citizen serves as the deputy administrator.

Long-range plans and programs for a variety of canal maintenance and improvement projects are being constantly developed and updated. These include deepening, widening, or straightening selected portions of the channel; replacing worn out or outdated equipment with new and improved designs; scheduling regular overhauls for canal locks and equipment; and maintaining a program of continual dredging throughout the waterway. These measures are meant to ensure that the Panama Canal will continue to be an economically viable route for world shipping for many decades.-
Article written by The Panama Canal Commission.

Special Canal Commemorative Postage

Post offices at Albrook AFS, Howard AFB, Rodman NS, Quarry Heights, and Forts Amador, Clayton and Davis are providing a special postal cancellation to commemorate the 80th anniversary of the Panama Canal on Monday. Immediate service will be available during slower periods, according to postal officials. Otherwise, self-addressed envelopes can be picked up later in the day. For letters addressed to the United States or other overseas locations, mail as normal and they will be cancelled with the special cancellation mark and sent out.

Panama Canal factoid

- ◆The canal is 50 miles long from deep water in Atlantic to deep water in the Pacific.
- ◆The canal runs northwest to southeast, with the Atlantic entrance 33.5 miles north and 27 miles west of the Pacific entrance.
- ◆Ships transiting the canal are raised and lowered 85 feet, from sea level to sea level, by a system of three locks: Miraflores, Pedro Miguel, and Gatun.
- ◆The SS Acon made the first official transit Aug. 15, 1914.
- ◆In fiscal year 1993 there were 13,720 transits. During the year these ships carried nearly 157.9 million tons of cargo and paid \$400.8 million in tolls.
- ◆The highest canal toll, as of May 1994, is \$141,344.97 paid by the *Crown Princess* May 2, 1993. The average toll paid during 1993 was \$32,949.
- ◆The longest ship to transit was the *San Juan Prospector*, an ore-bulk-oil carrier at 973 feet. The widest ship was the *USS New Jersey* and its sister ships, which have a beam of 108 feet. At 804 feet, the *Crown Princess* is the largest passenger ship to transit the canal.



U.S. Army photos by Maj. Larry Wright

Spc. Jason Leon (left) and Sgt. Gerald Burton of the Theater Equipment and Maintenance Site, install an oil cooler.

Top National Guard officer visits troops

General tours equipment, theater assets

FORT CLAYTON (USARSO PAO) - National Guard soldiers on rotation here were visited last week by the top troop of the National Guard Bureau.

While in Panama, the acting chief, National Guard Bureau Maj. Gen. John D'Araujo also met with Maj. Gen. G.A. Crocker, U.S. Army South commander, to sign a memorandum of understanding for the Theater Equipment and Maintenance Site.

The TEAMS is run by and for National Guard units rotating through Central and South America and is responsible for all equipment, supplies and maintenance these units may need while here, D'Araujo said.

Though the unit has been in operation here since the early 1980s, the memorandum of understanding formalizes relations and responsibilities because TEAMS falls under the 41st Area Support Group, he said.

Even though visiting with Crocker and signing the memorandum was a high priority for D'Araujo's visit, his main mission was that of visiting his soldiers, he said.

"This visit gave me an opportunity to visit various sites such as the school building projects of the South Carolina National Guard," he said. "I also had the chance to visit with Guard soldiers at the Jungle Operations Training Battalion."

After seeing the training sites and visiting with the soldiers, D'Araujo said he was very impressed with what he saw.

"These soldiers are superb, highly motivated soldiers and (they) are making a hell of a contribution to the communities here," he said. "What these soldiers get in return for their work, though, is just as beneficial."

"Through engineering exercises, such as building roads, schools and clinics, and medical readiness training exercises, the training we get here is unique and of great value," D'Araujo said. "It gives these soldiers an opportunity to train away from familiar surroundings and prepares us for actual deployments."

Another benefit of deploying to Panama is that of



Sgt. Michael Davenport (left) and Spc. Dianne Harris of the Theater Equipment and Maintenance Site, conduct and inventory of repair parts.

working as one team with active duty soldiers, he said.

"With the drawdowns and fewer dollars, the Guard forces and active Army will be working more and more closely," D'Araujo said. "Rotations to Panama give both Guard and active Army soldiers an opportunity to work side-by-side. There are more opportunities for integration here."

Though rotations to Panama may be fewer and smaller in the coming years because of the Treaty Implementation Plan and U.S. forces moving out, D'Araujo said the Guard is ready to support the Southern Command commander in chief no matter where or when.

"We serve all over Central and South America — wherever we are needed in the SOUTHCOM theater," he said. "This won't change, no matter where the SOUTHCOM headquarters may be."

D'Araujo, who said he was thoroughly impressed with the soldiers he met, and the training he witnessed during his visit here, said training in Panama is truly a win-win situation.

"What I saw was good, quality training and the soldiers really felt good about what they were doing," he said. "I really enjoyed my visit and I am very pleased and proud of the Guardsmen who are serving here."

South Carolina engineers say goodbye to Pedasi people

PEDASI, LOS SANTOS PROVINCE, PANAMA (USARSO PAO) - The 122nd Engineer Battalion from the South Carolina Army National Guard, recently said goodbye to the small and friendly town of Pedasi, located in the Panamanian Azuero Peninsula.

The engineers spent more than six weeks building the eight-classroom, two-bathroom school, which will serve the seventh and ninth grades.

A separate building for the middle high schoolers was very necessary, said Manuel de Jesus Paz Ulloa, the elementary school principal.

The current school in Pedasi has 13 classrooms for nearly 200 elementary school children and 125 junior high students who go there.

"The population is constantly growing and there was need for a separate school building for a middle high school," he said.

Paz said the present school has two shifts; one in the morning for elementary grades and one in the afternoon for seventh, eighth, and ninth grades.

Paz added that Pedasi has no high school (for students in grades 10-12) and the children must travel 42 kilometers to the nearest one in Las Tablas.

Traveling every day to another town is a financial burden on many families and some children drop out as a result, he said. Building a high school is another hope for Pedasi residents.

The community's support and participation were overwhelming during the construction, said Capt. Tim Miller, Company B, 122nd Engineer Battalion. Miller said the local residents made the soldiers feel welcome at all times.

"Every night we had basketball games with the kids...they're good ball players too. They beat us pretty badly several times," Miller said.

Miller said the benefit of an additional school is significant, but this is not the only gain for the community. The building materials were locally bought and the soldiers contributed to the local economy by buying food and other items.

Manuel Gonzalez, the middle high school principal, said some of the local residents helped the soldiers by mixing cement and carrying blocks. The residents will also paint the school and provide final touch-ups.

The community went so far as to temporarily suspend classes so the soldiers could be housed in the school building. Gonzalez said the students, teachers and parents agreed on a special schedule of classes so the soldiers could use the school building as a base camp.

"We will reconvene classes next week and work longer hours to make up for the seven weeks. This was done with the consent of the students, teachers and parents," Gonzalez said.

2nd Lt. James Syms said the soldiers like participating in humanitarian projects of this nature.

"You're giving a bit of yourself to the children of the world. They are the ones who are going to benefit the most... that's why we like to do jobs like this," he said.



Sports

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Quarry Heights, Republic of Panama

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Department of Defense photo by Sgt. Lori Davis

Robert Hunter, 69th Signal Company, darts between Sean McEachin (left) Stormy Helm (middle) and Tony Lambert, Headquarters and Headquarters Company, 128th Aviation Brigade.

Crash and burn Signal shoots down aviation, 60-49

by Sgt. Lori Davis
Tropic Times sports editor

FORT CLAYTON - They fought a valiant battle, but the benchless aviation team did a tailspin in the second half, plummeting to a 60-49 loss to their signal opponents.

The 69th Signal Company chalked up another win after defeating Headquarters and Headquarters Company, 128th Aviation Brigade.

Things looked good for the five-man Aviation in the first half. The Roy "Googie" Allen Jr. and Stormy Helm combination fed several balls into the hoop. Short on height but long on speed, Helm darted into the paint for five baskets in the first half, Allen backing him up with two hoops and a three-pointer.

Two baskets by Tony Lambert and a bucket each by Kenny Smith and Sean McEachin supported Aviation's offensive effort in the first half.

Signal stayed a step ahead of Aviation, splitting its offense to run up the score.

Leading the way for Signal was Dennis Williams, racking up five baskets. Following up on offense was Lloyd Gaither with two baskets and a three-pointer, Keith Huntley and Tyron Generette with two baskets each and a basket by Robert Hunter.

Adding to the Signal side of the scoreboard was the father-son combination of Julius Graham Jr. and Julius

Graham III. The Grahams each scored two points, but it would be the younger Graham finding his way to the basket in the second half.

A three-pointer by Gaither in the closing seconds of the half gave Signal the go-ahead score, 33-30.

The Aviation players began to show signs of fatigue after a half of playing ironman ball. The Storm continued into the second half, scoring four more baskets, but the Signal defense held Allen, Smith and Lambert to a basket each.

The Aviation defense shut down Williams, but Generette's three baskets and Gaither and Graham III's five points each kept Signal in the game.

What began as a close game turned into an easy win for Signal, which advanced to 2-3.

"We started slow, but we always do," Signal coach Dorsey Cooper said.

The 69th Signal Co. will be contenders for the championship because they are a fast paced, high pressure team, he said.

The lack of players hurt Aviation, Helm said.

"We don't have a bench so we got tired, but we played them as long as we could," he said.

Although they never have more than six players come out for their games, Allen said the loss was the biggest point gap for HHC, 128th Av. Bde.

Cycling

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Young riders compete for honors in the National Crime Night Out bicycle race at Howard AFB.

Director's chair

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The U.S. Army South Sports Director explains how units can get more out of intramural leagues.

and more

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- ◆SCN AM radio schedule
- ◆Local sports schedule
- ◆U.S. Army 10-Miler trials

Tykes on bikes

Race encourages theft prevention

by Sgt. Lori Davis
Tropic Times sports editor

HOWARD AFB - The smallest competitors looked like hamsters spinning out of control in one of those rickety, metal wheels — their little legs pedaling furiously on bikes with tires the size of large bagels.

From tots to teenagers, everyone was a winner in the National Crime Night Out Bicycle Race here Aug. 5. Representatives from the U.S. Naval Station Security Detachment and the 24th Security Police Squadron registered more than 50 bicycles as part of race entry requirements.

"Registration is a good way of tracking stolen bikes as well as a deterrent for thieves," Staff Sgt. Jackie White, 24th SPS said.

Cyclists raced individually on a one-mile course along the bike path across from the Farfan housing area. The winners were presented with medals during an award ceremony as part of the evening festivities.

Race results:

Girls

Ages 5-7

Sophia Hursey 4:48

Wendy Cook 5:08

Kyra Jardine 5:11

*denotes result of 1/2 mile tie-breaker race

Ages 8-10

Kimberly Ansell 3:57

Shakira Crockett 4:03

Marie Gonzalez 4:09

Ages 11-13

Amanda Barnes 3:52

Laurel Cadorette 4:13

Chanae Lacy 4:21

Boys

Blake Henton 4:10

Joseph Dooley 4:24 *1:10

Alex Price 4:24 *1:11

Gilbert Desroches 3:41

Justin Hillard 3:43

Tramon Lacy 3:47

Bobby Gonzalez 3:49

Frank Magnetico 3:49

Cody Howard 4:19



Wendy Cook watches her competition during the 5-7 age group race.



Kyra Jardine pedals uphill to the finish line.

Department of Defense photos by Sgt. Lori Davis



From the director's chair,
U.S. Army South Sports Director, Bill Hambay

Getting the most out of unit-level sports

by Sgt. Lori Davis
Tropic Times sports editor

FORT CLAYTON - Some people get tired of looking at the same ugly mugs all day at work, but a brave few gather after retreat for play.

Various types of leagues are offered for several sports, such as over-30 leagues for older players and 5'10" and under and 5'11" and over leagues for tall and short basketball players. But no intramural league is watched as closely as unit-level competition.

Soldiers proudly wear their unit jersey with slogans like the 56th Signal Battalion's "No Mercy" and names like "Mad Dawg" and "Bad Luck." Commanders not on the team root for their troops from the side lines, puffing out their chests with pride.

Unit-level competition can reach a frenzy similar to a school of piranhas on the attack. But gnashing teeth on the sidelines doesn't do any good if the team isn't ready before the first game. The best way to strive for the championship trophy is to plan strategy before the season starts, said Bill Hambay, sports director for U.S. Army South.

Sports calendar

A sports calendar is published every November for the upcoming year with dates for each intramural sport and special athletic events, Hambay said.

Five intramural sports are offered for unit-level competition. Softball season starts in January, football in April, basketball in July and volleyball and soccer in

October. The sports calendar has estimated starting and ending dates for each season. These dates may change as time for that sport approaches, but the starting date will never be made earlier than what is posted on the original calendar, Hambay said.

"The coach should become familiar with the sports calendar so he knows when the program starts," he said.

Knowing when he needs to have his team ready gives the coach time to prepare. There are several things coaches and players can do before the season starts, starting with the reading the Memorandum of Instruction.

Memorandum of Instruction

The USARSO sports office provides a Memorandum of Instruction for each unit-level intramural sport. A copy of the MOI is hand-carried by a member of the sports office staff to each unit, Hambay said.

Soldiers interested in playing or coaching can contact their chain of command about reading the MOI to get ready for their sport. The MOI covers everything from rules of play to contesting games to players and coaches responsibilities.

For small units that may not be able to field a team, the MOI provides guidelines for combining with other units. The goal of the sports office is maximum participation. Every soldier who wants to play will be able to, as long as the rules of play are followed, he said.

The MOI also requests each commander appoint an athletic and recreation representative for the unit to help pass information from the sports office staff to soldiers,

Hambay said. Representatives who are familiar with league rules can help players and coaches through the season.

Sports clinic

As the season approaches the sports office schedules a sports clinic, a meeting between their staff and the players, coaches and referees.

Soldiers can have questions answered at the clinic. The clinic also gives soldiers an opportunity to discuss plans for league management, Hambay said.

Many of the rules are carved in stone, such as reporting scores. The coach or a player from the winning team is responsible for calling in game scores to the sports office, Hambay said.

However, soldiers can have an impact on some league guidelines, such as how games will be scheduled, he said.

Useful information is also put out at these clinics, such as submitting rosters. Units should turn in a list of everyone assigned to the unit as the team roster so anyone who wants to play through the season will be eligible, Hambay said.

Unit-level intramural sports should be a chance for soldiers to have fun representing their unit while pursuing the trophy. The road to victory will be smoother for units taking time to learn the ins and outs of league play.

Editors note: "From the directors chair" is a new monthly feature designed to provide sports information from each services sports directors to the community. Send questions to the Tropic Times, Unit 0936, APO AA 34002.

SCN AM Radio 790/1420 airs football, basketball

Tonight

6 p.m.: Football: Buffalo Bills at Atlanta Falcons

Saturday

5 p.m.: Football: Los Angeles Raiders at Pittsburgh Steelers

Sunday

3 p.m.: 1994 Goodwill Games: World Championship Basketball

Thursday

6 p.m.: Football: Washington Redskins at New England Patriots

Friday

6:30 p.m.: Football: Arizona Cardinals at Detroit Lions

Editor's note: Broadcast of baseball games is tentative of the possible player's strike. Listen to SCN for changes to the sports schedule.

Unit level basketball on local sports schedule

◆U.S. Air Force Basketball

Howard Sports and Fitness Center

Today

6:05 p.m.: 24th AIS/OSS vs. 24th Comm. (B)

7:05 p.m.: 604th AMSS (A) vs. 310th ALS

8:05 p.m.: 24th SPS (B) vs. 24th MS

Monday

6:05 p.m.: 24th AIS/OSS vs. 640th AMSS (B)

7:05 p.m.: 24th Supply (A) vs. Co. B, 536th

8:05 p.m.: HSC, 536th vs. 24th MS

Tuesday

6:05 p.m.: 310th ALS vs. 24th SPS (B)

7:05 p.m.: 24th AIRPS/SVS vs. 24th Trans.

8:05 p.m.: 24th Supply (A) vs. 24th Med. Grp.

Wednesday

6:05 p.m.: HSC, 536th vs. 24th Comm. (A)

7:05 p.m.: 24th Trans. vs. 24th Supply (B)

8:05 p.m.: 640th AMSS (B) vs. HHC, 1-228th

Thursday

6:05 p.m.: 24th SPS (B) vs. 24th CES

7:05 p.m.: 24th Comm. (A) vs. 310th ALS

8:05 p.m.: Co. B, 536th vs. 24th Med. Grp.

Aug. 19

6:05 p.m.: 24th CES vs. Co. B, 536th

7:05 p.m.: 24th AIS/OSS vs. 24th Trans.

8:05 p.m.: Co. A, 1-228th vs. 24th MSS

◆U.S. Army Basketball

Reeder Physical Fitness Center

Red League

Today

6 p.m.: Co. B, 154th vs. 106th Sig.

7 p.m.: HHC, 128th vs. Co. A, 154th

8 p.m.: SCN vs. Co. E, 1-228th

Monday

6 p.m.: Co. A, 154th vs. HHC, LEA (2)

7 p.m.: MEDDAC vs. Co. B, 154th

8 p.m.: HHC, 128th vs. SCN

Wednesday

6 p.m.: HHC, LEA (1) vs. Co. E, 1-228th

7 p.m.: 69th Sig. vs. 214th Med.

8 p.m.: 106th Sig. vs. 534th MP

Aug. 19

6 p.m.: Co. A, 154th vs. Co. E, 1-228th

7 p.m.: Co. B, 154th vs. SCN

8 p.m.: HHC, LEA (2) vs. 534th MP

White League

Tuesday

6 p.m.: Co. A, 308th vs. USAG

7 p.m.: Co. B, 193rd Spt.

Thursday

6 p.m.: HHC, 470th vs. HHC, 142nd

7 p.m.: HHC, 193rd Inf. vs. Co. B, 193rd Spt.

◆U.S. Navy Basketball

Tuesday

6 p.m.: IANTN vs. Roadrunners

7 p.m.: SCIATTS vs. Port Services

Wednesday

6 p.m.: NSWU-8 vs. PWD

7 p.m.: SBU-26 vs. Roadrunners

Thursday

6 p.m.: Port Services vs. Marines

7 p.m.: SCIATTS vs. IANTN

◆Summer Slam

Pony Basketball League

Albrook AFS

Saturday

8 a.m.: Pacers vs. Jazz

9:15 a.m.: Sonics vs. Rockets

10:30 a.m.: Suns vs. Knicks

Tuesday

6 p.m.: Pacers vs. Rockets

7:15 p.m.: Jazz vs. Knicks

Thursday

5 p.m.: Suns vs. Sonics

◆Summer Slam

3-on-3 Basketball League

Fort Clayton

Monday

7 p.m.: Team 2 vs. Team 7

7:30 p.m.: Team 3 vs. Team 6

8 p.m.: Team 4 vs. Team 5

Aug. 19

7 p.m.: Team 5 vs. Team 3

7:30 p.m.: Team 6 vs. Team 2

8 p.m.: Team 7 vs. Team 1

Running association, 10-miler trial races set

The Panama Armed Forces Running Association will conduct a five-mile run in conjunction with the U.S. Army South 10-Miler Team trials 6 a.m. Saturday at Reeder Physical Fitness Center.

This will be the second trial date for the USARSO 10-Miler Team. The final trial is set for Aug. 27.

The 10-mile and five-mile runs are open to all runners, however only active duty soldiers assigned or attached to U.S. Army South are eligible for the USARSO 10-Miler Team.

The following is the Panama Armed Forces Running Association schedule for August:

Saturday - 10-mile and five-mile run 6 a.m. at Reeder Physical Fitness Center.

Aug. 21 - 15-kilometer run, 6:30 a.m.

Panama Canal College. Sponsored by the Isthmus Road Runners.

Aug. 27 - 10-mile and five-mile run, 6 a.m. at Reeder Physical Fitness Center.

For information, call Allen Jones at 287-5444 or Willie Moye at 287-6441.

School athletes can get preseason physicals

The Department of Defense Dependents Schools will hold Interscholastic Athletic Physicals at various locations in August. College students can get forms at Panama Canal College, high school students at Balboa High School and junior high school students at Curundu Junior High School before the date of the physical exam.

Family members of active duty servicemembers can get physicals at Cristobal High School 8 a.m.-4 p.m. Monday and the Adolescent Clinic (located next to BHS in Building 711) 3-6 p.m. Wednesdays and Thursdays.

Family members of civilians can go to the following places:

CHS 8 a.m.-4 p.m. Thursday

CJHS 8 a.m.-4 p.m. Aug. 19

BHS 8 a.m.-4 p.m. Aug. 26

For information call BHS at 282-7896, CHS at 289-3690 and CJHS at 286-6254.

Rodman NS announces fishing tournament

As part of the Jam '94 Labor Day festivities, Rodman NS will hold a bass fishing tournament Sept. 3. Entry fee is \$12 before Aug. 30, and \$15 thereafter. Cash prizes will be awarded for the heaviest fish, the heaviest stringer of three, and the heaviest stringer of five. Register at the Marina Office or at the Gamboa Ramp the day of the tournament. Call 283-3147/3150 for more information.

Rodman Marina sponsors shark fishing

There will be a shark fishing trip aboard the 42' Vargas 6 a.m.-1 p.m. Aug. 13 and 27. The boat departs from Rodman Marina, there is a \$38 fee. Maximum of eight people. For more information call Rodman Marina at 283-3147.

Sailing lessons offered at Pedro Miguel Boat Club

Beginning sailing lessons are being offered 9 a.m.-1 p.m. Saturday and Sunday and Aug. 20-21 at the Pedro Miguel Boat Club. Cost is \$75 per person. Graduates will receive a certification card. For more information call 287-5968.

Air Force sponsors soccer tournament

An intramural soccer tournament is scheduled for 5 p.m. Sept. 9-11 at the Albrook Field. Registration is open through Sept. 2 at the Howard Sports and Fitness Center.

Air Force scouting for Turkey Bowl coaches

The Howard Sports and Fitness Center is accepting coaching applications for the 1994 USAF Turkey Bowl Flag Football Team. Applications are available at Howard SFC and must be submitted by 4 p.m. Monday.

Howard center offers lunch bunch sports daily

The Howard Sports and Fitness Center offers various lunch bunch sports and fitness activities every week. Scheduled events are; Aerobics noon-1 p.m. Mondays, Wednesdays and Fridays, volleyball-11 a.m.-1 p.m. Thursdays, basketball 11 a.m.-1 p.m. Tuesdays.

Sports directory

Sports Offices

U.S. Air Force	284-3451
U.S. Army	287-4050
U.S. Navy	283-4061

Bowling centers

Albrook AFS	286-4260
Fort Clayton	287-6366
Curundu	286-3914
Fort Espinar	289-4100
Howard AFB	284-4190

Scuba diving

Albrook AFS	286-4090
Fort Davis	289-3208
Fort Kobbe	284-4854
Howard AFB	284-5766
Balboa Dive Club	263-8077

Golf courses

Fort Amador	282-4511
Horoko	283-6346

Fitness centers

Albrook AFS	286-3307
Fort Clayton	287-3861
Fort Davis	289-3496
Howard AFB	284-3451
Rodman NS	283-4222

Swimming pools

Albrook AFS	286-3555
Balboa	252-5493
Curundu	286-6260
Farfan	284-4252
Fort Clayton	287-6660
Fort Davis	289-3272
Fort Espinar	289-4189
Gamboa	256-6425
Gatun	243-5233
Howard	284-3569
Los Rios	252-6417
Margarita	243-7229
Rodman NS	283-4253



Standings

U.S. Army Unit-level Basketball Green League

	W	L	GB
1097th	4	1	-
HHC, 5-87th	3	1	.5
Navy	2	0	.5
JOTB	1	1	1.5
549th	1	1	1.5
747th	2	2	1.5
Co. B, 5-87th	0	1	2
Co. C, 5-87th	0	2	2.5
Co. A, 5-87th	1	3	2.5
Marines	0	3	3

*as of Wednesday

U.S. Navy Unit-level

Basketball League

SBU-26	5	0	-
Roadrunners	4	1	1
IANNTN	3	2	2
PWD	2	3	3
SCIATTS	2	3	3

Marines	2	3	3
NSWU-8	2	3	3
Port Svcs.	0	5	5

*as of Monday

U.S. Air Force Unit-level Basketball

American League

Northern Division

24th AIS/OSS	3	2	-
24th Supply (B)	4	4	.5
24th Trans.	3	3	.5
24th AIRPS/SVS	3	3	.5
Co. A, 1-228th	1	4	2

Southern Division

24th SPS (A)	6	0	-
24th MSS	5	1	1
HHC, 1-228th	1	3	4
640th AMSS (B)	2	4	4
24th Comm. (B)	0	4	5

National League

Eastern Division

24th Supply (A)	4	0	-
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640th AMSS (A)	3	0	.5
24th Comm. (A)	1	2	2.5
24th Med. Grp.	0	6	5

Western Division

HSC, 536th	4	2	-
24th CES	4	3	.5
24th Maint. Sq.	3	3	1
310th ALS	3	4	1.5
24th SPS (B)	0	2	2

Summer Slam

Youth Basketball Program

Pony League

Knicks	6	0	-
Rockets	4	2	2
Pacers	4	2	2
Suns	3	3	3
Jazz	1	4	4.5
Sonics	0	6	6

3-on-3 League

Team 5	6	1	-
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Team 4	4	2	1.5
Team 1	3	3	2.5
Team 2	3	3	2.5
Team 3	3	3	2.5
Team 6	2	3	3
Team 7	0	6	5.5

*as of Thursday

Panama Armed Forces Running

Association Championship

Place	Points	Name
1	851	Ricardo Roman
2	842	Miguel Campos
3	828	Clint Davis
4	797	Sue Bozgoz
5	789	Willie Moye
6	784	Richard Downie
7	705	Leovigildo Castillo
8	638	Stephen Kupec
9	618	Enrique Gordon
10	613	Pablo Cerenia

*as of July 31



U.S. Navy photo by Petty Officer 2nd Class Roberto Taylor

First transit

Fresh from the shipyards in Mississippi, the *USS Squall* made its first Panama Canal transit last week. The Cyclone class coastal patrol craft stopped off at Rodman NS while on its way to commissioning in San Diego.

21 Atlantic students learning DEH job skills

FORT DAVIS (USARSO PAO Atlantic) - More than 20 students are spending their summer vacations picking up valuable job skills and training from the Directorate of Engineering and Housing here.

The Atlantic community's summer hire program has put the 21 young people to work in the directorate's offices and shops, or on the road with maintenance crews, according to Maj. Perry A. Colvin, director, Directorate of Engineering and Housing, Atlantic.

The summer hires who were placed in the various maintenance shops or with maintenance crews are working at the apprentice level, Colvin said.

"They are physically learning a trade," Colvin said. "This experience is a resume-builder for them. It gives them skills they could use later on, either professionally or just to make repairs around the house."

Additionally, the summer hires can use the experience as career guidance.

"Right now, they may not really know what they're interested in," he said. "At the end of the summer, they may know if this is the right career field for them or if they'd like to try something else."

At least one of the summer hires, Raul Fung, is convinced he's found his niche while working at DEH.

Fung, who works in the electrical shop, has completed two years of college at the

University of Texas at San Antonio majoring in engineering, he said.

Working at DEH during the summer has given him valuable hands-on experience to reinforce what he's learning in college, Fung said.

"I'm glad I've had the opportunity to work here," he said. "In a very short time I've learned many things from DEH employees that I may not have learned otherwise."

While the experience may help him to earn his degree in engineering, seeing the results of his work is rewarding as well, Fung said.

"Most of the things we do here every day are necessities for people — for the families and soldiers," he said.

The summer hires have helped more than just the soldiers and families however, Colvin said.

"With the shortfall of the budget for DEH, some of our employees were offered early retirement; 13 employees took the offer," he said. "Those positions won't get filled, so the students have really helped us out this summer."

"We've had some problems with some of the summer hires in the past, but this is the best group we've had," he added. "They only get paid for working 7:30 (a.m.) to 11:30 (a.m.), but a lot of them stick around after that, without getting paid, to help out and learn more. They're very eager to work," Colvin said.

Recycling

Military, civilian communities beefing up local programs

by Staff Sgt. Rian Clawson
24th Wing Public Affairs

HOWARD AFB - Recycling? Uh, ...no, we don't do that here. There just isn't a market for recycling in Panama. Ehh! Wrong answer! The truth of the matter is, the American military community — both active duty and civilian employees — has a wide variety of recycling efforts going on right now and there are several new programs "in the works."

"When they talk about recycling, most people think of highly visible programs such as aluminum cans and newspapers, or maybe computer and bond paper," said Wayne Gifford, chief, 24th Civil Engineer Squadron's environmental flight. "We don't have those programs in place right now, so a lot of people think we don't have any recycling program at all."

"Actually, we have a very active recycling program in place, it's just that most community members don't know about it," he said. Items being recycled under the current program include rubber tires, lead acid batteries, scrap metal, waste oil, and cardboard.

"Many of these programs are not actually bringing in revenue," Gifford said, "but they do allow us to dispose of items in an 'environmentally-friendly' way — they don't go to the landfill — and we get it done at no cost to the government."

In the past, as much as 100 tons of garbage have been taken daily from all the local military installations and deposited in the Red Tank landfill. Concentrated efforts to use the "3 Rs" — reduce, re-use, and recycle — are constantly working to decrease those numbers, Gifford said.

"Actually, right now we're working on two of the more familiar and popular aspects of a recycling program — paper and aluminum," said Jennifer Putz, a 24th CES environmental engineer. "We've come up with several very workable solutions, and now we're just trying to get them implemented."

About 10 months ago, former vice wing commander Col. Craig A. Bernhard signed a charter establishing a recycling Quality Improvement Team and presented it to the 24th Wing Quality Improvement Board. The QIT is made up of active duty and civilian members of the Army, Navy, and Air Force, as well as representatives from the Panama Canal Commission, Army and Air Force Exchange Service, Defense Reutilization and Marketing Office and Department of Defense Dependents Schools. It has gathered information on the many different kinds of recycling programs currently being used by the various organizations, and is exploring how the programs were implemented, what kinds of difficulties were encountered, and how they were overcome.

"Several different organizations already have effective programs in place," Gifford said. "We're hoping to be able to benefit from their experiences, so we don't have to go back and re-invent the wheel every time a new organization gets

involved in the recycling program."

Some items that are being recycled back in the United States are not recycled here in Panama, Gifford said. "Among these are glass, plastics, toner cartridges, and newspapers. We're trying to stimulate a local market for some of these items and, in the case of the toner cartridges, we're working on ways of getting them back to the states."

Other members of the recycling QIT had more ideas for conserving and recycling resources.

Locally, there is not a viable market for recycling newspapers, said Sandra Murdoch, chief, 24th Services Squadron's recreation support flight. "But that doesn't mean people have to just dump them in the garbage. A lot of different organizations can use your old newspapers."

"DoDDS, the child development centers and even the arts and crafts shops can use newspapers to protect furniture and floors during art class or other 'messy' activities," she explained. "The thrift shop at Albrook, and the various military arts and crafts shops, can use newspapers as packing material, or they can be used at Corozal's veterinary clinic."

"People can also re-use the brown paper bags in which their groceries are packed. They can be used to wrap packages for mailing, or parents can recruit their

children to decorate the bags with crayons, markers and stickers to create a unique wrapping paper for personal gifts."

"Speaking of kids," Putz said, "most of them love to draw and old papers (non-classified, of course) generally have a blank side that can be a cheap venue for their artistic ex-

"Last year the Air Force community alone used nearly \$8 million in electricity. Simply thinking about it and turning off lights, word processors, electric typewriters and computers when they're not being used can cut a lot off the base's electricity bill."

Wayne Gifford

chief of the 24th Civil Engineer Squadron's environmental flight

pression. In our office we also use the backs of used papers for notes and for draft copies of documents," she added.

Besides making an effort to re-use items, people can reduce use.

"A perfect example of this is disposable cups, either paper, plastic or styrofoam," Putz said. "Last year, Howard's base service store alone sold about a half million disposable cups. When you think of all the resources used to make these cups and all the space they take in the landfill, bringing a regular ceramic or plastic coffee mug to work and rinsing it out at the end of the day seems like a simple and logical solution."

Electricity use is another area that can be cut back dramatically, Gifford said. "Last year the Air Force community alone used nearly \$8 million in electricity," he explained. "Simply thinking about it and turning off lights, word processors, electric typewriters and computers when they're not being used can cut a lot off the base's electricity bill."

"These are just a few ideas that demonstrate how easy it is to reduce, re-use and recycle," Putz said. "It also shows how, with a little initiative and creativity, members of the military and DoD community can get personally involved with the recycling and conservation programs."



Tropictivities

Aug. 12, 1994

A quality of life guide for the U.S. community in Panama

Page B1



Department of Defense photo by Maureen Sampson

Sleeping beauty?

Not exactly. Erika Simpson and Taya Castro rehearse a scene from "Happily Ever After," a children's theater production that will be performed this weekend at the Pacific Theatre Arts Centre. See story and photos on Page B3.

Youth News Page B2

High school students participate in week-long Junior Reserve Officer Training Corps exercise.

Community Page B5

Motorcycle safety class helps bikers avoid accidents while on the road.

and more

- ◆ Movies, Page B8
- ◆ TV, Page B9
- ◆ Potpourri, Page B12

JROTC cadets find exercise more than 'a walk in the park'

by Staff Sgt. Jane Usero
USARSO Public Affairs Office

FORT KOBBE - Students from Cristobal and Balboa High Schools found summer camp to be more than hiking, swimming and meeting new people. They went through a week-long Junior Reserve Officers Training Corps exercise last week.

Instead of the usual hike through the woods, these campers negotiated a land navigation course and took on the challenges of the Green Hell obstacle course at Fort Sherman, said Sgt. Maj. (Ret.) Richard Martinez, Army JROTC instructor.

"During this summer camp, we have taken the students through several confidence-building events," he said. "We have gone through adventure training, rope bridge crossing, waterborne training and rappelling."

Though the camp was a constant challenge for the students, the instructors felt there was more to it than that.

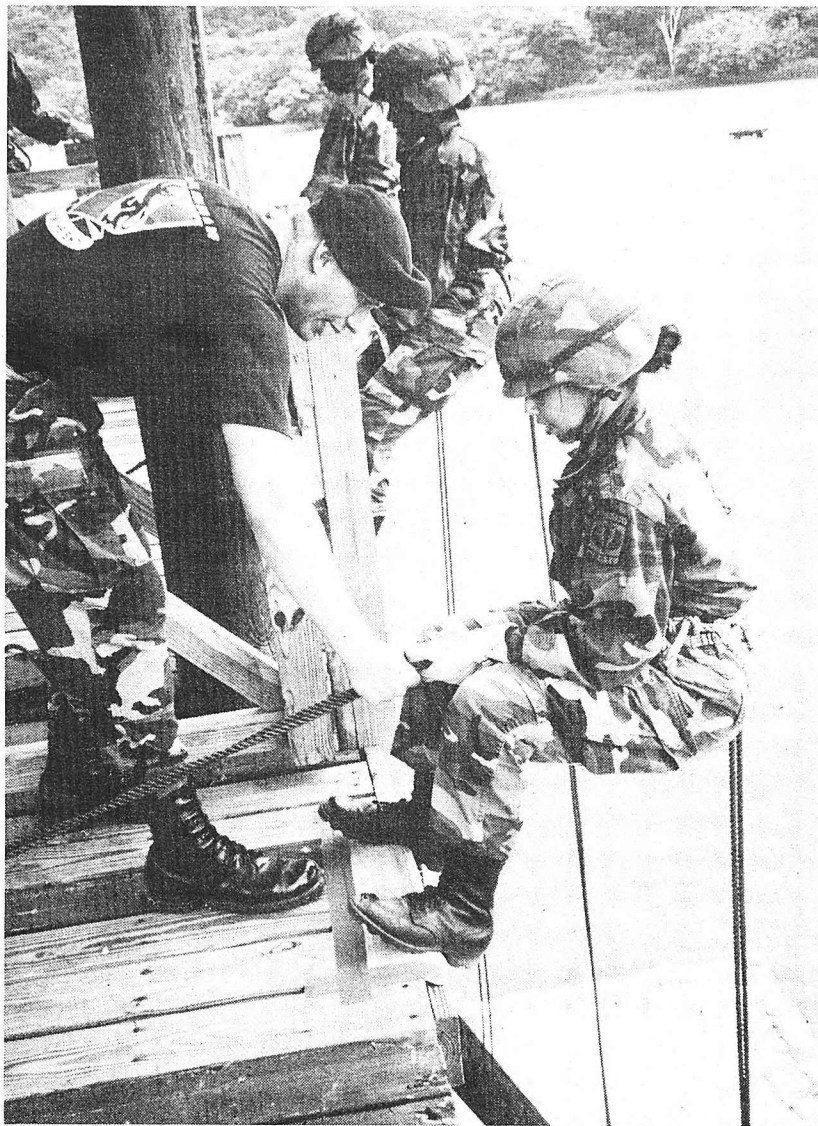
"There is nothing better than to mold young minds," Martinez said. "It is part of our responsibility as instructors to teach these students to take on responsibilities, to build self confidence and, more than anything, coach them to become high school graduates."

For the students, the camp held different interests and different high points for each.

"My favorite part of the training was the waterborne training," said Kathia Forde, a senior at Cristobal High School. "Through the camp I was able to meet a lot of new people and did new things that helped boost my self confidence."

Leadership was another learning experience for the students as they held various positions within the "company."

"I learned a lot of leadership skills that will help me in other things and with my future in



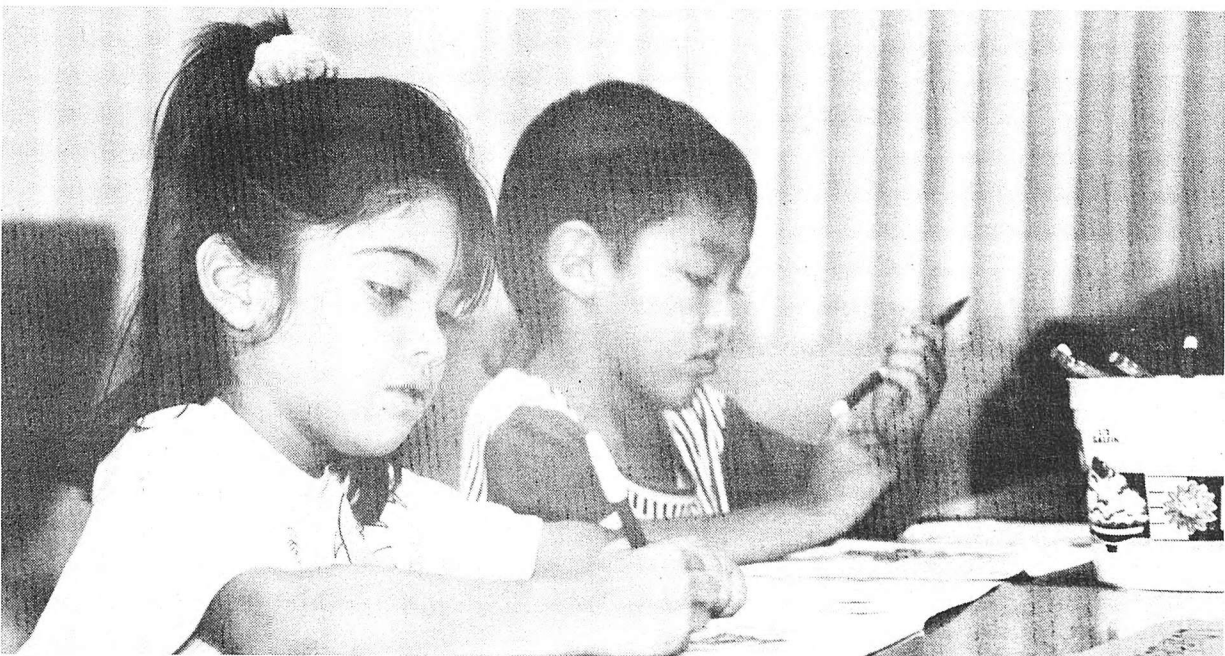
U.S. Army photo by Staff Sgt. Jane Usero
Staff Sgt. Samuel Oglesby, 1st Bn. (Airborne), 508th Inf., helps Balboa High School student Patricia DeLeon over the edge of the 30-foot rappel tower during JROTC summer camp.

ROTC," said Ethan Corsbie, a junior at Balboa High School. "My favorite training, however, was going through Green Hell. It was tough, but fun."

The final challenge for JROTC cadets was taking on the 30-foot rappel tower at Fort Kobbe. Though most of the students had never rappelled before, they were up to the challenge.

They were excited and scared, Martinez said. But, after the first couple of times, it became fun for them.

Most of the students went back up the tower several times to try various rappel styles. With fear in their eyes and smiles on their faces, student after student went out over the edge and took the plunge.



U.S. Army photo by Sgt. Richard Emert
Lourdes Craft colors in one of the Atlantic Vacation Bible School's kindergarten classes.

More than 100 attend Bible school

FORT DAVIS (USARSO PAO Atlantic) - Sitting in a classroom seems like the last thing students would want to do during summer vacation, but more than 100 did just that Aug. 1-5.

The 100-plus elementary school students attended the week-long Atlantic community's Vacation Bible School at Fort Davis Elementary School.

The Bible school was offered to children in kindergarten through sixth grade; and the children were placed in the grade they had just completed, said Mary E. Ortiz, di-

rector of the Bible school.

Activities ranged from classroom discussions and role playing to music and arts and crafts, Ortiz said.

"After school's out, there is really nothing for the kids to do," she said. "We try to show them some fun."

While they're having that fun, the children are learning about the bible, Ortiz said.

"I think they'll have a better understanding of Jesus Christ than they did before they began," she said. "This offers them a path for future understanding of the Bible."

Youth activities

Department of Defense Dependents' Schools require interscholastic athletic physicals for all students participating in any school sporting activity. See Page 15 for dates and times physicals will be given for specific schools.

Albrook/Howard

◆ **Youth centers** 286-3195/284-4700:

Arts and crafts 3 p.m. Wednesdays at both centers. There is a \$1 fee for supplies.

Gymnastics classes Saturdays. Ages 3-5 meet noon-1 p.m.; ages 6-12 meet 1-2 p.m.; intermediate classes meet 2-3 p.m. The cost is \$13 per month.

Summer Day Camp Carnival 1:30-4:30 p.m. today, ages 6-12. Admission is \$2.

Pre-teen dance 7:30-10:30 p.m. today. For ages 8-13.

Air hockey tournament, 3 p.m. Tuesday.

A Personal Safety for Kids Workshop will be held 5:30-6:30 p.m. Thursday.

Bicycle rodeo 9-11 a.m. Aug. 20.

Register for youth (ages 5-18) **fall soccer season** before Aug. 27.

Hideout Senior Teen Dance for ages 15-18, 7:30-11:30 p.m. Aug. 20 at the Howard NCO Club ballroom. Admission is \$2. Transportation will be provided from Albrook Youth Center and Clayton Youth Activities. Pick-up at 6:30 p.m. and return at 11:45 p.m. Sign up in advance.

Babysitting 101, 1 p.m. Tuesday-Thursday at the Zodiac community Activities Center. Training in first aid, CPR and much more. Each person will be charged \$2 for the class.

Snorkeling at Drake Island 8 a.m. to 5 p.m. Aug. 19. A \$20 fee covers transportation, equipment, boat and guide. Participants must be certified swimmers.

Captain T-Bird and Captain KC Youth Summer Bowling Special allows children to bowl three games during open bowling and receive a free sports bottle filled with fountain soda.

◆ **Child Development Center** 284-6135:

Family Day Care Providers are needed in the Albrook area. Call Jill Winter at 284-3711/6135 for information.

Clayton

◆ **Youth Center** 287-6451:

Back to school shopping trip to downtown Panama City 9 a.m.-3 p.m. Saturday.

Back to school mini camp 8:30 a.m.-3 p.m. Monday-Aug. 19. Fee is \$5 per day or \$20 for the week. Call the center for information on camp activities.

Arts and crafts Mondays.

Cooking experiences Tuesdays.

Outdoor Games Thursdays.

Piano lessons 1-6 p.m. Tuesdays and Wednesdays. The fee is \$30 for four half-hour lessons per month.

Gymnastics for ages 5 and older 2:30-3:30 p.m. and 3:30-4:30 p.m. Mondays and Wednesdays.

Youth Services is looking for **piano and gymnastics instructors**. Contact George Wheeler at 287-3506, or stop by Building 155, Fort Clayton.

◆ **Senior Teen Center** 287-3464/4680:

Volleyball 3-5 p.m. today and Saturday.

Surfing beach tour Sunday. Call for details.

Scale model clinic 7-8 p.m. Thursday.

Golf demonstration at the golf range by the teen center 3-5 p.m. Aug. 19.

Popcorn and movies Sundays.

Senior Teen Employment Program is a year-round program to develop job skills and earn money for teens 15-18 years old. Applications are available at the center.

◆ **Child Development Center** 287-3301:

Child development center provides high quality, developmental child care for children 6 weeks to 12 years old. Full day care and hourly care available. Call 287-5657.

Atlantic

◆ **Espinar Youth Center** 289-4605:

Just for kids **pizza and bowling** 9 a.m.-3 p.m. Saturday. The fee is \$3.

Saturday sports, noon to 6 p.m.

Flag football and cheerleader registration is under way through August. Coaches are needed. A mandatory parents meeting will be held Sept. 8.

Happily Ever After...

Children's play culminates seven-week theater workshop

Fairy tales from the Brothers Grimm come to life this weekend as the Pacific Theatre Arts Centre's Children's Summer Theatre Camp presents "Happily Ever After."

The production is the culmination of seven weeks of rehearsing scenes, memorizing lines, and building sets. The cast includes 28 children, ages 7-13.

The Pacific Theatre Arts Centre sponsors the workshops twice a year to give the youths a better knowledge of the theater, said director DL Sima.

Putting on a play might seem like a simple task to the non-thespian, but the youths put a lot of effort into making this show come together.

"At home I practiced and practiced for this scene, and I finally got the lines right," said Cheryl Castro, 10, who plays Berta the Cook.

Their dedication seems to be paying off. Most of the young performers are enjoying their spot in the lime-light.

"You feel important because you're out there and everyone's watching you," said Sonya Simpson, 9, who plays the giant's grandmother. Simpson admits she'll probably be nervous opening night.

Aspiring actress Kate Bowra, 10, hopes this experience will be a stepping stone on her road to stardom.

"It's not professional, but it's practically almost like it, but you're not a grown-up and this isn't Hollywood."

Bowra says she would like to make acting a career.

Other young actors, like 10-year-old Maureen O'Connor, think the play has been sort of a history lesson.

"It's interesting because you can see how it was when people lived in fairy tales and it feels like you're in a fairy tale yourself."

Maureen O'Connor
actress

"It's interesting because you can see how it was when people lived in fairy tales and it feels like you're in a fairy tale yourself," O'Connor said, "They have real neat clothing."

The show is broken down into three fairy tales — Prince Bristlebeard, Luck Child and One Eyes, Two Eyes, Three Eyes. James Brumbaugh and Lilli Davis portray the Grimm brothers and provide a short narrative between each tale. There is a brief intermission between each act.

The production is geared toward the younger viewer, but adults may also enjoy the performance, Sima said.

"They're good little actors. They're fun to watch and fun to work with," Sima said. "People might be surprised to see the kid next door on stage doing a believable job recreating these fairy tales."

"Happily Ever After" will be performed 7:30 p.m. tonight and 2 p.m. Saturday and Sunday at the theater, Building 2060 Curundu. Call 286-3814 for reservations.

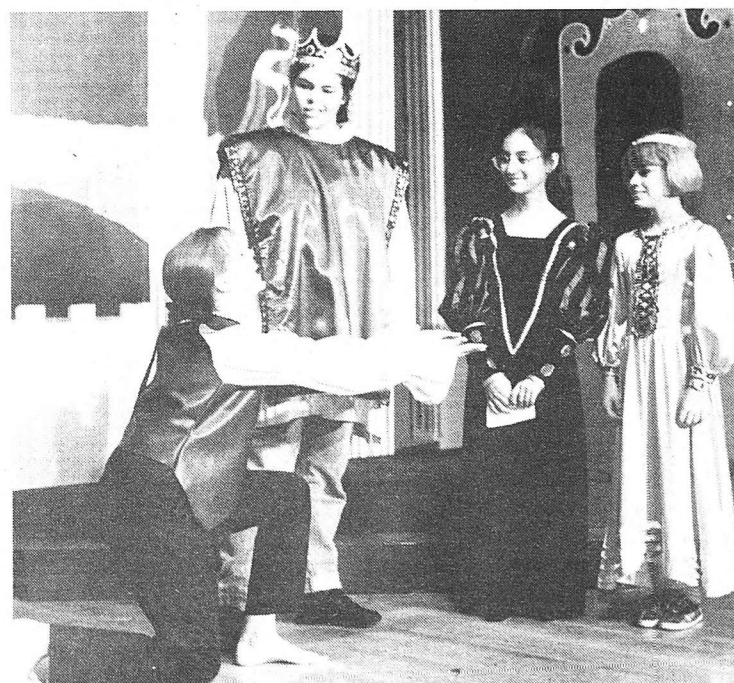
"I think the community will be impressed with the strength of the children's performance," Sima said. "Everyone should come see it and support the kids. Clap really loud because they deserve it."



Jeffrey Townsend portrays the fearsome Giant Gold Hair.



Taya Castro and Brooke Stringfellow rehearse a scene from the third act.



Sarah Stringfellow, Lilli Davis, Katrina Michie and Kerrigan Davis perform "Luck Child" during dress rehearsal.



Cheryl Castro, Robert Trisler and Lisa Sproul prepare a royal feast.

story and photos
by Maureen Sampson
Tropic Times editor

Balboa

Conquistador's legacy remains

The Republic of Panama's monetary unit, the Balboa coin, honors him by bearing his portrait and name. A monument dedicated to his accomplishments rests at the edge of the Pacific Ocean in downtown Panama City. Local street signs and buildings display his name. A terminal port along the banks of the famous Panama Canal also pays homage to him. Yet, most visitors to this country know almost nothing about the man.

Vasco Nunez de Balboa was a Spanish conquistador and explorer. He is credited with discovering the Pacific Ocean, serving as the first governor of Panama, and being the first advocate of a canal route between the Atlantic and Pacific oceans.

Born in 1475, Balboa was the son of a low-ranking nobleman. At the age of 25, he joined an expedition sailing to South America. Thus, he left his hometown of Jerez de los Caballeros, Spain, in search of fame and fortune in the New World.

After two years of exploration on the high seas, the ship found its way to the island of Hispaniola (Haiti), the primary Spanish command center in America at the time.

Enchanted by the fertile island, Balboa decided to give up the wayward, nautical lifestyle of the open ocean and try his luck at farming and raising livestock. By 1510, Balboa found himself heavily in debt and possessing a strong distaste for working the soil. He decided to escape his creditors by heading to Uraba (Colombia) as a stowaway aboard a ship carrying supplies and reinforcements to an isolated Spanish colony.

Upon his arrival, Balboa suggested the colonists move to the less hostile coastline of Panama. At Darien, he helped to establish the town of Santa Maria de la Antigua, the first stable settlement on the continent. One year later, King Ferdinand of Spain appointed Balboa governor of Darien.

From this key location, Balboa organized gold and slave hunting expeditions into the dense jungle of the interior. In 1511, Indians in the area told Balboa about the gold-filled land of Tubanama, located on the other side of the region's mountains, near a great sea.

On Sept. 1, 1513, Balboa led an expedition by ship from Darien to Acla, the narrowest strip of land on the isthmus. From this spot, the troop traveled inward on foot, in hopes of finding the mythical region and its riches. The group consisted of 190 Spanish soldiers — including Francisco Pizarro, eventual conquerer of the golden Incan Empire in Peru — 1,000 Indian slaves, and a pack of dogs.

In the third week of the trip, Indian guides told Balboa that a vast ocean was visible from a nearby mountain top. He ordered his men to wait for him as he climbed to the summit. From this vantage point, Balboa became the first European to see the Pacific Ocean, which he named the South Sea.

On Sept. 29, 1513, St. Michael's Day, Balboa and his entourage reached the shores of the South Sea and the Gulf of San Miguel, which he named for that reason. Carrying a banner and donning a full suit of armor, Balboa waded into the ocean and claimed the new found waters and its shores for the king of Spain.

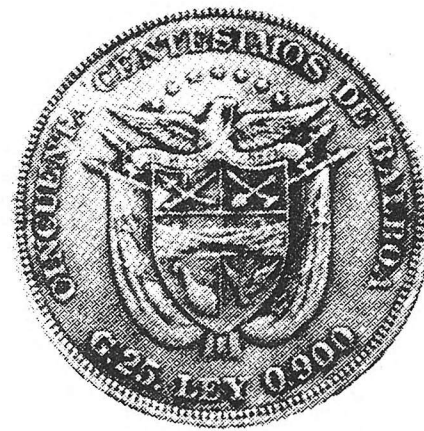
Balboa returned to Darien from his excursion to the Pacific with gold, pearls and cotton cloth in January, 1515. However, during his time away, he was replaced as governor of the region by Pedro Arias de Avila, who later became known as "Pedrarias the Cruel." Yet, as a reward for his successful mission, King Ferdinand made Balboa governor of the provinces he discovered -- Panama and the lands of the South Sea. Balboa was expected to take on a subordinate role to Pedrarias. The relationship between the two men was strained by jealousy and distrust.

During the next two years, Balboa undertook the tedious task of transport-



Tropic Times file photo

The Balboa Monument, standing along the Panama City waterfront, commemorates the explorer's discovery of the Pacific Ocean and the moment he waded into the surf to claim it for the king of Spain.



The 1904 Balboa 50 centesimos, Panama's first monetary unit, was named in honor of the explorer after the country gained its independence from Colombia. To this day, Panamanian coins are referred to as Balboas.

Compiled by Spc. Tom Findtner
Tropic Times staff

ing ship building materials across the isthmus from Acla, in order to construct a fleet to explore the mysteries of the South Sea. By 1517, two ships had been assembled and Balboa had sailed throughout the Gulf of Miguel.

As Balboa planned an expedition to Peru with Pizarro, Pedrarias had him unjustly arrested for rebellion, high treason, and mistreatment of Indians. In a hasty trial, Balboa was found guilty and beheaded in January 1519.

Panama news summary

Editor's note: The following summary of news is taken from the Panamanian press. The translation and reports are unofficial and no guarantee is made by the Tropic Times as to the accuracy of reporting or statements made here. Selection of these stories does not imply any emphasis, judgment or endorsement by the U.S. government. These synopses are intended only to give non-Spanish speaking people a flavor for events in

Aug. 5-10

El Panama America:

Paper quotes authorities saying they have no information supporting reports that terrorist members of the pro-Iranian Hizbolah group are in Panama. According to U.S. and Argentine experts, members of this group were responsible for the July 19 bombing of the "Alas" airplane.

Critica Libre, La Prensa, El Panama America, La Estrella, El Siglo:

Papers report on the closure of the Inter-American Highway in the Chame area by a group of truck drivers

protesting a ban on the removal of sand from Pacific side beaches. The protest reportedly started at 9 a.m. and ended seven hours later when Panamanian riot police intervened.

Hoy, La Estrella:

Papers cite a report prepared by the Inter-American Commission Against Drug Abuse, in consultation with the Pan-American Health Organization, which states that Panama, at 13.2 percent, has the highest rate of cocaine use in all of Latin America.

Critica Libre, La Prensa, El Siglo:

Papers quote the director of Hydrocarbons at the Panama Ministry of Commerce and Industry as saying tests conducted in a United States laboratory showed gasoline used in Panama last month contained no toxic elements.

El Panama America:

Paper reports taxi drivers will restrict their trips to certain communities in the Province of Colon because of a lack of security in the streets and a high

level of crime and violence from which they have suffered. The taxis will curtail trips to Puerto Escondido, Cativa, Rio Alejandro and Villa Alondra in Colon.

La Prensa:

Paper states a group of Panamanian lawyers presented President-elect Ernesto Perez Balladares with a draft bill containing measures to prevent anonymous societies from laundering money obtained through drug trafficking. U.S. drug enforcement authorities have stated that Panama's banking center, the system for anonymous societies, in addition to the Colon Free Zone are used for "Narcolaunders."

La Prensa:

Paper reports that Alberto Aleman, an engineer for the construction company that widened the highway between Arraijan and the Bridge of Americas, recommended that a new bridge with full lighting be built over the Panama Canal. It is estimated that 25,000 cars cross the bridge each day.



U.S. Army photo by Staff Sgt. Jane Usero

Motorcycle riders practice what they learned in the classroom. Eight people took part in a four hour riding session as part of the experienced motorcycle riders course.

Riders learn to safely corner, break, swerve

ALBROOK AFS (USARSO PAO) - Eight motorcycle owners, both military and Department of Defense civilians in Panama, had a chance to practice some necessary riding skills Saturday, here.

The four-hour riding session is part of the requirement for people attending the experienced motorcycle riders course offered through the U.S. Army Garrison Safety Office.

The course is required for motorcycle owners driving on military installations, said course instructor, Keith Olive.

"This course is necessary in order for motorcycle owners to have their temporary post passes extended," he said.

Before going through the riding portion of the course, students must complete four hours of classroom training. In the classroom, students learn about cornering, breaking and swerving, Olive said.

"Throughout the course, they go through 12 exercises," he said. "The course revolves around areas which have

been found lacking in accidents."

Throughout the riding portion, the riders go through the evaluation course so the instructor can see what they have learned. Olive suggests riders continue to practice these skills after the course is over.

"Just riding isn't practicing," he said. "If you don't practice, you lose some of your skills."

Bill Collier, a student in the class, has been riding motorcycles for 30 years.

"I hope to pick up a few pointers to help with my survival on the road," he said. "This class teaches techniques that can help you get more control and provide more safety."

The class is offered at 6 p.m. on the first Thursday of each month at the Defensive Driving Course training room, Corozal. The evaluation is held at 7:30 a.m. on the first Saturday of every month at the parking lot next to the Auto Mechanic Shop on Albroom AFS.

For information, call the safety office at 287-4051.

Nova accepting applications for September class

DIABLO (Tropic Times) - Nova Southeastern University is accepting applications for a new Masters of Business Administration degree group that will start in September.

Nova has the only U.S. accredited M.B.A. program in Panama, said university dean Martin C. Taylor.

The two-year, weekend program in the executive format is designed to strengthen managerial and leadership skills through its 13 courses in quantitative and qualitative competencies, Martin said.

Anyone interested in enrolling in the program should call 252-2071/2494 or visit the administrative office in the Diablo Clubhouse, Building 5051, 9 a.m.-6 p.m. Monday-Friday.

Applicants must hold a baccalaureate degree in any major from an accredited college or university. At least three semester hours of undergraduate work are required in statistics, economics, accounting, marketing and finance.

Applicants must also score 450 or higher on the Graduate Management Admission Test; or 1000 or higher on the Graduate Record Examination, Taylor said.

Tuition assistance and Veterans Affairs benefits can be discussed with local military education officers.

Nova has been in Panama since 1977. It has graduated almost 900 professionals at the doctoral, masters and bachelors levels, Taylor said.



U.S. Navy photo

National Night out fun for all

McGruff the Crime Dog hands out balloons during the 11th Annual National Crime Night Out at Farfan Aug. 5. National Night Out is designed to heighten crime and drug prevention awareness, generate support and participation in local anti-crime efforts, strengthen neighborhood spirit and police-community relations, and send a message to criminals, letting them know neighborhoods are organized and fighting back. More than 500 people attended.

Community activities

Clayton

A **La Leche League** meeting will be held 7 p.m. Tuesday at the Valent Recreation Center. Women who are pregnant or breastfeeding are invited and babies are also welcome. The meeting topic will be "nutrition and weaning." For information, call Debbie Owens at 287-6592.

A **cross-cultural workshop** will be held 8 a.m.-2:30 p.m. Aug. 25 Building 155, Fort Clayton. The workshop is designed to enable newcomers to adapt culturally to Panama. For reservations, call 287-5073. For free child care, call 287-5657.

The **annual missionary picnic** will be held 11:30 a.m. Saturday at the large bohio on Fort Clayton. For information, call Michelle Swistak at 287-3390.

The **Exceptional Family Member Program support group** meeting will be held 7:30-9 p.m. Tuesday at the Valent Recreation Center. All active duty, retirees and Department of Defense civilians who have family members who have disabilities are invited to attend. For special services or accommodations because of a disability or for more information, call the EFMP manager at 287-5073/4921.

The **Enlisted Spouses Club - Panama** holds meetings 7 p.m. the first Monday of each month at the Fort Clayton Noncommissioned Officers' Club. For information, call 287-3587.

For **Clayton Guest House La Mola restaurant** will have new hours effective Monday:

◆Breakfast: 6:30-9:30 a.m. Weekends/holidays 7-11 a.m.

◆Lunch: 11 a.m.-1:30 p.m. Weekends/holidays 11 a.m. to 1 p.m.

◆Dinner: 5-8 p.m. every day.

Howard/Albrook

The **Family Support Center Relocation Assistance Program** will hold a **Welcome to Panama** orientation and tour Thursday. Tour buses depart the Howard Enlisted Club at 7:30 a.m. and return at 3:30 p.m. Parents may call the Child Development Center (Howard 284-6135 or Albroom 285-6882) for free child care. To sign up, or for more information, call 284-5010.

The Howard Family Support Center offers **transition assistance counseling** by appointment from 7:30 a.m. to 4:30 p.m. weekdays. For more information, call 284-3865/4347.

The family services division of the **Howard Family Support Center** needs **volunteers** to help operate the loan closet, the base brochure library, and the coupon program.

Family services is open from 7:30 a.m. to 4:30 p.m. weekdays, and **free child care** is available for all volunteers. To volunteer, or for more information, call 284-5860.

Miscellaneous

The Officers' and Civilians' Wives Club-Pacific is organizing the **1994 Spouses Inter-Service Welcome**, Information and Sign-Up Coffee 10 a.m.-noon Sept. 14 at Club Amador. Qualified instructors are needed to teach arts, crafts, sports and hobbies. Care givers are also needed.

No vendors' fees will be charged. Registration deadline is Aug. 31. For information, call Jane Greenwood at 287-5120.

The **Consolidated Chaplains' Fund** is conducting interviews for the following Fiscal Year 95 contract positions:

◆Clayton Chapel General Protestant: seven watch care providers-Protestant Women of the Chapel; two watch care providers for chapel services; one music director and one pianist. The point of contact is Chaplain Robert Scruggs at 287-5859.

◆Clayton Chapel - Gospel pianist, music coordinator, drummer, watch care provider. The POC is Chaplain Paul O'Neil at 287-5877.

◆Amador Chapel - Episcopal one pianist or organist and one watch care provider. The POC is Chaplain Robert Neske at 287-3532.

◆Corozal Chapel: two watch care providers. The POC is Chaplain Paul Bolton at 287-5859.

◆Atlantic Chapel Center: three musicians, four watch care providers. The POC is Chaplain Neil Frey at 289-3319.

Contact the appropriate POC for an appointment.

Things to do

Rodman

◆Information, Tour and Travel:

Free Zone shopping trip, Aug. 31, \$12, 7 a.m. departure, minimum of 12 people needed.

El Valle shopping trip, Aug. 21, \$12, 7 a.m., minimum of 12 people needed. Shop for local handicrafts, plants, fruits & vegetables and visit nature preserve.

Panama City tour, Monday and Aug. 24, \$8, 9 a.m., minimum of 10 people needed. Visit the Church of the Golden Altar, French Plaza and more.

Barro Colorado Island, Saturday, Thursday and Aug. 27, \$65, 6 a.m. departure, two people needed. Visit the tropical research island in the Panama Canal's Gatun Lake.

Dinner in Panama, 6 p.m. Sunday and Tuesday. Take the opportunity to dine on Via Argentina, location of many of Panama City's restaurants, \$4 covers roundtrip transportation, cost of dinner is not included.

Downtown shopping trip, 9 a.m. Aug. 19, \$8. Shop Panama City's department stores.

Moonlight Cruise, 6:30 p.m. Aug. 20, \$21 fee covers hors d'oeuvres. Cruise to Taboga Island by moonlight, while viewing Panama City's skyline.

Labor Day weekend special tours:

Contadora Island, Sept. 2-5, \$220/person double occupancy, \$265/person single occupancy, transportation aboard the *Black Stallion* to and from island, 3 nights accommodation, all meals and national drinks, use of all facilities included in the fee.

Cartagena, Columbia, Sept. 2-5, \$325/person (Decameron Hotel), \$359/person (Caribe Hotel). Fee includes airfare, three nights accommodation, hotel transfers, city tour, use of facilities and all meals, drinks, and snacks (Decameron) or breakfast and dinner (Caribe).

Bambito, Chiriqui, Sept. 2-5, \$240/person double occupancy, \$215 triple occupancy. Fee includes transportation, three nights accommodation, breakfast and dinners, tours of Boquete, Volcan and Cerro Punta, coffee and banana plantations.

Albrook/Howard

◆Zodiac Community Activities Center:

Free Zone Shopping Tour- 8:30 a.m.-4:30 p.m., \$13 fee. Every Friday in August.

Family trip to Summit Park and Zoo- 9 a.m.- 2 p.m. Saturday, \$15 fee.

Isla Grande Beach Trip- 7 a.m.-6 p.m. Sunday, \$20 fee.

Beer Brewery and Locks Tour- 9 a.m.- 4 p.m. Tuesday, \$8 fee.

Newcomer's Vista Panama- 7 a.m.-9

p.m. Thursday, \$1 fee. Learn about the city and country.

◆Outdoor adventures:

El Valle horseback riding trip 7 a.m.-4 p.m. Aug. 20, \$24 fee.

Peacock bass fishing in Gatun Lake 5 a.m.-2 p.m. Saturday, \$25 fee. Trip includes boat, guide and gear, bring your own lunch.

Barro Colorado Nature Preserve Tour- 6 a.m.-3 p.m. Aug. 19, \$65 per person. A must see island overflowing with tropical plants, and animals.

Clayton

◆Valent Recreation Center:

Shimmey Beach 9 a.m.-5 p.m. Saturday.

El Valle 6:30 p.m.-5 p.m. Sunday.

"ExpoMujer" exhibition 2-6 p.m. Saturday at the Atlapa Convention Center, bus departs at 2 p.m. The \$8 fee includes entrance price and a raffle. Call for reservations.

◆Outdoor Recreation Center:

Partial transits of the Panama Canal 7:30-11:30 a.m. Saturdays, \$40. A minimum of 20 people is needed for a partial transit any other day of the week.

There is **Contadora Island** transit service Mondays and Fridays. Fees are \$35 adults and \$20 children 12 and under round trip, \$25 adults and \$15 children

one way.

Sun Splash tour to Jamaica travel opportunity to Montego Bay any Sunday through Wednesday. Packet includes airfare, three nights hotel accommodations, and transfer. Prices vary from \$300-\$600 depending on the hotel.

There will be a **whitewater rafting** trip in Chiriqui Aug. 20-21. The \$160 fee covers transportation, lodging, guides and meals. All participants must be 12 years old or older and be able to swim.

Balboa

◆Balboa Dive Club:

The club is now accepting new members. Divers must show a diving certification card to join, membership is \$12 per diver per year.

The club will hold its **next meeting** 7:30 p.m. Wednesday at the Curundu Restaurant. The guest speaker will be Richard Peralta of Asocacion Oceana de Panama. Information on upcoming dives will be available.

The club is organizing a trip to **Bocas del Toro** Sept. 3-5. The trip is \$275 per person and includes roundtrip airfare, accommodations, meals, entertainment, tanks, weights and five guided boat dives. A \$100 deposit is required. Contact the club about reservations and send your check to Unit 0967, APO AA 34002.

Shops/classes

Albrook/Howard

◆Zodiac Community Activities Center:

Tae Kwon Do at Zodiac Center for children and adults.

Beginner and advanced dog obedience, \$32 for 4 weeks.

Beginner and advanced english and spanish offered monthly.

Martial arts, at Howard and Albrook Youth Centers, 284-4700.

◆Albrook Auto shop:

Air conditioning service and repair 12:30-5 p.m. every day except Tuesday and Wednesday.

Wheel alignment diagnostic and service classes are held 3-9 p.m. Mondays, Thursdays and Fridays, 10 a.m.-5 p.m. Saturdays and Sundays.

◆Howard and Albrook Pools

Intro to scuba, Free, call for appointment.

Open water scuba, Monday, Albrook Pool, \$145 fee.

Advanced scuba, Aug. 22, Albrook Pool. \$105 fee.

Water exercise, for beginning to advanced adult swimmers.

Dive master scuba, available Monday at the Howard Pool.

Clayton

◆Fort Clayton Boat Shop:

Beginning and advanced swimming lessons are available at the Clayton Pool 2:15-5:45 p.m. Mondays-Thursdays.

◆Valent Recreation Center:

Basic/intermediate English Monday-Thursday, one hour each.

Intermediate Spanish, Thursday-Sept. 10. Class meets 5-6 p.m. Tuesdays and Thursdays, \$30 fee.

Eight-week Spanish headstart meets 5-7 p.m. Wednesdays and Fridays, starts Wednesday. Register today.

◆Fort Clayton Scuba Shop:

The phone is temporarily out of order. Call 287-6453/5807 for information.

Basic open-water scuba, \$115.

Advanced open-water scuba,

\$140.

Underwater photography, \$99.

Curundu

◆Twin Oceans Pro Shop:

Equipment available for scuba, snorkel, tennis, camping and other outdoor recreation.

◆Pacific Theatre Arts Centre:

Monthly classes are available ranging from various dance lessons, guitar and martial arts. Call 286-3814 for information.

Rodman

◆Rodman Marina:

A two week **open-water scuba** class will begin on Tuesday at the Rodman Pool. All equipment, textbooks, and certification will be provided for the \$125 fee. Call 283-5307 or 283-4454 to register.

A **boating safety** class will be held 6-9 p.m. Monday and Wednesday, \$35 fee includes materials and test drive. The course qualifies people to rent marina boats. Payment and reservations must be made before the first class. Call 283-3147 for information.



Courtesy photo

Model diver

Sandra Muggler blows bubbles for the camera. The Balboa Dive Club is taking entries for the 1994 photography contest until Sept. 14. Submit two entries in each category; close up/macro, marine life, above water and diver portrait. Entries should be in color slide format. Send to Unit 0967, APO AA 34002.

Special events

Entertainment

◆Valent Recreation Center:

Local talent is needed for the "USO AT&T Countdown to Stardom '94 Talent Show." The show will be 7 p.m. Saturday at Valent Recreation Center. The top finalist will advance to compete with representatives from other post for a recording session with Sony Records.

◆Atlapa Convention Center:

The National Concert Association will present the **original chamber orchestra of France - La Follia**, 8 p.m. Wednesday

in the La Huaca Theater, Atlapa Convention Center. For information or tickets, call 225-4951.

Baskets

◆Albrook Club:

Basket Bazaar, 9 a.m.-3 p.m. Aug. 28. Once again, the largest basket, tagua, and cocobolo wood carving sales will be happening at the Albrook Club Patio.

Theatre

◆Pacific Theatre Arts Center:

The **Children's Summer Theatre**

Camp production "Happily Ever After" runs 7:30 p.m. today, and 2 p.m. Saturday and Sunday. See story on page B3.

Social

◆Club Amador:

The **St. Andrews Society** is holding its annual Summer Ceilidh 7-10 p.m. Saturday at Club Amador. There will be a buffet dinner, Scottish music, and folk dancing. Neil McColl will speak on the "Darien Expedition." Call Lorri Gilchrist at 260-8228 or Violet Icaza at 230-1683 for information.



Nuns on the run

The Theatre Guild of Ancon will hold auditions for Nunsense II 7 p.m. Monday and Tuesday at the Ancon theater. The musical comedy calls for five singing women. Performances will be Oct. 14-Nov. 8. The theater is located on Gaillard Highway, next to the Panamanian police station in Ancon. Call 252-6786 for information.

Arts and crafts

◆Fort Clayton Arts and Crafts Center:

Sewing twice a week for two hours.

Cake decorating twice a week for two hours.

The Ceramic Center, Building 198, is located near the Crafts Shop.

◆Canal Crafters:

Handmade arts and crafts are available. Consignment and volunteers are welcome by the shop staff.

The shop is open 10 a.m.-2 p.m. Tuesdays, Thursdays and Saturdays, Building 804, Albrook. Call 286-4500. Classes are available.

Sign up at the shop.

Tole-painting, Santa tray 10:15 a.m. Tuesday.

Stencil demonstration 10:15 a.m. Aug. 23.

◆Howard Skills Development Center:

All classes must be preregistered and prepaid. Classes will be cancelled 24 hours prior if minimum participation is not met.

Free Airbrushing Demonstration, noon-12:30 p.m. Friday, 2-2:30 p.m. Thursday.

Framing Class, 10 a.m.-2 p.m. Saturday, \$20 fee.

Free Porcelain Pouring Class, 2-4 p.m. Aug. 19. Need to buy slip and tools.

Stained Glass Classes, 5-7 p.m. Thursdays.

Clay Flower Class, 11 a.m.-1 p.m. Saturdays.

Ongoing classes, stained glass, framing, lamp assembly, pottery wheel throwing, cross stitch, macrame, clay flower and ceramics.

◆Fort Sherman Multicraft Center:

Air brush painting class Saturday, \$2 fee.

Rec center news

◆Valent Recreation Center:

Better Opportunities for Single Soldiers forum meets the first Thursday of every month and is open to all barracks residents.

The center is looking for **judges for the second Scale Model Exhibition and Expo '94**. You must know how to build models to qualify. The event will be 2-5 p.m. Sept. 17-18. Call Johnny Tate at 287-5057 for more information.

Live bird show Saturday.

Geological exhibit and sale of

gems, rocks, mineral stone and jewelry, Aug. 20-21. Geological experience and shopping opportunity.

Gloria's Bazaar, 1-9 p.m. today through Sunday.

Local dart tournament Oct. 8, mandatory clinic Aug. 24. Register now.

Slides, videos and photo show today and Saturday commemorating the **Panama Canal Inauguration**.

◆Cocoli Community Center:

Arts and crafts for children 3:30 p.m. Tuesdays and Thursdays.

◆Zodiac Community Center:

Subs on Top has new hours, 11 a.m.-5 p.m. Mondays-Fridays, 11 a.m.-3 p.m. Saturdays. Subs on Top is in the Zodiac Community Activities Center. Take out, eat in and delivery services are available. Phone orders to 284-5848, fax to 284-6109.

Rent the activities room and the Big Tree Bohio for private functions.

Atlantic news

Rec center news

◆Sundial Recreation Center:

Aerobics 9:30-10:30 a.m. Monday, Wednesdays and Fridays.

Spanish 6-7 p.m. Tuesdays and Fridays.

Beginning Painting 6-8 p.m. Mondays and Wednesdays.

Piano 10:30 a.m.-11 p.m. Wednesdays.

Family exercise 9:30-10:30 a.m.

Wednesdays.

Karate 6-7 p.m. Mondays and Wednesdays.

Gymnastics/ballet 6-8 p.m. Thursdays.

◆Ocean Breeze Recreation Center:

The center offers a variety of classes such as karate, cake decorating, Spanish, english, piano, country line-dancing and jazz.

Atlantic tours

◆Sundial Recreation Center:

Isla Grande overnight, 8 a.m. Saturday.

Portobello treasure hunt, 9 a.m. Aug. 20.

El Valle 5:30 a.m. Aug. 21.

◆Ocean Breeze Recreation Center:

El Valle 5:30 a.m. Sunday.

Panama City shopping, 8 a.m. Aug. 20.

Phone guide

Pacific

24th Services Squadron Sports and Recreational Rental Center, 284-6107
Albrook Auto Craft Shop, 286-3613
Albrook Club, 286-4128
Albrook Riding Stables 287-4411/3333
Balboa Dive Club 263-8077/250---75
Canal Crafters 286-4500
Clayton Arts and Crafts Center, 287-5957
Clayton Boat Shop 287-6453
Clayton Ceramic Center, 287-4360
Clayton NCO Club, 287-3586
Clayton Outdoor Recreation Center, 287-3363
Clayton Scuba Shop 287-3355
Club Amador, 282-3534
Cocoli Recreation Center, 287-3010
Howard Auto Craft Shop, 284-3370
Howard Enlisted Members' Club, 284-4107
Howard Officers' Club, 284-4680
Howard Riding Stables 284-3770
Howard Skills Development Center, 284-6361
Howard Teen Center, 284-4700
Howard Wood Craft Shop 284-4510
The Loop, 287-3035
Pacific Theatre Arts Centre 286-3814
Quarry Heights Officers' Club, 282-4380
Rodman Annex, 283-5475
Rodman Club, 283-4498
Rodman Marina, 283-3147/3150
Rodman Naval Station Information Tour and Travel Office, 283-5307/4454
Twin Oceans Pro Shop 286-6514
Valent Recreation Center, 287-6500
Zodiac Community Activities Center, 284-6161

Atlantic

Aquativity Center, 289-4009
Davis Arts and Crafts Center, 289-5201
Davis Community Club, 289-5160
Ocean Breeze Recreation Center, 289-6402
Outdoor Recreation, 289-4077
Sherman Arts and Crafts Center, 289-6313
Sherman Scuba Shop, 289-6104
Sundial Recreation Center, 289-3889/3300

Location	Today	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
Howard AFB 284-3583	7pm: The Cowboy Way (PG-13) Woody Harrelson, Kiefer Sutherland 9pm: Maverick (PG) Mel Gibson, Jodie Foster	2pm: The Princess and the Goblin (G) Animated 7pm: Maverick (PG) Mel Gibson, Jodie Foster 9:30pm: The Cowboy Way (PG-13) Woody Harrelson, Kiefer Sutherland	2pm: The Princess and the Goblin (G) Animated 7pm: The Princess and the Goblin (G) Animated 9pm: Maverick (PG) Mel Gibson, Jodie Foster	7pm: The Cowboy Way (PG-13) Woody Harrelson, Kiefer Sutherland 9pm: Maverick (PG) Mel Gibson, Jodie Foster	7pm: Maverick (PG) Mel Gibson, Jodie Foster 9:30pm: The Cowboy Way (PG-13) Woody Harrelson, Kiefer Sutherland	2pm: The Flintstones (PG) John Goodman, Rick Moranis 7pm: Getting Even With Dad (PG) Ted Danson, Macaulay Culkin 9pm: The Flintstones (PG) John Goodman, Rick Moranis	7pm: The Flintstones (PG) John Goodman, Rick Moranis 9pm: Naked Gun 33 1/3 (PG-13) Leslie Nielsen, Priscilla Presley (\$1.50 adult, \$1 children admission)
Fort Clayton 287-3279	7pm: Endless Summer II (PG) Robert Weaver, Patrick O'Connell 9pm: Beverly Hills Cop III (R) Eddie Murphy, Hector Elizondo	2pm: Renaissance Man (PG-13) Danny Devito, Gregory Hines 7pm: Endless Summer II (PG) Robert Weaver, Patrick O'Connell 9pm: Renaissance Man (PG-13) Danny Devito, Gregory Hines	2pm: Endless Summer II (PG) Robert Weaver, Patrick O'Connell 7pm: Renaissance Man (PG-13) Danny Devito, Gregory Hines 9:30pm: No Escape (R) Ray Liotta, Lance Henriksen	7pm: Renaissance Man (PG-13) Danny Devito, Gregory Hines 9:30pm: Endless Summer II (PG) Robert Weaver, Patrick O'Connell	7pm: Schindler's List (R) Liam Nelson, Ben Kingsley	7pm: Maverick (PG) Mel Gibson, Jodie Foster 9:30pm: The Cowboy Way (PG-13) Woody Harrelson, Kiefer Sutherland	7pm: The Cowboy Way (PG-13) Woody Harrelson, Kiefer Sutherland 9pm: Maverick (PG) Mel Gibson, Jodie Foster
Fort Davis 289-5173	7pm: The Crow (R) Brandon Lee, Ernie Hudson	2pm: Beethoven's 2nd (PG) Charles Grodin, Bonnie Hunt 7pm: Beverly Hills Cop III (R) Eddie Murphy 9pm: The Crow (R) Brandon Lee, Ernie Hudson	7pm: Four Weddings and a Funeral (R) Andie MacDowell, Hugh Grant	7pm: Beverly Hills Cop III (R) Eddie Murphy	7pm: Serial Mom (R) Kathleen Turner, Sam Waterson	7pm: Endless Summer II (PG) Robert Weaver, Patrick O'Connell	7pm: Serial Mom (R) Kathleen Turner, Sam Waterson
Fort Sherman 289-5173	7:30pm: Four Weddings and a Funeral (R) Andie MacDowell, Hugh Grant	7:30pm: White Fang II (PG) \$1.50 adults, \$1 children admission	7:30pm: Beverly Hills Cop III (R) Eddie Murphy	No show	No show	No show	7:30pm: Endless Summer II (PG) Robert Weaver, Patrick O'Connell
Fort Amador 284-3583	7pm: Princess and the Goblin (G) Animated	7pm: When a Man Loves a Woman (R) Andy Garcia, Meg Ryan	7pm: The Cowboy Way (PG-13) Woody Harrelson, Kiefer Sutherland	No show	No show	7pm: Renaissance Man (PG-13) Danny Devito, Gregory Hines	7pm: Getting Even With Dad (PG) Ted Danson, Macaulay Culkin

Coming soon

Aug. 19

Howard AFB

- 7pm** Gettin Even With Dad (PG) Ted Danson, Macaulay Culkin
9pm The Flintstones (PG) John Goodman, Rick Moranis

Fort Clayton

- 7pm** The Cowboy Way (PG-13) Woody Harrelson, Kiefer Sutherland
9pm Maverick (PG) Mel Gibson, Jodie Foster

Fort Davis

- 7pm** Endless Summer II (PG) Robert Weaver, Patrick O'Connell
9pm Beverly Hills Cop III (R) Eddie Murphy

Fort Sherman

- 7:30pm** Renaissance Man (PG-13) Danny Devito, Gregory Hines

Fort Amador

- 7pm** Naked Gun 33 1/3 (PG-13) Leslie Nielsen, Priscilla Presley \$1.50 adults, \$1 children admission

Now showing

The Flintstones

John Goodman, Rick Moranis
Steven "Spielrock" brings the modern Stone Age family to the silver screen. Elizabeth Perkins is Wilma and Rosie O'Donnell is Betty. Liz Taylor is Fred's mother in law. PG. 1 hr, 31 min.

Getting Even With Dad

Ted Danson, Macaulay Culkin
Timmy, an attention-starved 11-year-old boy blackmails his ex-con dad into going straight PG (mild language) 1 hr 48 min.

Naked Gun 33 1/3

Leslie Nielsen, Priscilla Presley
Nielsen is now reired police lieutenant Frank Drebin who is drawn back into undercover duty. PG-13 (off color humor) 1 hr 23 min)

Maverick

Mel Gibson, Jodie Foster
A con man gambler becomes entangled with a high-spirited young woman and a law man who plan to challenge him at a high-stakes poker game. PG (mild sensuality, western action) 2 hr, 9 min.

The Cowboy Way

Woody Harrelson, Kiefer Sutherland
Two rodeo stars who never have been east of Tulsa trek to New York to investigate the disappearance of a friend. PG-13 (violence, some language, comic sensuality) 1 hr, 47 min.

Endless Summer II

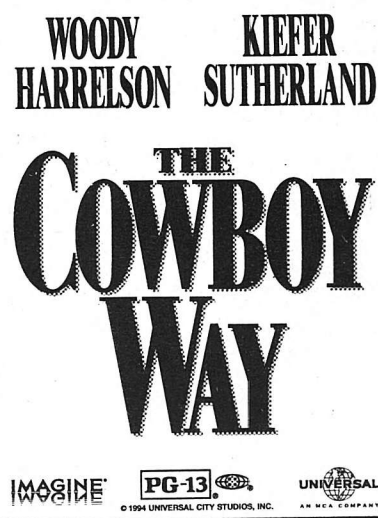
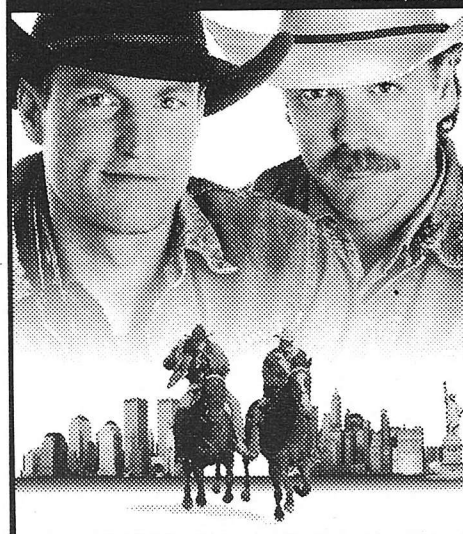
Robert Weaver, Patrick O'Connell
Two surfers journey around the world, catching the biggest and best waves. PG (brief nudity, some mild language)

The Crow

Brandon Lee, Ernie Hudson
A musician rises from the grave to

"A WILDLY FUNNY EDGE-OF-YOUR-SEAT ROMP!"

- Bill Diehl, ABC RADIO NETWORK



Now showing at Howard and Amador theaters.

avenge his and his fiancée's murders. The performance of the late Brandon Lee fits. R (strong violence, language, drug use, some sexuality), 1 hr, 40 min.

Beethoven's 2nd

Charles Grodin, Bonnie Hunt
America's favorite canine star, Beethoven, the king-sized St. Bernard is back in an all-new adventure. This time he's fallen in love. PG (mild language, unapt teen behavior), 1 hr, 29 min.

No Escape

Ray Liotta, Lance Henriksen
Ray Liotta is sent to a high security prison and assigned to an isolated island colony where two groups of desperate criminals battle for control. He organizes the troops to battle for freedom against the highly mechanized security forces. R (strong violence, language), 1 hr, 58 min.

Schindler's List

Liam Neeson, Ben Kingsley
Steven Spielberg's powerful film account of how a Jewish businessman saved thousands of WWII Jews from death is a

chilling and realistic recreation of one of recent history's most horrifying chapters. R (language, actuality violence, some sexuality), 3 hrs, 15 min.

Beverly Hills Cop III

Eddie Murphy, Hector Elizondo
Detroit police detective Axel Foley returns to southern California to investigate a crime ring at Wonder World amusement park. R (language, some mild language) 1 hr, 45 min.

The Princess and the Goblin

Animated
Animated version of the George MacDonald children's classic. G 1 hr, 24 min.

Renaissance Man

Danny DeVito, Gregory Hines
An out-of-work advertising executive ends up as teaching Army recruits. When his style doesn't blend with the military's principles, DeVito butts heads with the Army's upper brass. PG-13 (some language) 2 hrs, 8 min.



TV Schedule

Tropic Times
Aug. 12, 1994

B9

Channels 8 & 10

* Mature Theme ** Series Begins ***Series Ends + Program time change because of live event ****Program moved to new day and time

Today	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
5:30 NBC News at Sunrise 6:00 Good Morning America w/ Panama Now 8:00 Basic Training Workout 8:30 Sesame Street 9:30 Portrait Of America 10:25 Guiding Light 11:10 General Hospital 12:00 Headline News Break 12:25 Panama Now 12:30 Sportscenter 1:00 Another World 2:00 Oprah Winfrey 3:00 Price is Right 4:00 Think Fast! 4:30 I Love Lucy 5:00 Family Feud 5:30 The Cosby Show 6:00 SCN Evening Report 6:30 Headline News Break 6:30 World News Tonight 7:00 NFL: Denver vs San Francisco 10:00 SCN Late Edition 10:05 Cheers 10:30 David Letterman 11:30 Tonight Show 12:30 Rocko's Modern World 12:55 All Night Movies: "Angel At My Table" Part 2 2:20 "Spartacus" 5:25 Videolinks	6:30 Headline News 7:00 Navy/Marine Corps News 7:30 Real News For Kids 8:00 Guts 8:30 Just for Kids! -Garfield & Friends -Teenage Mutant Ninja Turtles -Wild West C.O.W. Boys Of Moo Mesa -Batman Cartoon -Cartoon Classics -Faerie Tale Theater 11:00 The New Explorers 12:00 Headline News 12:30 NFL: NY Giants vs San Diego 3:30 America's Funniest People 4:00 Nova 5:00 Soul Train ** 6:00 The Adventures of Superman 6:30 Rescue 911 7:25 China Beach 8:25 Evening Movie: "It's My Turn" 10:00 Dave's World 10:30 Saturday Night Live 12:00 WWF Superstars of Wrestling 12:45 Friday Night Videolinks 1:45 All Night Movies: "The Marla Hanson Story" 3:25 "Young Man With A Horn"	6:00 CCMTV 6:30 Outreach of Love 7:00 Parliament of Souls 7:30 Lifestyle Magazine 8:00 CBS Sunday Morning 9:30 Face The Nation 10:00 Washington Week In Review 10:30 This Week w/ Brinkley 11:30 America's Black Forum 12:00 Headline News 12:30 On Stage 12:55 Afternoon Movies: "The Swimmer" 2:30 Victory At Sea 3:00 World Championship Basketball Game 5:00 Headline News 5:30 Entertainment This Week 6:30 Grace Under Fire 6:55 Murphy Brown **** 7:20 Evening Movie: "Ghostbusters" 9:10 L.A. Law 10:00 ABC 20/20 11:00 Miami Vice** 12:00 Headline News 12:30 Meet the Press 1:30 Headline News 2:00 Sports Latentight 2:30 ABC World News Now 3:00 Headline News 3:30 Sports Machine 4:00 ABC World News Now 5:00 Headline News Break	5:30 NBC News at Sunrise 6:00 Good Morning America w/ Panama Now 8:00 Basic Training Workout 8:30 Sesame Street 9:30 Portrait of America 10:25 Guiding Light 11:10 General Hospital 12:00 Headline News 12:25 Panama Now 12:30 Sports Machine 1:00 Another World 2:00 Oprah Winfrey 3:00 Price is Right 4:00 Guts 4:30 I Love Lucy 5:00 Family Feud 5:30 The Cosby Show 6:00 SCN Evening Report 6:15 Headline News Break 6:30 World News Tonight 7:00 Wheel of Fortune 7:25 Panama Now 7:30 Entertainment Tonight 8:00 NFL Monday Night Football: Dallas vs Houston 11:00 David Letterman 12:00 Tonight Show 1:00 Nightline 1:30 Sports Latentight 2:00 Arsenio Hall 3:00 Headline News 3:30 Tonight Show 4:30 Headline News 5:00 Headline News Break	5:30 NBC News at Sunrise 6:00 Good Morning America w/ Panama Now 8:00 Bodyshaping 8:30 Sesame Street 9:30 Portrait of America 10:25 Guiding Light 11:10 General Hospital 12:00 Headline News Break 12:25 Panama Now 12:30 Sportscenter 1:00 Another World 2:00 Sally Jesse Raphael 3:00 Price is Right 4:00 Ghostwriter 4:30 I Love Lucy 5:00 Family Feud 5:30 The Cosby Show 6:00 SCN Evening Report 6:15 Headline News Break 6:30 World News Tonight 7:00 Wheel of Fortune 7:25 Panama Now 7:30 Entertainment Tonight 8:00 Answerline: DoDDS 9:00 Northern Exposure 10:00 SCN Late Edition 10:05 Cheers 10:30 David Letterman 11:30 Tonight Show 12:30 Headline News 1:00 Nightline 1:30 Sports Latentight 2:00 Arsenio Hall 3:00 Headline News 3:30 Tonight Show 4:30 Headline News 5:00 Headline News Break	5:30 NBC News at Sunrise 6:00 Good Morning America w/ Panama Now 8:00 Basic Training Workout 8:30 Sesame Street 9:30 Portrait of America 10:25 Guiding Light 11:10 General Hospital 12:00 Headline News Break 12:25 Panama Now 12:30 Sportscenter 1:00 Another World 2:00 Oprah Winfrey 3:00 Price is Right 4:00 Shining Time Station 4:30 I Love Lucy 5:00 Family Feud 5:30 The Cosby Show 6:00 SCN Evening Report 6:15 Headline News Break 6:30 World News Tonight 7:00 Wheel of Fortune 7:25 Panama Now 7:30 Entertainment Tonight 8:00 Fresh Prince of Bel-Air 8:30 Beverly Hills 90210 9:30 COPS 10:00 SCN Late Edition 10:05 Cheers 10:30 David Letterman 11:30 Tonight Show 12:30 Headline News 1:00 Nightline 1:30 Sports Latentight 2:00 Arsenio Hall 3:00 Headline News 3:30 Tonight Show 4:30 Headline News 5:00 Headline News Break	5:30 NBC News at Sunrise 6:00 Good Morning America w/ Panama Now 8:00 Bodyshaping 8:30 Sesame Street 9:30 Portrait of America 10:25 Guiding Light 11:10 General Hospital 12:00 Headline News Break 12:25 Panama Now 12:30 Sportscenter 1:00 Another World 2:00 Donahue 3:00 Price is Right 4:00 Club Connect 4:30 I Love Lucy 5:00 Family Feud 5:30 The Cosby Show 6:00 SCN Evening Report 6:15 Headline News Break 6:30 World News Tonight 7:00 NFL Football: San Francisco vs San Diego 10:00 SCN Late Edition 10:05 Cheers 10:30 David Letterman 11:30 Tonight Show 12:30 Headline News 1:00 Nightline 1:30 Sports Latentight 2:00 Arsenio Hall 3:00 Headline News 3:30 Tonight Show 4:30 Headline News 5:00 Headline News Break

Cable channel 14

* Mature Theme ** Series Begins ***Series Ends + Program time change because of live event ****Program moved to new day and time

Today	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
5:30 Simulcast with Channels 8 & 10 8:00 Oprah Winfrey 9:00 Today 11:00 Star Trek 12:00 Headline News Break 12:25 Panama Now 12:30 All My Children 1:30 One Life to Live 2:30 Young and Restless 3:30 Mutant Ninja Turtles 4:00 Fraggles Rock 4:30 Ghost Writer 5:00 Silver Spoons 5:30 Showbiz Today 6:00 SCN Evening Report 6:15 Headline News Break 6:30 NBC Nightly News 7:00 The Next Generation 7:55 Panama Now 8:00 Frasier ** 8:30 Street Match ** 9:00 Primetime Live **** 10:00 Renegade **** 11:00 Headline News Break 11:25 SCN Late Edition 11:30 Nightline 12:00 M*A*S*H 12:30 Larry King Live 1:30 Sports Latentight 2:00 Arsenio Hall 3:00 Headline News 3:30 Tonight Show 4:30 David Letterman 5:30 Simulcast with 8 & 10	6:30 Simulcast with 8 & 10 8:30 Young Adult Theater - "From Disney with Love" - "Malcolm Takes a Shot" - "Lies of the Heart" 11:30 Real News For Kids 12:30 Movie: "Absent-Minded Professor" 2:10 "Son of Flubber" 4:00 21 Jump Street 5:00 American Gladiators 6:00 The Honeymooners 6:30 The Simpsons 7:00 Lois & Clark: The Adventures of Superman 8:00 "Deep Space Nine" 9:00 Herman's Head 9:30 Married With Children 10:00 Movie: "Shoot To Kill" 12:00 Headline News 12:30 Science And Technology Week 1:00 The McLaughlin Group 1:30 Sports Latentight 2:00 Entertainment This Week 3:00 Headline News 3:30 Saturday Night Live 5:00 Videolinks 5:30 Headline News Break	6:00 Shining Time Station 6:30 The Sunshine Factory 7:00 Goof Troop 7:25 Garfield and Friends 7:55 Darkwing Duck 8:20 Batman 8:40 Where On Earth Is Carmen Sandiego? 9:05 Teenage Mutant Ninja Turtles 9:30 Science & Technology Week 10:00 Motor Week 10:30 Sports Closeup 11:00 This Week In Baseball 11:30 This Old House 12:00 Mary Tyler Moore Show *** 12:30 Amish Cooking From Quilt Country 1:00 Movie: "No Deposit, No Return" 3:10 "The New Adventures Of Pippi Longstocking" 5:00 Quantum Leap 6:00 Fresh Prince of Bel-Air 6:30 Wonderful World of Disney 7:30 Golden Girls 8:00 Sunday Night Movie: "Ladyhawk" 10:00 Buck James 11:00 Turning Point 12:00 Simulcast with 8 & 10	5:30 Simulcast with 8 & 10 8:00 Oprah Winfrey 9:00 Today 11:00 Star Trek 12:00 Headline News Break 12:25 Panama Now 12:30 All My Children 1:30 One Life to Live 2:30 Young and the Restless 3:30 Batman 4:00 Fraggles Rock 4:30 Are You Afraid Of The Dark? 5:00 Club Connect 5:30 Showbiz Today 6:00 SCN Evening Report 6:15 Headline News Break 6:30 NBC Nightly News 7:00 Star Trek: The Next Generation 7:55 Panama Now 8:00 MacGyver 9:00 Monday Night Movie: "Casualties Of War" 10:35 SCIMED Health Test "The Genetics And Heredity Test" 11:00 Headline News Break 11:25 SCN Late Edition 11:30 Nightline 12:00 M*A*S*H 12:30 Simulcast with 8&10	5:30 Simulcast with 8 & 10 8:00 Donahue 9:00 Today 11:00 Star Trek 12:00 Headline News Break 12:25 Panama Now 12:30 All My Children 1:30 One Life to Live 2:30 Young and the Restless 3:30 Where on Earth is Carmen Sandiego? 4:00 Fraggles Rock 4:30 Guts 5:00 Beakman's World 5:30 Showbiz Today 6:00 SCN Evening Report 6:15 Headline News Break 6:30 NBC Nightly News 7:00 Star Trek: The Next Generation 7:55 Panama Now 8:00 ALF 8:30 Family Matters 9:00 Tour of Duty 10:00 Murder She Wrote *** 11:00 Headline News Break 11:25 SCN Late Edition 11:30 Nightline 12:00 M*A*S*H 12:30 Simulcast with 8&10	5:30 Simulcast with 8 & 10 8:00 Oprah Winfrey 9:00 Today 11:00 Star Trek 12:00 Headline News Break 12:25 Panama Now 12:30 All My Children 1:30 One Life to Live 2:30 Young and the Restless 3:30 Goof Troop 4:00 Fraggles Rock 4:30 Guts 5:00 Beakman's World 5:30 Showbiz Today 6:00 SCN Evening Report 6:15 Headline News Break 6:30 NBC Nightly News 7:00 Star Trek: The Next Generation 7:55 Panama Now 8:00 Full House 8:30 Living Single 9:00 Dateline NBC 10:00 L.A. Law 11:00 Headline News Break 11:25 SCN Late Edition 11:30 Nightline 12:00 M*A*S*H 12:30 Simulcast with 8&10	5:30 Simulcast with 8 & 10 8:00 Sally Jesse Raphael 9:00 Today 11:00 Star Trek 12:00 Headline News Break 12:25 Panama Now 12:30 All My Children 1:30 One Life to Live 2:30 Young and the Restless 3:30 Garfield and Friends 4:00 Fraggles Rock 4:30 Nick Arcade 5:00 The Wonder Years 5:30 Showbiz Today 6:00 SCN Evening Report 6:15 Headline News Break 6:30 NBC Nightly News 7:00 Star Trek: The Next Generation 7:55 Panama Now 8:00 Full House 8:30 Living Single 9:00 Dateline NBC 10:00 L.A. Law 11:00 Headline News Break 11:25 SCN Late Edition 11:30 Nightline 12:00 M*A*S*H 12:30 Simulcast with 8&10

Sports and specials

Channels 8 & 10

Sports

NFL football: Denver vs San Francisco 7 p.m. tonight
NY Giants vs San Diego 12:30 p.m. Saturday
NFL Monday Night Football: Dallas vs Houston 8 p.m. Monday
NFL: San Francisco vs San Diego 7 p.m. Thursday

Basketball

World Basketball Championship Game 3 p.m. Sunday

Specials

Answerline 8 p.m. Tuesday

The subject for the August edition of Answerline is Department of Defense Dependents Schools. Our guest, Dr. James Wolf, superintendent, Panama District Schools, will answer questions about the upcoming school year. SCN will begin recording phone calls at 6:30 p.m. at 287-4460.

Prime time movies

"Ghostbusters" (Comedy, 1984, ***, Rated PG) 7:20 p.m. Sunday
A trio of screwy university parapsychologists lose their research grant and decide to open their own business rounding up rowdy spirits. Stars: Bill Murray and Dan Akroyd.

Cable Channel 14

Series starts

"Frasier" 8 p.m. tonight

After "last call" at Cheers, Dr. Frasier Crane packed up his belongings and left Boston for his hometown of Seattle and a new job as a radio talk show shrink. Now America's funniest Freudian highbrow has a hit on his hands. He's set up in a luxury condo and finally has somebody as pretentious as himself to pal around with...his own little brother, Miles. In fact, everything is coming up well-cultivated roses for Crane...until his irascible ex-cop father and his loony live-in nurse move in. The resulting hectic hilarity is driving Frasier nuts...and sending audiences into hysterics. Stars: Kelsey Grammer.

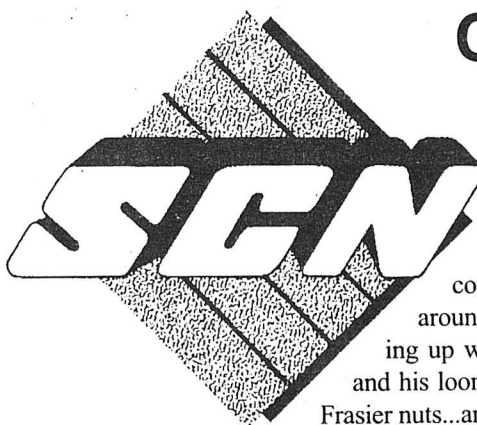
"Street Match" 8:30 p.m. tonight

There's love in store for the X Generation as host Rickey Paul Goldin brings together strangers and arranges dates between them. Each episode follows two couples "before, during and after" their first date.

Primetime movies

"Shoot to Kill" (Action Drama, 1988, **1/2, Rated R) 10 p.m. Saturday

Sidney Poitier is a big city cop who's forced to team up with a stubborn mountain guide to go into the wilds of the Pacific Northwest after a hunting party that's been infiltrated by a ruthless killer. Stars: Tom Berenger and Kirstie Alley





Duty-free merchandise

FORT CLAYTON (Contraband Control Office) – As a reminder, in accordance with the Panama Canal Treaty and U.S. Southern Command regulations, duty free merchandise, whether new or used, cannot be given, transferred or generally sold to non-privilege holders. Violations to these dispositions may subject violators to prosecution under both, military and Panamanian laws. It is sometimes permissible to sell an item, but only if Panamanian taxes are paid. Before such a sale, it is strongly recommended that the seller contact the Contraband Control Section for advice at 286-3117.

Animals

Hamster, cage, food, \$20. 284-5434.

Need male Siamese cat for stud service. 286-6439.

1yr old female Calico cat, gentle, declawed, w/litter box. 284-5938.

Free, 2 cats, neutered, litter trained, all shots. 223-4290.

Shepard/Lab puppies, \$35. 287-4885.

AKC Staffordshire Terrier, UKC Pit Bull pups, shots, dewormed, \$275. 284-5670.

Doberman, female, 6 mos, ears & tail docked, all shots, \$250. 286-4677.

Free, wht male puppy, 4 wks. 285-5866.

German Shepard male, 10 mos od, CCP reg, \$400. 256-6378.

6 mo old Brindle boxer, all shots, tail done, \$200. 252-2710.

8 wk old female Calico kitten, cute & loveable, litter trained, 1st shots. 287-5475.

7 wk old male Rottweiler, pedigree, \$800. 226-2967.

2 yellowheads, 1 male, 1 female. 287-6830.

German Sheperd pups, CCP reg. 228-2643.

Free Blk female tortoise shell Calico, 4 yr old, declawed, spayed. 282-3136.

4 yr old Yorkshire, male, free. 287-4244.

Chihuahua, 6 wk old male, \$150. 252-5022.

Black male Chihuahua for stud service. 284-6774.

Want female Pekingese, 18 mo old or younger. 286-4893.

Pitbull/Rottweiler mix, 3 mo old, \$100. 250-0311.

22 mo old, male neutered Cocker Spaniel, gd w/kids, \$150. 284-6339.

Free kittens, litter trained. 284-4490.

Free kitten, 9 wk old, very loveable. 284-5176.

Male Boxer pup, 12 wks, all shots, \$150. 286-4096.

Cocker/Poodle mix male & female, aquarium w/acc. 230-0523.

Automobiles

1989 Sonata Hyundai, loaded, \$6,000. 252-6016.

1992 Chevy S-10 p/u, loaded, \$8,275. 286-3692.

1984 VW, 4 cyl, 4 spd, ac, exc cond, \$4,500/obo. 286-4828.

1988 Jeep Commanche, loaded, new tires. 261 6418.

1975 Buick LeSabre, needs transmission, runs gd, \$650/obo. 286-4339.

1988 Pontiac Grand Am, ac, 5 spd, ps, \$4,000. 260-4111.

1994 Pontiac Sunbird, loaded, \$11,500. 260-4111.

Mallory Promaster Coil, 50,000 volts, p/n 28720, \$40. 252-6831.

1983 Ford Thunderbird, wht, \$2,000/obo. 250-0060.

1978 Honda Accord hatchback, gd cond. 260-4463.

1982 Buick, \$800. 260-3446.

Toyota Corolla Tercel, loaded, exc cond, \$2,200. 287-4524.

1987 Dodge Charger, loaded, \$3,500/obo. 284-4705.

1980 Ford Granada, gd family car, \$1,000. 287-4481.

1988 Ford Escort, loaded, \$5,000. 284-

2180.

1976 Chevrolet Suburban, ac, new tires, runs gd, \$4,000/obo. 282-4337.

1978 Mercury Monarch, exc cond, ac, pw, ps. 232-6056.

1980 Jeep CJ-7, new tires, \$4,000. 286-6541.

1976 Triumph tr-7, hard top, new battery, gd cond, \$1,500. 287-4392.

1984 Dodge Rampage p/u, auto, 4 cyl, dty pd, \$2,700. 252-2287.

1979 4x4 GMC, new motor, \$3,200. 260-9630.

K-5 Blazer, as is, \$1,100. 251-3904.

1989 Ford Taurus LX station wagon, extras, exc cond, \$8,500. 223-0280.

1987 Plymouth Reliant, loaded, 73,000 miles, \$2,500. 236-4090.

1987 Jeep Wagoneer, loaded, low miles, exc cond, \$8,400. 282-4538.

1986 Ford Taurus, loaded, new ac, exc cond, \$6,800. 269-5700.

1989 Ford Mustang 2dr Sedan, loaded, new tires, \$5,500. 284-4381.

1985 Mercury Marquis, ac, ps, pb, am/fm/cass, dty pd, \$3,800. 256-6457.

1985 Nissan 300zx, right side smashed, sale for parts, can be repaired, \$1,000. 286-4874.

1989 Pontiac Lemans, 4 dr, ac, gd cond, \$5,500. 287-6198.

1972 Chevy Nova 307, grt cond, ac, ps, new tires & rims, \$2,100. 260-3270.

1982 Olds Cutlass, needs transmisson, \$500. 282-4133.

1986 Dodge 600 conv, ps, ac, 2 dr, not dty pd, \$1,200. 226-5644.

1988 Toyota 4x4, custom paint, \$7,000. 284-5644.

1988 Ford Taurus-station wagon, ac, ps, pb, am/fm/cass, exc cond, \$8,500. 287-3980.

1990 Chevy 4x4, exc cond, 5 spd, 31,000 miles, \$13,500. 287-6486.

1992 Jeep Wrangler, 4.0 L, 6 cyl, 21k/ exc cond, \$13,000/obo. 263-5111 ext 226.

1987 Chevy Iroc Z-28, loaded, \$11,000/obo. 287-3999.

1988 Chrysler LeBaron, new cv joints, needs gaskets, ac parts, clutch assy, runs grt, \$6,000. 264-3191.

1977 Volare, am/fm/cass, runs gd, \$850/obo. 287-4836.

1993 Jeep Wrangler, low miles, new cond, \$11,900. 264-9817.

1987 Ford Tempo, loaded, not dty pd, \$5,000. 287-5237.

1982 Toyota Celica GT, 5 spd, am/fm/cass, exc cond, \$3,500. 287-5486.

1992 Nissan Pathfinder, loaded, \$20,000. 269-6829.

1990 Ford Tempo, loaded, exc cond, \$6,800. 226-8626.

1983 Buick Skyhawk, loaded, new tires, runs gd, \$800. 260-3446.

1990 Saab 900, 4 dr, \$18,500. 285-4381.

1991 Camaro, t-top, ac, am/fm, 25,000 miles, \$10,500. 252-2065.

1988 Nissan Bluebird, loaded, \$6,500. 252-2253.

1985 Nissan Bluebird, 2.0, dty pd, runs gd, \$4,000. 261-6830.

1989 Hyundai Sonata, loaded, \$5,500. 252-6016.

1992 Jeep Wrangler, 18k miles, sport wheels, am/fm/cass, 6 cyl, \$10,500. 284-4276.

Jeep CJ-7 4x4, new tires, exhaust, brakes, clutch, dty pd, \$3,000. 283-5273.

1989 Chevy Caprice, 4dr, ps, at, ac,

ps, exc cond, \$3,000. 283-5273.

1979 Mercedes 450, ac, sunroof, am/fm/cass, exc cond, \$9,000/obo. 287-3887.

1992 Jeep Wrangler, soft/bikini tops, exc cond, \$12,000. 284-5430.

1988 Jeep Comanche, loaded, camper top, bed liner, \$7,500. 284-5430.

1993 Jeep Grand Cherokee Laredo, at, 17,000 miles, many extras, \$23,000/obo.

1989 Toyota 4-runner, exc cond, \$14,000. 260-6151.

1989 Honda Accord, loaded, \$9,500/obo. 260-6151.

1982 Toyota Landcruiser 4x4, ps, ac, new tires, interior, am/fm/cass, dty pd, \$8,800. 286-3381.

1990 Nissan 300 z, loaded, 250-0166.

1989 Plymouth Sundance, ac, stereo, tint, 5 spd, cruise, gd cond, \$5,000. 287-6281.

1991 Ford Explorer 4x4, 2dr, JBL stereo, 49,000 miles, \$12,900. 252-2694.

1962 Chevy station wagon, gd cond. 252-5124.

1991 Jeep Cherokee Laredo 4x4, 2dr, 5 spd, 41, sun roof, pl, pw, loaded, best offer by Aug. 14. 286-4372.

1990 Ford Aerostar, 4.5l, low miles. 287-6182.

1991 Cutlass Supreme, loaded, sunroof, \$11,500/obo. 286-6136.

1988 Eagle Premier, 6 cyl, 3.0l, ac, cruise, ps, pb, pl, \$5,000. 287-5129.

1990 Toyota Camry wagon, loaded, \$11,000. 252-2143.

1988 300zx Nissan, turbo, t-top, leather, digital, \$13,500. 260-3275.

1987 Toyota 4-runner, radio, ac, \$9,000. 236-2365.

1986 Jeep Cherokee 4x4, 2 dr, at, gd cond, \$8,900. 236-2365.

1991 Camaro Z-28, ps, pb, am/fm/cass, exc cond, \$10,900. 256-6830.

1987 Chevy Spectrum, runs gd, needs body work, \$1,800/obo. 284-4625.

1992 Nissan Sentra, loaded, \$11,000/obo. 286-4986.

1988 Toyota 4-runner, 5 spd, 2dr, ac, \$12,000. 284-4907.

1989 Ford Tempo, 5 spd, loaded, am/fm/cass, \$6,000. 284-4900.

1974 Jaguar xj6, exc cond, \$6,000. 284-6390.

1970 Datsun Sedan, 4 dr, auto, 1600 cc, extra parts. 252-5124.

1992 Toyota King Cab 4x4, bedliner, stereo, \$16,000 or take pymnts. 260-5494.

1993 Ford Splash, am/fm/cass, pw, low miles, \$14,000. 287-4661.

1987 Ford Bronco, loaded, \$11,000/obo. 287-5024.

1989 Eagle Premier, gd cond, ac, am/fm/cass, \$10,000. 264-0372.

1989 Chevy Cavalier, ac, am/fm/cass, sun roof, pw/everything, \$6,900. 287-3423.

323 Mazda, ac, cass, cruise, alarm, exc cond, \$5,000. 264-8278.

1983 Toyota Celica, exc cond, ac, radio, alarm, \$4,000. 223-0327.

1985 Dodge Caravan, 4 cyl, ac, am/fm/cass w/cd, tow bar, \$7,000/obo. 287-3834.

1989 Honda Accord, ps, ac, 5 spd, sun roof, pw, exc cond, \$11,500. 284-3481.

4 Toyota tires and rims, \$125/obo. 284-5376.

1984 Volvo 760 GLE, fm/cass, ac, automatic, leather, \$5,000/obo. 252-2031.

1983 Nissan Sentra, ac, 4 cyl, auto-

matic, not dty pd, \$3,500. 284-6491.

1984 Chevy Citation, 4 cyl, at, ac, am/fm/cass, dty pd, \$2,700/obo. 262-7278.

1984 Dodge Daytona, 5 spd, ac, gd cond, \$2,700. 287-3789.

1988 Suzuki Samari, new tires, 4x4, exc cond, \$4,500. 284-4525.

1984 Ford Bronco 4x4, needs work. 284-4525.

1988 Dodge Aries, at, ps, pc, cc, lots of new stuff, \$3,800. 286-4347.

1973 Ford F100, at, camper shell, lots of new parts, \$1,900. 285-4528.

1987 Ford Taurus, V6, at, ac, am/fm/cass, \$4,000. 252-5436.

1990 Dodge Daytona, not dty pd, 6 cyl, \$8,750. 286-3527.

1986 Toyota Corolla, 4 dr, std, ac, am/fm, reliable, \$3,200. 282-4598.

1987 Hyundai Excel, ac, 5 spd, \$3,600. 284-6692.

1981 Toyota Celica, gd cond, 5 spd, radio, am/fm/cass, \$2,500. 261-7693.

1983 Volvo GLT, std, ac. 260-9824.

1976 K-5 Chevy Blazer, std, runs grt. 252-2871.

1991 Ford Ranger, fully loaded, exc cond, \$12,000. 824-6683.

1990 Dodge Spirit, 6 cyl, at, ac, \$6,000. 260-6688.

1987 Ford Tempo, 4 cyl, ac, at, am/fm/cass, not dty pd, \$3,900. 286-6328.

1991 Chevy S-10 p/u, gd cond. 287-3270.

1986 Ford Taurus, 5 spd, pwr everything, new ac, dty pd, beautiful cond, \$6,700/obo. 269-5700.

1990 Olds Cutlass Supreme, 4 dr, pd, pb, ps, ac, cass, not dty pd, \$12,500. 287-4223.

1981 CJ-7 Jeep, 4 cyl, hard/bikini tops, \$3,200. 269-5762.

1986 Ford Escort, gd cond, runs grt, \$3,000. 287-5288.

1992 Honda V-tec, all extras, exc cond, not dty pd, \$14,500. 224-4027.

1987 VW Golf GT, 4 cyl, 3 dr, pb, am/fm/cass, new tires, runs gd, \$3,000/obo. 289-3573.

1986 Ford Aerostar, at, cc, am/fm/cass, exc cond, \$6,000. 287-3330.

Available

Live in maid, Span spk, gd w/kids. 252-2832.

Babysitter, 18 yrs, bilingual, reliable. 252-2756.

Bilingual maid, honest, reliable. 284-8471.

Bilingual maid, live-in, gd w/kids. 287-4196.

Honest, reliable, Span spk. 267-6093.

4000 watt gas generator, like new, \$600/obo. 250-0060.

Babysitter, gd w/kids, ref. 261-1236.

18 yr old babysitter w/ expereince. 230-1927.

Honest, reliable, live-in maid, gd w/kids. 286-6189.

Span spk live-out maid, gen house work. 283-5671.

Bilingual maid, ref. 260-3235.

Honest reliable babysitter, w/exp, some eng. 266-5797.

Bilingual maid, mature, honest, reliable, gd w/kids. 228-4655.

Reliable, exc worker. 261-7939.

Bilingual day maid. 226-8316.

Cake creations. 287-6222.

Home care provider, full time openings. 285-4381 Donna.

Honest, dependable, gd w/kids. 287-4481.

Honest, reliable maid, avail 3 days a wk, w/ ref. 224-7521.

Span spk maid, gd w/kids. 287-3095.

Live-out bilingual maid, honest. 224-0086.

Bilingual live-out maid, grt w/kids. 286-3889.

Bilingual maid. 287-6491.

Housekeeper, honest, reliable. 260-6151.

Bilingual live-in reliable maid, gd w/kids. 286-6171.

Eng spk day maid, gd w/kids, w/ref. 284-3476.

Honest, hard working live-out maid. 286-4381.

Mature, hard working maid, exc w/kids. 261-2995.

Bilingual translator. 264-0372.

Bilingual maid, reliable, gd w/kids. 224-2996.

Wkly play group for kids 1-5 yrs, in Kobbe area. 284-5580.

Bilingual day maid, reliable nanny also. 282-4385.

Upholstery, carpets, auto interior cleaning. 260-5112.

Honest, reliable, Eng spk. 224-7765.

Nintendo games, \$20. 236-0984.

Span spk maid, exc housekeeper, w/ref. 286-3381.

Honest, mature, Eng spk. 221-3054.

Honest, hard working, Span spk maid, w/ref. 287-3677.

Honest, reliable, Eng spk maid, gd w/kids. 221-9845.

Boats & Campers

Fish/ski boat w/90 hp Mercury fish finder, SS prop, extras, current Panama registration, \$4,500. 228-4514.

Found

Wedding ring in Bldg. 519 Health Clinic, call to identify. 287-3534.

Electronics

Apple IIL, 2dd monitor, printer, lots of software, joystick & books, \$800. 283-5020.

19" Emerson TV, \$200, Kenwood stereo sys, amp, tuner, EQ, dual cass, turntbl, spkrs, CD, \$575. 287-5995.

Teac V900X tape deck, \$85, JVC turntbl \$65, Kenwood tuner \$85, Kenwood 7 disk CD \$250. 282-3375.

Goldstar 14" color TV, channels for cable \$150, 24" Kenwood spkrs, gd cond \$300. 236-0984.

Fax machines, printer, 286 wang w/new 130mg hd. 230-0008.

Betamax Sony exc cond w/over 60 movies, \$350/obo. 284-3995.



Classified Ads

Tropic Times
Aug. 12, 1994

B11

Whirlpool washer/dryer, lg cap, runs grt, exc cond, \$600. 282-3497.

20x35x30 wood sewing mach tbl \$60, pet carrier crate \$15, elec talking scale \$30. 252-5678.

LR furn, rugs, misc. 286-3686.

LR items, 2 dinette sets, 25" & 19" TV, matt/box spring. 284-6491.

Bedrm set, dresser w/mirror, chest, night tbl, Q-headboard, exc cond, \$1,100. 286-3541.

Sofa, love seat, chair, ottoman & carpet (9x12, pastel colors), \$775. 284-6824.

Bunk beds w/matt \$250, bench/toy box \$40, Sony stereo sys \$200, rock-er/recliner, sofa sleeper. 284-4932.

6 drawer chest \$70, upholstered recliner rocker \$250. 285-4831.

Hanging bamboo swing, 23.6 refig w/ice & water dispenser, blue & pink drapes, Q-sz bed. 252-1257.

Bar, walnut, like new \$500, 5-pc bedrm set, walnut \$355. 252-5531.

LR set \$750, Casio synthesizer \$550. 260-7341.

DR set, tbl -6, cabinet, \$3,000/obo. 252-1104.

AC 18,000 BTU, whirlpool, new, \$450. 256-6720.

Refrig, TV, stereo combo. 252-1104.

Danish LR set, sofa, 2 chairs & tbl, best offer. 260-5682.

7-pc rattan style LR furn \$450, K-sz bed \$375, DR tbl, 4 chairs \$500. 256-6457.

Swedish sofa/Q-sz sleeper, classic red & yellow striped design, never used, \$760. 287-5897.

Lg, one-seater sofa chair w/ottoman, practically new, wht, modern, comfortable, \$525. 287-5897.

Couch/chair, floor lamp, brass bed, dinette, window shutters, cabinet formica top. 260-4463.

RCA console 25" TV \$300, Samsung sm refig \$150, AC parts Kitchen Aid, toaster, patio furn. 252-2730.

19,000 BTU Friedrich AC \$350, 12,000 BTU Friedrich AC \$275, 8,000 BTU Whirlpool AC \$190. 252-2287.

Sofa & chair w/ottoman, lots of pillows, best offer. 260-6561.

Carpets, mini-blinds, outdoor plants, Frigidaire refig w/ice maker. 284-5434.

Oak tbl & chairs, grt shape, Seagate 107 meg hd, new. 287-6830.

California K-sz waterbed w/air matt, mirror, headboard, 6 drawers bottom, \$600. 287-4043.

Entertainment center \$95, deluxe vacuum cleaner \$145. 269-2095.

Country blue couch & love seat \$400, oak dining tbl w/6 chairs \$250, oak coffee tbl, 2 end tbls, \$300. 287-5124.

Folding art/work tbl w/lamp \$85, sm floor lamp \$10. 252-2211.

Overstuffed blue chair & ottoman \$150, Q-sz waterbed \$100. 284-4674.

Dyed rattan LR & DR sets \$800/obo, ceiling fan w/lamp \$70/obo, elec range \$300. 226-8116.

Rattan DR & LR sets, \$500/ea neg. 260-2901.

Whirlpool frost free refig, \$400. 252-2616.

Recliner/rocker w/massage sys, \$325/obo. 252-2211.

Furn, sm refig \$225, dinette w/8 chairs, wood \$550. 282-5494.

Brass floor lamp w/round glass tbl, gd cond, \$45. 287-3420.

GE washer/dryer set, \$450. 286-4889.

3 oak audio/video TV cabinets, all match, exc cond, \$275. 283-5723.

Whirlpool washer/dryer, super cap, 6 mos old, \$850. 284-6323.

GE 18cu ft, top/bottom, almond-colored refig/freezer, like new, still on warranty, \$670. 232-5622.

Pure maple crib, converts to baby bed, full sz, all parts avail, \$300/obo. 287-6396.

Highchair \$40, Disney comforter, bumper pad, bed-skirt, pillowcase, mobile & other toys. 282-4474.

Couch, chair, 2 end tbls, 1 coffee tbl, 2 lamps & acc, will deliver, \$600. 286-3399.

Sofa \$350, 2 end & 1 coffee tbl, \$110. 284-6670.

German entertainment center, oak, gd cond, \$300/obo. 284-4628.

Bedrm set, 5-pc. 260-8501.

20cu ft refig w/automatic ice maker, exc cond, \$850. 286-3381.

Daybed(walnut) exc cond, w/matt & box spring \$300, baby carrier \$10, playpen \$20. 284-3881.

Washer/dryer \$550, baby items. 260-1953.

K-sz matt, box spring, frame \$175, maroon/beige blinds for Curundu qtrs \$150, bookcase \$40. 286-3527.

Glass DR tbl w/6 chairs \$200, tubular desk w/shelves \$60, 2 tbl lamps \$60. 286-3773.

Appliances, furn, shades, diving equipment, console organ, sz-10 wedding gown w/acc -never used. 252-2253.

Comp desk, mini bar, carpets, patio tbl, bedrm furn w/waterbed & more. 286-4238.

New K-sz waterbed, mahogany wood headboard w/mirrors, 6 drawers, \$650/obo. 269-4064.

GE wht/blk elec oven/range, used 7 weeks, priveledge card holder only, \$400. 284-4593.

Washer/dryer, gd cond, \$515. 232-5622.

Baby lock sewing mach \$200, 3 string serger, Singer \$300, Hitachi VCR \$150. 286-4986.

Frigidaire refig, wht, 22cu ft, exc cond, \$250. 224-9846.

Round oak tbl & 2 chairs, \$50. 282-4232.

220Vtoaster \$25, elec skillet \$35, coffee maker w/extra pot \$40, timers \$5, box misc ext cords \$25. 269-8583.

Amana radar range micro, \$100. 282-4232.

8 pc, LR set w/lamps, end tbl & center tbl w/cushions, \$700/obo. 284-4989.

Kitchen items galore. 282-4232.

GE refig, lg, 22cu ft cap, ice maker in door, almond color, exc cond, \$500. 284-6328.

Blk sofa sleeper & chair \$550, freezer \$400, dryer \$150. 261-6503.

Kitchen tbl w/4 chairs, teakwood, fold out bar, little tykes pool, misc. 250-0363.

K-sz matt, box spring & frame, \$600. 289-6564.

GE hotpoint dryer lg cap, \$300. 284-3398.

5,000 BTU AC like new, only used 2 weeks, \$200. 287-6391 after 6pm.

Wall-to-wall carpeting & pad for 3 bedrm tropical, steps incl, tan/beige \$400, bar set \$200. 286-3895.

Lg sofa, wht/blue/gray, like new, \$600. 269-5700.

Full sz headboard \$15, bedrails \$15. 286-6196.

9 pc DR, solid \$1,800/obo, LR w/sofa sleeper \$500/obo, stove, port dish-washer, more. 260-6151.

3 ACs, metal shelving, many rugs, patio furn. 260-9824.

Miscellaneous

Gynecology/obstetric check bed for clinic or hospital, \$800/obo. 251-0189.

Golf club set w/cart, 2 bags, irons 2 thru 9, woods 1, 3, 4, 5, \$100. 252-6831 M/T.

Sega Genesis games \$25ea, golf bag w/headcovers \$30, men's tonic golf shoes 8 1/2, \$35. 287-4428 after 5pm.

Pwr wheels Barbie Corvette w/extra battery, \$80. 284-3670.

AF men's bl mess dress w/all accoutrements captains shoulder boards, \$150. 286-3121.

Persa carpet 6x8 1/2, \$75. 233-1043.

BMX bike. 252-1104.

Picnic table w/benches \$30, battery powered baby swing, \$30. 284-4881.

Free Ft Knox, Ky welcome packets, 287-4527.

Bird cage w/toys. 287-6830.

Executive chair lined w/gray cloth material, \$180/neg. 223-3542.

Girls 12" bike 4 mos \$40, German trike w/adult pushbar \$40, car seat, \$40. 282-3375.

Nintendo gun 8 games \$100, Ford

Explorer blk front brace, \$60. 236-3247.

FSU bks, World History, Humanities, People of the World, \$25ea. 287-4733.

2 patio chairs w/waterproof cushions & end tbl \$100, stud desk/chair \$100, chest/nightstand, \$100. 236-3247.

USAF female blues service jacket, skirt, s/s shirt, 3 pants, 4 maternity shirts, slacks. 284-4881.

Exersize bike \$50, baby monitor \$25, wicker coffee tbl \$10, Rader scanner, hand held police scanner. 286-4378.

Huffy 12" speed ladies bike, \$75/obo. 287-5994.

3 pc couch \$300/obo, gas grill \$80/obo, car seat, play pen. 287-3782.

Antique LR set 5 pc exc cond, \$750. 260-7025.

Tires, 5 Gdyear Wrangler radials p235/75r15, \$300. 282-4133.

1993 Ency Britanica Great Bks \$1,600, rims sz 15" w/tires Fredrich \$24, ac, \$250. 252-2730.

Printer, Kaypro, daisy wheels, IBM Comptable exc cond, \$75. 282-4538.

Lafayette Tuner, transitior Sony radio, booster car seat, Korean mink blanket. 287-4182.

Sm dog cage \$15, GE dryer, exc cond, \$275. 252-2541.

Old washer for parts \$50, chargrill w/gas tank, \$75. 223-2164.

2 class A uniforms, jackets sz 40 & pants lg \$30ea set, 2 FSU bk math & refresher math, \$15ea. 284-6331.

6 roll up shades light bl, \$10ea 287-6591.

Q-sz comforter, 4 pillow cases, skirt 2 sets sheets polyester, \$100/obo. 287-3999.

Little tykes tbl & chairs 2 mos old great shape, \$40. 287-6830.

Travel crib \$50, infant car seat \$35, baby carrier, \$5. 252-2541.

Custom tailored class A uniforms, jacket 40 long \$25, 6 prs slacks 33 & 34, \$5ea. 269-6828.

2 20" boys Huffy USA bikes \$35ea, one 12" boy bike, \$25. All three in gd cond. 287-4195.

Ford 302 cylinder heads 58cc. chambers, \$175. 287-6484.

Danish bedrm in wht, 2 sm tbls included & bed sheets, \$400/obo. 236-0984.

Carseat \$30, toilet trainer \$10, buster seat, \$15. Baby tub seat & some new born items. 287-4195.

Little tykes castle, executive desk chair. 252-1257.

Dart board w/wood case & darts, alum lawn & breach chairs, 4 wood deck chairs. 252-6223.

Ency Britanica set, \$200/neg. 252-6722.

Carseat \$40, Patio swing set, \$80. 226-8116.

Conference tbl 80" x 40" \$200, 3 display cabinets for offices \$170ea, step-machine like new, \$200. 226-8626.

Complete slam dunk "lifetime" basketball goal, \$150. 269-6829.

Vari-kennels used once, 1 sm mauve \$30, 1 med bl, \$45. 269-6829.

Golf clubs Titlest DCI, 2-w, 1-3 woods \$275 set, irons \$200, Hogans ginds 3-pw \$175, tagler F0, \$100. 236-0744.

Brake booster & alternator like new Chevy 2.8L V6, \$270/obo. 252-6956.

End lamp \$40, 2 bar stools \$30, vertical chair, pink, \$70. 287-6480.

Class A uniforms, 44L, \$50. 287-3420.

2 Surfboards \$100ea, Nintendo games, \$45ea. 286-3732.

Jr Girl scout uniform 2 shirts, 1 shorts sz 12, 2 bks & extras, \$15. 252-2080.

Coins, duplicate US mint & proof set 1964-1994. 228-4648.

Full sz comforter, baby stroller, baby bath, baby dressing tbl. 286-4023.

Fisher Price car seat adjustable infant/toddler, machine wash, \$40. 287-6838.

Weber grill, Cannondale bike-Shimano component \$400, Morey boogie board \$20, Hitachi VCR, \$100. 263-5111.

B-ball goal, backboard, pole in ground you remove \$150, 5 tiger paw used tires 205x75x15, \$10-\$25. 286-4222.

Sm ac, gd cond, \$225. 256-6830.

2 danish desk, wht w/red legs gd sz, gd cond, \$35ea. 236-0984.

2 sets of 4, p205R75-15 M&S or P225R75-15 M&S, \$50ea. 285-4528.

FSU bks Gen Bio text & lab, wet suits long & short. 283-4472.

MR2 car bra \$40, Goodyear wrangler tire p225/75R15 w/7,000mi, \$50, Univega 12 spd bike, \$100. 287-4788.

Pioneer stereo w/speakers \$275, washer & dryer \$450, Mucking lawn mower, \$150. 284-3585.

Cosco deluxe stroller, like new, \$75/neg. 282-4474.

Ladies 10spd bike, like new, \$75. 284-3398.

Deluxe Graco double stroller, unfant car seat. 284-4027.

FSU bks for Span & Pos 1041, \$45 & \$30. 286-3391.

Skurfer \$100, Jr jobe ski, \$80. 252-6929.

Adult/child clothes, shoes & toys. 284-3276.

Whirlpool dehumidifier, \$100. 286-6684.

Portable baby crib \$30, lamps \$10-\$15, juice extractor \$15, capuccino coffee maker, \$20. 260-6159.

Fine wall pictures w/frames \$20 to \$100, Hindu bronze table \$80, rocking chair set, \$175/obo. 260-6159.

Guaymi dresses for child/preteen, blue/yellow & red/gold, \$14 & \$16. 282-4598.

Young boys Roadmaster bike w/training wheels, gd cond, \$30. 286-6171.

FSU bks SYG 1000 \$45, Span 1120/1121, \$45. 286-3441.

Porcelain dolls 45 to choose from, \$8 to \$35, exc cond. 286-6196.

Metal desk \$115, crib bumper \$10, micro \$85, training potty \$5, 100 wedding cards \$100. 236-2365.

Giant Perigee 15 spd bike new, \$250. 284-5188.

Like new Trio wedding set 1/2kt total weight \$500, engagment ring 1/4kt, \$150. 286-6134.

Gasleaf vacuum & blower w/bag \$75, electric typewriter w/dictionary, memory & word erase, \$100. 269-8583.

4 Goodyear Eagle GT p235 60rs 14 w/4 mag rims 6 lugs package deal, \$400/obo. 260-1948.

Clothes & shoes men, women & infants. 284-6190.

Broadcast Beta tapes new, camera batteries & rechargers. 282-4232.

Two golf bags Spalding & Macgregor, complete w/umbrella exc cond. 252-6566.

Wedding ring 5/8k total wt, \$700. 287-6728.

2 sets of dishes wht/gold \$35ea, Belgian carpet, \$200. 282-3297.

Elec guitar w/amp exc cond \$200/obo, baby moniters hardly used, \$30/obo. 283-3881.

PB 386/25mhz 107mb ram VGA monitor many extras, \$800/obo. 285-4734.

Computer desk \$130, Supra 2400 baud external modem \$40/obo, radar detector, \$50. 284-6327.

Ten mini blinds, kitchen curtains, pink valences also baby items. 286-6533.

Hot water heater, gas, 30gal \$200, 70cl motorcycle needs work, \$150. 284-6690.

Wedding/anniversary ring wht gold w/7 diamond chips, \$350. 252-2871.

FSU SYG 1000, BSG 1005, Ant 2410,

PHI 2010, ARH 2000. 252-2863.

Ency 200 World Bk child act set new \$75, car /booster seat 35-15, Sega sysw/1 con game, \$100. 284-3137.

Army enlisted dress blues worn twice sz 38/40, \$75. 284-5223.

New Ninja Sword, 440 steel & wood scaboard, sharpened, \$70. 263-5316.

Wedding dress off wht, pearled small used 3 months ago, includes veil, head piece, gloves & shoes. 252-3260.

Blk sofa \$550, Blk loveseat \$325, 2 end tables \$50ea, Dining Rm table w/chairs, \$125. 284-6192.

1 ac Fedders 24,000 VTU, \$325. 252-2797.

Motorcycles

1987 Riva 200cc bike US specs low miles, dty pd. 285-5935.

1986 Honda CB-700 Nighthawk-S battery tires & mufflers dty pd, \$3,300/obo. 251-0189.

850cc Suzuki driveshaft 15,000 original miles dty paid, \$850/obo. 250-0060.

1983 Yamaha 750cc runs grt extra parts, tires & 2helmets, \$1,500. 266-5797.

1994 Kawasaki KX250 includes metal work stand and book, \$5,000/obo. 260-4516.

1983 Kawasaki LTD 550 Looks & runs grt, \$900/obo. 284-6210.

Patio Sales

Qtrs. 558 A Clayton 7am.

Qtrs. 851 A Clayton 7am-noon.

Qtrs. 374A & B 7am-noon.

Qtrs. 149B Amador 7:30am-2pm.

Qtrs. 1526C Howard 8-11am.

Qtrs. 72 Howard 7am.

535 Calle Chagres, Ancon 7am-noon.

Qtrs. 115B Clayton 7am-1pm.

Qtrs. 115C Clayton 7-11am.

Qtrs. 851A Clayton 7am-1pm.

Qtrs. 644C Clayton 7am.

Qtrs. 261C Cocoli 8am-1pm.

Employment

HOW TO APPLY: Submit a SF-171, DD 214 if claiming veteran preference, a copy of college transcripts if claiming education and a copy of CASP notice of rating if applicable. Submit a copy of latest SF-50 if you are a Federal employee.

For more information regarding Army vacancy announcements (forms required, job related criteria, etc.), visit the Directorate of Civilian Personnel, Building 560, Room 102, Corozal, or call 285-5201.

*Note: One-on-one employment counseling should be the first step in the job search.

SPECIALIZED EXPERIENCE: Positions at NM-5 level and above require specialized experience. Specialized experience is either education above the high school level or work experience directly related to the position being filled. Example: Budget positions at or above the NM-5 level required Budget experience or equivalent education.

Vacancy announcements are also available at the Sundial Recreation Center.

Directorate of Civilian Personnel is accepting applications on a continuous basis for the following positions. Registers established from these announcements will be used to fill permanent and temporary positions.

VB# 001 * General Clerical, NM-3 (Used to fill most clerical position).

VB# 001A * General Clerical, NM-4 (Used to fill most clerical position).

VB# 002 * Sales Store Checker, NM-3 (Intermittent wk sch) * CASP Examination (CEO, notice of rating) is required.

VB# 003 Recreation Assistant, NM-4 (Lifeguard) Requires Cert + 6 mo recreation exp in the field.

VB# 004 Recreation Assistant, NM-4 (Req 6 mos recreation exp in the field).

VB# 005 Secretary (Stenography), NM-5

VB# 005A Secretary (Stenography), NM-6

VB# 006 Secretary (Typing/Office Automation), NM-5

VB# 006A Secretary (Typing/Office Automation), NM-6

*The following positions are Perm/Temp, Full-time, Part-time, Intermittent.

VB# 007 ** Medical Officer, NE 12/13/14.

VB# 008 ** Clinical Nurse, (RN license required), NM-9/10/11.

VB# 009 ** Practical Nurse, (LPN licence required), NM-5

** Selectees for nurse and medical officer position will be required to undergo a background check.

VB# 010 Manual Positions, MG-2. Closed until further notice.

VB# 011 Manual Positions, MG-3. Closed until further notice.

VB# 012 Manual Positions, MG-4. Closed until further notice.

VB# 013 Manual Positions, MG-5. Closed until further notice.

VB# 014 Motor Vehicle Operator, MG-6. Closed until further notice.

VB# 015 Motor Vehicle Operator, MG-7. Closed until further notice.

VB# 016 Motor Vehicle Operator, MG-8. Closed until further notice.

VB# 018 Supply Technician, NM-5. Closed until further notice.

VB# 018A Supply Technician, NM-6. Closed until further notice.

VB# 017 Administrative Services Assistant, NM-5. Limited to permanent status employees only.

VB# 017A Administrative Services Assistant, NM-6. Limited to permanent status employees only.

VB# Vacancies Title and location open today and close Aug. 16.

Pacific

409-94-MW Management Assistant (Office Automation), NM-344-5. DOL, Transportation Div., Admin office Ft. Clayton. Note: Bilingual (Fluent English/Spanish).

411-94-LA Computer Specialist, NM-334-9/DEV 11. Sensitive. US Army, ISC, HHD, 106th Sig Bgde, Ft. Clayton. Note: Security clearance is required. If candidate is selected on temp appt, candidate must re-compete for higher level.

412-94-LA Writer-Editor, NM-1082-9. Sensitive. 106th Sig Brigade, Office of the Deputy Chief of Staff, Ft. Clayton. Note: Security clearance is required.

414-94-JH Budget Analyst, GS-560-11. Sensitive. 470th Military Intelligence Brigade. Corozal. Note: Position is under the Excepted service (CIPMIS). Top secret/Special Intelligence security is required.

415-94-LA Computer Specialist, NM-334-12. Sensitive. 106th Sig Brigade, DOIM, Info Center, Ft. Clayton. Note: Security clearance is required.

416-94-JH Wire Communications Cable Splicer, MG-2504-10. US Army Info System Command, 56th Sig Battalion. Ft. Clayton. Note: Driver's license is required. Must be able to satisfactory complete the physical exam.

417-94-LA Lead Mail & File Clerk (Office Automation), NM-305-5. Sensitive-Top Secret. Mail & Distribution Br., DOIM, 106th Sig Bgde, Ft. Clayton. Note: Top secret clearance is required. Driver's license is required.

418-94-ES Medical Records Technician (Office Automation), NM-675-5. USA MEDDAC-Panama, GACH, Dept of Radiology, Ancon. Note: Limited to MEDDAC/DENTAC permanent employees, however applications for Temp Nte: 30 Sep 95, will be accepted from all sources.

420-94-ES Physical Therapist, NM-633-9. Temp Nte: 30 Sep 95. Part-time. USA MEDDAC-Panama, GACH, Dept of Pediatrics. Ancon. Note: Candidate must be licensed and have completed successfully the clinical affiliation requirements. Background check is required.

Atlantic

410-94-SS Housing Maintenance Inspector, NM-303-5. HQ, USAG, DEH-ATL, Family Housing Branch, Ft. Davis. Note: Driver's license required.

419-94-ES Licensed Practical Nurse, NM-620-5. Shift work. USA MEDDAC/DENTAC-Panama, Ft. Sherman Health Clinic, Ft. Sherman. Limited to MEDDAC/DENTAC permanent employees, however applications for Temp Nte: 30 Sep 95, will be accepted from all sources.

Club news

Quarry Heights

◆**Officers' Club: 282-3439**

A la carte breakfast is served 6:30-8:30 a.m. Mondays-Fridays and 8-10 a.m. Saturdays.

Old fashioned steak night 6-10 p.m. Tuesdays and Thursdays. Choose cut of beef to be charbroiled.

Amador

◆**Club Amador: 282-4334**

All-you-can-eat lunch buffet, \$3.95 Fridays, featuring soup, salad, selection of entree, special return rights.

Sunday brunch features the Ballet Folklorico Panameno at noon the first Sunday of each month.

Clayton

◆**The Loop: 287-3035**

CJ's Sports Bar offers daily lunch specials 11:30 a.m.-1 p.m. Mondays-Fridays. Pool tournaments are held 3:30 p.m. Sundays.

Prizmz Night Club features a variety of music Wednesdays-Saturdays and jazz 5 p.m. Sundays.

For events or parties at the Prizmz Night Club or CJ's Sports Bar, call 287-4716 or send a fax to 287-4343.

◆**NCO Club: 287-4716**

Casa Maria special through Monday: tortilla, two flautas, rice, frijoles, sour cream and guacamole, \$5.50 per person.

Albrook

◆**Albrook Club: 286-3557/3582**

Tonight's entertainment, 5-9 p.m. Rock and Reggae with Rip Maynard.

Steak night 6-9 p.m. Fridays. Choose from rib eye, K.C. strip, filet or prime rib. Dinner comes with vegetable, baked potato, French fries or rice.

Fiesta de mariscos 6-9 p.m. Saturdays. The seafood feast platter features broiled corvina, stuffed crab, calamari rings, peel-and-eat shrimp, a choice of potato or rice, cole slaw and vegetables du jour. A la carte menu available.

Prime rib dinner, 6-9 p.m. Saturday. Menu also includes: Cream of broccoli soup, garden salad, baked potato, baby carrots, french fries or rice.

Sunday champagne brunch 10 a.m.-1 p.m. in the dining room offers breakfast from cooked-to-order omelets, French toast, hot lunches, salad and fruits, peel-and-eat shrimp, desserts and ice cream bar.

Italian night special 6-8:30 p.m. Wednesdays.

Steak-by-the-ounce, 6-8:30 p.m. Wednesday. Choose from Rib Eye, Filet Mignon, NY Strip or Prime Rib.

Mongolian barbecue 6-8:30 p.m. Mondays. Prepare your plate, choose the meat, vegetables, seasonings, oils and have chefs do the job outside on the open grills.

Mexican night buffet Thursdays includes tacos, fajitas, taco salad and sopapillas for dessert.

Country western night Thursdays with free dance lessons at 7:30 p.m. Learn the two-step, line and couples dances, the waltz, the cha cha and the swing. Country western music 9-11 p.m.

Howard

◆**Howard Enlisted Members' Club - Dining Room: 284-4189**

Sunday breakfast buffet 9 a.m.-12:30 p.m. An assortment of breakfast foods are available in the dining room.

Breakfast is served 6-9:30 a.m. Mondays-Fridays; 7:30 a.m. Saturdays.

Mexican night and Texas barbecue 5:30-9 p.m. Wednesdays. Enjoy all-you-can-eat soft tacos. Fajitas, ribs and fish are also available.

Saturday night gourmet specials, 5:30 - 9 p.m. Satur-

days. Take someone special to dinner featuring tableside preparation with Tuxedo Service.

Steak night special 5:30-8:30 p.m. Tuesdays in the dining room. Select a cut and order a New York strip, rib eye or filet. For people who prefer to eat lighter, meals of chicken marinata, pasta, shrimp vin blanc or shrimp Taboga are also available.

Seafood lover's special 5:30-9 p.m. Fridays and Saturdays. Enjoy an array of appetizers and main entrees.

Bang up barbecue daily in the Breezeway, dine-in or take-out. Enjoy the ribs, brisket, chopped beef or spicy hot wings.

New family menu Tuesdays and Fridays featuring all the past favorites plus new items such as jerked chicken, hand made 1/2 pound hamburgers, baked ravioli and more.

◆**Howard Enlisted Members' Club Ballroom : 284-4189**

Disco Jet, 4:30 p.m.- 1 a.m. Tonight. Dance and relax to the sounds of DeFay.

All-night disco, 8 p.m.- 5 a.m. Saturday. Party all night long to Disco Jet.

◆**Howard Enlisted Members' Club Casual Cove: 284-4189**

All night hoe-down to your country favorites, 10 p.m.-5 a.m. Saturday.

New country 8 p.m. to closing Fridays.

Karaoke 7:30 p.m. Sundays, 8 p.m. Tuesdays.

Country and western dance lessons 7-8 p.m. Wednesdays in the Casual Cove. Learn the latest in line dancing, the stomp, waltz and others. Music will be until midnight.

Night mug special Wednesdays. Buy a mug filled with your favorite draft beverage and go back for refills.

Saturday and Monday nights disco 5 p.m.-1 a.m.

Rock 'n' roll golden oldies 5-8 p.m. Tuesdays; 5 p.m.-midnight Thursdays.

Club card drawing 6-7:30 p.m. Thursdays. Members must have a card and be present to win.

◆**Top Three Club: 284-4189**

Karaoke 6 p.m. Fridays.

Taco bar 5 p.m. Wednesdays. Free all-you-can-eat.

Club card drawing 6-7:30 p.m. Thursdays.

Club closed Saturdays.

◆**Howard Officers' Club: 284-3718**

It's prime time 6-9 Fridays and Saturdays. Enjoy the prime rib special.

Super social hours 5 p.m. Fridays. Come and eat at the complimentary buffet and enjoy music and dancing all night long.

Game nights and progressive club card drawing 7 p.m. Wednesdays. Play pool or darts with a \$2 entry fee, winner takes all, club matches pot.

Dining room is closed Sunday and Wednesday nights. The club is closed Sundays.

New lounge menu available Mondays-Saturdays.

Rodman

◆**Rodman Club - open to all ranks: 283-4498**

Social hour & hors d'oeuvres, 3:30-11 p.m. Fridays at the Laguna Lounge and Rodman Bohio.

All-you-can-eat lunch buffet and grill menu 11 a.m.-1 p.m. Mondays-Fridays.

Soup and sub night 4:30-8:30 p.m. Mondays. Grill menu is also available.

All-you-can-eat homestyle fried chicken, 4:30-8:30 p.m. Wednesday. Grill menu also available.

All-you-can-eat beef and burgundy, 4:30-8:30 p.m. Wednesdays. Grill menu is also available.

Cook-your-own steak night 4:30-8:30 p.m. Thursdays at the Rodman Bohio.

Fine dining 6-9 p.m. Fridays-Saturdays.

Upstairs Bar 4:30-8:30 p.m. Sundays-Thursdays; 6-9 p.m. Fridays-Saturdays.

Dinner is served 6-9 p.m. Mondays-Sundays.

◆**Rodman Annex: 283-4498**

Breakfast is served 6:30-8:30 a.m. Mondays-Fridays.

Chapel schedule

Pacific

Amador Chapel

Building 108, Phone: 282-3610

8:30am Catholic Mass (Sunday)

9:30am CCD Catholic, Building 109

(Sunday)

10:30am Episcopical Worship Service

(Sunday)

Clayton Chapel

Building 64, Phone: 287-5859

11:30am Daily Catholic Mass

5pm Catholic Mass (Saturday)

8:45am Collective Protestant Service

(Sunday)

10:30am Catholic Mass (Sunday)

10:30am Protestant Sunday School (Sun-

day, Building 156, 287-3497)

12:30pm Gospel Service (Sunday)

5:30pm CCD Catholic, Building. 156

(Sunday)

6pm Evening Service (Sunday)

Corozal Chapel

Building 112, Phone: 285-6717

7:30pm Jewish (first Friday of month)

10am Hispanic Catholic Mass (Sunday)

1pm Pentecostal Worship (Sunday)

7pm Sunday School (Friday)

Gorgas Hospital

Building 254, Phone: 282-5507

12:15pm Daily Catholic Mass (2nd floor)

Weekday worship (As announced)

Albrook Chapel

Building 860, Phone: 284-3948

8am Spanish Catholic Mass (Sunday)

9am Confessions (Sunday)

9:15am Catholic Mass (Sunday)

9:45am Protestant Sunday School

11am General Protestant Service

Howard Chapel

Building 500, Phone: 284-3948

11:30am Daily Catholic Mass

4:30pm Confessions (Saturday)

5pm Catholic Mass (Saturday)

9:30am General Protestant Service (Sun-

day)

11am Catholic Mass (Sunday)

12:30pm Gospel Service (Sunday)

Rodman Chapel

Building 40, Phone: 283-4148

8-9am Catholic Mass

10-11am General Protestant Service (Sun-

day)

11:15am Protestant Communion (Luthern

Tradition)

1-2pm Protestant Confirmation

Atlantic

Davis Chapel

Building 32, Phone: 289-3319

11:30am Catholic Mass (Tuesday-Friday)

Noon Catholic Spanish Mass (Sunday)

1:30pm Protestant Hispanic Service

(Sunday)

Sherman Chapel

Building 152, Phone: 289-6481

8:30am Collective Protestant Worship

(Sunday)

10am Protestant Sunday School

Espinar Chapel

Building 224, Phone: 289-4616

9am Catholic English Mass (Sunday)

9am Protestant Sunday School at

Espinar Elementary

10:15am CCD Catholic Sunday School at

Espinar Elementary

10:15am Collective Protestant Worship

(Sunday)

11:30pm Gospel Sunday School

12:20pm Gospel Service (Sunday)

6:30pm Gospel Bible Study (Sunday)

Islamic Prayer Services 12:30-1:30 p.m.

Fridays, Fort Clayton Chapel. 287-5859.