



# Tropic Times

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## Senior DoD official lauds Reserve troops

by SSgt. Eric Wedeking  
Theater Support Element

FORT AMADOR - Although thousands of U.S. military personnel are slated to leave Panama, a senior Defense Department official confirmed that the future presence of Reserve Component forces in Central and South America in coming years should remain steady or increase.

Those hopes were expressed by Assistant Secretary of Defense for Reserve Affairs Deborah Lee, who Thursday visited installations around Panama during a fact-finding mission with top National Guard and U.S. Army Reserve officials.

"The Guard and Reserve will be more important than ever because training here at Southern Command is extremely valuable to us," Lee said. "To my way of thinking, the Guard and Reserve will be a more important part of continuing U.S. military involvement throughout Latin America."

This week, Lee and others inspected a sampling of various ongoing Reserve Component exercises around Panama, the Darien Province and Guatemala before she addresses key Reserve Component officers at a meeting in Puerto Rico and returns to the nation's capital.

Like no other component in the U.S. military, Lee noted the Reserve Component troops she observed training in Southern Command exuded their typical eagerness to perform challenging training, help others and successfully complete their assigned mission.

"They (Maryland Army National Guard citizen-soldiers working an engineer training exercise in the Darien) are feeling pumped. They're enthusiastic," Lee added. "I'm looking forward to meeting more of them."

In addition to the work being performed by about 10,000 active U.S. military personnel stationed in Panama, Reserve Components are scheduled to deploy double that number with 22,000 troops throughout Latin America during 1994.



Deborah Lee

Theater Support Element photo by SSgt. Eric Wedeking

Those 1994 training year figures only reflect the Army and Air National Guard and the U.S. Army Reserve overseas deployment statistics. The U.S. Air Force Reserve, Navy Reserve, Marine Reserve and Coast Guard are expected to infrequently join in some military-related exer-

cises, and humanitarian and civic-assistance projects.

Lee noted that popular support still exists in the United States to deploy community-based units from the National Guard and Reserve.

She said people directly see the benefits their hometown troops are receiving from "real-world training" while helping their distant neighbors in places like Central and South America.

"And they (citizen-soldiers, airmen, sailors and Marines) bring that enthusiasm back to the community," Lee said. "It is my hope we can do even more of that because the training is so valuable."

Despite recent troop-level downsizing experienced in the active U.S. military, Lee said the Reserve Component failed to experience massive manpower cuts because key federal officials like herself advocated a new strategy of "compensating leverage."

Lee said Reserve Component forces provide U.S. taxpayers with more "bang for the buck" because training one citizen-soldier, airmen, sailor or Marine costs between 30 and 40 percent of what money is spent to keep their active duty counterpart militarily proficient.

"They (Reserve Component force) will not be reduced as proportionately compared to the active components," Lee added.

"We're scrubbing the numbers hard" and "we're committed to trying to reduce this turbulence."

Lee noted Reserve Components will still be looking for trained, talented and enthusiastic prior-service individuals.

In her experiences working so closely with the Reserve Components, Lee noted proof in their value, specifically citing rapid and well-thought-out domestic missions recently performed by numerous states' National Guard units during recent disasters, including Hurricane Andrew, the midwest flooding and most recently, the California earthquake.

"The Guard has performed magnificently," she added.

### USARSO increases physical training

FORT CLAYTON (USARSO PAO) - To increase physical readiness, the U.S. Army South commanding general, Maj. Gen. G.A. Crocker, has announced USARSO units will now conduct physical training five days each week, officials said.

Unit commanders will determine when, how and at what level, such as battalion, company, platoon, squad, section or individual, officials said. Commanders will balance this requirement with missions, field training and other activities.

### Recognition Ball changes to April 9

COROZAL (Tropic Times) - The Commander in Chief's Recognition Ball '94 has changed from March 26 to April 9.

Because of the recent arrival of many new staff members, the organizers decided to change the date, officials said.

The March 26 tickets will be honored.

For information call 282-4905.

## McCaffrey visits Army, Air Force

COROZAL (Tropic Times) - The commander in chief, U.S. Southern Command met with Army and Air Force leaders this week during visits to Fort Clayton and Howard AFB.

Gen. Barry R. McCaffrey met with 24th Wing Commander Brig. Gen. David A. Sawyer Wednesday at the Air Operations Center at the first stop of his tour. Inside the center he was briefed on the command and control procedures for U.S. and host nation air operations.

Next on the agenda was a windshield tour of Howard enroute to the 24th Security Police Squadron's Silver Flag Bravo training site. Air Force security police are trained there in conditions simulating ground-based radar stations located in several South American countries.

After reviewing weapons displays at Silver Flag Bravo, McCaffrey travelled to the flightline where he received briefings on the missions of the 310th Airlift Squadron, 33rd Intelligence Squadron and 24th Air Intelligence Squadron.

McCaffrey toured a C-27 Spartan static



U.S. Air Force photo by SSgt. Roswell Lamar

display before attending a luncheon at the Albroom Club with the base's commander, chief master sergeants and first sergeants.

During his stop at Fort Clayton McCaffrey explained his goals and objectives to U.S. Army South leaders at the Fort Clayton Noncommissioned Officers' Club.

"It is absolutely essential to accomplish that (quality of life) or you cannot work on your major business," McCaffrey said. "It's tough...it's a special challenge living over-

seas and it's going to get tougher because the whole thing is changing."

As the U.S. military presence here continues to downsize through the year 2000, more changes will occur, and the next 18 months will see the biggest ones, he said.

"We're going to end up with the smallest armed forces since 1939, but it's going to be plenty big enough," he said. "The challenge to you and I as leaders is going to get more intense down the line."

### News

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Soldiers, civilians help people of Chiriqui Province during a Medical Readiness Training exercise.

### Taxes

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Armed Forces Information Service offers tax tips to servicemembers stationed overseas.

### and more

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U.S. Army photo by Sgt. Eric Hortin

Maj. Peter Rum, U.S. Army Medical Activity - Panama, looks at a woman with a case of pink eye during a recent Medical Readiness Exercise.

## Medical exercise offers soldiers insight

by Sgt. Eric Hortin  
USARSO Public Affairs Office

CHIRIQUI PROVINCE, Panama - About 20 children huddled around the two soldiers. Young boys in dingy pants and shirts and the girls in long colorful dresses looked at them with a mixture of amusement and awe. A little boy touched one of the bags by the soldiers' feet and stepped back quickly, shaking his hand. One soldier held out a cold, dripping wet hand.

"Hielo," said SFC Raymond James, 142nd Medical Battalion. The children remained at a "safe" distance from the two.

"Hielo," James said again, referring to the ice by his feet.

Turning to Sgt. Luis Alicea, 41st Area Support Group, James asked, "Do they know what that means?"

"Yes, they do," Alicea said. "I've already asked them about it."

Not long after, the children took pieces of the ice, put it in their mouths, and came back for seconds, running it back to their families.

For most, ice isn't a big deal. People simply go to their favorite fast-food place and hit the ice dispenser just before filling their cup with soda. For the residents of Cerro Banco, Boca de Soloy and Cascabel in Chiriqui Province, however, ice is a treat they may see once a month, if they're lucky, officials said.

Soldiers and civilians from the 142nd Med. Bn., 214th Aviation Battalion, U.S.

Army Medical Activity - Panama, U.S. Army Dental Activity - Panama, 154th Signal Battalion, and the Panama Ministry of Health, were out in these remote areas Feb. 20-March 1. They were taking part in a medical readiness training exercise designed to get medical attention to those who live in remote areas.

"Over the last two months, there's been a lot of coordination and planning," said 2nd Lt. Eric Bailey, Headquarters Company, 142nd Med. Bn., ambulance platoon. "We had to identify what we needed and what was needed out here, and on Feb. 20, the time was right. We rolled out here with 11 HMMWVs (High Mobility Multi-Purpose Wheeled Vehicles) and six trailers."

Nearly 6,000 pounds of equipment and medical supplies had to be hauled out to the main site in Boca de Soloy, Bailey said. From there, UH-60 Black Hawk helicopters sling-loaded supplies and equipment to and between the other areas, he said.

The team gave villagers medical care, vaccinations, medical and dental screenings and medications. Animals at the villages were also given care with the veterinarians treating infections, giving rabies shots and other minor care.

The team saw an average of 200 medical and 30 dental patients each day, said doctors at the main site. The doctors said they could only guess the number of dogs, pigs, horses and cattle they saw.

### AFNCO earns commission

HOWARD AFB (24th Wing/PA) - A non-commissioned officer from the 33rd Intelligence Squadron will leave here to attend the Air Force's Officer Training School at Maxwell AFB, Ala.

TSgt. Louis B. Seiber III will enter the 13 1/2-week program Tuesday. After graduation, he will report for a training tour at Goodfellow AFB, Texas, before receiving a permanent assignment at the Air Force Information Warfare Center, Kelly AFB, Texas.

A veteran of more than 10 years, Seiber has held assignments in Okinawa, Japan; Montana and Texas. He was selected for commission on his first try. A bachelors degree in management completed with the University of Maryland, Far Eastern Division provided eligibility.

Seiber has been an airborne cryptologic linguist during his 19 months here and has been assigned to units of the Air Force Intelligence Command throughout his career.

## Information center expands

by Sgt. Robin Mantikoski  
USARSO Public Affairs Office

FORT CLAYTON - The military community now has a new, expanded information center where they can go to work on printing, publications or automation.

The Directorate of Information Management opened its new information center to the public March 1 in Building 95 here.

The expansion, which began six months ago, will provide computer users with a larger area to work in and a more centralized facility to work from, said Donna Sasso, chief of the information center.

"Before the opening, the information center was very small and cramped and was split between here and Corozal," Sasso said. "The purpose of the new center was to make the information center a one-stop shop."

Along with the expansion of the user space,

DOIM also increased its staff and added new computers and other electronic devices that will help the users.

"Before, we only had two senior analysts to help customers, now we have four," she said. "That will provide faster action on problems and help us avoid backlog."

Service at DOIM is available to anyone who needs help with putting together presentations, developing locally unique computer programs, or using interface programs such as the Local Area Network, Sasso said.

"The center is meant to help anyone who needs to perform official work," she said.

Other services available are software and communications support, use of scanners and graphic and automation support.

"People can either come in here and use the systems on their own or the staff can help get (them) started," Sasso said.



*Dusty warfare...*

## Infantry unit trains in desert

FORT IRWIN, Calif. - As the sun slowly rose above the desert mountains, the sound of helicopters could be heard. Within minutes, the birds hovered over the landing zone, kicking up a whirlwind of desert sand as the soldiers loaded onto them.

After the second helicopter lift arrived, the soldiers scurried onto the objective to ready themselves for their upcoming mission — to deny the enemy access to high ground.

And so began the first mission for Company B, 5th Battalion, 87th Infantry (Light), while acting as opposition forces at the National Training Center at Fort Irwin last month.

Despite their being at a disadvantage as a light infantry unit against mechanized forces, Company B accomplished their tasks successfully, said 1st Lt. Ken Scheidt, NTC observer controller.

"This unit did excellent in their mission," Scheidt said. "Sometimes missions get opposed and you end up fighting for your life. They held the terrain with the TOWs (tube launched optically tracked wired guided missile) long enough to allow the OPFOR tanks to come in."

While many of the soldiers were "killed" by air attacks, the TOWs, Dragons and Vipers were able to hold their ground against the tanks, said 2nd Lt. Jerry Fisher, 1st platoon leader.

"Despite us being light infantry, we were able to neutralize 14 tanks, which put the OPFOR (mechanized) force at an advantage," Fisher said.

TOW gunner Spec. Milton Hibbler said the mission was exciting for him.

"We don't get to use the Multiple Integrated Laser Engagement System on the TOW in Panama, because of the jungle canopy. Here we get to be real TOW gunners," said Hibbler, who destroyed three tanks.

Hibbler said the best part of the battle was engaging an M-1 driver.

"He was right in my sights and he started to speed up because he knew he was within my range, but I wasn't within his," he said. "I got him."

Being light and maneuverable was a plus for the company, Fisher said.

"The key element to the battle was they couldn't determine where the weapons fire was coming from," Fisher said. "It's hard to engage light infantry."

Regardless of the differences the soldiers experienced, many of them felt this was good training.

"Everything is so different here. You have to do missions with everyone — aviation, mechanized, light," said Cpl. Santiago Cruz. "I didn't know it was so complicated. We only get to see the small picture in Panama."

## Foot soldiers riding high in California

FORT IRWIN, Calif. - In most light infantry units, soldiers do a lot of walking — whether it be through the jungle or through the desert. The situation was not much different for soldiers from companies A and B of the 5th Battalion, 87th Infantry (Light), while at the National Training Center here.

The soldiers from Co. C, 5th Bn., 87th Inf., however, experienced a change from their usual light infantry duties.

While the task of offensive and defensive missions were the same, the soldiers had the opportunity to accomplish their missions while riding in and driving M-113 Armored Personnel Carriers.

Throughout the one-month rotation, the lightfighters worked side-by-side with mechanized soldiers by securing routes for fellow opposition forces or setting up defensive positions.

While some of the soldiers had driven the vehicles before, the drivers were taught the basic hand and arm signals and were then required to pass a written test. After completing the test, the soldiers went out and practiced driving during the day and night.

"(The M-113) is not hard to drive at all, it's just the preventive maintenance control service that's hard," said Spec. Tracey Stromming, Co. C M-113 driver.

Being so close to mechanized troops, the soldiers had the chance to see what the mechanized infantry does and to see the sheer firepower, speed and distance the vehicles can travel, said Capt. Edward Davis, Co. C commander.

"Driving (the M-113s) has been a good experience for the soldiers," said 1st Sgt. Bernard Acosta, Co. C first sergeant.

Many of the soldiers agreed.

"It's definitely easier to drive than to hump," Stromming said. "You're not carrying the weight, plus you can go faster and further distances."

Spec. Perry Frison said NTC gave the soldiers a chance to learn all the aspects of the infantry.

"It's broadened horizons of the different missions of the infantry," Frison said.

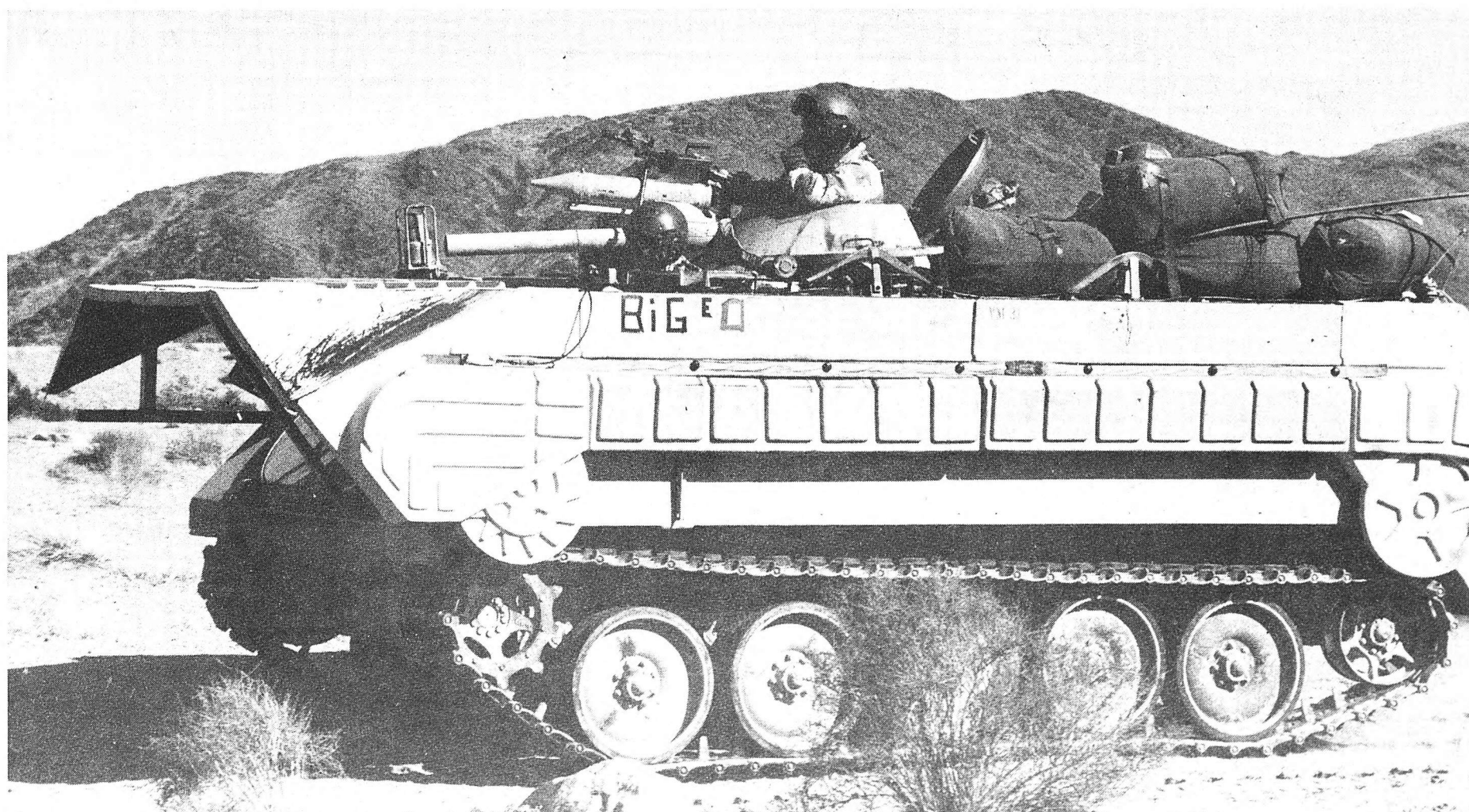


Soldiers from Company B prepare to fire their tube launched optically tracked wire guided missiles.



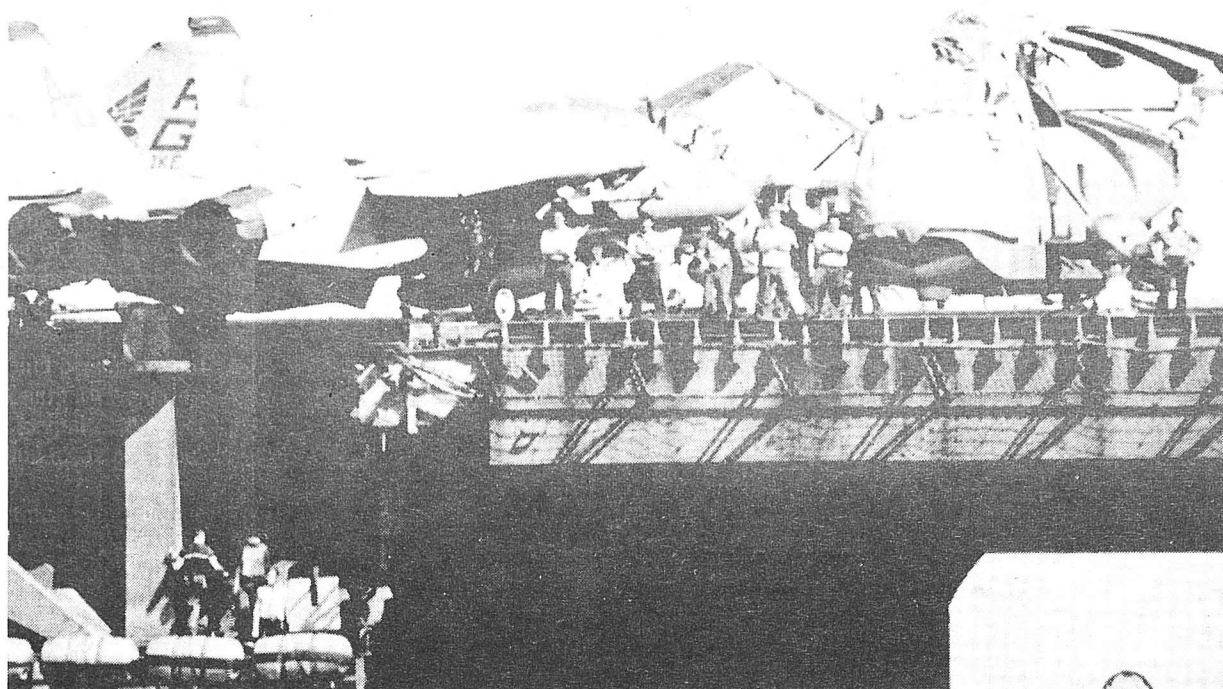
PFC Eric Sweet from Company A aims a Viper.

stories and photos  
by Sgt. Robin A. Mantikoski  
USARSO Public Affairs Office



Sgt. Charlie Fish from Company C, 5th Battalion, 87th Infantry (Light) rides an Armored Personnel Carrier.





AP LaserPhoto

Fighter jets and assault helicopters stand ready aboard the aircraft carrier *USS Dwight D. Eisenhower* in the Suez Canal. The U.S. Navy made history Monday by assigning more than 60 female sailors to the carrier.

## Navy assigns women to Eisenhower

WASHINGTON (Navy News Service) - The U.S. Navy, for the first time in its history, will begin issuing orders assigning women to Navy combat ships.

More than 60 of the planned 500 women officers and sailors to be assigned to the aircraft carrier *USS Dwight D. Eisenhower* received their orders Monday.

*USS Eisenhower* is the first Navy combatant ship to have women permanently assigned.

Though women have served on non-combatant ships since 1978 and have served on board combatant ships for short durations, these assignments mark the first time women will be fully integrated as crew members onboard a combatant vessel.

In the upcoming months more assignments will be issued to women to serve on virtually all types of Navy combat ships.

Enlisted women will also begin receiving orders to the squadrons of Eisenhower's airwing, Carrier Air Wing Three.

The Navy has assigned women pilots and flight officers to combat air squadrons since April 1993 when the Department of Defense recinded restrictions on such assignments.

*USS Eisenhower*, its airwing and ships of its battle group will deploy overseas later this year. Work-ups and pre-deployment exercises will begin this spring.

## Guard, Reserve strength to be cut to less than 1 million in fiscal year '95

WASHINGTON, D.C. (American Forces Information Service) - Because the Department of Defense is placing greater reliance on the reserve components, the fiscal 1995 budget reduces those components less than active forces, said top Pentagon officials.

"This approach, called 'compensating leverage,' makes smarter use of the Guard and Reserves to offset the risks of a drawdown of active forces and to control peacetime costs," said Jennifer Buck, director of programs and budget for the assistant secretary of defense for reserve affairs.

The reserve components' slice of the fiscal 1995 budget pie is almost \$19 billion, down from \$20.4 billion in fiscal 1994. The budget calls for a fiscal 1995 reserve component end strength of 979,000, well below its post-Vietnam 1,170,560 peak in fiscal 1989 and the 1,024,800 authorized at the end of fiscal 1994, officials said. The number is slated to drop to 905,700 by the end of the drawdown in fiscal 1999, they said.

The budget request includes a \$140 million package earmarked for National Guard and Reserve transition programs that mirror those offered active duty service members, Buck said. In addition, the package will support temporary early retirement authority, the voluntary separation incentive and special separation benefit, and the use of the active duty voluntary separation incentives for full-time guardsmen and reservists.

The initiatives for part-time guardsmen and reservists include special separation pay for those with 20 or more years of service, said Wayne Spruell, reserve affairs' director for manpower requirements and programs.

The package also contains provisions awarding early qualification for retired pay to members with 15 to 19 years of service and separation pay to those with six to 15 years of service.

Those who are involuntarily separated or transferred from the Selected Reserve will receive post-separation commissary and exchange privileges and Montgomery GI Bill educational assistance. Those involuntarily separated short of a full career will have priority for positions in other Selected Reserve units.

Another initiative is early qualification for retired pay at age 60 for those with 15 to 20 years of service. "This isn't early retirement," Spruell said. "Early retirement

Those who are involuntarily separated or transferred from the Selected Reserve will receive post-separation commissary and exchange privileges and Montgomery GI Bill educational assistance. Those involuntarily separated short of a full career will have priority for positions in other Selected Reserve units.

means you would draw an immediate annuity. Those selected for this program will not have to serve the full 20 years to be eligible for retirement pay, but they'll have to wait until age 60 before they start receiving it."

Those selected for early qualification for retirement will receive an annual payment for up to five years or until they reach age 60, whichever comes first, officials said.

A further initiative offers special separation pay for those with six to 15 years of service. This is a lump-sum payment program for those who are involuntarily discharged or transferred from the Selected Reserve. This applies to reservists whose units are inactivated, or who lose their positions because of force shaping policies. It also applies to those who voluntarily transfer to the Retired Reserve.

Some of these initiatives will be applied selectively by the services to target specific categories by skills, grades and years of service.

Categories will vary by components, depending upon force drawdown and reshaping needs, Spruell said.

The objective of the reserve component transition programs is to ensure involuntarily separated guardsmen and reservists are treated fairly and equitably for their service, Spruell said. The programs protect members with long service who haven't qualified for retirement and manage the outflow of personnel from reserve units to increase opportunities for younger members. Reserve components enhance capabilities by taking advantage of the increased supply of individuals with prior active service, he said.

## 1993 accidental deaths in DoD lowest in department history

WASHINGTON, D.C. (American Forces Information Service) - Fiscal 1993 saw the fewest accidental deaths in the department's history, said Department of Defense safety officials. Last year accidents killed 624 military members, compared with 712 in fiscal 1992 and 941 in fiscal 1991.

Les Aspin, defense secretary when the latest statistics were released, said some of the decrease could be attributed to downsizing, but the accidental fatality rate is also showing steady improvement.

"Through the diligence of DoD personnel and the steadily improving safety of military weapons, this rate dropped from .39 accidental deaths per thousand service members in 1992 to .36 per thousand in 1993," Aspin explained.

The department's overall aviation accident rate was two per 100,000 flying hours in 1993. The rate reflects major accidents involving a fatality or damage of \$1 million or more. The rate was almost four per 100,000 flying hours in 1980. Military people are being more careful on the road as well. In 1990, four-wheeled vehicle accidents claimed the lives of 525 members. This figure has decreased steadily every year, to 321 in 1993. Motorcycle deaths were cut in half since 1990, when 102 died, to 51 in 1993. Aspin recently wrote a memorandum asking all commanders to become personally involved in making their occupational illness and accident prevention programs more effective.

"As the department downsizes, our obligation to skillfully manage the resources entrusted to us takes on even greater significance," he wrote. "The primary purpose of any accident prevention program is to avoid the human suffering associated with injuries, illnesses or accidents and to protect the material resources required to carry out our mission."

## Air Force faces dilemma of cutting 30,000 civilian slots

WASHINGTON (Air Force News Service) - The Air Force civilian personnel community has an array of tools ready to face the same dilemma as its blue-suit counterparts — drawing down the force, said the director of civilian personnel policy and personnel plans here.

The Air Force has been actively drawing down civilian strength since fiscal 1989, when the population was 261,000, said John R. Graham during an Air Force News Service interview.

Graham, who has been the civilian personnel chief since October, said his new position is a "real challenge." While excited about the job, he said, it has its negative points.

"We've become used to the pleasant side and that's building up like we did in the '70s and '80s. With the drawdown, it's good that we don't need as large an Air Force; on the other hand, it's a shame we have to affect people."

With virtually no base closures since the early 1970s, the Air Force is closing or has closed 26 bases in the 1990s, Graham said. It reduced on-board strength by 23 percent — to 202,000 by the close of fiscal 1993 — through closures, withdrawing overseas forces, program cuts and hiring constraints.

Graham said much of the reduction was done by moving functions and employees to other defense agencies, such as the commissary, and finance and accounting service.

But the service must cut roughly 30,000 more authorizations to make the fiscal 1999 program changes to reduce the force without hurting readiness or mission capability, Graham said. The changes include consolidations, streamlining efforts and more basing actions.

The civilian force is being reduced in two parts — base closures and non-closure drawdowns. The Air Force is trying to accomplish the latter through hiring restraints and attrition to avoid any reductions in force.

The Air Force is also offering incentives, such as optional retirement, early retirement and resignation. Each base targets surplus jobs and grades and requests incentives for employees in matching jobs, Graham said. If there aren't enough takers at one installation, "we may expand incentive offers to other bases to make placement opportunities for surplus employees willing to move."



## Perry outlines United States' role in Bosnia

WASHINGTON, D.C. (American Forces Information Service) - Television brought the Sarajevo marketplace slaughter into American living rooms, prompting many to ask the government to "do something."

The United States has been "doing something" and will do more, but equally important is to fix in people's minds what it won't do, said Defense Secretary William J. Perry. The United States and its NATO allies have agreed upon a response to the escalating violence in Bosnia. But the U.S. security team began planning by clarifying what the parties involved were not going to do, he said.

"We are not going to attempt to impose a peace agreement on the warring factions by the use of military force. We are not going to invade the country and impose peace on them," he said.

All involved are willing to do two things, he said. "First, we will undertake efforts to accelerate the achievement of a negotiated peace settlement," said Perry. But because the peace settlement process may be long, the second point is to reduce the violence in the meantime.

Over the past two years, U.S. policy in Bosnia has had four components, Perry said, in a recent speech to the New En-

gland Council of the American Electronics Association.

First, it has tried to limit the violence in the area. To that end, the United Nations — not including the United States — has a 28,000-member peacekeeping force in Bosnia. The United States is part of sizable NATO air forces based in Italy and on carriers in the Adriatic Sea. The air forces deny the skies to military aircraft operating in the former Yugoslavia and will provide close air support for peacekeeping forces if needed. Second, a U.N. force, including U.S. troops, is based in Macedonia to prevent the war from spreading there — possibly involving Greece and Turkey.

Third, to mitigate the effects of violence, the United States has airlifted food to the area — the tonnage equal to that delivered during the Berlin Airlift in 1948. Finally, said Perry, the United States supports peace talks and has agreed to be part of peacekeeping forces if an agreement is reached.

These efforts by the United Nations, NATO, the European community and the United States have cost billions of dollars and saved hundreds of thousands of Bosnian lives, but none has ended the tragedy, he said.

## Services defining veterans' eligibility separation benefits

BARKSDALE AFB, La. (Air Force News Service) - Billy McKeith starts each day with one goal in mind — to tell military people not to leave the service without their veterans benefits.

"Unfortunately, I'm finding that many Air Force and other military people don't understand their veterans benefits," said McKeith, a VA military coordinator at Barksdale's family support center.

McKeith said he believes there's a general lack of knowledge when it comes to "breaking the code" on veterans benefits. McKeith also said there has been some confusion about eligibility.

For instance, eligibility for various veterans benefits is based on two factors — a particular period of service and an other than dishonorable discharge.

"Fortunately, I had a friend who learned the system in a VA hospital after he got shot-up real bad in Vietnam. It was he who helped me get my VA benefits package together when I got out in 1985," said McKeith, who served 28 years in the Army.

"I'm helping people in ways that I never knew about while I was on active duty. Nobody ever got a briefing back in my day on VA benefits.

The only way you heard about them was if you got lucky."

Veterans benefits are those services to which an active-duty or reserve member of the uniformed services is entitled. Benefits include compensation to service-disabled veterans, educational assistance, home loans, life insurance programs, medical and dental treatment and other programs.

McKeith said applying for veterans benefits is not "mandatory" for active-duty people, but he thinks it should be.

"There's no one who's going to make you get your benefits package together. It's up to you," he said. "You should know as much as possible about your benefits before you get out."

To support the military while it draws down, the VA has set up a comprehensive program to educate active-duty people. Through this program, the VA has also become actively involved in Air Force's transition assistance by publicizing two employment programs — veterans' job training and vocational rehabilitation.

In terms of job-training programs, the VA offers help for apprenticeship training, on-the-job assistance and special job training classes that are offered by other branches of the government.

## Task force investigates scaled-down troops readiness

WASHINGTON (American Forces Information Service) - Keeping U.S. forces ready is key to the armed forces in the 1990s. U.S. forces will be smaller and given the type of contingencies likely, must be ready to fight when they get on the ground.

To ensure American military forces are ready, then-Secretary of Defense Les Aspin appointed a readiness task force. Chaired by retired Army Gen. Edward C. Meyer, the task force delivered an interim report to Defense Secretary William Perry.

"Our point in initiating this study was to deal with the readiness problems that could emerge," Perry said at a Pentagon news conference. "These problems of neglect could build year after year, and we need to ask ourselves what we should be doing to avoid problems of future deficiencies."

Perry said some task force recommendations are already part of the fiscal 1995 defense budget. Others are still under review. The final report from the task force is due in May.

Army Gen. John M. Shalikashvili, chairman of the Joint Chiefs of Staff, said the task force worked harmoniously with the Joint Staff, the services and the staffs of the unified commands.

Meyer started his briefing with a giant poster saying "Hollow Force" with a slash through it. He said "pockets of unreadiness" exist in the military, primarily caused by change. He cited the drawdown in Europe, closing bases, changes in organizations, reductions in funds and resources as some factors driving change in the military and causing these pockets.

Some recommendations include having DoD develop readiness measurement systems, involving the joint commanders in readiness issues and the budget process, doing more with computer simulations and conducting a major joint wargame focusing on readiness.

In addition, the task force called on Congress to fund contingency operations such as those in Somalia, Bosnia and Haiti. Officials said funding for these operations now comes from the operations and maintenance budget, and this hurts readiness.

In the Army, the drawdown is causing some military occupational specialty mismatches, Meyer said. This means some soldiers are working in other specialties.

"Someone has to run the post gym for example, and commanders are taking sol-

diers from their primary jobs to do it," he said. "In the Navy there is a funding-infrastructure mismatch. In the Air Force there is a spare parts shortfall."

In the Marine Corps, operational tempo is so high, commanders are worried that Marines are not getting the training they need.

"They're spending most of their time on ships in response to contingencies, and they aren't learning what they need to do if they have to deploy," Meyer said.

The task force reviewed current and future measurements of three levels of readiness — unit, joint/combined force and national military strategy support. There are adequate measures for current unit readiness, but little for measuring future readiness, Meyer said.

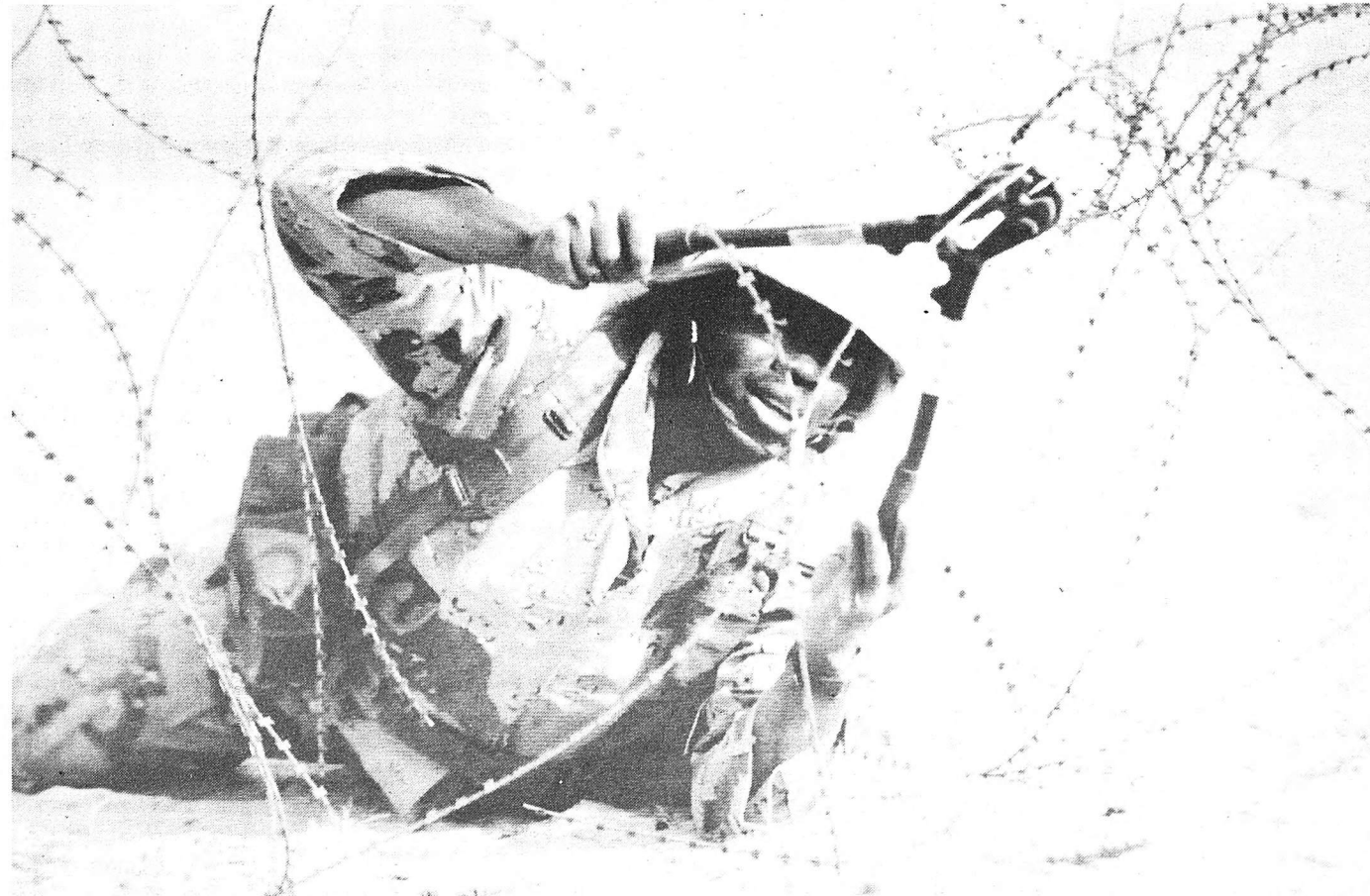
"The area that surprised me the most was in the joint and combined force. There aren't the same sorts of guidelines, conditions and standards that exist unit-side for joint readiness," Meyer said.

This will become more important, he said, giving Korea as an example. Commanders in Korea know the forces they have and the state of readiness of those units. If war broke out in Korea, U.S. service members would reinforce those already in the area. The commander has no way to gauge the readiness of those reinforcing units.

The department must address how readiness affects national military strategy support, he said. The task force will continue work in this area and has recommendations ready for the secretary.

The task force found good capabilities in several readiness functional areas. These include readiness awareness, personnel and facilities. Other functional areas the task force says need work are joint/combined training, reserve components, mobility, sustainment, use of simulations and joint command, control, communication and computers.

"There is enough data in (the Pentagon) to provide anybody all the information they need to know on readiness. The problem is, it's down in a lot of little different places. Developing some sort of system to collect this information should be a priority, Meyers said.



AP LaserPhoto

Cpl. Mark Palacio cuts barbed wire in a Marine training exercise in Saudi Arabia. With cutbacks upcoming and operational tempo so high, commanders are worried that Marines are not getting the training they need.



# Crumbling bridge concern for neighborhood

## Dear Mayors' Corner:

A few weeks ago I read of the concern about safety in the 600 housing area of Fort Clayton. There is also a very real problem in this area — the foot bridge between the 500 and 600 housing areas.

I have lived next to the bridge for the past seven months and have seen it crumble literally beneath my feet, but nothing seems to have been done about this real danger.

There are now holes in it and complete boards have been missing in the past. What boards are left are spongy and feel as if they will give way at any moment.

A woman I was talking to one day even told me she was walking across the bridge and her toddler's foot went through. Now

## Mayors' Corner

this is an extreme hazard.

I have called and I know of others who have called both the military police and the Directorate of Engineering and Housing to have this bridge closed down and repaired, but nothing has been done.

Every once in a while the MPs come by and put their yellow tape across it, but the plastic tape doesn't keep the neighborhood children out. Also, when DEH does come out, they only replace a few boards at a time while the older ones continue to crumble.

Can't this bridge be boarded off instead of taped? And, isn't there anything that can be done to completely rebuild it with mate-

rial that won't rot beneath our feet? I know money is scarce, but if we can't afford to rebuild it, we need to dismantle it before the rainy season floods come again and someone falls through and drowns.

**Waiting for a Fall**

## Dear Waiting:

The Mayors' Corner voiced your concern to Stu Peterson, the Maintenance and Services Branch chief of DEH. He personally went to inspect the footbridge in the housing area of Fort Clayton.

The footbridge was repaired. To prevent further security risks, a project has been

initiated to replace the wooden foot boards with stainless steel non-slip ridges. This appears to be their best alternative because there is considerable foot traffic between the two housing areas, Peterson said. It would not be desirable to shut the bridge down.

**Editor's note:** This column allows community members to submit questions to the Mayoral Congress. Letters should be mailed to: Mayors' Corner, Publicity Chairperson, APO AA 34004 (MPS). Anonymity will be granted upon request. The *Tropic Times* reserves the right to edit letters and responses for brevity, clarity and propriety.

## Letters

# Soldier questions payday activities

The following letters concern the U.S. Army South payday activities policy letter.

According to the policy letter issued by Maj. Gen. George A. Crocker, USARSO commander, all units in USARSO should limit their offices to skeleton crews so a maximum number of soldiers can muster with their companies for morning training and awards formations. Soldiers are released from duty at noon to take care of personal business. The intent of payday activities is to focus on soldiers and soldier business and support leadership development.

## Maj. Gen. G.A. Crocker,

Sir, I know your intentions were good, but maybe you should reconsider this policy letter.

All over this command I have noticed different sections that must work or run skeleton crews. Do these skeleton crews really get compensated?

No. Soldiers I talk to say they were supposed to, but they never do.

An example was Martin Luther King Day, Feb. 4, when everyone was off. There were still important offices with on-call emergency personnel. Military personnel offices on the Atlantic and Pacific both had personnel working.

Enlisted records also had soldiers working. This was probably so the soldiers who were off from payday activities could go update their records...a real emergency situation.

Commanders and command sergeants major of personnel services offices could probably provide you with the most important list of emergencies their soldiers took care of that required them to work. Like emergency updates of 201 records.

Finance was also open after noon that day to handle emergencies. By investigating I found out finance only handles no pay dues on the first two days of the month, and two days at mid-month. Yet finance had people work after noon to handle emergencies.

Aren't personnel administration centers suppose to identify pay problems and make sure soldiers with real emergencies taken care of before five days after payday?

I saw two noncommissioned officers at finance being helped. If their pay was so messed up why did they wait so long to go to finance?

I'm just a little guy in the Army, but I saw two commanders and two first sergeants stay around until 4 p.m., probably taking care of important business. But I think if

they are doing that, how much of an example are they setting for young sergeants?

My sergeants see the commander and first sergeant stay, and they say they must stay until the command leaves or it will not look very good.

It was the same way at my last unit. Even the post command sergeant major went around looking for people working after noon on payday activities. That did scare some people, so I had to change into civilian clothes after noon so my squad leader wouldn't get in trouble.

But I was working because I wanted to, because it was the right answer. When I see some people dart for the door at 11 a.m. or noon it bothers me.

I always promise my wife I'll be home between 11:30 and noon. I kiss her and promise I'll be home early and then we can do something together. She sure is tired of me lying to her.

I really love the Army most of the time, but getting soldiers hopes up for something that's not true isn't fair.

**A not very important soldier in a non-caring command**

## Dear soldier,

I received your letter concerning payday activities. Thank you for taking the time to write a two-page letter—I must admit I was impressed.

Let me explain that I never thought I'd get all the soldiers in USARSO time off on payday. Those who belong to emergency organizations such as the hospital and military police security can't take off.

Others in key services such as yourself probably could take off, but shouldn't. In that respect, life isn't fair nor will it ever be.

What is supposed to happen is that those troopers in key positions such as yourself should be given compensatory time, in conjunction with a weekend but not payday.

Overwatch of this alternative time off is the chain of command's job. Obviously, all of the chain of command isn't into the spirit of payday activities.

I'll work on that. As for you, always do your job 200 percent and good things will come your way. Life is fair over the course of a career in that respect.

Thanks for your help.

Sincerely,  
G.A. Crocker  
Major General, U.S. Army  
Commanding Officer

## Thief nabs soldier's bank card

A Fort Clayton soldier had his bank teller card stolen last week. The thief used it to withdraw more than \$1,500 from the soldier's account.

## PM Corner

Be sure all bank, credit or telephone cards are properly safeguarded and remove the opportunity for a thief to strike.

If you are a victim of crime, call 287-4401 or 289-5133.

## Stolen purse

A Balboa High School student had her purse stolen after she left it unsecured on school grounds. In the purse were several identification cards, a set of keys and about \$14.

It only takes a few seconds for a thief to strike, so be sure all valuables are properly secured.

## Child neglect

A person was charged with alleged child neglect last week when it was discovered she left her 3-year-old child unattended in her quarters while she went shop-ping.

U.S. Garrison Regulation 210-1 states that children 9 years old and younger will be accompanied by an adult or supervised by a responsible person 13 years old or older at all times.

For information, see U.S. Garrison Regulation 210-1 or call 287-4401 or 289-5513.

## Assaulted and robbed

A person was robbed and assaulted last week by a soldier and two unknown accomplices near the Fort Clayton pedestrian gate. The assailants stole \$90 from the victim after striking him on the side of the head.

Report suspicious activities to the MPs at 287-4401 or 289-5513.

## Anonymous drug hotline

Anyone with information about drug smuggling should call the Panama Jack anonymous hotline at 285-4185.

The following crimes occurred in on and off post housing areas Feb. 25-March 3.

## Pacific

Fort Clayton 600 housing area - one larceny of secured private property

Fort Clayton 1100 housing area - one larceny of unsecured private property

## Atlantic

None to report

## Off post

La Loma - one larceny of secured private property

Bethania - one attempted housebreaking

Paitilla - one larceny of unsecured private property

Portobelo - one larceny of unsecured private property

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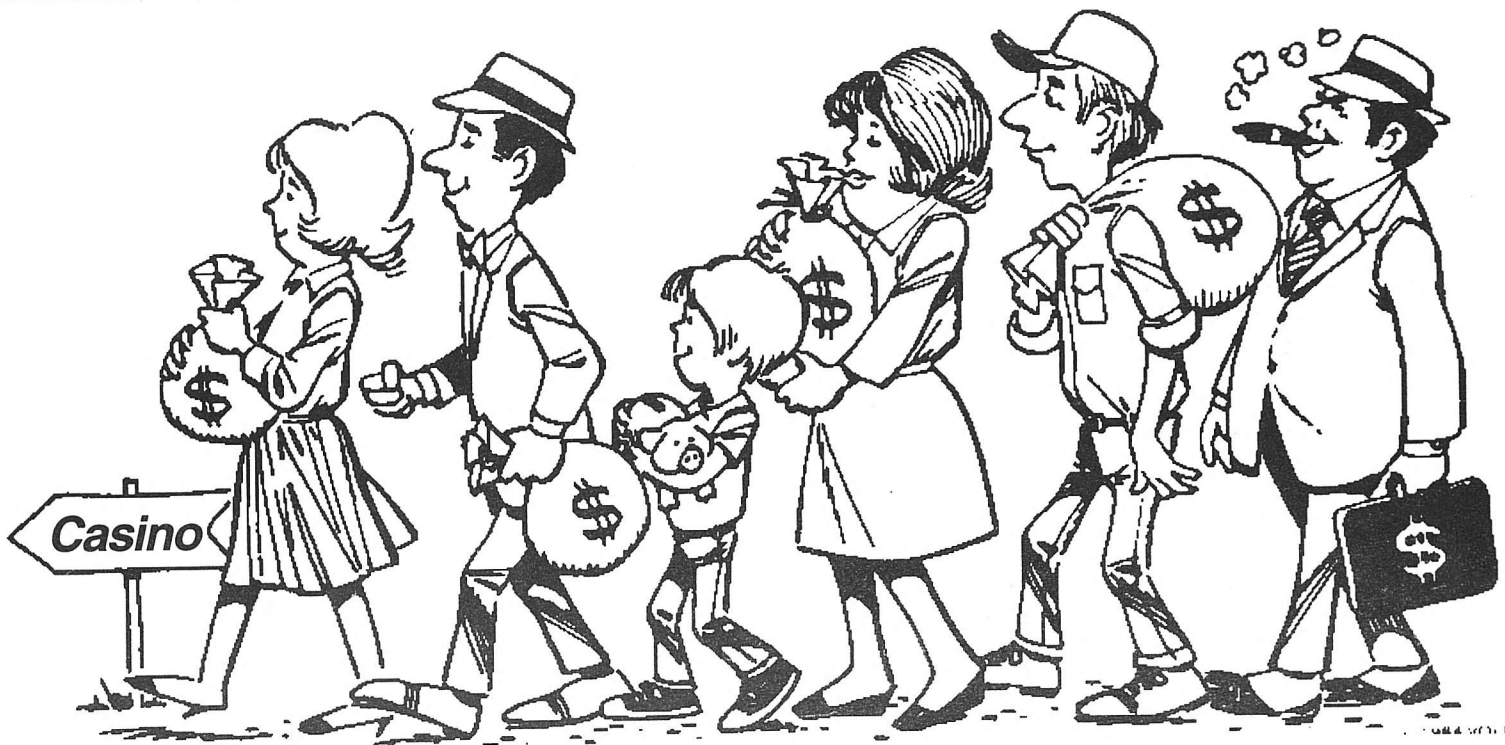
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PH2 Delano J. Mays

U.S. Army South PAO-Atlantic.....289-4312

NCOIC.....Sgt. Richard Emert





What reading and writing?

## Some children getting 'casino education'

by SSgt. Richard Puckett  
Editor, Tropic Times

When I was a child, going to rated R movies, bars or casinos was just out of the question. Those things were just not made for 6-year-old children. But as Bob Dylan once said, "The times, they are a changin'."

Maybe as I've gotten older I'm just grumpier and not as understanding as I should be. But this past Friday night when I was bowling at the Clayton Lanes I saw something that stunned me. As I was leaning over to take a sip out of the water fountain, I saw a parade of children scurrying in and out of the slot machine room. There were several little tykes in strollers, just hanging out while mom and/or pop jerked the handles of those one-armed bandits.

I couldn't believe it. How cool. These children were up well past 8:30 p.m. having a blast. Needless to say I was quite jealous. The closest I ever got to a casino when I was that age was watching Robert Urich catching the bad guys in Vegas.

Initially, I was shocked. I couldn't believe that someone who went to all that trouble to have children would even want to expose them a smoke-filled, potty-

mouthed atmosphere. But then as I thought about it I realized that maybe I was missing the point.

Here I was thinking that parents should just read to their children, play catch, help them with homework, talk about puberty and send them on their way once they get to college. No, now parents can enhance the learning process by taking them to casinos. Just think about it.

Parents no longer have to go and buy those silly little Cat-in-the-Hat and coloring books — learning is just a slot machine away.

For starters, children can learn their basic math skills. You learn how many nickels and quarters are in a roll of \$2 or \$10. Watching mom and dad drop quarters and nickels they can learn subtraction and addition. For instance, if mom has \$50 and loses \$50 on machines, she has \$0 left. It's just that easy.

Thanks to the flashing lights and designs, children can learn all their colors at a very young age. They can also learn how to identify fruits and vegetables. Cherries, strawberries, bananas, and apples are just a few that are easily recognizable.

Children can also learn about physical exercise. Besides running in between the legs of other customers, they can see the increase in pumpitude on their parent's right arms because of the constant pulling of handles.

Breathing in all that smoke is another advantage. Instead of raising a bunch of whining, second-hand smoke breathers, these children can start early and build up a tolerance. They won't mind taking breaks in the smoking areas or breathing in all that carbon monoxide on the highways. They'll be tougher, heartier and more resilient. They might cough a bit more, but if doesn't kill 'em, it'll only make 'em stronger.

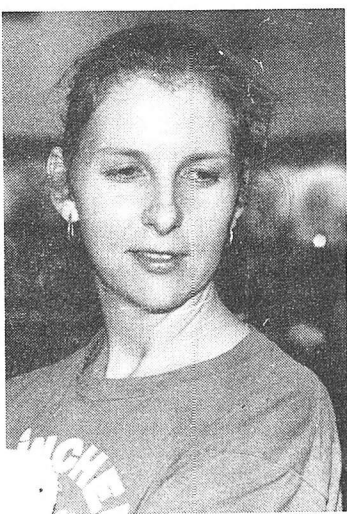
Learning about persistence, dedication and balance are bonus skills. Watching their parents continually play, they can learn about the importance of sticking with something. This might even discourage junior from taking up the clarinet one week then wanting to get that mountain bike the next. Imagine all those lost musicians out there who just didn't have the focus that one of these new-age children will have.

They can also learn balance. The real pros don't just play one machine. They take on two. Not only exercising both arms, but having to balance the budget so that both machines can continue playing.

This entire experience has forced me to rethink my ideas about education and parenthood. I guess I can throw away my Disney tapes and Barney books. No more Dr. Spock and Bill Cosby. Today, all I need is a quarter.

### Direct Quotes

### What places should be off-limits to children?



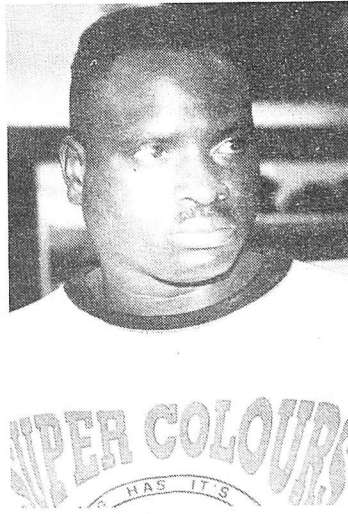
"I think the theater should be {off limits} for babies and the gym when parents are working out."

Pamela Hoover  
Army family member



"I'd like to see stores keep adult magazines behind the counter like stores on the Atlantic side do."

SSgt. Stephen Smith  
Headquarters Company, 5th  
Battalion, 87th Infantry



"The electricity plant at Howard Air Force Base. I've seen kids playing around there."

Spec. James Murray  
Company A, 536th Engineer  
Battalion



"I think places like NCO clubs because kids play with the slot machines."

Mary Clegg  
Army family member



"Just the Class Six store."

Paula Cammarata  
Air Force family member

The opinions expressed on this page are those of the commentary writers and Direct Quotes respondents only. They do not reflect the views of U.S. Southern Command, the Department of Defense or the U.S. government. Readers may submit commentaries — or responses to commentaries — to the *Tropic Times*. The staff reserves the right to edit for brevity, clarity and appropriateness. All submissions must be signed, but names will be withheld upon request.



# Speedy returns

## Electronic mail zips tax refunds earlier

WASHINGTON (American Forces Information Service) - The Internal Revenue Service welcomes electronically filed and computer-filed federal tax returns.

Tax returns filed electronically or by computer-generated forms cut down processing time and allow refunds to be made faster, said IRS officials. Taxpayers who file using either methods can receive their refunds in about three weeks as opposed to the normal eight weeks, IRS officials added.

In addition, IRS officials said they find fewer errors, like missing schedules and math mistakes, in these tax returns.

Another point in favor of filing electronically is you can file a return early in the season and hold off paying taxes owed until the April 15 deadline.

Check your local area for an IRS-accepted preparer or transmission service and ask about filing services and costs. Remember, you are responsible for everything in the tax return, whether you or the tax preparer filled out the forms, IRS officials said.

An IRS-accepted electronic filer sends your tax return to the IRS. If the information is correct, the return is accepted and stored on tape. At this point, Treasury Department finance centers electronically receive refund information and either send a refund check to the taxpayer or directly deposit the amount into the individual's financial institution, said IRS officials.

The IRS began accepting electronically filed tax returns on a trial basis in 1986, when 25,000 individuals used the service. It continues to gain in popularity, said IRS officials, as more than 12 million taxpayers took advantage of the option during last year's filing season.

Things to consider when using a tax preparer or filer include :

- ◆ Choose an individual or firm who will be available to answer questions concerning your return months, or even years, after filing.

- ◆ If you have a complex tax situation, consider hiring a certified public accountant.

- ◆ Stay away from a tax preparer who claims to be able to get you a larger tax refund than others can or one whose fees are based on a percentage of your refund.

- ◆ Make sure the preparer signs the return.

- ◆ Make sure you get a complete copy of the entire return.

- ◆ Never sign a blank form.

- ◆ Make sure you are completely satisfied before the tax return is filed because you are responsible for what is in it.

IRS also endorses computer-assisted tax filing. Some 1040PC software programs print out a tax return answer sheet, generating lines only where there are answers, while other programs print out the entire 1040 form. Using a personal computer, IRS officials said, the tax return ends up as a three-column list that fits on one or two pages. After printing the return, you mail it to IRS.

Software and 1040PC forms are not available through the IRS, but can be found at most computer software stores.

Complete information is available on the two options by calling the IRS Tele-Tax service at toll free 1-800-829-4477.

For electronic filing, ask for Topic 252 and Topic 251 for computer-filing.

Another taxing initiative from IRS is TeleFile. IRS officials said some single residents in nine states who use the 1040EZ short form will receive TeleFile tax packages.

The way the program works is simple. Taxpayers call a toll-free number using a touch-tone telephone. They enter wages, interest and taxes withheld. While they are on the telephone, IRS figures the adjusted gross income and either the refund or taxes due. Taxpayers sign a form, mail it to IRS and receive a refund within three weeks. If they owe taxes, they have until the April 15 deadline to pay.

IRS officials said test sites include cities in Florida, Indiana, South Carolina, Kentucky and West Virginia.

Other tax filing programs that will be tested this year include tax packages with payment vouchers to be sent to a different address, separate from the tax return and tax packages with computer-scannable vouchers. Officials said they will select about 30 million people to take part in these tests.

## IRS spells out taxable, nontax

WASHINGTON (American Forces Information Service) - The Internal Revenue Service offers two publications for military members that outline which pays and allowances are and aren't taxable.

Military and special pays, dependency exemptions, deductions and other areas are handled in IRS Publication 3, Tax Information for Those Affected by Operation Desert Storm, discusses tax-free income, filing extensions and other tax aspects for those involved in the military operation.

What's taxable or not can be confusing with the many and varied types of pay military members receive, IRS officials said.

For example, military retirement pay and lump sum payments for separation from the service are taxable, but

uniform allowances and money paid by the Department of Veterans Affairs are not.

Some generally taxable military pays include

- ◆ Active duty pay

- ◆ Military retirement pay based on length of age

- ◆ Military academy pay

- ◆ Re-enlistment bonuses

- ◆ Lump-sum payments on separation from a

- ◆ Pay received by retired personnel who are instructors in Junior ROTC programs.

Those generally not taxable include :

- ◆ Uniform allowances

- ◆ Basic quarters allowance

- ◆ Variable housing allowance





# Overseas servicemembers eligible for filing extensions

WASHINGTON (American Forces Information Service) - Living overseas doesn't get you out of paying federal taxes, said Internal Revenue Service officials.

To help servicemembers file tax returns on time, IRS tax assisters travel to a number of foreign countries during the tax season to answer questions and assist with filing forms.

During last year's tax season, January to April 1993, assisters visited more than 140 cities in 59 countries to help Americans with their federal returns.

In addition, IRS-trained volunteers can be found at U.S. embassies, consulates and military installations around the world providing free assistance.

U.S. citizens, including military members and their families, who live abroad are given an automatic two-month extension to June 15 to file their federal tax returns, IRS officials said.

Those who need more time may request another two-month extension, or until Aug. 15, by using IRS Form 4868, "Application for Automatic Extension of Time to File U.S. Individual Income Tax Return."

The form must be filed with the IRS by April 15. However, the extensions are only for filing the tax return, IRS officials said. Any taxes owed must be paid by the April 15 deadline to escape interest and penalties, which accumulate from April 16 until paid.

A statement that you were living and working outside the United States on April 15 must be included with the tax return if you use the two-month extension, added IRS officials.

If you live abroad and have specific tax-related questions, call the IRS at (202)0874-1460 or send a facsimile to 202.874-1752.

Or write to:  
Internal Revenue Service  
950 L'Enfant Plaza SW  
ATTN: IN:C:TPS  
Washington, DC 20024

For free tax forms and publications, write to :  
IRS  
Forms Distribution Center  
P.O. Box 25866  
Richmond, VA 23289 USA

## Filing wrong forms can hamper returns

WASHINGTON (American Forces Information Service) - The Internal Revenue Service offers three 1040 federal income tax return forms to choose from.

Which to use may seem confusing, but in fact, it's pretty easy, said IRS officials. To choose the right one, check the standards. Each Form 1040 - the basic 1040, 1040A and 1040EZ - has different prerequisites.

The 1040EZ is the simplest, said IRS officials. To use this one-page form, you must meet all the prerequisites which are: you claim only one exemption; be under age 65 and not blind; do not receive advance earned income credit; and have no dependents.

In addition, taxable income must not exceed \$50,000, with no more than \$400 in interest and the balance in wages and taxable scholarships or fellowships. No itemized deductions, credits or adjustments may be claimed if filing 1040 EZ

form, said IRS officials.

The two-page 1040A is an easier version of the 1040, and a taxpayer must meet all its prerequisites to use it, IRS officials explained.

Taxable income must be less than \$50,000 and come from wages, salaries and tips, interest, pensions and annuities, Social Security benefits, ordinary dividends, unemployment compensation, scholarships and fellowships, and IRA dividends.

Form 1040A users cannot itemize deductions or claim adjustments to income other than IRA contributions, or credits except for earned income, child care, disabled-dependent or elderly or disabled.

Also, added IRS officials, you must satisfy the requirements for reporting dividends and interest.

Use the 1040 long form for any situation not covered by the 1040EZ or 1040A forms, if your taxable income is \$50,000 or more or from certain types of income, if you itemize deductions and when you claim certain credits.

## Navy, Air Force list tax advisors

COROZAL (Tropic Times) - The following is a list of military unit tax advisors servicing servicemembers stationed in Panama:

### Air Force

<b>24th Air Intelligence Squadron</b>	
MSgt. Charles Hamilton.....	284-5410
MSgt. Glenn Richard.....	284-5410
<b>24th Air Postal Squadron</b>	
TSgt. Jose Gonzalez.....	286-4251
<b>617th Airlift Support Squadron</b>	
Capt. Caroline Joyce.....	284-5805
SMSgt. Calvin Edwards.....	284-3669
TSgt. William Groom.....	284-6610
SrA. Frederick Bushey.....	284-5702
<b>630th Air Operations Squadron</b>	
1st Lt. Carson Taverner.....	284-3518
<b>310th Airlift Squadron</b>	
1st Lt. Johnny Johnson.....	284-6511
SSgt. Brian Stewart.....	284-6511
Sgt. Eric Wilson.....	284-6511
<b>24th Civil Engineering Squadron</b>	
SrA. Michael Lacey.....	284-5645
SrA. Sean Shillato.....	284-5305
<b>24th Contracting Squadron</b>	
MSgt. Donald Bryce.....	284-5550
<b>24th Communications</b>	
MSgt. Francisco Gonzales.....	284-5404
SSgt. Daniel Montoya.....	284-4516
SSgt. Denisa Robinson.....	284-4215
<b>Defense Mapping Agency</b>	
TSgt. Norman Thierolf.....	286-4508
<b>33rd Intelligence Squadron</b>	
TSgt. John Armintrout.....	284-5700
TSgt. Henry Doby.....	284-5700

<b>24th Logistics Support Flight</b>	
1st Lt. Xavier Woods.....	284-4949
<b>24th Medical Squadron</b>	
Capt. Samuel Born.....	284-4518
<b>24th Maintenance Squadron</b>	
MSgt. Anthony Davis.....	284-4547
TSgt. Jacob Roldan.....	284-3202
<b>24th Mission Support Squadron</b>	
MSgt. Rick Harris.....	284-5714
<b>24th Operations Support Squadron</b>	
TSgt. Paul Doherty.....	284-3310
SSgt. Guy Hale.....	284-6510
<b>24th Security Police Squadron</b>	
MSgt. Arthur Hernandez.....	284-5762
MSgt. Rodney Ray.....	284-4711
TSgt. John Roberts.....	284-4755
<b>24th Supply Squadron</b>	
MSgt. Charles Smith.....	284-3918
MSgt. Ernesto Mendiola.....	284-5850
Henry Correa.....	284-5419
<b>24th Services Squadron</b>	
SMSgt. Woodrow Wilson.....	284-5668
<b>24th Transportation Squadron</b>	
TSgt. Bruce Amos.....	284-3655

### Navy

<b>Naval Station</b>	
Ens. Leopoldo Allen.....	283-6360
<b>Naval Special Warfare Unit - 8</b>	
CWO 4 Joseph J. Letscher.....	283-4508
Lt. Scott M. Hurm.....	283-4508
<b>Special Boat Unit -26</b>	
Lt. Patrick E. Grimison.....	283-3316
RM1 Terry M. Adams.....	283-3316

## ble military pay

- ◆Family separation pay
- ◆Basic allowance for subsistence
- ◆Benefits under Servicemen's Group Life Insurance
- ◆Department of Veterans Affairs benefits
- ◆Moving or storage expenses provided in kind or reimbursement for actual expenses for permanent-change-of-station moves.

Check your installation library or tax assistance office for copies of these two free publications or call IRS toll-free at 1-800-829- 3676 or write to:

IRS  
Forms Distribution Center  
P.O. Box 25866  
Richmond, VA 23289



## Promotions

**To Lieutenant Colonel** - Catherine Bonnil of U.S. Army Medical Activity - Panama.

**To Captain** - Juan Cosme of U.S. Army Dental Activity - Panama.

## Military awards

**Meritorious Service Medal** - Lt. Col. Catherine Bonnil of U.S. Army Medical Activity - Panama. SFC Bryan Ford of 3rd Special Operations Support Command (Airborne).

**Army Commendation Medal** - Spec. Jose Aguilu of U.S. Army Dental Activity - Panama. Capt. Russell Wiessinger of U.S. Army medical Activity - Panama.

**Army Achievement Medal** - SFC Gary Mitchell and SSgt. Jeffery Frey, both of 3rd Special Operations Support Command (Airborne).

## Special achievement

Sgt. James Edwards and Spec. David Redmon were selected Noncommissioned Officer and Soldier of the Month for U.S. Army Dental and Medical Activities - Panama.

## Graduations

**Hazardous Material Course** - Spec. Frederick Lucas of 3rd Special Operations Support Command (Airborne). Sgt. Thomas White of U.S. Army Dental Activity - Panama.

**Master Fitness Training Course** - Sgt. Michael Rone and SSgt. Pedro Resto, both of 3rd Special Operations Support Command (Airborne).

**Airborne School** - Sgt. Lancelot Ottley and Spec. Tremayne Smith, both of 3rd Special Operations Support Command (Airborne).

**Defense Language Institute** - Maj. Thomas Davis, Capt. Timothy Prior, Spec. Thomas Mattison, 1st Lt. David Mann, Spec. Stanley Ryel and SSgt. Danny Jackson, all of 3rd Special Operations Support Command (Airborne).

**Mobile Army Retention Program** - Sgt. Loretta Kirkland and Sgt. Darlene Taylor, both of U.S. Army Dental Activity - Panama.

**Protective Services School** - Spec. David Maffia and Spec. Christopher Sonesen, both of Headquarters Company, U.S. Army South.

**Primary Leadership Development Course** - Distinguished Honor Graduate: Spec. John Haley of Headquarters Company, 5th Battalion, 87th Infantry. Honor Graduate: Cpl. Brian Crews of Company A, Military Intelligence Battalion (Light). Commandant's List: Spec. Michael Beale of Company C, 1st Battalion, 228th Aviation. Spec. Scott Duffey of Company C, 1st Battalion, 508th Infantry. Spec. Andre Franklin of Company A, 1st Battalion, 228th Aviation. Spec. Deborah Garcia of Company A, 747th Military Intelligence Battalion. Spec. Karen Hubbard of Company A, 308th Military Intelligence Battalion. Spec. Kimberly Mitchell of Company E, 142nd Medical Battalion. Spec. Jesse Molinar of 308th Military Intelligence Battalion. Spec. Michael Podgorski of Company C, Military Intelligence Battalion (Light). Spec. Steven Sheets of 308th Military Intelligence Battalion. Spec. Mark Utrata of Company B, 193rd Support Battalion. Leadership Award: Spec. David Acosta of Company C, 5th Battalion, 87th Infantry. Spec. Scott Duffey of Company C, 1st Battalion, 508th Infantry. Spec. John Haley of Headquarters Company, 5th Battalion, 87th Infantry. Spec. Joey Sanchez of Company C, 1st Battalion, 508th Infantry. Physical Fitness Test Award: Spec. Sterling Dilkey of Headquarters Company, 1st Battalion, 508th Infantry. Commandant's Inspection Award: Spec. Mark Utrata of Company B, 193rd Support Battalion. Graduates: Spec. David Acosta of Company A, 5th Battalion, 87th Infantry. Spec. Jeffrey Adams of 59th Engineer Company. Spec. Rodney Alexander of Company C, 1st Battalion, 508th Infantry. Cpl. Jose Aranda of Company B, 5th Battalion, 87th Infantry. Spec. Michael Beale of Company C, 1st Battalion, 228th Aviation. Spec. Lance Brabham of Company D, 4th Battalion, 228th Aviation. Spec. Douglas Briggs of Headquarters Support Company, 536th Engineer Battalion. Spec. Tad Browning of Company B, 308th Military Intelligence Battalion. Spec. Qnpsavdon Burrows of Headquarters Company, 193rd Infantry. Spec. Ben Conley of Company C, 5th Battalion, 87th Infantry. Cpl. Brian Crews of Company A, Military Intelligence Battalion



Department of Defense Dependents Schools photo

## Student of the month

Curundu Junior High School science teacher Hortensia Baudin explains using a microscope to Yarrisa Peart. Peart was one the school's students of the month in February. Others were: Mark Boyko, Janet Baird, Tina Yavoich, Amanda Riniker, Ingrid Belmont, Angela Battisti, Cassandra Bartlett, Frank Linton, Caleb Janssen, Angel Madrid, Haymeth McKensie, Michael McAllister, Rhaiza Elizondro, Yarabi Sealey and Angela Valdilles.

## Civilian awards

**Years in Service** - 25 years: Kathy McConaughy and Jose Sanchez, both of U.S. Army Medical Activity - Panama. 20 years: Barbara Crump, Victor Smith, Fernando Cabarcas and Lurline Robinson, all of U.S. Army Medical Activity - Panama. 15 years: Vicente Sanger and Maria Aleman, both of U.S. Army Medical Activity - Panama. 10 years: Dalis Irish, Anita DeSimone, Ruth DeLaCruz, Claudette DeKing and Juan Rios, all of U.S. Army Medical Activity - Panama. 5 years: Marciano Atkins, Juan Carbone, Raymond Edwards, Cesar Restrepo, Gloria Renteria, Sara Busquets, Elba DeCortes, Loyda Oduber and Elizabeth Valencia, all of U.S. Army Medical Activity - Panama.

**Sustained Superior Performance Award** - Kathy McConaughy, Maria Aleman, Marciano Atkins, Celia Bodden, Ines Delgado, Ada Haynes, Delenia Lindsay, Marcela Morales, Maria Murillo, Audrey Richards, Rodrigo Salazar, Diane Tapia, Maria Uter, Bernadette Carr, Salomon Mojica, Gilberto Arias, Marcia Beckford, Josephine Darcy, Ricardo Dyer, Amalia Holden, Eyda Luque, Vielza Morris, Deborah Permenter, Iris Rogers, Luz Santos, Oscar Taylor and Beatriz Vizor, all of U.S. Army Medical Activity.

**Promotion** - Marjorie Lee of U.S. Medical Activity - Panama.

## Birth

Kevin Thomas Smith was born Feb. 18 to SSgt. Steven and Dianne Smith.

## Youth achievements

The following Department of Defense Dependent Schools students graduated from the Drug Abuse Resistance Education course:

**Clayton Elementary School** - Tina Atkins, Whitney Clark, Jomili Davila, Diann Evers, Jessica Ingraham, Katrina Lysinger, Sheena Moore, Carmen Riquelme, Stephanie Shearman, Tara Smiley, Shandell Strepke, Natalie Vidinha, Edward Krynicki, Jason Lam Ho, Kernick Leon-Santiago, Omar Richards, Antonio Sallins, Edwin Skepple, James Ward, Shekita Austin, Vanessa Bennett, Leticia Cisneros, Angela Green, Bianca Johnson, Mary Lazarus, Monica Lightell, Vanessa Lozada, Cynthia Rodriguez, Valerie Smith, Sarah Stringfellow, Naela Wiley, Jesse Aceveco, Steven Collins, Gerald Ellis, Stephen Kelly, Chris Lowe, Romero Skepple, Brian Smith and Charles Young.

**Curundu Elementary** - Axel Alameda, Dori Andrade, Allison Atherly, Ashley Barker, Ricky Bartlett, Luis Borbon, Katherine Dias, Aaron Ganiban, John Green, Tanisha Hermosura, Noelia Hernandez, Daniel Jemmott, Molly Kinghorn, Tony Lawson, Douglas Lowther, Katrina Michie, Lisa Sproul, Juliet Stern, Josh Suggs, Amie Thompson, Laura Wolf, Suzie Kirkman, David

Aguilar, Jaci Brown, Dustin Cooper, Yalima Diaz, Rocio Espinosa, Amber Holt, Melissa Homza, Brian Media, Michelle Moore, Jose Navarro, Gabriela Othon, Christopher Peavy, Tatiana Reales, Giovanna Richardson, Renita Riley, Yami Rolon, Mariely Rosario, Jazz Stargen, Darnell Tisby, Juan Torres, Ben Vazquez, John Weber, Denise Wolf, Henry Yamada, Litiicia Zayas, Kyra Quiles, June Grant, Sheila Rosado, Matthew Blare, Arland Benitez, Jennifer Meeks, Kimberly Carrow, Jeffrey Slack, Thamara Gonzalez, Ronnie Byrd, Yolanda Gaines, Jeff Ferguson, Anibal Barrios, Jessica Walters, Kayla Vasquez, Abel Benavidez, Robin Gabriel, Natalia Hernandez, Irving Arauz, Angelina Jones, Arthur Wagner, Ricardo Santamaria, Nicole Springer, Joannica Berrios, Nicholas Bojack, Laura Gorman, Jaime Rodriguez, David Arnold, Henry Bennett, Carlos Capps, George Blanco, Monique Chislom, Timo Carraux, Reshelle Clay, Jeremy Dorries, Provi Fulp, Latoya Gordon, Sherry Hayden, Melva Hodges, Asysa Hogan, Matthew Scarim, Lori Martens, Gonzalo Moscoso, Douglas Nunan, Tabitha Perez, Te'meka Roberts, Ben Stevens, Michael Truitt, Jennilee Villar, Glenn Martinez and Rico Adams.

**Howard Elementary School** - Kimberly Black, Candance Cooper, Julia Crockett, Troy Dennis, Derick Fedoruk, Nowell Gata, Brad Henry, Shelly Jackson, Vernon McNamee, Naomi Munoz, William O'Hearn, Leon Oden, Silvia Ramery, Kenneth Reed, Trillian Reidy, Luis Rodriguez, Jayson Russell, Jenette Sodari, Rachel Thomas, Joshua Vanmatre, Raquel Andrade, Jessie Avenancio, Anne Dennis, Ajza Doherty, Wendolyn Gonzales, Liara Hammond, Lisa Hartson, Victor Herrera, Tabitha Hicks, Jacob Hirata, Nicole Johnson, Selena Marbury, Tamara Meghie, Albert Moran, William Muncy, Joseph Pope, Nicole Richley, Amber Savage, Darin Thomas, Jessica Tirado and Patricia Tokarek.

**Kobbe Elementary** - Dallas Benson, Carol Cox, Angela Higgins, Tammy Hudson, Kris Lanham, Katherine Ostler, Rason Ray, Randy Renninger, Jason Tallent, Tommie Trujillo, Katherine Vaught, Dustin Wilford, Renee Wilson, Amber Lester, Alicia Doyle, Jorge Rosa, Christie Espina, Kiolo Young, Sonya Dozier, Keith Weiss, Deanna Washburn, Laura Garrett, Pam Sawyer, Kenza Benmoussa, Annette Johnson, Jason Salem, Becky Stewart, Katheem Henton, Alexis Northington, Melissa Ross, Michael Albert.

**Los Rios Elementary School** - Brad Burge, Nathan Eberhardt, Louis Engelke, Kristian Prieto, Rogelio Sealey, Jared Selles, John Smith, Darien Snarely, Colin Thomas, Joseph Victoria, Jon Whitney, Kisa Abbott, Jancy Jeffrey, Megan Kat, Christine Martie, Karen Moreland, Jennifer Prados, Melisa Burfeindt, Jessica Cerveny, Jennifer Jolly, Jahayra Lowe, Glori Marrero, Cristi Roubik, Chezka McCalf, Ron Bonnick, Luis Echevarria, Mike Martin, Anthony Montero, Kenny Parsons, Ruben Prieto and Travis Hooker.

**Balboa Elementary School** - Justin Antonis, Michael Barrows, Pablo Cercenia, Allison Doubek, Germano Gonzalez, Chris Huerbsch, Brandon Kacmarski, Sean Markham, Katherine Palm, Kia Pickens, Sharon Rivera, Sahira Sanchez, Heather Shaw, Jennifer Simmons, Erika Simpson, Alexander Talley, John Wettig, Lauren Wolfe, Alonso Blackman, Sean Fox, Angela Kools, Jose Laval, Kelly Mattocks, Sarah McIlvaine, Daren Morales, Pedro Perez, Virgil Priestly, Larry Quinn, Angelica Quintero, Monica Richardson, Dayanna Riley, Steven Shaha, Zulieu Thomas, Johanna Thompson, Marcela Tunon, Kent Vaughan, Mana Yahiku, Marcus Alexander, Jonathan Brannon, Adolfo Caballos, Ximema Cedeno, Jerry Conner, Matthew Gefaller, Monique Jackson, Denees McIntosh, Billy Nicol III, Abel Ortega, Kristy Parrish, Jorge Pena, James Phipps, Lilia Reyes, Theresa Thomas, Shannon Vaughan, Robin Wahl and Miechell Young.

**Diablo Elementary** - Annette Archer, brandy Cherone, Jasmina Dominguez, Elena Dudley, David Frank, Noris Garagate, Ingrid Garcia, Eddie Gonzalez, Edward Gouldburn, Casey Hall, Sarah Hansen, Stacy Hillis, Jacob Jeansonne, Takiyah Lewis, Alberto Lima, Davey McKenzie, Robert Philyaw, Emily Richardson, Adrienne Rodriguez, Eduardo Tapia, Henry Williams, Ian Anderson, Brandon Beck, Rachel Brode, Cassandra Cassil, Brad Dobson, Robyn Estill, Jason Figueroa, Danny Hankins, Shawn James, Luv Jhangimal, Amitav Kajla, Steve Mayhew, Missy Minske, Jessy Neal, John Orega, Rafael Petition, Haydee Roger, Tina Romero, Carlin Sarmiento, Kristina Scott, Charles Scribner, Deanna Vasquez, Michael White and Anthony Hughes.





# Sports

March 11, 1994

Quarry Heights, Republic of Panama

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Department of Defense photo by Sgt. E.J. Hersom

Cayucos dash toward the finish line.

## Rapid Transit breaks record — its own

by Sgt. E.J. Hersom  
Tropic Times Sports Editor

GAMBOA - The male crew of the *Rapid Transit* won the Kodak Cup by smashing the cayuco race regatta record by seven seconds here Saturday with a time of 1 minute 57.24 seconds.

The cup goes to the fastest boat in the 1994 Boy Scouts of America Panama Canal District Regatta which is a series of 3,000 foot sprints here.

The crew, Drake Sprague, Carlos Royo, Ryan Sweeney and Elliot Carlson had broken the old record once earlier in the day and the remaining finalists of the *Misconception*, *Bruised Reed* and *Rapid Transit* broke it as well.

In the female category, the crew of *High Anxiety* broke the female's record and went on the win the category.

*Misconception* won in the open category, which includes non-explorer scouts and *Almost* won the coed category.

The victory surprised the *Rapid Transit* crew, which is participating in its second year.

"I can't believe we did it," Carlson said. "I'm very proud."

The crew has been practicing for 1994 Annual Boy Scouts of America Panama District Ocean-to-Ocean Cayuco Race since January, Carlson said.

"The purpose of the regatta is to get the participants in a competitive mode and to be able to assess the other boats

before the actual race," Bob Rupp, regatta announcer.

Crews of 31 cayucos competed in the regatta, but not all that will participate in the race opted to compete in the regatta, Rupp said.

Participants in the male, coed and female categories must be between 14 and 21 years old and be explorer scouts to earn medals in the big race.

Other contestants earn patches and their boats are referred to as patch boats.

About 43 boats, including patch boats, are expected in this year's canal run, Rupp said.

The race, being even longer than its formal name, stretches nearly 50 miles along the length of the canal.

Racing the regatta isn't bad, Carlson said.

"As soon as you finish you're winded, but when you paddle in the race...the long stretches...it kills you."

The race begins 8:30 a.m. March 25 at the Cristobal Yacht Club and finishes the first of its three days at the north end of Gatun Locks.

The second stretch is approximately 23 miles long beginning at the south end of Gatun Locks and ending in Gamboa.

The final stretch ends at the public boat ramp in Diablo Heights.

Vendors selling food and beverages will be available at end of the Gatun Lake leg, start of the last day; Pedro Miguel Locks for an early lunch the final day; and at the Diablo Heights boat ramp for the finish.

Spectating is free, officials said.

The following are the final heat results of each of the categories in Saturday's Regatta:

Open	Time
<i>Misconception</i>	2:05.84
<i>Rapid Transit</i>	2:07.97
<i>N/C</i>	2:09.40
<i>Beeline</i>	2:15.32
Male	
<i>Rapid Transit</i>	1:57.24
<i>Misconception</i>	2:00.39
<i>Bruised Reed</i>	2:01.46
<i>Utmost</i>	2:03.27
Coed	
<i>Almost</i>	2:06.95
<i>Utmost</i>	2:10.10
<i>El Tuco</i>	2:11.96
<i>Daddy Most</i>	2:14.47
Female	
<i>High Anxiety</i>	2:16.06
<i>Great Expectations</i>	2:20.32
<i>Scenic Route</i>	2:27.38
<i>Almost</i>	2:34.21
Overall winners	
Kodak Cup	<i>Rapid Transit</i> 1:57.24
Gold medal	<i>Rapid Transit</i> 1:57.24
Silver medal	<i>High Anxiety</i> 2:16.06
Bronze medal	<i>Misconception</i> 2:05.84

## Army boxers dominate tourney

### Army takes 12 armed forces titles to amateur championships in Colo.

by SFC Steve Barrett  
US Armed Forces Information Service

LITTLE CREEK, Va. - Army boxers swept all 12 weight titles at the 1994 armed forces boxing championships, held Feb. 17 at the Little Creek Naval Amphibious Base.

By claiming all bouts, the Army retained the team championship it earned last year.

Army boxers scored 34 team points during the week-long competition. Navy finished a distant second, scoring four points, with Air Force and Marine Corps scoring three points each.

Winners advanced to the U.S. National Amateur Championships, currently under way, in Colorado Springs, Colo.

The Little Creek tournament's quickest bout lasted 54 seconds, as lightweight Mario Bueno defeated Marine David Revels.

Light heavyweight Benjamin McDowell captured his weight class, stopping airman Paul Cyr 2:55 into the first round. Timothy Vance won the light middleweight crown, beating Marine Thomas Davis at 2:59 of the final round.

Heavyweight Marlon Simpkins also recorded a third-round victory, stopping Grover Vines, sailor, 39 seconds into the final round.

Bradley Martinez took the light flyweight title after Marine Matthews Winters retired 59 seconds into the second round.

The other seven Army titles came by decision, with three of those titles unani-

mous decisions.

Datris Biagas captured the featherweight title with a 5-0 win over Marine Lee Gladden.

Fareed Samad won the lightweight title, beating Marine Jonathan Watkins, and super heavyweight Maurice May had no problem beating Stanford Chambers, sailor.

In other decisions, Eric Wright won the middleweight title with a 4-1 decision over airman Ronald Simms.

Eddie Hall grabbed a 3-2 decision over Anthony Burton, sailor, for the bantamweight title.

Also taking 3-2 decisions were light featherweight William Jenkins, a winner over airman Kenneth Friday and welterweight Jonathan Corn, who defeated Kimberly Evans, sailor.

All bouts followed U.S. Boxing Association rules. Fights, unless stopped by the referee, consisted of three three-minute rounds.

## Panama invites USARSO team

COROZAL (Tropic Times) - The U.S. Army South Track and field team will compete in an open meet March 26 in Juan Dias, Panama.

The team, which finished third at the Balboa Relays, was invited to take part by Panama's track and field association, president, said Willie Moye, USARSO team coach.

The USARSO team will be up against teams representing all of Panama's provinces on the town's new rubberized foam track track.

Panamanian teams dominated the relays, but Moye said the new track will give his runners more traction than the dirt track at Balboa High School.

People interested in competing in the event can call Moye at 287-8411 or Sue Bozgoz, women's coach, at 287-6448.

### Swimming page 12

Bulldogs edge Red Machine at second Department of Defense Dependent Schools swim meet.

### Rugby page 14

U.S. Army South rugby team prepares for national military tournament in Georgia.

### and more page 15

- ◆SCN AM radio sports
- ◆golf tourneys
- ◆youth soccer



# Bulldogs nip Lady Cougars

BALBOA (Balboa High School) - The Balboa High School Bulldogs edged the Curundu Lady Cougars, 84-82, in girls varsity swimming action here March 4.

The Lady Cougars gave the Bulldogs a run for its money by holding off the Bulldogs to the final .08 seconds of the final event.

In boy's competition, the Bulldogs beat the Red Machine 76-70 and together dominated the Curundu/Panama Canal College Cougars, 22.

The individual results are:

## Girls

**200-meter medley relay** - 1, Cougars, Gabriel, Foster, Knowles, Gabrielson, 2:14.24; 2, Bulldogs, Thompson, Kemp, Bateman, Peterson, 2:14.31

**200-meter freestyle** - 1, Kelly, Bulldogs, 2:33.46; 2, Higgins, Cougars, 2:35.44; 3, Bateman, Bulldogs, 2:36.10; 4, Heard, Bulldogs, 2:53.63; 5, Smith, Cougars, 3:03.51

**50-meter freestyle** - 1, Gabrielson, Cougars, 29.81; 2, Foster, Cougars, 30.26; 3, Bateman, Bulldogs, 31.21; 4, Peterson, Bulldogs, 31.55; 5, Paulson, Cougars, 32.8

**Diving** - 1, Skoog, B, 115.70; 2, West, C, 111.25; 3, Seppy, B, 106.25; 4, Hoover, B, 66.2

**100-meter butterfly** - 1, Knowles, Cougars, 1:10.32; 2, Bateman, Bulldogs, 1:24.02; 3, Peterson, Bulldogs, 1:27.80; 4, Bingham, Bulldogs, 1:37.79

**100-meter freestyle** - 1, Gabrielson, Cougars, 1:06.73; 2, Kelly, Bulldogs, 1:09.16; 3, Foster, Cougars, 1:10.45; 4, Paulson, Cougars, 1:13.9; 5, Bulldogs, Sears, 1:16.42

**100-meter backstroke** - 1, Thompson, Bulldogs, 1:08.53; 2, Gabriel, Cougars, 1:20.92; 3, Paulson, Cougars, 1:25.34; 4, Heard, Bulldogs, 1:33.30; 5, Kemp, Bulldogs, 1:37.54

**400-meter freestyle** - 1, Bulldogs, Peterson, 5:24.30; 2, Higgins, Cougars, 5:31.23; 3, Kelly, Bulldogs, 5:34.35; 4, Sears, Bulldogs, 6:09.90; 5, Van Patten, Cougars, 6:34.16

**100-meter breaststroke** - 1, Knowles, Cougars, 1:19.02; 2, Moruza, Cougars, 1:29.42; 3, Kemp, Bulldogs, 1:30.90; 4, Gabriel, Cougars, 1:33.16; 5, Hall, Bulldogs, 1:40.61

**200-meter freestyle relay** - 1, Bulldogs,

Kelly, Heard, Sears, Thompson, 2:04.11; 2, Cougars, Gabrielson, Higgins, Moruza, Foster, 2:04.91

## Boys

**200-meter medley relay** - 1, Bulldogs, Page, Vanairsdale, Rodriguez, Higgins, 2:02.27; 2, Red Machine, Sweeney, Nandwani, Ely, Able, 2:10.30

**200-meter freestyle** - 1, Ochoa, Red Machine, 2:06.57; 2, Higgins, Bulldogs, 2:11.98; 3, Page, Bulldogs, 2:26.45; 4, Able, Red Machine, 2:31.00; 5, Kelly, Cougars, 2:48.03

**200-meter individual medley** - 1, Rodriguez, Bulldogs, 2:26.91; 2, Sweeney, Red Machine, 2:32.34; 3, Rillamas, Cougars, 2:39.31; 4, Vanairsdale, Bulldogs, 3:00.66; 5, Ely, Red Machine, 3:05.57

**50-meter freestyle** - 1, Rodriguez, Bulldogs, 23.90; 2, Higgins, Bulldogs, 25.78; Page, Bulldogs, 26.30; 4, Nandwani, Red Machine, 27.49; 5, Pence, Cougars, 28.3

**Diving** - 1, Ely, Red Machine, 136.50; 2, Gorman, Bulldogs, 107.00; 3, Alfaro, Cougars, 104.90; 4, Stephens, Cougars, 96.95; 5, Pineiro, Bulldogs, 85.20

**100-meter butterfly** - 1, Ochoa, Red Ma-

chine, 1:05.00; 2, Nandwani, Red Machine, 1:15.64; 3, Rillamas, Cougars, 1:16.44; 4, Vanairsdale, Bulldogs, 1:26.27; 5, Henning, Red Machine, 1:38.24

**100-meter freestyle** - 1, Rodriguez, Bulldogs, 53.59; 2, Higgins, Bulldogs, 57.89; 3, Able, Red Machine, 1:04.79; 4, Pence, Cougars, 1:04.57 (judge's decision); 5, Ely, Red Machine, 1:12.86

**100-meter backstroke** - 1, Page, Bulldogs, 1:06.73; 2, Sweeney, Red Machine, 1:09.11; 3, Ochoa, Red Machine, 1:13.14; 4, Rillamas, Cougars, 1:18.89; 5, Boyko, Bulldogs, 1:31.14

**400-meter freestyle** - 1, Red Machine, 4:40.76; 2, Higgins, Bulldogs, 4:44.70; 4, Nandwani, Red Machine, 5:25.79; 4, Page, Cougars, 5:38.18; 5, Vanairsdale, 5:58.35

**100-meter breaststroke** - 1, Rodriguez, Bulldogs, 1:04.03; 2, Sweeney, Red Machine, 1:17.13; 3, Alfaro, Cougars, 1:22.02; 4, Ely, Red Machine, 1:23.36; 5, Wahl, Bulldogs, 1:30.80

**200-meter freestyle relay** - 1, Red Machine, Sweeney, Able, Ochoa, Nandwani, 1:50.75; 2, Bulldogs, Vanairsdale, Boyko, Ortiz, Page, 2:01.84

# Fans rush over Albrook speed event

by Juan Carlos Palacio  
Tropic Times Student Intern

ALBROOK AIR FIELD - Hundreds watched as Juan Tiniacos kicked off the Atlas 500 here Saturday by winning the 45-lap rookie competition.

Ilan Mordok scored second in the rookie class, 1:31.21, and Boris Chen finished third, 1:36.54.

Two races followed Sunday, the national tourism and national tourism modified.

The Atlas Racing Team took the top two spots of the national tourism class, which also consisted of 45 laps.

Omar Biku won for Atlas in a Porsche 930 with a time of 1:35.24 and two seconds behind him was his teammate Tomas Molina in a Porsche 911. Peir Doridot took third in a Peugeot, 1:38.42.

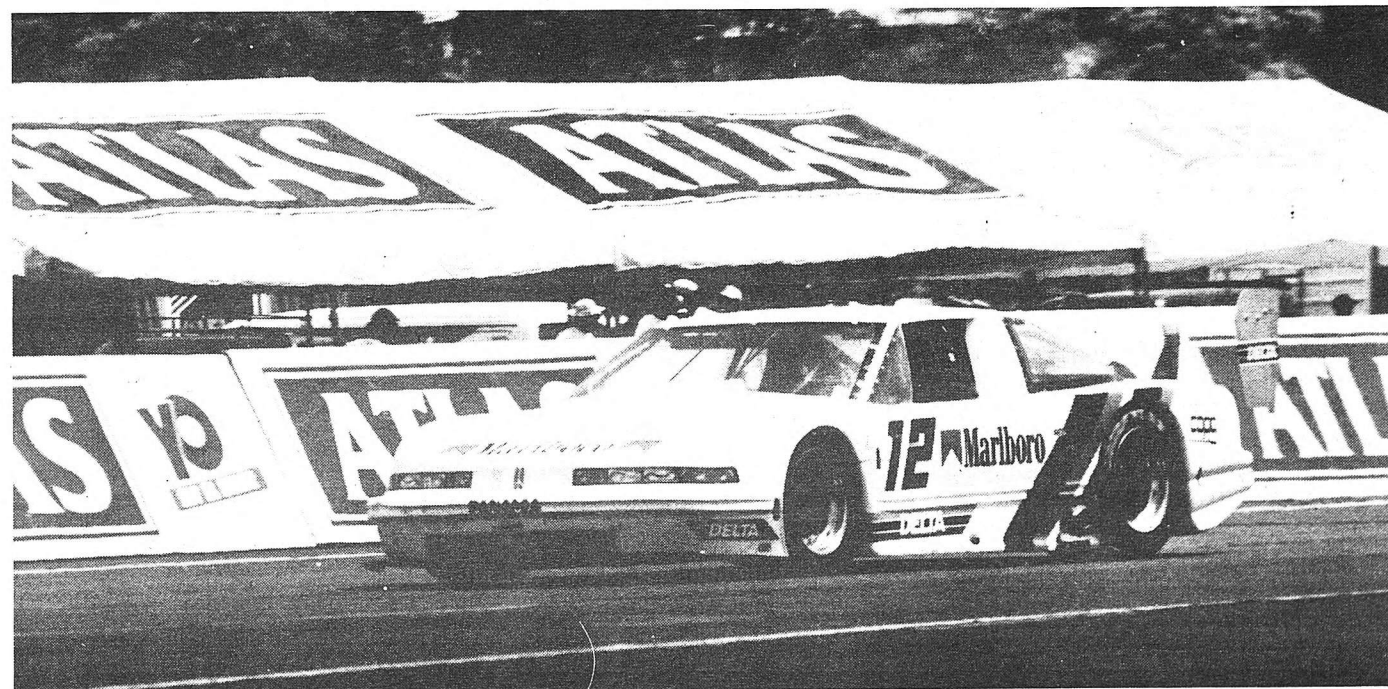
The final race of the Atlas 500, tourism modified, consisted of 110 laps.

Costa Rican Kikos Fonseca took the race in a Corvette, 1:24.56, and Lloyd Keene came in second, 1:28.11, in his Chevy Monza.

Luis Lushman took third in a Nissan 240, 1:32.21.

The race attracted racing teams from throughout Central and South America as well as fans from many of Panama's communities, officials said.

"It was quite a rush seeing the cars speed by. It was a great event" said Crystal



Department of Defense photos by Juan Carlos Palacio

The Panamanian Marlboro car takes off down the stretch.

Holden, DoD civilian family spectator.

"It was exciting. There were a lot of fast cars, but you could tell there were cars that were much faster than others," said Reynaldo De Sedas DoD civilian."

The following are the top finishers in each category:

Rookie		
Driver	Laps	Avg. time
Juan Tiniacos	15	1:07.80
Ilan Mordock	15	1:31.21
Boris Chen	15	1:36.54

Jaime Ledezma	14	1:11.64
Ramses Polonia	14	1:12.69
Jaime Sosa	14	1:15.59
Rafael Borqueq	14	1:16.66
Raul Arosemena	13	1:20.80

National Tourism		
Omar Biku	45	1:35.24
Tomas Molina	45	1:35.26
Pier Doridot	44	1:38.42
Manuel Marin	43	1:40.70
Roberto Carles	43	1:40.99
Ivan Silvera	43	1:41.94

Alvis Madrid	42	1:44.44
Moises Gomez	40	1:49.56

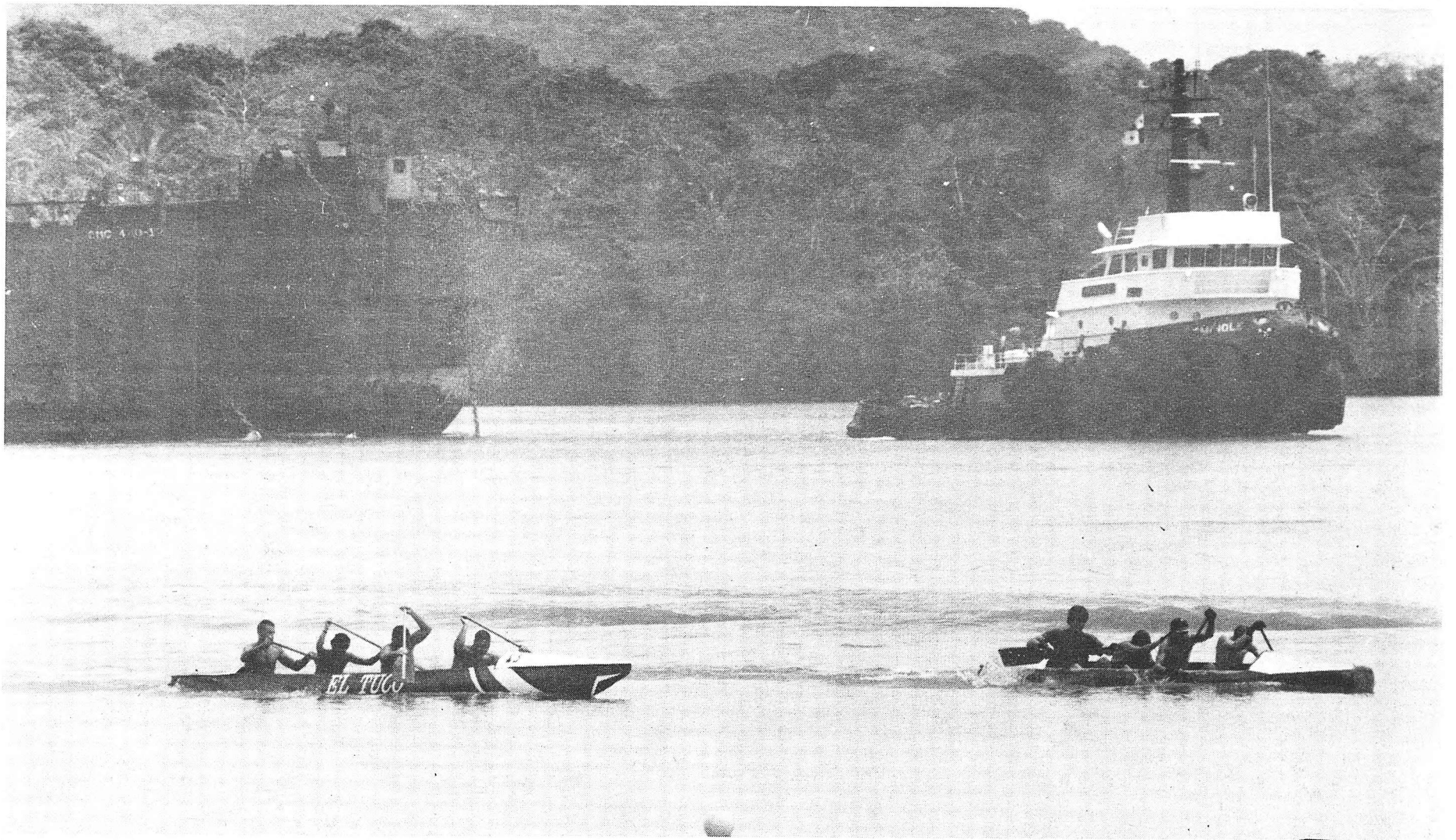
## National Tourism Modified

Kikos Fonseca	110	1:24.56
Lloyd Keene	106	1:28.11
Luis Lushman	101	1:32.21
Raul Kim	99	1:34.23
Antonio Valderrama	94	1:39.23
Alvis Madrid	85	1:50.35
Adriano Abreu	82	1:54.41
Juster Rovi	76	1:39.86



The Atlas Racing sprints accross Albrook Field





Cayucos sprint through the canal as a tugboat pulls a boat carrying Army vehicles.

Department of Defense photos by Sgt. E.J. Herson

## Cayuco race madness plagues canal residents

by Dwaine Brown  
Tropic Times Contributor

The onset of dry season brings with it the local health hazard of Cayuco Race Syndrome.

For those new to the isthmus, this strange and highly contagious disease may seem to only afflict those who have spent many years here in the hot dry season sun, but this is sadly not the case. Time in the sun has little to do with the possibility of contracting this dreaded disease. Therefore, in the interest of public health, the following is a description of possible symptoms.

Most people afflicted with Cayuco Race Syndrome are between the ages of 14 and 21, although it has been observed in patients through their 50's. The most likely to contract it are usually referred to as "a little crazy" by their friends. The normal season runs from January to April, although, some hardcore cases have been seen as early as October.

For those afflicted this soon, it becomes a permanent, year-round affliction.

One of the most noticeable symptoms is the inability to talk without using the word Cayuco.

The next symptoms is talking in a strange language, that includes such terms as: the SNAFU, swamp, bailer, patch boat, the DP, Ship 9, trophy boat, Post 21, the Mis, the GE, the Spon and banana channel.

This is a sure sign that exposure has occurred.

Dressing only in a swimsuit and looking like a drowned rat most of the time is a sure sign of an acute case of Cayuco Race Syndrome.

Progressive cases develop into long hours on the telephone setting up "work parties" to "work on the boat." Spending time at all hours of the day and night getting filthy with all sorts of strange and sticky things that no parent can ever remove from shirts, shorts, or shoes.

Advanced symptoms include returning to Panama for spring break, blisters on strange parts of the body, shriveled prune-like skin, a strange bending, jerking reflex done from the waist, an unpredictable response to the word "switch," and the thought of having a meaningful relationship with a disk sander.

People assigned to the isthmus should be advised that the medical community in Panama will not treat cases of Cayuco Race Syndrome. There is no cure.

This should not be too alarming, just treat symptoms as they occur and keep a large supply of old, dry towels on hand.

The best treatment is the annual 50-mile ocean-to-ocean cayuco race from Cristobal to Diablo sponsored by the Boy Scouts of America.

This cures most cases, but, sadly, only puts some into remission.



Devon Sprague and Lucia Lincoln smile at their regatta results Saturday.

### Standings

#### Army unit level softball

Green league			
Team	W	L	GB
JOTB	7	0	-
747th MI Co.	5	1	1 1/2
TRICO	6	2	1 1/2
NSGA	5	2	2
PCC	4	3	3
549th MP Co.	3	2	3
HHC 5-87th	2	2	3 1/2
3-7th SF	3	4	4
Navy Gold	3	4	4

C Co. 5-87th	3	5	4 1/2
408th MI Co.	1	4	5
B Co. 5-87th	0	4	5 1/2
Co. A 5-87th	0	4	5 1/2
Marines	1	8	7

#### Howard unit level softball American league

North			
24th SPS 2	11	5	-
617th ALS 1	11	5	-
24th MS	9	7	2
Co. B 1-228th	7	5	2

Co. A 1-508th	4	8	5
24th COMM 2	0	16	11
South			
24th SUP	15	0	-
536th Eng.	13	3	2 1/2
24th CES 1	7	6	7
24th AIRPS	5	11	10 1/2
310th ALS	3	10	11
Co. C 1-228th	2	11	11 1/2

#### National league

West			
24th OSS/AISS	13	4	-

24th Med Grp	12	3	1
617th SOAD	11	7	2 1/2
HHC 1-508th	7	5	3 1/2
24th COMM 1	7	7	4 1/2
24th SVC	6	9	6
617th ALSS 1	1	15	11 1/2
East			
24th SPS 1	16	0	-
24th MSSQ	10	6	6
24th TRANS	10	7	6 1/2
HHC 1-228th	3	11	12
24th WS	3	14	13 1/2
24th CES	2	13	13 1/2





U.S. Army photos by Spec. Alexander C. White

Jim Anderson passes the ball before Jonathan Harber tackles him.

# Scrum addicts inspire teams

by Spec. Alexander C. White  
USARSO Public Affairs Office

HOWARD AFB - It was an inspiring activity that in some ironic way had a grace about it that dictated poetry. Gentlemen on a Saturday afternoon, grappled amongst each other while temperatures steadily rose to scorching degrees. All for one simple goal; to carry a ball across the opponents end zone.

Two years ago several scrum addicts got together and decided to create a rugby club so they could endure this ritual on a reoccurring bases.

Hearing about a previous six-team league that played in Panama several years ago, they started collecting names of people who had played the sport at one time or another. What was to occur was the formation of two teams. One from the Atlantic side and the other from the Pacific side.

Today, the club has grown to 60 members. Although,

they still have only two teams.

Club president Jonathan Harber said that there was nobody from the previous league to be found, so they had to go with what they had. But, because the command has been supportive the club has been able to put together a formidable team to represent U.S. Southern Command in the Military Club National Tournament. The tournament is scheduled for April 22-24 at Fort Benning, Ga.

Many of the teams at the tournament will be single service teams.

Harber said that this makes the competition very aggressive. But from the national tournament, players are chosen for the All-Service Team, which will compete in the inter-service championships, Harber said.

"We can hold our own except against the top draw teams like the service academies," he said.

But, Jim Anderson, vice president, explained that the team will not have to encounter this because they will be

playing at a different level this time.

"We had six of our guys go to the All-Army tryouts last year," Anderson said.

He said this is a good indication of the club's abilities.

Rugby is considered a gentleman's game and a club sport rooted in deep tradition. It was originally a Highlands game, which tribes used to train aerobically for war because of the strength, speed and stamina required to play it.

"Rugby is a rough game, but very controlled," Harber said. "There are specific rules to tackling. Very few injuries ever occur."

All a person needs to do to join the club is to have the desire to play and the desire to learn the game, Harber said.

"We get new guys every practice," Harber said. "There is a high turn over due to deployments and permanent change of stations so there is never any danger of not having a chance to play."

The club is open to all servicemembers and civilians.



New rugby players get a taste of the action.



Jim Anderson and Jonathan Harber go for the ball that popped out of the scrum.





## Tee up

Registration is under way for the Navy Morale Welfare and Recreation Division St. Patrick's Day golf tournament scheduled for March 19 at Horoko Golf Course. The tournament will be a two-person best ball and there is a \$15 entry fee per golfer (entry fee does not include green fees or cart). The tournament is open to the first 108 golfers to register at Navy MWR Information Tour and Travel Office (Building 65, Rodman), Rodman Physical Fitness Center or Horoko Golf Course Pro Shop. Call 283-4454/4222 for more information.

## SCN AM 790, 1420 radio airs pro, college sports

Southern Command Network's AM 790 Pacific and 1420 Atlantic will broadcast the following sports this weekend.

### Tonight:

College basketball: Kansas vs. Kansas State in Big Eight second round game, 7 p.m.

### Saturday:

College basketball: Atlantic Coast Conference semifinal game, 1:30 p.m.  
ACC semifinal game, 7 p.m.

### Sunday:

College basketball: Southeastern Conference championship game, 1:30 p.m.

### Monday:

College basketball: National Collegiate Athletic Association three-hour radio special, 7 p.m.

## Annual American society golf tourney starts April 9

The 3rd Annual American Society of Panama Scholarship Fund Golf Tournament begins with a shotgun start 7:30 a.m. April 9. Registration forms are available at Horoko, Fort Amador, and Panama or Brazo Brooks Golf Clubs. The entrance fee is \$35 per player including green fees, lunch and drinks. Play format will be Swedish alternate triples (three-man teams). Each team must consist of an A (0-9), B (10-19) and C (20 and up) class handicap player. Team selection is available by the tournament committee. Call Ray Underwood at 224-3400 for more information.

## 5th annual Rodman 25K bike race begins Saturday

The Howard Sports and Fitness Center is sponsoring the 5th Annual 25K bike Race 6:30 a.m. Saturday beginning at the Marine Barracks gate. The course follows Cocoli

road to Contractors Hill. The first 50 racers to finish will receive T-shirts and trophies will be awarded to men's and women's open categories. Call 284-3451 for more information.

## Albrook stables sponsors weekend horse show

The Albrook Riding Stables and Riding Club will hold a horse show beginning 8 a.m. Saturday and 8 a.m. Sunday at the Albrook Stables. Local Panamanian riding clubs will also participate in the event. Pony rides, food and drinks will be available. Call the stables at 287-4491.

## Youth soccer practice begins, season opens

The first practice of the '94 youth soccer season begins March 28. A meeting for parents will be held 6 p.m. the same day. Another parents meeting will be held 6 p.m. March 29 at Howard AFB. For more information, call Vince Duncan at 286-3195.

## Rugby teams compete, recruit new players

There will be a rugby match noon Saturday at the Fort Davis rugby field near the post exchange. The Atlantic Rugby Football Club is still recruiting new players in preparation for the National Military Tournament in April. For more information, call 282-3455.

## Rodman center hosts March powerlifting meet

The Rodman Physical Fitness Center will host a powerlifting meet 10:30 a.m. March 26. The meet is open to all active duty military, Department of Defense civilians and family members 18-years-old and older. There is a \$15 entry fee, which includes a T-shirt and refreshments. First and

second place winners will receive awards. Call Morise Conerly or Henry Phillips at 283-4222/4061 for more information.

## Atlantic center sponsors St. Patrick's Day tourney

The Fronius Physical Fitness Center will host a St. Patrick's Day softball tournament March 19-20. Registration ends Thursday. Call the center at 289-3294 for more information.

## Shoot-out qualifications continue at Howard center

Qualifying rounds for the 1994 2nd Annual Team Summer Shoot-Out continues Wednesday and March 23 at the Howard Bowling Center. The championship round will be 6 p.m. April 30 at the center using the Baker system. The contest has a \$75 entrance fee. For more information, call 284-4818.

## Howard fitness center has aerobics for lunch hour

The Howard Sports and Fitness Center has lunch time aerobics 11:30 a.m.-12:30 p.m. Tuesday and Thursday. For more information, call the center at 284-3451.

## Howard, Albrook begin bowling sign-ups

The Howard and Albrook bowling centers are signing up bowlers to form summer bowling leagues. Visit the centers or call 284-4818 for more information.

## Youth center courts open to open-play tennis

Tennis players can participate in open play tennis 9 a.m. Wednesdays in March on the tennis courts behind the Howard Youth Center. Call Kelly Henton at 284-3277 or the Howard Sports and Fitness Center at 284-3451 for more information.

## Howard center fitness training classes change

The Howard Sports and Fitness center holds fitness improvement training classes at a new time — 5:30-6:30 p.m. Mondays, Wednesdays and Fridays. The classes consist of a calisthenic super circuit work out that is aimed at improving muscular endurance, cardiovascular systems and flexibility.

Students must be evaluated on the amount of exercise they are capable of performing in a class before joining the program. Call the center at 284-3451 for more information.

## Atlantic youth baseball ends with beach picnic

The Atlantic Youth Sports baseball season ends March 18. A closing ceremony and picnic will honor the season at Shimmy beach March 26. Call 287-4550.

## Curundu Bowling center holds green pin bowling

The Curundu bowling Center holds green pin bowling Sundays. Make a strike when the green pin is in the number one position and the game is free. Call the center at 285-3914 for more information.

## Military Sailing Club has courses until June

The Military Sailing Club will offer several four-day sailing courses through June. Each class will be held during the last weekend and first weekend of the month.

A \$75 cost includes the rental fee of the boat, instructor and certification card that can be used to take the intermediate sailing

course at Rodman Naval Station. Classes are limited to the first 10 students to sign up. People who are not in the first 10 will be scheduled for future classes. Call Steve Rasmussen at 287-5968 for more information.

## Fitness Center teaches self-directed aerobics

The Howard Sports and Fitness Center offers self-directed aerobics programs — "Ski the Appalachian Trail" and "Climb Mount Everest." Call 284-3451 for more information.

## Sports registration opens at Reeder fitness center

Registration for the following sports events has begun at the Directorate of Community Activities Sports Branch on Fort Clayton: Desert Storm softball program, unit level flag football and women's soccer. Call 287-4050 for more information.

## Youth Services seeks youth soccer coaches

Youth Services-Atlantic needs coaches for the upcoming youth soccer season. Registration for the season is also under way. Space is limited. Sign up at Building 219, Fort Espinar or call 289-4301 for more information.

## Fitness center hosts free play volleyball weekdays

The Howard Sports and Fitness Center will hold free play volleyball 6:30-8:30 p.m. weekdays. Call the center at 284-3451 for more information.

## Rodman Fitness Center rents mountain bikes

The Rodman Physical Fitness Center rents mountain bikes on an hourly, daily or weekly basis. Prices are \$1 per hour, \$5 per day and \$25 per week. A \$25 deposit is required for bikes being taken off Rodman Naval Station. Call 284-4222 for more information.

## Atlantic center offers free weekday step aerobics

The Fronius Physical Fitness center offers free step aerobics 9-10 a.m. weekdays. Participants must have their own step. Call the center at 289-3108 for more information.

## Howard, Albrook pools offer swimming classes

The Howard and Albrook pools have swimming lessons and ladies water aerobics classes. Call 284-3569 or 286-3555.

## Curundu lanes hosts annual city tournament

The Curundu Bowling Center will host the annual men's city tournament Saturday, Sunday, March 19 and 20. Categories include doubles, singles and four-man teams. Call Rick Lindvig at 287-6339 or 286-3914 for more information.

## Atlantic fitness center combines step, aerobics

The Fronius Physical Fitness center has free aerobics 5:15 p.m.-6:15 p.m. Monday through Thursday given by Delinda Clemons.

Mondays and Wednesdays are step classes with a warm-up and cool down. Tuesdays and Thursdays are combination classes that focus on the upper body Tuesdays and the lower body Thursdays. Steps and weights are provided. Call 289-3163 for more information.



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# Welders help Army boats stay afloat

by Sgt. Rick Emert  
USARSO PAO - Atlantic

FORT DAVIS - The boats of the 1097th Transportation (Composite Boat) Company are deployed on missions for up to 280 days throughout the year — missions which would be hampered without the work of six soldiers in the company.

These six soldiers are the maintenance platoon welding section who keep the 1097th boats afloat, said Sgt. Peter Hamann, metal worker supervisor.

Much of the welding is devoted to repairing small rust holes on the hulls. Even those small holes can cause problems for crews while at sea, Hamann said.

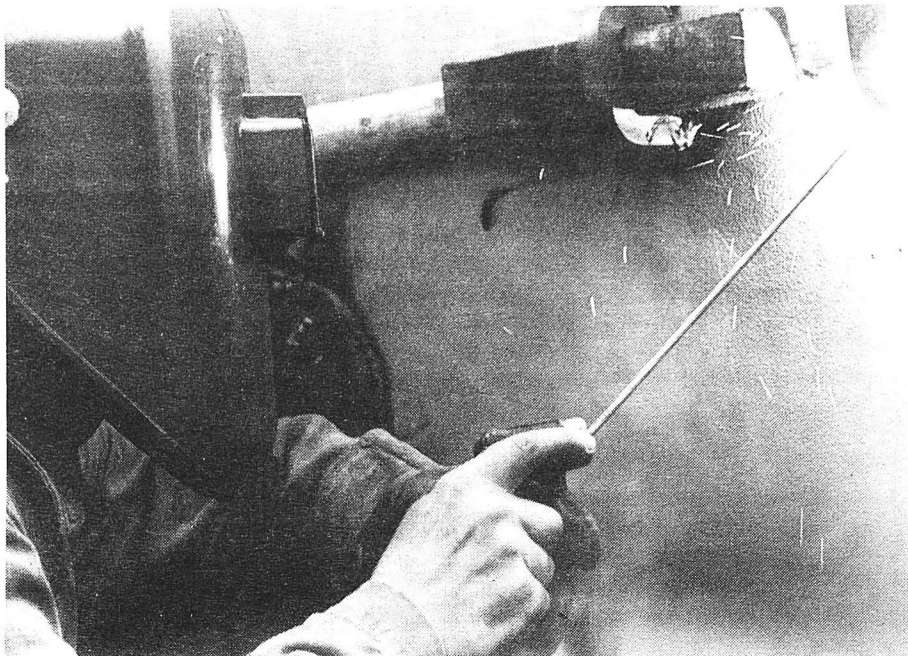
"The crews of the boats have to have faith in our abilities," he said. "They do have faith in us. They know that anything we do will be quality work."

Even as the torches they work with reach temperatures of up to 3,000 degrees Fahrenheit, the welders won't rush a weld, he said.

"We run three passes over every weld — inside and out," he said.

"There's no way one of our welds will leak."

Their work is also inspected by a marine surveyor who works at Dock 45 where



U.S. Army photo by Sgt. Rick Emert.

Sgt. Peter Hamann, 1097th Transportation Company, works on a section of the new bumper that the welders installed on the J boat.

the welders' shop is set up, Hamann said.

Their capabilities, however, go beyond just welding.

"With our machine shop, we can make almost any part on any of the boats in our company," Hamann said.

The only limit to their maintenance ca-

pabilities is underwater welding for which they would have to be dive-qualified, he said. That limitation is made up for by lifting the boats out of the water and welding it in their shipyard, Hamann said.

The underwater welding isn't a necessity, even for damages to the hull caused

while a boat is at sea, he said.

"Each boat has an emergency repair kit for outside repair," he said. "If the boat runs aground and causes some damage, the crew can drive a wooden block into the hull to patch the hole."

"If a leak forms while the ship is at sea, the crew can block off that portion of the boat to prevent water from entering other parts," he said. "The boats won't go down."

The boats' emergency and preventive measures allow the welders to stay behind for maintenance to other boats, Hamann said.

The 1097th Trans. Co. recently received a small personnel carrier, a J boat, from California, but the boat was in need of major work, he said.

"The J boat was in rough shape when we got it," he said. "We cut away the hull and saw that there was structural damage underneath, too."

The welders rebuilt much of the steel bracing and replaced the hull, virtually rebuilding the boat from scratch in their small shipyard, Hamann said.

"We saved the Army a lot of money by doing this work here instead of sending it off to another shipyard for repairs," he said.

## Peru announces drug bust

LIMA (Reuters) - Peruvian authorities said they have proof — more than 3.5 tons of proof — that drug traffickers have abandoned the famed cocoa-producing Upper Huallaga Valley for points south.

A huge stash of almost 3.7 metric tons of cocaine paste — about half the amount Peruvian authorities confiscate annually — was seized in late February in Peru's Amazon basin province of Madre de Dios about 420 miles east of Lima.

The cocaine paste was put on display in the capital along with the arms and ammunitions, \$14,000 cash, and 11 Peruvians, now charged with drug trafficking, as evidence that drug kingpins have changed their base of operations.

The cocaine paste was stored in a warehouse at an airstrip in jungle town Boca Manu, hundreds of

miles southeast of Huallaga. In the raid, Peru's army, navy, air force and anti-narcotics police, aided by U.S. drug agents, seized about 75 sacks of cocaine paste as well as arms and sophisticated radio equipment, and detained the suspects, police said.

The drug was to be shipped to Colombia for processing.

It was the largest drug seizure in Peru's history.

A U.S. Southern Command official confirmed SOUTHCOM's support to the effort, and said "all members of the Southern Command should be proud of this magnificent interagency effort that marks a substantial setback for the narco-traffickers."

U.S. military personnel, however, do not take part in actual counterdrug field operations, the official said.



Courtesy photo

Peruvian military members seize drugs during a raid in late February.

## McCaffrey to visit Brazil as SOUTHCOM commander

QUARRY HEIGHTS (US-SOUTHCOM PAO) - Gen. Barry R. McCaffrey, commander-in-chief, U.S. Southern Command, will begin a five-day visit to Brazil Tuesday at the invitation of Gen. Geise Ferrari, commander of Brazilian Ground Forces.

The visit will be McCaffrey's first as the U.S. military officer who repre-

sents Secretary of Defense Perry and President Clinton in Latin America.

The purpose of the visit is to reciprocate a visit to the United States made by Ferrari last year.

McCaffrey's objective is to build upon the professional relationship between Brazilian and U.S. armed forces.

This special military friendship was

forged between the two nations in World Wars I and II. Brazil was the only South American nation to declare war and commit troops against the Germans in 1917. In World War II, Brazilian troops fought with Gen. Mark Clark's forces.

The McCaffrey family has had a historical relationship with the Brazilian military. McCaffrey's father, retired Lt.

Gen. William J. McCaffrey served along side Brazilian troops in Italy during World War II.

McCaffrey served under Brazilian command in the Dominican Republic in 1965 as part of the Inter American Peace Force, commanded by Brazilian Gen. Hugo Panasco Alvim. Brazil sent the largest Latin American contingent to that force.



**Facts about Brazil:** Spreading over 1/2 of South America, Brazil is the fifth largest country in the world. It has a gross domestic product of more than \$300 billion, and with a population of more than 150 million, is the most populous country in Latin America. Brazil is a federative republic with a highly centralized national government. Brazil was discovered by the Portuguese in 1500 and is the only Portuguese speaking nation in the Americas.

**Facts about the U.S. Military Liaison Office:** Commanded by Air Force Col. Dennis McMahan, it is located at the U.S. Embassy in Brasilia. McMahan's four-person staff is split between Brasilia and Rio de Janeiro. The MLO's job is to work directly with the host nation military and provide any assistance in training, exercises, exchanges to military schools, and purchasing equipment.





# Tropictivities

March 11, 1994

A quality of life guide for the U.S. community in Panama

Page B1



Department of Defense photo by Maureen Sampson

## Easy rider

Veteran biker Forest Waller and his Moto Guzzi take part in a motorcycle procession during the 7th Annual Biker Rally in Santiago. (See story and photos page B3)

### Youth news page B2

Youth Services' splatmaster paint ball games offer safe, messy fun on Fort Clayton.

### Community page B5

Black history play, "Matters of the Mind," deals with family values and parenting.

### and more

Movies, page B8

TV, page B9

Potpourri, page B12



## Youth activities

### Clayton

Youth Center:

Call 287-6451 for information on various activities for preteens.

**Pool party dance** March 18.

**Youth welcome to Panama** March 19.

**Junior Jazzercise**, for ages 6-12, Tuesday and Thursday, 3:30-4:30 p.m. Exercise set to music to introduce children to dance, music and fitness.

**Spring Break activities** are being scheduled for March 28-31. Registration is open now.

**1994 Summer Sensation** youth program instructors needed for various sciences and crafts. Contact the Directorate of Community Activities Procurement Division.

Senior Teen Center:

Call 287-3464 for information on various activities for people 15-19.

**HIV/AIDS symposium** 7 p.m. March 18. Youth under 15 must be accompanied by an adult.

Child Development Center:

**Staff training day** March 28 at the CDS Center in Building 39. The center will be open only for children enrolled in full day and for children requiring care to support physical training 5:30-7:30 a.m. For information call Martha Purnalis at 287-5657.

**Openings in a family child care home** are available. Call 287-3301.

**Full day and hourly care** available for children ages 6 weeks to 12 years.

### Albrook/Howard

Youth Centers:

Call 284-4700 for the Howard Youth Center, 286-3195 for the Albrook Youth Center.

**Adults are needed to instruct classes or activities** on a contract basis at both youth centers. Call 284-4700 for details.

Hideout Teen Center:

Call 284-5487 after 3 p.m. for information.

**House party** 7:30-11:30 p.m. March 26 at the Farfan Teen Center. Cost is \$2 per person. Call before 6 p.m. to arrange transportation.

**Dining in Panama** for teens 7 p.m. March 18 at Las Cascadas. Call the teen center or Howard Youth Center for reservations. Transportation cost is \$2 per person, parental permission is needed. Bring dinner money.

**Name the teen center** contest for ages 13-18 through March. Drop boxes for submissions are at Balboa High School, Curundu Junior High School, Anthony's Pizza outlets, Army and Air Force Exchange Service shoppettes and cafeterias, Howard AFB Exchange and the Fort Clayton and Howard teen centers. Submission deadline is March 31. The winner will be announced at the teen center dance April 23.

### Cocoli

Cocoli Community Recreation Center

**Arts and crafts**, 3:30 p.m. Tuesdays and Thursdays.

### Atlantic

Espinar Youth Center:

Call 289-4605 for information on various activities for young people.

**After school party** 3-6 p.m. March 18. A fee is charged.

**Spring Break** mini-camp, March 28-31.

Child Development Center:

**Babysitter training** for family members ages 13-18 will be 3-5 p.m. Monday through March 25 in the Margarita Complex, Building 8350. Completion of this course is needed to be placed in the Child Development Services baby sitter referral list. Call 289-4511 for information.

### Atlantic & Pacific

**Joint Service Boat Cruise** to Taboga Island 2-8 p.m. March 12. Youths ages 15 to high school seniors are invited on a cruise including disco dancing on the boat, swimming and snorkeling. Bring your own food and snorkeling equipment. A small fee will be charged and parental permission is needed. The ship leaves from Pier 18.

### Scouts

**The Distinguished Award Banquet**, 6:30 p.m. Saturday at the Albrook Officer's Club, will honor outstanding Boy Scout and Cub Scout leaders. Order of Merit, Scout Master's of the Year and local volunteer awards will be presented at the dinner.



Department of Defense photos by Sgt. Lori Davis

Peering out from behind his protective mask and goggles, Chris Pace takes aim with his paint pistol. Youth Services provided players with industry standard safety equipment and pistols.

## Splat junior

### Splatmasters introduce youth to paintball battles

by Sgt. Lori Davis

Tropic Times staff

**FORT CLAYTON** - The Ball Buster offensive strike force crept stealthily through the jungle, advancing on the hilltop guarded by Menace II Society. After engaging Menace troops in combat, the soldiers launched their final assault, a rush across an open field, pumping rounds into their opponents.

Battle cries mixed with calls of "I've been hit!" as young combatants took fire, splashes of yellow and orange paint marked their war-wounds in Splatmaster battle.

It may sound a little different from the traditional game of "capture the flag," but that is what local young people were doing on this battlefield Saturday.

Splatmaster is like age old games with toy guns, but in this game an air-powered pistol fires paintballs. No more arguing about whether or not you were hit.

Although it was his first time in the game, Drew Pope knew what part was his favorite.

"I like to shoot people," he said.

Although it may sound dangerous, the game is safe. The protective equipment used in the Youth Services games is industry standard, said Stuart Carlston, a Splatmaster game official.

Players wear goggles and face masks even though head shots are not allowed. Two officials follow the action to stop the game if anyone gets hurt, he said.

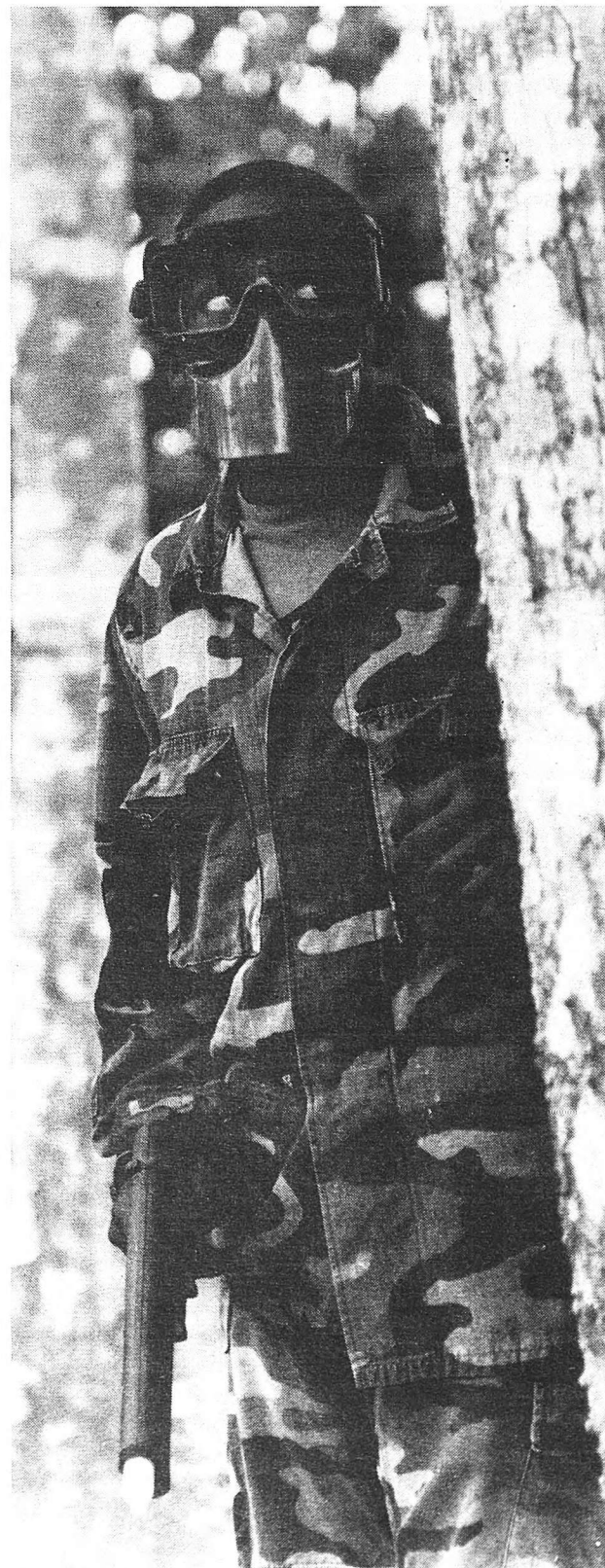
The game is good for the body and the mind. The constant action gives players a workout while the strategic element teaches teamwork, Carlston said.

"It's a very cooperative sport," he said. "You can't work on tactics unless you can work with the guy next to you."

Teaching young Splatmasters teamwork was Pvt. Michael DuBois' job as a youth mentor. He put his knowledge as a soldier with the 1st Battalion, 508th (Airborne) Infantry Regiment to use teaching strategy and tactics.

Youth Services will sponsor Splatmaster games every two months. The games are open to young people on the Atlantic and Pacific, said Mayra Thompson, Splatmaster coordinator for Youth Services.

Young people from the Atlantic were invited to this game, but they were suspiciously absent, Thompson said. The Atlantic side is officially challenged to come to the next Splatmaster game to defend their honor.



Alan Shorter defends his team's flag by hiding behind a tree to ambush the opposition.



# Biker Heaven

## Cycle lovers rally to rural Santiago

**R**ows of helmets and headlights made an unusual contrast against Panamanian farm land. Barefoot children waved as nearly 50 motorcyclists rode by in a procession that rumbled its way through the streets of Santiago.

It was the 7th Annual Motorcycle Rally that included bikers from four American and Panamanian motorcycle clubs. The convention takes place during the first weekend in March in Santiago, a town 150 miles west of Panama City.

Members of the Road Knights of Panama, the Motorcycle Association of Panama, the Club de Motorista de Panama and the Harley Owners Group spent the weekend riding and partying. They convened to pay homage to their favorite mode of transportation — the motorcycle.

"We get together and have a lot fun," said Dennis Anger, a Seabee from Rodman Naval Station. "We take riders from any nationality, on any kind of bike — as long as it has two wheels."

A biker for 20 years and a member of the Road Knights for five years, Anger has found riding in Panama different than in the states.

"It's crazy here. You have to have eyes all over your body," he said. "In the states, you drive on the interstate and nothing happens. Here it keeps you on your toes. It's an adventure."

Maybe it's that kind of adventure that makes these riders so devoted to their two-wheeled companions.

"When you're riding a bike, you just feel different," said Dannie Cooper, president of the Road Knights. "The wind is in your hair; you feel more independent. If you ride a bike for any length of time, it gets in your blood and will always be with you."

That addiction was evident at the biker rally. People of different ages on bikes of different makes and sizes swapped motorcycle and road trip stories. The standard uniform was boots, jeans, vests showing different club patches and miles traveled and T-shirts with the Road Knights logo.

The high point of the weekend was the procession through town. The motorcyclists lined up in a staggered formation and drove through the streets of Santiago and Atlaya. As the setting sun glistened on the chrome-plated parade, townspeople popped out of their homes to cheer on the bikers.

After the procession, the bikers cruised back to their hotel and transformed the pool area into an outdoor disco. The rest of the evening was filled with eating, drinking and socializing. Participants won door prizes of helmets, motor oil and other items donated by local companies.

While the rally only happens once a year and is open to all bikers, the Road Knights have their own bike runs twice a month. They travel all over Panama and Costa Rica, Cooper said.

The Road Knights emphasize safety on their road trips. New members must pass a 90-day probation period and can't be convicted of driving while intoxicated, Cooper said.

After passing the probation period, new members must get voted in by the other members. They then receive their colors — a patch with the Road Knights logo. Members also get patches for miles traveled with the group and accident-free miles.

Cooper said the club has more than 26,000 accident-free miles.

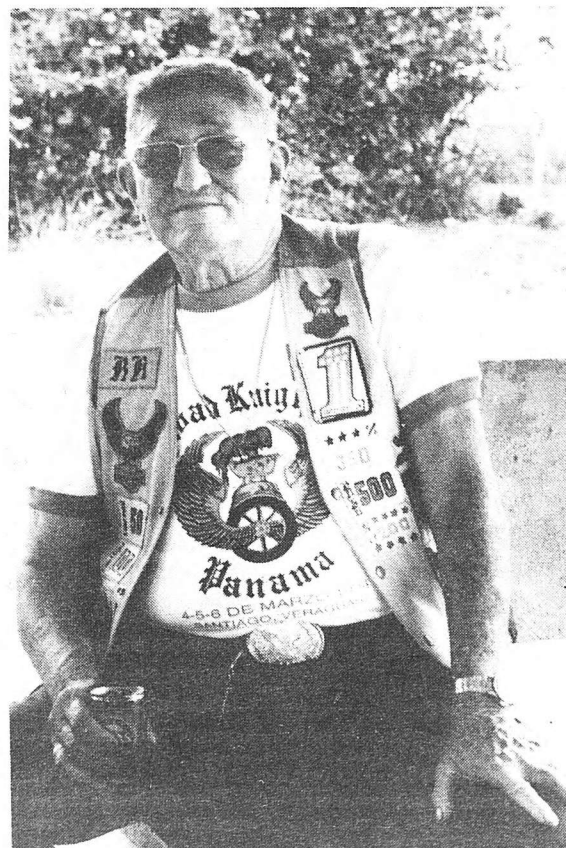
"No member has ever had an accident during one of our organized events," Cooper said. "And that's pretty damn good for Panama."

Anyone interested in becoming a Road Knight should attend the meetings 8 p.m. Thursdays at Building 881 on Albrook or call Cooper at 285-5050 or 229-3635.

Whether a member of the Road Knights or not, most of the bikers agreed the most exhilarating way to experience the Panamanian countryside is a wind-whipping cruise on a motorcycle.



Road Knights vice president Andy Rodriguez cruises along on his Honda 750.



Bikers ride in a procession through downtown Santiago.

Miguel Pastor models the typical biker vest complete with patches from various motorcycle organizations and numbers of miles he traveled. Pastor is 76 years old and claims to be the oldest biker in Panama. He has been a member of the Road Knights since 1979 and has been a biker for 60 years. He rides a 1200cc Special Edition Honda Goldwing.

story and photos by Maureen Sampson  
Tropic Times staff



## Army events celebrate women's History Month

U.S. Army South will celebrate Women's History Month during March. The USARSO Women's History Month luncheon will be held 11:30 a.m. March 22 at Club Amador. The Atlantic community will host another luncheon 11:30 a.m. March 24 at Davis Community Club. Both are pay-as-you-go luncheons. For information, call 287-4268/4307.

## District of Columbia relocation team visits

The 10th annual District of Columbia relocation team visit to Panama will be Tuesday through March 19. The team will visit the following locations:

- ◆ U.S. Embassy Office, 11 a.m.-4 p.m., Tuesday;
- ◆ Quarry Heights, 11 a.m.-6 p.m., Thursday and March 18; and
- ◆ Valent Recreation Center Fort Clayton, Wednesday and March 18, 1:30-5:30 p.m.

Other hours may be made by appointment. Call 252-6623 after duty hours.

## Army Emergency Relief to be held at Amador

An Army Emergency Relief luncheon will be held March 30 at Club Amador. Unit representatives will have tickets beginning Tuesday. For more information, call Army Community Service at 287-4599/6650.

## Education center offers English CLEP test

The Howard Education Center will offer the CLEP General English composition with essay exam March 18 in Building 708, Room 110. All active duty military, family members and Department of Defense civilians are eligible. Military members may test free the first time. All others must pay \$40. Interested people must be scheduled by Thursday because tests are limited. Call 284-4863 for more information.

## Bicycle company recalls hundreds of items

The Murray Manufacturing Co. is recalling hundreds of its 26-inch "Cruiser" bicycles sold world-wide in Army and Air Force Exchange Service stores from March 27 to Sept. 27, 1993.

Murray reports that damaged brakes on some men's and women's "Monterey" and "Westport" models may cause serious injury. Models sold with "Suntour Coaster" brakes may have internal drive spring damage. Affected bikes are imprinted on the upright tube above the foot pedals with a six-digit month-day-year code from 032793 to 092793.

Customers should return their bicycles to the local exchange for a full refund, AAFES officials said.

## Flushing to affect water pressure

Water mains will be flushed in military communities in March. Water pressure in the affected areas will be low for about one hour 8 a.m.-6 p.m. The areas and dates flushing will occur are: Saturday-Sunday, Fort Clayton; Monday-Tuesday, Curundu; and March 20-27, Quarry Heights.

## AAFES announces check cashing procedures

The Army and Air Force Exchange Service announces its check cashing policy as follows: Checks drawn on banks in the United States or its territories payable in dollars are accepted. Checks drawn on banks in Panama that are payable in dollars are also accepted. Money market fund

checks are accepted if they aren't subject to limitations and credit card checks are also accepted.

Post-dated checks, those older than the time limit specified on the check, unsigned or improperly endorsed and those altered or drawn on foreign banks or payable in foreign currency will not be accepted. Also not accepted are checks endorsed with restrictions such as for deposit only or without recourse, bank drafts, checks marked "subject to acceptance by" or third party checks. For checks without a printed time limit, the date must not be more than 90 days old.

Limits on the dollar amount of personal checks with name imprint are \$200 per day per family, exact amount of purchase or \$20 over the amount of purchase. For checks without name imprint, the limit is \$100 per day per family, exact amount of purchase up to \$500 or \$20 over the amount of purchase totalling no more than \$500.

Two party personal checks with name imprint have a limit of \$150 per day per family or \$250 toward a purchase. For two party personal checks without name imprint, the limit is \$50 per family per day or \$250 toward a purchase.

The limit for other checks or instruments for cash is \$500.

There is no limit on personalized checks payable for the amount of purchase.

Checks made out to two people must have both people present to cash it. People who endorse a two party check and receive money or value are legally responsible to AAFES for the amount of the check, bank fees and the service charge of the check is returned as dishonored.

A \$20 service charge plus bank fees must be paid for each check returned dishonored not because of an error by the bank, exchange or finance office. Check cashing and AAFES credit program privileges will also be suspended.

## Community Relations Speakers Bureau

The U.S. Army South Public Affairs Office, Community Relations Branch, is in the process of reactivating its Speakers Bureau. The Speakers Bureau is a group of military and civilian members who will represent the command and the Army by speaking on topics relating to their field of study or expertise to military and civilian organizations. The topics may also include

current events, leadership, hobbies, military branches and career fields.

Participation in the Speakers Bureau is open to anyone in the military or civilian community. For information, call Jeannine Wilder at 287-3007/3058.

## Clayton NCO club hosting reception

There will be an Hasta Luego reception 2:45 p.m. March 24 in the Fort Clayton Noncommissioned Officers' Club. The reception is for soldiers and family members leaving U.S. Army South from April to June. Call 287-4921/5735.

## U.S. Army South lists upcoming office closures

The Directorate of Civilian Personnel will be closed 7:15-9:30 a.m. today.

The 106th Signal Brigade will be at minimum staff March 25 for organization day activities.

The Child Development Center, Building 39, Fort Clayton, will only be open for children enrolled in full day and those needing care during physical training March 28. The staff will be in training.

The Fort Clayton Guest House dining room and kitchen will be closed through April 18 for renovations.

## Clayton education center giving health test today

The Fort Clayton Army Education Center will hold a Here's To Your Health Dantes test 1-3 p.m. today. The test will be given in Building 128, Fort Clayton. To register, call 287-5856.

## 41st ASG sponsors support operation course

There will be a support operations course, phase II, May 2-13 sponsored by the 41st Area Support Group Logistics Operations. The course is open to non-commissioned officers and officers who have completed phase I and are eligible to fill the allocation quota within U.S. Army South. Deadline for application is March 31. For information, call 285-4252/4251.

## Officer Candidate School board slated for April 15

An Officer Candidate School board will be held 9 a.m. April 15 at Valent Rec-

reation Center, Fort Clayton. Applications must be at the Adjutant General's Personnel Operations Branch in Room 51, Building 519, Fort Clayton, by April 6. For more information, call 287-6313/6655.

## Red Cross sponsoring several courses

The American Red Cross will give the following classes: First aid and CPR instructor course 6-10 p.m. Tuesday, March 17, 22 and 24; First aid for maids given in Spanish 8 a.m.-5 p.m. March 19; and Disaster casework course 6-9 p.m. March 30. To register, call 287-5647.

## AUSA awarding 2 college scholarships

Two scholarships are being awarded to high school seniors by the Association of the U.S. Army. Applicants must have a sponsor who is a member of the AUSA. Applications are available at high school counselor's offices and must be returned by March 31 to Mary Oliver, PSC 4, Box 325, APO AA 34004. For more information, call 287-3300.

## Seabee/engineer ball to be held March 19

The Seabee/Civil Engineers Corps Anniversary Ball will be held 6 p.m. March 19. The cost for E-6 and below is \$20 per couple and \$30 for E-7 and above. Call Dale Cashman at 283-6556 for more information.

## Boy Scout T-shirt contest under way

Entries for the Boy Scout July Fourth T-shirt contest are being accepted at U.S. Army Public Affairs Office on the Atlantic and Pacific sides. The theme for this year's contest is "Coast to Coast." The first place entry will win \$100. Deadline is March 31. Call 285-6548 for more information.

## Equal opportunity course slated for March, April

There will be an equal opportunity representative course Monday through March 18 for the Pacific community and April 18-22 for the Atlantic. For more information, call 287-4260.



U.S. Army photo by Sgt. Robin A. Mantikoski

## Girl Scouts need volunteers

Members of the U.S. Girl Scouts - Panama play volleyball near the Fort Amador Swimming Pool. The Girl Scouts need a day camp director and various volunteers. The director position is a temporary, paid position and applicants should have knowledge of Girl Scouting, youth services or recreation background. The volunteer positions are open now for anyone wanting to work with the Girl Scouts having fun and helping the community. For information, call 285-6867 or stop by Building 806 on Albroke AFS 9 a.m.-4 p.m. Tuesday and Thursday or noon-6 p.m. Wednesday.



## Matters of the mind

# Art explores family values

by Sgt. James Rush  
24th Wing Public Affairs

HOWARD AFB — "In local news, Michelle Davis blew out all eight candles on the cake at her backyard birthday party. Instead of a dream come true however, she received a nightmare. Automatic weapon fire erupted from a passing car, killing her 17-year-old brother and injuring her best friend."

"In other news, sheriff's department officials report seizing a shipment of crack cocaine with an estimated street value of \$1.5 million during a raid today ..."

Gangs, drug addiction, and safe sex ... children today have a lot to think about as they are often forced to grow up too quickly.

TSgt. Eric B. Benford, a reconnaissance watch non-commissioned officer with U.S. Southern Command elements here, examines these and other issues and how they affect families of the '90s in his production of "Matters of the Mind."

"The show is about a middle class family where both parents work," Benford said. "They try so hard to provide for the family that they inadvertently neglect the true needs of their children."

The play revolves around young Darrell and his family. After finding out his girlfriend is pregnant, he becomes a crack distributor for a gang to earn money.

Darrell can't resist the urge to get high and uses the drugs he was supposed to sell. The fatal mistake ends act one with the gang leader shooting Darrell.

Act two opens with Darrell's younger sister Gina discussing her school's sex education curriculum with a somewhat appalled grandmother.

Mary, the children's working mother, arrives home just before her brother brings the news of Darrell's murder. James, the father, returns from a business trip and is equally shocked to hear how his son turned to a life of crime and drugs.

To complicate matters further, Darrell's girlfriend Sylvia reveals her pregnancy. An argument between Mary and James ensues as they question their parental failures.

The final scene takes place in a funeral parlor. Darrell's family has reconciled its differences, but is faced by a repentant gang member who was involved in the murder.

After their anger subsides, they show signs of beginning the forgiving process and encourage the young man to turn himself in to the police.

The show was recently produced for the second time as part of February's Black Heritage Month activities.

The initial production was in Fort Walton Beach, Fla., in 1991 when Benford was stationed at Eglin AFB.

Benford said he and a friend, TSgt. Carl Lewis, co-wrote the play. Rather than focus on one particular theme, they elected to include several issues they felt were critical. Little did they realize how their play would reflect problems in their own community.

"It's ironic that three weeks before performing it for the first time, there was a local kid shot in a drug-related incident," Benford said. "Carl approached the mother, brought her to a rehearsal and we dedicated the show to him."

Benford played James in the first cast. This time he concentrated on directing and made a cameo appearance.

Edits were made to the original script to help the plot flow smoothly and bring it closer to its military audience. The changes resulted in a better show, said Benford.

"I'm a little biased since I directed this one," he admitted. "But I do think it's better. The changes brought continuity. The first time, the mother was single. I changed it to reflect the military community which has to deal with separations because of TDYs (temporary duty) and assignments."

Watching the show from the director's chair and getting feedback from friends who saw the play has given Benford more ideas to further refine the script.

"I plan to expand the characters more," he said. "You'll see how Darrell ended up in his situation and I'll extend the roles of the parents and show how they're not there."

Benford said none of the characters in the show reflect any personal experiences. The middle child of five, he always felt able to talk to parents who also confided in him.

Robert Sr. and Dolly still live in the sergeant's hometown of Milledgeville, Ga., as do his brothers and sisters. Almost immediately upon graduation from high school, the 18-year-old Benford entered the Air Force in 1981. The first 4 1/2 years of his career were spent patrolling a flightline as a security policeman.

He and his high school sweetheart married and had two sons, but they split 1992.

The positive example of his own parents and the hard lesson of his show have not been lost on him. He keeps contact with his children Travares Martell and Corey Deshawn. He recites their ages, 10 and 5, and birthdays without hesitation.

"Physically, I can't be there, so I call them once a week and on birthdays and holidays," Benford said. "I try to be there as much as I can to be a part of their life."

By staying in touch with Travares and Corey, he hopes to be there for them when they face important "matters of the mind."

## Community activities

### Clayton

**La Leche League** will meet 7 p.m. Tuesday at Valent Recreation Center. Call 236-0338 for information.

**Job search seminars and professional counseling in Spanish** is available at the Army Career and Alumni Program Job Assistance Center for the Department of the Army Panamanian civilian employees. Classes are scheduled for Wednesday, April 20 and May 18 in Building 128. Call 287-5844 for information.

**Applications for continuing education** and Panama region inter-service scholarships from the Officers' and Civilians' Wives' Club - Pacific are now being accepted. Applications are available at the Fort Clayton Education Center and Florida State University - Panama. To return the application or for more information, call Diane O'Toole at 282-3087 or Darlene Solis at 282-4722.

### Amador

**The commissary, Army and Air Force Exchange Service and Gorgas Army Community Hospital** hold monthly advisory council meetings to inform the community and give the community an opportunity to speak to organization representatives.

Commissary and AAFES meetings alternate the second Tuesday of the month and the Gorgas meeting is held the last Wednesday of the month. The next AAFES advisory council meeting is 1:30 p.m. Tuesday at Club Amador. For information, call 287-3205.

**The Officers' and Civilians' Wives' Club Latin American Auction** will be 6 p.m. March 19 at Club Amador. Tickets are on sale for privilege card holders and must be purchased by Thursday. Unique items from Central and South America, including Mexico, will be available. Tickets include a buffet dinner and a catalog for all items auctioned. A silent auction for some items will be held before the buffet dinner. Call 287-5743/6597 for information.

### Albrook/Howard

**Howard Enlisted Members and Top Three Club** are sponsoring Thursday evening "Smooth Jazz and Blues" performances by recording artist Lowell Hopper. Weekly appearances in the Top Three Club lounge start at 7 p.m.

**The Howard Enlisted Club** will hold a block membership night 4 p.m. Saturday in the club's front parking lot. This is a membership for enlisted members, but officers are also invited. Call the club for details on tickets.

#### Family Support Center:

**A Home-Business Workshop** is offered 1:30-3:30 p.m. March 24. Running a home-business from military quarters could help a family earn extra income. Attendees can learn how to get started in an in-home business and hear from the experts on regulations and procedures they must follow.

**A spouse job search workshop** is offered 10 a.m. Tuesdays to provide spouses with comprehensive information about local job opportunities, and how to effectively search for a job in Panama.

**Spouse briefing in Spanish** will be offered 9-11 a.m. Monday. The orientation is in Spanish and will provide information about the Air Force community, installation organizations and services. Spanish base directories and other resources and information are available.

**A SF 171 preparation class** is offered 9-11 a.m. Thursday with information about federal hiring procedures and how to effectively complete the SF 171 application form.

**Checkbook maintenance** is taught 10 a.m.-noon March 18. People having problems balancing checkbooks may attend the workshop to improve their bookkeeping skills.

**Volunteers are needed** in family services to assist with the loan closet, base brochure library, and layette program. Family services is open 10 a.m.-3 p.m. Volunteers get free child care and are encouraged to visit the facility or call 284-5860.



Department of Defense photo by SMSgt. Steve Taylor

## Special friends

Sgt. David Hassenmayer catches children on the sliding board at the beginning of the 1994 Special Olympics. Olympic swim meets will be 9 a.m. Saturday at Gamboa Pool. Call 287-6109 for information.

## Health guides

**GORGAS ARMY COMMUNITY HOSPITAL (MEDDAC PAO)** - Officials from Gorgas Army Community Hospital created a list of women's nutrition tips for March is National Nutrition Month and National Women's History Month. Nearly 10 years ago, a panel of experts on obesity, osteoporosis, cancer and menstrual disorders developed recommendations for improving the health of American women, Gorgas officials said.

The American Dietetics Association translated these recommendations into 14 guidelines detailing nutrition and health needs specific to women, said Alexis Lou, chief of Production and Service Branch, Nutrition Care Division at Gorgas.

The 14 guidelines are:

- ◆ Eat a variety of foods daily.
- ◆ Maintain a healthy body weight.
- ◆ Exercise regularly.
- ◆ Limit total fats to no more than one-third of daily calories.
- ◆ Eat at least one-half of daily calories from carbohydrates.
- ◆ Eat a variety of fiber-rich foods.
- ◆ Include 3-4 servings of calcium-rich foods.
- ◆ Include plenty of iron-rich foods.
- ◆ Limit intake of salt and sodium-containing foods.

◆ Rely on foods for necessary nutrients and use vitamin and mineral supplements under specific circumstances.

◆ Limit alcohol intake to one to two drinks daily; avoid smoking.

◆ Adjust diet, exercise and other health-promotional behaviors to correspond with an individual risk factors.



## Trips and tours

### Rodman

#### ◆Information, Tour and Travel:

**El Valle shopping** Sunday and March 27, \$12. Shop the marketplace in the hills of Anton Valley. Visit "Elnispero," a nature and wildlife preserve. Shop for local handicrafts, baskets, plants, and fresh fruits and vegetables.

**Free Zone shopping** Wednesday, \$12. Find sales on gold, watches, fine linens and small electronics. Most merchants sell only in bulk, but the tour guide will visit stores that sell individual items. At least 14 people are needed.

**Moonlight cruise** 6:30 p.m. March 18, \$21. Depart the Rodman Marina pier on the 61-foot *Black Stallion* for a sunset cruise to Taboga Island, then to Panama Bay for a view of the city lights. Hors d'oeuvres are included. At least 20 people are needed.

**Barro Colorado Island tour** March 19 and 30, \$65. Travel up the Panama Canal in Gatun Lake to the Smithsonian Tropical Research Institute Island. The tour includes transportation, bilingual naturalist guide, sandwich lunch, cold drinks and binoculars. Jungle life and research are highlighted. A minimum of two people is needed.

**Panama City tour** March 25, \$8. Visit the Church of the Golden Altar, Old Panama, Las Bovedas, the French Plaza and other historical spots in Panama City. Stop for lunch at "Las Tinajas" for typical Panamanian food. Lunch is not included

in the ticket price. At least 10 people are needed.

**Specialized tours** are available for groups of 10-12 people in and around Panama City. Air-conditioned 10-, 26- and 29-passenger busses come with a driver and a full tank of gas.

### Albrook/Howard

#### ◆Zodiac Community Activities:

**Dining out Greek style** 6-10 p.m. Saturday at Zorba's restaurant. \$3 covers transportation.

**Isla Grande get-away** Tuesday-Thursday. Trip includes transportation to and from Howard, lodging, boat fare to and from the island, tour guide and two nights and three days of fun in the sun.

**Panama Brewery and locks tour** 9 a.m.-3 p.m. Wednesday, \$6. See Panama beer produced from start to finish and sample the final product. Then take a bus to the Miraflores Locks and witness the engineering feat up close.

**Free Zone shopping** 8:30 a.m.-4:30 p.m. March 18, \$13 for transportation. Enjoy duty free shopping in the Atlantic city of Colon.

#### ◆Outdoor adventures:

**Canoeing and barbecue lunch on the Chagres** 8 a.m.-2 p.m. Saturday and March 26, \$20. Cost includes transportation, canoes, safety equipment, guide and a barbecue lunch. Bring a hat and suntan lotion.

**Peacock bass fishing** 5 a.m.-2 p.m. Sunday, March 20 and 29, \$25. Enjoy fishing on Gatun Lake. Bring your own

fishing gear, lunch, and small cooler with drinks. A cooler with ice will be available for fish and bait. Fish cleaning facilities are available.

**Deep sea fishing** 6 a.m.-noon March 12, \$50. Price includes tackle, fishing gear, bait, cooler for fish, box lunch and drinks on board the 65-foot *Catani*.

**Barro Colorado Smithsonian trip** 6 a.m.-3 p.m. March 18 and 31, \$65. Ride a boat to the island in Gatun Lake that serves as a research base for the Smithsonian Institute. See several varieties of tropical animals and plants. Continental breakfast and lunch are served.

**Snorkeling or scuba near Drake's Island** 7 a.m.-5 p.m. March 27, \$22 snorkel/\$47 scuba. Package includes transportation to launching point near Portobello and snorkel or scuba equipment. This is the legendary burial spot of Sir Francis Drake.

**Panama Bay by moonlight** 6-10 p.m. March 25, \$25.

**Visit Mayan Ruins in Guatemala** April 20-25. Cost will include transportation, airfare, hotel, tours to Mayan ruins and more. Register by April 8.

### Clayton

#### ◆Valent Recreation Center:

**Central Provinces shopping tour** 6:30 a.m.-10 p.m. Saturday.

**Beach tour** Sunday.

**Free Zone tour** in Colon City 7 a.m.-3 p.m. Wednesday. Visit this center of merchandising in Colon on the Atlantic

side where hundreds of businesses operate warehouses and showrooms.

**Chiriqui-David Fair** March 18-20.

**Adventures in nature jungle walk** 8 a.m.-1 p.m. March 19. The whole family can follow a tour guide through "El Charco Trail" in the rainforest. Also visit the Summit Botanical Garden.

**Barro Colorado Island trip** 7:45 a.m.-5 p.m. March 19.

Gorgona beach cabin reservations are available through the center.

#### ◆Outdoor Recreation Center:

**Horseback riding in El Valle** Saturday. Enjoy a day on horseback in Panama's scenic countryside.

**Cerro Azul trail hike** March 19. Hike a portion of the famous trail and see Soberania National Park in Panama's interior.

**Customized trips** are available for groups with a minimum of four or 10 people.

**Ocean-to-Ocean Canal trip** March

20. Take a guided tour vessel through Miraflores Locks, Pedro Miguel Locks, Gaillard Cut and Gatun Lake then dock in Cristobal. A tour bus will return passengers to Balboa.

### Balboa

#### ◆Balboa Dive Club:

**Dive trip to the Gold Coast of Florida** March 19-26. \$710 per person includes air fare, hotel, transfers, 10 guided boat dives, tanks, weights, snacks, sodas and van rentals. Call 223-3527.

## Special events

### Talent search

**Performers are needed** for the Directorate of Community Activities Fiesta Panama Fair in April. Singers, bands, actors, gymnasts, martial arts, magicians and other talents are welcome. Contact Marshall Esquina at the Pacific Theatre Arts Centre, 286-3152.

### Theatre

#### ◆Pacific Theatre Arts Centre:

The adult musical **"The Best Little Whorehouse in Texas"** runs for its final weekend. Performances are 8 p.m. tonight and Saturday. Call 286-3814 for reservations.

**Auditions** for the upcoming adult farce "Opera Comique" will be held 7 p.m. Monday and Tuesday at the theater. The comic romp requires six men and four women. This production will be entered in the annual Forces Command Festival of Performing Arts.

**"Twelve Dancing Princesses,"** a production performed by children, will be presented March 24-27. Call 286-3814 for reservations.

#### ◆Panama Canal College:

**"The Dining Room"** by R.A. Gurnye will be performed by Balboa High School Thespian Troupe 314 8 p.m. Thursday through March 19 in the Panama Canal College auditorium. Call Chelsea Coffey at 252-2036 for more information.

### Equipment rentals

The Howard Sports and Recreational Rental Center has **rental specials** through March. Equipment is available for golfing, beach combing, camping, cleaning or domestic duties. Board games, boogie

boards and bikes are also available. Items can be rented at a daily, weekend or weekly rate.

### Horse show

The Albrook stable is hosting a **horse show** 8 a.m.-4 p.m. Saturday-Sunday. Participants should enter by Tuesday. Activities include pony rides for children, English style riding jumper classes and Gymkhana gaming events. Call 287-4411.

### Rec Center news

#### ◆Valent Recreation Center:

The center is looking for people to start **darts and chess leagues**.

**Single Soldier Bash** Thursday includes music and a light show. Tickets are on sale now.

**Piano concert** 7 p.m. March 18 features many local students.

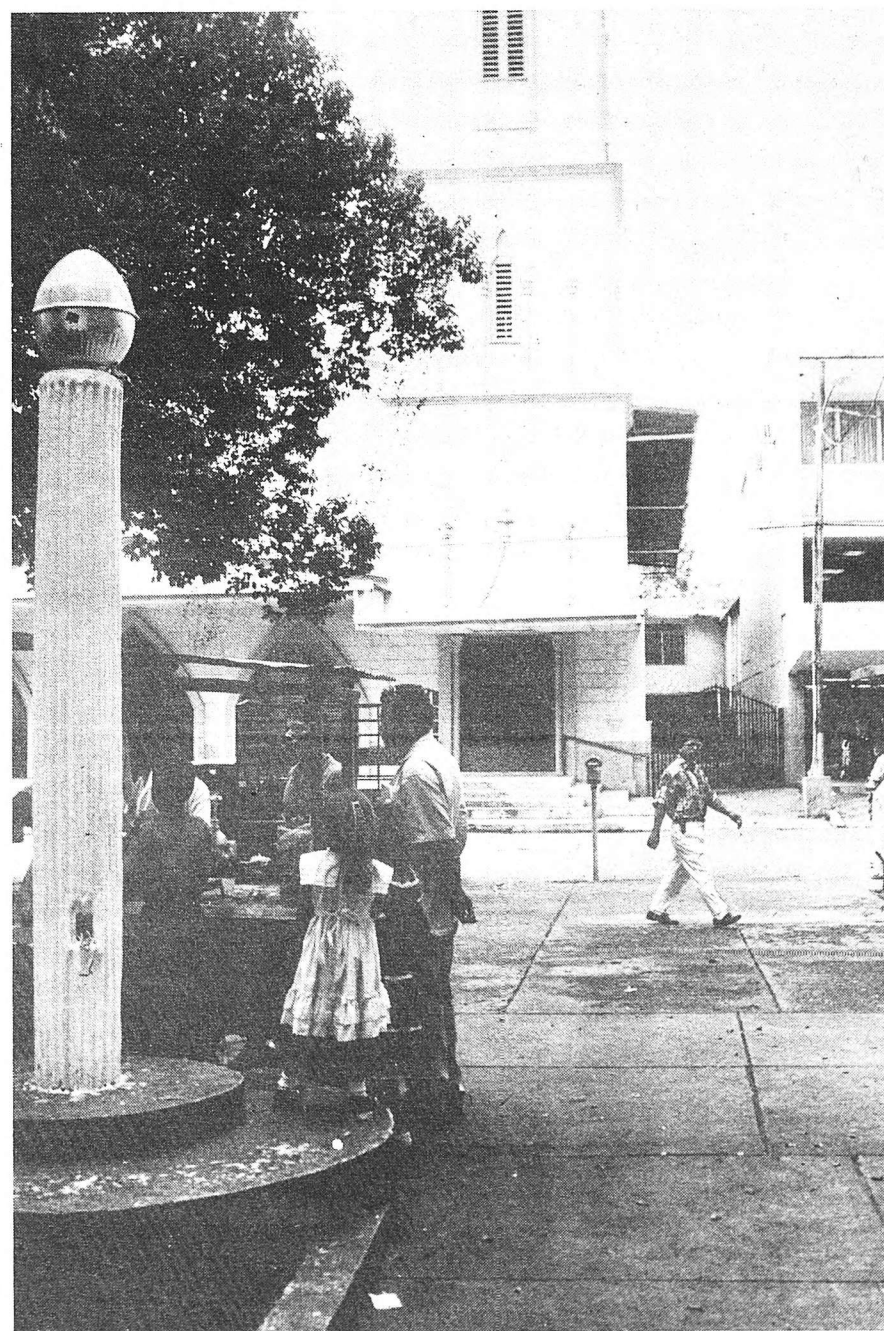
**Single soldier forum** meets 2-4 p.m. the first Thursday of every month to discuss quality of life issues and leisure opportunities.

Experience the **latest movies** free of charge in digital Dolby surround sound at the center's screening room. Call the 24-hour movieline at 287-4367 for shows and times.

◆Zodiac Community Activities Center:

**1994 Rock and Roll Bed Races** will be held April 9. Participants in the races and volleyball tournament and vendors should register by April 5.

**Instructors are needed** for Spanish, dog obedience, water aerobics, sewing, piano, scuba and cake decorating. Tour drivers are also needed. Call 284-6161 for details.



Department of Defense photo by Maureen Sampson

### Town square

People buy snow cones in David's Main Square. David, located in Panama's Chiriqui province will host an international fair this weekend.





Department of Defense photo by Maureen Sampson

## Southern duo

Geri Dee and Bill Keltner rehearse a scene from the Pacific Theatre Arts Centre's production of "The Best Little Whorehouse in Texas." This is the final weekend for the adult musical comedy.

## Shops/classes

### Rodman

◆**Rodman scuba:**  
**Open-water scuba** starts Tuesday, \$125. Equipment and textbooks are provided. Call 283-5307 for details.

### Albrook/Howard

◆**Zodiac Community Activities Center:**

**Open water scuba course** March 21 at Howard pool, March 28 at Albrook pool, \$145.

**Beginner and advanced English and Spanish classes** begin monthly and run four weeks. The next classes are scheduled for March 28 through April 21.

◆**Albrook Auto shop:**

**Air conditioning service and repair** 12:30-5 p.m. every day except Tuesday and Wednesday.

**Wheel alignment diagnostic and service** 3-9 p.m. Monday, Thursday and Friday, 10 a.m.-5 p.m. Saturday and Sunday.

**Auto van show** 10 a.m.-2 p.m. April 16. Register by March 21. A jury will select winners and award prizes.

### Clayton

◆**Valent Recreation Center:**  
**Korean karate class** 6-8 p.m. Tuesdays and Thursdays. Admission to the first class is free.

**Indian Guyami sewing lessons** are offered twice a week. Basic, 1-3 p.m. Intermediate, 5-7 p.m.

**Basic and intermediate sewing lessons** are offered twice a week. Basic classes are 3-5 p.m., intermediate classes are 5-7 p.m.

**Basic/intermediate cake decorating** meets 6-8 p.m. twice a week.

**Dog obedience class** 7-9:15 p.m. Monday, Wednesday and Friday, \$60.

**Professional dog grooming** 5:30-6:45 p.m. Monday, Wednesday and Friday, \$30.

**Basic/intermediate English classes** are held Monday-Thurs-

day. Call for an appointment.

**Six-week Spanish classes.** Basic class, 6-7 p.m. Monday and Wednesday or Tuesday and Thursday. Intermediate class, 7-8 p.m. Tuesday and Thursday, \$25.

◆**Fort Clayton Boat Shop:**  
**Bass fishing** at Gatun Lake. (Minimum of three people) Costs \$20, includes guide, boat, bait and rods.

**Deep sea fishing** (minimum of four people). \$200 fee includes captain, gear, lures and fuel.

◆**Fort Clayton Scuba Shop:**  
**Discount prices** on classes and equipment now through May 16.

**Basic open-water scuba class,** \$115.

**Advanced open-water scuba,** \$140.

**Rescue scuba,** \$119.

**Underwater photography,** \$99. Call 287-3355.

◆**Twin Oceans Pro Shop:**  
**Equipment available** for outdoor recreation. Call 286-6514.

## Atlantic

### Fashion show

The Ocean Breeze Recreation Center will host a fashion show 7 p.m. March 19.

### Arts and crafts

The new Atlantic Arts and Crafts Center will re-open soon. Building 297 has been renovated and will offer a full service of arts and crafts including woodworking, ceramics and automotive services.

### Rec center news

◆**Ocean Breeze Recreation Center:**

**Instructors are needed** for beginning English, beginning Spanish, guitar, piano and gymnastics.

**Aerobics** 9:30-10:30 a.m. Monday Wednesday and Friday.

**Family exercise** 10:30-11:30 a.m. Monday and Wednesday.

**Jazz dance** 2-3 p.m. Monday and Wednesday.

**Piano** Wednesday.

**Cake decorating** 9:30-11:30 a.m. Tuesday.

**Tae Kwon Do** 6-7 p.m. Monday and Wednesday.

**Beginning sewing** 10-11:30 a.m. Monday.

**Advanced sewing** 10 a.m.-noon Wednesday.

**Beginning painting** 6-8 p.m. Monday and Wednesday.

◆**Sundial Recreation Center:**  
**Horse shoe tournament,** Saturday.

**Pool tournament,** Saturday.

**Thursdays are Wonderful,** a program for women, Thursdays.

**Spanish I** 5-7 p.m. Monday and Wednesday.

**Spanish II** 5-7 p.m. Tuesday and Thursday.

**English I** 5-7 p.m. Monday and

Wednesday.

**English II** 5-7 p.m. Tuesday and Thursday.

**Piano I** 2-7 p.m. Monday and Tuesday.

**Piano II** 2-7 p.m. Thursday.

**Tae Kwon Do** 5-7:45 p.m. Monday, Wednesday and Friday.

**Country line dancing** 7-8:30 p.m. Monday and Wednesday.

**Sewing I** 10-11:30 a.m. Tuesday.

**Sewing II** 10 a.m.-noon Thursday.

### Atlantic tours

◆**Ocean Breeze Recreation Center:**

**Taboga Island** 8 a.m. March 19.

**Horseback riding in Portobelo** 8 a.m. March 20.

**El Valle overnight** March 26-27.

## Arts and crafts

### ◆Canal Crafters:

Handmade arts and crafts are available. Consignment and volunteers are welcome. The shop is open 10 a.m.-2 p.m. Monday-Saturday, Building 804 Albrook.

**Cross stitch** 10:30 a.m. the second and fourth Friday of each month, free. Bring a small project.

**Crochet** 10:30 a.m. Tuesday. Bring needle and thread. Make a doilie.

**Quilting class** coming soon. The three-week class will be held Tuesdays and Fridays, \$18.

### ◆Howard Skills Development Center:

**The 1994 Artist/Craftsman contest** entries will be accepted through Saturday.

**Free ceramic pouring class** in Spanish 5-7 p.m. Thursday.

**Free ceramic pouring class** in English noon-2 p.m. March 18.

**Free gold application demo** 2-2:30 p.m. March 19.

**Ongoing classes** include framing and matting, clay flower, pottery wheel throwing, macrame, air brush techniques, stained glass, cross stitch and lamp assembly. Several "how-to" videos are available.

### ◆Fort Clayton Arts and Crafts Center:

**The Ceramic Center,** behind the arts and crafts

## Phone guide

### Pacific

24th Services Squadron Sports and Recreational Rental Center, 284-6107  
Albrook Auto Craft Shop, 286-3613  
Albrook Club, 286-4128  
Albrook Riding Stables 287-4411/3333  
Anchorage Club, 283-4332  
Canal Crafters 286-4500  
Chief Petty Officers' Club, 283-5475  
Clayton Arts and Crafts Center, 287-5957  
Clayton Boat Shop 287-6453  
Clayton Ceramic Center, 287-4360  
Clayton NCO Club, 287-3586  
Clayton Outdoor Recreation Center, 287-3363  
Clayton Scuba Shop 287-3355  
Club Amador, 282-3534  
Cocoli Recreation Center, 287-4119  
Howard Auto Craft Shop, 284-3370  
Howard Enlisted Members' Club, 284-4107  
Howard Officers' Club, 284-4680  
Howard Riding Stables 284-3779  
Howard Skills Development Center, 284-6361  
Howard Teen Center, 284-4700  
Howard Wood Craft Shop 284-4510  
The Loop, 287-3035  
Pacific Theatre Arts Centre 286-3814  
Quarry Heights Officers' Club, 282-4380  
Rodman Marina, 283-3147/3150  
Rodman Naval Station Information Tour and Travel Office, 283-5307/4454  
Twin Oceans Pro Shop 286-6514  
Valent Recreation Center, 287-6500  
Zodiac Community Activities Center, 284-6161

### Atlantic

Aquativity Center, 289-4009  
Davis Arts and Crafts Center, 289-5201  
Davis Community Club, 289-5160  
Ocean Breeze Recreation Center, 289-6402  
Outdoor Recreation, 289-4077  
Sherman Arts and Crafts Center, 289-6313  
Sherman Scuba Shop, 289-6104  
Sundial Recreation Center, 289-3889/3300



Location	Today	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
Howard AFB 284-3583	7pm: The Air Up There (PG) Kevin Bacon, Charles Gitonga Maina 9pm: Ghost in the Machine (R) Karen Allen, Will Homeff	2pm: Addams Family Values (PG-13) Anjelica Huston, Raul Julia 7pm: The Air Up There (PG) Kevin Bacon, Charles Gitonga Maina 9pm: Ghost in the Machine (R) Karen Allen, Will Homeff	2pm: Addams Family Values (PG-13) Anjelica Huston, Raul Julia 7pm: The Air Up There (PG) Kevin Bacon, Charles Gitonga Maina 9pm: Ghost in the Machine (R) Karen Allen, Will Homeff	7pm: Ghost in the Machine (R) Karen Allen, Will Homeff 9pm: The Air Up There (PG) Kevin Bacon, Charles Gitonga Maina	7pm: Ghost in the Machine (R) Karen Allen, Will Homeff 9pm: The Air Up There (PG) Kevin Bacon, Charles Gitonga Maina	7pm: House Party 3 (R) Kid 'N' Play, Tisha Campbell 9pm: Heaven and Earth (R) Tommy Lee Jones, Hiep Thi Le	7pm: Heaven and Earth (R) Tommy Lee Jones, Hiep Thi Le 9:30pm: House Party 3 (R) Kid 'N' Play, Tisha Campbell
Fort Clayton 287-3279	7pm: The Pelican Brief (PG-13) Julia Roberts, Denzel Washington 9:30pm: Tombstone (R) Kurt Russell, Val Kilmer	2pm: The Beverly Hillsbillies (PG) Jim Varney, Erika Eleniak 7pm: The Pelican Brief (PG-13) Julia Roberts, Denzel Washington 9:30pm: Tombstone (R) Kurt Russell, Val Kilmer	2pm: The Beverly Hillsbillies (PG) Jim Varney, Erika Eleniak 7pm: Tombstone (R) Kurt Russell, Val Kilmer 9:30pm: The Pelican Brief (PG-13) Julia Roberts, Denzel Washington	7pm: The Pelican Brief (PG-13) Julia Roberts, Denzel Washington 9:30pm: Tombstone (R) Kurt Russell, Val Kilmer	7pm: Tombstone (R) Kurt Russell, Val Kilmer 9:30pm: The Pelican Brief (PG-13) Julia Roberts, Denzel Washington	7pm: The Three Musketeers (PG) Charlie Sheen, Kiefer Sutherland 9pm: Ghost in the Machine (R) Karen Allen, Will Homeff	7pm: The Air Up There (PG) Kevin Bacon, Charles Gitonga Maina 9pm: The Three Musketeers (PG) Charlie Sheen, Kiefer Sutherland
Fort Davis 289-5173	7pm: Batman: Mask of the Phantasm (PG) animated 9pm: Sister Act 2 (PG) Whoopi Goldberg, Kathy Najimy	2pm: Batman: Mask of the Phantasm (PG) animated 7pm: Wayne's World 2 (PG-13) Mike Myers, Dana Carvey 9pm: Sister Act 2 (PG) Whoopi Goldberg, Kathy Najimy	7pm: Sister Act 2 (PG) Whoopi Goldberg, Kathy Najimy	7pm: Wayne's World 2 (PG-13) Mike Myers, Dana Carvey	7pm: Sister Act 2 (PG) Whoopi Goldberg, Kathy Najimy	7pm: Wayne's World 2 (PG-13) Mike Myers, Dana Carvey	7pm: The Pelican Brief (PG) Julia Roberts, Denzel Washington
Fort Sherman 289-5173	7:30pm: Wayne's World 2 (PG-13) Mike Myers, Dana Carvey	7:30pm: Gettysburg (PG) Tom Berenger, Jeff Daniels (4-hour movie with intermission)	7:30pm: Batman: Mask of the Phantasm (PG) animated	No show	No show	No show	7:30pm: Tombstone (R) Kurt Russell, Val Kilmer
Fort Amador 284-3583	7pm: A Perfect World (PG-13) Clint Eastwood, Kevin Costner	7pm: Iron Will (PG) MacKenzie Astin, Kevin Spacey	7pm: House Party 3 (R) Kid 'N' Play, Tisha Campbell	No show	No show	No show	7pm: Iron Will (PG) MacKenzie Astin, Kevin Spacey

**Coming soon****March 18****Howard AFB**

- 7pm **Iron Will (PG)** MacKenzie Astin, Kevin Spacey
- 9pm **House Party 3 (R)** Kid 'N' Play, Tisha Campbell

**Fort Clayton**

- 7pm **The Air Up There (PG)** Kevin Bacon, Charles Gitonga Maina
- 9pm **Ghost in the Machine (R)** Karen Allen, Will Homeff

**Fort Davis**

- 7pm **Cabin Boy (PG-13)** Chris Elliott, Ritch Brinkley
- 9pm **Tombstone (R)** Kurt Russell, Val Kilmer

**Fort Sherman**

- 7:30pm **The Pelican Brief (PG-13)** Julia Roberts, Denzel Washington

**Fort Amador**

- 7pm **Hevin and Earth (R)** Tommy Lee Jones, Hiep Thi Le

**Now showing****Heaven and Earth**

Tommy Lee Jones, Hiep Thi Le

Oliver Stone presents a story from the other side of the Vietnam war. It follows the life of a Vietnamese woman who lived through her country's changes from 1949 to the time of the war with the United States, her marriage to an American soldier and adjusting to life in the United States. R (violence, language, sexuality), 138 min.

**Iron Will**

MacKenzie Astin, Kevin Spacey

In the tradition of White Fang, Iron Will presents a great outdoor adventure set in Minnesota in the early 1900s. A young man who assumes responsibility for the family farm enters a grueling cross country dog sled race to raise desperately needed money. PG (adventure action), 106 min.

**House Party 3**

Kid 'N' Play, Tisha Campbell

Kid 'N' Play return to the raucous hip-hop comedy series with a whole new cast of characters. R (strong language, some strong sexuality), 94 min

**The Air Up There**

Kevin Bacon, Charles Gitonga Maina  
When a college basketball scout catches a glimpse of a documentary concerning an African tribe he gets a wild idea to go to Africa to recruit a prize player. PG (violence, language), 107 min.

**Ghost in the Machine**

Karen Allen, Will Homeff

In this techno-thriller, a serial killer's reach becomes limitless when he is transformed into a computer virus and is able to use everything electrical from common household appliances to complex computer systems — as tools of murder. R (high tech horror violence), 95 min.

**The Three Musketeers**

Charlie Sheen, Kiefer Sutherland  
Our daring swashbucklers are on a mission to prevent the overthrow of the king. Along the way, there is time to fall in love, enjoy a variety of adventures and even catch a spy. PG (action/violence, brief sensuality), 102 min

**The Pelican Brief**

Julia Roberts, Denzel Washington  
Julia Roberts is a New Orleans law student who writes a legal brief exposing the activities of a powerful oil magnate. PG-13 (language, some violence)

**Cabin Boy**

Chris Elliott, Ritch Brinkley  
Nathaniel is a very spoiled rich child who goes through life showing nothing but contempt for everyone. He gets his just desserts when he accidentally boards the wrong boat. PG-13 (crude language), 80 min.

**Tombstone**

Kurt Russell, Val Kilmer  
When U.S. Marshall Wyatt Earp returns to Tombstone, Ariz. to spend some time with this family, he and his brothers find themselves facing a ruthless gang of outlaws — and a date with destiny at the O.K. Corral. R (violence), 128 min.

**Sister Act 2**

Whoopi Goldberg, Kathy Najimy  
When lounge singer Deloris Van Cartier

**"EXTRAORDINARY!"**  
A beautiful film of epic scope.

AN OLIVER STONE FILM

"A truly great film. Magnificent. Spellbinding. Memorable. It lifts the human spirit. It soars!"  
— Larry King, CNN

"A story of rare beauty and love. An emotional powerhouse seething with energy, alive and crackling for every minute."  
— Michael Wilmington, CHICAGO TRIBUNE

"Compelling. Hiep Thi Le is remarkable. Tommy Lee Jones and Joan Chen in award caliber performances."  
— Peter Travers, ROLLING STONE

"Tommy Lee Jones burns through the screen like white phosphorous — a remarkable, ferociously beautiful performance. 'Heaven & Earth' is audacious, brave, noble and meaningful."  
— Bob Connelly, MEMPHIS NEWS SERVICE

**Now showing at Howard Theater.**

gets a distress call from her friends at St. Catherine's convent, she gets back into her habit and heads to the 'hood to convert some smart-mouthed, streetwise children into a first rate choir. PG (mild language), 108 min.

**Wayne's World 2**

Mike Myers, Dana Carvey  
Now that Wayne and Garth are comfortably settled in their new studio and their late night cable show is a success, they need new challenges. The inspiration: Waynestock Aurora, Ill. will be the location for a high concept rock concert that will change world...not. PG-13 (ribald humor), 98 min.

**Batman: Mask of the Phantasm**

Voices of Kevin Conroy, Efrem Zimbalist Jr.

In this animation of Batman, the Joker is still around but there is also a new villain for Batman to deal with...Phantasm. Batman also has a flashback of his first love. PG (animated violence), 76 min.





# TV Schedule

Tropic Times  
March 11, 1994 **B9**

## Channels 8 & 10

\* Mature Theme \*\* Series Begins \*\*\*Series Ends + Program time change because of live event

Today	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
6:30am NBC News at Sunrise 7:00 Good Morning America 9:00 Basic Training Workout 9:25 Sesame Street 10:25 Guiding Light * 11:10 General Hospital * Noon Headline News Break 12:10 SCN Midday Report 12:30 Sportscenter 1:00 Oprah Winfrey 2:00 Another World 3:00 Price is Right 4:00 Channel One 4:15 Newsroom 4:30 Legend of The Hidden Temple 5:00 Wheel of Fortune 5:30 Showbiz Today 6:00 SCN Evening Report 6:15 Headline News Break 6:30 World News Tonight 7:00 Jeopardy! 7:30 America's Funniest People *** 8:00 Baywatch 9:00 Evening Shade 9:30 CBS Evening News 10:00 SCN Late Edition 10:05 Entertainment Tonight 10:35 David Letterman 11:35 Tonight Show 12:35am Headline News Break 1:00 Nightline 1:30 ABC News "20/20" 2:30 Movies: "Another Pair Of Aces: Three Of A Kind" 4:10 "Burning Bridges" 6:00 Headline News Break	6:30am Headline News 7:00 Headline News 7:30 Navy/Marine Corps News 8:00 Name Your Adventure 8:30 Just for Kids! Tin y Toons Adventures Rugrats Taz-mania Beetle Juice Batman, The Cartoon Nature 10:30 Special: Desert Storm, (Part 2) 11:30 Headline News 1:00 Road To The Final Four 1:30 College Basketball: Big East Semifinal Game 1 3:30 Big East Semifinal Game 2 5:30 Headline News 6:00 World Wrestling Federation 7:00 Unsolved Mysteries 8:00 In The Heat Of The Night * 9:00 Movie: "Let's Do It Again" * 11:00 Headline News 11:30 Saturday Night Live 1:00 Friday Night Videos 2:00 Movies: "The Birds" 4:00 "Cops And Robbers"	6:00am CCM-TV 6:20 Outreach of Love 6:50 Faith And The Family 7:10 Jesuit Journal 7:35 Quigley's Village 8:00 Headline News 8:30 Washington Week In Review 9:00 CBS Sunday Morning 10:30 Face The Nation 11:00 Headline News 11:30 This Week w/Brinkley 12:30pm America's Black Forum 1:00 College Basketball: Big Eight Championship Game 3:00 College Basketball: ACC Championship Game 5:00 Grand Ole Opry Live 5:30 Austin City Limits + ** 6:30 NCAA Tourney Selection Show 7:00 ABC News "2 0/20" 8:00 Special: Taxbreak '94 9:00 Movie: "A Promise To Keep" * 10:40 Headline News Break 11:00 Entertainment This Week Midnight 60 Minutes 1:00 Headline News 1:30 Meet The Press 2:30 Sports Latenight 3:00 ABC World News Now 4:00 Headline News 4:30 Sports Machine 5:00 ABC World News Now 6:00 Headline News Break	6:30am NBC News at Sunrise 7:00 Good Morning America 9:00 Basic Training Workout 9:25 Sesame Street 10:25 Guiding Light * 11:10 General Hospital * Noon He adline News Break 12:15 SCN Midday 12:30 Sports Machine 1:00 Oprah Winfrey 2:00 Another World 3:00 Price is Right 4:00 Channel One 4:15 Newsroom 4:30 Name Your Adventure 5:00 Wheel Of Fortune 5:30 Showbiz Today 6:00 SCN Evening Report 6:15 Headline News Break 6:30 World News Tonight 7:00 Jeopardy! 7:30 Roc 8:00 Cops 8:30 60 Minutes 9:30 CBS Evening News 10:00 SCN Late Edition 10:05 Entertainment Tonight 10:35 David Letterman 10:35 David Letterman 11:35 Tonight Show 12:35am Headline News 1:00 Nightline 1:30 Larry King Live 2:30 Sports Latenight 3:00 Arsenio Hall 4:00 Headline News 4:30 Tonight Show 5:30 Headline News 6:00 Headline News Break	6:30am NBC News at Sunrise 7:00 Good Morning America 9:00 Body By Jake 9:25 Sesame Street 10:25 Guiding Light * 11:10 General Hospital * Noon Headline News Break 12:15 SCN Midday 12:30 Sportscenter 1:00 Sally Jesse Raphael 2:00 Another World 3:00 Price is Right 4:00 Channel One 4:15 Newsroom 4:30 Ghostwriter 5:00 Wheel of Fortune 5:30 Showbiz Today 6:00 SCN Evening Report 6:15 Headline News Break 6:30 World News Tonight 7:00 Dr. Quinn, Medicine Woman 8:00 Special: "Soul Train Music Awards" 9:30 CBS Evening News 10:00 SCN Late Edition 10:05 Entertainment Tonight 10:35 David Letterman 11:35 Tonight Show 12:35am Headline News 1:00 Nightline 1:30 Larry King Live 2:30 Sports Latenight 3:00 Arsenio Hall 4:00 Headline News 4:30 Tonight Show 5:30 Headline News 6:00 Headline News Break	6:30am NBC News at Sunrise 7:00 Good Morning America 9:00 Basic Training Workout 9:25 Sesame Street 10:25 Guiding Light * 11:10 General Hospital * Noon Headline News Break 12:15 SCN Midday 12:30 Sportscenter 1:00 Oprah Winfrey 2:00 Another World 3:00 Price is Right 4:00 Channel One 4:15 Newsroom 4:30 Mr. Roger's Neighborhood 5:00 Wheel of Fortune 5:30 Showbiz Today 6:00 SCN Evening Report 6:15 Headline News Break 6:30 World News Tonight 7:00 Jeopardy! 7:30 Mad About You 7:55 Movie: "Shattered Promises" * (Part 2) 9:30 CBS Evening News 10:00 SCN Late Edition 10:05 Entertainment Tonight 10:35 David Letterman 11:35 Tonight Show 12:35am Headline News Break 1:00 Nightline 1:30 ABC News Turning Point 2:30 Sports Latenight 3:00 Arsenio Hall 4:00 Headline News 4:30 Tonight Show 5:30 Headline News 6:00 Head line News Break	6:30am NBC News at Sunrise 7:00 Good Morning America 9:00 Body by Jake 9:25 Sesame Street 10:25 Guiding Light * 11:10 General Hospital * Noon Headline News Break 12:15 SCN Midday Report 12:30 Sportscenter 1:00 Donahue 2:00 Another World 3:00 Price is Right 4:00 Channel One 4:15 Newsroom 4:30 Club Connect 5:00 Wheel o f Fortune 5:30 Entertainment Tonight 6:00 SCN Evening Report 6:15 Headline News Break 6:30 World News Tonight 7:00 Jeopardy! 7:25 Fresh Prince Of Bel Aire 7:50 Movie: "Running Scared" * 9:30 CBS Evening News 10:00 SCN Late Edition 10:05 Entertainment Tonight 10:35 David Letterman 11:35 Tonight Show 12:35am Headline News Break 1:00 Nightline 1:30 Larry King Live 2:30 Sports Latenight 3:00 Arsenio Hall 4:00 Headline News 4:30 Tonight Show 5:30 Headline News 6:00 Headline News Break

## Cable channel 14

\* Mature Theme \*\*Series Begins \*\*\*Series Ends + Program time change because of live event

Today	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
6:30am Simulcast with Channels 8 & 10 9:00 Oprah Winfrey 10:00 Today Noon Headline News Break 12:15 SCN Midday 12:30 All My Children ** 1:30 One Life To Live ** 2:30 Young and Restless * 3:30 Batman: The Cartoon Series 4:00 Fraggie Rock 4:30 Ghost Writer 5:00 Silver Spoons 5:30 A.L.F. 6:00 S CN Evening Report 6:15 Headline News Break 6:30 NBC Nightly News 7:00 Blossom 7:30 Hooperman 8:00 21 Jump Street ** 9:00 Movie: "Witness For Prosecution" * 11:00 Headline News 11:30 SCN Late Edition 11:35 Arsenio Hall 12:35am Headline News 1:00 Nightline 1:30 ABC News "20/20" 2:30 Sports Latenight 3:00 Arsenio Hall 4:00 Headline News 4:30 Tonight Show 5:30 Headline News 6:00 Headline News Break	6:30am Simulcast with Channels 8 & 10 10:30 The Storyteller 11:00 Back To The Future 11:30 Real News For Kids Noon Headline News 12:30 Sports Closeup 1:00 Bradshaw On Homecoming "Problem Of The Wounded Child" 1:55 Movie: "Harry and The Hendersons" 3:30 On Pit Road 4:00 The Best Of ESPN 5:00 Headline News 5:30 Beauty And The Beast 6:30 Dinosaurs 7:00 Star Trek: The Next Generation 8:00 Simon And Simon 9:00 Jackie Thomas Show * 9:30 In Living Color * 10:00 Headline News 10:30 Showtime At The Apollo 11:30 Saturday Night Live 1:00am Friday Night Videos 2:00 McLaughlin Group 2:30 Sports Latenight 3:00 Entertainment This Week 4:00 Headline News 4:30 Videolinks 5:30 Headline News Break	6:00am Mister Roger's Neighborhood 6:30 Disney's Raw Toonage 6:55 Tom & Jerry Kids Show 7:20 Rugrats *** 7:45 Taz-Mania *** 8:10 Beetle Juice 8:30 The Addams Family 9:00 Batman: The Cartoon 9:30 Science & Technology Week 10:00 Motor Week 10:30 Sports Closeup 11:00 Eye To Eye With Connie Chung 12:30 Wall Street Journal 1:00 Frugal Gourmet 1:30 Movie: "Journey To The Center Of The Earth" 3:40 Headline News Break 4:00 Secret Of Life 5:00 Spencer For Hire 6:00 Headline News 6:30 Wonderful World of Disney 7:30 Doogie Howser 8:00 Movie: "Kindergarten Cop" 10:00 Day One 11:00 L.A. Law Midnight Simulcast with Channels 8 & 10	6:30am Simulcast with Channels 8 & 10 9:00 Oprah Winfrey 10:00 Today Noon Headline News Break 12:15 SCN Midday 12:30 All My Children * 1:30 One Life To Live * 2:30 Young and Restless * 3:30 Taz-Mania *** 4:00 Fraggie Rock 4:30 Saved By The Bell 5:00 Club Connect 5:30 A.L.F. 6:00 SCN Evening Report 6:15 Headline News Break 6:30 NBC Nightly News 7:00 MacGyver 8:00 Melrose Place * 9:00 Movie: "Thunderheart" * 11:00 Headline News 11:30 SCN Late Edition 11:35 Arsenio Hall 12:35am Simulcast with Channels 8 & 10	6:30am Simulcast with Channels 8 & 10 9:00 Donahue 10:00 Today Noon Headline News Break 12:15 SCN Midday 12:30 All My Children * 1:30 One Life To Live * 2:30 Young and Restless * 3:30 The Addams Family 4:00 Fraggie Rock 4:30 Legend Of The Hidden Temple 5:00 Munsters 5:30 A.L.F. 6:00 SCN Evening Report 6:15 Headline News Break 6:30 NBC Nightly News 7:00 Camp Wilder 7:30 Seinfeld 8:00 Tour Of Duty * 9:00 NYPD Blue * 9:00 Coach 9:30 Movie: "The Breakfast Club" 11:00 Headline News 11:30 SCN Late Edition 11:35 Arsenio Hall 12:35am Simulcast with Channels 8 & 10	6:30am Simulcast with Channels 8 & 10 9:00 Oprah Winfrey 10:00 Today Noon Headline News Break 12:15 SCN Midday 12:30 All My Children * 1:30 One Life To Live * 2:30 Young and Restless * 3:30 Disney's Raw Toonage 4:00 Fraggie Rock 4:30 Name Your Adventure 5:00 Silver Spoons 5:30 A.L.F. 6:00 SCN Evening Report 6:15 Headline News Break 6:30 NBC Nightly News 7:00 Camp Wilder 7:30 Seinfeld 8:00 Tour Of Duty * 9:00 NYPD Blue * 10:00 Hotel *** 11:00 Headline News 11:30 SCN Late Edition 11:35 Arsenio Hall 12:35am Simulcast with Channels 8 & 10	6:30am Simulcast with Channels 8 & 10 9:00 Sally Jesse Raphael 10:00 Today Noon Headline News Break 12:15 SCN Midday 12:30 All My Children * 1:30 One Life To Live * 2:30 Young and Restless * 3:30 Tom and Jerry Kids Show 4:00 Fraggie Rock 4:30 Nick Arcade 5:00 Day by Day 5:30 A.L.F. 6:00 SCN Evening Report 6:15 Headline News Break 6:30 NBC Nightly News 7:00 Step By Step 7:30 Hangin' With Mr. Cooper 8:00 Martin 8:30 Hearts Afire 9:00 Magnum PI 10:00 The Equalizer 11:00 Headline News 11:30 SCN Late Edition 11:35 Arsenio Hall 12:35am Simulcast with Channels 8 & 10

## Sports and specials

### Channels 8 & 10

#### Sports

Road to the Final Four, 1 p.m. Saturday  
**College Basketball**  
Big East Semifinal Game 1, 1:30 p.m., Game 2, 3:30 p.m. Saturday  
Big Eight/Metro Championship Game 1, p.m. Sunday  
ACC Championship Game, 3 p.m. Sunday  
NCAA Tourney. Selection Show, 6:30 p.m. Sunday

#### Specials

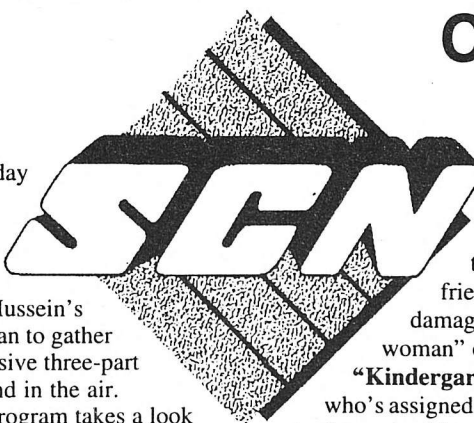
**"Desert Storm," (Part 2) 11:30 a.m. Saturday.** In 1990 Saddam Hussein's Army rolled into the tiny desert nation of Kuwait, and a storm began to gather over the Persian Gulf. This is the second installment of an impressive three-part documentary that traces Operation Desert Storm on the ground and in the air.  
**"Taxbreak '94," 8 p.m. Sunday.** Hosted by Willard Scott, this program takes a look at various taxpayer situations and how to handle them...legally.  
**"Soul Train Music Awards," 8 p.m. Tuesday.** The 8th Annual Awards will be live from the Shrine Auditorium in Los Angeles. This year's hosts will be Patti LaBelle, Gladys Knight and Johnny Gill.

#### Series starts

**"Austin City Limits," 5:30 p.m. Sunday.** (Replaces "American Music Shop") For nearly two decades it has been the showcase for the finest in contemporary country music.

#### Primetime movies

**"Let's Do It Again," 9 p.m. Saturday.** In this sequel to "Uptown Saturday Night," Sidney Poitier and Bill Cosby are a pair of Atlanta working stiffs who inadvertently bilk two big-time gamblers out of a large sum of cash with the help of an unlikely boxer known as "Kid Dy-No-Mite!" Star: Jimmie Walker and Calvin Lockhart.  
**"A Promise To Keep," 9 p.m. Sunday.** A woman who hasn't had the courage to tell her family that she is dying of cancer loses her husband in an accident and faces the devastating reality that her children will become orphans. Stars Mimi Kennedy and William Russ.



### Cable Channel 14

#### New series

**"21 Jumpstreet," 8 p.m. Friday.** They're young, hip and undercover. They're the cops from 21 Jumpstreet Station: fighting crime in big city high schools. Stars Johnny Depp and Holly Robinson.

#### Primetime movies

**"Witness For Prosecution," 9 p.m. Friday.** A young man is put on trial in London for the murder of his wealthy older English woman friend. Even though he is defended by a brilliant banister, his wife is damaging testimony points to his being guilty of murder...until a "mystery woman" offers a startling revelation. Stars Beau Bridges and Deborah Kerr.  
**"Kindergarten Cop," 8 p.m. Sunday.** Schwarzenegger is a super-macho copper who's assigned to go deep, deep undercover, posing as a kindergarten teacher in order to determine if one of the youngsters' mothers has criminal affiliations. Stars Arnold Schwarzenegger and Pamela Reed.

**"Thunderheart," 9 p.m. Monday.** A part-Sioux FBI agent is awakened to his heritage when he is assigned to investigate a murder on an Oglala Sioux reservation. He is aided by a veteran partner and a shrewd tribal police officer. Loosely based on actual events plaguing the violence-torn native American community in the late 1970s. Stars Val Kilmer and Sam Shepard.

**"The Breakfast Club," 9:30 p.m. Tuesday.** Five suburban Chicago high school students bare their souls to each other and wind up becoming friends while spending a Saturday detention together. Stars Judd Nelson and Anthony Michael Hall.

#### Afternoon movie

**"Harry and The Hendersons," 1:55 p.m. Saturday.** Stars John Lithgow and Melinda Dillon.  
**"Journey To The Center Of The Earth," 1:30 p.m. Sunday.** Stars Pat Boone and Diane Baker.





## Duty-free merchandise

**FORT CLAYTON (Contraband Control Office) - As a reminder, in accordance with the Panama Canal Treaty and U.S. Southern Command regulations, duty free merchandise, whether new or used, cannot be given, transferred or generally sold to non-privilege holders. Violations to these dispositions may subject violators to prosecution under both, military and Panamanian laws. It is sometimes permissible to sell an item, but only if Panamanian taxes are paid. Before such a sale, it is strongly recommended that the seller contact the Contraband Control Section for advice at 286-3117.**

### Animals

Cocker spaniel, female, 9 wks old, all shots, \$150. 286-3230.

Hamsters, 8-10 wks, \$7 ea. 252-5593.

Rottweiler pups, CCP/AKC, 4 males, ready next month, \$600. 286-3922.

Rottweiler puppies, male, female, reg exc dogs, \$700/neg. 256-6768.

Lab/ret puppies, male, 2 females, 8 wks old, \$100. 50-0212 LD #.

Cocker spaniel/poodle mix, grt w/ children, house broken, \$60. 284-3087.

Brindle boxer puppies, 6 wks old; 14 mo male great dane, fawn. 252-1041.

Doberman, 4 mos old, female, all shots, needs home, no papers, \$100. 282-4224.

Mini pincher, male, avail April 20, \$150. 260-4132.

Free, 3 adult cats, declawed, shots, neutered. 260-4923.

Shepherd, pure, no papers, 6 wks old, dewormed, males \$200, females, \$250. 282-5494.

Free, female tabby cat, 10 mos old, to good home. 286-3390.

Adult rabbit, female, \$12. 252-6968.

Cocker mix, male, 1 yr old, all shots, \$75; female puppy, 10 wks old, has shots, \$50. 286-4694.

Tan tail guppies, \$1 pr. 286-4584.

Part cocker spaniel puppy to good home, 15 wks old, needs shots, \$25. 287-3534.

Toy poodles, males, 10 wks old, no papers, \$100ea. 287-5678.

Doberman, 6 wks old, female, \$125. 236-1077 ask for Angelica.

Free, Momma Decker & full grown son looking for new home. 284-6831.

German shepherd puppies, 4 females, born Jan. 31, \$200. 286-6524 after 6pm.

Free, 7 old boxer, female, all shots. 50-0389 LD #.

Irish setter puppies, CCP/LCP reg, avail May 1, males \$450, females, \$350, appt only. 232-5622.

Red head parrot, needs lots of attention, \$20. 282-3320.

Pit bulls, 1 mo old, male \$250, females \$200. 233-1342.

Terrier/poodle puppies, 1 year old, \$75 ea. 261-2425 ask for Conchie.

Free, German shepherd watchdog, 2 yrs old. 284-3775.

Gentle 15.3 TB gelding, 4 yrs, trained Eng. \$500. 287-4598.

### Automobiles

1988 Nissan Sentra, 4dr, dty pd, avail March 22, \$2,900. 282-3080.

1989 Toyota Hilux, 4dr, 4x4, ac, am-fm, radio cass, dty pd, loaded, \$10,500. 260-8501.

1987 Chevy Suburban, 4WD, pb, ps, pw, radio fm cass, at, low mi, dty pd, \$11,500. 252-5397.

1977 Chevy C-10 p/u, 2 spd, runs good, good tires, some rust, \$1,800/o. 286-3149.

1991 Nissan Pathfinder 4x2, ac, pb, ps, pw, 5 spd, US specs, exc

cond, \$15,800. 252-5525.

1991 Dodge Shadow, 5dr, ac, am-fm cass, 21,000 mi, not dty pd, \$7,500. 50-0013 LD #.

1991 Astro van ext, loaded, 15,000 mi, \$20,500; 1986 Hyundai GLS, grt cond, \$4,200. 287-3978.

1987 Ford Mustang GT 5.0, ac, 5 spd, ps, pb, exc cond, am-fm cass, new tires, shocks, \$7,000/o. 260-1341.

1983 Cadillac Coupe Deville, exc cond, all options, \$2,000/o. 287-3657.

1990 Chevy Cavalier Z-24, at, ac, 37,500 mi, am-fm cass, 6 cyl, exc cond, \$7,000. 284-5596.

1989 Mercury Grand Marquis, one owner, low mileage, loaded, \$9,100 firm. 286-4930.

1991 BMW 525i, fully loaded, ac, am-fm cass, alarm, leather, 5 spd, not dty pd, \$23,000. 289-4658.

1979 Chevy Camaro Z28, 4 spd, std, restored, new 350, 4 bbl carb, mint cond body, \$2,900. 284-6842.

1992 Toyota Previa LE van, \$20,000. 287-4199.

1992 Toyota Paseo, sr, tinted glass, 5 spd, low mi, am-fm cass, \$12,000/neg. 236-2241.

1992 Nissan Pathfinder, loaded, US specs, \$20,000. 269-6829.

1991 Toyota Corona, am-fm cass, ac, low mi, exc cond, \$9,500. 263-8579 after 5pm.

1983 Nissan Bluebird SSS, 2dr coupe, ac, 5 spd, stereo, duty pd, low mi, \$4,000/o. 226-1158.

1990 Chevy Cavalier, 52,000 mi, ac, 5 spd, looks/runs grt, \$5,500. 287-5597.

1988 Chevy Corsica, 2.8L, at, ac, am-fm radio, grt cond, \$5,500. 223-5386.

1993 Nissan Bluebird, at, 4dr, all pwr, tinted glass, alarm, 22,000 km, exc cond, not dty pd, \$11,000. 285-4236.

1983 Chevy Celebrity, V6, at, ps, pb, new paint, ac, batt, am-fm stereo, '94 licence plate, grt cond, dty pd, \$3,200. 269-6208.

1991 Wrangler Jeep 4x4, 5 spd, new cond, 15k mi, 4 cyl, soft/bikini tops, warranty, extras, \$12,000. 286-6333.

1991 Isuzu p/u, sharp looking, ac, mag wheels, alarm, ac, Kenwood sys, not dty pd, \$8,700. 252-5100.

1990 Dodge Colt Vista, 7 pas, lug rck, ps, pb, grt on gas, not dty pd, no ac, \$6,000. 286-4636.

1978 Gran Lemans, V8, needs work, not dty pd, \$6,000. 284-4682.

1987 Volvo 240DL, 4dr, 5 spd, ac, exc cond, am-fm cass, not dty pd, \$5700. 226-6341.

1989 Camaro, RS, 2.8L, V6, tt, pw, ac, am-fm cass, very low mi, like new cond, \$10,000/o. 252-6956.

1971 Fiat Spider 124 convert, am-fm, good cond, \$2,400. 286-6272.

1993 Wrangler Jeep, new, low mi, nice stereo, \$12,800. 264-9817.

1991 Mercury Capri convert, w/ tano top, 5 spd, fully loaded, \$12,000. 236-2288.

1992 Volvo 240 sta/wgn, exc cond, OD, 12,000 mi, warranty, ac, am-fm cass, \$17,900. 289-3235.

1987 Chrysler LeBaron, ac, am-fm radio, needs minor repairs, \$5,000/o. 228-4850 after 5pm.

1990 Geo Prizm, at, ac, ps, am-fm cass, \$6,500/o. 284-3739.

1986 Pontiac Grand Am, good cond, 85,000 mi, \$4500/o. 287-5890.

1991 Geo Tracker, at, 4WD, convert, 35,000 mi, \$8,000/o. 287-4736 after 5:30pm.

1989 Ford Escort sta/wgn, at, ac, am-fm cass, new tires, brakes, \$4,000/o. 284-5947.

1991 Isuzu Trooper, 4dr, 20,000 mi, V6, 4WD, ac, new cond. 50-0538 LD #.

1985 Chrysler LeBaron, all extras, exc cond, \$3,000. 263-9814.

1988 Ford Ranger, 5 spd, one owner, good cond, \$5,000. 287-5496.

1987 BMW 325, US specs, ac, std, am-fm cass, dty not pd, \$10,000. 261-2122.

1987 Pontiac Grand Am SE, exc cond, loaded w/extras, \$4,700 firm. 284-5030 after 5pm.

1982 Ford Exp, 4 spd, cruise, sr, '94 insp, \$1,800. 282-3334.

1988 Isuzu Trooper, 5 spd, wht, \$7,000. 245-4470.

1985 Mazda GLC, 4dr, ac, am-fm cass, new tires, brakes, exc cond, \$3,300. 360-1730.

1988 Mitsubishi p/u w/camper top, 5 spd, ac, dual exhaust, chrome wheels, \$6,500/o. 252-2287.

1988 Ford Escort GT, am-fm cass, tinted glass, bra, amp/equal, \$3,700. 285-4966.

1975 Chevy Blazer 4x4, removable ht, needs work, eng rebuilt, kit incl, 2 spare rims, \$3,000/neg. 284-6894.

1988 Dodge Caravan SE, V6 3.0L, at, ps, pb, ac, am-fm cass, tilt, cruise, 70k mi, good cond, \$8,000. 284-5598.

1982 BMW 316, ac, at, \$3,500. 252-6380.

1971 Nissan Patrol jeep, runs good, needs minor repair, dty pd, \$2,000/o. 287-3076.

1980 Honda Civic, am-fm cass, 4 cyl, grt shape, runs exc, \$3,000. 284-4997.

1986 Ford Ranger Ext Cab, std, 4 cyl, new ac, 70,000 mi, \$5,000/o. 226-0841.

1990 Ford Aerostar Minivan, exc cond, 30k, alarm, am-fm cass, fr, tinted glass, \$13,600. 287-4376.

1985 Volvo 240DL, 77,000 mi, \$7,000/o. 286-4888.

1993 Nissan Sentra, 5 spd, ac, am-fm, exc cond, \$6,200/o. 260-8710.

1987 Ford Taurus, ps, pb, pw, pl, am-fm cass, exc cond, \$5,300. 256-6830.

1992 Dodge Grand Caravan, 28k mi, ac, am-fm, 2 child car seats, grt cond, \$15,500. 287-6392.

1974 Chevy Blazer, runs good, body fair cond, \$2,000/o. 286-3226.

1991 Mitsubishi lancer, 4dr, 5 spd, ac, am-fm cass, new tires, low mi, dty not pd, exc cond, \$5,800/o. 221-5801.

1988 1/2 Isuzu Impulse SE, loaded, 220w stereo, \$6,000. 286-4084.

1975 Olds Delta 88, runs grt, not dty pd, \$1,100. 284-6634.

1971 Plymouth Duster, dty pd, 6 cyl, \$1,000; 1977 Chevy Malibu Classic, good cond, \$1,500. 252-6366.

1991 Ford Explorer XLT, 23k mi, not dty pd, 5 spd, 4dr, US specs, \$16,800. 252-3411.

1988 BMW 318i Shadow Line, 5

spd, 2dr, ac, am-fm cass, not dty pd, \$8,500. 261-6119.

1989 Ford Ranger King Cab w/rear seats, ac, ps, pb, 4 cyl, 5 spd, exc cond, not dty pd, \$8,000/neg. 287-4392.

1977 Triumph, 2 seats, V6, good cond, stereo, needs little work, \$1,500/neg. 287-4392.

1983 Honda Accord, 5 spd, pw, pl, pb ps, am-fm cass, \$3,525. 252-1270.

1985 Jeep CJ-7, 4 cyl, 5 spd, ht, not dty pd, \$5,000. 263-4803.

1988 Ford p/u, std, 5 spd, not dty pd, 4.9L, ext cab, ac, am-fm stereo cass, \$8,200. 286-4892.

1992 GMC Sierra Side Step trk, \$12,000. 260-5378.

1966 Pontiac Tempest, best offer. 252-6277.

1983 Buick Electra, \$2,000. 252-6897 after 4pm.

1985 King Cab deluxe, loaded, camper shell, ps, pb, pw, pl, at, ac, am-fm sr, runs grt, avail May, \$4,900. 284-3731.

1989 Toyota Corolla wgn, at, ps, pb, am-fm cass, exc cond, diplomatic exoneration, \$8,200. 260-2650.

1990 Pontiac Lemans LE, 4dr, ps, at, ac, am-fm stereo, low mi, \$5,500/o. 286-3693.

1993 Cherokee Grand Laredo jeep, low mi, ext warranty, at, quadra-trac trans, all extras, like new, \$22,900. 286-3381.

1989 Volvo 740GL sta/wgn, negotiable. 282-3297.

1985 Mercedes Benz 280S, 4dr sedan, all extras, exc cond, dty pd, \$15,000. 264-6025.

1972 German VW Beetle 1300cc convert, 4 spd, grt cond, dty pd, \$4,600/o. 232-5419.

1979 Brazilian VW, runs grt, \$1,300/o. 261-3325.

1988 Nissan Stanza wgn, at, am-fm cass, tinted, alum rims, ac, US specs, maint records, \$5,300.

1991 Ford Explorer XLT 4x2, loaded, US specs, not dty pd, at, ac, ps, am-fm cass, super maint, \$17,700. 286-4576.

1986 Toyota p/u, am-fm cass, good cond, 5 spd, dty pd, \$5,200. 260-8710.

1989 Nissan 240SX, fully loaded, \$8,900. 260-8501.

1990 Plymouth Laser, ac, pb, at, ps, 47,000 mi, pwr trans still under warranty, 70,000 mi, \$6,500. 287-6522.

1988 Ford Bronco II XLT, 4WD, at, loaded, exc cond, \$8,900/o. 230-0990.

1993 Chevy Cavalier RS wgn, 3.1 V6, all pwr, at, less than 5,000 miles, neg. 287-5025.

1986 Plymouth Voyager LE, \$7,000. 284-4079.

1981 Toyota Corolla, 4 spd, not dty pd, exc cond, \$2,200. 239-9707.

1988 Toyota Supra, TRD suspen Fittipaldi rims, new tires, Kominari spoiler, exc cond. 260-0173.

1991 Chevy Camaro RS, exc cond, low mi, cd, am-fm, under warranty, \$12,000. 252-2017.

1991 Dodge Daytona, 4 cyl, radio am-fm, 5 spd, 20,000 mi, exc cond, \$5,850. 228-4061.

1990 Plymouth Laser, ps, pb, at, ac, tilt, cruise, new tires, warranty, 47,000 mi, \$6,500.

1987 Mazda 626 LX, ac, pw, tinted glass, at, alarm, chrome wheels, exc cond, \$6,000/o. 287-5974.

### Available

Span-spk maid, M-Sat, live-out, reliable, does all gen cleaning, irons, cooks, exc refs. 261-5826.

Mature, exp live-in maid, refs. 286-4489.

Eng-spk honest mature maid, grt w/ children, M-W-TH-Sat. 286-4197 ask for Eugenia.

Honest, reliable Span-spk maid, 3

days a week, refs. 286-3722.

Eng-spk maid, good w/children, live-in/out. 221-8024.

Teenage babysitter, M-F after 3pm, weekends. 252-2543 ask for Tamela.

Eng-spk live-in maid, good w/children. 221-5285.

Bilingual live-in/out maid, good w/children, honest, M-F. 287-5594 ask for Betty.

Honest dependable babysitter w/ exp, nights, weekends. 230-1927.

Eng-spk maid, good w/children, honest, mature, exp, live-out, daily work, wkly, mo, refs. 286-4792.

Exc exp maid, some Eng-Span, avail now. 282-3899.

Boy for house cleaning, laundry, pet caring w/refs, M-F. 226-8672 ask for Erick.

Teenage to babysit, Howard/Kobbe/Cocoli area, grt w/kids, wkdays, wkends. 287-5290.

Housekeeper, T-Th, best of the best, honest, reliable, bilingual. 228-0504.

Honest, dependable, hard working maid, irons, washes, cleans, grt w/ children, live-out. 287-5025.

### Boats & Campers

16' glassmaster, trlr, 85hp Mercury OB, trolling motor, fishfinder, many extras, \$4,500. 252-5397.

22' Renken w/cuddy cabin, exc cond, trlr, loaded, dty pd, \$22,000. 50-0013 LD #.

19' trlr for cayuco or flat bottom, \$295; camper shell for Ford Ranger p/u, \$250. 252-2676 after 5pm.

8' fiberglass boat, \$125; sm alum boat trlr, \$85; 6' surfbd; \$30, rubber inflatable boat, \$25. 252-2889.

21' Romery w/cabin, sleeps two, 4 cyl diesel, good shape, \$10,000/o. 252-5100.

18' Sunchaser, 205hp 10, Mercruiser, exc cond, grt for fishing, skiing, \$11,000/o. 283-6189.

Bass tracker PF special, 40hp trim/tilt, fish finder, live well, bimini top, trolling motor, \$5,500/o. 287-6299.

6hp long leg Mariner OB exc cond, used as aux eng only, low hrs, best offer. 286-6486.

25' loa chaparal WA, 225hp Johnson OB mint cond, many extras, best offer. 286-6486.

16' alum Jon boat, 93, 25hp Evinrude, new trailer, \$2,500 or \$1,300 w/o motor. 252-2243.

14' Boston Whaler, 40hp Yamaha, out riggers, more, \$4,400. 269-6738.

Boat shed #2397, Diablo past Spinning Club. 252-6519.

Pop-up camper, sleeps 5, many extras, dty pd, \$3,800. 252-2017.

### Electronics

Stellar Fire CD game for Sega Genesis, new, \$40. 287-4733.

Star NX-1000 Printer, \$65. 282-3080.

Pioneer Laser Disc player, \$200; various movies, \$15. 260-4923.

Scott am/fm stereo receiver, like new, minimally used, \$125/o. 286-3381.

Brother correct-a-rite electric typewriter, \$100; Nec Betamax, \$110. 252-2208.

IBM compat 386/20DX computer, 65mbhd, 4mb Ram, 2400 bps modem, Panasonic 1124 printer, Dos 6.2, more, \$925. 284-3373.

Brother word processor/typewriter w/memory cards, \$200





# Classified Ads

Tropic Times  
March 11, 1994 **B11**

2 meter handheld Yaesu FT-411 w/ SW batt pack and wall charger, \$200. 264-9741.

## Household

Commercial type freezer 53x25, \$175 neg. 261-4561.

Refrig/freezer, 25cf, yellow, 5 yrs, runs good, Fridgidaire, \$600. 284-4498.

Freezer Admiral, like new, \$575; dryer, \$264; furn, dinettes, beds. 282-5494.

5-pc dinette w/glass tbltop, \$145. 284-4389.

Whirlpool microwave oven, \$200; Black and Decor space saver coffee maker, toaster oven, can opener, all like new, \$35-15. 269-7631.

Panasonic microwave, \$150; food slicer, \$50; country ceiling lamp, \$125; Hoover shampoo/polisher, \$65; console color TV, \$450. 252-2675.

Baby furn/items, microwave, \$75; Kenwood audio/video receiver, \$200; Q-sz waterbed, \$50. 282-4224.

Marble floor lamp, \$200; Oriental Persian runner 3x10, \$1,000; 5' Xmas tree w/ornaments, \$40; Hoover upright vacuum cleaner, \$50. 263-8579 after 5 pm.

Rattan LR, \$400; desk, \$40; bookcases, \$75-\$50. 252-2208.

Q-sz bed set, oak color, country style, mirror hdbd. 286-4881.

Q-waterbed w/mirrored hdbd, 6 drawers and 3 sets sheets, \$325; set of end tbls, matching coffee tbl, \$100. 284-3438.

Sofa and chr, blue w/floral pattern, \$350. 287-3423.

Freezer, \$575; dryer, \$250; LR set, DR set, bar, BR, LR. 282-5494.

Desk/bookcase combination, \$95; Refrig needs compressor, \$150. 252-6968.

Cream colored full curtains for 2BR trop, new, \$400; 3-pc LR suite, \$850; 2 end tbls, \$100. 284-5030.

Sealy Q-sz matt, box spring and frame, exc cond, \$450. 252-5985.

Sofa and loveseat, coral color, \$375; refrig, \$295; dishwasher, Whirlpool, \$45; gas water heater, \$95. 252-2889.

Q-sz waterbed, heater, liner, hdbd, solid wood, \$380. 236-0401 after 7 pm.

2 sets small maternity AF blues, 2 blouses, 1 skirt, 1 pant, exc cond, \$25 all. 286-4584.

Zenith console 25" color TV, older model, works grt, looks grt, \$200/obo. 221-9341.

2 white patio chrs, 2 patio end tbls, \$90. 282-5630.

20" Admiral refrig, \$500; 19" RCA color TV, \$180; 2 seat sofa bed, more. 260-2650.

21" Zenith color TV and stand, \$180; 19" TV/remote, \$190; exercise bike, \$225. 264-9228.

Ent ctr, 58x4' wide, brn wood grain, \$80. 286-4636.

Contemp white glass top DR set w/ 4 chrs, \$300/obo. 260-5032.

Simmons baby crib w/matt, \$125. 260-5032.

Rattan/wicker LR set sofa, 2 chrs, coffee tbl, \$500/obo. 269-0631.

Brazilian cherry DR, hutch, china cab, tbl, 8 chrs, \$2,500. 284-4884 after 6 pm.

Kenmore stove, good cond, \$200; vacuum cleaner, nice blue carpet, 12x15. 269-2095.

High chr, \$15; stroller, \$50; crib, \$100; car seat, \$25; toys. 287-5020.

Chest of drawers, needs work, \$25; modern desk w/2 shelves, \$50. 282-3881.

22,000btu ac, works well, \$250/ neg. 284-5082.

Gray American corner sofa, \$400. 284-6388.

Cherry wood end tbl, coffee tbl,

\$300; cherry wood full length mirror, \$50/obo. 287-5890.

Two K-sz box springs, \$30; crib matt, \$10. 263-9814.

Hotpoint, washer/dryer, like new, hvy dty, \$400. 283-4423.

LR rug, 8x11, \$35. 287-6729.

Drapes, dbl bed, TV stand, grill, rugs, other household items. 284-3873.

Hide-a-bed sofa, new upholstery matt needs fixing, Q-sz, \$475/obo. 287-5633.

DR tbl, seats 6, no chrs, \$350/obo. 284-5977.

Kenmore gas stove, \$195. 232-4611.

LG hvy wood 5 drawer, 2 dr dresser w/wing, mirrors, Kenwood stereo sys w/sprks, futon chr, Graco stroller, 19" Goldstar color TV. 284-5087.

8,000btu GE ac, 8 mos, used 2 wks, \$240. 260-1730.

K-sz waterbed, hdbd, heater, 6 drawers, mauve padding, comforter incl, \$400/obo. 252-1225.

Q-sz sofa bed, upholstery in poor cond, best offer. 260-4257.

DR set, 6 chrs and china cab, \$1,375. 287-5277.

Crib, almost new, \$115/obo. 232-4561.

2-pc sect sofa, needs some repair, best offer; 10' snapset pool, \$15; AF maternity uniforms, lg, \$25 all; ent ctr, \$75. 284-6894.

Blue curtains 48x84, \$10 ea. 284-5021.

DR set, tbl w/1 ext and 6 chrs, china cab w/hutch, server, \$1,700. 282-3193.

19" Sony color TV w/stand, \$200; recliner w/blue rose tone fabric, \$175. 282-3193.

Oak desk needs refinishing, \$50; white desk w/shelves, \$75; glass top tbl, 6 chrs, \$200. 286-3883.

26" swivel TV, \$750; 19" TV, \$250; sofa chr, \$1,000; 2 coffee tbls; gas BBQ pit, \$50; DR tbl, \$1,800, more. 287-6392.

Q-sz Soma soft-side waterbed, incl boxspring, tubes and matt top, \$150. 286-3812.

100 lb propane tanks, \$50 ea; dehumidifier, \$75; lawnmower, \$50; vertical blinds, TV, more. 287-3944.

Sofa and loveseat, needs recovering, \$350; 8 lb bowling ball and bag, \$25; lg suitcase, \$25. 252-6342.

Ent ctr, twin sz bed, bunk bed, tublar, fall/bottom, 3/4 top. 252-2180.

Rolling canopy bed, curtains for trop qtrs. 230-1927.

Dishwasher, upright freezer. 250-0339.

GE washer, hvy dty, lg cap, \$400; dryer, \$200; TV Samsung. 19" \$150; ac. 252-2730.

Microwave oven, \$115. 286-4828.

All wood crib w/matt and matching changer, good cond, \$225. 286-6329.

GE washer/dryer, hvy dty, sold as set only, almond, \$400. 252-6309.

TV stand for 32" TV, \$100; brn velvet recliner, \$50. 252-6897 after 4pm.

LR, DR and dinette sets, refrig, gas stove, freezer, washer/dryer. 252-5143.

Wicker DR tbl, w/glass top, 4 chrs, good cond, \$200. 286-3149.

Mauve mini-blinds for 3BR trop, \$100; K-sz waterbed, \$400; car seat, \$20. 286-3833.

Crib matt, \$100; TV trays, \$35; 12x15 tan carpet, \$85; mixer, \$5; DR set, 4 chrs, \$250; coffee tbl, \$75. 287-5597.

Pinewood shelf and coffee tbl w/ glass, \$475. 230-0392.

Crib and matt, \$100; baby walker, \$20; bathtub, gate and bike seat, \$5 ea. 282-4337.

4-pc BR suite w/Q-sz matt, \$650;

blue carpet, 9x12 exc cond, \$95; brn 9x12, \$40; roll top desk, \$350. 284-5030.

Kenmore extra lg cap electric dryer, \$285. 262-3017.

Washer/dryer, Sears, \$600; lawnmower, \$275; vertical blinds for patio dr, \$40. 286-4538.

Lg cream w/floral print sofa and loveseat, \$700. 284-6493.

GE refrig, almost new, 18.2 cf, almond, glass shelves, \$700. 260-8710.

Peach/blue LR set, couch and loveseat, \$900. 285-5935.

1/4" glass 40x82 and one 1/4" glass 20x82 for use on top of tbls, \$55. 225-4294.

Metal tubular crib w/matt, \$130; Graco stroller, \$45; swing set, \$85. 226-8116.

Piano, Kohler and Campbell, exc cond, \$1,850. 287-5025.

## Lost

Yellowhead parrot Corozal, Cardenas area, reward. 252-1257.

Blk chihuahua female, Albroke post office, reward. 286-3486.

## Miscellaneous

VW deluxe radio cass player, \$500. 230-1787.

Tax-mate computer tax software, easy to use, 5.25 disk, instructions, \$25/obo. 284-4389.

4 rims, 13 for Mitsubishi Lancer, good cond, \$20 ea. 284-4498.

Lg parrot cage, set of exercise weights, sm gas grill. 252-2676.

Scuba tank w/vest, backpack, steel and regulator, \$120. 252-1201.

185' hvy guage chain line fencing, 5' gate, tension, wire, all hardware, 1 yr, \$500. 269-6829.

Slam dunk lifetime basketball goal, \$150. 269-6829.

5 general P235/75R15 M+S tires, \$200. 286-3777 after 5pm.

Vinyl top for CJ-7 Jeep, \$200/obo; blk cover for back seat for CJ-7, \$70. 252-2675.

7-pc patio set, \$495; Epson SX-10 printer, \$85. 287-4376.

Sport alum wheels and tires, \$80. 287-5574.

Little Tykes playhouse, \$90; cordless vacuum, \$10. 252-5792.

4 rims 13 for Honda, good cond, \$20 ea. 287-4584.

Peavey electric guitar w/practice amp, \$300; Sears rowing machine, \$50. 282-4337.

New books, college algebra, social prob, precalculus, physics, 260-9303.

Kenmore elec dryer, \$275; gas mower, \$175; 75x4' chainlink fence, \$75. 284-6277.

Bird cage, 6x8', \$200. 252-6722.

Lawnmower, Murray exc cond, \$90. 264-7589.

Fisher Price carseat, \$25; Fisher Price high chr, \$30; playpen, \$30. 284-5526.

Power wheels corvette, \$80; vacuum, \$30. 284-6176.

2 Sears swining dr baby gates, \$10 and 20ea; pressure gate, \$10. 287-3231.

Barbie Corvette w/extras seat, and batt charger, girls clothes toddler to 5, \$120/car. 287-3931.

2 Sesame Street toddler bikes w/ training wheels, \$20 ea. 287-3231.

Men's 18-spd mtn bike, \$150; pastel color thick wooden material sofa, \$165. 284-3727.

2 new ceiling fans w/lights, 2 chrs, trailer hitch for Dodge Caravan, \$140 installed, coffee tbl. 284-3039.

Class A uniform, jacket 39R, pants

32, shirt 15 1/2, like new, \$50. 282-3334.

Infant carseat/carrier, \$25; Kolcraft stroller, new, \$60; bounce seat, \$20; Johnny jumper, \$15. 284-5526.

3-SW golf clubs, never used, \$150/obo; standup putter w/video, \$60/obo. 284-4575.

Tippman 68 special paintball gun, JT snapper, goggles, loaders, 7 oz tank, fillers, \$495/obo. 228-1189.

Japanese garden lantern, concrete, lg, painted and antique, 4' tall, \$50. 289-4619.

4 blk VW Riviera rims, 15x5, one is damaged, \$50. 260-6289.

Male 10-spd bike, \$90; female 10-spd bike, \$60; Nintendo w/14 tapes, game Genie, \$150; baby stroller, \$35; CD player Kenwood, \$70. 287-6874.

1/4 ct total wt diamond bridal set, marquise cut w/8 smaller diamonds, 14k gold banks, exc cond, \$400/obo. 286-4584.

Nintendo system, 5 games, 2 paddles and gun, \$60. 284-3676.

Kolcraft dbl stroller, very good cond, \$65. 287-3630.

4-pc luggage set, \$140; save desk space w/computer keybd carrier, \$15. 260-3130.

Fax machine, Ricoh, \$100; Canon electronic typewriter model Ap 350, \$150. 269-6208.

Parachute system, Talon container, square reserve and canopy, \$1,450. 285-4588.

Dryer, \$210; Sega w/games, \$100; airline carrier, X-lg, \$40. 287-5324.

2 trailer frames w/wheels, needs work, make offer. 252-2180.

Extras long curtain rods and curtains for trop qtrs., baby crib, suitcases, bike built for two. 252-6046.

Bike, ceiling fan, silverware, other misc items. 269-0356.

Executive wooden desk, mahogany bar/stools, screen, carport, sofa, round DR w/4 chrs, golfing equip. 252-2189.

Rocker, Bentwood antique, \$225; sm oak dresser, \$290; BR set, \$1,200. 269-9225.

Adult swing, \$35. 283-0305 after 7 pm.

Water sport surfer, \$25; 2 hydro slides, \$30 ea; slalom water ski w/ storage case, \$30; BBQ grill, \$40. 252-5377.

10-spd women's all-terrain bike, exc c ond, \$110. 252-1035.

Riding tractor, Sears, twin, 2 cyl w/ accessories and parts. 252-5143.

Bose 401 spkrs, \$300; Whirlpool dehumidifier, \$105. 286-4536.

Little Tykes toddler carbed, \$170/ neg. 262-1916.

Stereo cab glass dr, \$45/obo; child/ baby clothes, winter, baby bounce seat, \$20. 287-3271.

Nintendo tape, \$10; turbo graphics games sys and 3 tapes, \$80; Sansui 6-pc stereo set, \$350. 284-3689.

Century carseat/carrier, \$40;

playschool whit crib w/matt, \$85; infant girl clothes, 0-9 mos. 287-4334.

Sport cards, baseball, football, basketball sets and singles. 284-3689.

Golf clubs L+R handed, \$150/set; bikes, \$100 and \$200; camcorder \$600; stereo, \$150. 284-3174.

Exercise machine, baby clothes, 0-9 mos. 287-5290.

Nintendo games, \$15 ea; gameboy, 5 games, \$125; Sega games, \$20; dbl racing stroller, \$300 firm. 287-5332.

5-spd trans Ford Escort, 6 cyl, 250 eng and auto trans for 1978 Maverick, 350 trans 978 Monte Carlo. 228-4061.

Bar type tbl w/stools, lawn chr, chr tree, baby and female clothes. 287-4935.

Beige/brn twin size comforter w/ ruffles, like new cond, \$30. 261-5543 after 6pm.

Seed spreader, assorted pot, planters, ladies/men clothing, exc cond. 223-7437 after 6pm.

Two piano accordions, 120-bass, in exc cond. 223-7437 after 6pm.

Blk oak silverware chest, portable type, in exc cond, \$30. 261-5543 after 6pm.

Lace and pearl wedding dress 7-9, \$1,200. 252-2017.

## Motorcycles

1982 H-Davidson XLH, 1,000cc, 4 spd, lots of new parts, runs grt, \$3,500. 287-5178.

1991 Suzuki, has been wrecked, little work to be fixed, \$700/obo. 284-3438.

1984 Kawasaki GPZ 550 ec w/full face helmet, manuals, extras parts, \$1,400. 289-4619.

1986 Honda CB-700 Nighthawk, one owner, needs voltage regulator, like new, \$1,500/obo. 224-5427.

1976 Montessa 348 Coda, good cond, runs grt, many spare parts, \$800/obo. 261-2550.

## Patio Sales

Qtrs. 150A Howard, Sat. 8 am-noon, no early birds.

Qtrs. 45B Albroke, Sat. 8 am-1 pm, no early birds.

Qtrs. 127B Albroke, Sat. 8 am inside.

Qtrs. 2036A Curundu, Sat. 7-11 am, bikes, appliances, clothing, tools, furn.

Qtrs. 1530D Howard, Sat. 7 am-noon, furn, household items, clothes, more.

Qtrs. 843B Farfan, Sat. 7 am-noon, no early birds.

Qtrs. 163 Howard, Sat. 7-11 am, clothes, household items, furn, ste-

reo, baby items, toys, more.

Qtrs. 560A Howard, Sat. 7 am-noon, clothes, baby items, misc, no early birds.

Qtrs. 1527B Howard, Sat. 8 am, clothes, furn, carpets, misc, no early birds.

Qtr. 626B Howard, Sat. 7 am, dinette set, used clothing, shoes, toys, no early birds.

Qtrs. 2533 Cocoli, Fri-Sun, 8 am-noon, no early birds.

Qtrs. 304A Clayton, Sat. 8-11 am, CD player, computer, furn, clothes, more.

Qtrs. 943A LaBoca, Sat. 7-11 am, clothes, electronics, toys, no early birds.

Qtrs. 608 Mindi St. Balboa Heights, Sat. 7-10 am, clothes, toys, household items, suitcases.

Qtrs. 75B Albroke, Sat. 7 am-noon, clothes, misc.

Qtrs. 268B Albroke, Sat. 7-11 am, items to numerous to mention, no early birds.

Qtrs. 1996A Curundu, Sat. 7 am-noon, clothe, furn, more.

Qtrs. 361B Clayton, Sat. 9 am-5 pm, video games, lg toys, turtle sandbox, Jeep Safari, more, no early birds.

Qtrs. 1535A Gateway, Sat. 7 am, clothing, more.

Qtrs. 2426 Morgan Ave, Balboa, Sat.

Qtrs. 31A Howard, Sat. 7 am-noon, clothing and household goods, no early birds.

Qtrs. 620A Howard, Sat. 8-11 am, TV, sofa and loveseat, stereo, no early birds.

Qtrs. 2563 Cocoli, Sat-Sun, lots of clothes, toys, carpets, more.

Qtrs. 624B Clayton, Sat. 8 am-noon, baby items, toys, clothes.

## Wanted

Bilingual maid, mature M-S, good w/kids. 286-3792.

Tent 2- or 4-man, neg. 284-6674 after 4 pm.

Sewing machine, good cond, low price. 260-9303.

AC for parts, any sz or cond. 252-2287.

Full-time live-in maid, Kobbe area, refs req. 284-4884.

Bike trailer for mtn bike, 2 child cap, good cond, reasonable price. 284-6339.

Maid-live-in, cook, good w/children, animals, refs, intelligence. 260-9824.

T'dad & T



## Employment

**HOW TO APPLY:** Submit a SF-171, DD 214 if claiming veteran preference, a copy of college transcripts if claiming education and a copy of CASP notice of rating if applicable. Copy of latest SF-50 if you are a Federal employee.

For more information regarding vacancy announcements (forms required, job related criteria, etc.), visit the Directorate of Civilian Personnel, Building 560, Room 102, Corozal, or call 285-5201.

\*Note: One-on-one employment counseling should be the first step in the job search. Visit the JIC counselor, now.

Vacancy Announcements are now available at the Sundial Recreation Center.

The Directorate of Civilian Personnel is accepting applications on a continuous basis for the following positions. These announcements are used to establish registers for future vacancies.

- VB# 001 \* General Clerical, NM-3 (Used to fill most clerical positions)  
VB# 001A \* General Clerical, NM-4 (Used to fill most clerical positions)  
VB# 002 \* Sales Store Checker, NM-3 (Intermittent wk sch)  
VB# 003 Recreation Assistant, NM-4 (Lifeguard) Requires Cert + 6 mo recreation exp.  
VB# 004 Recreation Assistant, NM-4 (req 6 mo recreation exp).  
VB# 005 Secretary (Stenography), NM-5  
VB# 005A Secretary (Stenography), NM-6  
VB# 006 Secretary (Typing/Office Automation), NM-5  
VB# 006A Secretary (Typing/Office Automation), NM-6  
VB# 007 Medical Officer, NE-12/13/14, (Perm/Temp Full-time, Part-time, Intermittent)  
VB# 008 Clinical Nurse (RN license required), NM-9/10/11, (Perm/Temp Full-time, Part-time, Intermittent)  
VB# 009 Practical Nurse (LPN license required), NM-5, (Perm/Temp Full-time, Part-time, Intermittent)  
VB# 010 Manual Positions, MG-2 (Veteran preference eligibles only)  
VB# 011 Manual Positions, MG-3 (Veteran preference eligibles only)  
VB# 012 Manual Positions, MG-4 (Veteran preference eligibles only)  
VB# 013 Manual Positions, MG-5 (Veteran preference eligibles only)  
VB# 014 Motor Vehicle Operator MG-6 (Veteran preference eligibles only)  
VB# 015 Motor Vehicle Operator MG-7 (Veteran preference eligibles only)  
VB# 016 Motor Vehicle Operator MG-8 (Veteran preference eligibles only)

\* CASP Examination (CEO, notice of rating) is required.

VB# VACANCIES TITLE AND LOCATION OPEN: 03-11-94 CLOSE: 03-22-94

### Pacific

202-94-NC **Engineering Technician**, NM-802-7/8/9. NOTE: Driver's license required.

203-94-NC **Motor Vehicle Operator Supervisor**, MS-5703-3. NOTE: Driver's license required. Limited to veteran preference candidates only.

204-94-KF **Intelligence Assistant (Office Automation)**, GS-134-6. Sensitive. NOTE: Qualified typist required.

205-94-NC **Material Handler (Forklift Operator)**, MG-6907-6. TEMP NTE: 120 days. NOTE: Driver's license required.

206-94-EL **Secretary (Stenography/Office Automation)**, NM-318-7. Sensitive. NOTE: Security clearance and qualified typist required.

207-94-VC **Secretary (Office Automation)**, NM-318-7. Sensitive. NOTE: Qualified typist required.

208-94-NC **Carpenter Leader**, ML-4607-9. NOTE: Driver's license required.

209-94-NC **Air Conditioning Equipment Mechanic**, MG-5306-10. NOTE: Drivers license required.

210-94-NC **Plumber**, MG-4206-10. NOTE: Driver's license required.

211-94-EL **Management Analyst**, NM-343-12. Sensitive. NOTE: Security clearance required.

212-94-ES **Accounting Technician**, NM-525-5.

213-94-ES **Social Services Assistant**, NM-186-5. TEMP NTE: 09-30-94.

214-94-ES **Accounting Technician**, NM-525-5.

215-94-EL **Secretary (Stenography)**, NM-318-9. Sensitive. NOTE: Security clearance required.

216-94-EL **Classification Assistant (Office Automation)**, NM-203-5/6/7. NOTE: Qualified typist required.

### Atlantic

123A-94-SS **Construction Maintenance Leader**, ML-4701-8. NOTE: Applications received under VB# 125-94-NC will be considered under this announcement. Driver's license required.

## Club news

### Quarry Heights

#### ◆Officers' Club:

Breakfast buffet served 6:30-8:30 a.m. Monday-Friday and 8-10 a.m. Saturday.

### Club Amador

Live music in the Bridge Lounge 5 p.m. every Friday during March.

Sunday brunch 10:30 a.m.-1 p.m.

International night 10 p.m. March 25. La Concha restaurant features Mexico night. All-you-can-eat buffet and sounds of live Mariachis.

### Clayton

#### ◆The Loop:

Features CJ's Sports Bar and Prizmz Nite Club at Building 210, Fort Clayton. Ladies night begins 7 p.m. Thursdays at Prizmz, social hours Fridays.

#### ◆NCO Club:

Scrumptious Sunday buffet 4:30-8 p.m. Sunday. Adults, \$5.75, children from 5 to 12 years old, \$3, and children under 5 eat free.

St. Patrick's Day luncheon 11:30 a.m.-1 p.m. Thursday.

Country and western dance lessons are held 7-9 p.m. every Sunday and Monday in the Corral Lounge.

Rock and Roll music is offered 7 p.m.-1 a.m. every Wednesday and 7-11 p.m. Thursday. Papin Flores & Orchestra and Vibraciones Latinas will be at the Underground Lounge March 18.

Casa Maria serves authentic Mexican food 5-10 p.m. daily. Dine-in and take-out menus are available. Mexican pizza will be the special Tuesday.

### Albrook/Howard

Free Ride program is offered to all Air Force club patrons who have had too much to drink. Check with the night/duty manager or bartender.

#### ◆Albrook Club:

Sunday saloon breakfast in the lounge, 10 a.m.-1 p.m. Regular Sunday champagne brunch is still available 10 a.m.-1 p.m. in the dining room.

Mini gourmet begins 6 p.m. and final seating 8:30 p.m. Wednesday. The special features Partenger white wine, stuffed artichokes, cream of broccoli soup, Caesar Salad, watermelon sherbet, a main entree of either beef tenderloin in peppercorn sauce or sautee chicken

breast with raspberry sauce, broccoli and cauliflower with cheese sauce, Duchess potatoes and creme de menthe parfait for dessert. Relax and enjoy white glove service during this special dinner with candlelight and soft acoustic guitar music.

St. Patty's Day Thursday. Enjoy Reuben sandwiches in the lounge.

#### ◆Howard Enlisted Members' Club:

Karaoke 5-8 p.m. every Tuesday in the Casual Cove. Be the star you and sing from oldies, C&W, Contemporary and Top 40.

Breakfast is served in the dining room every day. Sunday breakfast buffet is open 9 a.m.-12:30 p.m.

St. Patrick's Day Special Thursday. Dance away the night with DJ music in the Casual Cove.

Italian night, 5:30-8:30 p.m. every Thursday. Enjoy specialties from fettuccine Alfredo, seafood fettuccine, lasagna, pasta mixta or shrimp & pasta vin blanc. A la carte menu is available.

Breezeway BBQ specials every day. Enjoy BBQ brisket, rib dinner or BBQ beef sandwiches with dinner rolls, cole slaw and french fries. Take-out menus are available.

#### ◆Top Three Club

Taco bar 5-6:30 p.m. every Wednesday.

Jazz and Blues 7 p.m. every Thursday by recording artist Lowell Hopper.

Karaoke 7-midnight every Saturday.

#### ◆Howard Officers' Club:

Friday night disco 8 p.m.-midnight.

Prime rib specials every Friday and Saturday evenings.

Club card drawing 5:30-6:30 p.m. Friday.

St. Patrick's Day Thursday. Enjoy a special Irish lunch in the lounge.

### Rodman

#### ◆Anchorage Club:

Anchorage Club grill 6-9 p.m. Monday-Saturday.

Pasta night \$5.95 6-9 p.m. Monday.

Country & western night 7-9 p.m. Wednesdays, free dance lessons.

Taco night 5:30-9 p.m. Thursday. All-you-can-eat, \$5.95.

#### ◆Chief Petty Officers' Club:

A la carte dining 6-9 p.m. Tuesday-Saturday.

All-you-can-eat buffet lunch 11 a.m.-1:30 p.m. Monday-Friday.

## AMC flight schedule

**Saturday**  
7:40 a.m. C-130 Howard AFB  
Pittsburgh, PA (US)  
1:45 p.m. C-5A Howard AFB  
Charleston AFB, SC (O)  
Kelly AFB, Texas

#### Sunday

No scheduled departures

#### Monday

5:55 a.m. C-130 Howard AFB  
San Salvador, El Salvador (VCC)  
Soto Cano AB, Honduras (CC)  
Howard AFB  
7:30 a.m. B-757 Howard AFB  
Charleston IAP, SC (C)

**Tuesday**  
5:40 a.m. C-141 Howard AFB  
Brasilia, Brazil (OV)  
Buenos Aires, Argentina  
Montevideo, Uruguay

#### Wednesday

6:10 a.m. C-130 Howard AFB  
Bogota, Colombia (CC)  
Howard AFB

#### Thursday

7:55 a.m. C-5A Howard AFB  
Soto Cano AB, Honduras (CC)  
Charleston AFB, SC (O)  
Kelly AFB, Texas

March 11  
5:55 a.m. C-130 Howard AFB  
San Salvador, El Salvador (VCC)  
Soto Cano AB, Honduras (CC)  
Howard AFB

US-U.S. passport  
O-Overnight  
C-Commercial  
V-Visa  
M-Medevac  
CC-Country Clearance

Space available travel, in conjunction with leave during temporary duty is authorized, provided the member returns to the TDY station and later travels to the home station in a duty status. This determination does not provide for space available travel of family members from the permanent duty station to the TDY location, or space available return travel of family members from the TDY location to the permanent duty station.

## Chapel schedule

### Pacific

#### Amador Chapel

Building 108, Phone: 282-3610  
8:30am Catholic Mass (Sunday)  
9:30am CCD Catholic, Building 109 (Sunday)  
10:30am Episcopal Worship Service (Sunday)

#### Clayton Chapel

Building 64, Phone: 287-5859  
11:30am Daily Catholic Mass  
5pm Catholic Mass (Saturday)  
8:45am Collective Protestant Service (Sunday)  
10:30am Catholic Mass (Sunday)  
10:30am Protestant Sunday School (Sunday, Building 156, 287-3497)  
12:30pm Gospel Service (Sunday)  
5:30pm CCD Catholic, Building 156 (Sunday)  
6pm Evening Service (Sunday)

#### Corozal Chapel

Building 112, Phone: 285-6717  
7:30pm Jewish (first Friday of month)  
10am Hispanic Catholic Mass (Sunday)  
1pm Pentecostal Worship (Sunday)  
7pm Sunday School (Friday)

### Gorgas Hospital

Building 254, Phone: 282-5507  
12:15pm Daily Catholic Mass (2nd floor)  
Weekday worship (As announced)

#### Albrook Chapel

Building 860, Phone: 284-3948  
8am Spanish Catholic Mass (Sunday)  
9am Confessions (Sunday)  
9:15am Catholic Mass (Sunday)  
9:45am Protestant Sunday School  
11am General Protestant Service

#### Howard Chapel

Building 500, Phone: 284-3948  
11:30am Daily Catholic Mass  
4:30pm Confessions (Saturday)  
5pm Catholic Mass (Saturday)  
9:30am General Protestant Service (Sunday)  
11am Catholic Mass (Sunday)  
12:30pm Gospel Service (Sunday)

#### Rodman Chapel

Building 40, Phone: 283-4148  
8-9am Catholic Mass  
10-11am General Protestant Service (Sunday)  
11:15am Protestant Communion (Lutheran Tradition)

1-2pm Protestant Confirmation

### Atlantic

#### Davis Chapel

Building 32, Phone: 289-3319  
11:30am Catholic Mass (Tuesday-Friday)  
Noon Catholic Spanish Mass (Sunday)  
1:30pm Protestant Hispanic Service (Sunday)

#### Sherman Chapel

Building 152, Phone: 289-6481  
8:30am Collective Protestant Worship (Sunday)  
10am Protestant Sunday School

#### Espinar Chapel

Building 224, Phone: 289-4616  
9am Catholic English Mass (Sunday)  
9am Protestant Sunday School at Espinar Elementary  
10:15am CCD Catholic Sunday School at Espinar Elementary  
10:15am Collective Protestant Worship (Sunday)  
11:30pm Gospel Sunday School  
12:20pm Gospel Service (Sunday)  
6:30pm Gospel Bible Study (Sunday)  
Islamic Services POC: SSgt. Khalil Abdul-Azium, Phone: 233-5582