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Measurements for the Safe Use of Radiation

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> Office of Standard Reference Data — Office of Information Activities — Office of Technical Publications — Library — Office of International Relations — Office of International Standards.

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[1] Headquarters and Laboratories at Gaithersburg, Maryland, unless otherwise noted; mailing address Washington, D.C. 20234.

[2] Located at Boulder, Colorado 80302.

Measurements for the Safe Use of Radiation

Proceedings of an
NBS 75th ANNIVERSARY Symposium
held at the National Bureau of Standards
Gaithersburg, Maryland, March 1-4, 1976

Edited by

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Washington, D. C. 20234

FOREWORD

The explosive growth in the use of radiation in the major sciences
and technologies has created an increasing need for Measurements for the
Safe Use of Radiation. While medicine and industry place the greatest
demands upon measurements at the present time, it is essential to
recognize that radiation in all of its forms, non-ionizing as well as
ionizing, is impacting our daily lives and our environment in more and
more ways everyday. Our concern for safety in the use of such radiation
is a matter of greatest importance.

It is most fortuitous that the Symposium on Measurements for the
Safe Use of Radiation could be identified with the commemoration of the
75th Anniversary of the National Bureau of Standards. Thereby it places
emphasis upon the new and urgent challenges faced by our institution in
the years ahead because of the ever evolving increases in the social uses
of advancing technology. NBS is gratified by the excellent results of
the Symposium and pleased to have shared the sponsorship with the
American Association of Physicists in Medicine, the Conference of Radiation
Control Program Directors, and the Health Physics Society.

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Arthur O. McCoubrey, Director
Institute for Basic Standards
National Bureau of Standards

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These are the proceedings of the Symposium, "Measurements for the Safe Use of Radiation" held March 1-4, 1976, at the National Bureau of Standards, Gaithersburg, Maryland. The meeting was attended by about 250 scientists and engineers representing a wide range of private and government institutions with interests in radiation measurement.

The purpose of the Symposium was to draw attention to the rapidly increasing need for high quality measurements of ionizing and non-ionizing radiation, and to provide a forum for discussion of methodology of measurement, quality assurance, standards, and measurement assurance activities.

The program consisted of four invited paper sessions, three contributed paper sessions, three tutorials, and a panel discussion. The sessions divided the program into three broad areas: (1) Standardization and Measurement Assurance, (2) Therapeutic and Diagnostic Radiation Measurements, and (3) Environmental and Personnel Protection Measurements. A total of 54 papers were presented. The tutorials were offered by NBS staff in parallel with the three contributed paper sessions. They were:

1. Radioactivity Standards and Measurements

2. Dosimetry Standards and Calibrations

3. Laser Measurements

All three were very well received, and I wish to thank Dr. W. B. Mann, Dr. R. Loevinger, and Mr. A. Sanders for their cooperation in organizing and presenting, respectively, the three tutorials. In addition, tours of NBS' Center for Radiation Research, and FDA's

Bureau of Radiological Health took place the morning of March 3. I wish to thank Dr. J. E. Leiss and the staff of CRR, and Mr. R. W. Schneider and the staff of BRH, for making available facilities and time for these activities.

The speech on U.S. Energy Policy delivered by Congressman Mike McCormack of Washington following the Symposium banquet was one of the high points of the meeting. An excerpted version of his talk has been published in the May 1976 issue of "Dimensions," an NBS magazine.

The opening remarks, papers, and panel discussion are printed in the order in which they were presented. To speed publication of these proceedings, all papers were submitted by the authors in camera ready form. No attempt was made to record comments or questions following each oral presentation, nor were the tutorials recorded.

When commercial equipment, instruments, and materials are mentioned or identified in these proceedings, it is intended only to adequately specify experimental procedures. In no case does such identification imply recommendation or endorsement by the National Bureau of Standards, nor does it imply that the material or equipment identified is necessarily the best available for the purpose.

The editor gratefully acknowledges the assistance of the National Bureau of Standards, Office of Technical Publications, and the extensive secretarial assistance of Mrs. Lynette Helfstein in the publication of these proceedings.

S. P. Fivozinsky
National Bureau of Standards

ABSTRACT

These proceedings are the compilation of papers presented at the
Symposium, "Measurements for the Safe Use of Radiation," held in
Gaithersburg, Maryland, March 1-4, 1976. The symposium addressed the
present status and future requirements for measurements of ionizing and
non-ionizing radiation. Emphasis was placed on the needs for standardi-
zation and measurement assurance activities in medical, environmental,
and personnel protection applications.

Key Words: calibrations, environment, measurements, medical, radiation,
            standards.

TABLE OF CONTENTS

WELCOME

THE NATIONAL MEASUREMENT SYSTEM, THEN AND NOW

INVITED SESSION I
GENERAL
G. S. Parker, Chairman

CONTRIBUTED SESSION I
MEASUREMENT SYSTEM
R. Loevinger, Chairman

INVITED SESSION II
THERAPEUTIC AND DIAGNOSTIC
RADIATION MEASUREMENT
J. R. Cameron, Chairman

CONTRIBUTED SESSION II
ENVIRONMENT AND PERSONNEL
PROTECTION
J. M. Matuszek, Chairman

INVITED SESSION III
ENVIRONMENTAL AND PERSONNEL
PROTECTION MEASUREMENTS
W. A. Mills, Chairman

CONTRIBUTED SESSION III
MEDICAL
N. Suntharalingam, Chairman

INVITED SESSION IV
STANDARDIZATION AND MEASUREMENT
ASSURANCE
R. S. Caswell, Chairman

PANEL DISCUSSION

E. D. Trout, Moderator
G. S. Parker
J. R. Cameron
W. A. Mills

SYMPOSIUM PERSONNEL

SYMPOSIUM CHAIRMAN

James M. Wyckoff
National Bureau of Standards

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Aaron Sanders
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N. Suntharalingam
Thomas Jefferson University Hospital

Edward J. Vallario
U.S. Energy Research and Development Administration

WELCOME

H. E. Sorrows
Associate Director for Programs
National Bureau of Standards

Ernie Ambler, the Director of the Bureau of Standards, sends his regards and regrets that he can't be with you. His response to the wishes of higher authority is my good fortune for it is certainly a privilege and an honor for me to welcome you.

This conference kicks off a series of special events designed to commemorate and to celebrate the 75th anniversary of the Bureau. Conferences like this one keep the Bureau as youthful and timely as ever. During the remainder of 1976 we are holding a number of symposia, lectures, and events which are appropriate for our birthday celebration and are designed to be beneficial to society in general and to the science and technology communities in particular.

In addition to being the keynote conference for our birthday celebration, this meeting presents an opportunity to provide a forum for the transfer of science and technology, one of the most important services of the Bureau of Standards. We are particularly pleased to join with the American Association of Physicists in Medicine, the Conference of Radiation Control Program Directors, and the Health Physics Society in sponsoring this meeting.

There is a third and even more self serving reason for our interest in this conference and that is our desire to seek better ways to provide our services to the nation. I only need observe that the theme of this conference "Measurements for the Safe Use of Radiation" is the objective of our radiation research and to remind you that the National Bureau of Standards would like to work with you in providing a system of measurement to the accuracy required, including the means for measurements to be made correctly and to be traceable to national standards, if necessary.

You have a tremendous responsibility and opportunity because the government and the informed public are looking to nuclear physics and to radiation technology for solutions to many of the nation's most pressing problems. Energy and health care are center stage; however, there are many other major problems and in all cases the solutions must be both safe and economic. A practical system of measurements will go a long way toward achieving optimum solutions.

I wish you a successful Symposium. You have all the ingredients. You have a timely topic, an excellent agenda, an inspiring banquet speaker and you even have beautiful weather. It's a pleasure to have you here.

THE NATIONAL MEASUREMENT SYSTEM, THEN AND NOW

D. T. Goldman
Deputy Director, IBS
National Bureau of Standards

As an introductory talk to this conference, I would like to take
the opportunity to introduce the concept of the National Measurement
System which had been introduced by Dr. Robert Huntoon about ten
years ago. This is a concept by which we attempt to analyze the
relationship of our activities at the National Bureau of Standards
with needs of our user community on the outside. A reasonable
definition of the National Measurement System is the network of
measurement standards, techniques, procedures and standardizing
laboratories in all of the measurement communities which generate
the base on which day to day measurement operations are conducted
at all levels of accuracy in the United States. This includes
the international agreement on the basic SI units, maintained at
the national standards laboratory, the National Bureau of Standards,
and the various mechanisms for transferring the measurement
capabilities maintained at the Bureau of Standards to the users
who constitute the major portion of the measurement system.

Since this is the initial conference of the Bicentennial series
at the National Bureau of Standards and is also the first of
the symposia associated with the NBS 75th anniversary, I thought
that perhaps a little historical review of standards might be
in order. At the building of the pyramids the cubit, the biblical
standard of length, was defined as the length between the tip of
the middle finger and the elbow. Skipping over several millennia
we find another lawful definition of unit of length, the rod,
which was defined as the total length of the left feet of 16 men
lined up as they left church on Sunday morning. The rationalists
of the 18th century chose to define the meter as a new unit based
on the decimal system. In fact, Jefferson tried to introduce
this concept into the United States 200 years ago. However, as
late as 1830, the incipient national measurement system of the
United States was somewhat limited in its extent and limited
to weights and measures for commerce and taxation, especially
for customs. The concept of utilizing the metric system of
units was examined several times between the founding of the
country and about 1830, and in each case for a variety of
different reasons it was found not acceptable to the body
politic at the time. Not only was the metric system not
accepted but even the idea of compatible measurements although
mentioned and featured in the Constitution appears not to have
been used in practice. In fact, it's reported that in the city
of Brooklyn during the 19th century there were several different
standard feet and when you measured a lot you chose the unit of
length that was most convenient for you.

In 1830, there was no international agreement as yet, a national
standards organization did not exist, and national standards
didn't exist. However, to some extent there was a national
agreement in terms of use of different instruments, especially
weighing and length measuring instruments. Seventy years later
as a result of the success demonstrated by our sister organization,
the Physikalisch Technische Reichsanstalt, the German national
standards laboratory which had been founded about 25 years earlier,

a movement to establish the Bureau of Standards was undertaken. The Office of Weights and Measures was the building block upon which the National Bureau of Standards was established. Twenty-five years earlier the International Bureau of Weights and Measures had been established, and the idea of the metric system had been agreed upon formally by the United States (1875), so at least we were on our way to defining a national measurement system which could be used in practice. Need for it could be demonstrated as the electric industry grew up. It really made a difference if different voltages were measured by different things. No doubt, potential safety hazards in the uncertainty in the measurement of voltage was a factor, but commerce in the supply of electricity and electrical equipment was also important. However, there still was no accepted measurement system concept for many different units. Randy Caswell will be talking later this morning on that specific portion of the system which we would call the radiation measurement system. In 1901 radiation had just been discovered, but after the founding of the National Bureau of Standards, a significant fraction of the initial publications of the Bureau of Standards which appeared in the form of handbooks was indeed devoted to the measurement of radiation quantities.

The National Bureau of Standards functions as the primary mechanism for linking the international standards generally as maintained at the International Bureau of Weights and Measures in Paris to the users in our country. We transfer that measurement capability by a variety of different methods: instruments, calibration services, measurement techniques or, in some cases, providing the numerical information which is needed for the transfer. The measurement system is composed of a variety of different users, including consumers, industrial organizations and the government. It is our responsibility to meet the needs of the system now and in the future.

To summarize, our job is to make sure that those who need measurement services, those who perform measurements, can do so with accuracy and known precision, reliably and compatibly and at reasonable cost. Measurements in one part of the country can be transferred to another part with assurance as to what the uncertainties are. In other words, our job at the Bureau of Standards is to service the National Measurements System and to make use of this expertise in the solution of specific national problems. With this introduction I am looking forward to hearing the discussion of one particular portion of the measurement system which will be the major topic of the remainder of the conference. Thank you.

HISTORICAL DEVELOPMENT OF THE NEED FOR RADIATION
PROTECTION AND MEASUREMENTS IN THE UNITED STATES

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Early means of radiation measurement included photographic film, chemical compounds, selenium and ionization of air, and all were uncertain and inaccurate until about 1920. By 1930, ionization measurements between different laboratories and countries agreed within 2 or 3%. Also, quantitative limits for the exposure of radiation workers had been proposed and based on air ionization measurements - the roentgen. Accuracy requirements are $\pm$ 5% for radiation therapy but to maximize the benefits to patients greater attention must be given to measurement assurance or traceability. Accuracy for protection purposes will vary with the dose levels involved, for example, $\pm$ 10% at maximum permissible dose levels for radiation workers to perhaps $\pm$ 200% at the level of 10 mrems in a year for the population.

Since the purposes of this Conference center around problems of the measurement of ionizing radiation, I shall deal rather briefly with some of the areas of radiation measurement and the conditions which lead to their need. In this connection, one cannot avoid some speculation or even argument about the required accuracy for particular applications, but to put our present-day problems and our present-day thinking into some kind of mutual perspective, I believe it will be desirable to go back to the earliest steps taken in the radiation measurement field. (Incidentally, when I use the word radiation by itself, I refer to ionizing radiation.)

I. The Purpose of Measurement

Any kind of measurement, whether it be physical or biological, must have a purpose, and this may be very specific or fairly abstract but one just shouldn't run around measuring things for the sheer joy of it. Any measurement implies the definition of appropriate quantities which are to be measured and the appropriate units in which to express those measurements. Again if there were no specific purpose in a measurement, you would not need to worry about proper quantities and units. In research, in the clinical laboratory or in medicine, there may be any or all of a number of purposes in performing measurements. First, one has to be able to describe his own results so that others can determine what had been done, and how they could use it. Secondly, would be the opposite, where someone else had done some work and you wish to compare yours with it. Thirdly, would be the use of measurements to tie experiment to theory or the other way around. Physical research is at

its best when an experiment suggests a theory that in turn suggests more experiments that test and improve the theory. While at times, some very crude experiments can be importantly indicative, the new offshoots of some of our theoretical developments require an accuracy that taxes our measurement capabilities to the extremes. In many instances, it is the ability to "measure the next decimal place" that distinguishes between two theoretical positions.

Measurements of any kind must preferably be made within some unified system of quantities and units. We have in the past used multiple systems and up to a point this was satisfactory since their interrelationships were known precisely. The main problem with different systems is likely to be one of convenience rather than fundamental significance. In the early history of radiation measurement, there were systems of measurement which defied the establishment of clear interrelationships, but these were supplanted by better systems as our scientific understanding of the problems developed along with the associated technology.

In the medical field, we have the current situation where quantities and units have been developed over the years and for the most part are technically sound but do not fall within the SI system of quantities and units. Therefore, steps are being taken to eventually phase them out. However, this is a matter centering mainly around uniformity of the system and certainly not the desire or convenience of the medical profession. There is an established relationship between the units used in

radiology and those in the SI system and I suspect that nobody outside of the bio-medical field would suffer anything but some small inconvenience in allowing continuance of the old system. But we must not disturb the purists.

The required accuracy of measurement of radiation depends to a considerable extent upon the purpose to which the measurements will be applied. Our technology places limitations upon accuracy, but it is usually found that by the time greater accuracy is required, our technology is on hand to accomplish it. It is usually the improvements in technology that create the new needs and so in most instances they go hand in hand.

It is all very well to be able to measure a quantity with high accuracy in, let us say , a central standards laboratory such as the NBS. However, it would serve no purpose if the NBS standards could not be intercompared with the standards in other laboratories and could not be applied through secondary instruments to applications in the field. Since there may be a number of steps between the measurement in a standards laboratory and a measurement in, let us say, a hospital, it is important that there be a high level of assurance that the end measurements carry the required accuracy. We thus have a direct necessity for what would be called "traceability" or "measurement assurance". Measurement assurance can be critical for a variety of reasons including commerce and manufacturing, safety or protection of people, legal compliance with regulations , medical applications, research - just to name a few.

The purposes of this conference cover all of these points and probably more, but to see where we are, it may be helpful to review some of the early background to see our progress: where we have been, where we are now, and what may be some of the problems that lie ahead.

This exercise will certainly help us preserve our sense of humor about the measurement problem and give us some feel for some of the things that are unrealistic. The program of this conference should constantly keep in mind what the real problems are and what are the problems that are of little or no significance and hence may be weeded out.

II. Early Starts in the Measurement of Ionizing Radiation

On the question of early radiation measurements, I shall deal primarily with problems in this country and more especially with those centering around the work of the National Bureau of Standards. That seems not inappropriate in view of the nature of this conference. Moreover, it might be pointed out that the Bureau of Standards has had direct involvement to one degree or another for over 60 years and, beginning nearly 50 years ago, has played a dominant role in the field of ionizing radiation protection and radiation measurement.

Measurement programs, relating primarily to the evaluation of sealed sources of radium, began essentially simultaneously in the period of 1912 to 1913 at the world's three major National Standards Laboratories - the National Physical Laboratory in England, the Physikalisch-technische Reichsanstalt in Germany, and the National Bureau of Standards in the USA. The trigger for these starts was probably the Brussels Conference on Radiation Research held in 1910. As a result of this, an international standard of radium was deposited at the Bureau International des Poids et Mesures. Prior to this, "accurate" measurements of radium had been made in Vienna and comparisons between there and the BIPM provided the first traceable tie between the two.

In all of the national laboratories, the initial and primary purposes of the radiation measurements had been to evaluate the amounts of radioactivity in sealed radium preparations either in terms of milligrams of radium element or millicuries of activity. This was primarily a service to commerce, since the radium was then so expensive and so easily susceptible to deceptive practices. Of secondary interest, was medical dosimetry which for many years, beginning around 1915, was described in terms of milligrams or millicuries of radioactivity with a given filtration, a given distance, and a given time.

The first radium measurements at the National Bureau of Standards were carried out by N. E. Dorsey who continued with the work until the early 1920's, by which time he was suffering noticeable injury to his hands from handling the preparations. About 1925, a more extensive radioactivity program was started under Dr. L. F. Curtiss. This

also consisted primarily in the calibration of sealed radium sources for commerce and medicine, but the work was on a very much stepped up scale because of the increased availability of radium. At that time, the radium program was a part of the Atomic Physics Section which in turn was in the Optics Division (after all, it was all radiation). Various researches with radioactivity were carried out at the same time.

X-Ray programs started at all three of the National Laboratories during the war years, but these were limited mostly to the use of x rays for inspecting objects and materials, rather than studies of the x rays themselves. Probably the first program of x-ray dosimetry was undertaken at the PTR in the early 1920's. The NPL and the NBS began their programs in 1927. All three of these programs were directed toward development of standards and procedures for measuring x-rays in connection with their therapeutic applications. Preceding this there had been a considerable amount of research on the measurement of x rays carried out for the most part in universities.

The first proposal for a physical unit of measurement of x rays was made by Villard in 1908, and his proposal was essentially the same as the definition of the roentgen adopted twenty years later. Friedrich and Kroenig proposed a physical unit of measurement in 1918, which was also essentially the same as Villard's proposal. In 1914 and 1922, Duane, in this country, using the same description for a unit, built a parallel plate ionization chamber which was proposed as a standard for x rays. In 1921, Solomon in France described a unit known as the "Solomon R" which was essentially a description of an ionization chamber system calibrated with a given radium preparation.

Behnken, in 1924, at the PTR, built a cylindrical pressure ionization chamber designed to measure in terms of the unit proposed by Villard and later by Friedrich. This chamber was abandoned because of measurement difficulties and replaced by a much larger cylindrical ionization chamber operating at atmospheric pressure which continued indefinitely in use. Glasser, in this country, in 1925, built a simple parallel plate ionization chamber and also developed a thimble chamber system, the outgrowth of which is still the primary medical x-ray measuring device in use in the United States. That was the general state of affairs preceding the x-ray

measurement program started at the NBS in late 1927.

III. Measurements for X-Ray Standards of Dose

It has already been noted that by about 1925 there were at least three systems of x-ray standards which were beginning to become recognized. There was the Friedrich Standard, a free air ionization chamber of cylindrical design; the Duane Standard, a free air chamber of parallel plate design; and the PTR chamber which operated under considerable air pressure and was also cylindrical in design. The first attempt to inter-compare standards was made by Behnken in 1927, at which time he brought to this country a thimble chamber and an electroscope which had been calibrated in Berlin against his pressure chamber. As a result of his measurements an agreement of 0.7 percent was given for the comparisons with Duane. A "large" discrepancy apparently existed between Behnken and Glasser. The NBS Standard was just being constructed at the time, and no comparisons were made.

By 1928, the NBS had completed its first standard free air ionization chamber of a parallel plate type. This was substantially different from the one proposed earlier by Duane, from which, on its face, one would expect substantial errors. Comparisons made between the NBS and Duane chambers in Boston in 1928 showed that indeed there were large differences - of the order of 25 percent, but the comparison system was so indefinite that attempts were not made to track down the sources of difficulty. During the same year comparisons between the NBS and the Glasser standard showed close agreement. Both of these comparisons were just part of the day's work and have never been published.

In 1931, a more sophisticated comparison of standards was made by Taylor between the NBS, NPL, PTR, and Solomon. These employed for the first time the very much smaller parallel plate free air ionization chamber using a guarded electric field so as to reduce its size and weight. The initial difference between the NBS and NPL standards was some six percent. Most of the discrepancy was introduced because of an error in the NPL diaphragm. After correcting for various established differences, the agreement was of the order of 0.4 percent.

7

At the Physikalisch-technische Reichanstalt, Behnken had his new cylindrical open air ionization chamber and agreement between that and the NBS chamber was .35 percent. These agreements look deceptively good, because such accuracy at that time was only barely within the limits of our technological competence.

It is interesting to note here that in about 1927 or '28, Behnken had discovered that their pressure ionization chamber was in substantial error because of ion recombination at high pressures. They quietly changed from the pressure chamber to a free air chamber without any official announcement. This probably accounted for the original large difference between the PTR and the Glasser Standards, and the agreement with the Duane Standard.

Comparisons with Solomon could not establish levels of agreement but were in essence comparing the magnitude of his measuring unit with that of the other laboratories. It turned out that the ratio varied from 2.1 to 2.3 over the energy range studied. Following these comparisons, Solomon adopted the same chamber that was used by the NBS.

The next major intercomparisons were carried out by H. O. Wyckoff in 1953 between the NBS and NPL. Considerable sophistication of the instrumentation and overall technology had taken place during the intervening years, but basically it was still a comparison between free air ionization chambers. Whereas in the earlier comparisons and measurements there had been talk about agreements within fractions of a percent, no one really believed that the measurements were that reliable. However, by the 1950's, the situation was different and when agreements were established, there was much higher confidence in their significance. Also, it might be pointed out that between 1931 and 1953 it had been found that the energy range of the NBS chamber at the earlier time was not sufficiently extensive and later measurements showed degrees of energy dependence which could not have been predicted in 1931 but which were clearly established by 1953.

IV. Measurements for Radiation Therapy

The main drive for the development of radiation measurement standards came about through the recognized need for accurate dosimetry in the applications of radiation to patients. The problem became more acute

with the advent of the Coolidge hot-cathode x-ray tube, which by the early 1920's promised to permit therapy up to 200 kV. Therapy at lower energies had been practiced for some time and the clinical attempts at dose control involved a variety of measurement means. For example, barium-platino-cyanide pastiles were used for many years; these change color in accordance with the amount of radiation received. Another technique involved the use of photosensitive film or paper. Both of these techniques involved matching of color or darkening. Another system employed selenium cells which were photosensitive but had peculiar operating characteristics, at best.

Along with these older methods was a wide variety of ionization chambers which, while suitable for control purposes within a given clinic, defied any kind of real comparison because of the lack of a central comparison point, let alone a recognized standard. It is surprising, in looking back over this period extending up until about the middle of the 1920's, to see how relatively closely all of these various measurement systems were to each other in spite of the wide variations that existed relative to their fundamental operation.

Attention was directed to all of these problems at the First International Congress of Radiology held in London in 1925, and it is largely for that reason that activity in the area of radiation measurement sprang up quickly all over the world during the following period.

The big push in this country started in 1925 through action of the Radiological Society of North America that organized an x-ray standardization committee. After reviewing the current situation, one of its first recommendations was to urge the start of a major program in the field of x-ray standards and measurements at the National Bureau of Standards. This was promoted through congressional pressures and by considerable correspondence with Mr. Hoover who was then Secretary of Commerce. The fruits of their efforts were shown by a line-item appropriation in the budget for the National Bureau of Standards which was to become effective in July 1927.

The next major step took place at the Second International Congress of Radiology in 1928 at which time a definition of the roentgen was adopted. In the meantime, standards programs were well underway in the three major National Standards Laboratories

as well as at numerous other points.
Although several minor modifications in
the wording were made later, particularly
to insure its adoption to higher energy
radiation, the definition of the roentgen
remained essentially the same for the next
30 years.

With these steps having been taken,
and accompanied by the development of
reliable portable instruments, mostly using
thimble chambers, it was then possible to
rely on a central standard system for the
uniformity of procedures in radiation
therapy. The practical accomplishment of
this has depended to a major degree upon
the traceability of the measurements from
the standards laboratory to the individual
clinic, back to the standards laboratory,
and then out to other clinics.

As far as clinical dosimetry is
concerned, the overall system has been
fairly good for many years - better in some
areas than others. However, the system has
not been good enough because in therapy,
more than all other applications, high
accuracy and traceability is essential to
the best welfare of the patients involved.

As of today, while the problems remain
somewhat the same in principle, they are
often technically more difficult and
complicated. To begin with we are dealing
with higher energy photon as well as
particle radiation. To be of ultimate
clinical value there has to be a capability
of comparability between the clinics and
between the measurements with various other
kinds of radiation.

In addition to the different radiations
themselves there are now many different
measurement techniques that may be used,
such as those involving photoluminescence
and thermoluminescence in addition to
ionization chambers having special energy
responses deliberately built into them.

To be used most effectively in the
clinic, all of the radiations and all of
the measurement systems will have the same
accuracy requirements as the best we have
achieved under the simpler systems in the
past. This means that their errors must be
no greater than five percent at the surface
of the patient and probably should be better
than that. The achievement of this level
of accuracy requires a high degree of
measurement assurance or traceability.

V. Measurements for Radiation Protection

The first tolerance dose for x-ray
workers - a dose then considered to be
without harm - was proposed by Mutscheller
in 1925. It was described as one tenth of
a skin erythema dose to a worker in a year.
In turn, the erythema dose was described as
the amount of radiation required to produce
a defined reddening of the skin when
delivered in one treatment. The treatment
was described in terms of tube current and
voltage, distance, time, and size of
irradiated field. This was all based on
Mutscheller's observation that a few x-ray
workers who had been exposed for several
years to radiation calculated to be about
1/100 of an erythema dose over a one month
period, showed no effects. He then
estimated that since it would take some 8
years to accumulate an erythema dose, a
tenth of an erythema dose in a year could be
tolerated with a comfortable margin of
safety.

In 1927 a survey established that a
skin erythema dose was equivalent to
550 ± 150 roentgens (1927 PTR roentgens);
thus 1/10 SED/yr amounted to 55 r in a year.
In 1934 the NCRP rounded this figure down to
0.1 r/day or about 25 r in a year. Later,
using essentially the same data, the ICRP
rounded the value down to 0.2 r/day. No
deleterious effect has ever been found for
any such exposures. In 1949 the NCRP again
lowered the maximum permissible dose for
radiation workers (formerly tolerance dose)
to 0.3 r in a week (15 r in a year). At the
same time it recommended a level of 1/10 of
that for the general population. In 1956
the ICRP and NCRP further lowered the
maximum permissible dose for radiation
workers to 5.0 rem in a year and 1/10 of
that or 500 millirems for the general
population.

Note two things: (1) no effect on man
has ever been observed for exposures at any
of the permissible levels used since 1925,
and (2) there can be no ascribable accuracy
to a permissible dose level.

Today there are discussions leading to
still further reductions of the dose limits
for the population; dose limits in the range
of 5 - 25 millirems in a year are being
considered. The question: what would be
reasonable requirements for the accuracy of
measurements made at these very low doses?
Another question: to have some meaning,
would not everyone need to be monitored
continuously?

Bear in mind that people who live in Bethesda – altitude 400 feet – receive at least 5 mrem a year more than do people living in downtown Washington. With such large normal variations in environmental radiation, is it necessary that measurements of the dose to the population be measured with an accuracy of say $\pm$ 10%? Or perhaps $\pm$ 200%? Let us not completely lose our sense of humor.

A different set of accuracy criteria may well apply in a civil defense situation. Action decisions will almost certainly depend to a major extent upon radiation levels where people are and where they might move to. Yet the biomedical consequences of any of the exposures are not known and for all practical purposes must be assumed. Once assumed, they must be treated as real and measurement accuracy assigned accordingly; when the expected doses are relatively small – say a few r in a day – some laxity in accuracy may be tolerated if necessary. But at high doses where triage must be practiced to save the maximum number of people within the resources available, maximum accuracy is called for. Yes, even though you do not know the lethal dose limits.

VI. Measurements for Regulatory Purposes

Measurements and measurement accuracy for regulatory purposes seem to fall outside of the normal scheme of laboratory practices. Actually, it would seem that regulatory practices should be for one or both of two situations: (1) a strict control over the design intentions for a facility that may have the potential for causing injury to persons, and (2) a control program to assure that injuries are not being caused to persons.

The first is a rational approach to the problem provided it is carried out reasonably. Unfortunately (1) and (2) are rarely separated in spite of the fact that in the field of ionizing radiation the control levels that have been used for the past 40 years have been so low that no deleterious effects have ever been found for persons exposed within those limits.

I sometimes think that the real regulatory purposes may, consciously or unconsciously, be to assure compliance for compliance sake; surely not just to protect people.

The traceability and accuracy requirements for regulatory compliance programs must engender the strictest of all measurement programs. Regulations carry the force of law and associated penalties. But the law has no sense of humor; a radiation worker exposed to 4.995 rems in a year is deemed to be "safe" whereas another exposed to 5.005 rems in a year is presumed to have been injured. Now this can, of course, be regulated. All that is needed is instrumentation that can measure the workers' dose with an accuracy of $\pm$ 0.1%. The situation becomes a bit more sticky when compliance necessitates a similar accuracy for measurement of, say, 5 or even 50 millirems in a year.

I have obviously exaggerated the situation to make a point. On the other hand, I have indeed encountered "inspectors" in the past who would see no difficulty with the problem I have posed. If they had a meter that they thought they could read to 5.005 rem they would accept the reading without question. "That's the Law" and I repeat, the law rarely, if ever, has a sense of humor.

Let us consider what may be reasonable and rational requirements for accuracy and traceability. The following may be suitable for discussion purposes but I do not pretend to necessarily recommend them; they are based mainly on the significance of the exposures involved:

(1) For occupational exposures near the upper limit of 5 rem in a year ---- $\pm$ 10 to 20%.

(2) For occupational exposures of less than 1/2 the upper limit ---- $\pm$ 25 to 50%.

(3) For non-occupational exposures of less than 25 mrem in a year ---- factor of 10.

(4) For non-occupational exposures of the order of 100 mrem in a year ---- factor of 3.

(5) For non-occupational exposures of the order of 500 mrem in a year ---- $\pm$ 50%.

My message:

1) Assure the existence of basic standards of the necessary accuracy.

2) Assure the existence of transfer standards of the necessary accuracy.

3) Develop adequate and reliable field instruments.

4) Develop adequate means for calibrating field instruments.

5) Assure that at all times any instrument reading anywhere can be traced to its basic calibration source.

6) In measurements anywhere and at any time, don't lose your sense of humor.

THE STANDARDS LABORATORY AND THE RADIATION MEASUREMENT SYSTEM
R. S. Caswell
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Washington, D.C. 20234

In connection with a broad NBS study of the National
Measurement System, the measurement system for ionizing
radiation has been investigated. Eight classes of
radiation users were considered: medical, nuclear
power, industrial radiation processing, defense,
environmental, science, chemical analysis, and
miscellaneous radiation applications. System structure
including regulators, standards laboratories, manufacturers,
as well as final users of radiation was studied.

Several common threads were observed in these studies
for the various classes of users: (1) While there is
often a need for new NBS standards where no standards
exist, where NBS standards do exist their accuracy is
generally sufficient for present needs. (2) There is
a great need for measurement assurance, especially where
regulatory requirements are involved. (3) A need exists
to help users with training, convenient laboratory
standards, and handbooks for guidance. In other cases,
new or augmented institutional structures within the
system (e.g. secondary standards laboratories) are
needed.

(Ionizing radiation; measurements; standards, uses of radiation)

This paper will be primarily concerned with
the measurement system for ionizing radiations.
In the paper by Dr. Leiss, "National
Measurement Standards for Ionizing Radiation",
the questions of standards laboratory
standards, dissemination of standards, and
measurement assurance will be considered at
greater length. The present contribution is
based on a study carried out as one of a
number of studies of various aspects of the
measurement system by groups in many parts
of the National Bureau of Standards. In
this study of the measurement system for
ionizing radiations, I should like to
acknowledge the great help given by many
members of the staff of the Center for
Radiation Research, to whom I am much
indebted.

Purpose of the Study

The objectives of the study were: (1) to
understand how the radiation measurement
system works in the U.S.; (2) to perform a
kind of market research, contacting the
customers of NBS services, learning their
needs, and evaluating how well NBS or other
organizations are filling those needs;
(3) to identify the needs of the measurers
of radiation, be they calibration services,

training, measurement assurance round
robins--whatever; and (4) to develop
National Bureau of Standards program
responses to those needs.

Ionizing radiation is a convenient (but
not precisely accurate) term used to
describe a class of energetic radiations
such as x and γ rays, electrons, radio-
activity, neutrons, and numerous other
nucleons, nuclei, and mesons. In the
measurement of ionizing radiation we are
concerned with a rather large number of
radiation quantities, some of which are
listed in Table 1 with the traditional
unit and the customary SI unit. However,
the study was done, not on the basis of
radiation quantities and units, but
rather on the basis of radiation user
communities, some of which are listed
in Table 2. In each one of these main
categories of radiation users, different
groups of concerned organizations are
grouped into the activity classes shown
for the purposes of the study. The
largest user categories are the medical
community and the nuclear power community.
Using the medical community as an example,
we can list four direct users (or uses)
of radiation: (1) radiation therapy,

Table 1 RADIATIONS, QUANTITIES, AND UNITS

Radiation	Quantities	Traditional Unit	Customary SI Units
X and gamma rays	Exposure	roentgen	$coulomb\ kg^{-1}$
	Absorbed dose	rad	$joule\ kg^{-1}$ [a]
	Energy spectrum[c]	$cm^{-2}\ MeV^{-1}$	$cm^{-2}\ joule^{-1}$
	Energy flux density (beam power density)	$MeV\ cm^{-2}\ s^{-1}$	$watt\ cm^{-2}$
Electron beams	Absorbed dose	rad	$joule\ kg^{-1}$ [a]
	Energy spectrum[c]	$cm^{-2}\ MeV^{-1}$	$cm^{-2}\ joule^{-1}$
	Beam current and power	ampere, watt	ampere, watt
Radioactivity	Activity (nuclear transformation rate)	curie	s^{-1} [b]
	Emission rate (particle or photon)	s^{-1}	s^{-1}
	Power	watt	watt
Neutrons	Emission rate	s^{-1}	s^{-1}
	Fluence	cm^{-2}	cm^{-2}
	Flux density (fluence rate)	$cm^{-2}s^{-1}$	$cm^{-2}s^{-1}$
	Energy spectrum[c]	$cm^{-2}MeV^{-1}$	$cm^{-2}\ joule^{-1}$
	Absorbed dose	rad	$joule\ kg^{-1}$ [a]
	Kerma	rad	$joule\ kg^{-1}$ [a]
	Cross section	barn	cm^2

[a] Unit gray (Gy) adopted for 1 joule/kg. One rad equals one cJ/kg.

[b] Unit becquerel (Bq) adopted for $1\ s^{-1}$.

[c] Differential distribution of fluence with respect to energy.

(2) diagnostic x-rays, (3) dental x-rays, and (4) nuclear medicine.

Similarly, manufacturers can be categorized into instrument makers, radiation source equipment manufacturers, and radio-pharmaceutical manufacturers. The major regulators involved in this area are listed in Table 3. A very major part of the regulatory job falls on the state and local radiation control offices since, unless particular radiation responsibility is assigned to some Federal agency, the responsibility falls on the state or local government

Some of the important standards and calibration laboratories are listed in Table 4, the NBS being one of them. Other national standards laboratories such as the National Physical Laboratory in England, the Physikalisch- Technische Bundesanstalt in West Germany, the Laboratory for the Measurement of Ionizing Radiation (LMRI) in France, and the Central Bureau for Nuclear Measurements (BCMN) of Euratom located in Belgium are important laboratories with which we compare standards on a bilateral basis. The International Bureau of Weights and Measures (BIPM) is a central laboratory and secretariat for tying all of the national standards laboratories together into an international measurement system.

Table 2 ORGANIZATION OF THE IONIZING RADIATION MEASUREMENT SYSTEM STUDY

Main Categories of Users
1. Medical
2. Nuclear Power
3. Industrial Radiation Processing
4. Defense
5. Chemical Analysis
6. Science
7. Environmental Radioactivity
8. Miscellaneous Radiation Applications

Activity Classes
1. Direct Users of Radiation
2. Manufacturers
3. Regulators
4. Standards and Calibration Laboratories
5. Other Interested Groups

Table 3 MAJOR REGULATORS OF RADIATION

Nuclear Regulatory Commission
Energy Research and Development Administration
Environmental Protection Agency
Bureau of Radiological Health, Food and Drug Administration
Occupational Safety and Health Administration, Department of Labor
Department of Transportation
State and Local Radiation Control Offices

Table 4 STANDARDS AND CALIBRATION LABORATORIES

National Bureau of Standards
Bureau International des Poids et Mesures (BIPM), Sèvres, France (International Bureau of Weights and Measures)
Other National Standards Laboratories
National Physical Laboratory, England, UK
Physikalisch-Technische Bundesanstalt, West Germany
National Research Council, Canada
Bureau National de Metrologie, France (radiation laboratory known as LMRI)
Central Bureau for Nuclear Measurements, Euratom (in Belgium), etc.
Regional Calibration Laboratories (recognized by the American Association of Physicists in Medicine)
Other Calibration Laboratories and Consultants
State and local laboratories
Certified radiological physicists

Table 5 IMPORTANCE OF RADIATION THERAPY

One person in four will get cancer
50-60% of cancer cases treated with radiation
Try for cure in 20-60% of cases depending upon patient population received by hospital
Equipment
280 high energy electron accelerators (1973)
574 Co-60 (1970)
30 Cs-137 (1970)
5800 x-ray sets (1972)
Accuracy required: 5% in dose to tumor
3% in beam calibration

15

Other standards laboratories are located in various government agencies in state and local governments and in regional calibration laboratories such as those sponsored by the American Association of Physicists in Medicine. Many calibrations are also provided by radiological physicists certified by the American College of Radiology.

Other interested groups include professional societies, such as the American Nuclear Society and the Health Physics Society; standards-setting organizations such as the National Council on Radiation Protection and Measurements (NCRP), the International Commission on Radiation Units and Measurements (ICRU), the International Organization for Standards (ISO), the International Electrotechnical Commission (IEC), and the American National Standards Institute (ANSI). Educational institutions and many government agencies are also very interested in the measurement system for ionizing radiation.

We now propose to take a more detailed look at the measurement system by looking at some of the user communities. The first community we shall consider is the Medical Community.

The first user group is that of radiation therapy. In Table 5 are shown some of the important characteristics of this field. The use of high energy electron accelerators is increasing very rapidly whereas the use of the x-ray sets is tending to decrease. What makes the measurement problem particularly difficult here is the need for measurements of significantly higher accuracy than the overall 5% dose to the tumor generally accepted as needed. A modern electron linear accelerator used for radiation therapy is shown in Figure 1. Figure 2 is an example of an "interaction diagram" for the medical radiation measurement system for x- and gamma rays. Note that the standards and calibration laboratories are shown at the top (they probably should be at the bottom in support of the system), the manufacturers are on the left, the regulators on the right, and the users shown at the bottom. The diagram gives us an indication of where more activity is needed. For example, the "fair" link is shown between the AAPM Regional Calibration Laboratories and the radiation therapy community because there are not enough such laboratories to service the whole community.

Figure 1. Modern electron linear accelerator (linac) used for radiotherapy.
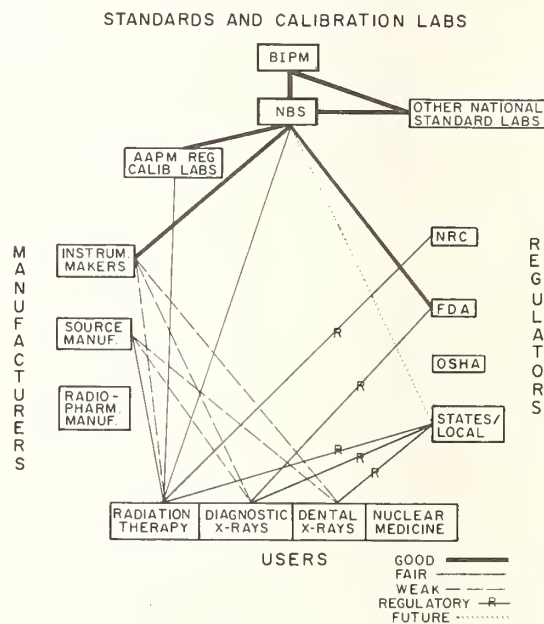
Figure 2. Medical radiation measurement system for x and gamma rays, not including nuclear medicine.

The measurement link between NBS and the state and local governments is shown as "future," but in fact, NBS now has a program in cooperation with the Conference of Radiation Control Program Directors aimed at establishing measurement links with this regulatory community. Figure 3 gives an indication of the need for accuracy in radiation therapy. The optimum dose will depend on the seriousness of the side effect. If the side effect itself is lethal, the optimum dose will, of course, be lower than if the side effect is tolerable, permitting the radiotherapist to opt for a higher chance of tumor cure. Figure 4 shows a study by the Radiological Physics Center located at M.D. Anderson Hospital in Houston, of the x-ray calibrations of 70 of 200 hospitals which are performing clinical trails for the National Cancer Institute. Note that 80% are within the 5% limit in the x-ray calibration. However, in dose delivered to the tumor (Figure 5) only 65% were within ± 5%.

X-rays are used both in medicine and dentistry for diagnosis. The widespread use of x-radiation is indicated in Table 6. Diagnostic x rays are also important because over 90% of the radiation dose to the population is from diagnostic x rays. However, new successes with techniques such as computerized tomography are making x-rays an even more powerful diagnostic tool. Unfortunately, however, the radiation dose given by these new diagnostic tools tends to be rather high. The needs of the medical radiation measurement system for diagnosis and therapy are listed in Table 7.

Nuclear medicine using radiopharmaceuticals is a very rapidly growing field as summarized in Table 8. An interaction diagram for the measurement system for nuclear medicine is shown in Figure 6. Since the diagram was made, the interactions between NBS and the manufacturers, including measurement assurance programs, have been greatly increased. A summary of the needs of the nuclear medicine community are: (1) quality assurance system, (2) dose calibrator improvement and check kit, and (3) new radioactivity standards.

Nuclear Power Plants

Many nuclear power plants are now being constructed such as the one shown in Figure 7 at Three Mile Island (belonging to the Metropolitan Edison Company in Pennsylvania).

Need for accuracy in RADIATION THERAPY
Based on HEAD and NECK TUMORS
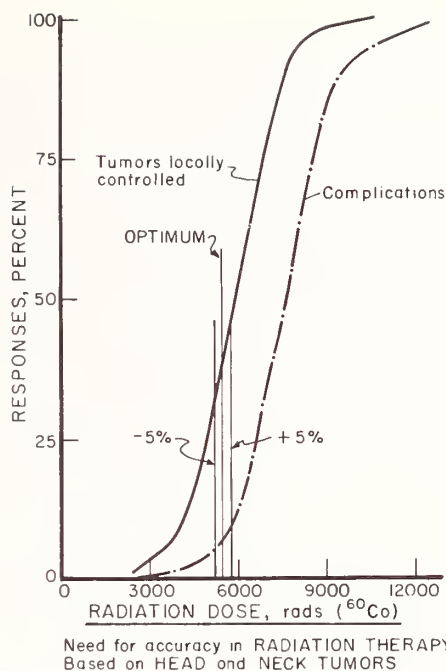
Figure 3. Illustration of need for accuracy in radiation therapy. Determination of optimum dose is determined by the radiotherapist's judgment of the seriousness of complications. Too small a dose will produce fewer tumor cures than optimum. Too large a dose will produce a high probability of serious complication.
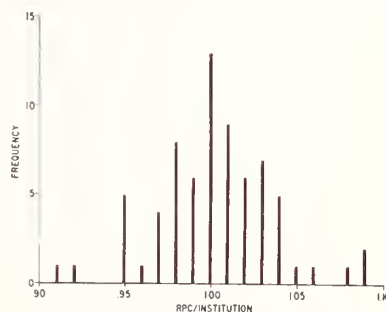
Figure 4. Comparison of radiation therapy machine calibrations by the Radiological Physics Center with those in use at institutions. Frequency refers to number of institutions; an average comparison is given if an institution had more than one radiation machine.

17
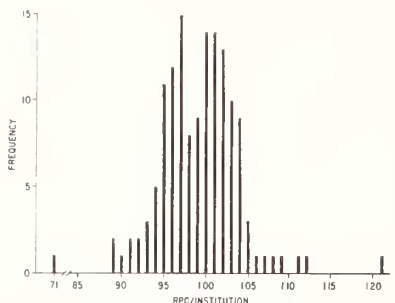
Figure 5. Comparison of tumor dose delivered (RPC) with that prescribed (institution). Radiation machines and types of treatment are counted separately in determining frequency.

Table 6 USE OF X-RAYS IN DIAGNOSIS

Diagnostic Medical
129 Million Persons, 210 Million
  Examinations (1970)
Examination Growth Rate 2%/Year
133,000 X-Ray Sets (FY 1974)

Dental
225 Million X-Rays (1970)
143,000 X-Ray Sets (FY 1974)

Table 7 NEEDS OF THE RADIATION DIAGNOSIS AND THERAPY MEASUREMENT SYSTEM

Calibration network using regional
  calibration laboratories for
  x and gamma rays $\leq$ 1.25 MeV
Calibration transfer instruments
  for high energy radiation
Primary standards for absorbed
  dose
  High-energy x-rays (linacs,
    betatrons, ...)
  Fast neutrons
  Pions (future)
Standards for imaging

Table 8 THE FIELD OF NUCLEAR MEDICINE

10 million applications of
  radiopharmaceuticals/year (1974)
98% diagnostic
Growth rate 25%/year
Number of physicians doubled in
  five years
5000 U.S. Hospitals } use
2500 Private Clinics radionuclides
Radiopharmaceutical sales
  70 M$/year (1974)
Medical nuclear equipment
  140 M$/Year (1974)
Accuracy required: $\pm$ 10% (USP-FDA)

STANDARDS AND CALIBRATION LABS

Figure 6. Interaction diagram for the measurement system for radioactivity standards and radiopharmaceuticals used in nuclear medicine.

18

About 60 nuclear power plants are licensed
to operate and currently provide about 8%
of the electrical power in the U.S.   In
Figure 8 a distribution of the operational
and planned nuclear power plants in the
U.S. is shown. Note the concentration
of nuclear power stations in the East and
specifically in the Middle Atlantic area.
The public is certainly clear on the
question that nuclear power, if it is to
exist, must be used safely. Some of the
needs of the measurement system for nuclear
power are summarized in Table 9. The NBS
Neutron Standards Program was greatly
augmented in 1971 essentially as a response
to the needs listed in Table 9. Another
area of extreme concern related to
radiation safety has to do with the nuclear
fuel cycle shown in Figure 9. A study of
the nuclear fuel cycle and its measurement
needs was carried out in 1974 by John
Bartlett, a Presidential Intern at NBS.
A summary of the results of this study is
given in Table 10. It is interesting to
note that the study was initiated by a
concern for questions of measurement
standards for "equity-in-trade" in dealing
in nuclear fuel, but it turned out that
the high accuracy needed was for safeguarding
nuclear materials against diversion for
unlawful purposes.
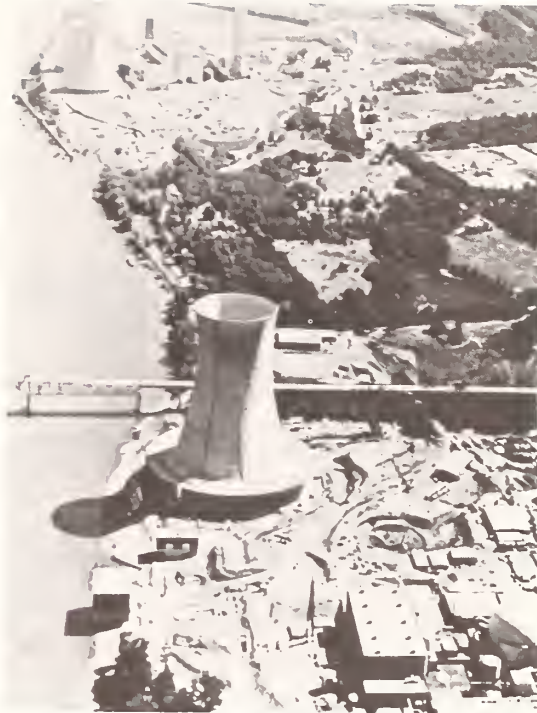
Figure 7.   Modern nuclear power plant,
Three Mile Island, No. 1, in Pennsylvania
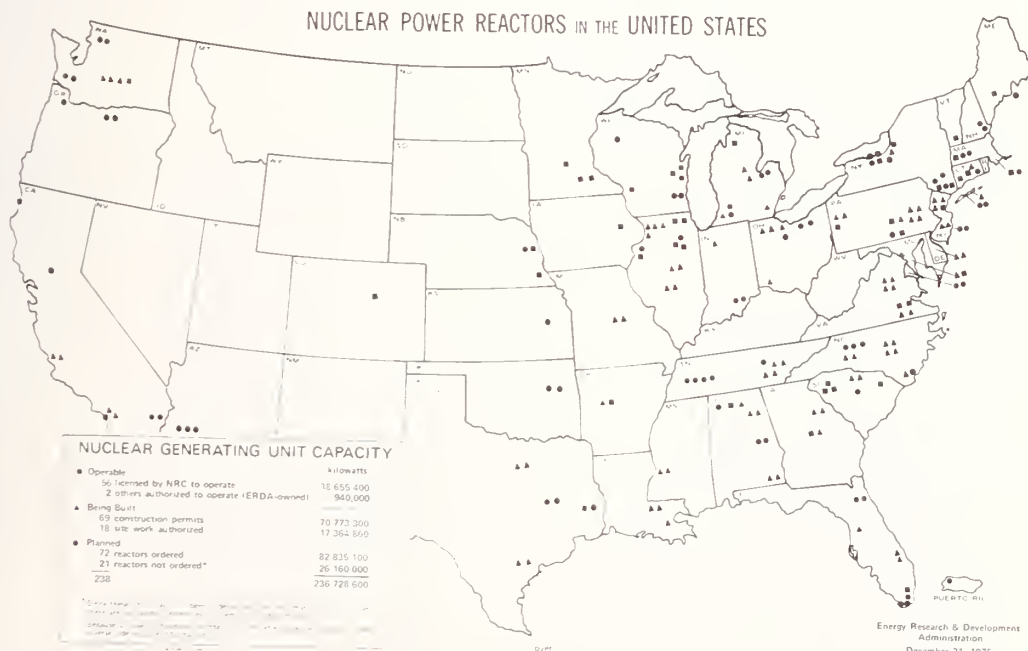
Figure 8.   Nuclear power reactors in the
United States according to Energy Research
and Development Administration, December 1975.

Table 9 NEEDS OF THE MEASUREMENT SYSTEM
FOR NUCLEAR POWER (DESIGN DATA
AND REACTOR OPERATIONS)

Neutron cross section measurement
  standards for:
  Liquid-Metal Fast Neutron
    Breeder Reactor (LMFBR)
  Light-Water Reactors (LWR)
  Fusion Power (controlled
    thermonuclear and laser
    fusion)
In reactor measurement standards
  Performance vs. calculations
  Fuel performance
  Reactor lifetimes
  Reactor control
  Safety

Table 10 RESULTS OF THE NUCLEAR FUELS
MEASUREMENT SYSTEM STUDY (BARTLETT)

High accuracy needed for safeguards
  (not equity in trade)
Major Need:
  Nationally-based measurement
    assurance system for fuel
    material
  Measurements (for demonstrably
    viable measurement capability)
Other Needs:
  Regulations, guides, consensus
    standards
  State-of-art performance in
    field with sophisticated
    measurement technology
    (approaches NBS capability)
  Real-Time SNM control
    (replacing periodic inventory)

Table 11 SOME INFORMATION ABOUT THE
INDUSTRIAL RADIATION PROCESSING
FIELD

0.5 G$ per year
Growth rate 30$/year (recent yrs.)
Highly proprietary
Strong foreign competition
  (Japan, France)
Successful areas:
  Wire and cable insulation curing
  Sterilization of medical
    disposables
  Plastic automotive part curing
  Electron beam welding (Activation)
  Flame-resistant fabrics
  Polyethylene foam
  Heat shrinkable plastic film
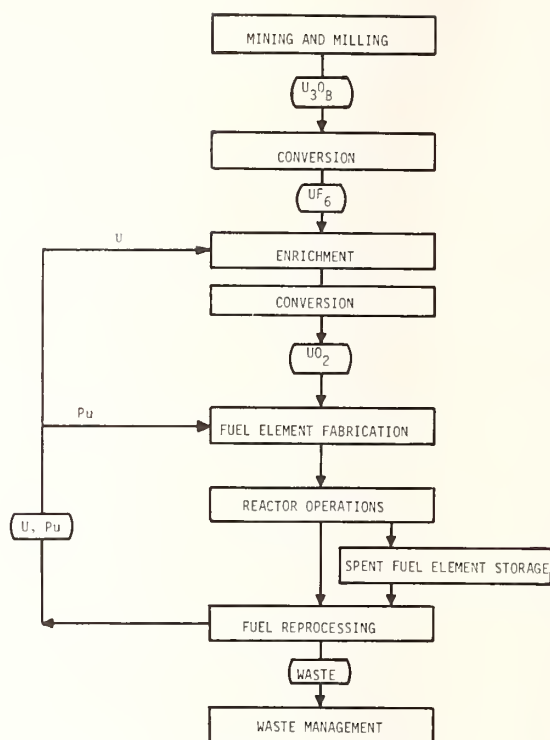
Figure 9. Nuclear fuel cycle.

Table 12 INDUSTRIAL RADIATION PROCESSING
NEEDS AND RELATED NBS PROGRAM

Needs (some companies):
  Calibrations of kilorad-megarad
    dosimetry systems
  Dosimeters designed for
    specific tasks
  Improved read-out methods
NBS Program:
  Specific measurement services
    for processing industry
  Preparing high radiation
    dosimeter calibration service
    (e^- + ^{60}Co)
  NBS sources available to users
  NBS program limited

Industrial Radiation Processing

Some of the characteristics of the industrial radiation processing field are summarized in Table 11. Some of the needs of this industrial field as well as a modest size NBS program response are summarized in Table 12.

Defense

A summary of the needs of the Defense Department agencies in the area of electron, x- and gamma ray measurement is given in Table 13. NBS response has been to provide monoenergetic radiation sources for calibration as well as absolute and relative dosimetry instrument calibration fields.

Chemical Analysis

Some of the characteristics of chemical analysis by activation and detection of the subsequent radiations are listed in Table 14. Although much activation analysis is done with neutrons, usually from a nuclear reactor, protons and charged particles are often advantageous for precise analysis of certain elements. In this field the need is for standard reference materials (SRM's) and no new specific radiation program need was identified.

Radiation Measurement System for Science

Many needs of scientists working with radiation are not radiation measurement as indicated in Table 15. Those needs that are radiation measurement are generally for source characterization, detector characterization, standard reference data, and assistance in theoretical interpretation of measurements--almost independent of whether the scientific field is geology, chemistry, biology and so on. NBS programs do impinge on these scientific needs. One need was identified for a data center for provision of charged particle range, stopping power, straggling, and delta ray production data especially below 10 MeV relative to biology and such fields as ion implantation.

Environmental Radioactivity

The structure of the environmental radioactivity measurement system is indicated in Figure 10, while the needs and NBS response are summarized in Table 16. A very vigorous measurement assurance

Table 13   DEFENSE RADIATION MEASUREMENT
SYSTEM FOR X AND GAMMA RAYS

Interested agencies:
  Defense Nuclear Agency
  Defense Civil Preparedness
    Agency
  Advanced Research Projects
    Agency
  Air Force Tactical Command
  National Security Agency
  Army Materiel Command
    (Natick Laboratory)
  Needs (electrons, x and γ rays):
  High-flux, low energy pulsed
    x-ray calibrators (for
    hardness, survivability,
    simulators, plasma)
  High-flux, D.C. fluence and
    dose measurements
NBS response:
  Pulsed monoenergetic x-ray
    source (.1-10 keV, 1.5 keV
    now)
  D.C. monoenergetic sources
    (.1-70 keV)
  Twin microcalorimeter + dye
    films
  Standard electron irradiation
    field, 4 MeV Van de Graaff

Table 14   CHARACTERISTICS OF CHEMICAL
ANALYSIS

Ultimate sensitivity excellent
Non-destructive analysis often
  possible
Several elements can be determined
  in single sample
Avoids contaminated reagent
  problems
Carrier techniques can be used
  post-irradiation
Can distinguish different
  isotopes of same element
Neutrons, charged particles,
  photons all used

21

program is now being carried out with the Nuclear Regulatory Commission, the Environmental Protection Agency and concerned state agencies to insure the reliability of environmental radioactivity measurements.

Miscellaneous Radiation Applications

Some of the characteristics of this field are summarized in Table 17. The key problem, as indicated, is in safe use of the equipment and an appropriate response seems to be to vigorously support the voluntary standards system.

Personnel Monitoring

Need for personnel monitoring is common to all users of radiation. As indicated in Table 18, the importance of personnel monitoring is not because it is a large business (it is quite modest in size) but because personnel monitoring is a chief factor making possible the safe use of radiation for its many desirable benefits. The structure of the radiation measurement system for personnel monitoring is indicated in Figure 11. Note the rather weak links indicated between NBS and the National Sanitation Foundation (NSF) and the suppliers of the commercial services, as well as the absence of a link between NBS and NSF, a chief tester of commercial services. This problem is being intensively studied by a number of government agencies. The needs of personnel monitoring are indicated in Table 19.

Summary

Some of the common threads found throughout this study, rather independent of the radiation user group being studied are: (1) a need for measurement quality assurance (especially in areas where radiation is regulated); (2) a need to reach out to measurers in the field with assistance, training, and regional calibrations of some kind; and (3) some new measurements standards are badly needed where such standards do not exist. A much more complete discussion, with references, of the measurement system for ionizing radiation should be available this year as an NBS internal report, NBSIR 75-946.

Table 15 SOME INFORMATION ON THE RADIATION MEASUREMENT SYSTEM FOR SCIENCE

Many needs from NBS are not "radiation" measurement:
  Atomic masses
  Frequency
  Length
  Proton magnetic moment
  Volt, etc.
Radiation Measurement Needs:
  Source characterization
  Detector Characterization
  Standard reference data
  Theoretical interpretation of measurements
NBS Program:
  >70 calibrated radioactive sources
  Data--atomic interactions of photons
  Data--nuclear interactions of photons
  Benchmark measurements

  σ_{tot} ^{12}C; proton form factor)
  Instrument development and characterization (Faraday cup, absorbed dose calorimeter, large NaI spectrometer)
  Reference radiation fields
  Radiation transport
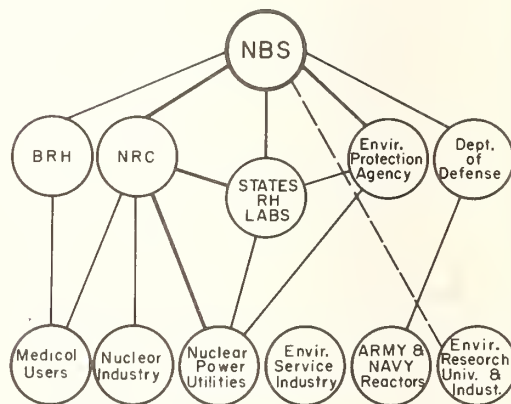
Figure 10. Structure of the environmental radioactivity measurement system.

22

Table 16 ENVIRONMENTAL RADIOACTIVITY MEASUREMENT	Table 17 MISCELLANEOUS RADIATION APPLICATIONS

Regulatory problems are important, NRC, ERDA, EPA are the interested Federal agencies
Needs:
  NBS standards
  Traceability to NBS (measurement assurance)
  Training and consultation
NBS Response:
  Standards (mixed radionuclide, natural matrix, gaseous, low-level α and β)
  Lead laboratory measurement assurance (NRC, EPA)
  Round-robins to nuclear power industry
  Low-level counting capability
  International intercomparisons
  National radiation measurement calibration system (States)
	Applications:
	  Radiographic equipment
	  Gauges
	  Irradiators
	  Oil well logging apparatus
	  Self-luminous products
	  Smoke detectors
	  Static eliminators
	  Heat sources
	  >70 M\$ annually
	Needs:
	  Adequate safety measures in use of this equipment
	NBS Response:
	  Increase support for voluntary standards activities (NCRP, ANSI N43)
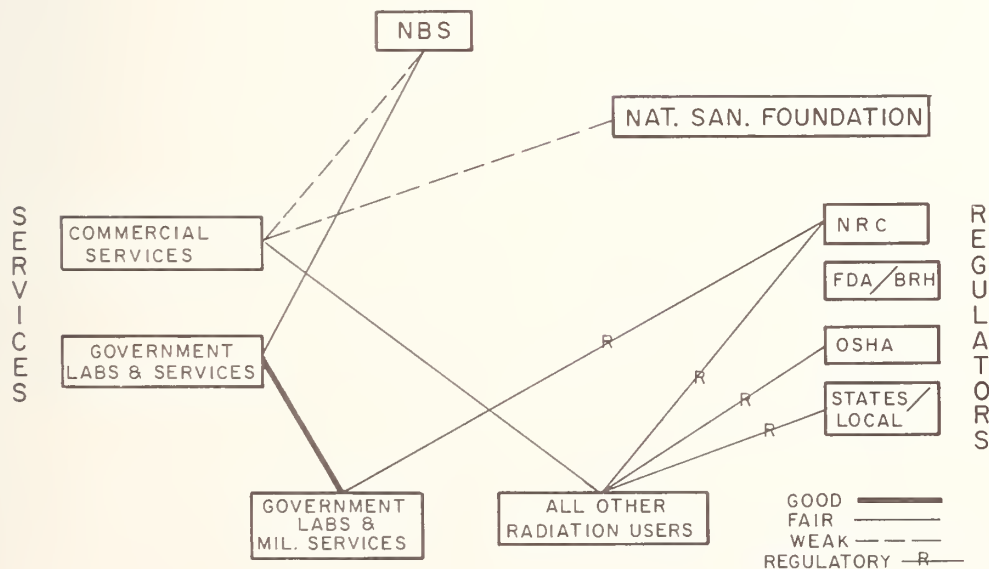
PERSONNEL MONITORING MEASUREMENT SYSTEM

Figure 11. Structure of the measurement system for personnel monitoring.

23

Table 18 MEASUREMENT SYSTEM FOR PERSONNEL
          MONITORING
_____

        14 commercial companies
        $10 M/year
        Growth Rate ~ 10%/year

        ~ 800,000 individuals monitored
          (commercial and government
          labs and military services)
        Film badges and TLD are chief
         methods used
        Makes possible benefits of
         ionizing radiation
_____

Table 19 NEEDS OF THE PERSONNEL MONITORING
          MEASUREMENT SYSTEM
_____

        Satisfactory quality assurance
        Improved personnel monitors
          (especially for neutrons)
        Monoenergetic neutron calibration
          facility
        Beta-ray source calibration
          facility
_____

24

THE FEDERAL REGULATORY AGENCY AND THE RADIATION MEASUREMENT SYSTEM

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The official actions of a federal regulatory agency can have unique health and economic impacts. It is often not feasible for other parties to review the processes leading to such actions in detail and appeal is tedious and expensive. As a matter of equity it is incumbent on the agency to assure that the errors associated with facts on which actions are based are sufficiently small as not to affect the course of such actions. When radiation measurements are used as part of the factual basis for regulatory action this means that these measurements must be an integral part of the national radiation measurements system. The manner in which this has been achieved within the Food and Drug Administration as part of the implementation of the Radiation Control for Health and Safety Act of 1968, (P.L. 90-602) is described.

In the abstract of this paper I discussed the philosophical underpinnings of the connection between the Federal Regulatory Agency with responsibilities in the radiation area and the radiation measurements system, which is indeed a fundamental and necessary connection. I stated that "as a matter of equity it is incumbent on the Agency to assure that the errors associated with facts on which actions are based are sufficiently small as not to affect the course of such actions." That is indeed the basis of the connection. In this paper I will discuss, in general, some of the problems that have arisen and the solutions to them which we have devised in the course of developing the regulatory machinery within the Food and Drug Administration for implementation of the Radiation Control for Health and Safety Act of 1968. The details of this process in the four areas of acoustic energy, microwave radiation, optical radiation and x-radiation will be discussed by members of my staff at later sessions of this symposium. I will then go beyond the bounds established in my abstract and discuss some of the other implications which radiation measurements and therefore the radiation measurements system can have for a regulatory agency.

The most surprising thing in my experience, in the eight years since the Radiation Control Act was passed, has been the realization that the national radiation measurements system was not ready for the Radiation Control for Health and Safety Act. There were, I believe, two reasons for that, the first a technical reason, is simply that the measurement technology which had been developed for many of the types of energy encompassed by the Act such as acoustical energy, radiofrequency and microwave energy, and optical energy, while very well developed, had been developed for use under circumstances quite different from those which apply when radiation measurements are needed for health protection purposes. I will illustrate this by one simple and obvious example. In a case where it is desired to evaluate the hazard potential of a product incorporating a radio-frequency or microwave generator, such as a microwave oven or a diathermy machine, it is quite often necessary to make measurements in the near-field or a radiator. The microwave instrumentation existing in 1968 consisted primarily of field strength meters which were used by antenna engineers to measure antenna patterns and gains in the far-field, because their only interest was in the antenna's ability to concentrate energy at great distances. Partly as a result of the Radiation Control Act a whole new science and technology of near-field measurements has blossomed within the past eight years. This has been stimulated further by the passage of the Occupational Safety and Health Act. There are many similar examples of new scientific and technical requirements being imposed on the radiation measurements system by the creation and implementation of regulatory authority.

Because of the state of unpreparedness of the radiation measurement system a considerable burden of measurement development was placed squarely on our shoulders and I believe that we have carried it well. The Division of Electronic Products of the Bureau of Radiological Health has, in the past eight years, made many substantial contributions to the radiation measurements system. It is appropriate to acknowledge here that many substantial contributions

have also been made by various groups in the Institute for Basic Standards of NBS to assist us in developing the radiation measurements system to the point where it can meet the requirements of radiation measurements for health protection.

A second reason for the lack of preparedness of the radiation measurements system was essentially non-technical but rather administrative and logistical. I am not an expert on radiation law but I would like to offer the following suggestion for your consideration. Though previous acts of Congress had established various regulatory bodies having cognizance over radiation, the Radiation Control Act of 1968 was the first such act under which radiation measurements per se became the sole facts upon which regulatory actions were predicated. That means that an agent of the Food and Drug Administration in performing a radiation measurement can develop a datum which will determine whether or not a formal regulatory action will ensue. Some such actions in the recent past have had economic impacts tolled in the millions of dollars in situations where the risks to the nations health could have been substantial. Hark back to the matter of equity, which I raised at the beginning of this presentation. In such a situation, as a matter of equity, the nations health deserves that measurement to be as accurate as technically and economically feasible so that regulatory action is indeed pursued when a limit established in a regulation is in fact exceeded. It is also a matter of equity that the potential target of the regulatory action deserves that the measurement be as accurate as technically and economically feasible so that he does not suffer economic loss from a regulatory action which is pursued when in fact his product was in compliance with the limit established in the regulation.

The practical impact of this matter is profound. We are maintaining an instrument population now numbering in the hundreds scattered across the entire United States in active, if not always continuous, use with each and every one of these instruments having a non-zero probability on any given working day of turning out data which will have to be defended in a legal action. I submit that the radiation measurements system was not ready for this. We have, therefore, in the last eight years devoted substantial energy and resources to the development of equipment and systems for the logistical support, including calibration, of large numbers of radiation measuring instruments in the field. One of our later papers in the symposium discusses one of these systems.

We are confident that we have successfully integrated our regulatory programs with the national radiation measurements system, that we adequately treat the matter of equity and that we are prepared to make measurements of whatever, wherever, health protection demands.

Now I would like to talk a little bit about some of the other applications of radiation measurements in the programs of a Federal regulatory agency.

Radiation measurements offer the federal radiation control agency a means by which to assess the effectiveness of its own programs both regulatory and non-regulatory. At times the measurements which are most useful in assessing program effectiveness are not the same sort of measurements as are made for determining compliance with regulations, because, after all, the intent of regulations is not to reduce the radiation insult to radiation measuring instruments but, rather to control, or reduce the radiation insult to health. In the design of regulations and the testing conditions which are used in tests of compliance with them we often, in the interest of efficiency, design tests and measurements which are not direct measurements of health insult. Therefore, when we want to assess the effectiveness of one of our programs we often face another measurements problem.

I now would like to describe to you a system which we have developed to assist us in meeting such needs in the area of medical radiation exposure. You will hear no more about this system at this conference so I will go into some detail. Publications describing it and its use are in preparation. This is a system for estimating absorbed doses in human organs by calculation rather than by measurement. There are situations where estimating by calculation is more cost-effective than estimating by measurement and such calculated estimates are properly a part of the radiation measurement system.

A number of years ago we began a collaboration with members of the Health Physics Division of the Oak Ridge National Laboratory to apply a system developed by them for estimation of organ doses from internal radionuclides to the problem of the estimation of organ doses from external radiation sources such as medical x-ray machines.[1]

The system consists of a detailed mathematical description of the geometry of a phantom which rather closely approximates

reference man. The set of equations which constitutes the phantom includes descriptions of the phantoms' external surface and descriptions of many internal organs including a skeleton, lungs, thyroid, both male and female gonads, a uterus, and many others. Mammaries are presently under development. The second component of the system is a Monte Carlo radiation transport code. The equations of the phantom define the geometrical regions in which the radiation transport code is active. The conversion of the system for estimation of doses from external sources was easily accomplished.[2,3] The development of phantoms representing children of different ages is well underway.

Using this mathematical model as a tool, we have developed yet another dose estimation system for more routine applications. It was immediately obvious that routine use of the transport code to generate dose estimates for a large number of specific clinical situations would be redundant and expensive. We therefore set out to generate a data base of reference organ dose data from which specific clinical situations could be simulated. This data base is organized according to the following scheme: The projections of the external surface of the phantom in each of the three views, anterior-posterior, lateral, and posterior-anterior are segregated into 4cm x 4cm square regions by a grid system and these resulting square regions are ordered and numbered. The photon energies of interest were considered to span the region between approximately 20 keV and 150 keV. Seven photon energies, more or less uniformly spaced across this region were chosen. Transport calculations were then done for monoenergetic photon beams of each of the chosen energies into each of the surface regions of the phantom. Each such calculation produces a tabulation of dose factors in units of rad per incident roentgen for every organ in the phantom. The dose to any organ under given conditions of x-ray exposure can then be simulated by a weighted sum of selected cells of this data base. The weighting factors across the energy dimension are chosen to represent the photon spectrum used in the particular situation of interest and organ dose factors are selected from the tabulations for those surface regions included in the radiation field of the examination. The organ dose estimates are then obtained by normalizing with the exposure used in the examination under study.

The entire data base is maintained on a digital computer and routines have been written to generate the sums and weighting factors automatically from simple descriptions of the geometry and technique factors of the examination. These routines include provisions for assigning fractional weighting factors to those surface regions which are not entirely within the examination field.

The existence of this second system obviates the need for complete radiation transport calculation for the evaluation of organ doses from every clinical situation of interest. Good estimates of organ doses are now available quickly and at minimal cost in computer or user time. We have already made extensive use of this system. As can be readily imagined, the system makes it very easy to investigate effects on organ doses of variations in technique factors or size and location of radiation fields. It permits the user to quickly and inexpensively perform a large number of dosimetry experiments by computer simulation rather than by many painstaking hours of laboratory work. We have, for example, found the system to be an invaluable tool in producing estimates of program efficacy for environmental assessment reports. The system was used to evaluate the impacts of the performance standards for medical x-ray equipment and our recent policy statement on gonadal shielding.

To date we have been able to perform several comparisons of estimates from this system with dose estimates in the literature.[4] Such comparisons are of course always difficult because pairs of dosimetry experiments performed under identical situations are difficult to find. The estimates of doses to directly irradiated soft tissue produced by our system in general vary less than 15% from those in the literature which were obtained under similar irradiation conditions. Our estimates of doses to tissue not directly irradiated vary as much as 30% from values in the literature. These comparisons have convinced us of the adequacy of the system for evaluation of the effects of variations in technique factors and irradiation geometry on absorbed doses in internal organs.

The activities of the federal regulatory agency in the radiation area need not all be regulatory, in fact, the Congress does not confer regulatory authority for the sake of regulations, but rather for the sake of some goal related to the nation's welfare.

We continue to support, as we have over the years, non-regulatory programs in the field of radiological health because we have determined that certain problems are more effectively attacked by education, consultation, and persuasion, than by regulation. Non-regulatory programs also can benefit by integration into the national radiation measurements system, because wherever measurements are used credibility enhances their effectiveness. Two such programs in which the Bureau participates with the States are known by the acronyms DENT and NEXT.

DENT - Dental Exposure Normalization Technique - is a program for measurement of the radiation exposures used for radiography by individual dental practitioners within a state and reduction of the exposures delivered by those individual practitioners whose values lie toward the upper end of the population distribution.[5] Post cards containing lithium fluoride thermoluminescent dosimeters are mailed to each practitioner within a State with instructions for exposure under the same conditions the practitioner uses for bitewing radiographs. These are returned by mail and read and the population distribution generated from the resultant values. A point on the distribution is then selected which divides the population of practitioners into those who will not receive a follow-up visit and those who will. Those practitioners whose values are above this point are then visited by members of the State Health Department. Their radiographic techniques are reviewed and consultation and guidance for improvement is given. The subsequent reduction in radiation is demonstrated to the practitioner. The results of this program have been quite dramatic. In those states where follow-up studies have been done it has been demonstrated that lasting significant reductions in both population mean and extreme have been achieved. At the present time, Bureau support for the DENT program consists of maintenance and calibration of the dosimeters and readers that are used, processing of the data collected and consultation with State radiological health programs on operation of the individual projects.

NEXT - The National Evaluation of X-ray Trends - is a program about which you will hear a paper later in this conference, therefore I will mention it here only to state that the Bureau's participation on the topic of measurements has been to evaluate, by measurements of energy dependence, and calibrate the instruments which are used by the States in this program.

In closing I would like to mention briefly a new project within the Bureau of Radiological Health which at present is in the pilot stage. Because of the current interest in mammography we decided that it would be useful to have a program similar to the DENT program to evaluate the exposures being used in mammographic examinations at individual facilities, in an attempt to identify excessively high exposures resulting from poor technique, such as have been reported. We then were faced with the problem of developing a simple, mailable, inexpensive system capable of producing adequate estimates of exposure from the low energy x-ray spectra used in mammography. We began by investigating the photon energy dependence of the exposure response of lithium fluoride chips to low energy x-rays with both nearly monoenergetic fluorescent sources and broad spectrum low energy x-ray sources. We determined that when calibrated with an appropriate low energy x-ray spectrum the exposure response of the lithium fluoride chips did not vary more than plus or minus 20% over the range of beam qualities which we expect to encounter in a survey of mammography facilities.[6] A pilot study of this system produced distributions of values for the various mammographic techniques which compare extremely well with reported values for the same techniques. We are continuing to develop the logistical support for this system and a second pilot study is underway.

In this presentation I have tried to give you some appreciation of both the scope and depth of the relationship between one Federal regulatory agency and the radiation measurements system by discussing the philosophy underlying that relationship and describing a variety of examples of the spectrum of activities of which the relationship is composed.

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STATE RESPONSIBILITIES AND THE RADIATION MEASUREMENT SYSTEM

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The states' radiation control programs have attempted to
respond to public health need through a radiation measure-
ment system that requires much more than instrument
calibration. Few federal agencies can cover their respon-
sibilities without state assistance. This paper explains
these areas from one Radiation Control Director's point of
view which may be shared by several others. Recommendations
for some improvements are made.

(Radiation; regulations; ineffectiveness; measurements;
 compromise; states; abstract)

Traditionally, the states have had public health and safety responsibilities for their citizens which are not shared with the Federal government. Although 16 federal agencies attempt to regulate various health and safety aspects of radia-tion, they have been unable to adequately regulate these activities due, in part, to the magnitude of the enforcement problem. Therefore, a number of federal laws passed to "protect the public health" fall upon the states for enforcement. The states accept their traditional duties by assump-tion of responsibility (i.e., Nuclear Regulatory Commission/Agreement State and Occupational Safety and Health Act), by default by the federal agencies (i.e., U.S. Department of Transportation), or by the simple statement in a regulation that "certification" by state agencies is re-quired of certain types of installations (i.e., Federal Aviation Administration baggage inspection by x-rays). Unfortunate-ly and all too frequently, this "inspection and certification" may be accomplished with anything from a "wet finger" to equipment which represents the state of art in radiation measurement.

Unlike the ideal conditions present in a national standards laboratory, the radia-tion measurement system at the state level is not confined to the calibration of instruments alone. To make radiation measurements, a state inspector must carry any number of pieces of equipment many thousands of miles, under severe climatic conditions to any number of installations, all of different character. The con-ditions of transport may vary from bus and foot travel in a large metropolitan area, or by car or airplane in some of the larger, less populated states. The inspec-tions require different kinds of measure-ments of diagnostic, therapeutic and industrial byproduct, naturally occurring and cyclotron-produced radioactivity, diagnostic, therapeutic and industrial x-rays, lasers and microwaves. Usually, each measurement must be carried out in a short time with such accuracy as can be achieved under these somewhat hazardous con-ditions--hazardous in that each measurement may have to be defensible in court.

For clarification, perhaps it is appropriate to show what developed from the Workshop on "Criteria for an Adequate State Radiological Health Program for Radiation Sources not Covered under the Atomic Energy Act" at the 7th Annual Conference of Radiation Control Program Directors.[1] This program is outlined in Table 1.

To adequately protect the public health by attaining a well-balanced radiation measurement system, one state agency, and probably a single federal agency should have the authority, responsibility, capability and demonstrated performance over all forms of radiation. Instrument capability may be present in any number of agencies as well as emphasis on a particular form of radiation. However, performance may be a totally different matter in the hands of people who are not technically competent to know the limitations of themselves or their instru-ments.

Unfortunately, the range of authority governing radiation measurements and regulations varies widely among the states from voluntary compliance to complete

TABLE I. ELEMENTS FOR A MINIMUM STATE RADIOLOGICAL HEALTH PROGRAM
FOR NON-ATOMIC ENERGY ACT SOURCES

I. X-Ray Sources

    A. Machine Registration/Licensing
    B. Standards
    C. Compliance - Machine Inspection
                   - Facility Inspection
    D. Enforcement
    E. Constant Alertness to New Sources

II. Non-Ionizing Sources

    A. Registration/Licensing
    B. Standards
    C. Compliance - Machine Inspection
    D. Enforcement
    E. Constant Alertness to New Sources

III. Natural Sources (Manufacture, Byproducts, Tailings, Phosphates, Radium, etc.)

    A. Registration/Licensing of Radioactive Material
    B. Radioactive Material and Environmental Standard
    C. Compliance - Environmental Monitoring
                   - Radioactive Waste Control (Effluents, etc.)
                   - Surveillance over Product Manufacturing and Quality
                     Control
                   - Facility and User of Radioactive Material Inspections
    D. Enforcement
    E. Constant Alertness to New Sources

IV. Cyclotron-Produced Radioactive Materials

    A. Licensing Users and Equipment
    B. Standards
    C. Compliance for Production and Users
    D. Enforcement

V. Other

    A. Public Information and Technical Training
    B. Program Effectiveness Evaluation
    C. Emergency Response (Fixed Facility and Transportation)
            Planning
            Training
            Response to Incidents
    D. Legislation - Writing and Testifying
    E. Budget
    F. Personnel
    G. Update and Publish Regulations

legislative authority over all forms of radiation, ionizing and non-ionizing. Other variables among the states include personnel, available equipment, inspection procedures, travel and climate as well as the frequency, type and method of calibration. There is a total lack of uniformity in the radiation measurement system. This was pointed out very well in the beginnings of the States' participation in the Nationwide Evaluation of X-ray Trends (NEXT). NEXT will be presented in more detail later in this symposium. The data that was sent in by the various states in that program was scattered throughout the spectrum of results. For several years, the procedures in this measurement system were followed rigorously while the instrumentation varied grossly. This has been somewhat rectified since the Food and Drug Administration Division of Electronic Products will not allow data to be incorporated into the overall system unless the survey instruments have been calibrated at FDA's Division of Electronic Products at no cost to the states. Automatically this introduces some other errors into that data bank. Some smaller states may not be able to send in their "only" survey instrument. Those states may also have the "worst" conditions in their state which will not show up in the overall evaluation of NEXT. Regardless of the bias that may be introduced into the NEXT data, the idea of having the procedures standardized and the instruments calibrated by competent physicists in the FDA is certainly a motion in the right direction.

What is the present world in the State programs? When it comes to environmental surveillance, the radiochemical analysis can be carried out to near perfection. The sample collection procedures have been standardized, the equipment has been developed to provide exceptional accuracy through sophisticated computer programs allowing simultaneous analysis of large numbers of radionuclides and the persons utilizing the equipment and doing the procedures are frequently highly skilled and motivated. They can obtain an ever growing list of radionuclides that have been prepared with meticulous accuracy at the National Bureau of Standards or indirectly by NBS through the two National Environmental Research Centers. This differs markedly from the support, personnel, equipment and procedures in all other parts or radiation control programs except possibly that part related to the Agreement Materials Program. All of this development

is related directly to the nationwide interest in nuclear power while all other elements of a State Radiation Measurement Program suffer miserably. It should be noted that it may not be possible to maintain this high degree of accuracy in environmental surveillance. The Environmental Protection Agency Las Vegas facility has been furnishing a cross check program among a large number of laboratories in the U.S. to provide quality assurance to these laboratories. Many of the state environmental surveillance programs are doing the only work in this field around nuclear facilities. Now it appears that, as usual, as soon as federal funds are curtailed, the first programs that are eliminated are those that assist the states. This is going to happen to both the Northeastern and Las Vegas Laboratories. EPA has decided to cut back these programs, Consequently, one of the few ongoing Quality Assurance programs for the states is doomed.

This realistic world is such that the States' radiation measurement system is a compromise. A state inspector must do what is reasonable and possible. He must be reasonable. Interpretations of regulations, if there are any regulations, must be reasonable. This requires judgment. The judgment of an intelligent, well-trained, experienced individual who is always aware of the fact that it is the protection of the public health that is of prime importance. The usual inspection of a hospital x-ray department is a pressure situation. How much time can a given x-ray room be out of business while the inspector is making measurements? The survey meter, more than likely, was calibrated with radium or cobalt which in no way can be accurate for 70 KVp x-rays when related to mr/hr. These items severely curtail the accuracy with which the measurements can be made. The inspector must make measurements as to beam size and alignment, energy, scatter, adequacy of shielding and timer. In no way can the accuracy of any of these measurements be compared to, or attempt to emulate, those made under laboratory conditions. An x-ray inspector must inspect 400 to 500 machines over a large area of several thousand miles in a single year, go through temperature extremes, altitude changes and many other difficulties not encountered in a standards laboratory. So, how sophisticated must equipment be? In order to purchase any piece of equipment, he must go through a complete scrutiny by a budget analyst to prove the old equipment is too archaic or unusable to continue to be in service. Then he must,

out of necessity, buy the lightest (remember he has to carry this under his arm along with any number of other items with which to make measurements), the strongest (remember the rough transport problem), most reliable (who can find a 67 volt battery in a town of 300) and above all, cheapest available instrument. There has yet to be any mention of accuracy. With all of this, any inspector would be delighted with $\pm$ 5% and why not? If shielding design requires a maximum of 2 mr/hr in an uncontrolled area, is this inspector going to complain to a facility if he gets 2.1 mr/hr?

Most states show real concern for the necessity of a complete and adequate radiation measurement system. This can be demonstrated by a comparison of data published for 1970 by the Bureau of Census reported by DeVore[2] and data collected during the same period in the State of Oregon. Medical x-ray examinations were performed on 38 percent of the population in the United States during that year, or 77 million persons. In that same period 65 percent of the population of Oregon, or 1.35 million people, received medical x-ray examinations. Dental x-ray exams in the U.S. population totaled 59 million, or 29 percent, while they made up 62 percent of the examinations in Oregon for a total of 1.3 million persons. This, simply stated, shows the population of Oregon will have dental or medical x-rays an average of 1.27 times per year while the overall U.S. population would average .67 times per year. While the regulations enacted for Public Law 90-602 have provided for new equipment to be installed to assure adequate protection against radiation leakage from the overall system and positive beam limitation (automatic collimation), our experience during inspections has been that more than 99 percent of the units with positive beam limitation devices are operated in the manual mode. The positive beam limitation is cut out because the only facilities that can afford this kind of equipment have been using manual collimation for years and want to split film for economy and comparison, and many want to see cone cutting which is not permitted in the automatic mode.

Filtration, of course, is another area of concern. Although this, too, is provided for in the law, measurements must be made on each unit to determine if the filtration is adequate to eliminate the soft x-rays which are absorbed by the tissue rather than contributing to the radiograph.

It has been our experience that two-thirds of the installers fail to make the actual measurements to provide for adequate filtration due to lack of instrumentation. Consequently, they must go by a chart and add or subtract filters based on numbers. It should be mentioned that some suppliers have provided their installers with adequate instrumentation at considerable cost. Our studies indicate the lack of adequate filtration contributes on the average 500 milliroentgens of unnecessary radiation per film per x-ray machine. Of all patients receiving medical x-rays in the State in 1970, approximately 10 percent received unnecessary radiation due to inadequate filtration. About 11 percent received unnecessary radiation due to inadequate collimation. If each overexposure due to inadequate filtration alone is 500 milliroentgens and since there were about 135,000 patients overexposed in this manner in 1970, then there were 67,500 man roentgens of unnecessary radiation administered.[3] It is much more difficult to quantify patient overexposures due to other noncompliances, such as inadequate collimation although an attempt is being made with the NEXT study. X-ray retakes due to poor techniques should also be considered when estimating the total amount of unnecessary radiation administered. The amount of unnecessary radiation described here is quite high when one considers that the maximum permissible exposure to any member of the general population is 500 mr per year. It is our opinion that it is absolutely necessary to inspect and make the appropriate measurements on all of these x-ray machines on a regular basis because of the great impact these have on the overall radiation exposure burden.

X-ray inspection frequencies are usually set on the basis of kind of use and possibility of malfunction almost directly related to health vs. risk. The desired frequency of inspection is: dental every three years, general practitioners every two years, radiologists and hospitals every year. There are virtually no states able to maintain this kind of inspection frequency due almost entirely to the lack of public, practitioner and legislative awareness that these devices present a public health hazard several million fold greater than a nuclear power plant. Consequently, sufficient funds are rarely allowed to be directed toward this rather imposing public health problem. In Oregon, (the only state with which I am completely familiar) there are 3,588 registered x-ray machines. Nearly one-half of

these are dental units. The rest are medical and a few industrial. In order to maintain the aforementioned inspection frequency, we would be required to inspect approximately 1,794 units per year. This would take between 4 and 4.5 inspectors. Oregon has authorized 4 inspectors but funded only 2; consequently, less than one-half of the required number of inspections will be made, mostly on recently installed units or at hospitals and other facilities requiring Medicare or hospital accreditation. It should be mentioned that there are some other critical areas of an inspection which take time but are very significant in reducing public exposure to unnecessary radiation. Fluoroscope output and film processing techniques must be thoroughly explained to those persons who are not adequately trained in the use of x-rays, which we find is usually the case.

Radioactive materials inspections differ significantly from other types of radiation inspections in the diversity of use of materials especially in industry and research, as well as the very rapidly growing medical uses of radioactive material. Safety practices are generally better than with other forms of radiation. One saving factor is that the degree of training required for the user far exceeds the training received by other users of radiation except perhaps radiologists. This can also be attributed to the fact that applications for a radioactive materials license are completely and thoroughly reviewed in the licensing process. Source strength ranges from kilocurie quantities in medical therapy and industry through research uses to microcurie quantities for in vitro medical diagnostic tests. The inspectors themselves have received extensive training, both on the job and by special courses offered to Agreement States by the U.S. Nuclear Regulatory Commission. The range of instrumentation necessary includes neutron, alpha, soft beta and beta-gamma survey meters plus instruments for air flow measurements on hoods used for non-sealed sources. Our program for radioactive material has 184 licenses. This requires more than 200 amendments, 80 inspections and 30 investigations each year. This requires two men and the assistance of several others in the program during investigations.

Lasers and microwaves are almost totally foreign to state radiation inspectors. Although considerable discussion has been had on the subject and several state programs have legislative authority, they lack adequate background to adjudge something safe or unsafe. A number of guidelines have been set, but they differ considerably from one federal agency to another. One of the few positive approaches was made by the FDA Bureau of Radiological Health when they made microwave survey instrument comparisons and came up with two that were acceptable. Fortunately, these differed widely in price. We have yet to see any such work on lasers and can only guess at the appropriate instrumentation or maximum permissible exposure. Perhaps these non-ionizing sources are better off left to any other kind of regulatory entity than state radiation control programs.

The individual states' radiation control programs are the only method the United States has for making the measurements necessary to assure radiation protection.

What should the states have to make the radiation measurement system operate properly?
1. An independent evaluation of available instrumentation to determine relative merits for different uses and designs for instruments if none of these meet all the needs.

2. National calibration facilities for all types of sources and instruments and provision of transfer standards and Quality Assurance.

3. Assistance of equipping an inexpensive in-house "quick check" facility to determine reliability of in-use equipment.

4. Standardized procedures for all types of radiation measurements.

5. An annual peer review on all facets of the State's radiation program like those currently done by the NRC to help upgrade each program.

6. Totally funded continuing education like those provided by NRC which aid the new employee and sharpen the experienced employee.

7. A single federal agency responsible for radiation protection to provide the assistance cited in 1 through 6 above.

These recommendations are currently the only visible means of assuring uniformity of radiation measurements from state to state.

This data from the real world of the states could be utilized to reach national decisions on radiation protection. Isn't that what the radiation measurement system is all about?

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IONIZATION CHAMBER FOR ABSORBED-DOSE CALIBRATION

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A cavity ionization chamber has been constructed for in-phantom calibration in terms of absorbed dose. Its principle characteristics are the following: a smooth external shape, allowing insertion in the phantom without unnecessary air gaps; a large collecting electrode and a small internal air gap (1.3 mm), to meet Bragg-Gray cavity requirements; a uniform collecting potential gradient, allowing high potential gradients and low recombination loss; a guard electrode design which results in a stabilization time of a few seconds; construction of all three electrodes from pure graphite; and a day-to-day precision of about 0.1%. The chambers have been used to make the high-precision depth-dose measurements in water and graphite needed to transfer calorimetric absorbed-dose calibration in graphite to absorbed-dose calibration in water.

(Absorbed dose; ionization chamber; graphite chamber; cavity chamber; calibration)

Introduction

This paper concerns cavity ionization chambers designed specifically for in-phantom measurements in high-energy beams. They have been successfully used as transfer instruments, to facilitate the transfer of calorimetric absorbed-dose measurements from a graphite phantom to a water phantom.

The two types of chambers described are 3-terminal graphite chambers, differing principally in the shape of the air cavity. The first has a thimble-shaped cavity and constitutes the chief justification for this report. It is a stable, high-precision instrument, capable of measurements with a long-term precision of 0.1%. The second type has a simpler cavity, a cylindrical annulus. Its performance has been equally satisfactory in some respects, less satisfactory in others.

The Graphite Thimble Chamber

Figure 1 is a schematic cross-section of the thimble-type chamber. The polarizing, collecting, and guard electrodes are all made of graphite with a density of 1.79 g/cm^3. The high-potential and guard insulators are made of acrylic plastic, with a 0.08 mm Mylar washer separating the guard and collecting electrodes in the air cavity. This small separation minimizes distortion of the electric field around the edge of the collecting volume, and minimizes accumulation of surface charge during irradiation. The components are assembled with epoxy resin, which fills extra-cameral volumes except for air bubbles.

The resin forms an intimate bond between electrodes and insulators, removing the need to coat insulator surfaces with a conducting material.
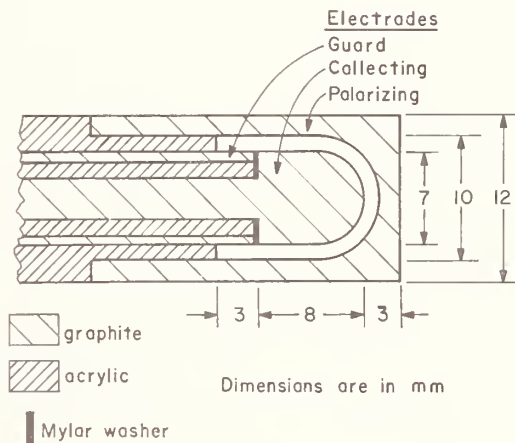
Fig. 1. Schematic cross-section of a PL1 thimble ionization chamber.

When inserted in a cylindrical hole in the phantom, the hole is filled with a graphite rod of the same diameter as the chamber. The chamber walls are not quite thick enough to provide electron equilibrium for cobalt-60 gamma rays. About 2% of the chamber current comes from electrons generated outside the cylindrical surface of the

chamber, while about ¼% comes from electrons generated in the matching graphite rod.

The guard electrode in the thimble chamber serves two purposes. It prevents current leakage between the polarizing and collecting electrodes, and it prevents the electrostatic field in the collecting volume from being influenced by changes in the charge distribution on the high-potential insulator. This feature reduces the chamber stabilization time to a few seconds and makes alternate measurements at both polarities more convenient. The difference between currents measured with positive and negative polarities depends to a small extent on the experimental situation, but is usually between 0.1 and 0.5% of the average. It can be made to disappear if all parts of the chamber except the active volume are shielded from radiation, but this is hardly feasible in a phantom. In our practice all measurements with these chambers are averages of positive and negative currents.

The collecting volume is 0.3 cm³ and the air gap is 1.3 mm throughout, making it a good approximation to a Bragg-Gray cavity. The collecting electrode has a relatively large diameter, permitting the use of large polarizing potentials with a resulting high ion-collection efficiency. The ratio of the potential gradient to the polarizing potential varies from 10.7 cm^{-1} to 5.8 cm^{-1} at the inner and outer surfaces, respectively, of the hemispherical part of the cavity. When the polarizing potential ϕ = 60 V, the minimum gradient is 350 V/cm, and when ϕ = 500 V, the maximum is 5400 V/cm. Within this range of polarizing potentials, the potential gradients are large enough so that corrections for general recombination are negligible up to at least 10^3 rad/s in a steady beam. These gradients are not large enough to cause sparking, which usually occurs at ϕ = 1000 V. Sparking does not seem to damage the chambers, probably because the position of maximum potential gradient is far from the insulators.

The three thimble chambers in operation at present all have input impedances larger than 10^{14} Ω and leakage currents of the order of 10^{-15} A, independent of polarity. Their calibration factors in terms of absorbed dose to water in a cobalt-60 beam are all close to 10 rad/nC = 0.10 Gy/nC at STP. Their recombination characteristics are identical and can be summarized by the equation:

$$\frac{I_\phi}{I_{60}} = K\left(1 - \frac{A}{\phi} + B\phi\right)\left(1 - \frac{CI_{60}}{\phi^2}\right) \quad (1)$$

where I_ϕ and I_{60} are the chamber currents or the measured dose rates for polarizing potentials of ϕ and 60 V, respectively. The constants have the values

A = 0.069 V

B = 1.3 x 10^{-5} V^{-1}

C = 0.20 V²/nA

   ≈ 0.020 V²/(rad/s) = 2.0 V²/(Gy/s)

K is a normalizing factor which does not differ significantly from unity for dose rates up to 100 rad/s = 1 Gy/s. Recombination measurements with one of the thimble chambers are compared with Eq. (1) in Fig. 2
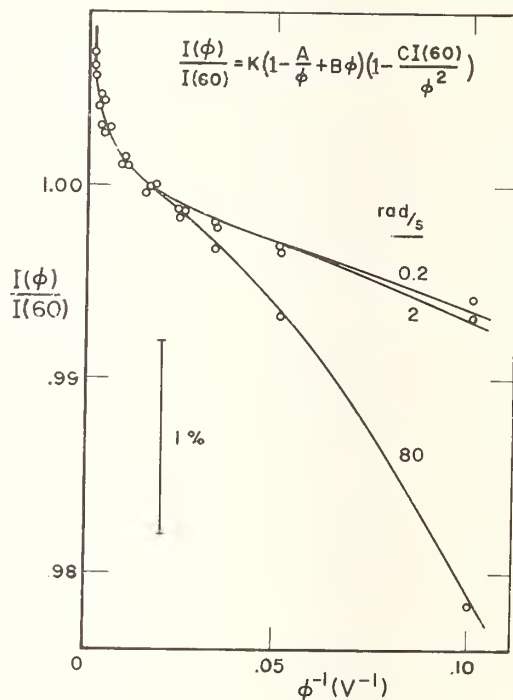
Fig. 2. Recombination measurements for thimble chamber PL1-10. The solid lines are predictions of the depicted equation.

The form of Eq. (1) is reminiscent of equations used to calculate recombination corrections to exposure determinations[1], in which the first bracketed term, which is independent of exposure rate, is identified with initial recombination, and the second

38

bracketed term with general recombination. The new feature in Eq. (1) is the linear term in ϕ in the first bracket, which describes the rise at the left side of Fig. 2. It is only significant for $\phi > 100$ V, and is smaller than 1% for ϕ as large as 500 V.

This linear term could represent the beginning of ion multiplication in the chamber, enough to increase the current above the expected value, but not enough to sustain a chain reaction leading to a spark. The increase in current appears with both polarities, but is more pronounced for a negative polarizing electrode, as would be expected from the higher mobility of electrons, which probably constitute a significant fraction of the negative charge-carrying particles.

For this chamber, Eq. (1) cannot be used to describe recombination corrections in terms of I_∞, the current at infinite potential, as is usually done with exposure measurements[1], unless the potential is so low that $B\phi$ can be neglected. However, the first bracket of Eq. (1) is not relevant to a calibrated chamber if it is used at the calibration potential. The correction for different dose rates is given by the second bracket in Eq. (1).

The thimble chambers have been used to make extensive depth-dose measurements in graphite and water phantoms which will be reported elsewhere.

The Cylindrical Chamber

Three chambers have been constructed as shown in Fig. 3, with cylindrical symmetry and two guard electrodes. The purpose of this change was to simplify the shape of the air cavity and make it more amenable to mathematical analysis. The results to date are somewhat equivocal, probably because

the assembly of a cylindrical chamber is considerably more complicated than for a thimble chamber. The input resistances are lower (10^{10}-10^{12} Ω) and the leakage currents are larger (10^{-14}-10^{-12} A). Nevertheless, the leakage currents are independent of polarity, and the averaging of positive and negative polarity measurements appears to correct accurately for leakage. The depth-dose measurements made with one of these cylindrical chambers, which had a leakage current of 3×10^{-13} A, are indistinguishable from those made with the better-behaved thimble chambers. The recombination characteristics also appear to be similar, at least at low dose rates.
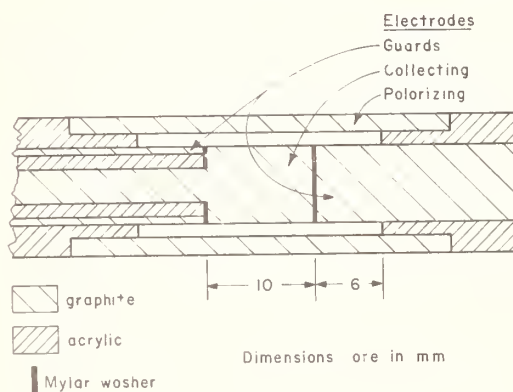
Fig. 3. Schematic cross-section of a PL2 cylindrical ionization chamber. Dimensions not shown are the same as for a PL1 thimble chamber.

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1. See, for instance, T. P. Loftus and J. T. Weaver, "Standardization of ^{60}Co and ^{137}Cs Gamma-Ray Beams in Terms of Exposure," J. Res. Nat. Bur. Stand. 78A, 465-476 (1974).

Acknowledgement

THE DEVELOPMENT AND APPLICATION OF MONOENERGETIC X-RAY SOURCES
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High flux standard x-ray beams have been developed in the energy range from 1- to 100-keV. These beams which are produced by direct excitation of characteristic x rays in elemental targets are useful for the investigation of phenomena associated with radiological imaging and the calibration of radiation detectors. The design and performance of the sources and some applications to radiation measurement systems will be discussed.

(Detector calibrations; fluorescence x-ray sources; K x-ray sources; pulsed x rays; radiographic imaging; steady-state x rays)

With the current emphasis on product evaluation and safety, nondestructive examination, and the need to develop new energy sources, the use of x rays is increasing rapidly. They are being employed not only in the conventional industrial and medical radiographic applications but in new techniques such as x-ray fluorescence analysis and as diagnostic tools in plasma fusion research. With all of these applications, however, a common need arises for a source of variable energy monoenergetic beams of x rays for the examination of the energy response of systems and for calibrations of x-ray detector responses.

Historically, this need for monoenergetic x-ray sources has been filled by the use of radioactive isotopies or filtered bremsstrahlung spectra. Radioactive sources, however, are severely limited in their usefulness because of the limited number of lines available (particularly, in the energy range from 1 keV to 100 keV) and because of the limited intensity range in small sources due to self-absorption effects. Filtered bremsstrahlung spectra do not suffer from the drawback of limited intensity, but do not in many instances provide the degree of monochromaticity necessary for the characterization of energy response required.

Monoenergetic x-ray beams from 1-100 keV can be produced by the excitation of characteristic x-ray lines. These lines can be excited by the interaction of either photons or charged particles in elemental targets. The photon excitation or fluorescence method has been widely utilized and is shown schematically in Fig. 1. Electrons produced by a heated tungsten filament are focussed on a cooled anode assembly. X rays and bremsstrahlung generated in the anode are then allowed to strike a secondary fluorescent radiator. Because of the nature of the photoelectric process, the x rays fluoresced in the secondary target are very nearly monoenergetic
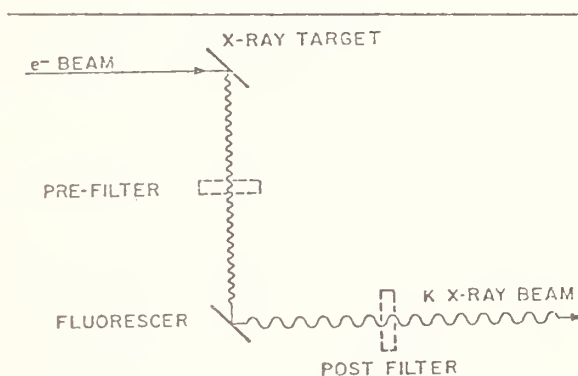
Fig. 1. Fluorescence method

(typically, for these sources, greater than 90% of the intensity is in the characteristic line of interest).[1] The principal drawback of this source lies in the two-step process involved. To achieve high output intensities, the primary anode requires cooling which complicates changing of the targets and altering of the x-ray energy. Because of these limitations, the intensities of fluorescent sources are limited to values below about 10^{10} K x rays per steradian per second.

In order to obtain greater flux densities and facilitate changes in the x-ray energy, we have developed a source which utilizes only the first step of the fluorescence procedure, direct electron excitation of characteristic lines in elemental targets.[2] Figure 2 illustrates the characteristic K line and bremsstrahlung angular distribution for a thin silver target for two different electron energies. Note that the bremsstrahlung is emitted preferentially in the direction of the incident electron momentum vector, while the K x rays are emitted isotropically. This suggests that with a proper choice of observation angles (near $180°$ with respect to the electron direction) the ratio of K x ray to
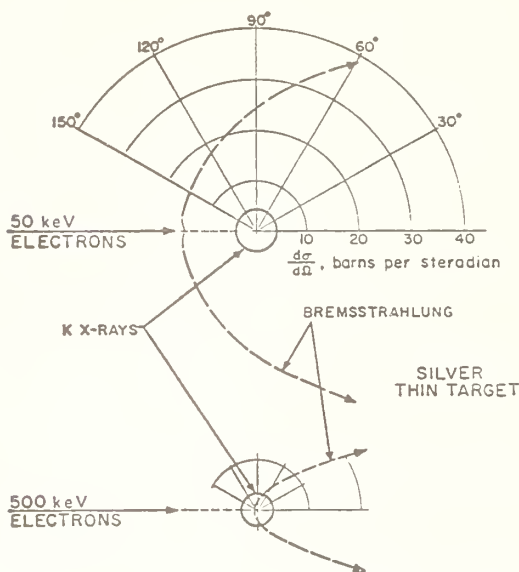
Fig. 2. Comparison of the angular dis-
tribution of K x rays (solid
lines) and bremsstrahlung (dashed
lines) for 50 and 500 keV elec-
trons incident on thin silver
targets.

bremsstrahlung output can be maximized. To
investigate whether this ratio can be made
sufficiently large for thick targets to pro-
vide adequate beam purities, an extensive ex-
perimental study of this process was under-
taken. In these experiments, x-ray targets
ranging in atomic number from beryllium to
gold were bombarded with electrons having
energies between 10 keV and 3 MeV from two
low energy NBS electron accelerators. The
x-ray spectra generated at 180^0 were recorded
as a function of the x-ray target thickness
with various photon spectrometers. The re-
sults of this study have been published[3] and
can be summarized as follows:

a. The ratio of the K x ray to bremms-
strahlung intensities can be made large enough
to provide beam purities in excess of 60% for
the entire range of energies from 0.1 to 70
keV.

b. This ratio is essentially independent
of target thickness so that rugged easily
handled targets are feasible.

c. The total output is determined by the
current loading capacity of the target and
even uncooled targets can provide flux densi-
ties of greater than 10^{10} K x rays per ste-
radian per second.

d. The x-ray beams can be optimized
for either maximum output or maximum purity
by a simple adjustment of the experimental
parameters.

e. The output can be extremely well
characterized by a measurement of the electron
beam current and energy.

Figure 3 illustrates the K x-ray output
as a function of the incident electron energy
for a variety of targets whose K x rays range
from 0.1 to 70 keV. These yield curves are
used to determine the flux density for a par-
ticular combination of electron energy
and target material. Figure 4 gives a schemat-
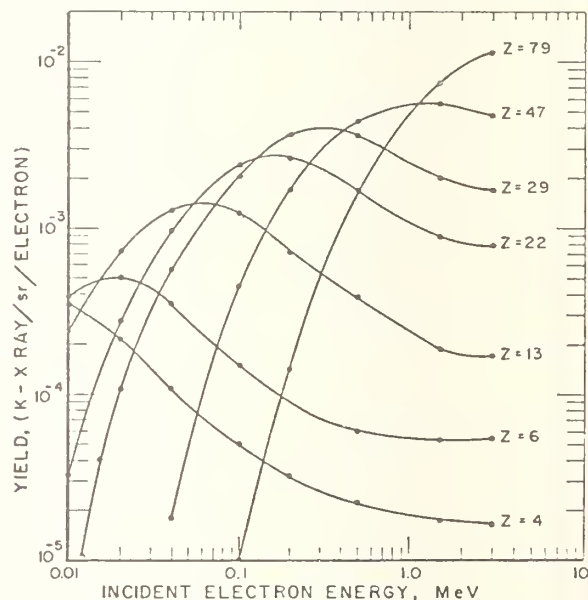
Fig. 3. Dependence of K x-ray yields for
thick targets of Z from 4 to 79 on
incident electron energy.
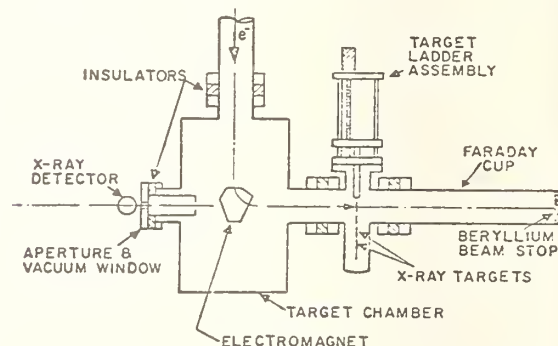
Fig. 4. Diagram of K x-ray source at 180^0
geometry.

42

VOLTAGE PULSE GENERATOR

ROSS FILTER ASSEMBLY

SWEEP MAGNET

CATHODE SHANK

DIODE GLASS ENVELDPE

DETECTDR

LEAD SHIEIDING

ANODE & TARGET BLOCK

TO VACUUM PUMP
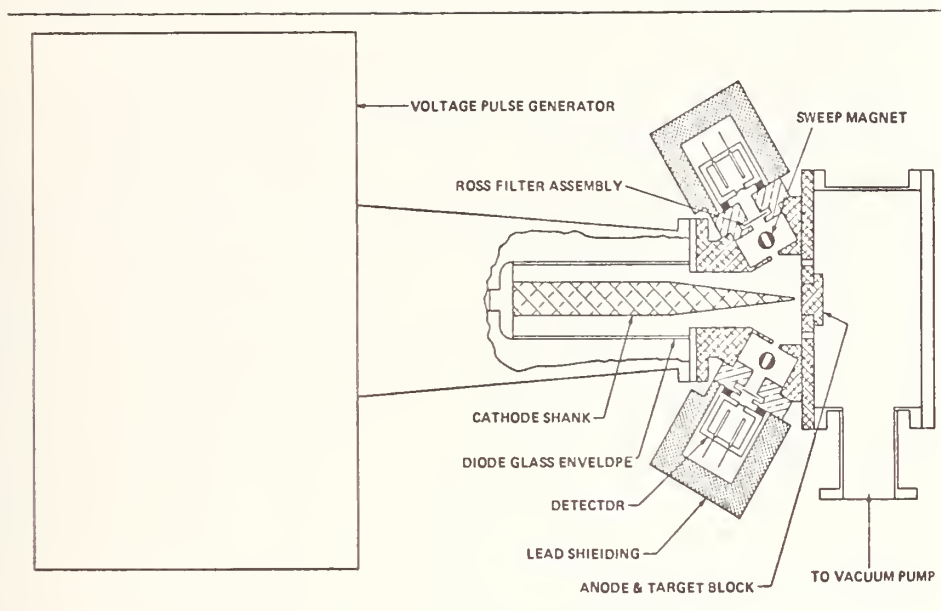
Fig. 5.   Pulsed K x-ray source

representation of the steady-state setup used for the measurements and as an x-ray source. Applications of this source will be described below.

In order to provide higher flux densities (up to 10^{18} K x rays/sr/s), a pulsed source has also been developed utilizing the concepts described above. Figure 5 depicts this source in which an intense electron beam generated by a high voltage pulser impinges on an elemental x-ray target. Typically, kiloamperes of beam current are delivered to the target in a few nanoseconds thereby circumventing the target heat loading problems associated with high current steady state sources. Four identical ports in an $120°$ geometry are equally spaced radially around the diode axis. This setup has been designed primarily as a calibration source for the calibration of radiation detectors utilized in high flux rate environments. In operation, a parallel plate ionization chamber developed at NBS to measure the pulsed x-ray flux density is mounted on one of the four ports to measure the absolute output for each output pulse. This detector has been calibrated on the steady-state source described previously and its linearity with flux density has also been measured.[4] Detectors to be calibrated are placed on the other ports and compared to the standard detector. At present, this setup provides pulsed x-ray beams from 1.5 to 8 keV.

With the availability of monoenergetic x-ray sources with energies from 0.1 to 70 keV and flux densities up to 10^{18} K x rays/sr/s, a number of experiments utilizing these beams

are underway at NBS. These experiments give some indication of the utility of such sources in a number of areas. The pulsed source has been used to calibrate a number of detectors. The calibration of a PIN solid state detector is shown in Fig. 6. These diodes are

SOLID STATE DETECTOR RESPONSE

RESPONSE (coulomb/ X RAY)

X RAY ENERGY, keV

THEORY
o MEASURED
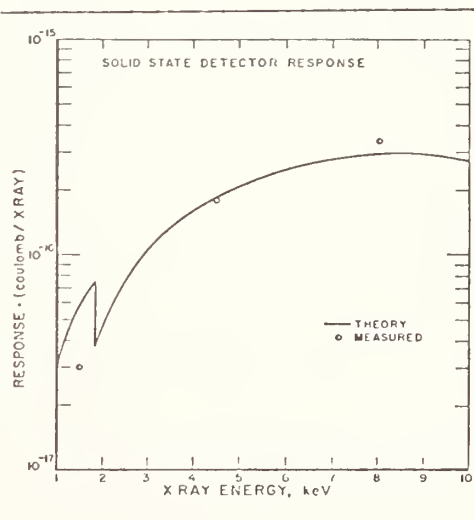
Fig. 6.   The energy dependence of a PIN silicon diode as compared to calculated responses from energy absorbed in silicon.

utilized in the measurement of soft x rays below 10 keV in the diagnostics of plasma fusion devices. The shape of the x-ray spectrum can be related to the electron temperature in the plasma, a parameter of prime
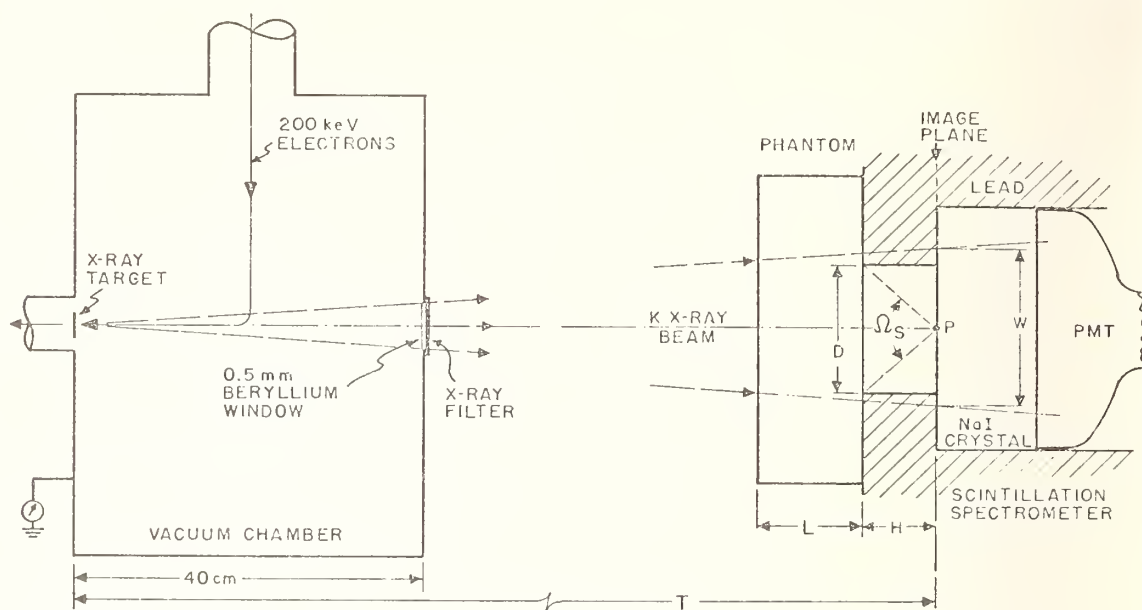
Fig. 7. Experimental arrangement for scatter measurements

importance in these experiments. Figure 6 illustrates the behavior of the diode as measured (open circles) and calculated (solid line) in this energy range. The calculated values are based on the mass attenuation coefficients and are corrected for dead-layer effects. Notice the variation in the response of this device from the calculated curve especially at low energies. This can lead to a significant error in the shape of the x-ray spectrum. This diode is designed for operation in high intensity environments and has a large steady-state leakage current which makes calibration in steady-state x-ray beams an extremely difficult procedure.

The steady-state x-ray sources are particularly well suited for measurements in radiographic imaging. Typical of these experiments is the measurement of the amount of scatter introduced into radiographic image signals as the x rays pass through the object to be radiographed. This scatter is the principal source of loss of contrast and unsharpness in radiographs.[5] Figure 7 shows the setup utilized to measure this quantity. A beam of monoenergetic x rays impinges on a scatterer of polystyrene. The x-ray spectrum which is transmitted through the phantom is recorded by a scintillation spectrometer. The amount of scatter present in the image signal can be determined from measurements of the spectra recorded as a function of the solid angle, Ω_s. Figure 8 shows the buildup of the scatter contribution to the image signal for a 10 cm thick and for a 21 cm thick phantom for x-ray

energies of 32 and 69 keV. These data have been reported fully elsewhere.[6]
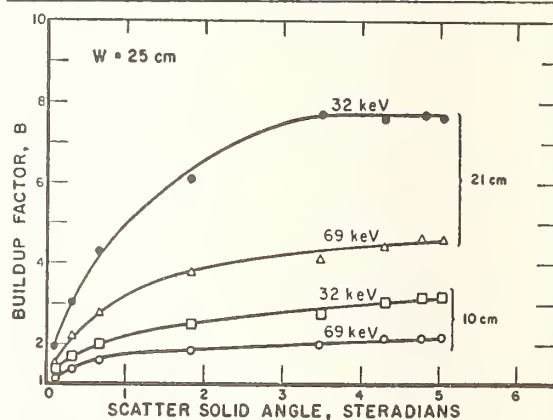
Fig. 8. Dependence of the build up factor, B, on scatter solid angle, Ω_s, for a 21- and 10-cm. phantoms and for incident x-ray energies of 32 and 69 keV.

In conclusion, we have developed highly monoenergetic x-ray sources in the energy range from 0.1 to 70 keV and with flux densities up to 10^{18} x rays/sr/s. These x rays are extremely useful in the calibration of detectors as a function of energy and flux rate and for any system whose energy dependence in this energy range must be ascertained.

44

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THE DESIGN OF A MOBILE RADIATION CALIBRATION LABORATORY
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A mobile x and γ-ray standards laboratory with facilities
for calibration and testing of radiation instruments has
been proposed as an effective method for propagating the
national standards for exposure directly to state agencies
responsible for local radiation control. NBS studies in-
dicate that this can be accomplished by equipping a trailer
truck with various sources of radiation, reference class
instrumentation, and power generating equipment. The
trailer described here incorporates radiation shielding
which will be optimized in relation to beam collimation,
direction, scattering, and maximum weight. The design
provides all proper safeguards prescribed by federal or
state agencies for transport over the nation's highways.

(Mobile laboratory; radiation calibrations; radiation con-
trol; radiation measurement assurance; radiation standards)

Introduction

A mobile ionizing-radiation calibration
facility has been proposed for calibrating
instruments for state and local agencies at
their laboratories. This mobile laboratory,
designed by and constructed under National
Bureau of Standards (NBS) supervision,
would further the national goal of radiation
measurement uniformity throughout the United
States. According to recent NBS surveys few
states at present maintain a calibration
range for field or laboratory type radiation
measuring instruments. An instrument to be
checked or calibrated is sent to NBS, BRH
(Bureau of Radiological Health), or private
calibration laboratories. Because of costs
and time delays, this generally means that
only instruments classed as reference or
laboratory standards are calibrated. The
"turn around time" for these calibrations
can be quite long.

As presently viewed by NBS, based on
needs expressed by a number of states, the
more immediate goals of the mobile labora-
tory are:

1. To calibrate the principal radia-
tion measuring instruments of the various
states.

2. To provide a tutorial or training
service on calibration and measurement pro-
cedures, and the establishment of suitable
calibration ranges.

3. To assist the states in solving un-
usual or unique radiation measurement prob-
lems that may arise in the course of their
work.

A long range goal of the laboratory is
to test the states' abilities to calibrate
their own radiation instruments as part of a
voluntary measurement assurance program.

All of these goals can be most effec-
tively accomplished with the aid of the mo-
bile laboratory.

Design Considerations for a Mobile Calibration Facility

General Requirements

At this stage the criteria established
for the mobile laboratory are:

a. The laboratory must meet all federal
and state safety requirements for transporta-
tion and operation of the facility.

b. The laboratory must be capable of
functioning without tying into the electrical
service and other facilities of the local or
state agency.

c. Insofar as practical, the laboratory
should be designed to use commercially avail-
able equipment in its construction. The
laboratory itself should be engineered and
built by private contractors according to
NBS specifications.

The Radiation Sources

Of primary importance is the decision as
to which radiation sources the laboratory
will require for calibrating radiation instru-
ments. Based on available survey information
and personal contacts, it appears that an
x-ray system capable of operating in the 25
to 300 kVcp range, and a higher energy, long-
lived gamma ray source will be needed.

The energy range of the x-ray system places it in the same region as is used for most medical diagnostic and radiographic procedures. This selection is not merely coincidental since monitoring the radiation levels of medical and dental x-ray units is one of the most important functions of the state radiation control agencies.

The x-ray source will have continuously variable, well-regulated tube potential and current, and would, if necessary, use both end-grounded and center-grounded tube heads. The tube current range should be from about 0.5 to 10 mA at 300 kV and 20 mA at 150 kV. These specifications are within the limits of presently available systems. Water cooling for the tube heads would be necessary. Based on measurements at NBS, such an x-ray source will provide an exposure-rate range from about 25 mR/h to 1000 R/h, using the same filtration presently used at the NBS x-ray standards laboratory and the distance variation permitted by the length of the calibration range.

Of the commonly used sources for higher energy instrument calibrations, generally ^{137}Cs and ^{60}Co, the former was selected because of its longer half life and reduced shielding requirement. In addition, the energy dependence of instruments does not change significantly in the region between 0.6 and 1.2 MeV. The specific exposure rate for ^{137}Cs is about 0.32 R/h per curie at 1 meter. A source with activity of about 3.1 Ci is required to produce an exposure rate of 1 R/h at one meter and about 60 mR/h at 4 meters.

The x-ray tube head (or heads) and the shielding cask holding the ^{137}Cs source would be mounted "piggy-back" style on the same vertical axis and they would be alternately raised or lowered into position for a calibration. (See Fig. 1.) A single track
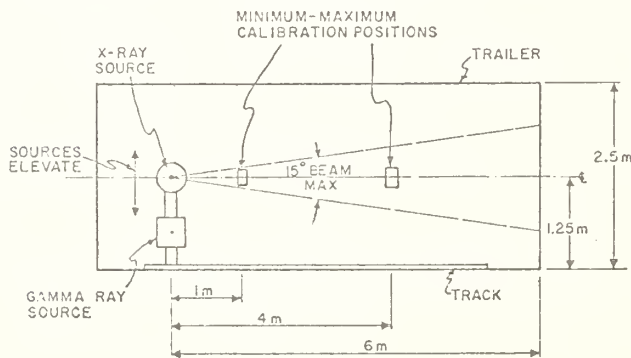
would extend down the center of the trailer for the length of the measurement room. The track will be designed so that the distance between a source and the reference point on an instrument being calibrated can be easily determined with high accuracy.

Shielding Requirements and Beam Collimation

The geometry described above and shown in Fig. 1 is designed to minimize scattered radiation in the calibration area. The useful beam for each source must be collimated so that no part of the primary beam strikes the side walls, floor or ceiling. The rear wall of the laboratory on which the direct beam impinges is expected to be 6 meters from the sources. The transverse cross-sectional area of the laboratory is expected to be about 2.5 x 2.5 meters. Therefore, walls parallel to the beam axis will be about 1.25 meters from the center of the track. The maximum beam diameter at 6 meters from the source with good collimation should not exceed about 1.5 meters. This requirement indicates a beam cone of about 15° total angle is required. Since most detectors used in radiation measuring instruments do not exceed 10 cm diameters, the maximum solid angle intercepted by the instrument being calibrated is at most 6 degrees at 1 meter and 1.5 degrees at 4 meters from the source. Beam uniformity must be such that over the useful beam size of 15° the variation in flux must not exceed 1%.

Where shielding is required lead has been chosen since it has the best shielding to volume ratio. Lead is also desirable since the radiation albedo decreases with increasing atomic number (see Fig. 2). In addition to the radiation shielding it may be necessary to provide magnetic and radio frequency shielding in the "skin" of the trailer itself. Sound and thermal insulation will also be needed. Fluorescence from the shielding material will be investigated and if significant, the proper material to reduce it without increasing albedo can be applied as an internal lamination to the lead wall.

The shielding thickness is graduated, with the heaviest shielding on the back wall opposite the source and on the wall separating the control area from the radiation area. The details of the radiation shielding are shown in Fig. 3. The wall between the control area and measurement area requires a minimum of 3 millimeters of lead to reduce the radiation to the same level (2.5 mR/h) as the exterior surfaces.

Fig. 1. Source and detector arrangement in the mobile laboratory.

Fig. 2. Energy albedo of monochromatic photons with initial energies from 0.2 to 2.0 MeV normally incident on semi infinite media of different atomic number (from Berger and Raso)[1]

Laboratory Facilities and Services

Electrical service will be required in the lab to operate the x-ray set, general lighting, instrumentation, and air conditioning. The power required should be provided by a self-contained motor-generator system with the alternative provision that power may be obtained by cable where adequate local ac service is available. The air-conditioning system would provide both cooling and heating capabilities as well as control of the relative humidity. The entire laboratory should be thermally well-insulated to minimize the power required for air conditioning. The system should be capable of maintaining the entire lab at a given temperature within $\pm 1^{\circ}C$ and the relative humidity to $\pm 5\%$. The x-ray unit will require a closed water cooling system for the tubehead with provision for heat exchange using the laboratory air conditioning unit or its own water cooler.

The following table indicates the estimated electrical power needs.

Table 1. Estimated Electrical Service Needed

Item	AC Power Required
X-ray Unit	240 V ac, 7 kW
Air Temperature Control (Heating & Cooling)	240 V ac, 15 kW
Motorized Tube Head-Source Elevator & Shutter Mechanism	240 V ac, 1 kW
Lighting, Electronics, etc.	120 V ac, 5 kW

Item 2 includes the 3 kW of power needed for cooling the x-ray tube head. Total power needs are, therefore, about 28 kW. This can

Fig. 3. Plan view of the mobile laboratory showing the shielding arrangement surrounding the radiation area.

49

best be handled (perhaps) by two motor generators rather than one large one. It is assumed that most states will not be able to supply this much power from their laboratory lines so the motor generator system should have a high usage factor.

Overall Layout and Weight Estimates of Laboratory

The overall layout is shown in Fig. 3. The radiation room occupies an area of about 7 by 2.5 meters wide x 2.5 meters high and is expected to house the x-ray generators, the water cooler and circulator, the x-ray tube head and the ^{137}Cs source with its container. Access to this area is through a shielded sliding door properly interlocked and monitored for safety. The control area of about

3 x 2.5 meters wide x 2.5 meters high will contain all controls for operating the x-ray unit or the shutter for the source as well as a data acquisition and processing system. A cable rack properly shielded to prevent radiation leakage into the control room area will provide the means for sending and receiving information between control room and radiation room.

Some of the estimated weights and sizes of the equipment to be installed in the mobile facility are given in table 2. Noise and vibration from the air conditioning units, the water cooler or the motor generator set must be reduced to a very low level because of the sensitive electronic equipment used in this facility. This may require, for example, that these items be so designed that during operation they can be acoustically and mechanically insulated from the trailer (e.g., by outboarding on tracks).

Table 2. Size and Weight of Laboratory Equipment and Shielding

Item	Estimated Floor Space Needed (Meters)^2	Estimated Weight kg
1. X-Ray Units		
(a) Generators (2)	2	560
(b) Control Unit	1/2	40
(c) Tube Heads	1	90
(d) Water Cooler	1/4	80
2. Isotope Source	1/2	180
3. Lead Shielding		
Forward Wall (2.5 cm) Side Walls (2) Back Wall	See Figure 3	4100
4. Electrical Generator	1	700
5. Air Conditioning System	1	300
6. Control Console w/Instrumentation & Work Bench	2	600
Total		6650 kg

Choice of Vehicle for Laboratory

Consideration was given to two types of vehicles for the mobile laboratory; the recreational van such as many states and federal agencies use for environmental monitoring and other functions or a tractor-trailer type truck. The recreational type van comes close to meeting the length requirements but the largest has a load-carrying capacity that is a factor of three too low. It would appear that a truck is the only practical solution. A representative of one of the major tractor manufacturers suggested that the tractor-trailer combination would be the best arrangement for the load range (20,000 lb.) the lab would require. One standard size trailer in this range is 12 m (40 feet) long, 2.5 m (8 feet) high, and 2.5 m (8 feet) wide. This trailer has a mass of 5000 kg (11,000 lb.), so a suitable tractor would need a "gross vehicle weight rating" of at least 14,000 kg (31,000 lb.). This is no problem for existing tractors. Because of the delicate nature of the equipment in the trailer an air suspension shock prevention system will be prescribed.

Calibration Standard

The mobile laboratory calibration standard will be a transfer quality ionization chamber instrument, of high precision, calibrated against the national standard maintained at NBS.[2] As indicated in reference 2, this instrument would probably be of guard ring design with low leakage and high consistency in exposure rate measurements. In all likelihood, two transfer quality instruments would be provided to cover both the high and low energy range. The redundancy necessary in a mobile laboratory dictates that each transfer quality instrument be provided with a back-up, which may or may not be of the same type. All standards maintained in the mobile laboratory will need to have a careful check on their energy dependence over the range from 25 keV to 1.2 MeV.

Operational Considerations

It is expected that two people will be required to man the mobile laboratory in the field - one a physicist-supervisor-instructor, the other a driver-technician-laboratory operator. They would spend an average of three days out of the workweek at one site calibrating and the other two days in travel, set-up and routine checks and maintenance. Considering servicing, vacations, illnesses, etc., it seems reasonable to assume 40 places visited in one working year. This means all states could be covered about once every two years. Most likely Hawaii and Alaska would be required to send or bring their instruments to the nearest calibration facility on the American continent--perhaps California or the state of Washington.

Conclusion

A properly designed mobile radiation calibration laboratory, useful in the national radiation measurement assurance program, is most effectively realized in the tractor-trailer truck design described here.

While the present operational scheme has this facility traveling from state to state on a regularly scheduled basis, it could also serve as the means for tying "regional" calibration facilities to the national standards should such facilities be created. Also, if and when the states establish their own calibration ranges, the mobile laboratory could not only serve as an adequate design model but could be used to check the effectiveness and accuracy of the state calibration ranges.

On the basis of these potential benefits to the nation, the utility of the mobile facility seems to be proven.

References

1. M.J. Berger and D.J. Raso, Radiation Research 12, 20 (1960) Also, NBS Report 5982 (Feb 8, 1960)
2. NBS private communication with T.P. Loftus

AUTOMATED CALIBRATION AND RECORDKEEPING SYSTEM FOR X-RAY SURVEY INSTRUMENTS

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A system for monitoring and controlling the calibration process for x-ray survey meters has been designed. A minicomputer with a real-time operating system and on-line disk storage provides the acquisition, reduction, and control parameters for the process and also maintains the recordkeeping for instruments dispersed over the country. The system is designed to rapidly provide information to multiple terminals about the calibration and availability status of survey instruments in order to facilitate the use of large numbers of instruments.

(Calibration; Recordkeeping; X-ray; Computer; Instruments; Automation)

Introduction

The administration and enforcement of Public Law 90-602, the Radiation Control for Health and Safety Act of 1968, is a primary concern of the Bureau of Radiological Health. The implementation of performance standards for electronic products which produce x-radiation has been a result of Bureau activities under the Act in addition to general requirements for equipment which is not specifically covered by a performance standard.

The Bureau has also initiated cooperative programs which strive to reduce unnecessary exposure to manmade radiation (Nationwide Evaluation of X-ray Trends, Dental Exposure Normalization Technique). These programs monitor the population exposure and also aim at reduction of exposure through assistance offered to the users of x-ray equipment.

The support of the Act and the cooperative programs require large numbers of x-ray measurement instruments consisting mainly of battery operated portable survey meters. Since these meters are used in the enforcement of a Federal law, the measurements performed with these meters must be defensible in legal actions and possibly court actions. Therefore, the meters must be calibrated against recognized standards and all documentation of this process must be available. The care exercised in the Bureau is probably excessive for many of the meters calibrated; however, all instruments must possess well documented calibration records if they are to be used in possible legal actions.

Typically, in a six month period, the Bureau is responsible for calibrations on over 100 Victoreen Model 666's, 30 Victoreen Model 555's, 30 Victoreen Model 440 RFC's, 20 MDH Model 1015's, 30 Victoreen Condensor R-meter sets, assorted Low Energy Pocket Chambers, a large number of thermoluminescent dosimeters, and assorted other ionization chamber type instruments. Where applicable, each instrument is given an electrical check of the readout electrometer, gross radiation check, leakage check of integration capacitor, response time check, and finally is calibrated against a radiation standard. It is obvious that a large number of instruments are involved and many parameters must be recorded. In order to continue providing calibration services for increasing numbers of instruments and to maintain records and inventory for these, it became necessary to computerize as much as possible of the routine work.

Automated Calibration

The Calibration Process

All x-ray survey meters exhibit readings which are affected in a non-linear fashion by the energy of the incident x rays. In addition, most meters are also affected by temperature and pressure variations since they are open air ionization chambers. For these reasons, the calibration process must not only include information which correlates the reading of the meter with true Roentgens but must also correlate the response with specific energy, temperature, and pressure conditions.

A typical x-ray beam contains photons distributed over all energies up to the maximum applied x-ray tube potential

(kilovoltage). In our facility, the combination of kilovoltage, first half-value layer and second half-value layer is being used for the x-ray beam quality (photon energy distribution) specification.

A meter must be compared to a known standard to determine the calibration correction. The standard used in this laboratory is a Victoreen Instrument Co., Model 415A Tranfer Chamber with a readout composed of a Keithley Instruments Inc., 216 Electrometer and a General Radio Co., type 1403 Standard Air Capacitor. Since this system is designed to measure integrated charge from the transfer chamber, exposure time information must also be obtained. To secure this information, an air operated shutter was designed to turn the beam on and off to provide accurate time information.

Since the comparison of the standard and the meter may be performed in sequence, the x-ray tube output must be stable. The best indicators of stability of the tube (without perturbing the radiation beam with another instrument) are the high voltage (kV) and the x-ray tube current (mA). Table 1 lists the parameters entering into a calibration.

The first five items are essentially constants. Kilovoltage and tube current are monitored and controlled. Temperature and pressure readings are used to correct the instrument readings. The three remaining items are the primary variables used to compute the correction factor.

The simplest calibration which can be performed is a single point calibration. This entails the comparison of the meter to the standard with a single x-ray beam. In practice, most meters must be calibrated against a variety of x-ray beams since they are used at more than one energy.

By changing the kilovoltage and the filters in the x-ray beam, the entire process can be repeated for different sets of beam parameters.

Choice of Control System

It becomes evident that a large number of parameters are involved in the calibration of a meter. If all of these quantities are recorded and monitored by hand, the possibility of error increases while throughput decreases. Because of this, it was decided to automate as much of the process as feasible.

Table 1. Parameters of Importance for a Calibration

First HVL at calibration position
Second HVL at calibration position
Capacitance of standard capacitor
Correction factor of transfer chamber
Correction factor of electrometer
Kilovoltage of x-ray tube (kV)
Stability of tube current (mA)
Temperature
Atmospheric pressure
Time of exposure
Electrometer reading
Survey meter reading

Calibration control systems in the past have usually been run by talented and methodical individuals who monitored and controlled the complete process. Our intent was not to replace these people but rather to provide them with help in their more mundane tasks as well as to provide more salient information than was available previously. A competent operator can observe many types of errors in a system but is usually incapable of recognizing slow changes in the quality of his calibrations. For these reasons we decided to provide a system capable of monitoring the entire calibration process. After a review of available systems, it was decided that a system operating on a minicomputer was appropriate. Table 2 lists the equipment in this system. Since the system was intended to provide meaningful information for the operator and to speed up the collection and reduction of data, it was designed to operate in real time. The power of the computer is used to monitor the process and advise the operator of trends or errors.

Equipment Changes Needed for Automatic Control

Since the choice was made to use a minicomputer for control of the process, all equipment in the facility had to be made compatible with the computer. A decision was also made to utilize equipment which could be used manually if for any reason the automated system would fail. Thus, the power supply was fitted with digital kV and mA meters. The shutter controller was built with digital timers and comparators and with the ability for computer control of the exposure time. The electrometer is a digital device with a remote readout at the control panel. Temperature, pressure, and humidity are also displayed digitally at the panel. The meter under test is usually an analog type instrument that cannot be interfaced directly to the computer. However, television

54

Table 2.   Digital Equipment Corporation
           PDP 11/40 Computer System

PDP 11/40 processor with floating point
  and extended instruction set
48 K core memory
Cartridge disk drives, 4.8 million
  words total storage
Line printer, 300 lines per minute
Assorted interfaces for data
  acquisition and control
Printing terminals, one at each
  calibration facility, one at the
  computer console
CRT terminals, located at convenient
  locations for inventory update
RSX-11M real time operating system

monitors have been installed to read the
instrument and a controller was designed to
turn the function knobs of the instrument
remotely. A terminal which has printing
capability is also provided for manual entry
of the meter reading.

We are presently modifying an instru-
ment incorporating a digital electrometer
(MDH model 1015) to provide a digital
output that can be connected directly to
the computer. If this survey meter is
adopted for routine use, the necessity of
manually entering the reading will be
eliminated, therefore, providing additional
time savings.

Concept of the Calibration Process under Computer Control

The calibration of a meter can now be
performed without manual intervention. For
each beam used the kilovoltage, first half-
value layer, and second half-value layer
are stored in the computer. The
capacitance of the standard capacitor and
the correction factors of the electrometer
and transfer chamber are also stored in the
computer. The room temperature and pressure
can now be checked at each exposure, and
more importantly, the stability of the x-ray
tube can be continuously monitored. The
computer can also check the sequential steps
of a calibration and therefore standardize
the process. The operator is free to
observe the function of the meter under test
and needs only to read the instrument after
the exposure terminates. This savings of
time results from the fact that no numbers
are entered into the system except the
actual meter reading.

Implementation of the Computer Controlled System

The flexibility of the computer based
system allows many modes of operation.
However, since the process of calibration
must be accurate and reliable, caution
must be exercised to insure that the
increased complexity of equipment does not
degrade the performance of the system.
Therefore, the automation of this facility
is being performed in stages with extensive
tests performed at each stage to verify the
performance of the system.

The first stage is to use the computer
as a manual entry system assuring that each
of the systems are performing accurately
under manual control. At this stage, the
computer merely contains a program which
calculates the correction factors and types
a calibration report. Since calibrations
were previously performed in this manner,
this provides a valid check on the
individual items of the system. At present,
our old manual facility also uses this
program.

The second stage is to interface the
computer so that it can read all the
parameters of the process. The operator
still manually initiates all functions,
chooses beam parameters, and basically
controls the process. The computer is the
data accumulator, but minimal additional
tests are performed on the data. This
stage tests both the hardware and software
of data accumulation.

The third stage is to allow the
computer to perform an analysis of the pro-
cess as related to its input and also as
related to previous work. This quality
control function is probably the most
important function of the system. The
operator now has information which informs
him on the quality of the work today as
compared to all previous work.

The final stage is to program the
computer to control the actual process of
calibration. Caution must be exercised
here since some equipment (such as high
voltage supplies) must be very carefully
controlled because of the potential for
harm to the equipment or the operator. At
this point, the largest time saving is
realized because all the routine button
pushing is performed by the computer while
the operator need only enter the survey
meter reading and monitor the quality of
the work. The goal of this system will be
realized when the computer can read the

meter as mentioned previously.

It is planned to provide for multiple simultaneous calibrations. This has been designed into the system along with automatic positioning of instruments in the beam. Tests must be performed on beam uniformity and cross-scatter before the first system could be used. In any case, the system will allow rapid change from one meter to the next with reduced calibration time resulting.

Inventory Control

The use of large numbers of survey meters in the field necessitates a system of recordkeeping that provides accurate information on the location and status of any meter. It was decided to incorporate this information on the same computer system, since the calibration of the meter and its status are pertinent to the use of the meter.

Design of System

Several factors should be accessible from a recordkeeping system if it is to be used. Information about a single meter should be retrievable by entering the model number and serial number and information on the status of a class of instruments should be available. Searches of this data base should be possible for any parameter stored. The updating of the information should be a simple, interactive process. Terminals should be located in convenient places where the information is generated, otherwise updates will tend not to be entered.

Implementation of the Inventory System

Since this system is designed for different types of survey meters, the form of the records may vary by type of instrument. In general, meters are either self-contained or are composed of a readout (electrometer) and one or more sensors (chambers). Usually, the chambers are interchangeable and thus must have their own records. Table 3 shows a typical record format for a survey meter, and Table 4 shows the individual chamber records.

Conclusion

The system has been partially implemented at present. All equipment is functional and the interfacing of sensors to the computer is in process. The programming of the computer to handle acquisition and reduction of calibration

Table 3. Electrometer Records

Model number of instrument
Serial number of instrument
Purchase date
System entry date
Date of last repair
Number of repairs on this instrument
Name of user issued to
Address of user

Status Code

1. Returned for repair (to manufacturer)
2. Undergoing electrical check
3. Undergoing calibration
4. Ready for issue
5. Uncalibrated storage
6. Inhouse repair
7. Inhouse use
8. Issued

Use Code Number

1. BRH Inhouse
2. Compliance EDRO
3. Compliance state contract
4. NEXT program
5. State
6. Other

Owner Code

1. BRH
2. Program indicated in use code

Number of chambers mated with this electrometer (0=Self-contained)
Model and serial number of each mated chamber

Table 4. Chamber Records

Model number of chamber
Serial number of chamber
Purchase date
System entry date
Date of last repair
Number of repairs on this chamber
Last calibration date
Model and serial number of electrometer mated with

Status Code

1. Mated with electrometer
2. Returned for repair with electrometer
3. Returned for repair without electrometer
4. Storage (unmated)

data is complete. The inventory control phase of programming has been initiated. Substantial time savings have already been noted. As rapidly as possible, the remainder of the system will be completed.

The system makes feasible the maintenance of a population of instruments numbering in the hundreds, in active continuous use, geographically distributed across the nation. It would be impractical to attack this task with conventional techniques.

STANDARDIZATION OF A NATIONWIDE GAMMA RADIATION CALIBRATION SYSTEM

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A standardized γ radiation calibration system has been developed
and is presently being used to provide uniform γ radiation fields
for the calibration of $\sim$ 500,000 γ measuring, civil defense survey
instruments. The instrumentation, procedures, data handling tech-
niques and secondary standards developed to make the system direct-
ly traceable to National Bureau of Standards are described and dis-
cussed. A simple test and evaluation of the total system is described.
The test data obtained appears to show that the true roentgen is
probably being provided to 48 maintenance locations with an accu-
racy of better than ±6% and that the instruments can be calibrated
to within ±14% of the true exposure rate at one point on each de-
tection range.

(γ radiation, roentgen, exposure rate, instrument, γ response, ion
chamber, standard, geometry, calibration)

Introduction

The Defense Civil Preparedness Agency
(DCPA) of the Department of Defense has in
readiness a nationwide radiological monito-
ing system designed to measure significant
levels of radioactive fallout from a strate-
gic nuclear attack on the United States.
The primary radiation measuring instrument
developed for this purpose is the CDV-715
survey meter. This instrument uses a her-
metically sealed, non-pressurized ion cham-
ber for a detector and has four ranges of γ
exposure rate sensitivity; 0-0.50, 0-5.0,
0-50 and 0-500 R/h. The current from the
ion chamber develops a voltage across one of
four high megohm grid resistors, one for
each range. This voltage is applied to the
grid of an electrometer tube. A 50μA indi-
cating meter measures the current through
the electrometer tube and is calibrated
against the known γ exposure rate with a
separate variable shunt resistor for each
range on the instrument. There are $\sim$
500,000 of these instruments distributed
throughout the United States in monitoring
stations, fallout shelters and other emer-
gency locations under the direct control of
the local and State Civil Defense Authori-
ties. The individual States are responsible
for the maintenance and calibration of these
instruments within their boundaries. This
program is implemented by 48 separate State
maintenance shops located within the 50
States and Puerto Rico. The device used to
calibrate these instruments is the CDV-794
γ Radiation Calibrator with one or more
located in each shop. The calibrator con-
tains $\sim$ 130 Ci of ^{137}Cs - ^{137}Ba in a sealed
source. The γ radiation from this source is
collimated into a lead lined box containing
the instrument in a fixed geometry. By the
use of three tungsten attenuators, four dis-
crete γ exposure rates of $\sim$ 0.40, 4.0, 40
and 400 R/h are produced at the instrument
ion chamber. The shunt resistors on the
instruments are adjusted by remote, mechani-
cal means to produce the proper indication
on the 50μA meter of the CDV-715 instrument
on each range. The methods and instrumenta-
tion used in this system to calibrate the
four γ exposure rates produced in each CDV-
794 γ Radiation Calibrator against the true
roentgen as determined by the National Bu-
reau of Standards (NBS) is subject of this
report.

Methods and Instrumentation

The primary secondary standard γ radi-
ation field against which this system is
standardized is produced by a 490 Ci ^{137}Cs -
^{137}Ba sealed source. This source is colli-
mated by a shield which produces a γ beam in
free air $\sim$ 10 meters in useful length and $\sim$
3.0 meters in diameter at its widest useful
portion. This γ radiation field is cali-
brated by feeding the ionization current
collected from a Shonka high energy ioniza-
tion chamber[1] into the input of a vibrating
reed electrometer and a standard air capaci-
tor with a low capacitance cable. As the
capacitor charges, the electrometer meter
current closes a sensitive relay starting a
counter connected to a 1 kc square wave fre-
quency standard. The voltage on the capaci-
tor is nulled with a precision voltage
source until the total voltage reaches a
predetermined value and the relay turns off
the counter. The voltage collected is $\sim$ 10
times full scale to further reduce timing
errors due to variations in the relay clos-
ing current. The total count gives the

Shonka Chamber

Start
Stop

Sensitive Relay

Counter

High Voltage

1 kc Frequency Std.

Feedback

Vibrating Reed Electrometer

Standard Air Capacitor

Precision Voltage Source
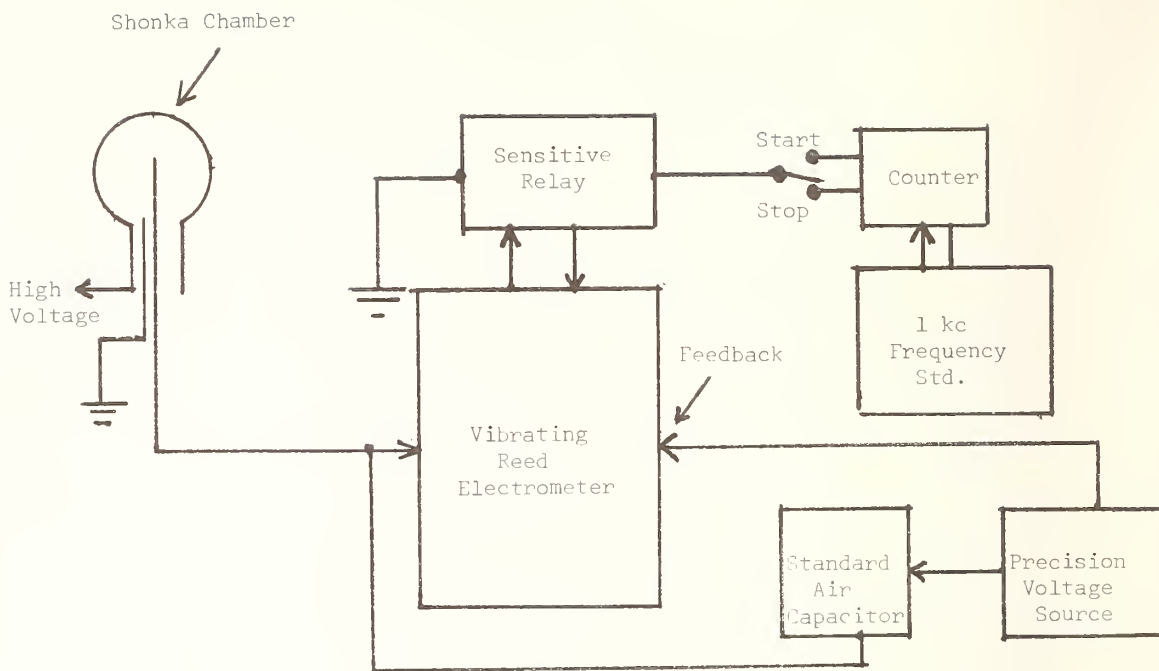
FIGURE NO. 1: BLOCK DIAGRAM OF THE SHONKA CHAMBER SYSTEM

exposure time in seconds and milliseconds. A block diagram of the basic system is given in Figure No. 1 above.

NBS has calibrated[2] the Shonka chamber, the voltage source, and the capacitors used in this system. Point by point calibration is accomplished by positioning the Shonka chamber in the collimated γ radiation field and collecting ionization current at a number of points along the range. Radiation intensity is calculated by the equation:

$$I = \frac{CV}{t} \cdot CF_{NBS} \cdot CF_{STP}$$

where: I = radiation intensity
CV = capacity X voltage
t = time in seconds
CF_{NBS} = NBS Calibration Factor
CF_{STP} = Standard temperature and pressure correction factors

To eliminate misinterpreting data from graphs, the radiation intensities are converted to program cards for a programable calculator. The date and desired exposure rate are entered into the calculator and the distance is calculated. The calculator used is a rather basic one and in order to make the program usable, some simplifying assump-

tions must be made. The first is the assumption that the γ range follows inverse square law. After correcting for air attenuation and finding the effective source to detector distance for the source detector geometry, inverse square law is good over a limited range. From 50 cm to ᴧ 6 meters this program gives distances to better than 1% agreement with measured exposure rates. At a distance of ᴧ 6 meters scatter becomes significant and the program distances are not used for this application. Overall precision and accuracy for this total system which serves as the primary secondary standard for all DCPA γ calibrations is within $\pm 4\%$ of the NBS values for the roentgen. To calibrate the exposure rates from the CDV-794 calibrator against the 490 Ci $^{137}Cs - ^{137}Ba$ standard γ field the CDV-765 Transfer Standard[3] was developed for DCPA. This device consists of an hermetically sealed, unpressurized, ionization chamber detector, electrometer integrator, and a digital readout, plus a logic and switching control system to permit automatic or semi-automatic operation. The ion chamber detector has an identical geometry to the standard CDV-715 ion chamber and is mounted in a standard CDV-715 instrument case along with a constant current tube which is used as an operational check for the instrument system. The ion chamber current is fed to

60

the input of a vibrating capacitor elec-
trometer connected as a feedback integrator.
The chamber is connected by means of a 10
foot low capacity triaxial cable. The elec-
trometer output voltage is digitally dis-
played at the end of the operational cycle.
The logic and switching circuits control the
electrometer input reed switches, select the
integration period and range capacitor,
operate the readout and provide an automatic
repeating cycle. Figure No. 2 below, is a
block diagram of the CDV-765 system show-
ing the interrelationship of the electrom-
eter, digital readout, and control system.
It should be noted that the operation of
the standard consists of selecting the
desired sensitivity range and actuating the
start button. The rest of the operational
cycle is fully automatic and cannot be
altered except by using the reset button
to interrupt an integrator cycle in pro-
gress. The time delay circuits must op-
erate sequentially before a new integrator
start is possible, and any disruption of
their normal cycle only increases the total
delay time. This was programmed into the
control system to insure that the polystrene

integrator capacitor is completely discharg-
ed before each new cycle is started to
obtain consistent readings.

The CDV-765 instrument may be operated
either by a single cycle with manual push-
button restart, or may be operated with a
completely automatic repeating cycle with a
continuously updated reading.

If the master control switch is set on
the low range and the exposure rate is 40.0
R/h or greater, an over-voltage detector
circuit acts as soon as the electrometer
output voltage exceeds full scale and shorts
out the electrometer input circuit, dumping
the charge on the integrating capacitor and
protecting the circuits from jamming. The
control circuit then disables itself and
locks up, with an over range trip light
(ORT) to show what has occurred. Until the
reset button is pressed, no restart is pos-
sible. The CDV-765 is equipped with an alu-
minum clad, styrofoam lined, plywood ship-
ping case which holds the console, detector
cables and instruction manual and protects
it from rough handling during shipment.
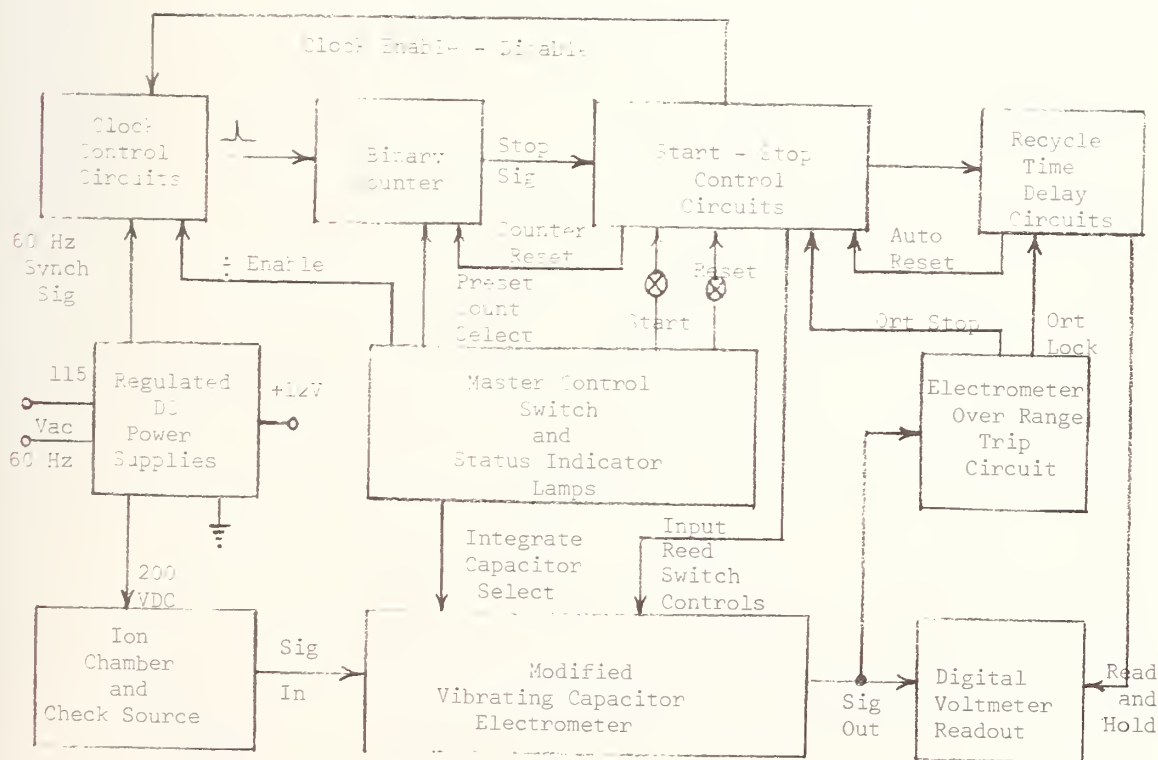
FIGURE NO. 2: BLOCK DIAGRAM OF THE CDV-765 TRANSFER STANDARD

61

TABLE I: VARIATION IN CALIBRATION BETWEEN TWO TRANSFER STANDARDS

Exposure Rate Range	CDV-794 Calibrator Serial Nos.		
	002	004	035
400 R/h	0.89%	1.27%	0.23%
40 R/h	1.35%	1.73%	0.73%
4.0 R/h	1.37%	1.89%	0.95%
0.4 R/h	1.57%	1.85%	0.03%

The CDV-765 is calibrated in the standard ^{137}Cs - ^{137}Ba γ field at exposure rates of 0.40, 4.0, 40 and 400 R/h and the output voltage recorded as a calibration factor at each rate in the instruction manual. This instrument is then shipped to a State maintenance shop where it is placed in the CDV-794 γ Radiation Calibrator. The four discrete γ exposure rates provided by the calibrator are measured with the transfer standard and are recorded. The exposure rate values determined by the transfer standard factors are then used by the State shop to set the response of the CDV-715 ion chamber instruments using the calibration potentiometers.

Evaluation of the System

In order to determine the maximum possible precision for transferring the NBS roentgen to these CDV-715 instruments, our Facility conducted a test and evaluation of each step in the system. Two CDV-765 Transfer Standards were calibrated in the 490 Ci ^{137}Cs - ^{137}Ba γ field using the procedure described above. These two transfer standards were then used to calibrate the four discrete γ exposure rates from three CDV-794 calibrators. The variation between the exposure rate for each transfer standard was then compared. The results of this comparison in terms of percentage is given for each discrete exposure rate for each calibrator in Table I above. The maximum variation response between the two transfer standards was 1.89% and the smallest difference was 0.03% for the 12 exposure rates evaluated. The mean variation between the determinations of the two standards was 1.16%.

Twenty CDV-715 instruments were then calibrated against the exposure rates determined by one of the transfer standards in CDV-794 γ Radiation Calibrator, Serial No. 035. These 20 instruments were then placed in the other two CDV-794 calibrators and their response was compared against the exposure rate determined by the same transfer standard for the particular calibrator used. The variation between the CDV-715 instruments γ response and the exposure rate in the calibrator was determined. The mean γ response of the 20 instruments and the maximum and minimum response for the 20 instruments for each discrete exposure rate for both calibrators is given in Table II. As given in the data the largest variation for the 20 instruments over any of the eight discrete exposure rates was 7.1%. The largest single variation observed for one instrument was +3.8%.

The 20 instruments were then placed in the standard ^{137}Cs - ^{137}Ba γ radiation field at the exposure rates obtained in CDV-794 Serial No. 035 and their γ response compared with the primary exposure rate value. The percentage of variation from the primary exposure rate value is given in Table III.

The maximum variation in response for the 20 instruments over any of the four discrete exposure rates is 8.0% with the largest single variation for one instrument being -7.5%. It should also be noted that in general the response of the CDV-715 instruments is less than the primary exposure rate to which they were exposed; particularly at the 0.40 R/h and the 4.0 R/h rates.

TABLE II: VARIATION IN RESPONSE OF 20 CDV-715 INSTRUMENTS IN CDV-794

Instrument Calibration Exposure Rate	CDV-794 Calibrator Serial Nos.			
	002		004	
	Mean Response	Extremes of Response	Mean Response	Extremes of Response
400 R/h	+0.5%	+3.3% to -3.0%	+1.0%	+3.8% to -3.3%
40 R/h	+0.3%	+2.6% to -1.3%	+0.7%	+2.9% to -1.9%
4.0 R/h	+0.4%	+2.6% to -1.3%	+0.7%	+2.5% to -2.5%
0.40 R/h	+0.3%	+2.7% to -2.8%	+0.1%	+2.5% to -3.7%

TABLE III: VARIATION IN RESPONSE OF 20 CDV-715 INSTRUMENTS IN PRIMARY γ FIELD

Primary Field Exposure Rate	Mean Response	Extremes of Response
400 R/h	-0.9%	+2.6% to -3.8%
40 R/h	-1.4%	+2.6% to -3.9%
4.0 R/h	-3.5%	+0.8% to -5.8%
0.40 R/h	-4.3%	+0.5% to -7.5%

This effect appears to be the result of the CDV-765 Transfer Standard being somewhat less sensitive to low energy scatter radiation than the CDV-715 instruments. However, further investigation of this phenomenon is necessary to determine the cause of this anomaly.

The variations that are additive from this evaluation are the maximum variation between transfer standards (1.9%), the maximum variation in CDV-715 γ response in the primary γ field (7.5%) and the accuracy and precision with which the primary γ beam compares with the NBS roentgen (±4%). This would give a maximum observable error overall of 13.4%. The statistical validity of using 20 instruments to represent ∿ 500,000 instruments and the use of three calibrators to represent 60 is somewhat open to question. However, these 20 instruments were normal stock and typical of what is found in the State maintenance shop. It can be reasonably assumed that an accuracy of ±14% can be achieved at the calibration point on each range of sensitivity with these instruments. The two transfer standards represent a significant number of instruments since eight instruments are actually used in this program. Therefore, the variation of 2% between standards and the ±4% for the precision and accuracy of the primary γ field should permit the transfer of the NBS roentgen to the CDV-794 calibrator within ±6%.

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A RELIABLE CALIBRATION PROGRAM
FOR IONIZING RADIATION MEASUREMENT

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The recent availability in this country of the N.P.L. #2560 Secondary Standard instrument has afforded a new dimension to instrument calibration procedures. A description is presented of the accuracy, stability, and utility of the N.P.L. #2560 for calibration of various instruments to measure a wide range of ionizing radiation energies.

(Dosimetry; calibration; ionization chamber; secondary standardization)

A principal reason for convening a symposium on "Measurements for the Safe Use of Radiation" arises from the acknowledged variability of such measurements being made throughout the country. Although these measurements are especially critical in clinical applications of ionizing radiations, there is also need for more reliable dosimetry in other areas, such as radiation safety and environmental monitoring procedures.

The foundation of any calibration methodology must employ a reliable primary standardization whose data can be utilized for secondary and tertiary instrument calibration. Primary standardization on a local basis can be demanding, both cost and ability-wise. To obtain this precise work at national, regional, or commercial standardization laboratories involves a host of problems. Turnaround time; fragility and bulk management by suitable transportation methods; and high cost are some of the more difficult problems frequently encountered.

It appeared prudent to choose the recent approach used in the United Kingdom for assurance of uniformity of radiation therapy dose measurement in all of their Regional Therapy Centers. Their method involved use of an ionization chamber specifically designed as a secondary standard by the National Physical Laboratory in England.[1] This instrument has now become available commercially* and we were fortunate to have acquired one using grant funds of the Regional Medical Program**.

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* NPL Secondary Standard Therapy Level X-Ray Exposure Meter (#2560) fabricated by Nuclear Enterprises Ltd., Reading, England.

** Ohio Valley Regional Medical Program project #42C: "Regional Dosimetry Standards Development."

FIGURE 1
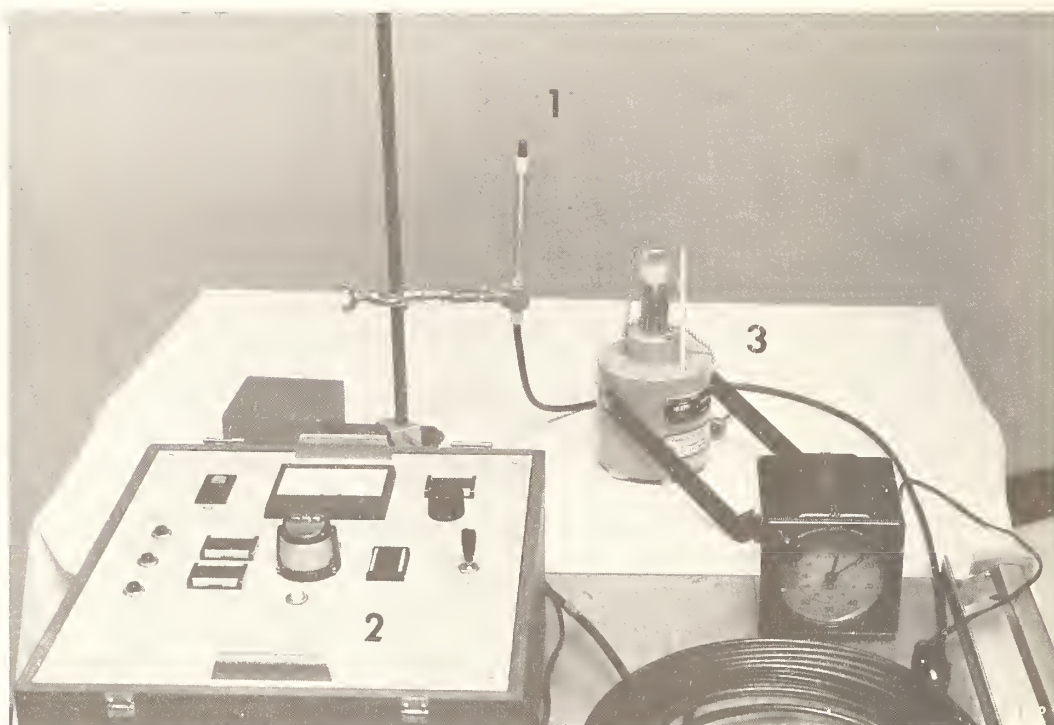
The 2560 dosimetry system consists of three basic components shown in Figure 1: (1) the ionization chamber, (2) measuring circuit, (3) and stability check source. Long term stability and excellent reproducibility and energy dependence characteristics are claimed for the precisely fabricated ionization chamber. It has a wall thickness of only 0.5 mm extremely pure extruded graphite that is remarkably durable. No conducting coating on the inner collecting surface is necessary, thereby eliminating the troublesome flaking problem found in conventional ion chambers. The chamber volume is 0.325 cm^3 and it contains an ultra-pure hollow Al collecting electrode. Having a hollow, low atomic number central electrode minimizes "shadow" effect at lower X-ray energies. Another outstanding feature of the ion chamber assembly is the incorporation of an amber insulator in the stem. Besides its exceptionally high electrical resistance quality, amber is essentially air-equivalent. Ionization current is integrated by a highly stable capacitor in the feedback path of an electrometer operational amplifier, which is part of a Townsend balance voltage and is measured potentiometrically by a 10 turn heliopot. The compact Sr-90 stability check source includes a thermometer for temperature determination. A reproducibility of ± 0.03 percent is claimed for readings on this check source. Such data is possible because of the uniform radiation field obtained from two concentric circular foils of Sr-90 and a precision chamber positioning mechanism that assures reproducible irradiation geometry.

Nuclear Enterprises Ltd. (the fabricator of the 2560) provided a primary standardization with the instrument. In addition to this, arrangements were made at NBS[2] to have an independent primary standardization performed there before the instrument was put into use. This was accomplished for two X-ray energies and Co-60. Also included in the NBS standardization were serial measurements on the Sr-90 stability check source supplied with the 2560. Although the Nuclear Enterprises primary standardization dealt with a variety of X-ray energy points and no Co-60 measurement, a comparison can be made of two sets of data for similar X-ray energy points from both laboratories. This comparison is shown in Table 1:

TABLE 1

N.E., LTD.

760mm Hg 20°C

===

2.0mm Al H.V.L. @ 100 kVp

1.035

3.25mm Cu H.V.L. @ 250 kVp

1.040

****

N.B.S.

760mm Hg 22°C

===

1.86mm Al H.V.L. @ 75 kVp

1.04

3.25mm Cu H.V.L. @ 250 kVp

1.05

Excellent agreement between these standardizations, separated by four months and the Atlantic Ocean, bear out the manufacturer's claim of reproducibility and long-term stability. Between primary standardizations, intermediate verification is conveniently accomplished by use of the Sr-90 stability check source.

Although we have only had the 2560 at our institution since November 1975, it has been instrumental in clearing up several dosimetry and calibration problems. A low-energy ion chamber, recently obtained from a well-known manufacturer, was found to have a substantial error in its primary standardization by intercomparison with our 2560. The particular error resulted from the use of an erroneous correction factor in the supplier's laboratory. This error was present in forty other instruments standardized for 30 other customers in this country and overseas. During the four month period that this error was propagated, none of the other 30 customers was aware of its presence until subsequent notification by the supplier. Undoubtedly, we would have accepted the low-energy standardization provided to us as well, were it not for the availability of the newly acquired 2560 system with its recent standardizations. Prior to acquiring the 2560 our reliance for constancy of ion chamber response was on the use of a radium constancy source, which of course, offers no absolute calibration. Coupled with this important deficiency, is the fact that the bulky radium constancy pot is not sent along with the ion chambers for primary standardization. It has been essential to virtually "hand-carry" the ion chambers to and from the standardizing laboratory to minimize chances of damage to the chambers.

The rugged and reasonably portable NPL 2560 system is expected to serve as an effective link between the primary standardization laboratory and our institution. Intercomparisons can be made with reasonable facility. Our recent visit by the Radiological Physics Center team found the Co-60 intercomparison bet-

ween our 100 R high energy ion chamber and their instrument to be within 0.3% for several Co-60 exposures. The calibration factor for our chamber had been determined by simultaneous exposure of it and the 2560 ion chamber with build-up cap to large field Co-60 gamma rays. Minimal stem effect was determined for both chambers.

Figure 2 shows a Co-60 beam intercomparison of a Victoreen medium-energy ion chamber with 4.5 mm lucite build-up cap and the 2560 ion chamber with its build-up cap. We use medium energy ion chambers in snug fitting cavities of polystyrene calibration phantoms for routine calibration of high energy machines. Therefore, it is imperative that a Co-60 calibration of the medium energy chambers be performed since we use C_λ factors on ion chamber data to determine absorbed dose in rads. Another useful application of this dosimetry system has been in the calibration of our Cs-137 and Ra-226 sources used for survey instrument calibrations.

FIGURE 2
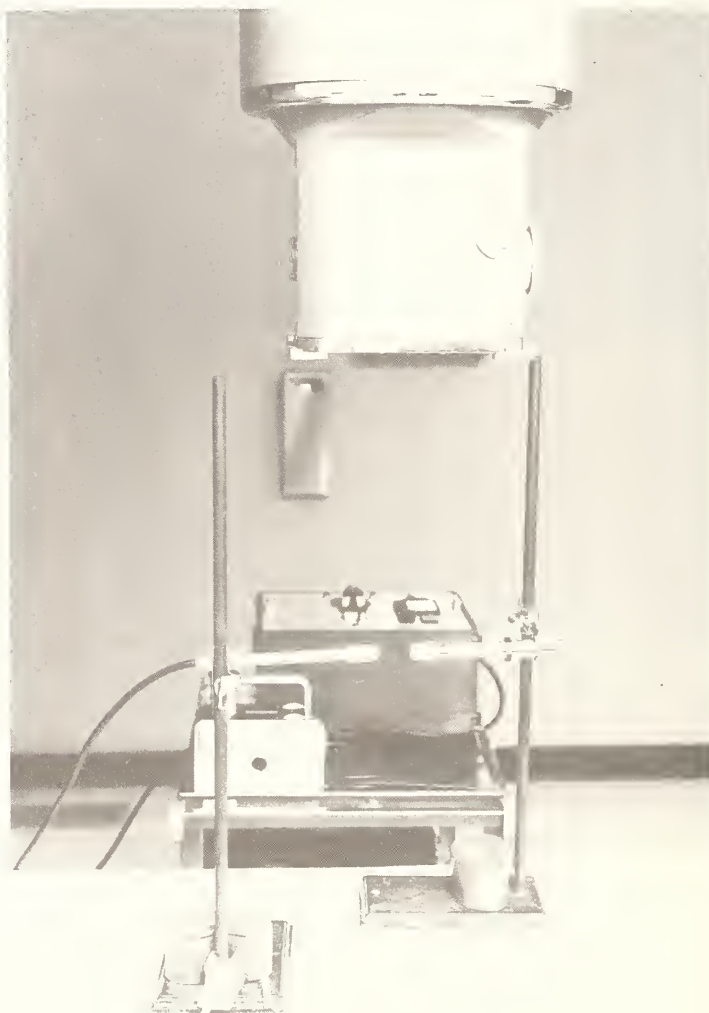
FIGURE 3
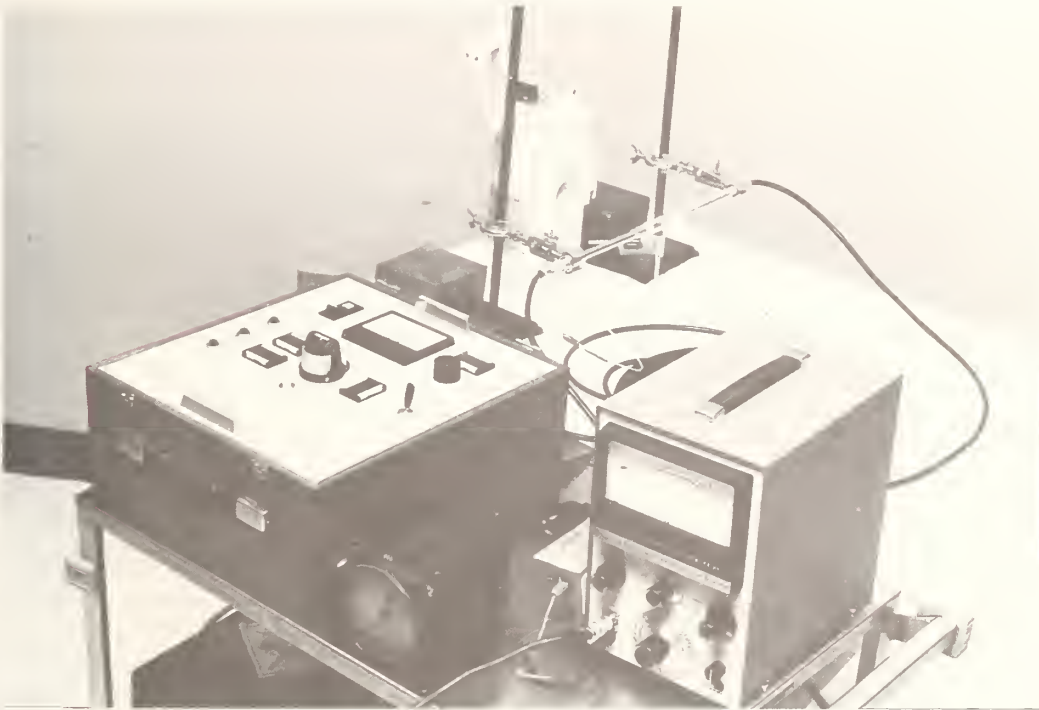
Figure 3 shows this use for a low intensity beam irradiator that is employed for some survey meter calibrations. In this instance the 2560 ion chamber and PTW chamber are both measuring the Cs-137 beam for precise calibration of the irradiator at a 20 cm S.S.D.

These examples of the versatile application of the N.P.L. Secondary Standard demonstrate its reliability in bridging ionizing radiation dosimetry between regional user and the primary standardization laboratory. The promising initial results of the finely designed and fabricated 2560 dosimetry system offer great hope for accomplishing uniform instrument calibrations locally. Intercomparisons on the local level are conveniently accomplished, thereby ameliorating the time consuming primary standardization problems regional users have encountered in the past.

(1) L.A.W. Kemp, Brit. J. Radiol., 45, 775 (1972).

(2) Dr. Robert Loevinger and T. R. Loftus were very cooperative in arranging for primary standardization of this new instrument.

AIF-NBS RADIOACTIVITY MEASUREMENTS ASSURANCE PROGRAM
FOR THE RADIOPHARMACEUTICAL INDUSTRY
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The National Bureau of Standards supervises and administers on behalf
of the Atomic Industrial Forum (AIF) a radioactivity measurements
technology quality assurance program for the radiopharmaceutical
industry. The program provides for a monthly distribution of both
millicurie- and microcurie-level Standard Reference Materials to each
of eight participating commercial radiopharmaceutical manufacturers.
A number of the standards are distributed as "blind" samples to
establish traceability to the national radioactivity measurements
system. In addition to identifying measurement discrepancies, assist-
ance is provided to the participants in eliminating the sources of
difficulties, and in correcting errors in their measurement techniques.
In this report, results for the "blind"-sample traceability exercises
are given, and a discussion of identified sources of measurement errors
and recommendations are also presented.

(Assurance; measurement; radioactivity; radiopharmaceutical; standards;
traceability)

In August of 1973 at a symposium quite
similar to the present one, Seidel and
Brantley[1] reviewed a number of serious ques-
tions and problems which faced commercial
radionuclide manufacturers as related to the
needs for radioactivity standards. Some of
the basic difficulties they cited were:
1) the lack of direct standards for approx-
imately 75% of the more than 100 radionu-
clides produced by the industry at that time;
2) the sometimes inconvenient physical form
or activity levels of the available stand-
ards; and 3) the failure to have industry-
wide adopted decay-scheme data upon which to
base derived standard instrument calibrations
in the absence of direct calibrations based
on national standards. Although the American
National Standards Institute (ANSI) Quality
Assurance Program which was described at that
time[1] (the current status of which will be
the subject of the next paper[2]) addresses a
number of these difficulties, it is concerned,
however, only with microcurie-level measure-
ments and its participants include hospitals,
nuclear-power plants and industry. The
Atomic Industrial Forum (AIF) and the Nation-
al Bureau of Standards (NBS) therefore
entered into an agreement on a research
associate program whereby NBS will supervise
and administer on behalf of AIF a measure-
ments technology quality assurance program
which caters more specifically to the needs
of the radiopharmaceutical industry. Eight

radiopharmaceutical suppliers are partic-
ipating in this program. Concurrently,
on the authority of an interagency agree-
ment, NBS is providing the Food and Drug
Administration (FDA) with services similar
to those being given the AIF participants.
These participants are listed in Table 1.
The purpose of the program is to insure the
continuous availability of national radio-
activity standards at appropriate levels of
activity for use by the radiopharmaceutical
industry, and thus to establish a degree of
uniformity in the measurements throughout
the industry.

The major effort of the program con-
sists of a monthly distribution of both
millicurie- and microcurie-level Standard
Reference Materials (SRM) to each of the
participants. With the exception of a
future ^{133}Xe gaseous standard, all of the
SRMs are solution standards contained in
"5-ml" flame-sealed borosilicate glass
ampoules. Those which have been already
issued under the program are listed in
Table 2. The choice of radionuclides,
their activity levels as well as an order
of priority for them are selected by a
steering committee representing each of the
AIF participants. Obviously these selec-
tions must be made in cooperation with NBS,
taking into consideration the compatibility

Table 1

Participants[a]

Standards Program for the Radiopharmaceutical Industry

Food and Drug Administration
        Bureau of Drugs
        Division of Drug Chemistry
        Washington, D.C.

Atomic Industrial Forum Participants

        Atomic Energy of Canada, Ltd.
                Ottawa, Canada

        General Electric Co.
                Pleasanton, California

        Mallinckrodt Nuclear
                St. Louis, Missouri

        Medi-Physics, Inc.
                Emeryville, California

        New England Nuclear
                North Billerica, Massachusetts

        E.R. Squibb & Sons, Inc.
                New Brunswick, New Jersey

        Union Carbide Corp.
                Tuxedo, New York

        Amersham/Searle Corp.[b]
                Arlington Heights, Illinois

[a]The order in which participants are listed in
this table does not correspond to the order in
which the results are listed in Table 3.

[b]Participation terminated November, 1975.

with their scheduling capabilities and existing standard developments. This does however provide a viable mechanism in which the radiopharmaceutical industry can direct requests to NBS to establish standards for those radionuclides which are of prime interest and major concern to them. As seen in Table 2, the trend is certainly toward shorter-lived radionuclides, reflecting the needs of the nuclear-medicine community which is served by the radiopharmaceutical industry. Although the trend is "healthy," particularly for patients, it does in itself present difficulties in the preparation and distribution of the standards. The milli-curie-level standards made available by this program, compared with the typically micro-curie-level standards normally handled at NBS, are of greater convenience and direct value for instrument calibrations at activity levels more closely matching those found in the manufacturing process.

A second major aspect of the program attempts to satisfy the increasing demands of both consumers and regulatory agencies to demonstrate "traceability" to the national radioactivity measurements system, embodied in the NBS. Satisfaction of this requirement also simultaneously fulfills the manufacturers' goal of achieving an industry-wide uniformity in measurements. Although the monthly distribution of standards serves to insure a regular supply of radioactivity standards to calibrate measuring equipment, the mere use of them does not constitute traceability. Despite the term's increased usage lately, a clear

Table 2

Standard Reference Materials[a]

Issued Under the Standards Program for the Radiopharmaceutical Industry

Radio-Nuclide	Half-Life (Days)	SRM NO.	Issued	Approx. Activity (mCi)
^{51}Cr	27.7	4400H 4400L	April,1975	50. 0.4
^{131}I	8.04	4401H 4401L	May, 1975	20. 0.1
^{113}Sn	115.	4402H 4402L	June, 1975	20. 0.1
^{125}I	60.1	4407H 4407L	July, 1975	20. 0.1
^{57}Co	271.	4408H 4408L	Aug., 1975	10. 0.2
^{85}Sr	64.9	4403H 4403L	Sept.,1975	30. 0.1
^{75}Se	120.	4409H 4409L	Oct., 1975	10. 0.1
^{32}P	14.3	4406H 4406L	Nov., 1975	40. 0.2
^{198}Au	2.70	4405H 4405L	Dec., 1975	80. 0.8
^{59}Fe	44.5	4411H 4411L	Jan., 1976	30. 0.2
^{99m}Tc	0.25	4410	Feb., 1976	20.
^{99}Mo	2.75	4412H 4412L	March,1976	25. 0.1

Future SRM's to be issued are: ^{133}Xe(5.3d); ^{197}Hg(2.7d); ^{123}I(0.55d); ^{201}Tl(3.0d); ^{67}Ga(3.3d) and ^{111}In(2.8d).

[a]Contained in 5-ml flame-sealed borosilicate glass ampoules.

understanding of exactly what constitutes such traceability does not appear to be universal. A working definition has been given as "competence that can be periodically demonstrated."[3] This can be accomplished by participation in a round robin distribution of calibrated, but "blind" samples of unknown (to the participant) quantity for assay by the participant. At the present time, approximately one-third of the monthly distributed SRMs for this program are issued as "blinds." These are selected by the steering committee with the understanding that participants may take substitutes and exempt themselves from the traceability exercises involving those radionuclides which they do not market. Upon receipt of their result for the "blind," the participant receives a Certificate for the SRM. A detailed reporting form and questionnaire issued with the "blind" aids NBS in helping to identify errors or measurement discrepancies. To satisfy a request by the

participants of this program for proof of demonstrated traceability, each participant in the "blind" round robin will receive a Certificate of Traceability to the National Measurements System. Participation in the "blind" round robins, although voluntary for the most part, is really of great advantage to the manufacturers in not only continually monitoring their measurements performance (i.e. assurance) but also documenting this performance (i.e. traceability). The NBS encourages a greater participation in this aspect of the program and would like to see the program gradually proceed from a distribution of standards to a distribution of "blinds."

The results for the "blind" round robin distributions for 1975 are summarized in Table 3. They include measurements on both the H-level (multi-millicurie) and L-level (multi-microcurie) standards for ^{113}Sn, ^{125}I, ^{85}Sr and ^{32}P as well as a few additional

Table 3

Standards Program for the Radiopharmaceutical Industry

Results for the Standard Reference Material "Blinds"

Values Reported are X/NBS

| ^{113}Sn | | ^{125}I | | ^{85}Sr | | ^{32}P | | Others* | |
4402H	4402L	4407H	4407L	4403H	4403L	4406H	4406L	H	L
0.8978[a]	0.9822[a] 0.9980[a]	0.9416	0.8832 0.9102	0.8717	0.8846	0.9015 0.9371 0.9609	0.9292 1.0185	0.8517[e]	0.8633[e]
0.9340	0.9628	0.9380 1.0124	0.9581 1.0481	0.9520	0.9451	0.9514 0.9549 0.9786	0.9612 0.9987	0.9998	1.0768 1.0626
0.9678	0.9638	0.9881	1.0245	0.9813 1.0018	0.9706 0.9905	0.9727	0.8985[d]	1.0006	1.0056
0.9826	0.9669	0.9886	0.9873	1.0052	1.0226	0.9905	0.9686	1.0261	0.9224[f]
0.9844	0.9728	1.0105	1.0037	1.0182	1.0579	1.0024	0.9877		
0.9882[b]	1.0030	1.0805	1.0599	1.0182	1.0080 1.0280	1.0064	0.3410		
		1.1805	c	1.0053 1.0562	0.9774 1.0733	1.1363	1.0482		

*One each for ^{57}Co(4408H and 4408L) and ^{75}Se(4409H and 4409L) and two each for ^{198}Au(4405H and 4405L).

[a]Revised values after increasing by 54.%.

[b]Revised value after increasing by 0.8%.

[c]Not measured.

[d]Revised value after decreasing by 491.%.

[e]On retest with M-level activity SRM, X/NBS=1.0282

[f]Revised value after decreasing by 279.%.

The results in each column of this table are listed in order of increasing values of X/NBS (for the H-level SRM) and does not correspond to the order in which the participants are listed in Table 1.
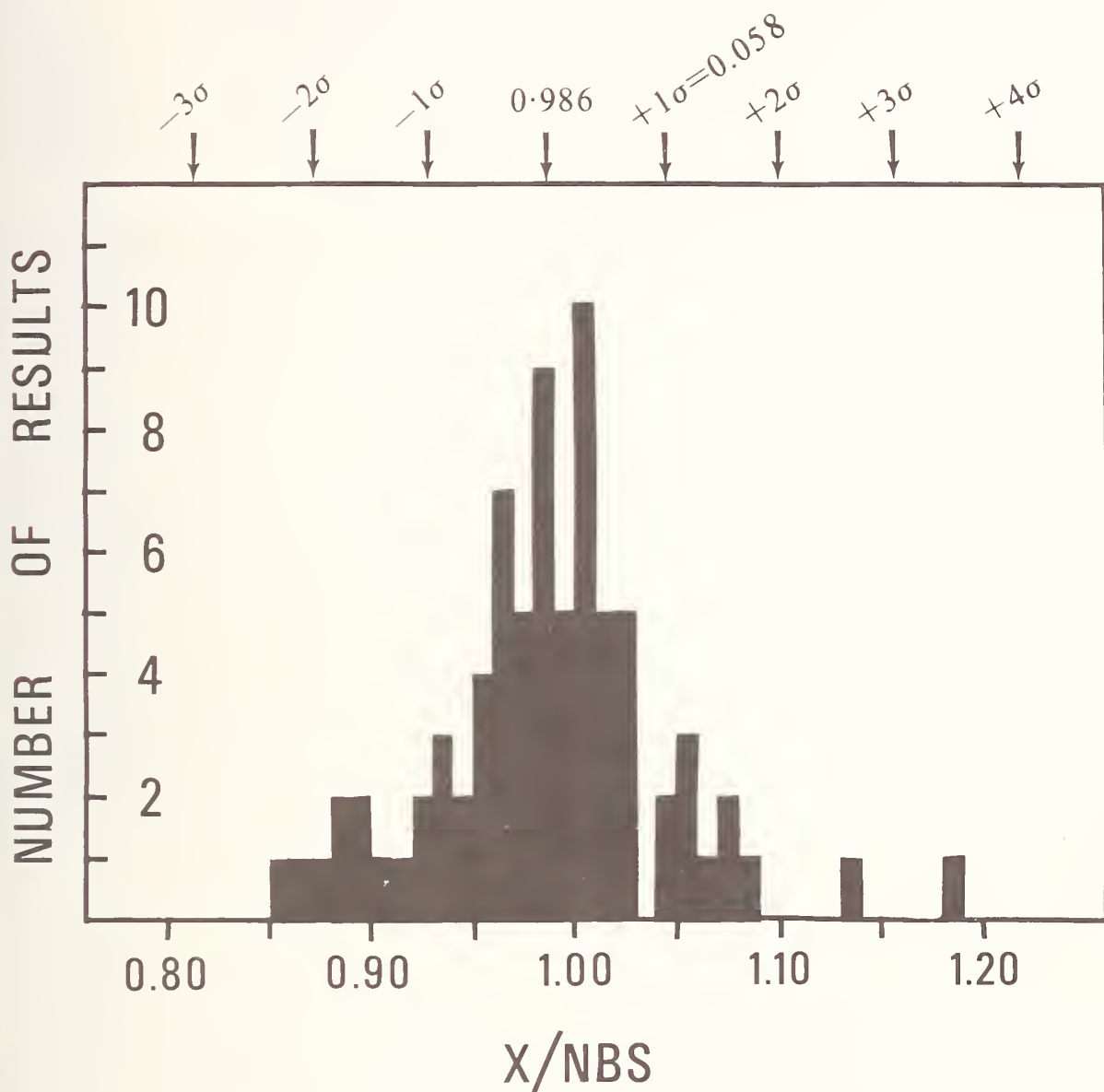
74

FIGURE 1   Distribution of reported results (data of Table 3 using revised values when applicable) for the 1975 SRM "blinds."

One outlier not plotted: ^{32}P, 4406L (X/NBS = 0.3410).

results on ^{57}Co, ^{75}Se and ^{198}Au. In most cases, the reported values were activity per unit weight, and after correcting for decay were divided by the NBS values to obtain X/NBS. There is a total of 78 reported values on 61 blind samples. Several participants reported the results of measurements by different methods on the same sample. Close inspection of Table 3 indicates that there are no major systematic trends. With the possible exception of ^{113}Sn, where the reported values tend to be slightly low, all the radionuclides appear to have been measured about equally well. Similarly, there are no major differences between the measurements of the H-level and L-level samples. Although not provided in the table, there was also no apparent evidence that one assay method or instrument was superior to another. In general, the results indicate a fairly satisfactory agreement with NBS values. There are, however, a number of mistakes in data handling which should be distinguished from systematic or random errors in the measurements. These mistakes included a 54% error because of the incorrect use of a branching ratio (gamma-ray abundance), a 279% error due to a miscalculated decay correction, and a 491% reporting error resulting from the failure to distinguish between total activity and activity per unit weight. Oftentimes these can be detected directly from the questionnaire responses, when sufficient information is provided, and can be revised (as has been done in Table 3) to reflect the true measurement capability. Unfortunately these cases are not that rare, occurring nearly 10% of the time. A distribution of the results (data of Table 3 using the revised values when applicable) is provided in Figure 1. As can be seen, the reported values are distributed about the mean value of X/NBS = 0.986 with a standard deviation of 0.058. The values on the wings of the histogram, which are of the order of 10 - 20% deviation from the NBS values, are usually attributable to either unaccountable systematic errors such as in dilution or dispensing, or systematic errors such as in decay corrections, detection efficiency and instrument calibration factors which can be adjusted after receiving the NBS value and Certificate. A number of participants have been aided in identifying sources of discrepancies in their measurements and have been provided with suggestions for eliminating them and/or with information for improving their procedures. A good example of this is shown in the first values listed in the last column of Table 3 where measurements on both the H-level and L-level samples showed an approximately 15%

discrepancy. On pursuing it with the participant, a long-existing systematic error in an instrument calibration factor (arising from an incorrect decay correction in a reference source) was discovered. On adjusting the calibration after receiving the NBS value, the participant was "retested" with an intermediate-level activity (M-level) sample of the same radionuclide. The reported value on this retest was within 3% of the NBS value.

I have tried to give an overview of the entire AIF-NBS Radioactivity Measurements Assurance Program for the Radiopharmaceutical Industry and hope you now have a better understanding of its objectives and progress. After spending considerable time discussing errors and discrepancies, I would, in conclusion, like to emphasize that the radioactivity measurements made by the radiopharmaceutical industry are now, after eliminating data-handling mistakes, generally within ±20% of the NBS values. The program has been successful in meeting many of the needs of the radiopharmaceutical industry and I believe we all look forward to its continued success.

Acknowledgement

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AMERICAN NATIONAL STANDARDS INSTITUTE

QUALITY ASSURANCE PROGRAM IN RADIOACTIVITY MEASUREMENTS

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The ongoing ANSI N42.2 program of writing procedural standards for
radioactivity measurements with NaI(Tl) and Ge(Li) detectors, liquid
scintillation counters and ionization chambers is described.

(Detectors; germanium; ion chamber ; liquid scintillation; sodium iodide;
standard)

In 1972 the Atomic Industrial Forum (AIF) appointed a subcommittee of Manufacturers of Radioactive Reference Standards with the objective of obtaining a high degree of consistency and reliability in commercially available radioactive reference standards and their accompanying Certificates of Calibration. Representatives of all major commercial manufacturers of radioactivity standards and the National Bureau of Standards (NBS) served on this committee. Other companies and interested persons were listed as observers and attended our meetings or were informed by mail of our discussions and decisions. This committee has now become a subcommittee, N42.2, of the American National Standards Institute (ANSI).

Several things were accomplished by the original committee that I feel are worth mentioning. As a result of meetings held in 1972 and 1973, the manufacturers of radioactive reference standards agreed to follow ICRU Report 12 (1968) in terms of the format for the Certificate of Calibration and, in reporting accuracies, to quote the random error at the 99% confidence level. In addition, they agreed to refer to this format in their product literature. Now purchasers of radioactive standards are able to make an intelligent choice of products by comparing specifications listed in a common format. The committee also began a blind round-robin measurements program to establish traceability to NBS.

The AIF committee also sought to help the users of radioactive reference standards by promulgating guidelines or methods for the calibration of nuclear-radiation detectors that are in common use.

We believed that, with the increase in the use of radioactive materials in diverse scientific fields by people with non-nuclear backgrounds, there was a serious need for proper guidelines or written standards that would allow a knowledgeable person to set up the proper quality assurance program for his equipment. Many of us have heard of people who never calibrate their equipment, who try to measure weak beta-particle emitters through thick glass or I-125 through lead, who know little of decay schemes and abundances of particular radiations, and those who count samples too hot for their detector without knowing it. A survey in New England a few years ago uncovered a number of dose calibrators (ion chambers) that were out of calibration by a significant amount and on which a daily calibration check was rarely performed. Some of the participants in past NBS round robins completely misidentified the radionuclides, sometimes listing one whose gamma-ray spectrum bore little similarity to the actual radionuclide.

The Subcommittee believed that the much needed guidelines or methods of calibration would be more readily accepted by the multidisciplined users of radioactivity if they were formulated under the auspices of a national standards organization. It was also felt that the AIF as an industry oriented group was not the appropriate organization to sponsor such an effort. Therefore, we sought a home in the ANSI program.

In 1973 we began to work under the ANSI N43 and N44 committees, but since 1975 have functioned within the N42 committee, which is chaired by Lou Costrell of NBS. We are presently called the "N42.2 Subcommittee on Standard Methods to Calibrate Nuclear Detection Equipment" and are working

on procedural standards to calibrate the dose-calibrator type of ionization chamber, NaI(Tl) detector, Ge(Li) detector systems and liquid-scintillation counters. Table I lists the task groups and their chairmen.

A number of task groups have been created to draft the written standards, and we have attempted to choose the members of these so as to be representative of industry, government and university areas, and any other groups that we find have an interest in our objectives. While we have limited these task groups to 6-8 people in each, we do allow observers to participate in the discussions or to supply us with written suggestions. Currently, our subcommittee consists of 31 members and 71 observers.

Many observers represent other standards-writing organizations involved in similar areas such as the American Nuclear Society, Society of Nuclear Medicine, College of American Pathologists, American Society for Testing of Materials, National Committee for Clinical Laboratory Standards and others. Regulatory agencies such as the Nuclear Regulatory Commission (NRC) and Food and Drug Administration (FDA) are represented in either our active or observer membership. The observers also include organizations outside the United States such as the International Atomic Energy Agency and the National Laboratories in Canada, England and France.

For whom are we writing these standards? You might say that most of our interested clientele are included in the groups listed in Table II.

We want to provide laboratory technicians and their supervisor with a guide on how to calibrate and to check the continued performance of their nuclear radiation detectors. We want to work with the interested regulatory agencies to provide meaningful written standards to which they can refer in their regulatory guide, or require their licensees to incorporate in their quality assurance procedures. And we want to aid the instrument manufacturers in the writing of their instrument manuals so that they can provide acceptable procedures for the setting up, the calibration and the checking of the operation of their instruments.

Our objective is to write a concise, clear guide that will serve as a standard from which an individual or laboratory may develop a program for the acceptable operation of its particular measurement systems.

Our standards will cover six basic items as listed in Table III. The standards we are writing recommend both the method and frequency of calibrating the instruments, the types of standards that should be used, the minimum daily (or other interval) checks on instrument performance which should be made, the correct procedure for making the measurements and assessing errors, and a check list of potential problems. Such standards, if useful, are likely to be adopted or recommended by regulatory agencies such as the NRC or FDA.

One section of our standard is designated as a Precaution section. Here we list common problems and state how to avoid them or cite references that report on how they may be properly handled. Examples of some precautions concern recombination effects in ion chambers at high activity levels, or the problems of counting high energy beta-emitting radionuclides in ion chambers, coincidence losses in NaI(Tl) detectors, and quenching or luminescence in liquid-scintillation counting. We feel this is one of the most valuable sections of our standards.

An outline of our ion-chamber standard (N713) is shown in Table IV.

The standards for the ion-chamber detector and the germanium detectors recently went out for ballots, and we are now in the process of resolving the comments we received. We hope the other two standards will be ready for their first ballot later this year.

Our committee looks forward to a rapid completion of our effort and the adoption of the written standards by the multidisciplined users of radioactive material.

We would also like to see greater participation in the blind round-robin program begun by the AIF committee and now organized, promoted and directed by NBS and ANSI N42.2.

Under the blind round-robin program 4 to 6 radionuclide test samples are issued each year. The program was implemented to accomplish NBS traceability for the participants. For a nominal fee ($100 to $150 per standard) any interested party can obtain one of these "unknown" standards and a questionnaire. Each participant in the round robin is expected to complete his questionnaire within a few weeks stating (1) his measurement of the activity, (2) any detectable radioactive impurities, (3) method of measurements and (4) the determination

of the accuracy of their measurements. Upon receipt of the questionnaire. Lucy Cavallo, Coordinator of the program at NBS, will send the participant a Certificate of Calibration and collate the results. Summaries of the results of the program for 1973, 1974 and 1975 are shown in Tables V, VI and VII. Several participants in these round robins have been aided by the staff at NBS in correcting their measurement systems if their response has been in error.

The number of participants in this program is not large. Most of the major manufacturers of radioactive material, some National Laboratories, a hospital, and power reactor groups participate because of a need to be traceable to NBS. A low number of participants may also be noted in the College of American Pathologists testing program (which began before ours) although they have had some recent increases in the number of participants.

Another similar round-robin program oriented to specific requirements of the Radiopharmaceutical manufacturers and the FDA is now supported by the AIF to provide these manufacturers with NBS traceability. This program grew out of our initial round-robin program and has been described by the previous speaker.

Increased participation in these round-robin programs by various users such as hospitals and clinical laboratories is desirable and beneficial to the user. We look forward to your support and participation in our program.

TABLE I

ANSI N42.2 Task Groups and Chairmen

Writing Groups

N42.2.1   Germanium Detector Standard
          Gerald Martin, Jr., General Electric

N42.2.2   Ion Chamber Detector Standard
          Frank Masse, M.I.T.

N42.2.3   Liquid Scintillation Counter Standard - Roger Ferris, Amersham/Searle

N42.2.4   Sodium Iodide Detector Standard
          Ron Coley, Commonwealth Edison

Round-Robin Program

L. M. Cavallo, National Bureau of Standards

TABLE II

For Whom Are We Writing

I.   The technical user

II. The regulatory agencies (i.e., NRC, FDA)

III. The instrument manufacturer

TABLE III

What Are We Writing?

Standards that will provide a guide to:

I.   Setting up instrument
II. Calibration
III. Performance checks
IV. Measurement procedures
V.   Estimate of errors
VI. Potential problems (precautions)

TABLE IV

Ion-Chamber Detector Standard (N713)

I.   Introduction

II. Scope and Purpose

III. Definitions

IV. Text of Standard
     a. Operation
     b. Calibration
     c. Use
     d. Standard Sources
     e. Performance Monitoring
     f. Accuracy and Reproducibility

V.   Sources of Error

VI. Precautions
     a. Non-linearity Effect
     b. "Simulated" sources
     c. Low-Energy Photon Emitters
     d. Beta-Particle Emitters
     e. Gaseous Radionuclides
     f. Plate out of Radionuclides
     g. Assay of a Radionuclide for
        which no standard is available

Labora-tory	^{57}Co - 5/73	^{129}I - 8/73	^{203}Hg - 10/73	^{14}C - 12/73
A	1.091,1.079*			
B			1.032,1.024	
C			0.992	
D	1.009,1.054	0.476A		
E	1.017,1.022		0.980,0.992,1.005	
F			1.006	0.941
G				
H				
I	1.010		0.951	1.029
J	1.043	1.000	1.004	1.011
K	1.059,1.053	0.844		1.003
L	1.000			
M	1.018,1.046,1.033		0.943,0.906	
N				
O				
P	1.208B,0.983A			
Q				
R	0.856			
S				
T				
U				
V				
W				
X				
Y				
Z				

* Where more than one number is given, the laboratory reported more than one measurement.

B refers to the originally reported measurement; A refers to the value after correcting for computational or other data handling error.

Labora-tory	^{51}Cr - 3/74	^{75}Se - 4/74	^{109}Cd-7/74	^{133}Xe-9/74	^{59}Fe - 10/74	^{110m}Ag - 11/74
A						
B	1.015	0.919,0.951*	0.970		0.996,0.987	1.011,1.014
C			0.938			
D						
E	0.994	1.016	0.960	1.035		
F	1.016	0.961	0.995			0.968
G	0.990,0.982, 0.962	1.026,1.028, 1.051				
H				1.068,1.064		
I	0.957				1.010	1.018
J	0.993	1.018	0.995	0.982	0.976	0.986
K	0.993	1.187	0.994		0.955	
L						
M	1.034,1.166, 1.097,1.030	0.970,1.284, 1.143				
N						
O					1.001	
P						
Q						
R						
S	1.006	1.033		1.004		
T			1.064	1.25,1.19		
U						
V						
W						
X						
Y						
Z						

* Where more than one number is given
  the laboratory reported more than
  one measurement.

1975 ROUND ROBIN

Labora-tory	^{60}Co - 6/75	^{90}Sr-7/75	^{85}Sr - 8/75	^{32}P-10/75	^{75}Se-11/75	^{198}Au - 12/75	^{113}Sn-6/75
A							
B	1.001,10006*						
C	0.996,1.012						
D							
E	1.000	0.995	0.948,0.996			1.004,1.007	0.981
F			1.033	0.995		57.8B,0.963A	
G							
H							
I	5.099B, 0.994A	0.03B, 0.990A					
J	1.007	0.974					
K				1.001			
L							
M							
N	0.977	0.974	1.154				0.894
O						1.009,0.988	
P							
Q							
R							
S							
T							
U							
V	1.001						
W							
X							
Y							
Z							

* Where more than one number is given,
the laboratory reports more than one
measurement.

B refers to the originally reported
measurement; A refers to the value
after correcting for computational
or other data handling error.

FILTERED BEAMS AT THE NBS REACTOR*

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Using a combination of resonant scatterers and filters, we are producing high intensity, very pure beams of 2 keV, 25 keV, and 144 keV neutrons at the NBS reactor. These beams have low background, are well calibrated and very stable, and are intended for use as calibration standards.

(Monoenergetic neutrons; neutrons; neutron beams; neutron filters; reactors; resonant scatterer.)

Introduction

One of the missions of the NBS Center for Radiation Research is the development and maintenance of standard neutron fields. These fields are to be used for the calibration of radiation instruments and of personnel dosimeters, as well as for other CRR programs. In this paper we shall be primarily concerned with those fields developed by means of filter techniques at the NBS reactor.

Our particular concern is with the energy range below 30 kev (sometimes referred to as the "neglected energy range.")[1] Our concern arises from the fact that a very large fraction of the neutron dose—typically 30%-40%—in the working environment around a nuclear reactor is due to neutrons in this energy range.[1] Despite the importance of these "intermediate" energy neutrons, very few instruments are ever directly calibrated anywhere in this range, and for a very good reason: it is very difficult to produce useful monoenergetic neutron fluxes of these energies.

At the NBS reactor, we have used filter techniques to produce high intensity neutron beams with energies of 2 keV and 25 keV, and are soon to install a 144 keV beam. Neutron filtering occurs at energies where there are very deep minima in the neutron total cross section. (These occasional minima are caused by interference between resonance and potential scattering.) An appropriate thickness of a material whose cross section shows such behavior will transmit essentially all neutrons whose energies correspond to the minimum in the cross section; but will attenuate neutrons of all other energies. The production of high intensity filtered beams was pioneered at the Materials Testing Reactor;[2] unfortunately the MTR was shut down before the development of the beams could be completed. The filters themselves were subsequently transferred to NBS.

2 keV Beam

The 2 keV beam is produced by a scandium filter: the minimum (or "window") at 2 keV results from overlap of the interference minima from the resonances at 3.24 and 4.27 keV, producing a cross section with a minimum value of only 50 mb.[3] (See Figure 1.) Unfortunately, there are also several other windows in scandium at higher energies. These windows are responsible for a relatively high transmitted neutron flux in the energy region between 8 keV and 800 keV. These higher energy neutrons form an unwanted background to the desired 2 keV beam. In the work of Simpson et al. at the MTR,[2] this background flux was equal to 2/3 of the 2 keV flux. This type of background can be tolerated in certain measurements, but would be
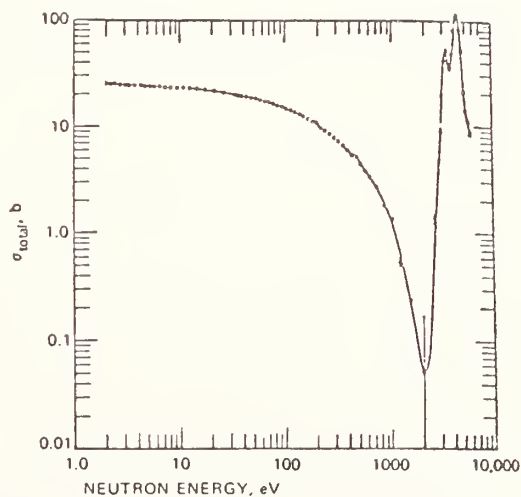

Fig. 1 Total neutron cross section of scandium from 1 eV to 8 keV. The deep minimum at 2 keV is responsible for scandium's functioning as a filter. Other minima at higher energies are not shown.

disastrous for the calibration of dosimeters. Unfortunately, the problem is inevitable in any facility in which a scandium filter looks at a reactor core.

This background is essentially eliminated in the NBS installation by the use of a through tube in conjunction with a resonant scatterer. The through tube passes 10 cm outside of the edge of the reactor core, and the collimating system containing the filter only sees a scatterer at the center of the tube. (See Fig. 2) This design eliminates unwanted core neutrons and gammas. We use manganese to scatter the neutrons, making use of the large scattering resonance at 2.375 keV. Although the resonant energy does not exactly match the energy of the 2 keV window, the resonance is sufficiently broad (Γ=400 eV) that at 2 keV the scattering cross section is still > 100 barns.[4] Physically, the scatterer is a 3 mm thick Mn-Al alloy, containing 57 atomic percent manganese.
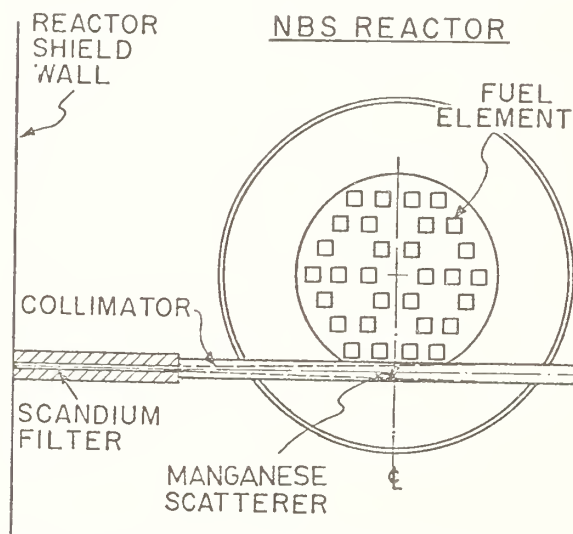
Fig. 2 Schematic representation of the NBS Reactor showing the filter, collimator, and scatterer in the through tube (not to scale.)

The advantage of this design may be seen in the spectra shown in Fig. 3 (These data were taken with a 1 atm. hydrogen proton-recoil counter). The solid line shows the spectrum obtained with a 110 cm. long Sc filter; the dashed curve shows the effect of adding one cm of Ti to the Sc. It can be seen that even without the Ti, the main secondary peak at 29 keV has an area of only 3% of the 2 keV peak. The addition of the Ti reduces this peak (as well as the ones at 7, 15, and 40 keV) by a factor of about 2-1/2, at the cost of only 17% of the 2 keV peak.

In terms of total flux (i.e., the area under the peaks), the higher energy contaminants amount to approximately 6% of the 2 keV flux without the titanium; the addition of the titanium; the addition of the titanium reduces their contribution of $\sim$3% of the 2 keV flux.

The neutron intensity, as measured with a calibrated BF_3 counter is 6 x 10^5 neutrons/sec. The beam diameter at the reactor face is 1.7 cm, diverging to 6 cm at 3 m from the reactor. The gamma ray background is $\sim$1 Mr/hr.

25 keV Beam

The 25 keV beam is produced by an iron-aluminum filter, in another through tube in the reactor. For this case, the higher energy background problems are not so severe and it suffices to use a "flat" scatterer (i.e., graphite). The higher energy flux amounts to 1% of the 25 keV flux. The 25 keV flux is 2 x 10^5 n/sec, with a gamma background of $\sim$1 mR/hr.

144 keV Beam

A 144 keV beam, using a silicon filter, will be installed later this month. The flux should be at least equal to that in the 2 keV beam, with essentially no neutrons other than those at 144 keV.

Summary

The NBS filtered beams provide a very important calibration facility. All three will have low background, be very stable, and will be well calibrated. The three beams can be run simultaneously with no interference or cross-talk, and will serve as calibration standards. It is our intention that the "neglected energy range" be much less neglected in the future.

Fig. 3 Neutron spectrum through scandium
filter. The solid curve represents the
spectrum with a 110 cm scandium filter alone,
and the dashed curve the spectrum observed
with the addition of 1 cm of titanium.

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Research and Development Administration

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NEUTRON SOURCE CALIBRATIONS AT NBS FOR CALIBRATION CHECKS OF NEUTRON RADIATION INSTRUMENTS

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The manganous sulfate bath method of neutron source calibrations at the NBS is described together with the corrections applied for neutron capture in the source itself, capture by competing nuclei of either fast or thermal neutrons, and thermal neutron leakage. The advantage of commercially available Am-Be (α,n) neutron sources as a calibration check for radiation instruments in the MeV range is stressed.

(Neutron source; calibration; manganous sulfate; radiation instruments)

Introduction

This paper describes the manganous sulfate bath method used at the NBS to calibrate the emission rate of neutron sources. For a more thorough review of and references to the measurement of neutron emission rates and neutron spectra see reference (1) by Caswell.

Neutron sources which are used for the calibration of neutron radiation instruments are selected on the basis of their size, stability, predictable and long half life, energy spectrum, and emission rate. The emission rate is used to calculate the strength of the neutron field at the position of the neutron radiation instrument. Neutrons emitted from these sources are not of uniform energy and therefore require fluence-dose conversion factors to give a true calibration of a neutron dosimeter. It is not the purpose of this paper to describe such a complicated procedure for any given instrument, but to recommend that, once such a relationship is established, the operation is most easily checked over long periods of time by an Am-Be(α,n) neutron source.

Calibration of Neutron Emission Rates

At the NBS the manganous sulfate bath method[2] is used to compare the neutron emission rate of an unknown source to the standard radium-beryllium, photo-neutron source, NBS-I. The principle of the method is shown in Figure 1. The source is placed in a thin-walled, air-filled, teflon beaker at the center of a 125 cm dia-meter sphere of manganous sulfate solution. Due to the large size of the bath very few neutrons escape. The remainder are captured by any of the following processes: (1) fast capture in the fluorine of the beaker, (2) fast capture in ^{16}O or ^{32}S, (3) slow neutron capture in ^{55}Mn or hydrogen, or (4) slow neutron capture in the beaker or the source itself. The slow neutron capture in ^{55}Mn produces ^{56}Mn, which decays to ^{56}Fe with a half life of 154 minutes. It is the gamma activity of the ^{56}Fe which is measured at the sodium iodide crystal. The induced activity of the bath is measured for the unknown source and for the standard source, NBS-I. The ratio of the source emission rates is determined from the ratio of the two count rates after corrections have been applied for escape and capture in other nuclei.

Fig. 1 Manganous Sulfate Bath Source Calibration (Schematic)

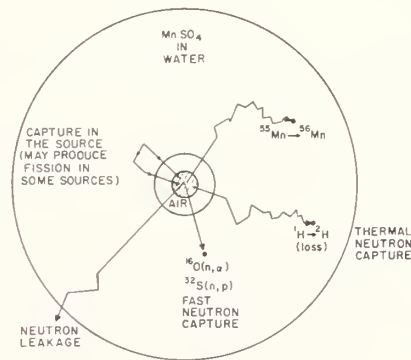A circulating manganous-sulfate bath system, as shown in Figure 2, is used at the NBS. The circulating pump thoroughly mixes the bath solution by maintaining a flow rate of about 70 liters per minute through a dispersive nozzle. About 6 liters of solution per minute flow to a remotely located gamma-ray counting system, where counting can be continued and statistics accumulated as long as desired. The Sodium-Iodide crystal, located at the center of the Marinelli beaker, is used for neutron sources with emission rates between 10^5 to 10^8 neutrons per second. The second crystal, located above the Marinelli beaker, views a small fraction of the activated solution through the lead shield and is used for neutron sources with an emission rate between 10^8 and 10^{10} per second. The second crystal is needed for more intense neutron sources, because the main crystal counting system would be paralyzed by the resulting manganese activity. The relative efficiency of the two counting systems is measured by using an intermediate neutron source with an emission rate of about 10^8 per second, which can be counted simultaneously by both systems.

10 cm dia. TEFLON SOURCE-HOLDER

1 25 m dia POLYETHYLENE SPHERICAL BATH OF Mn SO₄

PUMP

8" CONCRETE SHIELD

4" LEAD SHIELD

Na I CRYSTAL

ST. STEEL MARINELLI BEAKER 10" dia x 10"
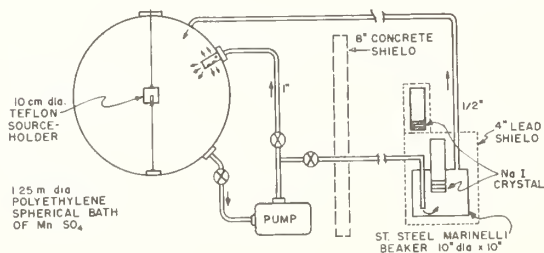
Fig. 2 Circulating Manganous Sulfate Bath and Shielded Gamma-Ray Detector

The uncertainties in a calibration are listed in Table I. The most recent absolute calibration of NBS-I by Noyce, et al.[3] was quoted with an error of $\pm 1\%$. Escape from the 1.25 meter diameter bath is quite small even for the higher energy (α,n) neutron sources and essentially non-existent for low energy (γ,n) neutron sources. The error in the correction depends upon the size of the correction. A correction is applied for capture in the source itself. In the

Table I

Uncertainties in the Calibration of Neutron Sources

Systematic Errors	(α,n)	(γ,n)
Emission Rate of NBS-I	1%	1%
Escape	0.2%	0%
Absorption in Source	0.1-0.3%	0.1%
Fast Neutron Loss to Reactions	1%	0%
Random Error		
Counting of Activated Bath	0.2%	0.2%
Total Error	1.6-1.7%	1.3%

case of sources containing fissionable material, such as plutonium, neutron multiplication by thermal capture in the fissionable material may partially cancel or be larger than losses due to capture in the source encapsulation. This correction is minimized by locating the source in an air cavity with thin teflon walls to reduce the thermal neutron flux. The correction is calculated[4] for each individual source and its accuracy again depends on the size of the correction. The least well understood correction, which is very important for (α,n) sources because they have many neutrons with energies above 3 or 4 MeV, is the loss of fast neutrons due to reactions such as $^{16}O(n,\alpha)$ and $^{32}S(n,p)$. Calculations of this correction by Murphey[5] are used for our calibrations, but, because these disagree with some experimental measurements[1], there still appears to be an uncertainty of about 1% in the correction for (α,n) sources.

The total errors listed in Table I result from the linear addition of the quadratic sum of random errors and quadratic sum of systematic errors.

$^{226}Ra-Be(\alpha,n)$ sources increase in neutron source strength due to the growth of ^{210}Po. ^{210}Po decays with a half life of 138.38 days and is formed by the alpha decay of ^{210}Pb in the radium decay chain with a

half life of 22.3 years. The relative source strength as a function of time in years from the date of separation of ^{226}Ra is given by the following relationship[6],

$$F(t)=1+.143(1.01437-1.03166e^{-t/31.138}+.01728e^{-t/.5466}).\qquad(1)$$

^{239}Pu-Be(α,n) sources increase in neutron source strength due to the growth of ^{241}Am. ^{241}Am is formed by the beta decay of ^{241}Pu with a half life of 14.89 years. If the atom percent of ^{241}Pu in relation to the other neutron emitting Plutonium isotopes are known at the time of manufacture the growth of a Pu-Be (α,n) source can be calculated by a rather complicated formula, which will not be included here, but may be found in an article by Caswell[7].

Instrument Calibration Checks with Commercially Available Sources

The sources commonly used for instrument checks are ^{241}Am-Be(α,n), ^{226}Ra-Be(α,n), and ^{239}Pu-Be(α,n). Their average neutron energies are approximately 3.9 MeV, 2.8 MeV, and 3.4 MeV respectively. Only the Americium sources have a single well known half life (433 yr), which is predictable over long periods of time. If great care is taken in determining isotopic composition of the source material before manufacture, an accurate effective half life can be determined for the other two sources. However, this information is not always available and is often lost or forgotten.

Another popularly used neutron source with emission rates up to 10^{10} per second is ^{252}Cf spontaneous fission. Its spectrum has been well studied[8] and it can be manufactured to approximate, very closely, a point source. However, it does have an inconveniently short half life of about 2.64 years and contains ^{250}Cf and ^{254}Cf, which further complicates the determination of the effective half life.

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ULTRASONIC MEASUREMENTS AND CALIBRATION

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Introduction

In the past few years ultrasound techniques have become well known and are receiving widespread acceptance in clinical practice. For example, diagnostic ultrasound is rapidly finding use as a compliment to other techniques and often is the modality of choice for visualization of structures within the body supplanting procedures involving the use of ionizing radiation. Some of the main areas of application at the present time are visualization of abdominal organs, pregnant uterus, and the heart. It is estimated that approximately 35% of the pregnant women in the United States currently under go ultrasonic insonations and that by 1980 this number will increase to about 90%. Along with the increasing use of this modality come the responsibility for the assessment of the risk that may be involved with its use. This requires the measurement and characterization of ultrasonic fields by researchers engaged in the evaluation of biological effects associated with ultrasonic exposures. There is also the need to determine parameters of the ultrasonic field from fields produced by commercial ultrasonic devices in order to evaluate the potential risk their use may present on the basis of biological effects data. These measurements are especially necessary in view of the wide proliferation of such devices. In addition the establishment of any necessary performance criteria requires the quantification of the ultrasonic fields involved and calibration of measurement devices used.

Ultrasonic Quantities and Measurement Techniques

The ultrasonic field parameters which generally are of the greatest concern include total output power, intensity, and field distribution. In the case of ultrasonic intensity it is important that peak temporal and spatial values as well as average spatial and temporal values be measured. The need for peak intensity measurements is evident when one considers that peak intensities from ultrasonic diagnostic pulse echo equipment are on the order of 10^4 times the spatial and temporal average intensities [1,2]. Other ultrasonic parameters which are of interest include acoustic pressure, particle velocity, speed of

particle displacement, frequency spectrum and attenuation coefficients. Table 1 shows most of the quantities used along with appropriate SI units and quantity symbols.

Relationships exist among the quantities in Table 1. For traveling plane waves the Langevin radiation force (F) is related to the power by the relationship $F = Pd/c$ where P is the acoustic power, c is the propagation velocity of the wave, and d is a factor determined by the type of interface an object presents to the ultrasonic field, values for d are shown in Table 2. For a more detailed discussion of the topic the reader is referred to the following references [3, 4]. The ultrasonic intensity (I) for progressive plane waves is given by $I = pv$ where p is the rms value of the particle pressure and v is the rms value of the particle velocity. The relationship among acoustic pressure, particle velocity and specific acoustic impedance is given by the following formula $p = \rho_0 cv$. Unfortunately in the near field of ultrasonic transducers (applicable to most medical applications), the structure of the ultrasonic field is complex and measurement and calibration methods must properly take this into account. Several methods for measuring acoustic field parameters exist. These may be grouped into six general techniques: (1) radiation force, (2) thermal as by calorimeters, thermal couples and thermisters, (3) electrical, i.e., equivalent circuits, (4) electroacoustic conversion as by piezoelectric, magneto strictive transducers and capacitance transducers, (5) optical, including both optical diffraction and interferometry, (6) reflection as by reciprocity calibration. The parameters measured by the different techniques are shown in Table 3.

Measurements using one or more of these techniques are being carried out in some university laboratories (usually associated with medical schools or hospitals), by certain manufacturers, and by the Bureau of Radiological Health and the National Bureau of Standards. The Bureau of Radiological Health maintains an inhouse capability to measure the acoustic field parameters from medical ultrasonic equipment in order to conduct biological effects investigations and evaluate ultrasonic products. This work is being carried out as part of the Bureau of Radiological Health's responsi-

bility under the requirements of the Radiation Control for Health and Safety Act of 1968, P.L. 90-602. The law specifically directs the Bureau of Radiological Health to conduct a wide range of studies into possible conditions of exposure to electronic product radiation; to develop practical measurement techniques for the evaluation of radiation emission, and to investigate possible biological effects associated with such radiation.

Investigations by the Bureau of Radiological Health and reports from others have shown inadequacies in the calibration of ultrasonic medical devices (5). There has also been an inadequacy in the reporting of parameters used in biological effects investigation (6). This makes it difficult or impossible to correlate the results among investigators. These deficiencies have been due to not only to the lack of recognition of the importance of characterizing ultrasonic fields but also the unavailability of commercial equipment with which adequate and reliable measurements can be made. The lack of available instrumentation is currently a major limitation in the evaluation of ultrasonic devices. Currently there is no portable commercially available equipment which is capable of measuring ultrasonic quantities from pulse echo diagnostic equipment. Only one U.S. manufacturer is marketing a measurement device to determine total power from ultrasonic therapy transducers.

The remainder of this paper will discuss some of the techniques that can be used to measure the output from ultrasonic medical devices. A comparison of measurements made by the Acoustics Branch, Bureau of Radiological Health and the National Bureau of Standards are shown.

Radiation Force Techniques

The radiation force technique is currently the most widely used method for measuring ultrasonic power. It measures the force produced by an ultrasonic field impinging on a target. The force produced is independent of frequency and is proportional to the total time averaged ultrasonic power in the field. For a progressive plane wave impinging on a perfectly absorbing target the radiation force is equal to the acoustic power divided by the speed of sound. One advantage of this technique is that it is an absolute method that can easily be calibrated by the use of weights. For example, an acoustic power of 1 milliwatt exerts a force of 0.068 milligrams weight on a totally absorbing target. The system used by the

Bureau of Radiological Health to measure the output from diagnostic ultrasonic devices uses a sensitive micro-balance from which a target suspended in water is attached. This system and other similar systems have been reported in the literature (7,8). Table 4 presents some measurements made of the output from some pulse-echo diagnostic ultrasonic transducers. This data as well as that reported by Carson indicates that the temporal and spatial average power levels from pulse echo diagnostic equipment is usually less than 10 milliwatts per sq/cm (2). These low ultrasonic levels also illustrate that very sensitive systems must be used to measure the output from such equipment. For a totally absorbing target 10 mW corresponds to a force of only 0.68 mg weight. Although such measurements can be made in a laboratory environment using an analytical micro-balance system, reliable commercial radiation force systems have not yet been developed and marketed for the measurement of these diagnostic levels. Output levels from ultrasonic therapy equipment is usually in the range of 1 to 20 watts (5). The forces produced by these levels as a result of radiation pressure, are about 3 orders of magnitude larger, than those produced by diagnostic pulse-echo devices and are readily measured. Unfortunately the availability of commercial instruments to measure the output of ultrasonic therapy equipment is very limited. There is a definite need for the development of a portable measurement system that can be used to check the calibration of such equipment.

A technique which has been used for the measurement of radiation pressure involves the measurement of the deflection of a target suspended in a sound field in a pendulum arrangement. This system has been reported in the literature and is used in our laboratories for calibration purposes (7,9).

Thermal Detectors

Thermal methods of measuring ultrasonic field quantities take advantage of temperatures that rise due to the absorption of acoustic energy in a suitable material. The most widely used type of calorimeter is called a substitution calorimeter. The ultrasound is directed into an absorbing medium and the subsequent temperature rise measured. The system is calibrated by dissipating a known amount of energy in the absorbing medium by means of a resistance heating coil and measuring the resulting temperature rise. If the thermal loses of the calorimeter are the same in both cases then a direct determination of absorbed

ultrasonic energy can be obtained. This may also be considered an absolute measurement technique. Calorimeters provide a unique means for the measurement of ultrasonic energy since they are least effected by the ultrasonic field shape and pulse duration and are not dependent on plane wave assumptions. Such a system developed by the Bureau of Radiological Health has a dynamic range from about 10 milliwatts to 50 watts (7). This calorimetric system was used in making comparative measurements by the radiation force float and acousto-optic methods using National Bureau of Standards sources. The results of this intercomparison are shown in Table 5 and 6.

Electrical or Equivalent Circuit Method

A method employed by the National Bureau of Standards for the determination of ultrasonic power is the evaluation of the parameters of the equivalent circuit model of resonant transducers under loading conditions (11). This method involves calculation of the resonant radiation conductance of quartz transducers from admittance measurements made with a twin-tee circuit of NBS design. (12). Measurements of susceptance and conductance were made at the terminals of the transducer under three conditions; unloaded (transducer in air), loaded (transducer in water), and effectively clamped (at approximately twice the resonant frequency). The data is treated to yield values of conductances G' (unloaded), and G (loaded), and G" (determined from measurements at 2W), and from these, the diameters, D'=G'-G" and D=G-G", of the circles of motional admittance of the transducer can be calculated. Accurate values of the resonant frequencies (unloaded and loaded) are also obtained. From the circle diameters the resonant radiation conductance is calculated, $G_r=D(1-D/D')$. Related methods for determining efficiency have been discussed by others (13,14,15).

The National Bureau of Standards has recently announced the availability of these sources for calibration of measurement equipment. Continuous wave output levels in the range of microwatts to 1 watt are available. An overall accuracy of 5% or better is claimed at frequencies of 1,2,3 and 5 megahertz. The maximum beam diameter is 2.5 centimeters. These sources are transportable and may be taken to customers' facilities for calibration of their measurement equipment. The availability of these sources in addition to an ultrasonic calorimeter measurement system to measure ultrasonic power directly is a significant advance in the capability to calibrate and measure the

output from medical ultrasonic equipment.

Piezoelectric Method

A parameter of importance other than total acoustic power is the distribution of the energy in the ultrasonic field, both spatially and temporally. To be able to follow variations of the energy in both time and space a method is needed with a fast response time and small spatial dimensions. An appropriate technique involves detecting an electrical output from a small piezoelectric crystal place in the ultrasonic field. The voltage output from such a crystal (i.e., hydrophone) is proportional to the acoustic pressure and may be squared to obtain a signal proportional to the acoustic intensity. An absolute rather than a relative measurement of intensity can be obtained by calibrating the hydrophone using one of the other absolute methods. By scanning a hydrophone across the beam the intensity distribution across the field can be found and plotted.

OPTICAL METHODS

Acousto-Optical Diffraction Techniques

The literature in the area of acousto-optical diffraction techniques is well developed, consisting of two general categories (16). Schlieren visualization and pressure measurement. The study of ultrasonic fields by means of optical methods has the advantage of providing a means of measurement while avoiding the disturbance of the ultrasonic field. One of the measurement systems used by the Bureau of Radiological Health employs the Raman-Nath theory of light diffraction in which it is assumed that the ultrasonic field presents a phase grating to a normally incident beam of monochomatic light (17,18). The irradiance of each of the diffraction orders of the resulting Fraunhofer pattern can be used to calculate the acoustic pressure within the ultrasonic beam. One of the disadvantages of this system is that it requires a knowledge of the ultrasonic field size and shape and thus is more applicable for work with sources of known configuration. The results of comparative measurements made with the radiation force and calorimetric methods using National Bureau of Standards sources is shown in Tables 4 and 5. An extension of this method for measurement of pulsed ultrasonic fields is currently being investigated by the Bureau of Radiological Health and offers possibilities as a portable measurement system. Results using this method were reported at the recent

meeting of the Acoustical Society of America (19).

Interferometric Optical Method

A newly developed optical method that detects the movement of a thin membrane in a sound field but that does not require prior information with regard to ultrasonic field pattern or size has recently been developed (20). This is a scanning optical interferometer and as used in our laboratory can provide either qualitative and quantitative information about the spatial distribution of particle displacement amplitude of fields emitted by diagnostic ultrasonic transducers. It promises to provide a convenient and rapid method for the evaluation of ultrasonic transducers. A discussion of this system and its application to the evaluation of medical ultrasonic transducers is given in another paper in this symposium (21).

Results of Intercomparison Measurements

Comparative measurements taken with the radiation force, calorimetric and acousto-optic methods used by the Bureau of Radiological Health were made with two National Bureau of Standards ultrasonic transducers. The ultrasonic output power from each transducer was determined by NBS using measurements of the impedance of the generating ultrasonic transducers and the applied voltage. These predicted outputs were compared with values measured by the Bureau of Radiological Health.

Tables 4 and 5 present the data collected for measurements on two air-backed quartz crystals, each with a resonant frequency of 2 MHz. The quartz crystals were circular disks with active surface diameters of 1.905cm (3/4 inch) and 1.270cm (1/2 inch). The variations in the radiation force readings in Table 4 at an applied voltage of 203.0 volts have not been explained. Previous intercomparisons between the radiation force and acousto-optic techniques have shown no statistical difference between the two measurement methods at the 95% confidence level (22). For the measurements reported in Table 5 using the acousto-optic system, the highest possible power generated by the 1/2" crystal was too low to allow the conditions necessary to precisely align the sampling light beam in the acoustic field. The result is that the optical data in Table 5 is not as reliable as is possible with the present system. Alignment was not a problem with the 3/4"

crystal. The limits of error in the rms voltage applied to the ultrasonic transducer are believed to be ± 1% of the voltage. The maximum intercomparison differences were within ± 20% of the mean, and for most measurements the difference was much within ± 5%.

CONCLUSIONS

Methods exist that can provide reliable means of measurement of ultrasonic field parameters. However, at the present time there is almost no commercially available ultrasonic measurement instrumentation. In addition there is a lack of availability of a low cost transfer standard which can be used by non-technical personnel to calibrate such equipment. The problems in both of these areas should be corrected in the future. Some commercial companies are beginning the development of instrumentation to measure ultrasonic field parameters, and the National Bureau of Standards is working toward the development of transfer standard sources.

Some measurement areas not discussed in this paper needing work include, invivo dosimetry, calibration in relation to frequency content of ultrasonic pulses, finite amplitude wave effects and methods for the characterization of vibrators, such as used in dentistry or the surgical removal of cataracts.

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Table 1. Ultrasonic Quantities, Symbols and SI Units

Quantity	Symbol	SI Unit
Power	P	W
Intensity	I	$W \cdot m^{-2}$
Speed of sound	c	$m \cdot s^{-1}$
Force	F	N
Pressure	P	$Pa = N \cdot m^{-2}$
Particle displacement	y	m
Particle velocity (vector)	$\underline{u}$	$m \cdot s^{-1}$
Specific acoustic impedance for progressive plane waves. ρ_O is the equilibrium density	$\rho_O c$	$N \cdot m^{-3} \cdot s = kg \cdot m^{-2} \cdot s^{-1}$
Amplitude attenuation coefficient		Np/m

NOTE: Notation in the table above: m = meter, s = seconds, kg = kilogram, N = newton, Pa = pascal, W = watt, Np = neper

Table 2

Value of Constant D for Various Physical Situations

Physical situation	D
Perfect absorber, normal incidence *r = 1	1
Perfect reflector, normal incidence *r = 0 or ∞	2
Perfect reflector, incident at angle 0 to sound beam, *r = 0 or ∞	$2 \cos^2\theta$

*r = Z_2/Z_1 the impedance ratio at an interface
            where Z = ρc
c is the velocity of sound in the medium
ρ is the density

Table 3. Ultrasonic Quantities Measured by Different Techniques

Quantities Detected

Techniques	Power	Intensity	Pressure	Particle Displacement	Particle Velocity
Calorimetry	X(1)				
Thermal Probe		X(1)			
Optical Diffraction			X(2)		
Radiation Force (Total field)	X(1)				
Interferometric				X(2)	
Piezoelectric			X		
Radiation Force (Sphere deflection)		X(1)			
Equivalent Circuit	X				
Reciprocity	X(3)				

NOTE: Notation in the above table: X = basic quantity measured
      1 = time average only, 2 = temporal peak, 3 = peak pulse power

Table 4

Measurements of Ultrasonic Output Use Radiation Force Method

Generator Manufacturer	# of Transducers Measured	Range (mW)	Mean
Picker	57	<1 to 13.6*	5.3
Unirad	2	<1	<1
Smith Kline	3	<1 to 5.7	3.1

* Only two of the 57 measurements were above 10 mW.
  These two values were 10.5 and 13.6 mW.

Table 5. Comparative Measurements of Acoustic
Power from 1/2" Quartz Transducer

Power (milliwatts) (See note b below)

Voltage[a] (volts)	Electrical Method (NBS)	Rad.Force Method (BRH)	Acousto-Optics Method (BRH)	Calorimetric Method (BRH)
203.0	204(+0.4)	200(-1.6)	219(+7.7)	190(-6.5)
100.S	50.3(-1.9)		52.6(+2.5)	51(-0.6)
30.26	4.53(-4)		4.9(+4)	

a--rms voltage measured across the transducer.
b--numbers in ( ) indicate percent deviation from the mean
   (measured-mean/mean). Where the mean is determined by averaging
   the values obtained for all techniques at one voltage setting.

Table 6. Comparative Measurements of Acoustic
Power from 3/4" Quartz Transducer

Power (milliwatts) (See note b below)

Voltage[a] (volts)	Electrical Method (NBS)	Rad.Force Method (BRH)	Acousto-Optics Method (BRH)	Calorimetric Method (BRH)
232.6	603(-4.4)	658(+4.4)		
203.0	459(-1.0)	377(-18.7)	479(+3.3)	469(+1.1)
		535(+15.4)		
100.8	113(-0.5)	111(-2.3)	116.7(+2.8)	
50.54	28.5(-3.9)		30.8(+3.9)	
30.26	10.2(-3.8)		11.0(+3.8)	

a--rms voltage measured across the transducer
b--numbers in ( ) indicate percent deviation from the mean
   (measured-mean/mean). Where the mean is determined by averaging
   the values obtained for all techniques at one voltage setting.

METHODS FOR THE EVALUATION AND CALIBRATION OF
MICROWAVE SURVEY INSTRUMENTS

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A facility has been established for the evaluation and calibration of
microwave power density instrumentation. It includes an anechoic chamber
with a precisely positionable cart for measuring gain and chamber standing
waves. The operable frequency range is from 900 MHz to 10 GHz. A laser
provides a means of aligning antennas. The absolute calibration of
distance and microwave power are performed by NBS. The radiated electric
field strength is then established by BRH as a primary standard using
precise antenna gain measurement methods. An instrument evaluation
facility includes an absorber-lined temperature chamber, a probe/slot-
source positioning system, and devices for measuring the polarization
response, modulation response, and the linearity of the microwave survey
instruments.

(Microwave Power Density ; Microwave Radiation Measurement)

Introduction

Since the passage of the Radiation
Control for Health and Safety Act of 1968
and the subsequent promulgation of the
Microwave Oven Standard under that Act, the
Bureau of Radiological Health has found it
necessary to establish means of thoroughly
evaluating and precisely calibrating
microwave radiation instrumentation. These
instruments are used in a wide range of
programs including the enforcement of the
Microwave Oven Standard, radiation hazard
assessments, and radiation measurements
performed on other electronic products such
as microwave diathermy. This paper
describes the facilities and methods
established and used for these purposes.

Plane Wave Calibration Facility, Physical Characteristics

The main element of the calibration
facility is an anechoic chamber. The
chamber has approximate external dimensions
of 3.6 x 3.6 x 9 meters. This provides a
usable interior longitudinal axis of 7
meters. A fiberglass cart, which is also
partially covered with anechoic material,
can be moved along the longitudinal axis of
the chamber and remotely positioned to
millimeter accuracy. The fiberglass cart
rides on two stainless steel rails located
below the anechoic floor material of the
chamber. The rails are located off center
so that no specular reflections can occur.

A chain drive parallels each rail and is
connected to a motor outside the chamber.

A microwave oven survey probe to be
calibrated is placed in a dielectric holder
which, in turn, is mounted on the cart (Fig.
1). The probe is extended in front of the
cart as far as possible on a dielectric rod.
The readout device for the probe is then
placed on the cart, behind anechoic
material. The probe is irradiated by a
truncated horn antenna. Standard gain horns
are not used due to increased problems and
uncertainties which occur when horn gains
are experimentally determined in the Fresnel
region or even the "pre-Fresnel" region of
an antenna. A high power, rigid coaxial
transmission line is used as a forward power
monitor with integral direction coupler
between generator and antenna. While the
probe is exposed to a precisely known plane
wave, the meter readout indication is
observed with a closed circuit TV camera
utilizing a telephoto lens. The rear wall
is covered with a high performance pyramidal
absorbing material. Ports in the rear wall
are provided for a camera, a spotlight and a
laser. The split beam laser is used for the
alignment of transmitting and receiving
antennas with the central longitudinal axis
of the chamber, and with the cart's rail
system during the antenna gain measurement
procedure. Transmitting antennas can be
centered and aligned by placing a precisely
machined, teflon-coated, insert containing a
first-surface mirror in the waveguide throat
of the transmitting horn as shown in figure
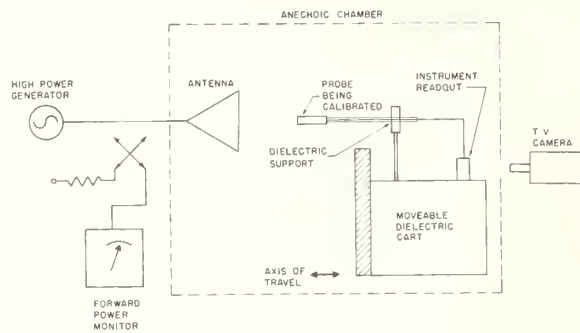2. The reference laser beam is reflected

Figure 1: Probe Calibration in "Plane Wave" Facility

Figure 2: Horn Antenna with Alignment Mirror Inserted

from this mirror and serves as a means for providing antenna alignment to better than one degree. This beam is also used for alignment of the receiving antenna on the cart. Cart wobble is minimized by alignment of the rails to eliminate lateral and vertical cart position variations during its travel.

In the front, or transmitting end of the chamber, a connection is made from the microwave generator to the rigid coaxial feed system through high power flexible transmission line. Relative forward power is read on the coupler's side arm digital power meter. A single meter reading determines the absolute radiated power through precise "power equation" techniques developed by Dr. Glenn Engen of the National Bureau of Standards[1]. A description of this specific application has been published by the Bureau of Radiological Health[2]. An equipment console provides control signals to the cart and displays accurate position data. A shaft encoder is used to provide a digital cart position readout accurate to ± 2 millimeters (calibrated against an NBS-calibrated steel tape).

Method of Generating a Precisely Known Plane Wave Power Density

The procedure for establishing a calibrated plane wave field is as follows. The standing waves in the chamber are measured by mounting a probe, of the type to be calibrated, on the cart. The cart is then driven the entire length of the chamber and the output of the receiving probe vs. distance is recorded, while a constant power level is transmitted by a horn antenna. From this procedure, a relative "quiet zone" can be determined near the center of the chamber, for a particular frequency. Next, the horn gain is measured in this quiet zone via continuous path loss measurements between pairs of nominally identical horn antennas. The Power Equation methods are most appropriate for determining net power transfer (path loss) between transmitting and receiving antennas, since mismatches between these antennas and their respective source or load are precisely accounted for.

Antenna gain is then computed as a function of path loss between a pair of nominally identical antennas by the formula:

$$G_T G_R = \frac{P_R}{P_T} \quad \frac{(4\pi R)^2}{\lambda} \qquad (1)$$

where: G_T = transmitting horn gain, G_R = receiving antenna gain, R = antenna separation distance at the aperture planes, λ = wavelength of transmitted signals, and P_R/P_T = received power/transmitted power ration (path loss).

Equation (1) assumes that no multipath reflections are received from chamber sidewalls or the cart and its supports and that no mutual reflections may exist between antennas. These conditions are met by providing a high performance anechoic chamber, proper antenna separation, and sufficient antenna directivity or gain. The gains G_T and G_R are a function of separation distance and approach a constant "far field" value at large separations.

Errors in path loss measurements due to antenna skin currents (side lobes), and leaking cable connections must be experimentally detected and minimized. Skin currents flowing on the outside of the horn antenna and on microwave feed cables can give rise to radiation side lobes. Since the method of antenna gain measurement used assumes that reciprocity exists, the gain of an individual antenna must be unaffected by its mounting structure and surroundings. These side lobes may be reflected to the opposite antenna by the materials surrounding the antenna (i.e. absorber behind the transmitting antenna, the cart on which the receiving antenna is supported, or the cables feeding each horn). Their effects are detected and minimized. No significant changes (< 0.1 dB) in path loss due to sidelobes occur for any of the measurements in the final BRH calibration system.

The use of three pairs of antennas (with a total of three antennas utilized) allows the determination of the gain of a single antenna. This gain is position dependent, since the measurements may not be made in the true far field, especially at 915 MHz. The antenna separation is sufficient however, so that little spatial variation (less than 5 percent) occurs, over the aperture of the receiving antenna under worst case conditions. This implies that a small probe will observe the same power density as the receiving antenna with its much larger effective aperture.

The calibration of absolute transmitted power from the horn antenna is accomplished via a special high-power coupler/bolometer (calibrated by NBS). This coupler/bolometer has a waveguide input flange of the same dimensions as the waveguide horn antennas

(Fig. 3). To calibrate the "forward power monitor" which consists of a directional coupler, permanently mounted on the rigid coaxial feed system, the transmitting antenna is removed and the calibrated coupler/bolometer is substituted as a termination. The readings of the digital power meter on the forward power monitor are simultaneously compared with the substituted D.C. power supplied to the bolometer as measured by a precision bridge. The net transmitted power is absolutely calibrated using specialized techniques and the equipment illustrated in figure 4. The forward power monitor reading is related to transmitted power by leveling power P_4, during all measurements. Waveguide offset shorts are used as references to provide accurate matching factor measurements.

Absolute power density is then computed at a point in the previously determined "quiet zone" of the chamber where both quasi-far field conditions and minimal standing waves (as seen by a small isotropic probe) exist. Power density is computed as:

$$S = \frac{P_T G_T(R)}{4\pi R^2} \qquad (3)$$

where: S = power density, P_T = absolute transmitted power, $G_T(R)$ = transmitting horn gain (a function of distance) and, R = distance from the horn to the point where power density is computed. The standing waves (due to chamber wall reflections) which are seen by an isotropic probe under calibration must be accounted for to remove residual probe calibration errors. Then the process of calibrating the plane-wave facility is complete. A worst-case absolute power density uncertainty of less than ± 0.6 dB at 2450 MHz and ± 0.8 dB at 915 MHz are readily achieved using a very conservative error analysis.

Probe Calibration Procedures in the Plane Wave Facility

When calibrating a probe in the known plane-wave field, precautions must be taken to avoid additional errors due to reflections from the dielectric cart, the probe support structure, and the instrument's cable and readout meter. Reflections from the cart are measured and reduced to acceptable levels (± 0.2 dB at 2450 MHz and ± 0.5 dB at 915 MHz). A large amount of additional scattering from the cable connecting the probe to the readout meter was detected. Shielding of the cable

with absorber was necessary over portions where it was oriented vertically (aligned with the electric field). Even with this absorber, significant residual scattering occurs, particularly at the lower frequencies. To eliminate the residual scattering errors a "multi-position averaging technique" was devised (Fig. 5). These standing waves had a known period of one-half wavelength. Therefore, several calibrations were performed on each probe, with the probe mounted ahead of the cart at various spacings. The spacing of the probe's sensor tip to the cart (D2) was varied in quarter wave increments for each calibration, while the distance from the probe's sensor to the transmitting horn (D1) was maintained at a constant value. An average of four such readings was computed. Cart and support reflection/errors are thus reduced to a value below 0.05 dB (1 percent) by this multi-position averaging technique.

Whenever the separation between two antennas is not great, compared to the parameter (a^2/λ), where "a" is the maximum dimension of the transmitting horn, some amplitude and phase variations exist in the plane of the receiving antenna aperture used during gain measurement procedures. Spatial averaging of these fields occurs since the receiving antenna aperture is large. In contrast, a small antenna such as a radiation hazard meter, will see only the maximum field intensity if it is on the boresight of the transmitting antenna. At 2450 MHz separations used exceeded 20 a^2/λ. At 915 MHz, since separations of 6.5 a^2/λ were used, the spatial averaging error was experimentally evaluated by continuously scanning planes normal to the axis of propagation, with a small probe. Numerical integration was performed over a rectangular area with dimensions identical to the receiving horn aperture. The integrated power density over the aperture space differed from the central point value of power density by less than 5 percent. Because the effective aperture of the receiving antenna is much smaller than its physical aperture, this is a worst-case test of non-uniformity of the "plane wave" used to calibrate probes.

Instrument Evaluation

After calibrating an instrument in a known plane wave field, the response of that instrument to various field parameters existing during the measurement of a leaking microwave oven or other near-field source, must be evaluated. The ambient temperature,
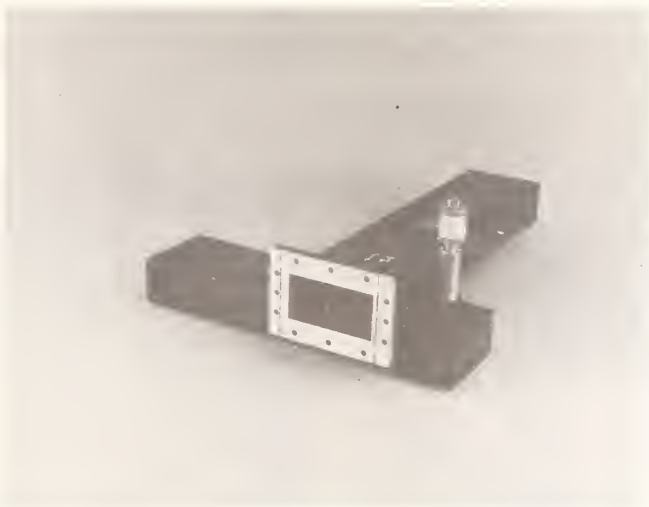
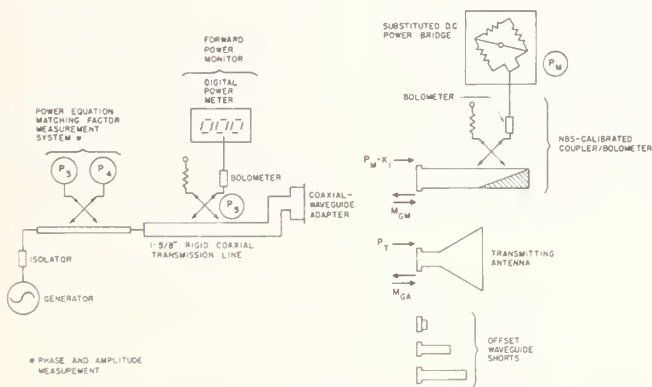Figure 3:   NBS-Calibrated Coupler-Bolometer

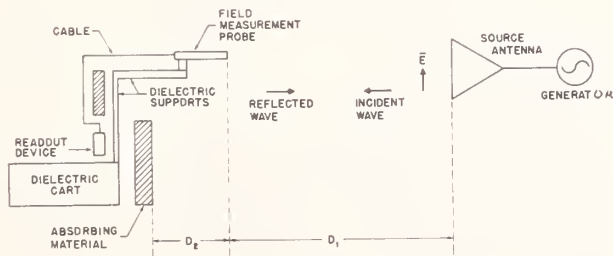Figure 4:   Technique for Forward Power Monitor Calibration

Figure 5:   Multi-Position Averaging Technique

103

the polarization of the electric field, its amplitude modulation, and other parameters must be simulated and the instrument's response noted. The test apparatus shown in figure 6 provides a means for some of this evaluation. More absorber is used in actual practice than is shown. A probe, supported by a dielectric holder, is positioned in front of a slot source. The holder is mounted on rails as shown. The variation of probe response, as a function of distance from the slot source, can be observed and standing waves occurring in the system may be minimized by adding microwave absorber. The "near" vs. "far field" responses of various probes may be compared by moving them toward the slot source from the rear of the apparatus. A probe can be rotated to obtain the angular response (antenna pattern). During this rotation, the center of the receiving sensors of the probe is placed on the axis of rotation. A stable 20 watt source is used to provide field strengths of appropriate magnitude. Power to the system is leveled and a modulator, driven by a "function" or a pulse generator, allows complete control of the amplitude modulation impressed upon the radiated fields. This allows the evaluation of instrument linearity vs. field modulation while constant average power is maintained. The average power level may also be adjusted to determine the instrument linearity for CW radiation of varying amplitude.

Another system is used for determining the polarization response of a probe, i.e., the response to a linearly polarized E field as the probe is rotated about its handle axis (Fig. 7). Leveled power is fed to an absorber-lined box from an open-ended waveguide, while the probe body is supported by a plastic holder. The sensor is maintained at a constant distance from the waveguide. Rotation of the probe handle allows one to observe the polarization response or "polarization ellipticity" of the instrument.

A specially designed temperature response evaluation system has been developed. It consists of an absorber-lined environmental chamber (60 cm cubicle) capable of temperature variations from $-20°$ C to $+50°$ C using liquid nitrogen cooling and electrical heating. The instrument under test is placed in a plastic holder at a fixed distance from a slot source (Fig. 8). The fields near the slot have been separately tested for temperature independence. The variation of relative probe response may be observed while constant net power is fed to the slot source

at different ambient temperatures. The entire instrument, including readout, can be placed in the chamber, with the instrument readout viewed through a small plastic window in the side of the chamber.

A final evaluation procedure must be performed to determine the radiofrequency interference (RFI) susceptibility of the probe body, cable, and readout meter to strong fields at frequencies which the microwave oven or other sources to be surveyed, operate. The sensor tip of the probe is totally enclosed in metal foil. The probe body, readout meter and cable (which is aligned with the electric field) are irradiated in the plane wave calibration facility. The response of the readout meter is noted and compared to the reading obtained with the sensor tip unshielded. Many instruments fail this test, due to faulty RFI gaskets in readout units, or insufficient filtering in the readout or probe body.

Acknowledgement

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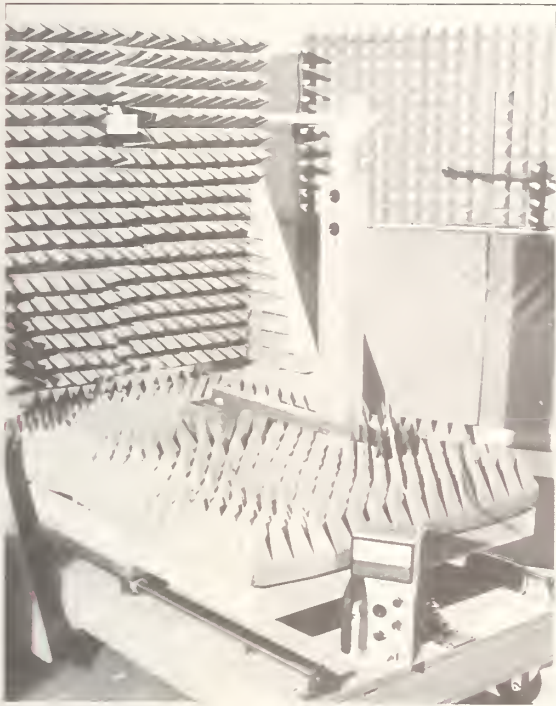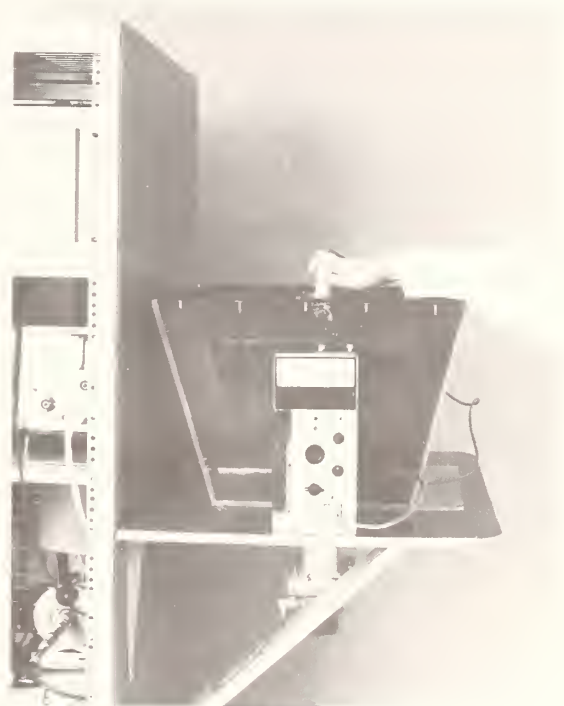
Figure 6:   Probe Evaluation Test Apparatus

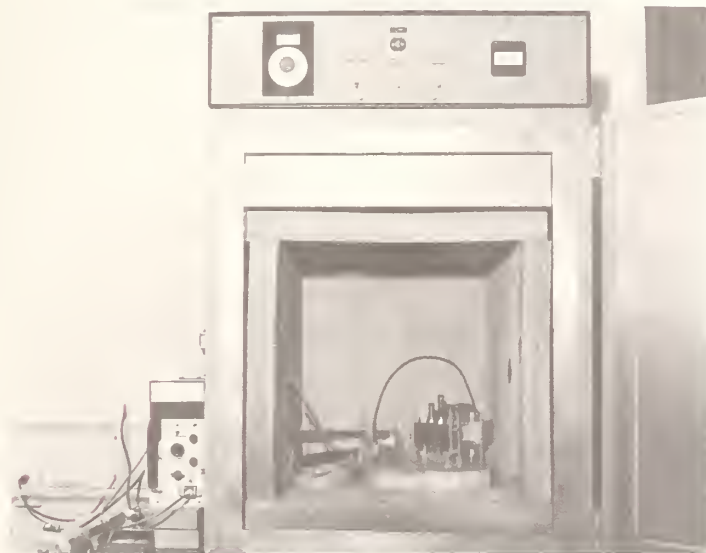Figure 7:   Probe Polarization Test System

Figure 8:   Probe Temperature Response
Evaluation System

NBS ULTRAVIOLET RADIOMETRIC STANDARDS
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A brief review of the standard sources and detectors available as
services from NBS will be given. Emphasis will be on the use of
such standards to calibrate the radiant power of unknown sources or
the response of radiation detectors and spectral radiometers at
wavelengths less than 400 nm. The following standards, listed in
order of decreasing wavelength, are or will soon be available: the
tungsten filament quartz-halogen lamp (above 250 nm); the tungsten
strip lamp (above 225 nm); the low pressure mercury vapor lamp
(253.7 nm); the deuterium arc lamp (165 to 350 nm); the argon "mini-
arc" (115 to 400 nm); photodiode detectors (20 to 254 nm); and the
synchrotron radiation source, SURF-II (5 to 400 nm). The relative
strengths and limitations of these radiometric standards with
respect to accuracy, reliability, convenience, and intensity and
wavelength range will be discussed.

(Ultraviolet, Radiometry, Standards, NBS, Sources, Detectors, Survey)

Introduction

In the wavelength region between
5-400 nm, NBS offers a variety of standard
sources and detectors which may be used to
calibrate the radiant power of unknown
sources or the response of radiation
detectors and spectral radiometers. A
brief review of the available services
will be given and in addition several
current projects which are meant to improve
the accuracy, performance and variety of
ultraviolet radiometric standards will be
mentioned.

The ultraviolet wavelength region can
be considered to extend from 400 nm, the
near ultraviolet, to about 4 nm where the
soft x-ray region begins. For perspective
some key wavelengths in this region are
illustrated in figure 1. The critical
atmospheric ozone absorption occurs between
200-280 nm, the so-called UVC region. The
UVA and UVB regions define the regions
315-400 nm and 280-315 nm respectively.
Molecular oxygen absorption characterizes
the region below 200 nm and thus the
terminology "vacuum ultraviolet" to indicate
the necessity for the absence of air in a
measurement system designed to detect or
utilize such radiation. Atomic hydrogen
absorption sets in at 100 nm and sets a
limit to the range of interstellar astro-
physical measurements. However, the real
importance of the ultraviolet wavelength
region is contained in the energy scale
corresponding to the wavelength scale in
figure 1. The ultraviolet energy range
spans from about 3 eV to 300 eV, which is
quite large as compared to the visible,
for example, which extends only from 1.5 eV
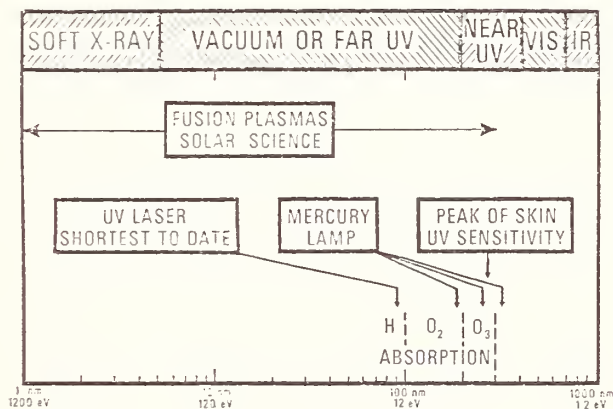
Figure 1. The ultraviolet region of the
electromagnetic spectrum defined in terms
of wavelength (nm), energy (eV) and some
key processes.

to 3 eV. This energetic radiation can be
used to drive and control all sorts of
chemical and biological reactions. For
example extreme doses can cause skin
cancer; controlled doses can heal.
Continuous exposure to ultraviolet radi-
ation causes the fading of paints and
dyes; controlled exposures in specific
processes are used to produce protective
coatings on materials. Some documented
examples of the various applications of
ultraviolet radiation as both a natural
and artificial element in our home and
work environment are shown in Table 1.

Photochemistry
Thin film production
Tooth decay prevention
Textile dyes
Paint curing
Industrial finishes
Cast hardening
Instant oscillographs
Material degradation
UV photosensitive paper
Counterfeit money detection

Bacteriological
Germicidal lamps in hospitals,
   schools, and offices
Germicidal lamps in industry

Environmental Studies
Atmospheric sciences
Ecology and the ozone layer
Oil spill identification
Water purification
Water pollution
Smog Gauge

Medical and Therapeutic
Jaundice treatments
Calcium deficiency
Skin disease treatments
Wrinkling
Drug detection
Medical research

Fusion Research
National controlled thermo-
   nuclear fusion efforts

Space Science
Communications
Astrophysics
Skylab
Space shuttle
Reentry and rocket exhaust

VUV and X-Ray Lasers
Integrated circuits
Plasma probes
Isotope separation
Molecular synthesis
High resolution holography
Tumor therapy
Laser fusion

Photobiology
NBS benchmark experiments

Plasma Chemistry
Thin film deposition
Plasma arc steel furnace
Recycling of alloys in
   steel production

Table 1. List of applications requiring ultraviolet radiation measurements.

Why are accurate radiant power measurements needed in these areas and how does NBS interact with the measurement system? Basically, in three ways: (a) on the research level--new techniques require accurate documentation for the process or procedure to gain widespread commercial acceptance; (b) on the sales level--commercially available products need standards in order to meet specifications and to compete on a national and international market; and (c) on the applications level--the user needs standards in order to check specifications, to maintain quality control, and to monitor the health and safety of workers. As an example of these impacts, consider an industrial assembly line process in which certain manufactured items like paper products, glass, metal parts, microcircuits, or textiles are being coated by radiation curing. (a) For the uv radiation curing technique to be accepted in the first place, it would have to be well understood so that performance could be guaranteed. (b) The equipment which would enable the assembly line to operate at the highest speed is the most desirable (maximum ultraviolet flux in the most effective bandpass). (c) Periodic calibrations in the field are necessary to accurately monitor the intensity of bands of uv radiation hazardous to employees and to measure possible deterioration of the equipment due to radiation damage of the optical components.

Radiometric Quantities

In general, there are two ways to determine the radiant power of an unknown light source: (a) through the use of standard sources and (b) through the use of standard detectors. Standard sources are most useful when it is desired to know the emission characteristics of an unknown source. Standard detectors are most useful, on the other hand, when it is desired to know the radiant power at the location of a detector. For example, if the quantity of interest is spectral radiance [watts cm^{-2} nm^{-1} sr^{-1}], that is, if one is concerned with the power *radiated* by a specified emitting surface (cm^2) in a certain wavelength band (nm) at a given solid angle (sr), then the light source to be investigated as well as the standard source may be set up in such a manner that the radiation from both passes through the same optical-spectrometric arrangement, thereby eliminating all geometric and other specific factors of the instrumentation. In short, the calibration is effected by a simple substitution of sources in the experimental arrangement. On the other hand, if the quantity of interest is spectral irradiance [watts cm^{-2} nm^{-1}], that is if one is concerned with the radiant power *incident* on a specified surface area (cm^2) in a certain wavelength band (nm), then ideally a standard detector and filter arrangement is placed at the location of the irradiated surface to measure the power. Alternatively, if such a standard radiometer is not available, a standard source of spectral irradiance may be used in conjunction with a suitable diffusing element (to account for variations in the geometries of the standard and the unknown sources) to determine the response function of the user's diffuser-radiometer system.

At NBS, standard sources of both ultraviolet spectral radiance and spectral irradiance are available. In the case of NBS standard detectors for the ultraviolet, the calibrated quantity is the absolute quantum efficiency [photoelectrons per incident photon] as a function of wavelength.

Standard Sources

The three primary source standards being used at NBS are the gold point blackbody cavity for which the spectral radiance is given by Planck's law, the wall-stabilized hydrogen arc for which the spectral radiance is given by accurately

known quantum mechanical absorption coefficients for atomic hydrogen, and the electron storage ring facility for which the spectral radiance is given by the theory of electron synchrotron radiation. The selection of one of these standards for a calibration application is influenced mostly by the specified wavelength region.

The primary standards are most often used to calibrate secondary or transfer standards of spectral radiance which can then be issued to customers. The secondary radiance standards are also used to generate spectral irradiance standards. The following ultraviolet standard sources, listed in order of decreasing wavelength, are available from NBS: the tungsten filament quartz-halogen lamp (above 250 nm); the tungsten strip lamp (above 225 nm); the low pressure mercury vapor lamp (253.7 nm); the deuterium arc lamp (165 to 350 nm); the argon "mini-arc" (115 to 400 nm); and the synchrotron radiation source, SURF-II (5 to 400 nm). The relative strengths and limitations of these radiometric standards with respect to accuracy, reliability, convenience, and intensity and wavelength range will now be discussed.

(1) Tungsten Lamps

Tungsten strip lamps are used as transfer standards of spectral radiance, and tungsten quartz-halogen lamps are used as transfer standards of spectral irradiance. The tungsten resistive element is heated to incandescence by a specified dc electric current. Power requirements are about 8 A @ 110 V for the irradiance standard and about 50 A @ 15 V for the radiance standard. Between 400 and 250 nm, the spectral distribution of the quartz-halogen lamp and the tungsten strip lamp is approximately that of a 3000 K and 2700 K blackbody respectively.
   Strengths: Techniques are well understood and calibrations based upon the conventional blackbody cavity are possible with uncertainties on the order of 1-3 percent.
   Limitations: Relatively weak sources in the ultraviolet, especially below 250 nm where the application of these sources is limited by both low signal levels and significant scattered visible light. For example, the spectral radiance of a tungsten strip lamp at 230 nm is about 1000 times lower than it is at 400 nm.

(2) Low Pressure Mercury Vapor Lamps

The irradiance of the 253.7 nm resonance line of mercury can be measured for various types of low pressure lamps supplied by the customer. The approximate uncertainty is 5% for irradiance levels on the order of 0.5 to 30 μW cm^{-2}.
   Strengths: Calibration technique utilizes quartz-halogen spectral irradiance standard and can be extended to other line sources in the region above 250 nm.
   Limitations: The calibration of the customer's lamp is only as good as its stability and reproducibility.

(3) Deuterium Arc Lamps

These are available as transfer standards of spectral radiance (165-350 nm) and irradiance (200-350 nm) with calibration uncertainties of about 10%. A short L-shaped arc discharge is formed between two electrodes set at 90° in the sealed lamp and excites a molecular D_2 continuum. The low pressure deuterium lamp spectrum peaks at about 200 nm where the spectral irradiance of a typical 30 W lamp is about 100 times greater than that of a 1000 W quartz-halogen lamp. Calibrations are based upon the hydrogen arc primary standard of spectral radiance. Irradiance calibrations have just recently become available down to 200 nm. Plans are to extend this service down to 165 nm.
   Strengths: Very strong ultraviolet output, portable, low power requirements.
   Limitation: Alignment is difficult, and there are uncertain long-term aging effects.

(4) Argon Mini-Arc

The mini-arc is a one atm pressure wall-stabilized arc discharge operated at power levels up to 1.5 kW depending upon the intensity desired. The spectrum is line-free between 194 and 350 nm and interrupted by only a few very narrow air impurity lines between 114 and 194 nm. The spectral radiance of the argon continuum is determined in the region 114-350 nm by comparison with the hydrogen arc primary standard. The mini-arc has just recently become available. Future plans are to determine its suitability as a far ultraviolet spectral irradiance standard.
   Strengths: Continuum is intense (a factor 1000 stronger than the tungsten strip lamp at 250 nm), lamp aging is negligible, the uv wavelength coverage is the most extensive of all transfer lamps,

and the alignment procedure is more reliable than for the deuterium lamp.

Limitations: The lamp system and ignition procedure are slightly more complicated than those previously described; not commercially available.

(5) Synchrotron Ultraviolet Radiation Facility (SURF-II).

The theory of synchrotron radiation from accelerated electrons is on excellent theoretical grounds, and the continuum emission can be quantitatively predicted when the energy of the electrons, the radius of the orbiting electrons, and the electron current are known. The radiation beam from the NBS 240 MeV storage ring is highly collimated, polarized, and intense, on the order of 10^{11} photons $s^{-1}nm^{-1}mrad^{-1}$ in the wavelength range 10-400 nm. Uncertainties in the flux determination are expected to be in the 5 to 10% range. There are no plans at present to calibrate transfer sources with the synchrotron radiation, but rather guests are invited to use the facility for their own purposes. Efforts are currently being made to organize and streamline the procedures so that such a collaboration can be carried out most efficiently.

Strengths: An intense source of continuum radiation which covers the entire visible and ultraviolet region.

Limitation: Major facility, high vacuum requirements, guest worker arrangements must be made.

Standard Detectors

The primary standard for detector calibrations at NBS is a double-ionization chamber, a gas-filled detector in which each photon absorbed produces one electron-ion pair which is collected by a simple arrangement of parallel plates used to set up the collecting field. The transfer to the actual photodiodes which are available to customers is accomplished through the use of a uniformly grey (percent of radiation absorbed is independent of wavelength) thermopile whose efficiency has been calibrated with the ionization chamber at short wavelengths and checked with a spectral irradiance standard source at 253.7 nm. Windowed photodiodes calibrated in this manner have been used to evaluate the response of other detectors such as photomultipliers, and the response of radiometers such as "hazard meters" which are designed to have a spectral response equivalent to a specified erythemal curve.

(1) Window Photodiodes

This transfer standard is basically a vacuum photodiode in which ideally the only parameter to be determined by reference to an absolute standard is the absolute photoelectric yield of the photocathode as a function of wavelength. The detectors are evacuated and sealed by an ultraviolet transmitting window to avoid atmospheric contamination of the surfaces. Calibration uncertainties are estimated to be about 6%. The uniformity of the quantum efficiency of the cathode can be excellent, on the order of 1 percent. Aging effects are likewise negligible.

(2) Windowless Photodiodes

Basically this is the same type of detector as described above, but the lack of a window and the consequent occasional exposure of the photocathode to laboratory conditions affects the overall reproducibility. Nevertheless, there is evidence that natural aging effects cause not more than a 20 percent change in quantum efficiency over a three year test period.

Strengths of (1) and (2): Wide wavelength region of applicability (20 nm to 300 nm); relatively high accuracy and stability.

Limitations of (1) and (2): These are low current devices (no amplification). If they are used to calibrate more sensitive photomultipliers, linearity and scaling problems with the latter introduce additional uncertainties.

Summary

Ultraviolet standard sources and detectors are available from NBS with uncertainties in the range of 3-10% depending upon the type of calibration required and the wavelength region of interest. In certain cases, arrangements can be made to use NBS radiometric facilities; collaborative efforts are also possible. Requests for services should either be directed to the appropriate sections (232.03, 232.04, 232.07, or 232.14) or, in general, to the NBS Office of Measurement Services.

QUALITY ASSURANCE FOR MEASUREMENTS IN THERAPY[a]

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Recommendations regarding quality control in physics relating to
radiation therapy are derived from experience with the Radiological
Physics Center which is a national review program, and the Texas
Regional Medical Physicists, which is a regional consultation activity.

(Quality control; radiation measurement; tumor dose; radiation therapy;
medical physicist).

During the last half a dozen years there has been a growing appreciation for the need for quality control in physics relating to radiation therapy. A much cited reference[1] demonstrates a steep relationship between tumor control probability and radiation dose for T2-T3 lesions of the supraglottic larynx from analysis of clinical results. A dose change of 5% results in a change of tumor control probability from 38 to 72%. This rather sharp dependence on the absorbed dose may be less critical but still true to some extent for radiation treatment at other sites. Findings which will be reported here include the evaluation of radiation measurement and calculation at 174 institutions visited by the Radiological Physics Center (RPC).[b] The RPC reviews the measurement and calculation systems employed by institutions participating in interinstitutional clinical trials involving radiation therapy; it also reviews the validity of tumor dose statements for individual patients entered into the trials.[2,3] In addition some of the information reported here comes from experience with the Texas Regional Medical Physicists (TRMP)[c]. TRMP has acted as a consultant to physicists for about seven years; it does not serve the medical community directly. Its activities have become self-sustaining from fees collected. Services include: mailed thermoluminescent dosimeters for therapy machine output checks, dosimetry review visits, computer calculation of dose distributions for individual patients, analysis of films for verification of beam uniformity and light localizer coincidence, computer calculation of families of isodose curves from decrement line data from individual therapy machines, and rental of expensive but seldom used equipment.

A finding of these various experiences is that in most institutions the medical physicist is reponsible for the correctness of fulfillment of dose prescription, usually with no further check or review of his activities or conclusions. Three recommen-dations on quality control, which the data and findings reported in this paper support, are listed here to give emphasis to them:
1. One person should review and take responsibility for all steps from radiation measurement to fulfillment of dose prescription. The person best able to do this is usually the medical physicist.
2. Routine review of the accumulating radiation absorbed dose to patients under treatment can reduce random errors.
3. Review of dosimetry systems by outside individuals is important. These reviews may be informal.

Findings of the Radiological Physics Center and Texas Regional Medical Physicists

A summary of the activities of the Radiological Physics Center appears in Table I. As of February, 1976, the RPC staff had visited 174 institutions for the purpose of reviewing dosimetry relating to interinstitutional clinical trials. A number of the institutions had been visited more than once. The criteria used by the RPC for acceptable dosimetry are agreement to ± 3% for machine calibration, and agreement to ± 5% on fulfillment of tumor dose prescription. It is

TABLE I. Summary of activities, February 1976.

Number of institutions visited	174
Number of machines reviewed	352
% calibration within ± 3%	78%
	(275/352)
Number of machines x protocols reviewed	768
% tumor dose within ± 5%	88%
	(678/768)

seen from Table 1 that at the time of the RPC review 78% of the measurement and dosimetry systems were within the ± 3% criteria for calibration and that 88% were within the ±5% criteria for the fulfillment of tumor dose as defined in the protocols. When the RPC

finds a discrepancy exceeding the criteria it works with the institution to understand and resolve the discrepancy. Small discrepancies, often compensating, were found at all but one or two institutions; these were indicated in the reports to the institutions but there was no follow-up procedure when the overall discrepancy was less than 5%.

Insight for quality control can be derived from a review of the information from the dosimetry reviews. In Figure 1 is shown a bar graph in which frequency of occurrence is plotted vs. the ratio of machine calibration determined by the RPC to the calibration in clinical use by the institution. It is seen that for the 352 machines measured, the mean of this ratio is very close to 1.00 which suggests that the calibration methods employed by the RPC are consistent with those employed generally. The extreme range of the ratio was .84 to 1.14.
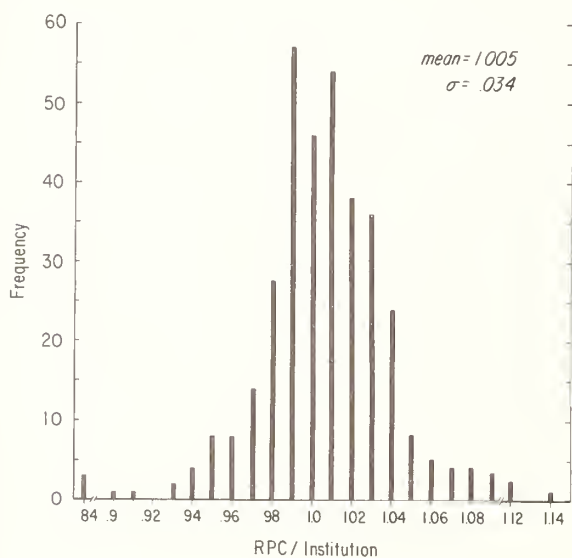
Figure 1. Frequency of occurrence versus the ratio of RPC calibration to that in clinical use on 352 radiation therapy machines reviewed at 174 institutions.

In Table II is a listing of the types of measurement errors encountered, together with the number of instances and the maximum discrepancy for each type. The first entry, the chamber correction factor, is shown in greater detail by the bar graph in Figure 2. Of 167 intercomparisons between the RPC chamber and the chambers in use at institutions, the mean ratio of the chamber correction factor derived by the RPC for the institution's chamber to that

TABLE II. Measurement errors.

Error	#	Max. error
Chamber correction factor	47	12%
Timer error	38	9%
Field size dependence	34	7%
Source movement mechanism	4	16%
Anomalous source decay	3	6%
Distance indicator	4	5%
Light and radiation field coincidence	58	15mm
Symmetry of beam	33	20%

in use by the institution was 1.005 with a standard deviation of 2.7%. The RPC measuring system is a Farmer chamber and a Keithley 602 electrometer. The constancy of the RPC chamber and electrometer is measured before and after visits by utilizing a Strontium 90 constancy check source and a cobalt-60 irradiator. Over the same period of time, the standard deviation of these constancy measurements was ±0.4%.[4] The range of the derived chamber factor expressed as a ratio of RPC to institution was 0.88 to 1.09. In Table III the chamber calibration results are expressed in another way according to the origin of the calibration factor. Chambers calibrated at the National Bureau of Standards (NBS), the
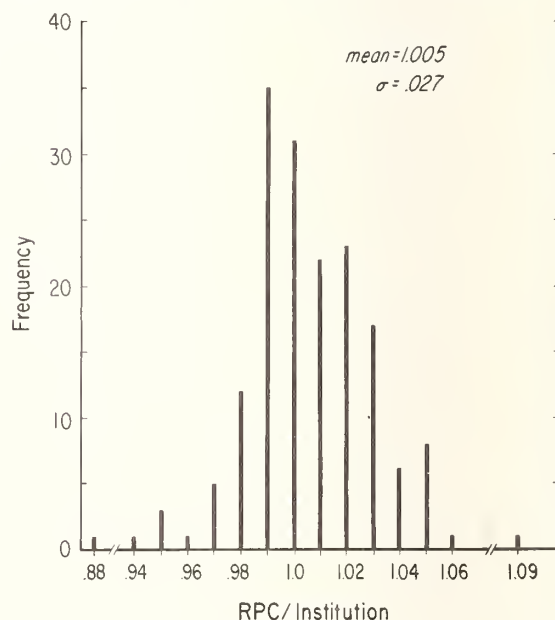
Figure 2. Frequency of occurrence versus the ratio of the chamber correction factor derived by the RPC to that in use at an institution for the instrument used to calibrate radiation therapy machines. There were 167 chamber intercomparisons.

112

TABLE III. Chamber Intercomparisons.

Calibrating Agency	=	mean ratio	σ	= > 3%
NBS & NPL	31	1.002	.017	1
RCL	20	1.002	.015	0
ONE INTERMEDIATE	23	1.004	.015	1
VICTOREEN	42	1.012	.028	11
OTHER	51	1.003	.032	9

National Physical Laboratory (NPL), or
Regional Calibration Laboratories (RCL)
showed ratios very close to 1.00 with a
standard deviation of about 1.5%. The next
category which is labeled "one intermediate"
is those instruments which have a chamber
correction factor derived by comparison to an
instrument assigned a factor by NBS or NPL.
In this category the intermediate instrument
is not at an RCL or Victoreen Instrument
Company. These also appear to have about
the same mean and standard deviation as
those from NBS, NPL or an RCL. Those cali-
brated at Victoreen Instrument Company had
a ratio 1.01 with a standard deviation of
2.8%. Previous problems at that facility
have been acknowledged[5] and are thought to
be corrected. Those instruments listed in
the "other" category are usually the result
of informal or undocumented intercompari-
sons. Here, though the mean was approx-
imately 1.00 the standard deviation was
over 3%. It is important to indicate that
it is possible for any calibrating lab-
oratory to assign an inappropriate cali-
bration factor or for a field instrument to
change sensitivity after calibration. A
check of the calibration may be done by
informal intercomparisons and constancy
checks of instrument performance. It is
advisable to establish a constancy checking
procedure with a radioactive source. This
procedure should be used regularly but
especially before and after chamber cali-
brations.

A strong case can be made for monitor-
ing of the calibration of radiation therapy
machines by mailed thermoluminescent dosi-
meters (TLD). This activity has been
offered by the Texas Regional Medical
Physicists since about 1970. The possibil-
ity of reviewing and rectifying discrepan-
cies is an important aspect of the mailed
TLD system. A number of calibration
problems have been uncovered which were
then resolved by telephone conversations or
visits to the physicists at the institution
concerned. In Figure 3 is shown the plot
of the ratio of dose by TLD to the dose
stated by an institution for a 6 MV X-ray
machine and a cobalt-60 irradiator from
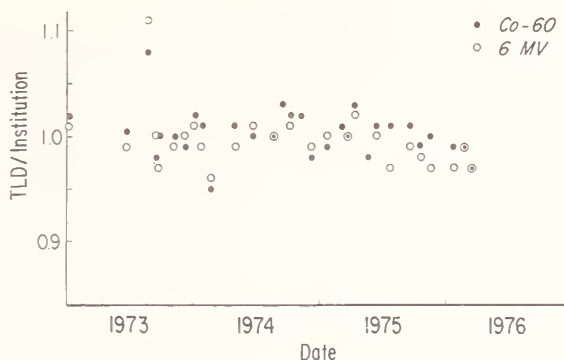
Figure 3. Ratio of radiation measured by
mailed TLD to that predicted by an insti-
tution from their machine calibration versus
the date of irradiation. The open circles
are for 6 MV X-rays and the solid circles
are for cobalt-60 gamma rays.

the same institution. Prior to 1973 the
X-ray points had considerable variability
although on average would have been close
to 1 (agreement). It is not entirely clear
what caused the early observed variability.
In our hands ± 3% from an expected value
is taken to be within the experimental
error. When a discrepancy of 5% or greater
is indicated, TRMP requests the initiating
physicist to repeat the TLD irradiation.

In the AAPM protocol for high energy
x-rays and gamma rays[6] the recommended
method of calibration is at 5 cm or more
depth in water depending upon the energy.
An alternative method in that document is
calibration in air for cobalt-60 gamma rays
and 2 MV X-rays. The RPC has collected data
on many cobalt-60 machines indicating that
these two methods of calibration appear to
yield different calibration values.[7] In
Table IV the results of this study are listed.
The uncertainty indicated is the standard
deviation of the mean. The numbers in
parentheses indicate the number of machines
in each category. Thus, machine calibrations
for cobalt-60 machines at 80 cm from the
source may be 1 to 2% higher if the cali-
bration is done at 5 cm depth in water than
if calibration is in air. This comparison
assumes the use of standard tables for back-
scatter factors and depth dose[8]. The reason
for discrepancy is not entirely clear. It
could be in the use of standard tables which
do not precisely apply to a particular
machine or there may be a more fundamental
problem involving the use of cylindrical
ionization chambers in air and in phantom.

5 cm Depth:		
All Machines	1.014 $\pm$ .009	(42)*
Picker	1.015 $\pm$ .008	(15)
AECL	1.014 $\pm$ .009	(27)
10 cm Depth:		
All Machines	1.028 $\pm$ .009	(33)
Picker	1.027 $\pm$ .007	(9)
AECL	1.028 $\pm$ .010	(24)
15 cm Depth:		
All Machines	1.027 $\pm$ .010	(31)
Picker	1.025 $\pm$ .008	(8)
AECL	1.028 $\pm$ .011	(23)

* Numbers in parentheses indicate number of
machines in each category.

The other measurement discrepancies in
Table II are more or less self explanatory.
The entry, timer error, means the possible
difference between the time or monitor units
set and the effective irradiation span by
the machine. The field size dependence
means the difference in measured exposure
rate or absorbed dose rate with different
field sizes set on the machine. At some
institutions the same exposure rate or
absorbed dose rate was utilized for all
field sizes. Source movement mechanism
refers to a few cobalt-60 machines in which
the source was not centering over the aper-
ture and to one machine with a problem
with a mercury shutter. These machines
had been calibrated with the source or
shutter in proper position, but due to
mechanical fault the source at the time of
the RPC visit was not centering or the shut-
ter not opening completely with a consequent
reduction in dose rate and the appearance
of asymmetry in the beam. These problems
indicate the danger of doing only an initial
machine calibration with subsequent calcula-
tion of clinical dose rate from source decay.
At one institution more than two years sepa-
rated the calibration and the discovery of
the problem. The entry, anomalous source
decay, refers to the few instances in which
a cobalt-60 source was apparently decaying
with an abnormal half-life. It is speculated
that this result occurred in sources which
were composed of cobalt-60 pellets of dif-
ferent specific activity. The pellets of
greater specific activity were placed initi-
ally at the front of the source but as the
source was moved the pellets became mixed,
resulting in a changed gamma-ray attenuation
and a decrease in exposure rate. The entry,
distance indicator, applies principally to
optical distance indicators which may be

susceptible to alteration by jarring. It is
worth mentioning that physicists should be
careful that their method of measuring dis-
tance during calibration is the same as that
used clinically. The entry, light and radi-
ation field coincidence, refers to the geo-
metric alignment of the localizing and treat-
ment beam. The last entry, symmetry of beam,
applies particularly to x-ray machines in
which the compensating filters, the target,
or the direction of the accelerated electrons
is not on the axis of the collimator.

The errors involved in the determina-
tion of tumor dose includes the discrepan-
cies which may have occurred in calibration
and, in addition, the use of inappropriate
factors in calculating tumor dose. The
definition of tumor dose by the institution
also enters. The relationship between the
frequency of occurrence and the ratio of
tumor dose determined by the RPC to that
stated by the institution is shown in
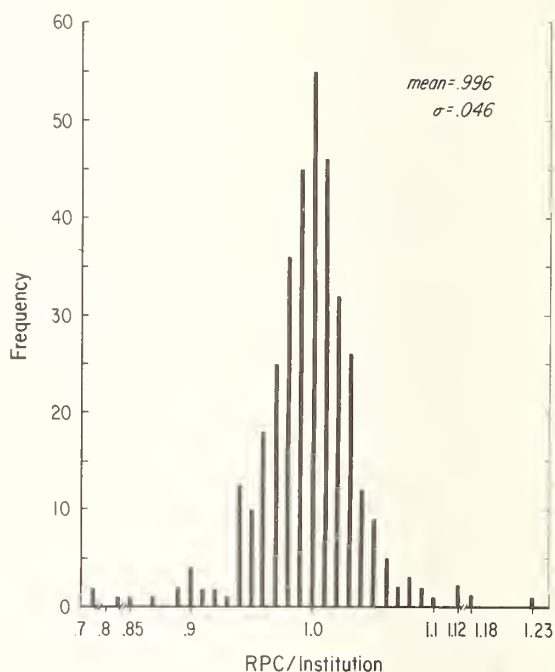Figure 4 for simple radiation treatments.

Figure 4. For uncomplicated treatments
the frequency of occurrence versus the ratio
of the fulfillment of tumor dose estimated
by the RPC to that stated by the institution.
Irregular fields (mantle, etc.) and tangen-
tial breast treatments are not included.
Each of the 352 treatment machines reviewed
are counted once.

114

Not included are data on irregular fields
(mantle, etc.) and tangential breast treat-
ments. This graph is indicative of the re-
liability of the fulfillment of tumor dose
prescription for simple treatment techniques
and would apply to protocol and non-protocol
patients. Again the findings cluster around
1.00 with an extreme range of 0.71 to 1.23.

In Figure 5 the frequency of occurrence
is plotted vs. the ratio of RPC to institu-
tion for tumor dose as defined in the
various protocols. If several points of
calculation were called for in the protocol,
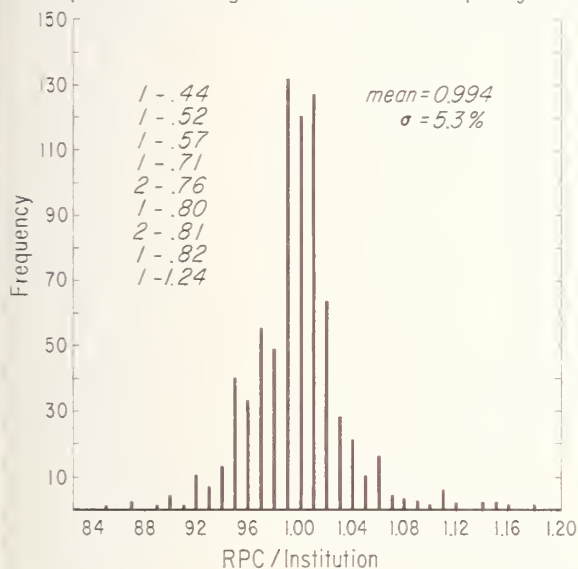the point showing the worst discrepancy

Figure 5. For all protocols the frequency
of occurrence versus the ratio of the ful-
fillment of tumor dose estimated by the RPC
to that stated by the institution. Each
treatment machine is multiplied by the num-
ber of protocols treated upon that machine
to obtain the number of events. There was
a total of 768 events. Where more than one
calculation point is specified in the pro-
tocol, the point with the worst agreement
is plotted.

is plotted here. These results are for 352
radiation machines and usually include
multiple protocols per machine. The mean
is close to 1.00 with a standard deviation
of 5.3%. The extreme range of 0.44 to 1.24
renders the distribution non-gaussian. It
is interesting that the ± 5% criteria for
acceptable fulfillment of tumor dose is
only slightly less than one standard
deviation of the values found in practice.

The types of calculative errors
encountered are shown in Table V. A

TABLE V. Calculative errors.

Error	#	Max. error
Attenuation factor	94	1.5%
f-factor or C_λ	43	6%
Tray factor	39	14%
Off-axis correction, irregular fields	37	13%
Wrong % depth dose	49	20%
Backscatter factor	63	7%
Rad (muscle)/rad (H_2O)	134	1%

frequent calculative error was the
neglect of the attenuation factor of 0.985
required for cobalt-60 measurements made in
air. The second entry, f-factor or C_λ, is
the neglect of or the improper transition
from exposure to absorbed dose with a maxi-
mum error of 6%. The larger errors in this
category arose because of confusion of
roentgen and rad units on the part of
some institutions. Occasionally, the
same numerical value was calculated in
roentgen and reported to the clinical
study in rad. The tray factor (attenuation
in the tray for holding secondary blocking)
is sometimes neglected, with errors of up
to 14%. The next entry, off-axis correction
for irregular fields, applies to those in-
stances where the dose at selected points
is determined by calculation and not derived
from isodose curves[9]. This correction is
not required in rectangular fields where
isodose curves are available since in
these instances the off-axis correction is
included in the isodose curves. The entry,
wrong percent depth dose, was usually a
systematic mistake in the application of
published data or in a few instances was
the result of experimental depth dose
measurements which were incorrect. The
entry, backscatter factor, means lack of,
or improper use of, backscatter factor.
The last entry, rad(muscle)/rad(H_2O) refers
to the question of whether absorbed dose
should be calculated to muscle or water.
The ratio is 0.99 at cobalt-60 and higher
energies. No opinion is expressed here
concerning which is more correct.

Information on the usefulness of an
outside review procedure is shown in Table
VI. The RPC made 69 revisits. Table VI is a
listing of the number of institutions in
which the review concluded that the ful-
fillment of tumor dose was improved, the
same as, or worse than the earlier visit.
The numbers are not strictly valid since the
complexity of the protocols reviewed on dif-
ferent visits may not have been the same.

TABLE VI.   Impact of RPC visits.

Revisits

Number of revisits	69
Tumor dose ratio, RPC/Institution:	
Improved	26 (38%)
Same (within $\pm$ 1%)	32 (46%)
Worse	11 (16%)

Correction of Major Problems

Number of problems exceeding $\pm$ 5%:	
Found	62
Resolved	51
Not Resolved	11

Nonetheless, the numbers indicate that the visits were probably useful to institutions in tightening control over their techniques. The fact that 16% were in worse agreement at the time of the second visit was discouraging but may indicate that a continuing review effort is necessary. In the RPC reports which are submitted to the institutions, apparent discrepancies are discussed and recommendations to review the problems in question are made. When the total discrepancy at an institution exceeds 5%, special efforts are made to resolve the problems. Of 62 such instances 51 have been resolved to date. Of the 11 unresolved problems, some are in negotiation, but a few are problems of long standing.

Random Errors - Experience of RPC and Others

The measurement and calculation problems discussed have been systematic in nature. The RPC has not kept a record of the many random arithmetic errors that have been discovered in the review of patient's dosimetry calculations, which it does for each patient entered into most of the studies. There have been literally hundreds of these. The RPC findings are consistent with a retrospective review of patient charts by Sutherland[10]. He discovered numerous arithmetic errors, or errors in the choice of parameters for calculation. The regular review of the accumulating patient dose during treatment is an expensive but worthwhile procedure. Physicists at M. D. Anderson Hospital have been doing this weekly for more than 20 years.

Another level of quality control is the reproduceability of treatments from day to day upon patients. A study by Kartha and his associates[11] involved the passive monitoring of four machine parameters on over 5,000 radiation exposures. The criteria used for declaring an accidental error were rather generous but even so it turned out that accidental errors occurred on the order of 3% of the time as shown in Table VII. If these were on a random basis, it is likely that the contributions of such errors to the uncertainty in total dose was not large. Of course this institution may be above average in the care taken by personnel.

TABLE VII[11].   Accidental errors of various types and frequency of each in percentage of the total.

Parameter	Minimum criteria used	# of setups	Accidental errors	%
Field size	1 cm	2364	78	3.3
Gantry	15°	1064	23	2.2
Collimator rotation	10°	1136	26	2.3
Treatment time	0.5 min	1011	36	3.6
Total		5575	163	2.9

(Data are from Kartha, Chung-Bin, Wachtor and Hendrickson[11] with permission of the American Institute of Physics)

Uncertainties In The Delivery Of Absorbed Dose

When one set of measurements and calculations are compared with another it is necessary to consider the uncertainties in each. Is it possible to determine the tumor dose with substantially less uncertainty than the $\pm$5% which is utilized by the RPC for acceptable fulfillment of tumor dose prescription? Loevinger and Loftus[12] have considered this question by estimating the systematic and random uncertainties in the measurement chain from national radiation standards to the delivery of absorbed dose to a single point in a tissue phantom by cobalt-60 gamma rays. The steps are: 1) choice of physical constants for the national radiation standard, 2) determination of exposure in the standard beam, 3) calibration of the secondary standard instrument for a regional calibration laboratory, 4) calibration of a field instrument by a regional calibration laboratory, 5) calibration of the treatment beam with the field instrument, 6) calculation of absorbed dose to a single point in a tissue phantom. In order to include in the model the variations in the quality of measurement

procedures and instrumentation, starting with step 4, two models are defined. The minimal model represents a minimum standard of practice and instrumentation, while the optimal model represents the best current standard of practice and instrumentation. There is no limit on the magnitude of mistakes that can be made. Thus the large systematic errors plotted in Figure 5 would be outside both the optimal and minimal models. Large arithmetic errors that can be made would also be outside both models.

The institution and the RPC usually have instruments traceable to the same national standards. Thus it is only in steps 3 to 6 that differences in measurement and calculation may arise. Loevinger and Loftus concluded that the 95% confidence limit for the combination of these steps (3 to 6) is $\pm2\%$ for the optimal model and $\pm5\%$ for the minimal model. The limits for steps 3 to 5 (i.e. to calibration of the treatment beam) were about the same. From these calculations of uncertainty, the choice of $\pm5\%$ for the criteria for fulfillment of tumor dose is reasonable for simple treatments. For complex treatments such as with irregularly shaped fields the $\pm5\%$ criteria may be too small. The $\pm3\%$ criteria for machine calibration is reasonable.

Recommendations for Quality Control

The implications for quality control from the above information suggests the following points:

1. One person should review and take responsibility for all steps from radiation measurement to fulfillment of dose prescription. The person best able to do this is usually the medical physicist.
2. Routine review of the accumulating radiation absorbed dose to patients under treatment can reduce random errors.
3. Review of dosimetry systems by outside individuals is important. These reviews may be informal.
4. Chamber calibration factors should be directly traceable to the National Bureau of Standards. That is, there should be not more than one intercomparison instrument between the national radiation standard and the field instrument used for therapy machine calibration.
5. Mailed thermoluminescent dosimeters are very useful for checking the calibration of radiation therapy machines. Provision for resolving discrepancies by telephone conver-

sations or visits is important.
6. Monitoring of machine parameters in individual radiation treatment is probably useful. Time or monitor units set is likely the most important parameter.
7. The most common measurement and calculative errors are listed in Tables II and V.

117

group Rhabdomyosarcoma Study (Harold Maurer, M.D.). Studies which are now closed include: Cooperative Study on Radiotherapy for Carcinoma of the Prostate.(Juan del Regato, M.D.), Renal Cell Carcinoma Adjuvant Study (Clair Cox, M.D.), The Controlled Study to Determine the Value of Combined Irradiation and Chemotherapy for Squamous Cell Carcinoma of the Oral Cavity, Pharynx, and Larynx (Simon Kramer, M.D.).

c. TRMP council: Louis Deiterman, Jr. (Chairman), Lloyd Johnston (Vice-Chairman), Donald Arnold, Louis Levy, Robert Perry, and Ann Wright; operating personnel include: Cathy Kasper, Joye Roll, Robert J. Shalek (Director), and Marilyn Stovall (Associate Director).

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QUALITY ASSURANCE MEASUREMENTS IN DIAGNOSTIC RADIOLOGY

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The concatenation of elements in an x-ray system necessitates
a two level approach to system evaluation. The first level tests
determine the weakest links of the chain while the second level
tests provide more precise measures of elemental performance.
Several types of first level pass-fail tests are described in
terms of their utility in a routine quality assurance program
for use in hospitals and in their relation to the second level
tests. The requirements for accuracy and precision of the
measurement apparatus are discussed.

The Need for Quality Assurance Measurements

The variations of performance of
machines and their operators in obtaining
diagnostic x-rays have always been known,
but only in recent years have the magnitudes
of these variations been studied. The
National Institute of Occupational Safety
and Health (NIOSH) examined about 75,000
chest x-rays as part of a nationwide
program to detect pneumoconiosis in coal
miners.[1] These films were about equally
divided into good quality, fair quality
and poor quality, and about three or four
percent of the films were considered use-
less. A number of surveys of the perfor-
mance of x-ray apparatus have shown
variations of over 3 to 1 in measured
output for similar settings.[2] The
Nationwide Evaluation of X-ray Trends (NEXT)
task force, formed in 1971 of seven state
radiological health program representatives
and a representative of the Bureau of
Radiological Health, has developed a method
for conducting surveys of diagnostic x-ray
procedures, and has collected patient
exposure data for a number of diagnostic
examinations. The extremes of measured
exposure varied by a factor of 10 for most
examinations and over 100 in the worst
instances.[3] These surveys clearly show
the need for the routine use of quality
assurance measurements in diagnostic
radiology.

In order to decide what types of
measurements are appropriate, it is
necessary to identify the areas where
problems arise. There are a number of
factors which can cause degradation of
radiographs; we can tabulate the most
common ones: 1) The operator may select
the wrong x-ray exposure factors, kVp
and mAs, or may fail to use the collimator
properly and expose too great or too small
an area, or may have the patient positioned
incorrectly requiring additional exposure.
2) The apparatus may slowly drift from its
correct setting - as the tube filament ages
the anode current will shift from its
calibrated values even though the filament
current remains stable. 3) The automatic
replenishment system of film processors
will add chemicals at an incorrect rate if
a succession of films larger or smaller
than a particular average size are
processed. This is especially true when
long lengths of fluoro spot film, 70 mm
to 105 mm, are processed. Improper
operation of automatic film processors can
result in underdevelopment of films re-
quiring up to 4 times the normal x-ray
exposure to obtain equivalent film density.
4) Component failure, the inadvertent
absence of critical parts such as filters,
or mechanical misalignment between the
x-ray source assembly and the grid
preceding the film cassette will obviously
cause variations in equipment performance.
For these causes of variation of film
quality, the most common procedure is for
the technologist to close his own servo
loop by adjusting the x-ray exposure
factors as a result of his observations of
the average film density.

Besides the causes of degradation of
radiographic quality listed above, there
are several other factors which must be
considered in a quality assurance program.
There are significant differences in the
energy distributions and efficiencies of
single phase, three phase, invertor type,
capacitor discharge and constant potential
generators. Generators other than
constant potential and filtered polyphase
machines tend to favor production of lower
energy x-rays, which are almost entirely

absorbed by the patient. Incorrect filtration will have little effect on the appearance of the finished films but a great effect on patient exposure. The film-screen combination must be chosen to give the best compromise between contrast, detail and noise in the final radiograph, and patient exposures for the examination being performed. Normal manufacturing tolerances in the thickness of the glass wall of the x-ray tube, variations in electron guns (beam concentration), anode heel effect, phototimers which must complete an integral number of half cycles of operation, and manufacturing variations in films and screens are also causes of variations in diagnostic radiographs.

One problem of quality assurance measurements in diagnostic radiology is the subtle nature of image degradation. Due to the internal impedence of the x-ray generator, a shift of tube anode current caused by normal drift or parts failure will cause a change in the opposite direction of the tube voltage and may result in no perceptible change in the density of the final radiograph. However, the contrast scale, that is, the film density change vs. object thickness change, is a function of the voltage applied to the x-ray tube, as is the absorption of certain contrast media, i.e., iodine based contrast agents. Since most diagnostic x-rays are negative, the absence of the image of an anomaly may be interpreted to mean the absence of the anomaly rather than the failure of the apparatus to image it.

In simplest terms, to use the radiographs themselves as quality control devices is just plain wrong. Since the radiograph incorporates the results of the individual elements, the quality of the power lines, the characteristics of the x-ray generator, filter, collimator, patient, grid, film-screen combination, film processor, x-ray illuminator and the human viewer, even if the image does not look quite right, it may still not be possible to determine the cause and take the correct remedial action. Tests using standard phantoms may be of value in assessing overall system performance. However, objective tests of each element of the system over the normal range of operation will permit the determination of the operating characteristics of each element, and show whether it is operating within normal bounds. Such objective tests would also permit the intercomparison of different x-ray systems and their

optimization to produce the best radiographs and the least patient exposure.

The Need for Three Levels of Quality Assurance Measurements

The operator or x-ray technologist taking the radiograph is the individual who observes the operation of the machine most closely. The radiation physicist, if one is used, will only survey the equipment intermittently. Medical physicists at hospitals often limit their efforts in diagnostic radiology to radiation protection or to the teaching of physics to residents so that they can pass their board examinations. Only rarely are they engaged in the day to day problems of quality assurance. Moreover the consulting costs of outside physicists are such that it is probable that they will not be called each time the operator suspects that the apparatus is not performing optimally. Thus it is important that the operator or x-ray technologists have test tools and a series of procedures that he may use in a first level quality assurance program. Since it is possible to have films of proper density and reasonable appearance even though the apparatus is not functioning correctly, these procedures must be performed on a regular schedule. This first level quality assurance program must include a number of pass-fail tests, involve test exposures, include quality control tests of the processor, and be safe for the operator and the equipment. The equipment must not be dismantled or operated in an unusual way. Furthermore, the first level tests should be capable of being understood by the radiologist and by the technologist. For example, a series of test patterns may be radiographed to estimate the focal spot size of the x-ray tube rather than using a pinhole test for the same purpose. The test pattern may be readily related to anatomical parts so that the effect of improper focal spot size may be seen in terms of obvious effects rather than abstract numerical parameters.

During the past several years a program has been underway at the University of Wisconsin to teach first level quality control to x-ray technologists and physicists.[4] A number of test tools were developed for this purpose. Many of these tools are modifications or improvements of earlier tools used at other institutions or in industry. The tools, which are described in more detail

in the appendix, include an x-ray test cassette for estimating actual kVp values, a focal spot test tool which incorporates a lead pattern comprising eleven groups of bars, a timing and mAs step wedge device which contains a motor driven spinning top and a six step copper wedge, a copper mesh pattern containing eight pieces of mesh ranging from 16 to 60 mesh holes per inch, an aluminum penetrameter, and a collection of standard devices such as a photographic sensitometer and densitometer and other devices. This collection of test tools permits the operator or technologist to assess the performance of his equipment on a scheduled basis or whenever malfunctioning is suspected. The sensitometer and densitometer would be used for a daily evaluation of performance of automatic film processors.

A second level of quality assurance testing would be that performed by a qualified physicist or engineer familiar with the inner workings of the x-ray apparatus and with the use of measurement devices capable of providing more accurate numerical results. The engineer developing new apparatus will find it necessary to determine in some detail whether his new system is better than the old one. The physicist performing acceptance tests of a new installation will want to know whether all of the specifications listed in the purchase order have been met and whether each element of the system has been installed and aligned properly. Detailed measurements of this type dictate the use of more sophisticated measurement apparatus and are far more painstaking and time consuming than pass-fail quality control tests. Tests at the second level would include those described in industry standards, in international standards, in the reports of professional societies, and those prescribed by national and international organizations concerned with radiation protection and measurements. At the second level of testing, the physicist responsible for recommending the type of radiation shielding to be used in an installation would evaluate the completed room with its installed apparatus to be certain that his recommendations have been followed.

A third level of testing[5] is concerned with verifying that the installation meets state and federal standards of performance. Many of these tests are the responsibility of the manufacturer to certify that his apparatus performs in a constant and safe way. Compliance with state and federal requirements, however, does not necessarily mean that the x-ray apparatus will meet the user's requirements regarding selection of the tube, generator, and associated apparatus to solve the particular diagnostic problem.

What Goes Wrong

A good quality assurance program should attempt to solve real problems. To understand the nature of the real problems, operator and equipment performance must be surveyed and the limitations of equipment design must be understood.

We will look first at the x-ray tube and generator system. The emission of the x-ray tube filament is proportional to the 8th power of filament current (Richardson-Dushman and Langmuir equations), approximately. Thus a 1% change of filament current results in an 8% change of emission. The high voltage transformer is made small to save costs and has a fairly high impedence to protect the system in the case of a tube or cable short circuit. The regulation is of the order of 4 kVp/100 mA (big systems) to 12 kVp/100 mA (smaller systems). X-ray production is roughly proportional to $(kVp)^2$ and transmission through thick parts is proportional to $(kVp)^3$ so that film darkening is roughly proportional to $(kVp)^5$. Thus a 10% change of kVp will cause a change of up to 50% in film exposure.

Consider then, a generator which is supposed to operate at 80 kVp/400 mA but where the filament current drops by 4% due to temperature and aging effects. The emission will fall about 30%, the kVp will rise about 10 kVp, and the film density may actually increase slightly. Most important, the contrast (especially of iodine compounds) will decrease; clearly, film density is no guide to generator calibration.

We consider next the x-ray tube collimator. The tube collimator serves four purposes: 1) to define the limits of the x-ray field, 2) to predict the position of the field with a localizing light and/or dial scale, 3) to add necessary beam filtration and 4) to reduce off-focus radiation. The most common field problem of collimators is that the light and radiation fields may not be congruent - the bulb may shift, the mirror may shift, or the entire assembly may

shift out of position. The filter may be incorrect. Rotating anode x-ray tubes are imperfectly designed, with only 75% or so of the primary electron beam impinging on the focal spot. The remaining electrons are broadcast throughout the interior of the tube.[6] A good collimator will use lead elements to define a minimum solid angle to exclude the off-focus radiation. If these lead elements are out of position (or absent) off-focus radiation may exit the tube.

The next stage in the diagnostic x-ray system is the imaging element. We will consider first image intensifiers. Most image intensifiers have a built-in vacuum pump which will use either an external power supply or will derive power from focus electrodes. In any case, when the tube is gassy, the point of best focus will be different from that obtained when the tube is "hard." It is normal for a new tube to be a bit gassy. When the tube has not been used for a while it may take several hours to pump down. The resistive voltage divider for the focus electrodes may drift as the parts age. Thus, the electrical focus may have to be adjusted from time to time. Limiting resolution of a high contrast copper mesh or lead grill pattern may not be sufficient to describe the performance of an imaging system. Other tests, for low contrast performance, are also required. A 2% penetrameter test or a measurement of the veiling glare (a particular type of contrast ratio test) will be helpful in measuring the imaging tube's ability to visualize the soft shadows of low contrast tumors.

Where films and screens are used for imaging, the film processor must be considered. The film processor is the most critical apparatus in an x-ray department. Variations of temperature and replenishment rates, contamination, light leaks (or unsafe safe lights), or improper set-up and operation are responsible for changes in base fog level, mean density (sensitivity), and gamma (contrast).[7,8] Splashing (fixer to developer) and/or contamination (residues of cleaning agents, rust of steel wool fibers) will cause random fluctuations of performance. Mechanical slippage will alter the time-temperature relationship required to obtain good films. The slow changes of performance which may be caused by shifts of temperature or replenishment rates must be plotted to

be able to take corrective action. X-ray test exposures, e.g., exposure of a test wedge, are not valid tests of film processors because the normal variation of generator output (2% line, 2% display of kVp, 1% of filament and 8% of mA) will total about 20% over long times, and will not yield values of film exposures, density, gamma, etc. which are useful for quality control purposes. A sensitometer and densitometer must be used.

A First Level Quality Assurance Program

The elements necessary for the implementation of a successful first level program may be listed as follows:

1) Realization of the necessity and benefits of the program by the department head and all subordinates, 2) regular scheduling of tests with provision for additional tests when problems are suspected, and following repairs, 3) daily film processor testing, 4) availability of simple tests which give valid test data when compared with more elegant methods, and 5) scheduled monitoring by a qualified medical physicist.

A series of first level tests which incorporates tests known in industry and in hospitals for many years has been incorporated into a quality control program developed at the University of Wisconsin. Similar programs have been developed by other universities and a protocol for first level testing is near completion by a Working Panel of the American Association of Physicists in Medicine.

The series of tests can be combined with visual inspection of the rooms and equipment. Cables should be examined for insulation damage. Mechanical devices and locks should be checked for proper appearance and functioning. The room inventory should be listed. Test data should be recorded and filed for each room and compared with current data to note changes. Test tools may be purchased, or tools similar to commercially available ones, may be built, but they should always be available for use. For most rooms, tests should be done every month; special procedure rooms may be tested more frequently. A test form should be developed for recording test data. Test limits should be provided by a first survey accomplished by a medical physicist or, instead of limits, actual values can be recorded and monthly variations noted.

Some of the test tools and their applications are described in the following sections. The test tools permit testing without dismantling the system. Using the clamp-ammeter, adjusting electrical focus, estimating veiling glare and a few other tests may require some additional skill beyond that of some technologists but all are within the capabilities of field service personnel.

The Wisconsin X-ray Test Cassette provides a means for estimating the tube potential and filtration of diagnostic x-ray equipment. The technique used is a modification of methods described by Ardran and Crooks.

The Test Cassette is a modified 8" x 10" x-ray cassette using a single intensifying screen covered by an optical attenuator in five selected areas. Attached to the front of the cassette is a lead mask containing five pairs of columns of ten holes each. The mask is positioned so that the right hand member of each pair of columns is directly above one of the gray bars of the optical attenuator. Over the left hand column of holes are positioned copper step wedges, one step per hole. A sheet of copper is positioned above the first four pairs of columns for kVp measurements; the fifth pair is used to estimate the HVL. The front of the cassette is enclosed by a plastic cover with the various test areas identified.

The 1/16" copper sheet above the first four pairs of columns, which are used to measure tube potential, serves to "harden" the incoming primary x-ray beam by removing most of the low energy photons. No beam hardening absorber is used over the fifth pair of columns because the half-value layer depends on the energy distribution of the beam.

The result is a narrower x-ray spectrum with an energy range over which the attenuation coefficient of copper is almost a linear function of energy. There is a particular thickness of copper absorber which, when placed over the unattenuated intensifying screen results in an optical density in the test film equal to that obtained with no absorber and with the optical attenuator. For a fixed optical attenuator the copper thickness required to accomplish this match increases with increasing kVp. This "match" thickness is used to estimate kVp and HVL. For the kVp measurements, the "match" thicknesses are determined for the hardened beam; for the HVL measurement the non-hardened beam is used.

The four copper wedges used for kVp determination have different thickness ranges to allow kVp measurement over a wide range (50-140 kVp) without sacrificing accuracy. The wedges are designed so that, from left to right, the "match" thickness for 60 kVp, 80 kVp, 100 kVp and 120 kVp are close to the center steps and the kVp per step is small.

In use, a total of five exposures is usually made. The cassette is loaded with any standard x-ray film. The long (10") sides of the cassette should be parallel to the anode-cathode axis of the x-ray tube. The collimator is adjusted so that the entire length and width of a region are covered. Exposures are made one region at a time with the other regions of the cassette covered with lead sheets. The exposure is not critical. Typical mAs values at 1 meter are given in Table 1 for single phase x-ray units. However, variations in film type and processing may make it desirable to adjust these values. This will not affect the kVp accuracy of the test cassette. The mAs requirements for three phase units are about half of those for single phase units.

When exposing the half-value region, the collimator is opened to include the rectangular region marked "identification" where lead characters or other identification markers are placed to identify the pertinent data, such as machine and date.

After the film is developed the resultant image consists of 10 columns of dots in 5 pairs. Of each pair of columns, the right hand one will consist of dots of nearly uniform density, while the other column will show a density gradient. The net density of the uniform reference column should be between 0.5 to 1.5. If not, the exposure should be repeated with an appropriate alteration in the mAs value in Table 1. The location in the columns where adjacent dots are of equal density is a measure of the kVp. The use of a densitometer is preferable, but a good approximation (+3 kV) may be made by eye. If an exact density match is not present, interpolation is used.

Each cassette must be calibrated with a known kVp x-ray unit. The calibration

curve for three phase units lies above the curve for single phase units. The HVL region is calibrated at 60 kVp against known HVLs.

The cassette is capable of reading to an overall accuracy of within 3 kVp. It is suggested that machines within a department be calibrated with the x-ray test cassette and monitored from time to time to be certain that kVp variations of less than 5 kVp for 60 and 80 kVp measurements and less than 8 kVp for 120 kVp measurements are maintained. Deviation from these values may indicate defective rectifiers or loss of one phase for polyphase machines. A high HVL may indicate that the x-ray tube is near the end of life or that the added aluminum filtration required for most systems has been removed, subjecting the patients to unnecessary exposure.

Similar test cassettes have been developed having only a single pair of columns centered over the 80 kVp match point. These are useful for quick tests at high mA settings to verify both kVp and mA since an incorrect mA value will cause a shift of kVp, the most common type of generator fault.

The Wisconsin Timing and mAs Test Tool is a plastic box containing a six step copper step wedge and a 1 rps motor rotating a brass plate which has four slits spaced 90° apart. The timing test tool is used with an 8" x 10" standard cassette and two lead blockers so that four exposures may be made on one film.

The timing device functions in a manner similar to the classical spinning top technique. In the spinning top test, which is suitable only for single phase x-ray generators, the individual pulsations of the x-ray generator were registered on the film and could be counted to determine exposure time. This may still be done using the timing test tool. However, because the timing test tool is driven by a synchronous motor, the continuous output of 3-phase and capacitor discharge machines may also be measured with respect to x-ray exposure time. Four exposures are made varying both exposure time and x-ray tube current but maintaining constant mAs. Exposure times may be determined by measurement of the length of the darkened arcs caused by the moving slits in the brass plate by using either a standard protractor or the special protractor provided with the test tool. If the exposure time is correct and if the images of the wedge pattern in the

four exposures are close to one another in general appearance and optical density, it may be assumed that the mA calibration of the generator is also consistent (constant mAs).

In use, the timing tool is positioned on top of an 8" x 10" cassette on the table top with a 40" FFD and the collimator adjusted so that the beam just covers the active area of the timing test tool. The unused area of the cassette is covered with pieces of lead sheet. Four exposures are made on four different areas of the cassette at 80 kVp, 1∅ or 70 kVp 3∅. Typical values might be: Exposure 1: 1/5 of a second at 50 mA; Exposure 2: 1/10 of a second at 100 mA; Exposure 3: 1/20 of a second at 200 mA; Exposure 4: 1/30 of a second at 300 mA. The exposure times can be measured with a standard protractor. In the case of single-phase full wave rectified equipment, one may also count the number of impulses. An extra impulse at a low brightness level is permitted at the beginning of each arc on the film.

All four sets of the wedge pattern images should appear to be of approximately the same darkening (density). If the darkening varies by more than one "step", the machine should be adjusted by a qualified serviceman. The density uniformity of the timing arcs should also be examined; non-uniformity may indicate mA drift during the exposure or component weakness. (Exception: capacitor discharge systems, which should fall off in output during the on-time).

Suggested acceptance limits of exposure time are:

Time (sec)	(3 Phase) Angle	(Single Phase) pulses
1/5	$68^\circ-76^\circ$	24 ± 1
1/10	$34^\circ-38^\circ$	12 ± 1
1/20	$15^\circ-20^\circ$	6
1/30	$10^\circ-14^\circ$	4

A Pen Dosimeter and Clamp-Ammeter can be used to check system mA calibration. By checking a generator at 50 to 100 mA at long exposures with the dosimeter-ammeter method, the timing/mAs tool may be calibrated and then used to check higher mA values.

In the case of an ideal single phase generator, the turns ratio of the transformer will determine the ratio of

secondary to primary current. Thus, the turns ratio can be determined by using the Wisconsin X-Ray Test Cassette to check the output kVp while reading the high-voltage transformer primary with the voltmeter section of the clamp-ammeter. The voltage drop within the transformer will range from about 4 kVp/100 mA for large units to 12 kVp/100 mA for small units. When testing at 50 mA, add 2 to 6 kVp to the secondary reading - then

$$\text{Ratio} = \frac{\{kVp \text{ (measured)} + 2 \text{ to } 6\}\ 1000}{(1.414)\ \text{(Primary Voltage)}}$$

In the case of a three phase generator, assume that it consists of three single phase systems operating in parallel; determine the turns ratio of one of these "single phase generators" by measuring from any phase to neutral and comparing that voltage to the output kVp.

Because the clamp-ammeter is graduated in units of RMS amperes ($0.707\ I_{max}$) while the current sought is related to average amperes ($0.636\ I_{max}$), the clamp-ammeter reading must be corrected by the ratio $0.636/0.707 = 0.90$. Ignoring exciting current losses, the secondary current into the x-ray tube is:

$$i \text{ sec. avg.} = \frac{(i \text{ pri. RMS})\ (0.90)}{\text{Turns Ratio}}$$

The result is multiplied by 3 for 3 phase units. Except for exciting current losses, which are usually low for operation at 80 kVp, transformer losses can be assumed to be entirely in the form of a secondary voltage drop. Waveform distortions will also cause some error giving readings up to 10% high, but usually can be ignored.

A pen dosimeter and a set of aluminum plates (EC-1100 alloy, 10 cm x 10 cm x 1 mm, 10 total) may be used to measure the output at 80 kVp at 1 meter and plot the attenuation to determine HVL. The output of 3 phase machines should average 6.0 ± 2.0 mR/mAs, 1 phase machines about 4.5 ± 1.5 mR/mAs (assuming 2.5 mm Al added). The HVL must exceed 2.5 mm Al. Of greater importance will be recording the output of each machine each month to detect gradual changes.

The Nine-Cent Collimator Test is a simple test to check coincidence of the light and x-ray fields using pennies and an 8" x 10" cassette. The coins are placed in pairs at each edge, one coin at the edge, the second coin touching the first and aimed toward the center. The last coin is placed in the upper right quadrant. The light field is set to illuminate only the central coins and an exposure is made (100 cm, 60 kVp, 2 to 4 mAs) at 1 meter. Ideally, only the central coins are fully displayed i.e. the light and x-rays are coincident ($\pm 1/2$ coin width is reasonable).

The Wisconsin X-ray Collimator Test Tool consists of a base approximately 20 x 25 cm in which are embedded two rectangular frames made of copper welding rod, and a brass ring. Mounted to this base is a Plexiglas plate in the center of which is a brass screw. The plate is supported by 15 cm aluminum rods.

The system is used only for testing overhead collimators. The test tool is placed on top of an 8" x 10" or larger cassette on the table top. The focal spot of the x-ray tube is positioned 1 meter from the cassette. The light beam device of the collimator is set so that the edges of the light beam fall in the middle of the space defined by the inner and outer rectangles of copper rods. This should also set the lead shutters such that the x-ray beam is confined to the same area if the system is aligned. An exposure is made at approximately 60 kVp and 2 to 4 mAs. The small marker rectangle of the test pattern is placed so that it corresponds to the position of the patient's right shoulder so that the direction of collimator errors may be later determined. Lead numbers or other patient identification may be placed on the test tool for convenience in film identification. The film image should show only the innermost wire frame. Further, the x-ray image of the brass screw should be confined within the outer border of the image of the brass ring. The dimensions of these test objects have been chosen so that a maximum x-ray beam positional error of $\pm 1.2\%$ of the focus film distance and an angular displacement of 3° will be allowed by the test tool.

The Wisconsin Mesh Pattern is designed to check the focus of fluoroscopic systems. The test tool is an 18 cm square plastic plate containing 8 wedge shaped pieces of copper mesh of 16, 20, 24, 30, 25, 40, 50, and 60 mesh holes per inch. Lead numbers permit the identification of the mesh.

To avoid the effect of focal spot size on detector system resolution, the copper mesh should be placed close to the face of the image intensifier. Operate the

system in the fluoroscopic mode at the lowest possible kVp setting and at approximately 1 mA.

Because of the limitations of scanning, there will be a restriction on television resolution. However, all television systems should operate up to the limit of this scanning constraint. A standard television system will have 480 scanning lines in the visible field. Because of the random relationship between the scanning lines and the mesh position, this corresponds to 200 mesh holes per raster height in the television frame. Thus, a 6" image intensifier system observed via television must be capable of resolving 30 mesh in the center field and a 9" system must display at least 20 mesh. It has become common practice to adjust the television to flatten the top and bottom of the round image so that most 9" systems should resolve 24 mesh. If the 6" systems are similarly adjusted so that a 5" field is displayed, then they should resolve 35 to 40 mesh via TV. When 9" systems are in the magnified mode, they must resolve 30 mesh and may resolve 40 mesh via TV. Television systems must be adjusted for both optical and electrical focus.

Using the mesh tool, the systems should perform as follows (minimum values):

	4-6" center	6" edge	9-10" center	9" edge
I.A. (telescope)	40 to 60	30	35 to 50	24
I.A. (viewer)	40	30	35	24
TV	30 to 35	30	20 to 24	20
16 mm cine	35	30	30	24
35 mm (and larger)	40 to 60	30	35 to 50	24

The Wisconsin X-ray Focal Spot Test Tool employs a heavy metal pattern which contains eleven pairs of bar pattern groups. Each pair of groups consists of three slots in a group in one direction and three slots at right angles to the first group. The spacing of the slots in the eleven group-pairs varies from 0.6 line pairs per mm to 3.35 line pairs per mm. The test pattern is mounted in the center of a 10 x 10 cm Plexiglas plate which contains a fluorescent screen and a lead shield. This plate is mounted 15 cm over another thin Plexiglas plate. The test tool is designed to be used with any non-screened film.

In use, the focal spot of the x-ray tube is placed 45 cm from the test pattern. Film is placed 15 cm below the pattern. If the image of one bar and one space between bars is exactly the same as the dimension of the focal spot, then the x-ray image is incapable of producing a bar image. False resolution may be sometimes obtained, that is, instead of seeing three bars on each axis in the image at the film two or four bars may be seen. This will not occur with both sets of a group because of the asymmetry of the focal spot. Only when the dimension of the focal spot is less than the dimension of the bar and space in the plane of the focal spot can the image be resolved. X-ray focal spots are not symmetrical and the standards for performance of x-ray tubes permit one axis to be 1.4 times larger than the other axis. In addition, the standards also permit the actual dimensions of the smaller axis to be from 30 to 50% larger than the labeled value! Table 2 lists the number of groups that can be resolved for a given nominal focal spot size and the corresponding maximum actual focal spot dimensions. The bar patterns are listed in terms of line pairs per mm.

A group of bars is said to be resolved when both sets of three bars can be seen clearly by eye in the x-ray image on the film. If two or four bars are seen or if the image is just a blur, the image is said to be unresolved. Obviously, larger focal spot tubes will resolve only the larger groups. Reference to the table indicates what one should expect of focal spots of given nominal sizes. For example, a 2mm rated focal spot must resolve the first four groups, a 1.5 mm focal spot must resolve the first six groups, a 1.0 mm focal spot must resolve eight groups, and a 0.5 mm focal spot must resolve all groups.

Smallest Groups Clearly Visible	Lines Pairs/mm	Nominal Size (mm)	Maximum Size of Actual Focal Spot (mm)
1	0.6	2.8	
2	0.7	2.5	
3	0.85	2.3	
4	1.0	2.0	2.60 x 3.64
5	1.15	1.8	2.34 x 3.28
6	1.4	1.5	1.95 x 2.73
7	1.7	1.3	1.50 x 2.18
8	2.0	1.0	1.4 x 1.96
9	2.5	0.8	1.12 x 1.57
10	2.8	0.6	0.90 x 1.26
11	3.35	0.5	0.75 x 1.05

The Wisconsin Phantom and Penetrameter is used to estimate the low contrast performance of image intensifier systems and to check the performance of automatic brightness stabilizers and phototiming systems. The phantom and penetrameter consist of two phantom plates of aluminum 7" x 7" x 3/4", a plastic coated lead sheet 7" x 7" x 1/16" and a 1/32" thick aluminum penetrameter plate with holes of 1/16", 1/8" 3/16" and 1/4".

At 100 kVp 2 mA all systems should display the 1/4" and 3/16" holes clearly and the 1/8" holes should be just visible. Better grade systems show the 1/16" holes clearly.

Automatic brightness stabilizers operating on fixed mA, variable kV, should stabilize at 85 to 115 kVp for full phantom, 70 to 95 kVp for 1/2 phantom and go to the lowest kVp, below 60 kVp for no phantom.

The Wisconsin Veiling Glare Test Set consists of a photometer incorporating an objective lens, aperture plate and a variable gain photomultiplier tube and output meter. Two lead strips are used as x-ray test objects, one is 1.5 cm and the other is 2.2 cm wide.

Image focus or the limiting resolution of high contrast objects are not sufficient criteria for describing the performance of image intensifier tubes. Systems may display the 4 lp/mm section of the lead grill pattern and yet yield poor patient images. A test such as that using the Wisconsin Phantom and Penetrameter is of value only as a pass-fail test. This veiling glare test yields a numerical value for contrast.

The main factor influencing loss of contrast in image intensifier systems is light scatter, in the input phosphor assembly, the output screen-window, and the collimating lens, and is independent of the radiation level. By using a lead strip as the test object and measuring the light level behind the image of the lead strip and in the area adjacent to the lead strip, a standard can be made for evaluating the light scatter, i.e., limiting contrast or veiling glare of image intensifier systems.

A lead strip (15 mm wide 30 cm long for 170 mm or smaller input tubes, 22 mm wide for larger tubes) is taped to the center of the face of the image intensifier assembly. The TV camera is removed to expose the collimating lens. A lead apron is used to drape the input of the system and protect the tester. The system is operated with the shutters open to just touch the edges of the input screen, using operating factors of 60 kVp and 1 mA. The photometer is positioned to monitor the light adjacent to the image of the lead strip (tilted slightly) and the gain set so that the meter reads 100 mA in the highlight. The photometer is then positioned to read in the area of the strip. Veiling glare is defined as:

$$VG = \frac{100 - strip\ light\ level}{100 + strip\ light\ level} \times 100\%$$

The veiling glare will yield values of about 50% worse than conventional disc tests; e.g., a disc contrast ratio of 11:1 will have a veiling glare of about 80%. Reasonable values of veiling glare for new CsI tubes should be:

80+ Cineradiographic, Special Procedures
72+ Two-Port Use, Fluorospot filming catheter positioning
65+ Single port TV or viewers, GI examinations
Below 65 reject for low contrast

The Wisconsin Tomographic Test Tool consists of the following:

5 plastic discs 9 cm in diameter; three of the plastic discs, 1, 2 and 4 cm thick, serve as spacers; one plastic disc 1.5 cm thick contains lead numbers (1 to 12) in a helix, with number 1 1 mm, number 12 12 mm, etc., above the bottom of the disc;

1 plastic disc 1.3 cm thick contains 4 tilted copper mesh pieces of 1.2, 1.6, 1.8, and 2.0 holes/mm (Fig. 3): and a lead aperture plate covered with white plastic. The lead is 1.5 mm thick with a central hole 2 mm in diameter.

The tomo test tool is used to: 1) determine the location of the fulcrum (plane of the cut), 2) determine the thickness of the cut, 3) test the overall resolution at the location of the cut and 4) test x-ray exposure uniformity over the trajectory of the moving source.

127

Quality Assurance for the Measurements

As can be seen, the first level tests are not costly or complicated . For each first level test there is a more precise second level test: test cassette (4%) – voltage divider (1%), focal spot tool (20%)– pinhole camera (5%) – pen dosimeter (10 to 20%) – electrometer (3–10%) – coarse tests of collimation – precision fixtures, etc.

While certain tests at the first level are either obvious or self calibrating, e.g. the mesh pattern, the veiling glare tool, the tomo tool, other tests require a reference or standard base. The Wisconsin Test Cassette must have a test traceable to a standard. The "simple" pen dosimeter is not so simple and must be checked against an instrument of known (standard) performance. At least one manufacturer's product fails to meet published claims in most units. The dosimeters of other manufacturers have been shown to have a rather broad spread of sensitivities. Even the aluminum alloy used as an x-ray absorber has occasionally been improperly labeled so that copper bearing alloys yielded incorrect values of beam attenuation.

Second and third level tests, meaning those tests performed by physicists using more precise measurement devices and by state and federal government surveyors, can be considered as a form of quality assurance for the first level tests. The complete quality assurance program in a department of diagnostic radiology must include the first level tests on a frequent schedule with the detailed tests performed, say, on an annual basis.

The evidence of the surveys shows that the problem is not one of precision but of gross error solvable by means of simple tests and simple understanding of some rather basic principles. Emphasis should be placed on frequent testing and training at the user level to solve these problems.

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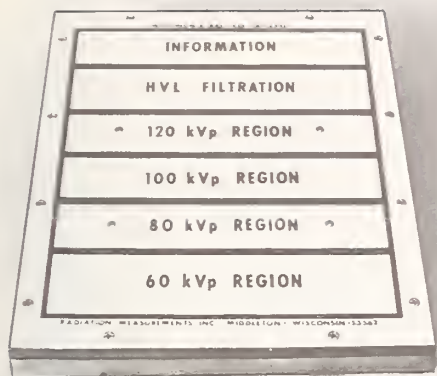
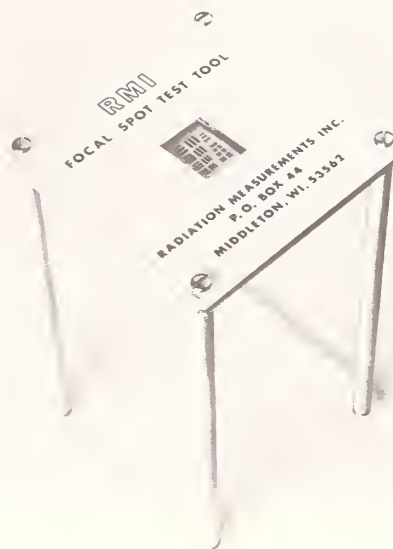Fig. 1 X-Ray Test Cassette

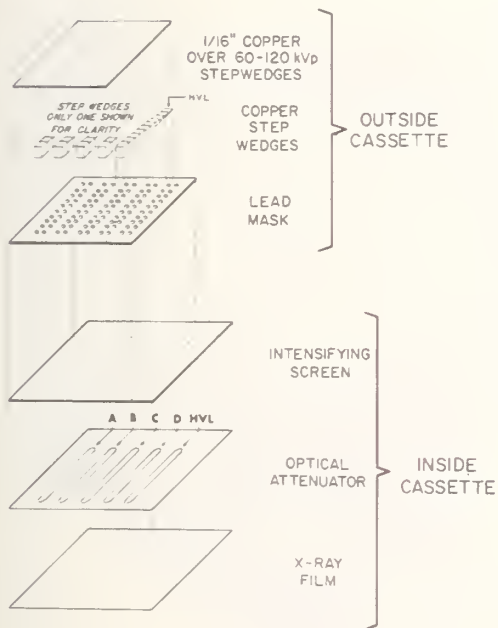Fig. 3 Focal Spot Test Tool

Fig. 2 Diagram of Test Cassette

Fig. 4 Test Images of 1 mm, 2mm Spots

Fig. 5 Radiograph of Mesh Pattern

129
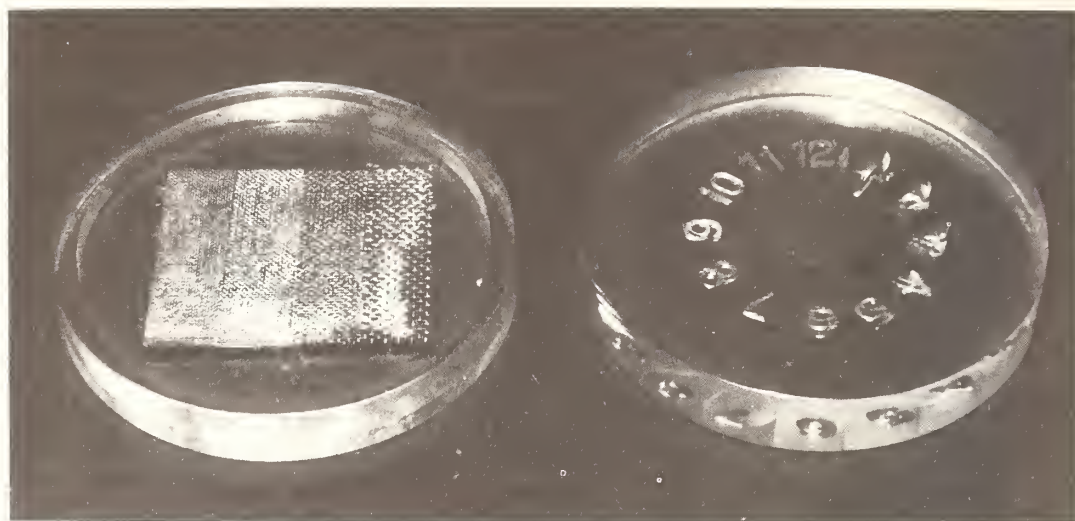
Fig. 6   Tomography Test Tool
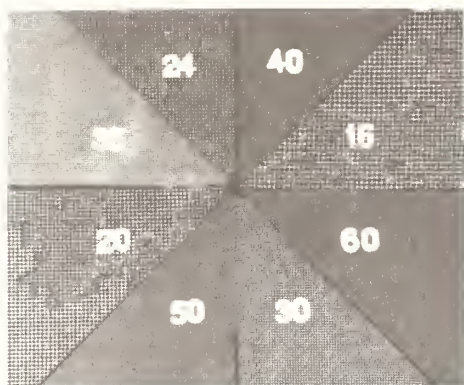
Fig. 7   Radiograph of a Mesh Pattern

Fig. 9   Penetrameter

Fig. 8   Collimator Test Tool

130

QUALITY ASSURANCE FOR MEASUREMENTS IN NUCLEAR MEDICINE

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This report reviews the measuring systems currently in
use to assure safe and effective medical use of radio-
isotopes. One group of control tests measure the
accuracy and precision of *in vitro* radiometric assays.
Another group of measurements is applied to *in vivo*
studies. This group includes measurements of quantity
and quality of administered isotopes, performance of
nuclear imaging devices and even the performance of
physicians who interpret the images. Measures of
overall system performance are also employed. The use
of feedback loops to control and improve the quality
of nuclear studies is an area of current exploration.

(Quality assurance; nuclear medicine; radiopharmaceuticals;
^{99m}Technetium; gamma camera)

Introduction

The taking of measurements has been
basic to nuclear medicine since its incep-
tion. Unlike most areas of medicine in
which quantitative techniques are a
relatively modern addition to the method-
ology, nuclear medicine began with the use
of tracers to measure physiological
functions not quantifiable by other means.
A nuclear medicine measurement is, in fact,
merely counting. Scintigraphy, the imaging
process used in nuclear medicine, is
produced by temporally integrating and
mapping these counts. Specialists in
nuclear medicine are technologically
oriented and accustomed to the utilization
of quantized raw data. Thus, it is natural
for those in nuclear medicine to approach
quality assurance via the use of quantita-
tive techniques.

The purpose of this report is to
summarize the current status of quality
assurance measurement programs in nuclear
medicine. These programs have been divided
into those dealing with *in vitro* measure-
ments and those dealing with *in vivo*
measurements. They are further divided
into internal or in-house programs and
external or multi-institutional programs.
Finally, the use of data feedback loops
are discussed in terms of those mechanisms
in current use and in terms of those ad-
ditional mechanisms where automatic feed-
back looping might provide added quality
assurance for diagnostic measurements in
nuclear medicine.

In Vitro Nuclear Studies

One of the most rapidly increasing
uses of radioisotopes is in the quantita-
tive analysis of trace substances in plasma
or serum by a technique usually referred to
as radioimmuno assay. Utilizing sub-
stoichiometric amounts of specific molecu-
lar reagents such as antibodies to tri-
iodothyronine and the radiolabeled form of
the substance being analyzed, radioiodinated
triiodothyronine in this example, it is
possible to measure the level of the
hormone in a small sample of blood. Such
assays have been simplified by the use of
disposible reagents and containers. Auto-
matic techniques have been employed where-
ever possible to facilitate inexpensive,
high volume laboratory service.

Several types of measurement errors
have been identified in radioimmuno
analysis.[1] These errors range from non-
specificity and loss of potency of the
substoichiometric reagent, to radiochemical
impurities, and to presence of unknown
interferring substances in the original
blood sample. These errors are in addition
to the usual analytical errors of volume
variations, and the statistical noise of
nuclear counting procedures.

Two major types of control measure-
ments are employed to assist in quality
assurance. First are the in-house controls.
Frequently this is a high and a low level

pooled serum sample which is run along with each set of standards and unknowns. The results are plotted versus time to provide a day by day evaluation of the performance of an assay. Second are the interlaboratory controls. These are also aliquoted and sent to various participating laboratories as "unknowns". The analytical results are returned to a central administration where an interlaboratory comparison of data is made and reported back to the participants. One such program, used by over 6000 laboratories, is offered by the College of American Pathologists and is supported by subscriptions paid by the participants.[2] The largest Federal Government program originates at the National Center for Disease Control (CDC) in Atlanta. The Clinical Laboratories Improvement Act passed by the U.S. Congress in 1967 gave CDC the authority to impliment proficiency testing programs for such tests as Radioimmuno Assays.[3]

Individual results of interlaboratory comparison studies are reported in units of standard deviation intervals (S.D.I.). The S.D.I. is a multiple of the standard deviation which describes the frequency distribution of the particular intercomparison. It gives a numerical evaluation of a particular laboratory's response to the mean of peers. A positive or negative S.D.I. indicates a participants answer which is above or below the mean respectively.[2]

In Vivo Nuclear Studies

Amount of administered radioisotope

Quality assurance measurements of radioisotopes administered internally are designed to control the safety of the test in addition to its accuracy and precision. The initial basic control test establishes the amount of radioactivity administered. Both underdosage and overdosage lead to unnecessary radiation exposure. If too small a dose is given, the patient is irradiated unnecessarily because insufficient radioactivity prevents the acquisition of the required data. If too large a dose is given, the patient exposure is proportionally higher and in some cases the detection instrument may be overwhelmed by the excess radioactivity, so that the desired information is either degraded or lost all together.

The usual procedure is to calculate the volume required to provide the necessary amount of the radioactive tracer. This is accomplished using data on the label which is provided by the radiopharmaceutical supplier. The dose is drawn into a syringe

and the radioactivity checked using a dose calibrator. This is usually a large volume ion chamber, calibrated to give digital readout of uCi's or mCi's. Direct readings are available for the radioisotopes routinely used in clinical nuclear medicine.

Radioactivity standards used by industry to provide the assay reported on radiopharmaceutical labels can be traced back to standards prepared and certified by the National Bureau of Standards (NBS).[4] The accuracy of dose calibrators can also be regularly checked using standards tracable to NBS standards. Thus, the two in-house quality assurance checks are:

1) conparison of the calculated dose to the measured dose and

2) comparison of the dose calibrator reading to the value on the label of a calibration source.

An interlaboratory quality assurance program is provided by the College of American Pathologists in cooperation with NBS. Radioactive samples, "unknowns", are distributed to subscribers by NBS. The radioassay results are collected from the participants and are compared to the NBS assay. Reports of these studies are published.[3] Initial surveys revealed significant inaccuracies in the assay of certain radionuclides. Subsequent surveys[5] indicate improvement. This improvement probably is directly related to the fact that the surveys were made and the results publicized.

Problems occuring due to the administration of the radiopharmaceutical are less controlled than the amount of administered radioactivity. These can be classified as follows:

1) dose infiltration

2) partial loss of dose due to residual radioactivity left in the syringe

3) accidental overdosing

4) purposeful overdosing

A survey of 228 consecutive brain, lung and liver doses revealed three minor administration problems: the nature and frequencies of the problems are listed in Table 1.

Table 1. Radiopharmaceutical Administration Problems

Type	Rate Per 1000 Administrations	Procedure (Scan)
Repeat Injection Required	50	Lung
Syringe Flushed (Causes bolus to have tail)	143	Brain
Dose Infiltrated	18	Bone and Brain

A repeat injection is occasionally required because the initial dose is too low to carry out a study. They occurred in the dispensing of ^{99m}Tc-microspheres for lung scanning. About 5% of the time such a large amount of the dose remained in the syringe after injection that a second dose would have to be given. This delays the procedure and causes the patient the discomfort of a second venipuncture. The routine procedure for the injection of bolus doses of ^{99m}Tc-DTPA for dynamic studies of brain flow preliminary to brain scanning is to make a single rapid injection without flushing the syringe. With almost every other procedure the syringe is routinely flushed to increase injection efficiency. However, for the brain studies flushing is avoided because it causes spreading and tailing of the bolus which degrades the data. This was the most frequent error. Infiltration or extravasation of enough of the dose to require reinjection was the least frequent problem and occurred in less than 2% of the administrations. Some infiltration is relatively common, but rarely does an injection have to be repeated.

The accuracy and precision of actual radiopharmaceutical administrations for lung scanning with ^{99m}Tc-microspheres, brain scanning with ^{99m}Tc-DTPA and bone scanning with ^{99m}Tc-pyrophosphate are listed in Table 2.

The data was obtained by routinely measuring syringe residuals, correcting the residual for radioactive decay back to the time of administration, and then subtracting to get the actual dose delivered to the patient. The underdosage resulted primarily from occasional large syringe residuals. Overdosage was not a significant problem.

Purposeful overdosage is most likely to occur in situations where the radiopharmacy is located at a distance from the clinic. Thus, the radiopharmaceutical must be ordered in advance. The ordering or prescribing usually occurs the afternoon before the study. The order includes the time of study in addition to other pertinent data. On the morning of the study doses are drawn into the syringes in amounts to give the required number of mCi's at the specified time. This means that before this time the dose is an overdose and later it becomes an underdose. The amount depends directly on the half-life of the isotope. Values for 1 and 3 hours differences of representative radioisotopes are given in Table 3. Since approximately 85% of the doses used clinically are ^{99m}Tc-labeled radiopharmaceuticals, doses of this isotope are the primary concern. For example, in an attempt to avoid underdoses, the prescription may specify a time later than the patient is scheduled. If however, the patient arrives earlier or on time and is

Table 2. Radiopharmaceutical Dosage Errors

Agent	Number of Observations	mCi's ^{99m}Tc			Maximum Percentage	
		Intended Dose	Actual Dose	Range	Underdosage	Overdosage
Microspheres	60	5.0	4.1	1.19-5.79	76.2	15.8
DTPA	84	20.0	19.5	15.52-21.35	22.4	6.8
Pyrophosphate	84	15.0	14.7	12.59-15.89	16.1	5.9

Table 3. Over and underdosage errors in radiopharmaceuticals

Isotope	Percentage error in dosage as time of administration differs from time of calibration. Time is given in hours.				
	-3	-1	0	+1	+3
^{113m}In	+248.1	+51.5	0	-34.0	-71.3
^{99m}Tc	+41.4	+12.2	0	-10.9	-29.3
^{67}Ga	+2.7	+0.9	0	-0.9	-2.6

given the full dose, the patient is over-dosed. The most extreme case is probably a 30mCi brain scan injected 3 hours early resulting in 12.4mCi excess dosage. Data defining the magnitude of this potential problem is not available.

Quality of the administered radiopharm-aceutical

Measurement of the quality of radio-pharmaceuticals includes several parameters in addition to those for non-radioactive drugs. The presence of the radioactivity within the molecule provides unique problems and some unique advantages compared to other drugs. In particular there are the problems of radionuclidic and radiochemical purities both of which are subject to change with time. There is the advantage that the radioactivity itself makes it possible to carry out biodistribution studies directly. The most common measurements are listed in Table 4.

Table 4. Quality Control Measurements of Radiopharmaceuticals

1. Radionuclidic purity
2. Radiochemical purity
3. Appearance
4. Sterility
5. Apyrogenicity
6. Biodistribution

Radiopharmaceutical quality control measurements have been extensively re-viewed in the published proceedings of national and international conferences such as the Proceedings of a Panel on Analytical Control of Radiopharmaceuticals organized by the International Atomic Energy Agency and held in Vienna, 7-11 July, 1969[7]; The First International Symposium on Radio-pharmaceuticals, held in Atlanta, 12-15 February, 1974[8] and Standardization Per-formance and Quality Control in Nuclear

Medicine, held at the NBS, 12-14, June 1975[9].

The stringent demands for more rapid and more sensitive quality control tests for radiopharmaceuticals have led to new test systems that are now finding applica-tions in the testing of non-radioactive drugs. Two examples of this are the use of the limulus lysate gelation test for bacterial endotoxin[10] and the radiometric test for sterility.[11] The limulus test has allowed the detection of pyrogen levels in cisternographic agents that are high enough to cause fever and aseptic meningitis in patients, but too low to be detected by the standard rabbit method recommended by the U.S. Pharmacopoeia.[12,13] The data in Table 5 shows the reduction in numbers of adverse reactions to cisternographic agents that have occurred since the introduction of this new test.

Table 5. Adverse Reactions to Cisternography

Year	Number of Reported Reactions
1971	30
1972	23
1973	9
1974	4
1975	0

Data from the Adverse Reaction Subcommittee of the Society of Nuclear Medicine, H.L. Adkins, Chairman.

The data in Table 5 is an example of the effectiveness of radiopharmaceutical control testing at the present time. The number of patient administrations continues to increase while the total incidence of adverse reactions is de-creasing.

Performance of nuclear instrumentation

Performance testing of imaging devices is a standard of practice. The tests are usually classified according to the frequency of their use: routine- those done before each study, daily, or weekly or those done at intervals longer than a week. These are listed in Tables 6, 7, 8.

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Table 6.   Routine Tests of Nuclear
           Instrument Performance

    1.   Film check
    2.   Procedure parameters check
    3.   Calibration check
    4.   Collimator check
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Table 7.   Daily Tests of Nuclear
           Instrumentation Performance

    1.   Field uniformity response
    2.   Energy Calibration
    3.   Spatial resolution
    4.   Sensitivity
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Table 8.   Weekly Tests of Nuclear
           Instrumentation Performance

 1.   Linearity, size and distortion
 2.   Ancillary equipment function
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These procedures for the performance of these tests are available in handbooks such as the Manual of Nuclear Medicine Procedures.[14] Quality Assurance of Scintillation Camera (Workshop Manual)[15] and Quality Control in Nuclear Medicine[9]. The area of quality assurance testing is still evolving. Data on the frequency, significance and costs of nuclear instrumentation dysfunction has been reported. However, studies such as the one reported by Ashare and Podikal[16] review some of the kinds of problems which may be encountered. This study revealed that in certain instances the computer correction of gamma camera field non-uniformity introduced artifacts which degraded rather than improved image quality.

The College of American Pathologists also operates an interlaboratory nuclear instrumentation performance test program in which imaging phantoms are distributed to participants.[17]

Training in the techniques of measuring the performance of detection and image instrumentation is a current major activity in nuclear medicine. The Bureau of Radiologic Health (BRH) of the FDA has taken a leading role in this area and is receiving the support of the Society of Nuclear Medicine in their efforts. The two day BRH Training program has been sponsored by local groups across the country.

Observer Performance

The performance of nuclear physicians in detecting abnormalities on radioisotope scans is measurable under certain specified conditions.[18] The methodology for taking this measurement is derived from signal detection theory. An observer is given a set of images with various signal to noise ratios and asked to report whether or not he observes a lesion. His answers are scored as true or false positives and true or false negatives. A plot of true positives versus false positives provides a point on a receiver operator characteristic (ROC) curve. By repeating the test under varying discrimination criteria data is obtained from which the ROC curve can be constructed. This curve is a quantitative measure of how well the observer is performing under the specific test conditions. The observer does not have to be a human, it may instead, be a computer programmed with a pattern recognition algorithym. These techniques are being used only experimentally at present. However, we can anticipate that their impact on nuclear medicine will have a positive effect on the improvement of physician performance.

Overall System Performance

Both information theory and operations research are providing techniques for system analysis.[9,19] Thus, a set of tools are being developed whereby the overall performance of imaging systems and their impact on patient care can be measured. Two measurements that have been used to evaluate nuclear medicine imagins systems are figures of merit and modulation transfer functions (MTF). A figure-of-merit permits a quantitative ranking of different information detecting or transmitting systems. The MTF permits a quantitative measure of the degradation of information as it is transferred through a system. We have yet to apply these techniques in routine quality assurance programs.

Methods for measuring the diagnostic usefulness of information provided for nuclear medicine studies are available.[20] One procedure is to obtain from the refer-

ring physician his probable diagnosis, and his certainty about each, both before and after he is provided with the results of the study. Change in his diagnostic certainty is measured by an index known as a log likelihood ratio.[19] Another procedure is to measure outcomes of two procedural paths, one of which includes a nuclear test and the other a control which does not include the test. Patients with similar symptoms on admission are randomly divided between the two paths. Measurements are made of duration and costs of hospitalization, one-year survivals etc. which allow for quantitative comparisons of the outcomes of the two alternatives. As more reports are generated illustrating the value of these kinds of analysis we can expect that they will become more widely used.

Feedback of Quality Control Data

Quality assurance is achieved by the making of appropriate performance or quality measurements followed by a prompt response to correct the situation when indicated. When used, the feedback of quality control data is customarily prompt in nuclear medicine. The physician will look at the images before the patient is dismissed from the clinic. Radiopharmaceutical or nuclear instrumentation problems are often immediately apparent from the pictures. Corrections are ordered before the patient is released and before the next study is begun. Unlike regular drugs where altered biodistribution or metabolism is not apparent except by the use of carefully designed experiments, defective radiopharmaceuticals give visual biodistributions within minutes after each patient administration. Hence, a poor quality tracer is used only once before it is recognized, discarded and replaced with a better formulation or different agent. It also is common practice for the physician to have before him a picture of the daily flood field source as he reads gamma camera scintigrams. This allows for a comparison between the image of the patient and the quality control image.

Currently we are exploring the use of the computer to assist in the collection and evaluation of control data in hopes of further improving the quality of nuclear medicine studies. Two computer assisted feedback loops are under investigation: the radiopharmaceutical purity control of ^{99m}Tc-labeled radiopharmaceuticals and the performance of the gamma camera. The hypothesis under test is that a prestudy verification of the current quality of these two system components will both improve patient care and reduce operating costs. The approach is to image a field flood, a phantom and a column chromatorgram of the radiopharmaceuticals before each days work. The images of these control objects will be compared to data stored in the computer and evaluated as to whether radiopharmaceutical purity and gamma camera performance are within prescribed tolerances. If not, the computer will be programmed to issue instructions as to which component is outside tolerance and to provide data characterizing the problem.

Radiochemical Purity

Persson[21] has shown that column chromatographic separation of ^{99m}Tc-compounds can be achieved without elution of radioactivity from the columns. After development of the columns with saline or buffer, the fractionation of the ^{99m}Tc-labeled components are

Figure 1: A set of gel chromatography columns in a special holder for use in the radiochemical purity testing of ^{99m}Tc-labeled radiopharmaceuticals.

Figure 2: A gamma camera image of the columns shown in figure 1. Variations in radiochemical purity of the various ^{99m}Tc-S Colloid preparations are visualized. The differences can be quantitatively evaluated by computer analysis of the image.

visualized by scanning or gamma camera imaging, Figure 1 and 2. The data contained in the image can be transferred into a digital computer for quantitative analysis of radiochemical purity. Included in the computer programs are the routines for comparing the radiochemical purity to the expected values and for reporting the differences.

Gamma Camera Performance

In computerized gamma camera applications it is customary to image a field of uniform radioactivity called a field flood. The data obtained usually is not uniform however, because of regional variations in the sensitivity of response of the camera. Thus, a matrix provides the means of obtaining images equivalent to that which would have been obtained if the response of the camera was truly uniform. The correction matrix contains data which measures

the uniformity of response of the camera. A recorded daily evaluation of this data documents the aspect of gamma camera performance. The collective record is therefore a reference measure of the quality of performance of the gamma camera. When a current days data is compared to the data of record it becomes possible to make a decision as to whether or not the performance has deteriorated to unacceptable levels. By doing this, a tighter quality feedback control loop is established.

Phantoms can be used to evaluate resolution, field size, and linear distortion. Again, day-to-day recording of these control values can create a record against which the current days performance can be measured. The comparison of the current operation to the record of past operations then provides additional feedback loops. The quality control feedback loops can be programmed so that at the end of data acquisition and analysis, a 'go' or 'no go' is displayed.

Summary

Measurements of the quality of nuclear measurement is becoming standard operating procedure in the clinical practice of nuclear medicine. Methods for quality assurance and performance testing of system components have been developed. Their use is providing evidence that quality assurance programs are effective in nuclear medicine. Further evidence of the impact of quality assurance programs is the results of the analysis of intra- and interlaboratory control samples. Investigation of quality assurance techniques continues with emphasis on measuring system performance, on determining appropriateness and cost-effectiveness of clinical nuclear medical measurements, and on establishing more effective feedback mechanisms.

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STATE AND FEDERAL REGULATORY MEASUREMENT RESPONSIBILITIES AROUND MEDICAL FACILITIES

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Radiation exposure to man is due chiefly to diagnostic x-ray procedures, in which radiation is intentionally directed toward a patient. Radiation therapy presents a lesser problem because a smaller percentage of the population is subjected to such treatment. Recently, some innovative steps were taken in the State of Illinois to reduce patient exposure in four diagnostic procedures without reducing the benefits derived therefrom. However, if these procedures are to be carried out properly, it is necessary to increase the precision and accuracy of radiation exposure measurements to the order of ±2%. The usual accuracy and precision of radiation protection measurements are of the order of ±20%. Thus, should the Illinois radiation protection rules become widely adopted, our national dosimetry network will need to upgrade exposure measurement techniques.

(Medical facilities, diagnosis, therapy, regulatory, measurement accuracy, traceability)

Introduction

The main theme of this Symposium concerns the technical communication system which insures that radiation measurements are correctly made, sufficiently accurate, and traceable to the national radiation standards. The measurements necessary for the safe use of radiation may be applied to two patient groups. One group is related to the safe use of radiation administered for the primary purpose of diagnosis to determine the state of an individual's health. Radiation damage to human beings in this group is a secondary and negative byproduct of the use of the radiation.

In the second group, the primary purpose of administering radiation to the patient is to destroy human tissue, i.e., a malignant tumor. This use is designated as therapeutic.

In general, the regulatory agencies of federal, state, county, and city government have been very much concerned with the first, but not with the second group.

Below, two examples of types of radiation measurements that need to be made in medical facilities, one for each of the two patient groups, will be given. These examples will demonstrate the importance of precision and accuracy, and of traceability not only to the U.S. national radiation standards, but also to the world-wide dosimetry network. Some radiation measurements also need to be placed in a third group. This group involves the measurements necessary for radiation and non-radiation workers in a medical facility as well as visitors to the facility.

Regulatory Agencies

All of the regulatory agencies set limits involving radiation measurements, and/or determinations which require some measurement. In some cases, the actual measurement is carried out by the agency and in others, the medical facility is obligated to carry out the measurements, or at least to demonstrate that it has the staff and equipment capable of doing so.

Some of the major regulatory and other agencies at the federal level that have an impact on medical facilities in the area of radiation measurements and their responsible areas of concern are:

1. Department of Transportation
   Shipment of radioactive sources and pharmaceuticals to the medical facility and shipment of radioactive waste from the facility to the waste disposal site.

2. Food and Drug Administration, Bureau of Drugs-21 CFR 361.1, July, 1975
   Limits the radiation dose from radioactive material that can be administered to an adult research subject in a study. The annual and total dose commitment to the whole body, active blood-forming organs,

lens of the eyes, and gonads shall not exceed 5 rems, etc.

3. Food and Drug Administration, Bureau of Radiological Health--Radiation Control for Health and Safety Act. P.L. 90-602, 1968

The purpose of the law is to regulate and control the emission of electronic product radiation through the promulgation of performance standards for diagnostic x-ray systems and their major components.

4. Nuclear Regulatory Commission

Provides for the licensing of byproduct, source , or special nuclear materials in quantities in excess of specified exempt concentrations in gaseous concentrations and liquid and solid concentrations. Capability of making radiation measurements is obligatory under a license.

5. Environmental Protection Agency

Provides for federal radiation guidance in many areas including, for example, guides which govern the prescription of diagnostic x-rays and which assure the use of consistent techniques in the taking of x-rays in federal agencies.

6. Department of Labor--Occupational Health and Safety Act

Provides for limits of radiation exposure to workers.

Most, but not all state governments have public health laws coupled with rules and regulations which require radiation measurements. If a state has a good control program, the cities usually delegate radiation regulatory matters to the state. Some cities, however, may have programs which are strong in themselves. In such cases, the city has more regulatory impact than the state.

Radiation Measurement, Accuracy, and Traceability to the National Standards

Those persons who write regulations and set numerical limits of any sort seldom, if ever, include in the regulation any statement about the uncertainty permitted in the limit due to the uncertainty of the measurement required by that limit. For example, we never see a level of uncertainty regarding a regulation for automobile traffic speed limits. It is usual, however, that the operational traffic officer decides on an allowable uncertainty before he issues a speeding ticket.

Likewise, in the area of radiation regulation, the various writers do not include information on required accuracy of the measurement of a limit.

There is an adage in physics that one should make a physical measurement with the accuracy and precision required to answer the question at hand, but not beyond what is needed. This certainly applies to measurements for the safe use of radiation. Generally, an accuracy of ±20% is considered sufficient for operational health physics purposes. This degree of uncertainty reflects our lack of definitive information and knowledge on the radiation risk to human beings at the generally accepted maximum permissible dose-equivalent levels (see discussion on radiation protection philosophy in reference 1). However, situations arise where ±20% accuracy is not sufficient. I will describe an example from the State of Illinois Rules and Regulations for the Protection against Radiation, which applies to the diagnostic group referred to above.

Diagnosis

1. Dental

Several years ago the Illinois Department of Public Health, Division of Radiological Health, began accumulating specific radiation-patient exposure data during regulatory inspections of various radiation facilities throughout the state. In an initial study, measurements were obtained and collected from all manufactures of intra-oral dental x-ray machines. The prime objective of this study, as reported by M. E. Neuweg and P. N. Brunner[2] centered around the "technique" involved in achieving a diagnostic radiograph. "These were the use of slow speed dental film and improper film development technique. ... The total measured exposures ranged from less than 100 mR per radiograph to greater than 7000 mR per radiograph. All exposures were measured at the distance from the tip of the dental cone used by each facility in order to simulate entrance exposure to a patient. ... One hundred percent of all exposures identified above 500 mR were conducted with slow speed dental film. 55% of all incident exposures above 1000 mR resulted from inadequate film development technique. ... Analysis of the exposure measurements was presented to our governor-appointed Radiation Protection Advisory Council, which consists of seven professionals, including health physicists,

medical and dental licensed practitioners and industrial executives. As a result of this presentation, the following rule was developed by the State Health Department staff with the advice and approval of the Council: 'For routine intra-oral radiography, the incident exposure to an average patient shall not exceed 1000 mR per radiograph and should not exceed 500 mR per radiograph.' This rule became effective on January 1, 1973."

"After a year of feedback information, we have received strong support from numerous dentists, professional societies and other state radiation control programs. Many licensed dentists in Illinois affected by the rule have not only complied with the exposure reduction to the patient but have also indicated to us the production of higher quality radiographs which are diagnostically beneficial to the practitioner. Use of higher sensitivity film and/or proper film development techniques assures compliance, but more importantly, true radiation hygiene is practiced by exposing each patient to only the minimum amount of radiation.

As of July 1973, the radiological health computer data base consisted of 3020 bitewing exposures. Eighty percent of exposures were within the 1000-mR-exposure limit. (See Figure 1.) From July 1973 through March 1974, operators of 221 dental x-ray machines had reduced the exposure to within the required exposure limit. Assuming an average patient exposure of 1870 mR before reduction, an average of 700 mR per exposure after inspections, and an average workload of 50 exposures per week, 672,000 man-rems of unnecessary radiation exposure were eliminated the first year as a result of these radiation exposure regulations."

This work by Neuweg and Brunner and by the staff of the Illinois Department of Public Health represents a substantial step in eliminating radiation exposure without a negative impingement upon the practice of dentistry. It is clear that this work, leading to a safer use of radiation, would not have been possible without a measurement responsibility on behalf of a regulatory body.

2. Medical
In a later work, Neuweg and Brunner[2] carried out a study to determine the range of radiation exposure levels used in several common diagnostic examinations. Radiographic technique factors such as kilovoltage, milliamperage, time, and target-to-film distance were obtained for an "average-sized" adult undergoing these examinations. Subsequently, using the same factors, they measured the exposure directly above the radiographic film with a direct-reading low-energy dosimeter, with the patient removed from the beam. Figure 2 is a plot of the number of exposures measured as a function of exposure in milliroentgens for 866 lateral lumbar spine exposures. It should be noted that the exposures varied from 200 to 2,600 mR per radiograph. This large range should be understood in terms of the variety of techniques employed by diagnostic radiologists in a large number of medical facilities. In spite of this large range, the examining radiologists apparently are satisfied with the quality of the radiographic films which they obtain by use of their various methods. The data show that 75% of the lateral lumbar spine exposures were below 1,400 mR each. Of the 866 exposures, 216 were above 1,400 mR.

It was reasoned that, if 75% of the existing facilities could obtain a clinically acceptable radiograph by exposing the patient to a maximum dose of 1,400 mR per radiograph, then all other facilities should be able to alter their techniques to reduce unnecessarily high radiation exposures. On this basis, a new rule was developed by the State Health Department staff and subsequently approved by the governor-appointed Illinois Radiation Protection Advisory Council. This rule states, "After January 1, 1975, the exposure measured at the tabletop of the technique used for an average adult patient for routine medical radiography will be the following: 'Lumbar spine (lateral) incident exposure shall not exceed 1400 milliroentgens per radiograph and should not exceed 1000 milliroentgens per radiograph.'"

This new approach to the reduction of patient exposure does not interfere with medical practice, except for requiring changes for those practitioners whose procedures result in higher patient exposures than those used by a substantial majority.

We have estimated the impact, in terms of reduced exposure, to Illinois patients due to the implementation of this rule together with companion rules for abdominal, cervical spine, and skull examinations. The estimates were made on the

basis of U.S. census date for 1970 for the total Illinois population, and of the number of radiographs per year per person for a sample of Illinois for the four examinations in question. The data on the number of radiographs were taken from a report issued by the State of Illinois.[3] Using the exposure distribution of Figure 2 for lumbar spine and Figures 3, 4, and 5 for abdominal, cervical spine, and skull exposures, we estimate that the total exposure received by Illinois residents is as follows:

Lumbar spine   465,000 man-roentgens/year

Abdomen   22,800   "

Cervical spine 38,600   "

Skull   20,800   "

With the assumption that all techniques were modified to reduce the exposure to the Medical Radiographic Incident Exposure limits, the following figures show the amount by which the exposure to the Illinois patient population has been reduced starting on January 1, 1975:

Lumbar spine   60,000 ± 20,000 man-R/year

Abdomen   3,600 ± 1,800   "

Cervical spine 1,500 ±   450   "

Skull   2,500 ± 1,500   "

The uncertainty in these figures is due to the statistical variation of the number of radiographs in the studies performed.

If the incident exposure had been reduced to less than the limit, a still greater overall reduction would have been achieved. We have also calculated exposure reductions for changes in technique so that those exposures above the incident exposure limits were reduced to the former average values. These reductions are as follows:

Lumbar spine   100,000 man-roentgens/year

Abdomen   5,300   "

Cervical spine 1,700   "

Skull   5,600   "

Further reduction in patient exposure may certainly be possible for other diagnostic procedures as well.

In Implementing these new medical limits, one cannot think in terms of the usual accuracy uncertainties of ±20% that are in common use in health physics. Since a given medical facility could be shut down if the "shall limit" were to be exceeded just because of a large measurement uncertainty, it would be unfair to the facility and, in turn, could lead to costly court adjudications. Thus, our system of accuracy in certain radiation protection problems like those described above and our traceability to national radiation standards should be strengthened.

Therapy

It has only been in the last ten years that definitive studies were reported in the literature on tumor control probability as a function of total dose delivered to the tumor. Figure 6 shows the tumor control probability for two types of malignancies, squamous cell carcinoma of the supraglottis and Hodgkin's disease. The data are from a recent paper by Goitein[4] in which he discusses the work of Shukovsky[5] and Kaplan[6]. In radiation therapy, the aim is a high probability of tumor control with as low a level of harmful side effects as possible. In the case of the supraglottis lesion, we see that an increase of only 10% in the dose delivered increases the tumor control probability from 20% to 75%. Thus, the treatment dose needs to be selected with great care and treatment needs to be carried out with a high degree of precision and accuracy. There are very few data for other types of tumors that have been analyzed in detail in terms of tumor control probability versus dose, as in the examples above.

Complications from such high doses have also been studied. In 1975, Svensson et al.[7] from Sweden published a paper on radiation-induced lesions of the brachial plexus correlated to the dose-time-fraction schedule of a series of patients. Such complications may arise when a cancerocidal dose is delivered to regional lymph nodes in axillary and supraclavicular field irradiations. The complications are neurologic in nature. The symptoms vary from slight numbness of the fingers to total paresthesia of the arm. The injury to the connective tissue cells in the plexus region is thought to be the cause of the lesions.

Therefore, the Ellis formula is used as the one parameter in the analysis. This formula gives the Cumulative Radiation Effect (CRE), and takes into account the daily dose in rad, the repetition parameter, the total time for the treatment in days, and the total absorbed dose to the plexus for the whole course in rad. The results of Svensson et al. are plotted in Figure 6. This figure shows that the frequency of lesions as a function of CRE rises quite steeply.

The uncertainty of the shape of the frequency-CRE curve is dependent on dosimetric, anatomic, and statistic factors.

The filled squares in the plot in Figure 6 are from the data of Stoll and Andrews [8] of Australia, for the same complication. The shift in the CRE scale represents a dose shift of 7%. It is highly likely that a large portion of this shift is due to the accumulation of errors in the traceability of radiation standards from the hospital to the national radiation standards of one country, then to the Bureau International des Poids et Mesures, and then through a second country's national radiation standards to the hospital in that country. As we develop more such data around the world, like those presented by Svensson et al., it becomes imperative that our dosimetry accuracy improve and remain at a high level, and that the uncertainties involved in traceability of actual clinical dose from one center to another become smaller.

The importance of accuracy and traceability cannot be stressed enough.

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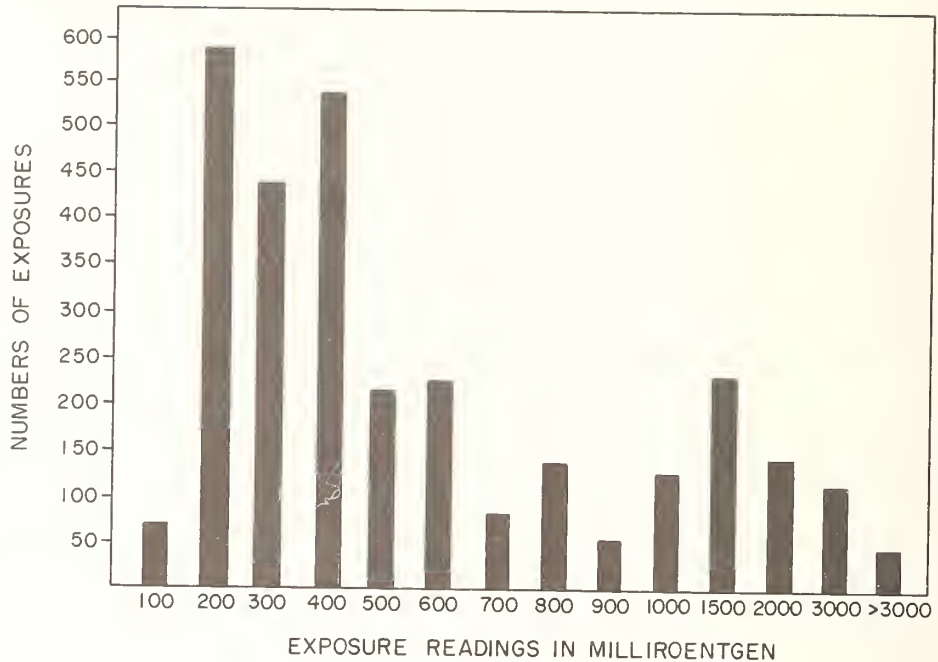
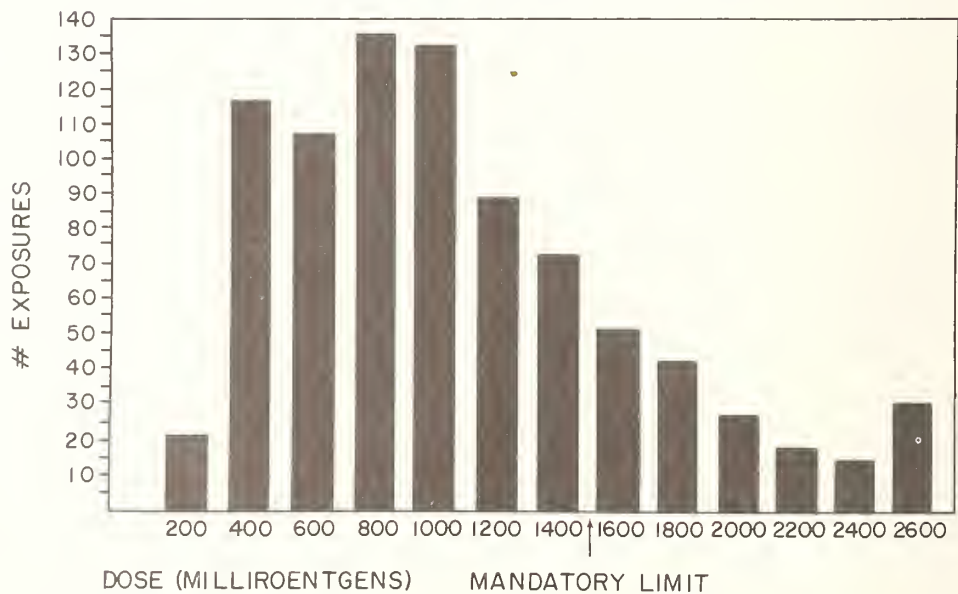# DENTAL-BITEWING

Figure 1
(Ref. 2)
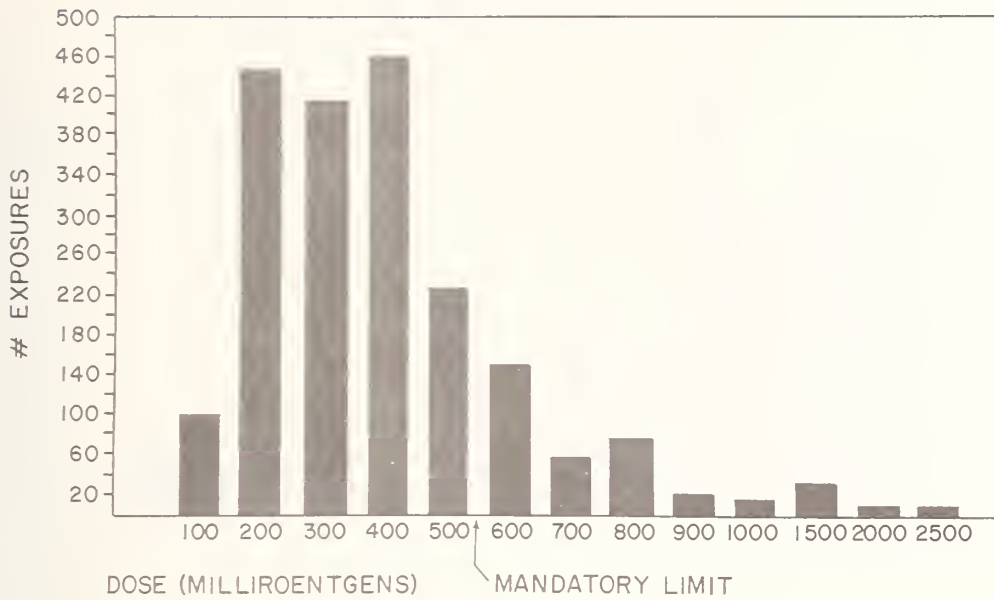
LATERAL LUMBAR SPINE

Figure 2
(Ref. 2)
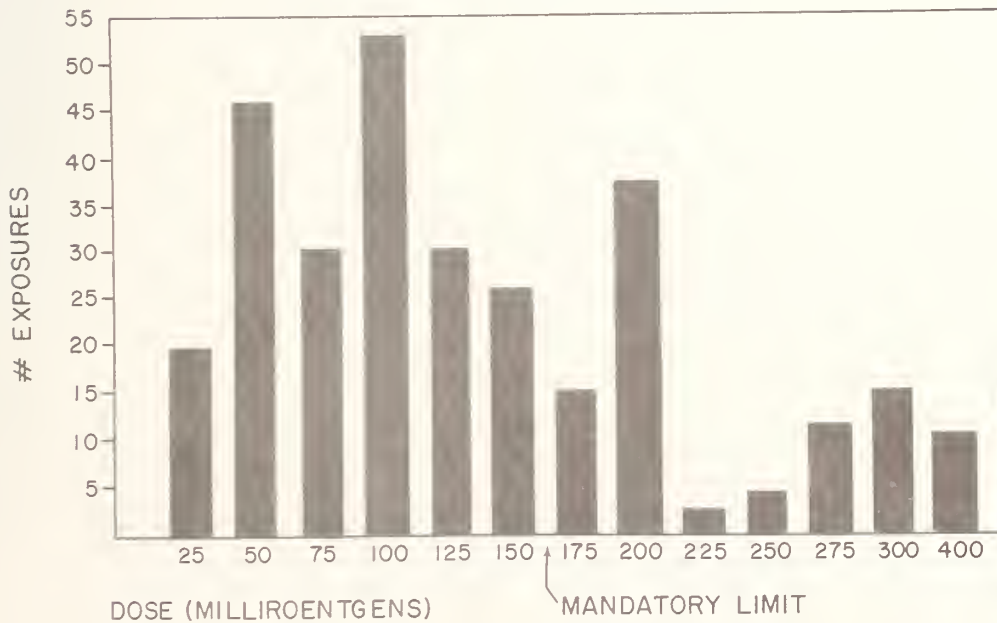
144

ABDOMEN

Figure 3
(Ref. 2)

A.P. CERVICAL SPINE

Figure 4
(Ref. 2)
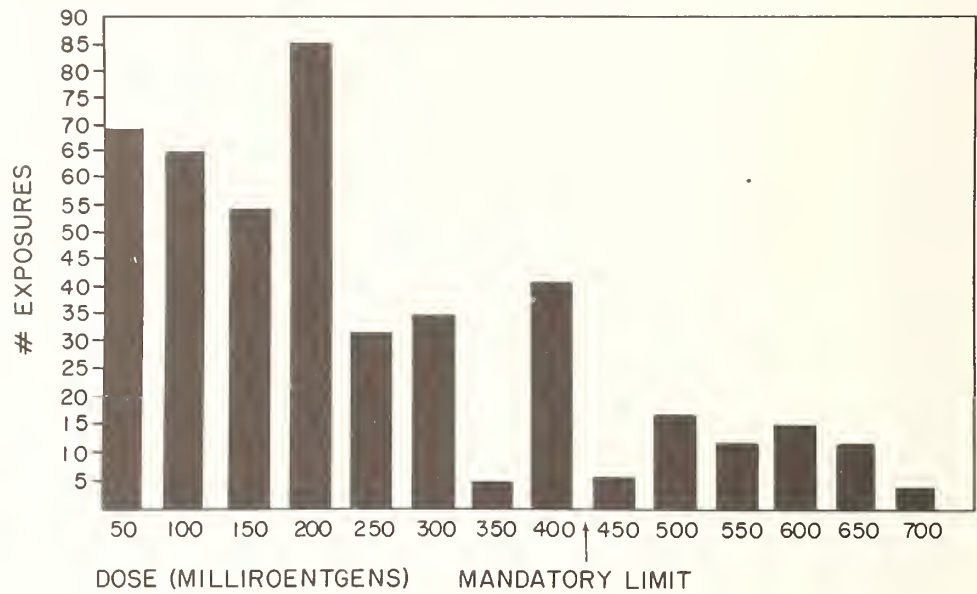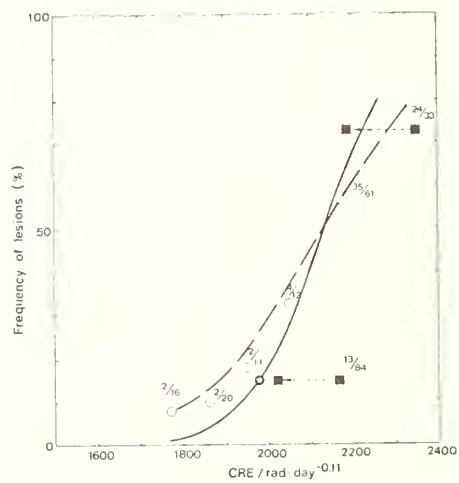
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A.P. SKULL

Figure 5
(Ref. 2)

Figure 6
(Pef. 7)

146

NATIONWIDE EVALUATION OF X-RAY TRENDS (NEXT)
PROGRAM - AND RADIATION MEASUREMENTS IN THE STATE

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A Task Force of state and Bureau of Radiological Health representatives has applied the "standard man" concept as a method of evaluating the impact of government control efforts on medical x-ray exposure. Exposure data are collected using standardized procedures and equipment, and Organ Dose Index values are obtained for selected critical organs. It is expected that these data can be correlated with governmental agency radiological health activities.

(Diagnostic, nationwide evaluation, physician, physicist, technologist, x-ray departments, x-ray trends)

An often quoted statistic is that medical and dental x-rays account for approximately 90% of the man-made radiation exposure to the U.S. population.[1] This statistic, with which I have no quarrel, is sometimes used to justify or defend public health expenditures in x-radiation control activities. Although not generally stated, the implication is that if we in radiation control are effective in our programs, this percentage will be reduced. However, the conclusion can be reached that not only is this ratio reasonable but if we were more effective in all our radiation control efforts, it would probably increase and not decrease. Perhaps this needs explanation.

Medical and dental radiation is virtually the only radiation exposure to the population that is intentional; the rest is an unwanted by-product of the workplace, or from products or operations which utilize ionizing radiations. For example, the exposure to the population from the radioactive effluents and wastes of nuclear reactor operations is unwanted. The exposure of operators to radiation from industrial x-ray defraction units is unwanted. The exposure to operators of industrial radiography units is unwanted and the population exposure from color television sets is certainly unwanted.

However, patient exposure is intentional and essential if diagnostic radiology is to be used. Thus, it stands to reason that the intentional population exposure should far exceed the unwanted exposure. If we could ideally control all manmade exposure, medical and dental exposure should account for 100% of the man-made radiation exposure and not just 90%. Figure 1 depicts this concept in graphic form. I mention this only because I do not find the use of this particular statistic presented as a "stand alone" statement a logical argument for defense of diagnostic x-radiation control budgets or expenditures. Of course, this is not saying that there is no room for improvement in the application of diagnostic radiation, but it is saying that problems must be clearly stated.

The problem as regards population exposure from diagnostic radiology is not that it accounts for 90% of the total man-made exposure, but rather that a portion of the diagnostic exposure is unproductive and can be reduced. Some have estimated the unproductive component to be on the order of 30%.[2] If this is the case, then the argument can be made that diagnostic radiology offers the greatest potential for reducing total population exposure. Figure 1 also shows this concept.
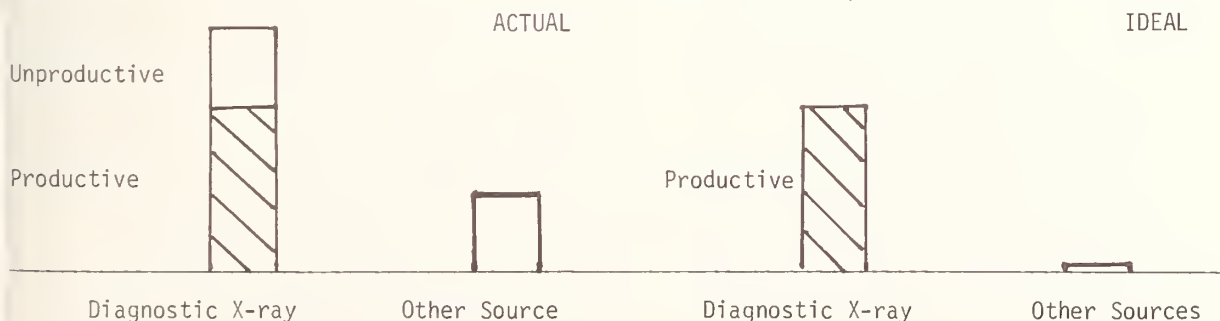

Figure 1: POPULATION EXPOSURE FROM MANMADE RADIATION SOURCES

Identifying problems, determining trends, and evaluating progress towards problem reduction were all considered in developing the system that I am about to describe. Increasing demands have been placed on government programs to precisely identify problems and then develop and efficiently manage specific programs to deal with the problems. The Conference of Radiation Control Program Directors recognized this coming trend several years ago and in conjunction with the Food and Drug Administration's Bureau of Radiological Health authorized the development of a system which would assist in meeting the demands for better data management.[3] It was in this light that the "NEXT" system was developed. Specifically the Conference called for the formation of a Task Force, in May 1971, to design a uniform program for surveys of x-ray facilities. The Task Force, co-sponsored by the Bureau of Radiological Health, was appointed in July 1971 and consisted of representatives from both state and federal radiological health agencies.

The Task Force adopted the project name of "NEXT", an acronym for Nationwide Evaluation of X-ray Trends. In reviewing its charge the Task Force identified four specific objectives.

1. Identify the optimum components of a radiation survey.

2. Provide a system for uniform data collection.

3. Provide a system to assign program priorities.

4. Provide a system to measure the effectiveness of the program.

To meet these objectives, the Task Force developed two major items:

1. An Optimum Survey Procedures Manual designed to meet, in part, Objectives 1 and 2, and

2. An Organ Dose Index System (ODIS) designed to specifically meet Objectives 3 and 4.

OPTIMUM SURVEY PROCEDURES MANUAL

The Procedures Manual, entitled "Suggested Optimum Survey Procedures for Diagnostic X-Ray Equipment" was completed by a subcommittee of the Task Force and distributed in May, 1974. Development of the manual, which took over two years, was

complicated in that the details of the Federal Diagnostic X-Ray Performance Standard were not finalized, which in turn complicated the revision of Part F, "Use of X-Rays in the Healing Arts," of the Council of State Governments Suggested State Regulations for Radiation Control. Since the procedures contained in the manual were to be sequenced in parallel with the requirements of Part F, for the convenience of state personnel, the Subcommittee had to lockstep its work with that of several other groups. As regards the term "optimum," it is applied to indicate that the procedures are not necessarily the most accurate but are a blend of the parameters of accuracy, required equipment, time needed to conduct the test, ease of performing the test in the field and overall costs. The tests were specifically developed with the state field inspector in mind. In many cases alternate test procedures are provided to give each state program as many options as possible to accomplish its work.

The Task Force does not view the Manual as an end point but rather as a starting point. As improved test equipment and procedures are developed, they will be evaluated and incorporated into the manual. As new diagnostic equipment is developed, new test procedures for its evaluation will be added. Furthermore, as the Manual is used, inevitable flaws will be found which will require revision. Nevertheless, the Task Force does modestly submit that the Manual may form the basis for a generally agreed upon "Standard Methods" for the evaluation of diagnostic x-ray equipment. The manual is proving helpful as a resource to train new personnel and as a source to refresh one's memory on tests that are infrequently performed. And finally, the Task Force feels that the use of this Manual does assist in meeting Objectives 1 and 2.

ORGAN DOSE INDEX SYSTEM

As put forward in Objective 4, states felt an urgency to have available a specific parameter to measure program effectiveness. The days of counting how many facilities have had filtration added to their machines, or how many facilities have had proper collimation installed are over. Budget people are asking what impact your program has on the public's health, and asking that this impact be expressed in meaningful terms. In an effort to be responsive to this request, the Task Force selected radiation organ dose as a parameter which most closely satisfies these requirements. In particular, it was felt that if patient

skin exposure and gonad dose (both ovarian and testicular), bone marrow and thyroid doses were obtained from statistically representative facilities throughout a state and tracked with time that the effectiveness of the overall radiological health effort could be monitored. This is what NEXT/ODIS is trying to accomplish.

The methodology required to calculate the radiation dose to a specific organ from diagnostic x-ray examinations is known.[4-7] The methodology used in the X-ray Exposure Studies of the U.S. in 1964 and 1970, with certain modifications, was adopted by the Task Force for the Organ Dose Index System. As previously mentioned, besides skin exposure, the Task Force requested radiation doses be calculated for the testicles, ovaries, thyroid and bone marrow. Currently, only gonad doses are being calculated; however, the means to compute the other organ doses will be available this year.

To simplify the overall system, only 12 common diagnostic radiographic examinations were selected by the Task Force for inclusion into the system. However, the system is flexible and open-ended and if a need is felt to expand this list, it can be done. For example, as interest in mammagraphy continues to grow, it could be added to the system. The projections included are shown in Table 1. To simplify the dose calculation, a patient having standard anthropometrical characteristics was preselected (Table 1). Using this system the organ dose can be calculated from the following data:

1. Beam quality as measured by the half value layer and kilovoltage

2. Beam size, shape and location, and

TABLE 1 - NEXT ODIS - Diagnostic X-ray Projection

and Anthropometric Guidelines

Projection	Body Part of Interest	Thickness (Centimeters)
Chest (P/A)	Thorax	23
Skull (Lateral)	Head	15
Abdomen (KUB) Scout Film (A/P)	Abdomen	23
Retrograde Pyelogram, Scout Film (Cysto Units) (A/P)	Abdomen	23
Thoracic Spine (A/P)	Thorax	23
Cervical (A/P)	Neck	13
Lumbo-Sacral Spine (A/P)	Abdomen	23
Full Spine (A/P)	Chest & Abdomen	23
Feet (Weight Bearing) (D/P) (Podiatrists Only)	Foot	8
Dental Bitewing (Posterior)	Left Bicuspids & Molars	-
Dental Periapical	Central Incisor (Maxillary)	-
Dental Cephalometric (Lateral)	Head	15

3. Machine radiation output using the facility's technique for the selected examination. (Technique including kilovoltage, milliamperage, exposure time and target-to-film distance).

HOW DO YOU IMPLEMENT THE SYSTEM?

A statistically representative sample of the healing arts x-ray facilities in a particular jurisdiction is drawn by the radiological health program. During the inspection of a selected x-ray facility, an inspector determines if any of the 12 examinations are performed in the facility of the machine being inspected. If so, he asks the operator to set the technique (milliamperage, kilovoltage, exposure time, target-to-film distance and collimation) that would be used for a patient possessing the standard anthropometrical characteristics discussed above. For example, if a chest P/A is the most frequent examination performed with the machine in question, the operator is asked to set the technique that would be used for a patient with a 23 cm chest.

The inspector measures and records the needed parameters in accordance with standard procedures that have been developed using a test stand which standardizes field measurement techniques. Since the test stand is the critical component of the survey which fixes geometry and provides for reproductibility and uniformity of test measurements, a brief history of its development may be of interest. The idea of a test stand was presented to the Task Force in prototype form as the then called "North Carolina Chimney." Since we did not have a shop in North Carolina to construct anything elaborate, we simply used two different diameter rainfall collection containers, stacked them one on top of the other and surrounded the entire contraption with scrap lead. A slot was cut out of the bottom to permit entry of the small probe of the Victoreen 666 instrument which was mounted on a special jig to provide for consistent positioning (See Figure 2).

To insure proper credit, the North Carolina Chimney was designed to simulate as best we could the filtration measurement geometry described by Dr. Dale Trout.[8] We attempted to make his laboratory arrangement suitable for field use. From there, a more refined collapsible stand was constructed by the Bureau of Radiological Health's Northeastern Radiological Health Laboratory in Winchester, Massachusetts which was designed by Alvis Jordans. Later, a rigid stand was developed by the Bureau of Radiological Health's Division of Electronic Products (See Figure 3). I might add that the test stand concept is incorporated in both the Optimum Survey Procedures Manual and in the Bureau of Radiological Health's Routine Compliance Field Tests and that the same test stand can be used for both NEXT and field compliance surveys.
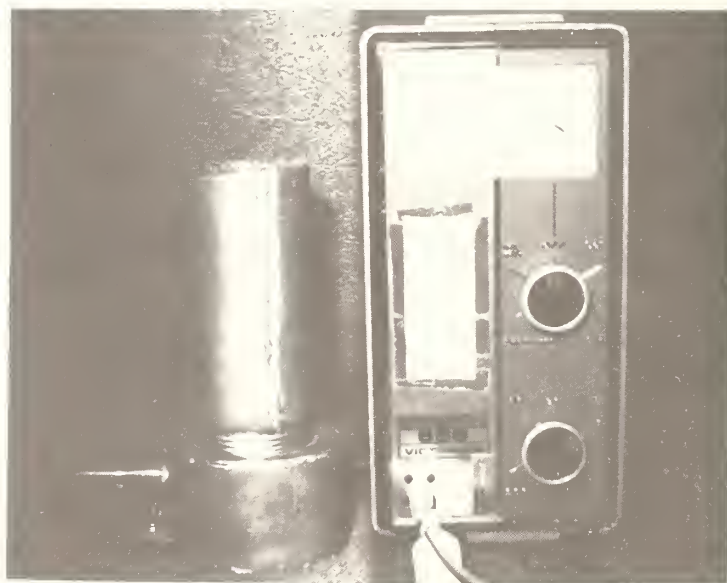
Figure 2: North Carolina Chimney
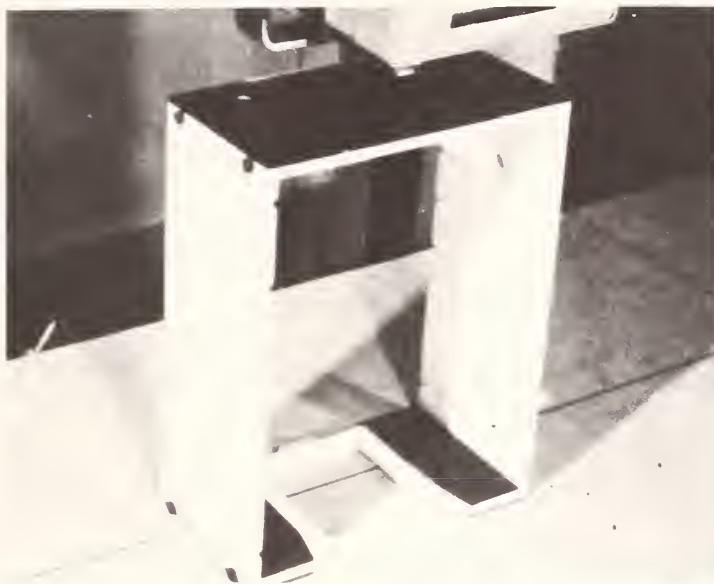
Figure 3: BRH Test Stand

In the case of NEXT, these data (collected by using the test stand) are used to calculate patient exposure at skin entrance and organ dose indices. The term index is used because the dose is calculated for a standard patient possessing fixed characteristics. I emphasize that NEXT/ODIS does not provide estimates of population dose nor does it provide per capita dose information but it does provide information that can be used to effect changes in them.

USE OF THE NEXT SYSTEM RESULTS OF THE DATA

The most striking results from the NEXT system are the extreme variability of exposures calculated for the same standard patient undergoing the same radiological examination. For example, representative sample data collected in fiscal year 1974-1975 in facilities conducting lumbo-sacral spine examinations shows the following:

1. The Ovarian Dose Index varied from 5 to over 400 millirad.

2. The Testicular Dose Index varied from less that 0.5 to greater than 1000 millirad.

3. The Exposure at Skin Entrance varied from 70 to greater than 3800 milliroentgens with a median value of 560 milliroentgens.

4. The source-to-film distance varied from 30 to 75 inches.

5. The milliamperage-seconds varied from 30 to 300.

6. The x-ray beam size varied from a rectangular beam 5 x 9 inches to a circular beam 36 inches in diameter.

The mean exposure for this examination was recorded as 640 milliroentgens. Although the lumbo-sacral examination is not performed as often as the chest P/A exam, if a program's objective is to optimize gonad dose, this particular examination stands out among the 12 as an opportunity for improvement. In this regard, a program may wish to concentrate it activities in those facilities conducting the high dose examinations. An initial sample can identify the types of facilities conducting these examinations and follow-up samples can plot the overall program effectiveness. It is hoped that the use of this system can assist program managers in setting more precise priorities and provide the needed data to more efficiently accomplish them. However, I should emphasize the NEXT is simply a planning and evaluation tool. Unless the problems identified by NEXT data are translated into action programs, changes will not occur.

151

SUMMARY

By monitoring the Organ Dose Indices over time, trends in patient exposure can be detected. Comparisons between organ dose indices of participating jurisdictions and the nationwide data can also be made. This system appears to be a useful people-oriented data item for radiological health agencies to assess program effectiveness and to do program planning. NEXT is certainly not a panacea for evaluating how well we are doing but it does provide a mechanism that can relate our efforts to our overall goal of reducing unproductive radiation exposure.

Thus, from the State program viewpoint, the efforts of this symposium are welcomed. The results will be beneficial if they suggest a means of increasing the accuracy and reliability under the constraints of cost and manpower available to State radiation programs. However, these suggestions should address not only the measurement of radiation exposure, for the measurement of many other parameters is involved in evaluating medical x-ray facilities, and all of these must be addressed to arrive at satisfactory measurements for the safe use of radiation.

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LOW LEVEL ENVIRONMENTAL RADIATION MEASUREMENTS WITH A PLASTIC SCINTILLATION DETECTOR SYSTEM

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A plastic scintillation detector-photomultiplier combination, operated in the current mode, has been developed at Brookhaven National Laboratory for the measurement of low level environmental radiation. Its output is digitized and processed by semiconductor circuits, which also provide for hourly compensation of variation in gain utilizing a built-in calibration source.

The instrument has been tested in the field for the past two years to establish its response capability to diurnal and longer term variation in background radiation, as well as small increments produced by a distant γ-field irradiation source. (Supported by U.S. ERDA.)

(Low level environmental radioactivity measurements scintillation detector)

Introduction

Life has evolved and exists in a constant low level of external background radiation. Although this has been known since the discovery of natural radioactivity, the accurate determination of its levels did not become a matter of widespread interest until the development of nuclear reactors, and the consequent possibility of measurable dose increments to large populations from man-made radioactivity. The adoption by the Nuclear Regulatory Commission[1] of 5 mrem/yr dose limit as an "as low as practicable" design objective for light water-cooled power reactor effluents has stimulated an interest in the accurate measurement of very small increments to background levels.

Until recently, ion chamber-electrometer combinations were the most suitable instruments for making low level measurements of environmental radiation. A simple 6 liter unpressurized bakelite wall ion chamber with a dynamic condenser electrometer (DCE) was developed at Brookhaven National Laboratory in the late 1940's. A number of these instruments were used for two decades in the field for the continuous measurements of the dose from the ^{41}Ar in the plume from the air cooled Brookhaven Graphite Research Reactor.[2] They were capable of detecting changes in radiation levels of about 1 μR/hr, and of establishing yearly dose increments (above background) of about 5 mR. A somewhat more sensitive pressurized version, with a stainless steel wall, has been developed by the Health and Safety Laboratory.[3] A commercial version is currently in wide use, particularly to establish the small environmental dose increments occasioned by the short-lived noble gases in the air effluents from commercial power reactors. Various devices, Geiger-Müller (GM) counters, film and thermoluminescent dosimeters (TLD) have also been employed. Unless specially shielded, the GM tube's variable energy response complicates the dose interpretation of its signal. Film is not a satisfactory environmental detector, due to its limited sensitivity (~ 20 mR) and vulnerability to temperature and humidity. Although several currently used TLD's are sensitive to doses as low as 1 mR, as passive devices they do not lend themselves readily to the measurement of plant effluent related doses of a few mR/yr in the presence of naturally occurring levels in the order of 100 mR/yr.

At Brookhaven, a plastic scintillator photomultiplier combination has been developed as a replacement for the ion chamber DCE.[4] It provides for a high sensitivity with a small detector volume, β + γ or γ only response, an air equivalent energy response, and a high signal to inherent noise ratio. The D.C. output of the PM is digitized and processed by semiconductor circuits, hence it is a digital environmental monitor (DEM). It contains a built-in calibrator, which is utilized on an hourly basis to compensate for the temperature related changes in the gain characteristic of the photomultiplier.

During the past two years the DEM has been operated side by side with the BNL ion chamber DCE (Figure 1) and TLD devices, measuring perimeter doses, and in other applications requiring great sensitivity. Results from this experience are described in the present report.

Instrument

The DEM is a self-contained, semiportable, line-powered low-level radiation detection system, with automatic standardization (Figure 2). The detector portion consists of a 2" x 2" diameter tin loaded plastic scintillator (NE-106) coupled to a low noise photomultiplier (EMI 9635A or 9750B) operated in the D.C. mode (Figure 3). The signal current is converted to pulses which are counted and recorded, repetitiously, by a digital printer for selected intervals between 1 and 16 hr. Internal standardization with an alpha source (^{238}Pu) is performed hourly to compensate for temperature effects on the gain characteristics of the photomultiplier. The detector section of the instrument is separate from the remainder of the instrument. In the DEM's which have been field tested to date, the detectors have been housed in an aluminum container whose wall thickness varies from 0.86 - 2.57 g/cm^2, thus making them essentially beta opaque.

Calibration

The instruments are periodically calibrated with a ^{60}Co source mounted in a holder precisely located with respect to the detector so that the dose rate at the crystal is 5.42 μR/min (5/74), significantly greater than background, but well within the range capabilities of the instrument. Table 1 summarizes a number of calibrations for various individual instruments.

Field Measurements

Figure 4 illustrates the hourly dose recorded by a DEM located in a perimeter monitoring station adjacent to the BNL Ecology Forest (815 m distant). The local biosphere is exposed to the "skyshine" radiation of a 6350 Ci ^{137}Cs source for 20 hours each day. The source is lowered into its shield for 4 hours alternate mornings and afternoons. This near unique situation demonstrates several of the instrument's capabilities.

The diurnal pattern and the day to day

variations while the source is exposed results from the temperature dependent density of the air scattering medium between the source and the monitoring station. The average background level, as established from the trough of the period when the source is down, was 6.3 μR/hr. It is essentially constant except for two days, 12/25 and 12/30 during which precipitation occurred. The average source radiation increment, as determined from the difference between the adjacent "source up" and the "background" periods was 9.1 μR/hr.

Comparisons with the other low level measurement devices operated side by side over time with the DEM at this location have revealed some systematic differences which imply that the DEM underestimates the true environmental dose by about 20%. Attenuation and absorption in the enclosure and under response to the cosmic ray contribution by the plastic detector are possible explanations.

A DEM was recently used to evaluate the impact of the installation of a more intense ^{137}Cs source in our calibration laboratory. A collimated 3 Ci source, used to calibrate personnel dosimetry film, was deemed insufficiently intensive for high dose exposures. Measurements were made with the DEM to delineate the anticipated increase in facility background expected from a more intense source. The DEM, being reasonably portable, was set up, took baseline data with the source removed over the weekend, and because of its great sensitivity, provided the necessary information in several hours. The incremental addition, due to the present source, was found to be 31.1 at the point where personnel operate the free air sources during instrument calibration, and at worst 0.5 μR/hr in the repair area where the occupancy factor is highest.

Conclusions

The field testing has demonstrated that an instrument utilizing a scintillator, phototube detection scheme is a useful instrument for the measurement of background environmental radioactivity and small increments thereto.

Figure 1   DCE & DEM Perimeter Monitors
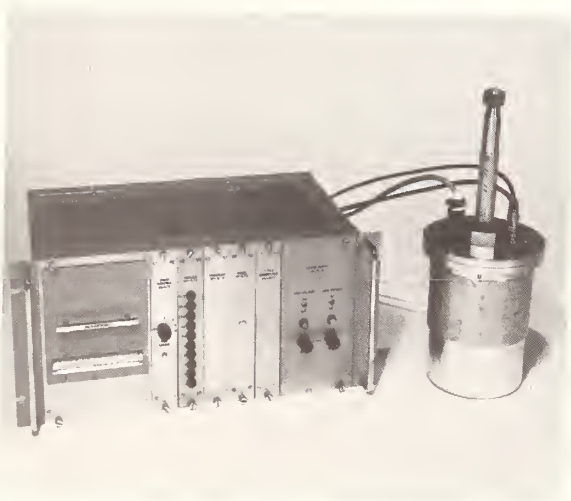
Figure 2   DEM Electronics & Detector

Figure 3   DEM Scintillator, Photomultiplier
            and Standardizing Source

HOURLY INCREMENTAL DOSE
AT P-9 MONITORING STATION
DEC. 1974

DEM NO. 4 – 7.78 c/μr
MEASUREMENT AT 50 min PAST THE
HOUR, O ENDS 04:50 12/24/74

Figure 4

156
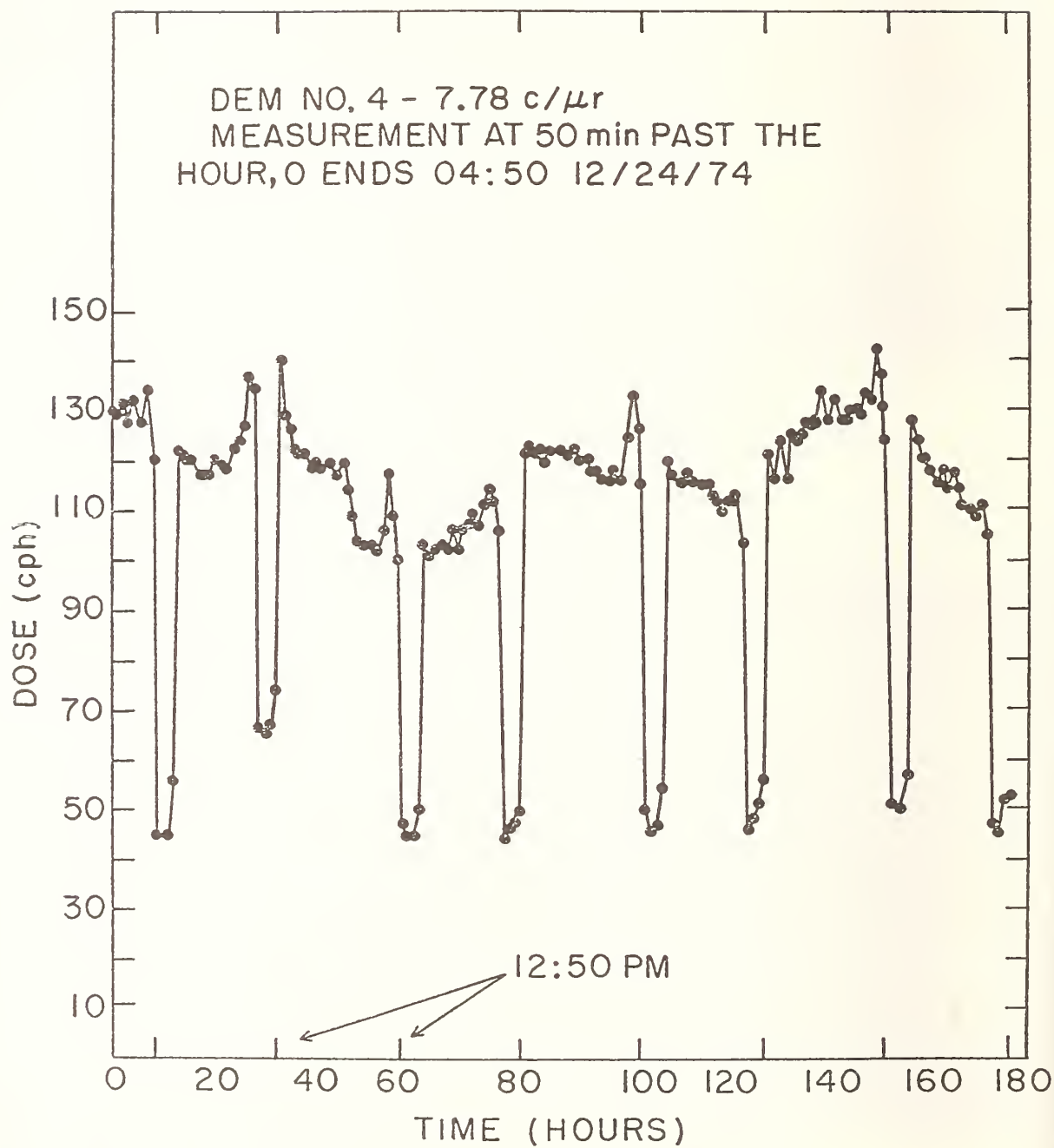
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Table 1

DEM Calibrations

Unit	Date	Source	Distance (cm)	c/μr	Notes
1	8/5/75	137-Cs	55	9.9	
1	8/5/75	137-Cs	55	9.5	Additional collar around scint.
2	12/17/74	60-Co	55	7.15	
2	1/24/75	60-Co	55	7.36	
2	4/5/75	60-Co	55	6.35	
4	5/6/74	60-Co	55	9.39	
4	5/7/74	60-Co	55	9.50	
4	7/2/74	60-Co	200	8.95	
4	9/11/74	60-Co	55	8.58	
4	9/16/74	60-Co	55	8.60	
4	1/24/75	60-Co	55	7.78	
4	4/29/75	60-Co	55	8.43	
4	11/5/75	60-Co	55	8.71	
4	11/18/75	60-Co	55	8.37	
4	11/25/75	60-Co	55	8.10	
4	11/25/75	137-Cs	55	9.63	
4	12/30/75	60-Co	55	8.03	
4	12/30/75	137-Cs	55	9.38	
4	2/4/76	60-Co	55	8.37	
4	2/19/76	60-Co	55	8.69	
4	2/19	137-Cs	55	9.70	
5	2/7/75	60-Co	55	11.85	Unit has double scint.
5	11/3/75	60-Co	55	14.62	

PRECISE ENVIRONMENTAL GAMMA-RAY MEASUREMENTS

UTILIZING STANDARD Ge(Li) DETECTORS

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Introduction

The analysis of environmental samples for radionuclides is fast becoming a large segment of the gamma-ray analyses performed. Many research laboratories and routine testing stations encounter a large number of samples. Some of these are relatively complex. In this paper we are concerned with the physical parameters of the measuring system; that is the characterization of the detector, the sample-detector relationship and the multichannel analyzer (analog to digital converter) and how these characteristics affect the accuracy of the measurement.

The counting sensitivity of a system can be used as a figure of merit for that system and can be defined as the minimum detectable[1] limit or minimum acceptable limit. There are five factors affecting the sensitivity of a system. These are: the background, the system energy resolution, the detector efficiency and sample shape, the time allotted for the measurement, and the accuracy required for the result. We will discuss these parameters and their measurement and how they affect sensitivity for a series of standard germanium detectors.

Definition of Sensitivity

The definition of the sensitivity limits of a spectrometer have been previously described [2][3] in some detail and hence are only outlined here. In brief, two definitions are used. The minimum detectable activity is reached when the peak of interest is just observable above the interfering counts. This point has been previously determined [3] when the peak standard deviation is one third that of the peak area. However, in order to give clarity to this study, and to present conservative data, this point was defined when the standard deviation of the peak area was one fifth that of the peak area. The minimum acceptable activity is reached when the experimentalist is just able to achieve the statistical precision required for a specific experiment.

It has been shown that either of the above sensitivity definitions is described [2][3] as:

$$Ae = \frac{1}{\varepsilon C T} \left[2B + \frac{1}{2C^2} + \frac{1}{2C} \left(8B + \frac{1}{C^2} \right)^{\frac{1}{2}} \right]^{\frac{1}{2}}$$

Where Ae= minimum detectable or acceptable activity (in gamma per min. emitted from the sample).

ε = absolute full energy peak efficiency for that sample (count rate of peak of energy ε, divided by gamma rays of energy ε emitted per unit time from the sample).

C = Statistical precision of the peak area (standard deviation of peak area divided by the peak area).

B = Total interfering counts under peak (these counts include both environment and sample generated scatter counts). Energy resolution is also incorporated in this parameter.

T = Count time.

T and C are set by the experimentor whereas ε, B and the energy resolution are determined by the construction of the spectrometer. Ae is determined for a spectrometer by substituting values for the counting parameters into the above equation.

Background

There are two groups of applications whose background contributions are sufficiently different to require separate consideration. These groups are separated by the origin of the background counts under the peak. In the first groups, the interfering background is due to the environment and in the second the interfering continuum has significant sample generated contributions.

The natural background can be reduced by placing the detector in a shield.

Figures 1 and 2 show the background inside and outside the shield for 60 and 90cc standard detector in a 10 cm lead shield. The background is characterized in Tables 1 and 2.

The data in Tables 1 and 2 along with the energy resolution of the detector, C=0.2 and T= 40,000 seconds (11.1 hours) yield the sensitivity for the detector both inside and outside the shield. This is shown in columns 1 and 2 of Table 3. Column 9 shows the increase in sensitivity due to the shield.

Columns 4 and 5 show the change in sensitivity for lower energies when the sample contains an intense high energy peak. As expected, the change is most pronounced at the lower energies (factor of 1.81 reduction in sensitivity), but is also seen at the higher energies (1.17).

Table 2 shows a list of peaks commonly found in the background spectrum. If the peak of interest coincides with one of the background peaks, then the background peak area must be accounted for in calculating the sensitivity. As a general rule, the sensitivity is reduced by a factor of two, if one of the interfering peaks is encountered.

Energy Resolution

The energy resolution of a system consisting of a detector, amplifier and multichannel analyzer is affected by every component in the system, how the resolution is calculated and how the data are collected. The energy resolution affects the analysis of the data in two ways: 1) the ability to separate two adjacent peaks is dependent on the width of the peaks and 2) the minimum detectable limit is dependent on the background under the peak, which is dependent on the peak base width.

In order to observe the influence of system energy resolution on the spectral statistical analysis, the experimental configuration in Figure 3 was used. This configuration allows the resolution to be broadened independent of the other counting parameters. The detector is a germanium detector with a resolution of 1.65 keV FWHM at 1.3325 MeV. This resolution was measured with more than 20 channels in the peak and the FWHM was calculated from a peak with more than 10,000 counts in the peak channel. The following method was used for all the FWHM calculations: the contents of the maximum channel is divided by two to yield the half maximum. The full width points are found by linear interpolation between the

contents of the channels surrounding the half maximum point.

The process of digitization in the analog-to-digital converter yields a set of numbers that represent the total number of pulses that lie between the lower and upper bounds of each channel. The numbers do not represent the average amplitude within each channel. As a consequence of this, the measured full-width-half-maximum is a function of the position of the true peak centroid relative to the channel boundaries. Figure 4 shows the variation of measured FWHM as a function of peak centroid position. As is expected, the curve is symmetrical about the midpoint between the channel boundaries and the resolution or FWHM broadens at the midpoint.

In addition, the number of channels or data points in the peak have an effect on the FWHM measurement. Figure 5 shows the broadening of the FWHM's as a function of energy/channel. The curves are steepest for the lowest resolution detector, that is, the smaller the FWHM the greater the broadening with increasing energy per channel. The energy scale corresponds to 750 keV full scale in a 4096 channel analyzer at the low end to 4 MeV full scale at the high end. As can be seen, the 1.65 keV detector gives a resolution of 1.95 at 1 keV per channel, while a 2.07 keV detector degrades to 2.32 keV and 2.99 keV detector degrades to 3.02 keV. This indicates for many systems the detector resolution is not the limiting factor in determining the sensitivity of the system. The effect of energy resolution on the peak area statistical precision is shown in Figure 6. Figure 7 shows a sample spectrum used for this determination.

The spectrum in Figure 7 was analyzed when the energy resolution of the system was 1.7 keV FWHM at 1.33 MeV. At 185 keV, the statistical accuracy to one σ of the peak area was ± 1.67% and at 1.33 MeV was 1.76%. The energy resolution was successively degraded in steps using the techniques shown in Figure 3. At an energy resolution of 2.81 keV at 1.33 MeV, the statistical accuracy had been degraded to 1.80% for the 185 keV peak and 1.96% for the 1.33 MeV peak. These degradations are small compared with the energy resolution broadening. Similar degradations were observed for other peaks in the spectrum, some of which involved near doublet situations.

Peak Efficiency

The sample shape or the sample-detector geometry contributes significantly to the detectable limit. Three geometries were used to show this effect. These geometries were chosen because they maximize detection capability and are shown in Figure 8. Geometry a) shows a disc of approximately 3 cm diameter having a volume of 5 ml. Geometry b) shows the measurement made for the disc paralleling two detectors. Geometry c) shows the use of a 500 ml Marinelli beaker placed over the end cap. Both disc and Marinelli beaker geometries of other dimensions are available, but the data in this paper can be extrapolated to those geometries.

Efficiencies were determined for the different geometries by filling them with a uranium ore standard which simulated the efficiencies for a typical soil sample. Measurement of liquid samples in the same geometries would show improved count rates due to the lower density and mean atomic number of the liquid. As a check upon the calibration of the ore, the disc sample was cross checked with known Cs137 and Co60 sources. The ore samples provide an energy calibration from 185 keV to 2614 keV. Figure 9 shows a typical spectrum measured for the Marinelli beaker with a 90cc detector.

Table 4 shows the efficiencies measured for 60cc and 90cc for these geometries at several energies. As seen in the Table, there is a large difference in efficiency among the geometries.

To compare the effectiveness of the 60cc and 90cc detectors, their efficiency ratios for the same sample geometry were determined as a function of energy and are shown in Table 5. At 185 keV, the ratio of the 60cc and 90cc for the disc source is approximately 1.1. Since at this energy 75% of the incident photon beam interacts primarily within the first 11 mm of the detector, this ratio represents the difference in solid angle between the two detectors. At 2204 keV this ratio is 1.34 and represents the combination of solid angle and detector dimension. It is important to note that these ratios represent solid angle differences and not detector quality differences.

It is interesting to note that the Marinelli efficiency ratios are greater than disc efficiency ratios, representing greater utilization of the sensitive germanium available. The ratio, however, reaches only 1.5 (the sensitive volume ratio of the two detectors) at energies in excess of 2 MeV,

indicating that the volume of a large detector is only fully utilized for one sample geometry and energy range. In view of this fact, the optimization of a detector system requires that attention be placed upon solid angle considerations as well as detector size.

Referring back to Table 3, we see that the minimum detectable limit (in gammas/min) for the Marinelli beaker is higher than for the disc sample. Column 10 shows the ratio of Ae for disc sample and the Marinelli sample. Table 6 shows the minimum detectable limit expressed as gammas/min/ml of source for the disc, Marinelli and for the Marinelli volume reduced to a 5 ml disc (approximate 100:1 volume reduction). These data indicate that the most sensitive geometry is the reduced sample and it is approximately 2.5 times as sensitive as the Marinelli beaker. However, the Marinelli geometry is approximately 40 times as sensitive as the unreduced disc sample.

Some samples cannot easily be reduced (soils, ores, ashes), and in some cases the number of samples prohibits reduction so the Marinelli beaker geometry represents an easy method for increasing sensitivity.

Conclusion

The general conclusion from this work is that standard detectors, shields, electronics and sample geometries provide sensitivities adequate for a large majority of the current environmental uses. In order to improve the sensitivity for a system, large expenditures are necessary in order to make small advances in Ae. For example, in the energy range near 200 keV a 60cc detector degrades in uncertainty as the FWHM broadens. The uncertainty changes from 1.67% to 1.71% as the resolution changes from 1.7 keV to 2.0 keV. There is a significant cost difference between a 1.7 keV and 2.0 keV resolution detector.

[1] Walford, G.V., Aliaga-Kelly, D.T.W., and Gilboy, W.B., IEEE Transactions on Nuclear Science, NS-19, No. 1, Feb. 1972, p.127.

[2] J.A. Cooper, NIM 82 (1970) 273.

[3] G.V. Walford, and W.B. Gilboy, The Natural Radiation Environment II, Houston, TX (1972) ERDA Conf. 72085-P1 135.

TABLE 1

TYPICAL BACKGROUND CONTINUA OBTAINED FOR THE

60cc AND 90cc DETECTORS

Nominal Energy	60cc No Shield cpm/keV	60cc With Shield cpm/keV	Background Reduction Factor	90cc No Shield cpm/keV	90cc With Shield cpm/keV	Background Reduction Factor
185	4.5	0.053	85	6.1	0.063	97
609	0.34	0.013	26	0.53	0.017	33
1238	0.12	0.0055	21	0.16	0.0059	29
1764	0.014	0.0022	7	0.022	0.0030	7
2204	0.012	0.0017	6	0.022	0.0023	9

TABLE 2

TYPICAL BACKGROUND PEAKS OBTAINED FOR THE

60cc AND 90cc DETECTORS

Energy	Isotope	Peak Count 60cc No Shield cpm	Peak Count 60 cc Shield cpm	Peak Count 90cc No Shield cpm	Peak Count 90cc Shield cpm
185	^{220}Ra	2.7	0.13	3.1	0.22
295	^{214}Pb	5.4	0.08	7.9	0.11
352	^{211}Pb	9.8	0.09	13.4	0.21
511	–	3.7	0.60	5.8	1.14
583	^{208}Tl	3.0	0.237	4.2	0.36
609	^{214}Bi	8.2	0.081	11.2	0.15
1378	^{214}Bi	0.43	Not Observable [1]	0.74	Not Observable
1460	40K	11.9	0.06	21.9	0.087
1764	^{214}Bi	1.63	0.018	2.5	Not Observable
2204	^{214}Bi	0.42	Not Observable	0.74	Not Observable
2614	^{208}Tl	1.77	0.084	3.1	0.15

[1] Not observable indicate $C > 0.33$ for that peak.

TABLE 3

MINIMUM DETECTABLE ACTIVITY (in γ/min) FOR SEVERAL SAMPLE-DETECTOR CONFIGURATIONS
AND BACKGROUND RADIATION CONDITIONS AS A FUNCTION OF ENERGY

60cc

Energy (keV)	Ae^1	Ae^2	Ae^3	Ae^4	Ae^5	Ae^6	Ae^7	Ae^8	Ae^1/Ae^2	Ae^2/Ae^3
185	11	1.6	4.9	2.9	4.9	16	1.0	3.4	6.875	.32
609	12	3.2	9.6	3.5	6.3	19.3	2.0	4.3	3.75	.33
1238	16	5.3	15	7.5	9.0	25.7	3.4	6.0	3.02	.35
1764	11	6.2	17.4	7.8	8.5	24	3.8	5.5	1.77	.35
2204	13	7.5	21	8.8	8.9	25	4.4	5.5	1.73	.36

90cc

Energy (keV)	Ae^1	Ae^2	Ae^3	Ae^4	Ae^5	Ae^6	Ae^7	Ae^8	Ae^1/Ae^2	Ae^2/Ae^3
185	12.2	1.5	4	2.8	4.3	12	1.0	3.1	8.13	.37
609	13	3.0	7.8	6.7	5.4	14	1.9	3.5	4.33	.38
1238	17	4.4	11	6.6	7.2	18	2.7	4.8	3.86	.4
1764	10.5	4.2	10.5	6.6	6.8	17	3.2	4.4	2.5	.4
2204	12.6	6.0	15	7.1	7.0	17.4	3.6	4.3	2.1	.4

[1] No Lead shield, disk sample natural bg dominates interfering continuum.

[2] 10cm shield, disk sample, natural bg dominates.

[3] 10cm shield, Marinelli Beaker, natural bg dominates.

[4] 10cm shield, disk sample with $\sim$ 1 nCi of ^{60}Co and ^{137}Cs in disk.

[5] 10cm shield, disk sample with $\sim$ 2 nCi activity of U and Th in disk.

[6] 10cm shield, Marinelli Beaker with $\sim$ 5 nCi activity of U and Th in beaker.

[7] 10cm shield, two detectors in parallel with disk sample, natural bgrd dominates.

[8] 10cm shield, two detectors in parallel with disk sample with $\sim$ 2 nCi of U and Th in disk.

T = 40,000 sec, C = 0.2

Ae in γ/min emitted from sample.

TABLE 4

ABSOLUTE FULL ENERGY PEAK EFFICIENCY (ϵ) FOR SEVERAL SAMPLE - DETECTOR CONFIGURATIONS

Detector Configuration	ϵ At 185 keV	ϵ At 609 keV	ϵ At 1238 keV	ϵ At 1764 keV	ϵ At 2204 keV
60cc Geometry a)	.082	.025	.012	.0084	.0067
90cc Geometry a)	.091	.030	.015	.011	.009
60cc Geometry b)	.16	.050	.024	.017	.013
90cc Geometry b)	.18	.059	.030	.022	.018
60cc Geometry c)	.025	.0081	.0042	.0030	.0024
90cc Geometry c)	.034	.011	.0060	.0044	.0036

TABLE 5

COMPARISON OF 60cc 90cc ABSOLUTE FULL ENERGY PEAK EFFICIENCIES

Energy (keV)	Disk Sample - $\frac{90cc}{60cc}$ Ratio[1]	Martinelli Sample - $\frac{90cc}{60cc}$ Ratio
185	1.11	1.36
609	1.18	1.41
1238	1.25	1.43
1764	1.31	1.47
2204	1.34	1.50

[1] Ratio of absolute full energy peak efficiency for 60cc and 90cc

TABLE 6

MINIMUM DETECTABLE ACTIVITY IN γ/MIN/ML OF SAMPLE MATERIAL FOR THE MARINELLI BEAKER
AND FOR THE DISK SAMPLE

ONE 60cc DETECTOR

Energy (keV)	Ae (For Disk Sample) γ/min/ml	Ae (For Marinelli Beaker) γ/min/ml	Ae Marinelli Vol. Reduced by Evaporation to 5ml Disk
185	0.3	8.9×10^{-3}	2.7×10^{-3} 1)
609	0.64	1.7×10^{-2}	5.6×10^{-3}
1238	1.1	2.7×10^{-2}	9.6×10^{-3}
1764	1.2	3.1×10^{-2}	1.1×10^{-2}
2204	1.5	3.8×10^{-2}	1.36×10^{-2}

ONE 90cc DETECTOR

Energy (keV)	Ae (For Disk Sample) γ/min/ml	Ae (For Marinelli Beaker) γ/min/ml	Ae Marinelli Vol. Reduced by Evaporation to 5ml Disk
185	0.3	7.2×10^{-3}	2.7×10^{-3}
609	0.6	1.4×10^{-2}	5.4×10^{-3}
1238	0.9	2.0×10^{-2}	7.6×10^{-3}
1764	0.8	1.9×10^{-2}	7.6×10^{-3}
2204	1.2	2.7×10^{-2}	1.1×10^{-2}

[1] Expressed as the activity in γ/min/ml of original sample volume.

T = 40,000 secs.

C = 0.2

Natural background dominates the total bg contribution.
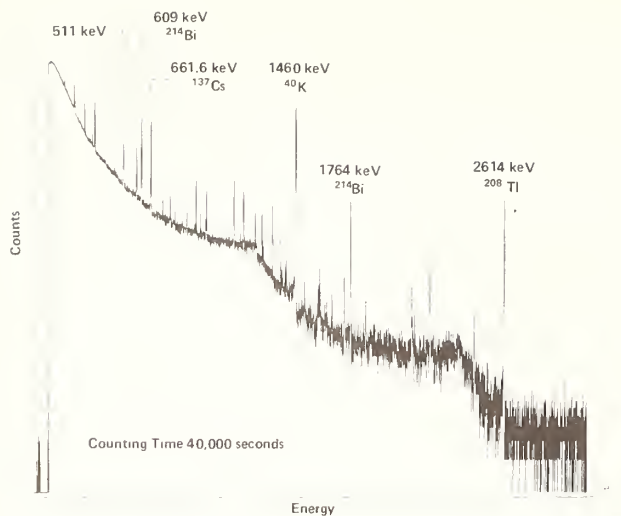
Fig. 1. Log Plot of Background Count Without Shielding for a 90 cc Detector.
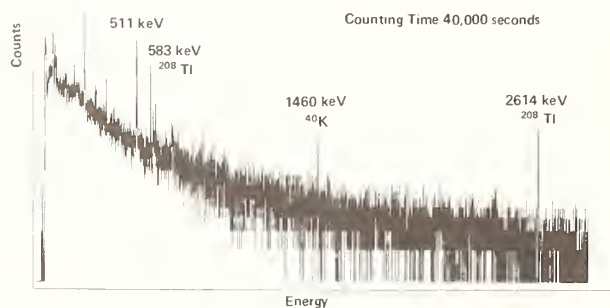
Fig. 2. Log Plot of Background Count with 10 cm Lead for a 90 cc Detector.
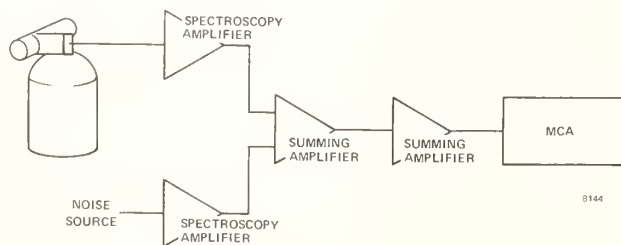
Fig. 3. Block Diagram of Electronic System Used in FWHM Studies.

Fig. 4. Measured FWHM as a Function of Peak Centroid.
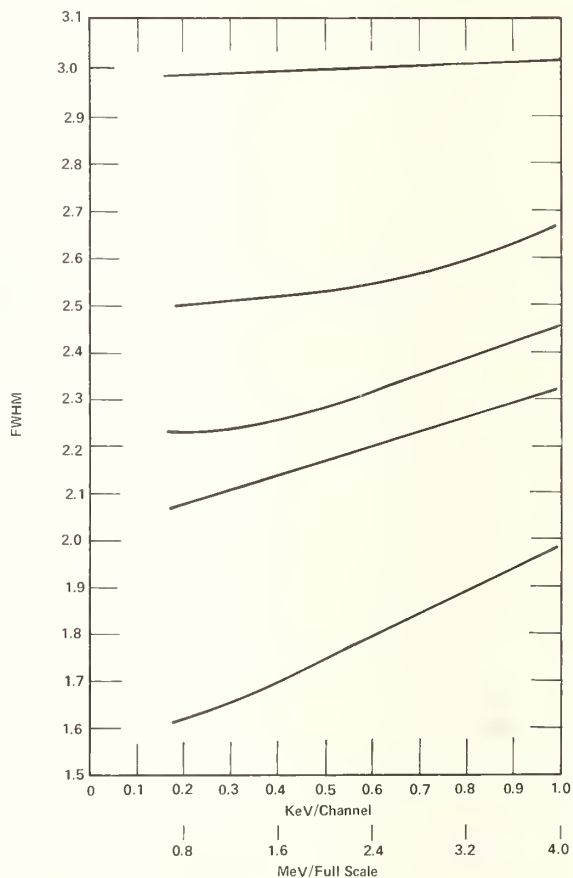
Fig. 5. Measured FWHM as a Function of Digitization Width.
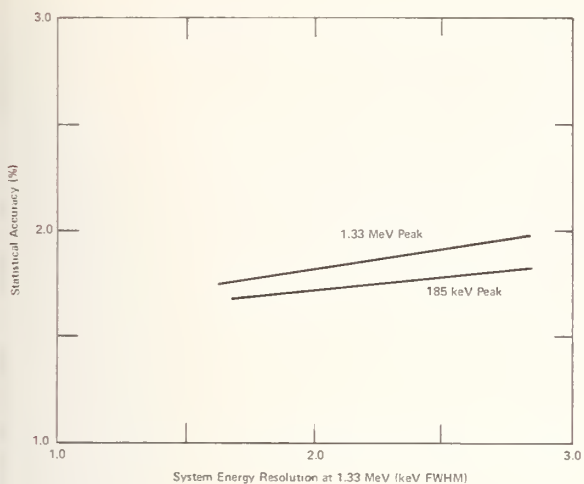
Fig. 6. Variation of Peak Statistical Accuracy (C) as a Function of Energy Resolution.

(a) Disk Sample with One Detector
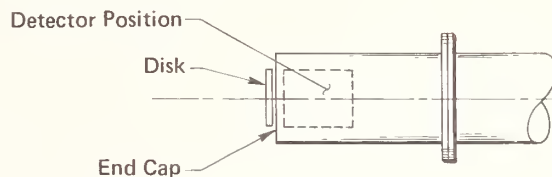
(b) Disk Sample with Two Detectors
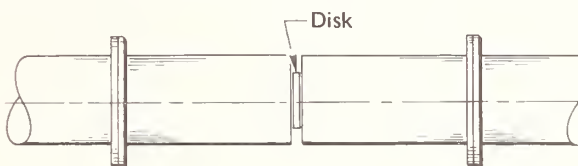
(c) Marinelli Beaker Placed upon Detector
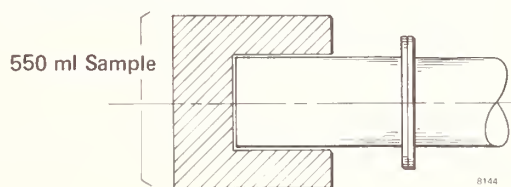
Fig. 8. Sample-Detector Geometries Used for Measurement of Weak Activities.
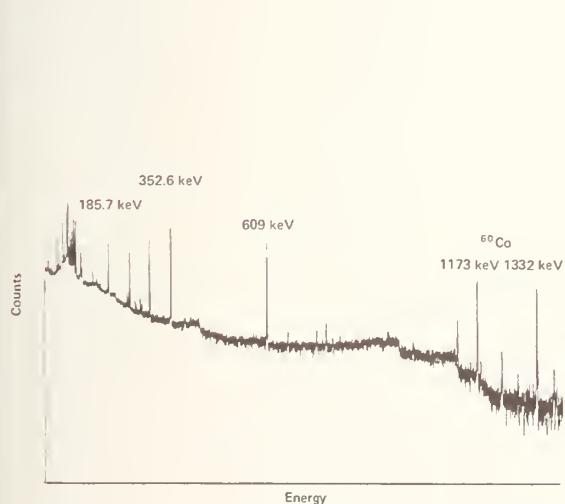
Fig. 7. Sample Spectrum from 1.7 keV Detector with Uranium Ore and ^{60}Co.
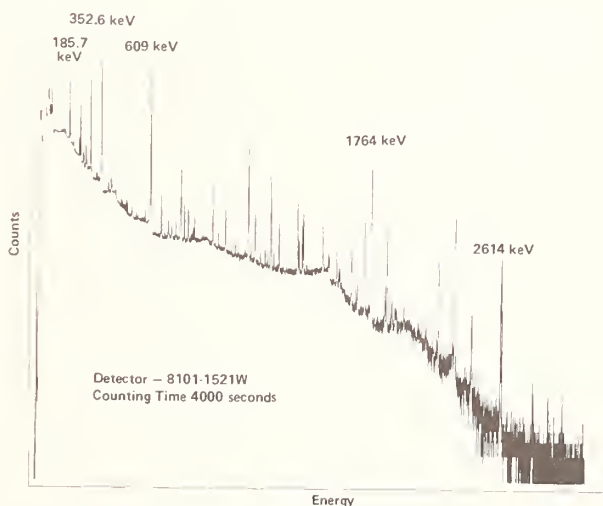
Fig. 9. Spectrum of a Uranium Ore Sample in a Marinelli Beaker Used for 90 cc Ge(Li) Detector Calibration.

167

THE MINIMUM-DETECTABLE-ACTIVITY CONCEPT

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Various definitions of "minimum detectable activity (MDA)" are discussed and statistically valid representatives are presented. The methods of Currie are given primary emphasis and include development of the Critical Level, Detection Limit, Less-Than Level, and Determination Limit in terms of count-rate.

(Background; Critical Level; Detection Limit; Determination Limit; Less-Than Level; minimum detectable activity; statistical)

Introduction

A casual review of the literature references to "minimum detectable activity (MDA)", "sensitivity", and "limits of detection" often gives the reader the feeling that everyone is going in different directions, without any really-unified effort to define exactly what is being pursued. Out of all the different mathematical expressions for MDA used in low-level radiation counting, there are at least four different types of MDA implied. Quite often a single mathematical representation is inappropriately called-upon to satisfy the requirements of several of these MDA concepts. These four concepts will be defined in terms of count-rate and, for convenience, will be called

the Critical Level (L_c)

the Detection Limit (L_d)

the Less-Than Level (L_t)

and

the Determination Limit (L_q).

Critical Level

Usually, some test is applied to low-level counting data to determine if the sample count-rate is statistically different from the background. This test is often expressed as a net count-rate equal to some multiple of the background standard deviation (σ_b). This test is probably the most common conception of the MDA, and we will call it the Critical Level (L_c). In words, the Critical Level (L_c) is defined as that net count-rate which must be exceeded before the sample is said to contain any measurable radioactive material above background. Rather than choosing an arbitrary mathematical expression, let us define a statistically meaningful Critical Level (L_c).

Figure 1 shows the normal distribution which would be expected for a mean net count-rate (R_s) of zero in the presence of some background count-rate (R_b). The value for L_c is expressed as

$$L_c = k\sigma_0$$

where k is the *one-sided* confidence factor and σ_0 is the standard deviation of a zero net count-rate. If k is chosen so that 95% of the measurements of a true zero mean net count-rate are less than L_c, that is k = 1.65, then there is only a 5% chance that a true mean count-rate of zero will be falsely recorded as a positive value.

CRITICAL LEVEL
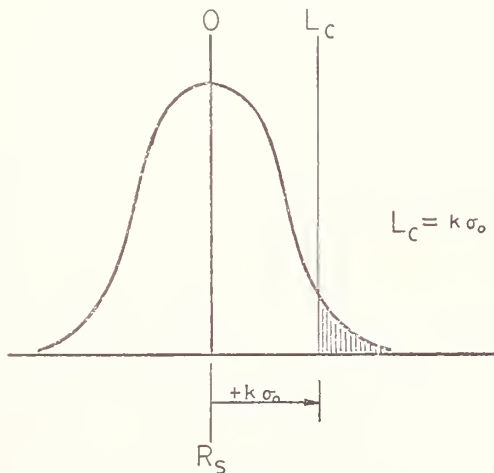
Figure 1

If the net count-rate exceeds L_c, it is reported as positive with its *two-sided* confidence interval. If the net count-rate is less than L_c, it can only be said that the total count-rate (R_t) is not statistically different from the background at the 0.05 level (or whatever k-factor level is chosen).

In the following block, the Critical Level (L_c) is derived in terms of the background standard deviation (σ_b).

CRITICAL LEVEL (L_c)

From Figure 1: $L_c = k\sigma_0$

Since $R_s = R_0 = R_t - R_b = 0$

$$\sigma_0^2 = \sigma_t^2 + \sigma_b^2$$

$$\sigma_t^2 = \frac{R_t}{T_t} = \frac{R_b}{T_t}$$

$$\sigma_b^2 = \frac{R_b}{T_b}$$

Thus,

$$\sigma_0^2 = \frac{R_b}{T_t} + \frac{R_b}{T_b} = \frac{R_b(T_t + T_b)}{T_b T_t}$$

And, $\sigma_0 = \sigma_b \left(1 + \frac{T_b}{T_t}\right)^{1/2}$

Therefore,

$$L_c = k\sigma_b \left(1 + \frac{T_b}{T_t}\right)^{1/2}$$

where k refers to the one-sided confidence level.

In terms of count-rate,

$$L_c = k \left[\frac{R_b}{T_b} \left(1 + \frac{T_b}{T_t}\right)\right]^{1/2}$$

If the background and sample counting-times are equal ($T_b = T_t = T$), then

$$L_c = k \left(2\frac{R_b}{T}\right)^{1/2} \qquad (1)$$

The Critical Level is used only to determine if a measurement is statistically different from background. It should not be used as a practical MDA reporting-level and should not be reported as a "less-than" value.

Detection Limit

Often, when you are asked to specify your MDA, the question really being asked is "If I send you a sample, what does the count-rate have to be in order for you to be sure of detecting it?" In other words, what level can be detected on a routine basis? If you specify L_c, you may as well flip a coin to determine if the activity will be detected; that is, a true mean net count-rate of L_c has one chance in two of falling below L_c for any single measurement.

The Detection Limit (L_d) is the value that should be specified. The Detection Limit (L_d) is defined as the smallest quantity of radioactive material which can be detected with some specified degree of confidence. If you are satisfied with a one-chance-in-two degree of confidence, then

$$L_d = L_c$$

However, if you do not want the integrity of your instruments (or your own integrity) doubted 50% of the time, you should specify a Detection Limit such that you will be sure to see the activity at least, say, 95% of the time.

DETECTION LIMIT
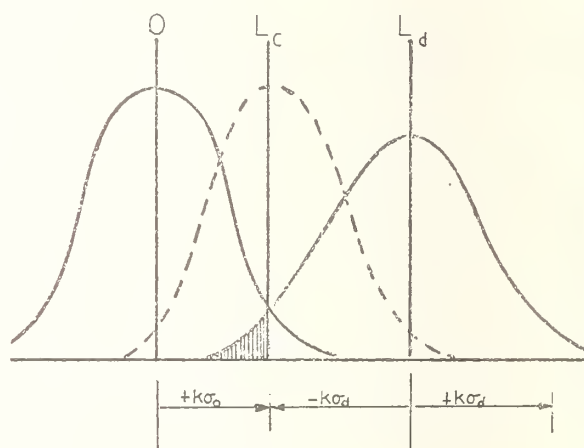
Figure 2

Figure 2 graphically represents the Detection Limit (L_d), and shows its relationship to L_c. The value for L_d is expressed as

$$L_d = L_c + k\sigma_d$$

where k is, again, the one-sided confidence factor and σ_d is the standard deviation of a net count-rate equal to L_d. If k is chosen so that 95% of the measurements of a true mean net count-rate L_d (that is, $k = 1.65$) are detected, then L_d is a practical detection limit which you are 95% confident of detecting.

In the block on the following page, the Detection Limit is derived in terms of the background standard deviation (σ_b). Notice that for $\sigma_b = 0$ (i.e. $R_b = 0$), the Determination Limit still has a non-zero value.

170

DETECTION LIMIT (L_d)

From Figure 2: $L_d = L_c + k\sigma_d$

Since $L_d = R_d = R_t - R_b$

$$\sigma_d^2 = \sigma_t^2 + \sigma_b^2$$

$$\sigma_d^2 = \frac{R_t}{T_t} + \frac{R_b}{T_b} \equiv \frac{R_d + R_b}{T_t} + \frac{R_b}{T_b}$$

But $R_d = L_d$

Thus $\sigma_d^2 = \frac{L_d}{T_t} + \frac{R_b (T_t + T_b)}{T_b T_t}$

and

$$L_d = L_c + k\left[\frac{L_d}{T_t} + \sigma_b^2 \left(1 + \frac{T_b}{T_t}\right)\right]^{1/2}$$

Since $L_c^2 = k^2\sigma_b^2 \left(1 + \frac{T_b}{T_t}\right)$

$$L_d = L_c + \left(k^2\frac{L_d}{T_t} + L_c^2\right)^{1/2}$$

Rearranging and solving for L_d,

$$L_d = \frac{k^2}{T_t} + 2L_c$$

In terms of σ_b,

$$L_d = \frac{k^2}{T_t} + 2k\sigma_b\left(1 + \frac{T_b}{T_t}\right)^{1/2}$$

Again, in terms of count-rate,

$$L_d = \frac{k^2}{T_t} + 2k \left[\frac{R_b}{T_b} \left(1 + \frac{T_b}{T_t}\right)\right]^{1/2}$$

and for $T_b = T_t = T$, the practical form is

$$L_d = \frac{k^2}{T} + 2k\left(2\frac{R_b}{T}\right)^{1/2} \tag{2}$$

Less-Than Level

Thus far, we have specified a Critical Level (L_c) for determining if a measured count-rate is statistically greater than background, and a Detection Limit (L_d) which the true net count-rate of a sample must exceed if we wish to be sure that a single determination will detect the activity. However, nothing has been said about the quantity of radioactive material which *could* be present even though it is not detected; that is, the measured count-rate is less than L_c. In general, neither L_c nor L_d satisfies the requirement for the Less-Than Level (L_t).

The Less-Than Level (L_t) is defined as the maximum true count-rate which a sample could have, based on the measured count-rate R_s, where R_s is less than L_c. The mathematical expression for L_t is given by

$$L_t = R_s + k\sigma_s$$

where k is the one-sided confidence factor. If 95% confidence is desired (k = 1.65), this expression says that there is only a 5% chance that the activity actually present exceeds L_t.

In the special case where the sample net count-rate is exactly zero, then

$$L_t = k\sigma_0 = L_c$$

But, in general, L_t is somewhere between L_c and L_d. Of course, it is possible to have $R_s < 0$, due to the statistical nature of low-level counting. In this case, it seems appropriate to let $L_t = L_c$ for all $R_s < 0$.

In terms of count-rate

$$L_t = R_s + k\left(\frac{R_t}{T_t} + \frac{R_b}{T_b}\right)^{1/2}$$

and if $T_t = T_b = T$, then the practical form is

$$L_t = R_s + k\left(\frac{R_t + R_b}{T}\right)^{1/2} \tag{3}$$

DETERMINATION LIMIT (L_q)

One last MDA concept is defined in the literature as the lowest net count-rate which can be detected with a specified relative standard deviation. This definition describes the Determination Limit (L_q), and is expressed as

$$L_q = f_q\sigma_q$$

where f_q is the reciprocal relative standard deviation desired.

In the block below, the Determination Limit (L_q) is derived in terms of σ_b.

DETERMINATION LIMIT (L_q)

$$L_q = f_q\sigma_q = f_q \left(\frac{R_q + R_b}{T_t} + \frac{R_b}{T_b}\right)^{1/2}$$

Since $L_q = R_q$

$$L_q = f_q \left(\frac{L_q}{T_t} + \frac{R_b(T_t + T_b)}{T_t T_b}\right)^{1/2}$$

$$L_q = f_q \left(\frac{L_q}{T_t} + \sigma_b^2 (1 + \frac{T_b}{T_t})\right)^{1/2}$$

(Continued on next page)

DETERMINATION LIMIT (L_q)   (Continued)

Solving for L_q

$$L_q = \frac{f_q^2}{2T_t} \left[1 + \left(1 + \frac{4T_t \, \sigma_b^2 (T_t + T_b)}{f_q^2} \right)^{1/2} \right]$$

In terms of count-rate,

$$L_q = \frac{f_q^2}{2T_t} \left[1 + \left(1 + \frac{4T_t \, R_b (T_t + T_b)}{f_q^2 \, T_b} \right)^{1/2} \right]$$

The practical case where $T_t = T_b = T$ gives

$$L_q = \frac{f_q^2}{2T} \left[1 + \left(1 + \frac{8R_b T}{f_q^2} \right)^{1/2} \right]$$

$$(4)$$

REPORTING PRACTICES

The Detection Limit (L_d) and the Deter-
mination Limit (L_q) are not used for rou-
tine counting and reporting. In those
cases where you are required to specify
your minimum detectable activity (e.g. to a
regulatory agency), it is recommended that
the Detection Limit be given then as a prac-
tical reporting limit. The Determination
Limit (L_q) is useful when a "sensitivity"
with a specified relative standard devia-
tion is required.

For routine low-level counting, only
the Critical Level (L_c) and the Less-Than
Level (L_t) are of interest. Their use is
as follows:

a. If $R_s > L_c$, the result is report-
ed as positive, with the *two-sided*
confidence interval desired,
$R_s \pm k\sigma_s$, where $k = 1.96$ at the
0.05 level.

b. If $R_s \leq L_c$, L_t is calculated using
the *one-sided* confidence interval
and reported as less than $R_s + k\sigma_s$,
where $k = 1.65$ at the 0.05 level.

ACKNOWLEDGMENT

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USE OF NBS MIXED-RADIONUCLIDE GAMMA-RAY STANDARDS FOR CALIBRATION OF
Ge(Li) DETECTORS USED IN THE ASSAY OF ENVIRONMENTAL RADIOACTIVITY

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The NBS mixed-radionuclide gamma-ray emission-rate standards were first distributed in 1972 for use in calibrating Ge(Li) detectors used for measuring environmental radioactivity (1). These sources allow the user to prepare full-energy-peak efficiency vs γ-ray energy curves for the detector from measurements made with a single standard. This paper will discuss the development of these standards and examine their current use in the assay of radioactivity in liquid, gaseous, and soil samples.

(Radioactivity, standards, environment, gamma-ray measurements, Ge(Li) detectors)

Design of Mixed Gamma-Ray Standards

The five mixed-γ-ray Standard Reference Materials (SRM's) currently available are listed in Table 1A. A total of about 300 such sources are prepared annually from a single master solution containing the nine components shown in Table 1B.

1. Spectroscopic Properties

The γ-ray spectrum of a typical source, obtained with a Ge(Li) detector-multichannel analyser system, is shown in Figure 1. A typical "efficiency curve," full-energy-peak efficiency vs γ-ray energy, for a Ge(Li) detector is shown in Figure 2. The eleven principal γ-ray lines in the present mixture were chosen to allow one to determine the entire efficiency curve over the energy region from 88 keV to 1836 keV.

Others have suggested the use of single radionuclides which emit γ rays of many energies for detector calibration (2,3). Standards of a single radionuclide, such as ^{152}Eu, are clearly easier to use than mixed standards because only one half-life correction need be made. There are two advantages, however, in using mixed standard sources. First, one can choose the spacing of the γ-ray energies and, second, uncertainties in γ-ray emission rates are generally less for those radionuclides with simple decay schemes. Some precautions which should be taken in the design and use of a mixed standard are given here.

The first consideration in preparation of the standard is that accurate γ-ray-emission rate standards of the individual components be available. The nominal uncertainties in the emission rates for the eleven principal γ rays in the present standards are given in Table 1B. Research is continuing at NBS with $4\pi\beta$-γ and x-γ coincidence counting techniques to improve the accuracy of these standards. Evaluations of nuclear-decay scheme parameters, such as half lives and γ rays per decay, are continually reviewed to insure that the most recent data are provided on the certificates. In most instances, the decay-scheme parameters are those suggested by the Oak Ridge Nuclear Data Project (4).

Decay schemes for components used in a mixed standard should be relatively simple to minimize interference from secondary events in the measurement of full-energy peaks. Single- and double-escape peaks from high-energy γ rays, Compton edges, and weak γ-ray transitions may present problems in the region of the spectrum where other calibration peaks are present. Three potential problems of this nature are associated with the present mixed standards when used with detectors of poor resolution. The single-escape peak from the 1836 keV transition occurs at 1325 keV, and may only be partially resolved from the ^{60}Co 1333-keV peak (see Figure 1). The 511-keV annihilation peak from pair production may interfere with the measurement of the ^{85}Sr 514-keV peak. And finally, the Tl x rays from the decay of ^{203}Hg may not be resolved from the ^{109}Cd 88-keV peak. The extent of these problems will depend on the resolution of the detector.

Whether a single radionuclide standard or a mixture is used for detector calibration, the problem of summing must be considered when the radionuclide measured emits coincident radiations (5). Summing can obviously occur in measurements of both the

standard and the unknown and can only be reduced by using absorbers or counting at greater distances. Summing problems may be encountered in the present mixed standards, for example, in the full-energy-peak measurements for ^{60}Co, ^{139}Ce, and ^{88}Y. Even when summing is not severe for the components of the standard it may be a problem for radionuclides in the sample such as ^{131}I and ^{154}Eu. Corrections require a knowledge of the decay scheme as well as full-energy-peak efficiencies and total efficiencies for monoenergetic γ rays.

2. Physical Properties

The point sources, SRM 4215 and SRM 4216, are prepared by depositing an accurately-weighed aliquot, usually between 20 and 50 milligrams, of the calibrated radionuclide mixture onto polyester tape, drying the source, and covering it with another layer of the same tape. The tape, which is 0.006-cm thick, is supported by a 5.2-cm diameter aluminum annulus. The source is exposed to hydrogen sulfide during the drying period to precipitate the mercuric sulfide and prevent escape of ^{203}Hg by volatilization.

The solutions are distributed in break-seal glass ampoules or in "standard geometry" borosilicate-glass bottles fabricated at the NBS glass shop. Dimensions of the standard bottles are given in Table 2. It was found necessary to introduce standard bottles because the non-uniformity of commercially available bottles led to serious errors in the measurement process (1). Empty containers like the ones used for these standards are available from NBS.

A solution source, such as SRM 4242, is prepared by depositing a weighed aliquot of the master solution into the bottle containing a weighed quantity of approximately 4 $\underline{N}$ hydrochloric acid (which has a density of 1.06 ± 0.01 g/cm^3). The carrier content of the master solution is adjusted so that the ratio of stable carrier atoms to radioactive atoms is about 10^4 for each of the parent radionuclides. Under these conditions we have found no evidence of deterioration of the solution, such as precipitation or "plate-out," over long periods of time.

The most recent of the mixed standard sources, SRM 4254, contains approximately 5 ml of a 4 $\underline{N}$ hydrochloric acid solution in a break-seal glass ampoule. The solution also contains approximately 20 ppm cation carrier for each of the parent radionuclides

in the mixture. It is intended to be opened by the user to prepare secondary standards as described in the following section.

Use of Mixed Gamma-Ray Standards in Environmental Laboratories

Table 3 lists the number of mixed γ-ray SRM's distributed between February 1972 and February 1976 and gives some indication of the kinds of users of these materials. Illustrations of how the sources are being used in the assay of liquid, gaseous, and soil samples are given in the following sections.

1. Detector Calibration for Liquid Samples

SRM 4242 (450 ml) and SRM 4243 (50 ml) are specifically intended to be used as sealed counting standards. As mentioned previously empty standard bottles are available from NBS which can be used to count the environmental liquid sample. Although few laboratories have adopted these standard geometry containers for routine use, the bottles do play an important role in inter-comparative measurements between licensees, environmental consultants, and regulatory agencies.

It is often necessary to calibrate a detector for a small container, such as a 20-ml liquid-scintillation vial, or a large volume container such as a 1-liter bottle. SRM 4254 has a higher radioactive concentration than the other two solution sources and may be quantitatively transfered or diluted to prepare such secondary calibration sources. Dilutions should be made with carrier solutions which are greater than 1 $\underline{N}$ hydrochloric acid and contain about 20 ppm of stable carrier for each of the parent radionuclides.

2. Detector Calibration for Gaseous and Airborne Particulate Samples

Mixtures of radioactive noble gases, such as effluents from nuclear power stations, are often measured in spherical glass ampoules. Radioactivity SRM's of several individual noble gases, namely ^{85}Kr, 127, 131m, ^{133}Xe, have been distributed by NBS in similar standard ampoules (see dimensions in Table 2). Recent measurements at NBS have shown (6) that efficiency curves applicable to mixtures of gases in such glass spheres may be obtained from measurements made with a mixed γ-ray point source, SRM 4215, at the center of the sphere. The uncertainty

in this method is generally less than 2% for Ge(Li) detectors with volumes less than 60 cm^3 at source-to-detector distances greater than 10 cm. The corrections necessary at closer distances are discussed in the reference.

Gamma-ray measurements are often used to assay radioactivity entrained on particulate air filters. Palms et al (7) have prepared secondary standards for use in detector calibration for such measurements. They prepared disk-shaped sources of differing thickness and diameter by introducing aliquots of an NBS solution standard into a "homogeneous polyester glass resin." The use of such sources appears justified providing consideration is given any difference in absorption or activity distribution between the filter and standard.

3. Detector Calibration for Soil and Sediment Samples

The current solution SRM's are not intended for use in soil measurements. The activity incorporated in such standards must be homogeneously distributed and the chemical composition and density of the standards should be similar to those expected for the unknown samples. Laichter et al (8), for example, have prepared solid γ-ray emission-rate standards from evaporated sea water and tabulated attenuation coefficients to be used with different types of materials. In more recent work, Noyce et al (9) have described the preparation of the NBS river sediment standard, SRM 4350, which is primarily intended for use in radiochemical studies. SRM 4350 may be used for Ge(Li) detector calibration, but the low activities of the certified γ-ray-emitting radionuclides limit its use for this purpose. Soil γ-ray emission-rate SRM's similar to the liquid standards described in this paper are under consideration at NBS.

Acknowledgement

A proper acknowledgement for a paper on the mixed γ-ray standards should include a list of all 17 members of the radioactivity section, as a group effort is involved in the preparation of these standards. Special acknowledgement must be given, however, to the three individuals most responsible for the design and development of these standards: Miss L. M. Cavallo, and Drs. J. M. R. Hutchinson and W. B. Mann.

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Description		Approximate Total γ-Ray-Emission Rate on Date of Issue (γ/s)
SRM 4215	Point Source	8×10^4
SRM 4216	Point Source	4×10^4
SRM 4242	450-ml Liquid Source	1×10^5
SRM 4243	50-ml Liquid Source	2×10^5
SRM 4254	5-ml Liquid Source	1×10^5

TABLE 1B -- Calibration Lines for the 9 Components in
the Mixed γ-Ray SRM's and Nominal Uncertainties
in the γ-Ray Emission-Rate Values Reported

Parent Radionuclide	γ-Ray Energy (keV)	Total Uncertainty[a,b] (%)
^{109}Cd	88.0	3.0
^{57}Co	122.1	2.3
^{139}Ce	165.9	2.7
^{203}Hg	279.2	1.2
^{113}Sn	391.7	2.9
^{85}Sr	514.0	1.7
^{137}Cs	661.6	2.1
^{60}Co	1173.2	1.4
^{60}Co	1332.5	1.4
^{88}Y	898.0	3.0
^{88}Y	1836.1	2.3

a Includes uncertainty quoted by compilers of decay-scheme
data where appropriate

b Values shown here may differ slightly from one year's
sources to the next

TABLE 2 -- Standard Geometry Counting Containers for
NBS Environmental Radioactivity Standards.
Dimensions are given in centimeters.

	CYLINDER	CYLINDER	SPHERE
Volume	450 ml	50 ml	34 cm^3
Intended Use For	Waste Water	Primary Coolant	Noble Gases
SRM No.	4242	4243	4307^a 4308
O. D.	7.50±0.04	3.80±0.02	4.22±0.05
Bottom	0.5	0.3	
Wall	0.275	0.2	0.1
Height (Cyl.)	13.0	6.5	
Internal Radius (Sphere)			2.0

a SRM 4307 and 4308 are gaseous γ-ray emission-rate
standards (see text and reference 6).

TABLE 3 -- Distribution of NBS Mixed Radionuclide
Gamma-Ray Emission-Rate Standards
From February 1972 - 1976.

USER CATEGORY	1972	1973	1974	1975	1972 - 1976
Nuclear Power Stations	29	43	51	67	190
National Laboratories	26	43	54	60	183
Other	63	108	100	105	376
Total	118	194	205	232	749
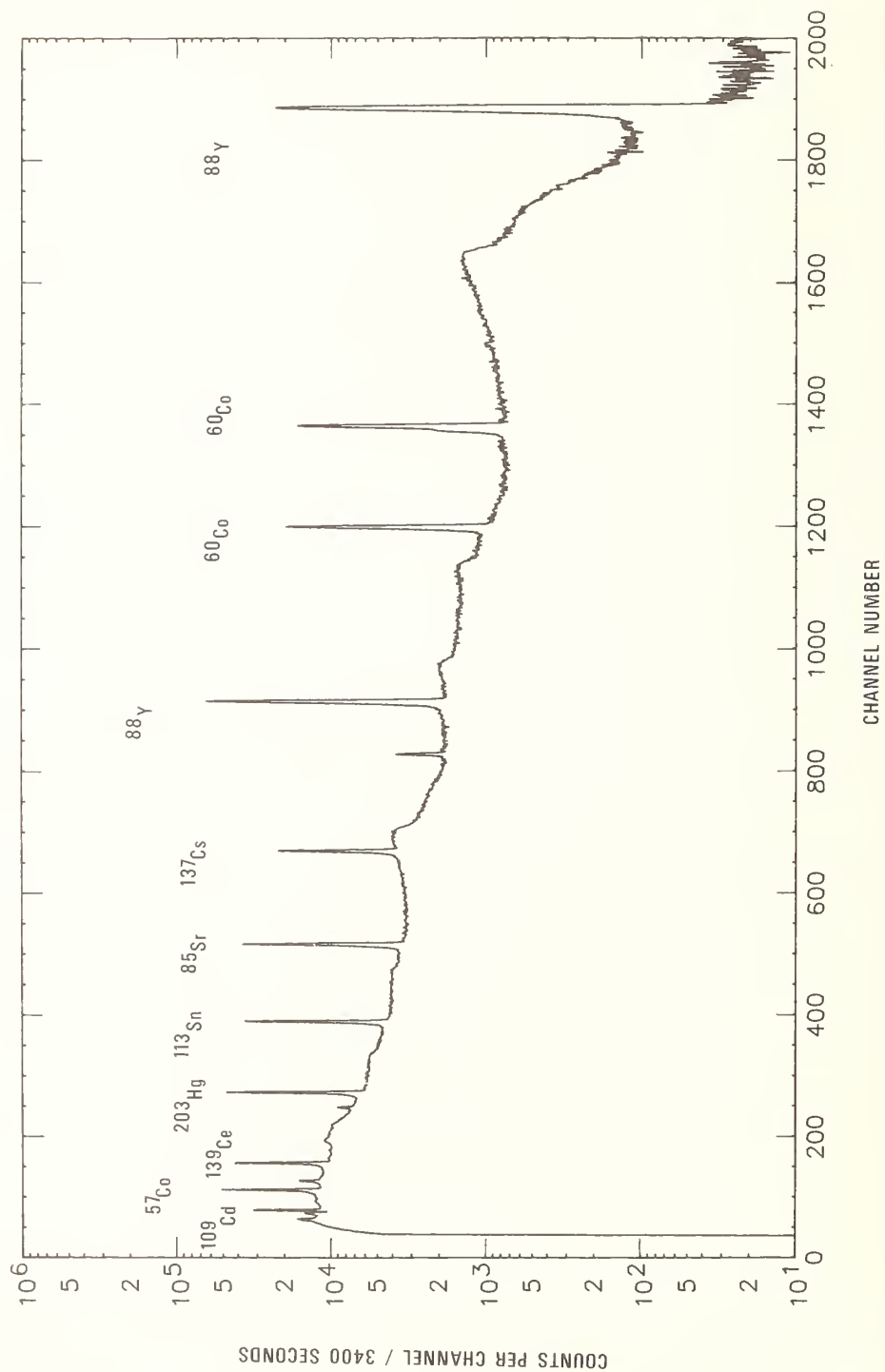
FIGURE 1 -- Gamma-ray spectrum for SRM 4243-E-40 at 5.0 cm from a 60-cm³ Ge(Li) detector on September 12, 1975.

178
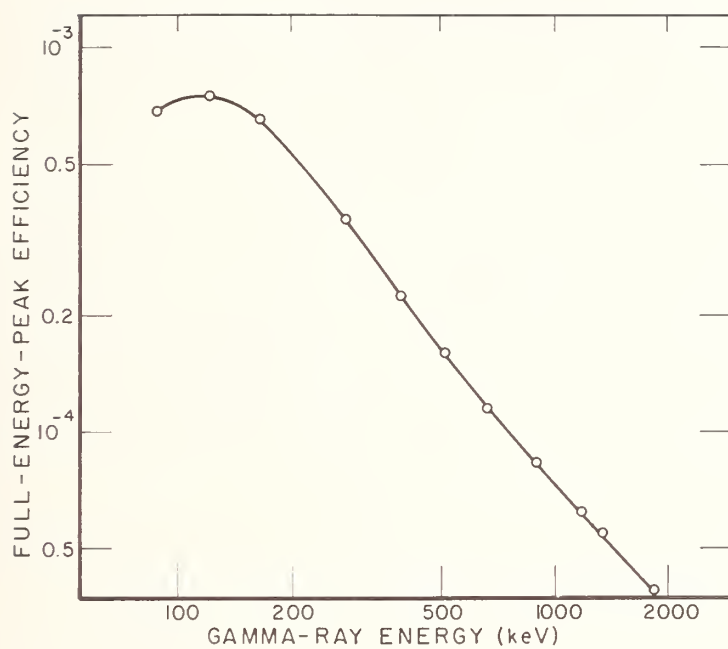
FIGURE 2 -- Typical efficiency curve obtained with a
          mixed γ-ray point-source standard
          (SRM 4215) at 25 cm from a 32-cm^3 Ge(Li)
          detector.

THE SAFETY AND RELIABILITY OF DECENTRALIZED TLD
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Decentralized reading of personnel TLD is in Sweden performed at the different nuclear power stations. The TLD results are automatically processed in the central dose register at Studsvik. In order to check and correct the readers, reference dosed dosimeters are used in each batch of TLD to be read. The reference dosed results are processed by the computer and will show the status of the different TLD readers. The reference dose irradiation is done with a Sr-90 source, which is placed above a rotating table in a brass shielding. The dosimeters are placed on this rotating table and will get a dose equivalent to 300 mrem gamma. In addition to this procedure a serie of calibration dosimeters is irradiated at a central calibration facility each month and read in the local TLD-reader.

Introduction

All nuclear energy installations in Sweden are performing their own personnel and environmental β-γ dosimetry themselves. This is done by an automatic TLD-reader. The reader is coupled by the punched tape to a central dose register at Studsvik, figure 1. The terminals are connected to the computer via telephone lines.

In order to check the calibration of the TLD-system irradiated dosimeters are always used and evaluated together with the other dosimeters in the reader stack. In that manner the computer will get an information about the status of the TLD-reader and will automatically correct for deviations in the calibration.

TLD-system

The TLD-system consists of a dosimeter, figure 2, with four pellets on a slide. This slide is introduced into the reader and the pellets lifted up into the reading
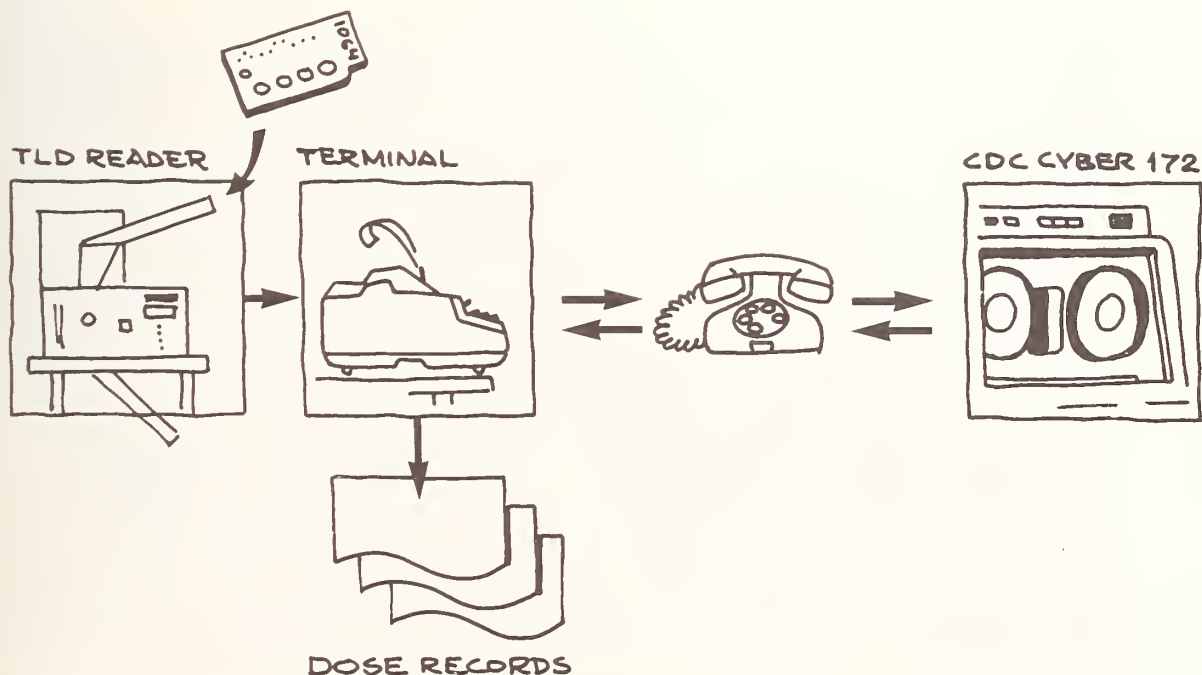
Figure 1.   The Swedish Dose Register System

181

chamber. Hot nitrogen is flushed on to the pellets and the light read by a peltier cooled photomultiplier. The TLD-reader is shown in figure 3.

The dosimeter slide is identified by a hole coded number. This number is unique in this dosimetry system in Sweden. The dosimeter number is in the computer linked to the social security number of the wearer.

Identification of persons

In order to put the doses on the right person all doses are stored on the persons' social security numbers. These numbers consists in Sweden of ten digits, a six digits birth date, a three digits birth number and a check figure.

    35   07   28 - 351   7
    Year Month Day Number Check

Swedish social security number

Swedes are by this system very well identified.

Foreigners are handled in another way. For them the computer is given their birth date and the letter U. The computer is then listing all foreigners in the system with this birth date.

If the foreigner in question is not found on that list the computer proceeds and gives the man a three digit number and a check letter.

    35   07   28 - 703   J
    Year Month Day Number Check

Foreigners number

The personal identification numbers have always a check function which allows the computer to check the correctness of the number.

The calibration control of the TLD-system

The results from the TLD appear on a punched tape. This punched tape is given to the computer via a local terminal at the nuclear power plant. The computer evaluates the doses from the TLD results. It is of course necessary to feed the computer with up-to-date calibration constants.

This is done by using special calibration or reference dosimeters which are always used when personnel dosimeters are read.

The calibration dosimeters are irradiated at the calibration lab at Studsvik. They are given doses from 20 to 10 000 mrem.
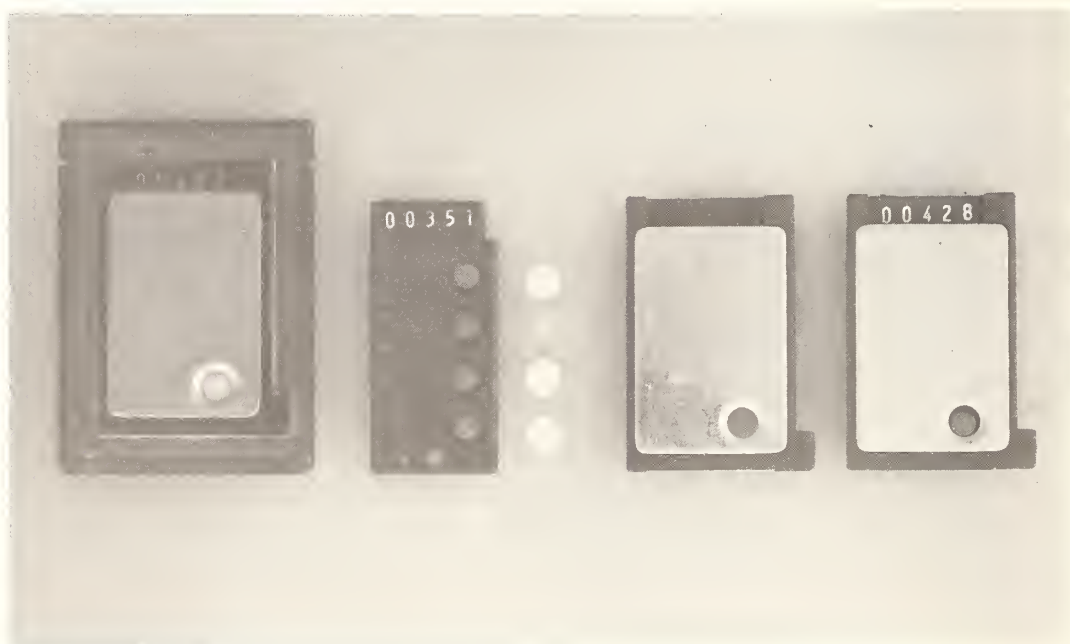
Figure 2.   TL Dosimeter

Dosimeter number	Dose mrem	m Gy
0	0	0
1	20	0.2
2	50	0.5
3	100	1
4	200	2
5	500	5
6	1 000	10
7	2 000	20
8	5 000	50
9	10 000	100

This serie is used at each installation once a month.

Together with reading of other batches of dosimeters reference dosimeters are used. These dosimeters are irradiated in a reference dose irradiator with a Sr-90 source, figure 4.

Dosimeter number	Dose mrem	m Gy
10	annealed dosimeter	
11	300	3

In the reference dose irradiator the dosimeter slide with the pellets is placed on a rotating table. The table is rotated with a constant speed by a synchronous motor and the TLD pellets moved in under a Sr-90 source with a large surface.
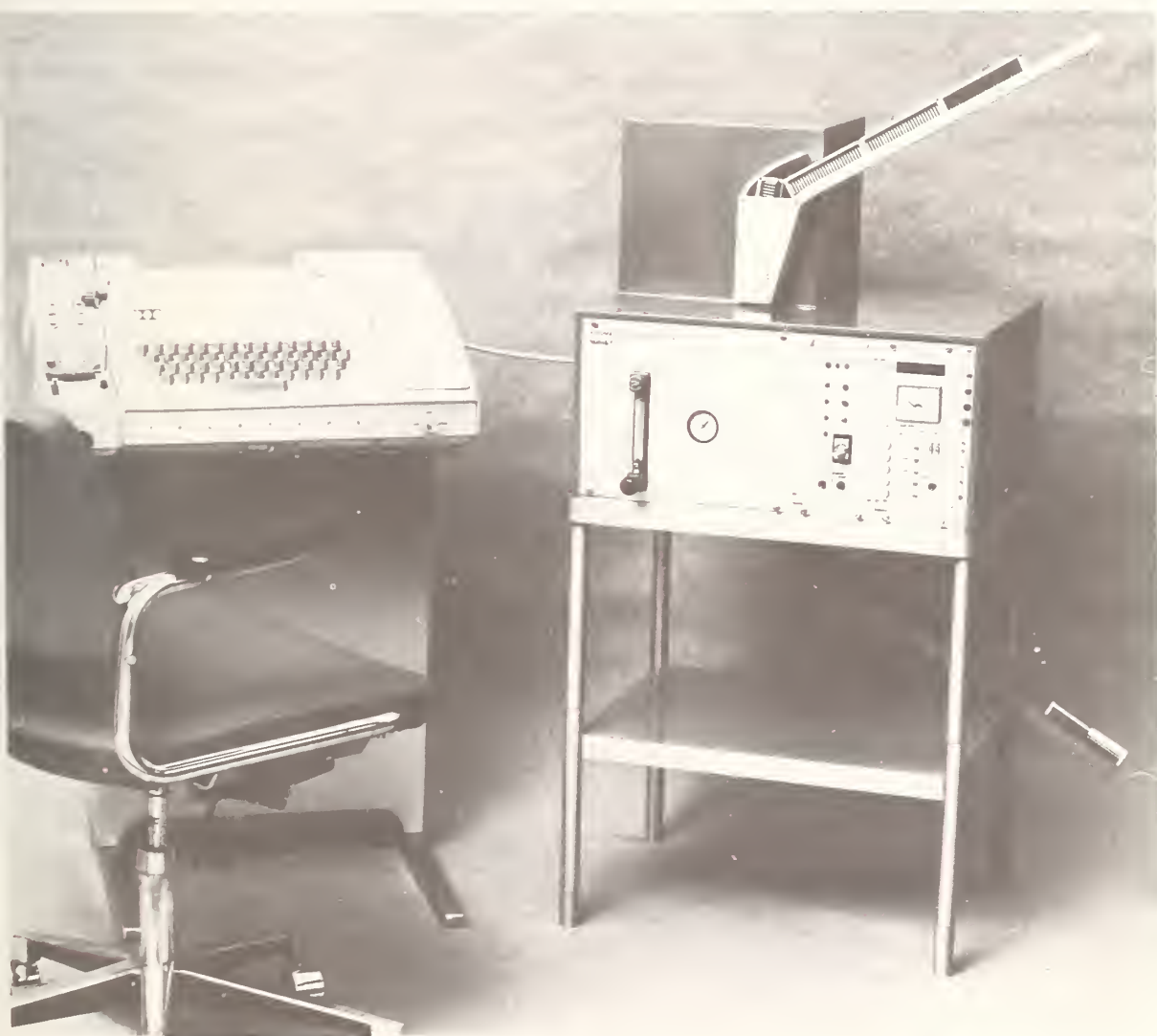
Figure 3.   The Studsvik TLD-reader

183

The TLD result is compared with the nominal value of the calibration or reference dosimeter which gives a calibration factor. This calibration factor is compared with that in the computer stored preceding calibration factor. The mean of the two calibration factors is used and stored back for further use in the computer.

If the new calibration factor deviates more than ± 5 % from the old one a signal is given on the terminal. This signal has to be cleared before the evaluation can proceed.

In order to follow up the history of the calibration and reference dosimeters and the history of the calibration factors a record of the different monthly

values is produced by the computer.

Conclusion

In this way a very good control of the standard of the whole country wide personnel dosimetry system can be obtained.

It is very convenient to use the reference dose irradiator for the day to day routine handling of the dosimeters. This reference dose irradiator can be used on the same table where the dosimeters are handled.

The use of social security numbers is of great advantage as the system can be used over the whole country without any identification problems.

Figure 4.   Reference Dose Irradiator

Due to this central dose register and decentralized TLD-readings personnel can from the dose point of view move around Sweden without any restrictions or paper controls.

It has thus shown to be a very good tool for the safe use of radiation. We would like to see an international system of the same kind thus making it easier to handle dose records between countries.

ERROR ANALYSIS OF ENVIRONMENTAL RADIATION MEASUREMENTS
MADE WITH INTEGRATING DETECTORS

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Proper use of integrating detectors (e.g., TLDs) for environmental moni-
toring, particularly around nuclear facilities, requires a high degree
of measurement accuracy and a meticulous assessment of measurement errors.

Mathematical expressions for the dose in air at a site are formulated in
terms of factors affecting the measurement including detector efficiency
and calibration techniques as well as characteristics inherent to the
detector such as energy dependence and contributions to the total
during storage and transport of the detector. The assessment of errors
for individual terms in the equations is discussed and errors are
combined to determine the accuracy of the estimated dose.

(Error; Environmental Radiation Measurements; Integrating Detectors; TLD)

Introduction

Integrating solid state detectors, for
example, thermoluminescence dosimeters, are
now used extensively for environmental radi-
ation monitoring, particularly in the
vicinity of nuclear facilities. Measure-
ments made with a network of integrating
detectors are often used either alone or in
conjunction with other measurements to
assure compliance with regulations such as
Appendix I of 10 CFR 50[1] or the proposed
Environmental Protection Agency standard
concerning environmental radiation protec-
tion for nuclear power operations.[2] This
use of integrating detectors requires not
only a high degree of measurement precision
and accuracy but also an assessment of
measurement errors.

A recent intercomparison[3] of measure-
ments made with integrating detectors,
primarily TLDs, demonstrated that reasonably
accurate environmental radiation measure-
ments are feasible. However, it is apparent
that the errors quoted by many of the
participants frequently underestimated the
actual errors. The study involved the
intercomparison of a set of dosimeters given
a known dose in the laboratory and another
set exposed for three months in the environ-
ment. In the latter case, the reported
results differed from the mean of all the
results by more than the participants'
stated errors in 37 cases out of 54. Some-
what better results were obtained for the
laboratory-exposed dosimeters, where 22 of
54 cases differed from the mean by more than
the stated error. These results indicate
the need for a method of error assessment.

An ANSI Standard[4] is available which
designates performance, testing and proce-
dural specifications for thermoluminescence
dosimetry used for environmental measurements.
While the standard specifies acceptable
error limits and provides tests for deter-
mining individual errors, it does not
recommend a method for the assessment of the
total error.

This paper contains mathematical ex-
pressions for environmental radiation measure-
ments and a method for assessing the total
errors. Our simple treatment provides a
practical solution in a situation where quite
often the practice is to report either no
error or an error reflecting only measurement
precision. The treatment presented uses
thermoluminescence dosimetry as a particular

case, however, the methods when suitably adjusted should be appropriate for most integrating detectors.

Field Measurements

To obtain a measurement of radiation dose in air at a particular location in the environment for a designated period, the ideal integrating detector would be "turned on", marking the beginning of the measurement interval, only after arrival at the specified location and "turned off", marking the end of the measurement interval, before removal from the location. In this ideal case

$$X_{FD} = (\dot{X}_I + \alpha \dot{D}_F) t_F f_F \qquad (1)$$

where

X_{FD} = the TL response of the field detector in units of exposure,

$\dot{X}_I$ = the exposure rate resulting from self-irradiation,

$\dot{D}_F$ = the average dose rate in air at the field location during the time the detector was operating at that location,

t_F = the length of time the detector was operating at the field location,

f_F = the fraction of the true exposure producing TL response which may differ from unity due to time-temperature-dependence (commonly occurring in the form of "fading"), and

$1/\alpha$ = the factor required to convert exposure to dose in air.

Quantities expressed in units of exposure, i.e., X, or $\dot{X}t$, indicate that the TL response of the detector obtained when measuring these quantities is equivalent to the TL response to a given exposure during calibration. Thus the conversion from TL response, expressed as exposure, to absorbed dose in air requires that the field energy spectrum and angle of incidence relative to the calibration energy spectrum and angle of incidence as well as the conversion factor from roentgens to rads, assuming electron equilibrium, be taken into account. In this case

$$\alpha = ed/0.869 \qquad (2)$$

where

1 R = 0.869 rads, assuming electron equilibrium,[5]

e = the fraction of the true dose producing TL response which may differ from unity due to the energy dependence of the detector response, and

d = the fraction of the true dose producing TL response which may differ from unity due to the directional dependence of the detector response.

The time-temperature-dependence term results from the instability of many TL phosphors. Most often the detector undergoes a loss of stored signal with time, the rate of loss being dependent on temperature. Although it does not seem to completely describe the phenomenon,[6] the Randall-Wilkins model[7] can be used to determine corrections for time-temperature-dependence. Corrections are applied in two situations. When the exposure rate is constant during the measurement interval, the fraction of the actual or true exposure that results in TL response is

$$f = (1-e^{-\lambda t})/\lambda t$$

where

$\lambda = \beta \exp(-E/kT)$,

β = the frequency factor (related to the presence of lattice vibrations in the phosphor),

E = the trap depth,

k = the Boltzmann constant, and

t = the length of the measurement interval.

When exposure has occurred before the beginning of the measurement interval and no further exposure occurs during the interval, the fraction of the true exposure resulting in TL response is

$$f' = e^{-\lambda t}.$$

Other methods may, of course, be used in determining f and f', but these factors will still affect the measured response of the detector in a similar fashion.

These terms represent the primary factors known to affect TLDs. If a different type of integrating detector is used, some factors may be eliminated, e.g., self-irradiation, while others may have to be added. However, the equation should be of an analogous form.

Equation (1) can be solved for $\dot{D}_F$ or $\dot{D}_F t_F$ to determine the average dose rate or the total dose at the field location during the time the detector was operating at that location. Unfortunately, this ideal case is impossible practically for TLD unless the detector can be prepared (annealed) and analyzed (read out) right at the field location. In practice, the detector is prepared in a laboratory, perhaps stored briefly, transported to the field location,

left there for some time, transported back to the laboratory, and perhaps stored again before readout. Thus the entire measurement cycle may be composed of several intervals, of which the field interval is only one, and the total exposure obtained with the field detector includes exposures other than the field dose. Control detectors are commonly used to estimate the exposures received by the field detector during storage or transit or both. We now consider a few of the more common situations involving both field and control detectors for isolating the field dose.

The simplest practical case is that where the field detector is prepared as close to the field location as possible with essentially no storage or transit prior to exposure in the field. At the conclusion of the field interval, a control detector is prepared and transported with the field detector to the laboratory and both are immediately read out. In this case the exposure for the field detector is given by

$$X_{FD} = (\dot{X}_I + \alpha\dot{D}_F)t_F f_F f'_{T2} \qquad (3)$$
$$+ (\dot{X}_I + \alpha\dot{D}_{T2})t_{T2}f_{T2}$$

where
$\dot{D}_{T2}$ = the average dose rate during return transit (the subscript T2 indicating post-field transit),
t_{T2} = the length of time of the post-field transit interval,
f_{T2} = the fraction of the true transit exposure producing TL response which may differ from unity due to time- temperature-dependence,
f'_{T2} = the fraction of the exposure received up to the beginning of the post-field transit interval producing TL response which may differ from unity due to time- temperature-dependence.

The exposure for the control detector is given by

$$X_{CD} = (\dot{X}_I + \alpha\dot{D}_{T2})t_{T2}f_{T2}. \qquad (4)$$

Subtracting equation (4) from equation (3) yields

$$X_{FD} - X_{CD} = (\dot{X}_I + \alpha\dot{D}_F)t_F f_F f'_{T2} \qquad (5)$$

assuming that self-irradiation is identical for both the field and the control detectors (if it is not, equation (5) will be more complex) and assuming that the α appropriate for the transit situation is the same as the α used for the field interval. The error

involved in assuming the latter will be discussed below. Equation (5) can be solved for $\dot{D}_F$ or $\dot{D}_F t_F$ to determine the dose or average dose rate at the field location during the field interval. These quantities can thus be determined from two measurements and estimates of $\dot{X}_I$, t_F, f_F and f'_{T2}, the latter being the fraction of the true field dose producing a TL response which may differ from unity due to fading during transit.

If the return transit is followed by a storage interval prior to readout, the field detector then yields

$$X_{FD} = (\dot{X}_I + \alpha\dot{D}_F)t_F f_F f'_{T2}f'_{S2} \qquad (6)$$
$$+ (\dot{X}_I + \alpha\dot{D}_{T2})t_{T2}f_{T2}f'_{S2}$$
$$+ (\dot{X}_I + \dot{X}_{S2})t_{S2}f_{S2}$$

where the subscript S2 indicates storage after the field interval and $\dot{X}_{S2}$ is the exposure rate in the storage area determined with the type of detector used in the field and as controls. (IF $\dot{X}_S$ is determined by other means, a factor analogous to α may be required so that this quantity is expressed in the proper units). In this case, the exposures received during the field and transit intervals are subject to possible fading during storage as indicated by f'_{T2} in the first and second terms. The control detector yields

$$X_{CD} = (\dot{X}_I + \alpha\dot{D}_{T2})t_{T2}f_{T2}f'_{S2} \qquad (7)$$
$$+ (\dot{X}_I + \dot{X}_{S2})t_{S2}f_{S2}.$$

The difference, given by

$$X_{FD} - X_{CD} = (\dot{X}_I + \alpha\dot{D}_F)t_F f_F f'_{T2}f'_{S2} \qquad (8)$$

is identical to equation (5) except for f'_{S2}.

A more complicated situation exists when the field and control detectors undergo storage and transit prior to the field interval as well as after the field interval. In this case

$$X_{FD} = (\dot{X}_I + \dot{X}_{S1})t_{S1}f_{S1}f'_{T1}f'_F f'_{T2}f'_{S2}$$
$$+ (\dot{X}_I + \alpha\dot{D}_{T1})t_{T1}f_{T1}f'_F f'_{T2}f'_{S2}$$
$$+ (\dot{X}_I + \alpha\dot{D}_F)t_F f_F f'_{T2}f'_{S2}$$
$$+ (\dot{X}_I + \alpha\dot{D}_{T2})t_{T2}f_{T2}f'_{S2}$$
$$+ (\dot{X}_I + \dot{X}_{S2})t_{S2}f_{S2} \qquad (9)$$

where the subscripts S1 and T1 apply to pre-field storage and transit, respectively. The

control detector, prepared with the field detector and accompanying the latter at all times except during the field interval yields

$$X_{CD} = (\dot{X}_I + \dot{X}_{S1})t_{S1}f_{S1}f'_{T1}f'_{S3}f'_{T2}f'_{S2}$$
$$+ (\dot{X}_I + \alpha\dot{D}_{T1})t_{T2}f_{T1}f'_{S3}f'_{T2}f'_{S2}$$
$$+ (\dot{X}_I + \dot{X}_{S3})t_{S3}f_{S3}f'_{T2}f'_{S2}$$
$$+ (\dot{X}_I + \alpha\dot{D}_{T2})t_{T2}f_{T2}f'_{S2}$$
$$+ (\dot{X}_I + \dot{X}_{S2})t_{S2}f_{S2} \qquad (10)$$

where the subscript S3 indicates storage during the field interval. This storage should be sufficiently near the field location so that transit time between the storage area and the field location is negligible and $t_{S3} = t_F$. Subtracting equation (10) from equation (9) and simplifying yields

$$X_{FD} - X_{CD} =$$
$$(\dot{X}_I + \dot{X}_{S1})t_{S1}f_{S1}f'_{T1}f'_{T2}f'_{S2}(f'_F - f'_{S3})$$
$$+ (\dot{X}_I + \alpha\dot{D}_{T1})t_{T1}f_{T1}f'_{T2}f'_{S2}(f'_F - f'_{S3})$$
$$+ (\dot{X}_I + \alpha\dot{D}_F)t_Ff_Ff'_{T2}f'_{S2}$$
$$- (\dot{X}_I + \dot{X}_{S3})t_Ff_{S3}f'_{T2}f'_{S2} \qquad (11)$$

As in the earlier cases the terms pertaining to storage and transit after the field interval cancel. However, the terms pertaining to storage and transit prior to the field interval remain since the field detector and the control detector are located at different places during the field interval. Hence the fading undergone by the two detectors on the exposures received prior to and during the field interval may be different. The exposure received by the field detector is subject to fading in the field while that received by the control detector is subject to fading in the field storage area. In all other respects, the control accurately represents the extraneous exposures received by the field detector.

Other combinations of field and control detectors are possible and can be described by analogous equations. In general, the exposure received by a detector is given by

$$X = \sum_{i-1}^{n} [(\dot{X}_I + \alpha_i\dot{D}_i)t_i \cdot$$
$$\cdot f_i(f'_{i+1} \cdot f'_{i+2} \cdot \ldots \cdot f'_{n+1})]$$

where
$f'_{n+1} = 1$
X = the TL response of the detector in units of exposure, and
i = a single interval during the entire measurement cycle, e.g., the time spent in storage prior to field exposure.

When field and control measurements are combined, all terms will cancel except those having factors resulting from the detectors being in different locations during corresponding intervals.

<center>Error Assessment</center>

The field dose can be estimated from equations (1), (5), (8), (11) or similar equations depending on the manner in which the field and control detectors are used during the entire measurement cycle. For example, in the case represented by equation (5) the field dose rate is given by

$$\dot{D}_F = \frac{X_{FD} - X_{CD}}{f_Ff'_{T2}\alpha t_F} - \frac{\dot{X}_I}{\alpha} \qquad (13)$$

where X_{FD} and X_{CD} are TLD measurements and $\dot{X}_I$, α, t_F, f_F and f'_{T2} are measured or estimated separately. The equation is of the form $V = f(x_1, x_2, \ldots x_n)$. If each factor in this equation is independent so that the possibility of error compensation exists, the error for V is[8]

$$S_V = \left[\left(\frac{\partial V}{\partial x_1}\right)^2 (S_{x_1})^2 + \left(\frac{\partial V}{\partial x_2}\right)^2 (S_{x_2})^2 +\right.$$
$$\left. + \ldots + \left(\frac{\partial V}{\partial x_n}\right)^2 (S_{x_n})^2\right]^{\frac{1}{2}} \qquad (14)$$

where S_{x_i} = the standard deviation for x_i.

Assuming that each factor in equation (13) is independent, the error for the field dose rate in this case is given by

$$S_{\dot{D}_F} = \left[\left(\frac{\partial \dot{D}_F}{\partial X_{FD}}\right)^2 S_{X_{FD}}^2 + \left(\frac{\partial \dot{D}_F}{\partial X_{CD}}\right)^2 S_{X_{CD}}^2 +\right.$$
$$+ \left(\frac{\partial \dot{D}_F}{\partial \dot{X}_I}\right)^2 S_{\dot{X}_I}^2 + \left(\frac{\partial \dot{D}_F}{\partial f_F}\right)^2 S_{f_F}^2 +$$
$$+ \left(\frac{\partial \dot{D}_F}{\partial f'_{T2}}\right)^2 S_{f'_{T2}}^2 + \left(\frac{\partial \dot{D}_F}{\partial t_F}\right)^2 S_{t_F}^2 +$$
$$\left. + \left(\frac{\partial \dot{D}_F}{\partial \alpha}\right)^2 S_\alpha^2\right]^{\frac{1}{2}}. \qquad (15)$$

Analogous equations for determining the total error can be derived for equations (1), 8), and (11). To compute the value of $S_{D_F}^{\cdot}$, the errors for each individual factor must be obtained. A thorough treatment of the methods available for determining each factor and its respective error is beyond the scope of this paper. However, some basic concepts should be considered when assessing the individual errors.

Error Associated with α

While α functions as an independent term in equation (13) its components e and d given in equation (2) may not be strictly independent. The energy dependence term, e, arises because the response of the detector to environmental radiation (including cosmic rays) representing a broad energy spectrum is usually not identical to the response to the calibration source, generally ^{226}Ra, ^{137}Cs, or ^{60}Co.[3] Although the detector response as a function of energy can be determined by experiment or theory or both, a correction factor should take into account the detector response weighted by the particular environmental energy spectrum. Hence the error for this factor must reflect the accuracy with which both the detector response and the environmental spectrum are known.

The directional dependence term, d, is required if the detector response is not spherically symmetric. In this case, the response of the detector will be different when the geometry of the incident flux in the environment differs from that encountered during calibration. While directional dependence can be estimated, the application of a correction for directional dependence requires that some assumption be made about the direction of the incident flux. Again, the error in d must reflect the accuracy with which both the directional dependence and the direction of the incident flux in the environment are known.

Since d is actually a function of energy, e and d are not strictly independent. However, in the interest of simplicity, they will be assumed to be independent in order to avoid calculating covariance terms for assessing the total error. The effect on the total error of assuming the independence of e and d should be insignificant relative to the problems involved in accurately assessing the individual errors for both e and d.

Error Associated with f and f'

As indicated earlier, corrections for time-temperature-dependence may be necessary. Appropriate corrections can be based on theory, for example, the Randall-Wilkins model, or determined empirically by means of tests simulating actual storage, transit and field conditions. Even if the amount of fading or the fading rate as a function of temperature is known, corrections can be made only if certain assumptions are made about the actual exposure conditions. When fading occurs during interval i following the irradiation interval, the proportion of the signal retained at the end of interval i is given by f'_i, which should be determined for the real temperature profile (ideally the temperature of the phosphor) or some approximation thereof. When fading and irradiation occur simultaneously, the proportional signal retained is given by f, which should also be determined for the real temperature profile. In the latter case, some assumption must be made about the irradiation rate; usually it is assumed to be constant.

Methods for minimizing the effects of time-temperature-dependence of TLD's and for determining these effects directly are discussed in the ANSI Standard.[4] The errors for f and f' are difficult to assess exactly and must include not only the errors for the amount of fading or the fading rate as a function of temperature, but the errors involved in the assumptions made regarding the actual exposure conditions.

As can be seen from equation (11), the fading factors prevent the cancellation of otherwise similar terms for the field and control detectors when both detectors are exposed prior to the field interval. If the errors for these factors are large, it is probably best to avoid this particular use of field and control detectors for isolating the field dose.

Error Associated with t

The error associated with t, which in equation (13) is the length of time of the field interval, results from the difficulty in precisely defining the beginning and end of the field interval. In most practical situations there is some small but finite amount of time during which the field detector and the control detector are separated, but during which either the field detector is not in the field or the control detector is not in storage (S3). During this time the field and control detectors

may not be affected identically. Since determining this difference is often impractical, one way of approximating the possible error involved is by regarding the error as one of timing. However, when assigning this error, it is really the error in assuming that the two detectors were affected in an identical manner during this brief interval of separation that must be considered.

Error Associated with $\dot{X}_I$

Self-irradiation occurs in TL detectors when the phosphor itself or its packaging is radioactive. For example, self-irradiation occurs with most glass-encapsulated phosphors because of ^{40}K in the glass. Usually $\dot{X}_I$ is determined empirically.[4]

In the equations presented, it was assumed that $\dot{X}_I$ is identical for the field and control detectors. This assumption permits the cancellation of terms and hence considerably simplifies the equations defining $\dot{D}_F$. This assumption can be made as long as the two values for $\dot{X}_I$ are reasonably similar, if this is true, the error for $\dot{X}_I$ should reflect the spread in the values of $\dot{X}_I$ for the detectors in question. If the values differ substantially, then the assumption becomes unreasonable, the equations must be expressed in the appropriate more complex form and the errors for $\dot{X}_I$ in each case should reflect the accuracy of the estimated exposure rate due to self-irradiation.

Error Associated with $\dot{X}_S$

When storage is necessary prior to or during the field interval, one or more terms of the form $\dot{X}_S$ enter the equation(s) for the field dose, for example, equation (11). In this case, even if f'_F is identical to f'_{S3} and the term including $\dot{X}_{S1}$ becomes zero, the errors involved must still be included in the total error. Hence $\dot{X}_{S1}$ and its error must be determined. $\dot{X}_{S3}$ cannot be eliminated from equation (11) and must also be determined.

If $\dot{X}_S$ itself is measured with the detectors used in the field and as controls, then the error for this term is simply the measurement error. If it is determined in another manner, then corrections may be necessary to insure that the value truly represents the TL response in units of exposure of the field and control detectors measuring $\dot{X}_S$. For instance, if a different detector is used to determine $\dot{X}_S$, it is essential to consider the possible difference in the response of the two types of detectors to the radiation field in the storage area.

Error Associated with $\dot{D}_T$

When transit takes place prior to the field interval, the term $\dot{D}_T$ appears in the equations for the field dose. Again using equation (11) as an example, the term containing $\dot{D}_{T1}$ will become zero if $f'_F = f'_{S3}$. However, as was the case for $\dot{X}_S$, the errors must still be included in the total error.

Unfortunately, $\dot{D}_{T1}$ is usually unknown. If it were known, then there would be little need for using the control detector for determining this portion of the extraneous exposure. Not only is it unknown, but it is extremely difficult to estimate with any accuracy when the transit conditions are uncertain as would be the case if the detectors are transported by airplane. The results of the intercomparison[3] mentioned earlier revealed that variations in the magnitude of the transit doses could not be explained by differences in transit distance. Further, attempts to estimate these transit doses taking into account typical airplane speeds and altitudes, appropriate cosmic radiation data, and reasonable estimates of exposure during ground level transit yielded poor results.

Thus when transit prior to the field interval is unavoidable and the transit conditions are highly uncertain, large errors may be introduced and this technique for isolating field dose may be unsatisfactory.

Errors Associated with X_{FD} and X_{CD}

X_{FD} and X_{CD} are the quantities determined from the field and control detectors, respectively. The errors for X_{FD} and X_{CD} are measurement errors and may be derived differently depending on the calibration method. Calibration techniques are discussed in the ANSI Standard[4] and fall into two general categories, batch calibration and individual calibration. Whichever method is used, the conversion from TL response to exposure is described by

$$X = \left(\frac{N}{N_{CAL}}\right) X_{CAL}$$

where N is the TL response of field or control detectors and N_{CAL} is the TL response of either the same detectors (individual calibration) or another detector(s) from the same batch (batch calibration) given a known exposure X_{CAL} from the calibration source.

If the detectors are calibrated in-
dividually, the measurement error represents
the precision with which the detector
produces identical TL responses given
identical exposures. Since the calibration
exposures can never be reproduced exactly
due to errors in position and timing, tests
to determine the reproducibility of a
single detector will include these errors.

If batch calibration is employed, the
measurement error represents the precision
with which the detectors in the batch
produce identical TL responses given
identical exposures. Again, since the cali-
bration exposures can never be identical,
due to errors in position or timing or both,
the uniformity of response for a batch of
detectors will include these errors.
(Although when determining the measurement
error for the batch calibration method,
timing errors can be eliminated if all of
the detectors to be tested are exposed
simultaneously, it is probably more conven-
ient to include this source of error in the
measurement error for reasons which will be
explained later.)

Tests for determining the measurement
errors should be designed to incorporate the
errors encountered in actual measurement
situations. These include variations in
detector preparation (cleaning, annealing,
etc.) and readout (reproducibility of the
reader heating cycle, stability of the
reader electronics, etc.) as well as human
errors (differences in carrying out all of
the procedures involved). Variations due to
physical differences among detectors or
statistical variations in the physical
processes (trapping efficiency, light emis-
sion, etc.) either among detectors or within
a single detector as a function of time will
be included automatically during testing.
If both timing and position errors are
included in the measurement error, then the
error in X_{CAL} represents only the error in
the determination of the exposure rate from
the calibration source at the calibration
position(s).

Restricting the errors for X_{FD} and X_{CD}
to measurement errors permits the error for
X_{CAL} to be considered in isolation. Since
the error of X_{CAL} affects not only X_{FD} and
X_{CD} but usually $\dot{X}_S$ and $\dot{X}_I$ as well, it will
affect all of these terms systematically and
should, therefore, enter into the field dose
equation only once. If done this way, the
term is then independent of all other terms
and the error may be combined with all other
errors in the manner described by equation
(14).

Disregarding Certain Errors

Depending on the usage of the field dose
estimates, it may be possible to ignore
certain errors when assessing the total
error.

For example, if simultaneous measure-
ments at several locations within a small
geographic area are made with a single
batch of TLDs and the primary quantities of
interest are their relative values, it would
be reasonable to eliminate from the total
error the error for X_{CAL} since X_{CAL} affects
all of the measurements systematically. It
might also be reasonable to ignore the errors
for α, f and f' if there is some assurance
that the effects of these terms are also
systematic. Also, if measurements made at a
single field location at various times are
to be examined for time variations, it is
again possible to ignore the error for X_{CAL}
and perhaps reasonable to ignore the error
for α. For both cases, the errors for the
dose estimates are logically smaller than
they would be if all sources of error were
considered. Several other situations may
permit the elimination of one or more error
terms, but must be evaluated on a case-by-
case basis.

If field doses determined from TLD
measurements are to be compared with esti-
mates made with a different detector
calibrated against a different source, then
all errors, including that for X_{CAL} must be
combined to determine the total error.

Effect of Various Parameters on the Total Error for the Field Dose

To determine the effect of individual
parameters on the total error, typical values
were chosen and then varied for the param-
eters in equations (5) and (11), and the
total errors calculated. Equation (5)
describes the relatively simple case involv-
ing no pre-field transit or storage and only
post-field transit, whereas equation (11)
describes the more complex case involving
both pre- and post-field transit and storage.

Tables I and II contain the values
chosen for nominal cases for equations (5)
and (11), respectively. A percent error,
representing one standard deviation, is
assigned for each parameter. Both equations
were solved for $\dot{D}_F$ and the total error for
$\dot{D}_F$ determined in the manner indicated by
equation (14). All errors were considered
in assessing the total error except that for
X_{CAL} which was omitted in order to focus on
the errors inherent to the entire TLD

measurement process. An error for X_{CAL} can easily be combined with the total error using equation (14). For the simple case (Table I) and the more complex case (Table II) the errors for $\dot{D}_F$, excluding the errors for X_{CAL}, are 6.6 and 7.0 percent, respectively.

Table III illustrates the effects of changes in individual parameters and their errors on the total error for $\dot{D}_F$. For each variation considered in Table III, all values except X_{FD}, X_{CD} and those listed are the same as the values given in Tables I and II. X_{FD} and X_{CD} were adjusted appropriately for each variation so that the estimated field dose rate, $\dot{D}_F$, would be about **7.82** μrad/h as in the nominal case.

The first three variations demonstrate the effects of changes in either the field fading or the error for field fading. Unless the fading is large, as in variation 2, the results are similar for the simple and complex cases. As fading itself increases, the error is greater in the complex case than in the simple one. This occurs mainly because the fading of the pre-field storage and transit exposures for the field detector is different from that for the control detector.

Variation 4 illustrates the effects of self-irradiation, assuming self-irradiation is identical for the field and control detectors. Variation 5 shows the effect of an increase in the uncertainty of the energy response. Since e and d appear together in the equations, the effects of any changes in d are the same as the effects of identical changes in e.

The effects of an increase in the transit dose rate and an increase in the error of the transit dose rate are illustrated in variations 6 and 7. Although transit dose rate does not appear in equation (5), the total error still increases in the simple case because X_{FD} and X_{CD} are necessarily larger, resulting in larger measurement errors than in the nominal case. On the other hand, because transit dose rate is absent in equation (5), changes in the error for this term affect the total error only in the complex case.

Variations 8 and 9 indicate the effects produced when some of the previous variations are combined. Variations 10 and 11 are analogous to 6 and 7 in that the transit dose itself is increased and then the error for the transit dose rate is increased. The results show that increases in the error for

the transit dose rate produce greater increases in the total error when the fading in the field is large. For a factor of five increase in the error for the transit dose rate, the total error increases by a factor of two when field fading, f_F, is 20 percent, whereas the increase in the total error is only a few percent when fading is only 3 percent.

Only a few of the possible situations are represented by the variations in Table III. However, any variation approximating a particular situation may be analyzed in the same manner.

Conclusions

A review of the results of an intercomparison of environmental radiation detectors indicated the need for developing a method of error assessment for environmental radiation measurements. Using thermoluminescence dosimetry as an example, we have formulated mathematical expressions for the dose in air for several cases where field and control detectors are used for isolating the dose at a field site. Using standard statistical techniques, these equations can be used to determine the total error of an estimate of the field dose.

Typical cases were examined to reveal the effects of changes in the various parameters and their respective errors on the total error. The results indicate that the relative advantages of different applications of control and field detectors depend on measurement conditions.

The method presented here can readily be employed to estimate the total error for situations other than those considered. Also, when suitably adjusted, the techniques used should be appropriate for most integrating detectors.

In certain instances the method presented requires that some approximations be made, for example, certain parameters are assumed to be independent when this is not strictly true. Thus, from a statistical point of view, a more sophisticated treatment may be desirable and should be further investigated. The simple treatment presented is designed merely to provide an easily applied method for estimating total errors in a situation where frequently the practice is to report either no error or an error reflecting only measurement precision.

Acknowledgements

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TABLE I

TEST PARAMETERS FOR EQUATION (5) NOMINAL CASE

Parameter	Value	Error*	Error (%)
$\dot{X}_I$	0.00 μR/h	0.20 μR/h	-
e	1.00	0.02	2.0
d	1.00	0.02	2.0
t_F	676 h	2 h	0.3
f_F	0.97	0.048	5.0
f'_{T2}	1.00	0.005	0.5
X_{FD}	7.00 mR	0.140 mR	2.0
X_{CD}	1.10 mR	0.022 mR	2.0
$\dot{D}_F$	7.82 μrad/h	0.69 μrad/h	6.6 total error for $\dot{D}_F$

*One standard deviation.

196

TABLE II

TEST PARAMETERS FOR EQUATION (11) NOMINAL CASE

Parameter	Value	Error*	Error (%)
$\dot{X}_I$	0.00 μR/h	0.20 μR/h	–
$\dot{X}_{S1}$	2.00 μR/h	0.20 μR/h	10.0
$\dot{X}_{S3}$	2.00 μR/h	0.20 μR/h	10.0
$\alpha\dot{D}_{T1}$	20.0 μR/h	20.0 μR/h	100.0
e	1.00	0.02	2.0
d	1.00	0.02	2.0
t_{S1}	72 h	0	0.0
t_{T1}	50 h	0	0.0
t_F	676	2	0.3
f_{S1}	1.000	0.005	0.5
f_{T1}	1.000	0.005	0.5
f'_{T1}	1.000	0.005	0.5
f_F	0.970	0.049	5.0
f'_F	0.950	0.048	5.0
f_{S3}	1.000	0.005	0.5
f'_{S3}	1.000	0.005	0.5
f'_{T2}	1.000	0.005	0.5
f'_{S2}	1.000	0.005	0.5
X_{FD}	8.10 mR	0.16 mR	2.0
X_{CD}	3.60 mR	0.07 mR	2.0
$\dot{D}_F$	7.82 μrad/h	0.73 μrad/h	7.0 total error for $\dot{D}_F$

*One standard deviation.

TABLE III

EFFECT OF CHANGES IN VARIOUS PARAMETERS AND THEIR
ASSOCIATED ERRORS ON THE TOTAL ERROR

Variation on nominal case (see Tables I and II)	Equation (5) (post-field transit)				Equation (11) (pre- and post-field transit and storage)			
	Parameter changed	Value	Error (%)	Total error for $\dot{D}_F$ (%)	Parameter changed	Value	Error (%)	Total error for $\dot{D}_F$ (%)
nominal case	–	–	–	6.63	–	–	–	7.00
1. eliminate field fading	f_F	1.00	5	6.63	f_F	1.00	5	6.91
					f'_F	1.00	5	
2. increase field fading	f_F	0.80	5	6.67	f_F	0.80	5	10.80
					f'_F	0.60	5	
3. decrease field fading error	f_F	0.97	1	4.48	f_F	0.97	1	4.92
					f'_F	0.95	1	
4. introduce self-irradiation	$\dot{X}_I$	2.0 μR/h	10	7.72	$\dot{X}_I$	2.0 μR/h	10	8.24
5. increase error in e (or d)	e	1.0	10	11.77	e	1.0	10	11.98
6. introduce a transit dose equivalent to ~10 mR	*	–	–	8.91	$\alpha\dot{D}_{T1}$	100 μR/h	10	10.31
7. variation 6 plus increase error for $\alpha\dot{D}_{T1}$	——— same as 6 ———			8.91	$\alpha\dot{D}_{T1}$	100 μR/h	50	10.52
8. increase field fading and introduce self-irradiation	f_F $\dot{X}_I$	0.80 2.0 μR/h	5 10	7.78	f_F f'_F $\dot{X}_I$	0.80 0.60 2.0 μR/h	5 5 10	11.75
9. variation 8 plus increase error for e (or d)	——— same as 8 ——— e	1.0	10	12.46	——— same as 8 ——— e	1.0	10	14.75
10. variation 8 plus introduce transit dose equivalent to ~10 mR	*	–	–	10.74	$\alpha\dot{D}_{T1}$	100 μR/h	10	13.67
11. variation 10 plus increase error for $\alpha\dot{D}_{T1}$	——— same as 10 ———			10.74	$\alpha\dot{D}_{T1}$	100 μR/h	50	24.28

*Change occurs only in X_{FD} and X_{CD}.

198

RADIO-FREQUENCY ELECTROMAGNETIC RADIATION FROM PORTABLE AND MOBILE TELECOMMUNICATION TRANSMITTERS

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The increasing number of sources of electromagnetic radiation in the environment has placed more emphasis on the evaluation of such sources. Several of the more common sources of electromagnetic radiation to which individuals and equipment are exposed have been surveyed in an attempt to assess potential personnel hazards from the radiated fields. Measurements and examples of several typical types of antenna and transmitter combinations are presented.

Introduction

During the past several years the levels of radio-frequency electromagnetic radiation to which individuals have been exposed has grown dramatically. For example transceivers used in the Citizens Radio Service license applications during the past eight (8) months have more than quadrupled over that received for the same period a year ago: forty thousand applications in September 1974; 160,000 in the month of September 1975; and currently 415,000 in December 1975. During this same period of time the number of licensed Citizens Band Stations has almost doubled from one million to two million with over 2,658,000 licensed as of January 1976. It is estimated that approximately 12,000,000 to 15,000,000 Citizen Band transmitters are presently in use in the United States.[1] Reported cases of electromagnetic interference to other electronic devices, such as home entertainment equipment and antiskid braking systems on trucks has grown from approximately 45,000 during FY74-75 to an estimated 75,000 this year. During FY74-75, 69% of the complaints received were from operations involving the Citizens Radio Service, a large majority of which were directly related to over-powered operation. Data which we have gathered indicates that approximately 0.5% of all transmitters used in the Citizens Radio Service are using power amplifiers to boost power output to between 75 and 100 watts radiated.

In 1959, the Department of the Navy initiated an effort to establish a national safety standard on the exposure of personnel to potentially hazardous electromagnetic radiation. The results of that effort is the present American National Standards Institute Committee C95 on Radio Frequency Radiation Hazards. The current co-secretariates for the committee are the Institute of Electrical and Electronic Engineers and the Department of the Navy-Naval Electronic Systems Command.

The scope of the C95 committee project is as follows: "Hazards to mankind, volatile materials and explosive devices which are caused by man-made sources of electromagnetic radiation. The frequency range of interest extends presently from 10 kHz to 100 GHz. It is not intended to include infrared, X-rays or other ionizing radiations."[2]

Presently existing standards published by the American National Standards Institute include ANSI C 95.1-1974, "Safety Level of Electromagnetic Radiation with Respect to Personnel." The applicability of this safety guide is as follows:

1. Normal environmental conditions - higher temperature or higher relative humidity requires that personnel exposure be lowered.

2. Does not apply to the exposure of patients by a physician.

3. Frequency band of 10 MHz thru 100 GHz.

4. All possible sources of electromagnetic radiation in the above range.

5. Continuous or intermittent exposure (time weighted average).

6. Whole-body and partial-body exposure situation.

7. "Healthy people". For example, people without circulatory ailments.

As good as this standard is, it raises serious questions as to its applicability in specific circumstances.

Electromagnetic interference to electronic devices poses two distinct effects on the health and well-being of mankind. The first and most direct effect is that with electro-explosive devices and safety

systems. The second and less direct effect is on home entertainment devices and medical prostetic devices such as the cardiac pace-maker.

In an attempt to review the magnitude of exposure of personnel, measurements have been made in the near field of antennas on mobile and portable telecommunications equipment.

Specifications of Typical Telecommunications Equipment

Antenna

Common antenna found to be used with mobile and portable equipment consists of the following:

1. Base loaded whip antennas whose electrical length is increased by the addition of inductive reactance at the base of the antenna. Base loaded antennas have been generally mounted on trunk decks or the areas surrounding the trunk lid. They are also found mounted on the top center of roofs and rarely on the front fenders.

2. Top loaded antennas whose electrical length is increased by the addition of inductive reactance at the top of the antenna, have been generally found to be located on the rear deck or trunk of vehicles and sometimes mounted on the mirrors of trucks.

3. Center loaded antennas whose electrical length is increased by the addition of inductive reactance at the center of the antenna, have been generally found to be located clipped to the rain gutters and mounted on mirrors of vehicles.

4. Quarter wave whip antennas have been generally found to be mounted on the rear fenders and bumpers of vehicles. They have also been found to be mounted on tool boxes in pick-up trucks directly behind the passenger cab.

5. Disguised antennas are generally mounted in locations similar to that used for normal car radio reception, with the addition of inductive load under the fender. These antennas are used for legal undercover work and more commonly by individuals who wish to disguise the fact that they have a radio in their vehicle to minimize theft of the radio.

All of the above antennas exhibit from unity to 5 dBi gain in the far field.

Power Output of Equipment

Mobile and portable equipment measured had power outputs ranging from 4 watts to 150 watts CW and to 200 Watts PEP. Portable equipment had nominally 2 to 4 watts power output in the VHF-Hi band with mobile units using external power packs having up to 25 watts output.

UHF equipment in the 400 MHz thru 500 MHz band had nominal power outputs of 50 thru 110 watts using antennas with 5 dBi gain. VHF-Hi equipment had power outputs of nominally 100 watts using antennas with 3 dBi gain. VHF-Lo equipment had power outputs of nominally 100 watts with antennas of unity gain. Units used in the 27 MHz band of the Citizens Radio Service were normally in the power output range of 50 thru 100 watts using unity gain antennas. It should be noted that the Citizens Radio Service is limited to 4 watts by Class D licenses issued by the Federal Communications Commission under 47 CFR 95 in the 27 MHz ISM band.

Linear power amplifiers are manufactured by numerous concerns as broadbanded amplifiers designed for operation in the 1.6 thru 30 MHz range. Due to the high efficiency of the "broadband" design, it is an excellent amplifier for the 80 thru 10 meter amateur radio bands. However, many of these amplifiers are actually being used in violation of Federal Communications Commission rules and regulations in the 11 meter Citizens Band.

Several typical examples of these power amplifiers are given below in the table.

Because of the number of units in the field and training and background of the operators of the equipment, units of the Citizen Radio Service were chosen for measurement purposes. Part of any program for the purpose of radiation exposure control must analyze: who is being exposed, knowledge of the individuals being exposed of the potential exposure hazard, and potential number of individuals being exposed.

MFG	Input Power	Output Power
A.	3.5 W	100 W
B.	2 W	125 W
C.	3 W	80-110 W
D.	4 W	100 W
E.	3 W	300 W
F.	1 W	100 W
G.	3 W	100 W
H.	1.5 W	100 W

Measurements Made

Measurements of the electric field strength in the proximity of mobile and portable telecommunications transmitters were made using a General Microwave RAHAM Model 2 Power Density Meter. The Model 2 meter uses two diode detectors attached to orthogonal dipoles to measure the voltage field strength to power density assuming a free space impedance of 377 ohms.

Experimental results indicate that when one measures within field strengths in the near field of an antenna that reproducible results can only be obtained if the measuring process does not significantly distort the radiated field.

At distances of 50 centimeters or less from antennas whose input power is 100 watts power densities (electric field strength equivalent of free space) in excess of one milliwatt per square centimeter can be found. As one approaches the loading coils on antennas shorter than one quarter wave length, power densities in excess of several hundred milliwatts per square centimeter are found.

Direct personal contact with an antenna whose input power is in excess of 35 watts may result in a visible radio-frequency burn.

Measurements were made on a two watt walkie-talkie operating in the VHF-Hi band using a borrowed Narda magnetic field probe. At approximately five centimeters from the base of the antenna a magnetic field intensity equivalent to a free space power density of 2.5 milliwatts per square centimeter was found. The maximum electric field strength equivalent to a free space power density of five milliwatts per square centimeter was found near the end of the antenna.

Calculation Technique for Radiation Hazard Evaluation

A technique for radiation hazard evaluation was described by Mumford[3]. The power density to which individuals are exposed from an electromagnetic radiation source depends on its radiated power in the direction of the individual being exposed. A conservative estimate of this power density in the near field of an antenna may be calculated assuming an isotropic point source at the center of radiation and the power density W calculated from the equation:

$$W = \frac{P}{4\pi R^2} \qquad (1)$$

Where

W = power density in watts per square meter
P = effective isotropic radiated power in watts
R = distance in meters
π = 3.1416···

In order to have a conservative estimate of the power density in the near field one must assume 100% ground reflection, which doubles the electric field strength and quadruples the power density.[3] The equation below provides an estimate of the distance at which the power density exceeds the radiation protection guide given in American National Standard C 95.1-1974:

$$d(m) = \sqrt{P}/17.72 \qquad (2)$$

If calculations based upon the above two equations indicates that there may be a problem then the actual antenna system and duty cycles of the transmitters will have to be considered.

Since "duty cycle" is a term used throughout the land mobile industry, the appropriate multiplier for the type of equipment being evaluated should be used to

take into account the fact that the radiated energy from mobile transmitters is not present under normal conditions for the entire averaging period used in the ANSI radiation protection standard. It is suggested that any portable or mobile installations that permit operation by full duplex basis be considered to have a 100% duty cycle. Mobile units that are not capable of duplex operations but require the transmitter to be turned off before it is possible to hear the reply from the other party should be designated as using the EIA design, intermittent, duty cycle of 20% transmit and 80% stand-by or receive time, i.e. one minute transmitter on and four minutes transmitter off. A similar situation exists for portable transmitters. However, because of limitations of the power supply a more reasonable duty-cycle to assume would be 10% transmitter on and 90% off.

If after taking into account the duty cycle of the units being evaluated, one finds that individuals are still being exposed above the radiation protection guide as indicated by calculation, one should make an actual field measurement to determine the magnitude of potential personnel exposure. Such an evaluation should include measurements at locations normally occupied by individuals and measurements at some specific reference distance from the antenna say, one meter, to evaluate the situation.

Conclusions

Measurements made on a commonly available mobile and portable telecommunications system indicate that individuals may be exposed to levels of electromagnetic radiation comparable to the current radiation protection guide if they are at distances of less than one meter from the antenna. With the apparent increase and authorization of the land mobile radio spectrum which includes the 406-512 MHz and 806-960 MHz frequency band as well as numerous bands below 300 MHz. Consideration should be given to the applicability and interpretation of the current radiation protection guide. There exists a need for measurement standards in order to appropriately evaluate personnel exposure, both occupational and the general public. Effects of electromagnetic radiation on safety systems and flammable and volatile materials needs to be evaluated.

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AN AUTOMATED MEASUREMENT SYSTEM FOR DETERMINING ENVIRONMENTAL
RADIOFREQUENCY FIELD INTENSITIES II

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A measurement system is described which is used to measure environmental
RF exposure levels. The system uses a spectrum analyzer interfaced to a
minicomputer for data acquisition and is contained within a van for
nationwide use. Special antenna systems allow isotropic field intensity
measurements in selected bands between 0.5 MHz and 10 GHz.

(Radiofrequency; spectrum analyzer; antenna; microwave; RF exposure; minicomputer)

Purpose of System

There are several reasons why the U. S.
Environmental Protection Agency feels that
data on environmental levels of electromag-
netic radiation is needed: the considerable,
current controversy over the existence of
low-level or nonthermal effects of electro-
magnetic radiation:[1,2] the demonstrated
susceptibility of electronic devices to the
existing environment;[3,4] the gross uncer-
tainties in estimates of population expo-
sure;[1] the rapid growth in the number and
power of radiation producing devices;[5] and
the need to verify or improve predictive
exposure models.[6,7] In order to obtain the
required data and to determine the need for
standards, EPA is conducting an environ-
mental nonionizing radiation measurements
program. The first phase of this effort was
concentrated on field and analytical studies
of selected high power sources. These
sources have included aircraft,[8] air traffic
control,[9] and military radar;[10] satellite
communications systems;[11] and UHF broadcast
systems.[6] Generally, the survey instrumen-
tation used in the field studies were broad
band, high level, power density detectors.
The purpose of this paper is to describe the
instrumentation developed for the second
phase of the program, a system for measuring
and analyzing the multisource general
electromagnetic environment.

Basic Requirements of the System

On the basis of the desired aspects of
data interpretation for these measurements,
a set of basic requirements was developed.
The frequency range of the equipment should
encompass all bands of interest from an
exposure point of view. This means a funda-
mental detection capability from VLF to
approximately 10 GHz or X-Band. Table 1
shows the bands of preliminary interest in
our study. These particular bands were

Table 1

INITIAL MONITORING BANDS OF INTEREST

FREQUENCY	PRINCIPLE USE
0 – 2 MHz	VLF Communications and AM Standard Broadcast
54 – 88 MHz	Low VHF Television Broadcast
88 – 108 MHz	FM Broadcast
150 – 162 MHz	VHF Land Mobile
174 – 216 MHz	High VHF Television Broadcast
450 – 470 MHz	UHF Land Mobile
470 – 806 MHz	UHF Television Broadcast
1 – 10 GHz	Radar

selected primarily on the basis of highest potential environmental field intensities. The sensitivity of the system should be adequate for measuring relatively weak signals in order to ascertain the relative contribution to the total exposure picture from all signals. Frequency resolution was not a particularly critical factor; however, adequate selectivity should be used to allow differential evaluation of signal components in a given band. Stability commensurate with typical monitoring times was deemed to be sufficient.

Since previous work revealed the difficulty of making accurate field amplitude measurements[12,13] we have concentrated on the ability to accurately measure the signal's field strength or power density, i.e., to determine the actual exposure produced by signals in various bands. The desired accuracy is obtained with carefully calibrated antennas, using specially devised antennas where necessary. Consideration was given to the polarizations of different signals. Figure 1 illustrates conceptually the problem of determining the effective field strength of a signal where the resultant electric field vector is the vector sum of three mutually orthogonal components. Thus in certain cases, the use of an antenna sensitive to only one polarization is not desirable.

Another important requirement for the system was that of data analysis. The system was to incorporate a method for acquiring spectral amplitude data, correcting this data for system response functions, and analyzing the data for the pertinent information desired, providing if possible, an on-the-spot indication of results after some appropriate processing. This, in the field processing feature, would also minimize the possibility of undetected hardware or operator error at the field site.

The last major system requirement was that of mobility so that environmental evaluations could be performed at many locations throughout the country.

A generalized block diagram of the final measurement system is shown in figure 2. In essence the system is composed of a scanning spectrum analyzer with several different types of antenna systems, depending on the particular band of interest, interfaced to a minicomputer data acquisition system. Similar arrangements have been proposed[14] and are being used in surveillance applications from a spectrum management viewpoint.[15,16] Analog signal amplitude information from the spectrum analyzer is digitized and input to the minicomputer where it is subsequently operated on by data correction and analysis routines. Trigger and timing signals are generated and

Figure 2. Block diagram of measurement system

Figure 1. Relationship between power density[10] and electric field components
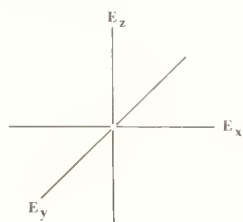
$$TPD : \frac{E_x^2}{Z_0} + \frac{E_y^2}{Z_0} + \frac{E_z^2}{Z_0}$$
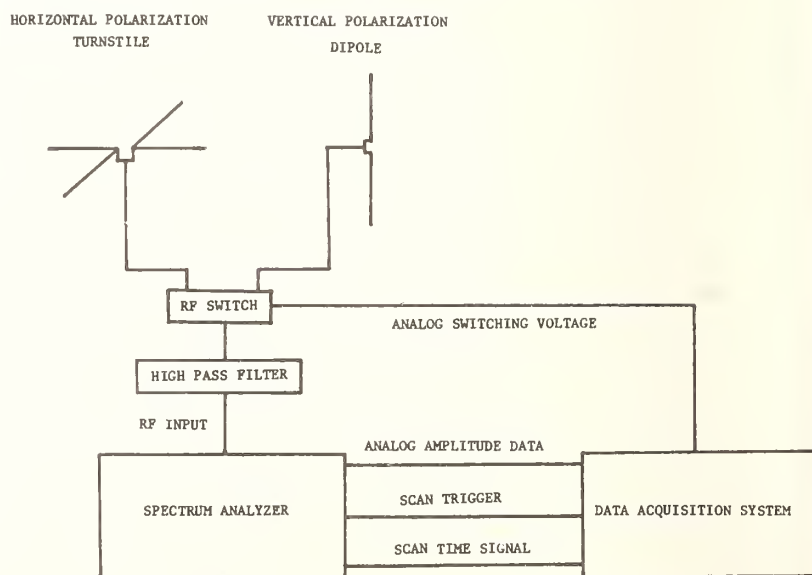
$$: \frac{E_R^2}{Z_0} \quad where$$

$$E_R : \sqrt{E_x^2 + E_y^2 + E_z^2}$$

sensed by the computer to provide effective control of the spectrum analyzer. Other signals under program control are also provided for other events such as antenna switching.

Antennas

Table 2 lists the different antennas used with the system according to the different monitoring bands. In each case the antenna of selection provides, within reasonable limits, an accurate measure of the total, resultant field amplitude at any measurement point. In order to make maximum use of the spectrum analyzer as a scanning receiver, the antennas used exhibit an omni-directional characteristic for those bands routinely containing many signals. In this fashion the analyzer may be repetitively swept over the given band and used to measure the amplitude of all signals in the band, regardless of the particular direction from which the signal approaches. Also, the antennas have been selected for being responsive to the significant polarization components in the bands of interest.

For frequencies in the 10 kHz to approximately 60 MHz range, a vertical monopole antenna with an active impedance matching circuit at the base is used. This antenna is referenced to a small square groundplane and is used to monitor signals mainly in the AM standard broadcast band. Because of minimal wave tilt in AM broadcast signals, the vertically polarized antenna provides in a single measurement, the true field amplitude. As the frequency increases above approximately 2 MHz into the HF band, significant signal depolarization occurs, and a single measurement of the vertical field component is no longer sufficient for an accurate measurement.

Orthogonal dipole arrays are used for measurements in the VHF television and FM band since FM stations now use circular polarization with vertical field strengths in some instances 5 dB greater than the horizontal values.[17] In actual practice, a complete scan of the band is performed with one dipole connected, before electronically switching to the next dipole. Thus measurements of E_x, E_y, and E_z are repetitively made in a sequential fashion where upon the resultant electric field strength or power density is determined. These antenna systems consist of thick dipolar elements, cut for resonance at mid-band and fed with 50 Ω coax. By using large diameter elements a fairly uniform frequency response is obtained throughout each band for which the array is designed. Two sets of these antennas are used depending on whether the low VHF TV band or the high VHF TV band is being measured. In the case of television signals only two horizontal orthogonal dipoles are necessary to accomplish the required task, since depolarization of the horizontally transmitted TV signal is not significant at relatively short distances from the station. Using a system of three orthogonal dipoles, for measurements within the FM broadcast band, with an average gain figure,[18] an isotropic response with approximately 2 dB uniformity has been obtained.

Two different vertical coaxial dipole antennas are used for the land mobile bands. Gains above a $\lambda/4$ radiator of 0 dB and 3 dB are used in the VHF and UHF bands respectively.

A commercial type of television receiving antenna is used for measurements in the UHF TV spectrum. It consists of a horizontally polarized, log periodic array which

Table 2

MEASUREMENT SYSTEM ANTENNAS

APPLICATION	DESCRIPTION
VLF; AM Standard Broadcast	Active Vertical Monopole
VHF-TV and FM	Orthogonal Dipoles
Land Mobile	Vertical Coaxial Dipoles
UHF-TV	Directional Log Periodic (Horizontally Polarized)
Radar	Vertical and Horizontal Saw-tooth, Planar Log Periodics

exhibits a directional gain of about 5 dBi across the UHF band (dB above an isotrope). This antenna was selected over an alternative of crossed dipoles in order to provide an adequate gain across the band. It was found that when the dipole length was shortened enough to allow reasonable operation across most of the band, the effective area became so small as to adversely affect overall system sensitivity, except for exceptionally intense signals. Signal peaking is accomplished by use of a rotator on top of a telescoping antenna mast.

A pair of small, saw-tooth, planar, log periodics are used in the frequency range of 1 to 10 GHz. Two signal cables provide output from both the horizontally and vertically mounted antennas which are also rotatable from inside the van. A nominal 8 dBi gain is apparent over their frequency range.

System Calibrations

Each antenna employed for routine monitoring was calibrated across its intended frequency band by referencing it, indirectly to a set of National Bureau of Standards (NBS) calibrated, standard dipoles. This was accomplished by first using the NBS antennas to calibrate a set of Singer tuneable dipoles which cover the frequency range of 30 to 1,000 MHz, and then using the Singer dipoles at appropriate frequencies to calibrate, by the comparison technique, the system monitoring antennas. This procedure required that an area electromagnetically quiet be found to properly employ the NBS standard dipoles since they rely on broadband, diode detection of the calibrating field. The presence of fields, other than the intended calibration field interfers with the overall calibration accuracy by adding in the undesired detection voltage of the extraneous fields. A calibration trip was arranged to the location of the National Radio Astronomy Observatory in Greenbank, West Virginia for this calibration purpose. Through special permission, intentional calibration fields were established for conducting the tests.

A least squares method was used to fit a curve to the Singer dipoles which resulted in a maximum deviance at measured points of 1.4 dB across the frequency range of 50-1,000 MHz. With the Singer dipole antenna factor now known functionally at any frequency, a comparison approach was used to calibrate the various systems of antennas. These calibrations were carried out with the antennas in their normally used position on the van. The calibrating field

was established with a dipole antenna at a distance of 600 feet. Antenna calibration data was recorded at appropriate frequency intervals for each system for maximum signal pickup, i.e., main lobe alignment. In the case of orthogonally constructed dipoles, measurements were individually performed for each dipole in the array. These data were then subsequently fit using least squares techniques so that a functional expression of the given antenna's frequency response was developed. Now, except for the fact that the antenna data were for main lobe application, the antenna factors were ready for computer implementation. One final determination remained.

The monitoring van was driven to the Department of Commerce's Institute for Telecommunications Science's antenna range facility near Boulder, Colorado. Here, the van was placed on a 30 foot diameter turntable where radiation patterns for each of the antenna systems were measured. This was accomplished by radiating a stable field 2,225 feet from the van and, as the van-antenna system was rotated, using the monitoring equipment itself to record and analyze the pattern data. The minicomputer provided a convenient means for normalizing and plotting the received signal and storing the measured data on magnetic tape. Using this data, average antenna factor variations were computed and applied to the previously measured main lobe data to arrive at a final antenna factor, which when employed by the measuring system, would account for the total uncertainty in the measurement of resultant field strength or power density. The results of all of this antenna calibration work are contained in the application programs which are used by the system. Table 3 provides a summary of the total uncertainties measured for the overall system. The presence of the van had been presumed to be more significant in the pattern data than what was actually observed. The total system uncertainty can be characterized by a number of errors: inherent error in basic calibration accuracy of the NBS standard dipoles, the error due to using the Singer dipoles at frequencies between calibration points, the error associated with the fitting of a functional form to the measured calibration curves for the monitoring antennas, an error due to the angular dependence of the antenna system being used, and a system conversion error which is a measure of the spectrum analyzer-computer system's ability to accurately detect, plot, and record RF signal levels. Each of these factors are

Table 3

SUMMARY OF OVERALL SYSTEM ERRORS (dB)

Band	NBS Dipole	Singer Dipole	Curve Fit	Angular Dependence	System Conversion	Total Resultant RMS Error
AM	1.5 dB*	N/A	±0.4	±0.5	±0.5	±1.6
Low VHF	1.0	±0.6	±0.8	±2.2	±0.5	±2.5
FM	1.0	±0.6	±0.4	±1.8	±0.5	±2.1
Low LM	1.0	±0.7	±0.7	±0.8	±0.5	±1.6
High VHF	1.0	±0.8	±0.5	±2.0	±0.5	±2.3
High LM	1.0	±0.5	±1.5	±1.1	±0.5	±2.0
UHF	1.0	±1.1	±1.2	±1.0	±0.5	±2.0

*Referenced directly to NBS field strength meter (Rhode and Swartz type HFH). The system as now configured is limited to discerning changes in RF level no smaller than 0.25 dB which is a limitation imposed by the resolution of the ADC.

provided in Table 3 and show that the system has a total uncertainty no greater than 2.5 dB, a feat which is the result of extensive field work. The angular dependence error also includes a factor for a slight variation of the angular dependence upon frequency.

Detection Hardware

The principle detection equipment consists of a Hewlett Packard spectrum analyzer mainframe with variable persistence display and a number of plug-in RF sections to provide a total detection range from 20 Hz to 18 GHz. Normally the narrow band signal peak height is taken as the received signal's power except in the case of broadband radar spectra where determination of the impulse bandwidth, PRF, and pulse width are necessary to accurately obtain the peak and average exposure levels.

An additional device used in high intensity radar measurements is the high speed Biomation transient recorder. The recorder actually consists of a very high speed (100 MHz) analog-to-digital converter (ADC) and its own 2,048 word core memory and timing circuitry. By using a broadband diode detector connected to an antenna, a dc voltage replica of the radar's signal is obtained which can be digitized and stored in the memory. By using a dual time base mode, the pulse width and PRF may be deter-

mined directly from a single recorder sweep. Figure 3 gives an illustrative example of this type of display where the pulse width is seen on the left and the PRF is apparent on the right. The time scale on the left half of the screen in 4 μsec/division and on the right half is 1 msec/div showing a 10 μsec wide pulse at a rep rate of 1 kHz. By judicious choice of trigger levels, the maximum amplitude of rotating radar beams

Figure 3. Detected RF pulse with transient recorder 4 μsec/div on left; 1 msec/div on right, 10 μsec wide pulse at 1 kHz PRF.
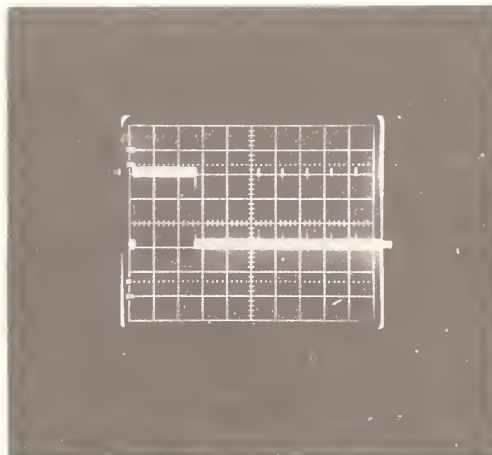
can be measured. Also, pulse widths from more than one radar may be determined simultaneously.

Data Acquisition Equipment

One of the main selection criteria for the data acquisition system was the development time necessary for preparing application software by personnel not previously familiar with real time programming tasks. For this reason a system oriented around an interactive interpreter with extensive hardware control under an extended version of BASIC (EBASIC) was chosen. It was deemed more important to get a number of conceptual acquisition and analysis processes actually operating on the computer in a fairly short period of programming time with the relatively long processing time associated with an interpreter as opposed to spending a long time preparing few programs which execute very rapidly.

Figure 4 is a block diagram of the data acquisition system. The system is configured around a Varian Data Machines central processing unit (CPU) with a 750 nsec cycle time and 32 K of 16 bit word core memory. A 123 K word, fixed head, disc provides high speed mass storage for the system operating software, programs, and data. Additional slow access mass storage is provided by a dual transport digital magnetic

cassette unit. A large screen CRT is used to display alphanumeric and graphic data while a standard ASR-33 teletype is the main communication link between the operator and the system. To facilitate interfacing to other instruments, a console is provided for access to various hardware features of the system which include a 13 bit resolution ADC multiplexed to 16 channels, two digital-to-analog converters (one 14 bit and the other 10 bit resolution) for outputing voltages, single bit inputs for sensing the status of various events, and electronically switched, control outputs. Additionally two channels of digital output and one channel of digital parallel 16 bit input are available. An interface connects the transient recorder for computer controlled high speed pulse acquisition and digital data transfer to main memory. Figure 5 is a photograph of the system as it appears in the measurement van. The RF detection equipment is in the rack to the left and the data acquisition system is beyond the operator. A hardcopy unit provides finished hardcopy output from the CRT display.

Connection to the spectrum analyzer is accomplished via the interface console. A trigger signal is developed by one of the digital-to-analog converters, and conversely the analog amplitude signal from the analyzer is read in via one of the ADC's multiplexed channels. Since the Hewlett

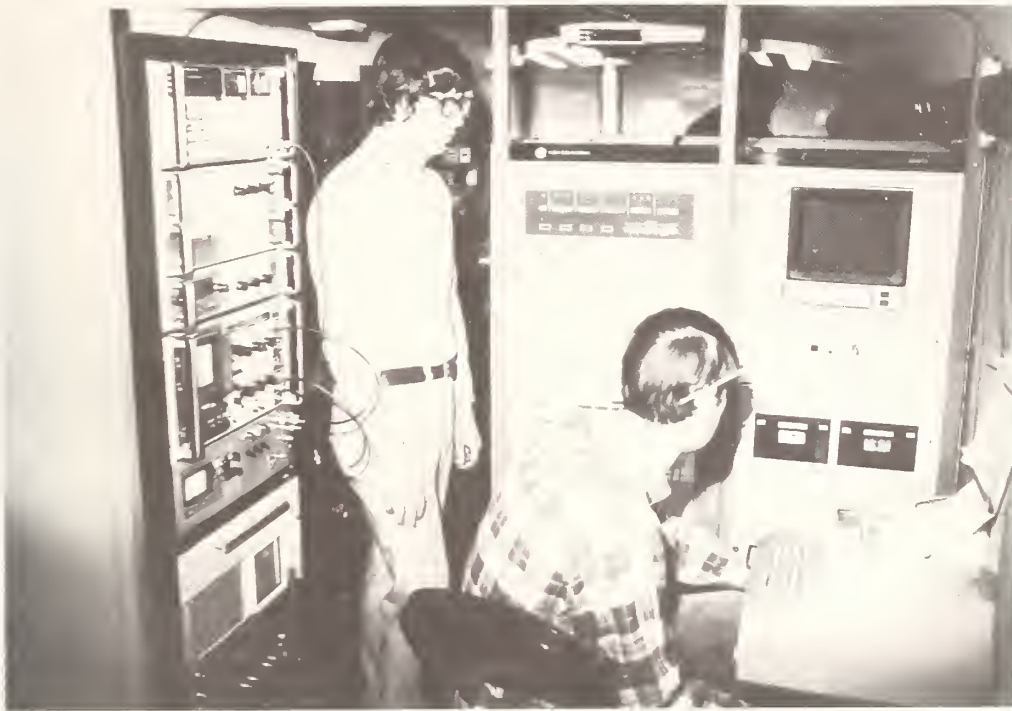Figure 4. Block diagram of data acquisition system

208
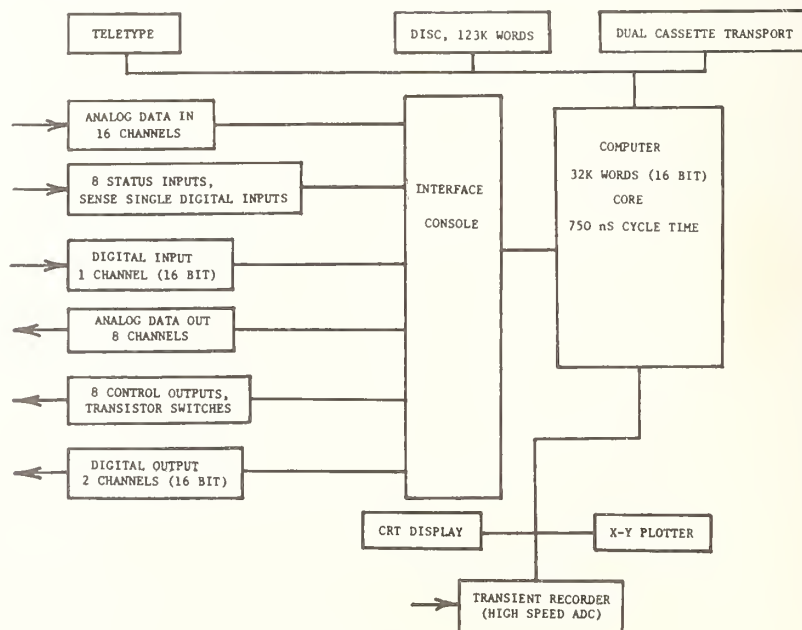
Figure 5. Radiofrequency measurement system in van

Packard analyzer conveniently allows for timing purposes, and has an output proportional to beam deflection on the analyzer's display, a very straightforward interface is possible.

The key to simplicity in the overall system, however, is the power of the Varian extended EBASIC software. Besides the normal programming instructions in EBASIC, extentions have been included to operate all peripheral hardware via calls to assembly language subroutines. This allows rapid program development through interactive communication with the system and yet very fast input-output (I/O) operation. A brief summary of the more useful software features includes:

· Versatile I/O commands for acquiring and outputting analog and digital data;

· Program and data file handling on both the disc and cassette; and

· Graphic display routines.

Analysis Techniques and Representative Data

Table 4 lists the main features of the data acquisition and analysis procedures we have developed. These features include: an absolute power calibration of the spectrum analyzer so that received antenna power is correctly indicated; signal averaging via software whereby spectral powers represented on a logarithmic scale in dBm are converted to absolute power, summed, averaged, and then converted back to dBm format for display purposes; peak power retention programs to retain the peak, or maximum, signal power ever observed over some specified monitoring time; measurement of elapsed monitoring time via reference to the CPU's real time clock; spectral power integration where signal powers may be summed across a given band yielding a measure of the total exposure power density; programs for measuring band occupancy to determine the percentage of time that signals exist during a given observation period; antenna calibrations to arrive at proper correction factors to apply to received power for determining field strength or power density; statistical treatment of the data to determine the length of monitoring time required at any given location to yield the required confidence in measurements of mean spectral power; CRT data display routines for plotting processed data and indicating pertinent control settings; and routines for storage

209

Table 4

FEATURES OF DATA ACQUISITION AND ANALYSIS

Absolute Power Calibration

Signal Averaging - Determination of Mean Power Spectra

Peak Power Retention

Elapsed Monitoring Time Measurement

Spectral Power Integration

Per Cent Occupancy Measurement

Antenna Calibration

CRT Data Display

Digital Cassette Data Storage

of spectral monitoring data on digital cassettes.

Several of the software developments include the use of assembly language subroutines which provide for machine speed execution of various repetitive operations that would normally be substantially slower due to the overhead of the EBASIC processor. Notable in this area are routines for peak signal retention, signal averaging, and band occupancy.

Examples of system output for several bands are shown in figures 6-9. These represent actual environmental data collected during our first few field trips. Figure 6 shows the FM band for a site in Washington, DC. All system calibration factors are included so that the absolute field strength of any signal is obtained. The total power density from all signals in the band is calculated and printed near the top of the graph. The dynamic range capabilities of the system are also illustrated in

Figure 6.   FM average field strength - Washington, DC
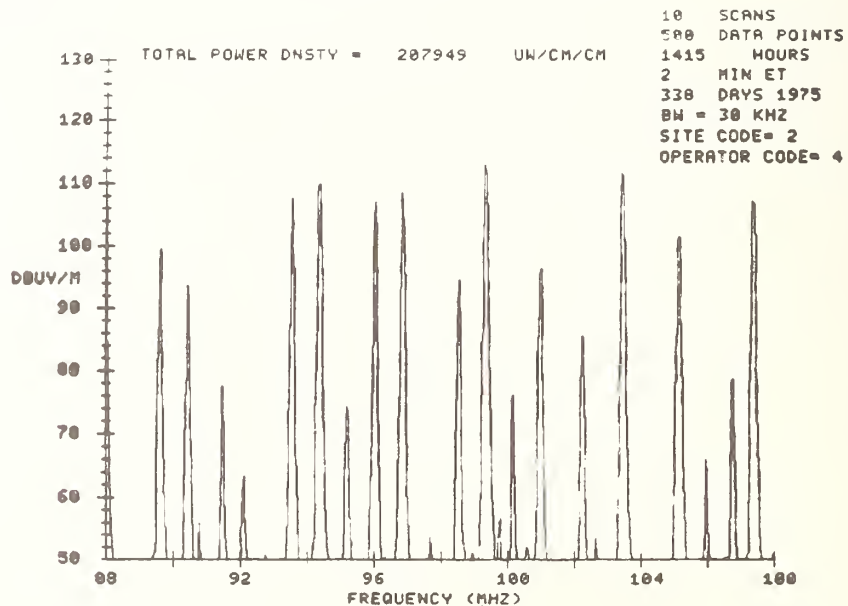
this figure, the highest levels being a factor of 10^6 greater than the lowest. Other pertinent parameters of the measurement are also printed on the graph.

Figure 7 is an example of data collected in the lower half of the VHF-TV band (channels 2-6). Only channels 4 (66-72 MHz) and 5 (76-82 MHz) are on-the-air at this location. Part of the FM band is shown from 88-96 MHz, but these signals are not included in the power density total for the band. Figure 8 shows the upper half of the VHF-TV band at another location. The AM standard broadcast band is shown in Figure 9.

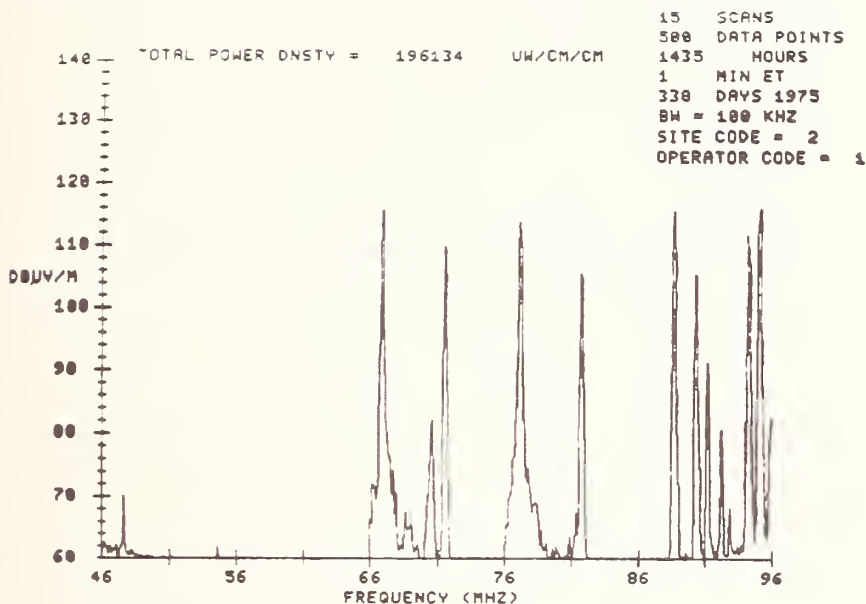Figure 7. Low VHF TV average field strength – Washington, DC

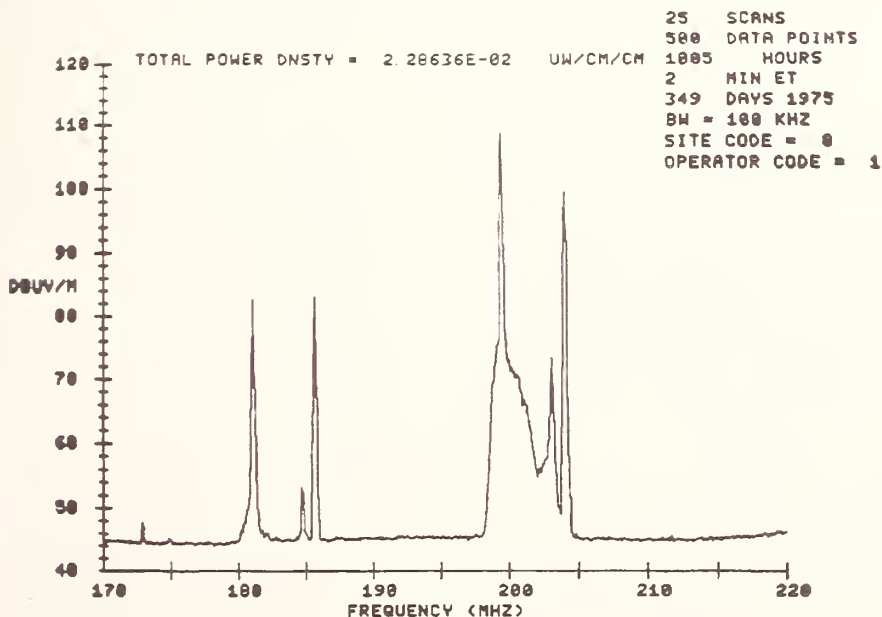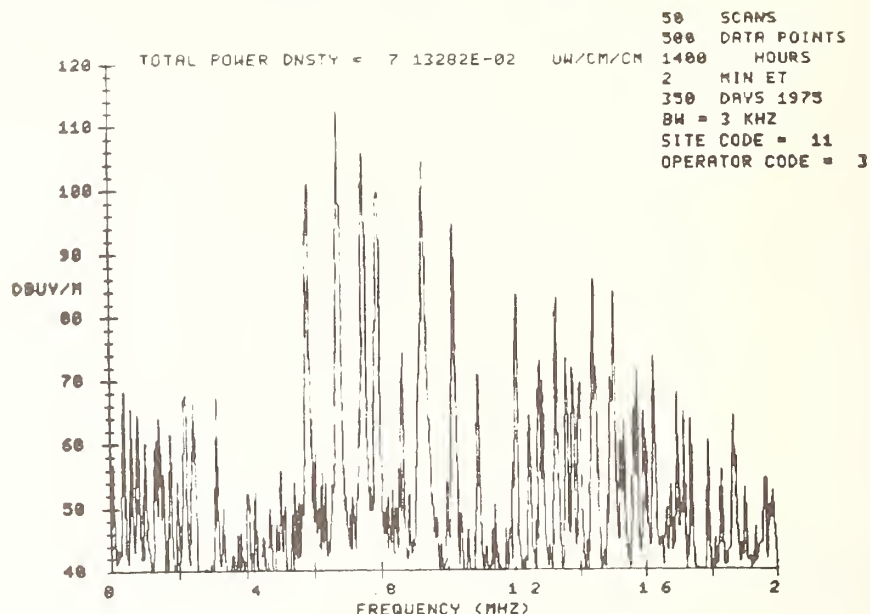Figure 8. High VHF TV average field strength – Atlanta

Figure 9. AM average field strength - Atlanta

Measurement Program Implementation

The measurement system described is installed in a 27 foot Travco van for portable operation and has been used in various metropolitan area studies since October of 1975. A pneumatically, air-operated 26 foot telescoping mast attached to the rear of the van is used for elevating the antennas for monitoring. Two separate 6 kW electric generators are used to provide on-board power; one unit powers all utilities such as air conditioning, heating, lights, etc., the other unit is dedicated to the instrumentation.

Presently the van is being used to collect environmental data in cities on the East coast. As data becomes available more refined methods are being developed for selecting the total number and location of monitoring sites within a given metropolitan area. Initial monitoring locations are chosen on the basis of RF source distributions and population densities. As the monitoring program progresses, measurement in high density West coast cities are planned.

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THE MEASUREMENT OF OPTICAL RADIATIONS:

SELECTED PRACTICAL CONSIDERATIONS

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This paper describes the measurement capabilities
for coherent and incoherent optical radiations at
the Bureau of Radiological Health and discusses
some problems that arise in developing a program
of measurements required for enforcing compliance
with Federal standards and for related regulatory
responsibilities.

(lasers, calorimeters, detectors, calibrations,
radiometry)

Introduction

The biological effects from certain regions of the optical spectrum are well established.[1,2,3,4] Many of these effects constitute a health hazard. For example, retinal lesions, photokeratitis, erythema, and skin cancer are some of the known or suspected effects of exposure to certain spectral regions of the optical spectrum.

The wide use of lasers, UV sources, and other intense optical radiation sources and the potential hazards associated with their use has emphasized the need for characterizing them, thereby increasing the burden on credible optical metrology.

The Bureau of Radiological Health, by virtue of the Radiation Control for Health and Safety Act of 1968 (PL 90-602) has been delegated regulatory responsibilities in several areas, among them promulgation of performance standards for sources of optical radiation.

A Federal safety standard for the performance of all lasers and laser products has been published and is due to become effective on August 2, 1976. In order to enforce the compliance of industry with this standard, a comprehensive program for laser power measurements has been established in our laboratory. This paper, in part, will describe this measurement capability.

The proliferation of UV sources such as sunlamps, UV medical or dental devices, high intensity discharge lamps, etc. has resulted in many alleged radiation injuries. In order to characterize the optical performance of these sources, capabilities in radiometric measurements of incoherent optical radiation have been developed. Selected technical problems encountered in this program will be described.

The Measurement of Coherent Radiation

At the heart of our measurement program for coherent optical radiation are two calorimeters referred to as the C-series calorimeters[5,6] developed by the National Bureau of Standards in Boulder, Colorado. NBS maintains the national scales for laser power and energy measurements using a set of three of these calorimeters as the reference standard. Under an interagency agreement with NBS, a set of two calorimeters

215

was purchased and is maintained in our laboratory. A joint NBS/BRH Measurement Assurance Program is used to intercompare the measurement capabilities at NBS and BRH four times a year.

The BRH calorimeters are used in turn to calibrate a variety of laser power and energy measuring detection systems, some of which are used for compliance related measurements.

Figure 1 shows a sketch of the C-series calorimeter. Each calorimeter consists of a copper cylinder blackened inside by copper oxide, or a similar material, that absorbs the incident energy. Surrounding the absorber is a constant temperature housing that thermally isolates the absorber from its surroundings as well as provides a constant reference temperature for the thermocouple sensors. The volume inside the temperature controlled housing is evacuated to a typical pressure of 10^{-5} mm Hg or less. A window is necessary to allow optical radiation to pass to the absorber while maintaining the vacuum. Calibration heaters are attached to the absorber to permit electrical calibration and direct reference of measurements to primary electrical standards.

The C-series calorimeters are useful for measuring laser energy from 0.01 J up to 30 J to an overall accuracy of ±1.2%. It has a maximum CW power limitation of 1 watt, with an energy density limitation of 0.1 J/cm2. Depending upon the window material used, measurements can be made over a wavelength range extending from the ultraviolet up through the far infrared of CO2 lasers.

In practice, the two calorimeters are used first to measure the ratio of a beam splitter. One of the calorimeters is then replaced by an instrument to be calibrated. By measuring the incident energy with the remaining C-series calorimeter and using the beam splitter ratio, the energy/power input to the instrument can be determined and the calibration factor established.

To assure confidence in our measurements, a record of the system's performance with time is maintained. One of the more meaningful records that may be kept is a control chart. We maintain a control chart of the electrical calibration factor vs. time for the C-series calorimeters.
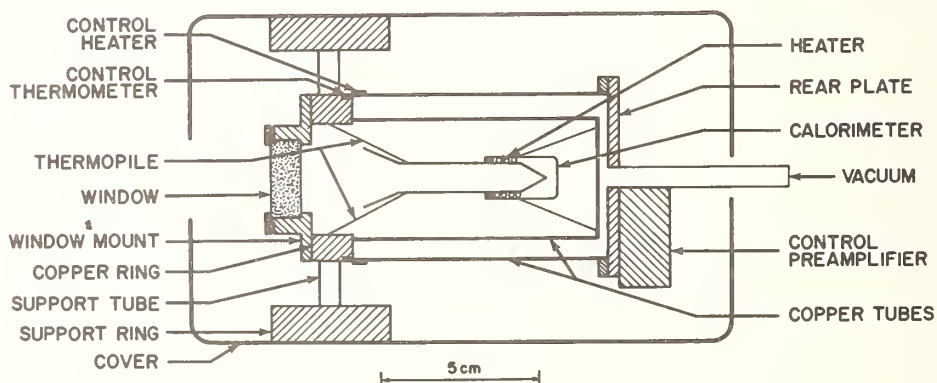

Figure 1   THE C-SERIES CALORIMETER

These control charts indicate a standard deviation of less than 0.2% for 25 different runs spaced over several months.

However, for the actual optical measurements taken with the C-series system, there are other sources of uncertainty also, such as the accuracy of the estimate of window transmission, absorption of the absorber surface, polarization of incoming beam, etc. The error inherent in the electrical calibrations is only one part of the overall error of the C-series system.

Figure 2 shows a control chart of a commercially available laser power measurement device. The calibration factor plotted against the run number. Notice that the data are in general, randomly scattered about the mean. If the plot started indicating a trend, it would mean that the instrument's characteristics were changing and any measurement taken with the instrument in this condition would have to be carefully evaluated. However, in this case, the points are scattered in a random fashion. You will notice that the one sigma levels for this instrument are considerably greater than they are for the C-series calorimeter; 1.6% vs 0.2%. Whenever the measurement system is a step removed from the reference system, the uncertainty is increased.
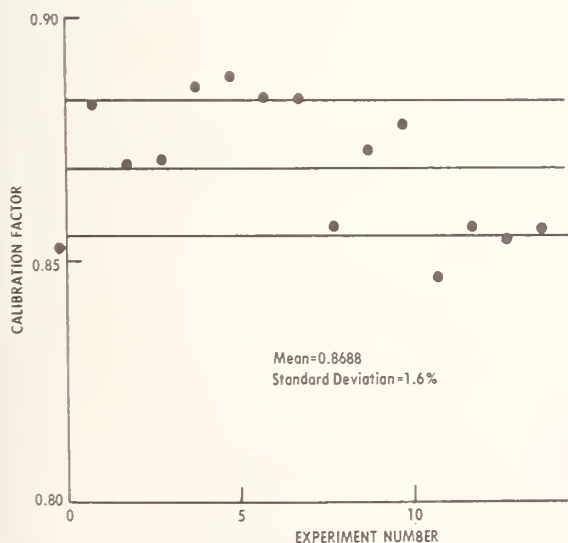
Two other points should be made with respect to measurement of laser radiation. The first is that laser beams are extremely intense sources of light. Even the low powered lasers may be sufficiently intense to saturate, or even damage, certain detectors leading to erroneous results. Silicon detectors are especially susceptible to overloading.

The second point is that if a window or protective covering is used for a detector, it should be a wedge shape; i.e. have non-parallel front and rear surfaces. Since laser light is coherent, the use of optical flats would result in errors due to interference.

Finally, as with any metrology program, it is essential that control charts be maintained to monitor system performance.

Before instruments for the measurement of laser power or energy under noncontrolled conditions are calibrated, they must be evaluated to characterize their performance as a function of variations in the relevant parameters such as temperature, position of the incident beam on the detector, etc.

We routinely make studies of the temperature and humidity dependence of detector response for different detection instruments. The details of these measurements are contained in a separate publication[7], and Figure 3 details the temperature dependence of response for a laser power meter which utilizes a silicon photodiode.

The spatial uniformity of the response of a detector surface is quite critical when making laser power or energy measurements. Measurements of this characteristic are part of the routine evaluation of detectors in the Electro-Optics Branch of the Bureau of Radiological Health. These measurements are made by scanning a He-Ne laser beam across the sensitive surface of a detector and displaying its response on an oscilloscope. Figure 4 is a schematic of this measurement facility.

Mean=0.8688
Standard Deviation=1.6%

CALIBRATION FACTOR

EXPERIMENT NUMBER

Figure 2 CONTROL CHART FOR A LASER POWER INSTRUMENT

217
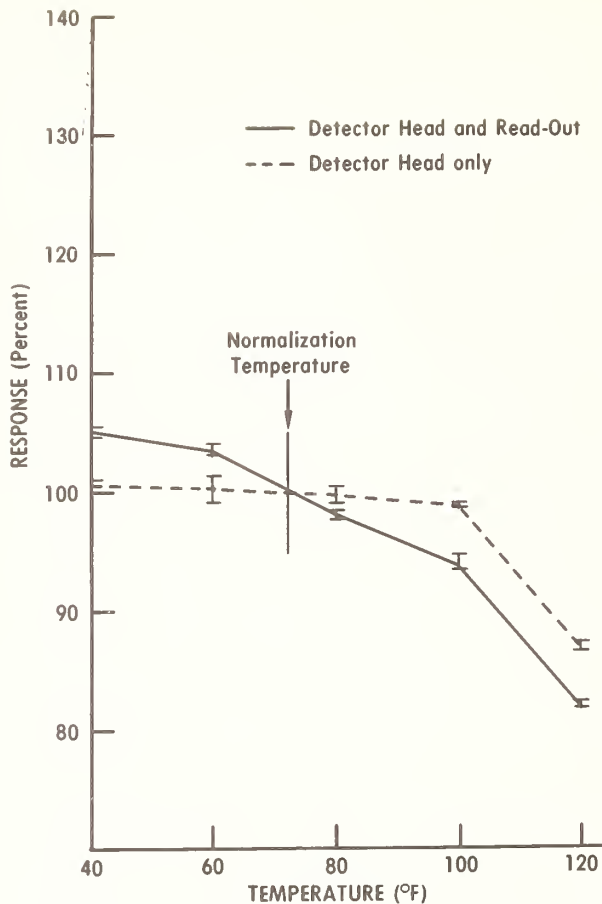
Figure 3   TEMPERATURE DEPENDENCE OF
RESPONSE - SILICON
POWER METER

In addition, all detector systems should be evaluated with respect to their stability, reproducibility and linearity over the wavelength regions and radiation levels at which they are used.

The Measurement of Incoherent Radiation

The interest of BRH in the area of incoherent optical radiation is based on two considerations: first, it has responsibilities and authority under provisions for defect actions to regulate any product that emits unnecessary potentially hazardous radiation and second, a growing interest in regulating products emitting UV radiation, such as sunlamps and high intensity discharge lamps.

In order to fulfill our mission in this area, it is necessary to maintain credible capabilities for the measurement of various parameters related to incoherent optical radiation.

Figure 4   EXPERIMENTAL SYSTEM FOR MEASURING DETECTOR SURFACE UNIFORMITY

218

The parameters of primary interest are spectral irradiance, spectral radiance and luminous flux. Our laboratory maintains a set of standards (obtained from the National Bureau of Standards) for each of these quantities. A set of working standards is calibrated against the standard from NBS and used in the routine measurements. Periodic intercomparisons with NBS and participation in Measurement Assurance Programs (MAP) ensures the continuing validity of all measurements that are made.

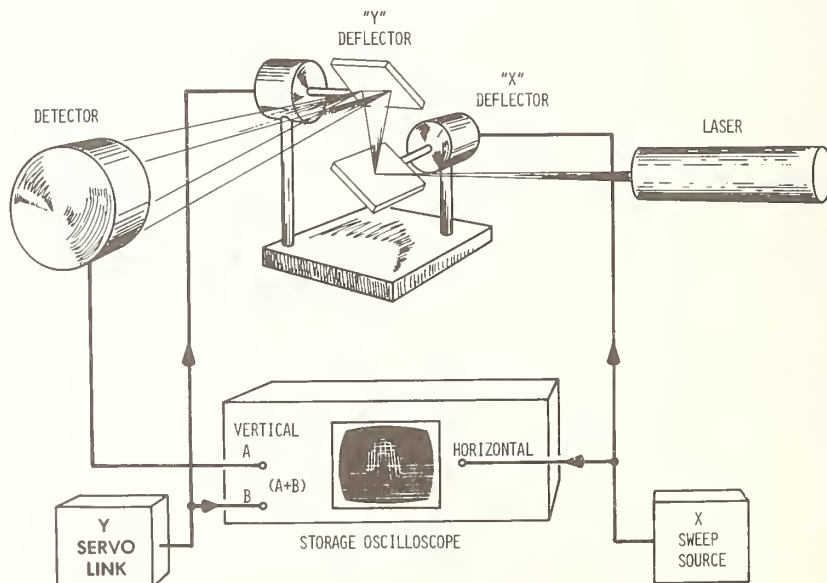We will briefly describe now our spectroradiometric measurement facility and will give some representative results. Three different systems for the measurement of spectral irradiance have been established. The first is a rapid scanning spectroradiometer built around a silicon diode target vidicon tube and a minicomputer with which the spectrum can be measured in 400 nanometer sections from 300 to 1100 nanometers. This provides a capability for making nearly instantaneous measurements of spectral irradiance. It is used primarily for measuring radiation from sources that cannot be sustained for too long a period of time, such as welding arcs and photographic flash units. The

second system is a set of portable spectroradiometers each consisting of a small single grating monochromator, a photomultiplier tube and an amplifier, high voltage supply and readout unit. These are used with a set of appropriate cut off filters to reduce the errors due to stray light. The third instrument, which is used for maintaining the scales of spectral irradiance at BRH, however, is more elaborate and is shown in figure 5. It consists of a double grating Czerny Turner monochromator which views a BaSO4 plate at a 45° angle. The BaSO4 plate is in turn irradiated by a standard and the test source to provide the calibration of the spectral irradiance due to the test source. Measurements can be made from 250 to 800 nanometers using either a photomultiplier with an S-20 response or a solar blind photomultiplier tube which responds only to radiation shorter than 400 nm. The wavelength is electro-mechanically scanned and data can be obtained almost continuously over the wavelength scale. The spectral bandpass of the instrument can be chosen between approximately 0.5 and 2 nanometers.
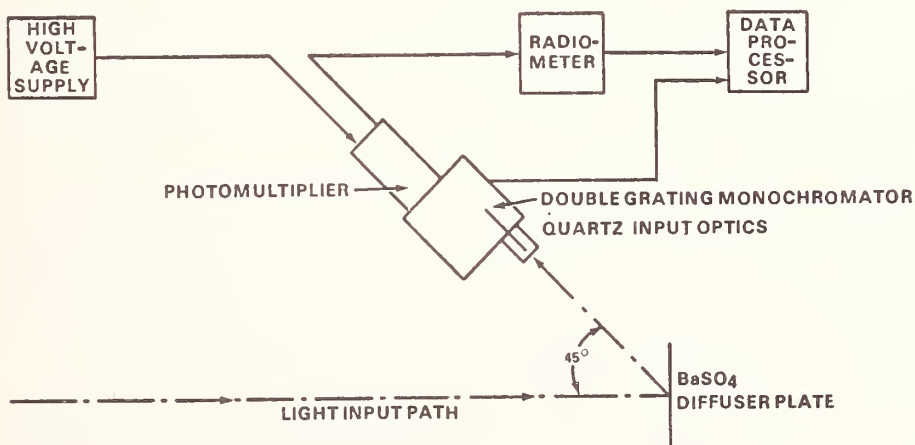

Figure 5   SPECTRORADIOMETRIC MEASUREMENTS SYSTEM

The primary measurement reference standards used are a 1000 watt FEL type quartz halogen lamp calibrated by NBS for spectral irradiance between 250 and 1600 nanometers and a deuterium discharge lamp calibrated for spectral irradiance by a commercial laboratory between 180 and 400 nanometers. A deuterium lamp standard calibrated for spectral irradiance between 180 and 400 nanometers is now available from the National Bureau of Standards and our future measurements in that region will be based on this standard. The standard and the test lamps are operated at specified distances from the BaSO4 plate and a data acquisition system consisting of a Hewlett Packard Model 2570 data coupler, a model 9810 calculator, an X-Y recorder and a magnetic cassette data storage system is used for collecting, storing and reducing the data.

The uncertainties associated with the measurement of spectral irradiance depend greatly on the sources being measured. The uncertainties with respect to SI inherent in the calibration of our 1000 watt quartz halogen primary standard lamp are assigned by NBS and are 2.6% at 250 nm and 1.2% above 450 nm.

Other sources of error that are taken into account are:

a. Uncertainties in the calibration of secondary standards

b. Error in the calibration of wavelength scale

c. Error because of temporal drifts in the system

d. Errors because of lack of linearity in the instrument. (When test sources emit at levels vastly different from the standard this may be a substantial error)

e. Errors because of stray radiation from wavelength regions other than that being measured

f. Uncertainties because of lack of reproducibility, and

g. Uncertainties because of temperature dependence of instrument response

All these uncertainties are taken into account in the final estimation of the uncertainties associated with a measurement.

Figure 6 shows the spectral irradiance in W cm-2 nm-1 at a distance of 30.5 cm from a device used for the polymerization of dental filling material by irradiation with UV radiation. Other sources that are measured in our laboratories range from units used in phototherapy for hyperbilirubinemia to sunlamps, fluorescent lamps, high intensity discharge lamps, etc.

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SPECTRAL IRRADIANCE OF A DENTAL DEVICE
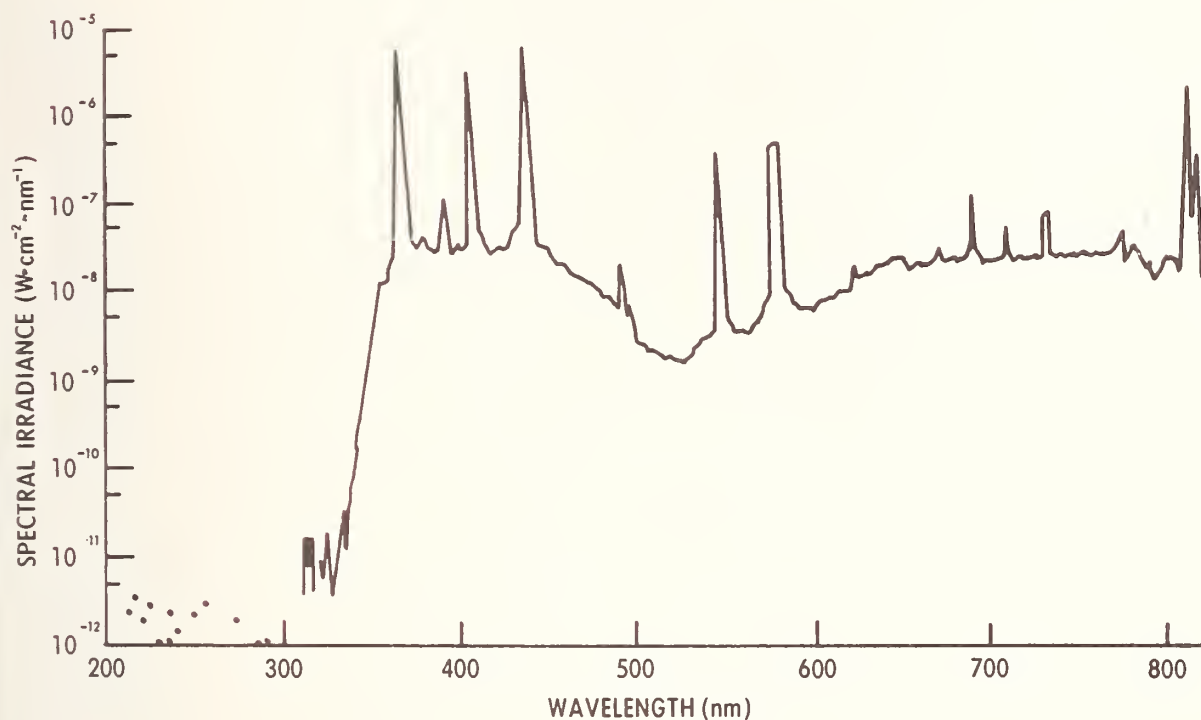
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X-RAY LEAKAGE FROM CONVENTIONAL AND HIGH VOLTAGE ELECTRON MICROSCOPES

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Electron Microscopy Society of America*).

A survey of the x-ray leakages from the electron microscopes used by
members of the Electron Microscopy Society of America has been
carried out. Few, if any, out of several thousand long term micro-
scope users received an exposure detrimental to health. However, a
sufficient number of design errors, and accidental over exposures
have occured to make standardization of maximum allowed leakage de-
sirable. The radiation hazards of high voltage electron microscopes
are also discussed.

(Electron microscopes; x-ray leakage; health hazards; high voltage
electron microscopes)

Introduction

A survey was completed in April 1972,
by the above members of the Radiation Safety
Committee of the Electron Microscopy Society
of America.[1] The basic findings have been
published[2] and a start made in standardiza-
tion of x-ray leakage by publication of a
Handbook for electron microscopists.[3] This
survey covered conventional fixed beam
electron microscopes (40-200 kV). Scanning
microscopes and microprobe analyzers were
not covered. Experience is gradually being
acquired with high voltage microscopes (HVEM)
installations of which there are now a
sizable number (nine in USA, nine in U.K.,
four in France, one in the Netherlands, one
in Germany, one in Russia, one in Sweden
and seven in Japan). In the next few years,
it is planned to reconstitute the Radiation
Safety Committee and to make a survey of
HVEM x-ray hazards. A preliminary discus-
sion is given in this report.

Since the publication of the survey,
there has been considerable interest by
State, County, City and Institution radi-
ation safety officials in the results and
recommendations. However, to-date, there
has been no attempt to introduce standardi-
zation by a Federal Agency as recommended
by the Committee. We hope that further
discussions of our result at this meeting
will be a first step towards standardiza-
tion. Recently, there are signs that
several manufacturers of electron micro-
scopes have modified their instruments to
conform to EURATOM standards of x-ray leak-
age (less than 0.1 mR/hr at a distance of
10 cm.from all external surfaces of the
equipment).

Results

A survey of 589 electron microscopists
gave the following main results:

1. Frequency of checking the microscope
for leaks by electron microscopists and
health inspectors. 8% never monitored, 44%
monitored at one year or larger intervals,
10% monitored two or more times a year and
11% monitored continuously. Only 17% of
those monitoring named the monitor and most
monitors used showed wide variation of sen-
sitivity with x-ray energy.

2. Use of film badge. Only 17% used badges
on their person.

3. Frequency of significant leaks. (> 0.5
mR/hr). Bearing in mind the general infre-
quency of adequate monitoring, nethertheless,
51% reported detecting x-ray leaks. How-
ever, only 18% recorded a figure. Of these,
41% found more than 0.5 mR/hr. Hence, x-
ray leakages of > 0.5 mR/hr must occur with
considerable frequency. It was also found
that a casual view of the magnitude of the
leak exists since most regarded leaks of >
0.5 mR/hr as "probably not hazardous".

4. Site of Leaks. Gun 53%, camera and
viewing chamber 27%, specimen chamber and
column 16%, high voltage tank and cable 3%,
luminous dial clock 2%.

*The views expressed are those of the auth-
ors only.

5. <u>Variation of leaks with type of micro-scope</u>. The fraction of each type showing leaks varied markedly with type indicating a need for design improvement in certain types. The worst hazard exists with some old early models which are still in use. A few of these may still not have lead glass windows. Manufacturing and installation errors have led to omission of some lead or lead-glass shielding and serious leaks. Poor vacuum has led to high gun current and high x-ray leakage. Manufacturers have had particular trouble in designing the specimen chamber, viewing chamber and camera to be leak free.

6. <u>Accidents and deaths attributable to x-ray exposure</u>. Failure to use lead glass windows caused facial burns and conjunctivitis. A claim was made against a manufacturer with respect to death from leukemia but the case was not proven. Two long term electron microscopists have recently reported traumatic type cataracts and the corresponding discovery of unrecognized high leak rates at the viewing chamber.

A survey of the death certificates of 37 electron microscopists was inconclusive because of the small sample available.

Discussion

We found only one well-organized institutional microscope monitoring program. City, County and State inspection appeared uniformly inadequate or inoperative. Sufficient incidents of over exposure have been found to justify some improvement in the x-ray safety situation. The required steps are: (a) Agreement on maximum permissable leakage level, (b) Agreement on monitoring instruments and procedure, (c) Improved education about x-ray safety, (d) Legal implementation. The (Federal) Regulations for the Radiation Control for Health and Safety Act of 1968 is in effect, but is not being applied to electron microscopes (only to television sets). This requires that exposure rates not exceed 0.5 mR/hr at 5 cm. from any point on the external surface of the equipment. This is similar to the Euratom requirement which has already been met by some (but not all) manufacturers. In actual effect are Radiation Protection Laws in some states which limit the permitted body dose. It appears simpler and safer to control x-ray leakage of the instrument than to limit the dose received, and the Federal Health and Safety Act of 1968 would be suitable for conventional microscopes.

However, the situation is more diffi-

cult with the high voltage microscope and more careful shielding will be required to meet Health and Safety Act requirements. The much higher penetration of the 1 Mev x-ray is offset at most points by the thicker shielding used on the column. The effects of using unusual beam conditions (misalignment or very high intensity) or of fitting different accessories with inadequate shielding are, of course, liable to be more drastic than the conventional microscopes.

HVEM's are "conditioned" once or twice a day by taking the acceleration voltage 20% higher than the voltage to be used for microscopy. Gas discharges occur in the accelerator tube during "conditioning" (once or twice a day) which can give rise to transient high levels of X-ray radiation that require the microscope to be evacuated. The conditioning procedure is used to prevent similar discharges from occuring during normal operation and is therefore, a recommended safe procedure. Hence, in the design of a HVEM facility, attention has to be paid to the shielding of the walls around the microscope so that conditioning does not affect nearby personnel.

The EMSA Radiation Safety Committee will make recommendations about this following a study to be made in the near future.

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INTERCOMPARISON OF PERSONNEL DOSIMETERS*

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The first intercomparisan of persannel manitaring dosimeters at Oak Ridge Nationol Labarotory's DOSAR Facility was canducted during the periad May 14-16, 1974. Ten independent laborataries ond companies porticipated in an intercomparison of neutron and gamma-ray dasimeters used for rautine persannel monitoring. The dasimeters, which were sent thraugh the mail, were expased at the Health Physics Research Reactor in three "standardized" radiation fields, which have been used far the past several years for intercamparing nucleor accident dosimeters. In addition, a 14-MeV neutron field was used as a fourth exposure candition. The results of the intercomparison show widely varying dose estimates; e.g., reported values of neutron dose equivolent have standard deviations ronging from 47-102% af the mean. A second intercamparisan was conducted in a similar manner an February 18-19, 1976; hawever, only a few preliminary results are available at this time.

(Dosimetry; intercomparison; neutron; gamma; reactor; persannel)

Intraductian

For the past ten years, the annuol dasimetry intercomporisons[1-3] at the Oak Ridge Natianal Laboratory's DOSAR Facility have pravided an opportunity for laboratories in the United States and foreign countries ta test dosimetry systems in simulated nucleor accident situations. These studies hove been successful in developing guidelines in instrumentation and procedures and in estoblishing "standardized" radiotion fields whose characteristics such os energy spectrum, intensity, ond unifarmity have been measured and accepted. The Health Physics Research Reactar (HPRR) hos been used as o pulsed rodiation source. The unshielded reactor and the reactor used with either of twa shields, a 12-cm-thick Lucite shield or a 13-cm-thick steel shield, provides three different neutron and gamma-roy spectra.

Many experimenters over the yeors have expressed interest in using the some "standardized" radiotian fields for the comparison of the response of rautine personnel dosimeters used at law radiatian levels typically encauntered in persannel monitoring. Recently other groups, including the Nuclear Regulatory Commission (NRC), become interested in the same project. As a result, the first Personnel Dosimetry Intercomparison Study (PDIS) wos conducted during the period Moy 14-16, 1974, with ten groups porticipating. The participants included Brookhaven Notional Laborotory; Dow Chemical Compony, Rocky Flots; Gesellschoft für Kernforschung (GFK), Karlsruhe,

Germany; Lowrence Livermore Labaratory; Los Alamos Scientific Labaratary; Naval Ordnance Laboratary; R. S. Landauer, Jr., and Company; Savonnah River Laboratory; and Unian Corbide Nuclear Divisian (Oak Ridge National Laboratory and Y-12 Plant).

Radiation Sources

The HPRR and a 14-MeV neutran generator were used to expose persannel dosimeters to mixed neutron ond gammo-roy fields. The reactar was operated in a steedy-state made at a power level of one watt for a length of time necessary ta produce a radiation dose ronge commonly encountered in personnel monitoring. Since dase equivalents of o few hundred millirem ore cammonly encountered, this arder of magnitude was selected. In order to produce this range of radiatian levels, a free air tissue kerma of approximately 40 mrad wos selected for the neutron camponent; ond the reactor operating time wos calculated based on this kerma. The neutron generotor was operated to produce a similar range af radiation levels. The resultont reactor runs were performed os shown in Toble 1.

Calculotions of the unshielded HPRR spectrum and the steel and Lucite degraded spectra have been mode using a discrete ardinates transport code.[4] The results af these calculations, presented in Table 2, represent the reactor spectro used for this intercomporison study.

Table 1. Summary of Reactor Operations for Intercomparison

Run No.	Shield	Power	Time (min.)	Fissions
1	Unshielded	1 watt	5.0	9.25×10^{12}
2	Steel	1 watt	13.9	2.57×10^{13}
3	Lucite	1 watt	26.4	4.90×10^{13}

During the course of this intercomparison, the DOSAR Low-Energy Accelerator (DLEA) was unavailable for the production of neutrons; consequently, the 14-MeV neutron exposures were made using a Phillips, sealed-tube, neutron generator whose radiation field components were not as well known as those for the DLEA. In addition to the 14-MeV neutrons, there was a significant exposure due to low-energy x-rays ($E \leq 150$ keV) emitted from the vicinity of the ion source.

Experimental Details

All badges were placed on water-filled trunk portions of Bomab phantoms. These were placed at three meters from the reactor in the case of reactor exposures and at one meter from the Phillips tube in the case of the 14-MeV exposure. When shields were used, they were placed at two meters. The placement of dosimeters on the phantoms is shown in Fig. 1, while a typical experimental arrangement with reactor and shields in place is given in Fig. 2.

Generally, the dosimeters were mailed or shipped to the DOSAR a few days in advance of the intercomparison. The dosimeters were returned in a similar manner the day after the intercomparison exposures were completed. Exceptions to this procedure were that dosimeters from local laboratories were hand-carried back and forth. Because dosimeters from the GFK laboratory, Karlsruhe, Germany, arrived late, it was necessary to make an additional exposure on an independent but "identical" basis. The types of dosimeters used by the participants are listed in Table 3. Information provided to the participants included the reactor operation data shown in Table 1, the position of their dosimeters as shown in Fig. 1, and the calculated neutron spectra shown in Table 2.

Reference Dosimetry

Sulfur pellets exposed on the reactor during the intercomparison exposures were used to estimate kerma for the three-meter position. The estimated kerma values were 36, 42, and 35 mrad for the unshielded, steel-shielded, and Lucite-shielded runs, respectively. The count rates on the sulfur pellets were quite low, and a standard deviation of ±20% was expected due to counting statistics and other sources of error. Based upon the neutron spectra that have been published[4] for the three exposure configurations used, the dose and dose equivalent can be calculated. Using the dose conversion factors given in Radiation Dosimetry[5] for that section of a phantom designated element 57, the dose conversion factors for the HPRR spectra were calculated and are shown in Table 4. Using the fission yield and the calculated leakage of the HPRR, the neutron fluence was calculated for each reactor run. By applying the previously determined dose conversion factors and average quality factors $(\overline{QF})$,[6] the dose and dose equivalent were calculated and are given in Table 5.

In the case of the 14-MeV neutron exposure, the dose equivalent was monitored by a tissue-equivalent proportional counter used in an integrating mode and placed at the approximate position of the dosimeters. This monitor indicated a dose equivalent of 325 mrem for the operation. Due to variations in the angular intensity of the radiation around the neutron generator tube, it is expected that the actual dose equivalent varied from phantom to phantom. The high x-ray exposure levels that were encountered were not anticipated, and no provision was made to monitor them. A summary of the reference values of neutron dose and dose equivalent for the four exposures is presented in Table 6..

Table 2. Calculation of HPRR Spectrum for NAD Intercomparison

Group	Upper Energy (ev)		Mid Energy (ev)		No Shield		Lucite Shield		Steel Shield	
					N (E) ΔE*					
1	1.49	E7	1.22	E7	9.53	E7	3.31	E7	1.35	E7
2	1.0	E7	8.19	E6	1.18	E9	3.63	E8	1.5	E7
3	6.7	E6	5.77	E6	3.43	E9	4.29	E8	3.8	E8
4	4.97	E6	3.87	E6	1.44	E10	2.58	E9	1.57	E9
5	3.01	E6	2.12	E6	3.76	E10	5.56	E9	7.94	E9
6	1.5	E6	1.16	E6	3.16	E10	3.19	E9	1.21	E10
7	9.07	E5	6.08	E5	4.61	E10	3.69	E9	3.34	E10
8	4.08	E5	2.13	E5	3.39	E10	3.08	E9	5.02	E10
9	1.11	E5	9.80	E4	2.60	E9	4.18	E8	2.13	E9
10	8.65	E4	7.64	E4	2.0	E9	3.81	E8	2.91	E9
11	6.74	E4	5.95	E4	1.5	E9	3.49	E8	1.41	E9
12	5.25	E4	4.63	E4	1.21	E9	3.24	E8	1.25	E9
13	4.09	E4	3.61	E4	9.71	E8	3.05	E8	5.61	E8
14	3.18	E4	2.81	E4	8.40	E8	2.98	E8	6.64	E8
15	2.48	E4	2.19	E4	7.35	E8	2.76	E8	2.5	E8
16	1.93	E4	1.70	E4	6.37	E8	2.66	E8	1.01	E8
17	1.50	E4	1.03	E4	1.58	E9	7.60	E8	1.14	E8
18	7.10	E3	4.88	E3	1.39	E9	7.23	E8	1.02	E8
19	3.35	E3	2.03	E3	1.62	E9	9.48	E8	1.16	E9
20	1.23	E3	8.48	E2	1.04	E9	6.97	E8	4.2	E8
21	5.83	E2	3.54	E2	1.24	E9	9.21	E8	4.47	E8
22	2.14	E2	1.47	E2	8.45	E8	6.91	E8	3.14	E8
23	1.01	E2	6.96	E1	7.76	E8	6.90	E8	2.88	E8
24	4.79	E1	3.73	E1	4.72	E8	4.59	E8	1.69	E8
25	2.90	E1	2.26	E1	4.54	E8	4.60	E8	1.67	E8
26	1.76	E1	1.37	E1	4.34	E8	4.61	E8	1.61	E8
27	1.07	E1	7.34		6.09	E8	6.93	E8	2.11	E8
28	5.04		3.93		3.82	E8	4.58	E8	1.28	E8
29	3.06		2.18		4.84	E8	6.11	E8	1.71	E8
30	1.56		1.25		3.04	E8	3.79	E8	1.21	E8
31	1.0		8.06	E-1	2.81	E8	3.41	E8	9.16	E7
32	0.65		5.41	E-1	2.42	E8	2.86	E8	7.83	E7
33	0.45		2.12	E-1	1.78	E9	2.67	E9	5.63	E8
34	0.1		2.24	E-2	3.36	E9	1.95	E10	1.09	E9
	5.0	E-3								

*This number is the area of the histogram for each energy interval.

FRONT

BACK
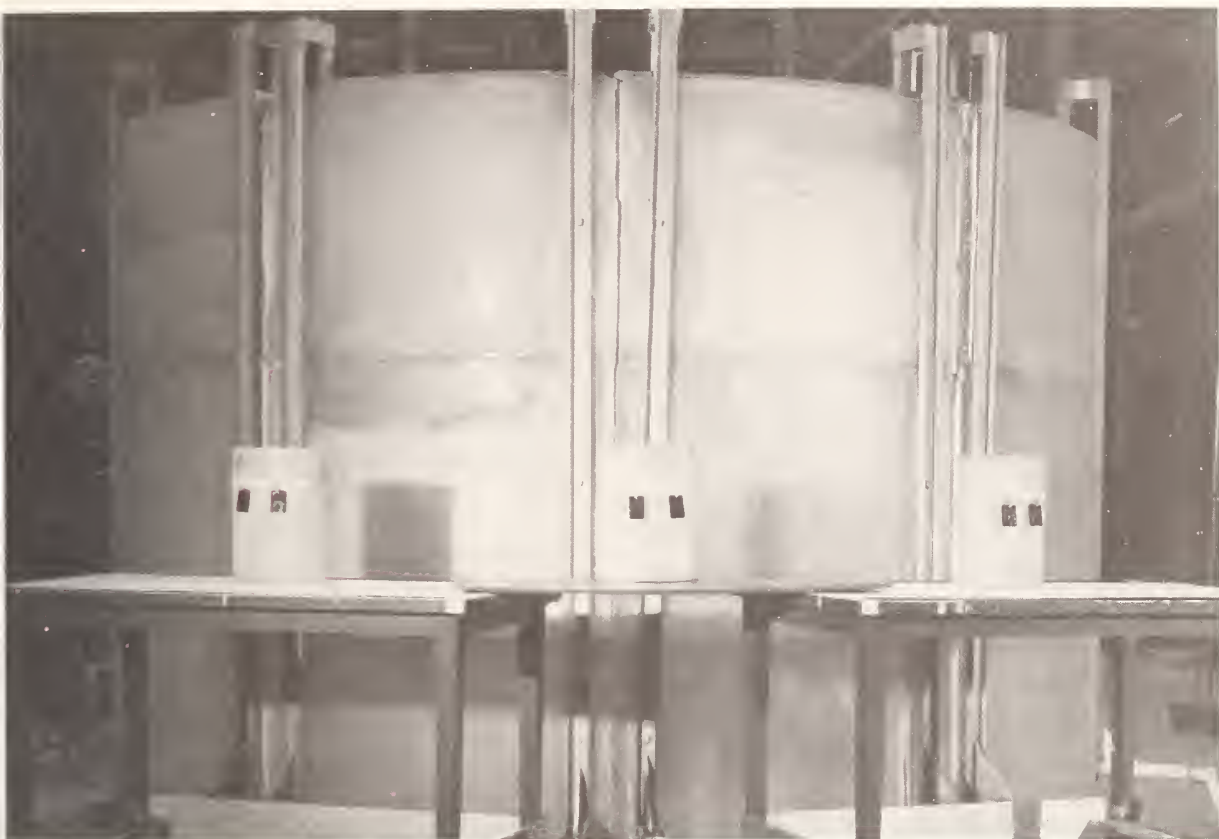
Fig. 1. Typical Placement of Dosimeters on Phantom Section

228

Fig. 2. Typical Experimental Arrangement for Reactor Exposures

Table 3. Dosimeters Used by Participants

| Group | Dosimeter Type | |
	Neutron	Gamma
A-1	TL pair	TLD
A-2	Thorium	—
A-3	Standard interpretation	—
A-4	NTA film	Film
B	TLD albedo	TLD
C-1	TLD albedo	—
C-2	NTA film	Film
D	TLD albedo	TLD
E	TLD albedo	TLD
F-1	NTA film	Film
F-2	TLD albedo	TLD
F-3	TLD albedo	TLD
G	NTA film	Film
H	TLD albedo	TLD
I	TLD albedo	TLD
J	—	Film/TLD

Table 4. Neutron Dose Conversion Factors and Average Quality Factors for HPRR Spectra

Shield	Dose Conversion Factor (mrod cm^2 x 10^{-7})	$\overline{QF}$
Unshielded	25.5	9.4
Steel	17.9	9.5
Lucite	14.6	8.9

Gommo exposures voried; but, using previous intercomparison results, gamma doses of 5.6, 4.7, and 34.5 mrad were calculated based on the number of fissions that occurred on the three respective runs during the operotion of the reactor. In actuality, the dosimeters accumulated odditional gomma exposure from the residual activity in the reactor core. The exposure rote at three meters from the unshielded reactor was approximately 15 mR/hr. A good estimate of the gammo dose is not possible due to the vorying lengths of time the dosimeters remoined in proximity to the reactor ond the varying attenuation through the shields. However, it is reosonoble to ossume that 15-20 mrod could be added to the dose delivered during the octuol reactor operation. This would suggest total gammo doses of 20-25 mrad for the unshielded and steel-shielded runs and 50-55 mrad for the Lucite-shielded run.

Results

The results of all participants are given in Tables 7 and 8 for the four exposure configurations used during the intercomparison. The averages of the participants' estimotes were 453 ± 213 mrem for the bare reactor, 554 ± 346 for the steel-shielded reactor, and 675 ± 687 for the Lucite-shielded reactor. Some of the participants gave several dose estimates either due to the use of multiple dosimeters or due to vorious meons of interpreting their results. The average includes all estimates that the porticipants claimed to be valid, even those taking into account actual knowledge of the spectro. The results of the GFK laboratory (I) are included but not averaged with the others. This is because the GFK dosimeters arrived late and had to be exposed at a different time but under "identical" conditions. The operation of the reoctor should be reproducible to within a few percent, ond the GFK results should be in good agreement with the others for the three reoctor runs. In the case of the 14-MeV exposure, the conditions for GFK were oltered by plocing o lead shield around the sealed source tube to attenuote the low-energy photons (≤ 150 keV) from the accelerotor. This exploins the significantly smoller gommo dose reported by GFK.

Table 5. Absorbed Neutron Dose and Dose Equivalent Calculated from HPRR Fission Yields

Reactor Run	Fluence (cm^{-2} x 10^7)	Dose (mrad)	Dose Equivalent (mrem)
1	1.82	46.4	436
2	3.11	55.7	529
3	2.60	38.0	338

Table 6. Reference Values of Neutron Dose ond Dose Equivolent

Run	Spectrum	Dose (mrod) Calculated	Dose (mrod) Measured	Dose Equivalent (mrem) Calculoted	Dose Equivalent (mrem) Meosured
1	Unshielded HPRR	46.4	36 ± 7.2	436	—
2	Steel-shielded HPRR	55.7	42 ± 8.4	529	—
3	Lucite-shielded HPRR	38.0	35 ± 7.0	338	—
4	14 MeV	43.9	—	—	325

Table 7. Results of Personnel Dosimeter Intercomparison Expressed in Dose Equivalent (mrem)

	Unshielded Reactor						Steel-Shielded Reactor					
	Phantom No. 1		Phantom No. 2		Phantom No. 3		Phantom No. 1		Phantom No. 2		Phantom No. 3	
	DE_n	DE_γ	DE_n	DE_γ	DE_n	DE_γ	DE_n	DE_γ	DE_n	DE_γ	DE_n	DE_γ
	582	25	—	—	—	—	612	15	—	—	—	—
	520	—	—	—	—	—	484	—	—	—	—	—
	435	—	—	—	—	—	223	—	—	—	—	—
	350	—	350	30	350	30	330	20	330	20	330	20
	510	22	—	—	510	22	550	11	—	—	550	11
	—	—	307	—	—	—	—	—	378	—	—	—
	—	—	307	20[a]	—	—	—	—	302	12[a]	—	—
	380	23	350	23	370	23	410	16	410	17	420	17
	—	—	540	20	—	—	—	—	690	20	—	—
	140	31	140	23	160	23	50	19	20	19	40	19
	952	23	865	25	921	28	1120	24	1112	17	1259	24
	662	23	594	26	512	19	1050	22	1144	20	870	21
	220	30	—	—	—	—	400	20	—	—	—	—
	420	30	405	25	395	25	565	20	690	20	620	20
	—	—	383	35	—	—	—	—	402	14	—	—
	—	—	—	—	—	35/14[b]	—	—	—	—	—	28/15[b]
	470	25.9	429	24.0	460	24.3	527	18.6	564	18.1	584	19.4

[a] not mrem   [b] First number given is based on film dosimeter; second number is based on a TLD.

Table 8. Results of Personnel Dosimeter Intercomparison Expressed in Dose Equivalent (mrem)

	Lucite-Shielded Reactor						14-MeV Neutron Generator					
	Phantom No. 1		Phantom No. 2		Phantom No. 3		Phantom No. 1		Phantom No. 2		Phantom No. 3	
	DE_n	DE_γ	DE_n	DE_γ	DE_n	DE_γ	DE_n	DE_γ	DE_n	DE_γ	DE_n	DE_γ
	431	—	—	—	—	—	—	—	—	—	—	—
	451	—	—	—	—	—	—	—	—	—	—	—
	434	—	—	—	—	—	587	505	587	505	587	505
	400	90	400	90	400	90	220	490	—	—	—	—
	383	51	—	—	383	51	—	435	—	—	—	435
	—	—	443	—	—	—	—	—	308	—	—	—
	—	—	297	63[a]	—	—	—	—	283	307[a]	—	—
	420	76	400	70	440	69	1600	310	1400	160	1400	120
	—	—	380	60	—	—	—	—	390	600	—	—
	100	89	140	89	90	89	—	—	—	—	—	—
	2515	95	2437	84	2422	86	—	—	—	—	—	—
	870	89	1000	83	1272	97	—	—	—	—	—	—
	500	85	—	—	—	—	100	700	—	—	—	—
	405	65	405	65	425	65	315	320	225	265	225	270
	—	—	418	65	—	—	—	—	341	24[c]	—	—
	—	—	—	—	—	67/54[b]	—	—	—	—	—	375
	628	80	656	75.5	776	74.2	564	460	532	367	737	341

[a] not mrem   [b] First number is based on film dosimeter; second number is based on a TLD.

[c] Surface shielded with lead

231

Summary and Conclusions

A summary of the results is presented in Table 9. It is reasonable to expect a more favorable agreement between the several participating laboratories if the results of experimental devices and nonroutine dosimeters are ignored or if a selective data handling technique is used. For example, if the extreme data points for each of the phantoms in Tables 7 and 8 are excluded, the resultant average dose equivalent estimates are 431 ± 112, 539 ± 238, and 501 ± 240 mrem, respectively. Also, if the upper and lower extremes are excluded from the 14-MeV results, the average neutron dose equivalent becomes 409 ± 154 mrem.

This study was found to be valuable to the participants, and the wide range of results indicate some problems with the response and/or the interpretation of the dosimeters used. The second Personnel Dosimetry Intercomparison Study was held February 18-19, 1976. The reference dosimetry was upgraded to provide for more accurate low-level gamma-ray as well as neutron dosimetry. At this time, only preliminary results are available and it has not been determined as yet if the results are in better agreement than those of the first study. This addition to our dosimetry intercomparison program was judged to be worthwhile, and plans are under way to continue these studies in the future.

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Table 9. Summary of Results

Spectrum	Neutron Dose Equivalent (mrem)	Gamma Dose Equivalent (mrem)
Bare HPRR	453 ± 213[a]	24.6 ± 5.9
Steel-shielded HPRR	554 ± 346	18.1 ± 4.3
Lucite-shielded HPRR	675 ± 687	75.1 ± 14.2
14 MeV	587 ± 501	384 ± 151

[a]Error given for one standard deviation

ENVIRONMENTAL RADIATION MEASUREMENTS

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Determinations of radiation dose rates and radionuclide concentrations depend on systematic considerations of detector characteristics and instrument system calibrations, as well as the composition, source distributions, and flux-energy and angle distributions of the environmental radiation field. Routine in situ measurements around nuclear facilities are made primarily to monitor changes in certain radiation parameters. Even these measurements should be based on absolute determinations in order to attribute changes correctly to the source. The systematic considerations required for monitoring environmental sources are discussed and realistic examples of gamma-ray measurements are presented along with a suggestion for beta ray measurement.

(Environmental gamma-rays, source distributions, instruments, calibration, field testing)

Introduction

Environmental radiation measurements are made for a variety of purposes, but primarily to aid in assessing man's exposure to environmental sources. Measurements made in connection with nuclear facilities monitoring provide data on measurable radiation and radionuclide levels. Then relationships between radionuclides in effluents and the consequent doses to individuals or population groups can be established or verified and any radionuclide concentration trends detected.

Many of the research and measurement efforts in this field have been described at numerous meetings, notably at the Natural Radiation Environment Symposia in 1964 and 1972[1,2]. Whether external radiation measurements are made because of scientific curiosity or for practical purposes, e.g., geoscientific surveys or nuclear facilities monitoring, the problems are complex and formidable, and should be addressed in a systematic fashion.

The employment of hand-held survey instruments, ionization chambers, thermoluminescence dosimeters, and gamma-ray spectrometers for in situ measurements of the external radiation field is reviewed and the validity of such measurement is discussed. Some of this information has been developed for the National Council on Radiation Protection and Measurements.[3]

The basic problem is that there are no environmental external radiation calibration standards. One must take account of the instrument and radiation field characteristics that are considered integral parts of a measurement system. The system is then "calibrated" by relying on a complex and sometimes tenuous argument supported by theoretical considerations and independent measurements. This is often difficult when one wishes to quantify one of the smaller and often variable components of environmental radiation, e.g., that due to manmade radionuclides.

Theoretical Considerations

The two main contributors to the penetrating component of an environmental radiation field are cosmic rays, mostly muons, and gamma rays, mostly photons from terrestrial sources. The exact composition and intensity of the field, in terms of either the ionization rate in air

near the ground or absorbed dose rate in free air, vary with time and with location. The detection and quantification of either these natural changes in environmental background or changes attributable to the addition of manmade sources depends on the degree to which one can determine the responses of radiation detectors to photons and muons.

In most applications, one can subtract the response to cosmic rays corresponding to the measurement altitude from the total detector response. If the latter is expressed as a free air dose rate, the values for the mid-geomagnetic latitudes corresponding to the continental United States shown in Figure 1 can be subtracted.[3,4] These values were inferred from measurements of cosmic-ray ionization by several investigators. The data neglect the effect of changes due to solar modulation during the solar cycle, solar flares, and atmospheric temperature and pressure.[3] At or near sea level, i.e. in most inhabited locations, these changes are usually less than 10 percent in magnitude and are negligible for many measurement programs.

The determination of the cosmic-ray response of a detector is not a straightforward process. The charged-particle equilibrium in the detector that exists for terrestrial photons may not exist for cosmic-ray muons and electrons. So one must either perform a complex detector evaluation based largely on theory or evaluate the response empirically as a function of altitude as indicated in the following section.[3,4]

The gamma-ray calibration of a radiation detector with a known point radionuclide source, such as ^{226}Ra, or a known photon beam, is applied to convert the field measurement to a convenient parameter like dose rate. This procedure can be seriously in error if the detector response is strongly dependent on the (photon) energy or if the response is anisotropic. The major environmental sources are the ^{238}U and the ^{232}Th series and ^{40}K in the ground. The latter two contributors tend to dominate the gamma-ray absorbed dose

rate in free air about one meter above ground, the height usually employed for convenience.
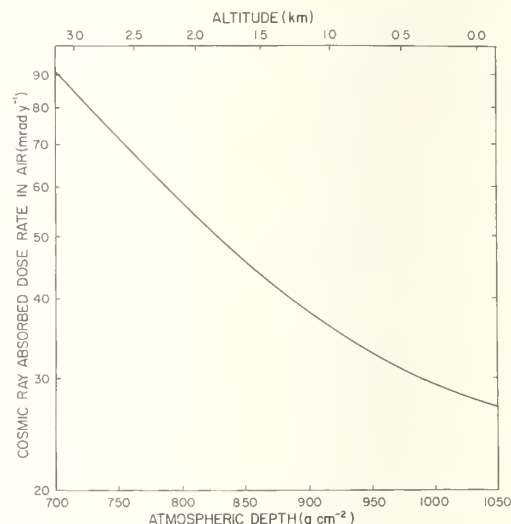

Figure 1. Absorbed dose rates in free air from cosmic-ray charged particles at geomagnetic latitude 50°N (Ref. 4).

The calibration problem can be illustrated with a comparison of the energy spectrum from a sealed source of ^{226}Ra with that in a "typical" field situation. Typical contributions to dose rate were derived from many field measurements made in the eastern United States.[5] The measurements were coupled with theoretical calculations of the radiation field above a half-space containing the sources shown in Table 1, under the assumption that the series are in radioactive equilibrium. Disequilibrium can exist for ^{238}U, but not in any important way for ^{232}Th, because of the short half-life of ^{220}Rn.

The energy spectrum for this typical situation is shown in Figure 2 as the "boxed" histogram. The spectrum from a ^{226}Ra source, shown as the "shaded" histogram, is much harder, so the dependency of the detector response on energy cannot be neglected.

Table 1.   Contributions to Dose Rate
One Meter Above Ground

Radiation Source	Absorbed Dose Rate in Free Air (μrad/h)
^{40}K	2.2
^{238}U + daughters	1.2
^{232}Th + daughters	2.6
^{137}Cs, ^{95}Zr - ^{95}Nb	0.6
^{222}Rn daughters in air	~0.1[a]
TOTAL	6.7

a. The ^{222}Rn daughter contribution
is variable according to the
soil type and local atmospheric
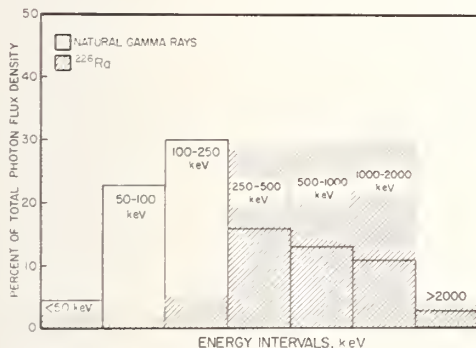conditions.[6]

*   *   *   *   *   *

Figure 2. Comparison of ^{226}Ra cal-
ibration source energy spectrum and
that from environmental natural gamma
rays (Latter from Ref. 5)

The angular distribution of the
photon flux from the ground, the pre-
dominant environmental source, is
also a significant consideration in
field measurements. One can often
characterize the half-space source as
having a uniform distribution of nat-
ural emitters with depth and an ex-
ponential distribution of deposited
manmade nuclides or recently depos-
ited natural emitters. The calcu-
lations show that a significant
fraction of the photon flux incident
on a detector is at large angles from
the normal. Figures 3 and 4 show the

angular distributions from a 60-keV
and a 662-keV source at 30 cm. and
100 cm. above the ground, respect-
ively. The α values represent the
vertical distributions in the ground
and are in effect reciprocals of re-
laxation length. So, $\alpha = 0.10$ cm^{-1}
represents a deeply distributed 60
keV source and $\alpha = 1000$ cm^{-1} approx-
imates a plane source.

The angular photon distributions
illustrate the problem of improving
detector response merely by increas-
ing detector size. Only a small
fraction of the flux originates from
sources directly beneath the detec-
tor; most of the flux is incident
from angles closer to the horizontal
and hence plane detectors may not be
desirable. This observation, for
example, affects an improvement of
plane, photon detectors designed to
measure actinides deposited on the
ground based on an increase of the
plane detector area. An ideal detec-
tor should be one with its sensitive
surface oriented to intercept photons
from angles of 60 - 90°.[7]

The $\alpha = 0.33$ cm^{-1} curve for a
high energy photon emitter like ^{137}Cs
represents a typical distribution
from world wide fallout in a location
that has not been disturbed. Here
about one half of the flux is in-
cident from angles above about 70°
and, consequently, a detector placed
1 meter above the ground in effect
"samples" a large volume of ground,
perhaps one that is tens of meters in
diameter.

Calculations have also shown
that virtually the entire dose rate
at 1 meter above ground with a uni-
form distribution of the natural
emitters is attributable to about the
top 25 cm. This is significant in
selecting a measurement location, be-
cause one only needs to test that the
horizontal variation across the 10 -
20 meter area being measured is min-
imal with a survey instrument. This
simple test and considerations of
source distributions in the ground
and flux distributions have indicated
that in situ spectrometry can be em-
ployed in environmental and geolog-
ical survey to quantify soil concen-
trations of gamma-ray emitting nu-

clides. The circumstances for this application have been reported[8] and are reviewed in a later section.
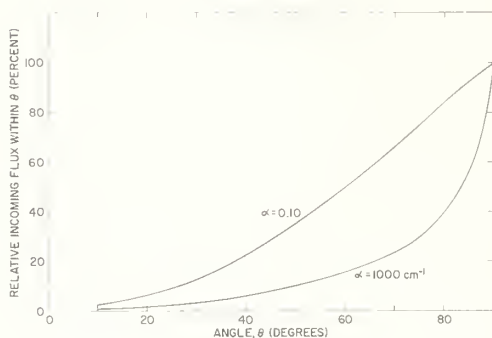

Figure 3. Angular distribution of photons at 30 cm above 60 keV source in the ground for two vertical source distributions (Ref.7).
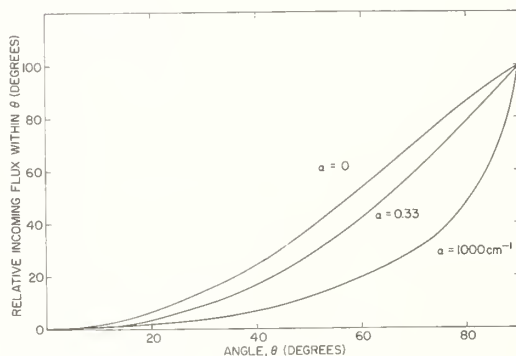

Figure 4. Angular distribution of photons at 100 cm above 662 keV source in the ground for three vertical source distributions (Ref. 8).

The calculations we have employed to characterize the typical gamma-ray field were based on a soil composition with 10 percent water by weight. The water content can vary widely, of course, but a comparison of mass attenuation coefficients for dry soil and that containing 25 percent water indicated the resulting exposure rates or dose rates would vary by approximately 5 percent, a value that is within the estimated uncertainty of the calculations and also the field measurements.

For certain applications, the effect of airborne radon daughters on detector response is not negligible. Variations of dose rate in the lower atmosphere can be substantial and should be evaluated in connection with measurements on aircraft and around nuclear facilities[3] Theoretical calculations have been made to identify the magnitude of these variations at heights above the ground between 1 meter and several hundred meters. Figure 5 depicts the relative contributions to the ionization rate in air for the principal environmental sources. The contributions from radon daughters for the extreme meteorological conditions are a small part of the total but they vary by about a factor of four, the maximum being well within 1 μrad/h at ground level.[6]

Theoretical treatments of the type identified here have been reported (see for example Refs. 5 and 8). The tabulated energy and angle distributions can be folded into measured detector response functions of energy and angle to obtain correction factors for detectors with non-flat or anisotropic responses.

Survey and Continuously-Monitoring Instruments

Instruments employing scintillation or G.M. counters have been widely used for measuring radiation from environmental sources. However, one should not be misled by the apparent simplicity of survey instruments. Quantitative measurement requires that one account for contributions from all sources of penetrating radiations, interference by any beta-ray component, and departures from linear energy response. A practical instrument should:

a. be sufficiently sensitive to allow the measurement of environmental gamma rays down to about 1 μR/h,

b. have a sufficiently short time constant to permit the making of many measurements, but sufficiently long to minimize rapid fluctuations,

c. have a uniform and nearly isotropic response over the gamma-ray

energy range of interest,

    d. be insensitive to climato-
logical changes, e.g., temperature
changes, and

    e. be small and lightweight,
if it is to be used for hand-held
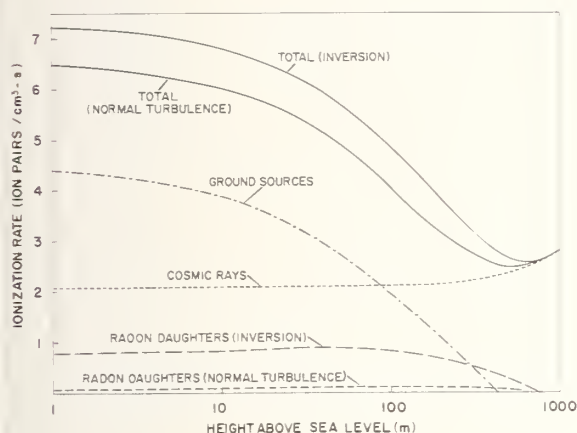surveys.

Figure 5. Calculated gamma- and
  cosmic-ray ionization rate in free
  air as a function of height above
  the ground (Ref. 6).

    The responses of organic scin-
tillators have been extended to low-
energy photons, as required for meas-
uring many environmental gamma-ray
fields (see previous section), by the
addition of high-Z material.[9,10] For
example, coating anthracene with a
thin layer of ZnS(Ag) extends its
"flat" response down to about 30 keV.
Figure 6 illustrates the combined
response of these materials in terms
of exposure rate. The detector re-
sponse below 1300 keV is energy in-
dependent within about ± 15 percent,
when employed in an instrument having
a D.C., as opposed to a count rate,
output. A similar response and a de-
tection limit of about 1 µR/h has
been achieved with a tin-loaded
plastic detector; the digital data
readout of this instrument makes it
suitable for automatic data recording
and unattended monitoring.[10]

    Inorganic scintillation detec-
tors, e.g., NaI(Tℓ), show enhanced
low energy responses because of their
greater effective atomic numbers.
Interpretation problems result from
departures from uniform response of
this type of detector and the great-
er sensitivity to low energy photons.
The tacit assumption is often made
that the total counting rate above
some discriminator threshold level
is proportional to exposure rate,
but the reduced low-energy response
should be assured by setting the dis-
criminator sufficiently high so that
any gain shift or zero shift has a
negligible effect.[11] This is impor-
tant because the environmental low
energy photon flux density is rel-
atively large and is variable (see
Figure 2).[8] Hence, the determination
of exposure rate based on calibra-
tions with radioactive sources such
as ^{137}Cs or [226]Ra can be seriously
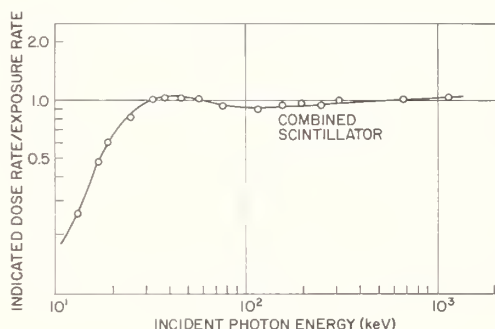in error (see previous section).

Figure 6. Gamma-ray response
  function of ZnS-plastic combination
  scintillator (Ref. 9).

    Field measurements of radio-
active areas in Colorado and on
Bikini Atoll have illustrated the
problem of directly applying point
source laboratory calibration data to
NaI(Tℓ) responses. The detector re-
sponse to one of the usual high-
energy point sources per unit ex-
posure rate will probably be smaller
than the corresponding value for the
largely scattered and low-energy
gamma-ray field. In the cases men-
tioned this led to overestimates of
the field exposure rates by factors
of 1.5 to 2.[12,13]

    The NaI(Tℓ) detector sizes are
often 2.5 x 2.5 cm or only slightly

larger and the high-energy response may, therefore, be energy dependent. The use of these detectors for special studies, e.g., the environmental measurement of 6 - 7 MeV photons from ^{16}N produced in direct-cycle light-water power reactors, can lead to significant underestimates, if they are based on the incomplete laboratory calibration described above.

An acceptable calibration is to determine the response of the survey instrument to known sources in the laboratory and compare this response with a well-calibrated ionization chamber. This procedure should account for the fact that photons from the point source, unlike those in the environment, are not generally isotropically incident. A convenient method is to base the calibration on simultaneous in situ measurements for different environmental radiation fields. In these procedures one needs to account for differences in response of each detector to cosmic radiation.

Ionization chambers are attractive because measurements with this instrument have been made for many years in connection with cosmic-ray research and the early environmental monitoring programs.[14 - 17] These measurements were historically interpreted in terms of the ionization rate in free air and then converted to estimates of exposure rate or absorbed dose rate in free air, based on reasonable assumptions.

Problems of insufficient sensitivity and reliability, as well as the unwanted response to internal radioactive contamination, limited the use of air-filled chambers and many low-pressure chambers. These problems are largely alleviated by the employment of high-pressure ionization chambers (HPIC) of the type employed by Millikan, Spiers and others.[14,16] The HPIC exhibit suitable signal-to-noise ratio, discrimination against beta rays, greatly reduced response to radioactive contamination, and remarkable resistance to environmental stresses.

Several types of this instrument were developed and employed in a

lengthy series of high-altitude, balloon-borne experiments.[17] The small, solid-state electrometer was designed for minimal variation with temperature in the range encountered in most field work[18]. The system finally evolved for monitoring environmental gamma rays has the characteristics listed in Table 2.

Table 2. Nominal Design Specifications of HPIC System.

Chamber wall: 0.30 cm. (2.36 g/cm^2) stainless steel.

Chamber volume: 8 ℓ (25 - cm dia.) sphere.

Chamber filling: 20 - 25 atm. ultra-high-purity argon.

Collecting voltage: 300 V.

Electrometer: HASL-designed solid-state electrometer (Reference 18).

Data recorder: ADC to scaler, voltmeter to strip-chart or cassette tape.

*   *   *   *   *   *   *

The pulse-scaler output is used for rapid in situ exposure rate measurements and the cassette tape output for continuous unattended monitoring. The detector employed with each system should be manufactured to the specifications given, and evaluated and calibrated to avoid departures from the desired characteristics.

The response of this or any chamber to the environmental gamma- and cosmic-radiation field is represented by

$$R = k_c I_c + k_\gamma I_\gamma + R_\alpha, \qquad (1)$$

where R is the system response in appropriate current, voltage, or pulse rate units, I_c and I_γ are the contributions from cosmic and gamma radiation, respectively, R_α is the response to any internal radioactive contamination, and the k factors are the conversions to absorbed dose rate in free air or to exposure rate. A HPIC is considered unacceptable if R_α exceeds a value that is equivalent

to about 0.1 μR/h from an external gamma-ray source. Analyses of these and other unwanted effects have been described.[19,20] The two main calibration problems are described simply in terms of the parameters in equation (1). In these non-airlike detectors, k_c and k_γ are usually not equal and there is no known "standard", pure, cosmic-radiation field for a direct determination of k_c. The factor, k_γ, depends on energy so the use of a value derived from a laboratory calibration with point sources or beams may not be valid for field measurements.

The determination of k_c derives from a complex combination of both theoretical calculations of the interaction of muons and electrons in the chamber, as well as the consistency of the result with many field measurements made at various altitudes and with data in the literature (see review in Reference 20). The theoretical calculation takes account of the slight attenuation in the steel wall of the cosmic-ray electrons and the net buildup of electrons passing through the chamber because of pair production interactions. The net build-up or transition effect in our chamber was calculated to be about 20 percent.[21] Since the electrons make up roughly one-half of the total charged-particle flux in the lower atmosphere and the muons are practically unattenuated by the chamber wall, the net enhancement of the ionization current from the chamber wall is about 10 percent. The estimated value for the chamber in Table 2, $\sim 3 \times 10^{-14}$ amperes per μR/h, is consistent with the result derived from many measurements of nearly pure cosmic ray and mixed cosmic- and gamma-ray fields. In these measurements R was determined by subtracting I_γ and k_γ values obtained from in situ spectrometry and laboratory calibrations. By normalizing an experimental $k_c I_c$ curve as a function of altitude to I_c = 2.1 ion pairs/cm³-s-atm. at sea level for STP, an I_c vs. altitude profile, corresponding to the dose rate profile in Figure 1, and values for k_c were derived.[17]

The uncertainty of the product $k_c I_c$, estimated to be about ± 5 percent

(s.d.), is due to the small time and space variations in cosmic-ray ionization rate in the mid-latitudes[7,10] The uncertainty in I_c is similar although some of the literature indicates the error in I_c may be somewhat larger.[22,23] However, I_c is generally a minor contribution to the total ionization rate so the larger error would increase the uncertainty only slightly for most applications. For the nominal HPIC in Table 2, k_c equals k_γ, within 2 percent, though one should not assume this equality pertains for other HPICs or other detectors.

The gamma-ray calibration of any detector is accomplished in a more direct fashion. First, the response to primary photons from a known point source is obtained in the laboratory. It is necessary to subtract the response to scattered photons in a particular location (obtained by shielding the detector from the primary photons) from the total response obtained without a shadow shield. Then, the resulting k_γ should be corrected for differences in the calibration source energy spectrum and that expected in the field. The field spectrum is "softer" than the laboratory, so the laboratory k_γ for the particular HPIC must be corrected to obtain a k_γ for the expected field spectrum.[20]

The overall accuracy of this instrument for measurements of gamma-ray or gamma plus cosmic radiation is about ± 5 percent (s.d.). This estimate derives in part from the consistency of ion chamber and gamma-ray spectrometric measurements in many different radiation fields, that is discussed in the next section.

Useful comparisons with calculated responses of real chambers have been made that take account of the effect of wall attenuation and build-up, as well as energy absorption in the argon gas as a function of photon energy. The comparison is shown in Figure 7 where the response on the ordinate, F, is

$$F(E,x,PV) = B_\gamma e^{-\mu x} \frac{(\mu_e/\rho)_{Ar}}{(\mu_e/\rho)_{Air}}, \quad (2)$$

and μ_e/ρ is the mass energy absorption coefficient, μ the linear absorption coefficient, x the mean thickness of the steel wall for isotropically incident photons, and B_γ the ratio of ionization in argon due to all photons to that produced by the primary photons from monoenergetic sources. The competing effects of the various factors in equation (2) yield a fairly flat energy response for the 2.36 g/cm^2 wall chamber, while the thin-wall (0.40 g/cm^2) device is obviously unsuitable.

For the thick-wall chamber in Figure 7, the k_γ value for the typical natural gamma-radiation field in Figure 2 is 2.5 x 10^{-14} amperes per μR/h, a value that is only 1.03 times that obtained from the laboratory calibration with a ^{226}Ra source. Because of the non-uniform response of the thin-wall chamber, the laboratory k_γ must be multiplied by 1.23.
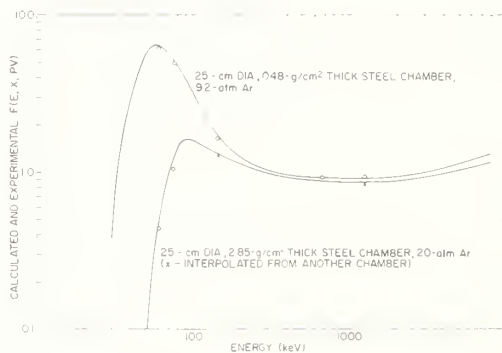
Figure 7. Gamma-ray response function thin wall and thick wall high pressure argon ionization chambers (Ref. 20).

Thermoluminescence Dosimeters

The thermoluminescence phenomenon has been widely exploited for environmental as well as for geological measurements. This extensive technology has undergone intercomparison tests under environmental conditions and guidance on performance specifications and testing procedures was recently recommended in a national standard[24,25]. As for any field instrument, thermoluminescence dosimeters (TLD) should be little affected by environmental conditions. The TLD

should be protected against moisture and the response corrected for the effects of any trace radioactivity in the phosphor or its packaging and large temperature changes on the measured response. This is accomplished by relying on special control dosimeters and, in some cases, on temperature profile data for the usually lengthy exposure times. The national standard offers partial guidance on a test aimed at developing suitable correction factors for thermoluminescence fading. The empirical determination of fading and self-irradiation corrections is difficult and time-consuming, so one is often inclined to rely on approximate corrections.

An indication of the attainable overall accuracy is indicated by a comparison of ^{7}LiF TLD and HPIC measurements obtained from the HASL monitoring site in Lloyd, New York, near Poughkeepsie. The results in Figure 8 cover about fifteen months and are reported as the average exposure rate for each four-week monitoring period. The measurements were made and analyzed according to the procedures described in Section C-01 and C-04 of the HASL Procedures Manual and they, of course, resemble the guidance in the national standard.[25,26]
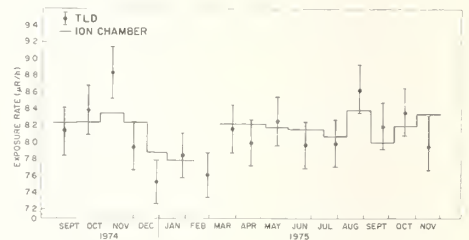

Figure 8. Average environmental exposure rates from TLD and HPIC measurements at Lloyd, New York.

The error bars in the figure (standard deviations) represent the accuracy of the field measurements, if one were to neglect the small laboratory calibration errors. The precision of the ionization chamber measurements is not indicated, but is about ± 1 percent (s.d.). A measure of agreement between the two de-

tectors was taken to be the difference between the average exposure rates divided by the ionization chamber result. The average agreement for the total period indicated in Figure 8 is within 0.5 percent and the mean difference for 4 - week measurement periods is 2.7 percent. It is believed that the overall accuracy for these type of terrestrial gamma ray plus cosmic ray measurements is about ± 5 percent (s.d.). A part of the uncertainty is attributed to the relative responses of TLD, LiF in this case, to cosmic-ray muons and electrons.

The recent international intercomparison has afforded additional insight into the TLD capabilities as now employed.[24] In this test forty-one organizations provided TLD sets for exposure to a gamma-ray calibration source and to the natural radiation environment for three months at a location near Houston, Texas. The agreement indicated by all of the dosimeters was 28 ± 5 mR (s.d.) for the laboratory exposure and 16 ± 4 mR (s.d.) for the field. It is interesting to note that about one-fourth of the participants corrected for fading by relying on either temperature profile data or by controls, while the majority made no correction.

A general evaluation of error propagation has been developed for TLD and other integrating dosimeters and is reported at this symposium.[27]

Thermally-stimulated exo-electron emission (TSEE) is a detector surface phenomenon related to thermoluminescence that may be suitable for environmental use. Results from the intercomparison and more recent field tests indicate that TSEE is a promising development, but difficulties arise during exposure that are attributed to moisture on the detector surfaces.[28]

In Situ Gamma-Ray Spectrometers

Field spectrometry does not yet fit the technical and economical requirements for routine environmental monitoring. However, spectrometry is important, and possibly necessary for special environmental and geological surveys. It aids in determining the radionuclide composition of environmental sources and their relative contributions to the radiation field. In some cases, one can quantify radionuclide concentrations in the ground and monitor the changing amount of environmental moisture and its agricultural importance.[8,29,30]

In situ spectrometers usually have minimum responses to cosmic-ray muons muons, so the gamma-ray responses can be employed to evaluate the responses of radiation detectors or to provide independent verification of these responses (see previous section).

Moderately-large (10 x 10 - cm) $NaI(T\ell)$ and large (60 - 130 cm^3) Ge(Li) detector systems have been successfully employed by a number of organizations for radiation measurements in the general environment and around nuclear facilities. Measurements of natural emitters with uncollimated $NaI(T\ell)$ detectors take several tens of minutes, while Ge(Li) measurements can usually be accomplished in an hour or less. For example, the several pulse height spectra obtained at the same location, but at different times, near a boiling water power reactor were useful in assuring that the response of a HPIC monitor was attributable to the noble gas plume.[3,30]

The areas of the measured photopeaks are proportional to the flux densities of uncollided photons from particular radionuclide emissions. If the source geometry is reasonably well known, these photopeak areas can be correlated to individual contributions to the exposure rate above ground or the absorbed dose rate in free air. The correlations depend on the radionuclide distribution in the ground and the energy and angle spectra above it. An important advantage of in situ spectrometry is that an uncollimated detector above the ground in effect samples a very large volume of soil and comparable counting statistics are obtained in a small fraction of the time required for the laboratory spectrometric analysis of a collected sample.

A limitation of in situ spectrometry is that the accuracy of determinations of the exposure rate above the ground or radionuclide concentration in the ground depend on the source distribution and composition.[8] Determinations of radionuclide concentrations depend strongly on the distribution with soil depth, while exposure rate determinations are much less dependent.

The detector response in terms of total counts in an absorption peak from the uncollided photon flux density is determined by calibrating the detector in the laboratory with small point sources. The analysis of an in situ spectrum and its relation to exposure rate or concentration depends on the following parameters:

(N_o/φ) = the count rate in a particular photopeak per unit flux density of photons of energy, E, incident along the detector axis of symmetry;

(N_f/N_o) = the ratio of photopeak count rate in the field, where these photons are not necessarily incident along the detector axis of symmetry, to the count rate from an equal flux density along the detector axis. For a uniform angular response N_f/N_o is unity. This ratio depends on the source energy, distribution and soil properties;

(φ/C) = the total uncollided flux density at the detector per unit soil concentration (pCi/g) or mCi/km) of a particular nuclide as a function of energy, source distribution, and soil properties;

$(\dot{X})$ = the exposure rate in μR/h at one meter above the ground from all photons from a particular nuclide including the secondary photons produced in the soil and air; and

$(\varphi/\dot{X})$ = the ratio of the flux density at the detector due to photons of energy, E, from the decay of a particular nuclide and any daughters to the corresponding total exposure rate for that nuclide and its daughters.

Then the photopeak count rate is related to the exposure rate in air above the ground by:

$$(N_f/\dot{X}) = (N_f/N_o) (N_o/\varphi) (\varphi/\dot{X}), \quad (3)$$

where the units are $min^{-1}/\mu R\ h^{-1}$, and, similarly, to radionuclide concentrations in the ground by

$$(N_f/C) = (N_f/N_o) (N_o/\varphi) (\varphi/C), \quad (4)$$

and the units are $min^{-1}/pCi\ g^{-1}$ or mCi/km^2.

The high resolution of Ge(Li) detectors allows one to measure absorption peak areas with little interference from neighboring peaks as well as several peaks from the same nuclide. However, the counting efficiency is somewhat lower and slightly longer in situ counting times are required to obtain statistical precision comparable to that of NaI(Tℓ).

The first two terms in Eqs. 3 and 4 represent the angular response correction and counting efficiency, respectively, of the particular detector. The ratios $\varphi/\dot{X}$ and φ/C depend only on source composition and geometry and can be used for any detector. Some values for these parameters are given in Ref. 8 and other values can also be inferred if one employs decay scheme data.

The most important parameter for determining the exposure rate attributed to a particular radionuclide or natural series is $\varphi/\dot{X}$. Model calculations have shown that while φ and $\dot{X}$ vary over a range of about ten for different ground source depth distributions, the ratio $\varphi/\dot{X}$ is nearly flat from a plane – to a deeply-distributed source.[5] Thus, even if one has only a poor knowledge of the actual depth distribution, the error in the $\dot{X}$ inferred from field measurements is reasonably limited.

242

This has been illustrated by the comparison of spectrometric measurements of natural emitters and independent HPIC measurements. The summed spectrometric photopeak contributions usually equal the HPIC results within about 5 percent.[8] Such data have been used to estimate the overall accuracies of exposure rates determined from spectrometric measurements of sources in the ground.[22] For Ge(Li) spectrometry, the estimates range from six percent (^{40}K, ^{232}Th series) to twelve percent (^{238}U series). The poorer accuracy of the uranium series is related to source geometry uncertainties caused by radon migration.

In situ determinations of radionuclide concentrations in the ground are more difficult and their accuracy depends strongly on the accuracy of φ/C which in turn depends directly on the vertical source distribution. Test measurements with NaI(Tℓ) and comparison with laboratory analyses of collected soil samples have indicated agreement within a factor of two for ^{137}Cs when the vertical distribution is assumed and within twenty percent when it is determined for the sample collection site.[8] Field tests in the Livermore Valley were made with an unshielded 70 cm^3 closed-end coaxial Ge(Li) detector.[30] Soil samples were collected in increments to a depth of 25 cm to determine the vertical distribution and the total activity for the radionuclides inferred. The results from one location used for field calibration, shown in Figure 9, indicate as expected that natural radioactivity is distributed uniformly in undisturbed places, while ^{137}Cs from world-wide fallout decreases exponentially with depth. The average concentrations for the thorium and uranium series and for ^{40}K and ^{137}Cs from the in situ and laboratory analyses agreed within a few percent. In cases where the depth distribution was not measured, agreement was within 15 percent for the natural, uniformly distributed nuclides, and within a factor of 2 for ^{137}Cs.

A similar experiment was made at the HASL monitoring site in Lloyd, New York as part of a long-term regional monitoring effort.[31] Soil samples were collected in increments to about 20 cm depth, stones were removed, the soil dried and the concentrations of ^{40}K, the ^{238}U and ^{232}Th series and ^{137}Cs determined with a large field Ge(Li) spectrometer mounted temporarily in the laboratory. The depth profiles were qualitatively similar to the profiles in Figure 9. Given the radionuclide concentrations and assuming the in situ (soil plus rocks) composition, the exposure rate above the in situ soil was calculated to be 8.2 ± 0.4 μR/h[6]. This value assumed 15 percent ^{222}Rn migration from the soil, but accounted for the resulting radon daughters in the air. The exposure rate was determined from an independent HPIC measurement to be 8.3 ± 0.4 μR/h. The former error is based on laboratory counting statistics (s.d.) and latter is the estimated HPIC accuracy (s.d.).
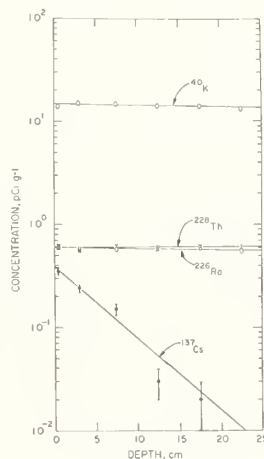

Figure 9. Measurement of radionuclide concentration with soil depth (Ref. 30).

Field Tests of Instruments and Desirable Developments

The determination of dose to man is the major one of the three principal purposes of measurements identified in the introduction. While doses are often calculated, assessments for nuclear facilities ought to depend in some way on measurements or on experimentally - verified computational methods.

Table 3. Estimated Noble Gas Plume Exposure Near a BWR Obtained from HPIC Monitoring Record (Aug. 1973 - Sept. 1974) (Ref. 33).

Distance and Direction (km)	% of Time in Operation[a]	Background Exposure (mR)[b]	Plume Exposure (mR)[c]
1.3, NNE	97	84	3.5
2.6, ENE	98	78	3.1
4.6, E	86	71	0.86
4.6, NNE	52	44	0.10
5.2, NE	95	84	2.1
6.8, NNE	36	30	0.1
8.0, ENE	65	58	0.7

a. Refers to time of successful HPIC data acquisition.
b. Includes the cosmic-ray contribution equivalent to about 35 mR.
c. Plant effluent monitoring indicated the noble gas activity release rate during the period ranged from 4 to 140 x 10^3 µCi/s.

* * * * * * * * * * *

A three-year long experiment to monitor radioactive noble gases around a boiling water power reactor (BWR) was concluded in 1974. The twofold purpose was to develop and field-test measurement methods suitable for documenting ambient environmental gamma-ray levels and quantifying any contributions attributable to plant operation, and to obtain data for verifying commonly-used methods for computing the diffusion and dispersion of radionuclides in the air. Several reports describe the results, their significance and comparisons of measurement and calculation.[32-35]

In one part of the experiment, seven HPIC monitoring systems were deployed at locations between 1.3 and 8.0 km from the BWR.[18,20] A variations analysis was applied to the measurements to separate the relatively rapidly - varying plume contribution from the slowly - varying background. A summary of the results from the period August 1973 through August 1974 is given in Table 3. The analysis produces an essentially unique identification and quantification of the noble gas contribution to the total environmental gamma-ray field.

As indicated in a previous section, the overall accuracy of this type of measurement for the total exposure rate (or absorbed dose rate in free air) is estimated to be within 5 percent (s.d.). If the HPIC produces data for a year, or a large fraction thereof, it was concluded from the tabulated and other data that the exposure attributable to a nearby nuclear facility can be determined within 1 mrad/y.

Comparison of these measurements with several common computational methods indicated agreement, usually well within a factor of two. Identification of these models can be obtained from the references.

It should be noted that, given this type of verification, one can estimate population doses in terms of man-rad. It was estimated that an environmental "cost" of the one year operation of the BWR in question was 12 man-rad within 16 km, and about 60 man-rad within 80 km.[35] Of course, those of us who develop and perform measurements are not certain we understand the significance of these population dose estimates.

244

In another part of the experiment, TLD measurements were made for monthly periods at about two dozen locations, including the seven HPIC locations. A semi-empirical calculation, correlating the soil moisture and exposure rate above ground was made to estimate the expected background value.[32] The difference between the expected value and the total exposure rate after correcting for the cosmic-ray contribution (equivalent to 3.7 μR/h) was attributed to the noble gas plume. The agreement between the total exposures derived from measurements at four locations and calculations of the type used for the HPIC comparisons was generally within a factor of two. The agreement at a location 14 km from the BWR was poor, because the error in the inferred plume contribution was about equal to the error estimated for the soil-moisture, exposure model.

Based on a typical background corresponding to 10 μR/h, or 88 mR/y including the cosmic-ray contribution to the annual environmental exposure from a nuclear facility would have an error of about $\pm$ 1 mR (s.d.). This is based on twelve successive, monthly TLD measurement periods and acquisition of suitable climatological data for the soil moisture – exposure model.[32] Hence, if one were to estimate the annual increment over this "typical" background with this method to be 10 mR, the associated error would be acceptably small. It should be noted that the error would be somewhat reduced in areas where background is relatively low (see Table 3).

A parallel demonstration was undertaken on behalf of the Nuclear Regulatory Commission by the Health Services Laboratory of ERDA.[36] Five HPIC detector units were modified to provide exposure rate vs. time data to a small computer located in a special trailer facility. Simultaneous recording, processing and transmitting of data from a nearby meteorological tower were performed and the results were retrieved either from the local facility or in HSL located at the National Reactor Testing Station in Idaho. Though "hardwire" transmission was employed

in this experiment, and this tended to limit the area monitored, a brief test of FM radio telemetry was demonstrated to be feasible. A similar system has been successfully used at the 13,000 km^2 Idaho site.

The demonstration was conceived as a possible prototype for a large area monitoring program. The multiple application of a complex system has recently undergone investigation. In this effort, remote NaI(Tℓ) detectors are expected to produce data on environmental levels and on effluents at selected release points on an automatic and continuous basis.

An important problem for the development of instruments of this type is the lack of systematic instrument research and development in the Government and industry. The gamma-ray monitoring efforts described in this paper relied heavily on detectors and instruments developed during the last two decades. If the use of nuclear energy is to continue, continued development measurement methods is needed. One class of methods, pertaining to plutonium and other actinides is being investigated and has been reviewed.[7]

The development of an environmental beta-ray monitor is underway. Monitoring of ^{85}Kr released from a reactor fuel reprocessing facility is also being attempted. Separation of any ^{85}Kr contribution from the relatively substantial total beta-ray levels are based on the analysis method developed for the HPIC. Though insufficient data is available for dose estimation, several months of operation indicates that the G. M. count rate monitors are functioning reasonably well.[37]

It seems apparent that combinations of continuous monitors that have been thoroughly field tested can be deployed around nuclear power plants, and possibly reactor fuel reprocessing plants, in fairly limited quantities.[10,20,33,37] These systems in conjunction with a larger number of monthly TLD measurements, in the experience of HASL are a practical program for monitoring external radiation. The measurements can be interpreted to form a record of any addi-

tions to the natural environmental external dose rates.

Rapid surveys for obtaining information on sites for routine monitoring or on long-term deposits of radionuclides are best accomplished with suitably calibrated, possibly flat-response, survey instruments and in situ spectrometers. The data on qualitative variations of gamma-ray levels and on dose rates attributable to specific natural radionuclides and pre-existing manmade nuclides can aid greatly in preparing a facilities monitoring program such as may be recommended or required.[38]

The costs of equipment procurement for a monitoring program and of its operation and data processing are high, but they appear to be defensible and not necessarily extraordinary when one considers the cost and value of many current monitoring efforts.

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248

ENVIRONMENTAL MEASUREMENTS AND REGULATORY RESPONSIBILITIES

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During recent years, federal and state regulatory agencies have ex-
hibited a propensity for issuing environmental radiation regulations
regardless of the quality of the data base available for derivation
of the standards. Particular examples of this trend are the AEC/NRC
Regulatory Guide 4.3, EPA's Federal Safe Drinking Water Regulations,
and some state and local edicts. Though the federal agencies appear
to be improving in their efforts to obtain a sound environmental
data base in certain areas, recent estimates of health effects at-
tributable to ^{14}C effluents show that some interest continues for
the "estimate and speculate" method of arriving at environmental
radiation standards. Some state and local regulatory agencies, more
closely attuned to political and media pressure, have rendered deci-
sions or made statements which are not readily supported by the
data obtained from environmental measurements. Environmental radio-
chemical laboratories, on the other hand, have found that quality
assurance requirements ordinarily acceptable for routine surveillance
programs are not always sufficient at low radioactivity levels for
the regulatory needs developed. As even more stringent analytical
requirements are imposed, the staffs of both the laboratories and
the regulatory agencies must be fully cognizant of the statistical
limitations of environmental data developed at very low radioactiv-
ity levels and respond accordingly in making regulatory decisions
or setting environmental regulations.

(Regulations; radioactive effluents; environmental samples, labora-
tories; radioanalytical data; quality assurance)

Introduction

Regulatory actions based on environ-
mental measurements involve a double respon-
sibility: the laboratory must provide the
most reliable data possible within analyti-
cal and statistical limitations, and the
regulatory agencies must take care to apply
the data only to the extent permitted by
these limitations. All too often, one or
both of these requirements are not met. The
result is adverse public reaction, adminis-
trative problems, and/or added expense to
resolve questions arising.

During the 1960s environmental radioac-
tivity was caused predominantly by fallout
from nuclear weapons testing. Effluents
from the few operating experimental nuclear
reactors were rarely above ambient fallout
levels, except for samples collected very
close to the point of discharge. Radioana-
lytical requirements were relatively simple.
Radioactivity levels from fallout in most
environmental samples were well above the

minimum detection limits of ordinary count-
ing systems, and the counting requirements
centered on obtaining satisfactory accuracy
and precision for each measurement.

In the 1970s ambient fallout levels
have decreased, and analytical sophistica-
tion has increased to the point where nu-
clear reactor effluents can be identified
even at some distance from the source.
These reactor-related radioactivity levels
are one or more orders of magnitude below
previous fallout levels, and the correspond-
ing dose levels to the public are extremely
small. Nevertheless, regulatory agencies
have been developing environmental radiation
regulations which tax radioanalytical capa-
bilities technically and financially.

In this brief presentation I cannot
hope to discuss all the radiological envi-
ronmental regulations and decisions made
during the past few years. Instead, I shall
touch on some of the regulations made by the
U.S. Nuclear Regulatory Commission (NRC) and

the U.S. Environmental Protection Agency (EPA) which affect the greater body of environmental radiochemical laboratories and environmental regulatory agencies. Some decisions by state and local regulatory authorities, though not universal in impact, will be mentioned as examples of the environmental measurement problems which occur because of the more direct response by these agencies to public opinion. Finally, I shall offer some examples of the regulatory problems caused by inadequacies in data reported by state regulatory agencies or by radioanalytical laboratories.

For the sake of time, the scope of this discussion is limited to topics associated with radioactivity levels in the environment, leaving discussion of ionizing environmental radiation to Dr. McLaughlin, the preceding speaker, and leaving unaddressed the less controversial topic of nonionizing environmental radiation.

Regulatory Imposition of New Analytical Tasks

Though the NRC has existed for only one year, much of the staff remains from its parent, the U.S. Atomic Energy Commission (AEC). Many regulatory decisions made by the AEC, which are still in effect as NRC Regulatory Guides or as technical specifications at various nuclear facilities, imposed new or more difficult tasks on radiochemical measurement laboratories.

The EPA's Office of Radiation Programs has existed somewhat longer. However, recent regulations by EPA have also imposed analytical tasks which are out of proportion to anticipated benefits. The situation in the radiochemical measurement field resembles that described succinctly by Hirschfeld[1] for analytical developments in general:

"The Delaney amendment and other masterpieces of legal and bureaucratic regulation formally embody the principle of today's maximum analytical capability being tomorrow's minimal legal requirement. This automatic no-win situation for the developers of analytical techniques, besides its eventual effects on the publication of analytical research, will keep a substantial fraction of the analytical workload in perpetual proximity to the technological and eventually fundamental limits."

New radioanalytical methods are being developed to meet the sensitivity and precision requirements of the new regulations. All too often, considerable financial and technical effort is required of the radioanalytical laboratories to incorporate or develop these new techniques. Such methods -- in proximity to technological limits -- are difficult to use for routine analysis and provide unreliable results when operated by technicians. Hiring better trained staff to meet the more demanding technical requirements leads to still another cost burden for the laboratory. These additional costs, which are eventually absorbed by the public, are for the most part not readily justified when one realistically considers the beneficial effects on health which are likely to accrue from many of the stringent new regulations.

Regulatory Imposition of Unreliable or Technologically Limited Analytical Tasks

Certain of the radiological environmental regulations have imposed analytical tasks which approach the technological limits of radioanalytical systems. Particularly important among these are NRC's Regulatory Guide 4.3[2] (in association with requirements of 10CFR50, Appendix I,[3] and of Regulatory Guide 1.42[4]) and EPA's Interim Primary Drinking Water Regulations[5] (IPDWR). The IPDWR also prove difficult to justify with regard to health benefits which may be derived, but they impact the measurement laboratory most heavily through the regulated imposition of unreliable analytical tasks.

Appendix I and Regulatory Guide 4.3. At the beginning of this decade the AEC was increasingly pressured by various environmental groups to provide evidence of safe operation of nuclear power reactors. One result of this pressure was the development of 10CFR50, Appendix I. The requirements expressed in Appendix I have never achieved formal legal status but are being imposed on operators of new nuclear power reactors through the license approval process.

Based on dose levels and concentrations established in Appendix I, the AEC required laboratories (in Regulatory Guide 1.42) to obtain analytical precision of ±25% at an unspecified confidence level for ^{131}I levels of 0.5 pCi/liter at time of sample collection, or approximately 0.2 pCi/liter at time of counting. The reactor operators complained to the AEC that the analytical requirements were beyond the scope of existing measurement capabilities. A radiochemist on the Directorate staff was assigned the task of quickly "developing" a satisfactory method.
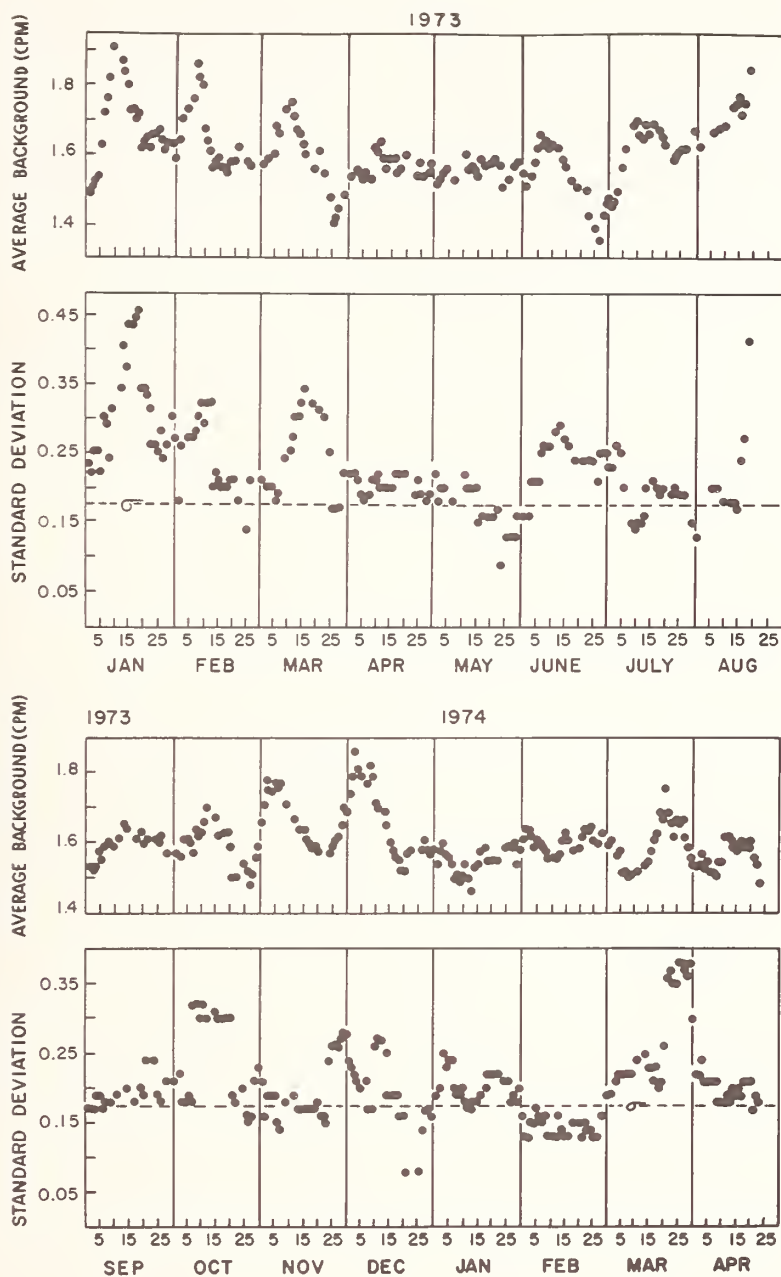
250

Fig. 1.   Running 10-point average background and standard deviation values for a low-background beta-particle-counting system (from Ref. 8).

Combining analytical methods from several laboratories, including those of our Radiological Sciences Laboratory (RSL),[6] he derived at an untested analytical method which would presumably suffice. When preliminary tests of the method were conducted at an AEC contractor laboratory, that laboratory apparently ignored several important statistical parameters which would have precluded use of this method for the purpose intended. Despite its technical weaknesses, the method was promulgated[7] as Regulatory Guide 4.3.

251

TABLE I. Example Calculation (from Ref. 8).

N = Net pCi/liter

$$= \frac{\text{(net counts) (factor for protein-bound fraction)}}{\text{(count time) (chem yield) (counter eff) (sample vol) (decay) (dpm/pCi)}}$$

$$= \frac{(360 \pm 75)\ (1.05 \pm 0.05)}{(1000 \pm 0.1)\ (0.6 \pm 0.1)\ (0.28 \pm 0.02)\ (4 \pm 0.01)\ (0.5 \pm 0.005)\ (2.22)}$$

$$= 0.5$$

$$\frac{\text{SD}}{N} = \left[\left(\frac{75}{360}\right)^2 + \left(\frac{0.05}{1.05}\right)^2 + \left(\frac{0.1}{1000}\right)^2 + \left(\frac{0.1}{0.6}\right)^2 + \left(\frac{0.02}{0.28}\right)^2 + \left(\frac{0.01}{4}\right)^2 + \left(\frac{0.005}{0.5}\right)^2 \right]^{\frac{1}{2}}$$

$$= 10^{-1}\ (4.34 + 0.23 + 0.00 + 2.04 + 0.51 + 0.00 + 0.01)^{\frac{1}{2}}$$

$$= 10^{-1}\ (7.13)^{\frac{1}{2}}$$

$$= 0.27$$

We have shown in a previous publication[8] that the analytical method published in Regulatory Guide 4.3 cannot achieve the sensitivity and precision required by the NRC. First of all, the background counting rate of commercial β-counting systems can differ significantly from predicted statistical behavior (Fig. 1). The fluctuations in background rate occur even though the counting systems are powered through voltage stabilizers and line filters and even though the humidity and temperature of the counting-room air are closely controlled. The reason for periodic behavior of the background fluctuations is not clear. NaI(Tl) systems used for γ-spectrometric analysis of ^{131}I exhibited similar nonstatistical background fluctuations. Regardless of the source of background fluctuations, this nonstatistical behavior of the counters can result in false-positive ^{131}I values.

The RSL also found large quantities of stable iodine in milk from dairy farms in New York State. Investigation by the New York State Department of Environmental Conservation (NYSDEC) attributed the high levels of stable iodide to a fungicide fed to barned cattle in wet, cold climates.[9] Apparent chemical recovery factors could be quadrupled by the stable iodide in the milk, producing a fourfold underestimate of ^{131}I levels. Addition of carrier sufficient to overcome the natural iodide content would reduce the β-counting efficiency to unacceptably low values. Uneven distribution of carrier on the sample mount can also cause large counting errors.

A mathematical analysis of the several accountable sources of error (Table I) indicates that background contributions to the counting error and chemical recovery errors would be the predominant terms setting the analytical precision for ^{131}I in milk. The chemical recovery error could be reduced by measuring stable iodide in each milk sample -- at the cost of doubling the number of analyses.

Periodic nuclear weapons tests were found to increase ambient ^{131}I levels to three times the specified level of 0.5 pCi/liter (Fig. 2). Incorrect attribution of elevated ^{131}I levels to local nuclear power reactors can be avoided only by analysis of several control samples collected remote from each reactor.

An interlaboratory comparison study[10] conducted by the AEC substantiated the inability of some 15 laboratories to achieve the precision and accuracy required now by the NRC.

Regardless of all these problems, reactor operators are still required by NRC regional inspectors[11] to obtain ^{131}I data at the sensitivity and precision specified by Regulatory Guide 4.3.

Interim Primary Drinking Water Regulations. A heavier cost burden to most states in the way of increased analytical workload

will be created by the IPDWR. In 1971 the EPA Office of Radiation Programs began developing standards for radioactivity in drinking water. The regulations were finally published in 1975.[5] During that period the draft IPDWR were revised time and again as serious technical errors were discovered, yet the various versions showed little cognizance of many practical aspects of performing environmental measurements.

Many of the analytical methods, sensitivity requirements for several radionuclides, and cost estimates for certain analyses recommended in the IPDWR are incompatible with normal laboratory practices. For example, the sensitivity requirement for gross-alpha measurement was at one time less than the fundamental limit by a factor of 4. In this case, recommendations from several laboratories did lead to correction of the technical impossibility being imposed.

Originally, specific ^{226}Ra limits in IPDWR were set on the basis of population served. Such a requirement would have caused difficult enforcement problems for state water-supply agencies. That requirement was changed only after a concerted effort was organized by several states and
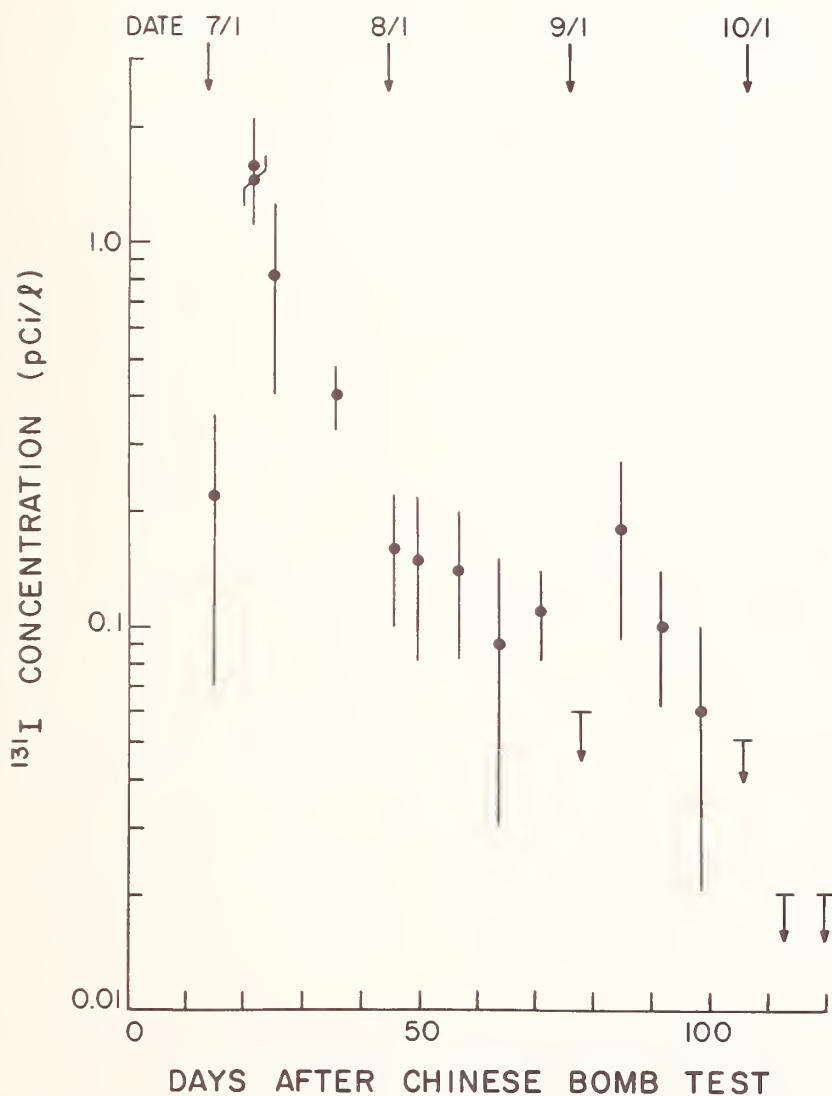
Fig. 2. Iodine-131 concentration in milk collected during 1974 in areas of New York State remote from operating nuclear facilities (from Ref. 8).

253

the problem brought to the attention of EPA's Office of Water Supply.

A new requirement calling for measurement of both ^{226}Ra and ^{228}Ra found its way into the final version of the interim regulations. The EPA cost estimate for measuring ^{226}Ra and ^{228}Ra is based on a single separation of $Ba(Ra)SO_4$, though counting of $Ba(Ra)SO_4$ for ^{226}Ra is technically inferior to the emanation method of analysis. Furthermore, the recommended separation procedure has been found unreliable as an analytical method for ^{228}Ra analysis.

An important incongruity in the IPDWR permits concentrations of natural radioactivity which will result in dose levels of 60 mrem per year per individual, while only 4 mrem per year per individual is allowed from man-made radioactivity. Measurement requirements for man-made radioactivity are at or below the current technological limit for ^{131}I and ^{90}Sr. Measurement of ^{131}I at 1 pCi/liter will require β/γ-coincidence counting or excessively long counting periods on conventional β-counting systems unless special arrangements are made for rapid transport of the samples to the laboratory, where they must be analyzed immediately on receipt. A slower-paced analytical effort would require shipment of large sample volumes (up to 4 liters of water). ^{90}Sr measurements at 0.5 pCi/liter will also require large sample volumes, as will the ^{134}Cs and ^{137}Cs measurements. Specially developed counting systems, field concentration of certain radionuclides, or transportation of up to 10 or more liters of water may be necessary to meet all of the IPDWR requirements. Such stringent sensitivity requirements for man-made radioactivity are incompatible with the 15-fold greater levels permitted for natural radioactivity.

The allowances in IPDWR for compositing samples prior to analysis of natural radioactivity must be carefully examined by state laboratories and regulatory agencies. Precipitation and adherence of many radionuclides to sample containers may prove a significant problem if samples are stored over an extended period. Measurement laboratories may be required to develop new techniques to assure representative sample transfer when samples are composited.

The stringent sensitivity requirements for man-made radioactivity are also incompatible with the monitoring frequency allowed in the IPDWR. Measurements for environmental ^{131}I cannot be considered meaningful if obtained on the basis of a single quarterly grab sample. The IPDWR statement that if

maximum contaminant levels are found, "monitoring shall be continued with monthly samples or the analyses of quarterly composites of three monthly samples," is inconsistent with the physical decay processes involved. Because of its 8-day half-life, the decay of ^{131}I from the time of collection to the time of measurement will be incalculable for samples composited over a period of three months. Even ^{89}Sr decay will not be readily calculable for composited samples.

Additional questions concerning the viability IPDWR may also be raised. For example:

- Calculation of health risks should not be based on individual consumption of 2 liters of drinking water, but rather about half that amount.

- The recommendation that laboratories use outdated radioanalytical methods, such as those of the American Public Health Association, will cause added cost burdens to the measurement laboratories while providing inferior results. Some of the radioanalytical methods recommended, including those of the American Society for Testing and Materials, cannot meet the sensitivity requirements of the IPDWR. Laboratories will find it necessary to develop or adapt methods at the limits of current technology for some radionuclides.

- Monitoring of "any community water system contaminated by effluents from nuclear facilities" presents an interpretive dilemma. Contamination by ^{129}I and HTO in gaseous effluents from fuel-reprocessing facilities or ^{131}I and other radionuclides in liquid effluents from hospitals may also require consideration.

- The permitted use of utility discharge data made concentration estimates at the water intake dependent on water dispersion models, which may result in serious over- or underestimates of actual concentrations.

- Failure to require laboratories to exhibit proficiency through participation in a nationwide quality assurance program may jeopardize the reliability of results.

To summarize, the specific analytical requirements now imposed on the measurement laboratories by the IPDWR are out of line with the dose justification, the sampling and compositing allowances, the costs allowed for analyses, and the quality assurance requirements.

Regulatory Programs Requiring Further Technical Development

Certain regulatory programs, including some of long standing, require further technical development. Though Emergency Response Planning has only recently achieved notoriety, state representatives to the Conference of Radiation Control Program Directors have attempted for the past few years to draw attention of responsible federal agencies to deficiencies in the program. Technical problems have also developed in NRC's Independent Measurements Program.

Emergency Response Planning. As a condition for a license to operate a nuclear power reactor, the facility operator must develop with the State an emergency response plan, under the guidance of the NRC and EPA.

The NRC, as lead agency for emergency planning, recently has come under considerable pressure from various groups concerned about technical and financial inadequacies in emergency planning for accidents at nuclear facilities. This problem was highlighted in February 1976 by extensive media coverage of alleged deficiencies at several reactor sites. EPA, the U.S. Energy Research and Development Administration (ERDA), the U.S. Defense Civil Preparedness Agency (DCPA), the Federal Disaster Assistance Administration (FDAA), state agencies, and facility operators also have extensive responsibilities in the emergency response planning program.

Current problems with environmental measurements for emergency planning involve plume transport and protective action guides. In-depth studies of plume transport are only now being started. To the credit of the NRC, basic research programs are being developed to identify gaseous and particulate species which may be released in a reactor accident and to resolve the chemical behavior of these species as a plume moves.

On the other hand, insufficient technical and financial assistance has been provided to state and local agencies which must eventually administer any emergency-response action. WASH-1293 provides a checklist for cadre operations[12] which the states are expected to use as the basis for their own plans. However, there are important deficiencies in the WASH-1293 dose estimates and in EPA's protective action guides.[13]

Very little is known concerning radioiodine species which may be released in a reactor emergency, though ^{131}I dose to thyroid is postulated to be the predominant factor determining the need for evacuation.[13] Reliable methods for sampling various chemical species of radioiodine must be developed. Laboratory measurements for the several iodine radionuclides released may prove too complex for NaI(Tl) γ-spectrometry, but few environmental radiochemical laboratories have even one Ge(Li) system for high-resolution γ-spectrometry. Prediction of radioiodine dose is further complicated by inadequate plume transport models for the terrain surrounding most reactor sites in the eastern U.S., particularly at distances beyond 5 or 6 km.

Present evacuation plans are therefore scientifically deficient. Such plans for densely populated areas are dependent on predictive transport models, but the source-term radioiodine species are not yet adequately identified, and the transport mechanisms are still poorly defined. State and local authorities may be forced to base evacuation plans in part on the emergency response capability of environmental radiochemical laboratories. Few state laboratories, however, are prepared to produce definitive results within an hour or two following an accident. Even should the laboratories be prepared, the procedures for collection, shipping, and handling of emergency environmental samples differ markedly from those used for routine surveillance programs.

Research requirements for emergency planning include identification of radionuclide species which may be released in an accident at each nuclear facility and development of site-specific mathematical models for evacuation planning. Site-specific data can be obtained only by appropriate laboratory and field studies at each nuclear facility.

Independent Measurements Program. The Independent Measurements Program evolved approximately five years ago, when the AEC began considering environmental data as well as discharge data for regulatory purposes. This program appears to have been a response to criticism from environmentalists and other antinuclear groups, who charged that a conflict of interest existed in the AEC as it was then structured. The states were to be introduced into part of the monitoring sequence, which otherwise was performed by the individual operator or contractor laboratory.

Problems immediately surfaced. Firstly, the individual contracts with the states were severely underfunded by the AEC. One goal of the AEC funding may have been to induce the states to provide supplemental funds, but this is always a difficult proposition. Secondly, most states did not have the technical or administrative resources to implement such a program. Thirdly, technical support by the AEC developed late in the program, and even that support was less than adequate.

The obstacles to technical and administrative support on the state level are not always realistically appreciated by federal agencies. State bureaucracies are often slow to move, whether the need is for added funds or for changes in job titles to attract trained personnel. Several states did obtain supplemental funds and did begin work. However, technical capabilities at many of the state laboratories were impaired because properly trained nuclear chemists and physicits could not be hired in existing job titles or at existing salary levels. Even the reactor operators experienced problems in obtaining trained laboratory staff because of the limited number of experienced environmental radiochemists immediately available.

Laboratory facilities in several states were not adequate to cope with the variety of samples collected. These limited facilities, not only in many state laboratories but also at the reactor sites, made difficult the processing of high-activity in-plant samples in the same laboratory with low-activity environmental samples. In some instances counting equipment was set up in the same room or in close proximity to where chemical spearations were being performed.

As for technical support, the samples provided to the laboratories were often non-representative. Many corrosion-product radionuclides were found to be fixed permanently on container walls when in-plant samples were shipped or stored for more than a few days. This problem was only discovered 2 or 3 years after the program was initiated. The shipping problem was solved by adding paper pulp to the large-volume samples, but difficulties in aliquoting radioactive material adsorbed to the pulp increased problems of sample cross-contamination.

Technical support for quality assurance has also been less than adequate. Results for intercomparison samples run at state, reactor, and AEC (now ERDA) laboratories are made available to the laboratories only after

a year or more, so that recognition of any performance inadequacies is delayed.

Regulations Imposing Impractical Analytical Tasks

As in the case of the IPDWR, regulations or regulatory decisions have been issued by various agencies without full consideration of health benefits to be obtained. Analytical tasks in these cases do not necessarily approach or exceed technological limits, but the tasks are likely to set excessive workloads which cannot be readily justified by cost/benefit considerations.

Control of ^{85}Kr Effluents in the Nuclear Power Cycle. EPA regulations[14] for control of ^{85}Kr effluents appear to reflect the agency's philosophical approach to regulatory responsiblities. As a matter of polciy,[15] EPA's Office of Radiation Programs develops all regulations on the basis of a very restrictive interpretation of the BEIR Committee recommendations.[16]

At the 1973 Noble Gases Symposium,[17] the EPA made a well-orchestrated presentation designed to convince the technical community that ^{85}Kr releases from the nuclear fuel cycle must soon be brought under control. Eight papers were presented extolling the need for separating ^{85}Kr from gas effluents generated in the nuclear fuel cycle.

Recommendations for ^{85}Kr control have appeared again in EPA's most recent proposed rulemaking action.[14] Health effects savings realized by reducing environmental ^{85}Kr effluents are partially offset by increased occupational health effects from storage of ^{85}Kr. Yet it appears that radiochemical laboratories may soon be required to conduct routine measurements of environmental ^{85}Kr levels.

Control of ^{14}C in the Nuclear Power Cycle. EPA's most recent proposals for rulemaking action[14] also suggest that ^{14}C is the single most important radionuclide in the nuclear fuel cycle in terms of "possible health effects." Little substantive evidence is provided in support of this contention. Calculated health effects[18] supporting the proposals are identical to those presented by Magno et al.[19] at the 13th AEC Air Cleaning Conference. In that study a series of speculative calculations were derived from an undefined model to obtain estimates of health effects. No experimental data were submitted to verify the estimates of ^{14}C production at nuclear power reactors, nor were any environmental measure-

ments presented.

The RSL has performed a limited number of measurements[20,21] on in-plant samples. These values indicate that reactor releases of ^{14}C may be within the range estimated by Magno. However, no data have as yet been obtained at the fuel reprocessing sites, where Magno predicted most ^{14}C would be released to the environment. Lacking a specific model description of exchange processes anticipated for various chemical species of ^{14}C which may be released, it is difficult to accept the startlingly high estimates of health effects obtained by EPA.

Again, radiochemical laboratories may be required to develop methods for routine analysis of ^{14}C released to the environment. Reactor laboratories may also be required to develop analytical methods for regulatory control.

Burial Site Effluents. State regulatory agencies may on occasion yield to intense public pressure by arbitrarily modifying environmental standards.

Rainwater infiltrating trenches at the low-level radioactive waste burial site in West Valley, N.Y. had raised the water level in some of the trenches to the point of overflow. Prior to overflow, the site operator had requested a permit to pump the water from the three affected trenches and release the water at a controlled rate to local streams. Concentrations of radionuclides in such a discharge would have been several orders of magnitude below corresponding concentrations in releases that had previously been permitted from the fuel reprocessing plant on the same site. After two years of attempting to arrive at a decision acceptable to all state agencies involved, overflow eventually forced the state agencies to permit pumping and discharge.

The NYSDEC environmental radiation code[22] includes discharge limits identical to those in other state codes and in federal code 10CFR20.[23] However, state and local environmental groups became actively involved in the situation, and some of the news releases were irresponsible. One Buffalo television station issued a news bulletin that State Police would be aligned along the entire 30-mile course of Cattaraugus Creek to prevent access by the public during the period of discharge.

Finally, NYSDEC set the discharge limits at the levels in the State Health Department's drinking water code, even though the nearest public water supply intake is on Lake Erie, 35 miles and a 500-fold dilution downstream. Since levels permitted by the drinking water standards are approximately one-thirtieth of those for discharge, the RSL was required to perform more sensitive analyses than would otherwise be necessary. We were also required to analyze more samples than are normally necessary for control purposes in order to maintain an extensive public record. In addition, the site operator was required to perform a large number of analyses to maintain careful control of discharge rates.

The site operator expended approximately $100,000 in waste treatment and discharge control. The analytical costs to the state exceeded $50,000. Integral dose savings were extremely small, a potential saving of at most one death every 10^5 years in a population of 2×10^6.

Environmental Data and Public Relations

Environmental measurement laboratories dealing directly with state or local regulatory agencies are likely to find stringent quality assurance a paramount consideration, even for single samples. This is a consequence of the closer public review of data reported by the state or local agencies.

Reporting Format. The laboratory staffs normally report all results, including statistical errors. Actual detection limits for each sample are reported for radioactivity levels below the limit of detection. On the other hand, the regulatory agency usually reports the environmental data received from the laboratory in the simplest format possible. Levels below the limit of detection are often reported as "nondetectable" (ND), a term the public tends to view as "zero."

Another common problem area develops when the regulatory agency attempts to make specific environmental evaluations from data for a limited number of samples or from results with inadequate controls. Generalizations which seem innocuous to the reporting agency may incite strong public reaction due to the public's sensitivity to radiological safety. This in turn may create difficult technical decisions and interpretations for the regulatory agency and more work for the radioanalytical laboratory.

The following examples illustrate the care necessary to ensure data reports which do not induce needless public alarm.

"Hot" Milk. Measurements of HTO concentration in milk are performed routinely by the

RSL as part of the NYSDEC's statewide surveillance program. A problem developed in 1973 when a single sample was reported[24] to have a positive level of HTO, while all previous values for that site had been reported to the public as "ND," indicating results below the sensitivity of the analytical method.

For years ^{90}Sr levels in milk from this dairy farm on Long Island had been among the highest measured in the state. Coincidentally, this farm was close to Brookhaven National Laboratory, which has long been a thorn to downstate environmental groups. In 1973 the annual average levels[25] of ^{90}Sr in milk from this farm were the highest in the state, about double the statewide average. An NYSDEC review of farming practices indicated this farmer fed his cattle scrap potatoes from nearby farms and did not fertilize his fields as heavily as do other dairy farmers on Long Island. This contention was supported by the low ^{90}Sr levels in milk from another nearby farm where different feeding and fertilizing methods were used. Also, analyses of whole and peeled potatoes (peels and meat analyzed separately) showed that ^{90}Sr levels in the feed potatoes were similar to levels from other locations in the state.

Unfortunately, just at the time state and local officials were attempting to resolve the ^{90}Sr dilemma, a group of milk samples were analyzed for HTO content on a liquid scintillation counter with poor sensitivity. (The counter normally used was inoperative.) One positive result was obtained, a value of 1,500 ± 1,200 pCi/l, and unluckily that value was for a milk sample from the farm with elevated ^{90}Sr levels. All previous HTO results for milk from that farm had been publicly reported by NYSDEC as "ND," though the analytical results reported by the RSL were "<500 pCi/l." Local officials had interpreted the "ND" values to mean "zero," so when the 1,500 pCi/l value was reported by NYSDEC without an associated analytical error, it appeard to show a huge increase in HTO activity. A local press release alleged that releases from Brookhaven had caused the increased activity.

The RSL and NYSDEC staffs spent much time and effort explaining the statistical behavior of radiochemical data to the press, local officials, the local citizenry, the operator of the milk cooperative receiving that milk, and the farmer. A lawsuit was threatened by the farmer until he started selling his milk again. The issue finally lost its high public profile, but the farmer removed his farm from the state surveillance network. This experience illustrates how important it is for the laboratory to maintain a consistent measurement capability. Equally important for the regulatory agency is the inclusion of analytical errors with reported data.

"Hot" Fish. In its 1973 Annual Report,[25] NYSDEC reported that two fish samples from the Peconic River collected below the discharge from Brookhaven had ^{90}Sr and ^{137}Cs levels higher than those from elsewhere in the state. NYSDEC attributed the elevated radioactivity levels to effluents from Brookhaven. Shortly after the report was issued, a fish kill occurred in the Peconic River. The RSL received a large number of rotten fish collected along the stream bank for assay because the local environmental groups had attributed the fish kill to radioactivity discharged by Brookhaven. This proved not to be true. Radioactivity levels in the dead fish were similar to those obtained statewide.

"Hot" Kelp and Mussels. A delayed reaction occurred following the report[25] of elevated levels of ^{131}I in kelp and ^{134}Cs in mussels off Fishers Island, which lies in the mouth of the Connecticut River near the Connecticut coast. These elevated levels were attributed by NYSDEC to the "nuclear power plants that eventually discharged into Long Island Sound." Several months later this statement was relayed by a county health official to a Connecticut newspaper editor, who credited the elevated levels to discharges from the Millstone Point reactor in Connecticut. The press coverage drew an angry response by environmentalists on Long Island, calling for the congressman representing that district to investigate the issue. As a result, the RSL, the Connecticut Health Department Laboratory, and Millstone's contractor laboratory became involved in an analytical round robin, analyzing fish, mussels, lobsters, and kelp for various radionuclides to find the origin of the elevated radioactivity levels in specimens from Long Island Sound.

The Rochester Committee Samples. In 1968 members of the Rochester Committee for Scientific Information surreptitiously collected water samples within the exclusion area at the nuclear fuel reprocessing plant in New York. The samples were sent to an AEC laboratory for analysis with no indication as to the sampling location. The ^{90}Sr levels in these samples were incorrectly overestimated because a technician inadvertently applied an aliquot factor twice,

258

causing a 1,000-fold error in the reported result. The Rochester Committee seized on the high values to issue a "report" to the press alleging inordinately high releases by the reprocessing plant to offsite surface waters.[26] The AEC laboratory later issued correct analytical values, but, the Rochester Committee did not issue a corresponding correction of its hazard estimates.

The Shippingport Incident. In 1973 Dr. Ernest Sternglass claimed that the Shippingport reactor had seriously endangered the population in Aliquippa, Pa. As part of his evidence he asserted that gross-beta values in stream samples downstream from the plant were significantly higher than those for upstream samples. His position was apparently substantiated when the Pennsylvania Radiological Laboratory reported high ^{90}Sr levels in samples from the Shippingport environs. However, a subsequent intercalibration study between the state laboratory, an AEC laboratory, and the reactor operator proved that the state laboratory had incorrectly calibrated the counting system used for measurement of ^{90}Y, the ^{90}Sr daughter. Where most laboratories obtain a counting efficiency of approximately 50% for ^{90}Y, the state laboratory had for some time been using a counting efficiency value of only 15%.

Sternglass's claim of excess deaths due to the Shippingport reactor received extensive press coverage, including a series of special state hearings on nuclear reactor safety. Subsequent corrections by the AEC and the state laboratory, showing that downstream levels of ^{90}Sr were indistinguishable from upstream levels, received little public attention. The absence of specific reactor-related radionuclides indicated that the elevated gross-beta activity was probably due to natural radioactivity (^{40}K) introduced into the river by sewage from the city of Pittsburgh, another fact which failed to receive follow-up coverage by the press.

Realistic Measurement/Regulation Relationship

Laboratory/regulator relationships are not always negative, as this survey of problem areas might suggest. The bulk of environmental data are reported with no adverse public reaction. Environmental results have been used to formulate regulations, though not as often as would seem desirable.

Control of Effluents from a Nuclear Fuel Reprocessing Plant. Responsibility for performing environmental research is a difficult issue to resolve, though independent state programs can be useful for the regulatory process. Because of work performed by the State of New York, controls on nuclear fuel reprocessing effluents were imposed by the AEC which now appear realistic and adequately supported by environmental data.

Prior to 1971 radioactivity levels in stream samples containing liquid effluents from the fuel reprocessing plant in New York often were at the limits of 10CFR20.[23] The state's surveillance program provided the AEC with data concerning concentrations of ^{90}Sr, ^{137}Cs, and other fission products in offsite surface waters. On the basis of the data provided, the operator of the reprocessing plant was required by the AEC to install a liquid waste treatment facility which resulted in a 100- to 1,000-fold reduction of liquid effluent radioactivity levels.

A similar situation arose with ^{129}I in gaseous effluents from the same plant. Measurements by the RSL and the EPA produced evidence[9] that ^{129}I releases were greater than plant discharge records would indicate. Levels of ^{129}I in animal thyroids and milk samples collected offsite indicated that thyroid doses to individuals could approach unacceptable levels. Again, presentation of the evidence to the AEC led to the imposition of new technical specifications for ^{129}I at this and other commercial fuel-reprocessing plants under construction in the United States.

New Environmental Research Programs. The NRC has apparently increased its efforts to gather environmental data before issuing regulatory decisions related to environmental issues. The agency has conducted studies to identify the chemical species of radioiodines released from nuclear power reactors[27] and is cooperating with ERDA to develop new plume-transport models. Translation of the ideas into funded programs has been slow, but the delays are apparently those to be expected as a new agency begins implementing its research programs.

The EPA has funded a study to measure hospital-related radionuclide levels in sewage treatment plant effluents. With the U.S. Geological Survey, it is conducting extensive studies to develop standards for low-level waste-burial sites. Toward its responsibilities for regulating nonionizing radiation, EPA has also performed a number of field evaluations of environmental levels of microwave radiation and is preparing to evaluate radiation fields generated by ultra-high voltage transmission lines.

Pressures from various sources often make it difficult to take sufficient time to develop substantive environmental data before preparing regulations. However, such research is an inescapable responsibility of the regulatory agencies and the measurement laboratories.

Acknowledgement

The suggestions offered by Dr. Alan Levensohn are very much appreciated.

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ENVIRONMENTAL RADIOACTIVITY STANDARDS

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Policy decisions concerning environmental quality must be based on valid and comparable data. The distribution of radioactive reference samples and conducting interlaboratory studies aids in the critical evaluation of such data and helps assure that measurements are correctly made, accurate, traceable to national radiation standards, and comparable. Standards distribution and intercomparison studies are discussed. Traceability studies between the National Bureau of Standards and the U.S. Environmental Protection Agency are reviewed. Identification and documentation of potential radioactive pollutants that could result from expanded energy programs are also discussed.

(Quality assurance, quality control, radioactivity, calibration, reference methods, intercomparison studies)

Policy decisions concerning environmental quality must be based on valid and comparable sample analysis. Interlaboratory studies and the distribution of radioactive reference samples aid in the critical evaluation of environmental data and help ensure that measurements are correctly made, accurate, and traceable to the national measurements system.

Since its inception in 1970, the U.S. Environmental Protection Agency (EPA) has conducted a radiation quality assurance program designed to encourage the development and implementation of quality control procedures. Various aspects of this program have been described in EPA publications.[1,2,3,4] Some of those in attendance at this symposium may be familiar with, and in some instances may be participants in, the Radiation Quality Assurance Program conducted by the Environmental Monitoring and Support Laboratory-Las Vegas (EMSL-LV). However, for the benefit of those neither involved in, nor familiar with this program, I will give a brief overview of our activities.

The radiation quality assurance program has three major aspects. These are:

- Standards distribution
- Methods evaluation
- Laboratory intercomparison studies

The standards distribution program involves the preparation and distribution of calibrated samples which are used by laboratories for instrument calibration and chemical yield determinations. Currently there are in excess of 30 different radionuclides

available on request. About 100 samples are being shipped each month. During the second quarter of FY-76 (October-December 1975), 290 samples, comprising 23 different radionuclides, were distributed to laboratories throughout the country.

Methods evaluation involves the selection and collaborative testing of tentative reference methods. At present, collaborative tests of methods to determine plutonium-239 in soil are in progress. In addition, as a result of the EPA's proposed Interim Drinking Water Regulations[5] the tentative reference method for the measurement of gross alpha and gross beta radioactivities in environmental waters[6] is being tested. Tentative reference methods for the analysis of tritium, strontium-89 and 90, and radium in water are in preparation and will be collaboratively tested this year.

The laboratory intercomparison studies program includes the preparation and distribution of samples (milk, water, food, air filters, and gases) containing known amounts of one or more radionuclides. A major objective of this program is to assist laboratories involved in environmental radiation measurements to develop and maintain both intralaboratory and interlaboratory quality controls. Approximately 100 laboratories currently participate in one or more of the cross-check programs.

Periodically the data from the intercomparison studies are summarized and published as EPA reports. These summarizations enable us to get some indication of the quality of environmental radiation measurements. A summary of the milk data was recently published[7]

and summaries of the water and diet cross-checks are in preparation.

Having briefly described the EMSL-LV quality assurance program, I will outline current and future needs, and, in some instances, describe what is being done in an effort to meet these needs.

We see an urgent need for the preparation of additional reference materials, standards, and quality assurance guidelines, and for increased efforts in the areas of traceability and training.

It is imperative that we identify, produce, and make available additional reference materials. Both the EPA and the National Bureau of Standards (NBS) have attempted during the past several years to increase the number and kinds of standards and reference materials required for environmental monitoring. Unfortunately the production and testing of reference materials are laborious and time-consuming procedures. As a consequence, availability often lags well behind the need. This lag time has been increased as a result of the rapid expansion of the energy program, the debate on the role nuclear power will play in this expansion, the problems associated with phosphate mining and processing, and the promulgation of the Interim Drinking Water Regulations.

There is further need to identify, quantify, assign priorities to, and then prepare the reference materials required in the monitoring of those pollutants which may arise from the expanded energy program, as well as those required to monitor phosphate production activities and drinking water. The EPA, through its laboratory in Las Vegas, is taking action in these areas of interest and concern. An investigation of the potential pollutants which may arise as a result of the expanded energy program has been initiated and should be completed within a year.

In cooperation with the NBS we have made a mixed gamma standard available to laboratories. A "round-robin" study, involving the measurement of polonium-210 by 30 laboratories, is in progress. Mancos shale, a widespread and well-characterized geological type, is currently being analyzed (primarily for radium) and should soon be available as a reference material. An aqueous plutonium-239 sample should also become available within the year.

As a result of renewed and increasing interest in both the nuclear fuel cycle and naturally-occurring radionuclides, three types of samples are being prepared which should be of interest to those involved in environmental monitoring activities. The samples include pitchblende, uranium mill tailings (including a 16-mill composite), and thorium ore. It is planned to use these materials both as reference materials and, diluted with soil, in the intercomparison studies program.

Negotiations with NBS for the production of aqueous solutions containing radium-228 are currently in progress.

As they have indicated, the NBS cannot maintain direct traceability to every user of radioactive materials. Consequently, they have outlined a plan[8] wherein the radioactivity laboratories of the EPA, the Energy Research and Development Administration, the National Radiation Council, the Food and Drug Administration, and others would be traceable to the national measurements system. These laboratories would in turn assure traceability to State laboratories, nuclear power facilities, and contract laboratories.

Beginning in 1974, the EMSL-LV instituted continuing intercomparison studies with the NBS--the goal being to establish the traceability of the EMSL-LV measurements to those of the NBS. A summary of the results obtained during 1974 and 1975 has been published.[9]

Another need is for the publication of guidelines describing radioanalytical methodology, calibration techniques, and quality control procedures. I was much encouraged by Carl Seidel's paper[10] describing the calibration guidelines being prepared in the American National Standards Institute quality assurance program. Guidelines such as these have long been needed by user laboratories.

Agency priorities, in particular the energy program and the drinking water regulations, have required us to turn our attention to the methods and guidelines needed by laboratories which will be involved in monitoring water supplies and those monitoring in the environs of nuclear facilities. Therefore, as described above, much effort has been devoted to the preparation of reference methods for the analysis of water. However, recognizing the need for other guidelines designed for technicians, we

began the preparation of guidelines on gamma spectroscopy and liquid scintillation counting which deal with standards preparation, calibration, and quality control procedures.

This overlapping of activities within the radiation measurements community indicates what I believe to be another of the major needs. There is a need for better communication, increased liaison, and more cooperation between Federal, State, and private agencies. Since we are all working on the improvement of our only product, radiation data, it seems only reasonable that we should assist each other as much as possible. I would, therefore, urge that during the remainder of this symposium we give thought to better ways to more quickly exchange information and interact in areas of common interest.

Still another need in the area of environmental radiation measurements--an area which has been too long neglected--is that of sampling and sample-handling procedures. For years many laboratories have been much concerned with, and devoted considerable effort to, decreasing the uncertainty of an analytical measurement by 0.5 percent or 0.25 percent, or even 0.005 percent. But there has been too little interest in and too few attempts to determine (much less report!) the uncertainties associated with the collection and handling of samples, and the chain of custody records essential in legal proceedings.

One of my personal concerns, and one which I consider to be a pressing current problem, is the lack of training received by the analysts and technicians responsible for radiation measurements. We are all aware that the quality of the data is dependent upon the competence and reliability of individual analysts and technicians. As so eloquently stated by L. Cavallo and her colleagues at the NBS,[11] "... the long-term credibility of our curie lies in a piece of apparatus and the skill of its custodian." Unfortunately the training of technicians and analysts has been much neglected. Federal agencies have abolished training programs and almost eliminated training grants. A few institutions and agencies offer short- or long-term training courses. However, high tuition fees and the cost of travel, coupled with travel restrictions, have prevented the attendance of those who are most in need of training. Consequently, I would suggest that the organizations sponsoring this symposium make a concerted effort to initiate the allocation of the resources required to institute training in radioanalytical techniques and quality control procedures. Moreover, I would urge that we all explore ways in which less expensive training can be provided and the means whereby we can assist one another.

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PERSONNEL MONITORING MEASUREMENTS[*]
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A personnel monitoring program must include a well integrated com-
bination of dose determination methods, and should not depend on a
single dosimetry system. Many of the necessary techniques have
become well developed and dependable, such as the personnel gamma
dosimeters in use today. However, other monitoring methods are
still not adequate. The two most important personnel monitoring
problems remaining are development of personnel neutron dosimeter
and in-vivo measurement of plutonium at sublung burden levels.
Although there are a few techniques under development to attack
these problems, satisfactory long-term solutions will require much
more work. As the developments in nuclear power and medicine con-
tinue, the need for solutions to these problems will intensify.

(Dosimetry; betas; neutrons; gammas; x rays; calibrations; pluto-
nium)

Introduction

A successful personnel monitoring program
requires a number of well integrated mon-
itoring techniques. Dependence on the
dosimeter or other single system for evalua-
tion of personnel radiation exposure will
paint an incomplete picture, and eventually
will return to haunt those responsible for
the radiation protection program. A
thorough investigation of the working envi-
ronment before and during occupation by the
worker is essential to prevent surprises.
An interview and resurvey following an in-
dicated high exposure are also very impor-
tant, although the scenario leading to an
exposure is often difficult to recreate
because of changes in the work area. An
example of the problems created by depend-
ence on the dosimeter is the number of high
exposures indicated following non-
occupational medical treatment with radio-
isotopes. This particular problem even
reaches those responsible for environmental
surveillance in the form of elimination into
the facility sewage system.

A more basic need for a total monitoring
program is the inherent inadequacy of a
single dosimeter to adequately characterize
the radiation distribution experienced by a
human wearer. The dosimeter tells us some-
thing about the intensity of the radiation
at the point of measurement. It tells us
little about the distribution through the
body, and in fact, cannot even be used to
determine the radiation direction. It does
not know whether the wearer was leaning over
a glove box or working outside a reactor

shield. Only the individual and those con-
cerned with his safety can tell us that.
The dosimeter cannot provide data which can
be used to determine individual organ doses,
but it can provide information that must be
used by a trained professional to do that.

It is also important to note that a com-
plete personnel monitoring program includes
the need for internal exposure information
as well as that from external fields. Here
again, reliance on a single assay method is
generally inappropriate. Chemical bioassay,
whole-body counts, nose swipes, and air-
sampling data must be combined to make a
complete evaluation. There are certainly
times when one technique is more feasible
than others, but continuing total dependence
on one method is poor practice and unjust
to the employee.

One point that is stressed at LLL, inci-
dentally, is that it is the responsibility
of the health physicists and other safety
professionals to provide a safe working
environment, but that the employee is
responsible for his own safety — that is,
it is his responsibility to use the Labora-
tory facilities safely. That is as true for
radiation safety as for any other aspect of
safety. In that sense the individual is
part of his own personnel monitoring pro-
gram.

External Dosimetry

Having said all this, however, the per-
sonnel dosimeter must be considered the

single most important element in a personnel monitoring program. Its primary value is that it can be used to identify those individuals that have experienced a radiation environment in excess of the lower limit of detection of the system. The dosimeter's secondary value is that it can be used to provide an estimate of the relative severity of the radiation experience <u>at the location of the dosimeter</u>. The degree of confidence in the accuracy of that estimate is a function of the optimism of the dosimetrist.

The performance of the dosimetry system depends on three factors:

- Inherent characteristics of the detecting element.

- Quality of the calibration.

- Precision of the readout system.

Confining the discussion to the first two of these factors, it is helpful to begin by reviewing the preliminary results of a recent survey on personnel monitoring, including 83 personnel monitoring services in 33 countries.[1] The survey questions deal with a number of aspects of the dosimetry system, but I shall only touch on the types of detectors used and their relative merits.

The survey covered monitoring of personnel for x rays and gammas, betas, and neutrons. Of course, the bulk of the users are monitored for x rays and gammas only, with only 15% of all people monitored being issued a neutron dosimeter. In the case of gammas, x rays and betas, it is no surprise that TLD and film are the dosimeters of choice, with only 3% of the services using radiophotoluminescent glass. The move is clearly to TLD. In the U.S., 72% of the personnel monitored by the services responding to the survey are now or will soon be monitored by TLD exclusively, with LiF used by over 75% of the services. Internationally, the trend is the same, although lagging somewhat. The principle advantage cited by TLD proponents is an easily automated readout, with the energy response second. Those preferring film cite the availability of a permanent record as the main advantage, with secondary interest in energy evaluation and the high information content of the film "image." With regard to sensitivity, estimates of "lowest measurable dose" by TLD service range from 5 to 100 mrem, with an average of 22 mrem. For film, the range was 5 to 150 mrem with a 40-mrem average.

The survey clearly identifies development of fast neutron dosimetry as the major problem in personnel monitoring. Over two-thirds of the responses cited a fast neutron capability as the improvement most needed in their present systems. Forty-two services reported doing research and development. Of these, the largest number - fifteen — are working on neutron dosimetry. Others reported work on system improvements and new or improved TLD phosphors. It is of interest that only three are working on beta dosimeters and two are doing R and D to improve calibration and standards techniques.

Dosimetry Development

What is really going on in dosimetry development? For x rays and gammas we are in the position of fine-tuning reasonably dependable systems. People are becoming quite comfortable with TLD, primarily LiF. A great deal of information has built up over recent years for both film and LiF, and some of the disadvantages cited for TLD by dosimetrists are not considered to be as severe as they once were. Few people now feel the need for the dosimeter itself as part of the permanent record. The energy determination question is being partially resolved by use of multiple crystal badges with built-in absorbers to provide penetrating-nonpenetrating dose information. Another approach is to use additional TLD phosphors with different energy response, such as CaF_2. The image aspect of film may still be an advantage in some cases, however.[2]

Minor problems with LiF cause a continuing but low-level search for other phosphors, but with greater emphasis on use for environmental monitoring than personnel dosimetry. As experience with long-term use and recycling of LiF grows, the dosimeters are found to be durable. However, changes in sensitivity with repeated high-temperature annealing have been reported.[3] Our own experience is a loss of sensitivity by as much as 30% after seven years. In practice, of course, the calibration program compensates for that effect. Another disadvantage is that the glow peak is somewhat lower ($\sim$200°C) than for other phosphors, resulting in some fading at elevated environmental temperatures (up to 8% per month).[4] The annealing of LiF is complicated and time-consuming.[5] It is not as sensitive as other phosphors such as CaF_2

and $Mg_2SiO_4(Tb)$, but sensitivity is not a limitation for personnel monitoring and the other problems do not seem to outweigh the advantages of LiF, including stability and flat energy response.[6,7]

Research continues on other detection mechanisms, primarily those involving thermally or optically activated charge-transport effects such as radiation induced thermally activated currents (RITAC), radio-photoluminescence (RPL), and thermally stimulated exo-electron emission (TSEE).[8-13] Of these, RPL is the oldest, having been studied for over 25 years. Very little current research is being done on it for personnel dosimetry. RPL has suffered rejection because of inadequate sensitivity, but recently a detection level of a few mrem has been reported.[14] The largest U.S. use of RPL was in the DT-60 dosimeters issued by the Navy. The most attractive feature is a dosimeter capable of maintaining a permanent integrated exposure.

TSEE involves emission of trapped electrons from the surface of an insulator by heating. The emission of electrons with energies of a few eV has a temperature dependence similar to a TL glow curve. Both GM and proportional counters have been used for detection. The attraction of TSEE has been its potential sensitivity (a few μR) and the fact that the electrons are detected only from a very thin layer on the surface (a few μm). The thin layer emission is thought to give it a Linear Energy Transfer (LET) dependent response. The major obstacle to the use of TSEE has been the care required in handling and the protection necessary to prevent nonradiation-induced signals from surface damage. TSEE dosimeters are also sensitive to light and humidity.[15]

RITAC has been investigated only relatively recently. RITAC really includes a family of thermally activated current phenomena: thermally stimulated conductance (RITSC), thermally activated polarization (RITAP) and thermally activated depolarization (RITAD). RITAC involves measurement of thermally induced current with a potential ($\sim 1-5 \times 10^2$ V/mm) applied across a detector such as CaF_2 or Al_2O_3 (sapphire). The current through the detector is measured with a picoammeter as it is heated, and recorded as a function of temperature to yield glow peaks similar to TL or TSEE. The attractive features of RITAC are that it has a sensitivity comparable with TL but uses a simpler readout system, and needs no annealing before reuse.

There are, of course, a number of other methods of gamma detection, but they suffer from poor sensitivity, high cost, or poor stability. The likelihood of seeing a gamma dosimeter to replace TLD, film or RPL in the near future is very small. Any new unit will not only have to be superior to existing dosimeters, but must overcome the wealth of experience dosimetrists have with their systems. A lot of time and money is invested in a personnel dosimetry system, so the justification for changing it must be very solid.

Challengers in the neutron dosimetry field face a much brighter future. There is simply not a satisfactory neutron dosimeter available. There are more methods for detection of neutrons than gammas; however, the personnel neutron dosimetry problem is more difficult than that for gamma dosimetry:

- The neutron energy range is wider (9 decades as opposed to 3 or 4 for gammas and x rays).

- The quality factor for fast neutrons is ten times that for gammas, requiring ten times the sensitivity for the same dose-equivalent level.

- The gamma sensitivity of some neutron detection processes impairs discrimination between the two radiations.

Three neutron dosimeter types are in use today — NTA film, TL albedo and fission track etch dosimeters. None of these can be considered a long-term solution to the general problem of personnel neutron dosimetry. NTA film has been used most extensively, but has been severely criticized because of its fading properties, need for laborious manual counting and gamma sensitivity.[4,16] Much of the concern about fading can be overcome by adequate protection, but the counting is still tedious and does not lend itself to automation.[17,18] In addition, it is not well suited for use in areas where there are a large number of low-energy neutrons.[19]

TL albedo dosimeters have become popular in the last few years, primarily because they are sensitive and use a TLD readout.[20,21] The dosimeter depends on body
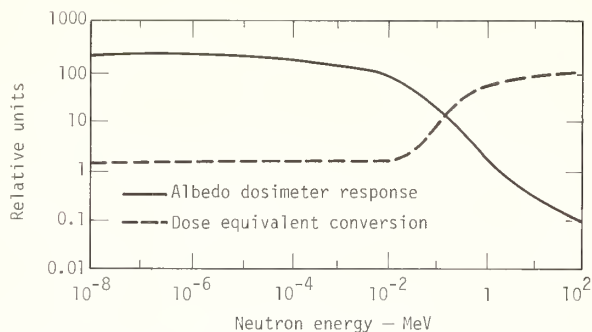
269

Fig. 1. Comparison of relative response of TLD albedo dosimeter with neutron dose equivalent flux to dose equivalent conversion.

thermalization and reflection of fast neutrons for its response. The major limitation is that they are severely energy-dependent. Figure 1 is a schematic comparison of the calculated response of an albedo system compared with the NCRP 38 dose-equivalent response curve.[22,23] Below about 5×10^{-3} MeV the responses are roughly parallel, but for higher energies they invert. For fast neutrons where we need dose-equivalent information the most, the sensitivity is the least. Use of these dosimeters requires that either the spectrum be well known or a thorough investigation of each positive reading be made to establish a spectral calibration factor. Efforts have been made to eliminate the spectral dependence of these dosimeters, but they have not been completely successful.[20,24]

Fission track detectors have found limited use in the U.S., but have been more accepted internationally.[25-28] Although they are not as sensitive as albedo dosimeters, the major objection is the need for personnel to carry radioactive materials such as ^{235}U, ^{238}U, ^{237}Np or ^{232}Th in their badges. Many health physicists feel it inappropriate to give a dose of one radiation in order to measure the dose of another.

Perhaps as much in desperation as for any other reason, a number of potential neutron detection methods have been considered for personnel monitoring:

- $^{6}Li(\eta,\alpha)^{3}H$ and $^{10}B(\eta,\alpha)^{7}Li$ with cellulose nitrate track registration.[29,30]

- Be recoil radiators with cellulose nitrate track detectors for fast neutron measurement.[31]

- Detection of fast-neutron-induced direct recoils in cellulose nitrate.[32,33]

- Detection of fast-neutron-induced direct recoils in polycarbonate film by spark counting.[34]

- Detection of fast-neutron-induced direct recoils in polycarbonate sheet by electrochemical etching.[35,36]

- Formation of tracks from (η,p) and $(\eta,alpha)$ reactions in AgCl.[37]

- Development of an hydrogeneous TLD.[38]

- Detection of damage in silicon diodes.[39]

- Detection of self-activation in TLD materials.[40]

- Use of LET-dependent differential glow peak formation in TL materials.[41,42]

- TSEE with hydrogenous radiators.[43]

These methods depend either on detection of the tracks of individual charged particles resulting from neutron-induced nuclear reactions, or on some bulk effects such as activation, atom displacement or electron trap formation. Track detection is attractive because it allows one to look at individual neutron interactions. A more important advantage is that the registration process requires a minimum LET for track formation, so the technique is generally gamma insensitive.[44] The main disadvantage is that readout is laborious and not easily automated. Other solid-state dosimetry techniques are more easily automated, but the response decreases with increasing LET, making the relative gamma-to-neutron sensitivity much too high.[45]

The emphasis in track registration is to develop simple readout techniques for detection of tracks, particularly from fast neutron interactions. The fast neutron interactions usually involve detection of direct recoil tracks in plastics such as polycarbonate or cellulose nitrate by

270

chemical etching. Detection methods include track contrast enhancement by including dye in the film, semiautomatic detection by spark counting, or track enlargement by electrochemical etching.[46-48] We have found that the efficiency of the red dye contrast enhancement method is very sensitive to film thickness and etching parameters.[33] Use of the technique routinely would require very careful control of etching conditions, to a point that might not be practical in a large-scale field program. In addition, automated counting would require an expensive image analysis system. Spark-counting direct recoils in polycarbonate film seems to lack sufficient sensitivity for routine personnel work, and a recent study suggests poor reproducibility.[34,49]

The use of high-frequency alternating-current etching to enlarge damage tracks is one of the more promising track etch methods for fast neutron detection. An irradiated foil of polycarbonate is placed between two volumes of etchant at room temperature, and an ac field is applied across the sample to enlarge the tracks to dimensions of tens of microns in diameter (Fig. 2a). They are visible with the unaided eye, but need some magnification for counting. The plastic must be selected and handled carefully because tracks form on scratches and other artifacts, resulting in a significant background. However, with a few square centimeters of suitable material, it should be possible to detect fast neutron doses of 100 mrem. One interesting aspect of the enlarged tracks is that most of them are below the surface, with only a fine ($\sim$0.5-μm) track connecting to the surface. We discovered this while trying to look at the tracks with a scanning electron microscope. After having a lot of trouble locating a track, we found a slight depression in the sample surface (Fig. 2b). As we increased the magnification the depression collapsed, revealing a subsurface cavity (Fig. 2c). We found a number of these pits on further investigation, which also collapsed under the increased dose from high-magnification electron scans.

Silver halide single crystals have been used to detect heavy ions and cosmic rays.[50] The latent tracks are made visible by decoration techniques using UV illumination or UV illumination in combination with an electron beam.[37,50] Although neutron detection has been reported, the application

Fig. 2. (a) Optical microphotograph of electrochemically enlarged recoil tracks in polycarbonate (102.5×). (b), (c) Scanning electron microphotograph (S.E.M.) of electrochemically enlarged recoil track before and after collapse of polycarbonate surface (1344×).

of these crystals to personnel dosimetry has not been pursued. Unlike NTA track films, gamma background does not develop in the crystal.

As we shift attention to other solid state detector techniques, we find that silicon diodes have been discussed for many years, but still suffer from lack of sensitivity and high cost. TLD autoactivation is the build-up of TL signal from the decay of neutron activation products after preliminary readout and annealing. The short half-life of activation products in TL materials precludes its use for routine personnel dosimetry. It might, however, have application in criticality dosimetry.

People have attempted to associate hydrogenous material with TLD by use of polyethylene radiators, or by inclusion of heat-resistant hydrogenous material in the TLD matrix.[38,51] Neither of these approaches has been particularly successful, with gamma sensitivity and difficulty in producing phosphors as the main problems. Others have looked at LET dependent flow peaks in materials such as $CaF_2:Tm$, however, the success has been limited by lack of sufficient neutron sensitivity and high gamma response. Finally, Becker[43] has used TSEE with polyethylene radiators, but the gamma sensitivity and care required in handling have prevented use in routine personnel monitoring.

The beta monitoring problem seems to be of least interest to dosimetrists. Film or TLD are used routinely for beta dosimetry, and are satisfactory for most routine applications. However, certain applications such as measurement of weak betas from tritium do require more study. TSEE is a possible solution. It is sensitive and the thin sensitive layer is particularly well suited to measurement of low-energy electrons. In addition, the TL signal from a detector like BeO can be used to measure the gamma background.[52] Again, however, the necessary dosimeter protection and careful handling have prevented routine use of TSEE.

Calibration

Calibration and quality control are a vital part of a personnel monitoring program. Without careful attention to these considerations, the effort expended in the rest of the dosimetry program is wasted. The following are some points that need to be stressed in that regard:

- Calibrations must be made in terms of physical measurements. The method of conversion to dose equivalent is up to the dosimetrist, but the primary calibration must be capable of description in physical units. I often hear people ask for calibration data in rem because that is what the field health physicist is obliged to use, but a calibration that cannot be reproduced physically will only lead to problems when subsequent data comparisons are made.

- Radiation fields must be carefully characterized. This is a particular problem in neutron dosimetry where dose equivalent is often determined with a remmeter. Measurement of primary fields should be made with more than one instrument, and preferably more than one instrument type. At LLL, for example, our neutron fields are determined by spectrum measurement, long-counter measurement, computer calculation, as well as by calibrated remmeters. In the near future, we will also be making LET and absorbed dose measurements.

- Every effort should be made to duplicate the radiation field quality found in working environments. It is really upsetting to talk about using a PuBe neutron source to calibrate dosimeters for use around reactors and other fields with low-energy neutrons. The growing availability of ^{252}Cf sources makes it quite practical to provide moderated fission spectra using spheres of polyethylene, metal such as aluminum, or metal shells which can be filled with water or D_2O.[53] Of course, spectral duplication implies detailed field surveys, but simple techniques to do this have been developed.[54]

- Intercomparisons with other laboratories are very valuable. They can be done through formal intercomparison programs, or more easily in many cases informal dosimeter exchanges with friends at other laboratories.[55] Organized intercomparisons can provide a rigorous test of the dosimetry system, while informal exchanges have the advantage that the data need not be published and the results can be compared in a short time.

272

To finish the question of calibrations, I want to acknowledge some development in radiation field production. Monoenergetic x-ray fields require careful development. The most popular technique is the use of secondary fluorescent radiators excited by either machine-produced x rays or isotopic sources. Isotopically excited sources in particular can produce high levels of Compton scatter which make a significant dose contribution. Even machine-generated x-ray sources must be carefully filtered so that the dose comes from the fluorescent x rays and not scatter. The filtration reduces x-ray intensity severely, and may require a rather large x-ray generator to make up for the loss in intensity.

Two alternative x-ray production techniques are under study at LLL. In one case, special tubes, referred to as TRansmission Anode X-ray (TRAX) tubes, have been built so that the electrons strike the back of the characteristic target which is part of the

a)

b)

Fig. 3.   (a) Production of transmission anode x-rays (TRAX). (b) Production of monoenergetic rays by anomalous transmission through crystals (Borrmann effect).

tube.[56]   The target filters the radiation, preferentially transmitting its own characteristic x rays (Fig. 3a). Silver and copper tubes have been made which produce characteristic x rays at levels approaching 10 R/min at 10 cm from the tube face. The cost of these tubes is significantly lower than that required for a high-intensity x-ray generator.

Another technique under study is production of x rays by anomalous Borrmann transmission through single crystals such as germanium.[57]   The energy of x rays scattered from crystal planes is a function of the angle between the beam and crystal planes (Fig. 3b). Rotation of crystal and second collimator is expected to provide us with a dial-an-energy, monoenergetic x-ray source. Although the x-ray yield is much less than from the previously discussed TRAX tubes, it may be a very useful system for instrument energy dependence measurements.

I would like to say a word in support of the NBS filtered beam monoenergetic neutron facility.[58]   This facility should be a valuable addition for calibration of neutron dosimeters and detectors. The availability of 2-keV neutrons will give us valuable data, particularly for moderated detectors, that was not available before.

In-vivo Dosimetry

A complete discussion of personnel monitoring must include internal dosimetry. Estimates of dose from internally deposited radioactive material have the advantage that the material is available for measurement and sampling for a sufficient length of time to permit use of sophisticated detector systems and acquisition of adequate data. In fact, most radionuclides can now be assayed quite accurately. However, some isotopes have unfavorable decay schemes with little or no gamma emissions, and are very difficult to detect.

The most important example of an unfavorable decay scheme is ^{239}Pu which has no K x rays and only 0.047 17-keV L x rays per alpha disintegration. We obtain a count rate of only a couple of counts per minute from a lung burden of ^{239}Pu in an average male, using a 300 cm^2 chest counter. It is possible to detect plutonium in vivo at that level, only with elaborate detection equipment using anticoincidence techniques.[59] Uncertainty in the geometric distribution
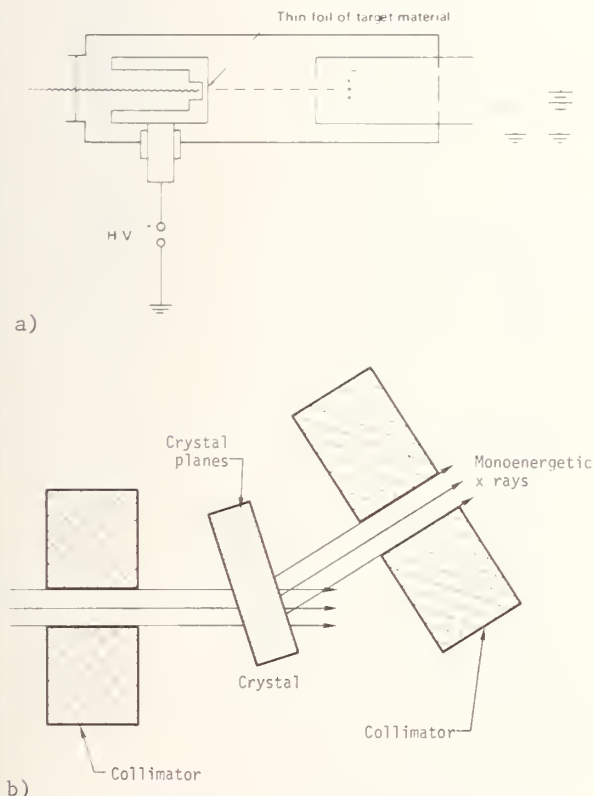
in the lung makes accurate measurement even more difficult.

There is now a concerted effort to improve ^{239}Pu measurement capability on a nationwide basis, including work by the ERDA-established Intercalibration Committee for Low-Energy Photon Measurements.[60] The committee, made up of members from ERDA contractor laboratories, is primarily involved with a program of chest-counting facility intercomparisons. The intercomparison program includes circulation of a set of heavy-element sources of ^{238}Pu, ^{239}Pu, ^{241}Am and other transuranic isotopes.[60] In addition, three solid tissue-equivalent torso phantoms with removable major organs are under construction to be used in an ongoing ERDA sponsored multi-laboratory heavy-element intercomparison program.[61,62] Finally, in the future, we hope to conduct an in-vivo calibration study similar to that performed by the U.K. involving inhalation of aerosols labelled with low levels of ^{103}Pd which has an x-ray used to simulate plutonium.[63]

There seems to be a physical limitation on the lower limit of detection possible with chest counters. However, techniques such as solid-state detector arrays or use of multiwire proportional counters may be very helpful for location of material in the lung and improved estimation of x-ray region human backgrounds. An esophageal probe has been used for truly internal counting resulting in a lower limit of detection, but the technique requires medical attendance and does not have widespread appeal.[64]

Summary

A complete personnel monitoring program must include a well integrated set of dose assessment techniques. This is particularly true in view of a growing nuclear energy program and increasing use of radiation in medicine. I have discussed a number of techniques for both external and in vivo dosimetry. There are a number which could not be included, but must be considered in the overall dosimetry program. Use of biological dosimetry, for example, can be very useful in some applications, and development of analytical techniques such as chromosome aberration detection will certainly become increasingly more valuable.

The backbone of a monitoring program — the personnel dosimeter — has distinct

limitations, and it must be used with those limitations in mind. Personnel neutron dosimetry is currently the most difficult external monitoring problem. Although a number of techniques are under study, the most satisfactory solution may require use of composite techniques such as addition of fast neutron track detectors to more sensitive, but less accurate albedo dosimeters.

Careful calibration of personnel dosimeters is vital to the monitoring program. We must recognize the need for calibrations which can be reproduced in physical terms. We must characterize the calibration fields carefully and accurately, and use fields which simulate real life environments. It will be important to have more intercomparisons, particularly on an informal basis, with emphasis on improving our systems rather than being graded on performance.

The need for internal dosimetry is not as widespread as for external monitoring, but the quality of the dosimetry is just as important. The most difficult in-vivo measurement problem is reduction of the ^{239}Pu limit of detection. There seems to be no single solution, but like neutron dosimetry, it will require a coordinated combination of techniques.

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PERSONNEL MONITORING PERFORMANCE STANDARDS
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Efforts in the United States to provide some measure of uncertainty
to the interpretation of routine personnel monitoring badge results
have received the attention of various groups, individuals and
governmental agencies for over 20 years. However, in general,
health physicists and the users of these personnel monitoring
devices still do not have great confidence in the results. This
paper will review the history of the significant activities in
trying to develop a system for testing the performance of person-
nel dosimetry services. This will also include a discussion of
the current published standards and those in draft with respect
to their different approaches and objectives. In particular, the
paper will describe activities of the Nuclear Regulatory Com-
mission in considering mandatory performance testing of personnel
dosimetry and the work of a Health Physics Society Working Group
which could be the basis for an NRC proposed rule.
(Personnel dosimeters; film badges, TLD, HPS Working Group)

In most instances, measuring exposures
of individual workers to harmful conditions
is a laborious procedure. In general, one
must utilize bulky and complicated sampling
equipment, perform time consuming chemical
analyses or physical measurements; relate
the measurement to a worker's breathing rate
and work habits; and finally, making further
assumptions, arrive at an annual or periodic
exposure.

Health physicists have considerable
advantage over other health professionals
in making these evaluations. For ionizing
radiation one has available various kinds of
simple personal monitoring devices. The
most common and universally used are the
badge type dosimeter, i.e., either film or
thermoluminescent dosimeters (TLD). Next
to the radiation warning symbol, the public
probably recognizes this symbol of the
nuclear industry most easily. These devices
1) are small and lightweight, 2) require
no power source, 3) are inexpensive to use,
4) have a sensitivity less than one percent
of the regulatory limit, 5) can differen-
tiate between the different types of
ionizing radiation, and 6) have an accuracy
sufficient to meet health protection re-
quirements.

The technical literature provides
sufficient evidence as to the accuracy of
both film and TLDs. However, tests of per-
sonnel dosimetry suppliers under controlled
conditions have shown that these devices do
not always measure up to their capability.
Consequently, the question "How accurate
are the results obtained from personnel

dosimeters processed on a routine basis by
commercial, military, governmental or other
private services?" has been of considerable
import in this country for at least twenty
years. This paper will consider efforts to
establish a national personnel dosimetry
testing laboratory and the criteria for
evaluating personnel dosimetry performance.
It will seek to explore why no effective
and nationally recognized personnel dosi-
metry testing service exists after consid-
erable effort by federal and state agencies,
commercial processors, and other industry
and private groups. Finally, this paper
will attempt to draw some conclusions for
future action from the past effort to avoid
repeating past mistakes.

There have been several attempts to
evaluate film dosimeter processor perfor-
mance beginning in 1955 and continuing
sporadically through 1975. In addition,
much effort has been expended on establish-
ing personnel dosimetry performance
criteria. In spite of all the previous
efforts, the problem of assuring adequate
personnel dosimetry processor performance
to users of these devices has remained un-
resolved.

Since 1955, several studies[1-7] evaluated
routine film and TLD dosimeter performance.
In general, the conclusions that can be
drawn from these studies indicate that some
processors demonstrate a capability more
than adequate to satisfy health protection
needs. However, these studies also show
that performance by a substantial frac-
tion of participants is not satisfactory

for use by health physicists and the results are misleading to the users. These studies have almost universally concluded that there is a need for an independent, objective method of periodically evaluating personnel dosimetry services. The latest study, conducted by Battelle, Pacific Northwest Laboratories in 1974 indicates that there has been little improvement in the performance of personnel dosimetry processors[7].

The retracing of any recent history regarding the attempt to establish a personnel testing laboratory or performance criteria should begin with the most formal and significant event in the long history, i.e., the September 4, 1963 Federal Register publication by the U. S. Atomic Energy Commission - Notice Regarding Need for Establishment of Film Dosimetry Calibration Laboratory[8]. This notice did several things:

1. Announced that the AEC was considering the desirability of issuing a proposed regulation which would require AEC licensees to utilize film dosimetry services which met certain minimum performance criteria;
2. Proposed a minimum set of performance criteria to provide standards of accuracy for evaluating film dosimetry services utilized by licensees;
3. Indicated that the Commission was studying the possibility of utilizing a laboratory for Commission contract activities; and
4. Requested expressions of interest of organizations and other persons desiring to establish and operate such a laboratory.

A significant number of comments were received and a large majority of these favored the establishment of the laboratory. A number of groups expressed interest in operating such a laboratory although most indicated their interest in operating such a laboratory was contingent upon financial support from the Federal Government. The AEC was concerned about what official or quasi-official recognition could be granted to a non-governmental laboratory by a regulatory or other governmental agency. The Commission was not sure what criteria should be used by a laboratory in a testing program and what criteria could be used to evaluate the testing laboratory. The Commission wanted to involve industry in evaluating licensees; also, to have AEC contractors tested by a group over which they had direct control, e.g., another AEC contractor.

In trying to develop a program, the AEC then considered, among other proposed actions initiating a program in which the National Bureau of Standards would develop guides for the establishment and operation of a film dosimetry calibration laboratory. Because of the Bureau's prestige and general preeminence in the standards field, it was felt that they might play a key role in a testing or calibration program even though NBS was unwilling to be involved in the approval of specific film dosimetry services. However, in view of the impending NBS move to Gaithersburg in 1966 and because of previous commitments, NBS indicated that they would have to delay start of the work and completion of the task would take three years. Because of the priorities that the AEC placed on this program, the Battelle Pacific Northwest Laboratory was asked to conduct a similar program. "The primary purpose of the Battelle study will be to consider ways and means to appraise any evaluation laboratory that might be established. Performance criteria and procedures for use by evaluation laboratories also will be drawn up. These criteria would help to provide standards for measuring continuing accuracy of service."[9]

Independent of these AEC activities, the National Sanitation Foundation (NSF) was showing interest in the evaluation of film dosimetry services. The U. S. Public Health Service (PHS) began supporting a program at NSF in 1963 which aimed at the development of procedures and performance standards for evaluation of film dosimetry services. NSF felt that when procedures and standards were developed, the film dosimetry industry would voluntarily support an evaluation program leading to the award of the NSF Seal of Approval.[6] NSF believed that this approval would be recognized by the AEC and others. The objectives of the NSF program were consistent with the needs expressed by the AEC and the program received broad support from the film dosimetry industry.

The NSF Foundation Council of Public Health consultants unanimously approved Standard No. 16, "Standards of Performance for Film Badge Services" on May 4, 1966. The NSF advisory committee on film badge services represented members of government agencies, professional organizations, AEC contractors, and industry. The basis used in the establishment of control limits for film badge service accuracy was primarily developed from a study conducted by NSF involving approximately two thousand film badges from twenty five different organizations.[4,6]

278

The NSF standard considers types of radiation at different energy ranges. The type of radiation with which a badge is irradiated is not revealed to the participants. In order to successfully meet the performance standard the participants' interpretation must be within certain control limits. As stated above, these control limits were established on the basis of the performance of a group of film processors that participated in an initial study. These limits are specified in terms of the width of an error band within which all but one of the participants' results must fall.

After reviewing the objectives of the NSF program and anticipating its usefulness in defining performance criteria that reflect the capabilities of film dosimeter technology the Commission felt it was not in a position to support NSF financially or approve their standard, although AEC staff participated in program development meetings. The Commission considered it desirable to supplement the efforts of NSF by establishing an alternate parallel program to permit the Commission to determine the adequacy of any evaluation program that might be established.

The Battelle study begun in 1965 took a considerably different approach to the evaluation of performance. Battelle utilized two distinct parameters for use in establishing performance; the systematic bias and the random variations. These parameters were considered to some extent to be unique and that the analysis of performance should consider them separately. A participant's results would be corrected for a bias greater than 10% before the variance criteria would be applied. Performance criteria are specified in terms of the parameters of the equation $D_i = \alpha + \beta E_i + \varepsilon_{E_i}$ where: D_i is the actual delivered dose; E_i the reported dose; α and β are systematic bias parameters; and ε_{E_i} is a random variable for which the variance is computed.

The Battelle report[5] also concluded that for its evaluation of the performance of the services tested that excessive bias and variance existed among film dosimeter processors. It concluded that a film dosimeter evaluation program should be implemented but reached no conclusion whether it should be voluntary or implemented by regulatory requirements. The 1967 Battelle report has not had a significant effect on the testing of personnel dosimeters since an evaluation laboratory has not been established.

Following publication of the Battelle study, the Commission considered requiring all film badge services for AEC contractors to meet performance standards compatible with the standards recommended in the Battelle report. In addition, commercial film dosimeter vendors which were not providing a service to an AEC contractor but were desiring to bid on such services would demonstrate their performance through an evaluation laboratory. The Commission considered soliciting bids on a competitive basis, for a film dosimetry evaluation laboratory service to judge the performance of AEC contractor and commercial film vendor services to AEC contractors. This would have allowed the AEC contractor and other private laboratories who could meet the conditions of the call for bids to compete on a competitive bid basis. However, a unique situation played a role in delaying implementation of that plan. Up until 1967, all AEC facilities utilized film rather than TLDs. One reason for this was the Commission position that the permanence of film gave it an overriding advantage over TLDs. During 1967, it was decided that the permanent record of the film should not be a deciding factor and that TLDs could be considered for use. Consequently, during the late 1960's many AEC contractors began changing over from film dosimetry to TLD. No data base for routine performance existed. In addition, there obviously were no authoritative TLD performance criteria. In that respect, the film badge criteria proposed by Battelle were not an authoritative standard and the Commission felt some reluctance to use such a standard without consensus approval.

In 1969, the American National Standards Institute (ANSI) requested the Health Physics Society to write a document that could be used as an ANSI standard. The Society accepted the task and as a result the ANSI standard (N13.7-Criteria for Film Badge Performance) was approved on July 11, 1972[10]. This standard was based largely on the Battelle study and the approach to judging performance criteria acceptance are identical.

AEC Regulatory formally endorsed the ANSI criteria for film badge performance in 1972. This endorsement was by means of Regulatory Guide 8.3 which also pointed out the Commission's exceptions to certain parts of the standard.[11] It should be remembered that regulatory guides are merely recommendations and do not directly place requirements upon licensees. The publication of this regulatory guide has not had a

profound effect on film dosimetry processors or licensees. To the best of our knowledge, no licensee or processor has ever performed the tests specified in the Standard and guide. In this same year, an ANSI committee was formed to consider standards for performance for TLDs. A draft of this document which has been circulated for letter ballot indicates that the approach which is being considered differs considerably from the film badge performance standard.[12] This standard has not been approved by the American National Standards Institute, as of this report.

NSF continued to conduct its program for evaluating film badge performance on a voluntary basis. The first "Approval Listing for Film Badge Services" was issued by NSF on July 1, 1967 and listed 9 approved services (7 commercial services, 1 military and 1 AEC contractor). In addition, there were two other participants in the program but not desiring to have an NSF approval. However, this small number of participants was not considered adequate to hire full time NSF personnel to run the program or upgrade the physical facilities and instrumentation available. As a result, NSF was subjected to some criticism with regard to the technical adequacy of their program and administrative errors in implementing the early program. Some of this may have been aggravated by the loss of services of the individual who played the major role in initiating the program. For whatever the reason, the NSF program has continued to operate but has not gained the amount of official or technical recognition to enable it to have attained the impact originally envisioned or gained the confidence of users or regulatory agencies. The NSF program continues to operate, but with fewer participants than when it began.

1973 saw the introduction of a new participant in the attempts to evaluate personnel dosimetry performance. The Conference of Radiation Control Program Directors holds an annual meeting sponsored by the Bureau of Radiological Health (FDA), the Environmental Protection Agency (EPA), and the Nuclear Regulatory Commission. During these meetings, workshops on various subjects of interest and concern to the State Radiation Program Control Directors are held. During the 1973 meeting, the conference held a workshop which was to consider how a personnel dosimetry certification program could be established to assure that dosimetry results were accurate.

The major recommendations of the workshop were that a federal agency be designated to direct a continuing performance testing program and that the executive committee of the conference establish a task force of federal and State representatives to consider this proposal during the next year.[13] Such a task force was established and included representatives of three states plus individuals from FDA, EPA, OSHA, AEC (Regulatory) and the NBS.

The workshop had endorsed the idea of NBS involvement to provide credibility to a testing program. As had been recognized several years earlier, the NBS stature and unique capabilities were felt to be factors that could provide any program developed with the necessary prestige and technical backup which could not be obtained from a regulatory agency. As a result of the initial meetings of this task force it was concluded that the only practical way of having personnel dosimetry suppliers submit to testing was through some regulatory device. From a practical standpoint, the only agencies which had the authority either directly or indirectly to compel suppliers to participate in a testing program were OSHA and AEC. OSHA had limited interest in such a program so it was left up to AEC to determine whether it could either condition licenses to require use of tested dosimeters or change the regulations to require their use. Although AEC had no control over X-ray users, it was felt that essentially all dosimetry suppliers would have to submit to a testing program to remain competitive. In early 1974, the Director of Regulatory Standards directed his staff to develop regulatory requirements to require all licensees to use personnel dosimetry services evaluated as adequate by a testing or intercalibration laboratory. In order to assist AEC in writing a rule and establishing criteria for the program, a work group composed of directly concerned federal agencies was formed which included representatives of NBS, FDA, EPA, ERDA and various NRC offices. This work group had periodic meetings which began to crystallize a testing laboratory concept and identified remaining problems. Conceptually, it was felt that the program probably would operate in the following manner: Part 20 of the NRC regulations[14] requires the use of personnel dosimetry under certain circumstances, i.e., when there is a possibility of an individual exceeding 25% of the maximal permissible exposure or where an individual enters a high radiation area. This section could be amended so that all licensees must use dosimetry services whose performance is tested

to meet certain minimum criteria. The testing could then be performed by a testing laboratory using standards set by the Commission. The accuracy of a testing laboratory's calibrations and the manner in which the testing laboratory could be technically evaluated by the NBS which in turn could be supported by NRC under an interagency agreement.

When the writing of the proposed rule began, it was felt that two things should be accomplished: 1) establishing a testing laboratory in the proper regulatory framework; and 2) establishing standards for the testing of personnel dosimetry suppliers. In order to get the program moving, it was felt that it would be advantageous to adopt the ANSI film badge standard rather than going through the process of promulgating new standards. It was believed that in that way there would be only one problem—establishment of a testing laboratory. However, as drafting began on a proposed rule and discussions were held with various individuals, it became evident that the existing ANSI criteria for film badge performance would not be satisfactory for the use envisioned. It was generally agreed that the ANSI criteria are a good set of sophisticated criteria which may be useful for judging state of the art for performance of film. However, it became apparent that what was needed for the regulatory process are simpler standards based primarily on health physics considerations and only secondarily on the dosimetry system limitations. A second problem as noted above, is that there are no ANSI criteria for TLDs. These may be forthcoming but will also raise similar problems as the film criteria. An alternative to the ANSI criteria which was considered was the National Sanitation Foundation No. 16. Although this standard had some advantages, its rather simplistic statistical criteria and emphasis of system performance over health physics consideration directed us toward consideration of new performance criteria. The NBS, under sponsorship of FDA, attempted to develop these new criteria. This initial attempt of developing criteria based on health physics needs served as a spur to establishing a committee to produce a standard which could eventually receive ANSI approval.

During the 1975 meeting of the Health Physics Society, the standards committee approved the formation of a working group to produce a standard test method and performance criteria to be used by a testing laboratory to determine the output of a sup-

plier of personnel dosimetry services. This group has been designated Working Group 15 and is being chaired by Dr. Margarete Ehrlich of the National Bureau of Standards. Included on the working group are two commercial personnel dosimetry suppliers, a military processor, an ERDA contractor, a reactor health physicist, representatives from two potential testing laboratories, NSF and Battelle and the author is the NRC representative. Eventually, it is anticipated that these efforts will form the technical basis of a regulatory action by the NRC.

The working group anticipates that a final draft will be submitted to the parent Health Physics Society Standards Committee in early May 1976. It would be improper for me to discuss the details of the efforts of the working group but a brief discussion of the philosophy and some of the basic ideas that are emerging would be of interest.

Nowhere in the proposed standard is it planned to make direct reference to the type of personnel monitoring device employed. The performance tests and test criteria will be the same for all devices presently employed and contemplated for future use. Performance criteria will be based, as much as feasible, on the recommendations of the ICRU[15] and the ICRP[16] for monitoring accuracies adequate in the field of radiation protection. Only where it is known that the recommended tolerance limits cannot be met, at the present state of the art, will wider limits be set. An early revision date for reconsideration of these limits will also be recommended.

The various categories for which a supplier could request testing is shown in figure 1. The first three categories refer to photons in three different dose equivalent ranges between 30 or 50 mrem and 3 rem. Further tests for accident levels of 3 to 800 rads are specified in the first two categories. The next category is for beta particles with the testing laboratories prepared to use a sealed strontium 90 source or a uranium slab. For the fast neutron tests, either californium-252 whose spectrum is close to a moderated fission spectrum or a source of higher average energy, such as plutonium-beryllium will be available. Mixtures of high and low energy photons; photons and beta particles; and fast neutrons and photons constitute the last three categories.

Figure 1

RADIATION CATEGORIES AND TEST RANGES

RADIATION CATEGORY	TEST RANGE
I Photons, 200 keV $\leq E_{eff} <$ 3 MeV	(a) Protection: 30 mrem to 10 rem (b) Accident: 10 rad to 800 rad
II Photons, 30 keV $\leq E_{eff} <$ 200 keV	(a) Protection: 30 mrem to 10 rem (b) Accident: 10 rad to 800 rad
III Photons, 16 keV $\leq E_{eff} <$ 30 keV	50 mrem to 10 rem
IV Beta Particles	150 mrem to 10 rem
V Fast Neutrons	100 mrem to 5 rem
VI Photon Mixtures (Categories I, II, and III)	50 mrem to 10 rem (total)
VII Photons and Beta Particles (Categories I, and IV)	150 mrem to 10 rem (total)
VIII Photons and Fast Neutrons (Categories I, and V)	100 mrem to 10 rem (total)

Each full category test will be conducted over a period of several months. It was considered rather important to test a supplier over an extended period of time in order to be able to more effectively judge a supplier's performance for the entire period under consideration. In general, a supplier will not know which radiation types and categories were used for the irradiations of particular badges. There will be an exception in the accident range where the testing laboratory will identify the badges involved just as the users do when an accident has occurred.

Pass-fail criteria will be based on the weighted sum of bias and standard deviation. These quantities will be computed from the results of the current test and the results of past tests of the particular supplier in the category. Bringing in past test results will enable one to draw conclusions regarding the long term consistency of a supplier's performance. This is important if inferences are to be made about his daily processes from the results obtained from a relatively small test sample. The bias for the process will be determined from those irradiation levels

where it is found that the performance is independent of the radiation level. A supplier will fail a test in a given category if the weighted sum of the bias and the standard deviation for the current test lies outside the specified tolerance, either for his interpretation of total dose equivalent or for his interpretation of the dose equivalent due to penetrating radiation alone. Depending on the category, the tolerance will be set at 30 to 50%.

The pass-fail criterion will also take into account the length of a supplier's monitoring period. This was considered important because if a supplier offers a weekly service, for example, imprecision in his individual interpretations will cancel out more readily over a period of a year than if he offered a monthly or quarterly service. Therefore, the weight attached to the bias relative to that attached to the standard deviation will be greater the shorter the monitoring period for which a supplier's service is offered.

The standard will also stipulate that all badges will be calibrated in terms of

dose equivalent. This could be accomplished by computing the dose equivalent from the measured quantities (e.g., exposure, absorbed dose, flux density) at the prescribed depth in a tissue equivalent phantom or the personnel dosimeters can be mounted on a phantom during irradiation.

NRC is delaying proposal of a rule requiring testing of personnel dosimetry until the performance standard has been approved and the technical requirements of the performance standard can be effectively incorporated. If an existing standard could have been adopted in a rulemaking action, publication for public comment would already have been made. However, we believe that the delay will have significant benefits.

Recognizing that implementation of a performance testing program is complex and will have a great impact on the dosimetry suppliers and licensees, the NRC has decided to hold a public meeting on this subject prior to publishing a proposed rule for comment.

One would hope that the past efforts in this endeavor would provide some guidance for this current attempt at developing a system for testing the accuracy of personnel dosimetry services. Considering the past obstacles which caused delay and defeat, three points can be identified, which should be considered in the development of any mandatory testing program:

1. It is impractical to assume that a highly competitive industry will take a unified action to police itself in such a manner as to satisfy regulatory authorities without adequate regulatory incentives.

2. A regulatory authority will not be in a position to approve or recognize the testing laboratory results unless that testing laboratory is either an authoritative body, an arm of the regulatory authority or a contractor to the regulatory authority. Providing continuing regulatory recognition to a testing or certification organization implies that the regulatory agency can oversee the operation of that organization and/or the testing organization has national recognition and peer acceptance.

3. The criterion for judging acceptability of a supplier's process should be based on the health physics needs

of the users rather than the capability of individual systems developed from prior testing. This will provide incentive for improving dosimetry performance independent of the system used for evaluating that performance.

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OPTICAL INTERFEROMETRIC MEASUREMENTS OF ULTRASONIC
RADIATION AND ITS APPLICATIONS TO MEDICINE

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A modified Michelson interferometer is currently being used to map
particle displacement amplitude within a beam of pulses ultrasound.
One leg of the interferometer is raster scanned across a 4 micro-
meter thick, opaque gold coated membrane upon which the sound is in-
cident. The reference leg of the interferometer has been modified to
provide stability. Sensitivity has been found to be at least 10 pico-
meters which corresponds to 1.0 micro watts/cm^2 at 1.5 MHz. Particle
displacement amplitude is displayed in two modes: 1) displacement
vs. position for each horizontal scan, 2) displacement vs. position
for an entire frame by Z-axis modulation of a CRO. Frame rates of
2/sec. can be achieved. This system has been used to determine
measured ultrasonic field patterns. Parameters of interest include
peak intensity, intensity distribution, ratio of peak to average in-
tensity and calculation of beam area. Methods for specifying beam
areas will be discussed as well as the application of the system to
evaluate medical diagnostic and therapy transducers. This system was
developed by RCA Laboratories, Princeton, New Jersey.

INTRODUCTION

A modified Michelson interferometer is
currently being used by the Bureau of Radio-
logical Health (BRH) to map particle dis-
placement within a beam of pulsed ultrasound.
This system, developed by RCA Laboratories,
Princeton, N.J., employs a 15 mW HeNe laser
beam to raster scan a four (4) micrometer
thick, opaque gold-coated membrane upon
which sound is normally incident. Since the
membrane is extremely thin compared to the
acoustic wavelengths of interest, it is
transparent to the sound while experiencing
the same particle displacement as the sur-
rounding transmission medium. At each point
in the raster scan, the particle displace-
ment amplitude is measured and displayed in
two modes: 1) displacement vs. position for
each horizontal scan, 2) displacement vs.
position for an entire frame by Z-axis mod-
ulation of an oscilloscope. The first dis-
play has been calibrated to sensitivities
corresponding to 10^{-6} watts/cm^2 of acoustic
intensity.

Under the purview of the Radiation Con-
trol for Health and Safety Act, Public Law
90-602, the Bureau is currently investigat-
ing the output characteristics of medical
ultrasonic devices. Some of these charact-
eristics that can be measured by this inter-
ferometric system are peak intensity, in-
tensity distribution, ratio of spatial peak
to average intensity, and calculation of
beam area. The last parameter is discussed

in some detail since calculation of an area
from experimental data requires a definition
of beam area. This definition will influence
the methods of data collection as well as
computational techniques. In this paper two
methods for specifying beam area are dis-
cussed and compared. In addition, the inter-
ferometer is discussed in some detail and
examples are given of its measurement capa-
bility.

Description of System

The optical interferometer is of the
Michelson type and has been referred to as
the "ultrasonovision." Figure 1 shows the
basic optical arrangement. The beam from the
NeHe laser is split into the two legs of the
interferometer. In the reference leg is
mirror M1. In the scanning leg are galvano-
meter mirrors M2 and M3 which provide the
vertical and horizontal scanning, respect-
ively. Lens L4 collimates the raster scan-
ning beam to provide normal incidence to the
thin, gold coated membrane (pellicle). The
transducer is located behind the pellicle.

Characteristics of interferometers is
the brightness curve (figure 2) relating the
relative phase difference between the legs of
the interferometer with the optical irrad-
iance measured at the photodetector. The
optimum operating condition for the ultra-
sonovision occurs when the relative phase
difference is $\pi/2$. At that point any phase
change caused by motion of the pellicle will

cause a maximum brightness change and the functional relationship between them will be nearly linear. To guarantee this operating condition an open loop technique is employed in which the reference mirror M1 is "wiggled" along the optic axis at a frequency of approximately 30 kHz. The amplitude of the wiggler is such that the relative phase difference is swept through at least $\P$ radians. At the photodetector the combined effect of the pellicle motion at the acoustic frequency and the wiggler motion is a signal varying in time as the acoustic pulse and contained in an envelope having the wiggler frequency. The peak of that envelope occurs when the relative phase difference is $\P/2$. Therefore, peak detection of the photodetector signal results in the displacement amplitude at that scan location in the acoustic field. Another advantage of this technique is to eliminate noise due to thermal drift and vibration.

The operation of the interferometer is described by the following analysis.[1] Consider an acoustic wave of angular frequency ω_s and displacement amplitude Δ passing through the pellicle. When one point on the pellicle is interrogated by the laser, the photodiode generates a current i_s having the form

$$i_s = 2\eta \sqrt{I_R I_p} \cos \left[\Phi + \frac{4\P\Delta}{\lambda} \sin (\omega_s t)\right] \quad (1)$$

where η is the quantum efficiency of the photodiode, I_R and I_p are the irradiances in the reference and pellicle legs of the interferometer, respectively, Φ is the relative phase difference between legs, and λ is the optical wavelength. The d.c. terms of this equation have been eliminated by the use of high pass filter. If $\Delta/\lambda \ll 1$ and $\Phi = \P/2$ then equation (1) reduces to

$$i_s = 8 \, \P\eta \, \frac{\Delta}{\lambda} \sqrt{I_R I_p} \sin (\omega_s t), \quad (2)$$

where the signal amplitude is directly proportional to the displacement amplitude of the acoustic wave. This approximation is good for acoustic intensities up to several watts/cm^2.

The introduction of the wiggler for the reference mirror alters equation (2) such that

$$i_s = 8\P\eta \, \frac{\Delta}{\lambda} \sqrt{I_R I_p} \sin (\omega_s t)$$
$$\sin \left[\Phi + \frac{\P}{2} \sin (\omega_w t)\right]. \quad (3)$$

If the wiggler displacement is greater than $\lambda/4$ and the ratio of the acoustic frequency to wiggler frequency is sufficiently high, then the relative phase difference will be $\P/2$ at the same time $\sin (\omega_s t)=1$. Therefore, peak detection of the wiggler envelope will yield the displacement amplitude at the point of interrogation.

The sensitivity of the system is determined by thermal noise and shot noise. At low light levels thermal noise predominates. For a pellicle leg irradiance of 0.1 mW and unity signal to noise ratio, the particle displacement is on the order of 0.03Å. From equation (3) it can be seen that lower displacement amplitudes can be detected for higher irradiances at a fixed photodetector signal. It has been estimated that the ultimate system sensitivity is 10^{-10} W/cm^2 (acoustic) at 1.5 MHz. The BRH system presently can detect displacements lower than 0.1Å corresponding to 10^{-6} W/cm^2 (acoustic) at 1.5 MHz.

The system was calibrated by illuminating the photodetector with a known intensity of light and measuring the resultant voltage after the photodetector preamplifier. An NBS C-series laser calorimeter was used to determine the irradiance. The total estimated uncertainty is on the order of $\pm 4\%$.

Examples

Several transducers were scanned at various distances along the propagation axis. These scans show the ability of the ultrasonovision to measure the radiating patterns from both NDT and medical transducers.

Figure 3 shows the development of the acoustic radiation from a 2.0MHz, air-backed ceramic transducer. The pulse width was of the order of 9µs. and the crystal diameter was 1.3cm. At each location in the field two displays are shown. The first is a brightness modulated picture of the beam cross-section. The grey scale was individually adjusted for each photograph to show maximum detail. Therefore, no comparion can be made between grey levels of any two photos. The second display is a single horizontal scan through the beam center. The horizontal axis corresponds to scan position and the verticle axis corresponds to particle displacement amplitude. The verticle and horizontal scales are the same

within each scan series of a transducer for purposes of comparison.

An immersion NDT transducer is shown in figure 4. It is nominally rated at 1.0MHz, 1.0 inch diameter, and 6.0cm focal length. Using a Hewlett-Packard 4815A RF vector impedance meter the resonant frequency was found to be 1.16MHz. This transducer was driven at its resonant frequency with a pulse width of 9.0μs. According to theory, the diffraction pattern produced at the focus of a finite aperture lens is the product of the Fourier transforms of the aperture function and the field distribution across that aperture. For a plane distribution across a circular aperture, the focal pattern takes the form of a Besinc function[2]. This function is characterized by a large central peak (Airy disc) and several concentric rings (Bessel rings) of lower amplitude.

Referring to figure 4, it can be seen that the distribution at the transducer face does not occupy the full aperture nor is it plane.

Measurement of the Airy disc shows it to correspond to an aperture diameter of 0.83 inches. This is confirmed in the scan of the transducer face.

Figures 5 through 8 are scans of medical diagnostic transducers. Each is nominally rated as having a 2.25 MHz resonant frequency. As before, the vector impedance meter was used to determine the resonant frequency and each transducer was driven at the resonant frequency with a 9.0μs. pulse width to produce each figure.

Figure 5 shows a nominal 19 mm diameter, 10 cm. I.F. (internally focussed) transducer driven at its resonant frequency of 2.12 MHz. At the focus (10cm) the Bessel rings are not well defined because of the lack of uniform amplitude distribution at the transducer face.

The transducer depicted in figure 6 has a nominal 13mm diameter radiating area, no focussing, and a 2.05 MHz resonant frequency. The uneven amplitude pattern at the transducer face is carried through in near field in the unusual structure of the field pattern.

In figures 7 and 8 are two biopsy transducers having resonant frequencies of 2.91 MHz and 2.52 MHz, respectively. The first shows a relatively uniform

amplitude distribution at the transducer face and the field development is relatively even. The second transducer radiates primarily from the upper right quadrant of the face, and this is reflected in the development of the field. It is interesting to note that these last two transducers were production line rejects because they failed leakage current tests but not for their acoustic behavior.

Beam Area

During medical diagnostic imaging or flaw detection, the beam area (lateral dimensions for pulses) strongly determines the effective resolution of adjacent objects. The definition of beam area or radiating area at the crystal face must be sufficiently broad to include the various outputs demonstrated in the previous figures. In its specification for ultrasonic therapeutic equipment, the American National Standards Institute (ANSI) defines effective radiating area as "that [area] which is 1.11 times the area, measured at the applicator face and using circular baffles..., which transmit 90 percent of the effective acoustic power."[3] The difficulty with this definition is its assumption of a radially symmetric distribution of acoustic intensity. Significant errors can occur when applying this definition to transducers of the type shown in figure 9. This is a commercial therapy transducer of multiple crystal construction, the output from which is shown in this schlieren photograph.

As an alternative, the radiating area (or beam area depending on location) can be defined as the area in a plane normal to the beam axis consisting of the locus of all points at which the intensity is greater than a given percentage of the maximum intensity in that plane. Using this definition several transducers were scanned with the ultrasonovision at a distance of 4 mm from the transducer face. Each scan was digitized and area versus percent of peak intensity calculated on a Hewlett-Packard 9820 programable calculator. The results are plotted in figures 10 through 12. Each transducer is a therapy applicator and was driven at its nominal resonant frequency (1.0, 1.0, and 0.925 MHz respectively).

Figures 10 through 12 show the beam areas calculated from the peak intensity, calculated from the ANSI definition, and that area specified by the manufacturer. Figure 12 corresponds to the multiple crystal therapy applicator whose schlieren

photograph was shown above. The large dis-
crepancies between measured areas and the
manufacturers specification is apparent.

SUMMARY

The optical interferometric system has
been shown to be an effective method to
determine ultrasonic field patterns. With
a sensitivity below 0.1Å, this system can
detect acoustic displacement amplitudes
corresponding to intensities below 1.0
microwatts/cm^2. It has been used on therapy,
diagnostic and NDT type transducers to
measure peak intensity, intensity distri-
bution and beam area.

In the calculation of beam area, an
alternative to the ANSI definition has been
suggested using the peak intensity in the
plane of measurement. This definition has
been shown to be more general and applicable
to transducers of multiple crystal design
as well as those with asymmetric radial
intensity distributions. It is felt that
this alternative definition would better
apply to the specification of transducer
characteristics.

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   Equipment z24.18-1956, para. 2.3.4.
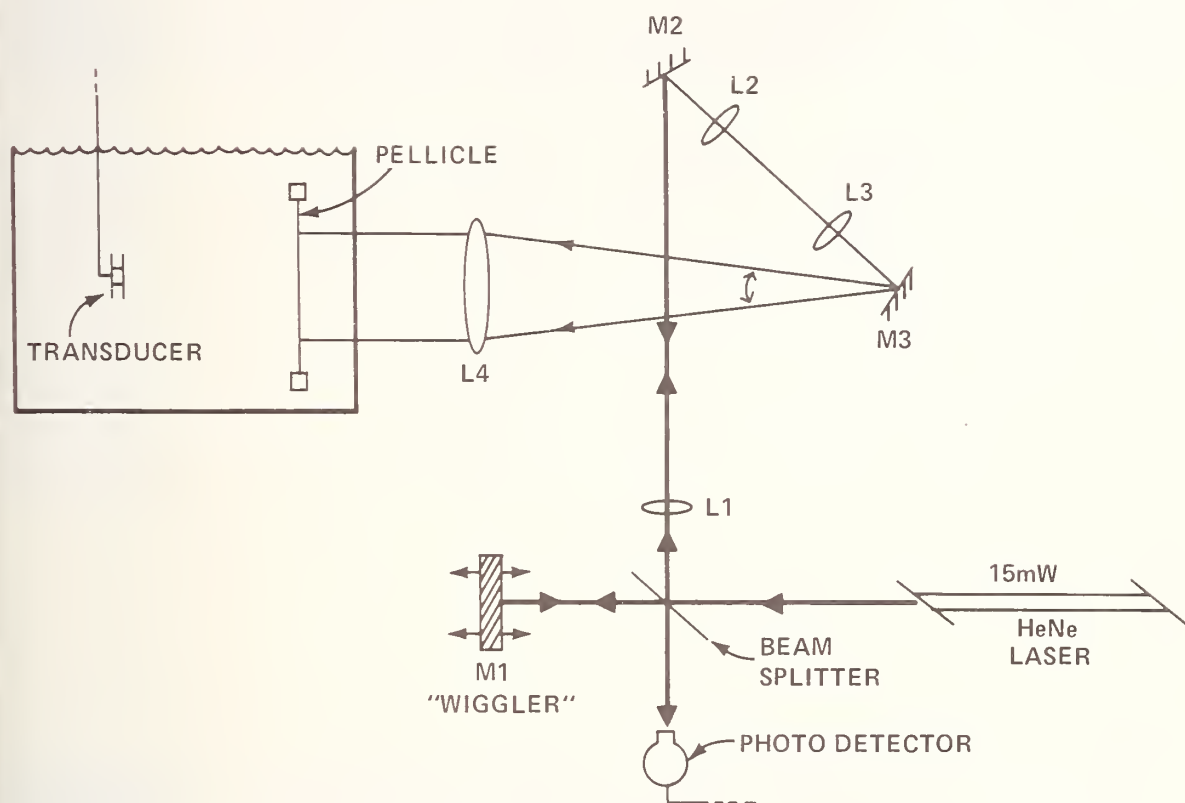
Figure 1. Diagram of Scanning Optical Interferometer
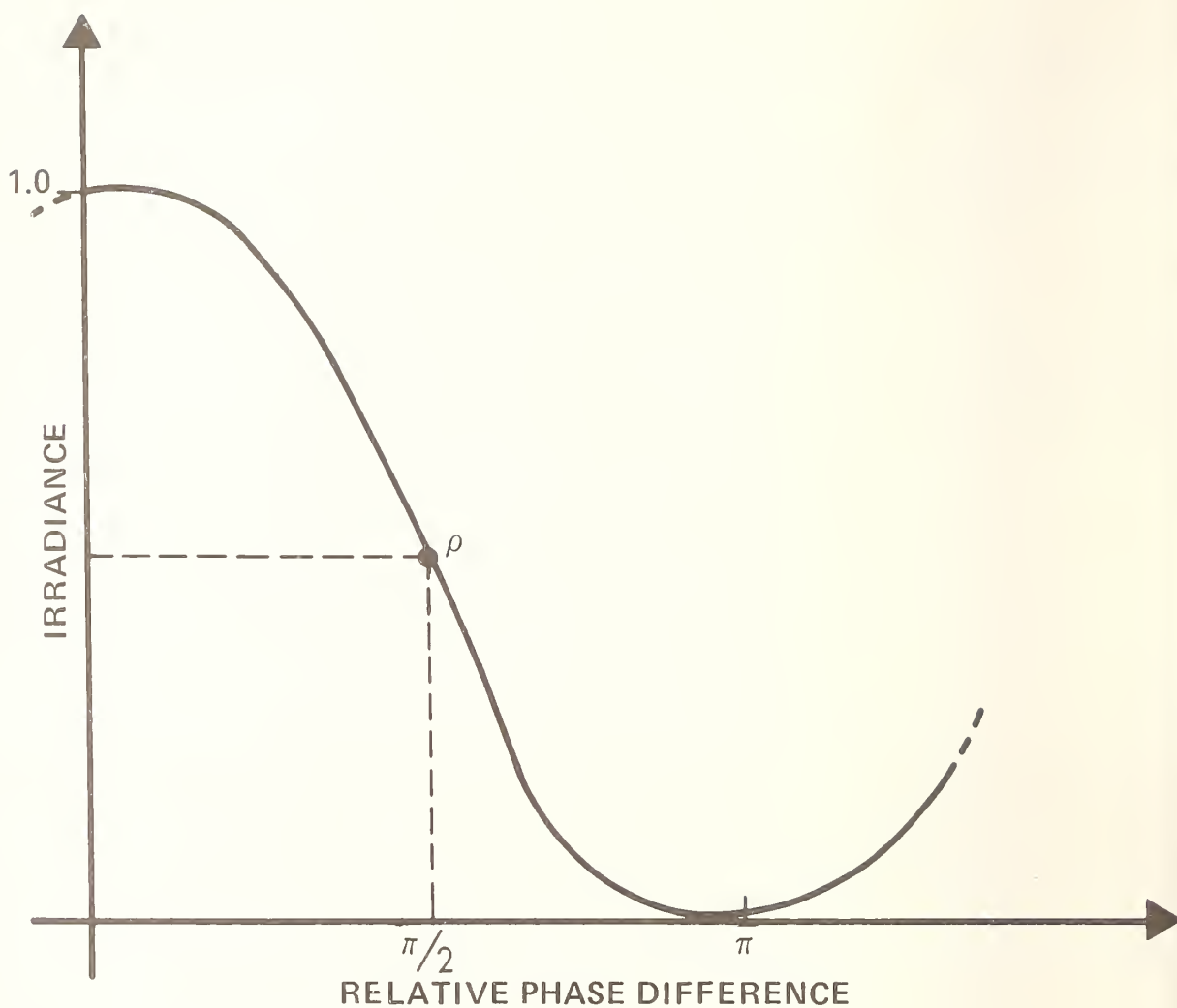
Figure 2. Brightness Curve Showing the Relationship of
Relative Phase Difference Between Interferometer Legs
And Optical Irradiance Upon Recombination

290
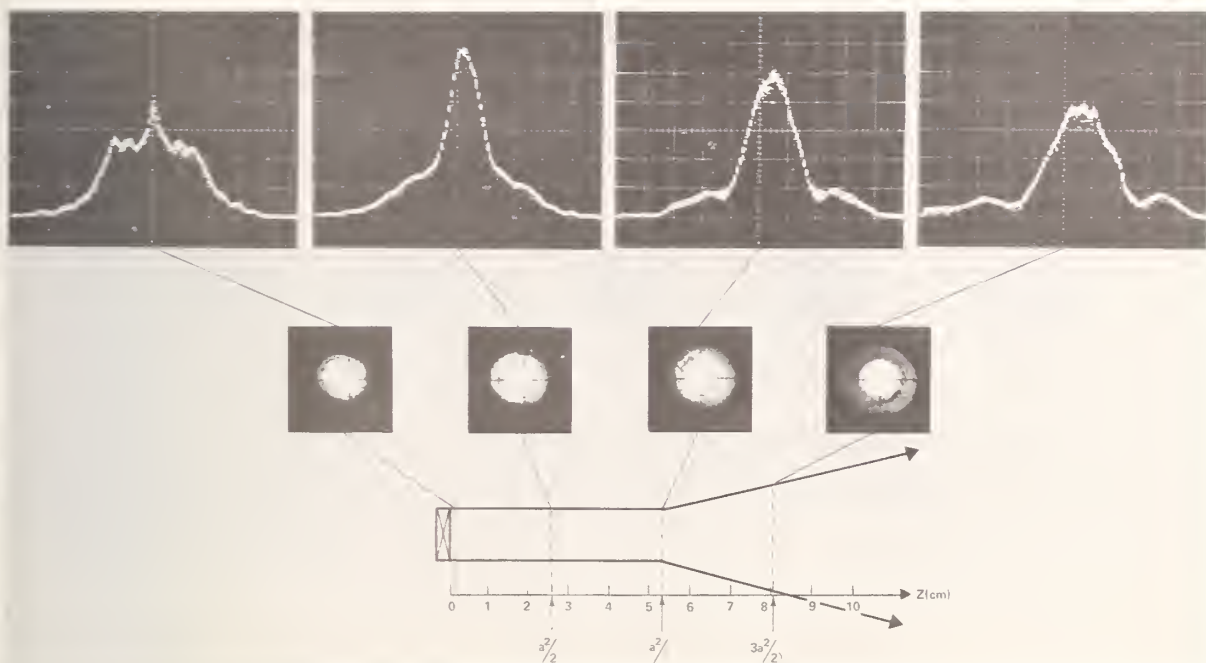
Figure 3. Multiple Scans of Air-Backed Ceramic Transducer (f=2.0HMz, d=1.3cm).
Scan Width of Singe Traces is 3.0cm.
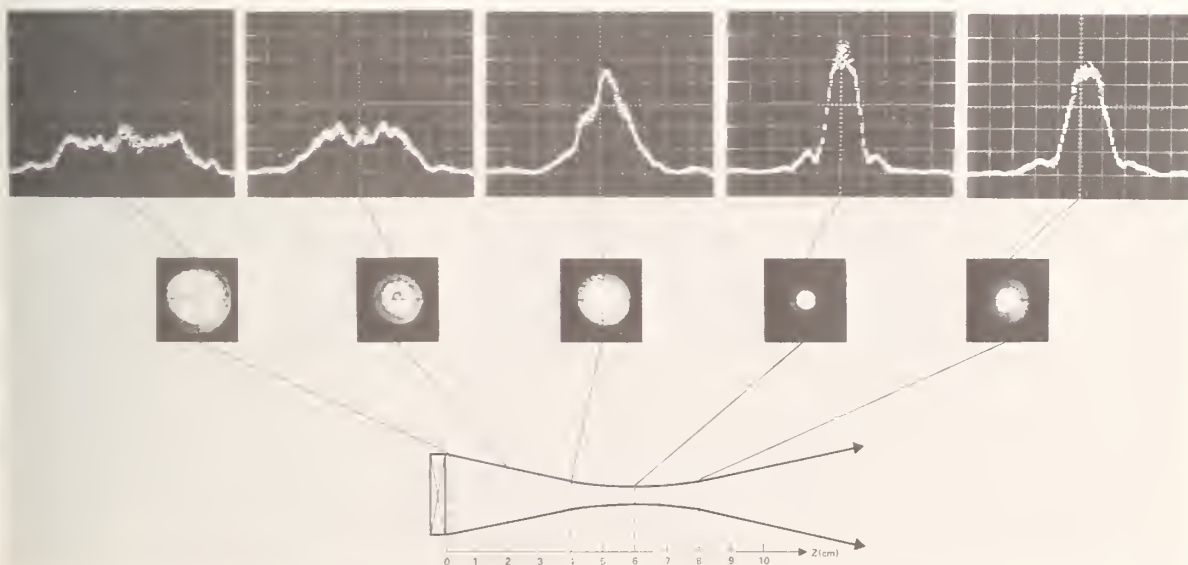
Figure 4. Multiple Scans of NDT Transducer (f=1.16 MHz, d=2.5cm, focus = 6.0cm).
Scan Width of Single Traces is 3.2cm.
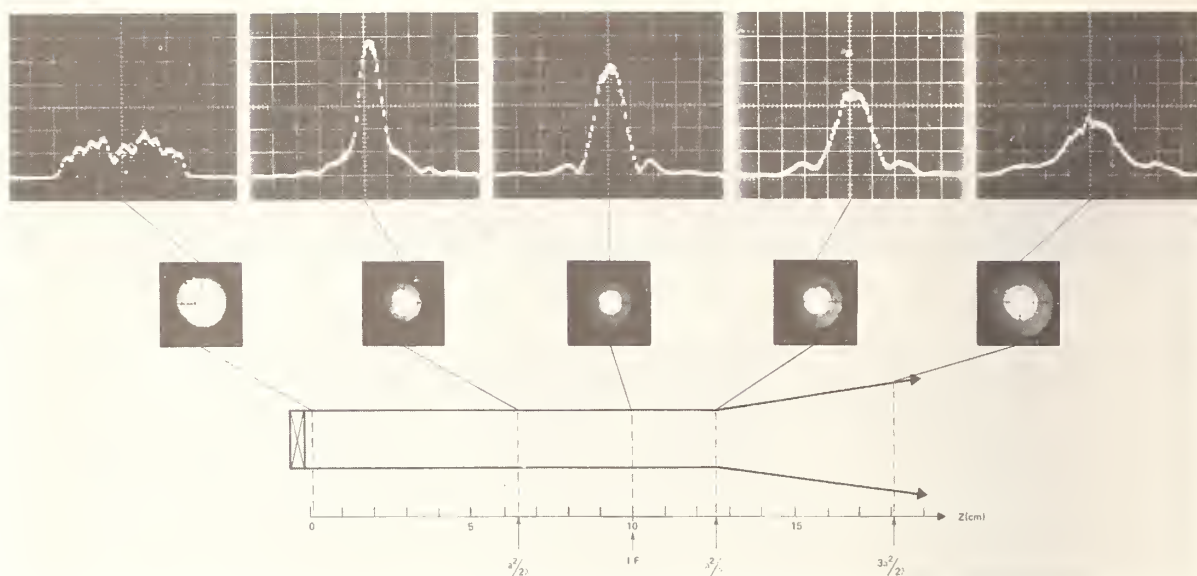
Figure 5. Multiple Scans of Diagnostic Transducer (f=2.12MHz, d=1.9cm, I.F.+10cm).
Scan Width of Single Traces is 3.5cm.
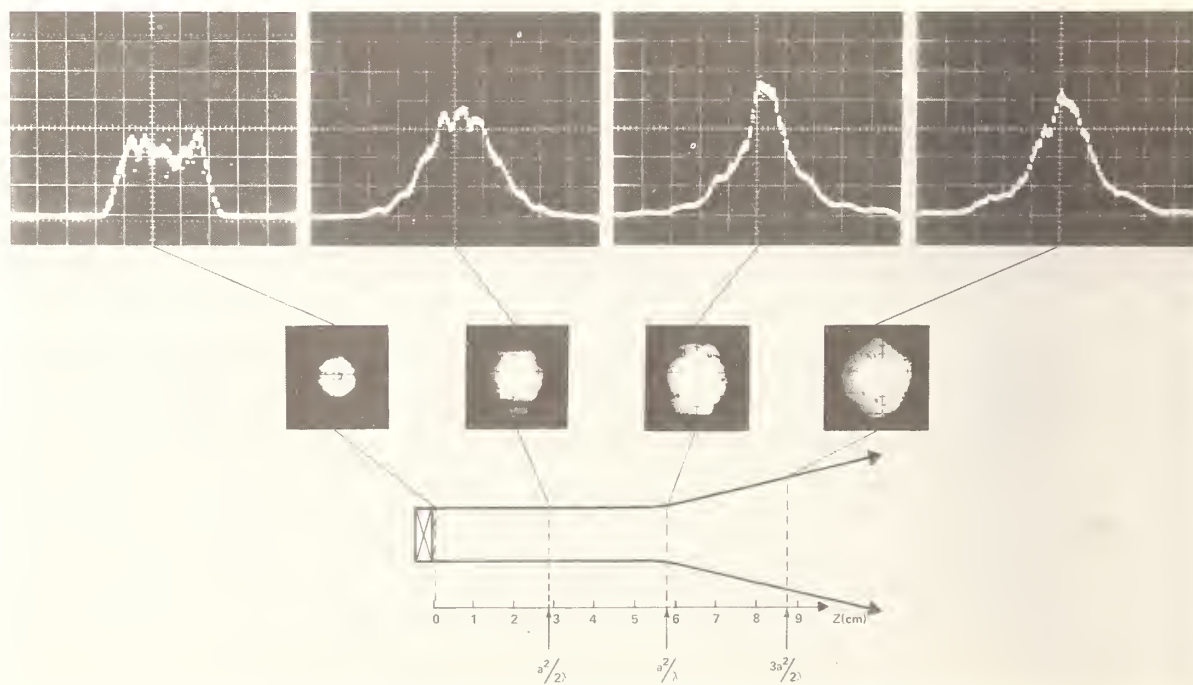
Figure 6. Multiple Scans of Diagnostic Transducer (f=2.05MHz, d=1.3cm).
Scan Width of Single Traces is 3.5cm.

292
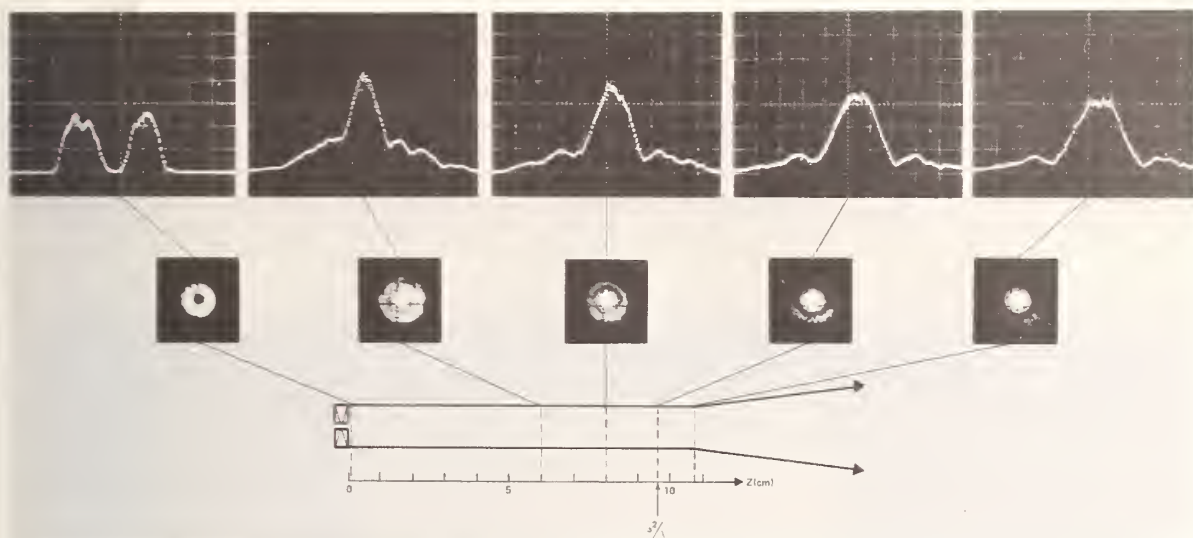
Figure 7. Multiple Scans of Biopsy Transducer (f=2.91MHz, d=1.3cm).
Scan Width of Single Traces is 3cm.
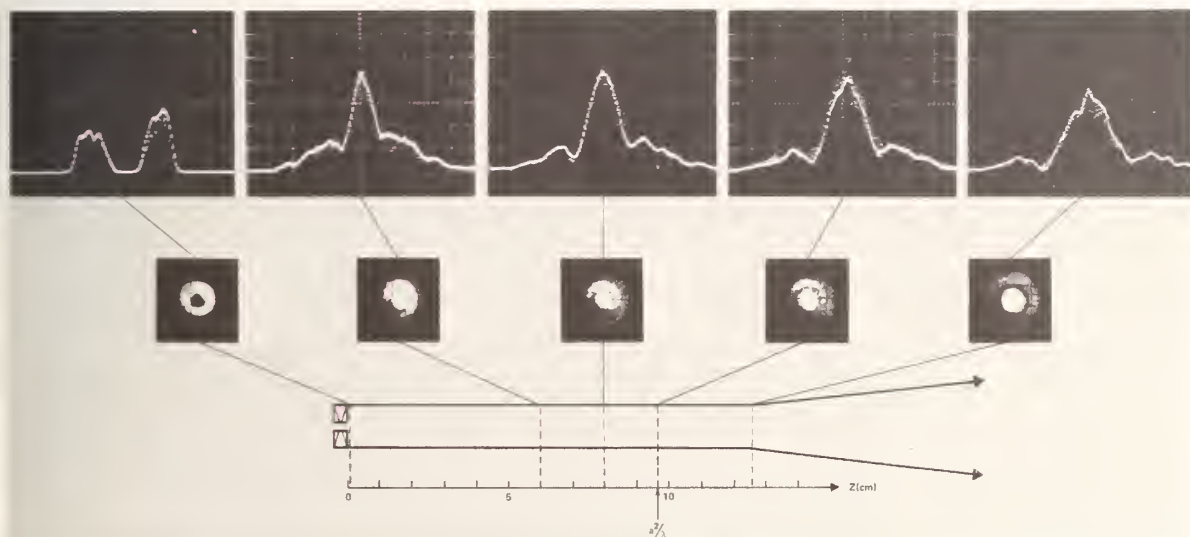
Figure 8. Multiple Scans of Biopsy Transducer (f=2.52MHz, d=1.3cm).
Scan Width of Single Traces is 3 cm.
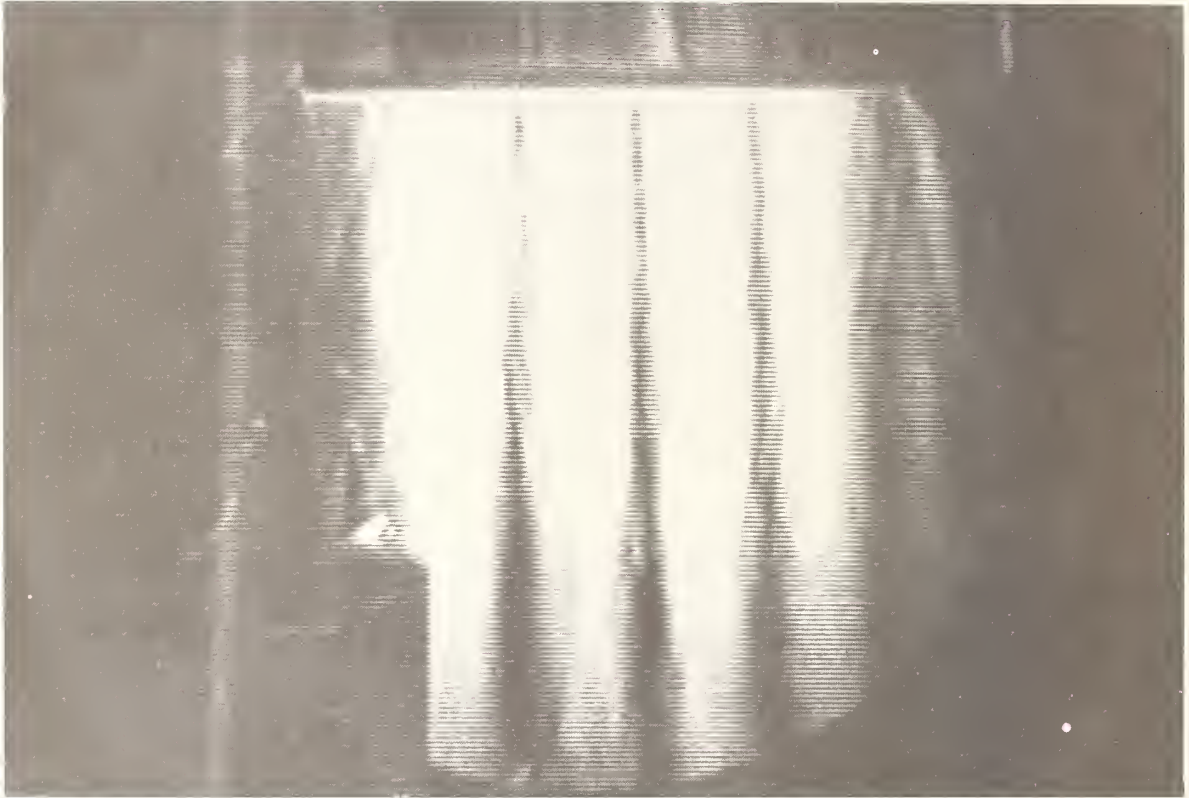
Figure 9. Schlieren Photograph Showing Output From A Commercial
Multiple Crystal Therapy Applicator.
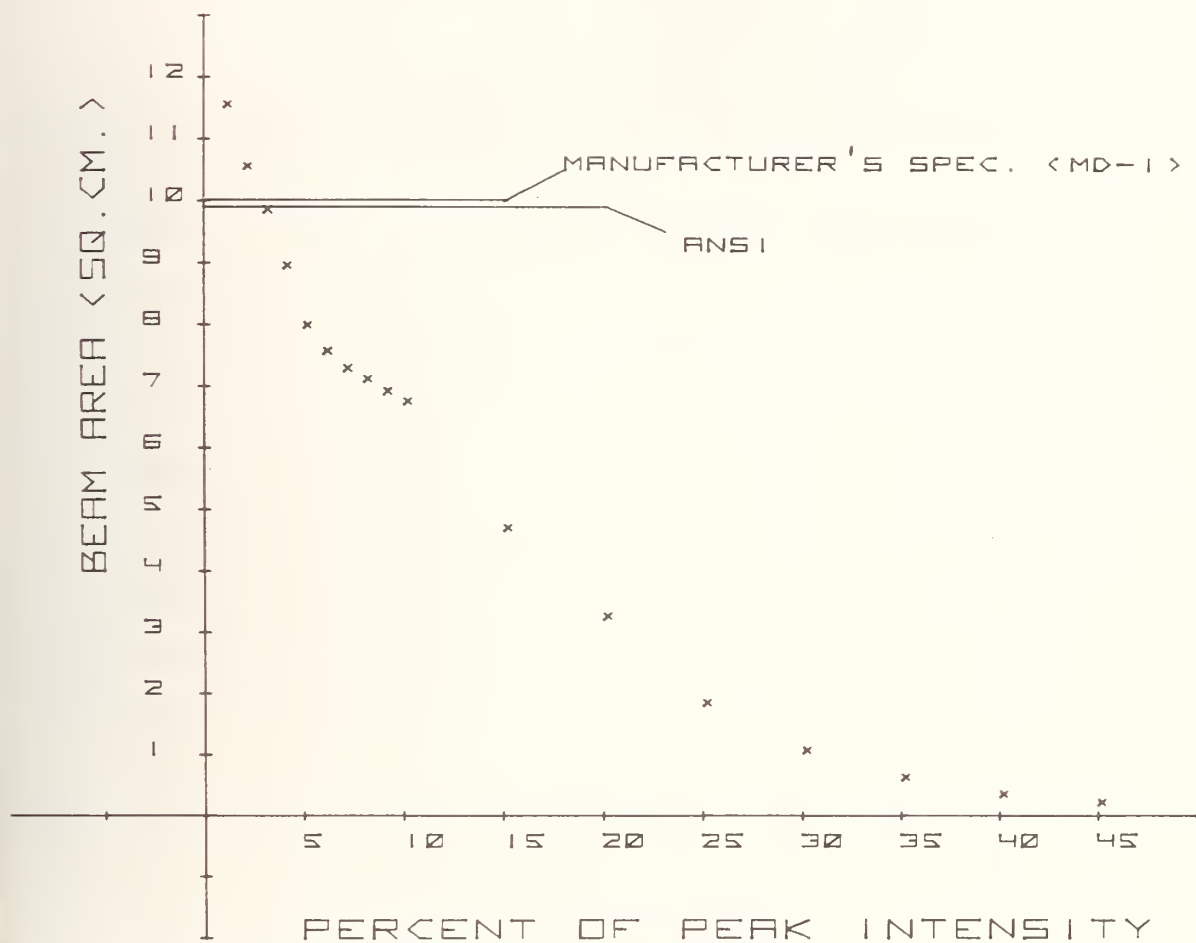
Figure 10. Plot of Beam Area Calculated As A Function of Peak Intensity
At The Face of A Commercial Therapy Applicator (f=1.0MHz).
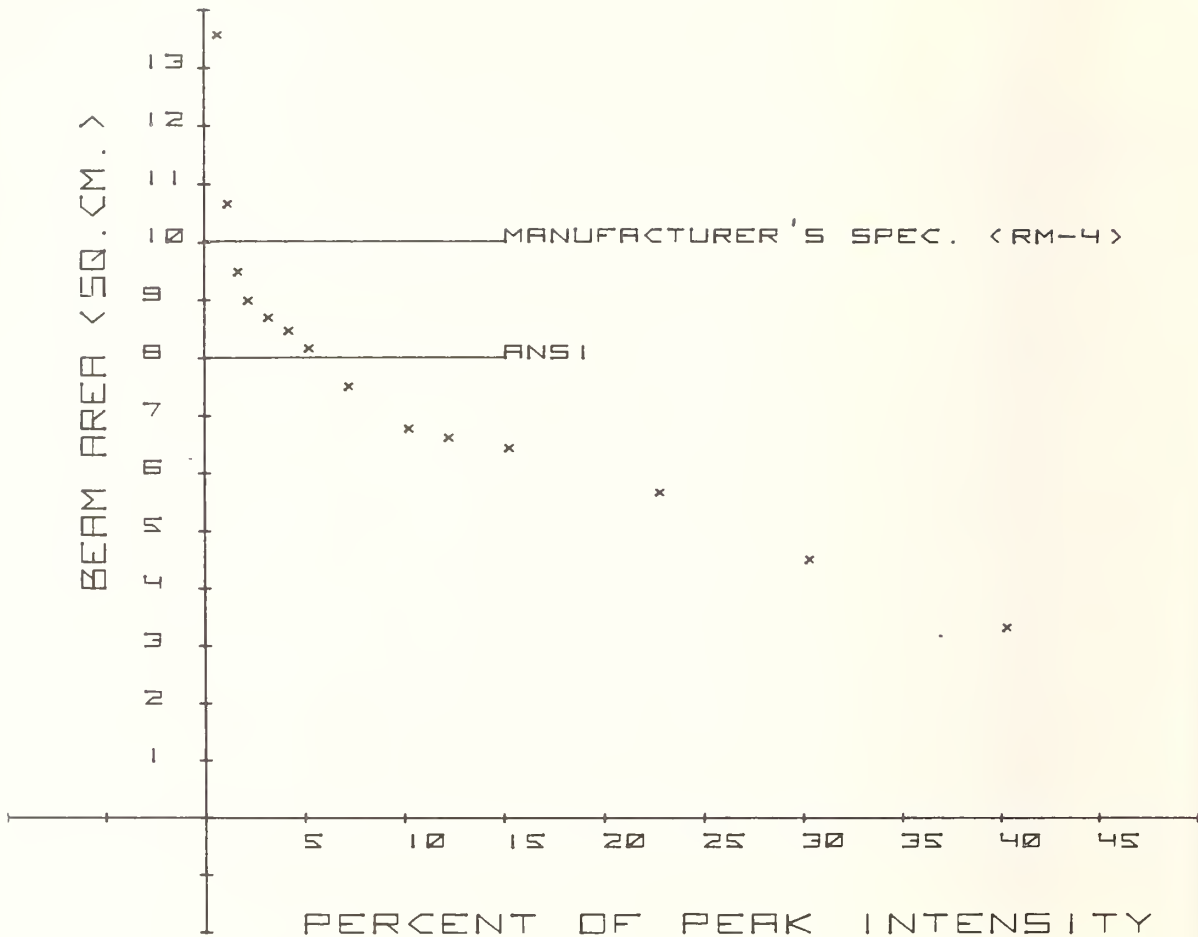
Figure 11. Plot of Beam Area Calculated As A Function of Peak Intensity
At The Face of A Commercial Therapy Applicator (f=1.OHMz).
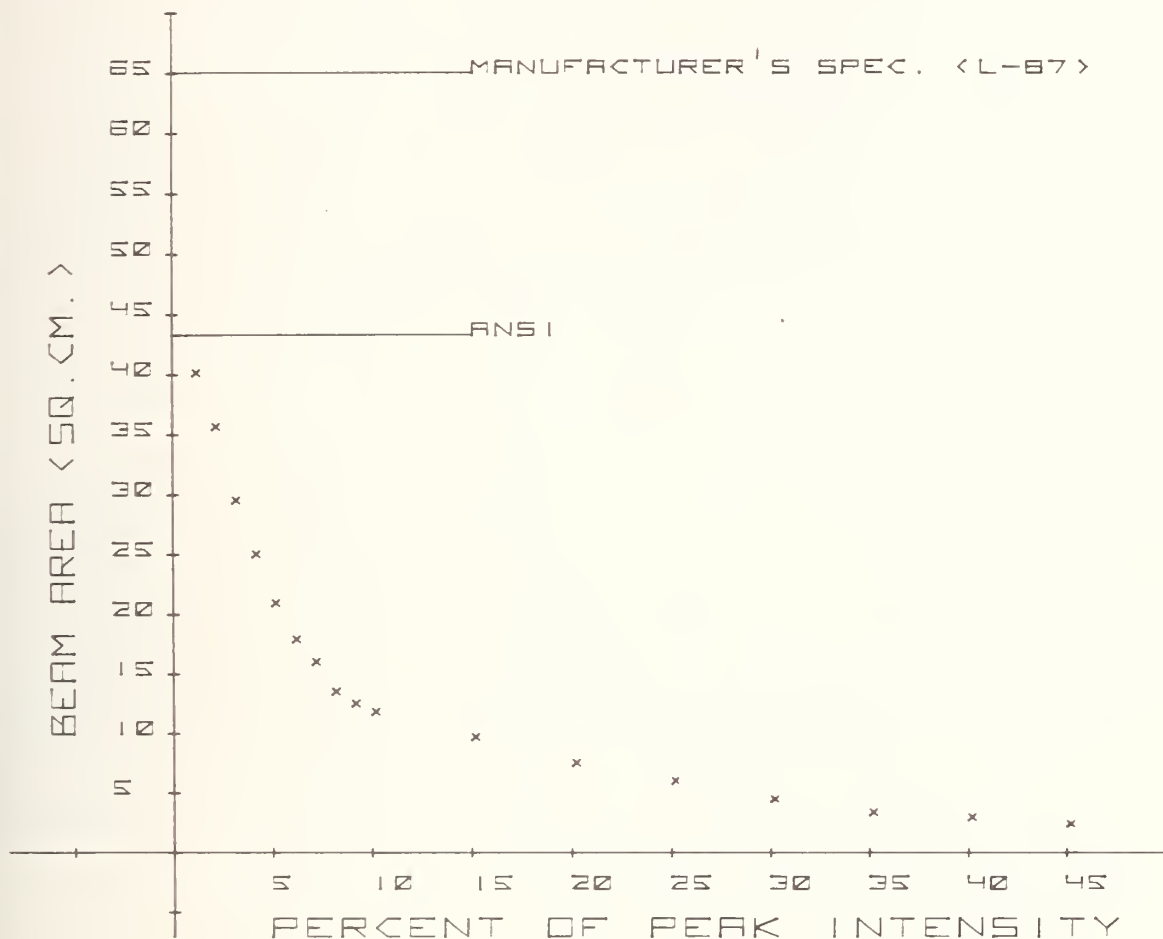
Figure 12. Plot of Beam Area Calculated As A Function of Peak
Intensity At The Face of The Commercial
Therapy Applicator of Figure 9. (f=925kHz).

PHOTON MASS ENERGY-ABSORPTION COEFFICIENT AIR/MEDIUM
RATIOS FOR IONOMETRIC DOSIMETRY 0.1 keV TO 20 MeV*

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The determination of photon absorbed dose in a medium by means of an
air-ionization chamber depends in part on the ratio of the mass energy-
absorption coefficient μ_{en}/ρ for air to that for the chamber wall
material, to account for the differing atomic compositions. In this
paper, mass attenuation coefficients μ/ρ developed at the National
Bureau of Standards by the X-Ray and Ionizing Radiation Data Center
from the latest theoretical cross section data are compared with
measurements for selected low-Z elements of dosimetric interest. From
this cross section data base, mass energy-absorption coefficients μ_{en}/ρ
are derived for air and selected media, along with air/medium ratios,
over the photon energy range 0.1 keV to 20 MeV including values at the
cesium-137 and cobalt-60 energies. Comparisons are made with earlier
published μ_{en}/ρ values and air/medium ratios.

(Attenuation coefficient; cross section; dosimetry; energy-absorption
coefficient; gamma-ray; photon; x-ray)

Introduction

The mass energy-absorption coefficient
μ_{en}/ρ enters into medical and industrial
irradiation x-ray metrology in various essen-
tial ways. For example, as has recently been
discussed by Loevinger[1] and by Niatel, Loftus
and Oetzmann,[2] present reference standards for
gamma-ray beam calibration in the cesium-137
(0.66 MeV) and cobalt-60 (1.17, 1.33 MeV)
energy region rely on air cavity ionization
detectors by which the exposure rate $\dot{X}$ at a
point in the radiation field is determined as

$$\dot{X} = \frac{I}{m} \cdot \frac{1}{\bar{f}} \cdot \frac{(\mu_{en}/\rho)_{air}}{(\mu_{en}/\rho)_{wall}} \cdot \Pi K_j \qquad (1)$$

where I/m is the measured ionization current
per unit mass of air in the cavity, $\bar{f}$ is the
ratio of the average mass collision stopping
powers for air and the cavity wall material
and ΠK_j is the product of additional correc-
tion factors.

As defined in ICRU Report 19[3] and
schematized in Fig. 1, the mass energy-absorp-
tion coefficient μ_{en}/ρ may be written as

$$\mu_{en}/\rho = \frac{\mu_{inc.}}{\rho} \cdot f_{inc.}$$
$$+ \frac{\mu_\tau}{\rho} \cdot f_\tau + \frac{\mu_K}{\rho} \cdot f_K \qquad (2)$$

in which μ_{inc}/ρ, μ_τ/ρ and μ_K/ρ are the contri-
butions to the mass attenuation coefficient
μ/ρ from incoherent (bound-electron Compton)
scattering, photoeffect and pair-production
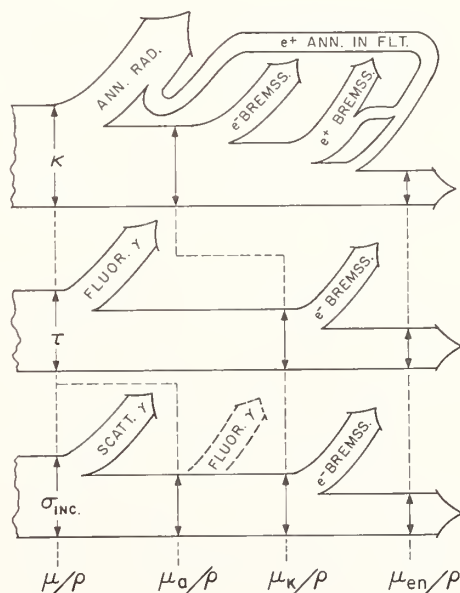(including triplet) respectively. These

Fig. 1.

partial coefficients μ_i/ρ are related to the respective atomic cross sections σ_i as

$$\mu_i/\rho = \sigma_i \cdot (N_A/M) \qquad (3)$$

where N_A is Avogadro's number and M is the atomic weight. In Eq. (2) each factor f_i weights the respective partial cross section σ_i by the average fraction of the initial photon energy transferred to kinetic energy of charged particles. The remaining fraction $(1 - f_i)$ of the initial photon energy includes secondary photons from the primary interaction, such as Compton-scattered and fluorescence photons, and from subsequent radiative processes of the charged particles such as bremsstrahlung and positron annihilation.

Previous Compilations of μ_{en}/ρ

The first major reviews and tabulations of the mass energy-absorption coefficient were the independent efforts of R. T. Berger[4] and J. W. Allison.[5] The Berger tabulation (under the name "energy transfer coefficient") included 15 elements plus air and water over the range 3 keV to 10 MeV and took into account positron annihilation in flight as well as Compton scattered photons (but neglecting electron binding effects), fluorescence, and bremsstrahlung by Compton and pair electrons. A procedure for including photoelectron bremsstrahlung was described but not used by Berger. Allison's tabulation (under the name "absorption coefficient") for seven elements plus air and water for energies 10 keV to 100 MeV was similar to Berger's except for the inclusion of photoelectron bremsstrahlung and omission of positron annihilation in flight.

As part of the continuing X-Ray and Ionizing Radiation Data Center program at NBS the Berger results were updated in NSRDS-NBS 29[6] for 18 elements plus air and water over the range 10 keV to 10 MeV using revised basic cross section data and f_i values interpolated from Berger.[4] Earlier versions of this revised set of μ_{en}/ρ values were also published in Radiation Dosimetry,[7] the IAEA Engineering Compendium on Radiation Shielding[8] and The Physics of Radiology.[9] Storm and Israel[10] used similar procedures to derive

μ_{en}/ρ values for all elements Z = 1 to 100 over the range 1 keV to 100 MeV. They included electron binding effects in their incoherent (Compton) scattering cross sections, combined with free-electron energy-absorption fractions. The Storm and Israel energy-absorption fractions in the range 10 to 100 MeV were taken from Allison[5] and hence do not include positron annihilation in flight.

Additional tabulations of μ_{en}/ρ include those given in ICRU Report 10b (NBS Handbook 85)[11] relying primarily on the Berger[4] data, for 12 elements and 8 mixtures over the range 10 keV to 10 MeV. This tabulation was revised and extended down to 1 keV in ICRU Report 17[12] for 12 elements and 9 mixtures over the energy range 1 to 150 keV. In deriving the latter tabulation, the basic interaction cross sections used were combined and smoothed from (1) NSRDS-NBS 29,[6] (2) McMaster et al,[13] and (3) an earlier version of Storm and Israel.[14]

Present μ_{en}/ρ Compilation

The mass energy-absorption coefficients presented in table 1 for the five low-Z elements H, C, N, O and Ar, and seven mixtures of these elements, extend previous μ_{en}/ρ compilations down to 0.1 keV and incorporate new theoretical and experimental cross-section data evaluated by the NBS X-Ray and Ionizing Radiation Data Center from the published and report literature. The air composition was taken as .755 N, .232 O and .013 Ar by weight. The treatment of the incoherent scattering, photoeffect and pair production cross sections indicated in Eq. (2) is described below.

Incoherent (Bound-Electron Compton) Scattering

The combined quantity $(\mu_{inc.}/\rho) \cdot f_{inc.}$ was computed by numerical integration, over all outgoing photon angles, of the product of (1) the differential Klein-Nishina formula (2) the incoherent scattering function $S(q,Z)$ as recently tabulated by Hubbell et al,[15] (3) the ratio T/k of the Compton electron kinetic energy T to the incident photon energy k and (4) the bremsstrahlung loss correction $[1 - G(T,Z)]$ where $G(T,Z)$ is the "radiation yield" tabulated by Berger and Seltzer.[16] The combined radiative and double-Compton correction as calculated by

TABLE 1. MASS ENERGY ABSORPTION COEFFICIENTS, MUEN/RHO, IN MSQ/KG (MULTIPLY BY 10 FOR CMSQ/G).

ENERGY EV	H	C	N	O	AR	AIR	WATER H2O	POLYSTYR. (C8H8)N	LUCITE (C5H8O2)N	POLYETH. (CH2)N	BAKELITE (C43H38O7)	AMBER (C10H16O)
1.0000+02	1.156+03	2.600+03	4.446+03	6.229+03	1.991+03	4.827+03	5.662+03	2.498+03	3.044+03	2.393+03	3.127+03	2.829+03
1.5000+02	3.265+02	9.992+02	1.703+03	2.564+03	1.249+03	1.496+03	2.313+03	9.472+02	1.445+03	9.026+02	1.224+03	1.092+03
2.0000+02	1.312+02	5.034+02	8.341+02	1.324+03	8.009+02	9.474+02	1.191+03	4.746+02	7.339+02	4.449+02	6.200+02	5.503+02
3.0000+02	3.577+01	4.433+02	3.190+02	5.006+02	4.024+02	4.093+02	4.486+02	4.090+02	2.320+02	3.796+02	3.518+02	3.552+02
4.0000+02	1.406+01	2.459+02	1.642+02	2.445+02	2.864+02	2.189+02	2.223+02	2.215+02	1.520+02	2.056+02	1.901+02	1.921+02
5.0000+02	6.775+00	1.376+02	8.859+01	1.435+02	1.749+02	1.483+02	1.282+02	1.270+02	8.724+01	1.180+02	1.091+02	1.102+02
6.0000+02	3.718+00	8.063+01	5.045+01	8.014+01	1.141+03	1.307+03	7.119+02	8.000+02	1.724+03	7.428+02	9.388+02	8.514+02
8.0000+02	1.435+00	4.102+01	5.945+02	8.014+02	5.934+02	6.425+02	7.119+02	3.795+02	5.023+02	3.514+02	4.524+02	4.040+02
1.0000+03	6.823-01	2.216+02	3.312+02	4.568+02	3.336+02	3.608+02	4.075+02	2.045+02	2.796+02	1.499+02	2.488+02	2.232+02
1.5000+03	1.753-01	6.738+01	1.199+02	1.599+02	1.199+02	1.345+02	1.385+02	6.218+01	9.029+01	5.773+01	7.841+01	6.958+01
2.0000+03	6.652-02	2.307+01	4.781+01	6.942+01	5.093+01	5.287+01	6.166+01	2.683+01	3.963+01	2.491+01	3.419+01	3.024+01
3.0000+03	1.697-02	8.641+00	1.442+01	2.140+01	1.681+01	1.607+01	1.901+01	7.974+00	1.203+01	7.402+00	1.029+01	9.069+00
4.0000+03	6.564-03	3.589+00	6.032+00	9.105+00	7.196+01	7.602+00	8.087+00	3.311+00	5.063+00	3.074+00	4.310+00	3.749+30
5.0000+03	3.288-03	1.738+00	3.041+00	4.645+00	4.057+01	3.001+00	4.126+00	1.659+00	2.561+00	1.540+00	2.173+00	1.907+00
6.0000+03	2.032-03	1.010+00	1.726+00	2.659+00	2.494+01	2.245+00	2.362+00	9.377-01	1.460+00	8.705-01	1.234+30	1.041+00
8.0000+03	1.161-03	4.08-01	6.955-01	1.095+00	1.131+01	9.251-01	9.723-01	3.773-01	5.952-01	3.503-01	5.007-01	4.378-01
1.0000+04	9.654-04	2.001-01	3.445-01	5.447-01	6.027+00	4.649-01	4.839-01	1.849-01	2.943-01	1.717-01	2.473-01	2.156-01
1.5000+04	1.102-03	5.425-02	9.421-02	1.507-01	1.864+00	1.304-01	1.340-01	5.014-02	8.031-02	4.662-02	6.741-02	5.877-02
2.0000+04	1.355-03	2.159-02	3.751-02	6.023-02	7.977-01	5.266-02	5.364-02	2.002-02	3.211-02	1.898-02	2.692-02	2.351-02
3.0000+04	1.864-03	6.467-03	1.069-02	1.687-02	2.355-01	1.504-02	1.519-02	6.056-03	9.385-03	5.754-03	7.904-03	7.076-03
4.0000+04	2.315-03	3.264-03	4.932-03	7.365-03	9.401-02	6.706-03	6.800-03	3.190-03	4.409-03	3.128-03	3.498-03	3.594-03
5.0000+04	2.709-03	2.360-03	3.163-03	4.335-03	4.967-02	4.033-03	4.153-03	2.387-03	3.019-03	2.410-03	2.711-03	2.664-03
6.0000+04	3.053-03	2.074-03	2.517-03	3.164-03	2.875-02	3.008-03	3.151-03	2.153-03	2.503-03	2.218-03	2.316-03	2.295-03
8.0000+04	3.620-03	2.029-03	2.199-03	2.451-03	1.269-02	2.394-03	2.542-03	2.152-03	2.292-03	2.258-03	2.191-03	2.242-03
1.0000+05	4.063-03	2.143-03	2.225-03	2.347-03	7.292-03	2.319-03	2.539-03	2.292-03	2.363-03	2.410-03	2.289-03	2.169-03
1.5000+05	4.812-03	2.448-03	2.470-03	2.504-03	3.653-03	2.494-03	2.702-03	2.631-03	2.656-03	2.788-03	2.593-03	2.704-03
2.0000+05	5.255-03	2.655-03	2.664-03	2.678-03	2.496-03	2.672-03	2.967-03	2.856-03	2.872-03	3.029-03	2.808-03	2.933-03
3.0000+05	5.695-03	2.869-03	2.872-03	2.877-03	2.472-03	2.872-03	3.192-03	3.099-03	3.099-05	3.275-03	3.032-03	3.169-03
4.0000+05	5.859-03	2.949-03	2.951-03	2.953-03	2.730-03	2.949-03	3.279-03	3.174-03	3.185-03	3.367-03	3.117-03	3.258-03
5.0000+05	5.309-03	2.908-03	2.969-03	2.971-03	2.710-03	2.966-03	3.294-03	3.199-03	3.205-03	3.349-03	3.137-03	3.279-03
6.0000+05	5.875-03	2.555-03	2.956-03	2.957-03	2.681-03	2.952-03	3.264-03	3.191-03	3.191-03	3.375-03	3.123-03	3.264-03
6.0163+05	5.842-03	2.938-03	2.939-03	2.940-03	2.653-03	2.935-03	3.264-03	3.163-03	3.172-03	3.355-03	3.105-03	3.246-03
8.0000+05	5.739-03	2.865-03	2.865-03	2.866-03	2.601-03	2.862-03	3.205-03	3.106-03	3.115-03	3.295-03	3.049-03	3.187-03
1.0000+06	5.555-03	2.791-03	2.791-03	2.791-03	2.504-03	2.707-03	3.100-03	3.065-03	3.014-03	3.188-03	2.950-03	3.084-03
1.1732+06	5.346-03	2.705-03	2.705-03	2.705-03	2.420-03	2.701-03	3.005-03	2.913-03	2.921-03	3.090-03	2.859-03	2.949-03
1.2522+06	5.309-03	2.666-03	2.660-03	2.666-03	2.390-03	2.390-03	2.950-03	2.871-03	2.874-03	3.040-03	2.818-03	2.940-03
1.3325+06	5.231-03	2.627-03	2.626-03	2.626-03	2.353-03	2.623-03	2.913-03	2.828-03	2.836-03	3.001-03	2.770-03	2.902-03
1.5000+06	5.074-03	2.548-03	2.548-03	2.548-03	2.244-03	2.545-03	2.831-03	2.744-03	2.752-03	2.911-03	2.693-03	2.816-03
2.0000+06	4.649-03	2.348-03	2.345-03	2.346-03	2.117-03	2.342-03	2.604-03	2.522-03	2.530-03	2.675-03	2.476-03	2.588-03
3.0000+06	3.992-03	2.046-03	2.054-03	2.063-03	1.920-03	2.055-03	2.279-03	2.196-03	2.208-03	2.325-03	2.160-03	2.254-03
4.0000+06	3.523-03	1.648-03	1.864-03	1.860-03	1.823-03	1.868-03	2.064-03	1.976-03	1.993-03	2.089-03	1.950-03	2.029-03
5.0000+06	3.174-03	1.703-03	1.733-03	1.756-03	1.773-03	1.739-03	1.915-03	1.822-03	1.842-03	1.919-03	1.801-03	1.750-03
6.0000+06	2.904-03	1.606-03	1.637-03	1.667-03	1.748-03	1.646-03	1.805-03	1.707-03	1.730-03	1.793-03	1.691-03	1.750-03
9.0000+06	2.515-03	1.467-03	1.509-03	1.550-03	1.733-03	1.522-03	1.654-03	1.548-03	1.578-03	1.618-03	1.541-03	1.587-03
1.0000+07	2.245-03	1.378-03	1.430-03	1.479-03	1.739-03	1.445-03	1.565-03	1.445-03	1.460-03	1.503-03	1.445-03	1.481-03
1.5000+07	1.837-03	1.256-03	1.326-03	1.390-03	1.773-03	1.347-03	1.440-03	1.302-03	1.346-03	1.341-03	1.331-03	1.333-03
2.0000+07	1.607-03	1.202-03	1.282-03	1.356-03	1.816-03	1.306-03	1.384-03	1.233-03	1.264-03	1.260-03	1.251-03	1.261-03

301

Mork[17] was included as a multiplicative correction outside the integral sign. Fluorescence resulting from Compton-created vacancies was neglected.

Photoeffect

Photoeffect energy-absorption fractions f_{τ_K}, f_{τ_L}, ... were calculated for the K, L, ... subshell groups using the procedure described by Berger[4] and used by Allison[5] to take into account photoelectron bremsstrahlung as well as primary fluorescence, modified as suggested by Carlsson[18] to include additional fluorescence cascade effects. Fluorescence and absorption-edge energies were taken from Bearden,[19] the bremsstrahlung data were again taken from Berger and Seltzer,[16] fluorescence yield data from Bambynek et al[20] and from Freund[21] and data on L-shell vacancies resulting from primary-event K-shell vacancies were taken from Robinson and Fink.[22]

The total photoeffect energy-absorption cross section $\tau \cdot f_\tau$, where τ is related to μ_τ / ρ according to Eq. (3), was then calculated as

$$\tau \cdot f_\tau = \tau_K \cdot f_{\tau_K} + \tau_L \cdot f_{\tau_L} + \cdots \qquad (4)$$

where theoretical photoeffect subshell-group cross sections τ_K, τ_L, ... were taken from Veigele et al[23,24] in the region 0.1 to 1 keV and from Scofield[25] from 1 keV to 1.5 MeV with some adjustments to fit measured total attenuations coefficients as shown for example in Fig. 2 for nitrogen. In Fig. 2 all cross sections are multiplied by E^2 to better display differences between the selected experimental,[26-31] theoretical[23-25] and compiled ICRU Report 17[12] values. The Scofield values were extrapolated above 1.5 MeV by an empirical formula (Eq. 2. - 1) given in NSRDS-NBS 29.[6]

Pair and Triplet Production

The pair production energy-absorption fractions f_K in Eq. (2) were not recalculated for the present tables, but were interpolated
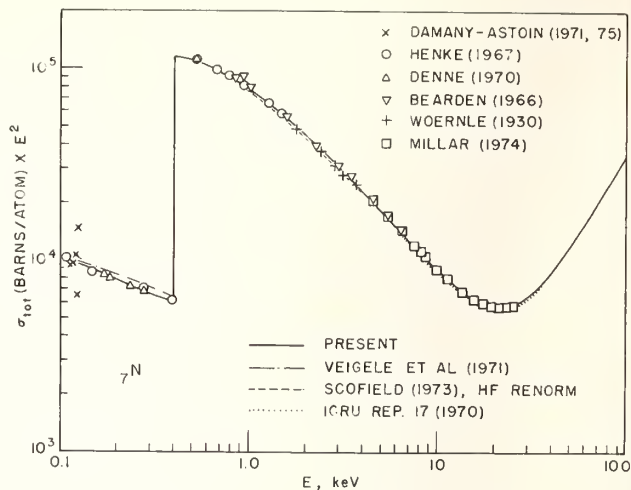
Fig. 2.

and extrapolated from the 1.5 to 10 MeV values given by R. T. Berger[4] (Table X) which take into account positron annihilation in flight. The graphical extrapolation to 20 MeV results in uncertainties in f_K at 20 MeV of the order of $\pm$ 5% for the low-Z materials in this report to $\sim \pm$ 15% for Pb.

However, the pair production κ_n (nuclear field) and triplet κ_e (electron field) cross sections were recalculated since new mass attenuation coefficient measurements by Henry and Kennett,[32] Ahrens et al,[33] Bar-Noy and Moreh[34] and others indicate the need of revision of earlier NBS values[6,10] in the threshold (1.022 MeV for κ_n, 2.044 MeV for κ_e) to 20 MeV region.

The pair production cross section κ_n used in the present work was combined from (a) the near-threshold exact Coulomb-field relativistic results of Øverbø, Mork and Olsen,[35] (b) the near-threshold HFS (Hartree-Fock-Slater) screened results by Tseng and Pratt[36] and (c) the Mork-Olsen[37] radiative correction factor. These results join smoothly (differing by 0.2% or less at 30 MeV) with new high-energy screened results calculated using Eq. (2. - 31) in NSRDS-NBS 29[6] in which the empirical correction factor is replaced by an updated correction factor fitted by Ahrens[38] to recent mass attenuation coefficient measurements.

302

The triplet cross section κ_e for energies less than 15 MeV, where screening is assumed negligible, was taken directly from the new free-electron results by Haug[39] who extends the 2.044 – 10 MeV Mork[40] results up to 2.55 GeV by an improved numerical integration procedure. These results join smoothly (differing by 1.5% or less at 15 MeV) with higher-energy screened results calculated using a procedure first suggested by Bethe,[41] according to Mork,[40] in which the Wheeler-Lamb[42] TF (Thomas-Fermi) screened triplet result is corrected for electron-proton differences neglected by Wheeler and Lamb. In the present calculation this correction is obtained by subtracting the bare-proton Maximon[43] results from the Haug[39] free-electron results.

The pair-production energy-absorption cross section was then calculated as

$$\kappa \cdot f_\kappa = (\kappa_n + \kappa_e) \cdot f_\kappa \qquad (5)$$

in which κ is related to μ_κ/ρ according to Eq. (3).

Air/Medium Ratios

Table 2 lists the ratio $(\mu_{en}/\rho)_{air}/(\mu_{en}/\rho)_{medium}$ as called for in the exposure-rate determination in Eq. (1) for air *vs* all

TABLE 2.   MASS ENERGY ABSORPTION COEFFICIENT RATIOS, AIR/MEDIUM.

ENERGY EV	AIR/ CARBON	AIR/ WATER	AIR/ POLYSTYR.	AIR/ LUCITE	AIR/ POLYETH.	AIR/ BAKELITE	AIR/ AMBER
1.0000+02	1.8565	.8527	1.9399	1.3248	2.0176	1.5438	1.7066
1.5000+02	1.8979	.8196	2.0022	1.3124	2.1012	1.5501	1.7360
2.0000+02	1.8621	.7955	1.9963	1.2875	2.1057	1.5282	1.7217
3.0000+02	.0924	.9124	.1001	.1451	.1078	.1164	.1152
4.0000+02	.0912	.9848	.0968	.1440	.1064	.1151	.1140
5.0000+02	1.0774	11.5635	1.1673	1.7004	1.2572	1.3597	1.3460
6.0000+02	1.5073	.9231	1.6331	1.2704	1.7590	1.3918	1.5346
8.0000+02	1.5664	.9025	1.6974	1.2791	1.8282	1.4201	1.5748
1.0000+03	1.6279	.8854	1.7641	1.2903	1.9002	1.4502	1.6168
1.5000+03	1.7791	.8653	1.9279	1.3273	2.0767	1.5289	1.7230
2.0000+03	1.8183	.8574	1.9705	1.3338	2.1227	1.5464	1.7481
3.0000+03	1.8599	.8455	2.0156	1.3365	2.1713	1.5619	1.7722
4.0000+03	2.1184	.9401	2.2957	1.5014	2.4731	1.7639	2.0063
5.0000+03	2.1696	.9455	2.3513	1.5218	2.5329	1.7950	2.0454
6.0000+03	2.2088	.9504	2.3937	1.5378	2.5786	1.8189	2.0755
8.0000+03	2.2650	.9524	2.4544	1.5558	2.6438	1.8496	2.1154
1.0000+04	2.3206	.9606	2.5143	1.5792	2.7078	1.8840	2.1580
1.5000+04	2.4030	.9731	2.6002	1.6134	2.7968	1.9340	2.2186
2.0000+04	2.4394	.9818	2.6302	1.6300	2.8191	1.9564	2.2404
3.0000+04	2.3479	.9903	2.4842	1.6029	2.6143	1.9032	2.1412
4.0000+04	2.0547	.9863	2.1020	1.4909	2.1443	1.7203	1.8658
5.0000+04	1.7112	.9722	1.6919	1.3374	1.6756	1.4891	1.5505
6.0000+04	1.4477	.9545	1.3970	1.2016	1.3563	1.2987	1.3106
8.0000+04	1.1796	.9272	1.1123	1.0445	1.0604	1.0925	1.0678
1.0000+05	1.0821	.9135	1.0120	.9816	.9587	1.0138	.9794
1.5000+05	1.0187	.9030	.9479	.9389	.8946	.9618	.9222
2.0000+05	1.0064	.9007	.9355	.9304	.8822	.9515	.9111
3.0000+05	1.0010	.8996	.9301	.9267	.8769	.9470	.9062
4.0000+05	.9998	.8994	.9289	.9259	.8757	.9460	.9051
5.0000+05	.9994	.8993	.9284	.9255	.8752	.9456	.9047
6.0000+05	.9992	.8992	.9282	.9253	.8749	.9454	.9044
6.6163+05	.9991	.8991	.9281	.9253	.8748	.9453	.9043
8.0000+05	.9989	.8991	.9279	.9251	.8746	.9452	.9041
1.0000+06	.9987	.8990	.9276	.9250	.8743	.9450	.9039
1.1732+06	.9986	.8990	.9274	.9248	.8741	.9448	.9037
1.2522+06	.9985	.8989	.9274	.9248	.8740	.9448	.9037
1.3325+06	.9985	.8989	.9273	.9248	.8740	.9448	.9036
1.5000+06	.9986	.8989	.9274	.9248	.8741	.9449	.9037
2.0000+06	.9996	.8995	.9288	.9258	.8757	.9469	.9051
3.0000+06	1.0043	.9017	.9354	.9306	.8835	.9510	.9116
4.0000+06	1.0106	.9048	.9444	.9370	.8941	.9580	.9206
5.0000+06	1.0175	.9082	.9542	.9441	.9059	.9655	.9304
6.0000+06	1.0243	.9116	.9640	.9511	.9177	.9731	.9402
8.0000+06	1.0371	.9179	.9828	.9643	.9406	.9873	.9589
1.0000+07	1.0488	.9236	1.0000	.9764	.9617	1.0003	.9761
1.5000+07	1.0710	.9355	1.0342	1.0003	1.0046	1.0258	1.0106
2.0000+07	1.0865	.9437	1.0589	1.0173	1.0364	1.0439	1.0357

the remaining mixtures in Table 1, also *vs* carbon. The unusually large and small ratios in the region 0.3 to 0.5 keV result from displacements of the K absorption edge in C, N and O.

In tables 3 and 4 the present μ_{en}/ρ values for air and carbon are compared with

Table 3. Air Mass Energy-Absorption Coefficient μ_{en}/ρ, m^2/kg

E(MeV)	Berger[4] 1961	Allison[5] 1961	ICRU 10b[11] 1962	NSRDS NBS 29[6] 1969	Storm Israel[10] 1970	ICRU 17[12] 1970	Present 1976
0.0001							4827.
.0003							4093.
.001					358.		360.8
.003					16.1		16.07
.01	0.454	0.456	0.466	0.461	0.458	0.459	.4648
.03	.0145	.0144	.0147	.0148	.0149	.0140	.01504
.1	.00231	.00231	.00231	.00234	.00229	.00229	.002319
.3	.00287	.00287	.00288	.00288	.00287		.002872
1.0	.00279	.00280	.00280	.00278	.00279		.002787
3.0	.00205	.00206	.00205	.00205	.00205		.002055
10.0	.00143	.00145	.00144	.00145	.00147		.001445
20.0		.00131			.00133		.001306

Table 4. Carbon Mass Energy-Absorption Coefficients μ_{en}/ρ, m^2/kg

E(MeV)	Berger[4] 1961	ICRU 10b[11] 1962	NSRDS NBS 29[6] 1969	Storm Israel[10] 1970	ICRU 17[12] 1970	Present 1976
0.0001						2600.
.0003						4430.
.001				218.	209.	221.6
.003	8.90			8.92	8.85	8.641
.01	0.187	0.194	0.198	0.198	0.194	0.2003
.03	.00595	.00592	.00596	.00637	.00578	.006407
.1	.00214	.00213	.00216	.00212	.00212	.002143
.3	.00287	.00288	.00288	.00287		.002869
1.0	.00279	.00279	.00279	.00279		.002791
3.0	.00204	.00204	.00204	.00204		.002046
10.0	.00136	.00137	.00138	.00140		.001378
20.0				.00122		.001202

values from the previous compilations[4-6,10-12] surveyed in this report. Of particular interest are the ICRU Report 17[12] μ_{en}/ρ values at 30 keV for both air and carbon which are seen to be 5% lower than the average of the other compilations including the present results. The ICRU Report 17 μ_{en}/ρ values appear to be systematically 5% to 10% low for C, N and O over the range 20 to 50 keV.

In table 5 the present air/carbon ratio given in table 2 is compared with this ratio derived from air and carbon μ_{en}/ρ data from the previous compilations as listed in tables 3 and 4. Where Compton scattering predominates (100 keV to 10 MeV for the low-Z materials in this report) the different compilations yield air/carbon ratios differing by less than 0.5%. Below 100 keV, where the photoeffect predominates, the differences are seen to range up to 5%.

Table 5. Air/Carbon Ratios $(\mu_{en}/\rho)_{air}/(\mu_{en}/\rho)_{carbon}$
Compared with Previous Compilations

E(MeV)	Berger[4] 1961	ICRU 10b[11] 1962	NSRDS NBS 29[6] 1969	Storm Israel[10] 1970	ICRU 17[12] 1970	Present 1976
0.0001						1.857
.0003						.092
.001				1.64		1.628
.003				1.80		1.860
.01	2.43	2.40	2.33	2.31	2.37	2.321
.03	2.44	2.48	2.48	2.34	2.42	2.348
.1	1.079	1.085	1.083	1.080	1.080	1.082
.3	1.000	1.000	1.000	1.000		1.001
1.0	1.000	1.004	.996	1.000		.999
3.0	1.005	1.005	1.005	1.005		1.0043
10.0	1.051	1.051	1.051	1.050		1.047
20.0				1.090		1.087

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ELECTRON DOSIMETRY WITH IONIZATION CHAMBERS[*]

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This paper describes work at NBS dealing with the conversion of ionization measurements to absorbed-dose values in high-energy electron dosimetry. This work was done by two approaches: experimentally, through the comparison of calorimeter and ionization-chamber measurements in a graphite phantom, for incident-beam energies from 15 to 50 MeV; theoretically, via transport calculations of electron flux spectra and application of Bragg-Gray cavity theory, for beam energies from 1 to 60 MeV and for various media including water, tissue, graphite and plastics. The pertinent dose/ionization conversion factor has been determined with an estimated accuracy of 1% as a function of the beam energy and of the depth in the phantom. Experimental evidence has also been obtained on the influence of lead scattering foils on the value of the conversion factor.

(Electrons; dosimetry; ionization chamber; calorimeter; dose/ionization conversion; stopping-power ratios)

This talk is concerned with one aspect of electron dosimetry, namely, the translation of measured ionization data into absorbed-dose values. Let D(med) be the absorbed dose, and J(air) the ionization measured with an air-filled ionization chamber. In order to be able to interpret the ionization measurement, one must know the dose/ionization conversion factor C(med/air) = D(med)/J(air).

According to the Bragg-Gray theory of cavity ionization, the conversion factor is proportional to the medium/air stopping-power ratio S_{air}^{med}. Thus

$$C(med/air) = (\bar{W}/e) \, p \, S_{air}^{med}, \qquad (1)$$

where $\bar{W}$ is the mean energy needed for the production of an ion pair in air, e is the charge of the electron, and p is a correction factor[1] (usually close to unity) that takes into account the perturbation of the electron flux by the presence of the air cavity. We have adopted the value $(\bar{W}/e) = 33.7$ joules/coulomb.

S_{air}^{med} is the ratio of the average electron stopping power in the medium to that in air, the average in both cases being taken over the electron spectrum at the point of measurement. In the case of irradiation by high-energy electron beams, the average stopping-power ratio S_{air}^{med} is not constant but varies as much as thirty percent depending on the incident beam energy T_o and the depth z in the phantom. This is due to the combination of the energy-dependent polarization effect (which reduces the stopping power in water or tissue relative to that in a gas) and the change of the electron spectrum with depth.

The dependence of S_{air}^{med}, and therefore C(med/air), on T_o and z is especially important for the calibration of ionization chambers. It cannot be disregarded even when only the relative shape of the depth-dose curve is of interest. This is illustrated by means of the example in Fig. 1, which shows curves of D(med) *vs* z and of J(air) *vs* z, for a beam of 20-MeV electrons incident onto a water phantom. Both curves are normalized to unit peak height. It can be seen that close to the phantom surface J(air) is 5% higher than D(med), whereas at depths beyond the peak it becomes from 5 to 10% smaller. The peak of the curve of ionization *vs* depth, in this example, occurs at z = 3.34 cm, whereas the peak of the depth-dose curve lies somewhat deeper, at z = 3.80 cm.

The variability of the dose/ionization conversion factor is inconvenient. However, air-filled ionization chambers have so many practical advantages that they continue to

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307
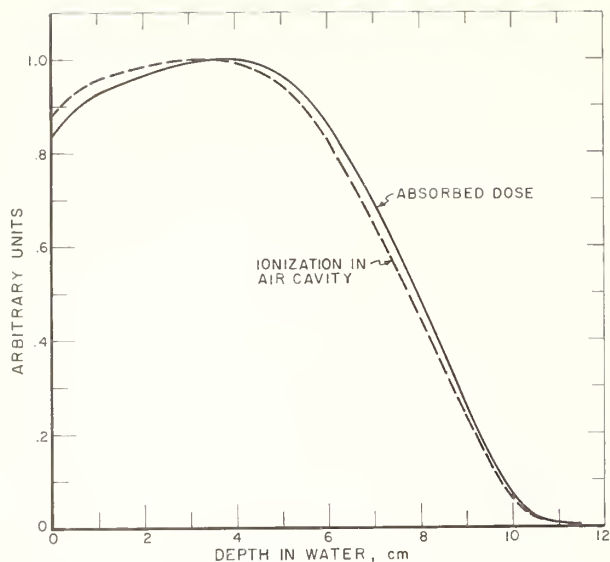
Fig. 1. Curves of absorbed dose *vs* depth and of ionization *vs* depth, calculated for a 20-MeV beam incident onto a water phantom. The beam is assumed to be nondivergent and to have a circular cross section with an area of 16.5 cm^2.

be used widely for electron dosimetry. Considerable effort on the part of radiological physicists has therefore gone into mapping out the conversion factor as a function of beam energy and depth. Most of the systematic determinations have been made in water, through the intercomparison of ferrous-sulfate dosimeter and ionization chamber measurements.[2-6] A more limited number of experimental determinations have been made with calorimeter and ionization chamber measurements in graphite.[7-9] An excellent review of the literature up to 1972 can be found in a report of the ICRU.[10]

As part of an absorbed-dose standards program, coordinated experimental and theoretical work has also been done at the National Bureau of Standards to determine dose/ionization factors for electron dosimetry.[11,12] The purpose of this talk is to describe briefly some of the results obtained.

In the experimental work at NBS, a specially designed heat-loss-compensated calorimeter has been used as the primary standard of absorbed dose.[13] In fact two instruments have been built: a large calorimeter permanently installed at the NBS Linac facility, with which the results in this paper

were obtained; and a portable calorimeter which can serve as a field instrument.[14] Tests with 20-MeV and 50-MeV electrons have shown that the two calorimeters give results that agree to within 0.1%.[15]

The experimental arrangement is illustrated by Fig. 2 which shows the electron beam from the NBS Linac passing through the accelerator window and a lead scattering foil into a graphite phantom (density 1.7 g/cm^3).
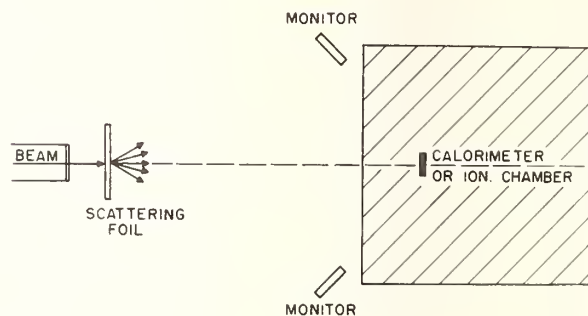
Fig. 2. Layout of the NBS experiment.

Radiation measurements at the same depth were carried out, alternately, with the graphite calorimeter, and with a graphite-walled parallel-plate air-filled ionization chamber. The collecting volume of the ionization chamber was placed at the same effective depth, and had the same size and shape, as the calorimeter core. The calorimeter/ionization chamber measurements were done for six beam energies from 15 to 50 MeV, at depths in graphite from 0.9 to 51 g/cm^2, and with different lead scattering foils with thicknesses from 0.144 to 1.584 g/cm^2. The overall uncertainty of the experimental values of C(graphite/air) is estimated to be not greater than 1%.

The theoretical evaluation of the dose/ionization factor was carried out in two stages. First, the Monte Carlo method[16,17] was used to calculate electron flux spectra at various depths in homogeneous phantoms irradiated with broad, parallel monoenergetic electron beams. Then, the required average medium/air stopping power ratios were evaluated from the electron spectra, within the framework of the Spencer-Attix[18] version of Bragg-Gray cavity ionization theory. These calculations were comparable to earlier work by Kessaris,[19] but included energy-loss

308

straggling instead of the continuous-slowing-down approximation and avoided various other approximations made by Kessaris. Theoretical stopping-power ratios were obtained for incident beam energies from 1 to 60 MeV, in various media of low atomic number (water, muscle tissue, graphite, polystyrene and acrylic plastic). The overall uncertainty of the theoretical results is estimated to be 1%.

In order to treat the case of a strictly monoenergetic incident beam, and to allow comparison with the calculations, the experimental data were extrapolated to zero thickness of the lead scattering foil. It was also assumed that the perturbation factor p in the NBS experiment is unity. Figure 3 compares the variation of the experimental and theoretical values of C(graphite/air) as a function of incident beam energy T_o, at
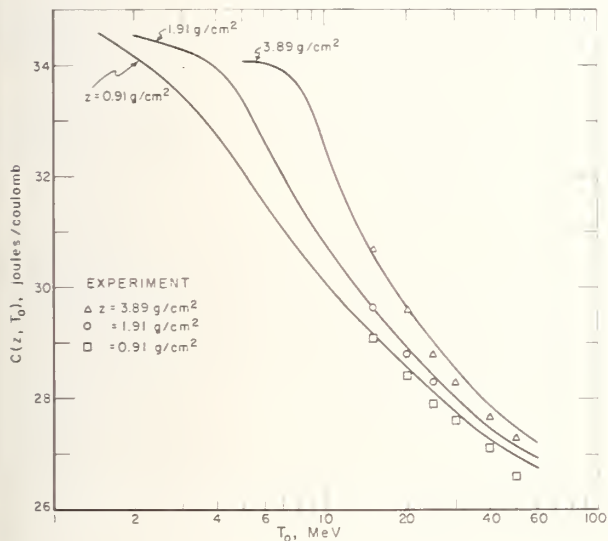
Fig. 3. Conversion factor C(graphite/air) as a function of beam energy. The curves are calculated and the points are experimental.

three depths. The experimental results lie slightly below the calculated results, the mean deviation for the data shown amounting to 0.5% and the root-mean-square deviation to 0.7%. Figure 4 shows the dependence of C(graphite/air) on the depth in a graphite phantom, for an incident beam energy of 30 MeV. The experimental results lie somewhat below the calculated results for shallow depths, and are in close agreement for intermediate and great depths. The conversion factor increases (almost linearly) up to a
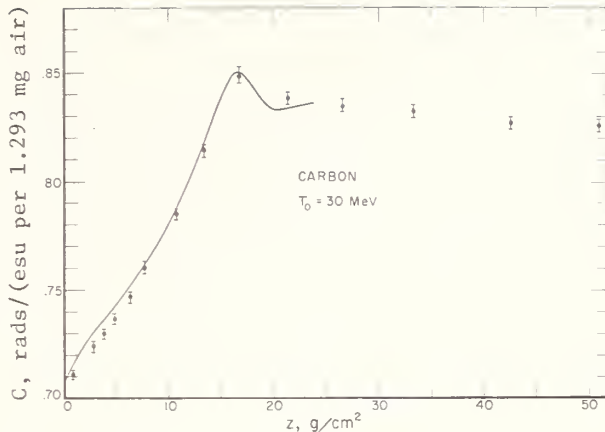
Fig. 4. Conversion factor C(graphite/air) as a function of depth in a graphite phantom. The curve is calculated and the points are experimental. To change to units of joules/coulomb, multiply the ordinate by 38.8 = 33.7/0.869.

depth of 15 g/cm^2 where it reaches a peak value. This depth corresponds to the practical range of 30-MeV electrons in graphite, i.e., the greatest depth to which the incident electrons can effectively penetrate. The value of the conversion factor at depths greater than the practical range is determined by the spectrum of Compton and pair electrons that have been set in motion by penetrating secondary bremsstrahlung.

Comparisons between experimental and calculated conversion coefficients in graphite have been made for sixty-three combinations of beam energies and depths. The experimental values tend to be slightly lower than the calculated values at shallow depths. Overall there is good agreement, usually within 1% which is well with the combined limits of experimental and theoretical uncertainty.

In view of this satisfactory agreement we think it possible to rely on the theoretical approach to obtain conversion factors for conditions not readily accessible with the NBS experimental setup. Illustrative calculated results are shown in the next two figures. Figures 5a and 5b give curves of the stopping-power ratio S_{air}^{water} vs depth, systematically displayed for eighteen beam energies from 1 to 60 MeV. These results can be used to evaluate C(water/air) according to Eq. (1). Just as in the example in Fig. 4, the curves reach a peak value at or near a depth corresponding to the practical range

309
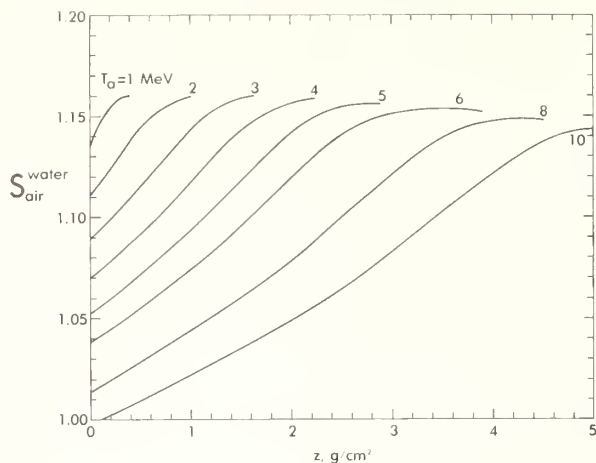
Fig. 5a. Calculated water/air stopping power ratios, for beam energies from 1 to 10 MeV.
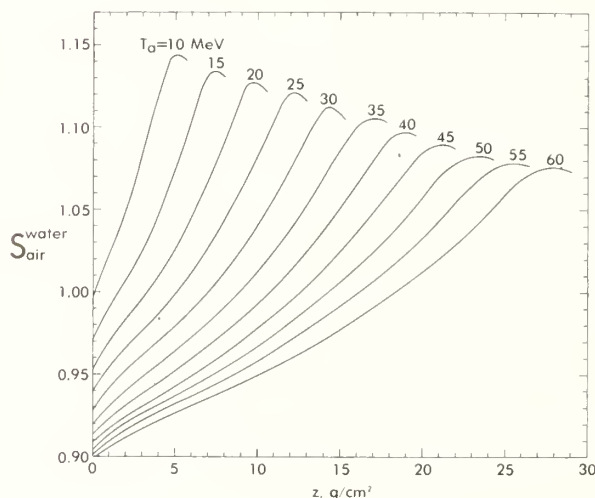
Fig. 5b. Calculated water/air stopping power ratios, for beam energies from 10 to 60 MeV.

Fig. 6. Calculated dose/ionization conversion factors in various media at a depth of 2 g/cm^2. Assumed composition of tissue is: 10.20% H, 12.30% C, 3.50% N, 72.90% O, 0.08% Na, 0.02% Mg, 0.20% P, 0.50% S, and 0.30% K by weight.

of the incident electrons. Figure 6 compares dose/ionization conversion factors in water with those in muscle tissue, polystyrene, and graphite. The results are given as functions of the beam energy, at a depth of 2 g/cm^2 which may be of interest for calibrations. Stopping-power ratios in tabular form have been given in reference 11 for water, and will be given for other media in a separate report.

Various medical physics organizations have carefully analyzed the experimental and theoretical literature on dose/ionization conversion factors and have recommended the adoption of certain values of C(water/air) for instrument calibration. Provided the

same assumptions are made about the values of $(\overline{W}/e)$ and the perturbation factor p, the percentage deviations of these recommended values from the values calculated by us are as follows:

Recommended by:	Percent Deviation	
	Mean	R.M.S.
ICRU[10]	−1.0	1.1
HPA[20]	1.3	1.5
NACP[21]	−0.0₃	0.4

It appears from this comparison, and from other more detailed comparisons in reference 11, that the new NBS results are quite consistent with the older results in the literature. There are only minor changes in the value of the dose/ionization conversion coefficients. However, the accuracy has been significantly improved to the 1-percent level (necessary for standards work), and conversion factors have been made available for a wider range of beam energies, depths and materials than heretofore.

The discussion so far has been confined to the idealized case of irradiation with monoenergetic beams. In practical applications (e.g., in radiation therapy) the electron beam must pass through various kinds of material (scattering foil, collimator,

monitor) before reaching the phantom. Even a beam which is initially quite monoenergetic (which is not the case for all accelerators) will usually arrive at the phantom with a rather complex energy spectrum.

Scattering foils which are used to broaden the beam are perhaps the most important factor influencing the beam spectrum. The passage of the beam through the foil has the following effects: (1) the electrons lose a certain amount of energy and their spectrum is broadened; (2) their angular distribution is diffused, which in turn modifies their penetration into the phantom; (3) a significant amount of bremsstrahlung is produced in the foil which penetrates into the phantom and gives rise to a spectrum of Compton and pair electrons and their secondaries.

The influence of scattering foils is reduced when a magnetic field is present which removes a large fraction of the scattered low-energy electrons from the beam. This was the case in a series of experiments made by Svensson[3,6] and coworkers at various medical betatrons. Svensson estimated the most probable energy E_p of the electrons reaching the phantom. It has been shown[11] that his experimental values for C(water/air), for beam energies from 10 to 30 MeV, are in good agreement with theoretical values calculated for monoenergetic beams of energy E_p.

The NBS experiment provided a good deal of information about the effect of lead scattering foils, in the absence of a magnetic field. As an example, Fig. 7 shows the percentage change of C(graphite/air) that occurs when a lead scattering foil is inserted into a 30-MeV beam. Up to depths equal to the practical range of the incident electrons, there is an increase which can be as great as several percent for the thickest foils. This increase is approximately proportional to the foil thickness, and is presumably due to the lowering of the mean energy of the electrons in their passage through the foil. At depths beyond the practical range there is a reversal of the effect, C(graphite/air) being reduced slightly. This may be due to hard bremsstrahlung produced in the lead foil, but no thorough analysis has as yet been made. Finally, the values of C(graphite/air) at very great depths appear to be unaffected by the presence of a foil.
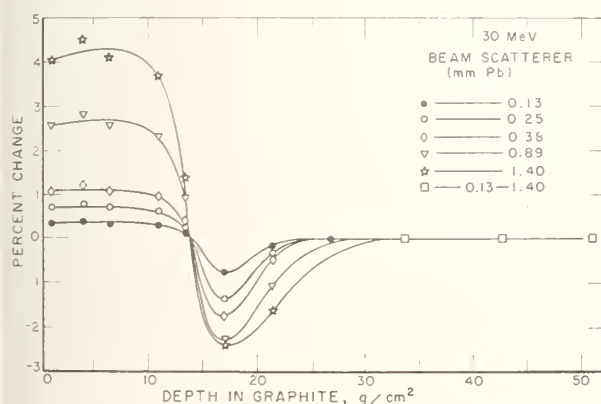
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Fig. 7. Change of C(graphite/air) due to the introduction of a lead scattering foil. Results have been determined experimentally for a 30-MeV beam of electrons.

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DOSE PROFILES IN TISSUE AND IN AIR FOR THERAPEUTIC ELECTRON BEAMS

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Electron dose profiles in body tissues and in air were obtained in this work theo-
retically and experimentally for 3 to 30 MeV incident beam energies. A knowledge of
dose profiles in air is necessary for any extended SSD treatments or air gap beyond
the end of collimator. Theoretical dose profiles were predicted at various depths
in tissue using the Osman's Model for therapeutic electron beams. Experiments were
carried out with unfiltered beams in air and in tissue equivalent materials and results
were compared with those predicted from our theoretical model. During the initial depth
of penetration in muscle, fat, bone, lung and air, the electron dose profiles showed
flat-top distributions within the geometrical configuration of the beam. At considerable
depths in air or tissue (comparable to the range and field size), electron dose profiles
have shown Gaussian distributions of various half-widths. Between the two extremes,
electron dose distribution experiences a gradual transition from flat-top to the
Gaussian. Slopes of these Gaussian curves varied inversely with the incident electron
energy. The Gaussian dose distributions in tissues are generally not clinically
acceptable. The flat distributions, however, can be obtained by proper design of
scattering foils and electron cones. Tissue dose profiles as obtained from our model
could provide useful input data for programming treatment planning with high energy
electron beams, using mini-computers. It is expected that the predicted dose distribution
by our model could also account for cone design and body-inhomogeneity.

(Electron disometry, pencil beam, therapeutic beam, dose profiles)

I. Introduction

High energy electron beams produced by
linear and circular accelerators are now in
common use in radiation therapy. Electron
beams with initial kinetic energies between
3 and 30 MeV have been found to form useful
therapeutic agents. Considerable physical
and clinical experience has been gained in
the last two decades.[1-6] Electron beams
offer absorption characteristics in tissue
enabling treatments of any superficial vol-
ume and depth with good protection of under-
lying vital organs and surrounding tissues.
Electron depth dose curves lose their sharp
cut-off at high energies and the dose dis-
tribution is very sensitive to a change in
mass density. It was also found that a
linear energy-range relationship could be a
reliable and convenient basis for determin-
ing the kinetic energy of the incident electron
beams within the useful therapeutic energy
range. It is important to be aware of a
number of discrepancies[7] in field uniformity
and depth dose curves between different
machines or even for identical units depend-
ing on the scattering foils used and the
design of accelerator collimating system,
field defining cones and the transmission
monitoring devices. For this reason, depth
dose on the major axis as a function of por-
tal size and depth below the surface is a
function of the machine generating the beam.
For an acceptable therapeutic machine, the
unit should deliver a uniform flat field of
variable size, the initial depth dose curves
should parallel the surface in a homogeneous
medium and the x-ray contamination should be
at a minimum level. We have, therefore,
assumed in our model for therapeutic electron
beams, that the clinical beam is adequately
uniform at the portal entry and central axis
depth dose data for individual fields must
be experimentally determined. When the
electron isodose surfaces are not parallel
to the phantom surface under normal inci-
dence e.g. near the edge of the field,
measures should be taken to correct the
initially incident beam.[8] In the present
investigation, when a uniform therapeutic
electron beam enters a tissue or air medium
directly from the collimating device of the
clinical machine, a flat-top dose distribu-
tion was observed at shallow depths chang-
ing gradually to gaussian as the depth in
medium is increased. However, the tendency
of electron isodose surfaces to remain para-
llel to the entrance surface can be extended
all the way up to the end of the range by
proper design of their scattering foils and
electron cones placed directly on the skin
except for very large fields or for total
body superficial therapy. The interactions
of a narrow beam of fast electrons with air,
water or other media is well known. Theo-
retical and physical analyses for these

interactions are reviewed in literature[9],[10],[11] In these studies, the main interest was the interactions of electron pencil beams with matter. In an attempt to study the mode of interactions of a broad therapeutic electron beam with air and body tissues and to relate the dose distribution at a particular depth to the basic parameters of the medium (e.g. the average density and the effective atomic number), we present our theoretical electron model in which we consider the broad therapeutic electron beam to be an integral of electron pencil beam components[12],[13] to which the basic theories of interactions apply. We have also studied the divergence of electron pencil beams since they are the input elements in our model. Seeking a workable mathematical expression that can lead to a simple computer program, this work was aimed to find a simple relation between the percent depth dosages at locations away from the central axis and those on the central axis at the same depth in air or in tissue and for any field configuration. The axial percent depth dose as a function of transverse displacement off the central axis of the therapeutic electron beam in planes perpendicular to the central axis are called: dose profiles.

II. Experimental Methods

Electron absorbed dose is measured[14] by the fluence of electrons together with the stopping power of the medium. Electron dose in the air was measured with a calibrated parallel plate build-up chamber connected to a Keithley electrometer. Readings at each location refer to local peak dose values in a polystyrene phantom. Suitable build-up polystyrene plates were added for equilibrium dose measurements. Readings were then corrected for tissue equivalence and energy was calculated from absorption range measurements carried out separately. This method can be considered fairly accurate since there was no beam diffuser, flattening filters, scattering foils or direct in-beam monitoring device. Dose distribution in electron pencil beams in air were measured at the equilibrium depth by a 0.2 cm^3 Baldwin-Farmer ion chamber mounted in a water phantom-automatic remote scanner. The chamber moves in planes perpendicular to the beam for dose profile measurements. The chamber was calibrated for Cobalt 60 beams. Two separate methods for tissue dose measurements were used. The first method of measurement was made with an automatic remote scanning water phantom of 30 x 30 x 30 cm dimension. The second procedure utilized a solid "SCRAD" phantom made of polystyrene

blocks and slabs of 25 x 25 cm and of sufficient depth for each particular energy. Translite Kodak films were pressed evenly between two flat polystyrene slabs.[15],[16] All phantoms were exposed at right angles to the central axis of the therapeutic beam. Electron beam dose profiles were then obtained by measuring the optical densities on an automatic microdensitometer. Films were processed under controlled and reproducible conditions and readings were normalized to ionization measurements. Density readings were all taken in the linear range of the characteristic curve for Translite films. Optical film density measurements were checked and found to be in good agreement with those obtained from small probe ion chamber measurements in polystyrene phantom.

Fig. (1)

COMPARISON OF MEASUREMENTS IN POLYSTYRENE PHANTOM
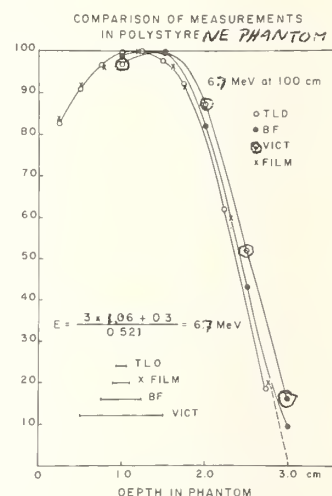
Figure (1) shows a comparison of dosimetric techniques where different dosimeters were used to obtain depth dose curves. The insert in this figure shows the relative probe dimensions while the scanning spot of the microdensitometer used in this experiment was of 2mm diameter. X-ray contamination in the therapeutic beam was measured by the ionization current with the ion chamber placed beyond the range of the electrons. For narrow beam experiments, a well defined pencil beam of electrons was obtained by further collimation of the uniform electron therapy beam delivered from the Roswell Park Memorial Institute Clinic 6 and 35 linear accelerators. The pencil beam collimator consists of two parallel lead sheet-absorbers, each 2mm thick, 5cm apart with a circular pin-hole of 1mm radius exactly in line with the central axis of the therapeutic beam. The lead sheet-absorbers were mounted at the end of the machine collimator

314

perpendicular to the central axis of the therapeutic beam.

Fig. (2) Energy Distribution of Electron Beams in Planes Perpendicular to The Central axis.

DISTANCE FROM VIRTUAL SOURCE POSITION
X At 100 cm
● At 200 cm
○ At 400 cm
□ At 550 cm
▼ At 200 cm
△ At 550 cm

Distance from C.A.
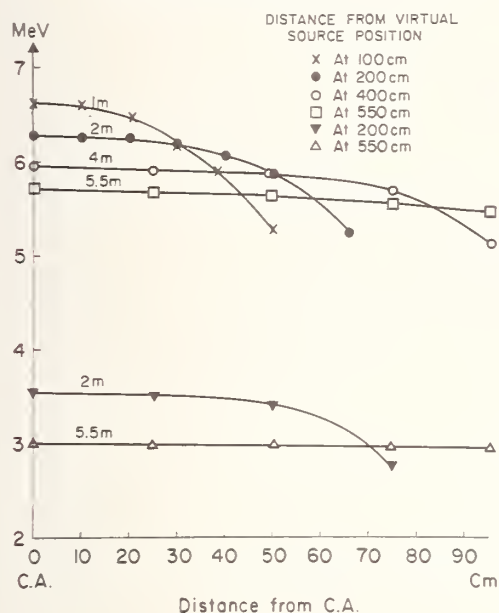
A spatial distribution of the electron fluence in energy was made in air of the treatment room within the limits of the clinical beam in order to detect any energy losses upon penetrating into the air medium. Fig. (2) shows the results of measurements at 1,2 4 and 5.5 meters SSD for a clinical electron beam of initial beam energies 6.7 and 3.6 MeV at isocenter. Energy was calculated from MarKus relation between the energy at the surface of normally incident electrons on the build-up chamber and the practical range. It is concluded from this experiment that energy fluence from the central axis remains fairly constant within the 50 percent decrement surface[17] of the beam. Beyond this region a gradual drop in energy was observed as the transverse displacement is increased.
This is probably due to the greater path length and the wide range of energies resulting from electron back scattering at further locations. In addition to the energy loss function, the energy of electrons that have suffered extreme deviations differs from the energy at same depth on the central axis, resulting in a straggling distribution effect.
Consequently, the energy based on absorption range measurements beyond the 50 percent decrement surface has very little meaning. It is also concluded from this exper-

Fig. (3) Diagram Showing the Geometry of the Scattering Angles.

$\overrightarrow{CO}$ Is the Incident Direction of Electron
$\overrightarrow{OA}$ Is the Scattered   "   "   "
$\overrightarrow{OP}$ Is the Projected Scattered Direction of Electron
θ Is the Angle of Scattering in Space
$\propto$ Is the Projected Scattered Angle on a Plane Containing C.A.
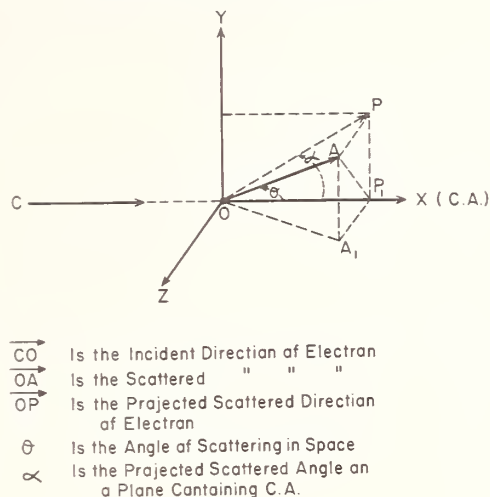
iment that spatial dose distribution of absorbed energy can be accurately determined within the 50 percent decrement curve.

III Theory of Electron Beams

(i) Pencil Beams:
Electron dose distribution can be assumed to be proportional to the electron number distribution i.e. the fluence, provided the incident energy is normal to the surface and essentially constant across the dose profiles within the useful width of the beam. In fact the overall correction factor which converts number of electrons into dose is a function of the mean energy of the primary beam at the depth of measurement. The number distribution of electrons due to one single pencil beam is based on the central limit statistical theory when applied on individual scattering events. The distribution function is, therefore, a Gaussian[18] with the mean value lying along the original direction of the pencil beam. Figure (3) shows the geometry for scattering angles where θ is the gross scattering angle of the electrons which is a function of depth, $\propto$ is the projected angle of scattering and for small angles such as those encountered in elastic scattering, $\langle \propto^2 \rangle$ is one-half[19] of $\langle \theta^2 \rangle$. Dose profiles in planes at right angles to the pencil beam as the electrons traverse a thickness x in a medium is given by[18]

$$D(\theta) = D(0) \exp \left[-(\theta - \mu_G)^2 / \sigma_\theta^2 \right]$$

where D represents the electron dose at a

315

particular location on the profiles.

Fig. (4) THEORETICAL 60.7% DECREMENT LINES OF A PENCIL BEAM OF ELECTRONS
σ. R M S ANGLES OF DEVIATION AT VARIOUS S.S.D. In air
φ NET ANGLES OF DEFLECTION AT TREATMENT PLANE 5 6 m S.S.D.
B&A BETHE & ASHKIN

Since the Gaussian peaks along the original direction of the beam, the mean of the scattering angles $\mu_\theta = 0$
In the projection plane the last equation will reduce to:
$$D(\alpha) = D(0) \, exp\left(-\alpha^2 / 2\sigma^2\right) \quad (i)$$
if $D(\alpha)$ is normalized such that the area under the curve is unity, then
$$D(0) = 1/(2\pi)^{\frac{1}{2}} \sigma$$
where σ is the standard deviation of the projected scattering angles, defined as the square root of the average of the squares of the angular deviations from the mean i.e.
$$\sigma = \langle(\alpha-\mu_\theta)^2\rangle^{\frac{1}{2}} = \langle\alpha^2\rangle^{\frac{1}{2}} = R.M.S$$

$$D(\alpha)/D(0) = 60.7 \% \quad (2)$$

The root-mean-square projected transverse displacement "d" in the dose profiles can be calculated from the following equation[19]:

Theoretical derivations of the divergence of electron pencil beams have been the subject of a large amount of literature based on multiple scattering. The theories most relevant to the present work are those of Ashkin and Bethe[9] and of Rossi[10] from which $\sigma, \langle\theta^2\rangle^{\frac{1}{2}}$ and $\langle\alpha^2\rangle^{\frac{1}{2}}$ can be obtained :

$$\sigma^2 = \frac{\langle\theta^2\rangle}{2} = \langle\alpha^2\rangle = \frac{4\pi N Z(Z+1)e^4 x}{P_x^2 V_x^2} ln\left[2\pi^{\frac{1}{2}} Z^{\frac{2}{3}} N^{\frac{1}{2}} x^{\frac{1}{2}} \left(\frac{\hbar}{mV_x}\right)\right] \quad (4)$$

$$\sigma^2 = \frac{\langle\theta^2\rangle}{2} = \langle\alpha^2\rangle = \frac{4\pi N Z^2 e^4 x}{P_x^2 V_x^2} ln\left[\frac{137 P_x}{Z^{\frac{1}{3}} mc}\right] \quad (5)$$

where:
N=Number of scattering centers/cm^3
C=Speed of light in Vacuum
  $= 2.9979 \times 10^{10}$ cm/sec
P_x=Average momentum of electrons at a depth x cm in medium
V_x=Average velocity of electrons at a depth x cm in medium
Z =Effective atomic number[20] of material transversed by the incident electrons.
$$= \sqrt[2.94]{a_1 Z_1^{2.94} + a_2 Z_2^{2.94} + a_3 Z_3^{2.94} + \cdots}$$
where a_1, a_2, a_3, ... are the fractional contents of electrons belonging to elements Z_1, Z_2, Z_3, ... of the medium.
m=Rest mass of the electron
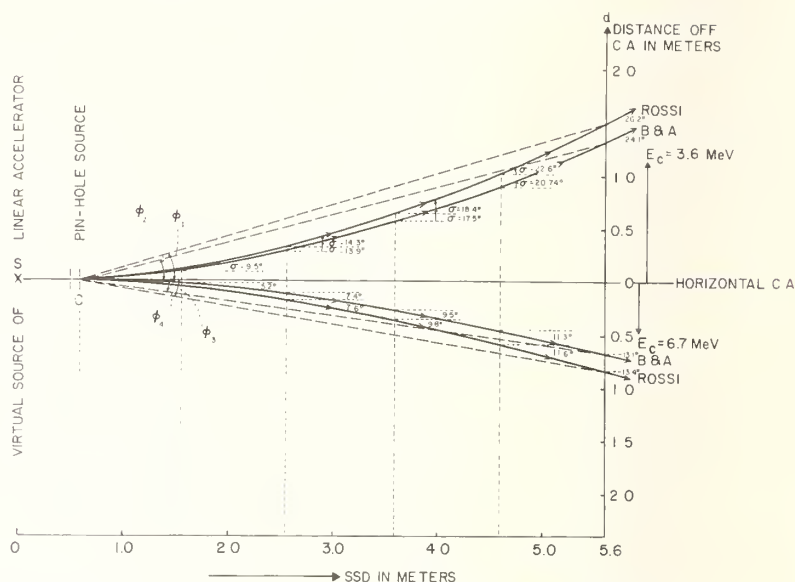
$= 9.108 \times 10^{-28}$ g $\equiv 0.511$ Mev
e=Electronic charge
  $= 4.8 \times 10^{10}$ esu
$\hbar$=Planck's Const. divided by 2π
  $= 1.05445 \times 10^{-27}$ erg·sec
Figure (4) shows the divergence of two electron pencil beams in air obtained theoretically. Because the decrement curves are symmetrical around the initial direction of the pencil beam, only one half for each divergence cones is given. In this figure, the 60.7 percent decrement curves[7] were obtained based on elastic multiple scattering theories of Bethe and Ashkin and Rossi[10] for 3.6 and 6.7 MeV initial beam energies. The upper half refers to the divergence of a 3.6 MeV electron pencil beam while the lower half refers to the 6.7 MeV pencil beam. The projected R.M.S. angular deviation $\langle\alpha^2\rangle^{\frac{1}{2}} = \sigma$ and the corresponding projected transverse displacement "d" were calculated for each energy at different depths x from equations 3, 4 and 5. After defining the points of a particular transverse displacement "d" and the corresponding

316

tangential directions , the
decremental curves were drawn
for each energy. The net defl-
ection angle ϕ can also be ob-
tained for any depth in tissue
or any treatment plane as shown
in this figure.

(ii) Therapeutic Beams

Figure (5) shows the basis of
our electron Model. The dose
distribution in a therapeutic
beam at a depth x in tissue or
in air medium can be considered
to be the resultant of a number
of dose contributions of elec-1
trons coming from different loc-
ations within the collimated
broad beam. When a clinical
machine gives a uniform dose at
the end of the collimator, it is
reasonable to consider the ther-
apeutic beam as being made up of
an infinite number of identical
and initially parallel pencil
beam components each of minute width.
Each pencil beam, emerging at
different locations within the
width of the beam, will diverge into a cone
on entering the uniform medium such as those
shown in Fig. (4). Considering a point at
a location p at a depth x in medium and
distance d off the central axis of the ther-
apeutic beam, or at a deviation ϕ from the
beam central axis, the resultant dose $D_p(\phi)$
will be the summation of different dose
components (the overlapping gaussians) con-
tributed from each pencil beam. The resul-
tant dose profiles in air or in tissue can,
therefore, be predicted from the scattering
characteristics of individual electron pen-
cil beams. Therefore the resultant dose $D_p(\phi)$
can be expressed as an integral between
α_1 and α_2 as the limits as shown in Fig. (5).

$$D_p(\phi) = \frac{1}{(2\pi)^{\frac{1}{2}}} \int_{\alpha_1}^{\alpha_2} \frac{1}{\sigma} \exp\left(-\alpha^2/2\sigma^2\right) d\alpha \quad (6)$$

$$\alpha_1 = \tan^{-1}\left(\frac{d-\ell}{x}\right) = \tan^{-1}\left(\tan\phi - \frac{\ell}{x}\right)$$
$$\alpha_2 = \tan^{-1}\left(\frac{d+\ell}{x}\right) = \tan^{-1}\left(\tan\phi + \frac{\ell}{x}\right)$$

where ℓ is half the initial beam width at
end of collimator. The parameter σ in this
basic equation can be substituted from the
well known expressions of R.M.S. angular
deviation for electron pencil beams. The
above mentioned integral is the basis for
the resultant dose profiles which can be
applied for air, tissue or any other medium.
The body inhomogeneity can be easily accoun-
ted for, from the basic parameters such as

Fig (5)

DIAGRAM ILLUSTRATING THE MATHEMATICAL MODEL
FOR A THERAPEUTIC ELECTRON BEAM
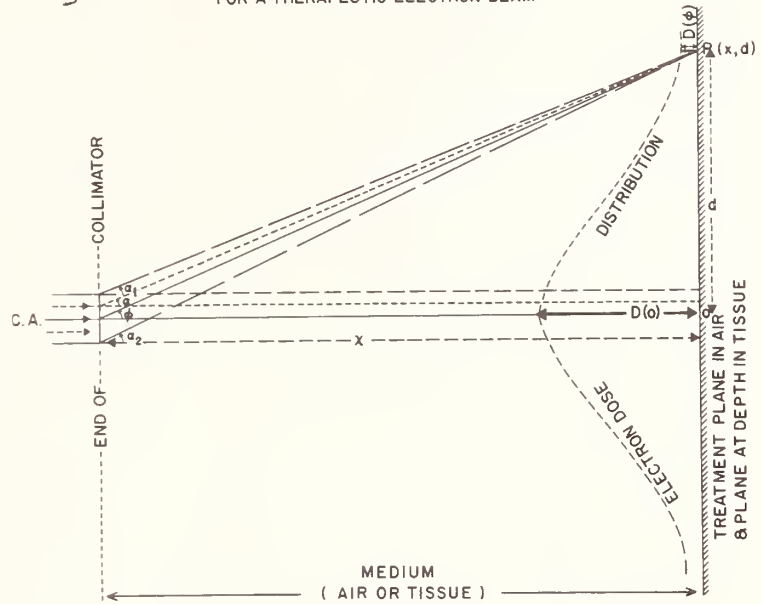
average density and atomic number. The
projected R.M.S. angular deviation "α" is
expressed in terms of electron energy (e.g.
momentum, velocity), depth of penetration
x and the average density of the medium.
The integral in equation (6) cannot be in-
tegrated in terms of a closed form but can
be numerically integrated by applying
"Simpson's rule"[21].

(iii) Method of Calculation

Our main objective is to obtain theoreti-
cally derived values of the electron dose
distribution across the therapeutic beam in
tissues which can predict accurate experi-
mental results. The resultant dose profil-
es were calculated from eq (6) with the
central axis dose normalized to 100 percent.
The computer print out values are the theo-
retically predicted dose distribution at
successive planes i.e. dose profiles.
Theoretical dose profiles leading to elec-
tron dose distribution were obtained in air,
subcutaneous fat, lung, muscle and bone
for initial electron beam energies ranging
from 3 to 30 MeV taking into account the
energy loss in the media concerned. The
central axis dose, however, was taken for
all media from experimental depth dose
curves at the particular energy and SSD
concerned. Dose profiles on planes per-
pendicular to the central axis were calcul-
ated at successive increments and for

317

adequate lateral displacements. In muscle, dose profiles were obtained to a depth of 15cm with successive increments of 1cm depth and up to 8cm lateral displacement on either side for a portal field of 10 x 10cm with increments of 2mm between successive locations. In air, for a therapeutic electron beam with initial configuration of 20cm x 20cm at the end of the collimator of the linear accelerator, dose profiles for all points between central axis and 100cm displacements on either side were calculated at successive increments of 2cm between two locations. For relatively large distances, i.e. from 3.5 to 5.6m they were also calculated between the beam central axis and 300cm lateral displacement at successive increments of 5cm between each two locations.

Fig. (6). Divergence of Electron Pencil Beam in Air at 1, 2 and 3 Meters from Pin Hole. Theoretical Gaussians are dotted.
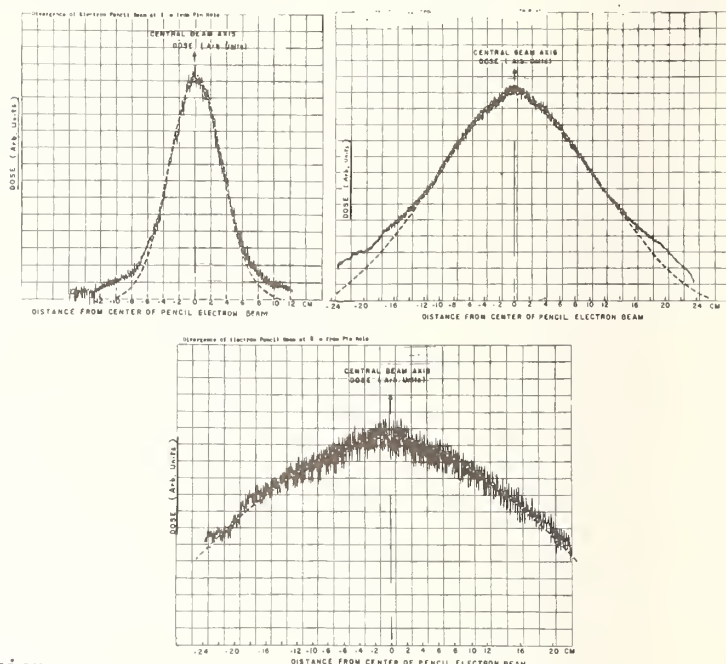
(iv) Formulae Used in the Calculations

The spatial dose distribution of the absorbed energy of electrons was calculated from eq (6) on the basis of our theoretical Model. The parameter σ in this basic equation was taken from the pencil beam expressions for electrons as the basic elements. The R.M.S. angular deviation $\langle \alpha^2 \rangle^{\frac{1}{2}} = \sigma$ is expressed in terms of depth of penetration x, average density ρ of the medium, effective atomic number Z of the medium, number of scattering centers/cm^3 "N" and the electron energy at a depth in the medium (average momentum P_x and average velocity V_x). For any tissue the following relation was applied in our calculations:
$\rho R_p = 0.530\ E - 0.106$
$\rho R_p =$ in g/cm^2 and E is the kinetic energy of the incident electrons in MeV.
In muscle we have used the following equation:[23] $R_p = 0.521\ E - 0.376$, knowing the initial energy and density of medium, the practical range R_p could be calculated. The effective total energy E_x of the electrons at depth x in the medium was calculated from
$$E_x - 0.511 = E\left[1 - x/R_p\right]$$
P_x and V_x can be obtained from the effective electron energy E_x at depth x in the medium from the end of collimator or pinhole by the following relations[19]:
$$E_x = \left[c^2 P_x^2 + m^2 c^4\right]^{\frac{1}{2}} = E_c - \left(\frac{dE_c}{dx}\right)x$$
$$V_x = c^2 P_x / E_x$$
E_c is the initial electron total energy at the end of collimator=Kinetic energy E in

MeV + 0.511. The number of scattering centers "N" in different body tissues or in air can be calculated from simple relations. In our calculations we have used the following methods:
In Tissue:
$$\text{Number of atoms/cm}^3 = \frac{\rho N_0}{Z_{tissue}}$$

where No is the number of electrons/g. The following table[25] gives ρ, No and Z for different tissues which were used in our calculations:

Tissue	Density ρ g/cm^3	Z	No
Muscle	1.00	7.42	3.36×10^{23}
Fat	0.91	5.92	3.48×10^{23}
Bone	1.85	13.8	3.00×10^{23}
Lung	0.51	7.53	3.8×10^{23}

In Air:
Number of atoms/cm^3 of air "N" = $\rho \dfrac{6.02 \times 10^{23}}{2 Z_{air}}$

where $\rho = \rho_0\ F_{T,P}$
ρ is the density of air (at prevailing temperature T and pressure P) in g/cm^3.

ρ_0 is the density of air at "normal T and P" = 1.2929×10^{-3} g/cm^3.

318

$F_{T,P}$ =Temperature and pressure correction factor. Since the prevailing conditions in our treatment room are P=745 mm Hg and T= 295 °K

$$\rho = 1.2929 \times 10^{-3} \left(\frac{745}{760} \right) \left(\frac{273.16}{295} \right)$$

$$= 1.115 \times 10^{-3} \; g/cm^3 \; \text{of air}$$

IV Results: Experimental and Theoretical

(i) Pencil Beams and Gaussian Fitting:
Equation (1) can be written:

$$D(d) = D(o) \, exp \, \left(-0.693 \, d^2 / d_{\frac{1}{2}}^2 \right) \qquad (7)$$

where d is the half width of the gaussian distribution i.e. when $d = d_{\frac{1}{2}}$ $D(d) = \frac{1}{2} D(o)$ and has the value:

$$d_{\frac{1}{2}}^2 = 2 \pi^2 \sigma^2 \ln 2$$

Fig. (6) shows the experimental results for an electron pencil beam diverging in air. Dose distributions at 1,2 and 3 meters from pin-hole were recorded at the equilibrium position in water phantom. Experimental curves were fitted with theoretical gaussian distributions as obtained from eq (7). We can compute 100 D (α)/D(o) for different $(d/d_{\frac{1}{2}})$ with $d_{\frac{1}{2}}$ and D(o) taken from experimental data. In all these experiments, the chart recorded lines represent experimental data while the dotted curves represent eq (7) with $d_{\frac{1}{2}}$ = 8,24 and 38cm respectively. It is, therefore, concluded that applying the multiple scattering elastic theories is justifiable and the divergence of the electron beam should be accurately known from the basic parameters of the medium such as ρ & Z. From these equations, it is also possible to account for body inhomogeneity as ρ and Z varies with depth.

Fig. (7). Experimental Electron Dose Profiles for 3.6 MeV Therapeutic Beam in Air at 100cm SSD.
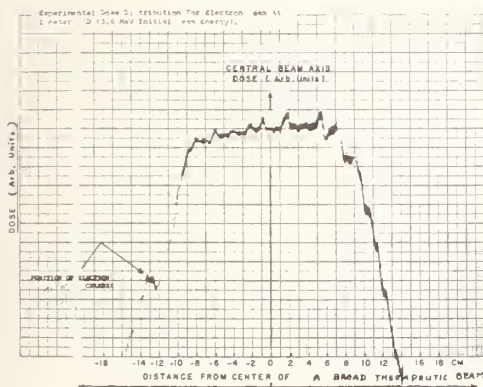
Fig. (8)
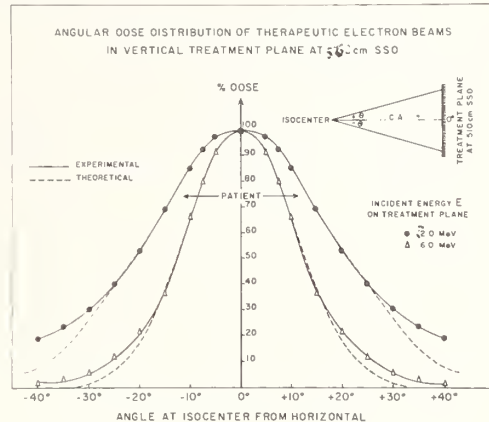
(ii) Therapeutic Beams:

The present results refer to a broad therapeutic electron beam as used in radiation therapy. No electron cone or beam diffuser were used in the following experiments in air or in tissue.

(a) Dose Profiles in Air
The Roswell Park Memorial Institute linear accelerator delivered the electron therapeutic beams across the length of the treatment room with a horizontal central axis as used in total body superficial treatments. The main interactions of the travelling electrons is with air molecules and an analysis of dose distribution was reported[12,17]. The transmission electron ion chamber was removed and placed outside the accelerator head, intercepting the edge of the beam. This ion chamber has no effect on the beam and served as the monitor unit indicator of the linear accelerator. Figure (7) shows the experimental dose distribution for a 21 x 21cm electron beam of 3.6 MeV initial energy at 100cm SSD or at about 40cm from the end of the machine collimator. The position of the transmission electron ion chamber can be observed in the chart recorded diagram of the dose profile Fig. (7). Figure (8) shows the angular dose distribution for 3.0 and 6.0 MeV incident electron beam energy at 560cm SSD for same field as obtained from experimental results together with their gaussian fits. From Figs. 7 and 8 it is clear that electron dose distributions vary from an essentially uniform field to gaussian distributions. The agreement with gaussian curves indicates that electrons are mainly suffering multiple elastic scattering. Figs. 9 and 10 show the dose profiles in air for

3.6 and 6.7 MeV incident electron energy as obtained from our theoretical Model.

Fig.(9)   % DOSE PROFILES IN AIR FOR THERAPEUTIC ELECTRON BEAM AT SHORT SSD

% DOSE PROFILES IN AIR FOR THERAPEUTIC ELECTRON BEAM AT EXTENDED SSD

Fig. (11) shows a comparison of electron dose profiles in air of a therapeutic beam at different treatment distances for 3.6 and 6.7 MeV initial beam energies. Two pencil beam theories were applied as the basic element in our Model for obtaining the electron dose distributions in the profiles, at short, intermediate and long SSD as shown in this figure.

Fig. (11)   Off-Axis Electron Dose Distribution of a Therapeutic Beam at Different Treatment Distances.

EXPERIMENTAL
THEORETICAL (BETHE & ASHKIN)
THEORETICAL (ROSSI)
⊥ BOUNDARY OF THE INITIAL BEAM

PERCENTAGE OF CENTRAL AXIS "CA" DOSE VS. TRANSVERSE DISTANCE "d"

DISTANCE OFF CENTRAL AXIS "d" IN Cm

320
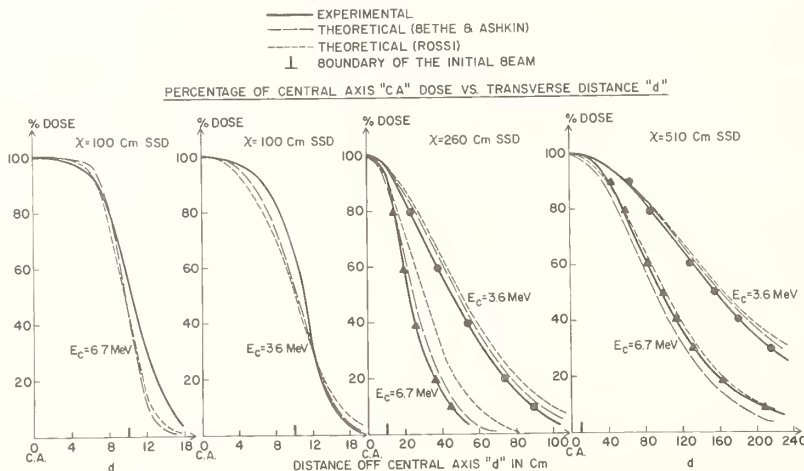
(b) Dose Profiles in Tissue:
Fig. (12) shows an example of
the chart recorded electron
dose profiles across 30 MeV
beam at various depths in
water phantom for a 10 x 10cm.
The gradual transition from
flat-top uniform distribution
to gaussian is observed as the
depth in phantom is increased.
Dose profiles in muscle were
predicted from our theoretical
model using the physical prop-
erties of the tissue concern-
ed as explained in Section
III. Figure 13 shows these
profiles at various depths
and for 6.7, 10, 20 and 30
MeV normally incident elect-
rons of the therapeutic beam
and for a 10 x 10cm port
field. Fig. 14 gives a
comparison of dose profiles
for 30 MeV incident elec-
tron beam as obtained from
experimental results and
from our theoretical model
for electron beams.

Fig. (12) Experimental Dose Profiles across 30 MeV Electron
Beam at Various Depth In Phantom for a 10 x 10cm
Field Without Electron Cone or Beam Diffuser.

x = Depth in Phantom
y = Transverse Displacement
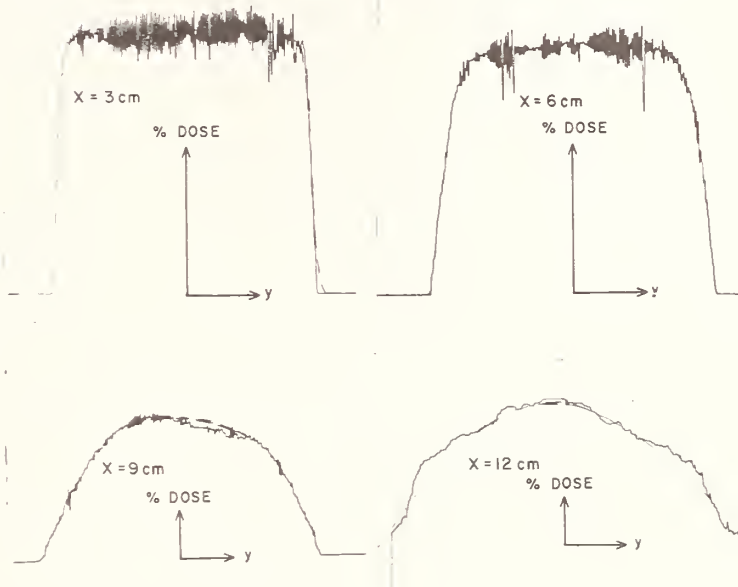
FIG 13   % DOSE PROFILES IN MUSCLE
FOR THERAPEUTIC ELECTRON BEAM
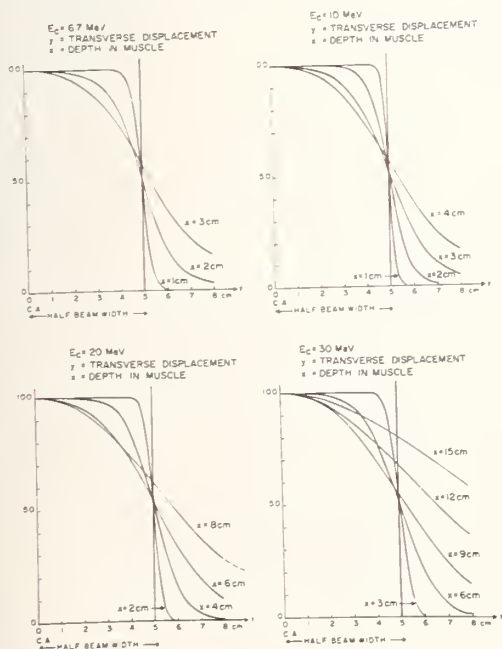
Fig (14)   COMPARISON OF THEORETICAL & EXPERIMENTAL
DOSE PROFILES FOR 30 MeV
ELECTRON BEAM FOR 10x10cm FIELD

321

FIG. 15 % DOSE PROFILES IN LUNG
FOR THERAPEUTIC ELECTRON BEAM
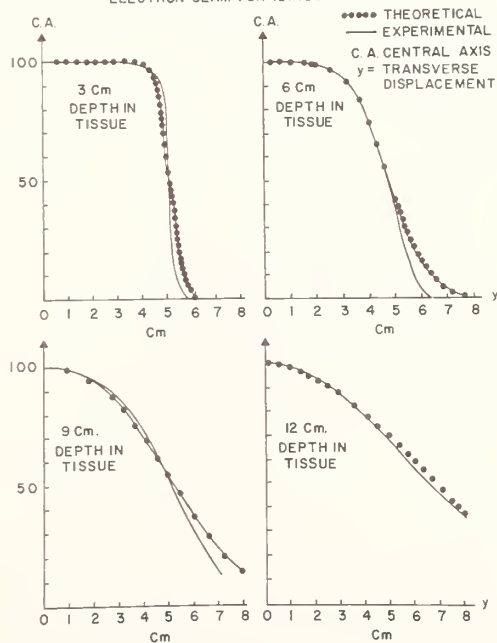
FIG. 15 % DOSE PROFILES IN LUNG
FOR THERAPEUTIC ELECTRON BEAM
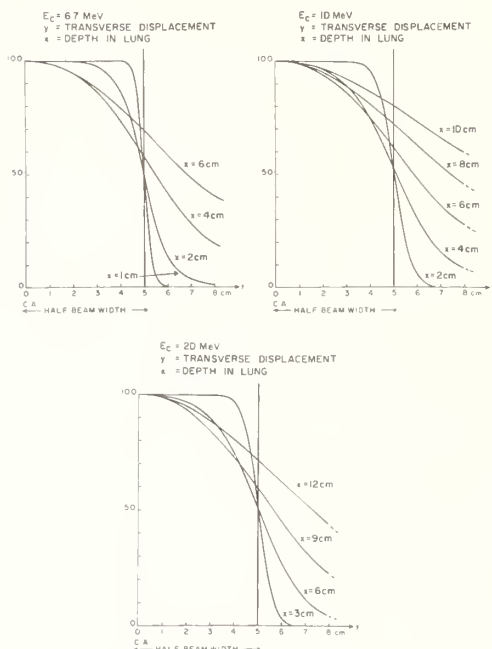
FIG. 16 % DOSE PROFILES IN BONE
FOR THERAPEUTIC ELECTRON BEAM

FIG. 17 % DOSE PROFILES IN FAT
FOR THERAPEUTIC ELECTRON BEAM
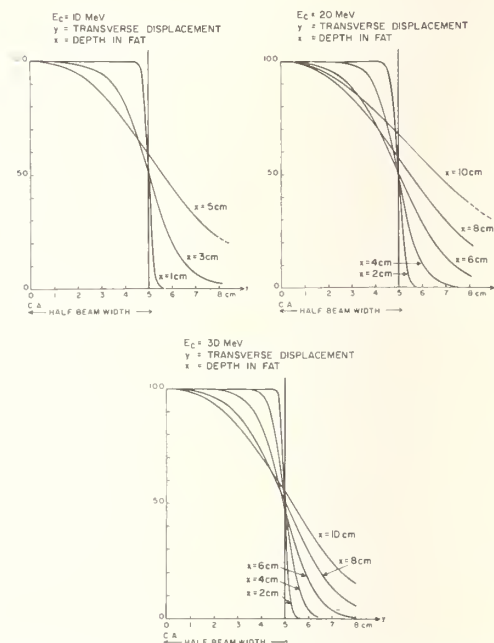
changes from uniform flat-top distribution
to gaussian as the depth in tissue is
increased. Tissue dose profiles as ob-
tained from our electron model are in very
good agreement with experimental data.
Based on this evidence, a computer program
has been derived as explained in Section III
in application of our model and on the
knowledge of the physical parameters of the
concerned tissue.

(c) X-Ray Contamination In Tissue

X-ray contamination was measured in poly-
styrene phantom for port fields of 10 x
10cm and for normally incident electron
beams of 4, 10, 15, 20, 25 and 30 MeV
initial kinetic energies. Readings were
then corrected for tissue equivalence.
In fact this experiment was part of electron
depth dose curves after the beams have
reached their practical range as shown in
Fig. (18).

VARIATION OF ELECTRON DOSE WITH DEPTH IN TISSUE FOR TYPICAL
ELECTRON BEAMS AND FOR PORTAL FIELDS OF 10 x 10 cm²

Figures (15,16, and 17) are another examples
of electron dose profiles in different
tissues e.g. lung, bone and subcutaneous fat
as predicted from our theoretical model. In
both experimental and theoretical results,
the electron depth dose in tissue

322
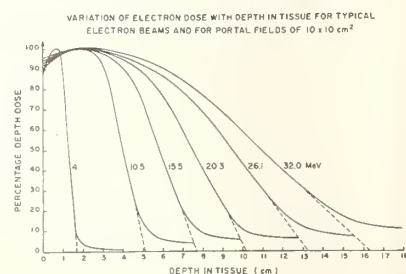
Beyond the electron range each curve levels off reaching a fairly constant value. The X-ray contamination dose was found to increase with increase of the energy of the incident beam, rising from about ½ percent at 4 MeV to about 10 percent for the 30 MeV beam. In Fig. (18) the kinetic energy of each beam as calculated from the practical range were 4, 10.5, 15.5, 20.3, 26.1 and 32 MeV respectively.

(d) Electron Cones and Scattering Foils:

Flatness of electron beams used in radiation treatments has been improved by introducing one or more scattering foils inserted in the beam [26-30]. These foils may be flat or shaped or combination [31]. Obviously this will increase the X-ray contamination and therefore they should be avoided for whole body superficial electron treatments [32]. When using scattering foils they should be as thin as possible so that the contamination is minimized. However, in some clinical accelerators, the uniformity of the electron beam and the shape of isodose curves are not adequate for treatments except when using heavy scattering foils. Electron cones have also been designed so that lead blocks of adequate thickness intercept the edges of the electron beams. These electron cones are usually made of lucite and meant to make immediate contact with the skin. The lead blocks are built towards the end of the electron cone and acts as a diaphragm. The diaphragm size is usually smaller than the field size and an experimental relation between field size versus diaphragm size could be easily established. The scattered electrons from the wall material contributes to the skin dose and may also vary the shape of depth dose and isodose curves. Both electron cones and scattering foils are made to extend the electron beam flatness over the full range of electron energies and field sizes.

Fig. (19). Isodose Distribution of 14 x 14 cm Field for 10 MeV.
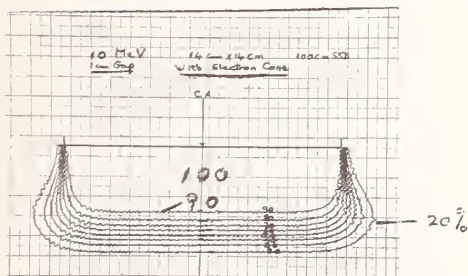
Figure (19) shows a typical electron isodose distribution for a 10 MeV initial beam energy and for a port field 14 x 14cm using electron cone and a thin scatterer of 0.02" Pb + .012" Al. These isodose curves were obtained using the 0.2cm^3 Farmer probe mounted on an automatic scanner in water phantom.

(e) Air-Gaps:

In some clinical situations it is necessary to treat a patient at distances greater than the length of the electron cone leaving an air gap between the end of the electron cone or collimator and the skin. These air gaps could be small when electron cone fails to make good contact with the skin, or intermediate e.g. in the perineum or in the head and neck region, or could be large in the treatments of extensive or whole body superficial skin lesions. The air-gap has also strong influence on the electron dose profiles particularly at shallow depths.

Figs. (20 and 21).

Typical electron Dose Profiles with 1 and 2cm Air-Gaps.
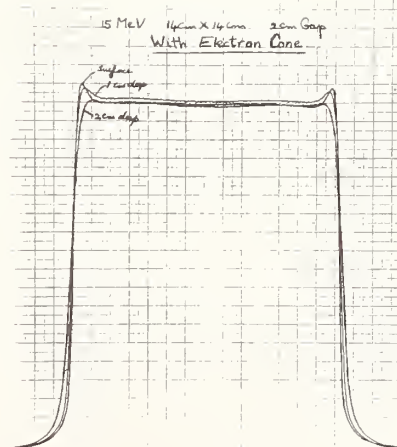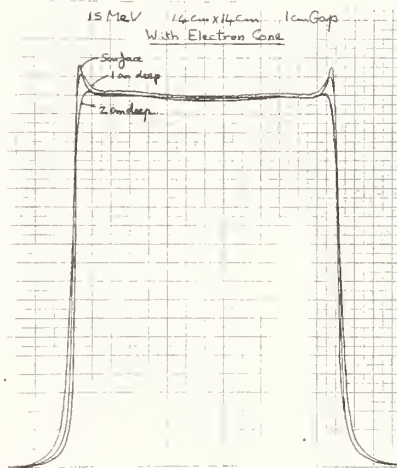
Fig. (22).

Electron
Dose
Profiles
with 3cm Air
-Gap.
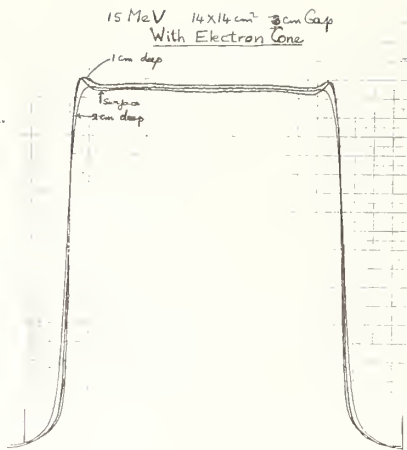
(i) Small Gaps: Experimentation at Roswell with 1 to 5cm air gaps showed an arise or inflections in each profiles range near the edges of the beam. However, these inflections are eliminated at about 2cm depth from the skin surface for 10 and 15 MeV electron beam energies of the depth dose curves. Figures (20,21 and 22) show examples of these results for 15 MeV electron beams and for air gaps of 1, 2 and 3cm. Electron dose uniformity at the surface of phantom and at 1cm depth is improved as the air-gap increases from 1 to 5cm. However, dose profiles have optimal uniformity at 2cm depth for the range of energy under investigation.

(ii) Intermediate Gaps: In this case consideration should be given to the change in beam flatness. As mentioned in Section II, a gradual transition from flat-top distribution to gaussian depending on distance. With such intermediate gaps of about 20cm probably the gaussian distributions will not yet be formed, but there is a definite increase in the beam half width while the sharp and rapid fall-off in the electron dose profiles are gradually diminished. In this case the profile shape will be somewhere between the uniform or flat-top distribution and the gaussian depending on distance and energy.

(iii) Large Gaps: Significantly large air gaps about several times the initial width of the beam, the distribution curves of electron dose profiles are essentially gaussians, such as those obtained in total skin irradiations for the treatments of extensive skin lymphomas. In fact the relative dimensions of field size to SSD is very small, consequently the therapy beam in this case could be considered as a pencil

beam where electron cones or scattering foils are avoided. The uniform dose distribution can best be obtained by a dual electron beam . In this case the angles of the central axis of the beam above and below the horizontal are a function of beam energy[32].

V. Discussion and Conclusion:

A study has been made on electron dose distribution in air and in tissue for therapeutic beams of 3 to 30 MeV incident beam energies. Electron dose profiles were experimentally determined and were compared to those predicted from theoretical considerations. An electron model for clinical beams has been presented and is based on considering the therapeutic beam to be made up of an infinite number of pencil beam components. The divergence of electron pencil beams has been studied in the present work and dose profiles were found to be in excellent agreement with theoretical gaussian curves over a wide range of transverse displacement except for the tail ends of the distributions where the experimental curves indicate broader dose profiles than the gaussians. It was also found in the present work that the root-mean-square angular deviations of an electron pencil beam is in fact the 60.7 percent decrement curve. Therefore the average divergence of an electron beam could be easily visualized. It is also concluded that the scattering is mainly elastic obeying a multiple small angle scattering formula. The non-gaussian parts of the curves may be explained by a major change in the mode of electron interactions. This is probably due to the transition from small angle multiple scattering to large angle single scattering acts. Instead of interacting with the nuclear coulomb field of the atomic nuclei without loss of energy, there will be electron-electron collisions with the atoms of the stopping medium accompanied by energy loss. This, in fact, is a minor process of about 14 percent after X-ray contamination was removed, as indicated by the experimental curves when compared with the gaussian fits. Therefore, the spatial dose distributions are dominated by a multiple scattering process. Scattering of the incident electrons with the electrons of the absorbing medium results in large angle single scattering of $\phi > 1$ milli radian accompanied by energy loss due to collision. Elastic scattering of the incident electrons by the atomic nuclei is a

more probable interaction with $\phi \ll 1\ milli$ radian. It is the large number of such scattering acts at successive collisions which produces the multiple scattering events. Moreover, in all tissues or air media, slopes of the gaussian distributions varied inversely with the initial normally incident electron energy. As the energy of the beam is increased, narrower gaussian distributions are expected particularly at considerable depths in the medium. Tissue dose profiles as obtained from our electron model are in very good agreement with experimental data. Electrons scattered by the cone and diaphragm as well as air gaps between patient and collimator may contribute substantially to the surface absorbed dose. Changes in variables, standard conditions or formulae used could be easily accounted for in the presented program. It was not our aim to investigate the validity of the existing theories on electron pencil beams. This aim can probably be achieved by using a more realistic theoretical model taking into account the quantum mechanical many-body effect (i.e. the various interactions among electrons in the therapeutic beam), the scattering within collimator and symmetry monitor etc. However, our simple model has sufficiently served the purpose and our theoretical predictions were consistent with our experimental results. The validity of our mathematical model is based on the accuracy of the available theories of multiple scattering expressions for narrow electron beams. With the proper choice of the pencil-beam theory which is used as the basic element in our model, an agreement with the experimental results of about 5 percent is achieved. Our theoretically predicted results can be used for routine programming of treatment planning with high energy electron beams using mini-computers. Further, it is also possible to account for body inhomogeneity, not from the stopping power formula, but from the basic parameters of the media concerned.

ACKNOWLEDGEMENT

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CALORIMETRIC DOSE MEASUREMENTS IN FAST NEUTRON AND COBALT-60 GAMMA-RAY FIELDS*

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A portable calorimeter, constructed of A-150 tissue equivalent (T.E.) plastic, was employed to measure dose in a cyclotron-produced fast neutron field and in a ^{60}Co gamma-ray field. The precision of these measurements ranged from ±1-2% depending upon dose rate and signal to noise ratio. The absolute accuracy of measurements in the neutron field is estimated to be ±5% and those in the ^{60}Co field to be ±2%. A method for determining the magnitude of endothermic radiochemical effects which occur in T.E. plastic will be described along with other sources of uncertainty in calorimetric dosimetry.

(Tissue equivalent; calorimeter; fast neutron; dosimetry)

Introduction

Cyclotron-produced fast neutron fields are presently employed for radiobiological research and clinical investigations of their potential advantages for radiotherapy. In order to properly evaluate the results of these studies, it is necessary to develop a high degree of precision and accuracy in dosimetric measurements. At our laboratory calorimeters have been designed, constructed and employed as primary dosimetric standards for measurements in electron and photon beams[1-7]. This work has recently been expanded to include measurements in fast neutron fields[8]. The advantages of calorimetric dosimetry are that dose is determined directly by measurement of the temperature rise in an isolated test volume, calibration is carried out by electrical heating of the test volume thus obviating a radiation calibrating source and calorimeter response does not require a knowledge of stopping power ratios or W values. There are also some disadvantages, such as relatively poor sensitivity and the physical size of some calorimeter systems. The instrument described in this report is compact and has been designed to be portable, in addition, measurements have been carried out at dose rates as low as 0.5 $mGy \cdot s^{-1}$ (3 $rad \cdot min^{-1}$), and a precision of ±2% has been achieved for dose rates of 1.9 $mGy \cdot s^{-1}$ (11 $rad \cdot min^{-1}$).

The material selected for use in construction of this calorimetric dosimeter is A-150 T.E. plastic[9,10] since it is almost universally employed for ionization chambers and proportional counters now used in fast neutron and pion dosimetry. Although the composition of the T.E. plastic is not identical to the formulation adopted by the ICRU to characterize tissue[11], the kerma correction which is employed to convert dose in T.E. plastic to dose in tissue is small (≤5%) for most photon and neutron energy spectra of current interest in radiobiology and radiotherapy. Unfortunately, nearly all irradiated plastics are characterized by a thermal defect[2,12-15] which is the quantity of absorbed energy that does not result in the production of heat.

When fast neutrons and pions interact with tissue and tissue equivalent plastic, an array of secondary charged particles is produced which includes protons, alpha

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particles and nuclei of carbon and oxygen. The numbers and energy spectra of these secondary charged particles are determined by the initial energy spectrum of the primary particles. The thermal defect in T.E. plastic has been measured using 1.7 MeV protons[10], however, there have been no such measurements to date for higher energy protons, alpha particles or heavy ions for which the thermal defect may be quite different. A method for extending the thermal defect measurements of Fleming and Glass[12] will be described in this report, since this method will help to reduce the uncertainty associated with the determination of dose in fast neutron fields using a T.E. plastic calorimeter.

Calorimeter Elements

Core

The central absorbing element, or core, is cylindrical in shape; 2 cm in diameter and 0.2 cm thick. This design was chosen to insure reasonably good spatial resolution in fields whose intensity decreases rapidly with depth. The core is thermally isolated from its surroundings by hollow nylon suspension points which provide a minimal thermal conduction path. The opposing faces of the core have been coated with a thin layer of conducting silver dag providing electrical contacts for calibration heating of the core, and also lowering radiative heat loss from the core to its surroundings by producing a lower emissivity surface compared to uncoated T.E. plastic. A thermistor has been bonded into the core with an electrically insulating epoxy which has relatively good thermal conductivity. The cross-sectional view of the calorimeter, shown in Figure 1, indicates some of the details of construction.
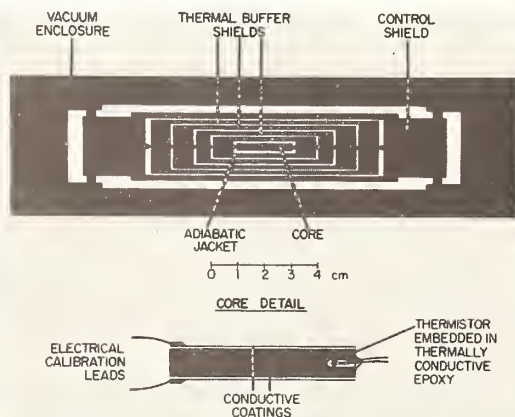
Figure 1. Cross-section of the calorimeter.

Since it is necessary to determine the quantity of energy deposited per unit mass in a defined medium, a precise amount of energy must be introduced into the core. The electrically conductive faces are used to pass current through the T.E. plastic which results in a heating pattern similar to that produced by the radiation field. The resistivity of A-150 T.E. plastic has been measured as a function of temperature and was found to be 48.21 ohm-cm at 30°C. The electrical calibration circuit and the method used to measure the current flowing through the core will be described below.

The composition of the core assembly is shown in the following table. The percentage of material other than T.E. plastic has been kept to a minimum in order to maintain a nearly homogeneous medium in which dose is measured.

Component	Weight	Percentage
Tissue equivalent plastic	.7365	98.29
Conducting paint	.0055	.73
Conducting epoxy	.0027	.36
Thermal epoxy for thermistor	.0022	.29
Thermistor head	.0020	.27
Electrical leads on core	.0004	.05
	.7493 gm	99.99%

TABLE I, Calorimeter Core Composition.

Jacket

Surrounding the core is a "pill-box" shaped adiabatic jacket whose inside dimensions are approximately 0.05 cm larger than the core in all directions. The gaps between all calorimeter elements, which are necessary for thermal isolation, have been kept to a minimum practical size in order to maintain homogeneity throughout the instrument. The jacket is electrically heated in the same manner as the core, by means of conducting silver dag contacts. During electrical calibration the jacket and core heating rates are adjusted so that the initial temperature rise in both elements is nearly equal. This quasi-adiabatic operation, initially described by Laughlin[1], provides a method of reducing heat loss from the core to its surroundings, and evaluating the magnitude of this heat loss during irradiation and cali-

bration.

Thermal Buffer and Control Shields

The three bodies surrounding the core and jacket serve as static thermal buffer shields whose thermal capacity tends to damp out temperature oscillations before they reach the core and jacket. These elements also rise in temperature during irradiation which helps to reduce the heat loss of the core and jacket. Radiative losses between elements have been minimized by evaporating gold coatings on the faces of these buffer shields to reduce their emissivity. The control shield, indicated in Figure 1, serves as a constant temperature enclosure which is regulated to within ±0.001°C of a set point a few degrees above room temperature. The inner components are housed within a vacuum enclosure also constructed of T.E. plastic. The pressure within this enclosure is estimated to be $<.013Pa(10^{-4}$ torr) which is necessary to reduce heat losses from convection and air conduction.

Signal Detection and Calibration Systems

A d-c Wheatstone bridge is employed to measure the resistance of the core thermistor. This circuitry must be quite precise and capable of resolving small resistance changes since the bridge imbalance that occurs during calibration or irradiation may be due to a change in resistance of only a few ohms in approximately 30,000 ohms. The precision of the bridge system is estimated to be ±0.05%. The specific heat of A-150 T.E. plastic is approximately $1.8J \cdot g^{-1} \circ C^{-1}$ so that the temperature rise which occurs upon absorption of 0.17mGy (1 rad) is approximately $7.5 \times 10^{-6} \circ C$ in a one gram sample. The temperature increase and resulting relative resistance change, $\Delta R/R$, when a known amount of energy is deposited in the core by electrical heating serves as the calibration. The instruments used for measurement and calibration are shown in Figure 2.

The calorimeter in its styrofoam thermal enclosure appears at the far right, and the Wheatstone bridge is just to the left of the calorimeter. The bridge enclosure is also insulated with styrofoam in order to minimize the effect of room temperature changes on resistance values. The bridge potential of 12.15 volts is supplied by three mercury batteries, and the variable resistance arm is remote con-

trolled by three stepping motors so that re-balancing can be achieved without entering the irradiation area. The temperature regulator for the calorimeter control shield and a microvoltmeter, which serves as a null detector, are in place above the bridge. The remote controller for the bridge and the calibration circuit appear at the far left and the strip chart recorder, which provides a graphic record of the core temperature versus time by indicating the bridge imbalance potential, is in the left foreground.

Figure 2. Tissue equivalent plastic calorimeter, along with the measurement, calibration and control systems.

A Leeds and Northrup N.B.S. type standard resistor of 1000 ohms is connected in series with the calorimeter core (3.41 ohms) and the potential across both resistive elements is measured with a digital voltmeter calibrated using an Eppley standard cell. The electrical power dissipated in the core during calibration is known to an accuracy estimated to be ±0.25%, and the precision of electrical calibration measurements ranges from ±0.5-1% depending on the heating time and the magnitude of the relative resistance change.

Dose Measurements in Radiation Fields

Calorimeter

A mixed fast neutron and gamma-ray field was generated at the Sloan-Kettering Institute cyclotron by using a beam of deuterons to bombard a thick Be target. The neutron spectrum produced by the $^{9}Be(d,n)^{10}B$ interaction has a mean energy of approximately 3.5 MeV[16] (for ≈ 7.5 MeV deuterons). The percentage of gamma-ray dose present at the position of the calorimeter core has been computed to be approxi-

mately 6% from paired ionization chamber measurements in a water phantom[17]. The cyclotron area is an electrically noisy environment which is also subject to somewhat larger temperature variations than other laboratory areas. In spite of these difficulties, a series of measurements was carried out at a dose rate of 1.9 mGy·s^{-1} (11 rad·min^{-1}) with a precision of ±2% (standard deviation about the mean). An example of one such irradiation run is shown below in Figure 3.
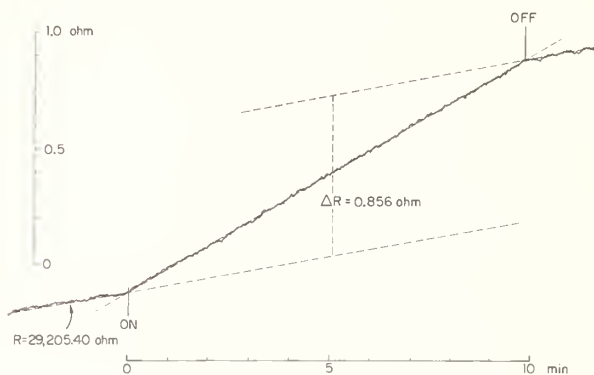

Figure 3. Core temperature vs. time recording for neutron irradiation.

A series of measurements was also carried out in a ^{60}Co gamma-ray field at Memorial Hospital. The calorimeter was set up in the evening and allowed to equilibrate overnight. The thermal drift rate on the following day was approximately 6x10^{-6} ^{o}C·min^{-1} for the duration of exposures which took place over a period of two hours. The dose rate at the calorimeter core was 10.22 mGy·s^{-1}(60.09 rad·min^{-1}) and the precision of this series of measurements was ±1.2%. The absolute accuracy of the calorimetric measurements is estimated to be approximately ±2% in ^{60}Co field and ±5% in the cyclotron-produced fast neutron field. The uncertainty in the thermal defect is a contributing factor affecting the accuracy of these measurements, and a method of reducing this uncertainty will be described below.

Ionization Chamber

An ionization chamber which is cylindrical in shape, has been constructed of T.E. plastic. The collecting volume is guarded and has a diameter of 2 cm and a

thickness of 0.2 cm. T.E. gas flows through the chamber at a rate of approximately 0.08 cm^{3}·s^{-1} (5cc·min^{-1}) at a pressure of 2kPa (15 torr) above atmospheric pressure. Collection efficiency at 400 V in ^{60}Co gamma-ray and fast neutron fields at dose rates of about 10 mGy·s^{-1} (60 rad·min^{-1}) has been measured to be 99.85% and 99.3% respectively (assuming columnar recombination only). The charge measured when using positive and negative collecting potentials agrees to within ±0.6%.

An irradiation phantom which places both the calorimeter core and the collecting volume of the ionization chamber at the same depth in T.E. plastic has been constructed, and is shown below in Figure 4. The dimensions of the phantom approximate those of the calorimeter and inserts have been machined to accept other dosimeters.
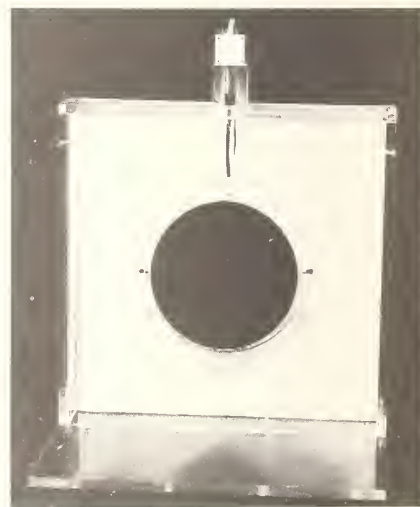
Figure 4. T.E. ionization chamber in place within a T.E. plastic irradiation phantom.

Measurement of the Thermal Defect In A-150 T.E. Plastic

One of the sources of uncertainty in calorimetric dosimetry which employs T.E. plastic is the thermal defect. The amount of energy which is consumed by endothermic radiochemical reactions when A-150 T.E. plastic is irradiated with 7 MV x-rays has been determined by Bewley[13] to be (4±2)%. Fleming and Glass[12] employed a differential calorimeter in which absorbers of T.E. plastic and aluminum were irradiated with 1.7 MeV protons. This method was quite

precise and yielded a value for the thermal defect extrapolated to zero dose of (4.2±0.2)%. As accumulated dose increased radiation damage eventually caused lowering in this value to 3.67% for doses above 10^6 Gy(10^8 rad). Over the useful range of a calorimetric dosimeter, the thermal defect would be relatively constant, however, this accumulated dose dependence is a source of uncertainty which will be investigated further.

The thermal defect value measured by Fleming and Glass for T.E. plastic could be employed for neutrons of relatively low energy since the dose is predominately deposited by recoil protons. However, for higher energy cyclotron-produced fast neutron beams an increasingly larger fraction of dose is deposited by alpha particles and heavy recoil nuclei. Radiochemical yields for these densely ionizing charged particles are usually quite different than those obtained with sparsely ionizing radiation. In order to properly evaluate the thermal defect for fast neutron irradiated A-150 T.E. plastic, the technique of Fleming and Glass will be extended by using different energy protons and other charged particles.

This project will be a collaborative effort of the Sloan-Kettering Biophysics Laboratory and The Radiological Research Accelerator Facility (RARAF). Thermal defect measurements will be performed on a number of T.E. plastic samples from three laboratories in the United States and one in Europe. An attempt will be made to evaluate samples molded at the extremes of temperature and pressure which will demonstrate whether the thermal defect is dependent on sample processing technique. Hydrogen, helium, carbon and possibly oxygen ions of various energies will be accelerated at the RARAF 4 MV Van de Graaff. The calorimeter constructed by Fleming and Glass will be employed, however, certain critical internal components have been rebuilt or replaced. A block diagram of the system is shown in Figure 5.

This calorimeter system has been described previously[12] and a brief summary of its operation will now be given. The charged particle beam from the accelerator is swept across the absorber face by electrostatic deflection plates, in the manner of a video raster, in order to produce a uniform irradiation pattern. The calorimeter is adiabatically controlled by a thermopile which detects the temperature

difference between the absorber and the surrounding adiabatic jacket. The thermopile signal is amplified and used to control a thermal regulator which provides current for a heater surrounding the adiabatic jacket.
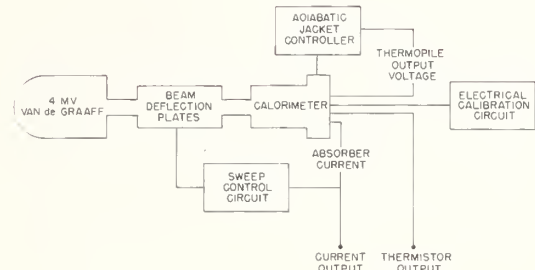
Figure 5. Block diagram of the experimental system.

Since the absorber and adiabatic jacket are constrained to rise in temperature simultaneously, the measuring thermistor is placed in the jacket in order to minimize power dissipation in the absorber. Electrical calibration is achieved through the use of a resistance element between the T.E. plastic and aluminum faces.
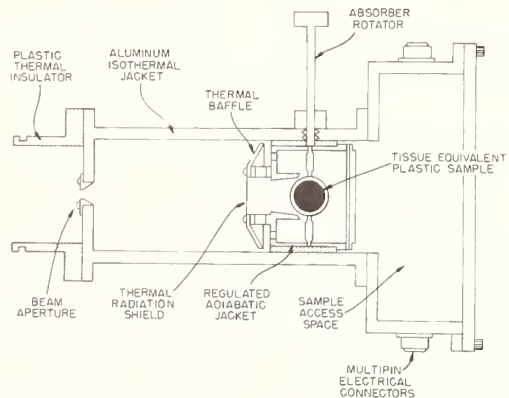
Figure 6. Cross-sectional view of thermal defect calorimeter.

The cross-sectional diagram in Figure 6 shows the various elements of the calorimeter. The aluminum isothermal jacket is maintained at a set temperature by a thermal regulator, and its interior is at vacuum. Within this element is the adiabatic jacket, which is thermally and electrically insulated from the outer aluminum

wall. The adiabatic jacket is maintained at a negative potential in order to suppress the emission of secondary electrons from the absorber and assure a reliable measurement of the beam current. The measuring thermistor and thermopile are mounted with a high thermal conductivity epoxy and are electrically guarded from the negative high potential to prevent leakage currents.

The absorber can be rotated so that either face will completely stop the charged particle beam. One face is aluminum 0.018 cm thick and 1.4 cm in diameter and the other is 0.025 cm thick T.E. plastic of the same diameter. The ratio of power measured using both sides of the absorber yields the thermal defect. Details of the absorber assembly are shown below in Figure 7.
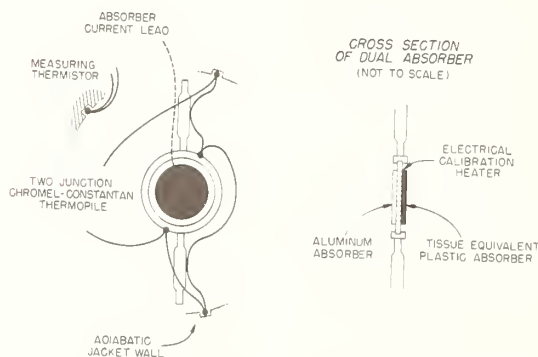
Figure 7. Details of the thermal defect calorimeter absorber assembly.

Summary

A series of measurements has been carried out in ^{60}Co and fast neutron fields using a portable tissue equivalent calorimetric dosimeter. These measurements have a precision of from ±1 to 2% depending somewhat on dose rate and signal to noise ratio. The absolute accuracy at present is estimated to be approximately ±5%. Much of this uncertainty is associated with the thermal defect, and measurements are in progress which will help reduce this uncertainty. Comparisons will then be completed for calorimetric dose and ionometric specific charge in cyclotron-produced fast neutron fields.

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SCATTERED RADIATION FROM A NEUTRON COLLIMATOR[*]

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Fast-neutron beams are being employed in radiotherapy trials and asso-
ciated radiobiology studies at numerous centers in the U.S., Europe,
and Japan. Since collimated beams of various sizes and shapes are
employed, it is desirable to know the composition of the scattered
radiation component contributed by the collimator. A simple method is
shown for deducing the field composition in terms of a 3-component
model, from measurements made with three ionization chambers (tissue-
equivalent, graphite, and magnesium). The dose contributed by the
scattered radiation in the present example was found to be predomi-
nantly due to fast neutrons indistinguishable from those in the primary

spectrum (from 35-MeV D^+ on Be). This method may prove useful for
measurements in phantoms as well.

(Neutrons; scattering; collimation; albedo; dosimetry; ion chambers;
n-γ dosimetry)

Introduction

It is well known that the presence of a
neutron-beam collimator near a source tends

to increase the absorbed dose (tissue)[1] in
the beam, compared to what it would be at
the same point with the collimator removed.
This is, of course, due to the contribution
of scattered and secondary radiation by the
collimator. It is the purpose of this note
to describe quantitatively a specific example
of this effect as a function of collimator
size, and to show that about 90% of the ob-
served dose increase can be ascribed to fast
neutrons which have undergone little energy
loss in being scattered by the collimator.

Collimators

Figure 1 is a schematic diagram (either
plan view or elevation) of the collimator
design originally employed at the NRL Cyclo-
tron to provide a neutron beam for the

MANTA[2] program. Each collimator is made

of Benelex 401[4] having a thickness of 66 cm,
with aperture walls sloped so that their
extension toward the source is tangential to
the circular beryllium target 2.5 cm in
diameter. The extension of the collimator
walls away from the source intersects the
125-cm SSD plane to give the nominal beam
size for that collimator. The 35-MeV
deuteron beam which generates the neutrons
in the Be target is focused in a central
spot less than 1 cm in diameter, which
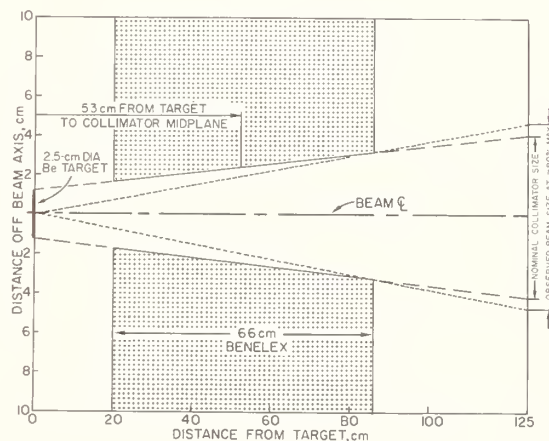
Figure 1. Schematic diagram of the Benelex-
collimator geometry. The 35-MeV deuteron
beam is incident on the thick beryllium
target from the left. Ion chamber measure-
ments were made on the beam axis in free
space 125 cm from the target. A monitor
chamber (not shown) was located 10 cm from
the target. Note the exaggerated scale
perpendicular to the beam axis.

yields a beam size at 125 cm SSD somewhat
larger (at ≈80% of max.) than the nominal
designation, as approximated by the dotted
rays shown emanating from the target center
in Fig. 1. Typical isodose curves have been

reported in an earlier paper.[5] The present
study was made with three such collimators
having square apertures which pass neutron
beams of 5 x 5, 10 x 10, and 15 x 15 cm in
nominal size. A flat polystyrene-walled

monitor chamber, centered on the beam axis ≈10 cm from the target, provided exposure control for the present measurements. The effect of neutrons backscattered from the collimators into the monitor chamber was found to be negligible, inasmuch as the ratio of monitor reading to deuteron charge on the Be target was independent of collimator size.
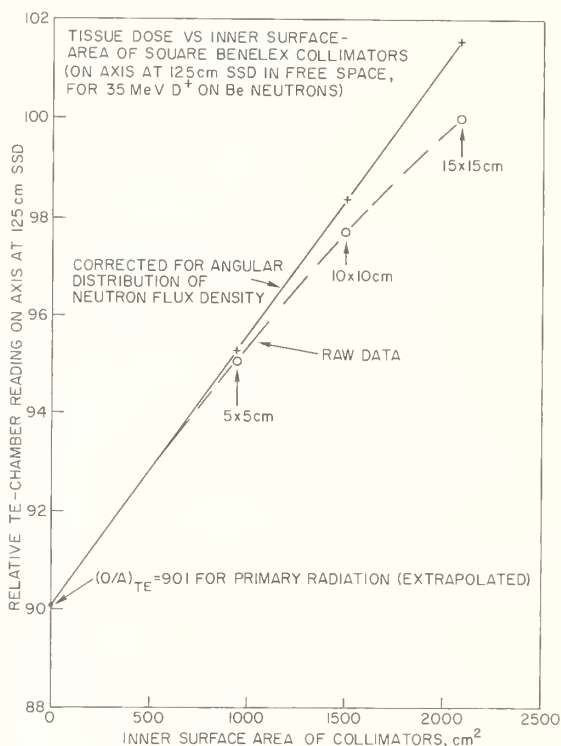

Figure 2. Graph of the TE-plastic chamber reading (for a constant charge collected in the monitor chamber) vs the inner surface area of the collimators. The lower points (circles) are raw data; the upper points (crosses) have been corrected for the angular distribution of the neutron flux density according to Serber stripping theory, and therefore should apply to an isotropic neutron source.

Measurements

The lower points in Fig. 2 represent the ionization readings obtained with a TE-plastic chamber[6] located on the beam axis at 125 cm from the target, for a constant monitor-chamber reading. The abscissa of the graph was arbitrarily chosen to be the inner surface area of the collimators, since that surface probably contributes most of the scattered neutrons reaching the chamber. Although there was no a priori reason for believing that the chamber reading due to the scattered radiation component would be proportional to such a simple parameter, the raw data points in Fig. 2 are seen to be approximately collinear, but with a slight downward curvature.

Correction for Angular Dependence of Neutron Flux Density

August et al.[7] have shown that the present neutron beam is generated primarily by the deuteron stripping reaction described by Serber,[8] and as a result the neutron flux density is strongly peaked at 0° (the direction of the deuteron beam axis) and decreases rapidly with increasing angle. This forward peaking persists even for thick targets.[5,7] Because of the angular dependence, relatively fewer neutrons can strike the collimator wall and be scattered than would occur for an equivalent isotropic source, and the disparity increases with collimator aperture size.

A correction to the data in Fig. 2 was made for this angular dependence, to raise the points to where they would be if the source were isotropic. Initially we obtained a first approximation of the TE-chamber response due to primary radiation only, by extrapolating the raw data points to the zero-area axis in Fig. 2. This quantity was then subtracted from each of the raw data points to obtain the approximate scattered-

Table I. Correction for Angular Dependence of Flux Density in the Neutron Beam from 35-MeV D[+] on Be

Nominal collimator size	Area of walls	Raw TE chamber reading	Representative angle $\overline{\theta}$	Scatter correction factor	Corrected TE chamber reading
15 x 15 cm	2080 cm^2	100.0	4.75^o	1.159	101.6
10 x 10 cm	1498 cm^2	97.7	3.43^o	1.088	98.4
5 x 5 cm	941 cm^2	95.1	2.15^o	1.038	95.3
0[a]	0[a]	--	0	1.000	90.1

radiation contribution to the TE-chamber reading for each collimator. The appropriate angular corrections were then applied to these scatter components, which were then re-combined with the primary radiation component and then replotted. Iteration of this procedure rapidly converged on the upper points and solid curve shown in Fig. 2, which are strictly linear and extrapolate with a slope of $5.5 \times 10^{-3} cm^{-2}$ to a relative TE chamber reading of 90.1 for the primary radiation component.

Table I contains the numerical data for this correction. The angle $\bar{\theta}$ taken to be representative of each collimator was assumed to be that lying between the beam axis and a ray drawn from the target center to a point P in the perpendicular midplane of the collimator 53 cm away (see Fig. 1). Imagining the square aperture cross-section which lies in that plane, point P was taken to be located on the collimator wall, one-fourth of the way from one corner of that square to the next adjacent corner. Letting the length of one side of that square be d cm, $\bar{\theta}$ is given by

$$\bar{\theta} = \arctan \frac{d/2}{53 \cos (\arctan 0.5)}$$

The fact that a straight line results from these considerations tends to support the idea that the tissue dose component on axis due to scattered radiation is closely proportional to the collimator wall area for an isotropic neutron field, at least within the range of square Benelex collimators studied here. This could be further verified with 14-MeV neutrons from the D-T reaction, for which the neutron field is nearly iso-tropic. It seems reasonable, moreover, that the increasing scatter trend with collimator size must eventually reverse itself for very large collimator apertures, in order for the dose to return smoothly to its uncollimated level again when the aperture has been en-larged to the point of eliminating the colli-mator entirely. That interesting transition would be a suitable subject for further exper-imentation as well as Monte Carlo calcula-tions.

The last column in Table I shows that the TE chamber reading contribution due to scattered radiation from these collimators ranges from ≈ 6 to 13% of that delivered by primary radiation alone. It is important, both for radiobiological and radiotherapeutic applications, to know the composition of such a sizeable scattered radiation component. A satisfactory method has been devised for ob-taining this information in terms of a simple three-component model.

Three-Chamber, Three-Component Method

Let us assume the total radiation field at the point of interest to be made up of only three components:

_a_. Fast neutrons having a spectrum practically the same as the primary neutron spectrum (see Refs. 3 and 5)

_b_. A slower monoenergetic neutron com-ponent, $E \approx 0.1$ MeV, low enough in energy to provide a negligible response in nonhydrog-enous chambers, but high enough to give normal response per tissue rad in a TE plastic chamber

_c_. γ rays from whatever source.

We make measurements of this mixed field for each of the collimators with three ionization chambers:

1. The TE-plastic chamber with TE-gas flow,

2. A graphite chamber (EG&G Model IC-17G) containing static air, and

3. A magnesium chamber (EG&G Model IC-17M) with argon gas flow.

For equal arbitrary monitor readings the relative ionization charge readings Q divided by the γ-ray sensitivity A (coulombs/tissue-rad) are listed in Table II for each collima-tor.

Also shown in parentheses are the ratios for each chamber of (Q/A) relative to that for the 5 x 5 cm collimator. It is evident that the three chambers show quite similar variations of Q/A _vs_ collimator size. This can only occur if the tissue dose component due to scattered radiation consists mostly of fast neutrons, rather than the slower neutron component of γ radiation in this 3-component model, as can be seen from the following argument.

Suppose the scatter contribution to the tissue dose, as measured approximately by the TE chamber, were due solely to the slower neutron component (_b_ above). Since the response of both the G-air and Mg-Ar chambers is negligible for such neutrons, as recently verified by Kuchnir et al.,[9] those chambers would show little or no change in output _vs_ collimator aperture size, which is contrary to the observed findings in Table II. Thus the slower-neutron component must be relatively small.

Table II. Relative Response (Q/A) for Equal Monitor-Chamber Readings

Nominal collimator size	TE-TE	G-air	Mg-Ar
15 x 15 cm	100.0 (1.052)	32.76 (1.053)	16.80 (1.059)
10 x 10 cm	97.7 (1.027)	31.92 (1.026)	16.29 (1.027)
5 x 5 cm	95.1 (1.000)	31.10 (1.000)	15.86 (1.000)

Suppose, on the other hand, that the scatter component were due entirely to γ rays. The TE chamber, for which the ratio of neutron-to-γ sensitivity per tissue rad $(B/A)_{TE}$ is ≈1 independent of neutron energy, sees a dose increase of ≈5% in going from the smallest to the largest collimator, on top of a primary beam due almost entirely to fast neutrons.[10] The response (Q/A in Table II) of the G-air chamber to these neutrons is evidently only about one-third as great, so that the γ-ray contribution to this chamber's response would appear relatively three times as large, or ≈15%. Likewise the relative response of the Mg-Ar chamber to the same γ ray contribution would appear to be ≈6x5% = 30%, since this chamber is only about 1/6th as responsive as the TE chamber to the fast neutrons. The data in Table II give no indication of marked differences in variation among the three chambers; therefore no substantial part of the scatter dose component can be due to γ rays.

By process of elimination we are therefore drawn to the conclusion that the scattered radiation from the collimators must consist mostly of fast neutrons (a above) whose energies have been altered very little by a glancing elastic collision with the collimator wall.

The data in Table II can be incorporated into three simultaneous linear equations to obtain a quantitative solution for the three dose components due to a, b, and c in the simple model proposed above. Using the notation established earlier[5,11] we can write for each collimator:

TE-TE $\left(\dfrac{Q}{A}\right)_{TE} = D_\gamma + \left(\dfrac{B}{A}\right)_{TE} D_{fn} + \left(\dfrac{B}{A}\right)_{TE} D_{sn}$

G-air $\left(\dfrac{Q}{A}\right)_{G} = D_\gamma + \left(\dfrac{B}{A}\right)_{G} D_{fn} + (0)\ D_{sn}$

Mg-Ar $\left(\dfrac{Q}{A}\right)_{Mg} = D_\gamma + \left(\dfrac{B}{A}\right)_{Mg} D_{fn} + (0)\ D_{sn}$

where D_γ is the γ ray dose (tissue)

D_{fn} is the fast-neutron dose (tissue) from component a above

D_{sn} is the slower-neutron dose (tissue) from component b above

and $(B/A)_G \approx (B/A)_{Mg} \approx 0$ for slower neutron component b.

We assume the values $(B/A)_{TE} = 0.991$ and $(B/A)_G = 0.319$ for our primary neutron spectrum, in agreement with earlier studies of this neutron beam.[12] This leaves us with three equations in four unknowns, since we have not yet established a reliable value for $(B/A)_{Mg}$ with argon gas flow for the NRL primary neutron spectrum.[13] Instead, we will treat $(B/A)_{Mg}$ as a fourth unknown in addition to D_γ D_{fn}, and D_{sn}. It is reasonable to suppose that D_{sn} increases approximately in proportion to the scatter component of the TE chamber readings (raw data in Fig. 2) so that, referring to Table I,

$(D_{sn})_{5x5cm} = n\ (95.1 - 90.1) = 5.0\ n$

$(D_{sn})_{10x10cm} = n\ (97.7 - 90.1) = 7.6\ n$

$(D_{sn})_{15x15cm} = n\ (100\ \ - 90.1) = 9.9\ n$

where n is a proportionality constant which is a single unknown to be solved for in place of the three different values of D_{sn} for the three collimators. In this way we can solve the data in Table II for each pair of collimators, for which there will be 6 equations in 6 unknowns. This allows three different solutions for the three pairs of collimators employed.

The values obtained for $(B/A)_{Mg}$ in the three solutions were as follows:

338

Table III. Components of Dose (Tissue) in Benelex-Collimated
Neutron Beam from 35-MeV D$^+$ on Be

Nominal collimator size	D_{fn}	D_{sn}	D_γ	D_T
15 x 15 cm	109.4	0.44	1.13	111.0
10 x 10 cm	107.1	0.37	0.95	108.4
5 x 5 cm	104.4	0.28	0.92	105.6
0[a]	99.2[a]	0[a]	0.8[a]	100.0[a,b]

[a]Extrapolated

[b]Normalized to 100 rads, which equal 1 gray (Gy).

Collimator Pair	$(B/A)_{Mg}$
5 x 5 cm, 10 x 10 cm -	0.1583
5 x 5 cm, 15 x 15 cm -	.1584
10 x 10 cm, 15 x 15 cm -	.1587
Avg.	.1585

The spread of these values is only about ± 0.1%, indicating good internal consistency among the data in Table II. However the 2.2% discrepancy from the earlier value for $(B/A)_{Mg}$ (see Ref. 13) must await later resolution. In the present context 0.1585 is clearly the more appropriate value.

Table III contains a résumé of the average values obtained in these calculations for D_{fn}, D_{sn}, D_γ and their sum D_T. Also shown are the corresponding data extrapolated to the case of zero aperture area, using the same iterative technique already described in relation to Fig. 2. All the figures were then normalized to a value of 100 rad for D_T with zero aperture scatter. The value of 0.8 rad for D_γ in that case was obtained as the difference between the extrapolated values of D_T and D_{fn}, and it agrees with the figure for "aperture γ-rays" given in Ref. 10 for a 2-cm diameter collimator. These γ-rays evidently originate in the target, and the collimators in the present study are seen to add only about 0.1 rad more γ-ray dose per collimator size, so that the γ-ray dose percentage only varies between 0.9 and 1.0% of D_T over the range of collimator sizes employed here.

Although D_{sn} was constrained by assumption to vary in proportion to the TE chamber reading, the D_{sn} contribution is so small (0.3 - 0.4%) that the substitution of any other reasonable assumption about its dependence upon collimator size would not change the data in Table III significantly.

Conclusions

The most important finding in Table III is that, of the 5.6 to 11% dose increase caused by the collimators, over 9/10ths is due to the fast neutron component D_{fn}. Thus these collimators act to intensify the neutron beam in the desired direction while degrading the quality and purity of the beam only to a negligible degree.

This has the practical consequence that one should not expect detectable differences in the RBE or OER of any biological system exposed in free space to the collimated vs uncollimated neutron field, assuming independence of dose rate. Likewise in the use of various-sized Benelex collimators in neutron radiotherapy, the quality and purity of the incident beam may be assumed to remain unchanged, although the characteristics of the mixed field in the body would be expected to depend upon beam dimensions. Other types of collimators may behave similarly to those studied here, but that remains to be demonstrated elsewhere.

In this connection a recent time-of-flight study by Hertel[14] at Texas A&M with a

339

49-MeV D^+ on Be neutron beam showed no significant degradation in the energy spectrum (within the range 7 – 53 MeV) on axis for a 7 x 7-cm square pyramidal collimator vs a straight-sided circular one 3.8 cm in diameter. Both were made of iron filings and water-extended polyester.

It should be pointed out that, having once established a consistent set of values for $(B/A)_{TE}$, $(B/A)_G$, and $(B/A)_{Mg}$ for the primary neutron spectrum, it should then be possible to solve for D_{fn}, D_{sn}, and $D\gamma$ at any measurement location, including points within a phantom. The conventional two-detector, two-component (n,γ) method fails when applied within a phantom unless one knows the neutron spectrum at each point and the neutron energy dependence of the non-hydrogenous detectors.[15][16] In other words, one must know the effective (B/A) of the non-hydrogenous detector for the neutrons present at the point of interest. In the present model we do this by allowing the parameter D_{sn} to grow and take on the appropriate value as a weighting factor so that the effective B/A for the graphite or magnesium chamber becomes

$$(B/A)_{eff} = \frac{(B/A) \cdot D_{fn} + (0) \cdot D_{sn}}{D_{fn} + D_{sn}}$$

Although we do not use $(B/A)_{eff}$ explicitly in the method, this viewpoint helps clarify the role of the D_{sn} component.

Finally, one can employ the present results to obtain an estimate of the effect of the collimator on the neutron output measurements given by August et al.[17] They reported that the neutron tissue dose rate[1] on the central axis at 125 cm from the D^+ on Be neutron source, with a 5 x 5 cm beam defined by the same collimator as one of those used in the present experiment, was given by

$$Y = a(E_D)^b \text{ rad } \mu A^{-1} \min^{-1}$$

where $a = 1.24 \times 10^{-4}$

  $b = 2.99$

and E_D = the deuteron beam energy (MeV).

This a value takes into account a 3% downward correction for γ radiation in the beam on the basis of the best estimate then available. In the present Table III it will be seen that 0.9% should be used in place of 3%, and the value of a is increased thereby to 1.27×10^{-4} for the 5 x 5 cm collimator. Since the value of a should be proportional to $(D_T - D_\gamma)$ in Table III for the other collimators, one obtains $a = 1.33 \times 10^{-4}$ for the 15 x 15 cm collimator, 1.30×10^{-4} for the 10 x 10 cm, and 1.20×10^{-4} for the uncollimated source.

A very slight collimator effect on the value of b in the above equation, due to the energy dependence of the neutron-flux angular distribution, can be neglected in comparison with the change in a. Moreover August et al.[7] have shown from Serber stripping theory considerations that b should approximate 3.

If the corresponding neutron dose rates are desired for the bare source unencumbered by the neutron attenuation of 3.5 mm Al backing the target and 9.5 mm polystyrene in the monitoring ion chamber[17], the foregoing values of a should all be increased by the factor 1.145.

Shapiro et al.[18] made time-of-flight studies of this beam with no collimator, and with the monitor chamber removed but the Al target-backing plate in place. For this case the value of $a = 1.20 \times 10^{-4}$ should be increased by the factor 1.105 to remove the attenuating effect of the 9.5 mm of polystyrene, so that the above output equation gives 54.9 rad/min at 125 cm for 10 μA of deuteron current on the target. The time-of-flight results indicated that the corresponding neutron flux density at the same place was 8.4×10^9 n/cm^2- min, from which one can obtain a value 6.5×10^{-9} rad n^{-1}cm^2 for the average energy-transfer coefficient of this neutron beam in muscle tissue. This agrees fortuitously well with the value given by Bach and Caswell[19] for E_n = 14 MeV, which is approximately the average as well as modal energy of the neutron spectrum obtained in the time-of-flight measurements (see Ref. 3 or 5).

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DOSE CONTROL IN RADIATION THERAPY

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Accurate and precise dose delivery is necessary in radiation therapy because of the steep tissue response-dose curve. This paper discusses the precision of dose measuring devices, therapy machines, patient dose delivery at the Joint Center for Radiation Therapy. Ion Chambers used for therapy machine calibrations show a precision of 0.7 to 1.3% while a thermoluminescent dosimetry (TLD) system shows a precision of 1.5%. Therapy machines are calibrated on a weekly schedule and the variation in dose delivery between calibrations varies from 1 to 2%. Daily constancy checks on the linear accelerators using TLD show a variation of about 2% from day to day. Patient dose measurements using TLD at orthovoltage energies appear to have a precision of about 5% except for very small treatment fields where it is about 12%. Patient dosimetry at megavoltage X-ray energies shows a precision of 3.5% while at megavoltage electron energies it is about 5%.

(Therapy, Dosimetry, Precision, Ion Chamber, TLD, Patient)

Need for Dose Control

The need for accurate and precise dose delivery in radiation therapy is primarily a consequence of the steep tissue response-dose curve, which implies that a small change of dose can make a large difference in tumor control probability[1,2] or in severity of complications. It must be possible to deliver repeatedly and reproducibly high doses to the treatment volume and at the same time spare adjacent normal tissue or critical organs. To plan a treatment for optimum ratio of tumor dose to healthy tissue dose a large amount of empirical data are required. These include the relative distribution of dose for various field sizes and depths, the therapy machine output expressed in rad and a quantitative description of the influence of different beam modifying devices such as wedges and compensators on the dose distributions. Measurements for this data base are made under good experimental conditions and should ideally be versatile enough to allow corrections for almost all variations of field configuration and patient geometry.

There are also a number of corrections one would like to apply to the machine output to correct for tissue heterogeneity and nonuniform field configuration. Because exact information on individual tissue composition is lacking many of these corrections can not be done with any great accuracy. Consequently one would expect that the dose delivered to a point in a patient is known with even less accuracy. However, the capability of precisely repeatable dose delivery is a necessity for patient treatment.

To be certain that therapy machines deliver a precisely repeatable dose to the treatment volume when operated in accordance with the treatment plan, periodic measurements of the radiation fields must be made. Absolute accuracy of these measurements is assured by proper calibration of dose measuring devices and nationwide intercomparisons. For accelerators and X-ray machines, whose characteristics depend on the reliability of electrical systems, a program of frequent constancy control is required which can supplement the more time-consuming calibrations. However, we must also be convinced of the precision of these dose meters and therapy machines, i.e. for a given programmed dose the variability in dose delivered and the variability in dose measured must be carefully assessed and determined to be within the limits that can be tolerated.

This paper discusses the dose measurement systems routinely in used at the Joint Center for Radiation Therapy (JCRT) and studies undertaken to determine the precision of these measurement systems and patient dose delivery. The measure of precision used is the coefficient of variation $\left(\dfrac{\sigma}{\bar{X}} \times 100 \right)$ of a series of measurements.

Dose Measurement Systems

Ionization Chambers

At the present time the standards for dose measurements at the JCRT are Victoreen R-meters model 621 for megavoltage machines and model 131 for orthovoltage machines.

Every two years one set of these chambers is calibrated at the NBS, and will be referred to as the local standard instruments. Another set was calibrated at the JCRT against the local standard. This set is used in routine calibrations and will be referred to as field instruments.

Periodic constancy checks are made on these four chambers to insure that they hold their calibration. These checks are done by exposing the chambers in a fixed geometry to a ^{137}Cs source for a fixed time. Results of these checks corrected for ^{137}Cs decay are plotted in Fig. 1. These constancy checks show a coefficient of variation of 0.7-0.8% for the local standard instruments and 1.3% for the field instruments over a 22 month period. During this period the reader for the field instruments became defective and was replaced. This together with the harsher environment experienced by the field instruments accounts for their greater variability relative to the local standard instruments.

Thermoluminescent Dosimeters

The other dose measurement system in routine use at the JCRT is a TLD system using $Li_2B_4O_7$:Mn Teflon disks. These dose meters were calibrated against the local standard instruments in the beam of a 4 MV Linac and at orthovoltage energies used in therapy. TLD disks have been used for routine daily checks on therapy machine calibration, for depth dose measurements in X-ray and electron beams, and for some patient dosimetry.

The method we use for dose interpretation involves a double readout cycle which determines the sensitivity of each dosimeter each time it is used. This improves precision by eliminating the effects of dosimeter history and day-to-day variations in operator technique and reader performance. Following exposure to the unknown dose the dosimeter is annealed at 80°C for 5 min and then its light output (L_1) is measured. The dosimeter is then irradiated to a standard dose in a ^{137}Cs irradiator, annealed at 80°C for 5 min and its light output (L_2) determined. The unknown dose is then calculated from:

$$D = \left(L_1/L_2 \right) C$$

where C is the calibration constant for the radiation producing L_1.

Precision of the TLD system was tested by exposing 21 dosimeters to ^{137}Cs in a series of 8 identical exposures over a period of 3 weeks. The coefficient of variation in this series was calculated for each dosimeter and plotted in Fig. 2. The average coefficient of variation for the 21 dosimeters in this study was 1.5%.

Other Measurement Devices

In addition to R-meters and TLD, film has been used for field size and uniformity and relative depth dose measurements. Film also plays an important role in routine monitoring of the relative distribution of exit dose in mantle field treatments. The information obtained is subsequently used in the calculation of the patient midline dose. Fricke dosimeters have been used for absolute dose measurements in X-ray and electron beams but no detailed study has been done on the precision of our Fricke system. Several other ionization chambers have been used from time to time, but only for relative dose measurements.

X-Ray Treatments on 4 and 8 MV Linear Accelerators

Weekly Calibrations

Therapy machines are calibrated at approximately weekly intervals using the field instrument. The R-meter is exposed in a polystyrene phantom under standardized conditions (Fig. 3). If this measurement indicates that the dose delivered to D_{max} is more than 1% different from the dose indicated by the monitor chamber on the machine, appropriate adjustments are made on the machine. Machine output is then remeasured and if 3 consecutive measurements show dose delivery within 1% of the programmed dose, the machine is considered calibrated.

In general the therapy machines hold their calibration very well. A study of calibration measurements over a period of 12 months indicated that the mean difference between R-meter and machine monitor readings prior to machine adjustment was very close to zero on all machines (Fig. 4). The coefficient of variation for four machines ranged from 1.2% to 2.1%. The coefficient of variation of an R-meter measurement is 1.3%, thus the maximum coefficient of variation in the dose delivered by a therapy machine is about 1.7%, since some imprecision will arise in the calibration setup.

Morning Checks

Each morning prior to starting treatment the calibration of each therapy LINAC is checked by exposing 2 TLD at D_{max} to a predetermined fixed dose (300 rad on the machine monitor) in a standardized geometry (Fig. 3). The TLD measurement must fall within ± 5% of the programmed dose. If it does not, a second measurement is taken and corrective action would be initiated if the second measurement is also more than 5% different from the programmed dose.

A six month period in 1975 was broken into intervals corresponding with the intervals between machine calibration adjustments. The percent difference between the morning check measurement and the machine monitor dose was averaged over this interval to get an indication of the precision of our dose control base on these daily TLD checks. The results are shown in Fig. 5 and indicate that the relationship between the TLD measurement and the machine monitor followed the same pattern on all machines. The coefficient of variation ranged from 2.1 to 2.4% for the four machines. Since the maximum coefficient of variation of the dose delivered by the machine is about 1.7% from above, the minimum coefficient of variation of a TLD measurement is in the range 1.2 to 1.7% which compares well with that found in the laboratory study reported above.

An interesting observation is that the periods in which differences between the TLD and machine monitor exceed 4% are generally associated with the replacement of a machine component such as an accelerator wave guide, magnetron or pulse transformer. Because our morning check measurements are made at a depth of 1 cm on the 4 MV and 2 cm on the 8 MV LINAC while the machine calibration measurement is made at 5 cm depth, a large difference between the dose measured by the TLD and the machine monitor would indicate a shift in the depth dose characteristics of the beam. This might indicate that a temporary but significant energy shift occurs as a result of these component replacements.

Patient Dosimetry

Routine dose measurements are done on patients treated with a mantle field. TLD measurements are made during the early portion of the treatment on the surface of the patient in polystyrene build-up blocks. Measurements made at various points in the field (Fig. 6) are used to verify that the prescribed dose is being delivered and to measure dose uniformity throughout the treatment field. Undertreated areas as determined by the TLD are boosted.

Doses delivered to 52 patients treated with mantle fields since Jan. 1975 have been measured. The distribution of dose measurements is shown in Fig. 7. Results of these measurements show that 47 of these patients received midline doses within ± 5% of the prescribed dose. The coefficient of variation in the measurement of the ratio of Measured Dose/Prescribed Dose for the 52 patients is 3.5%, which is an indication of the precision of dose delivery for mantle fields.

X-Ray Treatments at Orthovoltage Energies

Orthovoltage X-ray treatments are done at the JCRT using one of two beam qualities: 140 kVp, 3.5 mm Al HVL or 300 kVp, 1.5 mm Cu HVL. Tissue areas treated vary from 1.5 cm equivalent square to 14.0 cm equivalent square fields. Patient doses are verified by exposing a pair of TLD dosimeters in the center of the treatment field on the skin surface during treatment. Treatment fields were defined using a lead mask at the surface of the patient and overlapping the mask with the machine collimators.

Over a period of time covering 116 treatment measurements it was observed that although there is a large amount of scatter in the data, measurements of dose delivered were generally slightly lower than the dose expected at the skin surface based on the prescribed dose (Table 1). Also the measurement precision appeared to be worse for the very small field sizes.

TABLE 1

Equiv.Square(cm)	HVL	No. of Meas.	$\dfrac{\bar{D}_M}{D_C}$*	Coeff. Var.
≤ 2.0	3.5 mm Al	14	0.91	11.6%
2.1-3.0	3.5 mm Al	27	0.98	5.9%
3.1-4.0	3.5 mm Al	22	0.98	6.8%

*$\bar{D}_M$ is the mean of the ratio of measured to $\overline{D_C}$ calculated skin dose.

345

4.1–5.5	3.5 mm Al	12	0.98	5.3%
4.1–5.0	1.5 mm Cu	12	0.99	3.1%
5.1–6.0	1.5 mm Cu	6	0.97	4.9%
6.1–7.0	1.5 mm Cu	5	0.97	7.1%
7.1–8.0	1.5 mm Cu	5	0.95	3.0%
8.1–10.0	1.5 mm Cu	8	0.94	8.3%
10.1–12.0	1.5 mm Cu	5	0.93	4.6%

A series of experiments were undertaken to determine what factors other than TLD calibration might cause a difference between measured and calculated skin dose. A 30x30 cm polystyrene box filled with water was used as a phantom. Pairs of TLD were placed at the water surface in the center of the phantom for the measurements. Field size was defined in 3 ways: (1) the field size was set with the machine collimator; (2) field size was defined with lead strips at the water surface and the machine collimators were set to overlap the lead by 1 cm on all sides; (3) field size was again defined with lead strips but the machine collimators were set at 10x10 cm. The majority of patient treatments are done under condition 3. Another measurement was done setting field size with the machine collimators and exposing pairs of TLD with no water in the phantom. This was done to study the effect of field size without the influence of backscatter. Field flatness was measured under conditions 1 and 3 above using TLD microrods (1 mm x 6 mm) spaced at 0.5 cm intervals across the field.

Results of the first set of measurements are given in Table 2. The dose was first measured at the center of a 10 cm x 10 cm field. The dose expected for smaller field sizes was then calculated using published backscatter factors[3] in the following way:

$$D_F = D_{10x10}\left(\frac{B_F}{B_{10x10}}\right) \text{ where}$$

D_F = dose expected for field size F.
D_{10x10} = dose measured in 10 cm x 10 cm field.
B_F = backscatter factor for field size F.
B_{10x10} = backscatter factor for 10 cm x 10 cm field.

Results shown in Table 2 are the ratio of the measured dose (D_M) to the expected dose (D_F) for various field sizes under the three conditions.

It is apparent that dose delivered is within a few percent of the expected dose when field size is defined by a lead mask and the machine collimators are opened to 10 x 10 cm. However, if the field size is defined by the machine collimators, doses delivered

TABLE 2

| | | D_M/D_F Field Defined by: | | |
Field Size	HVL	Collimators Only	Lead Mask & Collimator	Lead Mask Only
2x2	3.5 mm Al	0.80	0.89	0.99
2x3		0.89	0.94	1.03
3x3		0.92	0.93 ·	1.00
4x4		0.98	0.98	1.01
5x5		0.99	1.06	1.01
2x2	1.5 mm Cu	0.79	0.93	0.97
2x3		0.87	0.95	1.00
3x3		0.93	1.00	1.01
4x4		0.95	0.99	1.00
5x5		0.96	1.01	1.05

to the small fields are significantly less than expected. The measurement in air (no water in phantom) showed that the dose measured decreased with field size and that this non-uniformity accounts for the discrepancy between dose measured and dose expected when the machine collimators are used to define the field size. The precision of the dosimetry in these experiments was quite good (less than 3% coefficient of variation).

The field flatness measurement confirmed that the dose is very non-uniform for small fields when the field is defined by the machine collimators. This occurs because there is no scattering into the beam from outside its edges. Field

uniformity is much improved when a lead mask is used to define the field size. However the dose still falls off rapidly at the edges of the field. Since the dosimeters used are about 1 cm diameter, placement is critical in small fields which probably accounts for the large variations in dose measurement for patients treated with very small fields.

Electron Treatments at 4, 7 and 11 MeV

Measurements to characterize the radiation field when treating patients with intermediate energy electron beams, characterization of the electron depth dose for the treatment configuration is most important. At the JCRT the radiation field is defined at the patient using a lead mask cut to the desired field size and shape and placed in contact with the patient. An adjustable aluminum collimator defines the electron beam impinging on the lead mask. This collimator is set so that the electron beam is 1 to 2 cm larger than the cutout in the lead mask at the surface of the patient. The collimator jaws on the therapy machine are set to 30 x 30 cm. In this configuration we have been able to achieve reasonably consistent depth dose curves and field uniformity[4].

Prior to beginning treatment on a patient, the lead mask for that patient is used to define the electron field for a depth dose measurement in a polystyrene phantom at the treatment energy. Thermoluminescent dosimeters are used for this measurement which provides the information required to calculate the machine meter dose needed to deliver the prescribed treatment dose.

Patient Dosimetry

Pairs of TLD are placed in the center of the radiation field on the patient during each treatment. These dosimeters are used both to verify the dose delivered during a particular treatment and to measure the cumulative dose during the treatment period. Based on the delivered dose as measured by the TLD, the treatment plan may be modified to deliver higher or lower doses for the remainder of the treatment. To date 24 patients have been treated in this manner. Nineteen have received cumulative doses within 5% of the prescribed dose.

Day-to-Day variations in dose delivered could be caused by variations in the TLD, machine fluctuations or patient setup. TLD precision was discussed above where it is shown that the coefficient of variation in a series of exposures is about 1.5%. Electron beam stability was checked in a series of measurements in which a Baldwin-Farmer ionization chamber and TLD were exposed together to electron beams of 4, 7 and 11 MeV. These measurements showed that the coefficient of variation in the comparison between TLD, Baldwin-Farmer chamber and the monitor chamber on the machine was about 2%. In a more extensive series of comparisons between the Baldwin-Farmer chamber and machine monitor chamber the coefficient of variation of the ratio, B-F dose/monitor dose, was 2.0% for 4 MeV, 2.6% for 7 MeV and 0.9% for 11 MeV electrons.

The ratio of monitor dose (MD) to dose delivered during patient treatment as measured by TLD should remain constant throughout the treatment period for any given patient. Variations in this ratio from patient to patient are caused by adjustments in monitor chamber sensitivity, SSD, field size, etc., but are taken into account in the treatment plan. The coefficient of variations in the ratio MD/TLD over the treatment sessions for a single patient is a measure of the precision of dose delivery for electron treatments. Table 3 presents the mean of the ratio MD/TLD and the coefficient of variation in the ratio for patients treated to date.

Energy	Patient	No. of Sessions	MD/TLD	Coefficient of Variation
4	a	9	0.968	7.4%
4	b	13	0.384	3.8%
4	c	8	0.462	4.7%
4	d	5	0.450	9.8%
7	e	7	1.258	5.8%
7	f	10	0.855	6.1%
7	g	13	0.281	7.1%
7	h	10	0.324	5.7%
7	i	5	0.283	4.2%
7	j	6	0.792	2.4%
7	k	8	0.870	1.9%
7	l	4	0.997	3.3%
7	m	4	0.907	4.5%
7	n	9	1.048	8.7%
7	o	3	1.101	3.2%

TABLE 3

11	p	3	0.677	0.8%
11	q	9	0.681	6.6%
11	r	15	0.577	6.6%
11	s	10	0.479	3.8%
11	t	5	0.566	4.7%
11	u	15	0.477	5.2%
11	v	18	0.743	3.3%
11	w	10	0.794	2.9%
11	x	4	0.823	4.4%

As seen in Table 3 the precision varies widely from one patient to another from less than 1% to almost 10%, while the average value is about 5%. An analysis of the 203 sessions involving 24 patients shows that in 85% of the sessions the dose measured was within $\pm$ 10% of the prescribed dose and in 61% of the sessions the measured dose was within $\pm$ 5% of the prescribed dose.

Based on these data the uncertainty in dose delivery averages about 8.5% at the 95% confidence level. However, because of as yet unexplained non-statistical fluctuations in dose delivered, we must continue to measure patient dose during each treatment session.

Conclusions

Dose control in radiation therapy depends on the precision of many instruments and techniques. Using the coefficient of variation as a measure of precision we have attempted to determine the individual precision of some of these factors and relate that to the precision of patient dose delivery. Table 4 summarizes our findings and gives the precision with which we can calibrate therapy machines, verify their calibration, measure patient dose and verify treatment plans.

TABLE 4

Instrument or Technique	Precision
R-meter and Therapy Machine Calibration	1.3%
TLD Controlled Experiment	1.5%
LINAC Dose Delivery	1.7%
Verification of LINAC Calibration	2.2%

Patient Dose Measurement and Treatment Verification

– Orthovoltage	3% to 12%
– Mantle Fields	3.5%
– Electrons	5.1%

Based on these results our policy is to investigate any measurement which exceeds these values and if deemed necessary repeat the measurement, adjust the machine calibration, or revise the patient treatment plans.

As a result of this study we have decided that continued daily verification of therapy machine calibration is essential. However, we will soon change from using TLD at one point for this purpose to a system similar to that recently published by Jones and Schumacher[5] using diode detectors at 3 positions in the beam. This will allow an immediate check on dose output, beam symmetry and depth dose without waiting 2-3 hours for the TLD to be read out.

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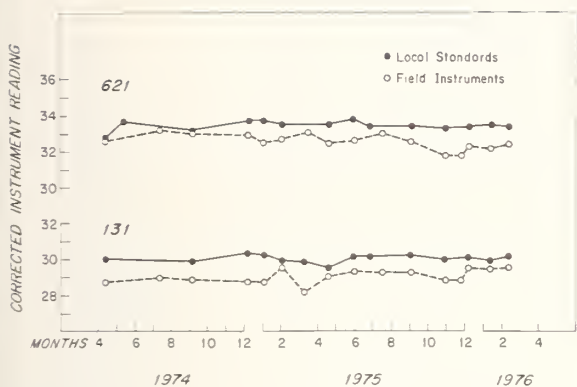
Fig. 1. Constancy measurements for
Victoreen R-meters over 22 month
period corrected for source decay.
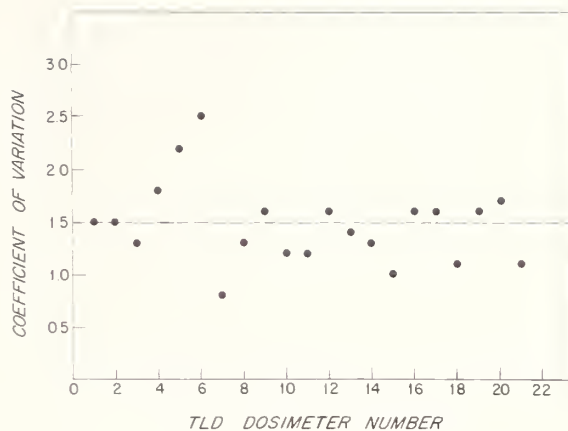
Fig. 2. Coefficient of variation for 8
identical exposures of 21 TLD over
a 3 week period.

A=10 cm x 10 cm field
F=80cm of 4 MeV
    100cm of 8 MeV
d=1cm of 4 MeV ⟶ TLD position for
2cm of 8 MeV ⟶ morning checks
D=5cm R-meter position for calibration
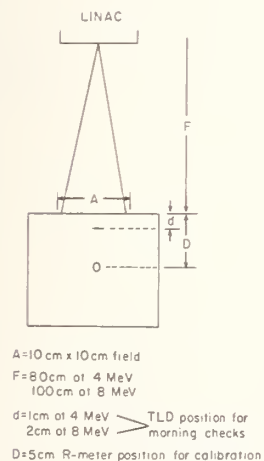
Fig. 3. Setup for LINAC calibrations and
morning checks.
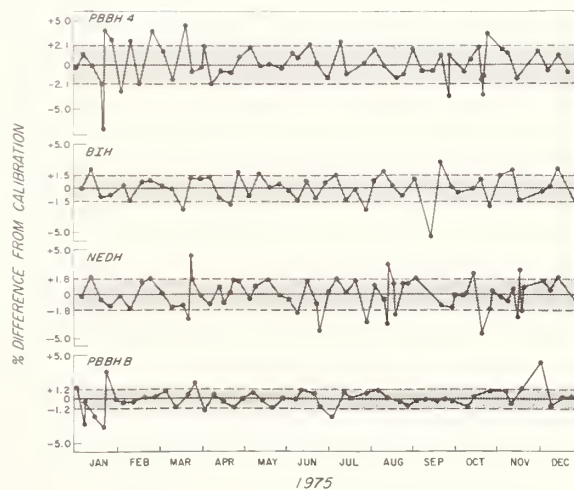
Fig. 4. % Difference between machine monitor
and R-meter dose prior to machine
adjustment for 4 MV and 8 MV LINAC's.

349
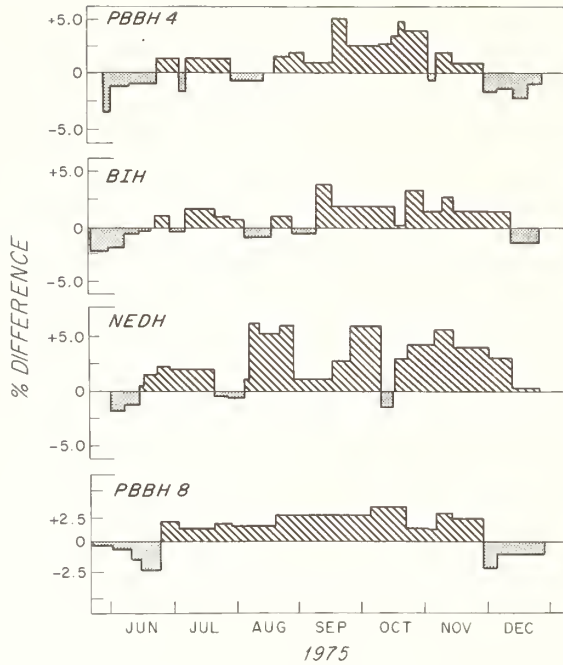
Fig. 5. % Difference between morning dose
check and machine monitor dose
averaged over the period between
calibration adjustments for 4 MV
and 8 MV LINAC's
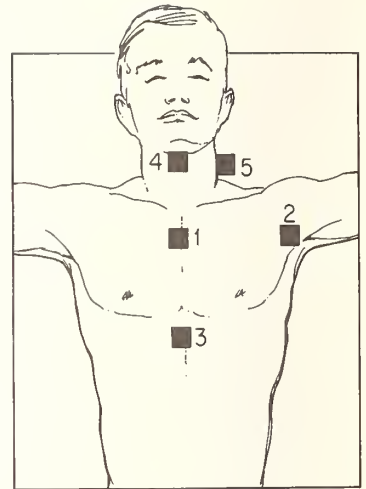
Fig. 6. Points of dose measurement for
mantle fields.
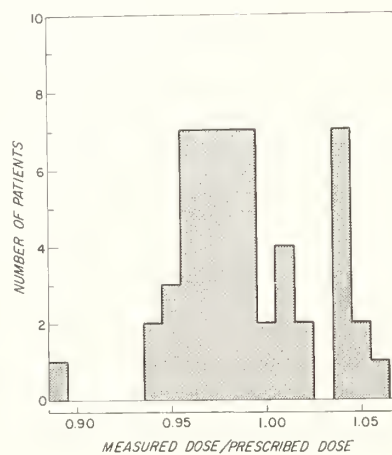
Fig. 7. Distribution of mantle patient
dose measurements.

DOSIMETRY PROCEDURES AT THE NORTHWEST MEDICAL PHYSICS CENTER

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The Northwest Medical Physics Center provides physics support
to 28 radiotherapy institutions in the Northwest from a cen-
tral location. The methods employed in on-site physical meas-
urements, organization of data and long-term quality assurance
are described.

(Calibration; megavoltage radiotherapy; quality assurance)

Introduction

The Northwest Medical Physics Center
developed from funds from the Washington/
Alaska Regional Medical Program in the
years 1969 through 1971. The Center sup-
plies radiotherapy physics support to 28
radiotherapy departments in Washington,
Oregon and Alaska at which over 7,000 can-
cer patients are treated annually. The
growth in participation in the Center is
illustrated in Table I, and the radiation
therapy equipment currently in use at the
participating institutions is shown in
Table II.

TABLE I

Participation in the Center

Year	Number of Participants	Number of New Cancer Patients
1970	16	3,182
1971	22	4,103
1972	23	5,505
1973	27	6,500
1974	29	7,778
1975	28	7,400*

*Data for 1975 is estimated.

TABLE II

Radiation Therapy Equipment
January, 1976

Machine Type	Number
Superficial X-Ray	9
Orthovoltage X-Ray	17
Cs-137	2
Co-60	21
4 MV Linear Accelerator	10
8 MV Linear Accelerator	1

The Center provides a broad range of
physics support services to radiotherapists
which have been described[1]. The purpose of
this report is to describe the methods
employed to ensure accurate dose delivery
at these institutions with an emphasis on
megavoltage photon therapy which is the
modality employed in over 94% of the treat-
ments delivered in our region.

Equipment Available & Its Calibration

Routine Field Instruments

The Farmer dosimeter, Model 2502/3,
with the associated 0.6 cc chamber is the
basic field instrument. In our experience,
the new graphite wall chamber has proved
too fragile for routine field work, and the
nylon wall chamber is preferred for this
purpose. The precision of readings with
this instrument is defined by a standard
deviation of less than 0.2% of the mean
value. The nonlinearity of our particular
instrument over its range is less than 0.5%
and a calibration curve has been constructed
to account for this deviation. Other cham-
bers which are used with this system in
specialized applications include a 0.03 cc
parallel plate chamber with a 2.3 mg.cm^{-2}
window and a 30 cc chamber for low level
measurements. A Keithley Model 602 Elec-
trometer has been modified to accommodate
the Farmer chambers and is used when dose
rate measurements are required. The local
standard to which these field ionization
chambers are referred is a 0.6 cc Farmer
graphite chamber which is calibrated an-
nually at a Regional Calibration Laboratory.

Depth dose and off axis dose measure-
ments are routinely made using a 50 x 50 x
38 cm water phantom to which is attached a
linear scanner having variable speed, remote
operated drive. The position of the cham-
ber is sensed electronically allowing auto-
matic plotting of beam profiles. Prior to
1975, a silicon diode was used as the de-
tector for off axis dose measurements but
studies showed that this device overresponds
at the periphery of large fields from 4 MV
x-ray machines and its use was discontinued.

Where indicated, film is employed for

measurements, and Kodak RP/V is preferred for its slow speed. Our experience is that unit density is obtained from a dose around 50 rads. The dose/density relationship of the film is measured on each occasion.

Plastic and tissue-equivalent rubber phantoms are occasionally used for check measurements or depth dose checks at beam orientations other than vertically down. The reference material is water and when plastics are used, the depth is scaled on the basis of linear attenuation coefficients rather than simple density. For example, a scaling factor for lucite for Co-60 gamma rays of 1.15 is employed and good agreement with depth dose measurements in water has been obtained on this basis.

The routine armamentarium for field work is completed by a survey meter. The Eberline Rad-Owl has proved satisfactory for our purposes. The facility to integrate exposure is a particular advantage. This instrument is calibrated by a standardized Cs-137 source.

Laboratory Apparatus

Several film densitometers are available for quantifying the film images produced in the field. The one most commonly used is a Joyce-Loebl Scanning Microdensitometer. The automatic and high resolution features of this instrument are particularly advantageous. A Teledyne-Isotopes Model 7300B Thermoluminescent Dosimetry Reader is available for the evaluation of LiF-Teflon and $Li_2B_4O_7$:Mn-Teflon dosimeters which are the thermoluminescent dosimeters usually employed at the Center. A chemical dosimetry system built around a Beckman Double-Beam Spectrophotometer is available for Fricke dosimetry. A considerable assortment of test equipment and general laboratory apparatus together with a well-stocked workshop complete the set of tools required by a physicist supporting radiotherapy departments in the 1970's.

The data processing capabilities of the Center should be mentioned in this general category. These range from pocket calculators through desk top calculators, typified by the Hewlett-Packard Model 9810, to a CDC 6400 Computer which are all used for data manipulation and reduction.

Measurements at the Institutions

Initial Acceptance Testing

In 1976, we anticipate responsibility for the acceptance testing of one 10 MV, two 6 MV and six 4 MV radiotherapy machines.

With a load of this magnitude, a systematic approach is necessary. Table III is a guide employed by us structured on the AAPM recommendations[2].

TABLE III

The Guide used by the Center in Acceptance Testing of Megavoltage Photon Radiotherapy Machines

Safety Considerations

1. Leakage Radiation, Beam Off
2. Leakage Radiation, Beam On
3. Exposure in the Environs
4. Door Interlock
5. Couch Interlock
6. Beam Direction Interlocks
7. Emergency Off Switches
8. Signs and Labels
9. Radiation On Indicators
10. Backup Dosimetry
11. Operating Procedures

Mechanical Aspects

1. Dimensions
2. Isocenter Location and Stability
3. Optical Distance Indicator
4. Collimator Symmetry in Rotation
5. Light Field Size
6. Radiation Field Size
7. Coordination of Light and Radiation Fields
8. Radiation Field Symmetry
9. Isocenter Indicators

Dosimetry Data

1. Shutter Time
2. Quoted Rmm
3. Dose Rate as a Function of Field Size
4. $(TAR)_0$ Off Axis
5. Off Axis Dose in Water (Flatness)
6. TAR or TMR Measurement
7. Surface Dose
8. Interface Dose Between Couch
9. Output as a Function of Gantry Angle
10. Stability in Rotation
11. Output as a Function of Distance
12. Timer and Integrator Linearity

External Inhomogeneities

1. Wedges	4. Block Transmission
2. Compensators	5. Couch
3. Bolus	6. Trays

Machine Log

1. Beam Monitor Readings
2. Frequent Check Dosimeter Setup
3. Review Measurements and Checks to be made by Local Staff

The guide also defines the form of the report, which will be discussed later. The tasks enumerated in Table III will be recognized by those experienced in the field. Our approach and methods are elaborated in the subsequent sections and where appropriate, examples are given to illustrate specific tasks.

Safety Considerations

The objects of this section of the review are to ensure that the machine complies with local regulations and that hazards to patients and operators are minimized. Head leakage measurements in the beam off condition are only relevant to isotopic machines when measurements are made in accordance with the methods described in NCRP Report No. 33[3]. There are two considerations in measurements of the head leakage in the beam on condition. The first is if the housing is designed to minimize total body exposure to the patient and the second is if high leakage areas will result in high exposures in the environs of the room. In the case of electrical machines, a search is made for high leakage areas by wrapping the head with film. If Kodak RP/V film is used for this purpose, the machine should be set to deliver a dose on the order of 7,000 rads at one meter. Following the demarcation of these areas, the magnitude of the leakage is determined using an ionization chamber. An interesting characteristic of the Varian Clinac 4 operating with the uranium flattening filter is that measurements with the jaws closed indicate leakage in excess of 0.1% of the primary but this zone of high leakage is obscured by the upper jaws so that for clinically useful beams, the leakage is within specification.

The checking and evaluation of interlocks has to be done with reference to the day-to-day operation of the machine. It is necessary that the local technical staff be on hand during these tests so that they fully comprehend the function of all the interlocks and that the purpose of ongoing checks is realized. Tests are conducted to ensure the efficient operation of backup dosimetry systems also.

Mechanical Aspects

There is a class of measurements to be made on a therapy machine which relate to its construction and accurate design. Generally, a test which does not require the use of an ionization chamber falls into this category. The dimensions of the machine should be noted with particular reference to points of measurement such as the isocenter and wedge location. The stability of the isocenter during gantry, collimator and couch rotation is assessed using slit beams on film. The accuracy of the optical distance indicator is assessed over its range. The rigidity of the collimator system is checked by film exposures at various gantry angles. The size of the light and radiation fields and their coordination are checked over the range of field sizes available using film. We have found it convenient to use a marked polystyrene plate with radiopaque markers for this purpose. The field symmetry is assessed by dose measurements at symmetrical locations in the beam.

Dosimetry Data

Besides the items mentioned in Table III, measurements are made to provide the radiotherapist with clinical data for special treatment regimes such as moving strip therapy and whole body irradiation. But in general, the purpose of this section is to develop a comprehensive set of data to allow computer or hand calculations of dose distributions.

The output of the machine as a function of field size is assessed and a separation made of collimator and phantom scatter. The variation in energy across the field of low energy linacs is an important consideration in dose calculations. Recently Bruels[4] described a routine to accommodate this effect in Clarkson-type irregular field calculations which is currently under review at the Center. Initial measurements were made using a narrow column of water, but in order to expedite this measurement, a semi-empirical relationship was developed to convert attenuation measurements in lead to those in water. For beams of nominal energy of 4 MV the equation has the following form: $HVL_{Water} = 7.11(HVL_{Lead}) + 4.91$ cm. Typical values for the change in energy are shown in Table IV. The dose off axis is assessed by scanning in a water tank. A range of field sizes are normally measured and the data tabulated in the form of off center ratios to enable computer calculation of patient dose distributions. For depth dose determination, the standard practice at the Center is to measure tissue air ratios for beams up to 4 MV and tissue maximum ratios for higher energies. A computer program, Tarman, has been developed and is used to generate percentage depth

dose tables and tables of the dose along the central axis in isocentric treatments. We are currently extending this program to smooth and extrapolate tissue air ratio data to produce scatter air ratio tables for large radii. Surface dose measurements are made under various conditions and serve to illustrate reduction in skin sparing under such conditions as increasing field size and inclusion of plastic block trays in the beam. Where the couch is fitted with a cutout section, an assessment is made of the loss of skin sparing introduced by the patient support structure. The operation of the machine in the rotation therapy mode is evaluated in order to ensure uniform output as a function of gantry angle. The output is correlated to inverse square law to establish the location of the virtual source which is used in depth dose computations. Generally, all measurements are made with the machine running at the dose rate to be employed clinically. However, the deviation of the output due to nonlinearities in the integrator circuitry is determined over the range of operation of the unit.

TABLE IV

HVL, Water, cm

Machines	Distance Off Axis at 100 cm				
	0	5	10	15	20
Clinac 4 Pb Filter	12.9	12.5	12.0	11.5	11.1
Clinac 4 U Filter	13.5	13.4	13.1	12.7	12.4
Therapi-4 SS Filter	12.4	12.3	12.1	11.5	----
Therapi-400 SS Filter	12.1	12.1	12.1	11.9	11.3
LMR-4 Pb Filter	12.5	12.3	11.8	11.3	10.9

External Inhomogeneities

This term refers to measurements of the effect of the introduction of any absorbers in the beam. The standard algorithm employed at the Center for dose computations is that developed at Memorial Hospital[5] with some local modifications[6]. The computation of the dose under wedges is based upon the assumption of exponential absorption on a ray through the wedge. This technique does not adequately account for phantom scatter and other effects, and thus it is necessary to fit wedge dimensions to experimental data. As a routine, wedged beams are scanned at several depths in a water phantom and the wedge dimensions are modified to yield a best fit to the empirical data.

The evaluation of compensation, bolus and blocking techniques employed would be the subject of a report in themselves. The general approach we make is to ensure that sufficient information is collected to enable the calculation of dose distributions. In this regard, mention should be made of recent work at the Center using the concept of negative fields[7] to calculate the dose distribution under narrow blocks.

The attenuation of the support structures of the couch are determined and this information is used in dose calculations where the couch interposes the beam. The transmission factors of blocking trays are determined and if the variation with field size is less than $\pm$ 1%, a single factor is quoted.

Machine Log

The foregoing has provided an outline of the initial measurements on a megavoltage radiotherapy machine. It must be stressed that while we do use this guide, it is construed as an outline and that individual variations in the installation will require innovation on the part of the responsible physicist.

Following this extensive series of tasks, we see the essential task to be one of ensuring the fidelity of the original data and providing adequate documentation to this effect. For electrical machines, we consider the particularly suspect parameters to be the dose delivered per unit monitor setting and, to a lesser extent, beam energy and symmetry for bent beam or multimode machines.

We have developed a device called the beam monitor[8] which consists of two diode detectors located at 5 and 17 cm depth in a phantom with electronic circuitry attached to the phantom. Our design considerations in developing this device were that it be simple and convenient to use and that long-term drift of the readings of the integrated current from the diodes be less than 3% per year. Seven instruments were produced which have been in use on the machines in our region over the last three years. A commercial version of this unit is now available[9]. A standard procedure is in use which consists of two exposures of the device under well defined conditions at the beginning and end of the treatment day. At the time of a calibration

using ionization chambers, the physicist will establish the readings obtained by the beam monitor under these standard conditions. At the end of each month, a form developed by the Center is completed in which the average readings are shown as well as the deviations from the exact values. A copy of this is returned to the Center for review. When an isotopic source is available at an institution, this is used for a weekly check on the constancy of the beam monitor. This system has proved very useful in diagnosing problems with the machine and has enabled the analysis of the long-term stability of the machines in our region[10]. A typical example of a completed analysis form is contained in an appendix to this paper.

Another parameter which requires regular review is the coordination of the light and radiation fields. For this purpose, we have developed a frequent check dosimeter[11] which consists of a piece of DuPont Radiation Imaging film contained in a specially marked cassette. The cassette has two rectangles scribed on its surface with corners defined by radiopaque markers. These devices are exposed each month on the therapy machines in the region and returned to the Center where the coordination of the image of the radiation field produced on the film to the scribed rectangle is determined. The device also contains two pre-calibrated $Li_2B_4O_7$:Mn-Teflon dosimeters which are used to check the output of the machine.

Check lists have been designed for use by the local staff which define the parameters to be checked and their frequency. For example, a check list for an isocentric 4 MV machine requires a daily check on the accuracy of the optical distance indicator, a weekly check on the accuracy of side-lights and a monthly check on all safety interlocks. A copy of this form is returned to the Center for review. The form employed is shown in the appendix.

Information Flow & Documentation

Methods of documentation are extremely important in this field and the methods employed at the Center today are the result of considerable effort and time. While simple in concept, they are worthy of description here.

A central repository for all data pertaining to a therapy machine is maintained. This takes the form of a ring binder which is kept close to the therapy machine. An exact replica is maintained at the Center to ensure the application of uniform data

in dose calculations. The format of these binders follows that described in Table III. We have not found it possible to formalize the information further than a narrative style report structured on the topics shown in the table. Except that as already discussed, the presentation of depth dose is formalized by the output format of the program Tarman and as in most repetitive tasks, a uniform pattern tends to be enforced in all sections. The Machine Log Section also contains forms for recording downtime on the unit and narrative reports by the maintenance engineer and the technicians on the machine operation. In summary, this approach produces a data base for use by the radiation oncologist, physicist, dosimetrist, technician and maintenance engineer and by this means, ensures uniform data and clear communication of information. The structure is logical and in our experience, it has proved easy to access information on the machine.

There exists a manual of operations describing all the services offered by the Center. With reference to the object of this paper, the manual contains a section dealing with the standards employed by the Center and this general statement makes it unnecessary to repeat in reports such items as the value of the displacement factor employed or the method used to determine shutter time.

The Center conducts annual workshops for participants to review the operation of the services provided by the Center and while these tend to emphasize the treatment planning services offered by the Center, there is discussion of other dosimetry procedures.

Future Trends

Electron Beam Therapy

There is currently only one center employing this modality but this is expected to expand in the coming years. The Center is developing the tools and techniques necessary to support this modality in the same rigorous fashion currently employed for megavoltage photon beam.

Patient Information Systems

While this topic is only obliquely related to the general subject of this paper, the Center is developing a system to automate the therapy record and thus obviate arithmetic errors that do occur in manual updates of treatment records. A development from this project will be a

unified data base on radiation therapy in the Northwest.

Conclusion

The remote nature of the Center and its scale of operation have required us to formalize, in many aspects, the physics support of radiotherapy. It is a matter of semantics to decide whether a physicist is remote if he or she is in the next office, building, town or state from the therapy facility so that some of the techniques we have described should be universally applicable.

Acknowledgment

We wish to express our appreciation to the Board of Directors of the Northwest Medical Physics Center for their constant and enthusiastic support of the activities of the Center.

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Appendix

The following forms are employed at the Center for the analysis of beam monitor readings and for checks made by the local staff.

CHECK LIST 4 MV ISOCENTRIC UNIT

Machine I.D.:_____

Month and Year:_____

DAILY CHECK LIST

Optical Distance Indicator - Check accuracy at usual treatment distance and initial if within + 3 mm.

Day	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
Int															
16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

WEEKLY CHECK LIST

Sidelight Accuracy - Set up 4.5 mm diameter pinhead at isocenter. If sidelights impinge on sphere, initial and date.

Initial_____   Initial_____   Initial_____   Initial_____

Date_____   Date_____   Date_____   Date_____

MONTHLY CHECK LIST

Door Interlock - Check function and initial if o.k.   Initial_____

Date_____

Emergency Off Switch - Check function and initial if o.k.   Initial_____

Date_____

Source On Indicator Lights - Check that all lights function   Initial_____
and initial if o.k.

Date_____

Frequent Check Dosimeter - Expose NMPC frequent check dosimeter as per instructions on the first Wednesday of each month.

PLEASE MAKE COPIES OF THIS FORM FOR YOUR USE. RETURN ONE COMPLETED COPY TO THE NORTHWEST MEDICAL PHYSICS CENTER EACH MONTH AND RETAIN ORIGINAL IN BLUE BINDER.

ANALYSIS OF BEAM MONITOR READINGS
Month of *January*

First Readings

	A.M.		P.M.	
	Upper	Lower	Upper	Lower
Number of Readings	*18*	*18*	*18*	*18*
Average Reading	*204*	*146*	*207*	*149*

Second Readings

	A.M.		P.M.	
	Upper	Lower	Upper	Lower
Number of Readings	*18*	*18*	*18*	*18*
Average Reading	*203*	*148*	*207*	*151*

DISTRIBUTION OF SECOND READINGS

	Upper	Number of Readings Inside Bracket		Lower	Number of Readings Inside Bracket	
		A.M.	P.M.		A.M.	P.M.
Exact	*209*			*152*		
± 1% Bracket	*211* To *207*	*0*	*11*	*154* To *150*	*2*	*12*
± 2% Bracket	*213* To *205*	*8*	*14*	*155* To *149*	*4*	*5*
± 3% Bracket	*215* To *203*	*10*	*16*	*157* To *147*	*11*	*17*
± 4% Bracket	*217* To *201*	*13*	*18*	*158* To *146*	*15*	*18*
± 5% Bracket	*219* To *199*	*18*	*18*	*160* To *144*	*18*	*18*

ISOTOPIC SOURCE CHECK ON BEAM MONITOR

	Upper	Lower
Average reading of the diode per rad	*1.95*	*2.03*

PLEASE MAKE COPIES OF THIS FORM FOR YOUR USE AND RETURN ONE
COMPLETED COPY TO THE NORTHWEST MEDICAL PHYSICS CENTER EACH MONTH

INTERCOMPARISON OF PRESCRIPTION DOSE DELIVERY IN THE NEW ENGLAND REGION

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An intercomparison of radiation dosimetry among 16 institutions within the New England area was performed using a hand carried water phantom-ionization chamber system. Participants were asked to deliver 200 rads using their own beam data and computations to the chamber for each of eight field size and depth combinations. Average measured doses ranged from 200 to 204 rads. For all combinations, the standard deviation of the measured values was 3%.

(Dosimetry; radiation; measurements; intercomparisons; supervoltage; therapy)

Introduction

Intercomparisons of radiation dosimetry are an important means of assuring accurate dose delivery to radiation therapy patients.

An informal intercomparison among several hospitals in Boston was conducted in 1973 using a hand-carried water phantom-ionization chamber system.[1] The results of this pilot study indicated close agreement between the hospitals. However, some discrepancies were found that exceeded 5%, and these were subsequently investigated and corrected by the institutions themselves.

On the basis of these results, it was felt that an expanded inter-comparison would be of use to radiation physicists in the area. The New England Radiological Physics Organization (NERPO) agreed to sponsor the survey, and a total of 21 supervoltage units (14 ^{60}Co units, 4 linear accelerators, and 3 beta-trons) were measured at 16 different institutions in Maine, Massachusetts, New Hampshire, and Vermont.

Procedure

Equipment

All measurements were made with a water phantom and ionization chamber system. The phantom measured 30 x 30 x 30 cm. and, except for the front face, was made from lucite. The front face was made from poly-styrene and was inscribed with lines outlining different field sizes. An adjustable lucite sleeve was used to hold a 0.6 cc Farmer ionization chamber. The chamber and its electrometer were calibrated at ^{60}Co before, during, and after the study with a Shonka-type transfer standard chamber[2] which in turn was calibrated by the National Bureau of Standards. Water for the phantom was obtained at each institution, and was adjusted whenever possible to the same temperature as the ambient air. The ambient pressure was measured with a portable aneroid barometer which was frequently compared to a standard mercury-in-glass barometer.

Measurements

The equipment was hand carried to each institution by one member of a three man measurement team. The phantom was filled with water and placed on the treatment table. It was then centered and adjusted to the usual source to surface distance (SSD) used by the institution by means of the devices normally employed by that institution. Once the setup was completed, and the

water and chamber temperature sta-
bilized, the participants were asked
to deliver 200 rads to the chamber
for each of eight different field
size and depth combinations. A
minimum of two readings were taken
for each combination. If these
readings did not agree to within the
reading error of the instrument, a
sufficient number of additional
readings were taken to obtain a
meaningful average. The water tem-
perature and ambient pressure were
measured before and after the series
of ionization measurements.

A novel feature of this study
was the presence at each trial of an
impartial observer chosen from among
the members of the NERPO radiation
therapy physics committee.[3] These
"inspectors" provided an extra check
of the measurement setup, and helped
prevent any bias on the part of the
members of the measurement team from
affecting the results. No committee
member served as an inspector at his
own institution.

Calculations

The ionization chamber readings
were converted to absorbed dose by
means of the standard equation[4]

$$D = RNC_{tp} \ C_{\lambda} \qquad (1)$$

where D is the absorbed dose in rads,
R is the chamber reading, N is the
chamber calibration factor for ^{60}Co,
C_{tp} is the temperature-pressure cor-
rection factor, and C_{λ} is the over-
all correction factor.

Values for C_{λ} were obtained
from a tabulation in Report 14 of
the ICRU.[5] A value of 0.87,
obtained by extrapolation of these
tables, was used for the 42 MeV and
45 MeV betatrons.

Separate correction factors
were calculated for the temperatures
and pressures measured before and
after the ionization measurements.
The average of these factors was
then used in Eq. (1).

Reports

Reports indicating the measured
dose values for each field size and
depth combination and the percentage
difference of these values from the
nominal prescribed dose of 200 rads
were sent to the physicist affiliated
with each institution shortly after
the measurements at that institution
were completed. In addition, at the
conclusion of the survey, a summary
of the results was also sent to each
physicist to allow him to compare his
results with the average values.

Results

Frequency distributions sum-
marizing the results of the survey
are shown in Fig. 1. It can be seen
that for most of the field size and
depth combinations, the majority of
the measured dose values fall within
the range of 196-204 rads (±2% of
the nominal prescribed dose). How-
ever, some values were obtained well
outside this range. The lowest
reading was 184 rads, and the high-
est 216 rads, both of which repre-
sent an 8% deviation from the pre-
scribed dose. Table I shows the
average measured dose value and
standard deviation for each field
size and depth combination. The
average measured dose values should
not be given too much significance.
It may be noted that a reduction of
1% for the chamber calibration
factor or C_{λ} would bring the average
measured values even closer to the
nominal prescribed dose.

A more relevant parameter for
the purpose of intercomparison is
the standard deviation. For all
field size and depth combinations,
the value for the standard deviation
was about 3%. These results are
comparable to those obtained by the
Radiological Physics Center in their
study.[6] The data indicate that the
uniformity of basic dosimetry within
the region is quite good considering
the diversity of machines and insti-
tutions surveyed.

FIGURE I. FREQUENCY OF MEASURED DOSE VALUES

361
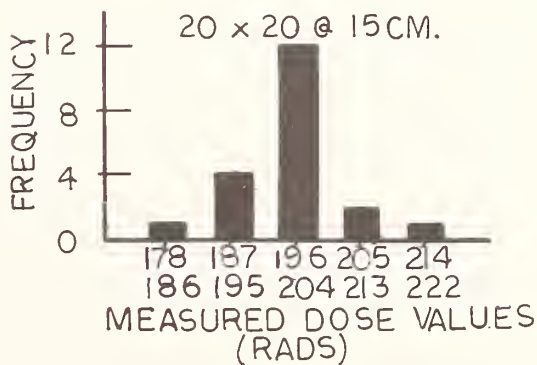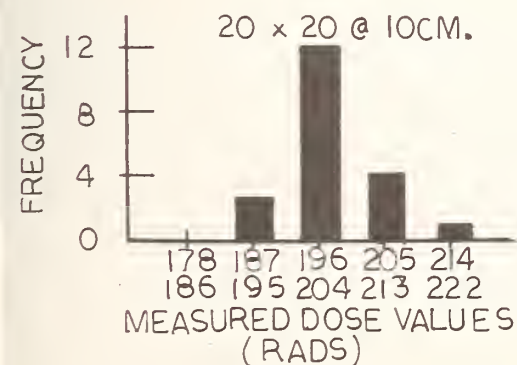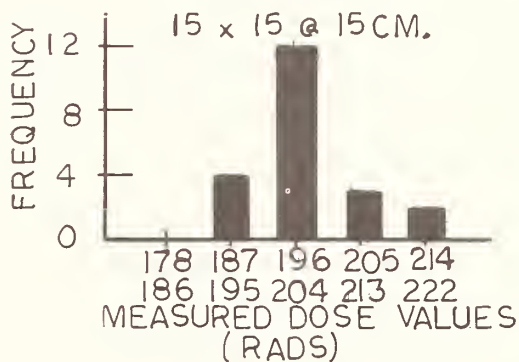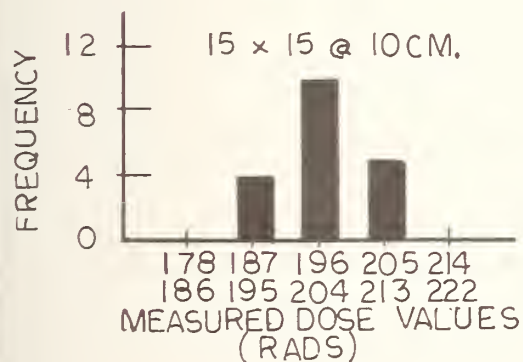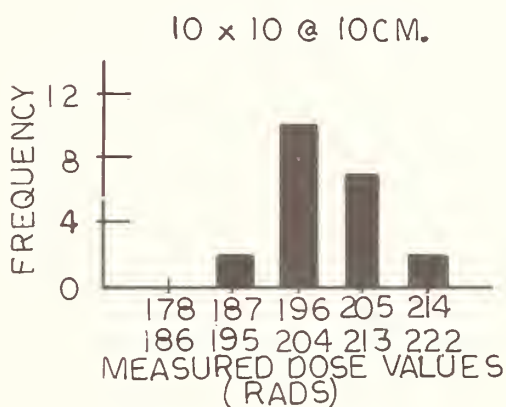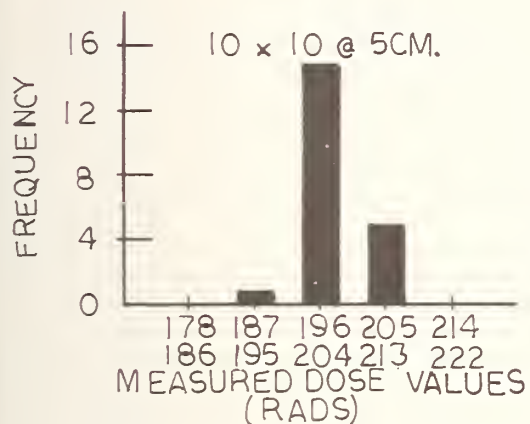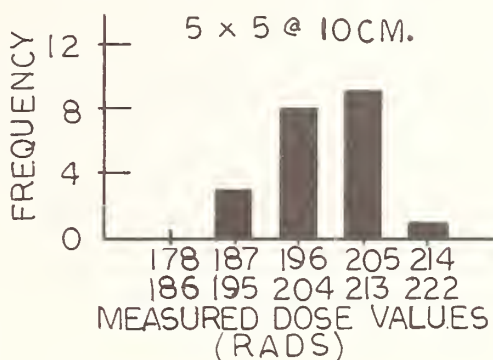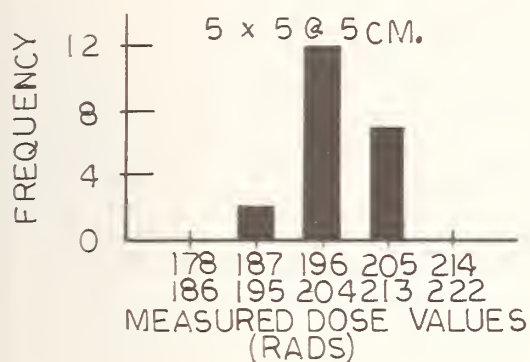
Table II shows a comparison of the results for ^{60}Co units at large institutions (those having one or more full-time physicists) and small institutions (those having only part-time or consultant physics services). Only the data for a 10 x 10 cm. field at 10 cm. depth is presented, but the results were essentially the same for all combinations. It can be seen in this study that 1, the average measured dose is closer to the nominal value, and 2, the standard deviation is less for the large institutions.

It should be emphasized that irradiating a water phantom is not the same as irradiating a patient. Factors such as technologist error, setup reproducibility, and proper chart maintenance have not been considered in this study. Nevertheless, basic dosimetry, as evaluated in this study, is fundamental to the accurate treatment of radiation therapy patients.

Table I

Measured Doses - Average and Standard Deviation

Field Size (cm x cm)	Depth (cm)	Average Value (rads)	Std. Deviation (%)
5 x 5	5	202	2.8
5 x 5	10	203	2.8
10 x 10	5	202	2.5
10 x 10	10	204	2.9
15 x 15	10	202	3.0
15 x 15	15	202	3.2
20 x 20	10	202	3.0
20 x 20	15	200	3.5

Table II

Measured Doses - Average and Standard Deviation
^{60}Co   10 x 10 cm. Field at 10 cm. Depth

	Average Value (rads)	Std. Deviation (%)
Large Institutions (8)	204	1.6
Small Institutions (6)	210	2.5

Summary

Measurements using a hand-carried water phantom-ionization chamber system were made on 21 supervoltage units at 16 institutions. Eight different field size and depth combinations were examined. For all combinations, the average measured dose was within 2% of the nominal prescribed dose. Standard deviations of the measured doses were about 3%, indicating good uniformity of dose delivery at the institutions studied.

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2. Obtained from Physical Sciences
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   time of this survey were

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K. Wright,	Boston, MA

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5. "Radiation Dosimetry: X-Rays and
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ELECTRON-THERAPY DOSIMETRY

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A service for checking the dosimetry of electron beams in the energy range from 5 to 50 MeV was established in 1967, mainly for use by radiation-therapy departments. Since then, 34 radiation-therapy departments and several other groups have participated, a relatively large number of them only intermittently or for a total of only a few tests. There has been little improvement of overall performance over the years, less than one-half of the total number of irradiated dosimeters involved in any one test showing agreement to within 5 percent between the dose reported by the participants and the NBS dose interpretation, and up to one-quarter of the dosimeters showing disagreements of more than 10 percent. Only in a few exceptional cases was there an improvement in individual performance with continuing participation. It is concluded that means must be sought, in collaboration with the therapy community, to secure a more favorable impact of this service on electron-therapy dosimetry.

(Electrons; dosimetry; service; radiation therapy; performance; impact; improvement)

Description of Service

Since 1967, the National Bureau of Standards (NBS) has been providing a service for testing the status of dosimetry for electron beams in the energy range from about 5 to 50 MeV. The service, which is directed mainly toward radiation-therapy applications in the United States, was established upon the request of the American Association of Physicists in Medicine (AAPM), with the initial financial assistance of the Bureau of Radiological Health (BRH). Ferrous-sulfate (Fricke) dosimeters, prepared and checked at NBS by means of cobalt-60 pre-irradiation, are shipped to the participating institutions with the request to irradiate them in a polystyrene phantom, using the dosimeter depth and the phantom and field sizes specified by the AAPM.[1]

Figure 1 shows the dosimeter assembly, consisting of Fricke solution in a stoppered spectrophotometer cell, cradled in a polystyrene block. Each participant receives two control dosimeters and at least two dosimeters to each of which he is asked to deliver between 50 and 80 Gy (5000 and 8000 rad). After irradiation, the dosimeters are returned to NBS for evaluation of their response in terms of absorbed dose in water. Finally, the participants are informed of their own test results and those of all other participants, whose identity, however, is not divulged. They then are free to discuss their results and possible problems with NBS. Technical details on dosimeter preparation and on the pre-irradiation checks have been published.[2]

Figure 1. Dosimetry Assembly
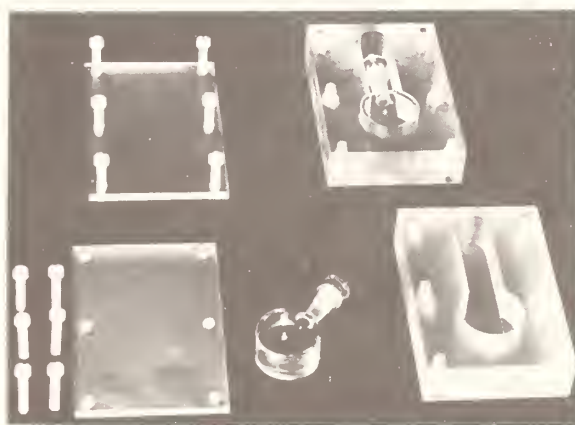
Inherent Uncertainties

Irradiation of each dosimeter batch prior to shipment permits (1) a statistical study of the random variations from dosimeter to dosimeter in the response to a given irradiation level, as measured spectrophotometrically by the change in optical density; and (2) the detection and elimination from further use of dosimeters with responses far removed from the mean for the particular batch. Furthermore, it permits the evaluation of the absorbed doses administered by the participants from higher (more precise) optical densities. Both before and after shipment, the relative standard deviation from the mean response, which is a measure

of the random uncertainty of the method, is about 1.2 percent for the currently used dosimeters.

The overall uncertainty of the method was determined by irradiating batches of dosimeters at two dose levels, shipping them cross-country and back as if they had been irradiated by participants, and evaluating their response in terms of absorbed dose in the usual manner. The difference between actual dose delivered to the dosimeters and dose evaluation from dosimeter response, which is taken to be a measure of the total uncertainty of the method, was found to be about 4 percent at the 99-percent confidence level. Not considered are uncertainties (1) due to the assumption of a constant efficiency (a G value of 15.5/100 eV, as recommended by the AAPM[1]) of the Fricke-dosimetry system over the electron-energy range from 5 to 50 MeV, and (2) due to inhomogeneities in absorbed dose over the 1-cm depth of the dosimeter's sensitive volume. Thus, the service does not provide a beam calibration, but simply a check on the uniformity of electron dosimetry throughout the United States at a given electron energy. However, since the participants are informed of the details of the NBS evaluation procedure, they are in a position to derive information about their beam calibration from the supplied test results.

The Participating Therapy Departments

During its first year of operation, the service was subsidized by BRH and thus could be offered quarterly and at a fraction of actual cost. After this period, the frequency was reduced to twice yearly, and the charges were increased to cover the actual cost of the service. During the past nine years, a total of about 40 groups have participated. Of these, 34 are therapy users of electron beams, two use their beams for biological research and development, one is a food processor. On a few occasions, some non-medical groups desiring cobalt-60 gamma irradiations have been accepted. Some of the groups originally participating have dropped out while others joined later. However, ten of the original groups are still participating.

Table 1 gives a survey of the machines used by the current participants who employ their beams for therapy. There are 18 users of betatrons in the energy range from 5 to 45 MeV and 9 users of linear accelerators, in the energy range from 6 to 50 MeV.

Table 1. MACHINES USED BY CURRENT PARTICIPANTS

Type and Maximum Energy (MeV)		Manufacturer	Number	Number Used in Energy Range		
				< 10 MeV	10-30 MeV	>30 MeV
BETATRON,	11	Applied Rad. (Siemens)	1	1	1	--
	18	Siemens	2	2	2	--
	22	ATC (Allis-Chalmers)	1	1	1	--
	25	ATC (Allis-Chalmers)	11	8	11	--
	42	Siemens	1	1	1	--
	45	Brown-Boveri	2	2	2	2
LINAC,	6	Varian	2	2	--	--
	7	Varian	2	2	--	--
	10	Applied Rad. (Siemens)	1	1	1	--
	18	Varian	2	2	2	--
	33	Non-commercial	1	1	1	1
	50	HV Engineering-Varian	1	--	1	--

Performance

Figure 2 gives a review of the performance of all therapy participants in each of the nine years of operation of the service, indicating the deviations between NBS dose interpretation and the participants' reported dose, as well as the energies of the electron beams employed. It is evident that some of the current users of 6-MeV beams do not take into account that the average absorbed dose in the sensitive volume of the dosimeters is of the order of 10 percent smaller than the dose at the peak of the 6-MeV depth-dose curve. During the past year a statement of caution regarding this effect was mailed to the participants involved.

The results shown in Fig. 2 are reviewed numerically in Table 2, in which the number of participants also is broken down according to whether or not they had participated before. On the whole, the performance is seen to have improved only very little over the years, up to one-half of the total number of dosimeters having interpretations that differ from the reported dose by more than 5 percent, with differences of more than 10 percent occurring in up to one-fourth of all dosimeters.

Examples of Individual Performance

Further insight is gained through a detailed study of the performance of individual groups. In Table 3, the performance of Group I is seen to have remained essentially unchanged throughout the years, agreement to within 5 percent occurring about 70 percent of the time. Group II is better, with about 80 percent of the dose interpretations agreeing to within 5 percent. Group III is seen to have improved, showing no disagreement larger than 5 percent over the last five years. The performance of Group IV remains poor, less than one-half of its reported doses being within 5 percent of the NBS dose interpretation, and as many differing by more than 10 percent. Group V shows some improvement.

Groups VI and VII are included here because there is evidence that participation

Table 2. PERFORMANCE OF ALL PARTICIPANTS

Calendar Year	Number of Participants		Number of Dosimeters with Difference Δ* of					
			$\lvert\Delta\rvert \leq 5\%$		$5\% < \lvert\Delta\rvert \leq 10\%$		$\lvert\Delta\rvert > 10\%$	
	Old	New	absolute	relative (%)	absolute	relative (%)	absolute	relative (%)
1967	0	14	33	66	14	28	3	6
1968	10	2	39	48	24	30	18	22
1969	10	5	25	45	16	29	14	25
1970	12	3	34	56	12	20	15	25
1971	17	0	30	52	13	22	15	26
1972	13	2	35	74	5	11	7	15
1973	17	2	38	63	9	15	13	22
1974	12	2	38	78	6	12	5	10
1975	17	3	38	51	24	32	12	16

*The symbol Δ stands for the difference between the absorbed dose reported and the NBS absorbed-dose assignment.

Figure 2.

PERFORMANCE OF ALL PARTICIPANTS IN EACH OF 9 YEARS OF SERVICE
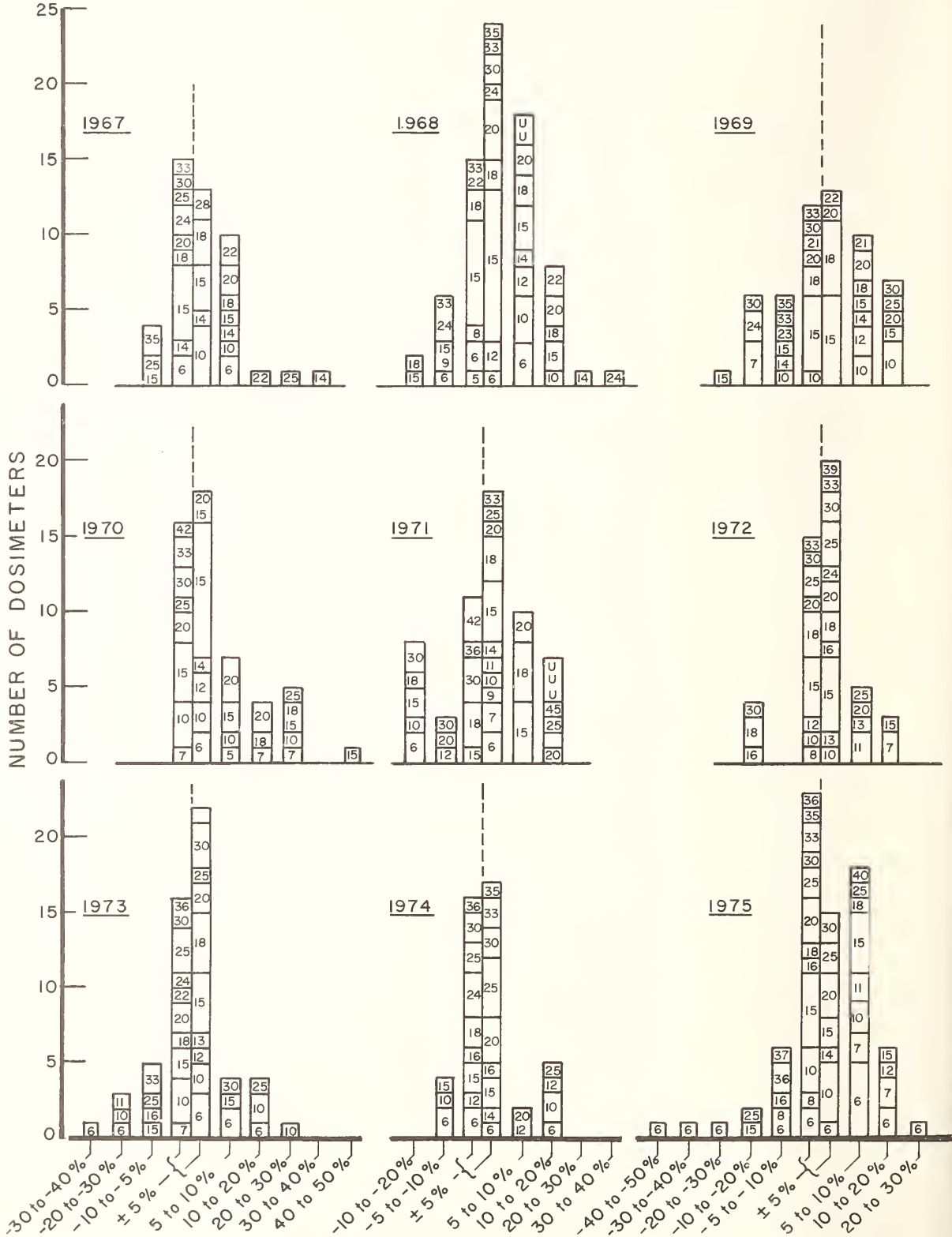
Table 3. FOLLOW-UP ON PERFORMANCE OF INDIVIDUAL GROUPS

Group No.	Δ*	Number of Dosimeters in a Calendar Year									Percentage of Total Number Per Group
		1967	1968	1969	1970	1971	1972	1973	1974	1975	
I	$|\Delta| \le 5\%$	2	4	1	3	2	3	3	4	3	66
	$5\% < |\Delta| \le 10\%$	0	1	0	0	1	0	1	0	1	11
	$|\Delta| > 10\%$	0	1	4	0	2	1	0	0	1	24
II	$|\Delta| \le 5\%$	2	5	2	4	4	4	1	4	4	81
	$5\% < |\Delta| \le 10\%$	0	1	2	0	0	0	3	0	0	16
	$|\Delta| > 10\%$	0	0	0	1	0	0	0	0	0	3
III	$|\Delta| \le 5\%$	3	1	2	2	2	2	3	4	2	78
	$5\% < |\Delta| \le 10\%$	1	3	2	0	0	0	0	0	0	22
	$|\Delta| > 10\%$	0	0	0	0	0	0	0	0	0	
IV	$|\Delta| \le 5\%$		1	1	5	0	2	2	2	0	42
	$5\% < |\Delta| \le 10\%$		0	2	1	0	0	0	1	1	16
	$|\Delta| > 10\%$		3	0	2	2	0	2	1	3	42
V	$|\Delta| \le 5\%$	1	0	0	1	0	2	4	2	3	38
	$5\% < |\Delta| \le 10\%$	1	2	1	2	3	2	0	2	0	38
	$|\Delta| > 10\%$	0	2	3	1	1	0	0	0	1	24
VI	$|\Delta| \le 5\%$	2	0	0	1	2	2	1	1	2	50
	$5\% < |\Delta| \le 10\%$	2	3	1	1	0	0	1	1	0	41
	$|\Delta| > 10\%$	0	1	1	0	0	0	0	0	0	9
VII	$|\Delta| \le 5\%$	2			3	4				1	63
	$5\% < |\Delta| \le 10\%$	1			1	0				2	25
	$|\Delta| > 10\%$	1			0	0				1	13
VIII	$|\Delta| \le 5\%$			4	0	0					29
	$5\% < |\Delta| \le 10\%$			2	0	1					21
	$|\Delta| > 10\%$			3	3	1					50

*The symbol Δ stands for the difference between the absorbed dose reported and the NBS absorbed-dose assignment.

assisted them in finding and removing certain difficulties in their operation of which they had not been aware prior to their participation in the service. For instance, Group VI discovered a faulty integrator, while the monitor chamber of Group VII was found to heat up and thus show an increase in sensitivity during irradiation. Unfortunately, Group VII seems to be unable to afford regular participation, and after a 3-year interruption now performs as poorly as it did in 1967. Group VIII is an example of a participant who felt that his system was not made to perform over the long exposure times required for the test irradiations. Therefore, after three years of poor performance, he dropped out, declaring that he would consider resuming participation when a more sensitive dosimetry system becomes available.

369

Conclusions

After nine years of operation of the NBS electron-dosimetry uniformity service, it seems that the impact of the service on the therapy community does not match the effort expended. Participation is relatively poor and irregular, and improvement in performance is an exception instead of the rule. Therefore it was decided to initiate an active dialogue with the therapy community, in an effort to explore (1) means for a more personal interchange with the participants and for increasing participation; and (2) the priority to be given to a change-over

to a more sensitive dosimetry system, and inclusion of high-energy bremsstrahlung beams. It is hoped that this presentation will assist in stimulating such a dialogue.

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THYROID MONITORING AND MINIMIZING I-125 UPTAKE

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A method is described for the quantitative determination of I-125 uptake by the thyroid gland of all users of I-125. Causes for uptake are discussed and the need for monitoring is illustrated.

(Thyroid monitoring; I-125 uptake; bioassay)

Introduction

The rapidly increasing use of I-125 labeled compounds in biomedical research has presented several radiation protection problems. In order to keep exposures to I-125 to "as low as practicable," Yale has included in its Cancer Center a radioisotope facility, intended as a safe, supervised, multi-use research laboratory. One of the first uses of the facility was for iodination experiments. The control program for I-125 usage has evolved with time and has become rather complex. The following information summarizes some of our experiences with I-125, its control and methods of dose assessment.

Materials and Methods

I-125 in the Thyroid

To measure the amount of radioactive material which has accumulated in the thyroid, a detector can be placed over the neck in the region of the thyroid. Equipment which has been used for thyroid monitoring is as follows: 31/32" x 1/32" NaI crystal, high voltage power supply, preamplifier, amplifier, 100 channel analyzer and printer.

The count rate obtained from the detector is related to the amount of activity in the thyroid by calibration. The method of calibration includes the use of an anthropomorphic phantom filled with water, representing the thyroid of an average man. The thyroid cavity of the phantom will hold a calibrated I-125 source.

The standardized I-125 source in the range of five microcuries is counted for four minutes. A four-minute background count is also made by removing the source from the phantom. In order to maximize counting statistics, the optimum channel width must be obtained. This may be found by adding the counts in successively increasing channels on either side of the peak channel (see Table I). The ratio of the counts in ± X channels inclusive of the peak channel, and the corresponding background counts may be plotted against the number of channels on either side of the peak (see Figure I). The number of channels on either side of the peak channel, yielding the highest value, determines the optimum channel width.

Once the channel width has been established, system efficiency may be measured. This is the ratio of the gamma rays which interact in the crystal to the total gamma rays emitted by the source or

$$E = \frac{\text{cpm in optimum channel width}}{\text{actual activity in dpm}}$$

A minimum detectable level of activity present in a four-minute count at a 95% confidence level may now be found using the following equation:

$$Y = \frac{K}{2} \pm \frac{t_G}{2} \sqrt{\frac{K^2}{t_G^2} + \frac{4t_B}{t_G} + \frac{4K\sigma_B}{t_G}} \qquad (1)$$

where: t_G = sample count time

t_B = cpm, Bkg

σ_B = standard deviation Bkg

$Y = \bar{x}_G$ gross counts needed

K = number of standard deviations for X% accuracy; K=2 for 95%

Y = number of counts to be accumulated in time t_G.

The Minimum Detectable Activity may then be defined as

Table I

Optimizing Channel Width, S^2/B

CHANNELS	$SX10^5$	B	$S^2/BX10^9$
±2	1.44	9	2.3
±4	2.44	10	5.95
±6	3.24	12	8.74
±8	3.83	16	9.14
±10	4.22	20	8.9
±12	4.48	24	8.36

$$MDA = \left(\frac{\frac{Y^2}{4} - t_B}{E} \right) C \qquad (2)$$

where: MDA = minimum detectable activity in 4-minute count at a 95% confidence level

Y = number of counts to be accumulated in time t_G

t_G = sample count time

t_B = Bkg cpm

E = system efficiency, 1.2%

C = conversion constant,

$$4.5 \times 10^{-7} \frac{dpm}{\mu Ci}$$

The system is checked weekly with the calibrated I-125 source for accuracy and stability. To date, the system has remained consistent.

Sixty-eight individuals working with I-125 were given thyroid counts utilizing the equipment described above. Iodine 125 concentration in the thyroid was measured by placing the probe in the region of the thyroid, between the laryngeal prominence and the manubrium. A standard value for background was obtained by counting the thyroids of 15 individuals not exposed to I-125. The results of these measurements yielded a consistent value for these control individuals. The background counts per minute are then subtracted from the gross counts per minute of the individual being counted.

Questions may arise as to the reproducibility of positioning the probe in successive counts. This was measured experimentally by altering the normal counting geometry. The source was placed at various distances about the detector probe. The count at each distance was taken as a percentage of the total counts at the normal counting geometry. The results are shown graphically in Figure II. It can be seen that the best results are obtained when the probe is flush against the object being counted. A concentric deviation of more than 1/2" from the center of the probe, in the flush position, will result in a greater

372

Figure I
I-125 PEAK AT ~ 636 KEV/CHANNEL
FOR 4 MINUTE COUNT

Figure II
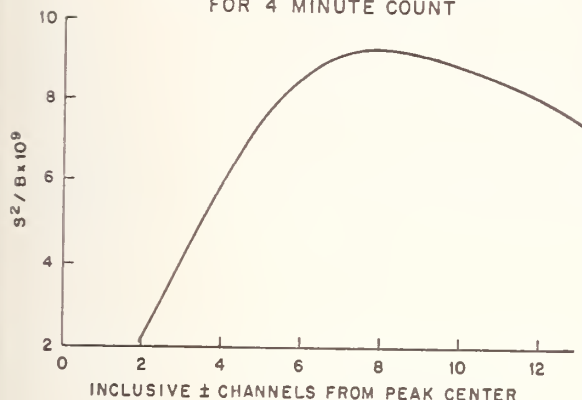
than 15% error.

I-125 in the Urine

In addition to the analysis of individual thyroids using the thyroid monitor, a urine sampling program was initiated for the determination of I-125 whole body content. The objectives of the urine sampling program were (a) to try to correlate urine sample activities with actual measurements of thyroid I-125 content, and (b) to try to determine if a urine sampling procedure is sufficient for routine screening for I-125 uptakes. Therefore, in instances where a thyroid count indicated activity in the organ, a urine sample was taken immediately afterwards. Urine samples were analyzed utilizing a liquid scintillation spectrometer and urine sample activity in μCi/liter was determined.

For an in-house program for urine analysis, one wishes to reduce the time involved per sample and at the same time have an acceptable sensitivity for detecting the isotope in question. Instagel was chosen as a counting medium for all urine samples. The amount of urine added to the Instagel was determined by pipetting several different volumes of samples into 10 ml of gel. This procedure was repeated for 20 different urine samples. The resultant cocktail mixture was inspected visually for gelling quality. If too little urine was present in the sample, a gelling did not occur. When an excess of urine was added to the gel, a precipitate formed. It was determined that the best mixture was 3 ml of urine and 10 ml of gel. This proportion always provided an acceptable sample that gelled and was not severely quenched. Although this mixture does not always yield an optimum quenching condition, the amount of time saved is
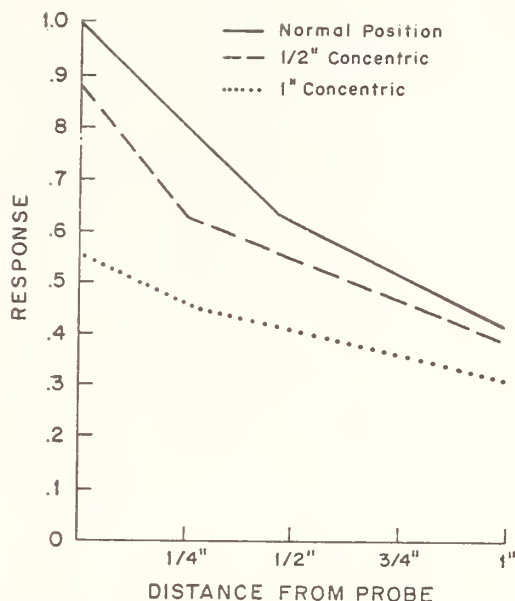
significant and the loss of counting efficiency is not unacceptable.

Urine samples were counted in a Tri-Carb Liquid Scintillation Spectrometer. Counting efficiencies were determined by adding a known amount of calibrated I-125 standard to various urine-gel samples. An efficiency curve was eventually determined and is plotted in Figure III. In Figure III the counting efficiency is plotted versus the automatic external standard ratio (AES ratio). It may be seen that the counting efficiencies range from 28% to 39.4% depending on the degree of quench of the sample. In order that a quench curve, such as shown here, may be used, a system reliability check must be made with each batch of samples analyzed. As values of I-125 counting efficiency were determined, a set of six sealed quenched standards and a blank system standard were counted also. As a result, AES ratios of the sealed standards and blank standard are related to system performance. With each batch of samples analyzed, the quench curve shown in Figure III is applied if the sealed standards efficiency curves do not deviate from the expected values.

When one begins to analyze urine samples of occupationally exposed individuals at very low counting rates, the question of what sample background to use becomes a significant factor in determining the net activity. We have chosen to use as a sample background counting rate that activity which is an average of non-occupationally exposed individuals. A total of 15 urine samples

Figure III
COUNTING EFFICIENCY VS. AES RATIO FOR I-125
IN URINE, 3 ML URINE, 10 ML GEL
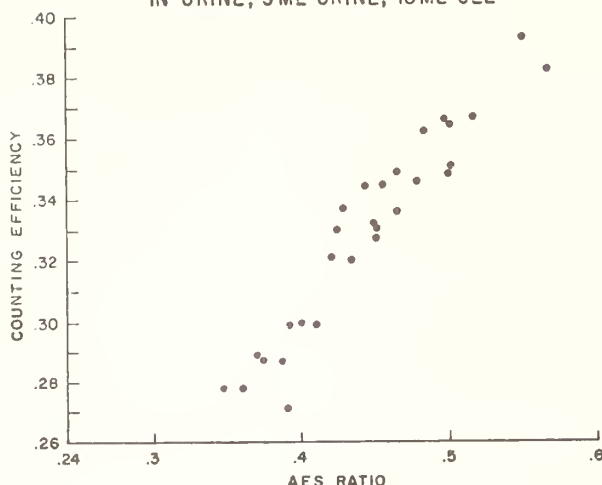
were collected from the Yale Health Services Center and analyzed. It was determined that these individuals were not involved in radioactive isotope work at the University. Each sample was counted for a 50-minute period, and all counts were averaged and a standard deviation computed. It was found that the background counting rate was 11.62 ± 1.07 cpm in the I-125 channel of the liquid scintillation spectrometer. This background was applied to all urine samples if no background was available for the individual in question. In determining the net sample activity, a gross count rate of at least three sigma (11.62 + 3x 1.07) or 14.83 cpm was required. Any sample analyzed that yielded a count rate less than 14.83 cpm was considered to be not different from the background level. This minimum detectable level corresponds to a net sample activity of $(1.72 ± 0.37) \times 10^{-3} \mu Ci/l$ and $(1.22 ± 0.46) \times 10^{-3} \mu Ci/l$ of urine for the worst and best quenched samples, respectively. These minimum detectable levels are based on a 50-minute counting time per sample.

Once the urine activity at a specific point in time is determined, an approximation to the original amount of I-125 uptake may be calculated. The fractional retention equation for stable iodine in the human body is given by (ICRP, 1967):

$$R(t) = 0.7 \exp\left(\frac{-.693\ t}{T_{b1}}\right) + 0.3 \exp\left(\frac{-.693\ t}{T_{b2}}\right) \quad (3)$$

where T_{b1} and T_{b2} are the biological half lives of iodine in the whole body and thyroid, respectively. The excretion function is of interest when analyzing urine sample data, and may be obtained by taking the differential of $R(t)$.[1] In addition, $dR(t)/dt$ is multiplied by $\exp(-\lambda_r t)$ to account for radioactive decay. The equation for the fraction excreted per day via all routes is given by:

$$Y(t) = -\exp(-\lambda_r t)\frac{dR(t)}{dt} \quad (4)$$

$$\underline{or}$$

$$Y(t) = -\exp(-\lambda_r t)$$
$$\left\{\frac{-.7(.693)}{T_{b1}}\exp\left(\frac{-.693t}{T_{b1}}\right)\right. \quad (5)$$
$$\left. - \frac{(.3)(.693)}{T_{b2}}\exp\left(\frac{-.693t}{T_{b2}}\right)\right\}$$

where λ_r is the radioactive decay constant for I-125. The values of T_{b1} and T_{b2} are assumed to be 0.353 days and 96.37 days, respectively. These values represent averages of the data.[1] The initial amount of I-125 uptake U_o may now be computed by:

$$X(t) = \frac{Y(t)\ U_o\ F_u}{G} \quad (6)$$

where $X(t)$ = urine concentration in $\mu Ci/$ liter at time t

$Y(t)$ = fractional excretion equation, fraction lost per day

F_u = fraction of activity lost that is present in the urine ($F_u = 1$ in present analysis)

U_o = initial μCi uptake of I-125

G = quantity of urine excreted per day in liters/day.

The approximate value for G may be calculated from the expressions[2]

G = 0.02 W adult males,

G = 0.017W adult females,

where W is the mass of the individual in kilograms. The initial uptake U_o is then finally given by:

374

$$U_o = \frac{G\,X(t)}{\left[\dfrac{.485}{T_{b1}}e^{-(\frac{1}{T_r} + \frac{1}{T_{b1}}).693t} + \dfrac{.208}{T_{b2}}e^{-(\frac{1}{T_r} + \frac{1}{T_{b2}}).693t}\right]}\,\mu Ci \qquad (7)$$

Now that U_o is determined, the amount of I-125 in the thyroid at any time T after an acute uptake may be computed by the use of the retention equation for the thyroid alone. This is

$$U(T) = 0.3\,U_o\,e^{-(\frac{1}{T_t} + \frac{1}{T_{b2}}).693T}\qquad \mu Ci \qquad (8)$$

Therefore, by determining the urine sample activity at time t days after an acute uptake of I-125, the amount in the thyroid at T days after the uptake may be calculated. This value may then be compared with the measured quantity present at time T. To date a few comparisons of thyroid burdens as determined from urine analysis data and thyroid count data were made. The results of these comparisons will be given later in the present paper.

Another objective of the urine analysis was to determine how effective urine sampling would be in routine monitoring procedures for I-125 uptake. In calculating the sensitivity of urine analysis, the minimum detectable activity was assumed in the sample under worst and best quenching conditions (1.72 x 10^{-3} $\mu Ci/l$ and 1.22 x 10^{-3} $\mu Ci/l$, respectively). This activity was converted to I-125 uptake U_o by the use of equation (5). It was assumed that the minimum detectable activities were measured at various times t after the uptake. In addition to the calculation of U_o from urine data, the initial uptake was calculated from a thyroid count T days after the exposure. The thyroid activity $U(T)$ may then be related to U_o by the use of equation (6). The minimum detectable activity in the thyroid was used at various times T for the variable $U(T)$. The minimum detectable thyroid activity is approximately 0.0002 μCi ± 0.00007 μCi at the two-sigma level of confidence. The results of the calculations are plotted in Figure IV, which is a plot of the minimum uptake detectable of I-125 based on urine analysis and thyroid count data. It is very evident from the plot that the thyroid counting technique is much more sensitive than is urine sampling. However, the urine sample should not be ruled out completely. One must be certain to obtain a urine sample within the first few days of a suspected uptake to determine if an uptake was recent or occurred some time
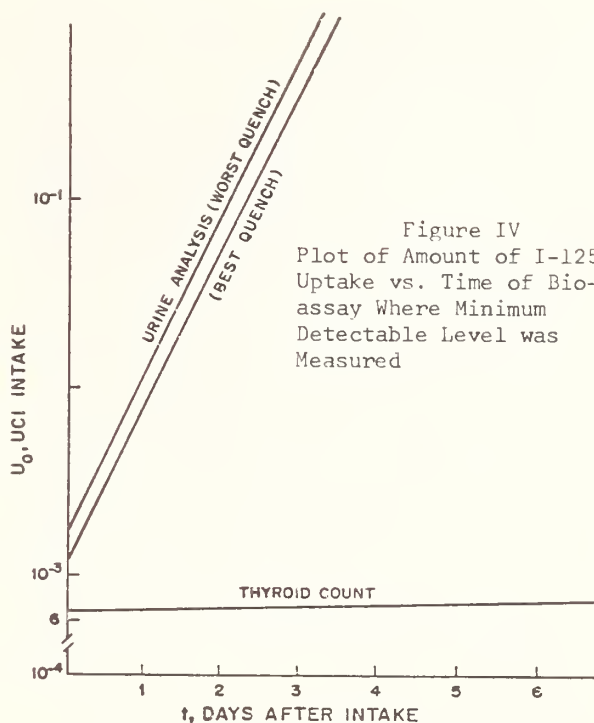
Figure IV
Plot of Amount of I-125 Uptake vs. Time of Bioassay Where Minimum Detectable Level was Measured

in the past. Our data to date, as summarized in Table II, have allowed us to determine which laboratory procedures are contributing to thyroid burdens. By using the thyroid count and the urine sample in conjunction, the time exposure may be determined with acceptable accuracy.

Table II

Summary of the Factors Affecting Uptake*

		N.D.	N.D. - .005 μCi	.005 μCi
No. of Users		26	19	23
Form	Free	16%	22%	31%
	Bound	22%	6%	3%
Qty.	<500 μCi	27%	9%	6%
	>500 μCi	11%	19%	28%
Exp.	<1 year	23%	19%	19%
	1-5 years	13%	6%	10%
	>5 years	1%	3%	4%
Septum	On	24%	15%	4%
	Off	15%	13%	29%
Hood	Yes	10%	22%	25%
	No	28%	6%	9%

*Expressed as % of total

375

I-125 in the Thyroid

Of the 68 users who were counted, 38%, or 26, had no detectable uptake, while 28% and 34% had uptakes which were greater than non-detectable but less than 0.005 μCi and 0.005 μCi or greater, respectively. Sixty-nine percent of the individuals were using the free form of I-125, and the remaining 31% a bound form of I-125. In terms of quantities used, 34% of those counted were utilizing 500 or less μCi in their laboratory procedures and the remaining 59% were using more than 500 μCi. The vast majority of individuals, 61%, had one year or less experience. Twenty-nine percent had from one to five years experience and only eight percent had more than five years experience. Fifty-seven percent of those counted reported that they removed the vial septum prior to working with the material and 43% remarked that the vial septum had not been removed. Finally, the hood was utilized by 57% of the individuals counted.

Characteristics of Investigators with Non-Detectable Uptake

As mentioned, 26 of the 68 individuals counted had non-detectable I-125 uptake. Of this group, 58%, or 15, were using the bound form of I-125 while 11, or 42%, employed the free form. This pattern departs from the pattern established for the group as a whole where 69% and 31% were using the free and bound forms, respectively, and points out that the widespread use of the less volatile bound form may in part have contributed to this group's non-detectable uptake.

Also, those with non-detectable uptakes utilized smaller quantities, generally associated with the bound form, than the total group. Seventy percent of those with non-detectable uptakes were experimenting with less than 500 μCi and 30% with 500 or more μCi. This compares with 42% using less than 500 μCi and 58% using 500 or more μCi for the group as a whole. Obviously, quantity used should be positively related to uptake.

Prior experience should correlate highly with uptake, but in the present context, 62% of those with no detectable uptake had one year or less experience. Thirty-five percent had from one to five years prior experience and the remaining 3% had more than five years experience. Uptake may have been minimized in this largely inexperienced group due to the widespread use of the bound form of I-125 and the small quantity. In the absence of

these offsetting factors, it is likely that uptake would increase with decreases in prior experience.

Sixty-two percent of those counted with non-detectable uptakes reported working with the vial septum on, while 32% reported it had been removed. This departs from the total sample where 57% of the 68 counted reported removing the septum.

The overall pattern seems to indicate that those with a non-detectable uptake used the less volatile bound form, less than 500 μCi and did not remove the vial septum. There is no doubt that these factors are crucial in minimizing uptake, but there may also be a chronic uptake from repeated experimentation with these small quantities and it is unlikely that such a largely inexperienced group (94% of those working in this group had less than six months experience) could have yet become subject to this effect. Future counting of these individuals may reveal detectable uptakes as this influence takes effect.

Characteristics of Individuals with a Greater than Non-Detectable but Less Than 0.005 μCi Uptake

Nineteen of the 68 individuals counted had uptakes which were greater than non-detectable but less than 0.005 μCi. Of this group, 79% were experimenting with the free form of I-125 and 21% with the bound form. This differs from the group with a non-detectable uptake where 58% used the bound and 42% the free form and suggests that uptake is correlated with the form utilized.

Sixty-nine percent of the individuals with greater than non-detectable to 0.005 μCi uptake utilized 500 μCi or more and 31% used less than 500 μCi. Again, those with non-detectable uptakes exhibited a different pattern. In their case, 70% experimented with 500 μCi or less.

Those with a greater than non-detectable to 0.005 μCi uptake had less prior experience than those with non-detectable uptakes. In the former case, 68%, 21% and 11% had one year or less, one to five years and more than five years prior experience, respectively. In the latter case, 62% had one year or less prior experience. Limited prior experience coupled with the use of the more hazardous free form and 500 or more μCi seems in the present context to have contributed to a higher uptake.

Use of the septum had inconclusive

376

results. Fifty-three percent of those count-
ed reported not removing the septum and 47%
removed it. For the group as a whole, 57%
removed the septum while 43% did not remove
it, and for those with non-detectable uptakes
62% did not remove the septum and 38% did.

Seventy-nine percent of those with a
greater than non-detectable to 0.005 μCi up-
take used the hood while 21% did not use the
hood. A far smaller group of those with non-
detectable uptake used the hood where only
27% reported its use.

The combined evidence from this group
and those with non-detectable uptakes in-
dicates that primary factors in determining
uptake are form, quantity used and prior ex-
perience. To this point, however, the in-
fluence of the septum and the hood on uptake
is uncertain.

Characteristics of Individuals with a Greater than 0.005 μCi Uptake

Twenty-three of the 68 individuals
counted had a greater than 0.005 μCi uptake.
Far more individuals in this group used the
free form of I-125 than did in any other
group. Here 91% used the free form where
only 79% did so in the greater than non-
detectable to 0.005 μCi uptake group. Nine
percent of the current group used the bound
form.

Five hundred or more μCi were used by
83% of the individuals with a greater than
0.005 μCi uptake and 17% used 500 or less
μCi. Only the group with greater than non-
detectable to 0.005 μCi uptake came close
where 69% reported using 500 or more μCi.

Progressively, it can be seen that as
uptake has increased, so had the percentage
of individuals using the free form and the
quantity utilized. Therefore, there appears
to be a strong correlation between uptake
and these variables.

Experience has not increased with the
level of uptake. On the other hand, in
this group uptake and experience appear to
be negatively correlated. For those with
greater than 0.005 μCi uptake, 57% reported
one year or less experience. Thirty percent
reported one to five years experience and
13% more than five years experience. Sixty-
two percent of those with no detectable up-
take reported one or less years experience
and 68% of those with a greater than non-
detectable to 0.005 μCi uptake reported one
year or less experience.

The septum was reported removed by 87%
of the individuals with greater than 0.005
μCi uptake and not removed by 13%. Forty-
seven percent of those with greater than
non-detectable to 0.005 μCi uptake reported
the septum off and 38% of those with non-
detectable uptakes reported it off. The
increasing percentage of those removing the
septum seems to indicate that uptake is in
part influenced by the absence of the
septum.

Seventy-four percent of those with
greater than 0.005 μCi uptake reported that
the hood was used, while 26% reported that
it was not used. The majority of the group
with a greater than non-detectable to 0.005
μCi uptake also reported that the hood was
used. In this group, 79% reported that the
hood was used. Widespread use of the hood
in combination with a detectable uptake
would indicate that inexperience coupled
with unfamiliarity with experimental pro-
cedures has resulted in the ineffective
utilization of the hood and the resultant
pattern.

Current Yale University guidelines sug-
gest that only users of one millicurie or
more of I-125 and performing iodinations
need be counted for thyroid uptake. To have
adhered to this guideline would have meant
that the number of people counted would have
been reduced from 68 to 36 or by 32%. More
important, however, of the total 68 individ-
uals counted, 40 or 59% had detectable up-
takes. Of this group, 12 or 30% were ex-
perimenting with less than one millicurie
and were not iodinating. Obviously, to have
adhered in this case to the guideline would
have meant that a sizeable group with de-
tectable uptakes would have been overlooked.

I-125 in the Urine

Urine samples were obtained from twelve
individuals immediately after a thyroid
count indicated a thyroid uptake of more
than .001 μCi. This cutoff level was based
on the minimum detectable activity in the
urine of 1.72×10^{-3} μCi/l and 1.22×10^{-3}
μCi/l for worst and best quenched samples,
respectively. Table III gives the results
of both the thyroid counts and the urine
analysis. Of the 12 urine samples analyzed,
four showed a detectable I-125 concentra-
tion.

Utilizing the urine sample data along
with equation (7), the initial uptake, U_o,
was calculated. Once U_o is determined, the
retention function given by equation (3) is

Table III

Urine Concentrations at Time t Vs. Thyroid Burdens at Time t

t	T	Amount in Thyroid μCi	Urine Activity μCi/l
1.125d	1d	0.141	3.52×10^{-2}
2 wks.	2 wks.	0.0165	N.D.
43d	43d	0.0066	N.D.
.75d	.75d	0.0024	2.76×10^{-3}
3d	3d	0.006	N.D.
15d	15d	0.007	N.D.
15d	15d	0.003	N.D.
88d	88d	0.005	N.D.
1.5d	1.5d	0.0038	N.D.
8d	8d	0.0105	N.D.
1.125d	1.125d	0.007	2.89×10^{-3}
1d	1d	0.0096	2.23×10^{-3}

Table IV

Calculated and Measured Thyroid Burdens

No.	A Measured Thyroid Activity μCi	B Thyroid Activity Calculated From Urine Analysis, μCi	$\frac{A-B}{A} \times 100\%$
1	0.141	0.12	14.9%
2	0.007	0.0059	15.7%
3	0.0024	0.0031	29.2%
4	0.0096	0.0063	34.4%

0.001 μCi, no detectable activity is present in the urine. We have found that in order to make comparisons between urine activity and thyroid burden, a sample must be taken within three days of the uptake. After three days the urine activity is below the minimum detectable level of our system.

applied in order to determine the thyroid activity at the time of the thyroid count. A comparison of calculated and measured thyroid burdens is given in Table IV. The thyroid count data was assumed to yield the actual amount present. The percent error given in the last column of Table IV reflects the ability of the urine sample data to approximate the measured thyroid burden. The authors feel the results are better than what one would expect, the worst error being 34.4% too low. One must remember that in calculating a thyroid burden from urine data, errors result from estimating total daily urinary excretion, assumptions in biological half lives of stable iodine in the body and thyroid, and the actual time the uptake occurred. It is extremely difficult to correlate urine sample activity and thyroid burden. This is easily seen by referring to Figure V. Plotted in Figure V is the excretion function for I-125 given in terms of the fraction of the initial uptake excreted per day, including radiological decay. The amount excreted from the thyroid is insignificant as compared to the initial whole body excretion. The body eliminates the isotope rather quickly, and for typical thyroid burdens of 0.01 to

Figure V
EXCRETION OF I-125 VS. TIME
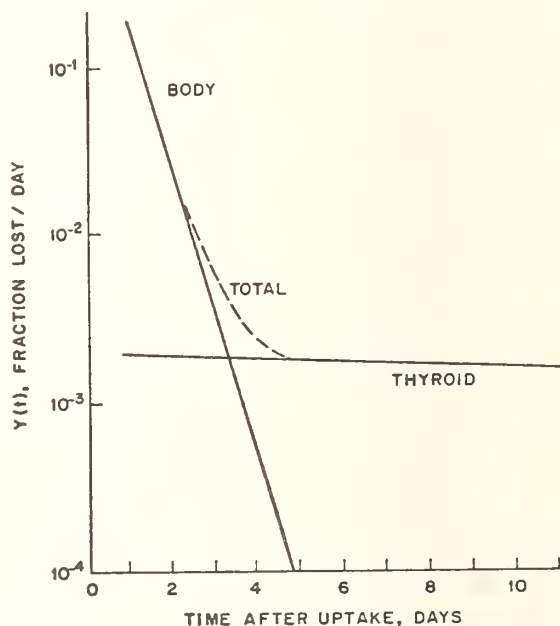
It should also be pointed out that a thyroid count always has a better sensitivity than does a urine sample. Plotted in Figure IV is the minimum uptake U_o of I-125 that may be determined from urine sample data and thyroid count data. In constructing the plot, it was assumed that the minimum detectable level was measured in the urine or thyroid t days after an uptake. The initial uptake was then calculated and is the minimum detectable. Urine sample sensitivity increases with time while thyroid count sensitivity remains approximately constant.

References

1. International Commission on Radiological Protection (ICRP), Publication 10, 1967 (Oxford: Pergamon Press).

2. International Commission on Radiological Protection (ICRP), Publication 23, 1975 (Oxford: Pergamon Press).

ATTENUATION PHANTOMS FOR PATIENT EXPOSURE MEASUREMENT DURING RADIOGRAPHIC EXAMINATIONS UTILIZING PHOTOTIMING TECHNIQUES

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Aluminum phantoms have been obtained for patient simulation in radiographic procedures utilizing phototiming techniques. Thickness of these phantoms have been determined by (a) monitoring radiographic parameters of phototimed examinations and (b) attenuation measurements of x-rays in aluminum. Four of the eight selected radiographic procedures, namely (1) A-P cervical spine, (2) Lateral lumbar spine, (3) A-P abdomen, and (4) A-P skull examinations, have been subject to patient exposure limitation in the State of Illinois since January 1, 1975. Use of these aluminum phantoms in compliance testing and estimation of patient exposure are discussed.

(Phantoms; attenuation; exposure; phototiming; radiographic examination; x-ray tube potential)

Introduction

To measure patient exposure from medical radiographic examinations utilizing phototiming techniques, it is necessary to recreate the clinical situation with an appropriate phantom in place of a patient. The thickness of the phantom employed should correspond to the body part of interest to simulate x-ray beam attenuation. The x-ray exposure is then terminated at a preset radiation level striking the film-cassette system.

The purpose of this study is to assess phantom thicknesses for x-ray attenuation of various routine radiographic examinations. Patient exposure can then be estimated with the use of the phantoms when the phototiming technique is employed for the examinations. Eight radiographic examinations are chosen for this study. These eight examinations are (1) A-P cervical spine, (2) Lateral lumbar spine, (3) A-P abdomen, (4) A-P skull, (5) A-P thoracic spine, (6) A-P lumbar spine, (7) high voltage P-A chest, and (8) P-A chest. The examinations (1) through (4) have been subject to patient exposure limitation in the State of Illinois since January 1, 1975[1]. These eight radiographic examinations are most often performed, therefore are chosen for this investigation.

Experimental Methods

Monitoring Clinical Factors

Accurate assessment of the clinical situation is necessary to facilitate proper measurement from which the attenuation phantoms can be derived. Monitoring and recording several physical quantities during actual radiographic examinations ensures such an accurate assessment. These physical quantities are the radiographic technique factors employed for the examinations, including x-ray tube potential (kVp), tube current (mA), phototimer density selection, source-to-film distance, and the thickness of the body part to be examined. The exposure time or the value of milliampere-second (mAS) must be measured and recorded.

In this study, a Machlett Dynalizer II[2] system was employed during actual radiographic examinations to monitor values of kVp, mA, mAS and exposure time. The experimental arrangement is illustrated in Figure 1.

Attenuation Phantoms

With sufficient data obtained from the arrangement shown in Figure 1, the patient is then replaced by an appropriate phantom. The thickness of the phantom is varied while all other factors are held constant. Thus the exposure time or the mAS value which provides adequate radiographic film density for a given examination is dependent upon the thickness of the phantom only. By placing phantoms of different thickness in place of the patient, the mAS values
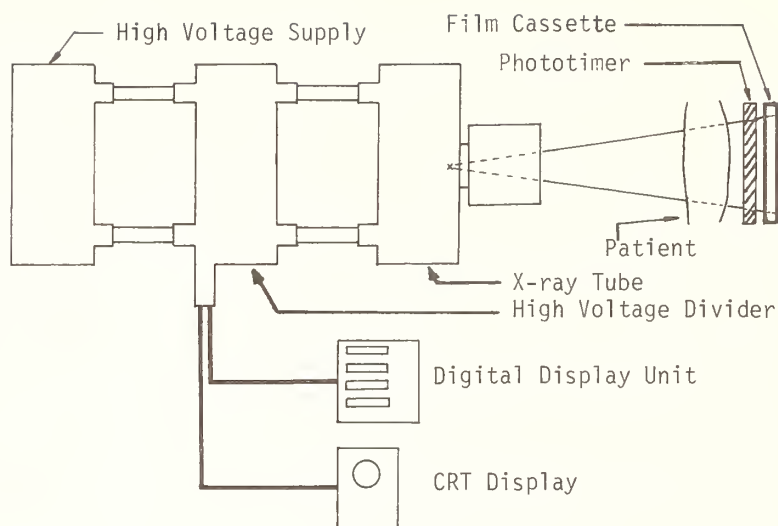
Figure 1. Schematic illustration for the Experimental Arrangement.

are measured. The phantom thickness which provides the same exposure time or the mAS value as the average patient is a realistic phantom for this examination. The phantoms, with their thickness determined for various examinations, can then be utilized for patient simulation in x-ray beam attenuation to activate the automatic termination of exposure.

Primarily, because of convenience and reasons that will be discussed in a later section, aluminum is chosen for simulation of patient attenuation. The phantom consists of a number of aluminum (type 1100) sheets of dimensions 12"x12"x1/16". The total thickness of the phantom can be adjusted in increments of 1/16".

Although it is designed for dosimetry verification in radiation therapy, the Rando Phantom[3] is also utilized for the purpose of comparison with the aluminum phantom. With soft tissue equivalent material incorporating a human skelton, the Rando Phantom is a potentially useful phantom for phototiming attenuation measurements.

Results and Discussion

Clinical Factors

The thickness of the body parts and the x-ray tube potentials employed for the radiographic examinations investigated are shown in Table I. The values in the second and the fifth columns under the headings "Technique Chart" are those obtained from the technique charts posted in the x-ray rooms. The second column indicates the average thickness of the body parts and the fifth column identifies the x-ray tube potential dial settings. Notice that the thickness for each examination shown in columns of "Technique Chart", "Rando Phantom", and "Patient" are very close to each other. The Rando Phantom is, therefore, indeed a "standard" man phantom with respect to its physical size.

Figures 2 through 8 depict the variation of mAS values as a function of the patient thickness for the examinations investigated. The x-ray tube potentials are held constant at the values indicated in Table I. The mAS values measured with the Rando Phantom are also included in the figures. The Rando Phantom appears to be denser than an average patient for A-P skull, A-P thoracic spine, and Lateral lumbar spine examinations. Consequently, for these examinations, the Rando Phantom requires higher mAS values to obtain proper radiographic film density. However, the Rando Phantom is, radiographically speaking, a "standard" man for the rest of the examinations included in this study.

The mAS values which will provide adequate film density for an average patient may be obtained from Figures 2 through 8. These mAS values facilitate the determination of the phantom thickness as will be shown in the next section.

Attenuation Phantoms

382

Table I. Radiographic examinations investigated.

Examination	Thickness of Body Part (cm)			X-ray Tube Potential (kVp)		
	Technique Chart	Rando Phantom	Patient (#)[1]	Technique Chart[2]	Manufacture[3]	Measured[4]
(1) A-P Cervical Spine	12-13	13.0	12.8 (32)	65	60	75
(2) A-P Lumbar Spine	20-21	20.5	20.1 (41)	75	70	85
(3) Lat. Lumbar Spine	25-27	25.5	25.9 (39)	85	77	95
(4) A-P Thoracic Spine	21-22	22.0	20.9 (45)	75	73	85
(5) A-P Abdomen	20-21	20.5	21.2 (43)	75	80	80[7]
(6) A-P Skull	19-20	19.0	19.0 (23)	70	70	80
(7) P-A Chest[5]	21-22	21.5	21.1 (50)	115	120	120
(8) P-A Chest[6]	----	21.5	----	----	70	70

[1] The number in the parenthesis indicates the total number of patients.

[2] The grid employed for these examinations has 12:1 grid ratio.

[3] Manufacturer suggested X-ray tube potential for use with a grid having 8:1 grid ratio.

[4] X-ray tube potential measured at the transformer terminals in series with the X-ray tube.

[5] High voltage chest radiography. Grid ratio is 12:1.

[6] Chest radiography. No grid is employed.

[7] Large focal spot is employed for this examination.
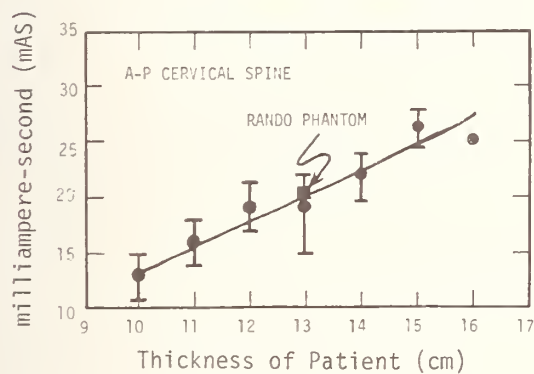
Figure 2. mAS vs patient thickness, for A-P cervical spine examination.
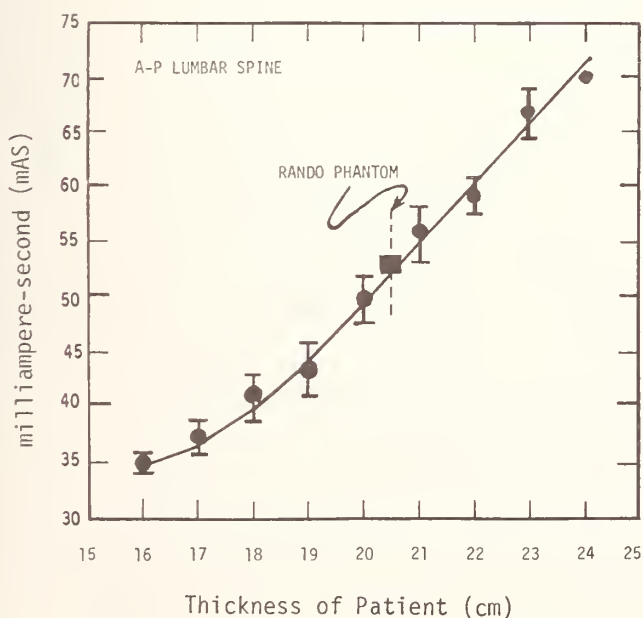
Figure 3. mAS vs patient thickness, for A-P lumbar spine examination.

383
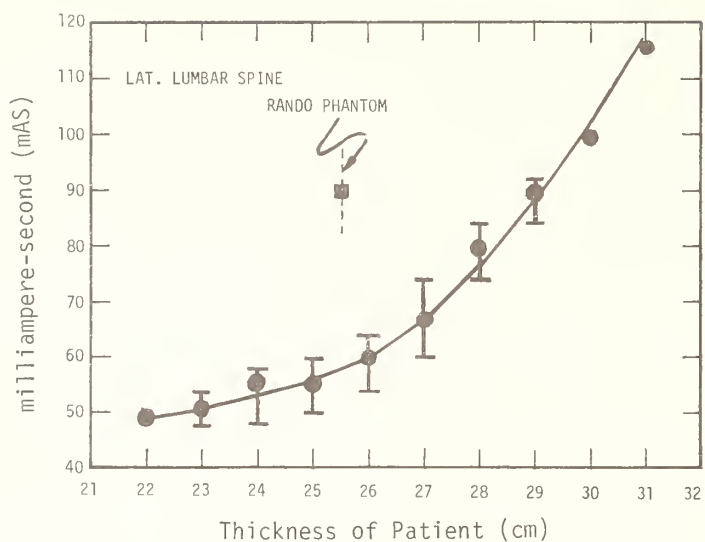
Figure 4. mAS vs patient thickness, for Lateral lumbar spine examination.
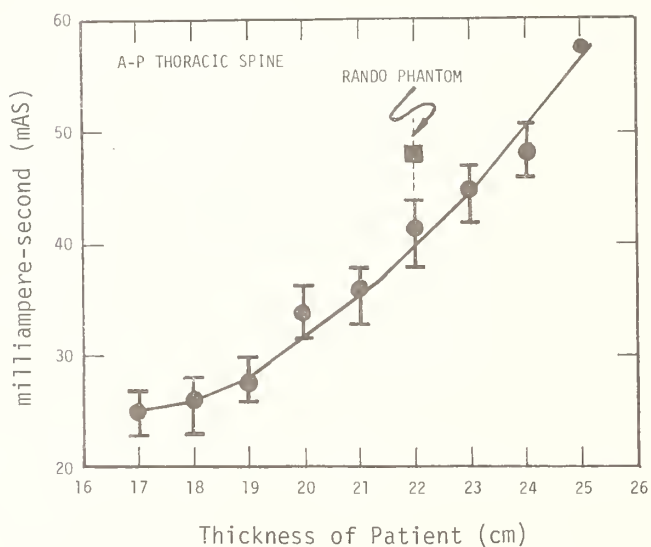
Figure 5. mAS vs patient thickness, for A-P thoracic spine examination.
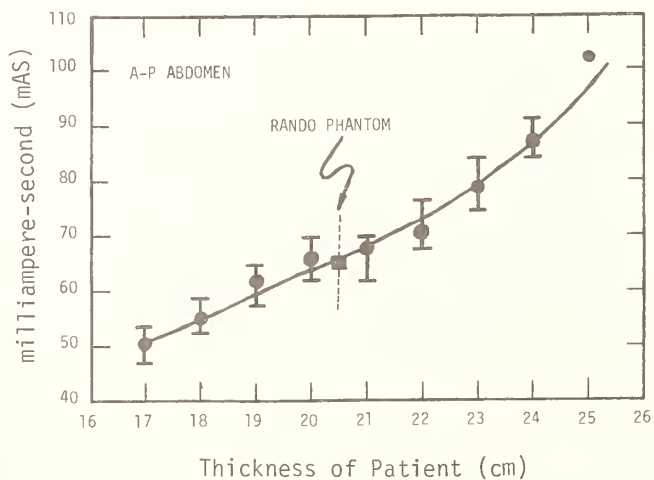
Figure 6. mAS vs patient thickness, for A-P abdomen examination.
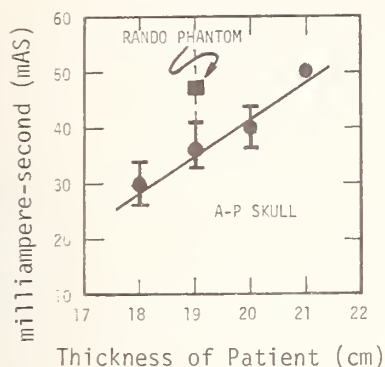
Figure 7. mAS vs patient thickness, for A-P skull examination.
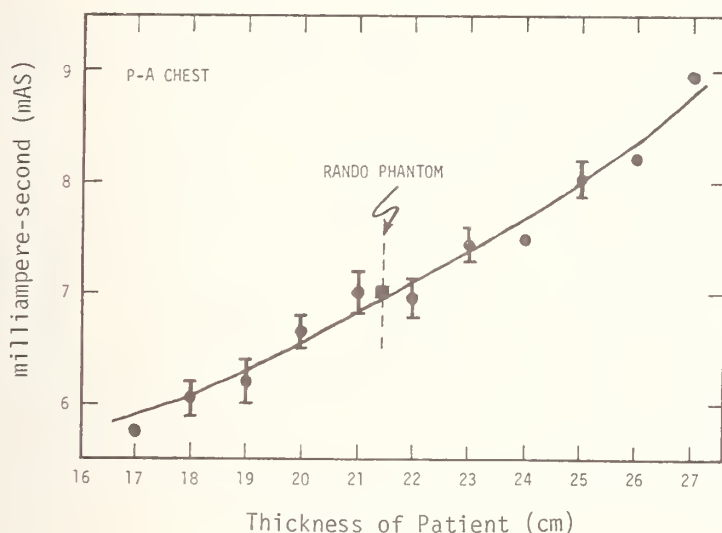
Figure 8. mAS vs patient thickness, for high voltage P-A chest examination.

The attenuation measurements with the phantom, based on the results obtained in the previous section, are then performed to determine the thicknesses of aluminum which provide the same mAS values as the average patient. The thicknesses of aluminum determined by the attenuation measurements are to be utilized as attenuation phantoms for the examinations included in this study. The thickness of the phantoms are specified in Table II. These aluminum phantoms are only valid at the x-ray tube potentials (measured) of respective examinations.

The attenuation properties of the aluminum phantoms and the Rando Phantom with respect to the variation of x-ray tube potential are depicted in Figures 9 through 16. The aluminum phantom tends to be "too thin" and "too thick" at x-ray tube potentials "higher" or "lower", respectively, than at the x-ray tube potential that is employed for the

examinations. This can be explained by noting that the attenuation of x-rays in the photon energy range of diagnostic radiology (average energy less than 75 keV) is approximately proportional to the cube of the atomic number and the thickness of the attenuation media[4],[5].

For the purpose of comparison, attenuation measurements with copper and water were also performed to determine the thickness required to simulate an A-P abdomen examination. The thickness obtained were 2.5 mm for copper and 22 cm for water. These two phantoms provide the same mAS value as the 2" aluminum phantom or the average patient for A-P abdomen examination at 80 kVp. Figure 17 depicts the attenuation properties of the 2.5 mm copper phantom and the 22 cm water phantom with respect to thevariation of x-ray tube potential.

Comparison of Figures 13, and 17 clearly indicates that (1) the water phantom and the Rando Phantom behave

385

Examination	Thickness of Aluminum (inches)
(1) A-P Cervical Spine	1.312 or 1 5/16
(2) A-P Lumbar Spine	2.125 or 2 1/8
(3) Lat. Lumbar Spine	2.75 or 2 3/4
(4) A-P Thoracic Spine	1.875 or 1 7/8
(5) A-P Abdomen	2.0
(6) A-P Skull	1.75 or 1 3/4
(7) P-A Chest	0.75
(8) P-A Chest*	0.75 or 3/4

*High voltage chest radiography
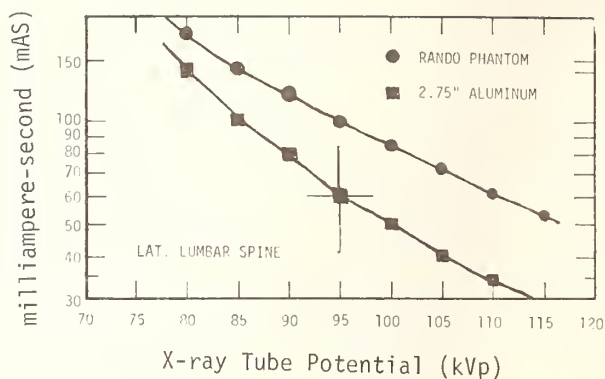
Figure 11. mAS vs kVp, for Lateral lumbar spine examination.
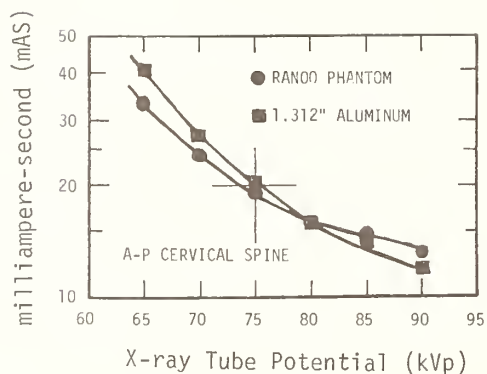
Figure 9. mAS vs kVp, for A-P cervical spine examination.
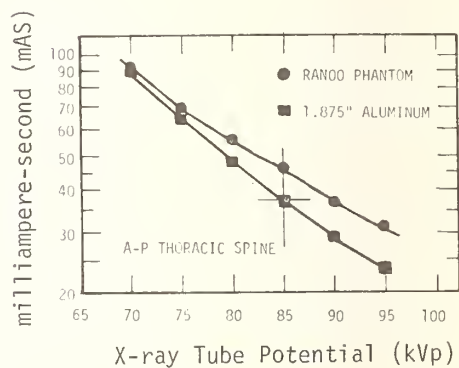
Figure 12. mAS vs kVp, for A-P thoracic spine examination.
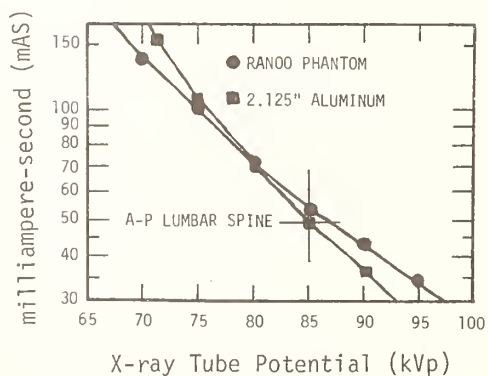
Figure 10. mAS vs kVp, for A-P lumbar spine examination.
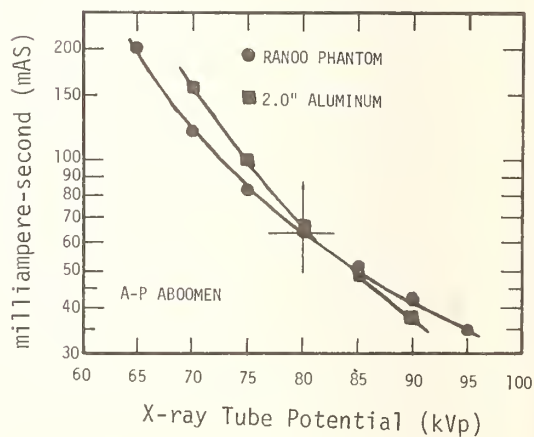
Figure 13. mAS vs kVp, for A-P abdomen examination.
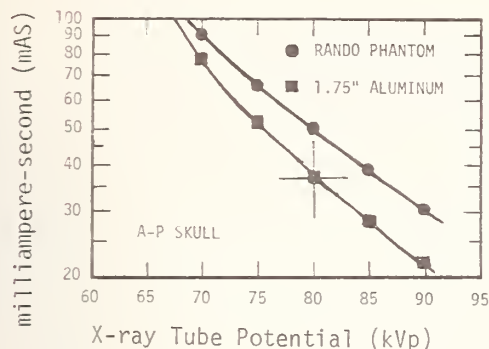
Figure 14. mAS vs kVp, for A-P skull examination.
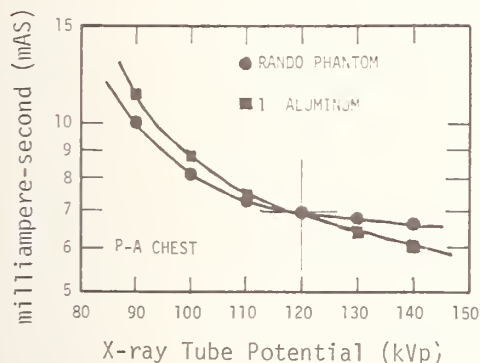
Figure 15. mAS vs kVp, for high voltage P-A chest examination.
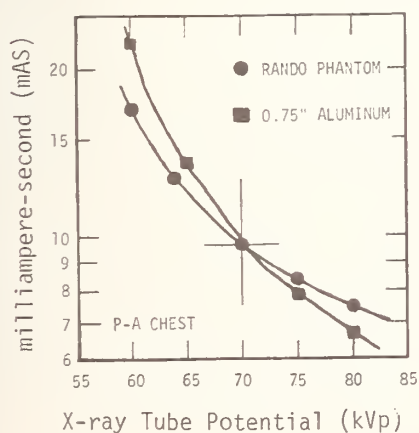
Figure 16. mAS vs kVp, for P-A chest examination. (Routine chest radiography)
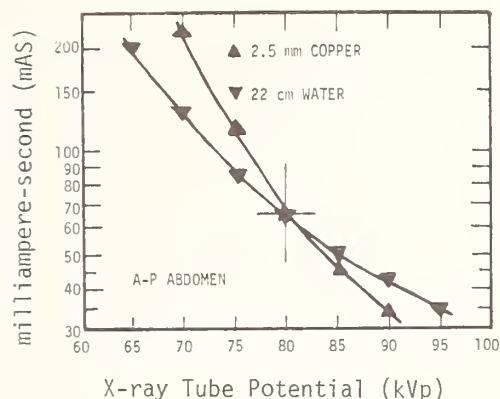
Figure 17. mAS vs kVp, for A-P abdomen examination.

in a very similar manner, (2) the copper phantom has a steeper curvature, and (3) the aluminum phantom has an intermediate characteristic. The water phantom is probably the best choice for patient simulation, however, transportation and handling of this phantom in x-ray rooms is often inconvenient. Due to its relatively high atomic number (Z=29), the copper phantom does not attenuate x-rays in a manner similar to that of muscle (average Z=7.4), or water. Therefore, copper may not be an appropriate choice for attenuation phantom when the variation of x-ray tube potential is anticipated. Aluminum (Z=13), on the other hand, has an attenuation property which is not significantly different from that of muscle or water. In addition, its reasonable thickness for handling is most suitable in field applications.

<u>Use of the Phantoms and Summary</u>

For patient exposure measurement or estimation of, for example, the abdomen examination, the 2" aluminum phantom is placed on the examination table. The radiation field is aligned with the phantom and the phototimer-film cassette system. The geometry and the parameters of radiographic techniques are arranged identically with those of the clinical situation for an average patient. An ionization chamber is positioned 21 cm (the average thickness) above the center of the phantom. The exposure obtained is an index of the estimated

387

Table III. Thickness of aluminum phantom for various kVp values.

A-P Cervical Spine	kVp	65 - 70	71 - 79	80 - 85	A-P Abdomen	kVp	70 - 75	76 - 84	85 - 90
	inch	1 1/4	1 5/16	1 3/8		inch	1 15/16	2	2 1/16
A-P Lumbar Spine	kVp	75 - 80	81 - 89	90 - 95	A-P Skull	kVp	70 - 75	76 - 84	85 - 90
	inch	2 1/16	2 1/8	2 3/16		inch	1 11/16	1 3/4	1 13/16
Lat. Lumbar Spine	kVp	85 - 90	91 - 99	100-105	P-A Chest	kVp	110-115	116-124	125-130
	inch	2 5/8	2 3/4	2 7/8		inch	7/8	1	1 1/8
A-P Thoracic Spine	kVp	75 - 80	81 - 89	90 - 95	P-A Chest	kVp	60 - 65	66 - 74	75 - 80
	inch	1 13/16	1 7/8	1 15/16		inch	11/16	3/4	13/16

exposure that may be received by an average patient at the surface of the primary beam entrance without a back-scatter correction.

The measurement protocol for patient exposure limitation implemented by the State of Illinois calls for positioning of the ionization chamber at the tabletop[1]. The exposure obtained above, therefore, should be corrected by the inverse-square law for compliance testing.

There was no statement made regarding the x-ray tube potential by the State of Illinois when the abdomen phantom was specified (2.1 mm of copper). However, it is clearly demonstrated in Figures 9 through 17 that an appropriate compensation for correcting the exposure values due to the variation of x-ray tube potential is necessary. The investigator finds a correction chart derived from attenuation measurements with various thickness of aluminum phantoms, shown in Table III, to be useful. This chart is currently employed at our institution for patient exposure estimation of radiographic examinations utilizing phototiming techniques.

Acknowledgments

References

1. Rules and regulations for protection against radiation, adopted April 18, 1961, amended May 1, 1974. Illinois Department of Public Health.

2. Dynalizer II x-ray equipment calibration and verification system, available from the Machlett Laboratories, Inc., Stamford, Connecticut.

3. The Rando Phantom, available from Alderson Research Laboratories, Inc., Stamford, Connecticut.

4. William R. Hendee, Medical Radiation Physics (Year Book Publishers, Inc., Chicago, Illinois)

5. Harold E. Johns and John R. Cunningham, The Physics of Radiology (Charles C. Thomas Publisher, 1969, Springfield, Illinois)

EFFECTS OF MEASURING APPARATUS ON X-RAY ATTENUATION MEASUREMENTS

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Measurements of x-ray exposure are affected by the photon energy depend-
ence of instrument response, and measurement geometry.

The effects of these factors on measured x-ray attenuation curves and
estimates of first half-value layer in aluminum under certain test
conditions are described, and estimates of the magnitudes of the effects
are given.

A method for correcting half-value layer estimates obtained under less
than ideal, but well-controlled, conditions is discussed.

(Half-value layer; geometry effects; chamber energy response; photon
attenuation)

Introduction

An investigation was conducted to deter-
mine the effects of measurement geometry and
radiation detector energy dependence on
x-ray beam half-value layer determinations
within the diagnostic energy range. Two
discrete x-ray beam qualities were selected
for this investigation. The two x-ray beam
qualities selected were approximately 1 mm
Al half-value layer (HVL) and 4 mm Al HVL,
with nominal 48 kVp and 90 kVp tube poten-
tials, respectively. It was felt that these
two beam qualities were representative of
the lower and medium beam qualities encoun-
tered in diagnostic radiology. In addition,
it was suspected that the greatest error in
half-value measurements might occur at the
lower beam quality.

This investigation encompassed three
geometries commonly employed in x-ray atten-
uation measurements, and three instruments
having significantly different energy re-
sponse functions. The response of one
instrument had a rather significant but
not necessarily atypical photon energy
dependence. An attempt was made to quantify
the magnitude of the effect of the individ-
ual parameters on the determination of
the two half-value layers.

Experimental Design and Equipment Description

Two x-ray beam qualities were selected
for this investigation. The peak tube
potentials were 48 kVp and 90 kVp.

Test Geometries. Three geometries were
selected for evaluation in this investiga-
tion. These geometries are commonly employ-
ed in attenuation measurements in the diag-
nostic energy range. Geometry A can be
described as follows: the distance from
the source to the center of the sensitive
volume of the ionization chamber was approx-
imately 75 cm; the source to aperture dis-
tance was approximately 30 cm; the field
was defined by the beam-limiting device
of the x-ray source assembly, i.e., the
collimator of the x-ray system itself; the
x-ray field cross-sectional area at the
plane of the center of the sensitive volume
of the ionization chamber was approximately
220 cm^2 (12 cm x 18 cm); the attenuators
were perpendicular to the central ray of
the beam placed approximately midway be-
tween the x-ray source and the center of
the sensitive volume of the ionization cham-
ber. It may be noted that this geometric
configuration corresponds to that routinely
employed in the Bureau of Radiological
Health (BRH) routine compliance testing
of radiographic x-ray systems, utilizing
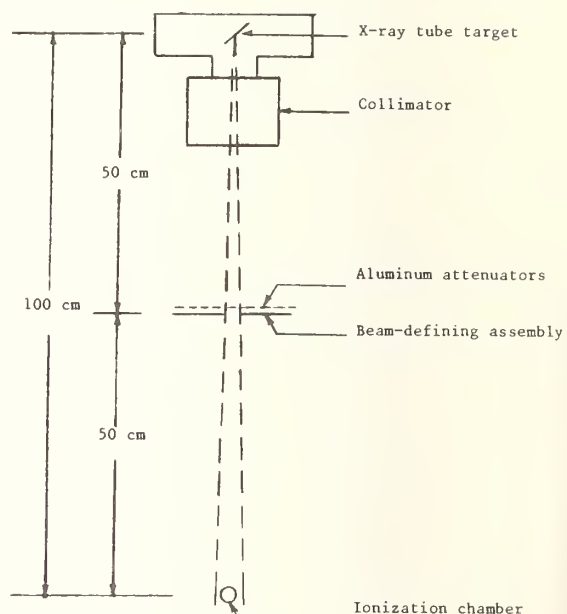the BRH test stand and associated hardware.

Geometry A

Narrow beam geometry (geometry C), was used to determine the reference half-value layers throughout this investigation. Narrow beam geometry is described as follows: the distance from the x-ray source to the center of the sensitive volume of the ionization chamber was approximately 100 cm; the beam-defining assembly was midway between the x-ray source and the ionization chamber, perpendicular to and centered on the central ray of the x-ray beam; the x-ray field was large enough to expose uniformly only the entire sensitive volume of the ionization chamber; and the attenuators were placed on the source side of and in direct contact with the beam-defining assembly.

Geometry B can be described as follows: the distance from the x-ray source to the center of the sensitive volume of the ionization chamber was approximately 75 cm; the source to aperture distance was approximately 38 cm; the beam-defining assembly was a 15 cm x 15 cm square lead/Lucite sandwich with a 5 cm x 5 cm centered aperture; the x-ray field cross-sectional area at the plane of the center of the sensitive volume of the ionization chamber was approximately 100 cm^2 (10 cm x 10 cm). The configuration described as geometry B can be achieved by using the BRH test stand and associated hardware, and corresponds closely to the test configuration used in gathering HVL data for NEXT (Nationwide Evaluation of X-Ray Trends.)

Geometry C

The BRH test stand used in geometries A and B is a rectangular Lucite frame which provides fixed geometry for placement of the ionization chamber, the beam-defining assembly, and the aluminum attenuators.

Instrumentation. Three ionization chambers and their respective readout systems were selected for this investigation. A Victoreen 555 Radocon II with a 555-1 DAS chamber was used in making the reference half-value layer determinations. The energy dependence of this ionization chamber is depicted in figure 1. This chamber is a propionate cylinder with a metal wire as the central anode.

Geometry B

390
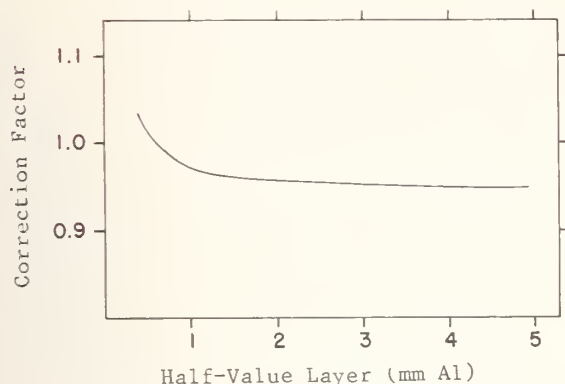
Figure 1. Energy Dependence of
a Victoreen 555-1 DAS Chamber.

The second instrument selected for eval-
uation in this investigation, an MDH 1015A
X-Ray Monitor with a 10x5-6 chamber, invol-
ved the use of an ionization chamber com-
posed of two concentric polystyrene cylin-
ders. The energy response of this cham-
ber is depicted in figure 2.
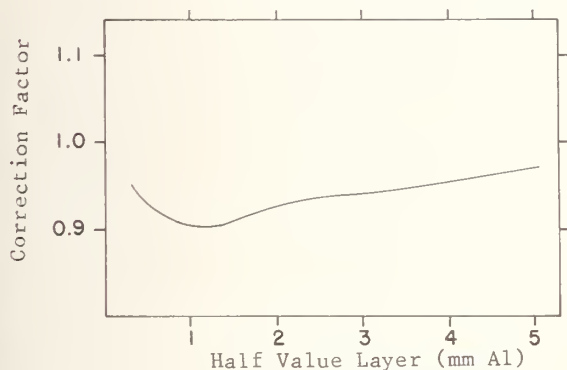
Figure 2. Energy Dependence of
an MDH 10x5-6 Chamber.

The 666-10 ionization chamber selected
for the use with the third instrument em-
ployed in this investigation, a Victoreen
666 Survey Meter, can be described as a
right cylinder, constructed of phenolic,
of parallel plate design with a round disk
anode. The characteristic energy response
of this chamber model is depicted in figure
3.
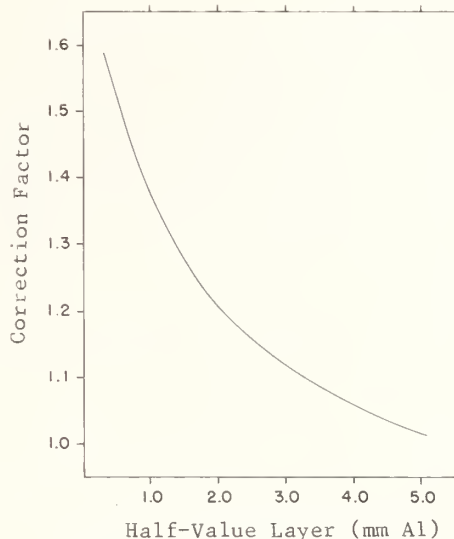
Figure 3. Energy Dependence of
a Victoreen 666-10 Chamber.

Throughout the course of this investi-
gation the peak tube potential, the product
of the tube current and exposure time,
and the line voltage regulation of the
x-ray machine were monitored continually
and found to be reproducibly stable. The
peak tube potential was monitored with
a Philips model 8122 100 voltage divider
equipped with a digital readout system.
Calibration of this voltage divider was
traceable to the National Bureau of Stand-
ards. The tube current/exposure time
product measurements were made with a
Hewlett-Packard model 4288 clip-on probe
milliammeter, modified to provide the
exposure time/tube current product. The
line voltage regulation was observed with
a specially designed BRH line voltage
regulation monitoring system.

Data and Results

Extended attenuation curves were devel-
oped with the use of the Victoreen 666
Survey Meter in all three geometries:
A, B, and C. The MDH 1015 X-Ray Monitor
was also used in the three geometries.
The Victoreen 555 Radocon II was used only
in geometry C. The relationships among
instruments and geometries are depicted
in Table 1.

From the extended attenuation curves
the first half-value layers (observed,
uncorrected) were determined. The results
of these uncorrected data are presented
in Tables 2 and 3. It is obvious from

Instrument	Geometry		
	A	B	C
Victoreen 666 with 666-10 chamber	X	X	X
MDH 1015A with 10x5-6 chamber	X	X	X
Victoreen 555 with 555-1 DAS chamber			X

Table 1.   Instrument/Geometry Combinations Employed.

Instrument	Geometry		
	A	B	C
Victoreen 666 with 666-10 chamber	0.98	1.00	1.03
MDH 1015A with 10x5-6 chamber	0.87	0.84	0.87
Victoreen 555 with 555-1 DAS chamber			0.88

Table 2.   Observed First Half-Value Layers for X-Ray Beam at 48 kVp.

Instrument	Geometry		
	A	B	C
Victoreen 666 with 666-10 chamber	5.02	4.62	4.70
MDH 1015A with 10x5-6 chamber	3.85	3.80	3.76
Victoreen 555 with 555-1 DAS chamber			3.74

Table 3.   Observed Half-Value Layers for X-Ray Beam at 90 kVp.

Tables 2 and 3 that significant differences occur in the determination of the half-value layer with different geometries and instruments. The implication is that these variations can be attributed to the different chamber energy responses and geometries.

An attempt was made to correct the observed half-value layers determined in geometries A and B for the energy responses of the Victoreen 666-10 and MDH 10x5-6 chambers, such that the observed half-value layers would be equal to the reference half-value layer. The iterative technique of correcting half-value layers for the ionization chamber energy dependence, as suggested by Morrison[1], was applied to the data. This technique attempts to regress the observed attenuation curve to the true attenuation curve, independent of the energy dependence of the ionization chamber employed. The number of iterations required to achieve this goal is a function of the severity of the energy dependence of the particular ionization chamber employed.

Figure 4 shows the uncorrected attenuation data (Geometry C) as well as the results of the first iteration applied to this data for a beam having a reference half-value layer of 3.75 mm Al. Inherent in the iterative technique is an implied knowledge of the energy response of the particular ionization chamber employed as well as the selection of the appropriate correction factor for the individual points on the attenuation curve. Since half-value layer measurements are relative measurements and not absolute exposure measurements, it is frequently concluded that it is unnecessary to use any calibration data for the ionization chamber employed in such measurements. It is obvious from figure 4 that this is not the case at all, and that it is necessary to apply the appropriate corrections for the particular beam quality being determined.
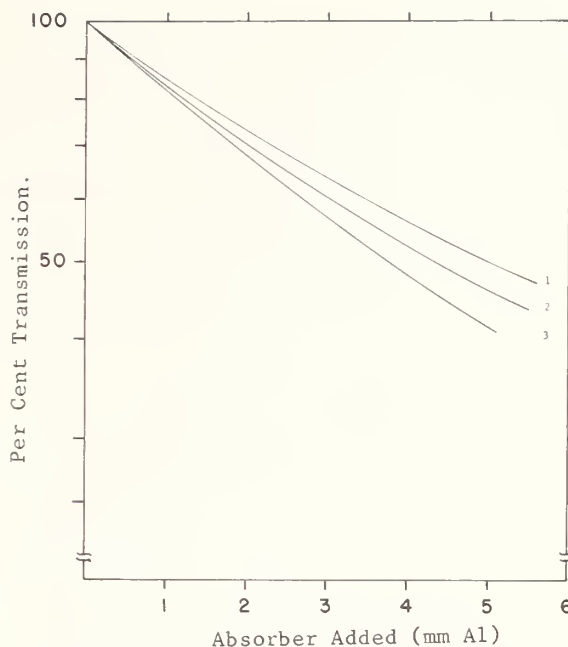
Figure 4. Attenuation Curves for a Beam of 3.75 mm Al Reference Half-Value Layer. 1. Observed attenuation curve for Victoreen 666-10 chamber in geometry A. 2. Above attenuation curve, corrected by one iteration. 3. Reference attenuation curve for Victoreen 555-1 DAS chamber.

It is imperative to recognize that in order to use the iterative technique effectively on attenuation data, it is necessary to know the energy response of the ionization chamber employed over a range of energies significantly exceeding that corresponding to the particular observed half-value layer; e.g., for an observed half-value layer of 3.74 mm Al, it is necessary to know the energy response of the ionization chamber to approximately 8 mm Al half-value layer if the iterative technique is to be effectively applied to the attenuation data. It is also worth noting that the application of the iterative technique requires that the attenuation data be extended so that the initial radiation exposure rate is reduced to 25% or less, and, if possible, to 12%.

Instrument response is not solely dependent on the energy dependence of the ionization chamber, and certain other parameters can significantly affect the instrument response in an attenuation measurement. Some of these parameters are instrument precision, sensitivity, and scale linearity for analog readout systems. In addition, all radiation measurements have an associ-

393

ated inherent uncertainty dependent on the reproducibility of the detector readout system, the accuracy of the calibration of that particular system, the exposure rate, the number of observations, and the magnitude of the particular exposure being measured. It is appropriate to re-emphasize the importance of selecting the appropriate energy response data for the particular ionization chamber employed as well as selecting from the energy response data the appropriate correction factor for the particular attenuation data being corrected.

Conclusions

From Table 2, which gives the results for the lower beam quality as measured with the three geometries and three instruments, it can be seen that at this lower half-value layer (0.88 mm Al reference value) the magnitude of the percentage error is significant. The apparent geometry and instrument effects result in a measured half-value layer which can be as much as 15% greater than the reference value. The first application of the iterative technique gave a good approximation of the lower reference half-value layer. Application of the iterative technique seems to be valid, within reasonable limits, regardless of the severity of the energy response of the particular ionization chamber employed for measurement of the lower half-value layer.

Table 3 shows the results of the several instrument/geometry combinations employed in measuring the quality of the beam with a reference half-value layer of 3.75 mm Al. It can be seen that the magnitude of the effects of the several instrument/geometry combinations is more severe at higher energies than at lower energies. For the instrument/geometry combinations evaluated here, the worst-case condition reflected a half-value layer approximately 34% larger than the reference value. The first application of the iterative technique to the data in Table 3 for the Victoreen 666-10 chamber did not correct the observed half-value layer to the reference value. There is strong indication that it is not the iterative technique that is at fault, but the lack of knowledge of the energy response of the particular chambers employed for beam qualities greater than 5 mm Al half-value layer.

Another interesting point is the effect of geometry on the determination of the half-value layer for a particular beam. Within the framework of this investigation, the effects of geometry provided a source of variation not greater than 4%. It is not reasonable to believe that the 4% variation can be attributed solely to geometry, since there are other variations that could contribute to this value. From this, the conclusion can be made that it is much more important to review the energy response of the ionization chamber being employed in half-value layer measurements than it is to put severe restrictions on the geometry for making the measurement. If the data are to be used for comparative evaluations of the same particular piece of x-ray equipment, then a fixed reproducible geometry for making the attenuating measurement is very important; however, in the event that one is simply making a single estimate of the half-value layer, it is much much more important to have precise knowledge of the energy response of the ionization chamber employed. It is also worthwhile to note that the effects of the different source to chamber distances employed here and the effects of the x-ray field size were essentially insignificant in the case of the chamber with minor energy dependence (i.e., the MDH 10x5-6 chamber).

The implication is that a geometry which is simple to establish and reproduce is an acceptable configuration in making routine beam quality evaluations of diagnostic x-ray equipment. Geometry effects are minimal in such determinations of half-value layer when such measurements are made with an instrument having a minor energy dependence.

[1] Margaret T. Morrison and G. W. Reed, Brit. J. Radiol., 25:270, 1952.

kVp MEASUREMENT FOR DENTAL X-RAY UNITS

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The kVp measurement of a sealed x-ray system using filtered radiation from a scatterer is discussed and compared to direct voltage measurement techniques.

(kVp; dental; x-ray)

Introduction

Federal legislation has made necessary the accurate measurement of all parameters associated with x-ray production. Among these parameters is the peak potential impressed on the x-ray tube by the high voltage generator.

An accurate measurement of this parameter is important for two (2) reasons:

1. It is an indication of the penetrating power of an x-ray beam.

2. The radiation incident upon the patient is dependent on the kVp.

The measurement of this parameter in a dental x-ray unit offers a particular challenge to the investigator. The diagnostic source assembly contains the x-ray tube housing, beam limiting device and the high voltage generator. These are immersed in oil or gas and sealed in a metal enclosure with expansion compensators. The high voltage area of the diagnostic source assembly is therefore inaccessible without breaking the seal on the metal enclosure.

Five (5) methods of measuring this parameter for dental x-ray systems are discussed below:

1. Direct high voltage measurement in an open oil filled tank using a high resistance voltage divider and an oscilliscope.

2. Direct high voltage measurement in an open oil filled tank using a peak reading kV meter of the charging capacitor type.

3. Direct pulse height analysis using a 1024 channel multichannel analyzer, GeLi detector and heavy filtration of the x-ray beam.

4. Pulse height analysis of a scatter spectrum from an element whose "K" line is at or near the peak x-ray potential indicated, using a 1024 channel multichannel analyzer and a sodium iodide scintillation detector.

5. Method #4 modified by a filter with an atomic number one higher than that of the scatterer placed between the scatter source and the detector.

Method #1
The open tank/high voltage divider measurement.

The apparatus used for this measurement is depicted in Fig. 1.
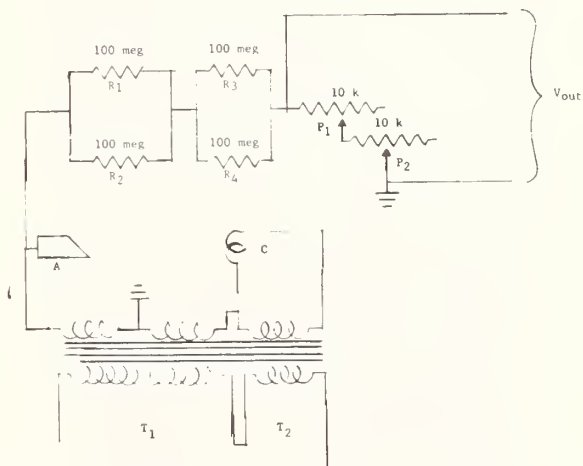
Schematic of Open Tank/High Voltage Divider Apparatus

The entire assembly was put into an electrically insulated tank, evacuated to 200 microns and held there for 24 hours. Hot transformer oil (140°F) was allowed to cover the assembly and the unit was held at 200 microns for another 24 hours. The transformer (T_1), the x-ray tube (C, A) and transformer (T_2) constitute the electrical components of a dental diagnostic source assembly.

To calibrate this apparatus, a pure sine wave was impressed on the primary of T_1; the primary of the filament transformer (T_2) was disconnected so that no distortion of the sine wave was introduced into the secondary. A Hipotronics AC/DC kilovolt-meter, Model 110, was put in parallel to the divider. The meter used has an N.B.S. traceable calibration. The oscilliscope was calibrated for a full scale reading of the highest peak potential to be measured by adjusting potentiometers P_1 and P_2. This produces the proper peak reading corresponding to the rms reading on the Hipotronics meter. A pure sine wave was needed at the output of transformer T_1 to ensure that the conversion from rms kV to peak kV is without harmonic error.

The Hipotronics meter was then removed, the primary of transformer T_2 was re-connected and the entire assembly was connected to the proper x-ray control. Readings were then taken at the maximum rated peak x-ray potential of the x-ray system and compared to its specifications. The kVp was varied when it was possible, or the mA was varied and the indicated value of kVp was compared to the actual.

Fig. 2 is a picture of the waveform seen on the oscilliscope face; note that due to the half wave loading of the high voltage transformer by the x-ray tube, the waveform departs from that of a true sine wave.

Fig. 2
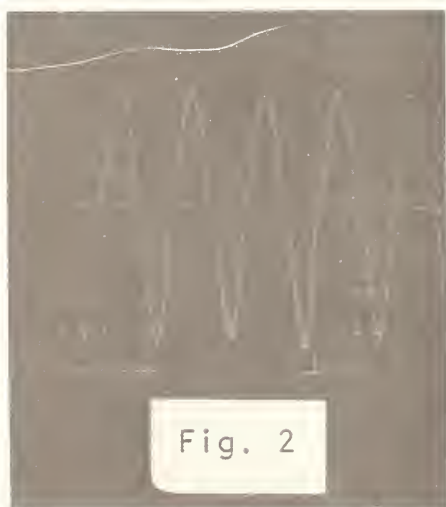
Waveform at 90 kV indicated, 10 mA indicated obtained by the voltage divider method.

The advantages of the method are listed below:

1. The actual secondary waveform is seen and can be studied if the oscilliscope is a storage type oscilliscope.

2. The mA can be displayed with the secondary voltage waveform to determine the effects that changing the mA has on the kVp.

3. The primary voltage can be studied along side the secondary voltage and the effects that waveform changes in the primary have on the secondary waveform can be determined.

4. The kVp reading is instantaneous.

These reasons are all good research tools and this method allows one to use them. However, what effects are ignored by this method or what new effects are introduced by this method?

A list of the major aberrations of this system are in order:

1. This system ignores the possible capacitance currents that a rapidly varying high voltage field generates when surrounded by a grounded metal enclosure.

2. The introduction of a resistive load unbalances the two (2) coils in the transformer.

3. The resistive load also tends to lower the kVp reading since the voltage regulation in dental diagnostic source assemblies is low.

4. The resistors used (100 meg, $\frac{1}{2}$%) have a high voltage coefficient.

5. The width of the oscilliscope trace also lends itself to inaccuracy.

The error is estimated at a full-scale inaccuracy of 2-5% by this method, depending on the type oscilliscope used and the individual researcher. However, this is a valuable research tool in determining high voltage wave shapes and factors effecting them.

Method #2
Direct high voltage measurement in an open oil tank using a charging capacitor type kVp meter

The meter used in this method was an ITT Jennings Model 12102 high voltage meter with a calibration traceable to N.B.S.

This meter has an oscilliscope output and digital readout with an option of reading the positive half cycle, the negative half cycle or rms kilovoltage.

The diagnostic source assembly was evacuated in an open tank and filled with oil by a method similar to that described in Method #1.

N.B., in certain cases, when the x-ray tube and high voltage generator are sealed by bolting the outer tank together, the diagnostic source assembly may be put into a larger tank of oil and the bolts removed and the diagnostic source assembly opened in the oil to avoid the necessity of re-evacuation. This procedure is somewhat difficult and many dental diagnostic source assemblies are of a welded or soldered construction and this procedure is not applicable.

After the diagnostic source assembly was put into oil, the high voltage input lead from the metering circuit was connected to either the anode or cathode. The diagnostic source assembly was connected to the control designed for it. The control was then set for the maximum rated kVp and mA. An exposure was made of at least five (5) seconds duration and a reading was taken. The exposure was of long duration because the rise time of the meter was quite long. Charge time is a very important factor in the use of peak reading devices of this nature.

If there is more than one technique factor available, the machine should be tested at every combination of preset techniques and in the case of continuously variable techniques it should be tested in a series of combinations at predetermined steps, i.e. variations of 10 kV if the kVp is continuously variable at each of the preset mA's.

The positive aspects of this type of measurement are easily recognizable.

1. The machine has a digital readout and readability is good.

2. One has the option of viewing the waveform on an oscilloscope independent of the readings.

3. One has the option of reading the magnitude of the positive peak, negative peak or the rms kV.

However, this type of measurement has a few subtleties not as readily apparent as the positive aspects:

1. The long rise time forces the researcher into making a long exposure. In dental diagnostic source assemblies, this is undesirable due to duty cycle considerations (most dental x-ray control panels do not have a time setting greater than five (5) seconds).

2. Due to the long rise time of this unit, the instantaneous peak voltage cannot be measured. Some dental machines may produce a kVp that varies in magnitude on alternate conducting half cycles, ref. Fig. 2. Others may have a low kVp on the initial impulses of x-ray which then stabilizes to a higher value of kVp. Finally, the kVp may be a high value which stabilizes to a lower value of kVp. None of these cases can be detected with this type of instrumentation due to the long rise time of the metering circuit. The kVp value obtained by this method may at times be erroneous.

Fig. 3 is an example of an x-ray unit whose kVp does not stabilize in the first few x-ray impulses. The kVp is very low initially and stabilizes at a higher value.

Positive half cycle of the kVp of a dental x-ray machine

3. The nature of the circuitry itself tends to allow the calibration to change over relatively short periods, 1-3 months, necessitating frequent re-calibration.

The biggest problem associated, both, with this method (#2) and the previous method (#1) is that in order to test the diagnostic source assembly, the high voltage generator and the x-ray tube must be removed from their housing. The tube housing, expansion devices or both may be damaged by the process. A significant amount of the testing of dental machines involves machines that are already installed,

397

Methods #1 and #2 have a serious drawback for this application.

The accuracy of Method #2 is dependent on the type of system being tested. For instance, a unit in which the kVp varies on alternate peaks, Method #2 yielded a value 4-6 kV lower than the true value in the range 80-100 kVp; another example is the unit whose kVp drops down to a point of stabilization, the initial high kVp is never seen by the observer only the long term stabilized kVp. The error here was measured to be 8-12 kV in the 50-100 kVp range. However, if the unit being tested has the same peak kV for the first pulse of x-ray as for the 300th pulse of x-ray and for all those in between or if the kVp stabilizes at a point higher than the kVp of the first x-ray pulse and remains stable, then measurement of the peak kV would be within the machine's accuracy of $\pm$ 1%.

Method #3
Pulse height analysis of a heavily filtered x-ray beam using a GeLi detector

This method, depicted in Fig. 4, was tried briefly. This apparatus was an x-ray source, narrowly collimated by a heavy lead collimator. The x-ray beam was then heavily

X-ray Source

GeLi Detector

Filter Combination of Lead, Copper, Aluminum and Tin

1024 Channel Multichannel Analyzer
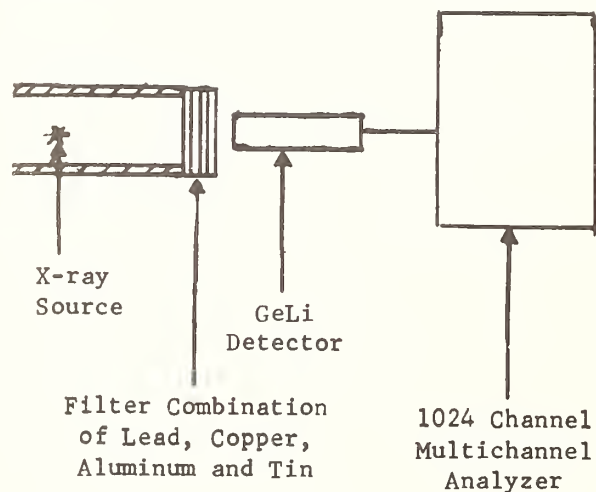
Fig. 4

Block diagram of the apparatus for direct pulse height analysis of a heavily filtered x-ray beam

filtered by a filter comprised of aluminum, copper, lead and tin. The GeLi detector was brought in as close to the source as physically possible. The system was calibrated

prior to the test using two (2) radioactive isotopes which have gamma emission lines bracketing the indicated kVp. This was repeated after the location of the spectrum end was found. The spectrum end was found by drawing a line along the noise level at the end of the spectrum and drawing a line on the downward slope of the last peak; where these two (2) lines intersected was considered to be the end of spectrum. The kVp was then calculated by the formula:

$$ kVp = P_1 \pm \left| \frac{(P_1 - P_2)(C_{P_1} - C_e)}{(C_{P_1} - C_{P_2})} \right| $$

Where:

P_1 = The energy of the calibration peak nearest the end of the spectrum.

P_2 = The energy of the other calibration peak.

C_{P_1} = The channel number of calibration peak #1.

C_{P_2} = The channel number of calibration peak #2.

C_e = The channel number of the end of spectrum.

+/- is determined by:

+ if C_{P_1} is lower than C_e

- if C_{P_1} is higher than C_e

The calibration points, both at the start and the end of a test, were each used to calculate a separate kVp and the spread between the two (2) values was used as an indication of error. The kVp was found to be repeatable by this method to $\pm$ 3 kV in the 50-100 kVp range. Also noted during the course of experimentation was that equally good results in this application could be obtained by using a sodium iodide detector. The sodium iodide detector had the added advantages of not needing cryogenic temperatures and being less bulky to handle (use of the GeLi detector was discontinued in favor of a sodium iodide detector).

The above method was reasonably repetitive but relies too much upon the judgement of the individual experimenter. It has the advantages of:

1. Not disturbing the electrical potentials

being measured.

2. The diagnostic source assembly need not be disassembled to measure the kVp.

3. The highest kVp pulse is measured each time and not the steady state kVp.

4. Results are not dependent on the secondary wave shape.

There are a few problems with this system when applied to dental x-ray units. These are:

1. The inherent storage characteristics demand extremely long cumulative exposure times.

2. Long term drift of the system adds an additional ± 1 kV error to the absolute measurement.

3. Due to the pulsed half sine wave, the electron flow in the conducting half cycle see the peak potential only intermittently, not continuously as in the case of a fully filtered d.c. potential across the tube. In essence, what this means is that the true value of the kVp may be buried somewhere in the noise of this experiment and that even though the values are relatively repeatable they are in fact too low to be the actual value. This is indicated by the results obtained in Method #5. The values obtained in Method #3 tend to be 2-4 kV lower than those of Method #5.

A typical spectrum generated by this method is shown in Fig. 5. It can be easily seen that the noise level at the end of the spectrum is barely differentiated from the signal, an inherent problem in this method.

Fig. 5

Typical spectrum from a dental diagnostic source assembly derived from the analysis of a highly filtered x-ray beam

Method #4
kVp measurement of an x-ray beam by analysis of the scatter spectrum of a known pure element

The apparatus (seen in Fig. 6) is relatively simple; the x-ray beam was highly collimated by a lead collimator, it then passed through a thick lead aperture which allows a beam to exit which is slightly
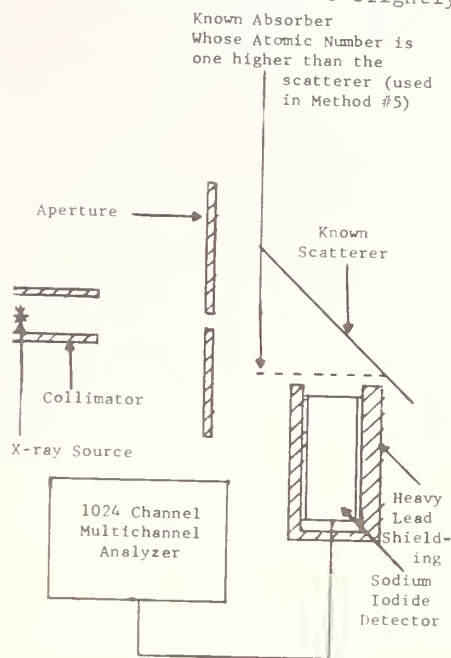
Fig. 6

Block diagram of the apparatus used in Methods #4 and #5. The additional filter is not used in Method #4.

smaller than the cross section of the scatterer that the beam sees. The scatter spectrum was then detected by a sodium iodide detector which was connected to the 1024 channel multichannel analyzer. The scatterer was an ultra-pure foil and has a "K" line near the indicated kVp being measured.

For this experiment, the following scatterers were chosen:

1. 50 kVp - Terbium has a K_e of 50.391 keV.

2. 70 kVp - Platinum has a K_e of 75.736 keV.

3. 90 kVp - Lead has a K_{ab} of 88 keV.

Each line has a width so a reasonable variation from the nominal kVp can be deter-

399

mined.

The apparatus was calibrated by radioactive isotopes before and after an analytical run was made to collect the scatter spectrum. The isotopes were chosen so that their gamma emission lines bracketed the nominal kVp.
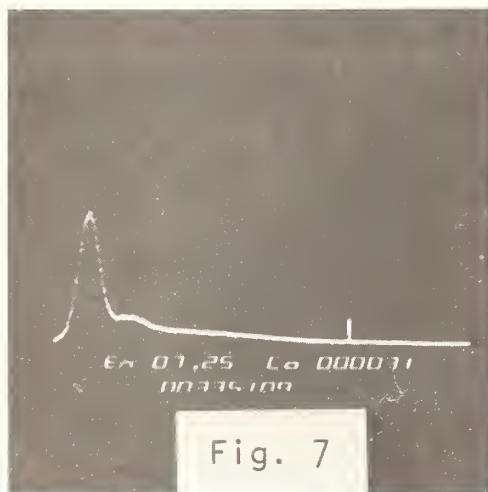
Fig. 7

Typical scatter spectrum from
platinum generated by a 68 kVp
x-ray field

Due to the strength of the "L" and "M" lines of the scatterer, the higher energy "K" lines were obscured.

Fig. 7 is a picture of the spectrum given off by this scatterer (platinum in this case) in the region of 70 kVp. The unit was subsequently measured at 68 ± 0.9 kVp, however, in the best judgement of the experimenter the kVp was determined to be $73 \pm .5$ kVp with Method #4. The 68 kVp figure was verified by both Method #5 and Method #1.

A method was sought to enhance the "K" line radiation or reduce the "L" line radiation. The solution became obvious and Method #5 was tried. Method #4 was discarded due to the fact that the information desired was buried in the noise level.

Method #5
kVp determination of a dental diagnostic
source assembly by analysis of the
scatter spectrum of an ultra-pure foil
which is filtered by another pure foil
whose atomic number is one greater
than that of the scatterer.

The apparatus for this method is depicted in Fig. 6. The x-ray beam exited from the collimator and passed through the aperture which allowed a stream of photons through which had dimensions equal to the projected dimensions of the scattering foil. The scattering foil was angled at 45° to the central ray of the system. The axis of the scintillation detector passed through the center of the scatterer and was orthogonal to the central ray. If desired, the axis of the detector may be orthogonal to the surface of the scatterer to gain in spectrum intensity, but the surface of the absorber should be perpendicular to the axis of the scintillation probe. The scatterer/absorber pairs chosen for this experiment were:

1. 50 kVp - Terbium/Dysprosium.

2. 70 kVp - Platinum/Gold.

3. 90 kVp - Lead/Bismuth.

The 70 kVp materials were chosen because these materials are commonly found in the pure form. The 90 kVp materials were chosen because they were the closest non-radioactive substances that could be found.

Fig. 8 is a spectrum obtained by analyzing the filtered scatter spectrum from a diagnostic source assembly. This is the same diagnostic source assembly that produced the spectrum of Fig. 7. The difference lies in the fact that the spectrum of Fig. 7 was further filtered by a gold foil filter to obtain Fig. 8. It can be seen that less experimenter judgement is needed to determine the kVp than in the previous two (2) methods.

Fig. 8
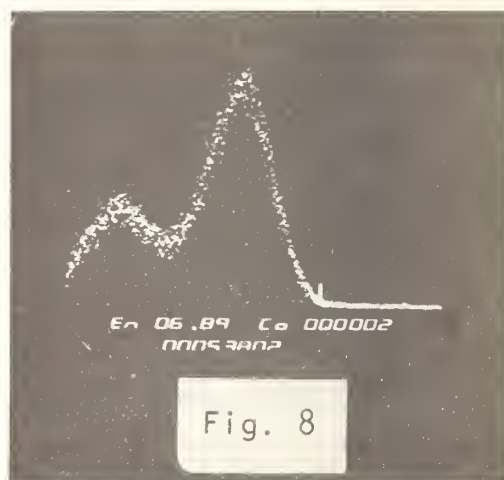
Same spectrum as Fig. 7 except the
scatter spectrum was further filtered
by a gold foil

400

The positive aspects of this type of measurement are:

1. Less room for experimenter errors in judgement.

2. This method does not disturb the electrical system of the x-ray machine.

3. The diagnostic source assembly does not have to be disassembled to gain access to the high voltage areas.

4. The measurement of kVp is independent of secondary waveform.

The disadvantages of this method are:

1. The equipment is not portable for field use.

2. The length of time needed for a complete analytical run ranges from 1-6 hours depending upon the x-ray system's duty cycle. This method is impractical as a quality control method in a high volume production situation.

Conclusions

A comparison of the results obtained by the above methods are expressed in Table #1. It can be seen that Methods #1 and #5 agree

Method	70 kVp	90 kVp
#1	68 kVp	91 kVp
#2	69 kVp	88.6 kVp
#3	67 kVp	89.8 kVp
#4	73.5 kVp	indeterminate
#5	68 kVp	91.5 kVp

Table #1
A set of typical values for the inter-comparison of methods discussed in this paper

rather closely with each other. The differences are mainly attributed to the loading effects of the high voltage divider and the line width of the oscilliscope trace. Other discrepancies are attributed to the effects of a low signal to noise ratio and errors in operator judgement because of the high noise levels.

Research will continue to obtain a portable and/or fast response kV measurement system that can measure the kVp accurately in the field and on the production line.

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NATIONAL IONIZING RADIATION STANDARDS

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Ionizing radiation in its many forms is used in an increasing number of ways to help solve important problems of our technological society. As these applications become more mature, the needs for reliable radiation measurement continue to increase, both to achieve the maximum benefit from the radiation use and also to assure that these applications are carried out safely. To meet these measurement needs, the National Bureau of Standards provides a wide variety of measurement standards and services. New standards are also being developed to meet a variety of new needs.

It is recognized that these radiation measurement standards by themselves are of limited usefulness unless they can be related to measurements made at the user level. Various mechanisms exist for this, including measurement calibrations, measurement traceability testing, and measurement assurance programs. The National Bureau of Standards carries out an increasing number of activities of this type. In some cases new or augmented institutional arrangements within the national measurement system for ionizing radiation appear necessary.

(ionizing radiation, standards, measurement assurance, radiation users)

Introduction

The history of x-rays and of ionizing radiation in general is a remarkable example of rapid technology transfer from the basic physics discovery to practical applications. Almost from the day of their discovery in 1896 the value of x-rays for visualizing the interior of the human body was recognized and applied in the medical profession. Within about five years of their discovery x-rays were used to assist doctors in the setting of broken bones, locate tumors, relieve the suffering of cancer, and "cure" a variety of human ailments. Many of these applications, of course, were not really successful and some of them are only in very recent years reaching the point of significant success.

The harmful effects of ionizing radiation were also recognized very early in the history of x-rays, mostly because of the severe skin burns received by some of the early radiation workers. Thus ionizing radiation is a classic example of new scientific discovery which has led to very important benefits for mankind, while at the same time carrying significant risk to man if not used carefully and intelligently. The problem of balancing these benefits and risks continues today in the national debate regarding nuclear power plants and in the debate over x-ray screening of women for breast cancer.

Our conference title, "Measurements for the Safe Use of Radiation," is thus very timely since it relates directly to one aspect of this important benefit-risk problem. Reliable and accurate measurement relates directly to achieving benefits from the use of ionizing radiation, and also is essential if meaningful measurements are to be made to protect the public from undue harmful effects. As uses and the effects of ionizing radiation become better understood, this need for accurate and reliable radiation measurement will become increasingly important.

The use of ionizing radiation within our society is widespread and applications are growing. One categorization of these applications which we find useful in thinking of our programs at NBS is given in Table I where I have tried to identify radiation applications by their relationship to important national interests.

TABLE I. Ionizing Radiation Application Areas

- Health and Public Safety
- Energy and Environment
- Industrial Productivity
- National Defense
- Basic Measurement Science

Our conference this week is devoted primarily to the first of these areas, Health and Public Safety. NBS, however, must attempt to provide appropriate measurement standards and measurement assistance to all of these applications. What I hope to do in this paper is to give you at least a partial look at some of our activities related to all

of these radiation applications. I will attempt to do this by taking you on a brief tour of some of our facilities and some of the activities carried out at these facilities. Some of the other speakers from our laboratory have spoken on some of these same activities; however, my objective is to give you an overview, particularly of some of our ionizing radiation measurement standards and of measurement techniques which are being developed. I will also try to briefly relate these activities to why we are doing the work.

Dr. Caswell in his paper has discussed "The Standards Laboratory and the Radiation Measurement System." This is primarily a look at the national radiation measurement system and how we at NBS appear to relate to this system. Without too much overlap with his presentation, I also will discuss some of the activities at NBS related to radiation measurement calibrations and measurement assistance to the radiation user community as well as some of the problems which we perceive with the present operation of this national measurement system.

NBS Radiation Laboratories and Activities

Although ionizing radiation is used extensively in many different activities within the National Bureau of Standards, the responsibility for ionizing radiation standards and measurement science is located within the Center for Radiation Research (CRR). Most of the activities of the Center are located in the Radiation Physics Building. An aerial view of this laboratory is shown in Fig. 1. The large stack is for exhaust air from our linear accelerator complex, and the horizontal pipes going out from the building (up to 200 meters) are evacuated flight tubes for neutron time-of-flight measurements. A number of different radiation sources are located within this building, and are required for the many different types of radiation standards and services which we provide. A list of some of these radiation sources is given in Table II. Some of our activities using these sources will be discussed below.

TABLE II. CRR Radiation Facilities

- 0.5-, 1.5-, 4-, and 150-MeV high intensity accelerators.
- 250-MeV electron storage ring (for synchrotron light).
- 3-MeV Van de Graaff (used as a neutron source).
- 2-MeV and 600-keV flash x-ray machines.
- Five constant potential x-ray machines (50-250 kV).
- Various gamma, beta, and alpha radiation sources.
- Isotope separator.

NBS also has a 10 megawatt research reactor which is operated by the Reactor Radiation Division in the Institute for Materials Research. The Center for Radiation Research is an active user of this facility in part of our neutron measurement standards programs. A view of the NBS reactor is shown in Fig. 2.

One of our users of the reactor is in the area of reactor dosimetry to support the growing nuclear power industry. Fig. 3 is an artist's view of an intermediate energy standard neutron field (ISNF) which has been developed within the graphite thermal column of the reactor. A spherical cavity has been created within the thermal column with small fission plates on the surface. This creates a nearly pure fission neutron spectrum within the cavity. An inner spherical shell of B-10 moderates this neutron spectrum to a spectrum similar to that of a breeder reactor. Instruments or activation foils being calibrated can be located as shown within this inner region (inside the B-10 shell).

The instrument shown at the center of Fig. 3 is shown in more detail in Fig. 4. It is a double fission chamber developed at NBS for reactor dosimetry and reaction rate measurements. This instrument can operate in a wide variety of environments, including those within an operating reactor. Duplicates of this instrument are now used in many reactor research centers throughout the world.

A second use which we make of the reactor is for the production of low-energy monoenergetic filtered neutron beams. These beams and their use to calibrate neutron personnel monitors were discussed by Dr. Schwartz in his paper, "Filtered Neutron Beams at the NBS Reactor." We are now working actively with a number of ERDA sponsored laboratories to develop improved personnel monitoring and calibration techniques using these beams.

The largest of our radiation facilities within the Radiation Physics Building is the 150 MeV linear electron accelerator shown in Fig. 5. This facility produces high intensity electron beams from 10-150 MeV which can be directed into a number of different experimental areas. Some of the magnet assemblies used to direct the beam to different areas are shown in Fig. 6. This was one of the first fully achromatic beam switching systems ever developed and has contributed greatly to the ease with which such accelerators can be applied to a diverse research program. I wish to discuss three of our applications of this accelerator, primary beam monitoring standards, calorimetric dosimetry standards for electron beam cancer therapy, and measurement of standard reference neutron cross sections.

Before the advent of modern linear accelerators most high energy electron accelerators were of relatively low current and used primarily for production of bremsstrahlung beams. Beam measurements were done mostly with ionization chambers. The NBS P-2 ionization chamber, shown in Fig. 7, was developed as a primary beam monitoring standard for such accelerators. This NBS P-2 chamber has been duplicated by many national standards laboratories throughout the world, and is still the primary standard in many countries. Faraday cup monitors are used with modern high intensity accelerators (external electron beams), to collect beam charge. Fig. 8 shows the NBS primary electron beam standard. This is a Faraday cup collector which will operate reliably up to 100 kW of average beam power. We have also developed non-intercepting monitors for measurement of these high energy electron beams using ferrite transformers. Fig. 9 shows that we know the performance of our primary standard to about 500 ppm. Only the most exacting of physics research activities need such measurement accuracy and we now only maintain this standard.

High energy electron beams are used extensively in cancer therapy. As discussed by several speakers during this conference, reliable radiation dosimetry is essential for successful cancer radiation therapy. Fig. 10 shows an experimental arrangement at the NBS linac for development of calorimetric absorbed dose standards. The large wheel shown in the figure contains a variety of carbon absorbers used to obtain absorbed dose measurements at different depths in the carbon medium. This apparatus contains both a calorimeter which measures absorbed dose directly and an ionization chamber of nearly identical geometry. The objective in the use of this apparatus is to measure the relative

response of the calorimeter and of the ionization chamber, and to compare this experimental ratio with theoretical calculations. Fig. 11 shows one such comparison for 25 MeV electrons. Agreement between experiment and theory is within one percent. We have also developed a portable calorimeter which is suitable for field use. This instrument, shown in Fig. 12, has been successfully used in the field. Recently it was carried to the Saclay laboratory and compared with the French national standard using Co-60 radiation, with agreement to within a few tenths of a percent.

The safe and economical development of nuclear power plants, especially the breeder reactor, requires a vast amount of accurate nuclear data. Most measurements of such nuclear data are actually measurements of the ratio of an unknown cross section to some reference cross section. Thus the data files which are used in reactor design can only be as good as the reference cross sections. There is great need to improve and verify the accuracy of these reference cross sections. At the present time the major use of our linear accelerator is as a pulsed neutron source. Using time-of-flight (see Fig. 1) to measure neutron energy, we have an active effort underway to accurately measure a set of standard reference neutron cross sections, especially in the energy region of greatest interest to breeder reactors and fusion reactors. The energy dependence of some of these standard reference neutron cross sections is shown in Fig. 13. For neutron energies below one MeV the accuracies we have achieved at present are about 3 percent. Our target goal is an accuracy of 1 percent.

A primary standard of neutron source strength which has been maintained at NBS for a number of years is the Ra-Be (γ,n) neutron source shown in Fig. 14. Both this source and unknown sources which are sent to NBS for calibration are measured in a manganous sulfate bath. The arrangement is shown schematically in Fig. 15. Most of the neutrons are captured by Mn-55 to form Mn-56. The radioactive decays from Mn-56 are detected with scintillation counters. One special source at NBS which has been calibrated in this manner is a specially encapsulated Cf-252 source shown in Fig. 16. The postage stamp gives a size comparison and Fig. 17 shows an x-ray of the source. The small dark spot in the center is the Cf-252 material, very nearly a point neutron source. One example of the use of this CF-252 source is shown in Fig. 18, in which two of the NBS double fission chambers shown in Fig. 4 are placed symmetrically around the CF-252. Through the chain of measurements indicated

here and in the previous discussion, we have established a direct measurement chain from reaction rates and dosimetry within nuclear power reactors to the primary neutron source standards.

Within the areas of national defense, industrial radiation processing, and controlled thermonuclear research there is continuing need to make radiation measurements under conditions of extremely high radiation intensity, and often in low pulse repetition rate situations. Fig. 19 shows one of the radiation sources used in developing standards for such radiation applications. It is a 2 MeV, 5000 ampere pulsed accelerator with beam pulse length of a few nanoseconds. Either x-rays or the direct electron beam from the accelerator can be used. One example of how this accelerator is used is indicated on the left side of Fig. 20. When electrons strike a target material, the bremsstrahlung production goes primarily in the forward direction. However, the production of K x-rays is nearly isotropic. Thus by looking in the backward direction, beams of nearly monoenergetic K x-rays are available and can be used for instrument calibrations. Using such sources we have provided calibrations for weapons testing programs for several years, and are now providing such calibrations to laboratories in the controlled thermonuclear research program. We also use this radiation source to investigate the rate dependence of radiochromic dye dosimeters used in industrial processing. Fig. 21 shows the change in optical density of solutions of these dye dosimeters for different absorbed dose levels. The dye dosimeters developed at NBS are remarkably dose rate independent.

A last dosimetry technique which has been developed using these high current pulsed accelerators is indicated in Fig. 22. This figure shows the interference fringe pattern of laser light produced when one beam burst from the accelerator passes through a liquid cell in one arm of a two arm interferometer. The fringes are a result of the radiation heating of the liquid cell. This technique has the great advantage that the absorbed dose measurement is absolute, knowing the heat capacity of the liquid and the change of the optical index of refraction with temperature. It has the further advantage that the entire depth dose distribution is obtained with one radiation burst, which is very important in some cases.

In more conventional radiation calibration activities, x-ray and Co-60 calibration ranges are utilized to calibrate ionization chamber instruments for medical radiation monitoring applications. Fig. 23 shows a view of an x-ray calibration range, which is now almost completely automated. Fig. 24 shows a Co-60 calibration range. For x-ray calibrations a free-air chamber is the primary reference standard. For Co-60 the reference standards are graphite cavity ionization chambers. A number of these graphite cavity chambers are shown in Fig. 25.

An active area of standards development within CRR is that of radioactivity standards. These standards are needed for nuclear medicine, scientific research, instrument manufacturers, and environmental monitoring. Most of the radioactivity standards which we produce are distributed by NBS through the Standard Reference Materials program. We also have substantial involvement in measurement assurance testing programs relating to radioactivity measurements. Some examples of these programs are discussed later in this report.

Fig. 26 shows a photograph of some of the radioactivity standards which we develop. Included are liquid and gaseous sources at different activity levels, point sources, and sources which have been developed for specific applications. An example of this latter case is a series of mixed radionuclide sources which simulate the type of radiation measurement problem encountered in monitoring the radioactive effluent from nuclear power plants. These sources are now in use by most operating nuclear power plants in the United States for calibration and testing of their instruments and spectrum analysis programs.

Some examples of the apparatus used in the development of these radioactivity standards is given in the next few figures. Fig. 27 is a view of the high resolution isotope separator operated by the Radioactivity Standards Section. One example of the use of this facility in standards development is indicated in Fig. 28. Krypton gas is passed through the isotope separator and imbedded in pure aluminum foil as shown in this figure. The Kr-84 component of this is cut-out and irradiated in the NBS reactor. Through the neutron capture process in Kr-84, Kr-85 is formed, resulting in an isotopically pure source of Kr-85. Such sources are valuable in environmental monitoring of the Kr-85 release from nuclear power plants. A second piece of apparatus useful in development of environmental standards is shown in Fig. 29. This is a two-crystal high-efficiency, low background scintillation spectrometer. The arrangement of this spectrometer is shown in Fig. 30. One great advantage of this spectrometer is that its response is nearly in-

dependent of sample size and shape. For complex spectra the energy resolution of this spectrometer is not adequate and high-resolution germanium spectrometers must be utilized. Fig. 31 illustrates such an example, the gamma ray spectrum from Columbia River sediment. This material has been prepared as Standard Reference Material and the activity of many of the nuclides present has been certified.

For the more conventional radioactivity standards more conventional apparatus is used. Fig. 32 shows some of the gas handling apparatus used in the preparation of gaseous radioactivity standards. Fig. 33 shows portions of a beta-gamma coincidence apparatus used in checking the activity of standard sources. This apparatus is highly automated so that many standard sources can be measured economically.

Measurement Dissemination Activities

In the above discussion I have tried to give an overview of many needs for NBS standards which result from the diverse applications of ionizing radiation in our society. I would like now to discuss the difficult problem of getting the output of our work to the radiation users. For many of our activities the need is to provide standards for a specialized type of measurement to a relatively small community of users. Getting our services to these groups is not too difficult. Where we experience our greatest problems is with large diverse user groups.

The various measurement dissemination mechanisms which we now use are listed in Table III.

TABLE III.
NBS Standards Dissemination Mechanisms

- Calibrations
- Standard Reference Materials
- Publications
- Measurement Traceability Testing
- Measurement Assurance Programs

The first of these, calibrations, is usually only applicable to a general situation where there is a common calibration need of a relatively large users group. There is also the problem that calibrations of an instrument for a user really provides little assurance that the user is making measurement adequate to his needs. The various ionizing radiation calibrations formally offered by NBS are listed in Table IV. In addition to these, many calibrations are provided on an individual basis.

TABLE IV.
NBS Calibration Services in
Ionizing Radiation

- Neutrons
  - -- Neutron source strength
  - -- Neutron instrument (thermal neutrons)
  - -- Neutron irradiation of foils

- Radioactivity
  - -- Gamma-ray emitters
  - -- Alpha particle emitters
  - -- Beta-ray emitters

- Radiological equipment
  - -- X and gamma ray equipment
  - -- Gamma ray sources
  - -- High energy electron beam dosimetry
  - -- Thin film dosimeters (high dose)

- Many special calibrations upon request

Standard Reference Materials offered by NBS in the ionizing radiation area are radioactivity standards, and essentially all of our radioactivity standards are available in this manner. These also have a difficulty in that purchase of SRM's provide no assurance that sufficiently accurate measurements are actually being made in the field.

The measurement dissemination mechanisms which appear most valuable and are increasingly being employed by NBS are those of Measurement Traceability Testing and Measurement Assurance. In essence these could be called Measurement Quality Control programs. Table V lists a number of traceability and measurement assurance programs which have been conducted recently. I wish to discuss three of these as examples.

TABLE V.
NBS Measurement Assurance and
Traceability Testing Programs

- Radiopharmaceutical Users (CAP)
- Radiopharmaceutical Producers (AIF)
- Radioactivity Reference Standards (ANSI)
- Dose Calibrators (CAP)
- Environmental Radioactivity (Users)
- Measurement Traceability Testing (NRC, EPA, FDA)
- Nuclear Fuel and Reactor Dosimetry (ILRR)
- Radiation Hardness Testing (ASTM)
- Personnel Monitors (Pilot Test)
- Brachytherapy Source Dosimetry (Pilot Test)
- Electron Therapy Dosimetry

The first example of measurement assurance testing is in the area of environmental radioactivity monitoring. In this program mixed-radionuclide standards are offered to users by NBS. These are initially distributed to purchasers without the calibration certificate. After the purchaser measures the content of this standard and reports his observations to NBS, the calibration certificate is sent to him. This type of test is extremely valuable. It allows a normal calibration standard to serve the dual purpose of standard and mechanism for measurement assurance testing. The results of one such test are indicated in Fig. 34.

A second example of a measurement assurance test is a program conducted with the College of American Pathologists (CAP). In this case, samples of I-125 were distributed by NBS as unknowns to the participants. The participants measured the sources with their dose calibrators, identified the dose calibrator model, and reported their findings to NBS. The results of this test are shown in Fig. 35. Two significant facts are apparent from this test. First, in no single case did a participant's measurement come within the accuracy limits recommended by the U.S. Pharmacopeia. Second, there is clearly a bias of almost a factor of two in the readings of dose calibrators from one particular manufacturer. The problem was found to be an error essentially in dial calibration, and was reported to the manufacturer.

The third example is in the area of measurement assurance programs for electron therapy dosimetry. Fig. 36 shows the results of measurement assurance testing by NBS for a 9-year period. Chemical dosimeters are distributed to participants by NBS. The participant irradiates the dosimeter in a phantom according to a prescribed protocol, sends the irradiated dosimeter back to NBS with his measure of the absorbed dose given to the dosimeter. NBS in turn sends back to the participants the actual dose indicated by our reading of the dosimeter, the distribution of performance by all participants, and suggestion that corrective action be taken if appropriate. The results of this measurement assurance program indicate that a substantial fraction of participants lie outside of the accuracy limits normally considered desirable for radiation therapy, and furthermore the situation has not appreciably improved during the nine years that the program has been in operation. Clearly many of the participants do not use the information available to them from this measurement assurance program.

Problems of the National Measurement System for Ionizing Radiation

The examples given above of the results from NBS measurement assurance testing programs clearly indicate the great value of such programs in evaluating radiation measurement performance at the user level, and the value that such programs can have in identifying problems. These programs unfortunately clearly reveal that many users are not making measurements at an accuracy which is considered generally desirable. It is also clear, and best illustrated in Fig. 36, that users often do not take corrective measures even when a measurement assurance test clearly reveals the need for corrective action.

In attempting to understand this situation we have concluded that there are a number of specific problems which exist within the national measurement system for ionizing radiation. These are the following:

- Lack of user recognition of need.
- Need to document accuracy goals and procedures.
- Lack of adequate national measurement dissemination system.
- Lack of follow-up and corrective action.
- Some standards do not exist.
- Inadequate resources at all levels.

We believe that the challenge to the national measurement system is clear. It is to achieve adequate and assured radiation measurement accuracy at the user level. I believe that the evidence presented in this paper and in other papers of this conference clearly indicate that in some areas this goal is not being achieved at the present time. A number of corrective actions which we believe would help this situation are the following:

- Develop concensus documents of accuracy needs.
- Organize national measurement assurance programs with follow-up procedures, including substantially complete user participation.
- Establish educational programs where appropriate.
- Develop missing standards for the cases where they do not exist.
- Recognize adequate measurement accuracy as a legitimate business cost.

Above all else, it is necessary for us in NBS and the user community to recognize that we each have a role to play in making the national measurement system work effectively, and for each of us to effectively carry out our appropriate role.

Fig. 1 Aerial view of NBS Radiation Physics building. The long horizontal pipes (up to 200 meters) are evacuated neutron flight paths for neutron standard cross section measurements.
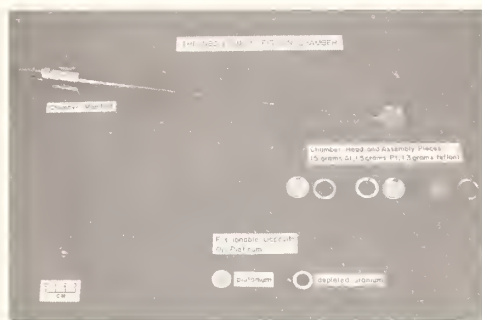
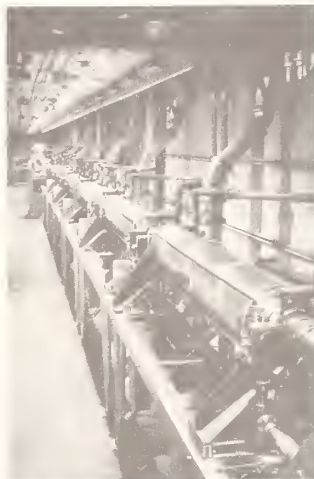

Fig. 2 View of NBS 10-megawatt reactor.

Fig. 3 Artist's view of Intermediate-Energy Standard Neutron Field (ISNF). This calculable reference field matches the typical spectrum within a breeder reactor.

Fig. 4 NBS double fission chamber. This standard instrument is now in use in reactor research laboratories throughout the world.

Fig. 5 View of NBS 150-MeV linear electron accelerator.

Fig. 6 Beam handling system which deflects the NBS linac beam into different experimental areas.

Fig. 9 Indication of accuracy of NBS Fara-
day cup. Independent calibration is provided
by an absolute non-intercepting current trans-
former monitor. The correction indicated is
largely due to backscattered electrons from
the Faraday cup.

Fig. 7 NBS P-2 ionization chamber, a pri-
mary standard instrument for measurement of
low intensity high-energy bremsstrahlung
beams.
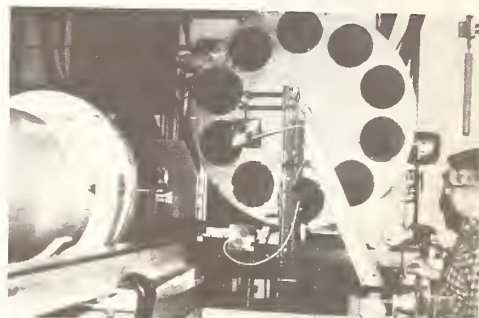
Fig. 10 Apparatus for development of ab-
sorbed dose standards for electron therapy.
Apparatus is located in one of the electron
linac measurement rooms.

Fig. 8 NBS primary standard Faraday cup for
measurement of high-energy electron beams.

410
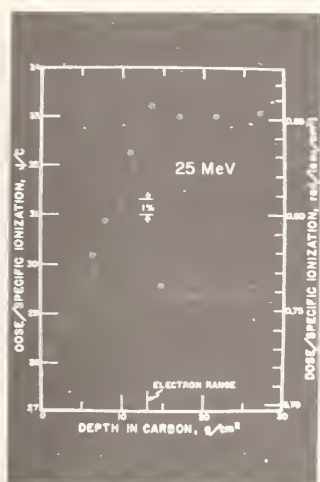
Fig. 11 Ratio of absorbed dose as calorim-
etrically measured to specific ionization
observed in an ionization chamber. The
theoretical curve was calculated by Berger
and Seltzer.

Fig. 12 Portable calorimeter for absorbed
dose measurements in field applications.
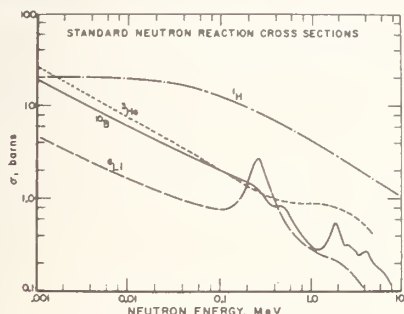
Fig. 13 Energy dependence of several stan-
dard reference neutron cross sections. Most
neutron data used in nuclear power develop-
ment is measured relative to such reference
cross sections.

Fig. 14 NBS primary standard neutron source
(NBS-1). This Ra-Be (γ,n) source is the U.S.
primary standard.

MANGANOUS SULFATE BATH SOURCE CALIBRATION

Feb. 15 Schematic illustration of the phys-
ical processes which must be considered in
the manganous sulfate bath technique for neu-
tron source calibration. Although capable of
absolute source calibration, it is usually
used to obtain the ratio of the strength of
an unknown source to a standard source.

411

Fig. 16 View of NBS specially encapsulated Cf-252 neutron source. The postage stamp gives an indication of the actual size of this source. The strength of this source has been measured relative to NBS-1 using the manganous sulfate bath technique.

Fig. 18 Arrangement of NBS double fission chambers with Cf-252 neutron source for determination of absolute fission chamber response to Cf-252 neutrons.

Fig. 17 X-ray of NBS Cf-252 neutron source. The dark spot in the center is the actual neutron emitting material, and closely approximates a point source.
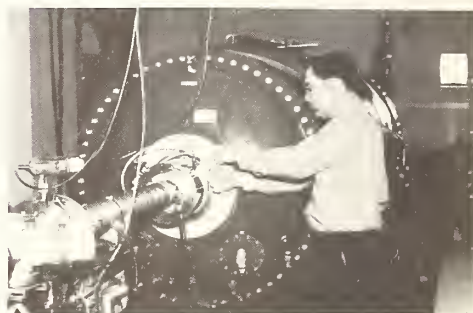
Fig. 19 View of 2-MeV flash x-ray machine. This accelerator is capable of 5000 ampere current with few nanosecond pulses. The apparatus on the left is used for calibration of detector response to low energy K x-rays.
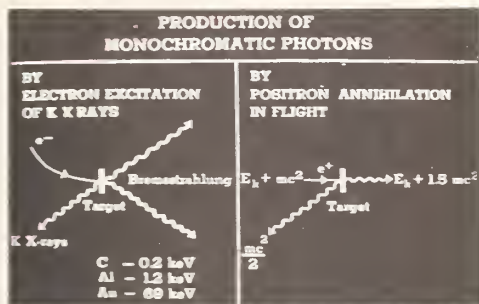
Fig. 20 Arrangements used by NBS to produce monochromatic photon beams. At the left, K x-ray beams largely free of bremsstrahlung are produced by viewing targets at large angles. At the right, positrons produced in the NBS linac are annihilated in flight to produce nearly monochromatic beams in the forward direction.
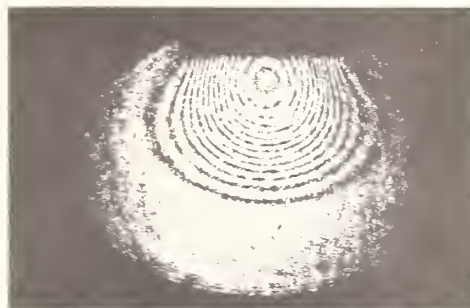
Fig. 22 Interference fringes produced in laser light by radiation dose heating of liquid in one arm of a double arm interferometer. The electron beam enters from the top. Knowing the change of optical path length with temperature and the heat capacity of the liquid, absolute dosimetry is achieved by counting interference fringes.

Fig. 23 View of x-ray exposure calibration range. Operation of these calibration activities is now largely automated.

KILORADS   0   5   10   15   25   50   75   100

Fig. 21 Response of radiochromic dye dosimeters to different radiation doses. These dosimeters have been shown to be nearly dose rate independent over a wide range of dose rates.

413

Fig. 24 View of Co-60 calibration range. A radiation survey instrument is being mounted for calibration.
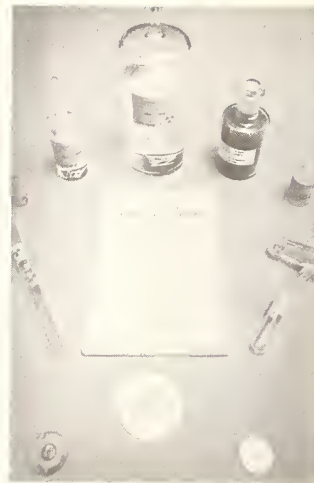
Fig. 26 Examples of several radioactivity standards offered by NBS as Standard Reference Materials.

Fig. 27 View of NBS isotope separator used in preparation of some radioactivity standards.
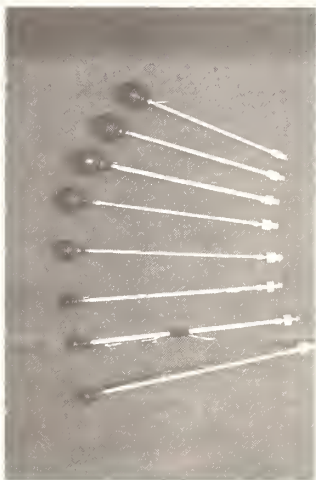
Fig. 25 Graphite cavity ionization chambers for Co-60 radiation. The national standard is the average response of several of these instruments.

80   82 83 84   86
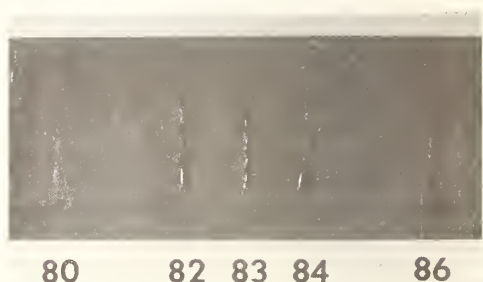
Fig. 28 Ion-implanted krypton gas in aluminum foil. The Kr-84 portion under neutron irradiation undergoes neutron capture and becomes Kr-85, an important gaseous effluent from nuclear power plants.
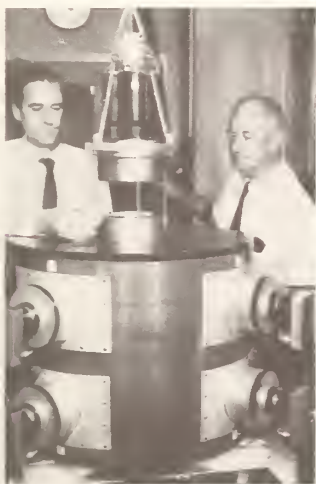
Fig. 29 View of two-crystal spectrometer for development of environmental radioactivity standards.

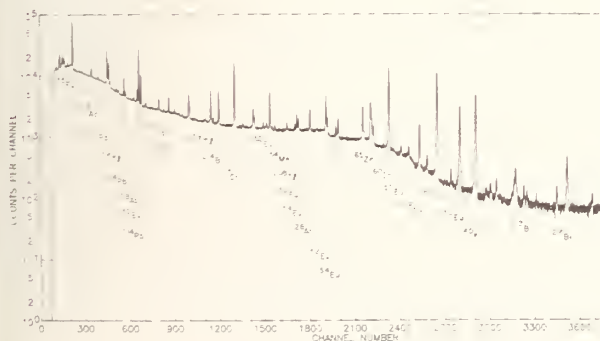Fig. 30 Illustration of detector, sample and shield arrangement of two-crystal spectrometer.

Fig. 31 Gamma ray spectrum of Columbia River sediment obtained with a high resolution gernamium detector. This material is now offered by NBS as a Standard Reference Material.

Fig. 32 Gas handling and counter system used in preparation of gaseous radioactivity standards. Included in this arrangement are counters of several different lengths to allow correction for counter end effects.

Fig. 33 Automatic sample changer and beta-gamma coincidence counting apparatus for measurement of "point-source" radioactivity standards.
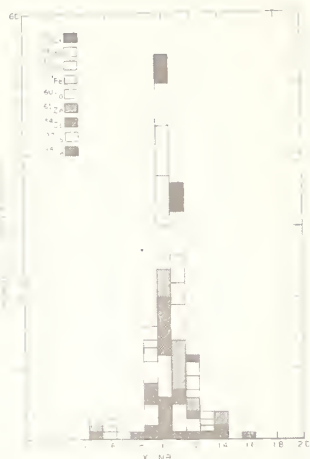
415

Fig. 34 Results of measurement assurance test of user ability to measure mixed-radionuclide solutions distributed by NBS.

Fig. 36 Results of measurement assurance testing of dosimetry for electron beam therapy over a nine-year period. The lack of improvement at the user level during this period is striking.
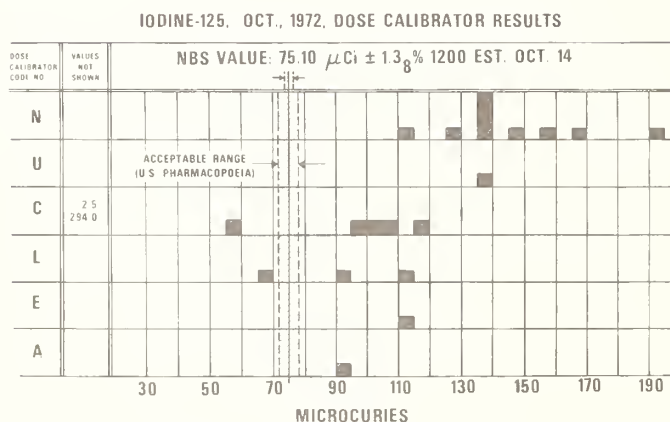
IODINE-125, OCT., 1972, DOSE CALIBRATOR RESULTS

Fig. 35 Results of NBS-CAP measurement assurance test of dose-calibrators in field environment to measure I-125 samples distributed by NBS. Dose calibrators of type N exhibit a clear bias (later confirmed).

NON-IONIZING ELECTROMAGNETIC RADIATION STANDARDIZATION

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Calorimeters have been developed by NBS as accurate (± 1%) standards for calibrating laser power and energy measuring devices. A pilot measurement assurance program (MAP) is underway, with 12 industrial organizations participating. The anticipated accuracy is ± 5%. A formal MAP service will be announced about July 1976. Accurate standards for rf and microwave fields are not as well developed because of the inherently greater difficulty in measuring these fields caused by diffraction, interference, reactive fields, modulation, etc. NBS has developed accurate measurement and calibration techniques which will be fully implemented about August 1976 when a new anechoic (reflection-free) chamber will be completed. NBS is also developing stable transfer standards suitable for measurement assurance programs, and a pilot MAP with uncertainties of about ± 0.5 dB (± 12%) is anticipated during FY 1977.

(Non-ionizing EM radiation hazards; laser calorimeters; RF and microwave measurements; calibrations; standards; measurement assurance programs)

Introduction

Requirements to compare and correlate measurements made by different laboratories, to settle disputes arising in the market place, to determine biological effects of radiation, and to assure the safety of workers and the public exposed to non-ionizing radiation have produced an increasing demand by a number of laboratories and organizations for measurement traceability to national standards. This paper reviews the present status of standards for laser, microwave, and rf frequencies, giving ranges of applicability and associated measurement uncertainties. A brief review of how one can establish traceability to these national standards through a measurement assurance program (MAP) is included. In the case of microwave and rf measurements, some discussion of the difficult measurement problems that have impeded the development of adequate standards is also presented.

Laser Standards

Description of NBS Standards

The NBS standards for power and energy measurements are the C, K, and Q series calorimeters.[1-3] Their essential features include a constant temperature jacket surrounding a cavity which absorbs an incident laser beam. The temperature rise due to the absorbed optical radiation is measured and compared to the quantity of electrical energy causing the same temperature rise. The calorimeter is thus a comparative device which compares the energy of the optical

radiation from a laser with an equivalent quantity of electrical energy.

The approximate ranges and accuracies of these calorimeters are shown in Figures 1, 2, and 3. Each figure shows the laser power (or energy) range of the calorimeter. For example, Figure 1 demonstrates that the C-series calorimeter is useful, for the nominal accuracy shown, for energies in the range of 0.1 joule to 22 joules. Experience has demonstrated that 300 seconds is the maximum laser (or electrical) power injection time compatible with reasonable precision. Thus, since 0.1 joule is the minimum amount of energy that can be accurately measured, this sets a lower power limit of 0.3 milliwatts. The 300 second injection time also determines the left slanted boundary. The response of the calorimeter becomes non-linear for energies above the upper energy boundary, and the boundary on the right is the maximum power that can be produced by the electrical heaters used in the calibration. Laser powers in excess of this boundary may also damage the calorimeter.

Figure 4 depicts the optical arrangement of a measurement system formed from these calorimeters (NBS maintains two or more of each type of calorimeter). A laser beam is incident upon the beam splitter which both reflects and transmits portions of the beam. The action of the beam splitter causes the incident beam to be dispersed into two or more beams; one of these dispersed beams is incident on each calorimeter. Since the power in the transmitted beam is usually larger than that in the reflected beam, we normally refer to them
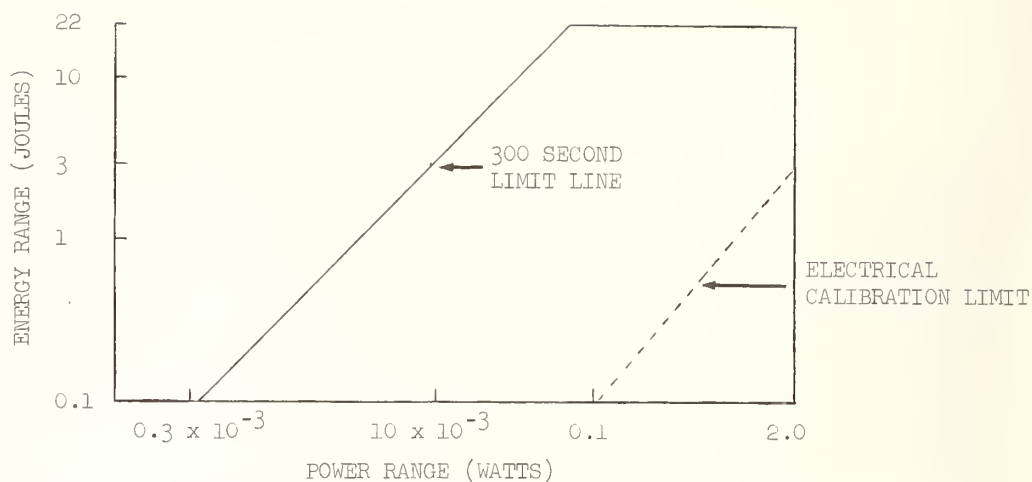
FIGURE 1. The enclosed region defines the energy-power range for the C calorimeter. The nominal uncertainty is one percent.
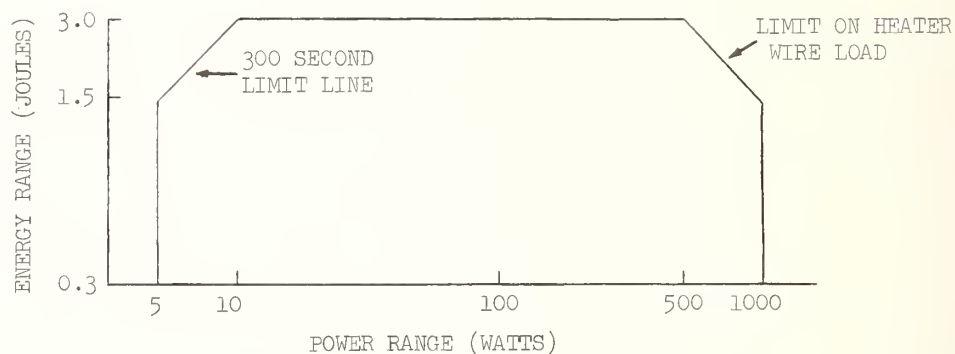

FIGURE 2. The enclosed region defines the energy-power range for the K calorimeter. The nominal uncertainty is four percent.
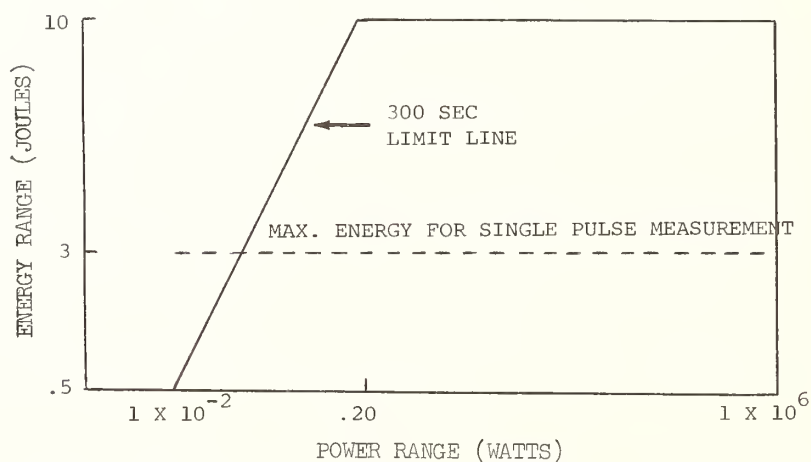

FIGURE 3. The enclosed region defines the energy-power range for the Q calorimeter. The nominal uncertainty is two percent.
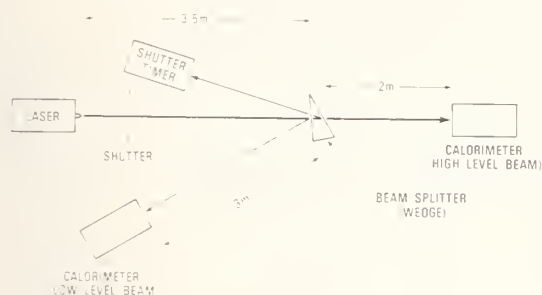
418

NBS LASER MEASUREMENT SYSTEM

FIGURE 4. Diagram of NBS calorimeter system used for calibrating laser power and energy meters.

respectively as the high and low level beams. The actual ratio of power in the two beams is referred to as the beam splitter ratio and can be measured. Once this ratio is known, an unknown power or energy meter can be substituted for one of the calorimeters. The response of the remaining calorimeter and knowledge of the beam splitter ratio, permits one to determine the amount of energy incident on the unknown instrument and hence its calibration constant. This beam splitter measurement technique helps prevent imprecision in the measurement caused by instabilities of laser radiated power.

The calorimeters are strictly energy measurement devices and are therefore insensitive, within reasonable limits, to the temporal characteristics of the laser. However, they can be utilized in certain circumstances to calibrate power meters. Consider, for example, the case where the power in the laser radiation is nominally constant (CW). By means of a timed shutter, the actual time that the laser radiation is incident upon the calorimeter can be determined. A measurement of the total energy and knowledge of this time interval allows one to determine the average power incident on the calorimeter. Since the beam splitter ratio is known, the power incident on the unknown power meter is also known. Thus calibration of CW power meters can be accomplished. Other power measurements are possible to the extent that the temporal characteristics of the laser are known, but the detailed measurement of laser power is still an important area of research.

The inaccuracy of these calorimeter measurement systems is comprised of systematic uncertainties and imprecision. Systematic errors are composed principally of the uncertainties in the electrical energy to which the optical radiation is compared, uncertainties in the percentage of radiation absorbed by the calorimeter, and any inequivalence in the response of the calorimeter to electrical versus optical energy. These uncertainties have been carefully studied and bounded. Errors due to imprecision are determined through a careful and thorough internal quality assurance program.

Laser Measurement Dissemination Program

Considerable effort is being expended to disseminate measurement services and traceability to the national standards to other laboratories. In some cases copies of the calorimeter have been built for other government laboratories, e.g., Newark Air Force Station, the Bureau of Radiological Health, and Fort Belvoir. By means of measurement assurance programs (MAPS) with NBS, these laboratories can establish essentially the same measurement capability as NBS. The Air Force laser calibration laboratory at Newark Air Force Station is currently duplicating most of the laser power and energy measurement systems maintained by NBS. They will then be able to extend calibration and traceability to other DoD laboratories and DoD contractors.

However, duplicating and maintaining these calorimeter measurement systems is an expensive endeavor and not practical for most laboratories. For these laboratories we are offering some limited calibration services and are establishing measurement assurance programs. We feel that reliable measurement assurance programs have the greatest potential for providing measurement traceability in an efficient and cost effective manner.

Laser Measurement Assurance Programs

The measurement assurance program (MAP) is one of the primary vehicles used by NBS to provide measurement services to other laboratories. Within this concept, measurements are viewed as the product of a complete measurement system. Hence, the total measurement is evaluated including the measurement environment, operator, data reduction, laboratory, standards, and anything else that may influence the measurement.

In practice a laser MAP might work as follows. A participant in the laser MAP will establish his own measurement system and required level of accuracy. He would then establish an internal program for documenting the precision of his system (NBS guidance and suggestions will be available for each of these tasks). This might, for example, consist of intercomparing two or three different power or energy meters and maintaining records and control charts. Instead of having devices calibrated, the participant would occasionally be sent a transfer standard by NBS. (A transfer standard is simply a stable optical detector or power meter that has been extensively evaluated with respect to its stability, accuracy, and suitability for use as a standard in intercomparisons.) The calibration constant of this transfer standard would not be known to the participant in advance. He would calibrate the transfer standard by his measurement system and forward the results and data to NBS. NBS would analyze the data and forward a formal report of the precision and accuracy to the participant. Any systematic error would have been determined and appropriate corrections could be made. Transfer standards would be forwarded on some periodic basis (or more often if required). The level of accuracy is determined primarily by the user. The results of the intercomparison and the participant's own documentation of his measurement system furnish detailed information on the system measurement accuracy and provide traceability to the national standards maintained by NBS. The user may now use his measurement system to extend calibration to other devices or establish internal MAP's of his own.

NBS now has underway a pilot laser MAP involving twelve laboratories. This pilot program is restricted to the measurement of approximately 1 milliwatt of HeNe (632.8 nm) laser radiation. A formalized laser MAP for this frequency and power level will be available approximately July 1976. The cost of the service to a participant will be approximately $1500.00 per year.

An extensive evaluation of potential transfer standards is being conducted by NBS for these MAP's. The total uncertainties of the transfer standards for the 1 mW MAP is about 3-5%. By means of this MAP a participant should be able to document measurement accuracies of 5-10% at a nominal cost. Transfer standards for other wavelengths, energies, and powers are currently being evaluated and additional laser MAP's will be instituted as needs are established.

RF and Microwave Standards

Electromagnetic hazards (EMH) and electromagnetic interference (EMI) are problem areas of increasing importance and concern due to expanding use of electromagnetic (EM) radiation for communications and industrial purposes, and the growing use of electronic equipment that may be affected by EM radiation. These areas require accurate measurements of EM fields for adequate monitoring and control of undesired radiation, and for determining biological effects and the susceptibility of sensitive electronic devices to EM fields. It is worth pointing out that very real (though indirect) hazards can result from the effects of EM fields on certain electric and electronic devices--for example, the unplanned detonation of electro-explosive devices and the failure of automatic braking systems on vehicles. The development of adequate measurement instruments and techniques, standards, and calibration methods has been painfully slow in both the EMH and EMI areas due to several severe measurement problems. Although the following discussion of these problems is oriented toward EMH, it is also generally applicable to EMI.

Measurement Problems at RF and Microwave Frequencies

With lasers, one is usually dealing with a well defined beam of reasonably small cross section. The total energy or power in the beam can be measured by the techniques previously described, and the power density (W/m^2) can be inferred from the size of the beam. In contrast, rf or microwave energy is usually distributed throughout large volumes of space so the best one can do is to measure the pertinent field parameters in a localized region of the field. Perhaps as a carryover from the practice in laser and ionizing radiation safety, workers in rf and microwave radiation safety also began to characterize field levels in terms of power density. However, it is now recognized that power density is not always a good parameter to use because: (1) it is not measured directly, but is derived from measurements of electric and/or magnetic field strength; (2) it does not always provide a good indication of the hazard and (3) it cannot be accurately measured or calculated in many hazardous situations. Since hazards are usually most closely related to the electric field $\underline{E}$ (vectors are indicated by underbars), we feel that measurements of $|\underline{E}|^2$ or the electric energy density U_E are most appropriate. (There is some evidence that

$|\underline{H}|^2$ or U_H may be important at the lower frequencies.[4-6]) Measurements of $\underline{E}$ would be equally good, but it is much easier to measure $|\underline{E}|^2$. Probes based on resistive heating, and composite probes which indicate the sum of the squares of three orthogonal components of $\underline{E}$ are now available for measuring $|\underline{E}|^2$ directly. The rationale for choosing $|\underline{E}|^2$ will become more apparent from the following discussion.

Under far-field plane-wave conditions any one of a number of parameters is a valid index of the field. These parameters include electric field strength $|\underline{E}|$, magnetic field strength $|\underline{H}|$, time average power density $|\underline{S}|$, electric energy density U_E, magnetic energy density U_H, and the total energy density U. If any one of these parameters is known, all of the others can be obtained from relatively simple rigorous relationships. Under these conditions power density is a suitable parameter. Unfortunately, both EMH and EMI tend to occur in near-field situations where the EM field configurations may be very complicated, where the simple plane-wave relationships among the various field parameters no longer hold, and where conventional field intensity meters are totally inadequate for measurements. The situation is further complicated by the wide frequency range ($> 10^{10}$) involved. Wavelengths extending from thousands of kilometers to millimeters are common, and different measurement approaches are required for different portions of the spectrum. The principal complexities and problem areas that need to be coped with are the following. (For a more detailed discussion see reference 7.)

Diffraction and Interference. Since the wavelengths associated with rf and microwave radiation are not, in general, short compared to the dimensions of the objects or subjects involved, diffraction and interference effects can cause significant spatial variations in field intensity. These variations show up as standing waves, hot spots, dead spots, etc., with the distance between maxima (minima) being the order of a wavelength. Interference occurs when multiple or extended sources are involved, and where there is scattering from the ground, walls, or other objects. This condition is the rule rather than the exception for most hazardous situations, and is a good example of a case where power density is not an appropriate measure of the field. If we consider two waves of equal amplitude and frequency, travelling in opposite directions, the power density is exactly zero. However, the fields (and therefore the hazard) can be large where the resulting standing wave is a maximum. The foregoing implies that, at least for wavelengths larger than the diameter of the human eye, the field intensity at the maxima of standing wave patterns should be used as the hazard indicator. Thus, for frequencies up to about 10 GHz, a good hazard meter should employ a field sensor that is smaller than the shortest wavelength of interest.

Polarization. In the near field and in the presence of multipath interference, the polarization can be arbitrary, is probably not known in advance, and may change radically from point to point. It is not practicable to determine power density in a general field of this type since one would need to measure the equivalent of the amplitudes and relative phases of all six $\underline{E}$ and $\underline{H}$ field components--a very difficult measurement task. Further, if directional probes or probes that respond to a single component of $\underline{E}$ or $\underline{H}$ are used, the measurement procedures for finding the maximum response are tedious and time consuming, and one is never really sure that the probe has been oriented for maximum response.

Reactive Near-field Components. Within distances of approximately one wavelength from some sources and antennas, strong reactive fields can exist which contribute to the hazard but not to the time-average energy flow (power density). Such fields are more common at the lower frequencies, but can be important up to about 1 GHz.

Interactions With the Field Being Measured. Several types of interactions occur which can cause serious errors in EM field measurements. For instance, a measuring instrument or object close to a source, particularly in a reactive zone, can interact with the source and alter the amount of energy emitted. Even at large distances where the source is not affected, a dielectric or conductive body can strongly affect the field in the immediate vicinity and perturb the measurement. Thus, the metallic transmission lines used with early model hazard meters have been observed to produce variations in field intensity of 10 to 20 dB. A good probe should, therefore, be designed to produce very little field perturbation. The close proximity of an operator can also cause significant errors, even with the best of probes.

Complicated Modulation of the Field.
Fields may vary drastically with time,
depending on the type of modulation present,
and this can affect the potential hazard.
For example, with pulsed fields some effects
may be functions of peak field strength
instead of the average; some effects may
even depend on the pulse shape and repeti-
tion rate. Meters with fast response times,
capable of measuring both peak and average
fields are needed but are difficult to
design and produce.

Summary. In the complicated fields
associated with EMH and EMI, measurements
may vary with time, position, frequency,
polarization, modulation, probe orientation,
etc., and the simple plane-wave relation-
ships between parameters are not valid. A
good general purpose instrument capable of
accurately measuring such fields should,
therefore, possess most of the following
characteristics which we believe to be
essential or highly desirable. (1) The
instrument should measure $|\underline{E}|^2$ or U_E, and
possibly $|\underline{H}|^2$ or U_H, since measurements of $\underline{E}$
and $\underline{H}$ are often too difficult and time
consuming. (2) The probe should be small
enough to resolve significant spatial varia-
tions in the field. (3) For most purposes
the probe response should be isotropic,
i.e., independent of the orientation of the
probe in the field. (4) An ideal instrument
should also be capable of measuring both
average and peak field levels. Useful
probes that satisfy the first three condi-
tions are now available,[8] but there is still
a need for probes with faster response times
for peak measurements.

Standards and Calibrations

Existing calibration methods are based
on the premise that a known field intensity
can be established through measurement,
calculation, or a combination of both. The
device to be calibrated is placed in the
"standard" field and the meter indication is
compared with the known field value. There
are three basic methods of producing the
"standard" calibrating field: (1) the free-
space standard field method, (2) guided
wave methods and, (3) the standard probe or
"transfer standard" method. The choice of
technique will depend on such things as the
type and size of probe, frequency range,
available facilities and equipment, and the
accuracy requirements. The basic concepts
of each method are presented below; see
reference 9 for more details.

Free-space Standard Field Method. The
objective of this method is to establish a
known plane-wave calibrating field in free
space by means of the basic experimental
arrangement shown in Figure 5. The power
density $|S|$ at a point on the transmitting
axis at a distance d from the transmitting
antenna is given by

$$|\underline{E}| = \frac{P_T G}{4\pi d^2} \qquad (1)$$

where P_T is the net power delivered to the
transmitting antenna, and G is the effec-
tive gain of the transmitting antenna. The
gain is normally determined in advance, and
P_T and d are measured as part of the regular
calibration procedure. The rms electric
field strength $|\underline{E}|$ can be obtained from the
relation $|\underline{E}| = \epsilon |E|^2$, where ϵ is the permit-
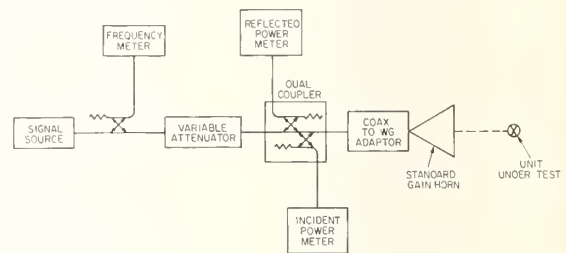tivity of the medium.

FIGURE 5. The basic experimental arrange-
ment for the free-space standard field
method of calibration.

The principal sources of error in this
method are multipath interference and uncer-
tainties in the gain determination. Multi-
path effects are often overlooked, but every
calibrating facility will have some scat-
tering associated with it which may cause
the field in the calibrating region to be
significantly different from that predicted
by equation 1. Even high quality anechoic
(reflectionless) chambers are not perfect
and should be carefully evaluated if the
best accuracy is desired. Reference 10
contains a useful discussion of this problem.
It is relatively easy to obtain accurate
(± 2%) gain values for large distances;[11]
in fact, the far-field gain of some standard
horns can be calculated to about ± 7 per-
cent.[12] However, large distances require
greater transmitter power and the multipath
situation is worse. On the other hand,
there are some fundamental difficulties

associated with accurate gain determinations at short distances.[9] These problems are gradually being overcome and it seems possible to reduce the total maximum uncertainty of this technique to less than ± 0.5 dB (10%) for relatively close distances and moderate transmitter powers.

Guided-Wave Methods. Several types of guided-wave structures have been considered for generating known fields for calibration purposes. These include waveguides, parallel plane lines, parallel wire lines, and TEM cells.[13] Only waveguides and TEM cells will be considered here because they are fully shielded systems that do not radiate into the surrounding environment and are, therefore, much preferred. The main advantage of a guided-wave system is that considerably less power and space are required. One disadvantage is that the maximum transverse dimensions of the structure must be less than λ/2 at the highest frequency in order to avoid higher order modes which result in more complicated field distributions. Hence, the method is only useful for frequencies below 1 or 2 GHz, since the device being calibrated must be small compared to the guide dimensions.

Figure 6 shows how a section of rectangular waveguide can be used for calibrations. A reflectionless load is connected to the output end to prevent standin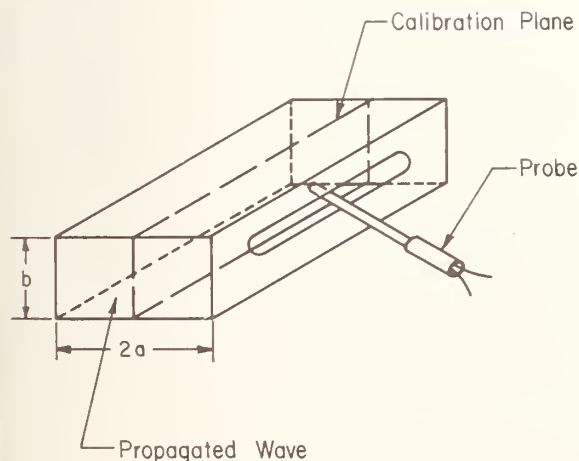g waves which would cause serious errors in the calibration. The probe to be calibrated is inserted into the waveguide through a hole in either the top or side wall and positioned in the center of the guide where the field is most uniform. The access holes should be as small as possible. Equations for calculating the field distribution from P_n (the net power delivered to the section) and the guide dimensions can be found in any book on waveguide theory. It is difficult to estimate the total uncertainty of this method because the field intensity will be modified by the size and nature of the probe being calibrated. Woods[14] describes a system which operates from 400 to 600 MHz with an estimated uncertainty in the field intensity of ± 12%, and Aslan[15] claims an uncertainty of approximately ± 5% in WR430 guide (1.7-2.6 GHz).

The basic TEM Cell is illustrated in Figure 7. It consists of a section of two-conductor transmission line operating in the transverse electromagnetic mode (TEM), hence the name. The main body of the cell consists of a rectangular outer conductor and a flat center conductor located midway between the top and bottom walls. The dimensions of

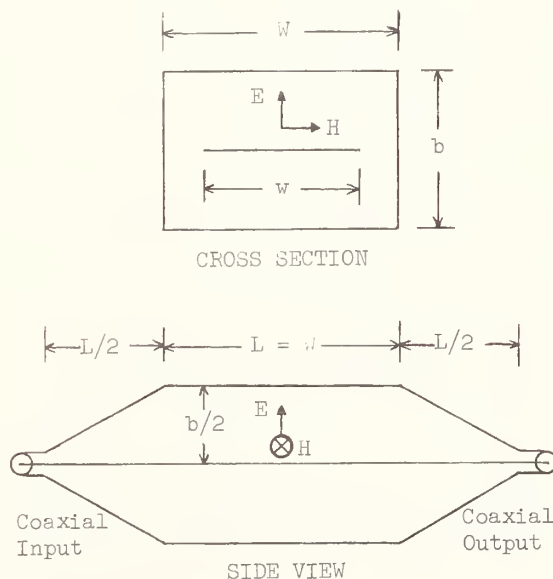FIGURE 6. A section of rectangular waveguide modified for use as part of a probe calibration system.

FIGURE 7. A type of TEM transmission cell used at the NBS for calibrating hazard meters and for measuring susceptibility of electronic equipment to EM fields. These cells can also be used as exposure chambers for studying biological effects.

423

the main section and the tapered ends of the cell are usually chosen to provide a 50-ohm impedance along the entire length of the cell. Hence, when the cell is carefully made, terminated in a reflectionless load, and connected to a 50-ohm coaxial cable, the input VSWR is usually less than 1.05 and always less than 1.1 for all frequencies below the cutoff limit. The principle advantages of the cell (compared to a wave-guide) are: (1) the field intensity in the center of the cell midway between the top wall and center conductor can be made uni-form over a much larger region, and (2) the wave impedance of the TEM field is nominally 377 ohms, the same as a plane wave in free space. These features are the principal reasons for using TEM cells for calibrations.[13]

The cells can be made in various sizes to suit particular needs and cover certain frequency ranges. However, since the width (W in Fig. 7) must be less than $\lambda/2$ to avoid multimoding, the upper useful fre-quency of the devices is probably about 500 MHz. As in a waveguide, the introduc-tion of a probe into the test region will change the field distribution in the vi-cinity of the probe, but if the probe is much smaller than the transverse cell dimen-sions, this error will be small. Fully evaluated cells should be capable of about the same accuracy as waveguides (5%-10%), and are expected to play an important role in EMH and EMI measurements.

Transfer Standard Method. This method may be the simplest and best method of calibrating hazard meters for general field use. The idea is to have a stable and reliable probe that has been accurately calibrated (by one of the previous tech-niques) and use it as a "transfer standard." That is, the standard probe is used to measure the field intensity at a particular point in space (or in a guided system) pro-duced by an arbitrary transmitter. The probe to be calibrated is then placed in the same location in the field and the meter reading compared with the known value of the field. The only requirements on the trans-mitter are that it generate a field which has the desired magnitude, is constant in time, and is sufficiently uniform over the calibrating region. Accuracies of about ± 0.5 dB (12%) can probably be achieved with this method. The biggest advantages of this approach are convenience, reliability, and simplicity. The ideal probe for use as a transfer standard should be stable, rugged, and not easily burned out; it should have a

large dynamic range, cover a broad frequency range, and possess an isotropic response pattern. Suitable probes are becoming available.[8] Organizations that cannot justify the construction and maintenance of a calibration facility could have a transfer standard calibrated by NBS or some other reputable laboratory and make measurements that would be satisfactory for most purposes.

Practical Measurement Accuracy. It is important to understand that one cannot expect to achieve the full calibration accuracy when using meters for practical measurement applications. Some of the reasons are as follows. (a) Hazard meters are usually calibrated in nominally plane-wave fields. Such fields are seldom en-countered in practice, and the sensor may not respond in the same way to non-planar fields. (b) In most calibration methods, only the sensor (probe) is exposed to the field, while in practice the complete system, including the indicating unit and connecting cable, is immersed in the field. (c) With hand-held meters, the presence of the operator can significantly affect the reading. The additional uncertainty caused by these factors is difficult to assess and will vary with the type of meter. However, if good measurement procedures are followed, accuracies of ± 1 or 2 dB (10-50%) can probably be achieved under typical measure-ment conditions.

Measurement Assurance Programs at NBS

The Electromagnetics Division of NBS (Boulder) will be in a position to offer MAP's in rf and microwave measurements in about the fall of 1976. During recent years NBS has concentrated on developing the required calibration systems and techniques and instruments for measuring EM fields since adequate instrumentations and mea-surement techniques did not exist. By the summer of 1976 we will have an anechoic (reflectionless) chamber, adequate for free space calibrations down to about 500 MHz. We plan to employ a series of TEM cells to extend the calibration capabilities down to very low frequencies, so we should be in a position to calibrate instruments and con-duct MAP's in any frequency range of interest.

There is still a need for probes with better characteristics for use as transfer standards, but progress in this direction is being made, both commercially and at NBS. The NBS effort is based on the 3-axis dipole-diode probe described by Bowman.[8] We be-lieve it is possible to make such a probe

with an improved temperature coefficient and with sufficient stability, sensitivity, dynamic range, and ruggedness to qualify as an excellent transfer standard. The units employ very small sensors and high resistance lines that do not unduly perturb the fields being measured. In any event, existing probes could be used for interim MAP's and the overall accuracy could be improved later on as better transfer standards become available.

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PANEL DISCUSSION

E. Dale Trout, Oregon State University--Moderator
G. S. Parker, Massachusetts Department of Public Health
J. R. Cameron, University of Wisconsin
W. A. Mills, U.S. Environmental Protection Agency
R. S. Caswell, National Bureau of Standards

Dr. Trout: The Panel consists of the four Chairmen of the Invited Paper Sessions--
each comes from a different area of interest. Each represents a
consumer area for measurement. There is Gerald Parker who represents
the State's Regulatory Program, John Cameron from Medical Physics,
Bill Mills from a Federal Regulatory Group and Randy Caswell from the
source of the standards which we use. To be sure that we didn't waste
a lot of time I, with Jim's assistance, put some questions to these
fellows which we asked them to consider during the course of the
Symposium.

1.   Did the Symposium contribute to the stated objective?
     That is, did it draw attention to the rapidly increasing
     need for high quality measurements of ionizing and
     non-ionizing radiation throughout the country?

2.   In the session you chaired what were the major contributions
     to the objective of the Symposium?

3.   Is the current measurement system working in your area of
     interest and if not, how can it be improved?

4.   Should there be further symposia sponsored by NBS and other
     sponsoring organizations? If so, how often? What is your
     recommendation for a title and an objective for the next
     symposium?

We will first of all give each of the four Chairmen five minutes in
which to speak to the four propositions we put in front of them; then
ten minutes for them to kick these things back and forth among
themselves. Now to take them in order of their sessions...Gerry, tell
us about it.

Mr. Parker: Thanks Dale. After seeing Jim Leiss' slides I'm not sure there's much
that the panelists can add on what's occurred here. I will try to
amplify on a few of these items and answer some of the questions that
Dale has raised with us. As far as the high quality radioactivity
standards that we've heard about, I think that Laurie Taylor perhaps
summed it up when he said we'll have to have a little sense of humor
about this. Why do we need 0.5% when the last speaker told us the
things that he would use in the field would be about ± 50% and we
heard one of the state program directors saying the same thing.
Perhaps, we are over-emphasizing the need for that degree of accuracy.
Now in the first session we heard from the Federal agencies, and the
Bureau of Radiological Health talked about P.L. 90-602. One of the
items of compliance in the x-ray performance standard promulgated
under P.L. 90-602 was positive beam limitation. Some investigators
indicate that perhaps we could reduce exposures by 90% if we could
limit the beam to the image receptor.

427

We heard about therapy calibration centers and availability of precise standards. Yet we heard that 6% of the practitioners that were doing therapy were delivering doses more than 15% off from the calculated dose. Larry Lanzl showed some curves with very steep slopes of dose vs. treatment effectiveness. If the delivered dose is more than 15% off from the desired dose, then the clinical implications are rather frightening; i.e. the therapy has no effect whatsoever. So I wonder, why have we been spending hundreds of thousands of dollars on therapy calibration centers when perhaps what we should be doing is concentrating on the user--the people that are going to be using these therapy units. The standards are available but apparently they are not being used correctly.

I was rather shocked about laboratories. Fifty percent of the environmental radioactivity laboratories in the country can't even do a gross beta within three standard deviations. Twenty-three percent can't even do a Cesium-137 within three standard deviations. The standards are there, where are the procedures? Where is the training? What are we going to do about these users?

As far as measuring systems are concerned, what are the things that we need? We could use some low energy dosimeters for use around mammographic units. Those of you who've tried to do some measurements of mammographic units find it very difficult to find a dosimeter that's down in that energy range with the exception of TLD chips. I think NBS should take a real close look at this problem. This is an important problem because of the possibility of radiation induced tumors. I believe the states need the mobile calibration lab that Randy spoke about. However, I think NBS should understand the states aren't going to have the money to pay for this kind of service, and NBS better be able to support it themselves if they want to put a mobile lab out there, and provide this service to the states.

I don't think most people realize that the state surveyors don't go around with three quarter ton trucks when we go out to survey an installation! We have to carry our instrumentation, and I think you ought to concentrate on getting instruments small enough so that they are really portable and can give us reproducible results. We don't need 0.5% accuracy. We'll settle for 5, 10, 15 and as the last speaker said even 25%. What do I propose? I propose the next time NBS wants to have a meeting they bring in more people living out in the real world. Find out what's going on out there in the states where the people have to visit all these installations, have to do all these measurements and have to make the decisions whether a medical office will stay open, whether a reactor will continue to operate. How can we make these decisions when the laboratories cannot produce accurate results and when the health and radiation physicists at therapy installations are not able to deliver the desired dose? Thank you.

Dr. Trout: The next Chairman represents the area of medical physics and John, I want you to clean up your stories because remember, this is being taped and it has to come out rated G. John Cameron.

Dr. Cameron: I'll try one of my general stories that I have left over from an earlier meeting concerning the person who asked a Frenchman what the temperature was and the Frenchman answered that it was 38 degrees. The fellow says is that in Fahrenheit or Celsius? He said no, no, it's right here in Paris.

The answer to the first question: Did this Symposium contribute to
the stated objective? My answer would be, in general, yes. The
answer to the second question, what were the major contributions: I
would like, in an effort to reduce time, to read a few pages I have
written here for that.

Dr. Trout: Up to 5,000 words.

Dr. Cameron: Bob Shalek reviewed the experiences of the Radiological Physics Center
which he has directed. His measurements at 175 radiation therapy
installations indicated that about 20% had errors larger than 5% in
delivering the prescribed tumor dose and 6% had errors exceeding 15%.
These measurements were made at centers which are large enough to
participate in a national treatment trial. Essentially no data exists
on the much larger number of smaller centers doing radiotherapy, many
of whom do not have full time physicists to help them. The accuracy
of calibration of ionization chambers by NBS and the two Regional
Calibration Laboratories (RCL's) sponsored by the AAPM was good.
However, one commercial calibration laboratory produced calibrations
that sometimes exceeded errors of 5%. It would appear that the
country would benefit from more RCL's but subsidization will probably
be necessary if they are to be started. In general, quality assurance
in radiotherapy appears satisfactory, at least in the larger centers.
Measurements should be made at the large number of small centers
doing radiotherapy to determine how well they are doing.

Mel Siedband reviewed the need for more quality assurance in diagnostic
radiology and described very simple test tools to aid in these
measurements. Of the three major areas of radiology: therapy, nuclear
medicine and diagnosis, it appears that the largest area, diagnostic
radiology, is most in need of improvement in quality assurance.
Relatively few medical physicists work in diagnostic radiology, and at
NBS very few calibrations involve instruments for diagnostic radiology.
The situation is improving but there is a long way to go. The advent
of computerized tomography is bringing more physicists into diagnostic
radiology and once they are there they will undoubtedly have a
beneficial effect on the general level of quality assurance. Most
states have an inspection program for diagnostic x-ray equipment.
Unfortunately, many x-ray users confuse this inspection with quality
assurance and feel that everyone is o.k. because the state inspector
checks their equipment every three years.

Buck Rhodes discussed the status of quality assurance in nuclear
medicine. As the newest major field of radiology, this area is in
pretty good shape, at least compared to diagnostic radiology. There
is a need for specification of guidelines or standards in the bio-
distribution of radionuclides. There is also a need for more education
of nuclear medicine technologists in the area of quality assurance.

The next speaker, Larry Lanzl, discussed state and federal radiation
regulations related to medical facilities. He described in some
detail the radiation control program in Illinois that limits the
exposure to typical patients from some standard x-ray projections.
The limits were determined largely on the basis of data obtained from
the N.E.X.T. Program. In the discussion period, some questions were
raised about the advisability of such limits. However, it seems
unlikely that the rules will be rigorously enforced and I view the
rules as a step in the right direction. I think more states should
follow the Illinois lead in this area. The regulation implies that
measurements will be made, otherwise the rules will be ignored. In
general, when you start to measure radiation the exposure(s) tend to
decrease as the users become more aware of the overexposures.

The last speaker in the session, John Shaver, discussed the N.E.X.T.[1] Program. Nearly all states now participate in this program. I think this is the best program yet developed for obtaining realistic data on patient exposures from diagnostic x-rays. N.E.X.T. data show large variations of exposure and exposure area products from one facility to another. However, the actual situation is probably somewhat worse since it is likely that the x-ray operator is somewhat more careful during an inspection than at other times. We have done an analysis of the N.E.X.T. data at Wisconsin to see how the radiation to the standard patient depends on the type of facility and the training of the operator. This is a different analysis than BRH has done. The results will be available, hopefully, this year when BRH reproduces our report.

In summary, I think quality assurance in daily radiotherapy practice is in fair shape. Quality assurance in nuclear medicine appears o.k. but good field data is needed, and quality assurance in diagnostic radiology needs all the help it can get. In answer to the fourth question, are further symposia needed or should they be sponsored by NBS, I think meetings are needed in the specialized areas rather than the general areas. General meetings like this are useful but not too often, maybe every three or four years. Diagnostic radiology could use many more meetings. Thank you.

Dr. Trout: Next we have a Chairman from a Federal regulatory group and if you don't believe that the Chairman of one of these sessions has a bad time you weren't here yesterday afternoon when John Matuszek was working Bill over.

Dr. Mills: I thought I'd have a few slides to show to rebut everything John Matuszek said, but that didn't seem appropriate, so let me speak to the points that were raised. It seems to me that in looking at the program across the board, you've had a breadth of representation but perhaps not to the depth the states and the users, like Gerry Parker, would suggest. I would tend to agree with Gerry. I think you've been told how standards are designed and how they can be used. Now what happens after that, it seems to me, is really up to you. If you don't go back and use the information then the Symposium hasn't accomplished much. Certainly there's a need for these standards and certainly there's a need to push it to the greatest extent possible. As far as the session I chaired, I'll run through briefly the summary that I got from the speakers.

Jim McLaughlin, I thought, described well the ability to go out and make measurements around nuclear power plants at very low levels. For the most part, we're talking about gamma measurements and perhaps beta measurements. The levels of interest are at the least, a few millirem above background, and at the most, several times background. This is the area of environmental concern. It isn't with doses of 100 rads. It isn't doses of one rad even in a short period of time. It's of the order of background and I think Jim described some systems that can be used in this regard.

Matuszek impressed you with the ability of the laboratories to come down hard on regulatory agencies and show how absurd some of the regulations are. I'd get angry with that except for the fact that John's objective is the same as my own. That is, protection. I can argue with him about differences in many things but as long as the objective is protection of the public or protection of the worker, then I think these things can be worked out.

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[1] National Evaluation of X-Ray Trends

Art Jarvis' job was to describe how the quality assurance program in EPA has worked. Art expressed some concern that it would go down the drain. Everything, I think, will be done to assure its survival because it seems to me that the quality assurance program is mandatory at environmental levels. Most of us who are concerned with the environment just can't make decisions without some reliability in the measurements.

Dick Griffith discussed some of the personnel dosimetry problems, emphasizing that he thought that the low L.E.T. radiations were in good shape. However, for the neutron dosimetry, high L.E.T., there is certainly a lack of confidence. I don't know how much this means from the standpoint of the numbers of people in the exposed population i.e. how many receive neutron doses of magnitude, but I can visualize that this is a problem.

Bernie Weiss gave encouragement to the fact that we're beginning to make some inroad into standards for the performance of personnel dosimeters. I'd only add to this that if he can do this for essentially an occupational situation, there is some hope that we can apply these same kinds of performance standards in the general environment.

So, in general, I got from this session that we can make measurements at low levels in the environment and we must be as precise as we can be in those we make. If you sit in the public arena like some of us do, it doesn't do much good to rely to a large extent on models. If you get a public inquiry and you respond that the model shows such and such it doesn't satisfy many people. But they are satisfied if you have gone out and made a measurement. They have more confidence in that. I think that does more to sell the need for measurement capability, for example, in nuclear power than anything else. If you can say you've made a measurement you can go a long way in satisfying many of the concerned. Unfortunately, while our physics, our instrumentation, our electronics, and our radiochemistry have gotten very precise, keep in mind that the biology that goes with it is not that precise. We can't do anything about that, we have to live with it. This is not to say, however, that we shouldn't keep our sights on the preciseness of the measurements.

As far as the future of the Symposium. I would emphasize from an environmental standpoint that we have two major problems at the present time that I see in the ionizing field. We have to be able to measure plutonium and we have to be able to do it in a precise way. There are many areas in which plutonium contamination is being discussed and action will have to be taken. We've also got the problem of emanations from tailing piles, from phosphate mining in which α-daughters from radon is an environmental problem that requires improvement in our ability to measure. The last point is for the non-ionizing field. I would plead for more environmental measurements, hopefully by the time we can scope that problem the biology will be sufficient that we can say there is a non-problem. But at this stage in the game we just can't make that statement. So I would say that in three to five years, if we could come in with a program designed to look at the radiochemical procedures, in particular in α-measurements, this would make many of us in the environmental arena very happy.

Dr. Trout: While Randy's collecting his thoughts I want to tell you what was one of my most enjoyable moments. I enjoyed thoroughly Harold Stewart's presentation when he got up here and developed some standards with nothing but some basic high school and college physics. He didn't have a transistor on the screen, and I didn't see a computer anywhere.

Now from the NBS, that provides the product that goes on the shelf for the consumer to use, here's Randy Caswell of the Bureau.

Dr. Caswell: First, I'd like to say something concerning measurements which were mentioned in connection with safeguards. NBS is trying to establish a program of measurements and standards of special nuclear material which is not part of the environmental problem.

Now as we come back to the question of the meeting, one of the participants in the meeting remarked to me yesterday that this was a different meeting than he expected to find. I guess he was expecting more technical measurements and what he found was a meeting that included some of that but also included a lot of questions on the nature of measurement policy. That got me thinking about who are the people who came to the meeting. As I indicated in my talk the first day, one of the ways of looking at the system is to divide people up into whether they are direct users of radiation or manufacturers, or standards and calibration lab people, or regulators, or some of the other interested groups such as ANSI, NCRP, and standards setting organizations. So I took the list of participants and went through it and counted. I arbitrarily decided which you were, according to the institution you came from, and probably made some mistakes. If you were from a University or Hospital, I thought you were a direct user. If you were from BRH I thought you were a regulator, and so on. I came out with some percentages of the audience, and these are: 53% of the audience are direct users of radiation, 18% represent manufacturers of instruments or of sources or radiopharmaceutical manufacturers, 10% are from standards labs, 16% are from regulatory agencies of state or federal government or local, and 3% are from other categories. The person who made this original suggestion to me said, you looked at the wrong set of numbers--what you really should have looked up was the fraction of the papers that were in the various categories. So I said, I'll do that too, that's even easier because there are less papers. It turns out that 39% of the papers were from users, 7% from manufacturers, which is surprisingly low to me, 28% from standards labs, 24% from regulators and 2% from other organizations. I think these numbers in a way are not too surprising in the sense that part of the goal of the meeting was a communication from standards people and regulators to users. It's not surprising to me anyway that these two groups are well represented in the program. I thought you might be interested in that.

The one other point I want to key on, which impressed me in the meeting, is the importance of feedback in various ways in the measurement system. I think, certainly one of the purposes of the meeting was to have constructive feedback from one group to another and I think this was largely achieved. I heard lots of feedback during the meeting. This also reminded me, looking at it from an NBS standpoint, that the way you get standards out to the user and help the user in getting demonstrable accuracy occurs in four steps. First, develop a standard. Second, issue a standard or calibration. Third is to carry out measurement assurance to see whether the measurements are really correct, or whether there is some problem. Fourth, the very important feedback or correction step. I think 15 or 20 years ago at NBS we did largely the first two. We developed the standards and we issued them or we made calibrations available. He who wanted to come and get a calibration could do so and he who chose not to--nobody bothered him. He didn't have to do so. The third step, which is very active now, is the one of measurement assurance and there were lots of results of measurement assurance tests and round robins reported at the meeting. But I think the final step, and the one where the problem is now, is in the feedback or correction step. I think, for example, Bob Shalek's paper

432

showed beautifully what the feedback or correction steps could do to improve measurements in a system. Some mechanism is needed to find out what's wrong, to correct it and improve the system. I think the areas where we are in trouble is where we have not, for some reason or another, been able to carry out that fourth step. Therefore, I think that's what we should perhaps be focusing on.

I'll just comment on one of the other questions--remarks on the measurement system, and on my area of interest--I sort of have two hats. As a member of the office of our Center, I'm interested in the broad system and I think here the pattern is clearly specified. Some areas seem to be in good shape and other areas seem to need much more work. My other hat is that of a specialist in neutron dosimetry. There we have sort of a strange situation in that the laboratories doing therapy in the United States are very closely tied to each other on an arbitrary scale, but there is no standard produced by the National Bureau of Standards, and there is no well-determined absolute scale. I think before we can feel that this area is in really satisfactory shape we do need absolute standards.

Dr. Trout: Up to this point the Panel has been speaking to the audience. For the next ten minutes I'm going to ask them to speak to one another. Bill, say what you think to the other panelists, ask them questions and the rest of you hold your answer until I get to you. What would you like to say to the three other panelists?

Dr. Mills: Dr. Cameron's discussion on the medical--let me be the first to endorse what he said about the Illinois situation. We have a great deal of interest in the dose ranges used in the medical area and it seems to me that that's an area in which there can be a very great reduction in the exposures, the unnecessary parts of the exposure, and a lot of man-rems (if you want to use man-rems) can be saved in this area. So I don't know as I really have a question addressed to that point, but I certainly go along with the fact that if we want to make a contribution in terms of reduction of exposure, and if it depends on good standards in the medical field, I certainly think this is a very viable area to go into. I guess I really don't have too much complaint with what the other panel members have said because Matuszek isn't on this program. I would like the chance to defend the drinking water standards, but he's not here so it would just be wasted effort, I think. I certainly think state labs will have to share a large burden of the drinking water act, not just for radiation but for the other pollutants as well, and are going to have to have federal funds to do it. There's no question. They just can't do that job by themselves.

Dr. Trout: It looks as though we have a universally approved message here to OMB. John, what can you say? Don't join the mutual admiration society with Bill there. Give us a little conflict.

Dr. Cameron: I was just going to comment to Gerry's question about the need for a low energy chamber for measuring radiation in the mammography region. The Memorial Sloan Kettering group has developed a very nice chamber which, I think, they are now putting on the market. They have found somebody to produce it and Garrett Holt would be the person to contact about that. It has accuracy, flatness of energy response relative to air of about 1% in the energy region from a half value layer of .3 mm to about 1.5 mm of aluminum. I think to a large extent it's not really necessary. I would like to argue that measuring mammography exposures to 1% or even 5% is a bit of overkill. I think one of the last speakers, Jim Leiss, made the point that there's no point in measuring something more accurately than you need it. We measured quite a few

mammographic exposures in connection with our Midwest Center for Radiological Physics. We found one center that over a period of about a month had tripled this exposure. It had gone from about 1R to 3R. This is the kind of thing we're looking for. We aren't looking for the 1% or 5% changes. TLD is quite adequate in this case, even if you get only 10 or 20% accuracy. I am often impressed by high accuracy, but I think in the field we don't really need it.

Mr. Parker: John, I couldn't agree with you more. We don't really need that precision. I think that was my point that I made in my talk and it's true. I spoke to Garrett about his dosimeters while he was here. We haven't seen how they will operate in the field. The proof will be if 50 states are able to get reproducible results from these dosimeters. When you're getting 47 rads per mammographic film you really don't need 5%, 10% or 20% accuracy. I'd like to go back to two of the papers in your session John. Dr. Shalek's and Dr. Rhodes'. I'll mention Buck's first because that was a minor point. He spoke about brain scanning using 30 mCi, and when questioned by the audience he dropped it to 20 and I'd like to know why you, as someone from a large physics organization, didn't say "hey, what the hell are you using 20 for, why don't you get down to 10?"

Dr. Cameron: Partly because I left the nuclear medicine field when they were still using mercury and giving the kidneys about 200 rads. I plead ignorance in this particular case.

Mr. Parker: With the Shalek thing I just don't see your optimism that this shows good results. Here we have sophisticated centers and we get that kind of data. Can you imagine what's going on in the smaller therapy installations?

Dr. Cameron: One of the errors he pointed out was caught at Wisconsin. He found out we had a ^{60}Co source that decayed with a half life of 3.5 years instead of 5.3. Nature got the numbers reversed! Apparently the source consisted of ^{60}Co of various specific activities, with the hotter ^{60}Co in front. The source was apparently not properly made and the colder ^{60}Co gradually moved forward giving more self absorption to the hotter ^{60}Co. Even relatively good places can make mistakes!

Dr. Caswell I hate to be agreeable with a fellow member of the Panel but I do agree with the person who said that probably what is needed next are special technical meetings in certain areas and that some period like three years is probably an appropriate period for repetition of a general type of meeting. Secondly, one of our problems is how to make the regional calibration laboratory system work or be viable. I believe we have three now and I think they're a fine system because I think people in medical fields like to come to a medical-type institution for their calibration. But unless we can find some means of making these economically viable and create more successful ones, the approximately 10,000 institutions in the field are not going to be reached with calibration. That's a problem that I would encourage the audience to think about and try to help. We're interested in that too, and we should work together to try to solve it. Just one other thing I wanted to add since I have the microphone. This measurement system study that I talked about is one of a number and they will be coming out in about three months as NBS reports on such subjects as electromagnetics, medical ultrasonics, acoustics, radiometry and photometry, spectro-photometry, far ultraviolet radiometry, optics, lasers, ionizing radiation and so on. If you're in such a position where you would like to see what somebody who tried to study part of a system found out; in about three months it will be easy to get a hold of such information by writing to NBS.

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