NISTIR 7880-44

NIST Micronutrients Measurement Quality Assurance Program Summer 2014 Comparability Studies

Results for Round Robin LXXVI Fat-Soluble Vitamins and Carotenoids in Human Serum and Round Robin 41 Ascorbic Acid in Human Serum FSV RR LXXVI David L. Duewer Jeanice B. Thomas [Total Retinol], µg/mL This publication is available free of charge from: http://dx.doi.org/10.6028/NIST.IR.7880-44 383 390 409 385 396 411 411 411 184 319 327 107 358 364 374 386 399 399 **VC RR 41** 00709 [Total Ascorbic Acid], µmol/L 5904

78250

RR12 RR12 RR13 RR15 RR15 RR15

National Institute of

Standards and Technology U.S. Department of Commerce

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Results for Round Robin LXXVI Fat-Soluble Vitamins and Carotenoids in Human Serum and Round Robin 41 Ascorbic Acid in Human Serum

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June 2015



U.S. Department of Commerce Penny Pritzker, Secretary

National Institute of Standards and Technology Willie E. May, Under Secretary of Commerce for Standards and Technology and Director (This page intentionally blank)

Abstract

The National Institute of Standards and Technology coordinates the Micronutrients Measurement Quality Assurance Program (MMQAP) for laboratories that measure fat- and water-soluble vitamins and carotenoids in human serum and plasma. This report describes the design of and results for the Summer 2014 MMQAP measurement comparability improvement studies: 1) Round Robin LXXVI Fat-Soluble Vitamins and Carotenoids in Human Serum and 2) Round Robin 41 Total Ascorbic Acid in Human Serum. To avoid increasing participation fees, the overhead costs for these programs were minimized by shipping the materials in January 2014 together with the samples for FSV Round Robin LXXV and VC Round Robin 40. Participants were requested not to analyze any of the Summer samples before June 1, 2014 but to provide their measurement results by September 15, 2014. Participants were reminded of the due-date by e-mail on August 4, 2014.

Keywords

Human Serum Retinol, α-Tocopherol, γ-Tocopherol, Total and *Trans*-β-Carotene Total Ascorbic Acid

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Introduction

Beginning in 1988, the National Institute of Standards and Technology (NIST) has coordinated the Micronutrients Measurement Quality Assurance Program (MMQAP) for laboratories that measure fat- and water-soluble vitamins and carotenoids in human serum and plasma. The MMQAP provides participants with measurement comparability assessment through use of interlaboratory studies, Standard Reference Materials (SRMs) and control materials, and methods development and validation. Serum-based samples with assigned values for the target analytes (retinol, alpha-tocopherol, gamma/beta-tocopherol, *trans*- and total beta-carotene, and total ascorbic acid) and performance-evaluation standards are distributed by NIST to laboratories for analysis.

Participants use the methodology of their choice to determine analyte content in the control and study materials. Participants provide their data to NIST, where it is compiled and evaluated for trueness relative to the NIST value, within-laboratory precision, and concordance within the participant community. NIST provides the participants with a technical summary report concerning their performance for each exercise and suggestions for methods development and refinement. Participants who have concerns regarding their laboratory's performance are encouraged to consult with the MMQAP coordinators.

All MMQAP interlaboratory studies consist of individual units of batch-prepared samples that are distributed to each participant. For historical reasons these studies are referred to as "Round Robins". The MMQAP program and the nature of its studies are described elsewhere. [1,2]

Round Robin LXXVI: Fat-Soluble Vitamins and Carotenoids in Human Serum

Participants in the MMQAP Fat-Soluble Vitamins and Carotenoids in Human Serum Round Robin LXXVI comparability study (hereafter referred to as RR76) received one lyophilized and four liquid-frozen human serum test samples for analysis. Unless multiple vials were previously requested, participants received one vial of each serum. These sera were shipped on dry ice to participants in January 2014 in the same shipping package as the RR75 materials but in separate clearly labeled plastic bags. Participants were requested not to analyze any of the RR76 samples before June 1, 2014 but to provide their measurement results by September 15, 2014. The communication materials included in the sample shipment are provided in Appendix A.

Participants are requested to report values for all fat-soluble vitamin-related analytes that are of interest to their organizations. Not all participants report values for the target analytes, and many participants report values for non-target analytes.

The final report delivered to every participant in RR76 consists of three documents:

- A cover letter for the current study, a brief description of the other two documents, and a discussion of our analysis of the overall results that may be of broad interest. This cover letter is reproduced as Appendix B.
- The "All-Lab Report" that lists all of the reported measurement results, a number of consensus statistics for analytes reported by more than one participant, and the mean median and pooled SD from any prior distributions of the serum. This report also provides a

numerical "score card" for each participant's measurement comparability for the more commonly reported analytes. This All-Lab Report is reproduced as Appendix C.

• An "Individualized Report" that graphically analyzes each participant's results for all analytes reported by at least five participants. This report also provides a graphical summary of their measurement comparability. The graphical tools used in the Individualized Report are described in detail elsewhere [3]. An example Individualized Report is reproduced as Appendix D.

Round Robin 41: Vitamin C in Human Serum

Participants in the MMQAP Vitamin C in Human Serum Round Robin 40 comparability study (hereafter referred to as RR41) received four frozen serum test samples and two frozen control sera. Unless multiple vials were previously requested, participants received one vial of each material. These materials were shipped on dry ice to participants in January 2014 in the same shipping package as the RR40 materials but in separate clearly labeled plastic bags. Participants were requested not to analyze any of the RR41 samples before June 1, 2014 but to provide their measurement results by September 15, 2014. The communication materials included in the sample shipment are provided in Appendix E.

The test and control serum materials were prepared by adding equal volumes of 10 % metaphosphoric acid (MPA) to human serum that had been spiked with ascorbic acid. While these samples contain some dehydroascorbic acid, its content is variable. Therefore, the participants report only total ascorbic acid (TAA, ascorbic acid plus dehydroascorbic acid).

The final report delivered to every participant in RR41 consists of three documents:

- A cover letter for the current study, a brief description of the other two documents, and a discussion of our analysis of overall results that may be of broad interest. This cover letter is reproduced as Appendix F.
- The "All-Lab Report" that summarizes all of the reported measurement results and provides several consensus statistics. This All-Lab Report is reproduced as Appendix G.
- An "Individualized Report" that graphically analyzes each participant's results for TAA, including a graphical summary of their measurement comparability. The graphical tools used in the Individualized Report are described in detail elsewhere [3]. An example Individualized Report is reproduced as Appendix H.

References

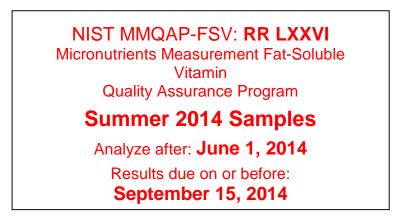
- Duewer DL, Brown Thomas J, Kline MC, MacCrehan WA, Schaffer R, Sharpless KE, May WE, Crowell JA. NIST/NCI Micronutrients Measurement Quality Assurance Program: Measurement Repeatabilities and Reproducibilities for Fat-Soluble Vitamin-Related Compounds in Human Sera. Anal Chem 1997;69(7):1406-1413.
- 2 Margolis SA, Duewer DL. Measurement Of Ascorbic Acid in Human Plasma and Serum: Stability, Intralaboratory Repeatability, and Interlaboratory Reproducibility. Clin Chem 1996;42(8):1257-1262.
- 3 Duewer DL, Kline MC, Sharpless KE, Brown Thomas J, Gary KT, Sowell AL. Micronutrients Measurement Quality Assurance Program: Helping Participants Use Interlaboratory Comparison Exercise Results to Improve Their Long-Term Measurement Performance. Anal Chem 1999;71(9):1870-1878.

Appendix A. Shipping Package Inserts for RR76

The following items were included in each package shipped to an RR76 participant:

- Combined cover letter for Round Robin LXXV (RR75) and RR76. See Appendix A in NISTIR-43.
- Datasheet for RR76. This was enclosed in the same sealed waterproof bag that contained the cover letter and the data sheet for RR75.
- Packing List and Shipment Receipt Confirmation Form for RR76.

This RR76 samples were enclosed in a bubble-wrapped sealed plastic bag that was labeled:



The packing list was placed at the top of the shipping box, between the cardboard covering and the foam insulation.

Date: _____

Round Robin LXXVI: Human Sera

NIST Micronutrients Measurement Quality Assurance Program

Analyte	407	408	409	410	411	Units*
total retinol						
trans-retinol						
retinyl palmitate						
α -tocopherol						
γ/β-tocopherol						
δ-tocopherol						
total β-carotene						
trans-β-carotene						
total cis-β-carotene						
total α -carotene						
total lycopene						
trans-lycopene						
total β-cryptoxanthin						
total α -cryptoxanthin						
total lutein						
total zeaxanthin						
total lutein&zeaxanthin						
total coenzyme Q10						
ubiquinol (QH ₂)						
ubiquinone (Qox)						
phylloquinone (K ₁)						
25-hydroxyvitamin D						
Phytoene						
Phytofluene						
-						

* we prefer μg/mL

Were the samples frozen when received? Yes | No

Comments:

Fat-Soluble Vitamins Round Robin LXXVI NIST Micronutrients Measurement Quality Assurance Program

Packing List and Shipment Receipt Confirmation Form

This box contains: one vial each of the following five FSV M²QAP sera

Serum	Form	Reconstitute?	Vial/Cap
#407	Lyophilized	Yes	5 mL clear / silver
#408	Liquid frozen	No	3 mL amber / blue
#409	Liquid frozen	No	2 mL amber / gold
#410	Liquid frozen	No	2 mL amber / purple
#411	Liquid frozen	No	2 mL clear / black

Please 1) Open the pack immediately

- 2) Check that it contains all of the above samples
- 3) Check if the vials are intact
- 4) Store the sera at -20 °C or below until analysis
- 5) Email (david.duewer@nist.gov) or fax (301-977-0685) us the following information:

1) Date this shipment arrived: _____

- 2) Are all five sera vials intact? Yes | No If "No", which one(s) were damaged?
- 3) Was there any dry-ice left in cooler? Yes | No
- 4) Did the samples arrive frozen? Yes | No
- 5) At what temperature are you storing the serum samples? _____ °C
- 6) When do you anticipate analyzing these samples?

Your prompt return of this information is appreciated.

The M²QAP Gang

Appendix B. Final Report for RR76

The following three pages are the final report for RR76 as provided to all participants:

- Cover letter.
- An information sheet that:
 - o describes the contents of the "All-Lab" report,
 - o describes the content of the "Individualized" report,
 - describes the nature of the test samples and details their previous distributions, if any, and
 - summarizes aspects of the study that we believe may be of interest to the participants.

October 3, 2014

UNITED STATES DEPARTMENT OF COMMERCE National Institute of Standards and Technology Gaithersburg, Maryland 20899-8390

Dear Colleague:

Enclosed is the summary report of the results for Round Robin LXXVI (RR76) of the 2014 NIST Micronutrients Measurement Quality Assurance Program (MMQAP) for the fat-soluble vitamins and carotenoids in human serum. Included in this report are: 1) a summary of data and measurement comparability scores for all laboratories, 2) a detailed graphical analysis of your results; and 3) a graphical summary of your measurement comparability. RR76 (Sera 407 - 411) consisted of one vial of lyophilized serum and one vial each of four liquid-frozen serum samples. Details regarding the samples can be found in the enclosed report.

Your overall measurement comparability is summarized in the "Score Card" summary, page 6 of the All Lab Report. Combined results rated 1 to 3 are within 1 to 3 standard deviations of the assigned value, respectively; those rated 4 are >3 standard deviations from the assigned value. Similar information is presented graphically in the "target plots" that are the last page of your Individualized Report. If you have concerns regarding your laboratory's performance, please contact us for consultation.

If you returned your intent-to-participate form for the 2015 MMQAP, you should have received a confirmation receipt. Please notify us if you have not received your confirmation receipt.

Laboratories participating in the upcoming program will receive samples for the two fat-soluble vitamins and carotenoids in serum studies (RR LXXVII and LXXVIII) in February 2015. Please note that we will ship the samples for both studies at the same time in February. Results will be due in May 2015 for the first study and in September 2015 for the second study. We will send you a reminder in late July 2015 about the reporting deadline for the second study. Please contact us immediately if this schedule is problematic for your laboratory.

If you have questions or concerns regarding this report, please contact David Duewer at 301-976-3935; e-mail: david.duewer@nist.gov or me at 301-976-3120; e-mail: jbthomas@nist.gov; or fax: 301-977-0685.

Sincerely,

Jeanice Brown Thomas, M.B.A. Research Chemist Chemical Sciences Division Material Measurement Laboratory

Enclosures

David L. Duewer, Ph.D. Research Chemometrician Chemical Sciences Division Material Measurement Laboratory



The NIST MMQAP Round Robin LXXVI (RR76) report consists of:

-	Page	All-Lab Report
	1-4	A listing of all results and statistics for analytes reported by more than one participant.
	5	The legend for the list of results and statistics.
	6	The text Comparability Summary ("Score Card") of measurement performance.
_	Page	Individualized Report
-	Page 1	Individualized Report Your values, the number of labs reporting values, and our assigned values.
-	1 2 to	*
-	1 2 to n	Your values, the number of labs reporting values, and our assigned values. "Four Plot" summaries of your current and past measurement performance, one page for

Samples. Five samples were distributed to each particip

Serum	Description	Prior Distributions
407	Lyophilized, native, single-source, prepared in 1992.	#184:RR28-6/93, #319:RR59-3/96; #327:RR60-9/96
408	Fresh-frozen, native, multi-donor, prepared in 2009. This is Level II of SRM 968e.	#358:RR66-9/09, #364:RR67-3/10, #374:RR69-3/11, #386:RR71-3/12; #399:RR74-9/13
409	Fresh-frozen, native, single donor, prepared in 2011	#383:RR71-3/12;#390:RR72-9/12
410	Fresh-frozen, native, single donor, prepared in 2011	#384:RR71-3/12
411	Fresh-frozen, two donor, prepared in 2011. All analytes in this material are expected to be about half-way between those for sera 409 and 410.	#385:RR71-3/12;#396:RR73-3/13

Results

- 1) <u>Stability</u>: There have been no appreciable changes in either the level nor the variability in any analytes in the 22-year old lyophilized serum 407, the five-year old fresh-frozen SRM 968e serum 408, or the three-year old fresh-frozen sera 409, 410, and 411.
- 2) <u>Linear additivity</u>: Serum 411 was prepared as a 31:26 blend of the serum pools used to prepare sera 409 and 410. Assuming that the concentration of an analyte in the blend is the simple sum of the concentrations in the individual pools, the result for any analyte in the blended material is expected to be the weighted average of the results in the parent materials: Serum $411 = ((31 \times \#409) + (26 \times \text{Serum } 410))/57$.

Figure 1 plots values calculated from the sera 409 and 410 medians as a function of the medians of the serum 411 measurements. The measured and calculated values agree very well.

Therefore, if the result for any analyte in serum 411 is much different from the average of sera 409 and 410 results, you may want to carefully re-evaluate your measurement procedure for that analyte.

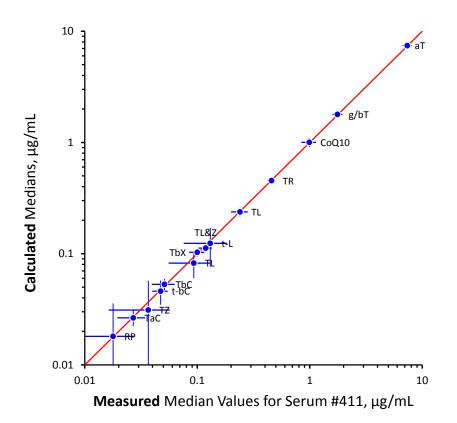


Figure 1: Measured vs Calculated Medians for the Blended Serum 411

The solid blue circles represent the {Measured, Calculated} median values for all RR76 analytes reported by at least five participants. The red line represents the ideal relationship: Estimated = Measured. The blue error-bars represent approximate 95 % confidence intervals on the medians, Median $\pm t_{95\%,n-1} \times \text{eSD}/\sqrt{n}$, where *n* is the number of participants reporting quantitative values for the analyte, eSD is estimated from the median absolute deviation from the median, and $t_{95\%,n-1}$ is the Student *t* 95 % confidence expansion factor.

Appendix C. "All-Lab Report" for RR76

The following six pages are the "All-Lab Report" for RR76 as provided to all participants, with two exceptions:

- the participant identifiers (Lab) have been altered and
- the order in which the participant results are listed has been altered.

The data summary in the "All-Lab Report" has been altered to ensure confidentiality of identification codes assigned to laboratories.

' Results
Laboratory
LXXVI L
Robin
Round

Lab	407	Total R 408	Total Retinol, µg/mL 08 409 41	g/mL 410	411	ti 407	trans-Retinol, µg/ml 408 409 410	etinol, µ 409		411	407	Retinyl Palmitate, µg/mL 408 409 410	1 409 4	, µg/mL 410 411	407		α-Tocopherol, μg/mL 408 409 410	1, µg/ml 410	L 411	γ/F 407	y/β-Tocopherol, μg/mL 7 408 409 410 4	pherol, 1 409 4	l, µg/mL 410 411	
FSV-BB	0.342	0.477	0.444	0.452	0.438						ယ	100		~		N		6		1.63				1.79
FSV-BC	0.339	0.491	0.428	0.432	0.441																			
FSV-BD	0.369	0.539	0.486	0.491	0.505										4.30									
FSV-BE	0.390	0.580	0.530	0.550	0.530										4.20	`				1.60	1.10	1.60 1.	1.70 1.	1.70
FSV-BFa	0.350	0.460	0.450	0.450	0.420																			
FSV-BG	0.362	0.496	0.459	0.465	0.462					-	0.122 0	0.030 0.	0.015 0.	0.022 0.018										1.81
FSV-BH	0.272	0.442	0.346	0.356	0.365										4.22									1.50
FSV-BJ	0.351	0.498	0.468	0.464	0.468										4.33					1.65	1.44	1.77 2	2.04 1.	1.93
FSV-BK	0.348	0.489	0.444	0.451	0.454										4.36	-								
FSV-BL	0.340	0.490	0.430	0.400	0.430										3.90									
FSV-BM	0.340	0.480	0.480	0.440	0.450										3.90			0 7.40						
FSV-BN	0.377	0.533	0.481	0.489	0.495										4.55									
FSV-BO	0.330	0.500	0.460	0.460	0.460										4.29									
FSV-BR	0.300	0.525	0.390	0.475	0.473										4.5	53 11.58	8 7.13	3 9.52	2 8.99					
FSV-BS	0.345	0.499	0.471	0.483	0.467	0.345 0.499 0.47	0.499	~	0.483 0	0.467														
FSV-BT	0.389	0.524	0.450	na	0.595										4.5									1.56
FSV-BU	0.275	0.511	0.379	0.363	0.472										4.90									1.71
FSV-BV	0.405	0.491	0.519	0.380	0.471										5.72		3 8.64	4 8.23			1.67		2.00 2.	2.21
FSV-BW	0.570	0.500	0.500	0.520	0.430						0.072 0	0.016 0.	0.009 0.	0.004 0.006	06 4.34		5 6.94			1.73	1.49	1.86 2		1.75
D FSV-CD	0.360	0.510	0.460	0.460	0.480										4.63	33 10.35	5 7.42		7.99	1.73	1.41	1.77 1.	1.88 1.	1.88
ESV-CE	0.351	0.559	0.457	0.467	0.457										3.58				9 7.41					
FSV-CG	0.313	0.425	0.397	0.387	0.393										3.35									1.51
FSV-CI	0.312	0.458	0.342	0.377	0.410					-	0.087 0	0.019 0.	0.014 0.	0.017 0.008	3.98	8 9.25	5 6.42			1.69				1.78
FSV-CO															4.31	~		4 8.20						1.83
FSV-CZ	0.430	0.606	0.568	0.511	0.553										4.5	50 9.01	1 5.88		7 6.76	1.52	1.19	1.58 1.	1.73 1.	1.65
FSV-DD	0.340	0.500	0.400	0.420	0.430																			
FSV-DV	0.347	0.468	0.431	0.440	0.438										Э.4 Ю	.40 8.80	0 5.80	0 7.40	0.10					
FSV-EE																								
		_																						
						0.342 (0.451 (0.447 (0.455 0	0.463 (0.059 0	0.045 0.	0.017 0.	0.023 0.022										1.79
FSV-GD	0.343	0.496	0.454	0.449	0.454										4.24					1.55	1.45	1.69 1.	1.82 1.	1.74
LSV-GH	0.493	0.685	0.670	0.564	0.687	0	¢	(¢	(ľ	ľ	ľ		12.	33	23.	2	1					9
z	29	29	29	78																				9
Min	0.272	0.425	0.342	0.356				~																1.50
Median	0.348	0.498	0.454	0.451				റ		465														1.77
Max	0.570	0.685	0.670	0.564	0.687	0.345 (0.499 (0.471 (0.483 0.	467		0.076 0.		0.033 0.030	~	33.53	3 23.61	1 21.62	2 17.76	2.11	1.67	2.33 2	2.09 2.	2.21
eSD	0.027	0.031	0.039	0.041	0.034					-	0.022 0	0.021 0.	0.003 0.	0.007 0.015	5 0.34	34 0.89	9 0.67	7 0.85	5 0.64	. 0.11	0.13	0.14 0	0.19 0.	0.10
eCV	80	9	8	ი	7						26	70	20	32 8	82	80	9 10	0 11	6	7	6	8	10	5
Npast	36	31	29	31	31	8	œ	0	0	0	10	7	5	9		38 30	0 27	7 29	30	5	18	15	16	17
Medianpast	0.366	0.507	0.462	0.470	0.474	0.409 (0.481			-						-		2 8.00	7.41	1.65	1.40	1.75 1.	1.81 1.	1.78
SDpast	0.031	0.041	0.029	0.034	0.035	0.030	0.050			-	0.034 0	0.009 0.	0.009 0.	0.012 0.011	1 0.29	9 0.77	7 0.63	3 0.68	3 0.68	0.15	0.13	0.18 0	0.19 0.	0.09
NAV	0.348	0.497	0.452	0.451	L				0.451 0	L	0.087 0		0.015 0.	0.022 0.018	4 (-	5 6.93	3 8.00	7.36	1.64	- c	1.72 1.	1.85 1.7	77
NAU	0.029	0.040	0.03/	0.041	0.037	0.028 (0.040	0.037		0.037		0.021 0.			Þ	79.0 0.97					0			0.19

All Lab Report

Total α-Carotene, μg/mL	408 409 410 411	0.032 0.014 0.042 0.029		0.031 0.015 0.036 0	0.025 nq 0.027 nq 0.025 0.017 0.040 0.022			0.052 0.013 0.046 0.028	0.021 0.010 0.031		0.101 0.074 0.103 0.089	0.034 0.014 na 0.026	0.026 0.011 0.041 0.023	0.033 0.014 0.041 0.029	0.035 0.018 0.063	מ מע מע	ber ber	0.030 0.010 0.036 0.022	0.045 0.016 0.033	0.024 0.009 0.036 0.021							0.032 0.017 0.048 0.032		15 14 14 14	0.021 0.009 0.027 0.019		0.101 0.074 0.103 0.089	0.008 0.004 0.007 0.007	25 30 18 25	16 13 15 16	0.032 0.013 0.036	0.011 0.005 0.007 0.005	0.032 0.015 0.041 0.027 0.010 0.006 0.013 0.009	
Ĥ	407	0.021		0.017	<i>nq</i> 0.006			0 044	0.012		0.068	0.017	0.012	0.013	0.025	bu	bu	0.013	0.014	0.012							0.026		14	0.006	0.016	0.068	0.005	33	17	0.016	0.005	0.016 0.006	
/mL	411	0.003									pu	0.003						0.005									0.006		4	0.003	0.004	0.006	0.002	45	8	0.005	0.005	0.005	
ene, µç	410	0.001									pu	na						0.005									0.008			0.001	0.005	0.008			0			0.005	
3-Carot	409	0.011 0.002									pu	0.003						0.005									0.006		4		0.004		0.002	55	0			0.004	
Total cis-β-Carotene, μg/mL	408	0.011									pu	0.015						0.021 0.011 0.005 0.005									0.029			0.011			0.003				0.004	0.013	
To	407	0.017									pu	0.022						0.021									0.036		4	0.017	0.022	0.036	0.004	18	S		0.004	0.022	
Ļ	411	0.047									0.118	0.055						0.037 0.049 0.041									0.044				0.047	0.118	0.009	19	9		0.004	0.047 0.009	
ie, µg/n	410	0.040 0.054									0.126	na						0.049									0.053		4	0.049			0.003		2		0.007	0.054 0.009	
trans-β-Carotene, μg/mL	409										0.105	0.046						0.037									0.038			0.037		0.105	0.004	5			0.003	0.040	
rans-β-	408	0.231										0.236						0.208									0.213						0.027	13	~		0.024	0.213	
Ţ	407	0.304									0.416	0.295						0.258									0.266		ŝ	0.258	0.295	0.416	0.043	15	7		0.031	0.295 0.043	
Ļ	411	0.050	0.050		0.036			0 049			0.118	0.058	0.052	0.064			v			0.056	0.069				0.034			0.268		0.034	0.050	0.268	0.010	21	20		0.009	0.050 0.011	
ie, µg/n	410	0.055	0.060		0.045 0.063			0 062			0.126	na	0.055								0.080				0.044			0.2					0.010	17	18	0.063	0.013	0.061 0.012	
Total β-Carotene, μg/mL	409	0.042	0.050		0.034			0 043			0.105	0.049	0.048	0.061			v	0.039			0.059				0.027			0.499		0.027			0.009	20	17		0.010	0.046 0.010	
otal β-(408	0.242	0.250		0.234 0.233			0 248			0.193	0.250		0.280						0.248	0.230				0.233			0.923		0.193		0.923	0.019	8	21		0.030	0.234 0.035	
F	407	0.320	0.300	0.346	0.288			0.313	0.269		0.416	0.317	0.303	0.410	0.254	0.300	0.274	0.279	0.274	0.309	0.269				0.699	0.304	0.302	1.278	22	0.254	0.304	1.278	0.032	5	27		0.047	0.303 0.044	
	411	0.083 0.049																0.200												0.049		0.200			4		0.042		
hg/mL	410	0.083																0.038 0.088 0.264 0.193 0.200														0.193			4	0.069	0.052		
ð-Tocopherol, µg/mL	409	0.065																0.264												0.065	0.165	0.264			7	0.063	0.043		
ð-Toco	408	0.083																0.088											7	0.083	0.085	0.088			9	0.073	0.024		
	407	0.044																												0.038	0.041	0.044			9		0.009		
	Lab	FSV-BB FSV-BC	FSV-BD FSV-BE	FSV-BG	FSV-BH FSV-BJ	FSV-BK	FSV-BL	ESV-BN	FSV-BO	FSV-BR	FSV-BS	FSV-BT	FSV-BU	FSV-BV	FSV-BW			FSV-CG	FSV-CI	FSV-CO	FSV-CZ	FSV-DD	FSV-DV	FSV-EE	FSV-FK	FSV-FZ	FSV-GD	FSV-GE	z	Min	Median	Max	eSD	eCV	Npast	Medianpast	SDpast	NAV NAU	

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mL Total α-Cryptoxanthin, μg/mL Total Lutein, μg/mL 411 407 408 409 410 411 407 408 409 410 411	0.022 0.020 0.020 0.012 0.016 0.082 0.083 0.073 0.087 (0.071 0.110 0.108 0.095		07 0.080 0.106 0.104 0.089 0.093	43	0.012 0.018 0.010 <i>na</i> 0.011 0.076 0.086 0.076 <i>na</i>	[00]		00 bu			0.005 0.077 0.057 0.077 0.057 0.072						13 2 2 2 1 2 7 7 6 7	0.012 0.018 0.010 0.01	0.017 0.019 0.015 0.012 0.013 0.076 0.086 0.077 0.088	0.022 0.020 0.020 0.016 0.132 0.136 0.130 0.137	0.009 0.009 0.028 0.020 0.0		10 3/ 23 26	4 5 6 4 4 12 7 5 4	$\begin{array}{cccccccccccccccccccccccccccccccccccc$
t 0.022 0.098	-		0.179 0.026 0.106 0.182 0.023 0.104	0.023	-	0.183 0.017 0.107 0.170 0.016 0.098	0 186 0 076 0 143	na 0.064		10/ 0.009 U.U.BU	0.160 ng 0.100 r		0.155 0.034 0.09/	0.144 0.021 0.088						13 11 13	0.096 0.009 0.064 0.	0.022 0.100	0.076 0.143	0.006 0.0	10 25 10	12 13 15	2	0.027 0.100 0.014 0.027
Total β-Cryptoxanthin, μg/mL 1 407 408 409 410 41	0.053 0.051		0.057 0.054 0.060 0.060	0.055		0.054 0.053 0 0.059 0.048 0	0.095.0.108	0.039 0.046		0.033	0.050 ng 0		0.058 0.063	0.050 0.049 0						5 13 12	0.039 0.033	0.054 0.053	0.095 0.108	0.006 0.007	29 11 12	7 18 15	2	0.058 0.053 0.016
trans-Lycopene, µg/mL 408 409 410 411	3 0.073 0.133 (0.337 0.097 0.174 0.130				0 408 0 165 0 251 0 209	0.312 0.096 <i>na</i>					0.091 0.279 0.077 0.139 0.102							5 5 4	0.263 0.073 0.133	0.312 0.096 0.157	0.408 0.165 0.251	0.049 0.028 0.031 0.0	16 29 20	7 6 6	•	0.292 0.081 0.14 0.048 0.015 0.03
411 407	2 0.214		0.333 0.248 0.117 0.290 0.216			0.431 0.292 0.245 0.197	0.342 0.280 0.168	0.152		0.345 0.297			0.294 0.218 0.091	0.312 0.240					0.291 0.227	14 15 5	0.245 0.152 0.088	0.240	0.330	0.0	14 16 6	13 15 8	2	0.238 0.10 0.048 0.01
Total Lycopene, µg/mL 407 408 409 410	0.54 0.152		0.196 0.58 0.185 0. 0.198 0.71 0.164 0.	0.170 0.59 0.148 0.		0.206 0.81 0.202 0. 0.136 0.43 0.133 0.	021005702120	0.35 0.111	0.58 0.189	0.232 0.00 0.232 0.0 0.168 0.61 0.161 0	0.75 0.230		0.1/1 0.55 0.166 0.	0.184 0.59 0.182 0.					0.158 0.56 0.156 0.	15 15 15	0.111	0.58 0.166	0.81 0.235	0.06 0.028	18 10 17	20 15 12	2	0.60 0.174 0.030
Lab 4		FSV-BC FSV-BD FSV-BE FSV-BFa	FSV-BG 0. FSV-BH 0.	FSV-BJ 0. FSV-BK FSV-BL			FSV-BK FSV-BS					FSV-CE	_	FSV-CO 0.	FSV-CZ	FSV-DD	FSV-DV FSV-FE	FSV-FK			Min 0.	Median 0.			eCV	Npast		

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iin D, µg/mL	409 410 411		0.006 0.004 0.005		0.005 0.005 0.003														2	0.005 0.004 0.003	0.006 0.005	0000		0 0 0	_	
25-hydrox	407 408		0.006 0.012		0.006 0.015														2	0.006 0.012				7 9	0.000 0.004	
hylloquinone (K1), ng/m	407 408 409 410 411	0140 0312 0110 0189 0135										0.109 0.221 0.066 0.129 0.095				0.110 0.290 0.100 0.130 0.120			3 3 3	0.109 0.221 0.066 0.129 0.095	0.312 0.110 0.130 0.120			0 0 0 0		0.110 0.290 0.100 0.130 0.120
Coenzyme Q10, µg/ml	407 408 409 410 411	0.76 0.910 1.07 0.910 0.99		0.47 0.863 0.69 0.919 0.88		1000 7000 00000	0.57 0.778 0.97 <i>na</i> 1.12		0.96 1.020 1.47 1.090 1.08			0.82 1.060 1.21 1.130 1.21	0 79 0 999 0 98 0 927 1 01			1.00 0.901		0.68 0.952 1.10 0.847 0.98	8 6 6	0.47 0.778 0.69 0.847 0.88	0.321 1.07 0.323 1 060 1 47 1 130	0.086 0.15 0.046 0	0 -	8 9 9 0.000 1.07 0.001	1.U/ 0.12	0.74 0.921 1.07 0.919 0.98 0.11 0.092 0.15 0.092 0.11
ng/mL	410 411 4	0.119 0.119	0.112 0.116 0.088 0.153		0.103 0.122	5	0.213 0.129	0.101 0.116		0.090 0.130	0.094 0.104	0.094	0.101 0.119						13	0.078 0.094 (0.213	0.012		14 15	0.035	0.021 0.025
&Zeaxant		0.122	0.118 0.101		0.140	2	<i>0.218</i> 0.114		0.120	0.130	0.113	0.110	0.125						13	0.101		0.0			0.031 0.031	0.122 0.025
al Lutein	408	0.128	0.137		0.133		0.211			0.140	0.114		0.120							0.101		0.0			0.032	0.120
Tot	407	0.108	0.100 0.094		0.104		0.204 0.097	0.085	0	0.120	0.083		0.094							0.083		0.0			0.100	0.097 0.020
	410 411	0.031 0.039	0.043 0.020 0.084			010.0 020.	0.067 0.079 <i>na</i> 0.034					.011 0.022								0.011 0.018			67 67	6 0	0.034	0.025 0.038 0.008 0.026
Total Zeaxanthin	407 408 409 4	0.026 0.046 0.049 0	0.028 0.035 0.043 0				0.072 0.075 0.088 0. 0.021 0.028 0.038					0.015 0.020 0.033 0.011 0.022							6 6	0.008 0.015 0.012 0	0.035 0.041	0.019 0.012	60 2	8 00	0.005 0.012 0.026	0.024 0.032 0.041 0 0.010 0.019 0.012 0
L		FSV-BB 0. FSV-BC FSV-BD FSV-BF		FSV-BJ FSV-BK FSV-BL	FSV-BM FSV-BN FSV-BO		FSV-BS 0. FSV-BT 0.	FSV-BU	FSV-BW	ESV-CD	FSV-CE FSV-CG		FSV-CO	FSV-DD	FSV-DV	FSV-FK	FSV-FZ	FSV-GE		Modion 0.			eCV		Medianpast U. SDpast 0.	NAV 0. NAU 0.

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Analytes Reported By One Laboratory

Values in µg/mL

	Code					
Phytofluene	FSV-BS	0.091	0.327	0.113	0.197	0.162
Total ζ-Carotene						

Table Legend

Term	Definition
N	Number of (non-NIST) quantitative values reported for this analyte
Min	Minimum (non-NIST) quantitative value reported
Median	Median (non-NIST) quantitative value reported
Max	Maximum (non-NIST) quantitative value reported
SD	Adjusted median absolute deviation from the median of the non-NIST results
CV	Coefficient of Variation for (non-NIST) results: 100*SD/Median
Npast	Mean of N(s) from past RR(s)
Medianpast	Mean of Median(s) from past RR(s)
SDpast	Pooled SD from past RR(s)
NAV	NIST Assigned Value
	= Median for analytes reported by \geq 5 labs
NAU	NIST Assigned Uncertainty
	= the maximum of (0.05*NAV, SD, SD _{past} , eSD). The expected long-term SD,
	eSD, is defined in: Duewer et al., Anal Chem 1997;69(7):1406-1413.
na	Not analyzed
nd	Not detected (i.e., no detectable peak for analyte)
nq	Detected but not quantitatively determined
≥x	Concentration greater than or equal to x
italics	Not explicitly reported but calculated by NIST from reported values

Comparability Summary

Lab	TR	аT	g/bT	bC	tbC	aC	TLy	TbX	TLu	ΤZ	L&Z	Label Definition
FSV-BB	1	1	1	1	1	1	1	1	1	1	1	Lab Participant code
FSV-BC	1											TR Total Retinol
FSV-BD	2	1										aT α-Tocopherol
FSV-BE	3	2	2	1								g/bT γ/β-Tocopherol
FSV-BFa	1	2										bC Total β-Carotene
FSV-BG	1	1	1	1		1	1	1			1	tbC trans-β-Carotene
FSV-BH	3	1	2	2		1	1	1	1	1	1	aC Total α-Carotene
FSV-BJ	1	1	1	1		1	1	1	1			TLy Total Lycopene
FSV-BK	1	1										TbX Total β-Cryptoxanthin
FSV-BL	1	1										TLu Total Lutein
FSV-BM	1	2										TZ Total Zeaxanthin
FSV-BN	1	1		1		3	2	1			1	L&Z Total Lutein & Zeaxanthin
FSV-BO	1	1		1		1	2	1	1	2	1	
FSV-BR	2	2										n number of participants providing quantitative data
FSV-BS	1			4	4	4	1	4	3	4	4	% 1 Percent of CS = 1 (within 1 SD of medians)
FSV-BT	3	1	1	1	1	1	2	2	1	1	1	% 2 Percent of CS = 2 (within 2 SD of medians)
FSV-BU	2	2	1	1		1	1	1			1	% 3 Percent of CS = 3 (within 3 SD of medians)
FSV-BV	2	3	3	2		1	2	2			1	% 4 Percent of CS = 4 (3 or more SD from medians)
FSV-BW	4	1	1	1		2	1					"Comporchility Score"
FSV-CD	1	1	1	1			2	1			1	"Comparability Score"
FSV-CE	1	2		2								The Comparability Score (CS) summarizes your measurement performance for a given analyte relative to the consensus
FSV-CG	2	3	2	1	1	1	1	1			1	medians in this study. CS is the average distance (in units of
FSV-CI	2	2	1	2		1			1	1	1	standard deviation) of your measurement performance
FSV-CO		1	1	1		1	1	1			1	characteristics from the consensus performance. CS is
FSV-CZ	3	2	1	2								calculated when the number of quantitative values you reported, N_{vou} , is at least two and at least six participants reported
FSV-DD	1											quantitative values for the analyte.
FSV-DV	1	2										We define CS as follows:
FSV-FK	1	2		4								
FSV-FZ	1	1	1	1								$CS = MINIMUM(4, INTEGER(1 + \sqrt{C^2 + AP^2}))$
FSV-GD	1	1	1	1	1	1	1					^N you You₁ – Median₁
FSV-GE	4	4		4								
n	30	28	16	22	5	15	15	13	7	6	13	$C = Concordance = \frac{1}{N_{you}}$
	ΤP	ъΤ	g/bT	hC	thC	<u>а</u> С	ты	TbX	ті	т7	187	$\sqrt{\frac{1}{1}}$ (You, -Median,) ²
% 1	60	54	<u>9/01</u> 75	68	80	80	67	69	86	67	92	
% 2	20	36	19	18	0	7	33	23	0	17	0	AP = Apparent Precision = $\sqrt{\frac{1}{100} \left(\frac{1}{100} \frac{1}{100} \right)^2}$
%3		7	6	0	0	7	0	0	14	0	0	NAU = NIST Assigned Uncertainty
% 3 % 4		4	0	14		7	0	8	0	17	8	
,,,,,	<u> </u>	•	•			•	~	-	-		-	For further details, please see
												Duewer DL, Kline MC, Sharpless KE, Brown Thomas J, Gary KT. Micronutrients Measurement Quality Assurance
												Program: Helping participants use interlaboratory comparise

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Program: Helping participants use interlaboratory comparison exercise results to improve their long-term measurement performance. Anal Chem 1999;71(9):1870-8.

Appendix D. Representative Individualized Report for RR76

Each participant in RR76 received an "Individualized Report" reflecting their reported results. Each report included a detailed analysis for analytes that were assayed by at least five participants. The following analytes met this criterion:

- Total Retinol
- Retinyl Palmitate
- α-Tocopherol
- γ/β -Tocopherol
- Total β-Carotene
- Total α-Carotene
- Total Lycopene
- *trans*-Lycopene
- Total β-Cryptoxanthin
- Total Lutein
- Total Zeaxanthin
- Total Lutein & Zeaxanthin
- Coenzyme Q10

The following fourteen pages are the "Individualized Report" for the analytes evaluated by participant FSV-BB.

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Individualized Round Robin LXXVI Report: FSV-BB

Summary

				,	5										
	Seri	um 407		Serum 408	um 408		Seru	um 409		Serum 410	im 410		Seru	Serum 411	
Analyte You	You	NAV	c	You	NAV	c	You	You NAV	⊆	You	NAV	c	You	NAV	c
Total Retinol	0.342	0.348	29	0.477	0.497	29	0.444	0.452	ñ	0.452	0.451	28	0.438	0.456	29
Retinyl Palmitate	0.10	0.09	5	0.1	0.0	5	0.0	0.0		0.03	0.02	Q	0.03	0.02	5
a-Tocopherol	4.62	4.31	28	10.63	10.35	28	7.26	6.93		8.20	8.00	27	7.84	7.36	28
γ/β-Tocopherol	1.629	1.637	16	1.408	1.409	16	1.726	1.721		1.835	1.854	15	1.793	1.767	16
ō-Tocopherol	0.044		2	0.083		2	0.065			0.083		2	0.049		2
Total β-Carotene	0.320	0.303	22	0.242	0.234	22	0.042	0.046		0.055	0.061	20	0.050	0.050	20
trans-β-Carotene	0.304	0.295	S	0.231	0.213	S	0.040	0.040		0.054	0.054	4	0.047	0.047	2
Total cis-β-Carotene	0.017	0.022	4	0.011	0.013	4	0.002	0.004		0.001	0.005	ო	0.003	0.005	4
Total α-Carotene	0.021	0.016	14	0.032	0.032	15	0.014	0.015		0.042	0.041	14	0.029	0.027	14
Total Lycopene	0.156	0.184	15	0.543	0.585	15	0.152	0.166		0.292	0.312	14	0.214	0.240	15
trans-Lycopene	0.088	0.092	2	0.263	0.312	S	0.073	0.096		0.133	0.174	4	0.105	0.125	2
Total β-Cryptoxanthin	0.053	0.056	13	0.051	0.053	12	0.164	0.170	13	0.022	0.023	1	0.098	0.100	13
Total α-Cryptoxanthin	0.022		2	0.020		2	0.020			0.012		~	0.016		2
Total Lutein	0.082	0.076	~	0.083	0.086	2	0.073	0.077		0.087	0.089	9	0.080	0.093	2
Total Zeaxanthin	0.026	0.024	9	0.046	0.032	9	0.049	0.041		0.031	0.025	2	0.039	0.038	9
Total Lutein&Zeaxanthin	0.108	0.097	13	0.128	0.120	13	0.122	0.122		0.119	0.101	12	0.119	0.119	13

You : Your reported values for the listed analytes (micrograms/milliliter)

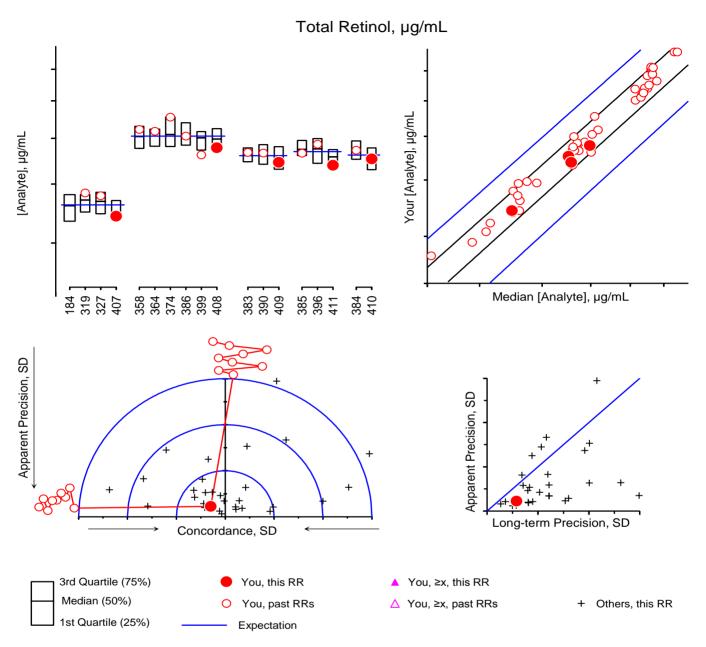
NAV: NIST Assigned Values, here equal to this RR's median

n: Number of non-NIST laboratories reporting quantitative values for this analyte in this serum

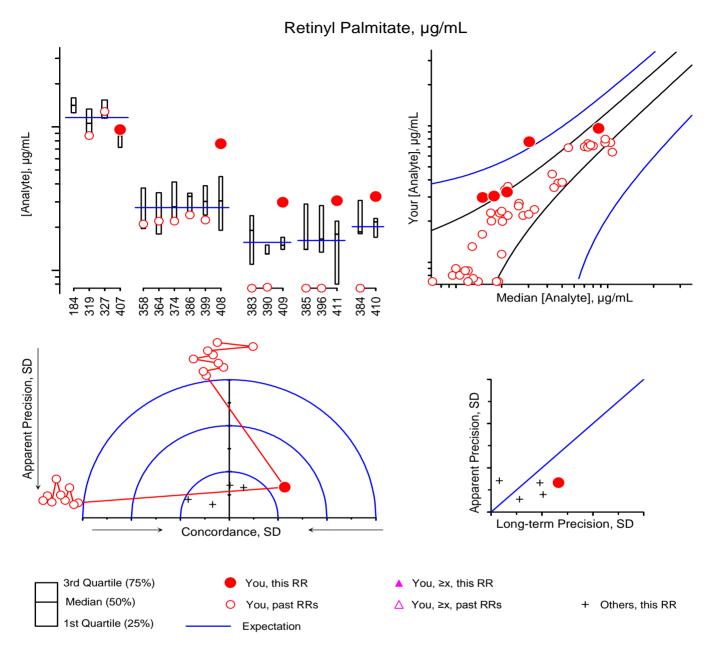
Please check our records against your records. Send corrections and/or updates to... Micronutrients Measurement Quality Assurance Program National Institute of Standards and Technology Gaithersburg, MD 20899-8392 USA 100 Bureau Drive Stop 8392

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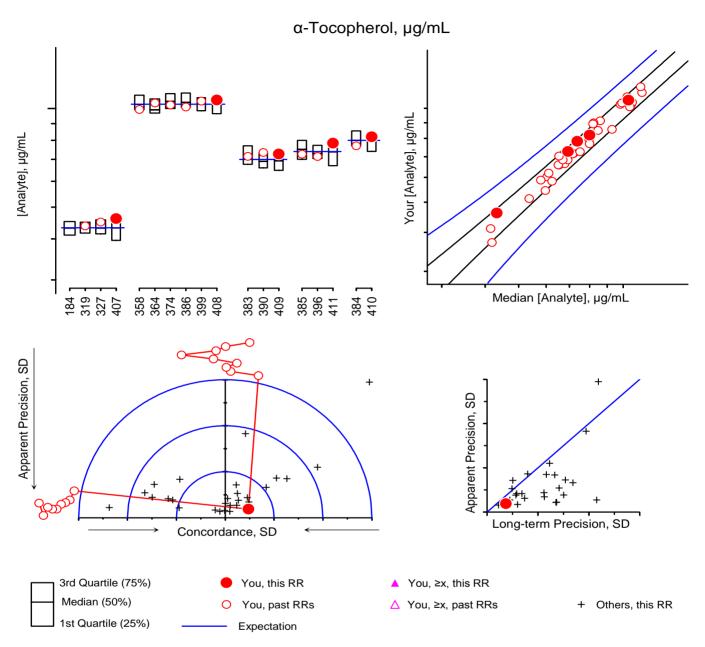
Individualized Report



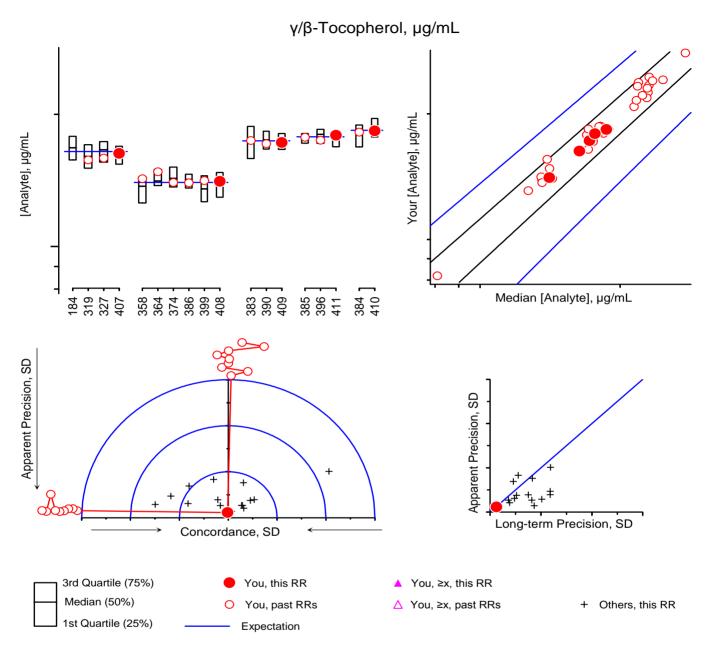
<u>Serum</u>	<u>Comments</u>	<u>History</u>
#407	Lyophilized, native, single-source	28#184, 59#319, 60#327
#408	Fresh-frozen, native, multi-donor: SRM 968e II	66#358, 67#364, 69#374, 71#386, 74#399
#409	Fresh-frozen, native, single-donor	71#386, 72#390
#410	Fresh-frozen, native, single-donor	71#384
#411	Mixture of (310 mL #409) and (260 mL #410)	71#385, 73#396



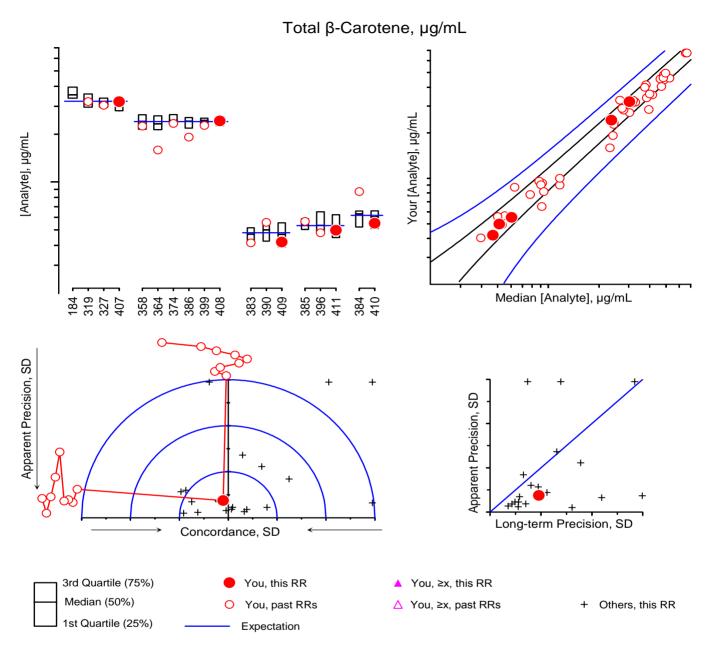
<u>Serum</u>	<u>Comments</u>	<u>History</u>
#407	Lyophilized, native, single-source	28#184, 59#319, 60#327
#408	Fresh-frozen, native, multi-donor: SRM 968e II	66#358, 67#364, 69#374, 71#386, 74#399
#409	Fresh-frozen, native, single-donor	71#386, 72#390
#410	Fresh-frozen, native, single-donor	71#384
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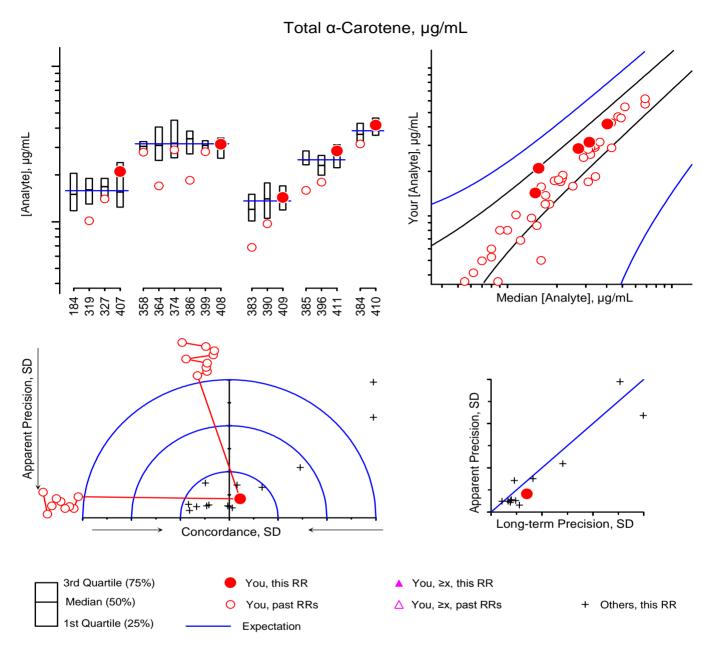
<u>Serum</u>	<u>Comments</u>	History
#407	Lyophilized, native, single-source	28#184, 59#319, 60#327
#408	Fresh-frozen, native, multi-donor: SRM 968e II	66#358, 67#364, 69#374, 71#386, 74#399
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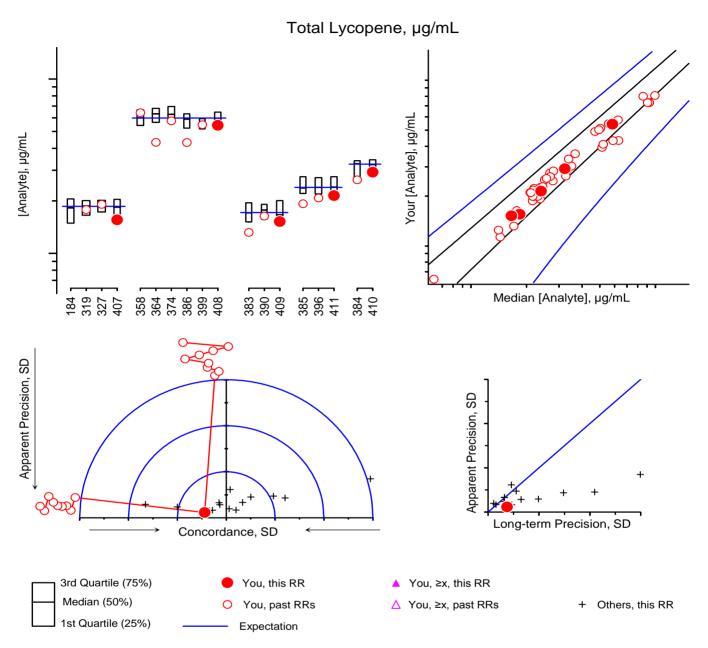
<u>Serum</u>	<u>Comments</u>	<u>History</u>
#407	Lyophilized, native, single-source	28#184, 59#319, 60#327
#408	Fresh-frozen, native, multi-donor: SRM 968e II	66#358, 67#364, 69#374, 71#386, 74#399
#409	Fresh-frozen, native, single-donor	71#386, 72#390
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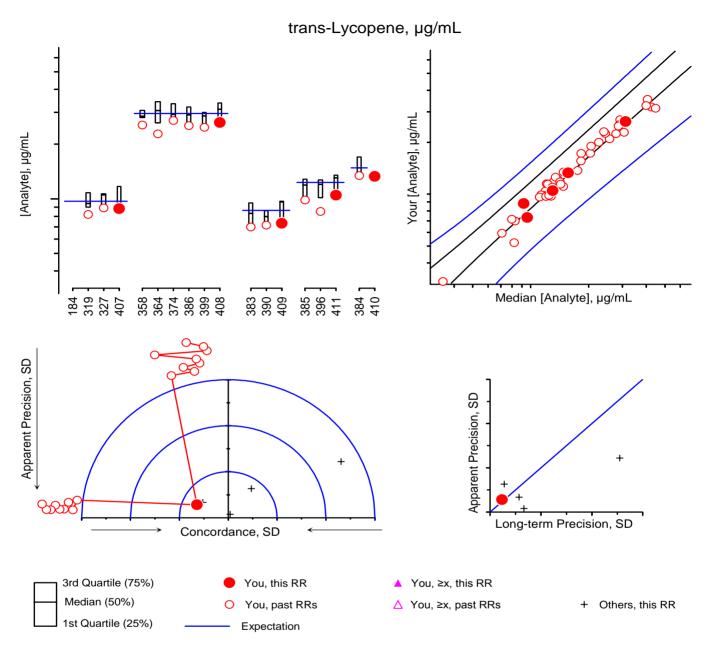
<u>Serum</u>	<u>Comments</u>	<u>History</u>
#407	Lyophilized, native, single-source	28#184, 59#319, 60#327
#408	Fresh-frozen, native, multi-donor: SRM 968e II	66#358, 67#364, 69#374, 71#386, 74#399
#409	Fresh-frozen, native, single-donor	71#386, 72#390
#410	Fresh-frozen, native, single-donor	71#384
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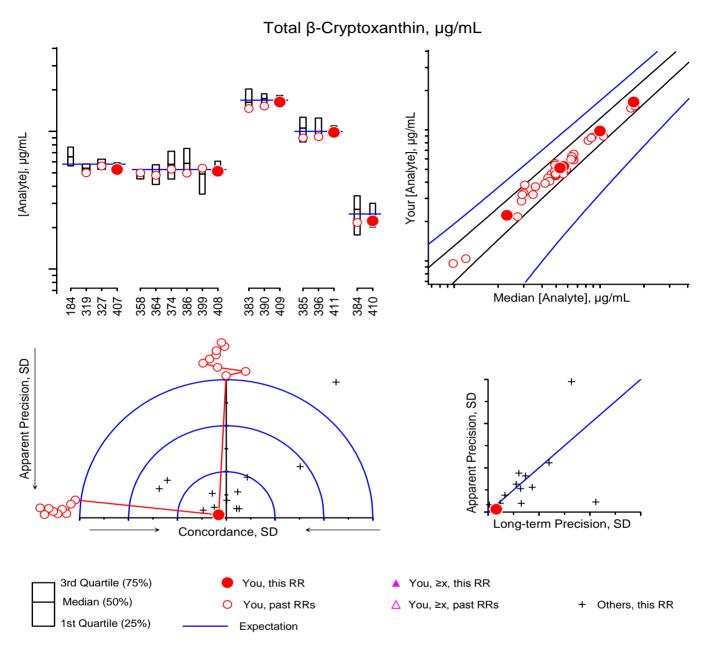
<u>Serum</u>	<u>Comments</u>	<u>History</u>
#407	Lyophilized, native, single-source	28#184, 59#319, 60#327
#408	Fresh-frozen, native, multi-donor: SRM 968e II	66#358, 67#364, 69#374, 71#386, 74#399
#409	Fresh-frozen, native, single-donor	71#386, 72#390
#410	Fresh-frozen, native, single-donor	71#384
#411	Mixture of (310 mL #409) and (260 mL #410)	71#385, 73#396



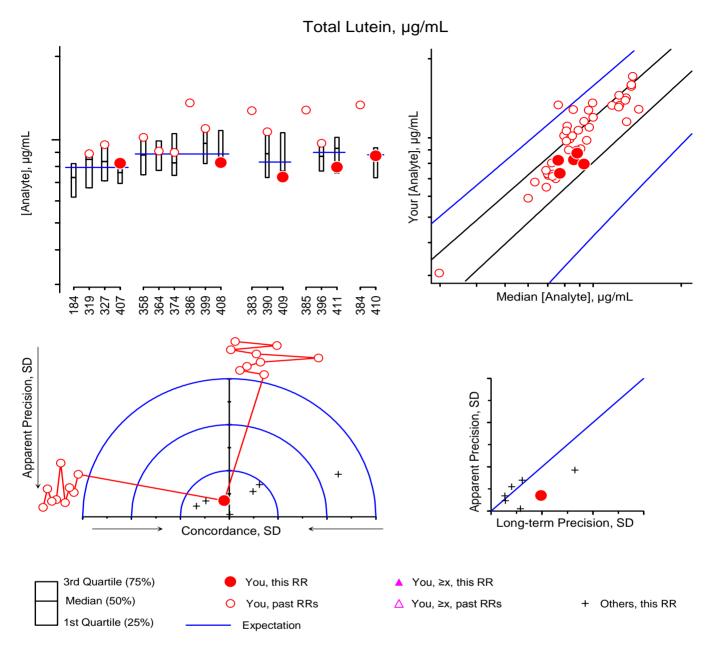
<u>Serum</u>	<u>Comments</u>	<u>History</u>
#407	Lyophilized, native, single-source	28#184, 59#319, 60#327
#408	Fresh-frozen, native, multi-donor: SRM 968e II	66#358, 67#364, 69#374, 71#386, 74#399
#409	Fresh-frozen, native, single-donor	71#386, 72#390
#410	Fresh-frozen, native, single-donor	71#384
#411	Mixture of (310 mL #409) and (260 mL #410)	71#385, 73#396



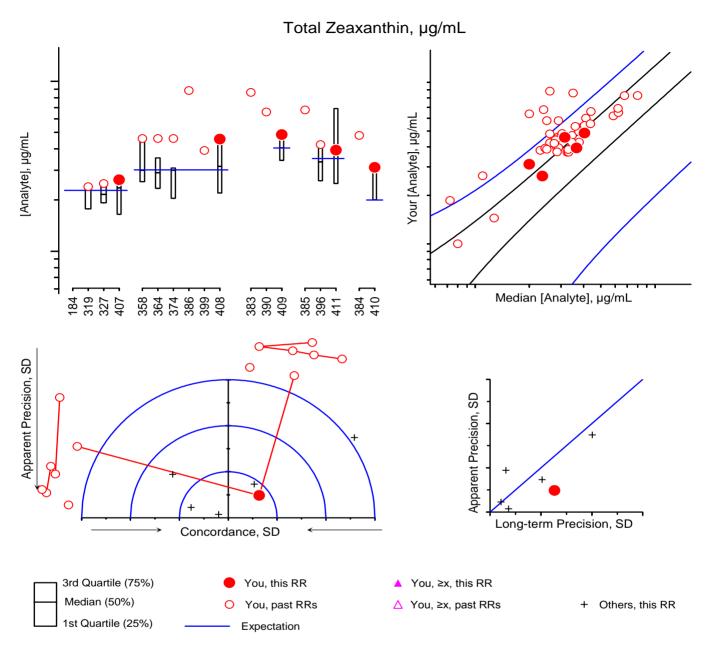
<u>Serum</u>	<u>Comments</u>	<u>History</u>
#407	Lyophilized, native, single-source	28#184, 59#319, 60#327
#408	Fresh-frozen, native, multi-donor: SRM 968e II	66#358, 67#364, 69#374, 71#386, 74#399
#409	Fresh-frozen, native, single-donor	71#386, 72#390
#410	Fresh-frozen, native, single-donor	71#384
#411	Mixture of (310 mL #409) and (260 mL #410)	71#385, 73#396



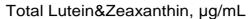
<u>Serum</u>	<u>Comments</u>	<u>History</u>
#407	Lyophilized, native, single-source	28#184, 59#319, 60#327
#408	Fresh-frozen, native, multi-donor: SRM 968e II	66#358, 67#364, 69#374, 71#386, 74#399
#409	Fresh-frozen, native, single-donor	71#386, 72#390
#410	Fresh-frozen, native, single-donor	71#384
#411	Mixture of (310 mL #409) and (260 mL #410)	71#385, 73#396

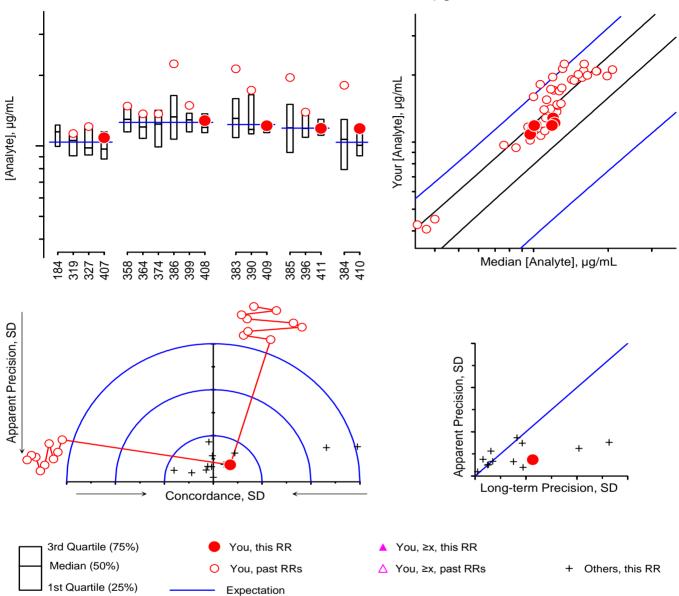


<u>Serum</u>	<u>Comments</u>	<u>History</u>
#407	Lyophilized, native, single-source	28#184, 59#319, 60#327
#408	Fresh-frozen, native, multi-donor: SRM 968e II	66#358, 67#364, 69#374, 71#386, 74#399
#409	Fresh-frozen, native, single-donor	71#386, 72#390
#410	Fresh-frozen, native, single-donor	71#384
#411	Mixture of (310 mL #409) and (260 mL #410)	71#385, 73#396

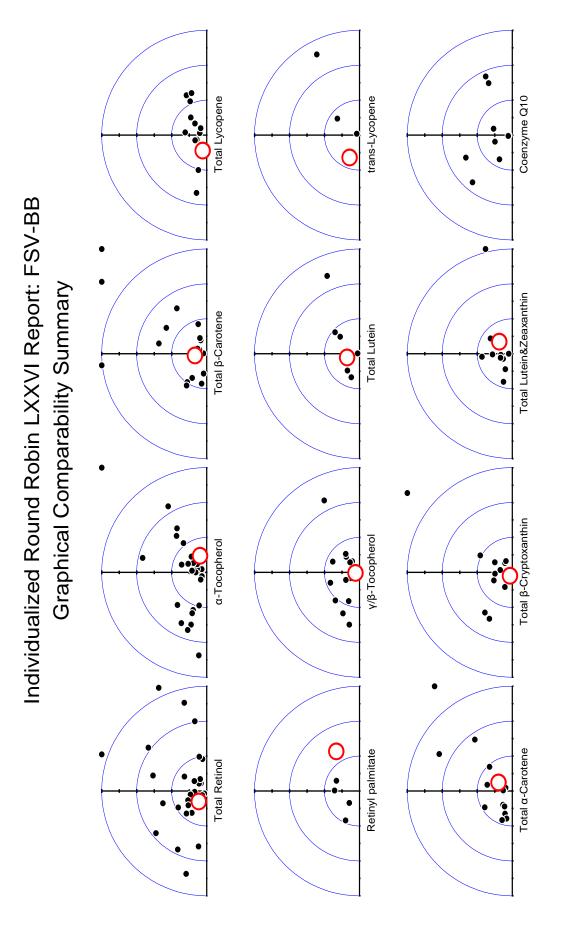


<u>Serum</u>	<u>Comments</u>	<u>History</u>
#407	Lyophilized, native, single-source	28#184, 59#319, 60#327
#408	Fresh-frozen, native, multi-donor: SRM 968e II	66#358, 67#364, 69#374, 71#386, 74#399
#409	Fresh-frozen, native, single-donor	71#386, 72#390
#410	Fresh-frozen, native, single-donor	71#384
#411	Mixture of (310 mL #409) and (260 mL #410)	71#385, 73#396





<u>Serum</u>	Comments	<u>History</u>
#407	Lyophilized, native, single-source	28#184, 59#319, 60#327
#408	Fresh-frozen, native, multi-donor: SRM 968e II	66#358, 67#364, 69#374, 71#386, 74#399
#409	Fresh-frozen, native, single-donor	71#386, 72#390
#410	Fresh-frozen, native, single-donor	71#384
#411	Mixture of (310 mL #409) and (260 mL #410)	71#385, 73#396



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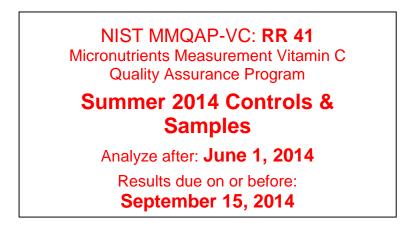
10/3/2014

Appendix E. Shipping Package Inserts for RR41

The following three items were included in each package shipped to an RR41 participant:

- Cover letter
- Analysis of Control Materials and Test Samples Datasheet
- Packing List and Shipment Receipt Confirmation Form

The cover letter and datasheet were enclosed in a sealed waterproof bag along with the samples themselves. This bag was labeled:



The packing list was placed at the top of the shipping box, between the cardboard covering and the foam insulation.



UNITED STATES DEPARTMENT OF COMMERCE National Institute of Standards and Technology Gaithersburg, Maryland 20899-

February 10, 2014

Dear Colleague:

The samples within this package constitute Vitamin C Round Robin 41 (RR41) of the 2014 Micronutrients Measurement Quality Assurance Program. RR41 consists of one vial each of four frozen serum *test samples* (#411, #412 #413, and #414) and one vial each of two frozen *control sera* (CS#3 and CS#4). These materials are in sealed ampoules. They were prepared by adding equal volumes of 10% MPA to spiked human serum. We have checked the samples for stability and homogeneity. Only total ascorbic acid is stable. While these samples contain some dehydroascorbic acid, its content is variable. Therefore, only <u>total ascorbic acid</u> should be analyzed and reported.

Please use the *control sera* to validate the performance of your measurement system <u>before</u> you analyze the *test samples*. The target value for CS#3 is $(15.5 \pm 1.6; 13.9 \text{ to } 17.1) \mu \text{mol/L}$ and the target for CS#4 is $(46.1 \pm 4.6; 41.5 \text{ to } 50.7) \mu \text{mol/L}$. We expect your results for both of these controls to be within this $\pm 10\%$ target range. If your results are significantly outside this range, your analysis system may not be suited to the analysis of MPA-preserved samples. In this case, please do **not** proceed to the analysis of the *test samples* but contact us at <u>jbthomas@nist.gov</u> or 301-975-3120.

The *test samples* and *control sera* should be defrosted by warming at 20 °C for not more than 10 min otherwise some irreversible degradation may occur. Please be aware that sample contact with any oxidant-contaminated surface (vials, glassware, etc.) may degrade your measurement system's performance (SA Margolis and E Park, "Stability of Ascorbic Acid in Solutions in Autosampler Vials", *Clinical Chemistry* 2001, *47*(8), 1463-1464). You should suspect such degradation if you observe unusually large variation in replicate analyses.

Please measure the total ascorbic acid in each ampoule in duplicate, reporting in units of $\mu mol/(L sample solution)$ rather than $\mu mol/(L serum used to prepare the sample)$. Please email (david.duewer@nist.gov) or fax (301-977-0685) your results to us as soon as possible but no later than September 15, 2014.

Please report your results by e-mail to david.duewer@nist.gov or fax to 301-977-0685. If you have questions or comments regarding the studies, please contact us at 301-975-3120 (Jeanice); jbthomas@nist.gov or 301-975-3935 (Dave); david.duewer@nist.gov.

Sincerely, Panile

Jeanice B. Thomas, M.B.A. Research Chemist Chemical Sciences Division Material Measurement Laboratory

David L. Duewer, Ph.D. Research Chemometrician Chemical Sciences Division Material Measurement Laboratory

Enclosure: RR41 Report Form for Control and Test Sample Analyses



Date:

Vitamin C Round Robin 41 NIST Micronutrient Measurement Quality Assurance Program

Analysis of Control Materials and Test Samples

Sample	Replicate 1	Replicate 2	Units
Control serum CS#3			µmol/L of Sample Target: (15.5 ±1.6) μmol/L
Control serum CS#4			μmol/L of Sample <i>Target: (46.1 ±4.6) μmol/L</i>
Test sample #411			µmol/L of Sample
Test sample #412			µmol/L of Sample
Test sample #413			µmol/L of Sample
Test sample #414			µmol/L of Sample

Were samples frozen upon receipt? Yes | No

Analysis method: HPLC-EC | HPLC-Fluor DAB | HPLC-OPD | HPLC-UV | AO-OPD | Other If "Other", please describe:

Nature of samples you typically analyze: native | MPA-preserved | DTT-preserved | Other If "Other", please describe:

COMMENTS:

Please return by September 15, 2014

MMQAP 100 Bureau Drive, Stop 8392 Gaithersburg, MD 20899-8392 Fax: 301-977-0685 Email: david.duewer@nist.gov

Vitamin C Round Robin 41

NIST Micronutrients Measurement Quality Assurance Program

Packing List and Shipment Receipt Confirmation Form

This box contains one vial each of the following **six** VitC M^2QAP samples:

Label	Form						
VitC #411	Liquid frozen (1:1 serum:10% MPA)						
VitC #412	Liquid frozen (1:1 serum:10% MPA)						
VitC #413	Liquid frozen (1:1 serum:10% MPA)						
VitC #414	Liquid frozen (1:1 serum:10% MPA)						
CS#3	Liquid frozen (1:1 serum:10% MPA)						
CS#4	Liquid frozen (1:1 serum:10% MPA)						

Please 1) Open the pack immediately

- 2) Check that it contains one vial each of the above samples
- 3) Check if the samples arrived frozen
- 4) Store the samples at -20 $^\circ\text{C}$ or below until analysis
- 5) Email (david.duewer@nist.gov) or fax (301-977-0685) us the following information:

1) Date this shipment arrived: _____

- 2) Are all of the vials intact? Yes | No If "No", which one(s) were damaged?
- 3) Was there any dry-ice left in cooler? Yes | No
- 4) Did the samples arrive frozen? Yes | No
- 5) At what temperature are you storing the samples? _____ °C

Your prompt return of this information is appreciated.

The M²QAP Gang

Appendix F. Final Report for RR410

The following three pages are the final report for RR41 as provided to all participants:

- Cover letter.
- An information sheet that:
 - describes the contents of the "All-Lab" report,
 - o describes the content of the "Individualized" report,
 - describes the nature of the test samples and details their previous distributions, if any, and
 - summarizes aspects of the study that we believe may be of interest to the participants.

October 3, 2014

UNITED STATES DEPARTMENT OF COMMERCE National Institute of Standards and Technology Gaithersburg, Maryland 20899-8410

Dear Colleague:

Enclosed is the summary report of the results for Round Robin 41 (RR41) for the measurement of total ascorbic acid (TAA, ascorbic acid plus dehydroascorbic acid) in human serum. Included in this report are a summary of data for all laboratories and an individualized summary of your laboratory's measurement performance. The robust median is used to estimate the consensus value for all samples, the "adjusted median absolute deviation from the median" (MADe) is used to estimate the expected standard deviation, and we estimate the coefficient of variation (CV) as 100×MADe/median.

RR41 consisted of one vial each of four test samples (#411, #412 #413, and #414) and one vial each of two control samples (CS#3 and CS#4). Both the test and control samples are 1:1 mixtures of serum and 10 % metaphosphoric acid augmented with high-purity ascorbic acid. Details regarding the samples can be found in the enclosed report.

If you have concerns regarding your laboratory's performance, we suggest that you obtain and analyze a unit of Standard Reference Material (SRM) 970 Vitamin C in Frozen Human Serum. SRM 970 can be purchased from the NIST SRM Program at <u>www.nist.gov/srm</u>; phone: 301-975-6776; fax: 301-948-3730. If your measured values do not agree with the certified values, we suggest that you contact us for consultation.

If you returned your intent-to-participate form for the 2015 NIST Micronutrients Measurement Quality Assurance Program (MMQAP), you should have received a confirmation receipt. Please notify us if you have not received your confirmation receipt.

Laboratories participating in the upcoming program will receive samples for the two vitamin C in serum studies (RR42 and RR43) in February 2015. Please note that we will ship the samples for both studies at the same time in February. Results will be due in May 2015 for the first study and in September 2015 for the second study. We will send you a reminder in late July 2015 about the reporting deadline for the second study. Please contact us immediately if this schedule is problematic for your laboratory.

If you have questions or concerns regarding this report, please contact David Duewer at david.duewer@nist.gov or me at jbthomas@nist.gov, 301-975-3120, or fax: 301-977-0685.

Sincerely,

eanice of

Jeanice Brown Thomas, M.B.A. Research Chemist Chemical Sciences Division Material Measurement Laboratory

Enclosures

David L. Duewer, Ph.D. Research Chemometrician Chemical Sciences Division Material Measurement Laboratory



The NIST MMQAP Vitamin C Round Robin 41 (RR41) report consists of:

Page	"Individualized" Report									
1	Summary of your reported values for the two serum control and four serum test samples.									
2	Graphical summary of your RR41 measurements.									
Page	"All-Lab" Report									
1	A tabulation of results and summary statistics for total ascorbic acid [TAA] in the RR41 control and test samples. Results and summary statistics are also presented for the test samples calibrated to the results for the control samples using both 2-point proportional and linear models.									
Serum-Ba	ased Samples. Two serum controls and four test samples were distributed in RR41.									
CS#3	Material ampouled in 2009 containing $15.4 \pm 0.4 \mu mol/L$ [TAA]									
CS#4	Material ampouled in 2009 containing $46.2 \pm 1.2 \mu mol/L$ [TAA]									
S41:1	Ampouled in late 2009, previously distributed in RRs 34, 36 (as two samples), 38 and 40									
S41:2	Ampouled in late 2009, previously distributed in RRs 32, 35, 36 and 38									
S41:3	Ampouled in late 2009, previously distributed in RRs 32, 33, 35, 38 and 40									
S41·4	SRM 970 level 1 amnouled in mid-1998 previously distributed as a test sample in RRs									

S41:4 SRM 970 level 1, ampouled in mid-1998, previously distributed as a test sample in RRs 11 to 16, 19, 20 23, 25, 29, 31, 34, 37 and 39

Results.

- 1) The reported [TAA] contents of the two control sera (CS#3 and CS#4) are unchanged from the values estimated for these materials when they were distributed as unknowns. The expected [TAA] content and inter-participant standard deviations are estimated with the robust median and adjusted median absolute deviation (eSD) statistics.
- 2) There is no evidence for any significant change in the [TAA] level for any of the four test materials.
- 3) The results for two control sera with well separated [TAA] levels enable calibration of the reported results for the unknowns to the both proportional and linear models. The proportional model is:

$$[TAA]_{reportedCS} = b \times [TAA]_{referenceCS}$$

where $[TAA]_{reportedCS}$ are the reported values for the two control sera, $[TAA]_{referenceCS}$ are the established reference values for these materials, and *b* is estimated using least-squares regression. The inverse model for estimating calibrated values for unknown samples is then:

$$[TAA]_{calibrated} = [TAA]_{reported} / b.$$

The linear model and its inverse are:

$$[TAA]_{reportedCS} = a + b \times [TAA]_{referenceCS}; [TAA]_{calibrated} = ([TAA]_{reported} - a) / b$$

where the a and b parameters are defined by the line between the {reference, reported} values for the two control sera.

Figure 1 displays eSD as a function of the Median values for the test samples distributed in RR34 through RR41 where the CS#3 and CS#4 were distributed as either test or control samples.

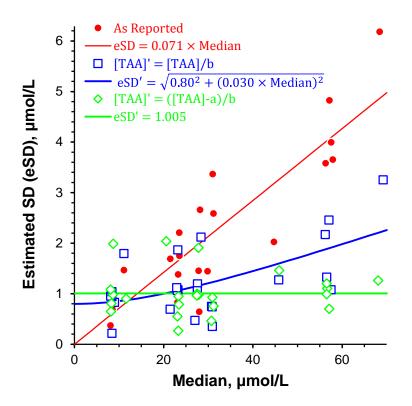


Figure 1: Estimated Standard Deviation as a Function of Median Value

Each symbol represents the summary statistics for one of the test samples distributed in RR34 through RR41. The solid red circles represent the results as they were reported (i.e., uncalibrated); the red line represents a "best fit" functional relationship between the eSD and the median. The open blue squares and blue line represent the reported test-sample results after calibration to the control samples using the proportional model. The open green diamonds and green line represent the results after calibration to the linear model.

The relationship between the eSD and the median values for the "As Reported" results is adequately described as a constant coefficient of variation, eCV = 100 * eSD/Median, of 7.1 %. The best-fit relationship for the results calibrated to the proportional model is more complex, with a fairly constant component of 0.80 µmol/L for [TAA] levels of 20 µmol/L or less and a constant eCV of 3.0 % above 20 µmol/L. The best-fit relationship with the linear model calibration is a constant eSD of 1.0 µmol/L regardless of [TAA].

Since calibration using the proportional model tends to increase the variability for the lower [TAA] samples but does not completely stabilize it at higher levels, the proportional calibration model appears to be inferior to the linear model. While calibration to the two control samples dramatically reduces interlaboratory variability for the higher [TAA] materials, it increases variability at the lower [TAA] levels.

The addition of the RR41 results to those from the previous studies do not significantly impact the above analysis. Consequently, we will not distribute control materials in the 2015 vitamin C studies.

Appendix G. "All-Lab Report" for RR41

The following two pages are the "All-Lab Report" for RR41 as provided to all participants, with the following exceptions:

- the participant identifiers (Lab) have been altered.
- the order in which the participant results are listed has been altered.
- the Legend page has been added

The data summary in the "All-Lab Report" has been altered to ensure confidentiality of identification codes assigned to laboratories.

Micronutrients Measurement Quality Assurance Program for Total Ascorbic Acid "Round Robin" 41 - Fall 2014

q/(S41:4'	9.7	7.3	8.7	7.1	9.8	5.3	6.2	10.2	9.2	6	8.2	1.7	5.3	7.1	8.7	9.7	10.2	2.0	23
(TAA-a	mol/L	S41:3'	23.4	23.5	22.7	22.4	24.0	27.0	20.0	23.4	23.2	6	23.3	1.8	20.0	22.7	23.4	23.5	27.0	0.8	ო
TAA]' =	[TAA]', µmol/L	S41:2' §	31.2	30.3	28.5	30.0	31.6	34.7	30.5	30.9	31.5	6	31.0	1.7	28.5	30.3	30.9	31.5	34.7	0.9	ო
Calibrated Results: [TAA]' = (TAA-a)/b		S41:1' S	57.1	57.1	56.9	55.8	57.4	63.5	57.6	57.6	55.2	6	57.6	2.3	55.2	56.9	57.1	57.6	63.5	0.7	-
rated	ers	a	-1.5	0.5	-1.2	1.5	-0.6	3.9	1.6	-1.3	-3.6										
Calib	Parameters	q	I.03 -	0.97		0.93		0.98	0.88	0.97 -	.15 -										
	å		-	0	-	0	~	0	0	0	-										
d/b		S41:4'	8.6	7.7	7.8	8.4	9.3	8.4	7.6	9.2	6.6	6	8.2	0.8	6.6	7.7	8.4	8.6	9.3	1.0	12
4]' = TA	mol/L	S41:3'	22.8	23.6	22.2	23.1	23.7	28.0	20.8	22.9	21.9	6	23.2	2.0	20.8	22.2	22.9	23.6	28.0	1.1	5
llts: [TA/	[TAA]', µmol/L	S41:2' S	30.9	30.4	28.2	30.4	31.5	35.0	30.9	30.7	30.9	6	31.0	1.8	28.2	30.4	30.9	30.9	35.0	0.7	2
Calibrated Results: [TAA]' = TAA/b		S41:1' S	57.9	56.9	57.5	55.1	57.7	61.1	56.8	58.3	56.8	6	57.5	1.6	55.1	56.8	57.5	57.9	61.1	1.1	2
alibrat	۶		66	98	90	97	0	80	93	94)6										
ő	Param	q	0.99	0.98	1.06	0.97	1.00	1.08	0.93	0.94	1.06										
		S41:4	8.5	7.5	8.2	8.2	9.3	9.1	7.1	8.7	7.0	6	8.2	0.8	7.0	7.5	8.2	8.7	9.3	1.1	13
	Total Ascorbic Acid ([TAA]), µmol/L		22.7	23.1	23.5	22.4	23.7	30.4	19.3	21.6	23.1	6	23.3	3.0	19.3	22.4	23.1	23.5	30.4	0.8	4
Samples		S41:2 S	30.7		29.8	29.4	31.4	38.0	28.6	28.9	32.7	6	31.0	2.9	28.6	29.4	29.8	31.4	38.0	1.4	S
õ		S41:1 S	57.6	55.6	60.8	53.3	57.5	66.3	52.5	54.9	59.9	6	57.6	4.3	52.5	54.9	57.5	59.9	66.3	4.0	7
		CS#4 S	45.9	44.8	48.8	44.1	45.9	49.0	42.2	43.5	49.2	6	45.9	2.6	42.2	44.1	45.9	48.8	49.2	3.7	ø
	Tot	CS#3 (14.2	15.1	15.4	15.7	14.8	18.8	15.1	13.6	13.9	6	15.2	1.5	13.6	14.2	15.1	15.4	18.8	0.9	9
	<u>.</u>	Date	14/08/14	12/09/14	22/08/14	14/08/14	15/09/14	09/09/14	05/08/14	12/09/14	15/09/14	z	Average	SD	Min	%25	Median	%75	Max	eSD	eCV
		Lab	VC-MB	VC-MC		VC-MH	VC-MI	VC-MJ	VC-MN	VC-NM	VC-NX										

All Lab Report

Page 1 / 2

Micronutrients Measurement Quality Assurance Program for Total Ascorbic Acid "Round Robin" 41 - Summer 2014

Legend

Definition Participant code Date results received at NIST Slope and Intercept of the line connecting the expected values for control samples CS#3 and CS#4 with the results reported by each participant Number of quantitative values reported for this analyte Mean of the reported quantitative values Standard deviation of the reported quantitative values first quartile of the reported quantitative values	Median (second quartile) of the reported quantitative values Third quartile of the reported quantitative values Maximum quantitative value reported Robust standard deviation, estimated using the adjusted median absolute deviation from the median (MADe) Robust Coefficient of Variation, estimated as 100*eSD/Median
Term Lab Date b Average SD Min %25	Median %75 Max eSD eCV

Appendix H. Representative "Individualized Report" for RR41

Each participant in RR41 received an "Individualized Report" reflecting their reported results. The following three pages are the "Individualized Report" for participant "VC-MB".

Vitamin C "Round Robin" 41 Report: Participant VC-MB

			[TAA] r	nmol	/Lsamp	le	_				
Date	RR	Sample	Rep ₁	Rep_2	F_{adj}	Mean	$\mathrm{SD}_{\mathrm{dup}}$		Ν	Mean	SD_{repeat}	SD_{reprod}
01/14/11	34	S34:4	56.8	57.3	1.0	57.0	0.4		6	57.5	0.6	1.3
03/07/12	36	S36:1	57.8	56.8	1.0	57.3	0.7					
03/07/12	36	S36:4	56.8	55.2	1.0	56.0	1.1					
02/27/13	38	S38:4	57.3	56.8	1.0	57.0	0.4					
02/24/14	40	S40:4	59.9	59.9	1.0	59.9	0.0					
08/14/14	41	S41:1	57.3	57.8	1.0	57.6	0.4					
01/12/10	22	600.0	20 5	21.0	1.0	20.7	0.4	ſ	5	20.0	0.5	0.6
01/13/10 06/13/11	32	S32:3	30.5	31.0	1.0	30.7	0.4	l	5	30.9	0.5	0.6
	35 26	S35:3	32.0	31.5	1.0	31.7	0.4					
03/07/12	36	S36:2	31.5	30.5	1.0	31.0	0.7					
02/27/13	38	S38:3	29.9	30.5	1.0	30.2	0.4					
08/14/14	41	S41:2	30.5	31.0	1.0	30.7	0.4					
01/13/10	32	S32:2	22.2	22.7	1.0	22.5	0.4	[6	22.8	0.6	0.7
07/23/10	33	S33:4	23.2	22.7	1.0	23.0	0.4					
06/13/11	35	S35:2	23.7	23.7	1.0	23.7	0.0					
02/27/13	38	S38:2	21.2	22.2	1.0	21.7	0.7					
02/24/14	40	S40:3	23.7	22.7	1.0	23.2	0.7					
08/14/14	41	S41:3	22.2	23.2	1.0	22.7	0.7					
		-						ſ				
09/25/98	11	S11:1	25.0	25.0	0.5	12.5	0.0		16	9.4	0.6	1.6
02/26/99	12	S12:1	18.0	18.0	0.5	9.0	0.0					
03/03/00	13	S13:1	24.0	24.0	0.5	12.0	0.0					
03/26/01	14	S14:3	19.6	19.6	0.5	9.8	0.0					
09/05/01	15	S15:1	25.8	23.7	0.5	12.4	0.7					
02/08/02	16	S16:1	18.7	18.7	0.5	9.4	0.0					
05/01/03	19	S19:4	19.6	19.6	0.5	9.8	0.0					
03/01/04	20	S20:3	7.8	10.9	1.0	9.3	2.2					
05/25/05	23	S23:4	7.7	7.7	1.0	7.7	0.0					
05/24/06	25	S25:1	8.8	8.8	1.0	8.8	0.0					
06/20/08	29	S29:2	8.3	7.7	1.0	8.0	0.4					
08/05/09	31	S31:3	8.8	8.3	1.0	8.5	0.4					
01/14/11	34	S34:1	7.7	7.7	1.0	7.7	0.0					
08/06/12	37	S37:1	8.8	na	1.0	8.8	<u> </u>					
08/01/13	39	S39:1	8.3	7.7	1.0	8.0	0.4					
08/14/14	41	S41:4	8.8	8.3	1.0	8.5	0.4					

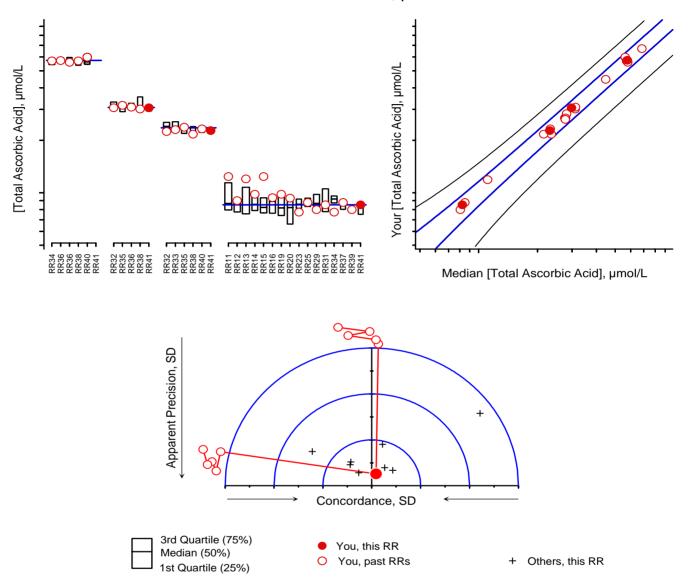
Please check our records against your records. Send corrections and/or updates to...

Micronutrients Measurement Quality Assurance Program National Institute of Standards and Technology

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Vitamin C "Round Robin" 41 Report: Participant VC-MB

Total Ascorbic Acid, µmol/mL



For details of the construction and interpretation of these plots, see: Duewer, Kline, Sharpless, Brown Thomas, Gary, Sowell. Anal Chem 1999;71(9):1870-8.

Sample

Comments

- S41:1 Prepared 2009; distributed RRs 34,36(dups),38,40
- S41:2 Prepared 2009; distributed RRs 32,33,35,38
- S41:3 Prepared 2009; distributed RRs 32,33,35,38,40
- S41:4 SRM970 Lv I; prepared 1998; distributed as unknowns RRs 11 16,19,20,23,25,29,31,34,37,39