







**U.S. DEPARTMENT OF COMMERCE**  
**National Bureau of Standards**

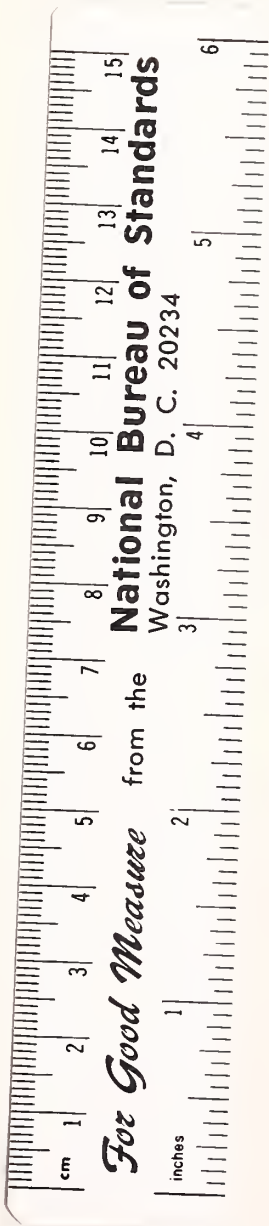
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**COMPARE METRIC AND CUSTOMARY UNITS**

	Length	Volume	Weight
<b>Metric</b>	<b>Meter</b>	<b>Liter</b>	<b>Kilogram</b>
<b>Customary</b>	Inch Foot <b>Yard</b> Rod Mile	Teaspoon Tablespoon Cup Pint <b>Quart</b> Gallon	Grain Ounce <b>Pound</b> Ton

Metric Units are in 10's  
 1000 millimeters = 100 centimeters = 1 meter  
 1000 meters = 1 kilometer

1 meter  $\approx$  1.1 yards  
 1 liter  $\approx$  1.1 quarts  
 1 kilogram  $\approx$  2.2 pounds  
 (  $\approx$  approximate)

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