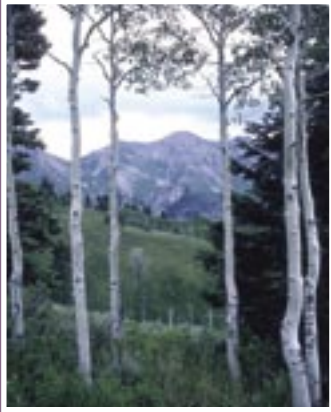


# Uinta National Forest

*A Forest for All  
Seasons*



## *For More Information*

### SUPERVISOR'S OFFICE

88 West 100 North  
Provo, UT 84601  
(801) 377-5780

### HEBER RANGER DISTRICT

2460 South Highway 40  
Heber, UT 84032  
(435) 654-0470

### PLEASANT GROVE RANGER DISTRICT

390 North 100 East  
Pleasant Grove, UT 84062  
(801) 785-3563

### SPANISH FORK RANGER DISTRICT

44 West 400 North  
Spanish Fork, UT 84660  
(801) 798-3571

### UTAH COUNTY CONVENTION & VISITOR BUREAU

51 South University Avenue  
Suite 111  
Provo, UT 84601  
(801) 370-8393

### HEBER VALLEY VISITOR CENTER

475 North Main  
Heber City, UT 84032  
(435) 654-3666



United States  
Department  
of Agriculture

Forest  
Service

Intermountain  
Region

Uinta  
National  
Forest

The Uinta National Forest offers numerous experiences any time of the year with towering peaks, sweeping mountain valleys, and fragile deserts. The Uinta contains three wilderness areas totaling 58,694 acres: Lone Peak, Mount Timpanogos, and Mount Nebo. Wildlife viewing opportunities are abundant with elk, black bear, cougar, moose, mule deer, and rocky mountain goats and sheep. The Forest is easily accessible and in close proximity to large population centers. Many visit the Uinta to discover its unique scenic, cultural, historical, and recreational values.



The Uinta was designated as the first Forest Reserve in the State of Utah on February 22, 1897. The Soapstone Basin area is the only portion of the original Forest Reserve currently managed by the Uinta National Forest.

*Message from the Forest Supervisor*

*Welcome to the Uinta National Forest! This forest is one of the jewels of the National Forest System. It is part of your birthright and heritage. You are our customer and the employees who work here strive to make your visit both memorable and enjoyable. Each of us has an individual responsibility to care for the many wondrous beauties that you will find in this forest.*

*We hope you will recognize your role in caring for this forest, appreciate its wonders, and treat its many resources with reverence and respect. We would like others who come after you to enjoy this forest for all seasons. Have a great time while you're here!*

*Peter W. Karp, Forest Supervisor*

# Spring

Spring is always a transition period in the lower mountain valleys, ranging from snowy and cold to moist and warm conditions. Visitors should come prepared for variable weather patterns. Mountain temperatures during the day generally range in the mid 20's and 30's. Safety while visiting the Uinta during spring is of the utmost importance. Many of the high mountain valleys and canyons are still snow covered and treacherous. Please be courteous and aware of your surroundings and other visitors at all times. The land is very fragile and easily damaged during spring.



One of the most popular activities on the Uinta during spring is wildflower viewing. Acres of beautiful wildflowers cover mountainsides like a velvet carpet. Picnicking is a favorite spring activity. Whether you choose a developed or undeveloped site, your experience will be enjoyable.

## Recreation Activities:

- ✓ Camping
- ✓ Hiking
- ✓ Wildflower Viewing
- ✓ Fishing
- ✓ Biking
- ✓ Off Highway Vehicle Use
- ✓ Picnicking
- ✓ Bear Lake Cutthroat Viewing



# Summer

Summer is a great time to visit the Uinta National Forest. Rugged mountain terrain beckons the hiker and back-packer to experience solitude. Many different recreation-ists retreat to the Forest for cooler temperatures. With the diversity of visitors to the Forest, conflicts with recreation uses may occur. Please be courteous to other visitors. Summer temperatures in the mountains average in the mid 60's and 70's. If your destination on the Forest is at a higher elevation, be advised that changing weather conditions usually occur in these areas. Please prepare yourself accordingly.

Campgrounds nestled under quaking aspen or alpine fir provide pleasant retreats. Campgrounds on the Uinta can be reserved through the National Recreation Reservation Service at 1-877-444-6777.



## Recreation Activities:

- ✓ Camping
- ✓ Hiking
- ✓ Biking
- ✓ Fishing
- ✓ Picnicking
- ✓ Rafting
- ✓ Boating
- ✓ Wildlife Watching
- ✓ Scenic Drives
- ✓ Rock Climbing
- ✓ Wildflower Viewing
- ✓ Off Highway Vehicle Use
- ✓ Horseback Riding



# Fall

During fall, temperatures and light decrease, allowing the Forest to prepare itself for winter. Weather conditions change from dry and hot to wet and cool.



Daytime temperatures in the mountains range from mid 30's to 40's. During the fall season maple, oak, and quaking aspen display their vibrant colors, making scenic driving very popular. Visitors are invited to stop and capture the magnifi-

cence on film. In late fall, hunters are arriving and campgrounds are beginning to close down for the winter season. Please contact one of our offices for current campground information. Visitors should utilize extra caution during this season when recreating and driving on the Uinta National Forest.



## Recreation Activities:

- ✓ Camping
- ✓ Hiking
- ✓ Off Highway Vehicle Use
- ✓ Fishing
- ✓ Picnicking
- ✓ Wildflower/Leaf Viewing
- ✓ Wildlife Viewing
- ✓ Horseback Riding
- ✓ Scenic Drives
- ✓ Hunting



# Winter

In the winter, snow enhances the beauty of the landscape. Snowmobilers, cross-country skiers, and ice fishers all enjoy this exciting time of year. Temperatures in the mountains during the day vary between the low teens to zero or below depending on location. The steep canyons and snowfall provide breathtaking experiences.

However, the Uinta's steep terrain, heavy snowfall, and high winds are ideal for creating avalanche conditions. Recreationists are advised to contact the Avalanche Forecast Center at 1-800-662-4140. They will provide you with current conditions. While visiting the Forest in winter, recreationists are encouraged to provide family and friends with their travel plans.



photo by: Cap Blum

## Recreation Activities:

- ✓ Snowmobiling
- ✓ Fishing
- ✓ Snowshoeing
- ✓ Camping
- ✓ Wildlife Watching
- ✓ Off Highway Vehicle Use
- ✓ Cross Country Skiing

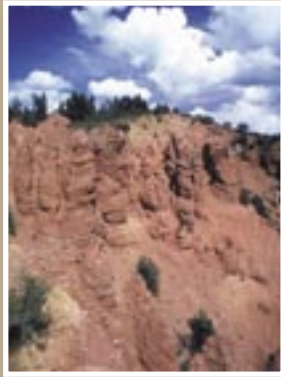




# Day Trip Suggestions

## NEBO LOOP NATIONAL SCENIC BYWAY

- Devils Kitchen
- Payson Lakes
- Scenic Overlooks
- Mount Nebo Wilderness
- Fall Colors
- Picnicking
- Hiking



## ALPINE SCENIC LOOP

- Timpanogos Cave National Monument
- Sundance Resort
- Mount Timpanogos Wilderness
- Fall Colors
- Cascade Springs
- Tibble Fork Reservoir
- Silver Lake Flat Reservoir
- Picnicking
- Hiking



## WEST DESERT DAY TRIP

- Vernon Reservoir
- Camping
- Fishing
- Off Highway Vehicle Use
- Hiking
- Wildlife Viewing



## STRAWBERRY VALLEY

- Strawberry Reservoir
- Daniels Canyon
- Strawberry Visitor's Center
- Strawberry Bay Marina
- Currant Creek Reservoir
- Wildlife Viewing
- Fishing
- Discovery Trail Boardwalk



# Responsible Visitor Tips

## WEATHER TIPS

- ▶ Be prepared for various types of weather at different elevations.
- ▶ Check with local offices for current weather conditions.



## HIKING TIPS

- ▶ Cutting switchbacks or corners is prohibited—use designated trails.
- ▶ Be courteous when passing other trail users.
- ▶ Always yield to horses, goats, or llamas.
- ▶ Pack it in, pack it out.
- ▶ If hiking in wilderness areas, please abide by all wilderness regulations.



## CAMPFIRE TIPS

- ▶ Extinguish campfires before leaving.
- ▶ Do not leave campfires unattended.
- ▶ Check with local offices for current fire restrictions.



## TIPS FOR KEEPING WATER CLEAN

- ▶ Camp at least 100 yards from water.
- ▶ Avoid using soap or shampoo in streams and lakes.
- ▶ Keep waste and litter out of streams and lakes.
- ▶ Remember that animals and humans use the same water for survival—keep it clean.



## FAMILY CAMPING TIPS

- ▶ Always know the location of each family member.
- ▶ Pack it in, pack it out.
- ▶ Let others know your destination plans.
- ▶ Please be considerate of other visitors.
- ▶ Avoid leaving camping equipment unattended.
- ▶ Campgrounds are generally located near water—please use extra caution with children.



## WILDLIFE TIPS

- ▶ Please do not feed wildlife.
- ▶ Watch from a safe distance.
- ▶ Leave young animals alone.



# Volunteer Opportunities

The Uinta has a successful volunteer program which offers a variety of opportunities. Each year numerous groups and individuals volunteer their skills to help complete projects such as stream rehabilitation, wildlife habitat improvement, campground construction, trail maintenance, and range improvement projects. Many scouts volunteer to complete the necessary requirements for their eagle scout award. A large number of sportsmen volunteer to achieve their dedicated hunter status. To schedule your volunteer project, contact any Uinta National Forest office and ask to speak with the volunteer coordinator.



*"Take only pictures,  
leave only footprints"*

*- Aldo Leopold*

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