

§ 182.10

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generally be regarded as safe for the purpose intended, by experts qualified to evaluate its safety.

(c) The inclusion of substances in the list of nutrients does not constitute a finding on the part of the Department that the substance is useful as a supplement to the diet for humans.

(d) Substances that are generally recognized as safe for their intended use within the meaning of section 409 of the act are listed in this part. When the status of a substance has been re-evaluated, it will be deleted from this part, and will be issued as a new regulation under the appropriate part, e.g., “affirmed as GRAS” under part 184 or

186 of this chapter; “food additive regulation” under parts 170 through 180 of this chapter; “interim food additive regulation” under part 180 of this chapter; or “prohibited from use in food” under part 189 of this chapter.

[42 FR 14640, Mar. 15, 1977, as amended at 53 FR 44875, Nov. 7, 1988]

§ 182.10 Spices and other natural seasonings and flavorings.

Spices and other natural seasonings and flavorings that are generally recognized as safe for their intended use, within the meaning of section 409 of the Act, are as follows:

Common name	Botanical name of plant source
Alfalfa herb and seed .....	Medicago sativa L.
Allspice .....	Pimenta officinalis Lindl.
Ambrette seed .....	Hibiscus abelmoschus L.
Angelica .....	Angelica archangelica L. or other spp. of Angelica.
Angelica root .....	Do.
Angelica seed .....	Do.
Angostura (cusparia bark) .....	Galipea officinalis Hancock.
Anise .....	Pimpinella anisum L.
Anise, star .....	Illicium verum Hook. f.
Balm (lemon balm) .....	Melissa officinalis L.
Basil, bush .....	Ocimum minimum L.
Basil, sweet .....	Ocimum basilicum L.
Bay .....	Laurus nobilis L.
Calendula .....	Calendula officinalis L.
Camomile (chamomile), English or Roman .....	Anthemis nobilis L.
Camomile (chamomile), German or Hungarian .....	Matricaria chamomilla L.
Capers .....	Capparis spinosa L.
Capsicum .....	Capsicum frutescens L. or Capsicum annum L.
Caraway .....	Carum carvi L.
Caraway, black (black cumin) .....	Nigella sativa L.
Cardamom (cardamon) .....	Elettaria cardamomum Maton.
Cassia, Chinese .....	Cinnamomum cassia Blume.
Cassia, Padang or Batavia .....	Cinnamomum burmanni Blume.
Cassia, Saigon .....	Cinnamomum loureirii Nees.
Cayenne pepper .....	Capsicum frutescens L. or Capsicum annum L.
Celery seed .....	Apium graveolens L.
Chervil .....	Anthriscus cerefolium (L.) Hoffm.
Chives .....	Allium schoenoprasum L.
Cinnamon, Ceylon .....	Cinnamomum zeylanicum Nees.
Cinnamon, Chinese .....	Cinnamomum cassia Blume.
Cinnamon, Saigon .....	Cinnamomum loureirii Nees.
Clary (clary sage) .....	Salvia sclarea L.
Clover .....	Trifolium spp.
Coriander .....	Coriandrum sativum L.
Cumin (cummin) .....	Cuminum cyminum L.
Cumin, black (black caraway) .....	Nigella sativa L.
Elder flowers .....	Sambucus canadensis L.
Fennel, common .....	Foeniculum vulgare Mill.
Fennel, sweet (finocchio, Florence fennel) .....	Foeniculum vulgare Mill. var. dulce (DC.) Alex.
Fenugreek .....	Trigonella foenum-graecum L.
Galanga (galangal) .....	Alpinia officinarum Hance.
Geranium .....	Pelargonium spp.
Ginger .....	Zingiber officinale Rosc.
Grains of paradise .....	Amomum melegueta Rosc.
Horehound (hoarhound) .....	Marrubium vulgare L.
Horseradish .....	Armoracia lapathifolia Gilib.
Hyssop .....	Hyssopus officinalis L.
Lavender .....	Lavandula officinalis Chaix.
Linden flowers .....	Tilia spp.
Mace .....	Myristica fragrans Houltt.
Marigold, pot .....	Calendula officinalis L.
Marjoram, pot .....	Majorana onites (L.) Benth.

Common name	Botanical name of plant source
Marjoram, sweet .....	Majorana hortensis Moench.
Mustard, black or brown .....	Brassica nigra (L.) Koch.
Mustard, brown .....	Brassica juncea (L.) Coss.
Mustard, white or yellow .....	Brassica hirta Moench.
Nutmeg .....	Myristica fragrans Houtt.
Oregano (oreganum, Mexican oregano, Mexican sage, organ) .....	Lippia spp.
Paprika .....	Capsicum annuum L.
Parsley .....	Petroselinum crispum (Mill.) Mansf.
Pepper, black .....	Piper nigrum L.
Pepper, cayenne .....	Capsicum frutescens L. or Capsicum annuum L.
Pepper, red .....	Do.
Pepper, white .....	Piper nigrum L.
Peppermint .....	Mentha piperita L.
Poppy seed .....	Papayer somniferum L.
Pot marigold .....	Calendula officinalis L.
Pot marjoram .....	Majorana onites (L.) Benth.
Rosemary .....	Rosmarinus officinalis L.
Saffron .....	Crocus sativus L.
Sage .....	Salvia officinalis L.
Sage, Greek .....	Salvia triloba L.
Savory, summer .....	Satureia hortensis L. (Satureja).
Savory, winter .....	Satureia montana L. (Satureja).
Sesame .....	Sesamum indicum L.
Spearmint .....	Mentha spicata L.
Star anise .....	Illicium verum Hook. f.
Tarragon .....	Artemisia dracunculus L.
Thyme .....	Thymus vulgaris L.
Thyme, wild or creeping .....	Thymus serpyllum L.
Turmeric .....	Curcuma longa L.
Vanilla .....	Vanilla planifolia Andr. or Vanilla tahitensis J. W. Moore.
Zedoary .....	Curcuma zedoaria Rosc.

[42 FR 14640, Mar. 15, 1977, as amended at 43 FR 3705, Jan. 27, 1978; 44 FR 3963, Jan. 19, 1979; 50 FR 21044, May 22, 1985; 61 FR 14246, Apr. 1, 1996]

**§ 182.20 Essential oils, oleoresins (solvent-free), and natural extractives (including distillates).**

Essential oils, oleoresins (solvent-free), and natural extractives (includ-

ing distillates) that are generally recognized as safe for their intended use, within the meaning of section 409 of the Act, are as follows:

Common name	Botanical name of plant source
Alfalfa .....	Medicago sativa L.
Allspice .....	Pimenta officinalis Lindl.
Almond, bitter (free from prussic acid) .....	Prunus amygdalus Batsch, Prunus armeniaca L., or Prunus persica (L.) Batsch.
Ambrette (seed) .....	Hibiscus moschatus Moench.
Angelica root .....	Angelica archangelica L.
Angelica seed .....	Do.
Angelica stem .....	Do.
Angostura (cusparia bark) .....	Galipea officinalis Hancock.
Anise .....	Pimpinella anisum L.
Asafetida .....	Ferula assa-foetida L. and related spp. of Ferula.
Balm (lemon balm) .....	Melissa officinalis L.
Balsam of Peru .....	Myroxylon pereirae Klotzsch.
Basil .....	Ocimum basilicum L.
Bay leaves .....	Laurus nobilis L.
Bay (myrcia oil) .....	Pimenta racemosa (Mill.) J. W. Moore.
Bergamot (bergamot orange) .....	Citrus aurantium L. subsp. bergamia Wright et Arn.
Bitter almond (free from prussic acid) .....	Prunus amygdalus Batsch, Prunus armeniaca L., or Prunus persica (L.) Batsch.
Bois de rose .....	Aniba rosaeodora Ducke.
Cacao .....	Theobroma cacao L.
Camomile (chamomile) flowers, Hungarian .....	Matricaria chamomilla L.
Camomile (chamomile) flowers, Roman or English .....	Anthemis nobilis L.
Cananga .....	Cananga odorata Hook. f. and Thoms.
Capsicum .....	Capsicum frutescens L. and Capsicum annuum L.
Caraway .....	Carum carvi L.