§ 890.1106 Coverage.

(a) Type of enrollment. An individual who enrolls under this subpart may elect coverage for self alone or self and family.

(1) For an enrollee who is eligible for continued coverage under §890.1103(a)(1) or (2), a covered family member is an individual whose relationship to the enrollee meets the requirements of 5 U.S.C. 8901(5) and who meets any applicable requirements of 5 CFR 890.302 of this part.

(2) For a former spouse who is eligible for continued coverage under §890.1103(3) of this part, a covered family member is an individual who meets the requirements of §890.804 of this part.

(b) Plans and options. An individual who elects to continue coverage under this subpart may enroll in a plan or option different from the plan or option covering the individual at the time of the qualifying event.

§ 890.1107 Length of temporary continuation of coverage.

(a) In the case of a former employee who is eligible for continued coverage under §890.1103(a)(1), the temporary continuation of coverage ends on the date that is 18 months after the date of separation, unless it is terminated earlier under the provisions of §890.1110.

(b)(1) Except as provided in paragraph (b)(2) of this section, in the case of individuals who are eligible for continued coverage under §890.1103(a)(2), the temporary continuation of coverage ends on the date that is 36 months after the date the individual first ceases to meet the requirements for being considered children who are covered family members, unless it is terminated earlier under the provisions of §890.1110.

(2) The temporary continuation of coverage ends on the date that is 36 months after the date of the separation from service on which the former employee’s continuation of coverage is based, unless it is terminated earlier under the provisions of §890.1110, in the case of a former spouse—

(i) Who is eligible for continued coverage under §890.1103(a)(3); and

(ii) Whose marriage to the former employee terminates after the former employee’s separation but before the expiration of the 18-month period specified in paragraph (a) of this section.

§ 890.1108 Opportunities to change enrollment; effective dates.

(a) Effective date—generally. Except as otherwise provided, a change of enrollment takes effect on the first day of the first pay period that begins after the date the employing office receives an appropriate request to change the enrollment.

(b) Related change of enrollment. When an employing office determines that an enrollee was unable, for cause beyond his or her control, to change the enrollment within the time limits prescribed...