Protecting our communities from harm requires commitment from all of us. Alongside partners in government and industry, my Administration is encouraging stakeholders across our country to adopt disaster-resistant building codes and standards. We are collaborating with experts to issue modern guidance on construction and retrofitting techniques. And we are supporting cities and towns from coast to coast as they pursue disaster preparedness, mitigation, and redevelopment. To get involved, visit www.Ready.gov.

Time and again, devastating natural disasters have tested the strength of our communities and the resilience of our people. Our capacity to withstand these threats depends on what we do to prepare today—from reinforcing critical infrastructure to making sure our buildings adhere to local codes and standards. This month, we take up those tasks once more and recommit to safety in the year ahead.

NOW, THEREFORE, I, BARACK OBAMA, President of the United States of America, by virtue of the authority vested in me by the Constitution and the laws of the United States, do hereby proclaim May 2013 as National Building Safety Month. I encourage citizens, government agencies, businesses, nonprofits, and other interested groups to join in activities that raise awareness about building safety. I also call on all Americans to learn more about how they can contribute to building safety at home and in their communities.

IN WITNESS WHEREOF, I have hereunto set my hand this thirtieth day of April, in the year of our Lord two thousand thirteen, and of the Independence of the United States of America the two hundred and thirty-seventh.

BARACK OBAMA

Proclamation 8968 of April 30, 2013

National Foster Care Month, 2013

By the President of the United States of America
A Proclamation

As a Nation, we have no task more important than ensuring our children grow up healthy and safe. It is a promise we owe to the hundreds of thousands of youth in foster care—boys and girls who too often go without the love, protection, and stability of a permanent family. This month, we recommit to giving them that critical support, and we recognize the foster parents and professionals who work every day to lift up the children in their care toward a bright, productive future.

Thanks to those efforts, the number of young people in foster care is falling and fewer children are waiting for adoption. But even now, more than 400,000 kids are looking for permanency with caring parents. Many are struggling to find the meaningful, long-term relationships that will help them transition into adulthood. Some young men and women are aging out of the system without a permanent home, making it harder for them to get a good education, find a job, and build a better life.
To give foster youth the support they need, Americans in every community are stepping up to serve. They are mentors, teachers, faith leaders, case-workers, advocates, family members—individuals dedicated to making a difference. As they lend their strength to our most vulnerable children, my Administration will continue to invest in services that strengthen the foster care system and encourage adoption. We will keep working to ensure every qualified caregiver has the chance to be an adoptive or foster parent. And we will support programs that help increase permanency, reduce rates of re-entry into foster care, and address the issues that bring young people in the child welfare system in the first place.

Whether as a friend, a role model, or a guardian, any of us can be a supportive adult for a child in need. As we honor the countless Americans who are answering that call to action, let us mark this month by showing children and youth in foster care the best our country has to offer.

NOW, THEREFORE, I, BARACK OBAMA, President of the United States of America, by virtue of the authority vested in me by the Constitution and the laws of the United States, do hereby proclaim May 2013 as National Foster Care Month. I call upon all Americans to observe this month by taking time to help youth in foster care and recognizing the commitment of all who touch their lives at a most challenging time.

IN WITNESS WHEREOF, I have hereunto set my hand this thirtieth day of April, in the year of our Lord two thousand thirteen, and of the Independence of the United States of America the two hundred and thirty-seventh.

BARACK OBAMA

Proclamation 8969 of April 30, 2013

National Mental Health Awareness Month, 2013

By the President of the United States of America

A Proclamation

Today, tens of millions of Americans are living with the burden of a mental health problem. They shoulder conditions like depression and anxiety, post-traumatic stress and bipolar disorder—debilitating illnesses that can strain every part of a person’s life. And even though help is out there, less than half of children and adults with diagnosable mental health problems receive treatment. During National Mental Health Awareness Month, we shine a light on these issues, stand with men and women in need, and re-double our efforts to address mental health problems in America.

For many, getting help starts with a conversation. People who believe they may be suffering from a mental health condition should talk about it with someone they trust and consult a health care provider. As a Nation, it is up to all of us to know the signs of mental health issues and lend a hand to those who are struggling. Shame and stigma too often leave people feeling like there is no place to turn. We need to make sure they know that asking for help is not a sign of weakness—it is a sign of strength. To find