

grade or lot of the substance is of suitable purity for use in food and would generally be regarded as safe for the purpose intended, by experts qualified to evaluate its safety.

(c) The inclusion of substances in the list of nutrients does not constitute a finding on the part of the Department that the substance is useful as a supplement to the diet for humans.

(d) Substances that are generally recognized as safe for their intended use within the meaning of section 409 of the act are listed in this part. When the status of a substance has been re-evaluated, it will be deleted from this part, and will be issued as a new regulation under the appropriate part, e.g.,

“affirmed as GRAS” under part 184 or 186 of this chapter; “food additive regulation” under parts 170 through 180 of this chapter; “interim food additive regulation” under part 180 of this chapter; or “prohibited from use in food” under part 189 of this chapter.

[42 FR 14640, Mar. 15, 1977, as amended at 53 FR 44875, Nov. 7, 1988]

§ 182.10 Spices and other natural seasonings and flavorings.

Spices and other natural seasonings and flavorings that are generally recognized as safe for their intended use, within the meaning of section 409 of the Act, are as follows:

Common name	Botanical name of plant source
Alfalfa herb and seed	Medicago sativa L.
Allspice	Pimenta officinalis Lindl.
Ambrette seed	Hibiscus abelmoschus L.
Angelica	Angelica archangelica L. or other spp. of Angelica.
Angelica root	Do.
Angelica seed	Do.
Angostura (cusparia bark)	Galipea officinalis Hancock.
Anise	Pimpinella anisum L.
Anise, star	Illicium verum Hook. f.
Balm (lemon balm)	Melissa officinalis L.
Basil, bush	Ocimum minimum L.
Basil, sweet	Ocimum basilicum L.
Bay	Laurus nobilis L.
Calendula	Calendula officinalis L.
Camomile (chamomile), English or Roman	Anthemis nobilis L.
Camomile (chamomile), German or Hungarian	Matricaria chamomilla L.
Capers	Capparis spinosa L.
Capsicum	Capsicum frutescens L. or Capsicum annum L.
Caraway	Carum carvi L.
Caraway, black (black cumin)	Nigella sativa L.
Cardamom (cardamon)	Elettaria cardamomum Maton.
Cassia, Chinese	Cinnamomum cassia Blume.
Cassia, Padang or Batavia	Cinnamomum burmanni Blume.
Cassia, Saigon	Cinnamomum loureirii Nees.
Cayenne pepper	Capsicum frutescens L. or Capsicum annum L.
Celery seed	Apium graveolens L.
Chervil	Anthriscus cerefolium (L.) Hoffm.
Chives	Allium schoenoprasum L.
Cinnamon, Ceylon	Cinnamomum zeylanicum Nees.
Cinnamon, Chinese	Cinnamomum cassia Blume.
Cinnamon, Saigon	Cinnamomum loureirii Nees.
Clary (clary sage)	Salvia sclarea L.
Clover	Trifolium spp.
Coriander	Coriandrum sativum L.
Cumin (cummin)	Cuminum cyminum L.
Cumin, black (black caraway)	Nigella sativa L.
Elder flowers	Sambucus canadensis L.
Fennel, common	Foeniculum vulgare Mill.
Fennel, sweet (finocchio, Florence fennel)	Foeniculum vulgare Mill. var. dulce (DC.) Alex.
Fenugreek	Trigonella foenum-graecum L.
Galanga (galangal)	Alpinia officinarum Hance.
Geranium	Pelargonium spp.
Ginger	Zingiber officinale Rosc.
Grains of paradise	Amomum melegueta Rosc.
Horehound (hoarhound)	Marrubium vulgare L.
Horseradish	Armoracia lapathifolia Gilib.
Hyssop	Hyssopus officinalis L.
Lavender	Lavandula officinalis Chaix.
Linden flowers	Tilia spp.
Mace	Myristica fragrans Houtt.

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Common name	Botanical name of plant source
Marigold, pot	<i>Calendula officinalis</i> L.
Marjoram, pot	<i>Majorana onites</i> (L.) Benth.
Marjoram, sweet	<i>Majorana hortensis</i> Moench.
Mustard, black or brown	<i>Brassica nigra</i> (L.) Koch.
Mustard, brown	<i>Brassica juncea</i> (L.) Coss.
Mustard, white or yellow	<i>Brassica hirta</i> Moench.
Nutmeg	<i>Myristica fragrans</i> Houtt.
Oregano (oreganum, Mexican oregano, Mexican sage, organ)	<i>Lippia</i> spp.
Paprika	<i>Capsicum annuum</i> L.
Parsley	<i>Petroselinum crispum</i> (Mill.) Mansf.
Pepper, black	<i>Piper nigrum</i> L.
Pepper, cayenne	<i>Capsicum frutescens</i> L. or <i>Capsicum annuum</i> L.
Pepper, red	Do.
Pepper, white	<i>Piper nigrum</i> L.
Peppermint	<i>Mentha piperita</i> L.
Poppy seed	<i>Papayer somniferum</i> L.
Pot marigold	<i>Calendula officinalis</i> L.
Pot marjoram	<i>Majorana onites</i> (L.) Benth.
Rosemary	<i>Rosmarinus officinalis</i> L.
Saffron	<i>Crocus sativus</i> L.
Sage	<i>Salvia officinalis</i> L.
Sage, Greek	<i>Salvia triloba</i> L.
Savory, summer	<i>Satureia hortensis</i> L. (<i>Satureja</i>).
Savory, winter	<i>Satureia montana</i> L. (<i>Satureja</i>).
Sesame	<i>Sesamum indicum</i> L.
Spearmint	<i>Mentha spicata</i> L.
Star anise	<i>Illicium verum</i> Hook. f.
Tarragon	<i>Artemisia dracunculus</i> L.
Thyme	<i>Thymus vulgaris</i> L.
Thyme, wild or creeping	<i>Thymus serpyllum</i> L.
Turmeric	<i>Curcuma longa</i> L.
Vanilla	<i>Vanilla planifolia</i> Andr. or <i>Vanilla tahitensis</i> J. W. Moore.
Zedoary	<i>Curcuma zedoaria</i> Rosc.

[42 FR 14640, Mar. 15, 1977, as amended at 43 FR 3705, Jan. 27, 1978; 44 FR 3963, Jan. 19, 1979; 50 FR 21044, May 22, 1985; 61 FR 14246, Apr. 1, 1996]

§ 182.20 Essential oils, oleoresins (solvent-free), and natural extractives (including distillates).

ing distillates) that are generally recognized as safe for their intended use, within the meaning of section 409 of the Act, are as follows:

Essential oils, oleoresins (solvent-free), and natural extractives (includ-

Common name	Botanical name of plant source
Alfalfa	<i>Medicago sativa</i> L.
Allspice	<i>Pimenta officinalis</i> Lindl.
Almond, bitter (free from prussic acid)	<i>Prunus amygdalus</i> Batsch, <i>Prunus armeniaca</i> L., or <i>Prunus persica</i> (L.) Batsch.
Ambrette (seed)	<i>Hibiscus moschatus</i> Moench.
Angelica root	<i>Angelica archangelica</i> L.
Angelica seed	Do.
Angelica stem	Do.
Angostura (cusparia bark)	<i>Galipea officinalis</i> Hancock.
Anise	<i>Pimpinella anisum</i> L.
Asafetida	<i>Ferula assa-foetida</i> L. and related spp. of <i>Ferula</i> .
Balm (lemon balm)	<i>Melissa officinalis</i> L.
Balsam of Peru	<i>Myroxylon pereiarae</i> Klotzsch.
Basil	<i>Ocimum basilicum</i> L.
Bay leaves	<i>Laurus nobilis</i> L.
Bay (myrcia oil)	<i>Pimenta racemosa</i> (Mill.) J. W. Moore.
Bergamot (bergamot orange)	<i>Citrus aurantium</i> L. subsp. <i>bergamia</i> Wright et Arn.
Bitter almond (free from prussic acid)	<i>Prunus amygdalus</i> Batsch, <i>Prunus armeniaca</i> L., or <i>Prunus persica</i> (L.) Batsch.
Bois de rose	<i>Aniba rosaeodora</i> Ducke.
Cacao	<i>Theobroma cacao</i> L.
Camomile (chamomile) flowers, Hungarian	<i>Matricaria chamomilla</i> L.
Camomile (chamomile) flowers, Roman or English	<i>Anthemis nobilis</i> L.
Cananga	<i>Cananga odorata</i> Hook. f. and Thoms.