Coast Guard, DHS

§ 184.510 Recommended emergency broadcast instructions.

The following emergency broadcast instructions, when placed on a placard, will satisfy the requirement contained in §184.506 for an emergency broadcast placard:

(a) Emergency Broadcast Instructions.

(1) Make sure your radiotelephone is on.
(2) Select 156.8 MHz (channel 16 VHF) or 2182 kHz. (Channel 16 VHF and 2182 kHz on SSB are for emergency and calling purposes only.)
(3) Press microphone button and, speaking slowly—clearly—calmly, say:
   (i) “MAYDAY—MAYDAY—MAYDAY” for situations involving Immediate Danger to Life and Property; or
   (ii) “PAN—PAN—PAN” for urgent situations where there is No Immediate Danger to Life or Property.
(4) Say: “THIS IS (INSERT VESSEL’S NAME), (INSERT VESSEL’S NAME), (INSERT VESSEL’S NAME), (INSERT VESSEL’S CALL SIGN), OVER.”
(5) Release the microphone button briefly and listen for acknowledgment. If no one answers, repeat steps 3 & 4.
(6) If there is no acknowledgment, or if the Coast Guard or another vessel responds, say: “MAYDAY” OR “PAN”, (INSERT VESSEL’S NAME).”
(7) DESCRIBE YOUR POSITION using latitude and longitude coordinates, or range and bearing from a known point.
(8) STATE THE NATURE OF THE DISTRESS.