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## FIFTH DISTRICT

DOUG LAMBORN, Republican, of Colorado Springs, CO; born in Leavenworth, KS, May 24, 1954; education: B.S., University of Kansas, Lawrence, 1978; J.D., University of Kansas, Lawrence, 1985; professional: lawyer, private practice (business and real estate); Colorado State House of Representatives, 1995–98; Colorado State Senate, 1998–2006; married: Jeanie; children: five; committees: Armed Services; Natural Resources; elected to the 110th Congress on November 7, 2006; reelected to each succeeding Congress.

## Office Listings

<https://lamborn.house.gov>    <https://facebook.com/CongressmanDougLamborn>  
<https://twitter.com/RepDLamborn>

2371 Rayburn House Office Building, Washington, DC 20515 ..... (202) 225–4422  
 Chief of Staff.—Dale Anderson.  
 Legislative Director.—James Thomas.  
 Director of Communications.—Cassandra Sebastian.  
 Scheduler/Executive Assistant.—Meghan Selip.  
 1125 Kelly Johnson Boulevard, Suite 330, Colorado Springs, CO 80920 ..... (719) 520–0055

**Counties:** CHAFFEE, EL PASO, FREMONT, PARK (part), AND TELLER. Population (2010), 718,457.

**ZIP Codes:** 80106 (part), 80132, 80133 (part), 80420, 80421 (part), 80432, 80440, 80448 (part), 80449, 80456, 80808 (part), 80809, 80813–14, 80816–17, 80819–20, 80827, 80829, 80831–33 (part), 80840, 80860, 80863–64, 80902–11, 80913–30, 80938–39, 80951, 81008 (part), 81201, 81211–12, 81221–23, 81226–27, 81232–33, 81236, 81240, 81242, 81244, 81253 (part)

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## SIXTH DISTRICT

JASON CROW, Democrat, of Aurora, CO; born in Madison, WI, March 15, 1979; education: B.A., University of Wisconsin, Madison, WI, 2002; J.D., University of Denver Sturm College of Law, 2009; military: United States Army, 2002–06; Bronze Star; professional: attorney, Holland & Hart LLP, 2009–19; committees: Armed Services; Small Business; Permanent Select Committee on Intelligence; elected to the 116th Congress on November 6, 2018; reelected to the 117th Congress on November 3, 2020.

## Office Listings

<https://crow.house.gov>    <https://facebook.com/RepJasonCrow>    <https://twitter.com/repjasoncrow>

1229 Longworth House Office Building, Washington, DC 20515 ..... (202) 225–7882  
 Chief of Staff.—Macey Matthews.  
 Scheduler.—Liz Natonski.  
 3300 South Parker Road, Suite 100, Aurora, CO 80014 ..... (720) 748–7514

**Counties:** ADAMS (part), ARAPAHOE (part), AND DOUGLAS (part). Population (2010), 718,456.

**ZIP Codes:** 80010–11, 80012–16 (part), 80017, 80018 (part), 80019, 80022–23 (part), 80045, 80102 (part), 80110–13 (part), 80120–21 (part), 80122, 80123–26 (part), 80128 (part), 80129, 80130 (part), 80137–38 (part), 80220 (part), 80224 (part), 80231 (part), 80241 (part), 80247 (part), 80601–03 (part), 80640 (part), 80642–43 (part)

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## SEVENTH DISTRICT

ED PERLMUTTER, Democrat, of Arvada, CO; born in Denver, CO, May 1, 1953; education: B.A., University of Colorado, 1975; J.D., University of Colorado, 1978; professional: former partner at the law firm Berenbaum Weinshienk, specializing in bankruptcy law; served as a member of the Board of Governors of the Colorado Bar Association; served on the Board of Trustees and Judicial Performance Commission for the First Judicial District; Trustee, Midwest Research Institute, the primary operator of the National Renewable Energy Laboratory; board member, National Jewish Medical and Research Center; elected to two 4-year terms to represent central Jefferson County as a Colorado State Senator, 1995–2003; served on numerous

committees in the State Senate, including Water, Finance, Judiciary, Child Welfare, Telecommunication, Transportation, Legal Services, and Oil and Gas; also served as chair of the Public Policy and Planning Committee, chair of the Bi-Partisan Renewable Energy Caucus, and President Pro Tem, 2001–02 session; married to Nancy Perlmutter; between them they have six adult children and three grandchildren; committees: Financial Services; Rules; Science, Space, and Technology; Select Committee on the Modernization of Congress; elected to the 110th Congress on November 7, 2006; reelected to each succeeding Congress.

#### Office Listings

<https://perlmutter.house.gov>      <https://facebook.com/RepPerlmutter>  
<https://twitter.com/RepPerlmutter>

1226 Longworth House Office Building, Washington, DC 20515 ..... (202) 225–2645  
 Chief of Staff.—Danielle Radovich Piper (CO).  
 Deputy Chief of Staff for Policy.—Jeff O’Neil.  
 Deputy Chief of Staff for Operations/Scheduling.—Alison Wright.  
 Staff Assistant.—John McInerney.  
 12600 West Colfax Avenue, Suite B400, Lakewood, CO 80215 ..... (303) 274–7944

**Counties:** ADAMS (part) AND JEFFERSON (part). **CITIES AND TOWNSHIPS:** Arvada, Commerce City, Edgewater, Federal Heights, Golden, Lakewood, Northglenn, Thornton, Westminster, and Wheat Ridge. Population (2010), 718,456.

**ZIP Codes:** 80002–05, 80007 (part), 80020–23 (part), 80024, 80030–31, 80033, 80123 (part), 80127 (part), 80212 (part), 80214 (part), 80215, 80216 (part), 80221 (part), 80226–28 (part), 80229, 80232 (part), 80233, 80234–35 (part), 80239 (part), 80241 (part), 80260, 80401 (part), 80403 (part), 80419, 80465 (part), 80601–03 (part), 80640 (part)

## CONNECTICUT

(Population 2010, 3,574,097)

## SENATORS

**RICHARD BLUMENTHAL**, Democrat, of Greenwich, CT; born in Brooklyn, NY, February 13, 1946; son of Martin and Jane Rosenstock Blumenthal; education: graduated, Riverdale Country School, Riverdale, NY, 1963; B.A., government, Harvard College, Cambridge, MA, 1967; J.D., Yale Law School, New Haven, CT, 1973; professional: admitted to Connecticut Bar, 1976; admitted to District of Columbia Bar, 1977; appointed U.S. Attorney for the District of Connecticut, 1977–81; Connecticut State House of Representatives, 1984–87; Connecticut State Senate, 1987–91; elected Attorney General for the State of Connecticut, 1990, reelected in 1994, 1998, 2002, and 2006; military: served in the U.S. Marine Corps Reserve, 1970–76, honorably discharged as Sergeant; married: Cynthia M. Blumenthal; children: Matthew, Michael, David, and Claire; committees: Armed Services; Commerce, Science, and Transportation; Judiciary; Veterans' Affairs; Special Committee on Aging; elected to the U.S. Senate on November 2, 2010; reelected to the U.S. Senate on November 8, 2016.

## Office Listings

<https://blumenthal.senate.gov>   <https://facebook.com/SenBlumenthal>  
<https://twitter.com/SenBlumenthal>   <https://youtube.com/user/SenatorBlumenthal>

706 Hart Senate Office Building, Washington, DC 20510 ..... (202) 224-2823  
 Chief of Staff.—Joel Kelsey. FAX: 224-9673  
 Legislative Director.—Colleen Bell.  
 Scheduling Director.—Michael Lawson.  
 Communications Director.—Maria McElwain.

90 State House Square, 10th Floor, Hartford, CT 06103 ..... (860) 258-6940  
 State Director.—Rich Kehoe. FAX: 258-6958

915 Lafayette Boulevard, Suite 304, Bridgeport, CT 06604 ..... (203) 330-0598  
 FAX: 330-0608

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**CHRISTOPHER S. MURPHY**, Democrat, of Wethersfield, CT; born in White Plains, Westchester County, NY, August 3, 1973; education: attended Exeter College, Oxford, England, 1994–95; graduated with honors with a double major in history and political science, Williams College, Williamstown, MA, 1996; J.D., University of Connecticut, Hartford, CT, 2002; professional: lawyer, private practice; Southington, CT, planning and zoning commission, 1997–99; practiced real estate and banking law from 2002–06, with the firm of Ruben, Johnson & Morgan in Hartford; member of the Connecticut State House of Representatives, 1999–2003; member of the Connecticut State Senate, 2003–06; married: Cathy Holahan, a legal aid attorney who represents children in need in New Britain and Waterbury; children: Owen and Rider; committees: Appropriations; Foreign Relations; Health, Education, Labor, and Pensions; elected to the 110th Congress on November 7, 2006; reelected to the next two succeeding Congresses; elected to the U.S. Senate on November 6, 2012; reelected to the U.S. Senate on November 6, 2018.

## Office Listings

<https://murphy.senate.gov>   <https://facebook.com/senchrismurphy>  
<https://instagram.com/senchrismurphy>   <https://youtube.com/user/SenChrisMurphy>

136 Hart Senate Office Building, Washington, DC 20510 ..... (202) 224-4041  
 Chief of Staff.—Allison Herwitt. FAX: 224-9750  
 Executive Assistant.—Liam McEnroe.  
 Legislative Director.—Christopher Mewett.

120 Huyslope Avenue, Suite 401, Hartford, CT 06106 ..... (860) 549-8463  
 State Director.—Kenny Curran.

## REPRESENTATIVES

## FIRST DISTRICT

**JOHN B. LARSON**, Democrat, of East Hartford, CT; born in Hartford, July 22, 1948; education: Mayberry Elementary School, East Hartford, CT; East Hartford High School; B.A., Cen-