

2025													
JANUARY							JULY						
Sun	M	Tu	W	Th	F	Sat	Sun	M	Tu	W	Th	F	Sat
5	6	7	1	2	3	4	6	7	1	2	3	4	5
12	13	14	15	16	17	18	13	14	15	16	17	18	19
19	20	21	22	23	24	25	20	21	22	23	24	25	26
26	27	28	29	30	31		27	28	29	30	31		
FEBRUARY							AUGUST						
						1						1	2
2	3	4	5	6	7	8	3	4	5	6	7	8	9
9	10	11	12	13	14	15	10	11	12	13	14	15	16
16	17	18	19	20	21	22	17	18	19	20	21	22	23
23	24	25	26	27	28		24	25	26	27	28	29	30
MARCH							SEPTEMBER						
						1							
2	3	4	5	6	7	8	7	8	9	10	11	12	13
9	10	11	12	13	14	15	14	15	16	17	18	19	20
16	17	18	19	20	21	22	21	22	23	24	25	26	27
23	24	25	26	27	28	29	28	29	30				
30	31												
APRIL							OCTOBER						
6	7	1	2	3	4	5	5	6	7	1	2	3	4
13	14	15	16	17	18	19	12	13	14	15	16	17	18
20	21	22	23	24	25	26	19	20	21	22	23	24	25
27	28	29	30				26	27	28	29	30	31	
MAY							NOVEMBER						
4	5	6	7	1	2	3	2	3	4	5	6	7	8
11	12	13	14	15	16	17	9	10	11	12	13	14	15
18	19	20	21	22	23	24	16	17	18	19	20	21	22
25	26	27	28	29	30	31	23	24	25	26	27	28	29
30							30						
JUNE							DECEMBER						
1	2	3	4	5	6	7	7	1	2	3	4	5	6
8	9	10	11	12	13	14	14	15	16	17	18	19	20
15	16	17	18	19	20	21	21	22	23	24	25	26	27
22	23	24	25	26	27	28	28	29	30	31			
29	30												

* Marked dates indicate days House in session.

Total Legislative Days 169.

Total Calendar Days 172.

* Totals include Jan. 2 and 3, 2026.

* The House met twice on Jan. 3, 2025

to adjourn the 118th Congress Sine Die

and convene the 119th Congress.