Expressing the sense of Congress that secondary schools should consider starting school after 9:00 in the morning.

Whereas scientific studies indicate that adolescents experience hormonal changes that keep them awake at night;

Whereas most secondary schools begin classes at 7:30 or earlier in the morning;

Whereas most teen crime occurs between 3:00 and 6:00 in the afternoon and a later start would result in a later school day; and

Whereas many adolescents do not get enough sleep to realize their full academic potential: Now, therefore, be it

Resolved by the House of Representatives (the Senate concurring), That it is the sense of Congress that sec-
Secondary schools should begin classes after 9:00 in the morning.